

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SUPPORTING THE CUMBERLAND TRAIL



Evan Means Small Grants Program Deadline

In February 2020, TTA's Board of Directors will award small grants memorializing Evan Means. The grants support special volunteer projects that are compatible with the chartered objectives of TTA: promoting and developing a system of hiking trails in Tennessee as well as working for the conservation of natural resources. Project proposals are due no later than December 31.

All chapters are encouraged to look within their local area, identify a special trail or park project, request and submit a formal grant application.

Grant requests in the range of \$300-\$600 are encouraged. However, if a project requires additional grant money, considerations will be made.

For additional information and an application, please write to: TTA Grants Administrator P. O. Box 41446 Nashville, TN 37204

The small grants program was established in February 1999 to honor Evan Means - journalist, author, conservationist, hiker, trail builder, originator of the Cumberland Trail, and co-founder of the Tennessee Trails Association. Mr. Means won countless awards for his work over the years to protect Tennessee's natural resources and beauty, as well as for his dedication to projects that allow hikers to enjoy this natural beauty.

GO GREENER

You may have noticed a change to the membership form on the last page of the newsletter. In an effort to be more environmentally friendly and reduce our printing and mailing costs, we will be transitioning to e-mail as the default setting for our monthly newsletter. This will happen on your renewal date. You will have the opportunity to stay with a monthly hard copy.

The benefit to you? You'll receive your newsletter earlier in the month so you'll be able to plan for upcoming hikes and events.

You don't need to wait until your renewal date. If you'd like to switch over to an e-mailed newsletter now, please contact Cheryl Heckler at membership@tennesseetrails.org and please include your email address.

Joining TTA as a New Member? Membership Up For Renewal? Your Generosity Benefits All!

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

Supporting Member donations support the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.



Office Location: 409 Thurman Avenue, Ste 102
 Crossville, TN 38555
Office Hours: Tuesday – Friday
 10 am – 3 pm CT
Phone: 931-456-6259
Office Staff: Teresa Kemmer
Email: ctcoffice2014@gmail.com
Website: www.cumberlandtrail.org

Love the Cumberland Trail and want to see the trail completed?

We have opportunities for you.

Join the trail crew for a day or more. This is your chance to walk on the trail before it is open to the public.

- The CTC Trail Crew is working on a new section of the Cumberland Trail, Stinging Fork to Hinch Mountain. This section is south of Crossville.
- Members of the crew are also working in the Catoosa Wildlife Management Area. This section is northeast of Crossville.
- If you want to join the trail crew and build this section of the trail, please contact the CTC office to register and receive information about where to meet the CTC trail crew. We have a new e-mail address for volunteer questions and registration for programs: VolunteeratCTC@gmail.com.

Build the Cumberland Trail. Consider joining our trail crew as a paid employee. We are hiring Trail Crew members. No experience is necessary as we will train you. Contact the CTC office to apply and for more information.

As a non-profit organization, monetary donations are also appreciated to support the work of the CTC crew and staff.

CLARKSVILLE CHAPTER

CHAPTER CHAIR: Philip Anderson 931-561-0925
clarksville@tennesseetrails.org
VICE-CHAIR and CHAPTER REPRESENTATIVE:
 Paul Schwab 931-801-9484
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TREASURER:
 Mary Schwab 931-645-9068
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SECRETARY:
 Mary Ann Harris 931-647-9321
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OUTINGS COORDINATOR: Paul Schwab 931-801-9484
clarksvillehikes@tennesseetrails.org
(call Paul & volunteer to lead an outing)
MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT,
 Crow Community Center, 211 Richview Rd.

Nov 2 - Stones River Greenway from Wave Country Trailhead to Kohl's Trailhead. 4.9 miles. Easy. Add 0.5 miles if you want to walk across the Cumberland River Pedestrian Bridge. Paul Schwab 931-801-9484. Meet 8:00 am CT, I 24 Exit 11 commuter parking lot. 42 miles to trailhead.

Nov 9 - Collins Gulf Trail, South Cumberland State Park. 12.4 miles. Difficult. Paul Schwab 931-801-9484. Meet 6:00 am CT, I 24 Exit 11 commuter parking lot. 142 miles to trailhead.

Nov 16 - Liberty Park, Clarksville. 3.5 miles. Easy. Philip Anderson 931-561-0925. Meet 9:00 am at the Liberty Park Pond parking area.

Nov 19 - Monthly Chapter Meeting.

Nov 23 - Memorial Cross to Bridal Falls via Morgan's Steep and back, Sewanee Domain. 4 miles. Moderate. The 1 mile section to Morgan's Steep has overlooks, waterfalls, sandstone overhangs and a stone tunnel. There is a 400 ft elevation change on the Bridal Falls Trail. Paul Schwab 931-801-9484. Meet 6:30 am CT at Exit 11 park and ride near McDonalds. 129 miles to trailhead.

Nov 30 - After Thanksgiving Hike. Rotary Park, Clarksville. 3 miles. Moderate. Cindy Jones 870-215-8993. Meet 9:00 am CT, first shelter on left after entering park.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CO-CHAIR: Jane Coffey 615-516-6551
columbia@tennesseetrails.org

CHAPTER CO-CHAIR AND BOARD REPRESENTATIVE:
Marvin Caine 931-486-1632

HIKE COORDINATOR: Jane Coffey 615-516-6551
columbiahikes@tennesseetrails.org

MEETS QUARTERLY: Meets quarterly at the Barnabas Center at 506 Fair Street, Franklin, TN 37064. The Barnabas Center is located behind St. Paul's Episcopal Church. Social hour from 6:00 - 7:00 pm. Meeting at 7:00 pm.

Please check the TTA website for updates on our hikes.

Nov 9 - Preservation Park. This 200 acre park is the newest addition to Thompson's Station. Formerly a local grazing pasture, this property was once part of the Battle of Thompson's Station, a noteworthy confederate victory in the Civil War. There is a park Master Plan currently under review by the Parks and Recreation Advisory Board. Preservation Park, aptly named in pursuit to preserve a cultural and historical heritage that can be enjoyed for generations to come, is situated in the middle of Thompson's Station. The majority of the parkland is maintained in a land trust with the State of Tennessee to ensure its protection. Not only did the Town wish to pursue this preservation of our heritage, but also intended to implement the vision of providing a regional greenway that would provide healthy opportunities for the community to engage with nature. Preservation Park is predominantly in a natural state and offers some of the best natural beauty in the region with trails that meander through the park with magnificent views. Preservation Park is an opportunity for the residents to engage with nature and the greenway developed throughout the park provides the backbone for an entire trail system that will link parkland with residents and more. As the Town works to develop the full master plan for the park, additional resources will be provided to educate the public and provide an amenity that is accessible to all leaving a lasting legacy protecting our natural, cultural and historical resources. We will meet behind McDonald's at 4910 Main Street, Spring Hill (Williamson County side) at 8:00 am. You can also meet us at the Preservation Park trail head at 8:30 am. Contact Sandy Lewis if you have any questions. Hike leader: Sandy Lewis, *tnteach3@gmail.com*. Location: Going west on Thompson's Station Rd W., past Town Hall and the red caboose, 100 yards past the train tracks on the right is the southwest corner of the park and parking lot. Address: 1600 Thompson's Station Rd West, Thompson's Station TN.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-985-9144
easttennessee@tennesseetrails.org

WEBMASTER: Sherry Barber 865-209-6189
sbarber6189@comcast.net

Nov 9 - Hike to Lookout tower and prison coal mine, FHSP. Join us on a hike in the Cumberland Mountains. We will park at Armes Gap on TN 116 and hike the coal haul road to the peak of Frozen Head mountain and the lookout tower. The distance is about 2.5 miles and the elevation gain is about 1180 feet. The fire tower was replaced by a very nice lookout tower with lots of room for viewing the countryside. On the way back we will take a side trail to the Brushy Mountain Correctional Complex coal mines where prisoners mined coal until sometime in the 1950s. This side trail is about .4 miles and relatively easy. Brush Mountain Correctional Complex opened in 1896 and closed June 11, 2009. The prison was founded as a result of the aftermath of the "Coal Creek War," an 1891 lockout of coal miners that took place in Coal Creek, now Lake City, and Briceville, after miners protested the use of unpaid convict labor in the mines. All of the distances and elevation changes are estimated based on a topo map. The total distance is about 5.8 miles which is a little shorter than most of our hikes. We will meet in the Bearden Central Baptist Church parking lot for carpooling and leave at 8:30 a.m. stopping in Oak Ridge at Books A Million parking lot near Illinois Ave. We will leave there at 9:00 a.m. for those who would prefer to meet there. We recommend shoes to wear to and from the hike, plus sturdy hiking shoes, other weather appropriate clothing, a snack, a drink and a camera. Don't forget to bring \$\$\$ for carpooling. After the hike plan on stopping on the way back for a meal and refreshments. For specific information about the hike please call Tom at 865-588-5622 or send an e-mail to *cressler@utk.edu*.

Planning Ahead:

Dec 1 - Hike planning meeting for 2020 at Victor Ashe Park off Pleasant Ridge Road. 2:00 p.m. Chili and fixins will be provided. We will do a short greenway walk after the meeting. Everyone invited, members and friends. For any other information please call Rosie at 865-985-9144 or *rosemary_1@hotmail.com*.

HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

CHAPTER CHAIR: Tom Bentley 931-455-5849

highlandrim@tennesseetrails.org

TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666

highlandrimtreas@tennesseetrails.org

OUTINGS & PROGRAM COORDINATOR & NEWSLETTER

CONTACT: Joan Hartvigsen 931-962-0811

highlandrimhikes@tennesseetrails.org

(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W.

Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Nov 9 – Millennium Trail and Merritt Ridge Trail, Edgar Evins State Park, Silver Point, TN. 8 miles. Moderate.

Steep and rough terrain in places. Great views of Center Hill Lake and beautiful forested ridges. Our hike leader is Michael Glennon. Wear sturdy hiking boots. Bring a lot of water, lunch and hiking sticks. Please contact Joan Hartvigsen, *jhartvigs@comcast.net* or 931-962-0811 to register and for carpool information.

Nov 16 – Sherwood Forest Trail, South Cumberland State Park. Near Sewanee, TN. Out Hwy 156 past Franklin State Forest “cabin”. 3 mile loop trail with spectacular views down into Lost Cove and Crow Creek watershed.

Fascinating natural bridge. Easy to moderate. Wear sturdy hiking boots. Bring water, lunch, hiking sticks. Contact Joan Hartvigsen, *jhartvigs@comcast.net* or 931-962-0811 to register and for carpool information.

Nov 17 – Ritchie Hollow Trail to Snooper’s Rock and back. 7 miles round trip. Moderate. 1,200 feet elevation change.

17805 River Canyon Road, Whitwell, TN. Features Blowing Winds Falls, views of the Tennessee River and mature hardwood forests. This is the only trail which connects the Tennessee River to Pot Point Loop Trail on top Suck Creek Mountain inside Prentice Cooper State Forest. Wear sturdy hiking boots. Bring a lot of water, lunch and hiking sticks. Contact Joan Hartvigsen, *jhartvigs@comcast.net* or 931-962-0811, to register for this Sunday hike and for carpool information.

Nov 23 – Volunteer Trail, Long Hunter State Park, Hermitage, TN. 11 miles. Moderate.

Joint hike with the Murfreesboro Chapter. The terrain is generally flat and follows the rocky shoreline of Percy Priest Lake. There is the option of hiking the shorter Volunteer Day Loop, which is four miles. Contact Joan Hartvigsen, *jhartvigs@comcast.net* or 931-962-0811, to register and for carpool information. Bring water, lunch and hiking sticks. Wear sturdy hiking boots.

Nov 25 - Chapter Meeting. Dinner is 5:00 pm at Red Lobster, 1947 N. Jackson Street, Tullahoma. Our meeting is 7 pm at D. W. Wilson Community Center. Our program is health, nutrition, first aid, managing weather contingencies.

Highland Rim Chapter – con’t.

Nov 29 - After Thanksgiving Day Hike. Old Stone Fort State Archaeological Park, Manchester, TN. Joint hike with the Murfreesboro Chapter. 4 miles. Moderate.

Steep and eroded trails in a few sections. Meet in front of the museum at 9 am CT. Bring water and a snack. Wear sturdy hiking boots and bring hiking sticks. We will hike the Old Stone Fort Trail, River Fork Loop, Backbone, Little Duck Loop, and the Old River Channel Trail. We will see Blue Hole Falls, Big Falls, the confluence of the Little Duck and the Duck Rivers. After the hike we will go to a local restaurant for lunch. Please register with Joan Hartvigsen, *jhartvigs@comcast.net* or 931-962-0811.

Nov 30 – Short Springs State Natural Area Work Day.

Meet at 9:00 am CT in the parking lot, 2250 Short Springs Road, Tullahoma. Bring water and work gloves and loppers and pruners. Specific tasks will be announced later. Please let Joan Hartvigsen know that you can help, *jhartvigs@comcast.net* or 931-962-0811.

JACKSON CHAPTER

CHAPTER CHAIR: Melinda Pearson 731-225-4293

jackson@tennesseetrails.org

TREASURER: Anne Goodson 731-664-1556

jacksontreas@tennesseetrails.org

SECRETARY: Terry McCoy 731-535-0625

jacksonsecy@tennesseetrails.org

HIKE & FACEBOOK COORDINATOR:

Glen Rognstad 731-217-5966

jacksonhikes@tennesseetrails.org

(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1st Monday at Panera Bread, Vann Dr.,

Jackson. Dinner 6:00 pm CT; Meeting 6:45 pm

Nov 4 - Monthly Meeting.

Nov 9 - Edwin Warner Park and Burch Woods Trail, Nashville. 5 miles. Moderate.

Hike Burch Woods (2 miles) and the Harpeth Woods (3 miles) trail. Carpool from Panera Bread in Jackson at 8:00 am or meet at Warner Park Nature Center at 10:15 am. Both trails are loop hikes with some large old growth trees up on the ridge tops. Will eat in Nashville before heading back to Jackson. Please email hike leader Glen Rognstad at *glenrognstad@gmail.com* if you plan to attend AND whether you are meeting in Jackson or at the nature center.

Nov 23 - Nathan Bedford Forrest State Park, Camden, TN.

Susan Woods will lead us on a hike that leads through a pretty forest and lakefront views. There is one steep incline. Rated moderate, this can be 4.3 miles or 6.7, depends on what the group wants. For carpooling, meet at Panera Bread at 8:00 am, otherwise meet at the museum parking lot at 9:30 am. Please let Susan know if you plan to attend at *woodsbob@bellsouth.net* AND let Melinda know if you plan to carpool from Jackson *hurstme@bellsouth.net*.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
memphis@tennesseetrails.org
VICE-CHAIR: Francis Ruffin 662-701-6284
memphisvice@tennesseetrails.org

Nov 2 - Chewalla Lake Recreation Area, near Holly Springs, MS. Registration Required. Meet at 8:45 am at the trailhead of the Chewalla Road Trail along the entrance road. This will be an in/out hike using the Chewalla Road Trail and the Pine Mountain Trail. We will hike to the gravel road (but not the gravel road) and back - approximately 5 miles. Afterwards we can hike the Virginia Pine Trail loop - 1.5 miles for those who want to stay for more. Bring a snack for the Chewalla Road Trail and lunch if you plan to stay for more hiking. Wear boots, bring water and hiking poles. RAIN on morning of the hike will CANCEL. Registration is required at *withlynn@aol.com* in order to communicate if hike is cancelled. Directions: From US Hwy 78 take Exit 37 Chewalla Lake (brown sign), turn west onto Hwy 178, turn north on Higdon Road and drive 3 miles to the entrance. Please carpool if possible because of parking.

Nov 9-10 - Tishomingo and Big Hill Pond. Registration Required. This is your chance to do two of our popular out of town hikes in one weekend and not have to make two long drives. You can do either or both, but please register with each hike leader for the hikes you choose. If you plan to do both and spend the night in the area, Corinth and Selmer are the towns located between the two, and both parks have campgrounds. Accommodation choices are limited, but here are a few to choose from with prices subject to change. Check TripAdvisor or similar for reviews. Selmer: Star Inn and Suites, \$70, 644 Mulberry Ave, (731) 201-9080. Corinth: Hampton Inn, \$98, 2107 Highway 72 W, (662) 286-5949. Corinth: Holiday Inn Express, \$95, 2106 US Hwy 72W, 877-859-5095. Corinth: Econo Lodge, \$70, 2104 Highway 72 W, 855-516-1090.

Nov 9 - Tishomingo State Park located south of Iuka, MS (approx 2.5hr drive from Memphis). Registration Required. This is a 5-6 mile hike winding along rocky ridges with spectacular views, through shallow, fern-filled canyons, and across the Bear Creek Swinging Bridge constructed in the 1930's. Bring lunch and water. Sturdy hiking boots recommended. Meet at 9:30 am at the park toll gate. There is a parking lot to the right just before entering the park through the gate. We will regroup into lesser vehicles. Heavy rain will cancel this hike. To register contact Kam at 901-299-8359.

Nov 10 - Big Hill Pond State Park near Pocahtontas, TN. Registration Required. Parts of Big Hill Pond, Tuscumbia and Dry Ridge Trails. 8-mile loop. Moderate to moderately difficult. We will meet at 9:30 am at the parking lot above the boat dock. The hike begins at the boat dock on Travis McNatt Lake. After 2.5 miles of rolling hills, we come to the half-mile long boardwalk across Dismal Swamp. The next 0.7 miles goes up a fairly steep hill to the fire tower where we will have lunch.

Memphis Chapter – con't.

After lunch we have another 4 miles of mostly moderate hills until we finish back at the boat dock. Good boots are suggested due to a sometimes swampy area near the end of the hike. If you sometimes use hiking sticks, this is probably a trail where you'll want to bring them. Be sure to bring plenty to drink and food for your lunch. Rain will cancel. To register or additional information contact Wayne Simpson, *w.simpson1@comcast.net* or 901-385-1988 (land line; do not text).

Nov 16 - Meeman-Shelby Forest, Chickasaw Bluff and Pioneer Springs Trails. 6-7 miles. Moderate. Meet in the parking lot of the Nature Center at Poplar Tree Lake (NOT the Visitor Center) at 9:00. To get to the meeting point, go out North Watkins until it ends at Locke-Cuba Road and turn left. Drive 2.3 miles (go straight ahead past the General Store), then turn right into the park on Grassy Lake Road. Go straight ahead, 1.7 miles to a stop sign. Turn left and the parking lot will be on your right. We will shuttle approximately six miles to the north trailhead of the Chickasaw Bluff Trail. The trailhead, at about 417 feet, is one of the highest points in Shelby County. The trail quickly descends below 300 feet and follows a creek down to the Mississippi flood plain. Here we often see evidence of the wild pigs that have inhabited the park for the last few years. After crossing Beaver Creek at about 2.5 miles, we encounter a few rolling hills before climbing a short but steep hill up to the Woodland Shelter (approximately mile 3.5) where we will have lunch. From the shelter we join up with the Pioneer Springs Trail which through a series of rolling hills drops back down into the flood plain. We'll pass the spring before ending with a gentle uphill back to the parking lot. Bring hiking boots, water, and lunch. For more information contact Wayne Simpson, *w.simpson1@comcast.net* or 901-385-1988 (land line; do not text).

Nov 23 - Lucius Burch National Area, North of Walnut Grove. 5.75 miles. We will meet at 9:00 am for sign-in and announcements in the unpaved parking area on the south side of Walnut Grove immediately east of the Wolf River. Please note that it is very difficult to reach the parking lot if you are traveling west on Walnut Grove. The hike will depart promptly at 9:15, so don't be late. The hike will take between 2 1/2 and 3 hours. The terrain is relatively flat with a few steep ravine crossings. Bring water and a snack if desired. Hiking boots are recommended especially if we have had recent rain. Rain or snow will cancel hike. For additional information, contact Marion at 901-482-8640 or at *mquinlen@gmail.com*.

Nov 30 - Meeman Shelby Forest, Woodland Trail. 4 miles. Meet at the Visitor's Center parking lot at 9:00 am. There are 5 steep hills and two possible stream crossings on this trail. Time Frame 2.5 to 3 hours. Sturdy shoes/boots, hiking stick, plenty of water and a snack suggested. Contact: 901-761-0705 (land line; leave a message).

MURFREESBORO CHAPTER

CHAPTER CHAIR: Tony Jones 615-397-4463
murfreesorbo@tennesseetrails.org

TREASURER/BOARD REP: Sara Pollard 615-714-3610
murfreesorbotreas@tennesseetrails.org

MEMBERSHIP COORDINATOR: Jennifer Zahn 615-943-8853
murfreesorbohikes@tennesseetrails.org

BLOGMASTER Craig McBride 615-394-6121
murfreesorblog@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Veterans Parkway, Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Nov 2 – Savage Gulf State Natural Area. Tracy City. 9 miles. Moderate. Hike begins at the Stone Door ranger station, taking the Stone Door trail to the Big Creek Rim trail. Then down the Big Creek Gulf trail to Ranger Creek Falls. Ranger Creek Falls spills over a 20 ft. ledge and disappears in a sink. Return via the Gulf trail and on the Stone Door trail back to the ranger station. Bring lunch, snacks and plenty of water. There will be a carpool from Sam's Club parking lot. Contact Wayne Yancey at 615-887-0212 or wayne.yancey@gmail.com.

Nov 12 – Chapter Meeting. This our planning meeting for January-June 2020 hikes. Bring your calendars to schedule hikes you want to lead or ideas for hikes. If you want to schedule a hike and cannot attend, contact Tony Jones before the meeting at 615-397-4463 or tonjon1968@gmail.com.

Nov 23 – Long Hunter State Park Volunteer Trail, Hermitage. 11 miles. Moderate due to length. Joint hike with the Highland Rim Chapter. The terrain is generally flat and follows the rocky shoreline of Percy Priest Lake. The Volunteer trail is a 5.5 mile "there and back". There's the option of hiking the shorter Volunteer Day Loop which is 4 miles. Bring water, snacks and lunch. To sign up contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Nov 29 - After Thanksgiving Day Hike – Old Stone Fort Archaeological Park. Manchester – 4 miles rated moderate. Joint hike with the Highland Rim Chapter. Join us for our annual family friendly after Thanksgiving Day hike. We will hike the Old Stone Fort Trail, River Fork Loop, Backbone, Little Duck Loop and the Old River Channel Trail. We will see Blue Hole Falls, Big Falls, the confluence of the Duck and Little Duck Rivers. After the hike we will go to a local restaurant for lunch. Meet in front of the museum at 9:00 am CT. Bring snacks and water. For carpool information from Murfreesboro or to register, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs 615-283-0507
nashville@tennesseetrails.org

OUTINGS COORDINATOR: Nancy Juodenas 615-319-8811
nashvillehikes@tennesseetrails.org
(*email Nancy & volunteer to lead an outing*)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php

BLOG: www.tennesseetrails.org/blog/nashville

Nov 16 - Bryant Grove Trail, Long Hunter State Park, 2910 Hobson Pike, Hermitage, TN 37076. 8:00 am. This hike will begin at the trailhead in the Couchville Lake Day Use Area Two of Long Hunter State Park. The trailhead is near the playground on the right side of the parking area, and the trail heads east along the shoreline of Percy Priest Lake through cedar thickets, oak and hickory forests and cedar glades for 4 miles to reach the Bryant Grove Recreation Area, then back to the starting point. Options are 8 miles (to Bryant Grove Recreation Area and back) or 4 miles (hike to 2-mile marker, then back). Trail is rated easy to moderate, terrain is flat and the trail surface includes gravel, rocks and dirt. For information and to register, contact Betty Magee at (615) 319-5394 or e-mail: monetfan455@yahoo.com or Doug King at 615-542-0486 or e-mail: douglasmortonking@gmail.com.

Nov 26 - Monthly Chapter Meeting. REI, Brentwood, TN. 7:00. Nancy Juodenas and Linda Latter will present a program about a month-long adventure through Alaska and British Columbia taken by them and 3 other TTA members. Part of the adventure was to hike the 30 mile infamous Chilkoot Trail from Skagway Alaska to Bennett, British Columbia. This trail has been designated a National Historic Trail because of its rich history associated with the Klondike Gold Stampede of 1898. Come follow the group's trek in the footsteps of the gold seekers, along with photos of bear sightings, glaciers, and pristine wilderness. You will not be disappointed and you might even be inspired.

Nov 29 - Bells Bend/Beaman after-Thanksgiving hike. We'll hike off some of our holiday feasting at two scenic Nashville parks. We'll meet up for carpooling at 9 am (location TBD based on RSVPs), start with easy trails at Bells Bend, and continue with moderate trails at Beaman. Individuals can choose options for a total of up to roughly 10 miles. Pack a lunch to eat on the trail. Please register with Mark Hubbard at mark.hubbard@mhhub.us or 615-715-1517.

CHAPTER NEWS

December 2019 will be the eighteenth year we have been invited to wrap customer gifts at REI (Brentwood) in exchange for donations. We will again be wrapping gifts on Saturday, December 7th from 10:00 to 6:00. This is a departure from the past, as it is not the same day as our Christmas party. So those of you who have not been able to participate in the past, feel free to join us this year! We need volunteers for 2 hour shifts to both wrap gifts and talk about TTA. The donations we receive are used to help with the completion of the Cumberland Trail. So come join in on this Fundraiser and volunteer for a 2 hour shift. To volunteer contact Amy Sutton at 615 739-5858 or at amy109@gmail.com.

PLATEAU CHAPTER

(Crossville)

CHAPTER CO-CHAIRS: Bruce Whitehead 941-716-3620

plateau@tennesseetrails.org

TREASURER: Gena Whitehead 941-716-3620

plateautreas@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:00 pm CT

BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to register for any of our hikes (unless otherwise noted), contact the hike coordinator, Deb Westervelt, via email plateauhikes@tennesseetrails.org or text/call 931-267-2243. For a list of monthly hikes, visit the Plateau Chapter blog. **Check the blog one hour prior to hike time for cancellation or for any other updates/changes to our schedule before hiking.**

Nov 6 – Window Cliffs State Natural Area, Baxter, TN.

Window Cliffs is a TN Natural Area located near Burgess Falls. The trail is in-and-out for a total of 5.4 strenuous miles. The trail features 9 stream crossings each way, a few small cascades, a couple of steep slopes and a 20-ft waterfall along Cane Creek. Water shoes are highly recommended. Pack water, snacks and lunch. Don't forget tick/bug spray and sunscreen. Depart from Tractor Supply at 8 am CT. Carpool cost is \$7.

Nov 7 – Chapter Meeting.

The meeting is held at the Annex Building of the First United Methodist Church at 6pm. Chapter Chair, Bruce Whitehead, 941-716-3620 or email plateau@tennesseetrails.org.

Nov 9 –Great Smoky Mountains, Lead Cove, Bote Mt, Finley Cane Trails, Townsend, TN. 7.1 miles. Moderate to strenuous loop hike.

Look for salamanders at Sugar Cove Creek, walk thru a rhododendron tunnel, over 2,000 varieties of mushrooms exist on Finley Cane trail. Don't forget tick/bug spray and sunscreen. Depart 8 am CT from Crossville Outlet Mall. Carpool cost is \$10.

Nov 13 – Split Bow Arch, Bear Creek Ovelook, Big Shoals, Daniel Boone National Forest, KY. 7 miles in/out. Moderate.

After seeing the arch and overlook we'll hike along the Kentucky Wild River to Big Shoals and return. Depart 8 am from Crossville Cracker Barrel back parking lot. Carpool cost is \$9. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch.

Nov 20 - Big South Fork, Eye of the Needle Arch, Jamestown, TN. 8 miles. Moderate.

Hike from the Honey Creek trailhead to Eye of Needle and back. Depart 8 am from Crossville Cracker Barrel back parking lot. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch. Carpool cost is \$6.

Plateau Chapter – con't.

Nov 23 – Pogue Creek, Pickett State Park, Jamestown.

This will be a 6.6 mile moderate hike in Pogue Creek Gorge to the Pickett SP picnic area which will require a car shuttle. Features include rock houses, rock bluffs and an overlook. Depart 8 am from Crossville Cracker Barrel back parking lot. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch. Carpool cost is \$5.

Nov 27 – Scott Gulf, Poly Branch Trail, near Sparta, TN. 6 miles. Moderate.

Features a walk through the woods with waterfalls, coal mines, and cascades with a moderately difficult climb out. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch. Depart Tractor Supply at 8:00 am CT. Gas cost is \$4.00.

Planning Ahead:

Dec 5 - Christmas Party at the Fairfield Glade Library

building on Lakeview starting at 4 pm.

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on the 10th of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:

editor@tennesseetrails.org

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster for inclusion on the TTA website.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: Jean Smith 423-596-7681

soddydaisy@tennesseetrails.org

TREASURER: Robertson (Bob) McGavock 423-667-2960

soddydaisytreas@tennesseetrails.org

HIKE COORDINATOR: Patricia Appleton 423-332-6517

soddydaisyhikes@tennesseetrails.org

MEETS QUARTERLY: Tuesday of the week following the TTA

Board Meetings in Feb, May, Aug and Oct at 6:00 pm ET
at Burk's United Methodist Church, 6433 Hixson Pike,
Hixson

Additional information may be seen at our web site:

<http://www.tennesseetrails.org/blog/soddydaisy>

Nov 2- Piney River Trail near Spring City. 8.3 miles.

Moderately strenuous, with some boulders and creek crossings. Meet at Durham St near the ballfields at Soddy Daisy at 8:30 am. Hike leader is Tammy Hendrick at 315-949-8187. Vehicle staging is required.

Nov 5 - No regular hike due to Fall trip to Pickett State Park and Big South Fork.

Nov 9 - Bald River Trail which begins where the Bald River flows into the Tellico River. 8.9 mile in-and-out hike. Moderately strenuous. Meet at the Food City parking lot in Ooltewah at 8:30 am. Hike leader is John Politte at 423-304-8327.

Nov 12 - Brush Creek Trailhead. US HWY 64, one mile East of Boyd's Gap. Map available via Cherokee Nat Forest Forestry service. 5-6 total miles, in and out. Easy. View of Ocoee Lake 2. Part of Tanasi Trail System. This trail can also be entered at Boyd's Gap. Entering the trail from the Brush Creek trailhead is an ideal pick with very minimal elevation gains. The entire trail from Brush Creek Trailhead is about 4 to 6 miles. River flows into the Tellico River. Meet at the Food City parking lot in Ooltewah at 8:30 am. Hike leader Tom McElhone - 805-208-4654.

Nov 16 - Brady Mountain Trail section of the Cumberland Trail. In-and-out hike of 6.6 miles one way. Moderately strenuous. Meet at the Durham Street parking lot near the ballfields at Soddy Daisy at 8:30 am. Hike leader is Tom McElhone at 805-208-4654.

Nov 19 - John's Mountain/ Keown Falls This is a double loop which is about 5.4 miles total. Hikers have the option to hike only the lower loop to the falls (easy), and/or also, the upper loop to John's Mtn (Moderate to strenuous.) Meet at the old Food City in East Ridge at 8:30 am. Take the East Ridge exit off of I 24 and turn left across the bridge. Go about 3 city blocks and you will see it on the left. Park closer down toward the flea market. Earl Helmer-770-877-0600.

Nov 23 - Suck Creek Road Trailhead to Signal Point on Signal Mountain. 8.4 miles. Moderately strenuous. Meet at the Food City parking lot at the foot of Signal Mountain at 8:30 am. Hike leader is John Politte at 423-304-8327. Vehicle staging is required.

Soddy-Daisy Chapter -con't.

Nov 26 - Chickamauga Battlefield hike in the southern part of the park, about 3 miles. Meet at the Visitor's Center lower parking lot at 8:30 am. Hike Leader- Gloria Nelson-423-645-9008.

Nov 30 - Black Mountain Trail section of the Cumberland Trail. In-and-out hike of 3.6 miles one way. Moderate to difficult. Meet at the Durham Street parking lot near the ballfields at Soddy Daisy at 8:30 am. Hike leader is Tom McElhone at 805-208-4654.

SUMNER TRAILS CHAPTER

CHAPTER CHAIR:

Les Cleveland

615-719-0031

sumner@tennesseetrails.org

Nov 6 - Great Stone Door, 1183 Stone Door Road, Beersheba Springs, TN, We will start the hike from the ranger station. The first quarter mile of this trail is paved and culminates at the Laurel Gulf Overlook with amazing views. The remainder of the trail is a dirt path. This is a two mile hike and considered easy. Hiking boots and hiking sticks are helpful due to the stairs at the Great Stone Door portion of the trail. We will eat lunch at the Dutch Maid Bakery Cafe, 109 Main Street, Tracy City. We will carpool from the Kroger at Glenbrook Shopping Center, 1010 Glenbrook Way, Hendersonville at 8:30 am. We should be able to start the hike from the ranger station at 10:30-10:45 am. Contact Marcia Powell with questions at 217-855-3013 or *mpow1221@gmail.com*.

Nov 13 - Bledsoe Creek State Park, 400 Ziegler Fort, Gallatin, TN. 9:30 am. We will start and end at the Visitor Center/Park Office. High Ridge and Shoreline Trails loop. 2.4 miles. Trail surface includes gravel, dirt, rocks and steep stairs. Please bring water. Recommend hiking shoes and poles. For questions contact Bob Dudney 615-415-7115, *rsdudney@comcast.net*.

Nov 20 - Warner Woods Trail, Percy Warner Park, Nashville. 3.5 miles. Moderate. We will hike the 2.5 mile Warner Woods Trail plus 1/2 mile R/T access trail from the parking lot at the Deep Well Trailhead and the 1/2 mile loop side trail to Luke Lea Overlook from which much of the Nashville area is visible. Hiking boots, walking stick and water recommended. There are a couple of portable toilets along the entry road and at the trailhead but the trailhead toilets seem to be locked in winter months; try the first one you come to on the Deep Well entry road or drive to the Nature Center off Hwy 100 just after the junction with Old Hickory Blvd. before proceeding to the Deep Well Trailhead. We plan to have lunch at the City Limits Bakery and Cafe, 361 Clofton Dr., Bellevue, about 2 miles from the trailhead. We will meet for carpooling at the Glenbrook Kroger parking lot, 1010 Glenbrook Way, Hendersonville at 9 am. Contact is John Thomas 925-759-0517 or Donna Thomas 925-759-0518.

OFFICERS:

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president@tennesseetrails.org

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Newsletter Editor

LouAnn Partington 931-393-4835
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UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR: Cynthia Karrington 931-303-3409
uppercumberland@tennesseetrails.org

HIKE COORDINATOR: Cathy Moran 931-544-2764
uppercumberlandhikes@tennesseetrails.org

Nov 2 - Honey Creek Loop Trail, Big South Fork NRRRA. 5.8 miles. Strenuous. This scenic trail is rated as the "most difficult" in Big South Fork. The entire loop is about 5.8 miles and requires negotiating through narrow rock passageways, navigating across and along streambeds, climbing over several large boulders, and hiking up and down steep trails. The trails can be muddy and treacherous, and the creek can be active depending on the weather. This trail is physically demanding and requires about five hours to complete. You can meet at 7:30 am CT in the Penney's parking lot in Cookeville, or 9:00 am CT at the Honey Creek Overlook parking lot. Wear sturdy footwear and bring snacks, lunch, and water. For information and to register contact Pete Broehl at 931-738-3551 or *pabroehl@blomand.net*.

Nov 16 - Brady Mountain segment of the Cumberland Trail, Crossville. 8 miles. Moderate to strenuous because of elevation gain. We will hike from the highway 68 trailhead to Lost Overlook and then return on the same route. Highlights of the hike include spectacular views of Grassy Cove and the mountains to the east from three overlooks. Bring water, snacks, lunch, and hiking boots. You can meet us in the Penney's parking lot in Cookeville at 8:00 am CT. For information and to register contact Richard Savage at 931-526-2035 or *savage_richard@hotmail.com*.

Nov 30 - Sewanee Perimeter Trail. 20 miles. Strenuous and will last about eight hours. Meet at 7:00 am CT in parking lot on Highway 41A across from the intersection of University Avenue and Highway 41A in Sewanee. We will start on the Mountain Goat Trail across from the Blue Chair Restaurant. We will hike toward the Memorial Cross taking the Perimeter Trail around Sewanee. We will have lunch at the Forestry Cabin. We will continue to Shakerag Hollow back to the Mountain Goat Trail to our starting point. Bring water, snacks and lunch. Wear sturdy hiking boots. Dinner in Sewanee after hike. For more information and to register contact Mike Shane at *mikeshane@charter.net* or 931-446-4306.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

Nov 19

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Cheryl Heckler 931-200-7436 membership@tennesseetrails.org

PLEASE, PRINT CLEARLY.

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Name _____
Address _____
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Primary e-mail _____
Alternate e-mail _____

For privacy, please do not list the following in the TTA Annual Membership Directory

- E-mail addresses
 Mailing address
 Telephone numbers

I would like to receive my newsletter by mail.

Please list me with the following chapter:

___ Clarksville
___ Columbia/Franklin
___ East TN (Oak Ridge/Knoxville)
___ Highland Rim (Manchester/Tullahoma)
___ Jackson
___ Memphis
___ Murfreesboro
___ Nashville
___ Plateau (Crossville)
___ Soddy Daisy
___ Sumner Trails (Sumner County)
___ Upper Cumberland (Sparta/Cookeville)
___ At Large

When you become a TTA member, you will receive: (1) TTA's Annual Membership Directory and Hiking Handbook, listing members by chapter and how to reach them and including a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA hikes or functions.
Not a member yet? Please check out one of our hikes or meetings soon!