

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



The 2018 Annual Meeting Now a Part of History

We only get to celebrate one TTA 50th anniversary in this lifetime—unless it falls to some of our younger members who stand a good chance of celebrating the next one in 2068, but that would be the 100th anniversary. So this generation did it up right. First, a beautiful rustic setting at lakeside Brandon Spring in the Land Between the Lakes (LBL). Add 100 excited TTA attendees, tolerable weather, and great hiking trails—the stage was set.

Friday evening was enlivened by Susan “Ski” Witzofski’s talk about the people and happenings in LBL during previous generations. A rousing performance by The Friendship Band, followed by the first ever Annual Meeting Tee-Shirt Contest, emceed by Blue Bastin. The contest was enhanced with music provided by The Friendship Band and, yes, by three brave souls blowing bubbles over the four contestants. Thus ended the evening’s events.

Saturday dawned overcast, but the threat of rain was gone. Hikes departed on time and all returned without incident. On Saturday evening after a short business meeting, Libby Francis stepped into the role of auctioneer. With the help of Joan Hartvigsen, who modeled the famous Vera Churcher Candy Corn Shorts, Libby managed to bring the bidding to a final whopping \$550! Way to go, Libby! Then came the high point of the evening. Jim Poteet gave a power point presentation about 50 years of TTA, starting with the history that preceded the formation of TTA, followed by copious amounts of information about the early years and up to the present. Jim’s program is a keeper and should be shared with all of TTA! After all, it’s about our TTA heritage and what makes us as TTA today. We finished the evening by singing “Happy Birthday to Us,” followed by the 50th Anniversary cake cutting and punch.

We of the Clarksville Chapter are honored and delighted to have hosted this 50th Anniversary celebration. And a huge THANK YOU to all who donated items to the Silent Auction, White Elephant, and Bake Sale. (Left over Bake Sale items were taken to a Clarksville homeless shelter.) We hope all who attended had as much fun as we did. Thanks for being such a wonderful group!

President’s Corner

It is with bittersweet emotions that I write what is my last report as President of TTA. What a great organization this is for making friends and exploring the many wonderful areas across Tennessee. I will no longer be board member, but plan to stay active in 2019 as part of the Evan Means Grant committee. The Evan Means Grants have funded projects across the state since 1999. If a TTA chapter or a non-profit organization has a trail project that needs some funds, the Evan Means Grant, may be what you need for the project. I will also work with the new President, MaryEtta Ward in whatever manner is required. It has been an honor to serve TTA over the years. From member in 1996, I became more active in the organization as the Plateau Chapter Chair, then Secretary of TTA, then Vice President of TTA and then President of TTA.

TTA would not be effective if not for the chapter chairs, regional representatives, and other members willing to serve on the board. I am sure that they know their worth to the organization, but I want to make sure that they are recognized and thanked for the commitment to the organization and hiking across Tennessee.

While I am thanking members who serve the organization, I would be remiss if I did not thank the hike leaders and hike coordinators. One of our strengths, is our planned hikes across the state. We need members willing to plan hikes, lead hikes and explore new hiking opportunities. I will always treasure my TTA hiking buddies and the trails that we explored.

Happy Trails,
Carolyn Miller
TTA President



Office Location 409 Thurman Avenue,
Ste 102
Crossville, TN 38555
Office Hours..... Tuesday – Friday
..... 10 am – 3 pm CT
Phone: 931-456-6259
Office Staff: Teresa Kemmer
Email: ctcoffice2014@gmail.com
Website: www.cumberlandtrail.org

Volunteers! Ever want to help build a wilderness hiking trail? Then consider joining our planned trail building programs.

The Cumberland Trails Conference was awarded a contract to construct trail along Soak Creek a tributary of the Piney River in Spring City and trail construction began April 2. Work continues along this section of the Cumberland Trail.

If you want to join the trail crew and build this section of the trail, please contact the CTC office to register and receive information about where to meet the CTC trail crew. We have a new e-mail address for volunteer questions and registration for programs: VolunteeratCTC@gmail.com.

Trail Building Assistant (Crew) – seeking applicants for open positions. Apply now!!

Part-time: Part time, flexible; average 2 to 4 days per week, including some weekends. Work days vary with weather, season and scheduled construction projects.

Current Location: Southern Crew working on Soak Creek near Spring City, Tennessee.

Qualifications: Community members who love to build trail. Previous trail building preferred but not necessary. We will train you. If interested, contact the CTC office.

Other volunteer opportunities may be available. If you have a skill and want to help CTC to build the Cumberland Trail, also contact us. We always need help with program support and hosting trail builders, so we may have a position for you.

Save the Dates: March 3 – 30 and April 1 – 6.

Spring Alternative Spring Break (ASB) or better known as Breakaway. Come join the crew and college students as we add miles to the Cumberland Trail. Lodging provided at Camp Ozone near Crossville, TN.

Location: Black Mountain Section of the Cumberland Trail

CLARKSVILLE CHAPTER

CHAPTER CHAIR: J.R. Tate 931-220-1359
clarksville@tennesseetrails.org
CHAPTER REPRESENTATIVE: Paul Schwab 931-801-9484
clarksville@tennesseetrails.org
TREASURER: Mary Schwab 931-645-9068
clarksvilletreas@tennesseetrails.org
SECRETARY: Donna Burdick 931-220-8497
clarksvilleasec@tennesseetrails.org
OUTINGS COORDINATOR: Paul Schwab 931-801-9484
clarksvillehikes@tennesseetrails.org
(call Paul & volunteer to lead an outing)
MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT,
Crow Community Center, 211 Richview Rd.

Dec 1 - Nashville Urban Hike. 4 miles. Easy to moderate. Start at Bicentennial Capitol Mall and hike along the Downtown Cumberland Greenway, cross Shelby Street Bridge where there is a restroom. We will return to the mall through city streets and eat lunch at the Farmers Market. Paul Schwab 931-801-9484. Meet 8:00 am CT, I 24 Exit 11 commuter parking lot. 39 miles to trailhead.

Dec 15 - McGregor Park to Ft. Defiance and back. 2.7 miles. Moderate. Eat breakfast at Wendy's. J.R. Tate 931-220-1359. Meet 8:00 am CT.

Dec 18 - Christmas Party. 6:00 pm CT, Crow Community Center, 211 Richview Rd, Clarksville.

Dec 31 - New Year's Eve hike downtown Clarksville. 3.5 miles. Moderate. After the hike we will meet at the Blackhorse Pub and Brewery for a New Year's Eve Toast. Lionel Senseney 931-551-6738. Meet 7:00 pm CT, Cumberland River Pavilion, McGregor Park, Riverside Drive.

REMINDER

Many chapters elect new officers, board representatives and hike coordinators in January.

Please check your chapter masthead this month. If there are updates needed, please include that information with your chapter submission on or by December 10 so that your chapter's contact information is correct for the January newsletter.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CO-CHAIR: Jane Coffey 66615-516-6551
columbia@tennesseetrails.org

CHAPTER CO-CHAIR AND BOARD REPRESENTATIVE:
Marvin Caine 931-486-1632

HIKE COORDINATOR: Jane Coffey 615-516-6551
columbiahikes@tennesseetrails.org

MEETS QUARTERLY: Meets quarterly at the Barnabas Center at
506 Fair Street, Franklin, TN 37064. The Barnabas
Center is located behind St. Paul's Episcopal Church.
Social hour from 6:00 - 7:00 pm. Meeting at 7:00 pm.

Please check the TTA website for updates on our hikes.

TTA Annual Membership Meeting

The members approved four members to the board to fill vacant seats: Mary Etta Ward, Highland Rim Chapter, David Bowling, Highland Rim Chapter, Libby Francis, Nashville Chapter, and Jane Coffey, Columbia-Franklin Chapter. As previously announced, the TTA Awards for 2018 were presented to the following individuals or organizations during the TTA Annual Membership Meeting.

Bill Stutz Award: George Bonneau, Soddy Daisy Chapter

Bill Stutz Award: Bob Lyon, Clarksville Chapter

Tennessee Trails Award: Tennessee Valley Authority
Natural Resources Division

Bob Brown Lifetime Achievement Award: Mack Prichard,
Tennessee State Naturalist Emeritus.

As you meet these individuals or hike on land managed by the Tennessee Valley Authority, please thank them for their volunteer attitude and their service to TTA and the State of Tennessee.

Board activity from the 4th Quarter board meeting on October 28.

- Approved an Evan Means Small Grant of \$5,000 to TennGreen to fund the acquisition of the 45 acres of land adjacent to Rock Island State Park.
- Set the dates for the board meetings for 2019: February 2, May 4, August 3 and October 20.

As per the bylaws approved at the 2017 annual meeting, the TTA board met on Sunday, October 28 and elected officers for 2019. The TTA officers for 2019 are as follows:

President: MaryEtta Ward, Highland Rim Chapter
Vice President: Linda Latter, Nashville Chapter
Secretary: Melinda Pearson, Jackson Chapter
Treasurer: David Bowling, Highland Rim Chapter

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-985-9144
easttennessee@tennesseetrails.org

WEBMASTER: Sherry Barber 865-209-6189
sbarber6189@comcast.net

Dec 8 - North and South Old Mac trails and the Fire Tower, Frozen Head State Park. 7 miles. Moderate.
Join us on a hike in the Cumberland Mountains. We will stop at the Park Headquarters then relocate to a large parking lot at the trailhead. We will hike the South Old Mac trail to Tub Springs, gaining about 1600 feet in 2.4 miles. From there we will hike to the fire tower, gaining about 350 feet in ½ mile. From there we will go to the North Old Mac trail, losing about 450 feet in ¾ mile. The North Old Mac trail will take us back to the vehicles, losing about 1500 feet in 3.3 miles. The distances are estimates based on conversations with park rangers. We recommend shoes to wear to and from the hike plus sturdy hiking shoes, other weather appropriate clothing, a snack, a drink and a camera. We will meet in the Bearden Central Baptist Church parking lot for car-pooling and leave at 8:30 am stopping in Oak Ridge at Books-A-Million, 310 South Illinois Ave, and meeting in the parking lot nearest Illinois Ave. We will leave there at 9:00 am for those who would prefer to meet there. Please bring \$\$\$ for carpooling. After the hike plan on stopping on the way back for a meal and refreshments. For specific information about the hike please call Tom before the 7th at 974-4422 or leave a message at 588-5622 or send an email to *cressler@utk.edu*.

Dec 8 - Christmas dinner. Everyone is invited to a fun filled night of good food, short program and lots of socializing. We'll have "give a ways", free deserts and hike planning for 2019. What a great year it has been and an even better one ahead. Let's gather at Mimi's Cafe in Turkey Creek at 6:30 pm ET and eat heartily. We have reservation under TTA. Come and enjoy the evening with the best hikers in East Tennessee. RSVP Rosie 865-985-9144 or *mrosemary04@gmail.com*.

HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

CHAPTER CHAIR: Mary Etta Ward 931-581-9906

highlandrim@tennesseetrails.org

SECRETARY Tanja Kendrick 931-224-6225

TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666

highlandrimtreas@tennesseetrails.org

OUTINGS & PROGRAM COORDINATOR & NEWSLETTER

CONTACT: Joan Hartvigsen 931-962-0811

highlandrimhikes@tennesseetrails.org

(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W.

Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Dec 1 – Sewanee Perimeter Hike. The University of the South, Sewanee, TN. About 16-18 miles. Strenuous.

Marietta Poteet will lead this scenic hike clockwise from the War Memorial Cross to the University Gates. A vehicle shuttle is required. This hike features gorgeous views of Hawkins Cove and spectacular sandstone formations. Bring a lot of water, snacks and lunch. Bring a headlamp and hiking sticks and wear sturdy hiking boots. Contact Marietta Poteet for information, *nannietta@blomand.net* or 931-924-7666.

Dec 8 - South Rim Trail and Savage Falls. Savage Gulf State Natural Area, 3157 TN Hwy 399, Palmer, TN. 10 miles round trip. Flat. Moderate.

We will visit beautiful Savage Falls then continue on the South Rim Trail to enjoy several outstanding gulf views. Bring water, lunch, headlamp, hiking sticks. Wear sturdy hiking boots. Please register with Joan Hartvigsen, *jhartvigs@comcast.net* or 931-962-0811.

Dec 9 – Tims Ford State Park, Winchester, TN. Lost Creek Trail and a section of the Ray Branch Trail. About 5 miles. Easy.

Bring water and lunch and hiking sticks. Wear sturdy hiking boots. Meet at 10:00 am CT at the Visitor Center. Please register with Joan Hartvigsen, *jhartvigs@comcast.net* or 931-962-0811.

Dec 15 – Hike to Piney Point on the Sewanee Perimeter Trail, Sewanee, TN. 2 miles. Easy.

Piney Point is a striking promontory that boasts a sweeping view out over Shakerag Hollow and Roark's Cove. Meet at 3:00 pm CT at Marcia Medford's home, 112 Midway Road, Sewanee. Marietta Poteet will lead the hike before our Chapter Christmas Party at Marcia Medford's home. Bring water and a snack and wear sturdy hiking boots. Bring a head lamp or other light source. Contact Marietta Poteet at 931-924-7666 or *nannietta@blomand.net*.

Highland Rim Chapter – con't.

Dec 15 – Chapter Christmas Party. Gather at Marcia Medford's home, 112 Midway Road, Sewanee, TN at 5:00 pm CT after Marietta Poteet's hike to Piney Point. Bring a wrapped gift valued about \$10.00 if you wish to participate in the Dirty Santa Gift Exchange. Tom Hartvigsen will bring baked ham. Contact Marcia Medford at 931-598-5331 or *marciamedford@yahoo.com* to let her know what food you plan to bring so Marcia can coordinate the menu.

Dec 29 – Short Springs State Natural Area Fifth Saturday Work Day.

Meet at 9:00 am at Short Springs parking lot, 2250 Short Springs Road, Tullahoma. Bring water, snack and work gloves. Contact Joan Hartvigsen, *jhartvigs@comcast.net* or 931-962-0811 to let her know you can help.



JACKSON CHAPTER

CHAPTER CHAIR: Melinda Pearson 731-225-4293
jackson@tennesseetrails.org

TREASURER: Anne Goodson 731-664-1556
jacksontreas@tennesseetrails.org

SECRETARY: Terry McCoy 731-535-0625
jacksonsecy@tennesseetrails.org

OUTINGS COORDINATOR: Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org
(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1st Tuesday at Perkins Restaurant, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 6:45 pm

Dec 1 – Alum Cave Bluff to Mt. Leconte and Ramsey Cascades in Great Smokey Mountains. 8 miles. Strenuous. Drive six miles east of Gatlinburg on Hwy 321 and turn at the Greenbrier entrance to the park. Follow the signs 4.7 miles to the trailhead. Trail notes It takes about 5-7 hours to hike to the waterfall and back. Carry drinking water and lunch/snacks with you. Portions of this trail are very rocky; therefore, I recommend sturdy hiking boots with ankle support. Do not attempt this hike in sandals or flip flops. Carry drinking water/powerade, etc. Wear clothing suitable for the weather. Ramsey Cascades is the tallest waterfall in the park and one of the most spectacular. Water drops 100 feet over rock outcroppings and collects in a small pool where numerous well-camouflaged salamanders can be found. The trail to the waterfall gains over 2,000 feet in elevation over its 4 mile course. It follows rushing rivers and streams for much of its length. The last 2 miles pass through old-growth cove hardwood forest with large tulip trees, basswoods, silverbells and yellow birches. You would have to drive up on Friday, November 30. Contact Jeff Chambers by email (*chambers.jeffreyb@gmail.com*) for more information on carpooling and time of hike. Most people will leave on November 30 and stay in Gatlinburg or Pigeon Forge. You will be responsible for your own accommodations.

Dec 4 - Chapter Meeting. Meal at 6:00; meeting conducted while eating. We will discuss January and February hikes.

Dec 15 - Natchez Trace. Hike Leader: Pat Broadbent.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
memphis@tennesseetrails.org

VICE-CHAIR: Francis Ruffin 662-701-6284
memphisvice@tennesseetrails.org

Dec 1 - Chewalla Lake Recreation Area. near Holly Springs, MS. Meet at 9:00 am. This will be a 2-part hike with the first part about 2.5 miles and the second part 3.5 miles. We will begin on the Chewalla Road Trail to the Pine Mountain Trail and crossing the road to the Virginia Pine Trail. We will stop at the lake for a snack or lunch. At that point you can return to your cars retracing the way you came on the Virginia Pine Trail. For those who want more – the second part will be an adventure hike. We will hike the Lakeside Trail (west side of the lake) to the levy, crossing the levy and returning via the Coburn Trail underneath the levy. This adventure hike includes slippery bridges, hills, downed trees and lots of holes. Please park along the entrance road near the trailhead of the Virginia Pine Trail and we will shuttle to the trailhead of the Chewalla Road Trail. Wear boots, bring water, hiking poles, snack and lunch (if staying for the adventure hike). Rain cancels the hike. There are no open bathrooms in the park so stop before exiting. Contact: Lynne Witherington 901-230-1501. Directions: From US Hwy 78 take Exit 37 Chewalla Lake (brown sign), turn west onto Hwy 178, turn north on Higdon Road and drive 3 miles to the entrance. Please carpool if possible.

Dec 6 - Chapter Christmas Party and Potluck. Margaret Smith, Katie and Mike Gecewich will be hosting our annual party at Oaks at Woodchase Clubhouse, 1680 W Southfield Circle, Cordova. Bring BYOB and your favorite festive dish to share with the group. The club will supply ham. Socializing begins around 5:00 pm with dinner at 6:30 pm. We will supply plates, glasses, and eating utensils. If you would like to participate in the gift exchange, bring a \$10 gift. RSVP by December 3rd. *kgecewich@yahoo.com* or call 901-567-4904

MURFREESBORO CHAPTER

CHAPTER CHAIR: Tony Jones 615-397-4463
murfreesoroblog@tennesseetrails.org

TREASURER: Sara Pollard 615-714-3610
murfreesoroblog@tennesseetrails.org

PROGRAM COORDINATOR: Valerie Galan 615-516-6441
murfreesoroprogram@tennesseetrails.org

HIKE & MEMBERSHIP COORDINATOR:
Jennifer Zahn 615-943-8853
murfreesoroblog@tennesseetrails.org

BLOGMASTER
Craig McBride 615-394-6121
murfreesoroblog@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Veterans Parkway, Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Dec 8 – Twin Forks Trail. 8 miles. Moderate. We will hike a segment of the 20-mile trail that goes along the banks of the East Fork and West Fork Stones River near Murfreesboro. We will start from Walter Hill Dam and hike to the East Fork Recreation Area. This is an excellent time of the year to hike this trail because we will be able to see river bluffs and bottom lands in this part of Rutherford County. Wear sturdy boots, bring snacks, lunch and plenty of water. Contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Dec 11 – Chapter Meeting. 6:00 pm. Barfield Crescent Park Wilderness Station. NOTE TIME CHANGE. This will be our annual Christmas celebration. Please bring your family and a covered dish or dessert (or both) to share for our Christmas Feast. If you wish to participate in this year's Dirty Santa, bring a small gift to share. Drinks, Ice, Plates, Utensils, Cups and Napkins will be provided by the chapter.

Dec 15 – Murfreesboro Greenway. 4 miles round trip. Easy. Leaving from the Fort Rosecrans trailhead in the Old Fort Park, we will hike to Cannonsburgh Pioneer Village. There we will explore the historic village. Then we will return to the Fort trailhead where those interested can take a short hike on the interpretive loop around the remains of the Fort. Bring water and snacks and wear good walking shoes. Contact Jennifer Zahn at 615-943-8853 or jenzahn@gmail.com for more information.

Planning Ahead:

Jan 1 – New Years Day Hike, Edgar Evins State Park. Silver Point, between Smithville and Cookeville. ALL TTA CHAPTERS AND MEMBERS ARE INVITED TO THE NEW YEAR'S DAY 1ST HIKE AND FEAST AT EDGAR EVINS STATE PARK. Meet at 10:00 am CT in the marina parking lot next to the covered picnic shelters to sign in, drop off food, and a group picture. Then we'll carpool to the trailhead for an easy to moderate hike of 2.5 miles before returning to a blazing fire, hot beverages and a hearty lunch. Bring a prepared dish to share of foods you would normally enjoy New Year's Day. Disposable plates, cups and utensils will be furnished by Friends of Edgar Evins State Park. There are electrical outlets. After the meal those who wish to hike more may do the easy to moderate 2 mile Highland Rim Nature Trail next to the Visitors Center. For information, contact Fount or Anna Bertram, fwbertram@dtccom.net or 615-765-5357.

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs 615-283-0507
nashville@tennesseetrails.org

OUTINGS COORDINATOR: Nancy Juodenas 615-319-8811
nashvillehikes@tennesseetrails.org
(email Nancy & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php

BLOG: www.tennesseetrails.org/blog/nashville

Dec 8 - REI Gift Wrapping. We will again be wrapping gifts at REI in exchange for donations to support the building of the Cumberland Trail. We will be wrapping from 10 am until 5:30 pm, with 2-hour shifts: 10-12; 12-2; 2-4; and 4-5:30. This is truly a great way to fundraise! No experience necessary, just come and join in on the fun. Hope to see you there! For more information contact Amy at amy109@gmail.com or 615-739-5858.

Dec 8 - Nashville Chapter Holiday Party. We'll start festivities at 6 pm CT at the River Plantation Section V Clubhouse, 800 General George Patton Rd in the Bellevue area of Nashville. For directions, contact Alice Cannon, acannon12@bellsouth.net. Bring a dish to share and BYOB. Bring a friend too! Our party takes the place of the monthly chapter meeting for December. We'll be back at REI in January.

Dec 15 - Bells Bend Park, Nashville TN. This includes over 7 miles of wonderful trails. We will walk several of the trails in a large loop around the park. This will be a moderate winter hike through a lot of open fields. Bring binoculars if you want, as well as the usual sturdy shoes or boots, plenty of water, snacks, and clothing appropriate for the weather. We will also have the options for food after the hike. Contact Doug Burroughs at dougburroughs@tennessee.usa.com or 615-587-0085 (leave a message) for more information and to register. Meeting Place: East end of the Richland Park Library parking lot at 46th & Charlotte. Meeting Time: 8:00 am (or 8:30 am at the Bells Bend Park Nature Center).

Dec. 25 - Hidden Lakes, Pegram, TN. Meet in the parking lot at 1:00 pm for a short and refreshing Christmas Day hike. We will hike the double loop trail of fields, bluffs, river and lake views and woods, for about 2 miles. We can hike it twice for more mileage if the group would like. Directions: From I-40, take exit 192. Follow McCrory Lane north for 0.9 miles, crossing the Harpeth River, then immediately look left for the trailhead parking lot. For more information and to register contact Nancy Juodenas at 615-319-8811 or njlj1011@gmail.com.

PLATEAU CHAPTER

(Crossville)

CHAPTER CO-CHAIRS: Bruce Whitehead 941-716-3620
Bob Obohoski 931-456-4282
plateau@tennesseetrails.org

TREASURER: Gena Whitehead 941-716-3620
plateautreas@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:00 pm CT
BLOG: *www.tennesseetrails.org/blog/plateau*

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to register for any of our hikes, contact the hike coordinator, Deb Westervelt, via email *plateauhikes@tennesseetrails.org* or text/call 931-267-2243. For a list of monthly hikes, visit the Plateau Chapter. **Check the blog one hour prior to hike time for cancellation or for any other updates/changes to our schedule before hiking.**

Dec 1 – South Cumberland State Park Denny Cove/Foster Falls, Tracy City, TN. Denny Cove is a 3-mile hike rated strenuous due to rock scrambling to a fabulous waterfall and rock climber cliffs. Foster Falls loop is a 5-mile moderate hike. First, we will hike down to view Foster Falls (if there is any water), then on along the bottom of the cliff (used for climbing or rappelling). Depart 8 am CT Trinity Tabernacle Church on Hwy 127 South. Carpool cost is \$9. Pack water, snacks and lunch.

Dec 5 – South Cumberland State Park Fiery Gizzard, Tracy City, TN. We will do an in/out 7-8 miles to Yellow Pines Falls on the Dog Hole Trail passing 3 other falls along the way. We begin at the Fiery Gizzard parking lot and take a rugged climb, for the first couple miles. Gas reimbursement is \$9. Bring water, lunch and snacks. Depart 8 am CT Trinity Tabernacle Church on Hwy 127 South.

Dec 7 - Plateau Chapter Christmas Party. Come and enjoy the fun and food at our Plateau Chapter Christmas Party from 6:00 pm to 8:00 pm at the Fairfield Glade Community Library 453 Lakeview Drive, Crossville. Bring a dish to share and a beverage. We will have an optional \$15 maximum gift exchange. If you want to participate in the gift exchange, bring a “nice usable” wrapped gift. There will also be a 50/50 drawing. For more information, contact Carol Q at 931-484-4230 or email *quattrociocchi@frontiernet.net*.

Dec 12 - Slave Falls/Needle Arch Loop Big South Fork, Jamestown, TN. Moderate. 5.7 miles with 2 spurs. The hike leaves the Sawmill trailhead and descends to the upper Mill Creek drainage into a forest. It passes above Slave Falls. The hike leaves the loop and follows a spur along a bluff line to see the Slave Falls, then backtracks to reach Needle Arch. Then continues around a bluff line and returns to Slave Falls. The hike finally rejoins the Slave Falls loop, travels through woodlands, to visit the Indian Dome Rock House. Depart 8:00 am CT from the Cracker Barrel Hwy 127 N at I-40 SW corner of back parking lot. Carpool cost is \$6. Pack water, snacks and lunch.

Plateau Chapter – con't.

Dec 15 - Lost Cove to Virgin Falls, Sparta, TN. Moderate to strenuous. 9 miles. We'll take the new trail which is 4.5 miles north to the falls. Depart 8:00 am CT from Tractor Supply. Carpool cost is \$6. Bring water, lunch and snacks.

Dec 19 – Cumberland Trail Possum Creek Gorge Section, Heiss Mountain, Graysville, TN. Strenuous due to length and elevation changes. This scenic 8.8-mile hike from the Retro Hughes Trailhead going South on the Cumberland Trail to Imodium Falls, and back. We'll follow Coalbank Branch to waterfalls, overlooks, an abandoned coal mine, bluff lines, and steam crossings. Shorter hike option: 6 miles in/out to the junction of Coalbank Branch and Hughes Branch. Wear boots, bring lunch, water and snacks. Depart from Trinity Tabernacle Church, Hwy 127 South, in Crossville at 8:00 AM CT. Carpool cost is \$6. Pack water and snack.

Wilderness First Aid Course Outdoor Recreation Center Vanderbilt University February 2-3, 2019

The Wilderness First Aid course provides relevant and realistic first-aid training for outdoor activities. The course is 8 hours each day and is filled with helpful material and experiential learning that can help you become a more knowledgeable outdoor recreationalist. The course is \$275 which includes the course provided by Wilderness Medical Associates, course material and lunch both days. Space is limited, so register early.

If you would like more information about the company providing the course you can find it here:
<http://www.wildmed.com/wilderness-medical-courses/first-aid/wilderness-first-aid/course-6542/>.

To register for the course, you can do so here:
<https://rec.vanderbilt.edu/Program/GetProducts?classification=b322887c-e18d-4163-a155-11d0f5f5bb42>.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: Jean Smith 423-596-7681
soddydaisy@tennesseetrails.org

TREASURER: Robertson (Bob) McGavock 423-667-2960
soddydaisytreas@tennesseetrails.org

HIKE COORDINATOR: Patricia Appleton 423-332-6517
soddydaisyhikes@tennesseetrails.org

MEETS QUARTERLY: Tuesday of the week following the TTA
Board Meetings in Feb, May, Aug and Oct at 6:00 pm
ET at Burk's United Methodist Church, 6433 Hixson
Pike, Hixson
*Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/soddydaisy>*

Dec 1 - Cumberland Trail from Little Soddy Trailhead to Big Soddy Creek bridge and return via the Rock Climbers Parking Lot. About 8 miles. Moderately strenuous. Meet at Durham St, Soddy Daisy at 8:30 am. Hike leader, John Politte at 423 304 8327.

Dec 4 - Stinging Fork Falls near Spring City and explore the Soak Creek Trail. This hike is flat and easy for the first mile. A short hike into the gorge is a little rocky. After viewing the falls we will explore a new trail that goes from near the falls toward Soak Creek. Meet at Durham St., Soddy Daisy at 8:30 am Round trip 3 to 4 miles. Hike Leader Earl Helmer- 770-877-0600.

Dec 11 - Chickamauga Battlefield. 4.37 mile loop. Easy. We will stop by Jay's Mill and take a peek at Bragg's Headquarters site with perhaps some historical commentary along the way. Meet at the lower parking lot at the visitor's center at 8:30 am. Hike leader, Gloria Nelson- 423-645-9008.

Dec 15 - Trail from Soddy Gulf Trailhead to Deep Creek and return. About 7 miles. Moderately strenuous. Meet at Durham St, Soddy Daisy at 8:30am. Hike leader, John Politte at 423 304 8327.

Dec 18 - Turtletown Falls. 3.4 mile loop. Easy to moderate. Two waterfalls, one a gorgeous double waterfall in the Cherokee National Forest. There is some elevation gain. The trail is located just north of Ducktown on the far side of the Ocoee Gorge. Meet at Food City in Ooltewah at 9:00 am. Hike leader, Sue Christiansen and Gloria Nelson 423-645-9008.

Dec 22 - Harrison Bay. Meet at Trailhead at 8:30 am. Hike Leader - Nancy Allen, 423-344-1118.

Dec 29 - Raccoon Mountain East Rim Overlook to switchyard and back. 4.5 miles. Easy to moderate. Meet at Food City in Red Bank at 8:30 am. Hike leader-George Bonneau. 423-645-9029.

SUMNER TRAILS CHAPTER

CHAPTER CHAIR: Lynn Takacs 615-479-7702
sumner@tennesseetrails.org

No hikes scheduled.

Check back for possible "pop-up" hikes that may be added to calendar.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR: Vacancy
uppercumberland@tennesseetrails.org

HIKE COORDINATOR: Cathy Moran 931-544-2764
uppercumberlandhikes@tennesseetrails.org

Dec 1 - Sewanee Perimeter Trail. 20 miles. Strenuous and will last about eight hours. Meet at 7:00 am CT in parking lot on Highway 41A across from the intersection of University Avenue and Highway 41A in Sewanee. We will start on the Mountain Goat Trail across from the Blue Chair Restaurant. We will hike toward the Memorial Cross taking the Perimeter Trail around Sewanee. We will have lunch at the Forestry Cabin. We will continue to Shakerag Hollow back to the Mountain Goat Trail to our starting point. Bring water, snacks and lunch. Wear sturdy hiking boots. Dinner in Sewanee after hike. For more information and to register contact Mike Shane at *mikeshane@charter.net* or 931-446-4306.

Dec 8 - Virgin Falls from Lost Creek (new trail). 9 miles round trip. Strenuous because of elevation gain. We will pass Rylander Cascades 1/2 mile in. In some areas the trail is not well marked, stay with the Leader. A lot of trail is on old logging roads with lots of rocks and ruts. The first 2 1/2 miles is all uphill with 1600 foot elevation gain. The last 2 miles descend 1400 to the waterfall. Then reverse back to trailhead. Bring water, snacks, lunch, good hiking boots and clothes for the forecasted weather. You can meet in the J. C. Penney's parking lot at 7:00 am, the U. S. bank off Hwy 111 in Sparta at 7:30 am or at Lost Creek trailhead at 8:00 am CT. For information and to register, contact Pete Broehl at 931-738-3551 or *pabroehl@blomand.net*.

Dec 15- Annual Christmas Party. There will be a short 5 to 7 mile hike in the morning and then we will meet around 1-4 for potluck at the home of Janet's daughter in North Cookeville. Details will be provided in December and sent to Upper Cumberland membership. You are welcome to bring others. Contact Janet text or phone 931-644-1207 for more details.

OFFICERS:

President

Carolyn Miller 931-260-6674
president@tennesseetrails.org

Vice-President

Linda Latter 615-419-4845
vicepresident@tennesseetrails.org

Treasurer

Kathy Woods 615-473-6824
treasurer@tennesseetrails.org

Secretary

Jackie York 615-294-8241
secretary@tennesseetrails.org

At-large Directors (terms expiring listed after name)

Carolyn Miller (2018) 931-260-6674
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Jackie York (2018) 615-294-8241
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Kathy Woods (2018) 615-473-6824
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West TN

Vacancy (2020)
westregional@tennesseetrails.org

Middle TN

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East TN

Garnett Rush (2018) 865-268-5181
eastregional@tennesseetrails.org

CHAPTER REPRESENTATIVES ON THE BOARD
ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

LouAnn Partington 931-393-4835
editor@tennesseetrails.org

2019 TTA Board of Directors Meetings

Saturday, Feb 2: 1 PM Location to be announced

Saturday, May 4: 1 PM Location to be announced.

Saturday, Aug 3: 1 PM Location to be announced.

Sunday, Oct 20: 9 AM Location to be announced.

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on the 10th of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster for inclusion on the TTA website.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

Dec 18

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Cheryl Heckler 931-200-7436 membership@tennesseetrails.org

PLEASE, PRINT CLEARLY.

___ Individual \$25.00 Name _____
___ Family \$35.00 Address _____
___ Student (FULL TIME) \$15.00 City _____ State _____
___ Supporting (\$50.00, \$100.00 or more) Home Phone (___) _____ Zip _____ -- _____
___ Life Member (Individual) \$500.00 Cell Phone (___) _____
___ Life Member (Family) \$750.00 e-mail _____
___ _____ Please do not list my e-mail address in the TTA Annual Membership Directory
 I would like to receive my newsletter by email.

Please list me with the following chapter:

___ Clarksville _____ Murfreesboro
___ Columbia/Franklin _____ Nashville
___ East TN (Oak Ridge/Knoxville) _____ Plateau (Crossville)
___ Highland Rim (Manchester/Tullahoma) _____ Soddy Daisy
___ Jackson _____ Sumner Trails (Sumner County)
___ Memphis _____ Upper Cumberland (Sparta/Cookeville)
___ _____ _____ At Large

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements; (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA hikes or functions.
Not a member yet? Please check out one of our hikes or meetings soon!