

# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.*

SPONSOR FOR THE CUMBERLAND TRAIL



## THE ANNUAL MEETING AND YOU—SAVE THIS INFORMATION!

Our Annual Meeting will be held on October 26- 28, 2018, at beautiful Brandon Springs Group Camp at Land Between the Lakes National Recreational Area near Dover, TN. More than 200 miles of hiking trails and abandoned roads meander through backwoods, fields, and alongside peaceful lakeshores. There is something for everyone, such as the Elk and Bison Prairie, Golden Pond Planetarium, and the 1850's Homeplace. Events other than hiking, e.g. canoeing, birding, slag hunting, are also available.

Delicious meals will be served cafeteria style. Anyone with special dietary needs should include that information on the registration form. On site cabins (three each for men and women) can comfortably accommodate ten persons. The cabins are roomy, clean, partitioned for a semblance of privacy, and air conditioned. Each has a sitting area and comes with showers. All at a nominal fee! But you will need to bring your own linens (and a favorite pillow if so inclined). Alternatively, you may choose to make your own reservations at other lodging facilities in the area. We suggest you contact the Stewart County Chamber of Commerce at 931-232-8290 for additional information. Even if you choose to stay off site, we welcome you to join us for meals!

**IMPORTANT!** The Lodge at Paris Landing State Park is closed indefinitely for demolition and rebuilding and will not be available during the Annual Meeting! A few cabins at Paris Landing State Park MAY be available on a first come, first served basis. (Phone: 731-642-4311) Please call the Stewart County Chamber of Commerce at 931-232-8290 for alternate lodging in the area. Of course, cabins are available at Brandon Springs, but space is limited and it recommended that folks desiring to stay there submit registration forms in a timely manner, as cabins will be assigned on a first come, first served basis.

A detailed schedule of events will be in a future newsletter. Of interest, Friday night will feature Susan Witzofski, an early ranger at Brandon Springs and known for her interesting stories of the area. Saturday evening's high note will be a special program by Jim Poteet to commemorate TTA's 50<sup>th</sup> anniversary, followed by cake and punch. And we will wish Carolyn Miller bon voyage. Questions? Contact J.R. Tate at [modelt770@gmail.com](mailto:modelt770@gmail.com) or Suva Bastin at 931-645-2849.

### Directions to Brandon Springs at Land Between the Lakes:

FROM MEMPHIS About 200 miles from Memphis. Take I-40 East to Hwy. 641 North. Take 641 North to Paris; then take Hwy. 79 North towards Dover. Just before Dover is a large brown sign indicating the Land Between The Lakes. (Across from the McDonalds Restaurant. Careful, it is easy to miss!) Turn left on this road, which is The Trace. Continue North past the South Welcome Station for 2 miles. The road to Brandon Springs is on the right.

FROM NASHVILLE: About 90 miles from Nashville. Take I-24 West to US Hwy 79 South (Exit 4). Take 79 South through Dover and continue 3 more miles to a large brown sign directing you to turn right for LBL. (Across from the McDonalds Restaurant. Careful, it is easy to miss!) Take this road, which is The Trace. Continue North past the South Welcome Station for about 2 miles. The road to Brandon Springs is on the right.

TTA Signs will be posted at these road junctions for The Trace and Brandon Springs. **Caution!** Be careful traveling inside the Dover city limits. The city has a zero tolerance for speeding!

Please help make this weekend, our TTA 50<sup>th</sup> Anniversary Celebration, a success! Remember to bring items for the Silent Auction, White Elephant Sale, and Bake Sale! We hope to see you there!

**REGISTRATION FORM CAN BE FOUND ON PAGE 6.**



Office Location 409 Thurman Avenue,  
Ste 102  
..... Crossville, TN 38555  
Office Hours ..... Tuesday – Friday  
..... 10 am – 3 pm CT  
Phone: ..... 931-456-6259  
Office Staff: ..... Teresa Kemmer  
Email: [ctcoffice2014@gmail.com](mailto:ctcoffice2014@gmail.com)  
Website: [www.cumberlandtrail.org](http://www.cumberlandtrail.org)

**Volunteers!** Ever want to help build a wilderness hiking trail? Then consider joining our planned trail building programs.

The Cumberland Trails Conference was awarded a contract to construct trail along Soak Creek a tributary of the Piney River in Spring City and trail construction began April 2. If you want to join the trail crew and build this section of the trail, please contact the CTC office to register and receive information about where to meet the CTC trail crew. We have a new e-mail address for volunteer questions and registration for programs: [VolunteeratCTC@gmail.com](mailto:VolunteeratCTC@gmail.com).

Progress report: The crew is hard at work along Soak Creek. Below is a staircase they recently completed.



*Photo by CTC Trail Crew*

**Trail Building Assistant (Crew) – seeking applicants**

**Part-time:** Part time, flexible; average 2 to 4 days per week, including some weekends. Work days vary with season and scheduled construction projects.

**Current Location:** Southern Crew working near Graysville, Tennessee

**Qualifications:** Community members who love to build trail. Previous trail building preferred but not necessary. We will train you.

If interested, contact the CTC office.

**CLARKSVILLE CHAPTER**

**CHAPTER CHAIR:** J.R. Tate 931-220-1359  
[clarksville@tennesseetrails.org](mailto:clarksville@tennesseetrails.org)  
**CHAPTER REPRESENTATIVE:** Paul Schwab 931-801-9484  
[clarksville@tennesseetrails.org](mailto:clarksville@tennesseetrails.org)  
**TREASURER:** Mary Schwab 931-645-9068  
[clarksvilletreas@tennesseetrails.org](mailto:clarksvilletreas@tennesseetrails.org)  
**SECRETARY:** Donna Burdick 931-220-8497  
[clarksvilleshsecy@tennesseetrails.org](mailto:clarksvilleshsecy@tennesseetrails.org)  
**OUTINGS COORDINATOR:** Paul Schwab 931-801-9484  
[clarksvillehikes@tennesseetrails.org](mailto:clarksvillehikes@tennesseetrails.org)  
*(call Paul & volunteer to lead an outing)*  
**MEETS MONTHLY:** 3<sup>rd</sup> Tuesday at 6:00 pm CT,  
Crow Community Center, 211 Richview Rd.

**Aug 4 - Beaman Park, Highland Trail. 5.8 miles. Moderate.** Lili Ball 931-552-2773. Meet 8:30 am CT, Madison Street Kmart parking lot; \. 32 miles to trailhead.

**Aug 11 - Liberty Park, Clarksville. 3.5 miles. Easy.** J.R. Tate 931-220-1359. Meet 9:00 am at the Liberty Park Pond parking area.

**Aug 18 - Dunbar Cave SNA, Butterfly & Hummingbird Festival.** Hummingbird banding demonstration, guided hikes, pollinator gardening tips, children's arts and craft activities and more. The festival will start at 9 am and last until 3 pm.

**Aug 2 - Monthly Chapter Meeting.**

**Aug 25 - Kohl's Trail Head to Percy Priest Dam and back. 5.8 miles.** Paul Schwab 931-801-9484. Meet 8:00 am. CT, I24 Exit 11 commuter parking lot. 42 miles to trailhead.

**50<sup>th</sup> Anniversary of TTA**

2018 is the 50<sup>th</sup> anniversary of TTA. We plan to celebrate at the annual meeting at Brandon Springs Group Center in Dover October 26 – 28. The Clarksville Chapter will be hosting the meeting.

If you have ideas for the 50<sup>th</sup> anniversary celebration, please share with your chapter chairs, a member of the board of directors or the Clarksville Chapter.

All chapters are encouraged to consider compiling chapter histories (pictures are always welcome) to commemorate the past.

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## COLUMBIA/FRANKLIN CHAPTER

CHAPTER CO-CHAIR: Jane Coffey 66615-516-6551  
[columbia@tennesseetrails.org](mailto:columbia@tennesseetrails.org)

CHAPTER CO-CHAIR AND BOARD REPRESENTATIVE:  
Marvin Caine 931-486-1632  
[columbia@tennesseetrails.org](mailto:columbia@tennesseetrails.org)

HIKE COORDINATOR: Jane Coffey 615-516-6551  
[columbiahikes@tennesseetrails.org](mailto:columbiahikes@tennesseetrails.org)

MEETS QUARTERLY: Meets quarterly at the Barnabas Center at  
506 Fair Street, Franklin, TN 37064. The Barnabas  
Center is located behind St. Paul's Episcopal Church.  
Social hour from 6:00 - 7:00 pm. Meeting at 7:00 pm.

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Please check the TTA website for updates on our hikes.

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### Volunteer Day at Greeter Falls

On **Saturday, July 14, from noon to 2:30 pm**, come lend a hand picking up trash along the Greeter Falls trail! Wear sturdy shoes, work clothes, and bring gloves for picking up trash. Be sure to bring along plenty of water and a high-energy snack. Trash bags will be provided, but feel free to bring extra bags and/or buckets for gathering trash. Meet at the Greeter Falls trailhead in Altamont.

For more information about volunteer activities, visit the Friends website or email Marietta.



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## EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-985-9144  
[easttennessee@tennesseetrails.org](mailto:easttennessee@tennesseetrails.org)

WEBMASTER: Sherry Barber 865-209-6189  
[sbarber6189@comcast.net](mailto:sbarber6189@comcast.net)

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**Aug 11 - Virgin Falls hike.** Virgin Falls is a TN Natural Area which was purchased from private landowners by the State in 2012. The hike is 8.2 miles and if we decide to take two side trails, the total distance would be 9.5 miles. Unlike most trails we hike this one goes down first and then up for the return. There is about a 700 foot elevation loss from the parking lot to just below the falls, about 4.25 miles, and that has to be regained going back. Due to the length and elevation gain/loss the hike difficulty is rated as moderate. We recommend shoes to wear to and from the hike plus sturdy hiking shoes, other weather appropriate clothing, a snack, a drink and a camera. Because of the distance we will meet earlier than normal. We will meet in the Bearden Central Baptist Church parking lot for car pooling and leave at 7:30 am ET stopping in Oak Ridge at Books a million, 310 South Illinois Ave, and meeting in the parking lot nearest Illinois Ave. We will leave there at 8:00 am ET for those who would prefer to meet there. Round trip distance from Knoxville is 210 miles, so be sure to bring gas money. After the hike plan on stopping on the way back for a meal and refreshments. For specific information, please call Tom before the 10th at 865-974-4422 or leave a message at 865-588-5622 or send an email to [cressler@utk.edu](mailto:cressler@utk.edu).

**Aug 25 - Laurel Falls to Metcalf Bottoms and picnic. 8.9 miles. Moderate.** Hike leaders are Karen Towle and Robby Paul. Starting at the Laurel Falls trailhead, we will be passing the falls at 1.3 miles and continue on to the Little Greenbrier trail where the elevation gain is 1400 feet at 3.1 miles. The trail then descends with an option to visit the Walker Sisters cabin and then meets up with the Metcalf Bottoms Trail where we will visit the Little Greenbrier Schoolhouse. After returning to the picnic grounds, we will "chow down"! Hot dogs, condiments, paper ware, and s'mores will be provided. Please bring a side dish to share as well as your own drinks. Wear hiking shoes, bring water to drink, as well as hiking poles, if needed. Bug spray and sun screen are also recommended. Meet at Browns Creek Shopping Center in Maryville at 9:00 am ET or at Metcalf Bottoms at 9:45 am ET. Please register with Karen Towle at 865-254-2044 or [delicadeze@aol.com](mailto:delicadeze@aol.com).

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## HIGHLAND RIM CHAPTER

### (Coffee and Franklin Counties)

**CHAPTER CHAIR:** Mary Etta Ward 931-581-9906  
*highlandrim@tennesseetrails.org*

**SECRETARY** Tanja Kendrick 931-224-6225  
*highlandrimsecy@tennesseetrails.org*

**TREASURER/MEMBERSHIP:** Marietta Poteet 931-924-7666  
*highlandrimtreas@tennesseetrails.org*

**OUTINGS & PROGRAM COORDINATOR & NEWSLETTER CONTACT:** Joan Hartvigsen 931-962-0811  
*highlandrimhikes@tennesseetrails.org*  
*(contact Joan & volunteer to lead an outing)*

**MEETS MONTHLY:** 4<sup>th</sup> Monday at 7:00 pm CT at the D. W.  
Wilson Community Ctr., 501 N. Collins St., Tullahoma.

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**Aug 5 - Normandy Lake Paddle. This is a joint Sunday activity with the Murfreesboro Chapter.** We will paddle from Warren Chapel Boat Ramp on Normandy Lake to Short Springs State Natural Area's Machine Falls then paddle to Ovoca Falls. Or, we can paddle from Warren Chapel Boat Ramp toward Old Stone Fort State Park and visit Crumpton Creek Falls and other waterfalls flowing into Normandy Lake. Meet at 8:00 am CT at Dollar General Store, 1832 McArthur Street, Manchester, TN. McArthur Street is Highway 55. Register with Joan Hartvigsen at *jhartvigs@comcast.net* or 931-962-0811. In addition to your kayak, paddle and PFD, bring lunch and plenty of water. You will need sunscreen, hat, sunglasses. Paddle gloves are recommended.

**Aug 11 – Greeter Falls Loop Hike and Blue Hole Swim. South Cumberland State Park, Altamont, TN. 4 miles. Moderate.** Firescald Creek flows over the Falls, which consist of a 15 ft. upper section and a 50 ft. lower Falls on its way to merge with Big Creek. A short spur trail leads to the site of the old Greeter Homeplace, which was occupied in the late 19<sup>th</sup> and early 20<sup>th</sup> centuries. After visiting Upper and Lower Greeter Falls we will continue on the loop to the right, traversing over rocks, through hemlocks and beneath towering overhangs, passing Boardtree Falls on the right. Just past Boardtree Falls, we will take the Greeter Trail to the right over a suspension bridge and on for another 0.8 miles to a short spur on the right for the Big Bluff Overlook. This Overlook offers a view of the upper end of Big Creek Gulf and a fine lunch spot! We will then retrace our steps and visit the Blue Hole for a refreshing swim in spring fed clear cool water. Please contact Joan Hartvigsen, *jhartvigs@comcast.net* or 931-962-0811 to register and for carpool information. Bring lunch and a lot of water. Wear sturdy hiking boots. Hiking sticks are recommended. Wear clothes you can swim in.

### Highland Rim Chapter – con't.

**Aug 18 – Window Cliffs State Natural Area, Baxter, TN, 18 miles southwest of Cookeville near Burgess Falls State Park. 5.5 miles. Difficult.** Steep. Located on Cane Creek, Window Cliffs is named for a narrow limestone ridge that contains a couple of natural bridges or “windows”. Cane Creek, with a 20 ft. waterfall and a number of smaller cascades, flows for 2.4 miles through the natural area. Roundtrip requires 18 creek crossings. There are no bridges but only cables and rock crossings. The water can be knee deep or higher. Hiking boots are recommended for hiking the trail and water shoes are suggested for the creek crossings. Hiking sticks recommended. Bring water and lunch. Contact Joan Hartvigsen to register and for carpool information, *jhartvigs@comcast.net* or 931-962-0811. Trailhead address is 8400 Old Cane Creek Rd., Baxter, TN. After our hike, we may visit nearby Burgess Falls State Park.

**Aug 24-26 – Hiwassee/Ocoee Scenic Rivers State Park, Delano, TN. Camp, “duckie”, hike and kayak weekend. Joint activity with Murfreesboro Chapter.** We have reserved four campsites which accommodates 8 small tents. Contact Joan Hartvigsen early to reserve a spot, *jhartvigs@comcast.net* or 931-962-0811. Friday afternoon we will use our kayaks to float the Hiwassee from the Reliance Bridge to the ramp inside our campground. Saturday we will rent inflatable Funyaks (“Duckie”) from Hiwassee Outfitters, 423-338-8115, to float the Hiwassee River from below the Appalachia Powerhouse to the Reliance Bridge. \$30.00 plus tax to rent a one person “Duckie”. Our group will go on the 2:00 pm “duckie” float. Please call to reserve your own “duckie”. We will go on a short hike prior to our afternoon float. We will hike “Falls of the Scenic Spur”, 3 miles round trip. Sunday we will float the lower Ocoee River from Sugarloaf Mountain Park boat launch to Nancy Ward Boat Launch. Sugarloaf Mountain Park is located on U.S. Hwy 64 near the junction of Hwy 64 and Hwy 314. The takeout is at Nancy Ward Gravesite State Park on Hwy 411, 3.5 miles from the junction of Hwy 64 and Hwy 411. The float is 7.5 miles and we will need to wait until late morning for good water flow. Then the float will only take about 3.5 hours. Friday and Saturday evenings we will share a community meal. Details later. Remember hiking boots and sticks for the hike as well as water shoes and everything else needed for whitewater “duckie” float and the kayak floats on the Hiwassee and lower Ocoee Rivers. Remember food for breakfasts and lunches.

*Con't on next page*

Highland Rim Chapter – con't.

**Aug 27 – Chapter Meeting.** Dinner at 5:00 pm, One22West Restaurant, 122 W. Lincoln Street, Tullahoma. Our meeting is 7:00 pm at D. W. Wilson Community Center. John Greeter will give a program on the history of the Greeter Family. The Greeters emigrated from Switzerland to middle Tennessee. The Greeters were in the lumber and hardware business. At one time, the Greeters owned Greeter Falls. The old Greeter Homeplace, occupied in the late 19<sup>th</sup> and early 20<sup>th</sup> centuries, is located on a short spur trail off the main trail leading to Greeter Falls.

**Planning Ahead:**

**Sep 14 -16 - Ghost River Paddle Adventure. Camping in Big Hill Pond State Park, Pocahtontas, TN. Paddling in the Ghost River State Natural Area, near La Grange, TN** on Saturday. Ghost River State Natural Area is a 2,200 acre section of the Wolf River in Fayette County. The Ghost River section of the Wolf River meanders through bottomland hardwood forests of large oaks, cypress-tupelo swamps, and open marshes. The Ghost River provides excellent unique opportunities for observing birds including Snowy Egrets and other wildlife. The paddle is 9 miles and should take about 6 hours. The Ghost River Section of the Wolf River received its name from the loss of river current as the water “flows” through open marshes and bald cypress-water tupelo swamps. Some paddlers have seen ghosts in the gloomy, spooky swamp. The marked canoe trail follows the river from Yager Road Bridge in LaGrange to Bateman Road Bridge. Friday afternoon and Sunday morning we will explore the hiking trails in Big Hill Pond State Park. Park highlights include the 70 foot observation tower that offers panoramic views of Travis McNatt Lake and surrounding area and the long boardwalk that wends through Dismal Swamp. Contact Joan Hartvigsen, [jhartvigs@comcast.net](mailto:jhartvigs@comcast.net), early to get a space in one of the 6 sites we have reserved. Also contact Joan if you plan to just join us for the paddle. We will share community evening meals Friday and Saturday evenings at our campsites.

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## JACKSON CHAPTER

**CHAPTER CHAIR:** Melinda Pearson 731-225-4293  
[jackson@tennesseetrails.org](mailto:jackson@tennesseetrails.org)

**TREASURER:** Anne Goodson 664-1556  
[jacksontreas@tennesseetrails.org](mailto:jacksontreas@tennesseetrails.org)

**SECRETARY:** Terry McCoy 731-535-0625  
[jacksonsecy@tennesseetrails.org](mailto:jacksonsecy@tennesseetrails.org)

**OUTINGS COORDINATOR:** Glen Rognstad 731-217-5966  
[jacksonhikes@tennesseetrails.org](mailto:jacksonhikes@tennesseetrails.org)  
*(call Glen & volunteer to lead an outing)*

**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at Perkins Restaurant, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 6:45 pm

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**Aug 7 - Chapter meeting.** Please join us for dinner at Perkins Restaurant in Jackson, starting at 6:00 pm, followed by a meeting to plan our fall hikes and activities.

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## MEMPHIS CHAPTER

**CHAPTER CHAIR:** Charlie Bright 901-829-4434  
[memphis@tennesseetrails.org](mailto:memphis@tennesseetrails.org)

**VICE-CHAIR:** Francis Ruffin 662-781-5034  
[memphisvice@tennesseetrails.org](mailto:memphisvice@tennesseetrails.org)

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No hikes planned. See you in September!

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### Board Positions for 2018

We currently have three open board positions for 2018: West Tennessee Regional Director, and two members to serve on the board. If 2018 is your year to serve, please contact one of the officers or regional directors to submit your name for further consideration by the nominating committee and the entire board of directors.

We still have some committee positions open to members. These positions were created as part of the bylaws revision in October 2017 in an effort to engage members who wanted to serve the organization but not have responsibility as a board member. Open committee positions are noted below.

**Nominating Committee.** The Nominating committee is responsible for the long term development of leadership within the organization, and to provide a slate of qualified candidates for election to the board at each Annual Membership Meeting, and to recommend qualified replacements for any vacancies that may occur. 2 positions open for members and a member willing to serve as the West Tennessee Regional Director

**Audit Committee.** The duties of the Audit Committee shall be to oversee policy compliance, conflicts of interest, ethics, and program integrity. They shall select, retain, oversee, and interact with the auditors for the Association. The Auditors shall report directly to the Board. Audit Committee - two board positions and several positions for members are available on this committee.

**Awards Committee.** This committee shall recommend to the Board candidates for the various recognition awards provided by these bylaws. The chair of this committee shall be the Vice President. two board positions and several positions for members.



# Individual Registration Form for Annual Meeting October 26 – 28, 2018

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

**Registration:** \_\_\_\_\_ @ \$25.00 each      Total \_\_\_\_\_

**Lodging in Cabins** (Men's and Women's; Cabins are clean, air conditioned, partially partitioned for some privacy, have sitting areas and showers. Bring own linens.)

Friday night \_\_\_\_\_ \$29.00 per person \_\_\_\_\_

Saturday night \_\_\_\_\_ \$29.00 per person \_\_\_\_\_

**Camping:** \$15.00 flat rate per person for the weekend. (Showers available in the Pool House)

**Meals:**

Friday dinner \_\_\_\_\_ \$13.00 \_\_\_\_\_

Saturday breakfast \_\_\_\_\_ \$9.00 \_\_\_\_\_

Saturday sack lunch \_\_\_\_\_ \$9.00 \_\_\_\_\_

(Choice of turkey, or peanut butter/jelly sandwich—please circle choice)

Saturday dinner \_\_\_\_\_ \$13.00 \_\_\_\_\_

Sunday breakfast \_\_\_\_\_ \$9.00 \_\_\_\_\_

Please check if you prefer vegetarian meals for Friday and Saturday dinners. \_\_\_\_\_

Total Enclosed \_\_\_\_\_

***Due to scheduling requirements at Brandon Springs, Registration Deadline is October 5, 2018.  
NO REFUNDS after that date.*** (Consider it your contribution to TTA.)

Make checks payable to TTA and mail this form with remittance to J.R. Tate, 4713 Chester Harris Road, Woodlawn, TN 37191.

For questions: Phone 931-220-1359 or email *modelt770@gmail.com*.

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## MURFREESBORO CHAPTER

**CHAPTER CHAIR:** Tony Jones 615-397-4463  
*murfreesboro@tennesseetrails.org*

**TREASURER:** Sara Pollard 615-714-3610  
*murfreesborotreas@tennesseetrails.org*

**PROGRAM COORDINATOR:** Valerie Galan 615-516-6441  
*murfreesboroprogram@tennesseetrails.org*

**HIKE & MEMBERSHIP COORDINATOR:**  
Jennifer Zahn 615-943-8853  
*murfreesborohikes@tennesseetrails.org*

**BLOGMASTER**  
Craig McBride 615-394-6121  
*murfreesboroblog@tennesseetrails.org*

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT, Barfield-  
Crescent Park's Wilderness Station, 697 Veterans  
Parkway, Murfreesboro

**BLOG:** [www.tennesseetrails.org/blog/murfreesboro](http://www.tennesseetrails.org/blog/murfreesboro)

**Aug 5 – Normandy Lake Canoe or Kayak Paddle. Joint activity with the Highland Rim chapter.** Joan Hartvigsen of the HR chapter will lead us on a paddle from the Warren Chapel Boat Ramp on Normandy Lake to Short Springs State Natural Area's Machine Falls and Ovoca Falls. Another option is to paddle from the boat ramp toward Old Stone Fort State Park and visit Crumpton Creek Falls and other waterfalls flowing into Normandy Lake. Meet at 8:00 am CT at the Dollar General Store at 1832 McArthur Street (Hwy 55) to caravan to the put in. Bring lunch and plenty of water. For more information or to sign up, contact Sara Pollard at 615-714-3610 or [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com).

**Aug 11 – Stones River National Battlefield, Murfreesboro. 3.6 mile loop trail. Easy.** The trail is flat and there are access points to leave the trail. This loop hike goes throughout the preserved portion of the battlefield where the Union and the Confederacy battled for control of the road and railroad connecting Nashville with states to the south. With troops totaling more than 80,000 men combined, the two armies fought during the three day period, starting December 31, 1862. If time permits, we'll visit the visitor center for a slide show and displays about this battle and the Civil War. For more information or to sign up, contact Jennifer Zahn at 615-943-8853 or [jenzahn@gmail.com](mailto:jenzahn@gmail.com). Pack lunch, water, snacks.

**Aug 14 – Chapter Meeting.** Dr. Ryan Otter Assoc. Professor in the Biology Dept at Middle Tennessee State University will be our guest speaker on the subject of "Is coal ash toxic? Investigations from the ash spill in Kingston Tennessee." Coal burning power plants are responsible for the production of ~40% of the electricity in the US. As a by-product of this process millions of tons of residual fly ash are also produced. On December 22, 2008, an impoundment failure at the TVA's Kingston Fossil Plant (Kingston, Tennessee) resulted in the largest coal ash spill in US history releasing approximately 1,000,000,000 gallons of coal ash into the Emory River. As a result a full scale sampling campaign was conducted to assess what constituents of coal ash were of concern and whether they were at concentrations considered to be toxic. During his presentation, Dr. Otter will discuss his findings and those from other scientists that investigated this spill.

Murfreesboro Chapter con't.

**Aug 18 – Buggytop Trail and Natural Bridge. Sewanee. 4.5 miles. Moderate.** We will hike to Lost Cove Cave's Buggytop entrance. This is one of the plateau's most impressive cave entrances. The mouth of the cave is carved out of a 150-foot cliff. After hiking the Buggytop Trail, we will stop at the Sewanee Natural Bridge State Natural Area to see the largest known natural bridge in the South Cumberland area. The University of the South donated the bridge property which has a span of 50 feet and a height of 27 feet. There is a view into Lost Cove from the top. We plan have lunch in Sewanee at Shenanigans Restaurant. For more information or to sign up, contact Sara Pollard at 615-714-3610 or [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com).

**Aug 24-26 – Hiwassee/Ocoee Scenic Rivers State Park, Delano, TN. Camp, "duckie", hike and kayak weekend. Joint activity with Highland Rim Chapter.** We have reserved four campsites which accommodates 8 small tents. Contact Joan Hartvigsen early to reserve a spot, [jhartvigs@comcast.net](mailto:jhartvigs@comcast.net) or 931-962-0811. Friday afternoon we will use our kayaks to float the Hiwassee from the Reliance Bridge to the ramp inside our campground. Saturday we will rent inflatable Funyaks ("Duckie") from Hiwassee Outfitters, (423)338-8115, to float the Hiwassee River from below the Appalachia Powerhouse to the Reliance Bridge. \$30.00 plus tax to rent a one person "Duckie". Our group will go on the 2:00 pm "duckie" float. Please call to reserve your own "duckie" for the Saturday float. We will go on a short hike prior to our afternoon float. We will hike "Falls of the Scenic Spur", 3 miles round trip. Sunday we will float the lower Ocoee River from Sugarloaf Mountain Park boat launch to Nancy Ward Boat Launch. Sugarloaf Mountain Park is located on U.S. Hwy 64 near the junction of Hwy 64 and Hwy 314. The takeout is at Nancy Ward Gravesite State Park on Hwy 411, 3.5 miles from the junction of Hwy 64 and Hwy 411. The float is 7.5 miles and we will need to wait until late morning for good water flow. Then the float will only take about 3.5 hours. Friday and Saturday evenings we will share a community meal. Details later. Remember hiking boots and sticks for the hike as well as water shoes and everything else needed for whitewater "duckie" float and the kayak floats on the Hiwassee and lower Ocoee Rivers. Remember food for breakfasts and lunches.

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## NASHVILLE CHAPTER

**CHAPTER CHAIR:** Doug Burroughs 615-283-0507  
*nashville@tennesseetrails.org*  
**OUTINGS COORDINATOR:** Nancy Juodenas 615-319-8811  
*nashvillehikes@tennesseetrails.org*  
*(email Nancy & volunteer to lead an outing)*  
**MEETS MONTHLY:** 4<sup>th</sup> Tuesday at 7:00 pm CT in the REI  
Community Room, 261 Franklin Road, Brentwood. For  
directions, visit: [www.tennesseetrails.org/nashville.php](http://www.tennesseetrails.org/nashville.php)  
**BLOG:** [www.tennesseetrails.org/blog/nashville](http://www.tennesseetrails.org/blog/nashville)

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**Aug 4 - Couchville Lake Loop, Long Hunter State Park, 2910 Hobson Pike, Hermitage, TN. 2 miles. Easy.** 11:00 am. This paved trail circles Couchville Lake, which lies adjacent to Percy Priest Lake. The path winds through woods and has many side trails leading to small piers on the lake's edge. Tree and plant-identification signs enhance the experience. A 300-foot bridge spans the lake and offers panoramic views. We will travel through a cedar glade and may see wildlife on the lake and in the woods. Bring a sack lunch and we will picnic in the park after the hike. The TTA Board meeting will follow this hike at the Visitor's Center. No need to preregister, but call Libby Francis, 615-319-7501 for more info.

**Aug 11 - Warner Parks, Nashville, TN. 9 miles. Moderate.** Hike 3 trails. Meet at Warner Park Nature Center, 7311 Highway 100, Nashville, TN 37221 at 7:00 am. First trail is Harpeth Woods 2.5 miles, to Cane Connector 1 mile, to Mossy Ridge 4.5 miles, then Cane Connector 1 mile back to Nature Center. Register with Betty Magee. 615-319-5394, e-mail [monetfan455@yahoo.com](mailto:monetfan455@yahoo.com).

**Aug 28 - It's time for our annual Show and Tell meeting!** Members and friends ARE the program - along with pictures of your adventures on trails, from Tennessee to Timbuktu. You're welcome to bring your photos on a thumb drive (best), CD or hard copy. The more the merrier! Please sign up in advance for this with Nora Beck, ([norellibee@gmail.com](mailto:norellibee@gmail.com) or 615-517-6486) so we can apportion time fairly to all who want to show photos. Bring friends, too, and prepare to be inspired as the prospect of cooler weather brings new incentive to get out there.

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## PLATEAU CHAPTER

### (Crossville)

**CHAPTER CO-CHAIRS:** Bruce Whitehead 941-716-3620  
Bob Obohoski 931-456-4282  
*plateau@tennesseetrails.org*  
**TREASURER:** Gena Whitehead 941-716-3620  
*plateautreas@tennesseetrails.org*  
**MEETS MONTHLY:** 2nd Thursday at 6:00 pm CT  
**BLOG:** [www.tennesseetrails.org/blog/plateau](http://www.tennesseetrails.org/blog/plateau)

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There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information and to register for any of the listed hikes, contact the hike coordinator, Deb Westervelt, email [plateauhikes@tennesseetrails.org](mailto:plateauhikes@tennesseetrails.org) or text/call 931-267-2243, unless otherwise noted. For a list of monthly hikes, visit the Plateau Chapter Blog.. **Check the blog one hour prior to hike time for cancellation or for any other updates/changes to our schedule before hiking.**

**Aug 1 – Rock Island State Park, Rock Island, TN.** Hike the Collins River Loop Trail for an easy 2.7 miles, then another 1.4 miles on Eagle Trail to the Blue Hole, and then drive to the other side of the river and hike another mile or so on the upstream and/or the downstream trails. Bring lunch and water. If the group wants, we can stop at RI gas station restaurant for dessert after the hikes. Depart Tractor Supply at 7:30 am CT. Carpool cost is \$7.

**Aug 4 – Big South Fork, Stearns, KY.** We will hike in and out to Bear Creek Overlook 0.6 miles and Split Bow Arch 0.8 miles, then hike Bear Creek Loop Trail along the Big South Fork Cumberland River for approximately 2 miles before retracing our steps for a total of 5.5 moderate miles. Depart 7:30 am CT from the Crossville Outlet Mall. Carpool cost is \$10.

**Aug 8 – O&W Bridge/Devil's Den in Big South Fork, Jamestown, TN.** This is a 5-6 mile moderate to difficult hike with a strenuous 1/2 mile ascent to Devil's Den. Depart Cracker Barrel at 7:30 am CT. Gas cost \$7. Bring water, lunch and snacks. For additional information contact Bruce Whitehead at [trailwalker80@gmail.com](mailto:trailwalker80@gmail.com).

**Aug 9 - Plateau Chapter Meeting.** 6 pm CT at First United Methodist Church Annex, 69 Neecham Street, Crossville. Program will be on Camp Ozone by Brent Woodward. Join us for dinner beforehand at 5 pm CT at Bootleggers Bar and Grill, 287 HY 70 E (across from Big John's BBQ). Contact Chapter Chair, Bruce Whitehead, 941-716-3620 or email [plateau@tennesseetrails.org](mailto:plateau@tennesseetrails.org) if you intend to join us for dinner.

**Aug 11 – CT Daddy's Creek Section, Crab Orchard, TN.** Hike is 7.5 moderate miles from the southern trailhead on Hebbertsburg Road near the TVA power lines to the trailhead at East Keyes Road. We will hike through the woods passing a rock house and walking along Daddy's Creek. There is an elevation change of 324 feet. This hike will require an 8-mile car shuttle. Depart at 7:30 am CT from the Crossville Outlet Mall. Carpool cost \$2. For additional information, contact Bruce Whitehead at [trailwalker80@gmail.com](mailto:trailwalker80@gmail.com) or Cheryl Heckler at [thehecklers@charternet.net](mailto:thehecklers@charternet.net). *con't on next page*



## Plateau Chapter – con't.

**Aug 15 – Cardwell Mountain, McMinnville, TN. 5.5 mile loop. Moderate to difficult.** Cardwell Mountain is a detached piece of the Cumberland Plateau that rises 1000 feet above the scenic Collins River. A part of the historic Trail of Tears, the trail climbs to the massive bluffs and boulders atop the mountain. Depart from Tractor Supply at 8:00 am CT. Carpool is \$6. Bring lunch, water and snacks. For additional information and contact Bruce Whitehead at [trailwalker80@gmail.com](mailto:trailwalker80@gmail.com).

**Aug 22 – Scott's Gulf, DeRossett, TN.** Welch's Overlook, Joe Holloway Rockhouse, and Yellow Bluff trail for 4-5 moderate hiking miles. Bring lunch, water and snacks. Depart from Tractor Supply at 8:00 am CT. Carpool cost is \$5.

**Aug 29 – Rock Creek Loop, Big South Fork, Jamestown, TN. 7 miles. Moderate.** The hike follows Rock Creek and an old railroad bed. We depart Cracker Barrel at 7:30 am CT. Carpool cost is \$7.

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### SOUTH CUMBERLAND STATE PARK NEEDS VOLUNTEERS

Help Ranger Jason Reynolds build a NEW trail in the recently-acquired Sherwood Forest area of the park! And then meet Ranger Jason at what will become the trailhead for this amazing new 3-mile day loop trail, with incredible bluff views!

Trail work in Denny Cove is making good progress, but key sections still incomplete, and until they are finished, Denny Cove area of the park can only be open on weekends. Our Seasonal Ranger, Spencer Baxter, needs your help to complete a sustainable, long-lasting trail system in this new area of the park! Trail work will last approximately four hours.

**Not all trail projects involve moving rocks!** There are plenty of less strenuous jobs, like brush trimming, raking trail corridor, and leveling soil. If you would like to volunteer to help get any of these trails in shape, contact the rangers-in-charge or visit the Volunteer Opportunities page of the Friends' website. Be sure to dress for the weather, wear sturdy shoes, and bring your favorite pair of work gloves, water, snacks and/or lunch. Necessary tools and equipment will be provided, but feel free to bring your favorite tool!



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## SODDY-DAISY CHAPTER

**CHAPTER CHAIR:** Jean Smith 423- 596-7681  
[soddydaisy@tennesseetrails.org](mailto:soddydaisy@tennesseetrails.org)  
**TREASURER:** Robertson (Bob) McGavock 423-667-2960  
[soddydaisytreas@tennesseetrails.org](mailto:soddydaisytreas@tennesseetrails.org)  
**HIKE COORDINATOR:** Patricia Appleton 423-332-6517  
[soddydaisyhikes@tennesseetrails.org](mailto:soddydaisyhikes@tennesseetrails.org)  
**MEETS QUARTERLY:** 1st Tuesday in Jan, Apr, Jul, Oct at  
6:00 pm ET at Burk's United Methodist Church, 6433  
Hixson Pike, Hixson  
*Additional information may be seen at our web site:*  
<http://www.tennesseetrails.org/blog/soddydaisy>

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**Aug 4 - Savage Gulf- North Rim** in and out. Up to 10 miles depending on how far you choose to go. Need Hike leader.

**Aug 7 - Laurel Falls. 4 miles RT, Easy to moderate.** Rene Grace, 423-593-8128.

**Aug 11 - Cumberland Trail- Sluder Lane to Deep Creek** returning to Sluder Lane via the rock climbers lot. About 7 miles. Hike leader John Politte.

**Aug 14 - Ford Trail/North Creek Trail/Lula Falls Trail/ High Adventure and back by the Middle Creek Trail. 4 miles. Moderate.** Hike Leader: Trish Appleton.

**Aug 18 - Pot Point Nature Trail** starts from the parking lot across the road from the Pot House. The trailhead is on the left. 4.3 miles, moderate with an 800 ft climb, looping back down to cross the road where it runs along the river with beautiful views. Can be muddy on the river segment after a flooding rain. Need Hike Leader.

**Aug 21 - Piney Falls- North of Spring City, On Firetower Rd. 3 miles. Easy** except for one rock where you have to sit down but not a problem. Goes to a beautiful water fall you can walk behind. Hike Leader Trish Appleton.

**Aug 25 - Piney River Trail, Cumberland Trail from Mowbray Pike to Sluder Lane. About 5 miles.** Hike leader John Politte 423-304-8327.

**Aug 28 - Signal Point to Rainbow Lake looping back to Rainbow Falls Trailhead., 3 miles.** Stage Cars Trish Appleton 423-332-6517.

If hike leaders need maps I can provide them in most cases. *Trish*

### Planning Ahead:

**November 6-8 - Fall Trip to Standing Indian staying at the Hinton Center in Haysville, NC**

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## SUMNER TRAILS CHAPTER

CHAPTER CHAIR: Lynn Takacs 615-479-7702  
*summer@tennesseetrails.org*

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**Bledsoe Creek State Park** - Chapter member, Les Cleveland, will continue to lead hikes at Bledsoe Creek State Park on Thursdays (2, 9, 16, 23, 30) in August. Meet at the Ranger Station, 400 Zieglers Fort Rd, Gallatin, TN 37066 at 9 am. Contact: Les Cleveland e-mail: *lesclev@gmail.com* or text/call at 615-719-0031.

### SEEKING NOMINATIONS

TTA is seeking nominations for awards to be presented at the annual meeting in October. We annually present the Tennessee Trails Award and the Bill Stutz Awards. **The Bob Brown Lifetime Achievement Award** is awarded periodically to those with a lifetime of leadership and extraordinary contributions.

Please send written nominations for the TTA awards to a member of the awards committee: Joan Hartvigsen, Garnett Rush, or Linda Latter. Alternately, please send the written nomination to one of the chapter chairs or to one of the TTA officers. Nominations should include contact information for the person making the nomination, a full name and address of the nominee and a paragraph stating why the person should be nominated for the award.

**Tennessee Trails Award.** This award is presented for outstanding contributions to the Association or for the furtherance of trails and natural resource programs and opportunities within Tennessee.

**Bill Stutz Award.** The Association gives this award in honor of the late Bill Stutz, past TTA member and beloved hiker. Any chapter (or voting member) can make a nomination to the Board for the recipient of this award. The award is to be presented to an active hiker for his or her individual contribution to the Association or one its chapters.

**Bob Brown Lifetime Achievement Award.** The Board of Directors of the Association established this award to honor the extraordinary lifetime leadership and personal contributions of Bob Brown to hiking and conservation in the State of Tennessee. The Board may give a Bob Brown Award from time to time to others for lifetime leadership and contributions that it finds equally extraordinary.

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## UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CO-CHAIRS: Jennifer Carroll 661-369-6619  
*uppercumberland@tennesseetrails.org*

HIKE COORDINATORS: Cathy Moran 931-544-2764  
*uppercumberlandhikes@tennesseetrails.org*

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No hikes scheduled. See you in September!

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### TTA Third Quarter 2018 Board of Directors Meeting Long Hunter State Park Visitor Center 2910 Hobson Pike Hermitage Saturday, August 4 1:00 PM – 4:15 PM

Welcome and Introductions

TennGreen Presentation

Secretary's Report – Jackie York

- Approval of the Minutes of the May 2018 Board meeting

Treasurer's Report – Kathy Woods

Membership Report – Cheryl Heckler

Committee Reports

- Bylaws Committee Report
- Communications Committee Report
- Nominating Committee
- Awards Committee – Board to approve recipients.

Old Business

- 2018 Annual Meeting Update
- Website Update

New Business

To add items to this agenda, please contact TTA President, Carolyn Miller, TTA Vice President, Linda Latter or one of the TTA board members or chapter chairs.

All board meetings are open to any TTA member and the public.

Only board members are eligible to vote on motions before the board.

## OFFICERS:

### President

Carolyn Miller 931-839-3213  
*president@tennesseetrails.org*

### Vice-President

Linda Latter 615-419-4845  
*vicepresident@tennesseetrails.org*

### Treasurer

Kathy Woods 615-473-6824  
*treasurer@tennesseetrails.org*

### Secretary

Jackie York 615-294-8241  
*secretary@tennesseetrails.org*

## At-large Directors (terms expiring listed after name)

Carolyn Miller (2018) 931-839-3213  
*president@tennesseetrails.org*

Jackie York (2018) 615-294-8241  
*secretary@tennesseetrails.org*

Kathy Woods (2018) 615-473-6824  
*treasurer@tennesseetrails.org*

Jim Poteet (2019) 931-924-7666  
*board@tennesseetrails.org*

Vacancy (2019)  
*board@tennesseetrails.org*

Vacancy (2019)  
*board@tennesseetrails.org*

Cheryl Heckler (2020) 931-200-7436  
*membership@tennesseetrails.org*

Linda Latter (2020) 615-419-4845  
*board@tennesseetrails.org*

Vacancy (2020)  
*board@tennesseetrails.org*

## Regional Directors

### West TN

Vacancy (2020)  
*westregional@tennesseetrails.org*

### Middle TN

Joan Hartvigsen (2019) 931-962-0811  
*midleregional@tennesseetrails.org*

### East TN

Garnett Rush (2018) 865-268-5181  
*eastregional@tennesseetrails.org*

CHAPTER REPRESENTATIVES ON THE BOARD  
ARE LISTED WITHIN EACH CHAPTER'S HEADER

### Newsletter Editor

LouAnn Partington 931-393-4835  
*editor@tennesseetrails.org*

## 2018 TTA Board of Directors Meetings

Saturday, Aug 4:1 PM

Long Hunter State  
Park Visitor Center  
2910 Hobson Pike  
Hermitage

Sunday, Oct 28: 9 AM

Brandon Springs  
Group Center, Dover.



## Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on the 10<sup>th</sup> of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:  
*editor@tennesseetrails.org*

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster for inclusion on the TTA website.

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**  
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.  
**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .**

- A NEW MEMBER**  
 **RENEWING MY MEMBERSHIP**

Aug 18

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

Memberships are for one year, unless you have a Lifetime Membership.  
Gift Memberships are also available. Contact our Membership Director,  
Cheryl Heckler 931-200-7436 [membership@tennesseetrails.org](mailto:membership@tennesseetrails.org)

**PLEASE, PRINT CLEARLY.**

- \_\_\_ Individual \$25.00  
\_\_\_ Family \$35.00  
\_\_\_ Student (FULL TIME) \$15.00  
\_\_\_ Supporting (\$50.00, \$100.00 or more)  
\_\_\_ Life Member (Individual) \$500.00  
\_\_\_ Life Member (Family) \$750.00

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
Home Phone (\_\_\_\_\_) \_\_\_\_\_ Zip \_\_\_\_\_ -- \_\_\_\_\_  
Cell Phone (\_\_\_\_\_) \_\_\_\_\_  
e-mail \_\_\_\_\_

- Please do not list my e-mail address in the TTA Annual Membership Directory  
 I would like to receive my newsletter by email.

Please list me with the following chapter:

- \_\_\_ Clarksville  
\_\_\_ Columbia/Franklin  
\_\_\_ East TN (Oak Ridge/Knoxville)  
\_\_\_ Highland Rim (Manchester/Tallahoma)  
\_\_\_ Jackson  
\_\_\_ Memphis  
\_\_\_ Murfreesboro  
\_\_\_ Nashville  
\_\_\_ Plateau (Crossville)  
\_\_\_ Soddy Daisy  
\_\_\_ Sumner Trails (Sumner County)  
\_\_\_ Upper Cumberland (Sparta/Cookeville)  
\_\_\_ At Large

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements; (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings, scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

**As a member of TTA, you are welcome to attend any/all TTA hikes or functions.**  
**Not a member yet? Please check out one of our hikes or meetings soon!**