

# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.*

SPONSOR FOR THE CUMBERLAND TRAIL



## IN MEMORIAM – BERTHA CHRIETZBERG

With the death of Bertha Chrietzberg we lost a true friend and one of the earliest leaders in what became Tennessee Trails Association and the Cumberland Trail Conference. This amazing little woman was honored at two TTA Annual Meetings, both of which were held at DuBose Conference Center, Monteagle. The two events were the 2005 TTA Annual Meeting Founders Banquet and the 2010 TTA Annual Meeting for her lifelong achievements to the environment and TTA. She was described in the 2010 awards speech as a "true jewel of the Tennessee Trails" ... "and her environmental teaching has trickled down through generations. Her love and passion for education, conservation and preservation continues to be contagious."

It was not generally known that Bertha had polio as a young woman which left her with some physical problems the rest of her life. A less determined person would have let this deter them from hiking, canoeing, kayaking and the active lifestyle she chose. Yet she never complained and only her closest friends and her family knew. One of my favorite memories of Bertha is when we shared a cabin overnight at Edgar Evins State Park. Bertha was there to lead a wildflower hike for the Celebration of Spring. She was in her 80s then! We had such a good time as she told many amusing stories while we snacked on crackers and cheese. We giggled like school girls! She was a lot of fun and had so much knowledge to share on a number of subjects.

There was never a wildflower she didn't like which led to her traveling the world in search of rare species to photograph and catalog. She almost single handedly saved the Black Fox Wetlands in Murfreesboro. She was responsible for founding a system of Chapters in TTA and founded the first one in Murfreesboro. She named the Fiery Gizzard Trail. These are just a few of her accomplishments that have benefited all of us. Her obituary listed many but not all of the organizations in which she was a member, most of which were related to the outdoors and environment. It was significant that each of her pall bearers represented one of these organizations she had served and loved. Fount Bertram had the privilege of being selected by her family as the pall bearer from TTA and CTC. Several members of the Murfreesboro Chapter of TTA were present.

Anna Bertram



*Robbie Hassler, Mack Prichard, Bertha Chrietzberg at 2005 Annual Meeting*

Bertha Clark Chrietzberg, age 97, of Murfreesboro passed away on Tuesday, September 5, 2017. She was preceded in death by her husband, James Chrietzberg, Jr. and her son, James Dugger Chrietzberg. She is survived by her daughters, Dinsie Hale (Clyde) of Murfreesboro and Susan Chrietzberg (Ted Wood) of Memphis; grandchildren, Gia Trevino (Adrian), April Hale (Jason Jones), and Maggie Chrietzberg; and two great-grandchildren.

Mrs. Chrietzberg was raised in Alabama and spent 27 years traveling with her husband, Jim, as he served in the U.S. Army. They eventually settled in Murfreesboro where they both taught at MTSU. Mrs. Chrietzberg was a longtime member of St. Mark's United Methodist Church.

Mrs. Chrietzberg was a dedicated conservationist, teacher, mentor, and a genuine example of the power each one of us has to make a positive change in this world. She was involved in many environmental and naturalist organizations, including Tennessee Trails Association, Tennessee Scenic Rivers Association, Tennessee Native Plant Society, and Friends of the Greenway. She was awarded the Tennessee Governor's Award for Excellence - Robert Sparks Lifetime Achievement Award (2007), Tennessee Environmental Educator's Association Distinguished Service Award (1997), and the Tennessee Trails Bob Brown Lifetime Achievement Award (2011).

In lieu of flowers, memorials may be made to the Friends of Murfreesboro Greenway, Stones River Watershed Association, Tennessee Native Plant Society, Tennessee Scenic Rivers Association, Tennessee Trails Association, Tennessee Environmental Education Association or Girl Scouts of Middle Tennessee.



Office Location 409 Thurman Avenue,  
Ste 102  
Crossville, TN 38555  
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..... 10 am – 3 pm CT  
Phone: ..... 931-456-6259  
Office Staff: ..... Teresa Kemmer  
Email: [ctcoffice2014@gmail.com](mailto:ctcoffice2014@gmail.com)  
Website: [www.cumberlandtrail.org](http://www.cumberlandtrail.org)

**CTC has a new office manager:** Teresa Kemmer. Teresa is a Crossville native, avid hiker and outdoors woman. Teresa replaces Marianne Mailhiot who has resigned her office manager position with CTC to pursue other interests. CTC thanks Nora Beck for her work during the transition to coordinate the AHS Hiking Vacation and the Trail Master Training.

**Want to help build the Cumberland Trail?** Then join our trail building team on one of the regular trail days. Contact CTC office for current work site locations and to volunteer to join the crew. Training always provided.

**Trail Crew News.** We have consolidated the Southern Crew into the Central for this fall. The Central Crew and volunteers will now focus on completing the four miles remaining within Daddy’s Creek gorge in Catoosa WMA.

**Not a trail builder, but want to volunteer in other ways?** Consider being a cook during a planned program, hosting a group as a Camp Dad or Camp Mom, volunteer at the CTC office, or contact us with how you think that you can volunteer to serve CTC and help to build the Cumberland Trail.

## Save the dates!!

### Week of February 11 – 17, 2018

Master Trail Building Training Certification. February 11 – 15 and Master Trail Building Mechanized Training February 16 – 17. Scheduled for the Crossville area. Contact the CTC office for more information and to register.

### March 4 – March 31, 2018

Spring Break Program (Alternative Spring Break) – Camp Ozone, Crossville area.

**Not sure how you can help build the Cumberland Trail? Contact us and we will find a place for you.**

## CLARKSVILLE CHAPTER

**CHAPTER CHAIR:** Ken Johnson 865-803-4371  
[clarksville@tennesseetrails.org](mailto:clarksville@tennesseetrails.org)  
**CHAPTER VICE-CHAIR:** Paul Schwab 931-801-9484  
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**TREASURER:** Mary Schwab 931-645-9068  
[clarksvilletreas@tennesseetrails.org](mailto:clarksvilletreas@tennesseetrails.org)  
**SECRETARY:** Donna Burdick 931-220-8497  
[clarksvillesecy@tennesseetrails.org](mailto:clarksvillesecy@tennesseetrails.org)  
**OUTINGS COORDINATOR:** Paul Schwab 931-801-9484  
[clarksvillehikes@tennesseetrails.org](mailto:clarksvillehikes@tennesseetrails.org)  
*(call Paul & volunteer to lead an outing)*  
**MEETS MONTHLY:** 3<sup>rd</sup> Tuesday at 6:00 pm CT,  
Crow Community Center, 211 Richview Rd.  
*Additional information may be seen at our web site:*  
<http://www.tennesseetrails.org/blog/clarksville>

**Please call hike leaders to confirm hike time and meeting place.**

**Nov 4 - Stones River Greenway from Wave Country Trailhead to Kohl’s Trailhead. 4.9 miles. Easy.** Add 0.5 miles if you want to walk across the Cumberland River Pedestrian Bridge. Paul Schwab 931-801-9484. Meet 8:00 am CT, I 24 Exit 11 commuter parking lot. 42 miles to trailhead.

**Nov 11 - McGregor Park to Ft. Defiance and back. 2.7 miles. Moderate.** Eat at Wendy’s after the hike. Suva Bastin 931-645-2849. Meet 9:00 am CT.

**Nov 18 - Liberty Park, Clarksville. 3.5 miles. Easy.** Ken Johnson 865-803-4371. Meet 9:00 am at the Liberty Park Pond parking area.

**Nov 21 - Monthly Chapter Meeting.**

**Nov 25 - After Thanksgiving hike, Rotary Park, Clarksville. 4 mile loop. Moderate.** Bob Lyon 931-648-2354. Meet 9:00 am CT, first shelter on left after entering park.

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## COLUMBIA/FRANKLIN CHAPTER

**CHAPTER CHAIR:** To be determined

*columbia@tennesseetrails.org*

**HIKE COORDINATOR:** Jane Coffey 615-516-6551

*columbiahikes@tennesseetrails.org*

**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at Super China Buffet, 5228 Main St., #B1, Spring Hill, TN 37174. Socializing and dinner at 6:00 pm CT; meeting starts at 7:00 pm.

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Please check the TTA website for updates on our hikes.

**Nov 11 - Radnor Lake State Park** is a 1,332-acre park and is protected as a Class II Natural Area. It is unique due to the abundance of wildlife viewing opportunities, environmental education programs, hiking opportunities and its location in an urban area. There are many opportunities to hike this beautiful trail. There are two ridges for the more adventurous hiker (Ganier Ridge and South Cove Ridge) as well as the Lake Trail and the South Lake Trail. We will meet at 8 am at the Radnor Lake Conservation Center and set out from there. Hopefully we will catch sight of the white fawn. For those who wish to hike the lower trails at Radnor Lake, contact Ellen Clark: 615.482.3605 or *ercclark@aol.com*. For those who wish to hike Ganier Ridge and South Cove Ridge, contact Lou Laratta at *loularatta@gmail.com*.

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### South Cumberland State Park Needs Volunteers

South Cumberland has now become Tennessee's largest state park. Many of you hike and spend time there. We have many volunteer opportunities available for you. A new Trail Friends program has begun to train volunteers to be at trailheads to distribute information and advise conditions of the trails. We have a trail assessment program in which we are assessing the needs of each trail. South Cumberland has acquired 2 large new tracts - Denny's Cove and Sherwood Tract. Both require trail building efforts to open the trails to the public. All these opportunities would be a great way to give back to the park, meet other volunteers, and have fun. We need you! If you can volunteer, go to the Friends of South Cumberland website and sign up or email Marietta Poteet, Volunteer Coordinator at *nannietta429@gmail.com*.

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## EAST TN CHAPTER (Oak Ridge / Knoxville)

**CHAPTER CHAIR:** Rosemary Marshall 865-985-9144

*easttennessee@tennesseetrails.org*

**WEBMASTER:** Sherry Barber 865-209-6189

*sbarber6189@comcast.net*

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**Nov 4 - Lumber Ridge and Spruce Flats Falls Trails, GSMNP. 8.2 miles. Moderately difficult.** We will hike Lumber Ridge trail from the Tremont Environmental Center for 4.1 miles, gaining 1250 feet in the first 2.3 miles then losing 250 feet by the time we reach Buckhorn Gap at the intersection of Meigs Creek and Meigs Mountain trails. We will then take an unmarked trail to Spruce Flats Falls and from there the Spruce Flats Falls trail to the Environmental Center. You will have to cross several small creeks and may get your feet wet. We recommend shoes to wear to and from the hike plus sturdy hiking shoes, other appropriate clothing, a snack, something to drink and a camera. After the hike plan on stopping on the way back for a meal and refreshments. We will meet in the Bearden Central Baptist Church parking lot for car-pooling and leave at 8:30 am ET, stopping at the Browns Creek Shopping Center parking lot nearest the Sonic at 1707 E. Lamar Alexander Pkwy. This is across the street from the Hardee's, near the hospital in Maryville. We will leave there at 9:00 am ET. Please bring \$\$\$'s for car-pooling. For specific information about the hike please call Tom Cressler at 865-974-4422 or leave a message at 865-588-5622 or send an email to *cressler@utk.edu*.

**Nov 11 - Wheat Community Hike, Roane Co. 6 miles.**

The Wheat community existed before Oak Ridge was built. All that remains is a very historic cemetery and wooden church. Wheat is now part of the BORCE. Our hiking will be on dirt road and woodland trail. Even with our late start, there will still be time for dinner in Oak Ridge if so desired. Bring water, snacks and rain gear, sturdy hiking boots are recommended. Meet at Books a Million on Illinois Ave in Oak Ridge at 12 noon to carpool. Park on the Illinois side of the lot. Leader Chris Hamilton *hikeintenn@gmail.com*.

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## HIGHLAND RIM CHAPTER

### (Coffee and Franklin Counties)

CHAPTER CHAIR: Mary Etta Ward 931-581-9906

*highlandrim@tennesseetrails.org*

SECRETARY Tanja Kendrick 931-224-6225

TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666

*highlandrimtreas@tennesseetrails.org*

### OUTINGS & PROGRAM COORDINATOR & NEWSLETTER

CONTACT: Joan Hartvigsen 931-962-0811

*highlandrimhikes@tennesseetrails.org*

*(contact Joan & volunteer to lead an outing)*

MEETS MONTHLY: 4<sup>th</sup> Monday at 7:00 pm CT at the D. W.

Wilson Community Ctr., 501 N. Collins St., Tullahoma.

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### Nov 10-12 – Fort Mountain State Park, Chatsworth, GA. Camping and Hiking Weekend.

Hike leader is Michael Glennon, *kb4jhu@arrl.net* or 931-571-0502. Friday after we set up camp we will go on the West Overlook Trail/CCC Stone Tower Trail Loop. One mile loop, easy. Saturday we will hike the Gahuti Trail, an 8.2 mile loop rated moderate. The Gahuti Trail (Cherokee for “mother mountain”) explores the beautiful backcountry of the park, catching incredible long range views from several towering overlooks. The Gahuti Trail passes just below the summits of both Cohutta and Fort Mountains. Many steep ups and downs. Sunday after we take down tents we will hike the easy Lake Trail, a 1.2 mile loop. We have reserved four walk up tent sites. Nearby hot showers, sinks and flush toilets. Each site includes picnic table, fire ring and metal bear proof container to store food. Contact Joan Hartvigsen, *jhartvigs@comcast.net* or 931-962-0811 to reserve space in a campsite. Potluck dinner Friday night. Joan is bringing homemade stew for everyone and a camp stove to heat it up. Other campers are asked to contribute food to share for Friday’s dinner. Each camper is responsible for their Saturday dinner as well as breakfasts and lunches. Michael will heat up water for hot drinks. Bring whatever drink mix you want to drink hot. Bring certified heat treated firewood for our Friday and Saturday night campfires.

### Nov 18 – Eat-Hike-Eat. Sewanee Perimeter Trail, Sewanee, TN. About 5 miles. Easy.

Let’s meet at the Blue Chair Restaurant in Sewanee at 9:00 am. for breakfast. We will leave for the trailhead at 9:30 a.m. We will hike a section of the Sewanee Perimeter Trail from Gate 5 to Gate 8. We will take a short detour to visit the Forestry Cabin then follow the Perimeter Trail west along the bluff to our lunch spot at Dotson Point. We will then continue to Gate 8 where our shuttle vehicle is parked. Bring water, snacks and lunch. Please register with Joan Hartvigsen at *jhartvigs@comcast.net* or 931-962-0811.

### Highland Rim Chapter – con’t.

### Nov 24 – Old Stone Fort State Archaeological Park, Manchester, TN. Traditional Day After Thanksgiving Hike with the Murfreesboro Chapter. 4 miles.

**Moderate due to steep climbs and eroded trails.** Meet at 9:00 am CT in front of the Museum. We will hike the Old Stone Fort Trail, River Fork Loop, Backbone and Little Duck Loop and the Old River Channel Trail. We will see Blue Hole Falls, Big Falls, the confluence of the Duck and Little Duck Rivers and limestone bluffs bordering the rivers. Bring water and snacks. Hiking boots and hiking sticks are recommended. After our hike we will gather at a local restaurant for lunch. Register with Joan Hartvigsen at *jhartvigs@comcast.net* or 931-962-0811.

### Nov 27 – Chapter Meeting.

Dinner at 5:00 pm at Las Trojas Mexican Restaurant, 1905 N. Jackson Street, Tullahoma. Meeting is 7:00 pm D. W. Wilson Community Center. Our speaker is Stuart Carroll, Park Manager at Virgin Falls State Natural Area and Lost Creek State Natural Area. He is co-author of the second edition of “Hiking Tennessee: A Guide to the State’s Greatest Hiking Adventures.” Mr. Carroll draws upon his thirty two years of experience within the Tennessee parks system and his overall knowledge as one of Tennessee’s native born. The second edition contains some very substantial changes, particularly in the Cumberland Region. He will discuss many of the hikes included in the book and some of the techniques used to map out hiking trails. Mr. Carroll will bring copies of the book “Hiking Tennessee” to sell and autograph.

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### State Naturalist to Lead Hike at Friends of the Tennessee State Parks Annual Conference

State Naturalist Randy Hedgepath will be leading a moderate hike at Big Hill Pond State Park on November 4. Meet at 1:00 pm CT at Pickwick Landing State Park, near Savannah, TN. This hike is part of the Friends of Tennessee State Parks’ 14<sup>th</sup> Annual Conference. You must register for the Conference to go on hike. Contact Joan Hartvigsen, *jhartvigs@comcast.net* for more information.

Conference begins November 3 at 5:00 pm and ends November 5. Registration fee includes Friday and Saturday dinners, programs, workshops and outings. Contact Nancy Schelin to register, *nancy.schelin@tn.gov*.

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## JACKSON CHAPTER

**CHAPTER CHAIR:** Melinda Pearson 731-225-4293  
*jackson@tennesseetrails.org*

**TREASURER:** Anne Goodson 731-664-1556  
*jacksontreas@tennesseetrails.org*

**SECRETARY:** Don Dresser 731-668-4190  
*jacksonsecy@tennesseetrails.org*

**OUTINGS COORDINATOR:** Glen Rognstad 731-217-5966  
*jacksonhikes@tennesseetrails.org*  
*(call Glen & volunteer to lead an outing)*

**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at Perkins Restaurant, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 6:45 pm

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**Nov 4 - Tishomingo SP.** This moderate hike will be between 7 and 8 miles in length. We will leave from Panera at 8 am. If you are planning to come, please tell Ann Goodson 664-1556 or *annegoodson@eplus.net* or Sara Rognstad *hakim.sara@gmail.com* or 206-553-9334.

**Nov 18 - Mousetail Landing SP.** This moderate hike also will be around 7 miles in length, with some options for shorter hikes. We will leave from Panera at 8 am. If you are planning to come, please tell Terry McCoy. She can be reached at 535-0625 or *terrymccoy832@yahoo.com*.

### Planning Ahead:

**Dec 2 - Pinson Mounds SAP.** Hike Leader is Glen Rognstad. *glenrognstad@gmail.com* or 731-217-5966.

**Dec 16 - Memphis Harbortown.** Urban hike in downtown Memphis area. Hike leader is Glen Rognstad, *glenrognstad@gmail.com* or 731-217-5966.

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## CALLING ALL TTA CHAPTERS AND MEMBERS! TRAIL BUILDING EDGAR EVINS STATE PARK SILVER POINT Nov 11 9:00 AM – 1 PM

Help build the half-mile Story Book Trail project that recently received a \$600 Evan Means Small Grant from TTA. This trail will encourage young readers and their parents to get outdoors. If you can do yard work you can do this. No experience necessary. Bring work gloves. Training, tools and lunch will be furnished. Meet at the Interpretive Center. Please let us know you are coming so we have enough food. Contact Fount Bertram (Murfreesboro Chapter TTA) at *fwbertram@dtccom.net* or 615-765-5357.

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## MEMPHIS CHAPTER

**CHAPTER CHAIR:** Charlie Bright 901-829-4434  
*memphis@tennesseetrails.org*

**VICE-CHAIR:** Francis Ruffin 662-781-5034  
*memphisvice@tennesseetrails.org*

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**Nov 4 – Lucius Burch Natural Area.** Meet at 9:30 am in Germantown Road parking lot adjacent to the Wolf River. Hike leaves at 9:30 am for a 6-7 mile hike on the White/Blue/Yellow Trails. Bring water and snack. Rain will cancel hike. For additional information call Janet at 901-761-0705.

**Nov 11 – Tishomingo State Park located south of Iuka, MS (approx 2.5 hr drive from Memphis). Registration Required.** This is a 5-6 mile hike winding along rocky ridges with spectacular views, through shallow, fern-filled canyons, and across the Bear Creek Swinging Bridge constructed in the 1930's. Bring lunch and water. Sturdy hiking boots recommended. Meet at 9:30 am at the park toll gate. There is a parking lot to the right just before entering the park through the gate. We will regroup into fewer vehicles. Heavy rain will cancel this hike. To register contact Kam at 901-299-8359.

**Nov 18 – Lucius Burch Natural Area North.** We will meet at 9:15 am for sign-in and announcements in the unpaved parking area on the south side of Walnut Grove immediately east of the Wolf River. Please note that it is very difficult to reach the parking lot if you are traveling west on Walnut Grove. The hike will depart promptly at 9:30 am. The hike will be approximately 5.75 miles and take between 2 1/2 and 3 hours. The terrain is relatively flat with a few steep ravine crossings. Bring water and a snack if desired. Hiking boots are recommended especially if we have had recent rain. Rain will cancel. For additional information call Janet at 901-761-0705.

**Nov 25 - Herb Parsons Lake State Park, Fisherville.** Here's an easy 6-mile hike around the lake and through the woods. Meet at 9:30 am at the lake and bring snacks and water. Rain will cancel. For questions email Margaret at *spikie542003@yahoo.com*.

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## MURFREESBORO CHAPTER

**CHAPTER CHAIR:** Sara Pollard 615-714-3610  
*murfreesoroboro@tennesseetrails.org*

**TREASURER:** Ann Jacobs 615-896-3935  
*murfreesorobrotreas@tennesseetrails.org*

**PROGRAM COORDINATOR:** Valerie Galan 615-516-6441  
*murfreesoroboprogram@tennesseetrails.org*

**HIKE COORDINATOR:** Jennifer Zahn 615-943-8853  
*murfreesorobohikes@tennesseetrails.org*

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Veterans Parkway, Murfreesboro

**BLOG:** [www.tennesseetrails.org/blog/murfreesboro](http://www.tennesseetrails.org/blog/murfreesboro)

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**Nov 4 - Nashville Urban Hike. 5 miles. Easy.** Want to get a great view of Downtown Nashville? We will start from the Nissan Stadium side of the Pedestrian Bridge. We will cross the bridge and head up Demonbreun passing the Schermerhorn, Music City Center and Bridgestone Arena. We will continue on to the Frist Center and then turn onto Broadway and up 5th past the Ryman and on to Printers Alley, into the center of town to the State Capitol, legislative plaza, the Bicentennial Mall and we will then head back down 4th to Broadway where we will enjoy a honkytonk restaurant lunch and then re-cross the bridge to Cumberland Park and then back to our waiting cars. Bring sturdy shoes, camera, money for casual lunch\*\* and plenty of water. For additional information or to register contact Tony Jones at 615-397-4463 or [tonjon1968@gmail.com](mailto:tonjon1968@gmail.com). \*\*lunch is optional.

**Nov 12 – Timberland Park. Williamson County. 3.5 miles. Easy to moderate.** This Sunday hike is at the Timberland Park located on the Natchez Trace Parkway just south of the Double Arch Bridge over Highway 96 West. The trails are short, but intersect each other to make loops to suit your ability. An ADA accessible trail meanders through the woods past several benches, a picnic area and eventually to an overlook pavilion. There are a number of rustic, challenging trails throughout the property, some of which were derived from old logging roads. The forest features oak and hickory as well as other tree and plant species native to Middle Tennessee. The park also provides the opportunity for bird watching and wildlife observation. Pack a lunch to enjoy while we are in the park. For carpool information from Murfreesboro or to register, contact Sara Pollard at 615-714-3610 or [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com).

**Nov 14 – Chapter Meeting. 6:00 pm. NOTE TIME CHANGE.** We will meet an hour earlier since this will be our planning meeting for Jan-June hikes. Bring your calendar to schedule hikes you want to lead or ideas for hikes. Bring a finger food to share and drinks will be provided. If you want to schedule a hike and cannot attend, contact Jennifer Zahn before the meeting at [jenzahn@gmail.com](mailto:jenzahn@gmail.com) or 615-943-8853.

**Nov 24 – After Thanksgiving Day Hike, Old Stone Fort Archaeological Park. Manchester. 4 miles. Moderate. Joint hike with the Highland Rim Chapter.** Join us for our annual family friendly after Thanksgiving Day hike. We will hike the Old Stone Fort Trail, River Fork Loop, Backbone, Little Duck Loop and the Old River Channel Trail. We will see Blue Hole Falls, Big Falls, the confluence of the Duck and Little Duck Rivers. After the hike we will go to a local restaurant for lunch. Meet in front of the museum at 9:00 am CT. For carpool information from Murfreesboro or to register, contact Sara Pollard at 615-714-3610 or [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com).

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## NASHVILLE CHAPTER

**CHAPTER CHAIR:** Doug Burroughs 615-283-0507  
*nashville@tennesseetrails.org*

**OUTINGS COORDINATOR:** Nancy Juodenas 615-319-8811  
*nashvillehikes@tennesseetrails.org*  
(*email Nancy & volunteer to lead an outing*)

**MEETS MONTHLY:** 4<sup>th</sup> Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: [www.tennesseetrails.org/nashville.php](http://www.tennesseetrails.org/nashville.php)

**BLOG:** [www.tennesseetrails.org/blog/nashville](http://www.tennesseetrails.org/blog/nashville)

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**Nov 18 - Pogue Creek Canyon State Natural Area. 4.5 miles. Strenuous but short.** This trail starts at the main entrance to Pogue Creek Canyon State Natural Area on Highway 154, just west of the entrance to Pickett State Park. It will require a very brief shuttle to/from the trailhead just around the corner on Blackhouse Mountain Road. The trail is strenuous due to lots of elevation changes; it takes us through some spectacular terrain and beautiful views. Pogue Creek Canyon photos will inspire you. check it out at <http://www.tennessee.gov/environment/article/na-na-pogue-creek-canyon> and search on Pogue Creek Canyon for some really inspiring photos. Speed will not be a priority. Sturdy hiking boots, trekking poles or a good hiking stick, snacks and water; layers for temperature changes. Rain will cancel. Contact Nora Beck, 615-517-6486 or [norellibee@gmail.com](mailto:norellibee@gmail.com) to register and for complete logistics.

**Nov 25 - Shelby Bottom Greenway. 4-6 miles. Easy.** We will meet at the trailhead at Wave Country on Two Rivers Pkwy and cross the amazing pedestrian bridge over the Cumberland River. Then we will mostly hike the Primitive Trails that adjoin the Greenway including the Cornelia Fort Trail. The distance we walk will depend on the wishes of the group. Tennis shoes will be fine for this hike. Bring water and snacks. You are invited to join Libby for soup and sandwiches at Libby's house afterward. Please register at [libbyslibbys@comcast.net](mailto:libbyslibbys@comcast.net) or call 615-319-7501.

**Nov 28 – Chapter Meeting.** Long Hunter State Park was established not long after the Tennessee Trails Association was formed, and has long been a favorite hiking destination for many of our members. Its various units include an archaeological site, cedar glades, woodlands and lakeside paths. Naturalist (and film maker) Jason Allen and park ranger Leslie Anne Rawlings will be our guests to talk about Long Hunter's special features that include the storybook trail, arboretum, and the annual extreme event: the Mega-Hike. Bring a friend and gain some in-depth appreciation for some nearby recreation opportunities.

**Chapter News:** December 2017 will mark the sixteenth year that we have been invited to wrap customer's gifts at REI Brentwood in exchange for donations. This has been a fun way to raise money for the Cumberland Trail. This year we will be wrapping on Saturday December 9th from 10:00 till 5:30. Chapter members can help by generously volunteering to wrap gifts or talking to prospective members. If you would like to join in the fun just sign up for a 2-hour slot. The times available are 10-12, 12-2, 2-4, and then 4-5:30. Hope to see you there! Contact Amy Sutton to sign up at 615-739-5858 or [amy109@gmail.com](mailto:amy109@gmail.com).

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## PLATEAU CHAPTER

(Crossville)

**CHAPTER CHAIR:** Bruce Whitehead 941-716-3620

[plateau@tennesseetrails.org](mailto:plateau@tennesseetrails.org)

**TREASURER:** Bill Quattrociocchi 931-484-4230

[plateautreas@tennesseetrails.org](mailto:plateautreas@tennesseetrails.org)

**MEETS MONTHLY:** 2nd Thursday at 6:00 pm CT

**BLOG:** [www.tennesseetrails.org/blog/plateau](http://www.tennesseetrails.org/blog/plateau)

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Unless otherwise noted, contact the hike coordinator, Deb Westervelt, via email [plateauhikes@tennesseetrails.org](mailto:plateauhikes@tennesseetrails.org) or text/call 931-267-2243 for information on the hikes listed below. Check the chapter blog one hour prior to hike time for cancellations or changes before hiking.

**Nov 1 – Smokies Alum Cave.** Elevation 4955 ft. Option 1. This is a 4.6 mile moderate in/out hike with elevation gain of 1125 ft. Option 2. Continue steeply up the trail to Gracie's Pulpit for another 1/3 mi. Hikers will follow Alum Cave Creek for the first mile. At just over 1.3 mi we will reach Arch Rock. The trail actually goes under the arch and requires a climb of several steps etched into the stone before exiting at the top. At roughly two miles we reach Inspiration Point, a heath bald that offers commanding views. At 2.2 mi we will reach Alum Cave, which really isn't a cave, but a concaved bluff, about 80 feet in height, and roughly 500 feet in length. The Cave was mined for Epsom salt and saltpeter. Depart VF Outlet Mall at 8 am CT. Carpool cost is \$10. Pack water, snacks and lunch.

**Nov 4 – Eagle Bluff to Tank Springs, Cumberland Trail, LaFollette.** Come hike 7 moderate to difficult miles (uphill and downhill grades with some rock scrambling) with us on the beautiful Eagle Bluff section of the CT (description at [cumberlandtrail.org](http://cumberlandtrail.org)). We will see large rock walls, sandstone cliffs, a stone arch window, and overlooks of Powell River Valley. Some narrow rock ledges that have to be traversed. Car shuttle required from Tank Springs to Eagle Bluff. Depart Outlet Mall West parking lot by 7:30 am CT. Carpool cost is \$8. Bring your lunch, snacks and water. Contact Curt Thomas for more info [curtthomas@frontiernet.net](mailto:curtthomas@frontiernet.net) or call 931-260-2140.

**Nov 8 – Chattanooga Riverwalk** The Chattanooga Riverwalk is an 8-10 mile walk on a paved path. Wear street clothes and comfortable shoes. There are birds, flowers, bridges, and historical markers along the way, along with ample drinking fountains and restrooms. Bring your own food and eat in a covered pavilion along the way, or eat at a restaurant downtown. A shuttle is required. Carpool cost is \$9. Depart 8 am Trinity Tabernacle Church on HY 127 South.

### Plateau Chapter – con't.

**Nov 9 - Chapter Meeting.** 6 pm CT at First United Methodist Church Annex, 69 Neecham Street, Crossville. 5 pm CT Dinner at Gondola Restaurant. Program: Blue Bird Monitoring by Don Hazel. Contact Chapter Chair, Bruce Whitehead, 941-716-3620, email [plateau@tennesseetrails.org](mailto:plateau@tennesseetrails.org) if you intend to join us for dinner.

**Nov 15 –Scott's Gulf: Yellow Bluff/Caney Fork River.** The trail is about 7 or 8 miles in length and is rated moderate/strenuous due to the length and the climb at the end. Features include a couple of nice overlooks and a rock house. Come prepared (water shoes) to cross 3 small streams. Carpool cost is \$6. Meet at Tractor Supply at 8:00 am CT.

**Nov 18 – CT Pot Point Loop, Chattanooga. Joint hike with Soddy Daisy Chapter.** **Option 1:** From the Northern Trailhead hike in 3.1 miles past Snooper's Rock, to the Natural Bridge and back out. **Option 2:** Hike 9 mi to the Southern Trailhead adding "boulder garden" and Raccoon Mt overlook features. **Option 3:** Hike the entire loop of 11.7 mi. Depart Trinity Tabernacle Church on Hwy 127 south at 8 am. Carpool cost is \$9.

**Nov 22 – Whites Creek Small Wildlife Area, Spring City. 3 mi loop trail off HY 27.** Bring water and snacks. Depart from Trinity Tabernacle Church on Hwy 127 south at 8 am CT. Carpool cost is \$4.

**Nov 29 – Pickett State Park, Pogue Creek.** This will be a 6.6 mile moderate hike in Pogue Creek Gorge to the Pickett SP picnic area which will require a car shuttle. Features include rock houses, rock bluffs and an overlook. Depart 8 am from Cracker Barrel. Carpool cost is \$5.

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## SODDY-DAISY CHAPTER

**CHAPTER CO-CHAIRS:** Jean Smith 423-597-7681  
*soddydaisy@tennesseetrails.org*  
**HIKE COORDINATOR:** George Bonneau 423-842-3619  
*soddydaisyhikes@tennesseetrails.org*  
**TREASURER:** Bob McGavock 423-843-4646  
*soddydaisytreas@tennesseetrails.org*  
**MEETS QUARTERLY:** 1st Tuesday in Jan, Apr, Jul, Oct at 6:00  
pm ET at Burk's United Methodist Church, 6433 Hixson  
Pike, Hixson  
*Additional information may be seen at our web site:*  
*<http://www.tennesseetrails.org/blog/soddydaisy>*

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**Nov 4 - Cumberland Mountain State Park. Approximately 6 miles. Moderate.** Meet at Durham Street parking lot in Soddy Daisy at 9 am. Hike leader: George Bonneau.

**Nov 7 - Glen Falls. Approximately 5 miles. Moderate.** Meet at Food City parking lot in Red Bank at 9 am. Hike leader: Renee Grace 423-593-8128.

**Nov 11 - Heiss Mountain to Little Possum Creek and back. Approximately 6 miles. Strenuous.** Meet at Durham Street parking lot in Soddy Daisy at 9 am. Hike leader: John Politte 423-304-8327.

**Nov 14 - Mowbray Pike to Sluder Lane. Approximately 5 miles. Moderate.** Will stage vehicles. Meet at Durham Street parking lot in Soddy Daisy at 9 am. Hike leader: George Bonneau.

**Nov 18 - Joint hike with Plateau Chapter. CT Pot Point Loop.** From the Northern Trailhead hike in 3.1 miles past Snooper's Rock, to the Natural Bridge and back. Strenuous. There will be 2 other options. Meet at Food City parking lot in Red Bank. Time to be determined later. Hike leader: John Politte 423-304-8327.

**Nov 21 - Little Cedar Mountain. Approximately 5 miles. Moderate.** Meet at Food City parking lot in Red Bank at 9 am. Hike leader: Gail Stokes 973-632-7463.

**Nov 25 - Raccoon Mountain. Approximately 6 miles. Moderate.** Meet at Food City parking lot in Red Bank at 9 am. Hike leader George Bonneau.

**Nov 28 - Falling Water Falls. Approximately 5 miles. Moderate.** Meet at Walmart parking lot in Soddy Daisy at 9 am. Hike leader: George Bonneau.

## OFFICERS:

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*president@tennesseetrails.org*

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*membership@tennesseetrails.org*

**Previous Past President**  
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*midlleregional@tennesseetrails.org*

**East TN At-Large Director**  
Garnett Rush 865-268-5181  
*eastregional@tennesseetrails.org*

**TN Rails To Trails Advisory Council Representative**  
Bob Richards 615-532-0753  
*TRAC@tennesseetrails.org*

CHAPTER REPRESENTATIVES ON THE BOARD  
ARE LISTED WITHIN EACH CHAPTER'S HEADER

**Newsletter Editor**  
LouAnn Partington 931-393-4835  
*editor@tennesseetrails.org*

## Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on the 10<sup>th</sup> of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:  
*editor@tennesseetrails.org*

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster for inclusion on the TTA website.



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## SUMNER TRAILS CHAPTER

CHAPTER CHAIR: Lynn Takacs 615-479-7702  
[sumner@tennesseetrails.org](mailto:sumner@tennesseetrails.org)

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### **Nov 4 – Meriwether Lewis Loop. Easy to moderate.**

This hike is centered on Meriwether Lewis Monument, just off the Natchez Trace Parkway. The entire loop is 3.5 miles. We may not hike the entire trail. That will be decided as a group when we get to the trailhead. There are several gullies on a portion of the trail that will require hiking up and down several times. Other areas are a bit more even. Restrooms are available at the trailhead. Meet at the First Presbyterian Church parking lot 172 W Main St., Hendersonville at 8 am CT for carpooling. Or meet at the trailhead at about 10 am CT. Boots, poles, water and snacks would be advisable. Call Sally Ticaric at 615-218-1086 for more information.

### **Nov 11 – Old Stone Fort State Archaeological Park, Manchester, TN. Easy to Moderate**

1.25 miles on Old Stone Ft Trail. Weather permitting optional Backbone & Little Duck Loop Trail approx 2 miles. The Old Stone Ft is a 2,000 year old American Indian ceremonial site. The 2 forks of the Duck River cut into the edge of the Highland Rim Plateau at the site of the Old Stone Ft. On our hike we will see numerous waterfalls, cascades and tall rock bluffs bordering the Duck River. On the Backbone Trail we will climb up and walk along a ridge looking down on tops of huge trees. Meet at the First Presbyterian Church on Gallatin Rd. at 8:30 am for carpooling or meet at the trailhead by the museum at 10:00 am. If meeting at the trailhead please call hike leader. Bring water, hiking poles and any desired snacks. We will eat lunch after at the Coffee Cafe in historic Manchester close to the park. For more info contact Lea Whitton at 615-289-4842 or Judy or Ron Jenkins at 615-403-0002.

**Walk Across Sumner** - Greenway walks at Moss-Wright Park, 745 Caldwell Lane, Goodlettsville, TN. Meet at the trailhead by the restrooms behind the Visitor Center. Ms. Judy Pope Jenkins with TTA Sumner Trails Chapter will lead the walk. Walk will be cancelled if there is inclement weather. Walk as much or as little as you wish, set your own pace. We will walk each Monday at 9:30 am during the campaign, which ends November 6th. Other Greenway walks to be announced.

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## UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CO-CHAIRS: Jennifer Carroll 661-369-6619  
[uppercumberland@tennesseetrails.org](mailto:uppercumberland@tennesseetrails.org)

HIKE COORDINATORS: Cathy Moran 931-544-2764  
[uppercumberlandhikes@tennesseetrails.org](mailto:uppercumberlandhikes@tennesseetrails.org)

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**Nov 4 - Lone Mountain Loop Trail, Lone Mountain State Forest, Morgan County. 10+ miles. Strenuous because of elevation change and numerous steep pitches.** The state acquired the land for Lone Mountain State Forest in 1929 through a tax delinquency sale. Lone Mtn reflects the handiwork of the state forestry crews naming a spring and ridge after the men who built the trails. On a clear day, from Coyote Point you can see the Smoky Mountains. The trail is opened to horseback riding, mountain biking, and hiking. A section (approximately 2 miles) is designated for hikers only and follows LaRue Ridge. Bring water, snacks, and lunch. You can meet us at 7:00 am CT in the Penney's parking lot in Cookeville. Contact Jennifer Carroll at [Jennifer.carrolldb@yahoo.com](mailto:Jennifer.carrolldb@yahoo.com).

**Nov 11 - Brady Mountain segment of the Cumberland Trail, Crossville, TN. 8 miles. Moderate to strenuous because of elevation gain.** We will hike the length of the trail from the Jewitt Road trailhead to highway 68. Highlights of the trail include spectacular views of Grassy Cove and the mountains to the east. Bring water, snacks, lunch, and hiking boots. You can meet us in the Penney's parking lot in Cookeville at 8:00 am CT. For information and to register contact Richard Savage at 931-526-2035 or [savage\\_richard@hotmail.com](mailto:savage_richard@hotmail.com).

**Nov 18 - Above the Gulf, Savage Gulf State Natural Area, Palmer, TN.** This hike will start from the Collins Gulf Trailhead. We will cross the bridge over Collins River and then on to its junction with the South Rim Trail. We will then take the South Rim Trail to the Savage Day Loop, which we will follow to the Savage Gulf Ranger Station. The hike is about 14 miles mostly on top of the mountain. There are numerous outstanding overlooks of Savage Gulf as well as Savage Falls. The terrain is easy to moderate but the hike is strenuous due to the distance. For those wanting a shorter hike, contact Vickie. You can meet us at 7:00 am CT at JC Penney's or 8 am at the Savage Gulf Ranger Station on Hwy 399. We will then drive to the Collins Gulf trailhead. Text or email Vicki Williams to register. 615-351-9599 or [vwill55@gmail.com](mailto:vwill55@gmail.com).

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446

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Nov 17

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Memberships are for one year, unless you have a Lifetime Membership.  
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Cheryl Heckler 931-200-7436 [membership@tennesseetrails.org](mailto:membership@tennesseetrails.org)

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- Please do not list my e-mail address in the TTA Annual Membership Directory  
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\_\_\_ Plateau (Crossville)  
\_\_\_ Soddy Daisy  
\_\_\_ Sumner Trails (Sumner County)  
\_\_\_ Upper Cumberland (Sparta/Cookeville)  
\_\_\_ At Large

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's partner organization (CTC) and associate organization (TRAC). (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

**As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.**