

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



President's Corner

As you are planning hikes for September, keep in mind National Public Lands Day on the last Saturday in September. This year it is on September 30. National Public Lands Day began in 1994 and keeps the promise of the Civilian Conservation Corps, the "tree army" that worked from 1933-1942 to preserve and protect America's natural heritage. Just as with National Trails Day, there are opportunities to volunteer to support trails and other outdoor activities.

NPLD is a fee-free day for all federal public lands and many state parks. Whether you volunteer on NPLD, enjoy some boating, hiking, fishing, or camping, or simply learn more about your public lands and the plants and wildlife that live there, **take this day to enjoy the great outdoors and celebrate the lands that give us so much.** As of the submission date of this newsletter, three volunteer opportunities were listed on the NPLD website: Dale Hollow Lake Shoreline Cleanup, Hurricane Bridge Trail Dedication in Dekalb County and a reroute of the Council of Trees trail at Red Clay State Historic Park. The Tennessee State Parks website also lists the NPLD events at many of the state parks. This is another day when you can celebrate "Tennessee trails" and the public lands they cross.

In other news, you will notice that this is a large newsletter. That is in part because the Bylaws Committee of Bruce Whitehead, Jim Poteet, Bob Richards and Carolyn Miller presented a set of updated bylaws to the TTA board at the August 5 meeting and they were approved. The next step in the proposed update of the bylaws is for them to be presented to the membership at the October 14 general membership meeting for their approval. Look for more updates and a summary of changes in the October newsletter. The proposed and the current bylaws are on the website, under the Member Services section. We extend our thanks to Charles Key for his legal review and advice regarding the bylaws.

With my regards,
Carolyn Miller

Donations needed

We need your donations for the Silent Auction and White Elephant to make the 2017 TTA Annual Meeting a success. See your Chapter Chair for auction letters and receipts to give donors or download letter at www.tennesseehiking.org. All proceeds go to Evan Means Grant Program. Check your house for quality items, ask local businesses to donate merchandise and/or services, share your talents for woodworking and crafts, or make a cash donation to your local chapter to purchase items for the auction. For the White Elephant Sale, look in your closets and basements and bring us something for the \$2, \$5, \$10 bargain tables. Thank you for your support and see you at DuBose!



We also need baked goods. We welcome cookies, cakes, breads, pies, brownies, candy, etc. Individually wrapped portions are handy for tucking into daypacks. When you arrive at the annual meeting, just drop off your baked goods at the TTA registration desk.





Office Location 409 Thurman Avenue,
Ste 102
..... Crossville, TN 38555
Office Hours Tuesday – Friday
..... 10 am – 3 pm CT
Phone: 931-456-6259
Office Staff: Marianne Mailhot
Email: ctcoffice2014@gmail.com
Website: www.cumberlandtrail.org

Fall Big Dig 2017 has been CANCELED. The CTC board has determined that programs of shorter duration are more effective for volunteer recruitment. Please feel free to join the trail crew during their normal work days. Contact the CTC office to register to work with the crew.

Upcoming Projects:

CTC hosted Trail Master Certification Training: September 18 – 21, 2017. Location: Head of the Sequatchie, Cumberland County.

CTC hosted Mechanized Trail Master Certification Training: September 22 – 23, 2017. Location: Head of the Sequatchie, Cumberland County.

The CTC is proud to offer these courses with the generous support of a grant from the Recreation Trails Program, a federally funded and state-administered program. The September workshops are open to volunteers and to state parks personnel who want to understand the rationale behind the techniques used to build trails, and the reasons for the routes that trails can take. Participants can gain both certification and confidence, and experiences from the workshop will enable them to lead volunteer crews in settings such as spring BreakAway and trail building projects in state and municipal parks. Attendance for the Trail Master Certification course is limited to 16 people; and Mechanized Trail Building slots are open for six individuals. Several slots have already been filled. Two more Trail Master Certification workshops will be offered in 2018; those dates will be announced as soon as details are complete.

For complete information on the workshops, contact the CTC office at your earliest convenience – ctcoffice2014@gmail.com or 931-456-6259.

CLARKSVILLE CHAPTER

CHAPTER CHAIR: Ken Johnson 865-803-4371
clarksville@tennesseetrails.org
CHAPTER VICE-CHAIR: Paul Schwab 931-801-9484
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OUTINGS COORDINATOR: Paul Schwab 931-801-9484
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(call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT,
Crow Community Center, 211 Richview Rd.

*Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/clarksville>*

Sep 9 - Springfield Greenway, Travis Price Park, Springfield, TN. 6 miles out and back. Easy. Eat at Depot Restaurant In Springfield after the hike; Suva Bastin 931-645-2849. Meet 9:00 am CT, I 24 Exit 11 commuter parking lot. 25 miles to trailhead.

Sep 16 - Overnight camping at Ken's Knoxville Property. Visit Ijams Nature Center a 300-acre urban green space featuring over 12 miles of natural surface trails. Ken Johnson 865-803-4371. Meet 8:00 am CT, I 24 Exit 11 commuter parking lot. 212 miles to Ken's Property.

Sep 19 - Monthly Chapter Meeting.

Sep 23 - South Cumberland State Park, Fiery Gizzard Trail to Foster Falls. 13 miles. Difficult. Paul Schwab 931-801-9484. Meet 6:00 am CT, I 24 Exit 11 commuter parking lot. 131 miles to trailhead.

Sep 30 - National Public Lands Day. We will do our assigned trail maintenance on LBL, NS trail from the South Checking Station to Tharp Road, 8 miles, moderate. Bob Lyon 931-648-2354. Meet 8:00 am CT, at Kroger parking area, Dover Crossing Road, Clarksville. 35 miles to trailhead.

**TTA Annual Meeting
October 13-15, 2017**

Dubose Conference Center
Monteagle, Tennessee

Hosted by the Columbia/Franklin, Highland Rim
and Murfreesboro Chapters

Hike Details, Schedule and Registration Form Inside

Early Registration Ends September 29 to save \$10!

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR: To be determined
columbia@tennesseetrails.org
HIKE COORDINATOR: Jane Coffey 615-516-6551
columbiahikes@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Super China Buffet, 5228 Main St., #B1, Spring Hill, TN 37174. Socializing and dinner at 6:00 pm CT; meeting starts at 7:00 pm.

Please check the TTA website for updates on our hikes.

Sep 5 - Chapter Meeting. The meeting will be held at the Barnabas Center at 506 Fair Street, Franklin, TN 37064. The Barnabas Center is located behind St. Paul's Episcopal Church. The Barnabas Center has a small working kitchen so you can bring your own food and microwave it if you choose. If you like, you can join us earlier than the 7:00 pm meeting time to eat and chat with other members of the chapter. We will be planning our future monthly hikes, and discussing "all things hiking." Contacts: Jane Coffey: *jecoffey0644@gmail.com* or Marvin Caine, *mlcaine@aol.com*.

Sep 28-30 - Cindy Whitt is leading a two-day hike in Pickett State Park. According to Cindy, the historic cabins are wonderful. She loves this park and would be willing to map out some trails for hiking. Cindy believes however that if you want to stay at Pickett State Park, they have a two-day minimum stay. Below is some information regarding Pickett State Park. It is about a three-hour drive from Franklin to Pickett State Park which is located in the upper Cumberland area. Please contact Cindy if you have any interest in traveling with her.

PICKETT STATE PARK

Did you know? Pickett was the first state park in the southeast to be listed as a certified dark sky viewing location! On May 12, 2015, Pickett State Park and Pogue Creek Canyon State Natural Area were named a Silver-Tier International Dark Sky Park for their commitment to preserving the natural beauty of the night sky. The combined property will be known as Pickett-Pogue International Dark Sky Park.

Pickett CCC Memorial State Park lies within the 19,200-acre Pickett State Forest, and is adjacent to the massive 120,000 acre Big South Fork National River and Recreation Area. In 1933, the Stearns Coal and Lumber Company donated nearly 12,000 acres of land to the State of Tennessee to be developed as a forest recreational area. Initial development of the area by the Civilian Conservation Corps (CCC) occurred between 1934 through 1942. The CCC constructed hiking trails, five rustic cabins, a recreation lodge, a ranger station and a 12-acre lake. The park memorializes and preserves the unique work of the CCC who first developed the park.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-985-9144
easttennessee@tennesseetrails.org
WEBMASTER: Sherry Barber 865-209-6189
sbarber6189@comcast.net

Sep 16 - Curry Mountain Trail. GSMNP. 6.6 miles. Moderate to strenuous, 1400 foot elevation gain with several creek crossings. Beginning on the Little River Road, just beyond Metcalf Bottoms, the trail follows the remnants of an old settlers' path winding up & up around the slopes of Curry He and Curry She Mountains, where stone walls indicate earlier house sites and cleared fields. At the junction with the Meigs Mountain Trail, we will visit an old cemetery. After returning back down the trail, we will gather at Metcalf Bottoms for a picnic. Meet at Browns Creek Shopping Center in Maryville at 8:45 am ET or at Metcalf Bottoms picnic grounds at 9:45 am ET. Look for balloons at the tables! Hike leaders will provide hot dogs, buns, condiments, and paper ware. Everyone else should bring drinks, a dish to share, and a chair. Hike leaders are Karen Towle and Robby Paul. RSVP to Robby Paul at 865-983-6926 or *robby paul@hotmail.com*. As usual, come well-prepared to hike!

Sep 23 - Seven Islands State Birding Park. This hike is Tennessee's newest park. It is a 416 acre park that was established in the 1990's by private donors and jointly managed as Seven Islands Wildlife Refuge by a local foundation and Knox County. In the fall of 2013, it was designated as a state park effective September 2013 with the grand opening July 2014. The park, on former farmland, includes the Kelly Bend peninsula along the Fench Broad River. Habitats include wooded hills, an intermittent stream, and several fields being restored to native warm-season grasses. More than 10 species of birds have been sighted in the park. There is little detailed information about the park. I have hiked the park several times and it seems to me the outside loop is something over five miles, see the map. According to the Sierra Club there are about 6 miles of natural trails. The views are great - you can see the Smoky Mountains and Mount LeConte. This is a hike that almost anyone can do so join us. We recommend shoes to wear to and from the hike plus sturdy hiking shoes, other appropriate clothing, a snack, something to drink and a camera. We will meet in the Baptist Church of Bearden parking lot for car-pooling, leaving at 8:30 am ET and stopping at the Cracker Barrel at Strawberry Plains Pike and leaving at 9:00 am ET for those who would prefer to meet there. Be sure to bring \$\$\$ for car pooling. For specific information about the hike please call Tom Cressler at 865-974-4422 or leave a message at 865-588-5622 or send an email to *cressler@utk.edu* before September 22.

HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

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TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666
highlandrimtreas@tennesseetrails.org

OUTINGS & PROGRAM COORDINATOR & NEWSLETTER CONTACT: Joan Hartvigsen 931-962-0811
highlandrimhikes@tennesseetrails.org
(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W. Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Sep 2 – Stone Door Trail, Big Creek Rim Trail, Laurel Trail. South Cumberland State Park. Stone Door Ranger Station, 1183 Stone Door Road, Beersheba, TN. 7 miles. This loop hike is actually easy, but the total mileage of 7 miles places it in the moderate category. Level. Good tread. Awesome overlooks. Bring water, lunch and snacks. Wear sturdy hiking boots and bring hiking sticks. Register with Joan Hartvigsen, *jhartvigs@comcast.net*, 931-962-0811.

Sep 8-10 - Devils Step Island Camping and Kayaking to Maple Bend Island and down Owl Hollow Creek. Tims Ford Lake, Winchester, TN. Joint activity with the Murfreesboro Chapter. We will camp on Devils Step Island Friday and Saturday. Those who are not camping can meet us at 8:00 am CT on the shore of Devils Step Island. We will paddle to Maple Bend Island for a rest and a snack then we will continue down Owl Hollow Creek. We will have lunch on Maple Bend Island before returning to Devils Step Island. The Park allows only six campers on an island. Contact Joan Hartvigsen, *jhartvigs@comcast.net* or 931-962-0811 to reserve a place on Devils Step Island. If there are more folks wishing to camp on an island there is the option of also reserving Maple Bend Island for the weekend. Or you can acquire a campsite at Fairview Campground, located near Devils Step Island. To reserve your own campsite at Fairview Campground or to reserve Maple Bend Island call Tims Ford State Park, 931-962-1183. Camping is free on Maple Bend Island but you are required to go to the Tims Ford State Park Visitor Center during business hours to register and purchase a map of Tims Ford Lake.

Sep 16 – Eat-Hike- Eat, Sewanee Perimeter Trail. About 5 miles. Moderate. Meet at the Blue Chair Restaurant in Sewanee at 9:00 am CT for breakfast. We will leave at 9:30 am to drive to the trailhead. Bring water, snacks and lunch. Contact Joan Hartvigsen at *jhartvigs@comcast.net* or 931-962-0811 to register for the hike. We will begin at Gate 15 and hike south on the fire lane to access the Perimeter Trail. We will then hike southwest on the Perimeter Trail to Elliott Point, King's Farm, north to Armfield Bluff then to Gate 9 where we have a shuttle vehicle awaiting us. We will have lunch at King's Farm.

Highland Rim Chapter – con't.

Sep 22-24 – Camping and kayaking on Center Hill Lake and Caney Fork River Weekend. Camping at Ragland Bottom Campground, eight miles east of Smithville, TN off US-70 East. We have reserved three gorgeous premium tent campsites along the shore of Center Hill Lake: #27, #28, #29 Each site has electricity, water, shade and lake views. Beautiful lakeside RV sites are available as well as additional tent sites for others to reserve. Campground has flush toilets, sinks and hot showers. Kayaking on Center Hill Lake. Campground has a boat ramp and covered picnic pavilion. Swimming in Center Hill Lake at a sandy beach. Saturday morning we will float the Caney Fork River. Ragland Bottom Campground is a U.S. Army Corps of Engineers facility. It is clean, well maintained and beautiful. Please contact Joan Hartvigsen early if interested in staying in campsite #27 or #28. Also, contact Joan if interested in the Saturday Caney Fork Float. Joan's email *jhartvigs@comcast.net* or 931-962-0811.

Sep 23 – Caney Fork River Float. 8.7 miles. Put in below Center Hill Dam. Take out at Betty's Island. Contact Joan Hartvigsen for more information no later than September 8. Joan's email: *jhartvigs@comcast.net*. phone 931-962-0811. Kayaks and canoes may be rented at Canoe the Caney, 1-800-579-7893, 17055 Smithville Highway, Silver Point, TN. Reservations recommended.

Sep 25 – Chapter Meeting. Dinner at 5:00 pm at One22West, 122 W. Lincoln Street, Tullahoma. Meeting is 7:00 pm at D. W. Wilson Community Center. Our program is "Update on the Goings On at South Cumberland State Park." South Cumberland State Park Manager George Shinn is our speaker.

Sep 30 – National Public Lands Day. National Public Lands Day is the nation's largest, single-day volunteer event for public lands. It is a signature event of the National Environmental Education Foundation. We will celebrate by volunteering to work on the trails at either Short Springs State Natural Area in Tullahoma or South Cumberland State Park. The fifth Saturday of the month is the day our Chapter works on trails at Short Springs. But since it is also National Public Lands Day, we have the option of helping out at South Cumberland State Park. If you want to volunteer at Short Springs State Natural Area in Tullahoma meet us at 9:00 am in the parking lot, 2250 Short Springs Road, Tullahoma. Contact Joan Hartvigsen at *jhartvigs@comcast.net* or 931-962-0811 to let her know you plan to come. If you plan to help at South Cumberland State Park please contact Naullain Kendrick at *naullain@hotmail.com*.

JACKSON CHAPTER

CHAPTER CHAIR: Melinda Pearson 731-225-4293
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OUTINGS COORDINATOR: Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org
(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1st Tuesday at Perkins Restaurant, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 6:45 pm

Hike information unavailable at press time.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
memphis@tennesseetrails.org

VICE-CHAIR: Francis Ruffin 662-781-5034
memphisvice@tennesseetrails.org

Sep 30 - Lovitt Trail (behind Lowe's off Germantown Road). Join us for a 6-mile hike across flat terrain in the woods along the Wolf River. Meet at 9:30 am in front of the lumber entrance of Lowe's Home Improvement at 430 South Germantown Pkwy, Cordova. This is the northeast corner of the parking lot. Wear hiking boots and bring snacks and water. Rain will cancel. Contact Janet 901-761-0705.

TTA Annual Meeting Flat River Band

Our entertainment Friday evening at the annual meeting will be the Flat River Band. The Flat River Band's members are lead singer, guitarist and songwriter Chad Sitze. His brother Dennijo plays the mandolin, harmonica and electric guitar. Their other brother Andy plays the electric and upright bass and harmony vocals. The Flat River Band has played venues such as Dollywood, Jim Oliver's Smokehouse in Monteagle, and numerous festivals and fairs.

To learn more about the group, visit their website at <https://www.flatriverband.com/>.



MURFREESBORO CHAPTER

CHAPTER CHAIR: Sara Pollard 615-714-3610
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TREASURER: Ann Jacobs 615-896-3935
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PROGRAM COORDINATOR: Valerie Galan 615-516-6441
murfreesboroprogram@tennesseetrails.org

HIKE COORDINATOR: Jennifer Zahn 615-943-8853
murfreesborohikes@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Veterans Parkway, Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Sep 2 - Volunteer Day Loop, Long Hunter State Park. 4 miles. Easy. Meet at the trailhead off of Hobson Pike at 9:00 am. This trail is through the woods and along the lake shore of Percy Priest. There are some very minor inclines in places. If anyone is interested in more miles we can stop by Couchville Lake and do the 2 mile paved loop on the way out. Bug spray is recommended. Contact Jan Safavi at 615-390-9146 or safavi.jan@gmail.com.

Sep 9 - Marcella Vivrette Smith Park. Brentwood. 2.5 miles. Easy to difficult. However, seasoned hikers will not find the trail all that challenging. The hike is a pretty one and does include some uphill climb - hills so close to flat Murfreesboro! Meet at Sam's Club parking lot at 7:45 am in order to carpool. If interested, please contact Mary Belle Ginanni at 615-895-6072 or mginanni@comcast.net.

Sep 8-10 - Tims Ford Lake Camping and Kayaking. Joint activity with the Highland Rim chapter. We will camp on Devils Step Island Friday and Saturday. Those not camping can meet us at 8:00 am CT on the shore of Devils Step Island. We will paddle to Owl Hollow Creek and then have lunch on Maple Bend Island. Space is limited for camping on Devils Step Island so you must sign up for camping as soon as possible. For more information or to sign up, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Sep 12 - Chapter Meeting. Joan Bentley will be sharing pictures and stories from her trip to India earlier this year. She went as a participant with Friendship Force International. She spent time in Nashik, Mumbai, Mysore, Delhi, Jaipur, Agra and other cities. She will share both the richness and the poverty of this exotic country.

Sep 17 - Barfield Wilderness Loop Trail. Barfield Crescent Park. Murfreesboro. 4 miles of wooded trail with a slight hill to climb near the beginning. Nothing very strenuous. Meet at the Barfield Crescent Park Wilderness Station at 9:00 am. There are lots of paved paths as well to walk if anyone wants to add on mileage and a wonderful steep hill offering a great cardio workout (only if anyone wants to!). Contact Jan Safavi at 615-390-9146 or safavi.jan@gmail.com.

Sep 30 - National Public Lands Day. Barfield Crescent Park, Murfreesboro. Come join us for trail maintenance from 8:00 am to 11:00 am CT. Meet in front of the Barfield Park Wilderness Station. Bring gloves, sturdy shoes, snack and water. For more information contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs 615-283-0507
nashville@tennesseetrails.org

OUTINGS COORDINATOR: Nancy Juodenas 615-319-8811
nashvillehikes@tennesseetrails.org

(email Nancy & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI
Community Room, 261 Franklin Road, Brentwood. For
directions, visit: www.tennesseetrails.org/nashville.php

BLOG: www.tennesseetrails.org/blog/nashville

Sep 17 - Urban hike, Nashville. 4 to 5 miles. Meet at 9:30 am, at Lot R near the south end of Nissan Stadium near the river. Lot R has over 1,075 free parking spaces and is easily accessible from I-65/I-24 via Exit 84 (Shelby Avenue) or via Korean Veteran's Boulevard. Signage helps direct cars to Lot R. www.parkitdowntown.com has parking maps available, and lot R is numbered 141 on that map. Look for the large red sculpture near the waterfront, close to the Bridge building – we start there near the waterfront. It is an away game date for the Titans, by the way. The hike will proceed along the East Bank Greenway through Cumberland Park for a short distance. We will cross the Seigenthaler Pedestrian Bridge and go south up the Cumberland River Greenway through the Ascend amphitheater and up Rolling Mill Hill Greenway. Crossing the Richard Fulton campus, we take Lindsley Avenue over to Ash Street. This will lead us to the brand new Division Street Connector which is a bridge whose sidewalk offers a panoramic view of downtown. Continuing on Division Street to 12th Avenue South, we turn into the Gulch and onto 11th Avenue S. From there, Demonbreun Street east across above the railroad tracks and work our way to Broadway, passing Frist Center. Following Broadway to 5th Avenue, past Country Music Hall of Fame, then east along the Korean Veterans Boulevard, and across the bridge to starting point. Hike leader: Tom Vickstrom tomzinger55@gmail.com or 615-405-6713.

Nashville Chapter – con't.

Sep 23 - Hampton Creek Cove State Natural Area near Roan Mountain State Park. The "Heritage Apple Hike" is being conducted by the Tennessee Division of Natural Areas and will require that you register individually with the DNA at this link: <http://tnstateparks.com/events/details/#/?event=heritage-apple-hike-all-you-can-eat> or by calling 865-594-5601. There is a fee of \$10 for this hike. Nora Beck will coordinate travel from Nashville to camp at Roan Mt. State Park on Friday, Sep 22. We will meet to hike at the SNA at 10 am and return on Saturday after the hike. If time permits and there is interest, we will go on another hike at Roan Mountain State Park. Per State Natural Areas, Hampton Creek Cove "lies in the pathway of the earliest settlements of East Tennessee...the area has been inhabited for well over 200 years. Early inhabitants planted numerous apple trees...some are heritage varieties and are delicious! Join East Tennessee regional ecologist, Lisa Huff, on a hike up the cove to sample heritage apples and help collect data on them. As we go, we will tag and geo-locate trees using GPS when we find good-tasting apples. We'll make pictures of the apples and also develop tasting "notes" to describe the flavors we encounter. If you'd like to take a few apples home with you, that will be fine, but plan on taking no more than what will fit in one plastic grocery bag. You will also want to bring a pocket knife for cutting samples. Hats, sturdy shoes, water and snacks. Rain will cancel. For more information contact Nora Beck at 615-517-6486 or norellibee@gmail.com.

Sep 26: Monthly Program Meeting. For some years now Nashville chapter members have known that if they take a trip somewhere and Nora Beck finds out about it, she will ask them to give a program about it. This practice has caught up with her. This month's program will be a travelogue of Nora's July trip to the highlands of Scotland, complete with appearances of the Wee Bonny Candy Corn Shorts. As usual, we'll meet at REI in Brentwood at 7 pm. For directions, questions or admonitions contact Nora Beck at norellibee@gmail.com or 615-517-6486.

Sep 30 - Sewanee Perimeter Loop, Sewanee, TN. 9 miles. Moderate to Difficult (due to distance and elevation changes). We will start at Greens View and hike counter-clockwise to a nice overlook before across the plateau on a forest road that passes by the equestrian center. On the other side of the plateau, we'll hike down to Bridalveil Falls and then across to the War Memorial at University View. From there, we walk across the University campus back to the start. Bring lunch/snacks, water, good hiking boots, and clothing appropriate to the weather. Option: Shenanagin's for post-hike nourishment. Contact Doug Burroughs at dougburroughs@tennessee.usa.com or 615-587-0085 (please leave a message) for more information and to register. Meeting Place: Conn's HomePlus (formerly Target), 5330 Cane Ridge Road, Antioch TN 37013. Meeting Time: 7:30 am (Should be at trailhead around 9:30 am).

PLATEAU CHAPTER (Crossville)

CHAPTER CO-CHAIRS: Bruce Whitehead 941-716-3620
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HIKE COORDINATOR: Deb Westervelt 931-267-2243
plateauhikes@tennesseetrails.org
MEETS MONTHLY: 2nd Thursday at 6:00 pm CT
BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. Visit the Plateau Chapter blog or contact Deb Westervelt, 931-267-2243 for additional information. Check blog for cancellations or changes before hiking.

Sep 2 – Cumberland Trail Lawson Mountain Section, Norma Road Trailhead. Water shoes may be needed to cross Lick Creek. This is moderate in and out hike going South along New River and Lick Creek with two options: 7.8 miles round trip to the overlook or skip the overlook instead going 4 miles in to a field to watch the elk and back for total of 8 miles OR do both for 9.4 miles. Other interesting features are a small waterfall, rock formations and views. Depart from Vanity Fair west parking lot at 7:30 am. Carpool cost is \$9. Pack water, snacks and lunch. For more information or to register, contact Deb Westervelt, 931-267-2243.

Sep 6 - Big South Fork Buffalo Arch. Buffalo Arch Trail is a moderate 4.8 miles in and out with an 823' elevation change. The trail is just across the TN/KY border off HY 154 North of Pickett State Park. Depart from Cracker Barrel at 7:30 am CT. Bring lunch, snacks and water. Carpool cost is \$6. For more information or to sign up contact Deb Westervelt, 931-267-2243.

Sep 9 - Mount Cammerer via Chestnut Branch, Big Creek, Smokies. This is an 11 mile strenuous up and back climbing 3300' to the AT and on to a spectacular view at Mount Cammerer lookout tower before returning same trail. Depart at 7:30 am CT from the parking far corner of the Crossville Outlet Center (use the 3rd parking lot entrance), Interstate Drive just off I-40 Genesis Exit 320. Carpool cost \$10. Pack water, lunch, and snacks. For more information and to register contact Cheryl Heckler at thehecklers@charter.net or 931-200-7436.

Sep 13 - Fairfield Glade North Trails. This compilation of trails makes a figure 8, of 7.6 easy to moderate miles in Fairfield Glade. Bring snacks and water. Non Fairfield Glade hikers will meet and carpool from the Vanity Fair Outlet Mall west parking lot at 7:30 am CT to the Peavine/Stonehenge Rds 4-way stop to meet up with the Fairfield resident hikers. We will depart the 4-way for the hikes at 7:45 am. Carpool cost from Vanity Fair is \$2. For more information or to sign up contact Deb Westervelt, 931-267-2243.

Plateau Chapter – con't.

Sep 14 – Chapter Cookout at Meadow Park Lake from 5-7PM. Meal will start around 5:30 pm. Bring your own meat to grill, beverage and covered dish or dessert to share. Charcoal grills will be ready for grilling by 5:00 pm. Plates, plastic ware, cups, napkins will be provided. Contact Carol Quattrociocchi at Quattrociocchi@frontiernet.net or 931-484-4230 or Cheryl Heckler at thehecklers@charter.net or 931-200-7436 for additional information.

Sep 16 – Smokies - Madron Bald/Albright Grove Loop Trail. 7.3 miles. Moderate. Features include giant tulip, beech, hemlock and silverbells trees, Buckeye Creek, Willis Baxter cabin, and Cole Creek. Depart from Vanity Fair west parking lot at 7:30 am. Carpool cost is \$10. Pack water, snacks and lunch. For more information and to register contact Cheryl Heckler at thehecklers@charter.net or 931-200-7436.

Sep 30 – Oct 1 - Cumberland Gap Overnight. Hike Sand Cave and White Rocks via Ewing Trail is an 8.9 mile loop trail located near Ewing, Virginia that features a waterfall and is rated as difficult, with a 2611' elevation gain. If interested in trip but not the hike you can reserve a guided hike to Gap cave for \$8 or \$4 if you have a golden pass; 1 tour per pass. <https://www.alltrails.com/trail/us/virginia/ewing-trail-sand-cave-white-rocks>.

Hike Chadwell Gap trail to Ridge Trail to Hensley Settlement. The settlement gets its name from a Kentucky man named Sherman Hensley, who in 1903 moved with his young wife to the top of Cumberland Mountain to eke out a living away from the encroaching world of telephones and automobiles. It is approximately 8 mile hike with 2385' elevation gain. If interested in the settlement but don't want to hike, you can reserve a Ranger Guided Hensley Settlement tour for \$10 (\$5 if you have a Golden Pass; 1 tour per pass). The ranger drives a 10 passenger van up the Shillalah Creek trail (a steep gravel road) to the settlement. See the profile on the map at: <https://www.alltrails.com/explore/recording/chadwell-gap-to-hensley-settlement—2>.

Hotels: Cumberland Gap Inn in Cumberland Gap, KY with rooms at \$80 per night. Middlesboro, KY has a Holiday Inn at \$120 or \$117 senior rate and a Sleep Inn at \$115 or \$109 senior rate. Or setup to tent camp! Depart from Vanity Fair west parking lot at 7:30 am. Carpool cost is \$10. Pack water, snacks and lunches. For more information and to register contact Cheryl Heckler at thehecklers@charter.net or 931-200-7436.

SODDY-DAISY CHAPTER

CHAPTER CO-CHAIRS: Jean Smith 423- 597-7681

soddydaisy@tennesseetrails.org

HIKE COORDINATOR: George Bonneau 423-842-3619

soddydaisyhikes@tennesseetrails.org

TREASURER: Bob McGavock 423-843-4646

soddydaisytreas@tennesseetrails.org

MEETS QUARTERLY: 1st Tuesday in Jan, Apr, Jul, Oct at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson

Additional information may be seen at our web site:

<http://www.tennesseetrails.org/blog/soddydaisy>

Sep 2 - Prentice Cooper. Approximately 6 miles.

Moderate. Meet at Food City in Red Bank at 8 am. Hike leader: George Bonneau 423-842-3619. Mileage - RT 30 - \$2.

Sep 5 - Greenway Farms. Approximately 4 miles.

Moderate. Meet at the dog park at 8 am. Hike leader: Donna Pyers 352-812-4845.

Sep 9 - Rock Climbers parking lot to Big Soddy Gulf.

Approximately 5 miles. Slightly strenuous. Will stage vehicles. Meet at Durham Street parking lot in Soddy Daisy at 8 am. Hike leader: Trish Appleton 423-240-3443. Mileage - RT 10 - \$1.

Sep 12 - Leggett Road to McGill Creek. Approximately 4 miles. Moderate.

Meet at Durham Street parking lot in Soddy Daisy at 8 am. Hike leader: George Bonneau 423-842-3619. Mileage - RT 22 - \$1.

Sep 16 - Roaring Creek. Approximately 6 miles.

Slightly strenuous. Meet at Durham Street parking lot in Soddy Daisy at 8 am. Hike leaders: Will Smith 423-580-2918 and John Politte 423-304-8327. Mileage - RT 28 - \$2.

Sep 19 - Harrison Bay State Park. Approximately 4-1/2 miles. Easy.

Meet at Target parking lot on Hwy 153 at 8 am. Hike leader: Donna Pyers 352-812-4845.

Sep 23 - Booker T. Washington. Approximately 4 miles. Moderate.

Meet at Target parking lot on Hwy 153 at 8 am. Hike leader: Jean Smith 423-596-9681. Mileage - RT 22 - \$1.

Sep 26 - Sitton's Gulch (bottom of Cloudland Canyon). Approximately 4 miles. Moderate.

\$5 parking fee. Meet at Food City parking lot in Red Bank at 8 am. Hike leader: Donna Pyers 352-812-4845. Mileage - RT 60 - \$3.

Sep 30 - Retro Hughes Road to Immodium Falls and back. Approximately 6 miles. Slightly Strenuous.

Meet at Durham Street parking lot in Soddy Daisy at 8 am. Hike leader: Boodie Fox 423-842-1178. Mileage - RT 22 - \$1.

SUMNER TRAILS CHAPTER

CHAPTER CHAIR: Lynn Takacs 615-479-7702

sumner@tennesseetrails.org

Hike information unavailable at press time.

TTA Annual Meeting Schedule of Events All times are Central Daylight Time

FRIDAY

12 Noon

Registration and Room Check-In Open, Drop off Baked Goods & Auction Items
Randy Hedgepath's Fall Color Hike on Fiery Gizzard Trail from Foster Falls to Laurel Gorge

1:00 pm

1:30 pm

Sycamore Falls Hike, Fiery Gizzard Trail Shakerag Hollow and Piney Point, Sewanee Perimeter Trail

1:30 pm

3:00 pm

Silent Auction Bidding, White Elephant and Bake Sale Begins

5:30 -7:00 pm

Dinner

7:00 pm

Program - Randy Hedgepath, Tennessee State Naturalist, "My Favorite Places on the South Cumberland Plateau"

8:00 pm

Flat River Band

SATURDAY

6:30-8:30 am

Breakfast

7:00 am

Pre-ordered sack lunches can be picked up

7:30-9:00 am

Depart for Hikes

Noon-7:00 pm

Silent Auction (Bidding closes at 7:00 pm)
Shop White Elephant Sale

5:30-7:00 pm

Dinner

7:00-8:00 pm

TTA Annual Membership Meeting

8:00 pm

Program - Bobby Fulcher, Manager of Cumberland Trail State Park, "Update on the Cumberland Trail".

9:00 pm

Bonfire

SUNDAY

6:30-8:30 am

Breakfast

7:00 am

Pre-ordered sack lunches can be picked up

Room and camp check out

7:30-9:00 am

Depart for Hikes

9:00 am

TTA Quarterly Board of Directors Meeting

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CO-CHAIRS: Jennifer Carroll 661-369-6619
uppercumberland@tennesseetrails.org

HIKE COORDINATORS: Cathy Moran 931-544-2764
uppercumberlandhikes@tennesseetrails.org

Sep 2 - Window Cliffs. 5.4 mile round trip. Strenuous. Steep descent the 1st mile (about 300 ft.) then a slow uphill climb the next mile + with a steep climb to the top of the cliffs (about 250 ft.) We will cross Cane Creek and its tributary Phelps Branch 20 times. 18 of the crossings have steel cables to hold on to. We will see a 20 ft. waterfall and visit a overlook that has an excellent view of the windows in the cliffs. Bring water shoes, lunch (on top the cliffs), snacks, water, etc. Meet at J.C. Penny's in Cookeville, TN at 8:00 am. To register, contact Pete Broehl at 931 738-3551 or pabroehl@blomand.net. If trail is closed because of high water we will hike the Upper/Lower Piney Falls and Stinging Fork Falls (both less than 6 miles).

Sep 9 - Abrams Falls. 5.2 miles roundtrip. Easy. There's not very much elevation. It may still be really hot in September, so bring plenty of water. Will be swimming at the falls, if water is right. Meet at JC Penney in Cookeville at 7 am CT. The Cades Cove Road is closed to motor traffic on Saturday mornings, so we won't be able to get to trailhead in Cades Cove until after 10 am ET. Please call, or text, Brandon Kimbrell at 931-981-5451 to register for the hike, or if you have questions. If you call, and there is no answer, please leave message.

Sep 9 - Fairfield Glade, Cumberland County. 7 miles. We will explore 3 trails developed by volunteer trail builders within the Fairfield Glade community. Our first hike will be on the HGR loop within the northern section of the community. The hike through a woodland with some interesting rock outcroppings is 3 miles long and is rated moderate for elevation gain and loss. Then we will drive to the Seven Bridges Trail. This trail starts as a grassy road then joins a loop through a woodland with rock outcroppings creating a lollipop hike by returning on the same grassy road section. This hike is 2.1 miles and is rated easy. The last hike of the day will be on the Overlook Trail. This trail starts at an overlook of Daddy's Creek then runs along a hillside above the creek before descending to creek level for over a half mile and looping back up the hill to the overlook and parking. Portions of the new Crab Orchard section of the Cumberland Trail can be viewed on the other side of the creek. This hike is about 2 miles and is mostly easy but is rated strenuous due to a short but steep climb from the creek to the overlook. If water conditions are amenable we can cool our feet, wade, swim, or otherwise enjoy the water in Daddy's Creek before returning to the overlook. Bring snacks, water, lunch, hiking boots, and water shoes and appropriate clothing if you plan to get wet. You can meet us in the west side of the JC Penney's parking lot in Cookeville at 8:00 am. For information and to register, contact Lillian Ey at eyintn@hotmail.com or 615 478-7461.

Upper Cumberland Chapter – con't.

Sep 16 - Savage Day Loop, North Rim, Mountain Oak, and North Plateau Trails, Savage Gulf State Natural Area, Palmer, TN. We will hike the Savage Day Loop, Mountain Oak, and parts of the North Plateau and North Rim Trails. The hike is about 9 1/2 miles and is rated easy for the terrain and moderate for the distance. The hike features several nice overlooks. Bring water, snacks, and lunch. You can meet us in the Penny's parking lot in Cookeville at 8:00 am, at the US Bank in Sparta across from McDonald's in Sparta about 8:20, or at the trailhead about 9:00. For information and to register contact Richard Savage at 931-526-2035 or savage_richard@hotmail.com.

Sep 23 - The Garden Spot, Frozen Head State Park. 12.5 miles. We will begin our hike at Big Cove camp ground following the Lookout Tower Trail until it meets the Cumberland Trail (mile 2.8), where we will continue on to Bald Knob (mile 3.3). Following the Cumberland Trail/North Boundary Trail, we will pass "Son of a Bitch Ditch" before reaching the western end of a series of coal ponds and a junction with Coffin Springs Trail (mile 4.7). Continuing along the Cumberland Trail, we will reach an old dirt road that runs into a gravel road at the north end of the Garden Spot, a large flat summit (mile 5.9). From here, we will return to the Coffin Springs Trail junction (mile 6.1). Taking Coffin Springs Trail, we will pass Coffin Springs and the Coffin Springs campsite before rejoining the Lookout Tower Trail (mile 7.2). Proceeding along Lookout Tower Trail, we will make our way to the Panther Gap junction (mile 8.6), where those who wish can take a short side trail to see Panther Gap Rockhouse. From the Panther Gap junction, our trail continues on the South Old Mac trail junction (mile 9.2). Anyone wanting to see the Lookout Tower can proceed up to the tallest point in Frozen Head State Park for excellent views of the surrounding areas. From here, we will make our way down South Old Mac Trail to the parking lot (mile 12.5). Those wanting a shorter hike may be interested in taking the Bird Mountain Loop from the Lookout Tower Trail (7.2 mile) or remaining on the Lookout Tower Trail, by passing the North Boundary Trail and the Garden spot (9.5 miles). This hike is rated strenuous. Bring hiking boots, snacks, water, and lunch. You can meet us in the JC Penney's parking lot in Cookeville at 7:00 am CT, or at the trailhead at approximately 8:45 am CT. For information and to register contact Jeff Graves at jagraves21@students.tntech.edu.

HIKES
2017 TTA Annual Meeting
October 13-15, 2017

SELF GUIDED STROLLS

Meadow Trail, behind South Cumberland State Park Visitor Center. Monteagle, TN 2 mile loop. Easy.
The University of the South Campus Walk. Sewanee, TN. Easy

FRIDAY, October 13

Fiery Gizzard Fall Color Hike. Join State Naturalist Randy Hedgepath for a stop and go nature hike on the Fiery Gizzard Trail from Foster Falls to the Laurel Gorge. Many sweeping panoramic overlooks are featured including some off trail. This is a very easy 6 miles roundtrip. Leave at 1:00 .m. C

Sycamore Falls Hike. Fiery Gizzard Trail. Features Chimney Rocks, Little Fiery Gizzard Creek, cascades, Blue Hole, Sycamore Falls 2.6 miles round trip. Moderate due to roots, eroded trail, rocks and boulder field. Sara Pollard. Depart at 1:30 pm.

Shakerag Hollow Hike including Piney Point Overlook. Sewanee Perimeter Trail. Hike Leader Jan Safavi. Hike the entire length of Shakerag Hollow from Roark's Cove Road to eastern University Gates with a spur trail out to Piney Point Overlook. Total mileage: 4 miles. Moderate. 450 ft. elevation change. This hike omits the climb up the cliff to Green's View. Requires a vehicle shuttle. Depart at 1:00 pm.

SATURDAY, October 14

Collins Gulf Overlooks Hike. State Naturalist Randy Hedgepath has made special arrangements to access this trail section at the Savage Gulf State Natural Area. This easy 6 mile roundtrip features overlooks into a real wilderness gorge. The pace will be leisurely with lots of stops for photos and nature study. Leave at 9:00 am. CT.

Stone Door Trail, Big Creek Rim Trail, Laurel Trail Loop Hike. Features Laurel Falls and the Great Stone Door Overlook. Total mileage. 7.0 miles. Flat terrain. Leader, Tony Jones. Moderate. Depart at 8:30 am.

Cloudland Canyon State Park. Trenton, Georgia. Overlook Trail, Waterfalls Trail, West Rim Trail. 7 miles. Moderate. Hike Leader Joan Hartvigsen. Leave at 8:00 am.

Big Creek Gulf Trail, Ranger Creek Falls, Alum Gap, Big Creek Rim Trail. 7.2 mile loop. Challenging. 700 ft. elevation change. Rocky footing. Steep ascent. Rated moderate to strenuous. Beautiful, interesting hike through a gorge with a lovely waterfall, cascading creek and great overlooks. Marietta Poteet. Depart 8:00 am.

Savage Day Loop and South Rim Trail to visit base of Savage Falls and Savage Falls Overlook. Savage Gulf. 5.2 miles total. Easy. Features cascading Savage Creek lined with hemlocks, a visit to the plunge pool of Savage Falls, the overlook of Savage Falls and Rattlesnake Point Overlook. Jim Poteet, hike leader. Depart 8:30 am.

Walls of Jericho State Natural Area. 7.5 total miles. Steep. Strenuous. One section of trail is slick. We will go in on the Tennessee side and come out on the Alabama side. Cindy Watson and Gary Kimbrell. Depart 8:00 am.

Grundy Forest Day Loop. Easy. 2 mile loop. South Cumberland State Park. Features giant hemlocks and views of waterfalls, cascades, and the junction of the Big and Little Gizzard Creeks. Nabil Wakid, hike leader. Depart at 9:00 am.

Sewanee Perimeter Trail - The Cross - to Proctors Hall - to Morgan's Steep, Bridal Veil Falls, Acadian Trail, Central Campus. 6+ miles. Moderate. Hike Leader: Michael Glennon. Start at the Cross - a very large white Memorial Cross overlooking Hawkins Cove. The first part of the hike involves a walk beneath massive rock walls and overhangs (a favorite of rock climbers). The trail goes under and passes behind a waterfall. At about halfway the trail goes through Proctors Hall - a natural stone tunnel with old inscriptions carved in the stone. The trail passes directly through the Hall and out the other side. It is a little bit of a climb down, but is easily done with a helping hand. After another small stream crossing the trail climbs a set of stairs which leads up to the top of the bluff at Morgan's Steep with another great view into the valley. The trail was originally built by the Civilian Conservation Corp in the 1930's. Allow for a total of about 1-1/2 hours to Morgan's Steep. From Morgan's Steep the trail continues on along the cliff, crosses a stream, and then begins the descent down the mountain one mile to Bridal Veil Falls. The falls is located at the edge of a large sink. The stream emerges from the side of the mountain, cascades 25 feet and then drops as far again and disappears into the bottom of a great pit. The Acadian Loop trail allows for a return to Morgan's Steep via an alternate trail up the mountain. After ascending the plateau we return along the Perimeter Trail back to Morgan Steep taking in Clara's Point View and a section of the Corso. Total time estimate of 2+ hours for the Bridal Veil and Acadian Trail Loop section. At Morgan's Steep we will begin a hike back to the War Memorial Cross via a walking tour of the central campus taking in the sights of the many historic buildings on campus. reminiscent of the gothic tradition of Oxford and Cambridge: All Saint's Chapel, Breslin Tower, Convocation Hall, Guerry Hall, and Saint Luke's Chapel. The last mile or so is along the Tennessee Williams Trail back to the Memorial Cross. Depart at 8:00 am.

Rock Creek Section of the Cumberland Trail. 8 miles. Moderate. We will hike from the Retro Hughes trailhead to the Lower Leggett Road Trailhead in Sale Creek. We will pass the Rock Creek campsite and enjoy views from the Rock Creek and Leggett Point overlooks. Hike leader Sara Pollard. Depart at 7:30 am.

Raven Point, Anderson Falls, Showcase of Fiery Gizzard Reroute. 4 miles round trip. Strenuous. Naullain Kendrick, hike leader. The rerouted section drops down over the bluff and into the Gorge. Along the reroute we will enjoy gorgeous views of eighty foot Anderson Falls and the Gorge. Many stone steps, staircases, suspension bridges. TTA donated money to purchase a rock hoist to place the stone steps. Hike departs at 9:00 am.

Con't on next page

TTA Annual Meeting Special Guests

Our special guests for the annual meeting are Tennessee State Naturalist Randy Hedgepath and Bobby Fulcher, Manager of Cumberland Trail State Park.

Friday evening Randy Hedgepath will present a program "My Favorite Places on the South Cumberland Plateau." With more than 32 years of experience with Tennessee State Parks, Randy Hedgepath has served as a Ranger Naturalist at South Cumberland and Radnor Lake State Parks. He was appointed State Naturalist for Tennessee State Parks in 2007. Randy's work ethic, commitment, and boundless energy have made him the most sought after State Naturalist. He's also leading three hikes at the annual meeting.

Saturday evening after the TTA Membership Meeting Bobby Fulcher, Manager of Cumberland Trail State Park, will present a program "Update on the Cumberland Trail". In 1999, Bobby joined the staff of Cumberland Trail State Park, where he now serves as park manager. It's the state's only linear park, and the only park in the world with its own record label, Sandrock Recordings, which draws extensively from Bobby's field recordings. He also created a radio show called "Music of the Cumberland Trail" that is broadcast weekly on station WDVX in Knoxville. The Cumberland Trail is an ambitious hiking trail project under development in East Tennessee. When completed, the Cumberland Trail (CT) will extend more than 300 miles from its northern terminus in Cumberland Gap National Historical Park (TN/KY) to its southern terminus at the Chickamauga-Chattanooga National Military Park located on Signal Mountain just outside Chattanooga, Tennessee. As of November 2016 over 210 miles of the trail are open for hiking.

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on the 10th of each month for the following month's newsletter. All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits. Please send all submissions to: editor@tennesseetrails.org

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster for inclusion on the TTA website.

ANNUAL MEETING HIKES – CON'T.

SUNDAY October 15

Greeter Falls, Alum Gap Hike. Join State Naturalist Randy Hedgepath for a tour of his favorite waterfall area with a bonus overlook into Big Creek Gulf. This is an easy 5 miles with stop and go nature hike pace. Departs at 9:00 am.

Chickamauga Battlefield Civil War Hike, Fort Oglethorpe, Georgia. Four miles. Easy. Historian James Ogden, National Park Service, will lead this Civil War History Interpretive Hike. The hike will be a combination of pedestrian and equestrian trails and paved roads. Some sections could be muddy. Wear your hiking boots and bring water and lunch. Because Chickamauga Battlefield is on Eastern Time we must depart at 7:30 a.m. CT. Our leader is Joan Hartvigsen. The hike is 10:00 am ET to 3:00 pm ET. (approximate)

Horsepound Falls Hike. South Cumberland State Park. Collins Gulf West. Gruetli-Laager, TN. 5 miles out and back. Moderate due to a boulder field to cross and steep ascent/descent. Marietta Poteet is leading this beautiful geology/waterfalls hike. We will see two spectacular waterfalls: Suter Falls and Horsepound Falls. Depart at 8:00 am.

Short Springs State Natural Area, Machine Falls and Rutledge Falls. 2250 Short Springs Road, Tullahoma, TN. Moderate due to rough terrain. Hike leader – Cindy Watson. Cindy grew up hiking to Machine Falls in Short Springs SNA. Depart at 8:30 am.

Old Stone Fort State Archaeological Park, Manchester, TN. 4 miles. Moderate. We will enjoy an autumn hike along the cascading waters of the Duck River in dense forests of mature oaks, hickories and yellow poplars. We will hike the Old Stone Fort Trail, River Fork Loop, Backbone and Little Duck Loop and the Old River Channel Trail. On the Backbone Trail we will walk along a high ridgeline looking down onto the tops of the trees. We will see the confluence of the Little Duck and the Duck River on the Forks of the River Trail. Along the Little Duck Loop we will see tall limestone bluffs bordering the river. Hike Leader, Jan Safavi Depart 8:00 am.

Denny Cove, Denny Falls and Foster Falls Overlook, South Cumberland State Park. Naullain Kendrick hike leader. Three miles strenuous. Denny Cove is South Cumberland State Park's newest addition. Denny Falls, 70 ft. scenic waterfall. Depart 8:30 am.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

A NEW MEMBER

Sep 17

RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Cheryl Heckler 931-200-7436 membership@tennesseetrails.org

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

___ Individual \$25.00

___ Family \$35.00

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___ Supporting (\$50.00, \$100.00 or more)

___ Life Member (Individual) \$500.00

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Name _____

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Please do not list my e-mail address in the TTA Annual Membership Directory

I would like to receive my newsletter by email.

** _____ **

Please list me with the following chapter:

___ Clarksville

___ Murfreesboro

___ Columbia/Franklin

___ Nashville

___ East TN (Oak Ridge/Knoxville)

___ Plateau (Crossville)

___ Highland Rim (Manchester/Tullahoma)

___ Soddy Daisy

___ Jackson

___ Sumner Trails (Sumner County)

___ Memphis

___ Upper Cumberland (Sparta/Cookeville)

___ At Large

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's partner organization (CTC) and associate organization (TRAC). (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.