

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



2016 TTA Annual Meeting

We had a great meeting at Pickwick Landing State Park on October 28-30 where 129 members attended. The meeting was hosted by the Memphis and Jackson chapters. The meeting followed the usual format for the most part.

There were three hikes Friday afternoon (Carroll Cabin Barrens, Pickwick Island Loop, and Shiloh Sunken Road with a total of 44 hikers). Friday night our entertainment was, once again, *Kindred Spirits*, a duo from Martin, Tennessee. They played mostly folk songs and added humor. Our speaker was Allan Trently, Manager of the Natural Areas in West Tennessee. He explained the State of Tennessee Natural Areas program and spoke about several of the natural areas including Carroll Cabin Barrens State Natural Area (one of the Friday afternoon hikes).

On Saturday we had six hikes (Big Hill Pond, Cane Creek, Pinson Mounds, Shiloh Historic Hike, Shiloh Compass Hike, and Tishomingo State Park with a total of 85 hikers). First item on the Saturday evening program was the annual membership meeting. Each chapter presented a report on the activities during the year. Officers elected for 2017:

President:	Carolyn Miller
Vice-President:	Bruce Whitehead
Secretary:	Jackie York
Treasurer:	Kathy Woods
Membership Director:	Cheryl Heckler

The annual meeting awards were presented. Cheryl Heckler received the Bob Stutz Award. The Tennessee Trails Award was jointly awarded to Shelby Farms Park and the Wolf River Conservancy. John Morrison, Ranger at Shelby Farms, gave a brief presentation about several trails in and around Shelby Farms. Charlie Bright presented for Wolf River Conservancy; he discussed a forty-mile trail on the bank of the Wolf River. Bob Richards received the Bob Brown award.

We closed the silent auction after the annual meeting. We had 38 silent auction items and a live auction of the world famous Candy Corn Shorts with a winning bid of \$500. In the past these shorts have been taken around-the-world (maybe not the whole world) and now Nora Beck will add to the adventures of the Candy Corn Shorts. The last item Saturday night was a program by Rob Weber on the Cumberland Trails Conference with emphasis on the progress and the many supporters helping the CTC.

On Sunday morning we had five hikes (Big Hill Pond, Lady Finger Bluff, Mousetail Landing Eagle Point Trail, Natchez Trace Cub Lake and Pickwick Island Loop Trail with a total of 53 hikers).

We thank all the hike leaders, members of the Memphis and Jackson chapters, the businesses whose donations made our silent auction a success: Hermitage Hotel (Nashville), The Outdoor Experience (Cookeville), Cumberland Trail Office (Crossville) and Corky's Restaurant (Memphis). And thanks to members donating items to the silent auction, white elephant and bake sale.

The success of this annual meeting was made possible by the planning and hard work at the meeting of our volunteers. We also thank all the TTA members for coming to the meeting, participating in the auctions, and expressing appreciation for our work.

Charlie Bright
Memphis Chapter Chair



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Website: www.cumberlandtrail.org

Happy New Year!!

CTC has had a great year of trail building with 10.717 miles built from August 2015 through July 2016. The momentum continues. With your help, we can complete the Cumberland Trail.

Along with the Central Crew and the Southern Crew, trail building continues year around. There are also several volunteer programs are scheduled for 2017.

If you want to support the trail building activities, work with the trail crew or offer your skills, contact the CTC office to register to participate in one of the upcoming trail building programs.

- **Jan 10 – Feb 28: AmeriCorps (NCCC).** Based at Eden Ridge camp in Hebbertburg.
- **Feb 25 – Mar 3: Wartburg College.** Based at Eden Ridge camp.
- **Mar 5 – Apr 1: Spring Alternative Spring Break program (ASB).** Based at Fort Bluff Camp in Dayton. We have 160 students scheduled to spend their spring break helping to build the Cumberland Trail. Come join us and build lasting memories for yourself and the students. Food and lodging provided.

As we end one year and begin another year, we want to thank those who have either donated time or money or both to support the CTC, the Connector Program with UTC and the ongoing job of building the Cumberland Trail.

CLARKSVILLE CHAPTER

CHAPTER CHAIR: Ken Johnson 931-802-6343
clarksville@tennesseetrails.org
CHAPTER VICE-CHAIR: Lili Ball 931-552-2773
clarksville@tennesseetrails.org
TREASURER: Mary Schwab 931-645-9068
clarksvilletreas@tennesseetrails.org
SECRETARY: Donna Burdick 931-220-8497
clarksvillesecy@tennesseetrails.org
OUTINGS COORDINATOR: Paul Schwab 931-645-9068
clarksvillehikes@tennesseetrails.org
(call Paul & volunteer to lead an outing)
MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT,
Crow Community Center, 211 Richview Rd.
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/clarksville>

Hike information unavailable at press time.

Annual Multi-Chapter New Year's Day 1st Hike and Feast January 1, 2017 Edgar Evins State Park Silver Point 10 am CT Choice of 2.5 or 4.5 miles Easy to Moderate

All members of all TTA Chapters are invited to start the New Year off right with an invigorating hike and traditional New Year's Day lunch along with the Friends of Edgar Evins State Park. The adage is that what you do on the first day of the year you will continue to do all year long. We'll meet at the covered picnic shelter #1 at the lower part of the Marina parking lot at 10:00 am CT to drop off food. We will then carpool to the trailhead to save space there. The hike will be on the 2.5 mile Millennium Trail. Built by Tennessee Trails Association in 2000, the trail is classified as moderate in difficulty. After the hike we'll return to the picnic shelter for hot chocolate and lunch. The lunch will feature your traditional New Year's Day dishes such as ham, black eyed peas, collard greens, corn bread, dips and chips, salads, desserts, etc. Just bring your favorite New Years dish to share. There are electrical outlets and water for those who want to bring food in crock pots, etc. Restrooms are also available on site. We'll have a roaring fire going to help keep the chill at bay. Edgar Evins State Park is furnishing the shelter and firewood. The Friends of Edgar Evins State Park will furnish hot chocolate and disposable dishes. After lunch those who wish may also hike the 2 mile (moderate but hilly) Highland Rim Nature Trail on their own or with other hikers. For more information contact Fount or Anna Bertram, fwbertram@dtccom.net or home phone 615-765-5357.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR: To be determined
columbia@tennesseetrails.org

HIKE COORDINATOR: Jane Coffey 615-516-6551
columbiahikes@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Super China Buffet, 5228 Main St., #B1, Spring Hill, TN 37174. Socializing and dinner at 6:00 pm CT; meeting starts at 7:00 pm.

Please check the TTA website for updates on our hikes.

There will be no chapter meeting in January or February.

Jan 1 - Edgar Evins New Year's Day Hike and Feast. 10:00AM – 1:00PM CST. Bring a dish to share as we celebrate the New Year. Hikers will meet at the picnic shelters to sign in and drop off food. We will then head over to the Millennium trail head for a 2.5 mile moderate hike. Hikers will enjoy interesting park history and beautiful views of Center Hill Lake. After the hike, we will meet back at the shelters for a potluck feast. We will also celebrate the birthday of our park's name sake, J. Edgar Evins. This free event will be fun for the whole family! The Columbia/Franklin Chapter will meet at Tollgate Medical Plaza at 8:30 am. We will head out by 8:40 am to make this hike on time. Please contact Jane Coffey at 615-516-6551 or *jecoffey0644@gmail.com* if you are interested in attending. We will meet up with the other chapters at the picnic shelters area near the Edgar Evins State Park Marina parking lot.

Jan 28 - Land Between the Lakes. Located in western Tennessee and Kentucky, Land Between the Lakes (LBL) is the largest inland peninsula in the USA. Originally created when the Cumberland and Tennessee Rivers were impounded (creating Kentucky Lake and Lake Barkley), LBL features over 170,000 acres of forested & protected public land, and over 300 miles of undeveloped shoreline. Maintained and managed by the USDA Forest Service, LBL welcomes over 2 million visitors a year. Members of the Columbia/Franklin chapter hope to see the eagles nesting on this hike which will be led by Robert Consalvo (*rconsalvo@aol.com* or 615-519-5584). Details for this hike will be sent to interested parties nearer the hike date.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-985-9144
easttennessee@tennesseetrails.org

WEBMASTER: Sherry Barber 865-209-6189
sbarber6189@comcast.net

Jan 7 - Haws Ridge, Claxton area. We will hike 6 miles in this rugged but very scenic park (sharing the trails with off-road bikers). This trail has a variety of forest, steep hills, level walking and water. We'll meet at the trailhead at 10:00 am ET. Pre-registration is required because cancellation is an option due to the weather. Contact Rosie at 865-985-9144 or email at *mrosemary04@gmail.com*.

Jan 21 - Obed River. The Obed Wild & Scenic River Park consists of four streams that have cut into the sandstone of the Cumberland Plateau creating rugged landscape of wild land and water. There are spectacular gorges with 400 foot cliffs above the streams, and huge sandstone boulders dotting the streams creating large whitewater rapids in the rushing water. We will hike approximately 5 miles in and out at Alley Ford. The trailhead begins at the Rock Creek Campground adjacent to Nemo. Pre-registration is required due to the weather conditions. We will have 2 meeting places. The first meeting place will be at the Ingles parking lot at Merchants Rd Exit off I-75 North at 9:00 am ET. Another meeting place will be at 9:30 am ET at the Oak Ridge Museum of Science parking area. Please register with Sherry Barber at *sbarber6189@comcast.net* or 865-209-6189.

Joining TTA as a New Member? Membership Up For Renewal? Your Generosity Benefits All !

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

In the past, Supporting Member donations in excess of the regular dues were allocated to TTA's general operating fund. During the 2001 Annual Meeting, TTA's Board of Directors voted to allocate Supporting Member donations to the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

CHAPTER CHAIR: Mary Etta Ward 931-455-4609

highlandrim@tennesseetrails.org

SECRETARY Tanja Kendrick 931-224-6225

TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666

highlandrimtreas@tennesseetrails.org

OUTINGS & PROGRAM COORDINATOR & NEWSLETTER

CONTACT: Joan Hartvigsen 931-962-0811

highlandrimhikes@tennesseetrails.org

(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W.

Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Jan 1 – Multi Chapter New Year's Day First Hike and Feast. Millennium Trail and Highland Rim Nature Trail. Edgar Evans State Park. Silver Point, TN. 4.5 miles.

Moderate. Meet at 10:00 am CT at the covered picnic shelter #1 at the lower part of the marina parking lot. Bring a dish to share for the potluck lunch. Contact Joan Hartvigsen at *jhartvigs@comcast.net* or 931-962-0811 for carpool information.

Jan 14 – Base of Fall Creek Falls Trail, Gorge Overlook Trail, Piney Falls Overlook Trail and Piney Falls Bridge Trail. Fall Creek Falls State Park, Spencer, TN. 4 miles.

Moderate. Steep descent, rough footing. We will also visit the overlooks off the Gorge Scenic Motor Nature Trail, including Millikan's and Buzzard Roost. On this trip we will visit the plunge pool and then the overlook of 256 ft. high Fall Creek Falls. We will see Cane Creek Falls and Cane Creek Cascades and enjoy spectacular views of Fall Creek Gorge and Cane Creek Gorge. Piney Falls is a 95 ft. two tier waterfall. Bring water, snacks and lunch. You will need sturdy hiking boots and hiking sticks. Contact Joan Hartvigsen at *jhartvigs@comcast.net* or 931-962-0811.

Jan 23 - Chapter Meeting. Dinner at 5:00 pm at Red Lobster, 1947 N. Jackson Street, Tullahoma. Meeting is 7:00 pm at D. W. Wilson Community Center. Chapter members Marcia Medford, Linda Hudson, Ruth Wells and Marietta Poteet hiked the Dingle Way in Ireland. They also travelled by a horse drawn Gypsy Wagon. The Dingle Way is a long-distance trail around the Dingle Peninsula in County Kerry, Ireland. It is a 162 kilometer long circular route that begins and ends in Tralee, Ireland.

Jan 28 – Chilly Chili Hike. Hike to Lake Dimmick, Sewanee TN. About 5 miles round trip. Flat. Easy. Everyone is welcome to the Poteet's 15th Annual Chilly Chili Hike. We will meet at the parking lot near the 41A and University Avenue intersection in downtown Sewanee at the head of the Mountain Goat Trail on January 28 at 9:00 am CT. We will hike the Mountain Goat Trail to the Lake Dimmick Trail out to Lake Dimmick. We will assemble back at the Poteet's home at 12 Noon for chili, cornbread, brownies and fixin's. If you would like to contribute something to the meal, please feel free. We will have a variety of drinks. You can call Marietta for the gate code or Marietta will have it at the hike. If possible, let Marietta know you are coming. Contact Marietta at 931-924-7666 or *nannietta@blomand.net*. The Poteets live in Cliff Tops, 525 Huckleberry Place, Monteagle, TN.

Southeastern Foot Trails Coalition

Winter Hike Week

Jan 18 - 22, 2017

Music Road Inn in Pigeon Forge

The Southeastern Foot Trails Coalition will hold their annual Leadership Conference meeting and winter hiking event this coming January 18-22, 2017 at the Music Road Inn in Pigeon Forge Tennessee. The hiking component of this event is meant to continue the winter hiking tradition popularized for 25 years by Wilderness Wildlife Week, an annual winter event, now being held in May due to winter scheduling conflicts. The appeal of winter hiking in the Smokies, although not for everyone, has a sizeable following and SEFTC is glad to resurrect this winter hiking opportunity. Building upon our Biennial Conference this year, SEFTC will be offering multiple hikes daily, beginning Thursday, running through Sunday.

What is the Southeastern Foot Trails Coalition?

The Southeastern Foot Trails Coalition (SEFTC) seeks to promote and protect the long-distance foot trails in the Southeast and to connect trails and their natural trail corridors by building a regional trail system and an active network of hiking organizations.

To learn more about the Winter Hike Week and the Southeastern Foot Trails Coalition go to: <http://southeastfoottrails.org/>.



JACKSON CHAPTER

CHAPTER CHAIR: Melinda Pearson 731-225-4293
jackson@tennesseetrails.org

TREASURER: Anne Goodson 731-664-1556
jacksontreas@tennesseetrails.org

SECRETARY: Don Dresser 731-668-4190
jacksonsecy@tennesseetrails.org

OUTINGS COORDINATOR: Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org
(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1st Tuesday at Perkins Restaurant, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 6:45 pm

Planning Ahead:

Mar 11-19 - Natchez Trace SP. Join project leader Dick McKeen, SP Ranger Greg Taylor, and volunteers from the American Hiking Society in rebuilding the Cub Lake Trail. For additional information or to register, please contact Dick McKeen at *sprucemountain@Eplus.net* or 720-469-0619.

Mar 25-26 - Smoky Mtn hike near Cades Cove. Hike organizer and leader is Jeff Chambers at *chambers.jeffreyb@gmail.com*.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
memphis@tennesseetrails.org

VICE-CHAIR: Francis Ruffin 662-781-5034
memphisvice@tennesseetrails.org

Jan 2 - New Year's Hike, T. O. Fuller State Park. We will begin the hike at the Visitors' Center at 9:30 am. The hike is a 6-mile continuous loop trail ranging from moderate to rugged. Wear hiking shoes and bring water. We will view the Chucalissa Indian Village and Wetlands and celebrate the New Year with refreshments at the RV center. Rain or snow will cancel the hike. For further information contact Francis Ruffin 901-573-9998. Directions: Go I-240 West to I-55 North, Exit 7 South to Highway 61(3rd Street) drive south approx 1 mile and turn right onto Mitchell Road, continue 3 miles west to the T.O. Fuller Park sign and turn right at the Visitor Office.

Jan 7 - Herb Parsons Lake State Park, Fisherville. Here's an easy 6-mile hike around the lake and through the woods. Meet at 9:30 am at the lake and bring snacks and water. Rain or snow will cancel. For questions contact Margaret Smith at 901-210-6097 call or text.

Jan 14 - Big River Crossing with options - Registration Required. We will meet at the parking lot across from Channel 3, 803 Channel 3 Drive, at 9:30 am. There could be several options: (1) We could hike from the Tennessee side of the bridge to the West Memphis side and back (about two miles.) (2) We could hike from the Tennessee side to Poncho's Mexican Restaurant in West Memphis for lunch (about 5.3 miles). We would run a shuttle to have vehicles to take hike participants back to their vehicles. (3) If any hikers were interested they could hike to Poncho's for lunch and back to the channel 3 parking lot (about 10.6 miles). There are very few spectacular views in West Tennessee and this is one of them. For information contact *charlie.bright2010@gmail.com*. Registration is required so I can plan for the preferences of the participants.

Jan 21 - Nesbit Park in Bartlett, White & Wino Trail. Meet at 8:45 am in Nesbit Park parking lot. We will hike the white trail with possible additions for a total of 6 to 6.5 miles. One ravine crossing is part of this trail so wear hiking boots and bring water and a snack and allow 3 hours for this hike. Nesbit Park is on Yale Road in Bartlett between Bartlett Blvd and Old Brownsville Rd on the north side of Yale. Rain will cancel this hike. Contact: Lynne at 901-230-1501.

Jan 28 - Meeman-Shelby Forest, Horse Trail. Join us for a moderately strenuous 7 mile hiker/horse loop trail over a mixture of hills and flat areas around Poplar Tree Lake. We will meet at the parking lot near the stables at 9:15 am. There will be restrooms available next to the parking lot. Hike will leave promptly at 9:30. Bring water and snacks. Hiking boots are recommended. Rain or snow will cancel. For additional information, contact Marion at *mquinlen@gmail.com* or at 256-273-9720.

2016 Annual Meeting Donation

**Evan Means Small Grants Program
\$5,238.00**

MURFREESBORO CHAPTER

CHAPTER CHAIR: Sara Pollard 615-714-3610
murfreesboro@tennesseetrails.org

TREASURER: Ann Jacobs 615-896-3935
murfreesborotreas@tennesseetrails.org

PROGRAM COORDINATOR: Valerie Galan 615-516-6441
murfreesboroprogram@tennesseetrails.org

HIKE COORDINATOR: Jennifer Zahn 615-943-8853
murfreesborohikes@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Veterans Parkway, Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Jan 1 – Annual New Year's Day 1ST Hike & Feast. Edgar Evins State Park. Silver Point. 2.5 (or 4.5 miles). Easy/moderate. Meet in the marina parking lot next to the covered shelters at 10 am, hike the 2.5 mile Jack Clayborn Millennium Trail Loop with a park ranger, other Tennessee Trails Association Chapters and Friends of Edgar Evins State Park. If you wish to join the feast bring a covered traditional holiday dish or prepared food to share in front of the fireplace after the hike. Electrical plug-ins and water are available. After the meal you may choose to hike on your own or recruit other hikers to join you on the 2 mile Highland Rim Nature Trail. For information contact Fount and Anna Bertram at abertram@dtccom.net and/or phone 615-765-5357.

Jan 10 – Chapter Meeting. Why did you join the TTA? This month at our chapter meeting, we will explore the reasons we all joined the Tennessee Trails Association. It will be an informal roundtable discussion of how we can reach out to potential hikers in our area to recruit new members, and our goals for the New Year. We will also discuss our role in the upcoming TTA annual meeting in October.

Jan 14 – Long Hunter State Park Volunteer Trail. 11 miles. Moderate due to length. The terrain is generally flat and follows the rocky shoreline of Percy Priest Lake. The Volunteer trail is a 5.5 mile "there and back". There's the option of hiking the shorter Volunteer Day Loop which is 4 miles. Bring water, snacks and lunch. To sign up contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Jan 28 – The Poteet 15th Annual Chapter Chilly Chili Hike. 5 miles. Easy. We will meet in the parking lot near Highway 41A and the University Avenue intersection in downtown Sewanee at the head of the Mountain Goat Trail at 9:00 am CT. We'll hike the Mountain Goat Trail to the Lake Dimmick trail out to Lake Dimmick and back. Easy trail and flat. We will assemble back at Marietta and Jim Poteet's home at noon for chili, cornbread, brownies and fixins. Please feel free to contribute something to the meal. They will have a variety of drinks. You can call Marietta for the gate code or she will have it at the hike. Please let Marietta know if you are coming, as it will help in planning the amount of chili to make. Contact Marietta at 931-924-7666 or nannietta@blomand.net. For carpool information from Murfreesboro, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs 615-283-0507
nashville@tennesseetrails.org

OUTINGS COORDINATOR: Nancy Juodenas 615-319-8811
nashvillehikes@tennesseetrails.org
(email Nancy & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php

BLOG: www.tennesseetrails.org/blog/nashville

Jan 7 - Stones River Greenway. 6 miles out and back, paved. Moderate. Meet at 8:00 am CT at the Bell Road trailhead near Percy Priest Dam. Directions: from downtown Nashville, follow I-40 East to Exit 219, Stewart's Ferry Pike. Turn right off the exit ramp, follow Stewart's Ferry Pike past Thornton's gas station and turn left onto Bell Road going toward the dam. Take the first left off Bell Road and follow the road downhill to reach the trailhead. The trail follows the Stones River and forks to the right where there is a long foot bridge about halfway in, with possible views of fish, turtles and birds. We will follow the trail to the past the Kohl's parking area on Lebanon Road and then hike back to the dam. To sign up, contact Betty Magee at monetfan455@yahoo.com or 615-319-5394.

Jan 8 - Percy Warner Park, Nashville TN. 11.2 miles. Strenuous for distance. Come out and work off some of those Holiday goodies with a long walk in one of Nashville's prettiest parks! We will meet at the newish Percy Warner Golf Club House, 1221 Forrest Park Dr, Nashville TN 37205 and walk an 11.2 mile loop on the paved roads in the park. Bring water, snacks, lunch, footwear for a long hike on asphalt roads, and clothing appropriate for the weather. Option 1: There will be a 6-mile option for those who want to cut the loop short and know the route back. Option 2: Stop for a warmup, refreshments, etc. about halfway along at the Harpeth Hills Golf Club House. Contact Doug Burroughs at dougburroughs@tennessee.usa.com for more information and to register for this hike.

Jan 21 - Urban hike in East Nashville. 7-9 miles. Easy to moderate. The exact itinerary is to be determined but it will include much of the Historic Edgefield area, parts of Shelby Park, Five Points, and parts of Shelby Heights. We will park at the ball fields in Shelby Park. All interested please contact via email at karld@comcast.net or call at 615-207-2250.

Jan 24 - Chapter meeting and program. REI staff will start off our new year with updates on trends in hiking gear, and will go over the ten basics. What's in your pack? What can you ditch? And what should you never be without? If you're new to hiking, here's a chance to get some good information that will help you feel prepared. Get inspired to keep your hiking and fitness-related New Year's resolutions. Bring a friend!

Jan 28 - Beaman Park, Joelton, TN. 6 miles. Moderate. Hike leader anniversary hike-it's been a whole year since Linda led her first hike so come on out and celebrate the occasion with a hike on the lovely hills and dales of Beaman Park. Last year, it was 10 degrees and the ground was frozen so we walked a couple of miles then got some coffee to warm up. Nestled in the northwest corner of Davidson County, the area was once known as Paradise Ridge, named for the Paradise brothers. It has morphed from a homesteading and moonshining area, to a hunting preserve to what it is today: a wild & rugged Metro Park where opportunities to enjoy nature abound. Come experience the solitude and serenity while hiking the forested slopes of Beaman Park. Bring water, snacks and wear hiking boots. Meet at the Nature Center at 8:00 am CT. For more info and to register, call, text or email Linda Latter at 615-419-4845 or lindaalatter@yahoo.com.

PLATEAU CHAPTER

(Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-200-7436
plateau@tennesseetrails.org
TREASURER: Bill Quattrociochi 931-484-4230
plateautreas@tennesseetrails.org
MEETS MONTHLY: 2nd Thursday at 6:00 pm CT
BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information contact Bruce Whitehead at trailwalker80@gmail.com or 941-716-3620, or visit the Plateau Chapter Blog. Check blog for cancellations or changes before hiking.

Jan 5 – Chapter Meeting. First United Methodist Church Annex, 69 Neecham Street, Crossville. Dinner at LaCosta's Restaurant, 138 The Crossings, Crossville at 5 pm CT. Program - Wind Turbines by Sarah Southall and Mary Kopmeier. Contact Chapter Chair, Cheryl Heckler at thehecklers@charter.net or 931-200-7436 for additional information.

Jan 7 – Piney Falls and Stinging Fork State Natural Areas, Grandview and Spring City. These two hikes are being combined to give a total hiking distance of about 7 miles. Piney Falls is a 3 mile round trip hike that features the 80 foot tall Upper Piney Falls. Stinging Fork State Natural Area is about 10 miles from Piney Falls and features a 35-foot waterfall and cascade at the end of the 1 ½ mile trail. Due to some elevation gain and possibly slick rocks, the hike is rated moderate. Wear boots, and bring water, lunch and snacks. Meet at 8:00 am CT at Trinity Tabernacle on Highway 127 South. Contact Chapter Chair, Cheryl Heckler at thehecklers@charter.net or 931-200-7436 for additional information and to register.

Jan 21 – Hebbertsburg Daddy's Creek, Cumberland Trail, Crab Orchard. This hike will start off with a 1 mile easy hike to the Daddy's Creek overlook and then continue down to Daddy's Creek and will run alongside Daddy's creek and travel through the Wolf Den Rocks campsite and then climb up to the border of the Keyes-Harrison TWA line and turn around and go back for a total of 7 miles. There is some elevation so this hike is rated moderate. Wear boots and bring water, lunch and snacks. Meet at 8:00 am CT at Vanity Fair. Contact Sigrun Brickle at sigrun.brickle@gmail.com or 931-787-7267 for additional information and to register.

SODDY-DAISY CHAPTER

CHAPTER CO-CHAIRS: Jean Smith 423- 423-3475
soddydaisy@tennesseetrails.org
HIKE COORDINATOR: George Bonneau 423-842-3619
soddydaisyhikes@tennesseetrails.org
TREASURER: Bob McGavock 423-843-4646
soddydaisytreas@tennesseetrails.org
MEETS QUARTERLY: 1st Tuesday in Jan, Apr, Jul, Oct at
6:00 pm ET at Burk's United Methodist Church, 6433
Hixson Pike, Hixson
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/soddydaisy>

Jan 3 - Falling Water Falls. Approximately 5 miles. Moderate. Meet at Walmart parking lot in Soddy Daisy at 9 am. Hike leader: George Bonneau.

Jan 7 - Heiss Mountain to Retro Hughes Trailhead. Approximately 10 miles. Strenuous. Will stage vehicles. Meet at Durham Street parking lot in Soddy Daisy at 9 am. Hike leader: John Politte 423-304-8327.

Jan 10 - Savage Gulf day loop. Approximately 4 miles. Moderate. Meet at Durham Street parking lot in Soddy Daisy at 9 am. Hike leader: George Bonneau.

Jan 14 - Prentice Cooper. Approximately 12 miles. Strenuous. Meet at Food City parking lot in Red Bank at 9 am. Hike leader: George Bonneau.

Jan 17 - Stringer's Ridge. Approximately 4 miles. Moderate. Meet at Spears Ave. parking lot and trailhead. Hike leader: Gail Stokes - 423-756-8219.

Jan 21 - Devil's Breakfast Table (Crab Orchard). Approximately 8 miles. Strenuous. Meet at Durham Street parking lot in Soddy Daisy at 9 am. Hike leader: George Bonneau.

Jan 24 - Big Soddy Gulf to Big Soddy Creek bridge and back. Approximately 6 miles. Moderate. Meet at Durham Street parking lot in Soddy Daisy at 9 am. Hike leader: George Bonneau.

Jan 28 - Lower Leggett Road to Rock Creek and back. Approximately 10 miles. Strenuous. Meet at Durham Street parking lot in Soddy Daisy at 9 am. Hike leader: John Politte 423-304-8327.

Jan 31 - Collegedale. Approximately 4-1/2 miles. Moderate. Meet at Target parking lot on Hwy 153 at 9 am. Hike Leader: TBA.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Sally Ticaric 615-218-1086
Bob Crouch

sumner@tennesseetrails.org

MEETS MONTHLY: 1st Monday at 7:00 pm CT.

Hike information unavailable at press time.

President's Corner

Happy New Year!! I hope you had a wonderful Christmas and holiday season and are looking forward to a new year of hiking. I certainly am.

One of my resolutions for 2017 is to hike more. Tennessee State Parks is hosting January 1 hikes to encourage all of us to get out and hike more.

For those who plan their hiking in advance, the 2017 annual meeting is scheduled for October 13 – 15 at Dubose Conference Center in Monteagle. Put these dates on your calendar and plan to meet hikers from across the state as we explore this part of Tennessee.

Happy Trails,

Carolyn Miller

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CO-CHAIRS: Louise Miniard 931-239-5425
Jennifer Carroll 661-369-6619

uppercumberland@tennesseetrails.org

HIKE COORDINATORS: Kathleen Sullivan 931-284-7822
Cathy Moran 931-544-2764

uppercumberlandhikes@tennesseetrails.org

Jan 7 - Brady Mountain segment of the Cumberland Trail, Crossville, TN. We will hike the length of the trail from the Jewitt Road trailhead to highway 68. Highlights of the trail include spectacular views of Grassy Cove and the mountains to the east. The hike is about 8 miles and is rated moderate to strenuous because of the elevation gain. Bring water, snacks, lunch, and hiking boots. You can meet us in the Penney's parking lot in Cookeville at 8:00 am CT. For information and to register contact Richard Savage at 931-526-2035 or *savage_richard@hotmail.com*.

Jan 21 - Pickett State Park, Jamestown, TN. The hike includes: Natural Bridge, Hazard Cave, Lake View, Lake, Ladder, and Island Trails. We will hike a collection of short but scenic trails in Pickett State Park. Highlights include two natural bridges and Hazard Cave. The total distance is about 6 miles and is rated easy. You can meet us at 9:00 am CT at Pickett State Park Office. Bring water, snacks, and lunch. For information and to register contact Kathleen Sullivan at 931-284-7822 or *katsully4@gmail.com*.

Jan 28 - Bearwaller Gap Trail. 11 miles. Cordell Hull Lake is fortunate to offer the Bearwaller Gap Trail, widely recognized as one of the best hiking trails in Middle Tennessee. The trail offers panoramic overlook views of the lake, many diverse species of wildflowers (in season) and native wildlife, and breathtaking scenery. The secluded trail runs 5.5 miles between the Overlook Recreation Area (Tater Knob) and the Defeated Creek campground on Cordell Hull Lake, and is considered moderate to difficult because of side-sloping trails. Bring lunch, snacks, and water. Sturdy hiking shoes are highly recommended. It has been suggested to wear orange due to hunting season. We will begin our hike at the Defeated Creek campground and plan to hike from one side to the other and back. However, a shuttle could be an option for those wishing to hike one way. You can meet us at 7:30 am in the JC Penney's parking lot in Cookeville, or at 8:00 am at the McDonald's in Gordonsville off of I-40 exit 258. For information and to register contact Jeff Graves at *jagraves21@students.tntech.edu*.

OFFICERS:

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Bob Richards 615-532-0753
TRAC@tennesseetrails.org

CHAPTER REPRESENTATIVES ON THE BOARD
ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

LouAnn Partington 931-393-4835
editor@tennesseetrails.org

TTA First Quarter 2017 Board of Directors Meeting REI, Brentwood (Tentative – Location may need to change) Saturday, February 4 1:00 PM – 5:00 PM

Welcome and Introductions

Secretary's Report –

- Approval of the Minutes of November 2016 General meeting
- Approval of the Minutes of November 2016 Board meeting

Treasurer's Report

- Results for 4th quarter 2016
- Approve Budget for 2017

Membership Report

New Business

Evan Means Grants

Board Vote: Approve funding.

2016 Annual Meeting Update

- Board Vote: Disposition of 2017 Annual Meeting proceeds

Committee Appointments: (requesting board approval)

- Board Vote: Nominating Committee
- Board Vote: Awards Committee

Old Business

- ByLaws Update
- Website Update

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Jan 10	Feb 1
Feb 10	Mar 1
Mar 10	Apr 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

Jan 17

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Cheryl Heckler 931-200-7436 membership@tennesseetrails.org

PLEASE, PRINT CLEARLY.

___ Individual \$25.00
___ Family \$35.00
___ Student (FULL TIME) \$15.00
___ Supporting (\$50.00, \$100.00 or more)
___ Life Member (Individual) \$500.00
___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Home Phone (_____) _____ Zip _____ -- _____
Work Phone (_____) _____
e-mail _____

- Please do not list my e-mail address in the TTA Annual Membership Directory
 I would like to receive my newsletter by email.

Please list me with the following chapter:

___ Clarksville
___ Columbia/Franklin
___ East TN (Oak Ridge/Knoxville)
___ Highland Rim (Manchester/Tullahoma)
___ Jackson
___ Memphis
___ Murfreesboro
___ Nashville
___ Plateau (Crossville)
___ Soddy Daisy
___ Sumner Trails (Sumner County)
___ Upper Cumberland (Sparta/Cookeville)
___ At Large

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's partner organization (CTC) and associate organization (TRAC). (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.