

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



TTA AWARDS NOMINATIONS

The TTA Board is seeking nominations for the TTA awards to be presented at the annual meeting in October. We annually present the Tennessee Trails Award and the Bill Stutz Awards. The Bob Brown Lifetime Achievement Award is awarded periodically to those with a lifetime of leadership and extraordinary contributions.

Please send written nominations for the TTA awards to a chapter chair or to one of the TTA officers. Nominations should include contact information for the person making the nomination, a full name and address of the nominee and a paragraph stating why the person should be nominated for the award.

Tennessee Trails Award. This award is presented for outstanding contributions to the Association or for the furtherance of trails and natural resource programs and opportunities within Tennessee.

Bill Stutz Award. The Association gives this award in honor of the late Bill Stutz, past TTA member and beloved hiker. Any chapter (or voting member) can make a nomination to the Board for the recipient of this award. The award is to be presented to an active hiker for his or her individual contribution to the Association or one its chapters.

Bob Brown Lifetime Achievement Award. The Board of Directors of the Association established this award to honor the extraordinary lifetime leadership and personal contributions of Bob Brown to hiking and conservation in the State of Tennessee. The Board may give a Bob Brown Award from time to time to others for lifetime leadership and contributions that it finds equally extraordinary.

TTA First Quarter 2016 Board of Directors Meeting
REI, Brentwood
Saturday, April 30
1:00 PM – 5:00 PM

- CTC Report
- Review and Approve Evan Means Grants for 2016
- Website Update Proposals
- Bylaw Update
- VIP Addresses and Membership Directory
- 2016 Annual Meeting Update

All members are welcome to attend the board meeting. Come be a part of the decision making process. If you have additional items for the board meeting, please send them to the TTA president (president@tennesseetrails.org).

It's Tick Season

Tick season is usually the end of March through June. Unlike other biting insects, ticks do not bite right away; they crawl around and find a nice, warm, hairy area and dig in.

You can prevent bites by wearing long pants, tucked into your socks, and checking your body regularly for ticks. If you wear shorts, you will need to inspect your bare legs often.

Although there are many methods for removing ticks, it is best to use forceps or tweezers, grasp the tick closely around its entire body, and pull straight out, gently and firmly. Afterwards scrub and sterilize the area.

Tiny deer ticks can cause Lyme Disease. In addition, larger ticks can carry Rocky Mountain Spotted Fever. If you experience flu-like symptoms and/or a spotted or measles-like rash, see a doctor immediately. Both conditions are treatable but fatal if not treated properly.





Office Location 409 Thurman Avenue,
Ste 102
..... Crossville, TN 38555
Office Hours Tuesday – Friday
..... 10 am – 3 pm CT
Phone: 931-456-6259
Office Staff: Marianne Mailhiot
Email: ctcoffice2014@gmail.com
Website: www.cumberlandtrail.org

BreakAway/Alternative Spring break: March 7 – April 1.

Thanks to all the support for the 20th Annual ASB program. We could not host a successful program without the support of our volunteers and sponsors. A report of the program will be included in the May newsletter.

If you missed the opportunity to work with others to build the Cumberland Trail during BreakAway, the next program is the **Spring Big Dig**.

When: May 4th – June 11th, 2016 Wednesdays through Saturdays, 8 am CT till approximately. 3 pm CT.

What's going on? We will be building a 7 mile segment of the Cumberland Trail. Everyone is welcome to volunteer. Food and lodging will be provided to those that are interested.

Lodging: Eden Ridge Camp Crab Orchard, TN. 2- 4 person bunks rooms with adjoining kitchen, additional area for cots. There is also an option for rustic camping.

CLARKSVILLE CHAPTER

CHAPTER CHAIR: Ken Johnson 931-802-6343
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CHAPTER VICE-CHAIR: Lili Ball 931-552-2773
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SECRETARY: Donna Burdick 931-220-8497
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OUTINGS COORDINATOR: Paul Schwab 931-645-9068
clarksvillehikes@tennesseetrails.org

(call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT,
Crow Community Center, 211 Richview Rd.
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/clarksville>

Apr 2 - Ashland City Rails to Trails, paved section. 3.7 miles one way. Easy. Ken Johnson 931-802-6343. Meet 8:00 am CT, Madison Street Kmart parking lot, Clarksville. 29 miles to trailhead.

Apr 9 - Cedars of Lebanon State Park, Hidden Springs Trail. 5 miles. Easy. And maybe Loop Trail, 2 miles. Easy. Bob Lyon 931-648-2354. Meet 8:00 am CT, I 24 Exit 11 commuter parking lot. 75 miles to trailhead.

Apr 16 - Sewanee Domain. Hike from Green's View along the Perimeter Trail to Piney Point Trail, hike out and back to Piney Point; return to Green's View via Beckwith's Point. 5.5 miles. Moderate. Paul Schwab 931-645-9068. Meet 7:00 am CT, I 24 Exit 11 commuter parking lot. 129 miles to trailhead.

Apr 19 - Monthly Chapter Meeting.

Apr 23 - Earth Day Hike. Stillhouse Hollow Falls SNA, Stillhouse Hollow Falls Trail 1.2 miles out & back, then David Crockett SP where there are 9 miles of trails to choose from. Suva Bastin 931-645-2849. Meet 7:00 am CT at Big Lots parking area, Riverside Drive, Clarksville, TN. 95 miles to trailhead.

Apr 30 - Overnight hike, Frozen Head SP. Several hikes to choose from. Ken Johnson 931-802-6343. Meet 7:00 am CT, I 24 Exit 11 commuter parking lot. 188 miles to trailhead.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR: Carolyn Watson 901-652-9089
columbia@tennesseetrails.org
PROGRAM COORDINATOR: Ellen Clark 615-595-2640
columbiaprog@tennesseetrails.org
HIKE COORDINATOR: Jane Coffey 615-516-6551
columbiahikes@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Super China Buffet, 5228 Main St., #B1, Spring Hill, TN 37174. Socializing and dinner at 6:00 pm CT; meeting starts at 7:00 pm.

Apr 5 - Chapter Meeting. Carolyn Watson will show her pictures from a trip to the Grand Canyon. The meeting will be at the Super China Buffet, 5228 Main Street, Spring Hill, TN 37174. Please join us at 6:00 for dinner than at 7:00 for the presentation.

Apr 9 - Standing Stone State Park. Located in Standing Stone State Forest on the Cumberland Plateau, the park takes its name from the Standing Stone, a 12 foot tall rock standing upright on a sandstone ledge, which was supposedly used as a boundary line between two Indian nations. When the rock fell, the Indians placed a portion of it upon an improvised monument to preserve it. The stone is still preserved in nearby Monterey, TN. At this time of year, the blooming flowers should provide a spectacular showcase for this state park. We will meet at McDonald's in Spring Hill at 4908 Columbia Hwy (Rte 31) at 7:15 am, leaving at 7:30 am. There may be others who will meet us at the park. We should arrive at the park around 9:45 am. Please contact Jane Coffey at 615.516.6551 or *jecoffey0644@gmail.com* to let her know you will be hiking. Please leave a contact number in case of inclement weather.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-951-8317
easttennessee@tennesseetrails.org
WEBMASTER: Sherry Barber 865-209-6189
sbarber6189@comcast.net

Apr 2 - River Bluff Trail, Norris Dam. We will park at the trailhead on Dabney Road and hike the lower section of the trail along Norris River, less than two miles each way. The walk along the river is relatively flat, an easy walk. Where we will turn around the trail goes up the bluff to make a loop. Some may want to walk the loop. The total distance is about the same either way. We recommend shoes to wear to and from the hike plus sturdy hiking shoes, other appropriate clothing, a snack, something to drink and a camera.

East Tennessee Chapter – con't.

April 2 hike – con't - We will meet at the Central Baptist Church of Bearden parking lot for car-pooling and leave at 9:00 am and stop at Ingles Market, 215 Cedar Lane in North Knoxville, leaving at 9:15 am for those that prefer to meet there. Also, you may meet us at the southeast end of the Wal-Mart parking lot at the I-75/State 61 intersection near Norris, leaving there at 9:45. Be sure to bring dollars for carpooling. This is a short hike. On the way home, depending on the time, we may stop for a late lunch and/or beverages at Harrison's Grill and Bar in Clinton. For additional information on this hike, contact Tom Cressler at 974-4422 or leave message at 588-5622 or *cressler@utk.edu* before April 1. If you want to meet us at the trailhead take I-75N to exit 122; turn right on TN-61; about 1.4 miles turn left on to US 441 and proceed across the dam; turn left on to Dabney Road, the first road on the left after the second hair-pin turn, staying left, going downhill, to the parking area.

Apr 16 – Whiteoak Sink, Schoolhouse Gap and Chestnut Top Trails. The hike will start at the Schoolhouse Gap Trailhead on Laurel Creek Road and go to Dosey Gap gaining about 200 feet in 1.1 miles, then to Whiteoak Sink losing about 100 feet in .7 miles, where we will walk about viewing the flowers. The waterfall and bat caves may be off limits because of the bat white nose syndrome. Because of the bat problem we may not be able to hike out to Schoolhouse Gap. If so, going out we will have to retrace our entry route. The hike is about 4 miles. After returning to Laurel Creek Road we will relocate to the parking lot at the Wye for a short walk on the Chestnut Top Trail. This trail is one of the most spectacular wildflower trails in the park. The trail gains about 300 feet in one-half mile where we will turn around and return to the parking lot. The total distance for the day is about 5 miles. We recommend shoes to wear to and from the hike plus sturdy hiking shoes, a snack, something to drink and a camera. We will meet in the Central Baptist Church of Bearden parking lot for car-pooling and leave at 8:30 am, stopping at the Browns Creek Shopping Center parking lot nearest the Sonic at 1707 E Lamar Alexander Pkwy, across the street from the Hardee's, near the hospital in Maryville. We will leave there at 9:00 am. Be sure to bring dollars for carpooling. Pre-registration is not required.

Apr 23 - Eagle Trail, Norris, TN. This trail is relatively easy with gradual gain for about 2 miles until we reach the top. We can enjoy beautiful scenery and relax under the gazebo. This is a perfect place for a little snack before starting back to the beginning. We will meet at the Norris/Clinton Exit in Shoney's parking lot at 9:00am ET. Pre-registration is required, contact Lesley Price at *Lesley.p616@gmail.com*.

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CO-CHAIRS: Naullain Kendrick 931-224-6225
highlandrim@tennesseetrails.org
SECRETARY Carolyn Fitz 931-598-0597
highlandrimsecy@tennesseetrails.org
TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666
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**OUTINGS & PROGRAM COORDINATOR & NEWSLETTER
CONTACT:** Joan Hartvigsen 931-962-0811
highlandrimhikes@tennesseetrails.org
(contact Joan & volunteer to lead an outing)
MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W.
Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Apr 2 – Beginning at Green’s View, we will hike Beckwith’s Point Trail, Piney Point Trail, Shakerag Hollow Trail to complete a loop back to Green’s View. Then we will visit Bridal Veil Falls. Sewanee, TN. 6 miles total. Moderate due to steep ascent up cliff to Green’s View and areas of rocky footing. Joint hike with Plateau Chapter. Features spectacular wildflowers, limestone bluffs, great overlook at Piney Point and a beautiful waterfall. Bring water, lunch, hiking sticks. Wear sturdy hiking boots. Meet at 9:00 am CT at Blue Chair Restaurant in Sewanee for breakfast, or 9:30 am if you just want to hike. Register with Joan Hartvigsen, *jhartvigs@comcast.net* or 931-962-0811.

Apr 9 – Buggytop Cave Hike. Sewanee, TN. 5 miles total. Strenuous due to steep descent to Buggy Top Cave. We will explore Peter Cave with our hike leader Marietta Poteet and return via the Peter Cave Trail to Buggy Top Trail. Call Marietta Poteet at 931-924-7666 or email *nannietta@blomand.net* for more information.

Apr 10 – Short Springs State Natural Area, Tullahoma, TN. Celebration of Natural Areas Week. Two wildflower hikes. 10:00 am led by Brian Bowen, Tennessee State Natural Area Administrator. Don Davidson will assist Brian. The 2:00 p.m. hike will be led by Dennis Horn, author of several wildflower books, assisted by Ann Cline. Contact Joan Hartvigsen for more information. *jhartvigs@comcast.net* or 931-962-0811.

Apr 15-17 – Trails and Trilliums. Monteagle Sunday School Assembly, Monteagle, TN. A weekend enjoying nature and supporting Friends of South Cumberland State Park. Event highlights: guided hikes in South Cumberland State Park, Shakerag Hollow and MSSA, live music, native plant sale, programs and workshops, wine & wildflowers, vendors and food. Guided hikes include Stone Door, Lost Cove, Fiery Gizzard, Foster Falls, Grundy Lakes and Hawkins Cove. For more information and to preregister for hikes: *www.trailsandtrilliums.org* and Naullain Kendrick, *naullain@hotmail.com*.

Highland Rim Chapter – con’t.

Apr 23 – Sewanee Perimeter Trail. Sewanee, TN. Twenty miles. Eight plus hours. Strenuous. Meet at 8:00 am CT in parking lot on Highway 41A across from the intersection of University Avenue and Highway 41A in Sewanee. We will start on the Mountain Goat Trail across from the Blue Chair Restaurant. We will hike toward the Memorial Cross taking the Perimeter Trail around Sewanee. We will have lunch at the Forestry Cabin. We will continue to Shakerag Hollow back to the Mountain Goat Trail to our starting point. Bring water, snacks and lunch. Wear sturdy hiking boots. Dinner in Sewanee after hike. Register with Michael Glennon, *kb4jhu@gmail.com* or 931-571-0502.

Apr 23 – Short Springs State Natural Area, Tullahoma, TN. 3 ½ miles. Moderate due to steep descents/ascents and rough footing. Joint hike with the Sumner Trails Chapter. Meet at 10:30 am CT in Short Springs State Natural Area parking lot, 2250 Short Springs Road, Tullahoma. We will begin with the Busby Falls Loop, then the Wildflower Loop. We will visit Machine Falls next and finish with the Adams Falls Loop. We will enjoy many cascades, abundant wildflowers, an awesome waterfall and old growth hardwood forest. Bring water and snacks. Bring hiking sticks and hiking boots. Let Joan Hartvigsen know you plan to hike: *jhartvigs@comcast.net* or 931-962-0811.

Apr 25 – Chapter Meeting. Dinner at 5:00 pm at Ruby Tuesday Restaurant, 1936 N. Jackson Street, Tullahoma. Meeting is 7:00 pm at D. W. Wilson Community Center. Randy Hedgepath, Tennessee State Naturalist, will present a program on Tennessee’s new State Parks.

Apr 30 – Walls of Jericho State Natural Area. Day Hike and Backpacking Trip. South of Winchester, TN. 9 miles out and back. Strenuous, steep, stream crossings. Joint activity with the Upper Cumberland Chapter. Meet at the Tennessee Trailhead at 9:30 am CT. Bring water, snacks and lunch. Wear sturdy hiking boots. To register contact Cindy Watson, 931-247-1459 or *cgrwatson@gmail.com*. Cindy will hike back with the day hikers to the trailhead. The “Walls” is an impressive geological feature that forms a large bowl shaped 200 ft. limestone amphitheater. Embedded in the limestone are bowling ball size holes from which water from Turkey Creek spouts, creating a unique water feature.

Apr 30 – Short Springs State Natural Area Work Day. Tullahoma, TN. One of our tasks is refreshing the paint blazes on the Laurel Bluff Trail. We will also clear the trails of any trees which have blown down. The Tennessee State Building Commission has approved acceptance of gift-in-place construction of the Bobo Creek Pedestrian Bridge. Design and construction will be provided by Tennessee Valley Authority. Now, the plans and specs need to be approved by the State Architect, Peter Heimbach. If approved before our April 30 work day, we may help with preliminary work to ready the site for construction. Please let Joan Hartvigsen know if you can help. *jhartvigs@comcast.net* or 931-962-0811. Meet at 9:00 am CT in the Short Springs parking lot, 2250 Short Springs Road, Tullahoma. Bring work gloves, snacks and water.

Highland Rim Chapter – con't.

Planning Ahead:

Jun 10-12 – Great Smoky Mountains National Park Camping and Hiking Weekend. Joint activity with the Murfreesboro Chapter. Camping in Cosby Campground June 10 and 11, Group Campsite G003. Friday: Sutton Ridge Overlook by way of the Lower Mount Cammerer Trail. 3.6 miles out and back. 400 ft. elevation change. Easy. Views of Gabes Mountain, Cosby Valley and Gilliland Ridge. Saturday: Mount Cammerer Lookout Tower via Low Gap, Appalachian and Mount Cammerer Trails. 11.2 miles round trip. 2,780 ft. elevation change. Strenuous. Features streams, ridgeline, geologic interests, summit, spectacular views of Mount Sterling and its firetower, the Pigeon River and Stone Mountain. Sunday: Hike to Hen Wallow Falls via Gabes Mountain Trail. .4 miles roundtrip, moderate. 850 ft. elevation change. Steep side trail to Hen Wallow Falls descends 700 ft. Friday evening after our hike we will share a potluck dinner at Group Campsite G003. Saturday we will eat out at Ruby Tuesday in Newport, TN. Please register early with Joan Hartvigsen, jhartvigs@comcast.net or 931-962-0811.

JACKSON CHAPTER

CHAPTER CHAIR: Vicky Moeller 731-668-9336
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TREASURER: Anne Goodson 664-1556
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SECRETARY: Don Dresser 731-668-4190
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OUTINGS COORDINATOR: Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org

(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1st Tuesday at Perkins Restaurant, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 6:45 pm

Apr 2 - Shiloh National Military Park. It is time to refresh our navigation skills, so Roy Corley is going to lead us on a compass hike. We will leave from Panera at 8 am. If you would like to go, please contact Roy at roycorley33@gmail.com or 731 499 1388.

Apr 5 - Chapter Meeting.

Apr 16 - Pinson Mounds State Archaeological Park. This will be an easy hike, close to Jackson, so invite your friends who have not hiked with us. We will leave from Panera at 8 am. For additional information and to register, contact Glen Rognstad at 731-217-5966 or glenrognstad@gmail.com.

Apr 30 - Savage Gulf State Natural Area. We will make an overnight outing, taking in Greeter Falls and Stone Door. Melinda Pearson will be your hike leader; she can be reached at hurstme@bellsouth.net or 731 225 4293. Please give Melinda as much advance notice as you can if you would like to join us.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
memphis@tennesseetrails.org

VICE-CHAIR: Francis Ruffin 662-781-5034
memphisvice@tennesseetrails.org

Apr 1-3 - Buffalo National River, Jasper, AR. Registration Required We will leave Friday morning, drive to Jasper and do a 3-4 mile hike that afternoon. On Saturday, we will do a 9 mile hike to Hemmed-In Hollow Falls. This is a strenuous hike which has a 2,000 foot drop to the falls and a 2,000 foot climb back out. We expect to offer a shorter hike for those who want it. Before driving home on Sunday, we will do another 3-4 mile hike in the area. Contact: Wayne Simpson, w.simpson1@comcast.net, 901-385-1988.

Apr 9 - International Harvest Managerial Park, Lakeland. NEW HIKING TRAIL. We will hike through Lakeland's International Harvester ("IH") Managerial Park. The park is located adjacent to the Lakeland Senior Center on the west side of Canada Road, between Interstate 40 and Highway 70. We will meet in the parking lot and get underway at 9:30 am. Allow two hours for the hike. IH Park contains three trails that together make up about 2.5 miles in distance and weave through mostly bottomland forest. The trail system travels through a nice meadow and along a small lake near the end. There are decent picnic facilities at the edge of the lake which make this park a nice place to enjoy lunch. The park's trails are considered "difficult" by hikers and bikers alike. The first mile or so is rugged terrain with steep elevation changes. There is one water crossing that we may take provided the water level is no more than an inch or so. Otherwise, be prepared for the usual springtime mud. I recommend terrain-appropriate waterproof footwear and hiking poles. Remember the usual stuff: water and snacks, sunscreen, bug stuff, first-aid kit, etc. Bring a lunch if you would like to stick around and enjoy the lake view. Heavy rain or the threat of severe weather will cancel. Please feel free to call or email me if you have any questions, Len Burke lwburke@icloud.com or 901-490-2438.

Apr 16 - Lovitt Trail. Behind Lowe's off Germantown Pkwy Join us for a 6-mile hike across flat terrain in the woods along the Wolf River. Meet at 9:30 am in front of the lumber entrance of Lowe's Home Improvement at 430 South Germantown Pkwy, Cordova TN 38018. This is the northeast corner of the parking lot. Wear hiking boots and brings snacks and water. Rain will cancel. Contact Janet 901-761-0705.

DON'T Leave Home Without It

Apr 23 - Big Hill Pond State Park near Pocahtontas, TN. Trail: Parts of Big Hill Pond, Tuscumbia and Dry Ridge Trails. 7.7 mile loop. Moderate to moderately difficult. We will meet at 9:30 am at the parking lot above the boat dock. The hike begins at the boat dock on Travis McNatt Lake. After 2.5 miles of rolling hills, we come to the half-mile long boardwalk across Dismal Swamp. The next 0.7 miles goes up a fairly steep hill to the fire tower where we will have lunch. After lunch we have another 4 miles of mostly moderate hills until we finish back at the boat dock. Good boots are suggested due to a sometimes swampy area near the end of the hike. If you sometimes use hiking sticks, this is probably a trail where you'll want to bring them. Be sure to bring plenty to drink and food for your lunch. To get there from Memphis, there are two choices. From the southern part of the city, go out Poplar Avenue and take Highway 57 from Collierville to Middleton. From the northern part of the city, go out Highway 64 to Bolivar. From the square in Bolivar, turn right (south) onto Highway 125 and take it through Middleton where you will take a left (east) when you get to Highway 57. Both routes take you to the intersection of 57 and 125. From this intersection it is about ten miles to the park entrance which will be on your right. Once inside the park you can reach the parking area by bearing to your right. The boat dock is down a steep hill from the parking area; don't drive to the dock. You may want to stop by the restrooms at the Visitor Center or at the picnic area on the left, just before the parking area. There are no facilities on the trail.

Apr 30 - V&E Greenline & Old Growth Forest. Hike & Eat. We will meet in Overton Park at 9:00 am for a short hike in the Old Growth Forest. Hike will begin at the entrance to the forest near the pavilion by the lake. There is a parking lot by the pavilion. From forest we will transition to the Vollentine and Evergreen Greenline for a 3-mile easy walk. Following the hike all are invited to Dino's for brunch or lunch. Please come join us for this easy, very social and scenic hike in the mid town area of Memphis. For any questions please contact Carolyn Pierce at 901-755-5735.

What good will a green plastic credit card do you 20 miles from the nearest paved road? What do you really need when out away from civilization?

Experienced outdoor enthusiasts know what items are most important to bring - even for short walks or hikes out of base camp. The "10 Essentials" are items that cannot be improvised from materials lying on the forest floor. To be found without these few items, even only a few miles from car, camp or cabin, can spell disaster. The "Ten Essentials" are the end-product of years of hard-won experience. They are intended to help outdoor enthusiasts avoid getting into trouble in the first place, and, if that doesn't work, to minimize the damage.

The standard list of 10 essentials varies slightly depending on which source you go to. For example, the Boy Scouts, Sierra Club, and The Seattle Mountaineers', each have their own lists, yet they all incorporate the same basic items.

The following list is not to be considered cast in concrete - each outdoor enthusiast should customize his or her own kit for the barest minimum of supplies. Note that the first three items are for finding your way, the second three are for your protection, and the last four are for emergencies.

- Map
- Compass
- Flashlight, extra batteries and bulb
- Hat, sunglasses, bug repellent, gloves
- WATER!!! And a way to purify water. Extra food.
- Clothing: raingear, socks, sweater, space™ blanket
- Matches / lighter, candle / fire starter
- Mirror, whistle
- Pocket knife
- 1st aid kit: moleskin, antibiotic ointment, medications.
- Always tell someone else your hiking plans
- Use your common sense

By avoiding unnecessary problems and dangers you will save on your own personal wear and tear, and probably get back home in one piece. However, if something does come up, at least you know you've got those 10 important items stowed away in your pack.

MURFREESBORO CHAPTER

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HIKE COORDINATOR: Jennifer Zahn 615-943-8853
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MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Veterans Parkway, Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Apr 9 – THE 8TH ANNUAL CELEBRATION OF SPRING AT EDGAR EVINS STATE PARK, 8 am to 4 pm. A full day of fun for adults and families beginning with a wildflower hike with Randy Hedgepath, the TN State Naturalist, at 8:30 am. There will be other guided nature hikes, live entertainment, face painting, crafts making with Girls Scout Troop 1146, relay games, kite flying, Dutch Oven demonstrations by Boy Scout Troop 875 and more. All will be free except concessions and pontoon boat rides. The boat rides will be \$2 per person. (Sorry, no children under 3 years of age on the boats and minors must be accompanied by an adult.) Bring your lunch and plan to stay for the day or come for a while. Signups for the boat rides will be on a first come, first serve basis at the registration table in front of the Visitors Center. The park is located in DeKalb County on Center Hill Lake. It is approximately 20 miles north of Smithville, 20 miles west of Cookeville and 60 miles east of Nashville. From I-40 take exit 268 at State Hwy. 96 and Center Hill Lake. The address is 1630 Edgar Evins Park Road, Silver Point, TN 38582. If there is enough interest there may be a car pool from Murfreesboro. There will be pictures and more information on the Facebook Page for Friends of Edgar Evins State Park ([friendsofeesp](http://friendsofeesp.com)) or the website www.foeesp.alturl.com. Updates will be posted regularly so check back often. You may also contact Fount or Anna Bertram, abertram@dtccom.net or phone 615-765-5357 if you have questions. Camping and cabins are available. To reserve these go to <http://tnstateparks.com/parks/about/edgar-evins>.

Apr 12 – Chapter Meeting. Our guest speaker will be Jacqueline Kelley who walked the Natchez Trace in 2011 and will share her experiences, observations and reflections in a slide presentation.

Murfreesboro Chapter – con't.

Apr 16 – Welch's Point. See one of the state of Tennessee's newest landmark view sheds. It is property that was obtained by the Tennessee Parks and Greenways Foundation and given to the TWRA. It was closed initially, but it is now open to the public. It is a 3 mile hike in and out. The trail head is just past the trail head for Virgin Falls on the same side of the road. This is truly one of the most outstanding views anywhere in the state. The trail follows an access road and is level all the way. There is a picnic area with an overlook and then a short hike to the major overlook. We feel it is a major addition to the state's natural treasures. We will meet at the Woodbury Hardees at 8:00 am and car pool to the location. Contact Fount Bertram fwbertram@dtccom.net or 615-765-5357 for more information.

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs 615-283-0507
nashville@tennesseetrails.org

OUTINGS COORDINATOR: Nancy Juodenas 615-319-8811
nashvillehikes@tennesseetrails.org
(email Nancy & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php

BLOG: www.tennesseetrails.org/blog/nashville

Apr 2 - Short Springs State Natural Area, Tullahoma, TN. 3 miles. Moderate. Join us for waterfalls and wildflowers as we travel to one of the best hiking destinations in Middle Tennessee. We will pass by clear streams that form Busby Falls and the 60-foot drop at Machine Falls. Our next stop is the Wildflower Loop, home of two rare state-listed flowers, *nestronia* and the broadleaved bunchflower. It is always interesting to see what is in bloom! If there is time and interest, we will stop at nearby Rutledge Falls on the return trip home. Bring sturdy hiking boots, snacks, water, and lunch. A hiking stick is useful on the steep hill down to the falls. Email Libby Francis at libbyslibbys@comcast.net or call 615-319-7501 to register and get carpool and meeting time info. Come join us!!

Nashville Chapter – con't.

Apr 9 - Collins Gulf Loop Trail, Gruetli-Laager, TN. 12 plus miles. Difficult. This hike is rated difficult due to the distance, terrain, and elevation changes. For experienced hikers only. We hike along the west rim of Collins Gulf and down the Old Stagecoach Road to Sawmill campground, then back up the east side, passing Horsepound Falls and Suter Falls back to the start. Be sure to bring lunch, water, good hiking boots, and clothing appropriate to the weather. Contact Doug Burroughs at dougburroughs@tennessee.usa.com or 615-587-0085 for more information and to register. Meeting Place: I-24 exit 59, former Target Parking lot (next to Universal Kia Hickory Hollow. Meeting time: 7:00 am (Should be at trailhead around 9:00 am).

Apr 16 - Hidden Lakes, Pegram TN. 2 miles. Easy. Hidden Lakes is part of Harpeth River State Park. This hike is rated easy, with only one scramble. If we hike all the trails, it amounts to about 2 miles. In addition there is at least one geocache in the park, and we can do that if the group wants. I'll bring a GPS. Meet at the trail head at 9:00 am. To get there, take I-40 West to Exit 192. Go north on McCrory Lane for about 3/4 mile. The parking area is just after crossing the Harpeth River on the left. Expect to spend about 2 hours. No water or rest rooms. This is one of the tickier places I know, so bring insect spray! Even this early in the year. Hike goes rain or shine. Please let Jim Johnson know if you are coming. email: jimjohnsonjr@gmail.com
Maps: <http://tnstateparks.com/assets/pdf/additional-content/park-maps/harpeth-river-trailandaccess-map.pdf>,
<http://www.cloudhiking.com/assets/images/maps/hiddenLake.pdf>.

Apr 23 - Stillhouse Hollow Falls and David Crockett State Park, near Summertown, TN. 3 plus miles. Easy to moderate. We'll start at Stillhouse Hollow Falls. It is a popular place but THERE ARE NO FACILITIES THERE. Meet me there at 10:00 am. From Stillhouse we'll make a pit stop at our barn. If anyone wants to eat their lunch at that time we have a picnic area. After a quick lunch we'll head off to David Crockett State Park. We'll hike 2 or three trails depending on the time. Stillhouse Hollow Falls is moderate. David Crockett is easy to moderate. There are steps involved in both hikes. We'll take our time and enjoy life. Come hike with us, everyone invited. Directions to Stillhouse Hollow Falls: From the intersection of I-840 and I-65 South. Travel South on I-65 to Saturn Parkway, Exit 53 about 3 miles. Travel about 6 miles to Hwy 31 South, exit toward Columbia. Travel about 9 miles to Columbia, turn right at the light. (McDonalds on the left) onto Hwy 43, 412 W. Stay on Hwy 43 South. Approaching Mt. Pleasant, Stay on Hwy 43 South about 21 miles to a long bridge. Stillhouse Hollow Falls will be on the right about 1 mile south of the long bridge. For more information and to register call Robbie Benson at 615-419-1165.

Nashville Chapter – con't.

April 26 - Chapter Meeting. Program: Ferns and Mosses in Tennessee. Margie Hunter writes and speaks about native plants, and she's an avid hiker whose blog you can follow here: <https://hikinginthemokies.wordpress.com/>. She's speaking to our group about the non-flowering plants- the ferns and mosses that enhance our hiking experiences on Tennessee trails. Many of you are already familiar with Margie's work through her book, Gardening with the Native Plants of Tennessee: The Spirit of Place. Please spread the word to friends about this fine opportunity.

Apr 29-May 1 -Joyce Kilmer Memorial Forest, Robbinsville, NC. We are planning a weekend of hiking, camping, campfires and fun. We will camp at the Rattler Ford Group Camp for 2 nights. This Group Camp is huge (a capacity of 25) and even has a lovely bath house with hot showers. The wildflowers should be in their glory and the weather should be mild by this time. There will be a variety of hikes planned, from the short 2 mile Memorial Forest Loop through old growth trees, to longer, more strenuous day long hikes through the Slickrock and Citico Creek Wilderness Areas. Contact Nancy Juodenas, njlj1011@gmail.com or Gloria Dale Williams, gdw12@comcast.com for more information. All chapters welcome!!

Apr 30 - Bells Bend Park, Nashville TN. Moderate. Bells Bend Outdoor Center is surrounded by over 7 miles of wonderful trails. We will walk several of them on this large loop around the park. This will be a moderate spring hike through a lot of open fields. Birds will be migrating, so bring binoculars if you have them as well as the usual sturdy shoes or boots, plenty of water, snacks, and clothing appropriate for the weather. We will also have the option of heading for brunch at the nearby Old School Farm Bar, which opens at 10:30 am, leaving plenty of time to get to the TTA Board Meeting across town at 1:00 pm. Contact Doug Burroughs at dougburroughs@tennessee.usa.com or 615-587-0085 for more information and to register. Meeting place: East end of the Richland Park Library parking lot at 46th & Charlotte. Meeting time: 8:00 am (or 8:30 am at the Bells Bend Park Nature Center).

PLATEAU CHAPTER

(Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-200-7436
plateau@tennesseetrails.org
TREASURER: Bill Quattrociocchi 931-484-4230
plateautreas@tennesseetrails.org
MEETS MONTHLY: 2nd Thursday at 6:00 pm CT
BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information, contact Bruce Whitehead at trailwalker80@gmail.com or 941-716-3620 or visit the Plateau Chapter Blog. Check blog for cancellations or changes before hiking.

Apr 2 – Beckwith’s Point Trail, Piney Point, Shakerag Trail then Bridal Veil Falls, Sewanee, TN. 6 miles total. Rated moderately difficult due to a steep ascent up a cliff to Green’s View and areas of rocky footing. Joint hike with Highland Rim Chapter. The hike features spectacular wildflowers, limestone bluffs, a great overlook at Piney Point and a beautiful waterfall. Plan to leave the Tractor Supply parking lot by 8:00 am CT. Bring water, lunch, hiking sticks. Wear sturdy hiking boots. Please register with Cheryl Heckler at thehecklers@charter.net or 931-200-7430 so she can coordinate with Joan Hartvigen of the Highland Rim Chapter.

Apr 14 – Chapter Meeting. 6:00 PM. Program: Polar Bears in Alaska by Sharon and Gary Moore. First United Methodist Church Annex, 69 Neecham Street, Crossville. Dinner at LaCosta's Restaurant, Crossville at 4:45 pm CT. Contact Chapter Chair, Cheryl Heckler at thehecklers@charter.net or 931-200-7436 for additional information.

Apr 23 – Longfield Branch Trail to Maude’s Crack, Big South Fork. Depart from Vanity Fair at 7 am CT. The early departure is to get to the trailhead by 10 am ET. Ranger Mary will lead us on the trail from Longfield Branch to Boyatt Homeplace and then on to John Muir Overlook giving us a history talk along the way. The John Muir overlook will be the lunch stop. Ranger Mary will return the same way with the other hikers. We will venture on our own to Maude's Crack for a total loop of 7 miles rated moderate because of the rugged terrain, a stream crossing, and one climb. Wear hiking boots and bring water and lunch. Contact Cheryl Heckler at thehecklers@charter.net or 931-200-7430 to register and for additional information.

SODDY-DAISY CHAPTER

CHAPTER CO-CHAIRS: Ed & Donna Pyers 423- 344-9271
soddydaisy@tennesseetrails.org
HIKE COORDINATOR: George Bonneau 423-842-3619
soddydaisyhikes@tennesseetrails.org
TREASURER: Bob McGavock 423-843-4646
soddydaisytreas@tennesseetrails.org
MEETS QUARTERLY: 1st Tuesday in Jan, Apr, Jul, Oct at
6:00 pm ET at Burk’s United Methodist Church, 6433
Hixson Pike, Hixson
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/soddydaisy>

Apr 2 - Hess Mountain to Retro Hughes trailhead. Approximately 10 miles. Strenuous. Will stage vehicles. Meet at Durham Street parking lot in Soddy Daisy at 9 am. Hike leader: George Bonneau.

Apr 5 - Cloudland Canyon Sitton Gulch. Approximately 5 miles. Moderate. Meet at Food City parking lot in Red Bank at 9 am. \$5 parking fee. Hike leader: George Bonneau.

Apr 9 - Cumberland Mountain State Park. Approximately 8 miles. Moderate. Meet at Durham Street parking lot in Soddy Daisy at 9 am. Hike leader: George Bonneau.

Apr 12 - River Walk at South Chickamauga Creek. Approximately 6 miles. Easy. Meet at Target parking lot on Hwy 153 at 9 am. Hike leader: George Bonneau.

Apr 16 - Rock Creek to Retro Hughes Road. Approximately 8 miles. Strenuous. Will stage vehicles. Meet at Durham Street parking lot in Soddy Daisy at 9 am. Hike leader: George Bonneau.

Apr 19 - Laurel Falls. Approximately 5 miles. Moderate. Meet at Durham Street parking lot in Soddy Daisy at 9 am. Hike leader: George Bonneau.

Apr 23 - Snow Falls. Approximately 10 miles. Strenuous. Meet at Durham Street parking lot in Soddy Daisy at 9 am. Hike leader John Politte.

Apr 26 - Rock Creek loop. Approximately 4 miles. Moderate. Meet at Durham Street parking lot in Soddy Daisy at 9 am. Hike leader: George Bonneau.

Apr 30 - Connector Trail from Hwy 157. Approximately 8 miles. Moderate to slightly strenuous. \$5 parking fee. Meet at Food City parking lot in Red Bank at 9 am. Hike leader: George Bonneau.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Sally Ticaric 615-218-1086
Bob Crouch
sumner@tennesseetrails.org

MEETS MONTHLY: 1st Monday at 7:00 pm CT.

There is no regular meeting of the Sumner Trails group this month. We will meet next on our regular night in May.

Apr 8 & 9 - Foster Falls and Cloudland Canyon! Friday hike: Foster Falls Canyon Rim. 2 miles. Easy. For those who want to experience the beauty of the waterfalls, we will offer an option of maneuvering the more difficult but short trail of rocks and tree roots to descend 1/4 mile down to the spectacular view of the 60-foot waterfall. The rest of the group will follow the easier trail along the canyon rim and see some beautiful views of the falls from the top and of the trails around the falls. Friday we will eat at a nearby restaurant in Jasper and then spend the night near Chattanooga. **Saturday hike: West Rim Loop at Cloudland Canyon, GA. 4 miles. Moderate.** The West Rim Loop provides scenic views of Trenton, GA as well as the beautiful canyon. We will pass over varied terrain seeing streams and many overlook views of the canyon. After the hike we will eat in Chickamauga at The Melon Patch and then go the Chickamauga Battlefield Visitors' center. Meet at the First Presbyterian Church on Friday, April 8 at 9:00 am. For more info contact hike leaders Lea Whitton at *whittonm@realtracs.com* or 615-289-4842 or Ron and Judy Jenkins *judy_jenkins@comcast.net* or 615-403-0002.

Apr 23 - Short Springs. 3.5 miles. Moderate. Short Springs is a 420 acre Designated State Natural Area located in Coffee County northeast of Tullahoma. While located on the Highland Rim, Short Springs dramatically plunges into the Central Basin. Downtcutting by flowing creeks, gushing wet-weather springs, and scenic waterfalls have helped carve the deep gorges and steep slopes that drain into the Duck River (impounded by Normandy Lake). These unique geological features support a rich diverse flora which includes rare plants. Short Springs is known as one of the best spring wildflower locations in the state. Sturdy hiking boots and poles will be required for the diverse terrain, and water shoes suggested for the creek/falls area. Bring water and snacks for hydration and energy as we will eat a late lunch (approx. 1:30) in Tullahoma. Meet at the Glenbrook Shopping Center, Kroger parking lot at 8:00 am CT. We will make a McDonalds stop and a stop to view Rutledge Falls before meeting at the nearby Short Springs trailhead at 10:30 CT. For more information, contact Jane Hamm at *janetntrails@gmail.com*, 615-757-3331 or Gayle Livingston at *gayleerose@comcast.net*, 615-293-9906.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CO-CHAIRS: Louise Miniard 931-239-5425
Jennifer Carroll 661-369-6619
uppercumberland@tennesseetrails.org

HIKE COORDINATOR: Kathleen Sullivan 931-284-7822
uppercumberlandhikes@tennesseetrails.org

Apr 2 - Groundhog Ridge Trail, Great Smoky Mountains National Park, Cosby, TN. 8 to 9 miles. Strenuous. We will ascend Mount Cammerer along the Groundhog Ridge Trail. This trail is not maintained but is generally easy to follow. The upper parts of the trail are steep and in places trees have fallen across the trail. There is also some rock scrambling near the top. We will be rewarded with outstanding views from the upper parts of the trail and from the Mount Cammerer fire tower. We will descend by taking the Mount Cammerer Trail to its junction to the Appalachian Trail. Then descending to the Lower Mount Cammerer Trail and then to its junction with the Groundhog Ridge Trail and then back to the beginning. You can meet us at 7:00 am CT at the Penney's parking lot in Cookeville. For information and to register contact Gary Kimbrell at 931-215-9520 or *Gary.Kimbrell@fbtn.com*.

Apr 9 - Savage Gulf State Natural Area, Beersheba Springs, TN. 17 miles. Strenuous. Across the Gulf. We will start at the Stone Door Ranger Station and cross the gulf to Hobb's Cabin. We will then hike the length of the North Rim Trail and end our hike at the Savage Gulf Ranger Station. The North Rim Trail features more overlooks than any other trail in the South Cumberland area. The trails vary between level, steep, and rocky. Sturdy hiking boots are required. Bring headlamp, water, snacks, and lunch. We will meet at the Stone Door Ranger station at 8 am CT. For hike and carpool information, and to register, contact Gary Kimbrell at 931-215-9520 or *Gary.Kimbrell@fbtn.com*.

Apr 16 - Savage Gulf Waterfalls, Savage Gulf State Natural Area, Gruetli-Laager, TN. 13 miles. Strenuous. Highlights of this hike include seven of the major waterfalls of Savage Gulf and spectacular spring wildflower displays. We will descend into the gulf along the Collins Gulf Trail past Suter and Horsepound Falls. We will then continue along the Connector Trail and old roads past the Catur Savage cabin and the lowest sink on Big Creek. We will then continue upstream along the creek past the middle sink and a number of large springs before joining the Big Creek Gulf Trail. There is one short section which at some points requires hands and feet to negotiate. After a side trip to Ranger Falls we will visit Upper and Lower Greeter Falls before exiting the park. Depending on water conditions creek crossings may be dry, may require water shoes, or with very high water the route will need to be modified. You can meet us in the Penney's parking lot in Cookeville at 7:00 am CT or at the US Bank across from McDonald's in Sparta at 7:30. For information and to register contact Richard Savage at 931-526-2035 or *savage_richard@hotmail.com*.

OFFICERS:

President	Carolyn Miller	931-839-3213 <i>president@tennesseetrails.org</i>
Vice-President	Bruce Whitehead	941-716-3620 <i>vicepresident@tennesseetrails.org</i>
Treasurer	Kathy Woods	615-473-6824 <i>treasurer@tennesseetrails.org</i>
Secretary	Diane Manas	615-352-7777 <i>secretary@tennesseetrails.org</i>
Membership Director	Tim Townley	731-607-0512 <i>membership@tennesseetrails.org</i>
Past President	Millette Jones	615-397-9588 <i>pastpresident1@tennesseetrails.org</i>
Previous Past President	Don Dresser	731-668-4190 <i>pastpresident2@tennesseetrails.org</i>
West TN At-Large Director	Margaret Dixon	901-603-7680 <i>westregional@tennesseetrails.org</i>
Middle TN At-Large Director	Joan Hartvigsen	931-962-0811 <i>midlleregional@tennesseetrails.org</i>
East TN At-Large Director	Garnett Rush	865-268-5181 <i>eastregional@tennesseetrails.org</i>
Cumberland Trail Conference Representative	Frank Jamison	865-376-4120 <i>CTC@tennesseetrails.org</i>
TN Rails To Trails Advisory Council Representative	Bob Richards	615-532-0753 <i>TRAC@tennesseetrails.org</i>
CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER		
Newsletter Editor	LouAnn Partington	931-393-4835 <i>editor@tennesseetrails.org</i>

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Apr 10	May 1
May 10	Jun 1
Jun 10	Jul 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

Upper Cumberland Chapter – con't.

Apr 23 – Merritt Ridge Trail, Edgar Evins State Park. We will hike the Merritt Ridge Trail, the longest trail in the park. The 5.5 mile Merritt Ridge Trail rises upon the ridges from an intersection along the 2.5 mile Jack Clayborn Millennium Trail Loop. We will combine the two trails and enjoy approximately 8 miles of diverse terrain. Both the Millennium Trail and the Merritt Ridge Trail share the same trail head which is located on the left just beyond the Maintenance Center on the right. Bring water, lunch, and snacks. We will meet in the JC Penney's parking lot in Cookeville at 8:30 am, and at the Edgar Evins Trailhead around 9 am. For information and to register contact Jeff Graves at *jagraves21@students.tntech.edu*.

Apr 30 - Walls of Jericho Wilderness and Recreation Area, Winchester, TN- Jackson. The Walls of Jericho is a massive unique natural geological rock formation featuring 150-200 foot vertical limestone walls at the closed end of the half mile long narrow wooded canyon. The hike is about 9 miles total and is mostly downhill going into the gorge so the return trip is mostly uphill. The trail is often muddy after rains. There is a tricky descent from the trail to the stream, which can be hazardous, several stream crossings. The hike will begin at the TN trailhead, and return to the TN trailhead. This hike is rated strenuous. Bring hiking shoes, snacks, water, and lunch. You can meet us in the Penney's parking lot in Cookeville at 7:00 am. or meet at the trailhead at 9:30 am. To register contact Cindy Watson at 931-247-1459 or *cgrwatson@gmail.com*.

INACTIVE CHAPTERS

We have three chapters in the process of being reorganized. If you are interested in assisting with this process, please see below for the contact information.

Cove Lake	Garnett Rush	865-268-5181 <i>eastregional@tennesseetrails.org</i>
Dyer County	Margaret Dixon	901-603-7680 <i>westregional@tennesseetrails.org</i>
Northwest	Margaret Dixon	901-603-7680 <i>westregional@tennesseetrails.org</i>

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

Apr 16

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Tim Townley 731-607-0512 membership@tennesseetrails.org

PLEASE, PRINT CLEARLY.

- ___ Individual \$25.00
___ Family \$35.00
___ Student (FULL TIME) \$15.00
___ Supporting (\$50.00, \$100.00 or more)
___ Life Member (Individual) \$500.00
___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Home Phone (____) _____ Zip _____ -- _____
Work Phone (____) _____
e-mail _____

** CTC Membership ** **\$5.00**

- Please do not list my e-mail address in the TTA Annual Membership Directory
 I would like to receive my newsletter by email.

** *Special \$5.00 rate for membership in Cumberland Trails Conference if you also are joining TTA or renewing your TTA membership. CTC is building the Cumberland Trail, which will go from Chattanooga to Cumberland Gap. Over 185 miles are now complete and open for hiking. More information can be found at www.cumberlandtrail.org. Please consider enhancing your commitment to Tennessee's great trails by joining the CTC.*

Please list me with the following chapter:

- | | |
|---|--|
| ___ Clarksville | ___ Murfreesboro |
| ___ Columbia/Franklin | ___ Nashville |
| ___ Cove Lake (inactive) | ___ Northwest (inactive) |
| ___ Dyer County (inactive) | ___ Plateau (Crossville) |
| ___ East TN (Oak Ridge/Knoxville) | ___ Soddy Daisy |
| ___ Highland Rim (Manchester/Tullahoma) | ___ Sumner Trails (Sumner County) |
| ___ Jackson | ___ Upper Cumberland (Sparta/Cookeville) |
| ___ Memphis | ___ At Large |

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's partner organization (CTC) and associate organization (TRAC). (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.