

# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.*

SPONSOR FOR THE CUMBERLAND TRAIL



## Edgar Evins State Park

### Multi Chapter Hike January 1, 2015

Start the New Year off right with an invigorating hike and traditional New Year's Day lunch. The adage is that what you do on the first day of the year, you will continue to do all year long.

We'll meet at the covered picnic shelter #1 at the lower part of the Marina parking lot at 10:00 am CT to drop off food. We will then carpool to the trail head. The hike will be on the 3.2 mile Millennium Trail...built by TTA in 2000...The trail is classified as moderate difficulty. After the hike we'll come back to the picnic shelter for lunch. The lunch will feature the traditional dishes...black eyed peas, ham hocks/hog jowls, collard greens, corn bread, etc. Bring your favorite dish to share. There are electrical outlets and water for those who want to bring food in crock pots, etc. Restrooms are also available on site. We'll have a roaring fire going to help keep the chill at bay.

After lunch, those who want to hike more can take the 2 mile Highland Rim Nature Trail. Our TTA hike will be in conjunction with the State Parks sponsored First Hike. All chapters are invited and encouraged to participate. For more information and to pre-register for the event, call or write Fount Bertram. [fwbertram@dtccom.net](mailto:fwbertram@dtccom.net) or 615-765-5357.

***COME HIKE WITH US!!!***

## GUIDELINES FOR SUBMITTING HIKE INFORMATION

When submitting monthly hike listings, please include the following information:

Date, trail name, location (Park, City, State), mileage, rating (easy, moderate, etc), hike description (what you may expect to see, elevation changes, obstacles that affect the hike rating), what to wear or bring, meeting time and location, and hike leader's contact information. Please identify any hikes that are multi-chapter events. Please **DO NOT** format the submissions (avoid bold, italics, underlining or colored text), as this slows the editorial process.

Hike descriptions are strongly encouraged, but not mandatory. A good hike description can encourage members (and prospective members) to try a new hike, but also alerts prospective hikers to outings that may be unsuitable for their level of expertise or fitness.

All submissions should be made by e-mail to [editor@tennesseetrails.org](mailto:editor@tennesseetrails.org). This e-mail address is automatically copied to our webmaster. All submissions **MUST** be received by the 10<sup>th</sup> of the month **PRIOR** to the hikes (i.e. February hike listings must be submitted by January 10) in order to be included in the newsletter. Late submissions will be updated on the TTA website, but have no guarantee of inclusion in the newsletter. Please include all of your hikes and activities for the month in one e-mail to assure that all of your chapter activities are included in the newsletter for that month.

We will also be glad to print any hike reports, general chapter news and hike or event photographs as space permits.



Office Location 409 Thurman Avenue, Ste 102  
 ..... Crossville, TN 38555  
 Office Hours ..... To be announced  
 Phone: ..... 931-456-6259  
 Email: [ctoffice2014@gmail.com](mailto:ctoffice2014@gmail.com)  
 Website: [www.cumberlandtrail.org](http://www.cumberlandtrail.org)

**CTC Board Meeting: Saturday, January 24, 2015**  
 Crossville, TN.

Agenda:

- Election of officers
- Election of board members
- Spring Breakaway program
- Trail projects
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Spring Breakaway Program: March 8 – April 4, 2015

Volunteer opportunities include:

- Work with college students to build trail in the Graysville Mountain Segment.
- Serve as a camp volunteer
- Volunteer to present an educational program.
- Volunteer to shop for food.
- Make a monetary donation to support the volunteers and pay for expenses.

For more information, please contact CTC Chairman, Gary Grametbauer at [gramet@att.net](mailto:gramet@att.net).

**TTA 2015 First Quarter Board Meeting**

Saturday, February 7  
 1:00 – 4:30 pm CT  
 REI, Brentwood, TN

Agenda Items

- Approve budget for 2015
- Evan Means Grants
- TTA/CTC Update
- Allocation of funds generated during 2015 annual meeting

All TTA and CTC members are welcome to attend.

**CLARKSVILLE CHAPTER**

**CHAPTER CHAIR:** Sandy Janus 931-551-8523  
[clarksville@tennesseetrails.org](mailto:clarksville@tennesseetrails.org)  
**CHAPTER VICE-CHAIR:** Lili Ball 931-552-2773  
[clarksville@tennesseetrails.org](mailto:clarksville@tennesseetrails.org)  
**TREASURER:** Mary Schwab 931-645-9068  
[clarksvilletreas@tennesseetrails.org](mailto:clarksvilletreas@tennesseetrails.org)  
**SECRETARY:** Pam Gadsey 931-552-2325  
[clarksvillesecy@tennesseetrails.org](mailto:clarksvillesecy@tennesseetrails.org)  
**OUTINGS COORDINATOR:** Paul Schwab 931-645-9068  
[clarkvillehikes@tennesseetrails.org](mailto:clarkvillehikes@tennesseetrails.org)  
*(call Paul & volunteer to lead an outing)*  
**MEETS MONTHLY:** 3<sup>rd</sup> Tuesday at 6:00 pm CT,  
 Crow Community Center, 211 Richview Rd.  
*Additional information may be seen at our web site:*  
<http://www.tennesseetrails.org/blog/clarksville>

**Jan 1 - New Years Day hike, Montgomery Bell Trail, Montgomery Bell State Park. 6.2 miles. Moderate.** Suva Bastin 931-645-2849. We will have a Pot Luck lunch on the trail. Meet 9:00 am CT, BigLots parking area, Riverside Drive, Clarksville, TN. 34 miles to trailhead.

**Jan 3 - Highland Trail, Beaman Park. 5.8 miles. Moderate.** Lili Ball 931-552-2773. Meet 8:30 am CT, I 24 Exit 11 commuter parking lot. 32 miles to trailhead.

**Jan 10 - Recovery Trail, Dunbar Cave SNA. 2 miles. Moderate.** Paul Schwab 931-801-9484. Meet 9:00 am CT.

**Jan 17 - Clarksville Greenway. 5.2 or 9.2 miles. Easy to moderate.** Kathy Robertson 931-216-5797. Meet 8:30 am CT at the end of Pollard Road.

**Jan 19 - Martin Luther King's Birthday; LBL, Canal Loop Trail. 10.5 miles. Difficult due to length.** Suva Bastin 931-645-2849. Meet 7:00 am CT, Kroger parking area, Dover Crossing Road, Clarksville. 72 miles to trailhead.

**Jan 20 Monthly Meeting.**

**Jan 24 - Ashland City Rails-to-Trails unpaved section. 6 miles out and back. Moderate due to length.** Ken Johnson 931-802-6343. Meet 8:00 am CT, Madison Street Kmart parking lot, Clarksville. 18 miles to trailhead.

**Jan 31 - Rotary Park, Clarksville. 2 hours. Easy.** Lili Ball 931-552-2773. Meet 8:30 am CT, first shelter on left after entering park.

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## COLUMBIA/FRANKLIN CHAPTER

**CHAPTER CHAIR:** Carolyn Watson 901-652-9089  
*columbia@tennesseetrails.org*  
**PROGRAM COORDINATOR:** Ellen Clark 615-595-2640  
*columbiaprog@tennesseetrails.org*  
**HIKE COORDINATOR:** Jane Coffey 615-516-6551  
*columbiahikes@tennesseetrails.org*  
**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at Super China Buffet, 5228 Main  
St., #B1, Spring Hill, TN 37174. Socializing and dinner at  
6:00 pm CT; meeting starts at 7:00 pm.

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**Jan 6 - Chapter Meeting.** Randy Hedgepath, State Naturalist for Tennessee State Parks, will share pictures and have a "hands on" demonstration of Tennessee's fascinating mammals. Don't miss this fun and informative evening with Randy. **Please note** our meeting location has changed.

**Jan 10 - Bowie Nature Park, Fairview.** Bowie Nature Park has over 700 acres and 17 miles of hiking trails. Depending upon the weather and the will of the hikers, we will select some trails to hike when we get there. Most of the trails are easy to moderate. Please bring sturdy hiking foot wear, water, snacks and a change of clothes. We will depart from the Tollgate Medical Plaza parking lot just north of 840 on U.S. 31 in Thompson Station at 8:00 am CT. Register with Robert Consalvo, *rconsalvo@aol.com*, telephone 615-519-5584.

**Jan 24 - Highland Rim Trail Hike. From Water Valley Overlook to the Gordon House on the Highland Rim Trail adjacent to Natchez Trace Parkway. 4.1 miles. Moderate.** We will meet behind McDonalds 4908 Main Street (Hwy 31) on the north side of Spring Hill at 7:45 am CT and depart promptly at 8:00 am. The hike will begin at 9:00 am at the Water Valley Overlook. (Mile Marker 411.8) on the Natchez Trace and continue southward to the Gordon House (Mile Marker 407.7), which is located just off Highway 50. Cars will be arranged to provide shuttle service from the Gordon House back to the starting point. Please bring your lunch and drinks. Hiking boots are recommended for the trail. Access can be made to the Natchez Trace via Hwy 7 to the north of the Water Valley Overlook or Hwy 50 from the south. The Highland Rim Trail, which is part of the National Scenic Trail System, is a focal point of outdoor exercise promoted collectively by the Natchez Trace Parkway Association, the National Park Service. (NPS) and Vanderbilt University Medical Center in 2015. The Natchez Trace Parkway Association has asked for our evaluation of the trail and recommendations for maintenance. There are restrooms maintained by the NPS near the Gordon House. For more information and to register, contact Tommy Haskins at *swissman10@hotmail.com* or cell 931-628-8600.

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## EAST TN CHAPTER (Oak Ridge / Knoxville)

**CHAPTER CHAIR:** Rosemary Marshall 865-951-8317  
*easttennessee@tennesseetrails.org*  
**WEBMASTER:** Sherry Barber 865-209-6189  
*sbarber6189@comcast.net*

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**Jan 1 - Edgar Evins State Park This is an annual multi chapter hike.** See page 1 for hike description. For our hikers who have never hiked in Edgar Evins; this will be a treat you will never forget. To carpool from Knoxville, we will meet at the parking area of Denny Restaurant off the Watt Rd Exit. I-75 S at 8:30 am ET to join up with everyone else by 10:00 am CT. Pre-register with Rosie at *rosemary\_L@hotmail.com* or 865-951-8317.

**Jan 10 - Rich Mountain Loop-Indian Grave Gap-Crooked Arm Ridge Trails. 7.7 miles. Moderate.** The hike will start at the parking lot at the entrance to Cades Cove. We will hike Rich Mountain Loop Trail for about 2.9 miles to Indian Grave Gap Trail, gaining about 1400 feet. Then we will hike Indian Grave Gap Trail for about 2.6 miles to Crooked Arm Ridge Trail, gaining about 300 feet then losing 200 feet. Finally we will hike Crooked Arm Ridge Trail for about 2.2 miles back to the parking area, losing about 1500 feet. We will meet at 8:45 am ET at the Browns Creek Shopping Center parking lot nearest the Sonic at 1707 E. Lamar Alexander Pkwy. To preregister contact Rosie at *rosemary\_L@Hotmail.com* or 865-951-8317.

**Jan 24 - Panther Creek State Park. 8 miles.** We will leave Comcast on Asheville Highway at 8:00a.m.ET. Comcast is at Exit 394 off I-40. Go east on Asheville Highway after exiting. Panther Creek State Park is located near Morristown on Cherokee Lake. We will walk primarily on the shoreline and ridge tops on this hike. Rated moderate due to some steep short climbs. Wear hiking boots, bring water and lunch. To pre-register, contact Leader: Chris Hamilton at *hikeintenn@gmail.com*.

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### Attention: Hike Coordinators (aka Hike Leaders)

A TTA **Release of Claims & Hold Harmless Agreement** form (aka "Liability Waiver") must be signed by everyone **before you start your hike** or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from: [www.tennesseetrails.org/release.php](http://www.tennesseetrails.org/release.php).

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## HIGHLAND RIM CHAPTER

### (Coffee and Franklin Counties)

CHAPTER CO-CHAIRS: Naullain Kendrick 931-224-6225  
[highlandrim@tennesseetrails.org](mailto:highlandrim@tennesseetrails.org)

SECRETARY Carolyn Fitz 931-598-0597  
[highlandrimsecy@tennesseetrails.org](mailto:highlandrimsecy@tennesseetrails.org)

TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666  
[highlandrimtreas@tennesseetrails.org](mailto:highlandrimtreas@tennesseetrails.org)

OUTINGS & PROGRAM COORDINATOR & NEWSLETTER CONTACT: Joan Hartvigsen 931-962-0811

[highlandrimhikes@tennesseetrails.org](mailto:highlandrimhikes@tennesseetrails.org)  
(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 4<sup>th</sup> Monday at 7:00 pm CT at the D. W.

Wilson Community Ctr., 501 N. Collins St., Tullahoma.

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**Jan 1 – Annual Multi-Chapter New Year’s Day Hike and Feast. Edgar Evins State Park, Silver Point, TN.** See page 1 for hike description. Contact Joan Hartvigsen at [jhartvigs@comcast.net](mailto:jhartvigs@comcast.net) or 931-962-0811 for carpool information.

**Jan 3 – Base of Fall Creek Falls Trail, Gorge Overlook Trail, Piney Falls Overlook and Bridge Trails, Fall Creek Falls State Park, Pikeville, TN. 4 miles. Moderate.** Steep descent, rough footing. We will also visit the overlooks off the Gorge Scenic Drive Motor Nature Trail including Millikan’s and Buzzard’s Roost. On this trip we will visit the plunge pool and then the overlook of 256 ft. high Fall Creek Falls. We will see Cane Creek Falls and Cane Creek Cascades and enjoy spectacular views of Fall Creek Gorge and Cane Creek Gorge. Piney Falls is a 95 ft. two tier waterfall. Bring water, snacks and lunch. You will need sturdy hiking boots and hiking sticks. Contact Joan Hartvigsen at [jhartvigs@comcast.net](mailto:jhartvigs@comcast.net) or 931-962-0811 for carpool information.

**Jan 10 – Tour of Tennessee Wildlife Refuge, Duck River Bottoms Unit, New Johnsonville, TN. Easy.** We will meet for breakfast at Manchester Cracker Barrel at 8:00 am CT. For those not eating, meet in the parking lot at 9:00 am to arrange a carpool. The 4,000 acre Duck River Bottoms unit of the larger Tennessee Wildlife Refuge provides moist soil habitat for waterfowl and other migratory birds. This diverse and unique habitat is home to 300 species of waterfowl and other migratory birds every winter. The duck numbers alone average 150,000 plus every year. The refuge is closed as a wildlife sanctuary from November through March except one day a year. This is the day! The refuge will offer guided tours and bald eagle viewing stations and there will be opportunities to explore on our own. Bring binoculars, field guides, lunch, plenty of water and dress appropriately for the January weather. To join us for this wonderful birding opportunity or for more information, please contact Naullain Kendrick at [naullain@hotmail.com](mailto:naullain@hotmail.com) or 931-224-6225.

## Highland Rim Chapter – con’t.

**Jan 17 – Joette’s Under the Bluff Hike and Cave Exploration Trip. Near Winchester, TN. Off Trail.** Joette Carter will lead us on a hike to explore a new area under the bluff and then take us into Cave Cove Cave for a one to two hour cave exploration trip. The cave is mostly upright. Helmet and gloves are recommended and two sources of light are required. Meet at 9:30 am CT between mile markers 24 and 25 on left heading south on Hwy 16, paved driveway marked with pink flagging tape. NOT CHECKING STATION. Circular drive, pull onto dirt/gravel road and park to the side. For more information call Joette at 256-509-0918. Bring snacks and water.

**Jan 24 – Poteet’s Annual Chilly Chili Hike. Caldwell Rim Trail, Sewanee, TN. 4 miles. Easy.** Jim and Marietta Poteet have invited us to their annual chilly hike, followed by a chili lunch at their Cliff Tops Home in Monteagle. Meet Marietta at 10:00 am CT at the Sewanee Farmer’s Market Parking Lot (not the store) located on the left side of Hwy 41A as you are entering Sewanee. We will hike over to the Caldwell Rim Trail which will show several wonderful views of Lost Cove. After the hike we are invited to the Poteets’ Clifftops home in Monteagle for chili and fixins. You may bring a side dish or dessert if you wish. We will have chili, cornbread, brownies and various drinks. This annual event is always a great time of fun and camaraderie. Please let Marietta know if you plan to attend at [nannietta@blomand.net](mailto:nannietta@blomand.net) or 931-924-7666 as it will help in planning how much chili to fix. Come on up to the mountain and let’s hike and eat! Please call or email if you have questions.

**Jan 26 – Chapter Meeting.** We will have dinner at 5:00 pm CT at Red Lobster Restaurant, Tullahoma, TN. Our meeting is 7:00 pm at D. W. Wilson Community Center. The program will be announced at a later date.

**Jan 31 – Short Springs State Natural Area Work Day, Tullahoma, TN.** Meet at 9:00 am CT in the Short Springs parking lot. Bring work gloves, water and a snack. Contact Joan Hartvigsen at [jhartvigs@comcast.net](mailto:jhartvigs@comcast.net) or 931-962-0811 to let her know you will help.

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## Carpool Etiquette

Gasoline prices have continued to roller coaster up and down. Please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it’ll save time and prevent the inconvenience of having to stop to locate change).

Your driver is not a chauffeur. Assist him or her by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing.

All passengers must wear seat belts to minimize the risk of injury in case of an accident!!! *The drive to and from a trailhead is generally the most dangerous part of any hiking trip.*

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## JACKSON CHAPTER

**CHAPTER CHAIR:** Vicky Moeller 731-668-9336  
*jackson@tennesseetrails.org*  
**TREASURER:** Anne Goodson 731-664-1556  
*jacksontreas@tennesseetrails.org*  
**SECRETARY:** Don Dresser 731-668-4190  
*jacksonsecy@tennesseetrails.org*  
**OUTINGS COORDINATOR:** Glen Rognstad 731-217-5966  
*jacksonhikes@tennesseetrails.org*

*(call Glen & volunteer to lead an outing)*

**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at Perkins Restaurant, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 6:45 pm .

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**Jan 6 - Monthly Meeting.** Starting in January, our monthly meetings will be on the first **Tuesday** of each month. Otherwise, the same time and place – Perkins Restaurant at 6 for dinner, followed by a meeting. We will be choosing hikes for the coming year. If you cannot attend, please let us know what hikes you would like to see on the schedule.

**Jan 10 - Land Between the Lakes.** This will be a moderate hike, about 7 to 8 miles in length, starting at the Fort Henry trailhead and going in a loop. We will meet at Panera for departure at 8 am CT. To register or obtain additional information, please contact Donald Dresser at *donald\_dresser@usit.net* or 731-694-0146.

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## MEMPHIS CHAPTER

**CHAPTER CHAIR:** Charlie Bright 901-829-4434  
*memphis@tennesseetrails.org*  
**VICE-CHAIR:** Francis Ruffin 662-701-6284  
*memphisvice@tennesseetrails.org*

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**Jan 1 - T.O. Fuller Park, New Year's Day Hike.** We will begin the hike at the Visitors Center at 9:30 am CT. We will be joined by the Park Ranger, Michael Champagne. The Discovery Trail hike is about a 6 mile continuous loop trail ranging from moderate to rugged. There are a few hills. We will view Chucalissa Indian Village and Wetlands. We will celebrate the new year with black-eyed pea dishes and cornbread at the RV Park shelter. Wear hiking boots or sturdy shoes. Rain/sleet/snow will cancel this hike. For directions and contact details, email *ttamemphis@gmail.com*.

**Jan 3 - Herb Parsons Lake Park, Fisherville, TN.** Meet at the lake at 10:00 am CT for a six mile, easy hike around the lake. Bring water, snack or light lunch, water and wear sturdy shoes. Coordinator is Beverly Hollingsworth, 901- 647-1835.

## Memphis Chapter – con't

**Jan 10 – Lucius Burch.** Meet at 9:00 am CT in the parking lot on Germantown Rd across from Lowe's. Bring a snack and water. We will hike the Blue/Yellow/White trails - 6-7 miles. Rain or snow the day before and day of will cancel the hike. For directions and contact details, email *ttamemphis@gmail.com*.

**Jan 17 - Stanky Creek, Nesbit Park and Annual "After the Hike Chili Party".** This small park has almost ten miles of hiking trails (bikes too). The trails and terrain remind me of Shelby Forest. We will meet at 9:00 am for a 4-mile walk. There has been a bridge washout since our last visit to Nesbit Park. There are several options for getting into and out of the park. We will use the best entrance point based on the weather. Hike Location: Stanky Creek is on Yale Road in Bartlett between Bartlett Blvd. and Old Brownsville Road on the north side of Yale. After the hike we will meet at Margaret Smith's house for indoor picnic. Chili will be provided...bring salad, cornbread, rolls, or dessert and your favorite beverage. Spikie's address is 7421 Wendy, Bartlett, TN.

**Jan 24 - Horse Trail Hike, Meeman Shelby Forest State Park.** This approximately 7 mile moderately strenuous hiker/horse trail is over a mixture of hills and flat areas around Poplar Tree Lake. It will take about 3 ½ hours, so bring water and snacks or light lunch. Hiking boots are recommended. Meet at the parking lot near the stables at 9:00 am CT. The stables can be accessed from either the park Visitors Center by following signs to Horse Trail or from Benjestown Rd. and are located to the north of Poplar Tree Lake. Look for the gate to the stables on your right after you pass the Poplar Tree Lake parking lot on your right and are heading back north on the one way road. The drive from east Memphis is about 45 minutes. For directions and contact details, email *ttamemphis@gmail.com*.

**Jan 31 - Red Trail, Fort Pillow.** 9:30 am CT. We will hike the Red Trail, an eight mile loop. The trail begins at the Interpretive Center and is rated strenuous by West Tennessee standards. Early in the hike we visit the site of the historic fort, scene of a well-known Civil War battle. We will have lunch overlooking Fort Pillow Lake. After lunch there will be an option to take the shorter Yellow Trail back to the Interpretive Center, shortening the hike by a couple miles. While there are some steep hills on the trails before lunch, the worst of the climbs can be avoided by taking the shorter trail. Good boots suggested. Bring a lunch and plenty of water. For directions and contact details, email *ttamemphis@gmail.com*.

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## MURFREESBORO CHAPTER

**CHAPTER CHAIR:** Sara Pollard 615-714-3610  
*murfreesboro@tennesseetrails.org*  
**TREASURER** Ann Jacobs 615-896-3935  
*murfreesborotreas@tennesseetrails.org*  
**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT, Barfield-  
Crescent Park's Wilderness Station, 697 Veterans  
Parkway, Murfreesboro  
**BLOG:** [www.tennesseetrails.org/blog/murfreesboro](http://www.tennesseetrails.org/blog/murfreesboro)

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**Jan 1 – Annual Multi-Chapter New Year's Day Hike and Feast, Edgar Evins State Park.** See page 1 for hike information. Our TTA hike will be in conjunction with the State Parks sponsored First Hike. All chapters are invited and encouraged to participate. For more information and to pre-register for the event, call or write Fount Bertram at 615-765-5357 or *fwbertram@dtccom.net*. For carpool from Murfreesboro, contact Sara Pollard at 615-714-3610 or *sarabpollard@gmail.com*.

**Jan 10 – Twin Forks Trail. 8 miles. Moderate.** We will hike a segment of the 20-mile trail that goes along the banks of the East Fork and West Fork Stones River near Murfreesboro. We will hike from Walter Hill Dam to the East Fork Recreation Area. This is an excellent time of the year to hike this trail because we will be able to see river bluffs and bottomlands in this part of Rutherford County. Wear sturdy boots, bring snacks, lunch and plenty of water. Contact Sara Pollard at 615-714-3610 or *sarabpollard@gmail.com*.

**Jan 13 – Chapter Meeting.** Guest speaker will be State Naturalist Randy Hedgepath.

**Jan 17 - Radnor Lake. 4 miles. Moderate.** We will hike the Ganier Ridge Trail and the South Cove Lake Trail. This is rated as a moderate hike, but there are a couple of steep climbs. There are usually deer, waterfowl and woodland bird sightings on this hike. Wear good shoes, bring water and a snack. We will eat at a local restaurant after the hike. Contact Ann Jacobs for meeting time. 615-896-3935 *eannjacobs@aol.com*.

**Jan 24 – The Poteet Annual Chapter Chilly Chili Hike.** See Highland Rim Chapter for details. Please let Marietta know if you are coming, as it will help in planning the amount of chili to make. Contact Marietta at 931-924-7666 or *nannietta@blomand.net*. For carpool information from Murfreesboro, contact Sara Pollard 615-714-3610 or *sarabpollard@gmail.com*.

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## NASHVILLE CHAPTER

**CHAPTER CHAIR:** Doug Burroughs 615-283-0507  
*nashville@tennesseetrails.org*  
**OUTINGS COORDINATOR:** Nancy Juodenas 615-319-8811  
*nashvillehikes@tennesseetrails.org*  
*(email Nancy & volunteer to lead an outing)*  
**MEETS MONTHLY:** 4<sup>th</sup> Tuesday at 7:00 pm CT in the REI  
Community Room, 261 Franklin Road, Brentwood. For  
directions, visit: [www.tennesseetrails.org/nashville.php](http://www.tennesseetrails.org/nashville.php)  
**BLOG:** [www.tennesseetrails.org/blog/nashville](http://www.tennesseetrails.org/blog/nashville)

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**Jan 10 – Double-bill hikes on this date: total of 5 miles. Easy. John Noel State Natural Area at Bon Aqua, Hickman County, followed by a hike at Montgomery Bell State Park.** The Bon Aqua trail is an easy one-mile loop that leads us amid stately centuries-old trees that were the reason this land was protected. Parking is limited at Bon Aqua; there is only room for 3 cars so we'll need to carpool judiciously. We will then head east to Montgomery Bell State Park where we will hike 4 miles on the Wildcat, Ore Pit and Jim Bailey Nature Trails. The Nature Trail has numbered stops along the way explaining the changing land and its natural history. On the Ore Pit Loop we will see evidence of the pits that were dug to retrieve the iron ore in 1801. We will car pool from the parking lot at the Kroger just past White Bridge Road on Charlotte. Water, lunch, sturdy shoes and layers. For complete details contact Nora Beck, *norellibee@gmail.com* or 615-517-6486.

**Jan 17 - Virgin Falls State Park, Sparta, TN. 9 miles. Strenuous.** The hike into Virgin Falls, which will total around 9 miles going in and out, should be considered a strenuous hike. The trail descends around 900 foot in elevation along a path that in many areas is rocky with uneven footing. The hike will take most of the day, so we will start the hike early in the day in order to allow plenty of daylight. If it is cold enough, there may also be ice (on the trail and in the waterfalls). Bring sturdy boots, clothing appropriate to the weather, water, lunch, and a headlamp. E-mail Doug Burroughs at *dougburroughs@tennessee.usa.com* for more information and to register. Carpool will leave the parking lot at the FedEx Kinko's on Donelson Road at 7:00 am CT. We should get to the trailhead around 9:00 am or so.

**Jan 24 - Bryant Grove Trail, Long Hunter State Park, 2910 Hobson Pike, Hermitage, TN 37076, 8:00 am CT. 8 or 4 miles. Easy to moderate.** This hike will begin at the trailhead in the Couchville Lake Day Use Area Two of Long Hunter State Park. The trailhead is near the playground on the right side of the parking area, and the trail heads east along the shoreline of Percy Priest Lake through cedar thickets, oak and hickory forests and cedar glades for 4 miles to reach the Bryant Grove Recreation Area, then back to the starting point. Options are 8 miles (to Bryant Grove Recreation Area and back) or 4 miles (hike to 2-mile marker, then back). Trail is rated easy to moderate, terrain is flat and the trail surface includes gravel, rocks and dirt. For information and to register, contact Betty Magee at (615) 319-5394 or e-mail: *monetfan455@yahoo.com*. *Nashville chapter con't next page*

## Nashville Chapter – con't

**Jan 27 - Monthly Meeting.** Happy new hiking year! Let's make it a great one - this is our big hike planning meeting. Bring your ideas - we'll bring along maps and info about various possibilities and be ready to have a full calendar of choices for beginners and seasoned hikers as well. Haven't led a hike? We'll make sure everyone has the knowledge they need to lead. Tennessee is blessed with many different kinds of terrain. Let's plan to enjoy it.

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## PLATEAU CHAPTER (Crossville)

**CHAPTER CHAIR:** Cheryl Heckler 931-200-7436  
[plateau@tennesseetrails.org](mailto:plateau@tennesseetrails.org)

**TREASURER:** Bill Quattrociochi 931-484-4230  
[plateautreas@tennesseetrails.org](mailto:plateautreas@tennesseetrails.org)

**MEETS MONTHLY:** 2nd Thursday at 6:00 pm CT

**BLOG:** [www.tennesseetrails.org/blog/plateau](http://www.tennesseetrails.org/blog/plateau)

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There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information, contact Bill Harris at 931-484-9152 or visit the Plateau Chapter Blog. Rain cancels.

**Jan 8 -- Chapter Meeting. 6:00 PM. Program: Colorado Trail by John Wigington.** First United Methodist Church Annex, 69 Neecham Street, Crossville. Dinner at Gondola's Restaurant, Woodmere Mall, Crossville at 4:45 pm CT. Contact Chapter Chair, Cheryl Heckler at [thehecklers@charter.net](mailto:thehecklers@charter.net) or 931-200-7436 for additional information.

**Jan 17 – Bald River Falls, Tellico Plains.** This is a moderate 6 mile hike from the Holly Flats Campsite on Forest Road 126 back to Bald River Falls. Plan for a long car shuttle. If there is enough interest, we can have dinner at Bradley's Barbeque near Sweetwater. Wear boots; bring water, lunch and snacks. Depart at 8:00 am CT from Trinity Tabernacle on Highway 127 South in Crossville. For more information and to register, contact Bill Harris at 931-484-9152.

**Jan 24 – Lick Creek & Princess Falls, Big South Fork.** We will hike a new trail for the Plateau Chapter in the Blue Heron area of the Big South Fork National Recreation area. This is a moderate 6 mile through hike of the Lick Creek trail with a short car shuttle to Yamacraw Bridge on Hwy. 92. The trail features some pretty creek side hiking along Lick Creek, Princess Falls and rock houses. Bring your lunch and water. Depart from the parking lot behind Vanity Fair at 8:00 am CT. Contact Curt Thomas 931-260-2140 or [curtethomas@frontiernet.net](mailto:curtethomas@frontiernet.net) to register or for questions.

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## SODDY-DAISY CHAPTER

**CHAPTER CO-CHAIRS:** Ed & Donna Pyers 423- 344-9271  
[soddydaisy@tennesseetrails.org](mailto:soddydaisy@tennesseetrails.org)

**HIKE COORDINATOR:** George Bonneau 423-842-3619  
[soddydaisyhikes@tennesseetrails.org](mailto:soddydaisyhikes@tennesseetrails.org)

**TREASURER:** Bob McGavock 423-843-4646  
[soddydaisytreas@tennesseetrails.org](mailto:soddydaisytreas@tennesseetrails.org)

**MEETS QUARTERLY:** 1st Tuesday in Jan, Apr, Jul, Oct at  
6:00 pm ET at Burk's United Methodist Church, 6433  
Hixson Pike, Hixson

*Additional information may be seen at our web site:*

<http://www.tennesseetrails.org/blog/soddydaisy>

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**Jan 3 – Little River in Alabama. Approximately 10 miles. Strenuous.** Meet at Bi-Lo parking lot in Red Bank at 9 am ET. Hike leader: George Bonneau.

**Jan 6 – Mowbray Pike to Sluder Lane. Approximately 5 miles. Moderate.** Will stage vehicles. Meet at Durham Street parking lot in Soddy Daisy at 9 am ET. Hike leader: John Politte, [Johnpolitte@gmail.com](mailto:Johnpolitte@gmail.com), 423-304-8327.

**Jan 10 – Cumberland Mountain State Park. Approximately 8 miles. Strenuous.** Meet at Durham Street parking lot in Soddy Daisy at 9 am ET. Hike leader: George Bonneau.

**Jan 13 – Cedar Mountain. Approximately 4 miles. Moderate.** Meet at Bi-Lo parking lot in Red Bank at 9 am ET. Hike leader: George Bonneau.

**Jan 17 – Lower Leggett Road to Retro Hughes Road trailhead. Approximately 8-1/2 miles. Strenuous.** Will stage vehicles. Meet at Durham Street parking lot in Soddy Daisy at 9 am ET. Hike leader: John Politte, [Johnpolitte@gmail.com](mailto:Johnpolitte@gmail.com), 423-304-8327

**Jan 20 – Lower Leggett Loop. Approximately 5 miles. Moderate.** Meet at Durham Street parking lot in Soddy Daisy at 9 am ET. Hike leader: George Bonneau.

**Jan 24 – Oswald Dome. Approximately 8 miles. Strenuous.** Meet at Target parking lot on Hwy 153 at 9 am ET. Hike leader: George Bonneau.

**Jan 27 – Signal Mountain High School loop. Approximately 4 miles. Moderate.** Meet at Bi-Lo parking lot in Red Bank at 9 am ET. Hike leader: George Bonneau.

**Jan 31 – Prentice Cooper. Approximately 12 miles. Strenuous.** Meet at Bi-Lo parking lot in Red Bank at 9 am ET. Hike leader: George Bonneau.

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## SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Jane Hamm 615-757-3331  
Gayle Livingston 615-264-2940  
*sumner@tennesseetrails.org*

MEETS MONTHLY: 1<sup>st</sup> Monday at 7:00 pm CT.

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**Jan 5 - Chapter Meeting.** Bird enthusiast Danny Shelton will present "A Year With Birds", a film that he and his then fifteen-year-old daughter completed over 12 months. The film shows over 60 bird species, and it explains how birds change season to season as some fly hundreds or even thousands of miles from other countries to visit Tennessee each year. Diverse habitats from the banks of the Mississippi River to the foothills of the Great Smoky Mountains provide the backdrop for the film. "A Year With Birds" began as a way for Danny to spend time with his daughter, combining his interests in birding and photography with their enthusiasm for film-making. Come meet Danny and enjoy this stunning film.

**Jan 17 - Bledsoe Creek State Park. 4 mile loop. Moderate.** After the Revolutionary War, sometime in the early 1780's, Isaac Bledsoe built a small fort erected to protect early settlers from hostile Native Americans during the Chickamauga Wars. He and his brother Colonel Anthony Bledsoe were both killed during these conflicts. Bledsoe Creek State Park was established near the site of the old fort on the creek bearing Bledsoe's name after the impoundment of Old Hickory Lake in 1954. Our hike will follow the Shoreline Trail for a couple of miles where it connects to the High Ridge Trail via a steep climb with steps. After a couple of miles the Ridge Trail descends back to the shoreline completing the loop. Meet for carpooling at the Presbyterian Church in Hendersonville at 9 am CT or at the boat ramp on Ziegler's Fort Road at 9:45 am CT. The trail will probably be muddy so wear your boots and dress for the weather. After the hike we'll go to Top Hog for lunch. For further info contact Loopy Al at *ballallenger@aol.com* or 615-347-2623.

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## UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER CHAIR: Louise Miniard 931-528-9115  
*uppercumberland@tennesseetrails.org*

HIKE COORDINATOR: Kathleen Sullivan 931-284-7822  
*uppercumberlandhikes@tennesseetrails.org*

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**Jan 3 – Heiss Mt trailhead to Retro Hughes trailhead.** This will be one way 9.5 miles; we will need a car shuttle. Hike is rated difficult to strenuous because of the distance and elevation changes. Bring water, snacks, lunch, flash lights and wear sturdy hiking boots. Meet in Cookeville at JC Penney's at 7:00 am CT or at the US Bank across from McDonald's in Sparta at 7:30. For information and to register contact Louise at 931-239-5425 or *lminiard@flowserve.com*.

## Upper Cumberland Chapter – con't.

**Jan 10 – Ambers Den Ridge Trail and Coal Mines, Bridgestone Wildlife Management Area, Sparta, TN.** We will hike the new Ambers Den Ridge Trail to Welch's Point. Those wanting a short hike can then return via the trail or following the gravel road for an easy hike of about 3 miles. We will then follow old roadbeds to view small coalmines near the base of the Welch's Point cliff. We then have the option of descending to the Caney Fork River along a graveled roadbed to the area of Welch's Ford and a view of Ambers Den. This option is moderate and approximately 4 1/2 miles for a total of 7-8 miles. Exact route and length of hike may be modified according to weather conditions. Wear hiking footwear, dress for the weather and bring snacks, lunch, and water. Meet on the west side of Penney's in Cookeville at 8:00 am CT or at 8:30 at the US Bank across from McDonalds in Sparta. Contact Pete Broehl at *pabroehl@blomand.net* or call 931-738-3551 to register or for further information.

**Jan 17 – Rock Creek Loop, Big South Fork NRA, Jamestown, TN. 8 miles. Moderate.** The trail follows Rock Creek for part of its length. Other interesting features include the old railroad beds, which are used for part of the trail, waterfall, rock houses and bluffs. Bring snacks, water, and lunch. You can meet us in the Penney's parking lot in Cookeville at 8:00 am CT. For information and to register contact Kathleen Sullivan at 931-284.7822 or *ksully@frontiernet.net*.

**Jan 24 – Eagle Watch Barge Tour and Accordion Bluff Trail, Dale Hollow Lake, Livingston, TN.** We will join the Corps of Engineer's Eagle Watch Barge Tour on Dale Hollow Lake for a morning of eagle spotting aboard an open air barge. Naturalists will be on board to help in finding the eagles and other wildlife. After the three hour tour we'll land back at the Lillydale Campground for lunch. After lunch we'll hike a portion of the Accordion Bluff Trail along Dale Hollow Lake. The trail is rated moderate. Dress for cold temperatures on the barge and be prepared to sit on hay bales. Bring hot drinks, binoculars, cameras, blankets, a life jacket if you have one, etc. for the barge trip plus lunch and hiking gear. Hot drinks and snacks will be available on the barge thanks to Friends of Dale Hollow Lake. This is a by reservation only outing; you must pre-register. Contact Pete Broehl at *pabroehl@blomand.net* or call 931 738-3551.

**Jan 31 - Spicewood and North Old Mac Trails, Frozen Head State Park, Wartburg, TN.** This hike to Frozen Head Mountain, one of the highest peaks in the Cumberland's features nice views. We will ascend the mountain on the Spicewood Trail and descend using the North Old Mac Trail. The hike is 9 miles and is rated strenuous because of an elevation change of almost 2000 feet. Bring hiking boots, snacks, water, and lunch. You can meet us at 7:30 am CT in the Penney's parking lot in Cookeville. For information and to register contact Richard Savage at 931-526-2035 or *savage\_richard@hotmail.com*.



## OFFICERS:

**President**  
 Carolyn Miller 931-839-3213  
*president@tennesseetrails.org*

**Vice-President**  
 Levonn Hubbard 931-707-1020  
*vicepresident@tennesseetrails.org*

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 Kathy Woods 615-473-6824  
*treasurer@tennesseetrails.org*

**Secretary**  
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*secretary@tennesseetrails.org*

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*membership@tennesseetrails.org*

**Past President**  
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*pastpresident1@tennesseetrails.org*

**Previous Past President**  
 Don Dresser 731-668-4190  
*pastpresident2@tennesseetrails.org*

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**East TN At-Large Director**  
 Bruce Whitehead 941-716-3620  
*eastregional@tennesseetrails.org*

**Cumberland Trail Conference Representative**  
 Frank Jamison 865-376-4120  
*CTC@tennesseetrails.org*

**TN Rails To Trails Advisory Council Representative**  
 Bob Richards 615-532-0753  
*TRAC@tennesseetrails.org*

CHAPTER REPRESENTATIVES ON THE BOARD  
 ARE LISTED WITHIN EACH CHAPTER'S HEADER

**Newsletter Editor**  
 LouAnn Partington 931-393-4835  
*editor@tennesseetrails.org*

### Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Jan 10 .....	Feb 1
Feb 10 .....	Mar 1
Mar 10 .....	Apr 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:  
*editor@tennesseetrails.org*

## INACTIVE CHAPTERS

We have three chapters in the process of being reorganized. If you are interested in assisting with this process, please see below for the contact information.

**Cove Lake** Levonn Hubbard 931-707-1020  
*eastregional@tennesseetrails.org*

**Dyer County** Graydon Swisher 901-737-3114  
*westregional@tennesseetrails.org*

**Northwest** Graydon Swisher 901-737-3114  
*westregional@tennesseetrails.org*

## GO GREEN

### Electronic Newsletter Available

This is reminder that you can now receive your monthly newsletter via email. If interested please contact Tim Townley at *membership@tennesseetrails.org* and please include your email address.

## IT'S THE YEAR TO VOLUNTEER!

*Each month TTA offers opportunities to volunteer – be it leading hikes, organizing events, fundraising, leadership on the Board – if you've never volunteered to help before, how about it in 2015?*

We are always looking for volunteers in all capacities within TTA. As a chapter chair or TTA officer, you can be involved in planning and determining the future activities and policies of our organization. If you are interested in any of the elected positions, feel free to contact the officer currently in that position to find out more about the time commitment and experience needed. Or plan to attend a quarterly board meeting to learn more. There are many opportunities for you to be involved in determining the future of TTA.

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**  
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.  
**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .**

- A NEW MEMBER**  
 **RENEWING MY MEMBERSHIP**

Jan 15

Memberships are for one year, unless you have a Lifetime Membership.  
Gift Memberships are also available. Contact our Membership Director,  
Tim Townley 731-607-0512 [membership@tennesseetrails.org](mailto:membership@tennesseetrails.org)

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

**PLEASE, PRINT CLEARLY.**

\_\_\_ Individual \$25.00  
\_\_\_ Family \$35.00  
\_\_\_ Student (FULL TIME) \$15.00  
\_\_\_ Supporting (\$50.00, \$100.00 or more)  
\_\_\_ Life Member (Individual) \$500.00  
\_\_\_ Life Member (Family) \$750.00

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
Home Phone (\_\_\_\_) \_\_\_\_\_ Zip \_\_\_\_\_ -- \_\_\_\_\_  
Work Phone (\_\_\_\_) \_\_\_\_\_  
e-mail \_\_\_\_\_

- Please do not list my e-mail address in the TTA Annual Membership Directory  
 I would like to receive my newsletter by email.

\*\* CTC Membership \*\* \*\*\$5.00\*\*

\*\* *Special \$5.00 rate for membership in Cumberland Trail Conference if you also are joining TTA or renewing your TTA membership. CTC is building the Cumberland Trail, which will go from Chattanooga to Cumberland Gap. Over 185 miles are now complete and open for hiking. More information can be found at [www.cumberlandtrail.org](http://www.cumberlandtrail.org). Please consider enhancing your commitment to Tennessee's great trails by joining the CTC.*

Please list me with the following chapter:

\_\_\_ Clarksville  
\_\_\_ Columbia/Franklin  
\_\_\_ Cove Lake (Inactive)  
\_\_\_ Dyer County (Inactive)  
\_\_\_ East TN (Oak Ridge/Knoxville)  
\_\_\_ Highland Rim (Manchester/Tullahoma)  
\_\_\_ Jackson  
\_\_\_ Memphis  
\_\_\_ Murfreesboro  
\_\_\_ Nashville  
\_\_\_ Northwest (Inactive)  
\_\_\_ Plateau (Crossville)  
\_\_\_ Soddy Daisy  
\_\_\_ Sumner Trails (Sumner County)  
\_\_\_ Upper Cumberland (Sparta/Cookeville)  
\_\_\_ At Large

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - C.T.C. and T.R.A.C. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

**As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.**