

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



TTA Annual Meeting: Volunteers + Donors = Gratitude¹⁰

We hiked, we dined, we raised money, and a few of us even danced. TTA members from across the state gathered at Montgomery Bell State Park for our annual meeting, October 24-26. Any such undertaking requires planning, coordination, cooperation, and enterprise. The people who made it happen used all those skills and more, and as a result we have a lot of gratitude to go around. We've made every effort to see that everyone who helped is named because this effort took a village – a big one. Please take note of our generous donors – of merchandise, services, time and talents – and thank them in person when possible.

The Nashville and Sumner Trails chapters took on the organization of this year's annual meeting. TTA's newest chapter, Sumner Trails, stepped up in fine fashion in this, their first year to participate in annual meeting preparation. In addition to publicizing, coordinating and leading hikes, the two chapters organized and managed registration, evening and daytime programs, silent and live auctions, bake sale and white elephant sale, and coordinated of all these activities with the Montgomery Bell State Park staff. Thanks go to Doug Burroughs and Dianna Richter, Libby Francis, Diane and Zvi Manas, June Parker, and Amy Sutton for hosting planning meetings in their homes.

Our Hosts: The hospitality and attention to detail that the Montgomery Bell State Park staff provided made for a fine weekend for over 150 people.

Registration and Auction Volunteers: Volunteers who managed and assisted with registration and auction preparation, including getting the word out through the newsletter, included Sue Biggers, Doug Burroughs, Ed Craven, Bob Crouch, Kate Croy, Ann Ercelawn, Libby Francis, James Galloway, Elizabeth Gerlock, Jane Hamm, Judy Jenkins, Ron Jenkins, Jenice Johnson, Gayle Livingston, Diane Manas, June Parker, Kate Perry, Ron Prater, Dianna Richter, Garnett Rush, Carol Smith, Jennifer Smith, Amy Sutton, Wanda Vickstrom, and Kathy Woods.

Welcome Bags for Registrants: Donors of items in registrant's welcome packets included LÄRABAR®, Greenways for Nashville, AAA South, Music City Visitors' Centers, *Nashville Retrospect*, and Gary Bealer. We are grateful to the crew of volunteers who met at Diane Manas's home to distribute these items in the welcome bags.

Programs and Entertainment: Tennessee State Naturalist Randy Hedgepath presented an entertaining history of Montgomery Bell State Park on Friday evening. We are grateful to James Galloway and Amy Sutton for their suggestions and connections that resulted in excellent musical entertainment. Singer and raconteur Claudia Nygaard performed on Friday evening, with sound tech from Dennis Lator; and on Saturday evening the Nashville Old Time String Band had us tapping toes - Mike Baugh, Mary Lou Durham, Bill Eichmeier, Jim Hornsby, and Lilly Hsu. Saturday's daytime programs included presentations from Civil War historian Mark Zimmerman, with thanks to Jane Hamm for the suggestion; and from TTA member Danny Shelton on the upcoming 100th anniversary of the Tennessee Ornithological Society. Thanks go to Doug Burroughs for bringing Mr. Shelton's program to our attention. Montgomery Bell State Park Ranger Tim Wheatley arranged for the screening of "The Legend of Werewolf Springs," and Nashville PBS affiliate WNPT produced "Beautiful Tennessee – Parks and Preservation" that was also presented. TTA "lifer" Bob Richards, who coordinates the state's recreation and trails program, provided a trail building workshop and on-site experience at Montgomery Bell. Jim and Jenice Johnson provided the use of AV equipment.

Annual Meeting Acknowledgements – con't.

Hikes and Hike Leaders: Nancy Juodenas coordinated hikes and recruited hike leaders for 15 different hikes, a trail maintenance workshop and an orienteering course. Hike leaders and assisting volunteers included Al Ballenger, Kevin Bowden, Alice Cannon, Karl and Kathie DuPre, Jim Johnson, Nancy Juodenas, Betty Magee, Larry Marchese, Dick McKeen, Amy Sutton, Tom Vickstrom and Susan Woods, (all TTA members); and Vera Vollbrecht, who directs the Warner Park Nature Center. State Parks personnel who offered their time and knowledge on the trail included Randy Hedgepath, Bob Holliday, Bill Morton, Eric Runkle, and Jennifer Smith. Paul Fowler, who coordinates volunteer activities for Warner Park Nature Center, connected us with Ms. Vollbrecht for the trek into the Hill Tract, a protected area of old growth forest.

Auctions and Fund-Raising: Generosity came in wide variety this year, with offerings ranging from award-winning pie to hiking opportunities to fine dining and hotel experiences. Thanks go to all the bakers and “white elephant” merchandise donors, and to the following individuals who donated goods and services to the silent and live auctions: Anonymous, Jack Bastin, Gary Beeler, John Bordley, Charlie Bright, Doug Burroughs and Dianna Richter, Marnell Cothran, Leslie and Galal El-Sayad, Freddie Felts, Libby Francis, Jane Hamm, Cheryl Heckler, Betty Magee, Larry Marchese, John Martin, Carolyn Miller, Kate Perry, Marietta Poteet, Bill and Carol Quattrociocchi, Marion Quinlen, Gary Ruetenik, Garnett Rush, Saul Stein, Marcy Tucker, Bruce Whitehead, Vickie Williams, Nancy Yeagle, and Mark Zimmerman. The intrepid Candy Corn Shorts are still making their way to new places and raising funds each year! We also thank Gary Bealer and his employer, Thift Smart, for taking the unsold white elephant items. These businesses generously donated to live and silent auctions: Ace Hardware in Columbia and Nashville (Nolensville Rd.), Bluegrass Liquor Store, Chuy's Restaurant (Opry Mills), Cumberland Transit, El Tapatio, Elliott's Boots, Great Harvest Bread Co. (Nashville), Harvest Towne Wine and Spirits, Husk Restaurant, Kroger, Logan's Roadhouse-Nashville (Music Valley Dr. and Hickory Hollow), Mason's Restaurant in Lowe's Vanderbilt Hotel, *Nashville Retrospect*, Olive Garden-Nashville (Bell Rd.), Outdoor Experience in Cookeville, Starbucks Coffee-Nashville (Edmonson Pike), Sumner Crest Winery, the Tennessee Wildlife Resources Agency, Trader Joe's, and Wild Birds Unlimited.

Annual Meeting Acknowledgements – con't.

We thank the members of the following chapters who made cash donations to augment auction funds: East Tennessee, Highland Rim, Murfreesboro, and Sumner Trails.

Thanks go to all the individuals who donated additional funds to TTA as part of their registration to the Evan Means Fund and to the Communications Technology Fund, and to those who made general donations. An accounting of funds raised is provided on page 5 of this newsletter.

Thanks go to all who attended. Your participation and enthusiasm were inspiring!



CLARKSVILLE CHAPTER

CHAPTER CHAIR:	J.R. Tate 931-920-2692 clarksville@tennesseetrails.org
CHAPTER VICE-CHAIR:	Ken Johnson 931-802-6343 clarksville@tennesseetrails.org
TREASURER:	Mary Schwab 931-645-9068 clarksvilletreas@tennesseetrails.org
SECRETARY:	Pam Gadsey 931-552-2325 clarksvillegsecy@tennesseetrails.org
OUTINGS COORDINATOR:	Paul Schwab 931-645-9068 clarksvillehikes@tennesseetrails.org

(call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT,
Crow Community Center, 211 Richview Rd.

Additional information may be seen at our web site:

<http://www.tennesseetrails.org/blog/clarksville>

Dec 6 - Nashville Urban Hike. 4.6 miles. Easy. Start at Bicentennial Capitol Mall and hike along the Downtown Cumberland Greenway south across Shelby Street Bridge and hike around Cumberland Park. We will return to the mall through city streets and eat lunch at the Farmers Market. Paul Schwab 931-801-9484. Meet 8:00 am CT, I-24 Exit 11 commuter parking lot. 39 miles to trailhead.

Dec 13 - Christmas Party 6 pm CT, Dotsonville Community Center.

Dec 20 - Liberty Park, Clarksville. 3.5 miles. Easy. Paul Schwab 931-801-9484. Meet 8:00 am CT at the Liberty Park Pond parking area.

Dec 16 – No Chapter Meeting this month.

Dec 31 - New Year's Eve hike downtown Clarksville. Moderate. Lionel Senseney, 931-551-6738. Meet 9:00 pm CT, Cumberland River Pavilion, McGregor Park, Riverside Drive. After the hike bring a party snack and come to Jack and Suva Bastin's house for a New Years Eve Party.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR: Marvin Caine 931-486-1632
columbia@tennesseetrails.org
PROGRAM COORDINATOR: Ellen Clark 615-595-2640
columbiaprog@tennesseetrails.org
HIKE COORDINATOR: Jane Coffey 615-516-6551
columbiahikes@tennesseetrails.org
MEETS MONTHLY: 1st Tuesday at Fulin's Asian Cuisine, 1009
Crossings Boulevard, Spring Hill. Socializing and dinner
at 6:00 pm CT; meeting starts at 7:00pm.

Dec 2 - We will have a change in time and venue for our **chapter meeting**. Along with our bi-annual hike planning, we will be honoring our chapter chair, Marvin Caine, for four years of exceptional service and dedicated leadership. We will also be saying thanks and farewell to Laura Barber, an active hiker and our newsletter liaison extraordinaire, who is moving out of state. Our meeting will be at the home of Janeth McKendrick, 1400 Kittrell Rd. in Franklin, 37064. Watch for balloons at the drive entrance and follow signs up to the house. We will meet from 7-8:30 pm and please bring either a dessert, appetizer, and a favorite drink. For questions contact Janeth at 615-591-9352.

Dec 6 - Radnor Lake trails. We will leave from behind the McDonald's on the north side of Spring Hill (4908 Main Street (Hwy 31)) at 8:00 am CT. For those who would rather meet at Radnor Lake, plan on being at the Radnor Lake Visitor's Center (1160 Otter Creek Road, Nashville) at 8:30 am. Register with Rick Pinkleton if you plan on attending: *rdpinkleton@gmail.com* or cell 931-619-5012.

Dec 13 - Mossy Ridge Trail, Percy Warner Park, Nashville, TN. 4.5-mile loop. Moderate. The trail winds up and down wooded hills and hollows, crosses several springs and open meadows, and offers users a unique opportunity to see the wide variety of plants and animals that may be found in the Park. Two especially nice features are a short spur trail that leads to a "quiet point" and a steep, rocky ridge near Scott Hollow, with trail sides carpeted in moss; both sections have resting benches. If you need a ride please meet at McDonalds in Spring Hill, 4908 Main Street at 8:00 am, CT. We will leave at 8:15 to be at the trail entrance by 9:00 am. We will do lunch after the hike at Breugger's Bagel Shop up the road at 5311 Harding Pike. The trail is considered moderate and has a couple of steep hills so bring sturdy boots and bring plenty of water. For those who would like to meet at the trailhead, it is at the Deep Well picnic area just off Hwy 100 (trailhead GPS location 36.075296 N, -86.878611 W). Hike leader: Carolyn Watson.

Dec 27 - Chickamauga Battlefield, north Georgia. In 1863, Union and Confederate forces fought for control of Chattanooga, known as the "Gateway to the Deep South." The Confederates were victorious at Chickamauga in September. However, renewed fighting in Chattanooga that November provided Union troops victory and control of the city. After the fighting, a Confederate soldier ominously wrote, "This...is the death-knell of the Confederacy." There are several trails in the park, but we plan on hiking the Confederate Line Trail which is a 6 mile fairly easy hike. We'll depart from the north McDonald's in Spring Hill, 4908 Main Street, at 7:00 am CT. Be sure to bring water as there isn't any on the battlefield trails, bring a lunch, sturdy footwear and clothing suitable for the weather. We will also take time to see the visitor's center and the Fuller Gun Collection. Hike leader: Rick Lausten.

COVE LAKE HIKING CHAPTER

This chapter is in the process of being reorganized.

For further information, contact Levonn Hubbard at 931-707-1020 or *eastregional@tennesseetrails.org*. In the interim, you are welcome to attend (12 to select from) other chapters' outings, events and meetings.

DYER COUNTY CHAPTER

This chapter is in the process of being reorganized.

For further information, contact Graydon Swisher at 901-737-3114 or *westregional@tennesseetrails.org*. In the interim, you are welcome to attend (12 to select from) other chapters' outings, events and meetings.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-951-8317
easttennessee@tennesseetrails.org
WEBMASTER: Sherry Barber 865-209-6189
sbarber6189@comcast.net

Dec 6 - Let's plan our 2015 hikes at 12:00 pm ET at the Panera's on Cumberland Ave. Bring a list of your favorite hikes and we will work them into a great hiking year. Be sure to bring a buddy and lunch will be free to those who sign up to lead in 2015. Pre-registration is required, so call Rosie at 865-951-8317 or *rosemary_L@hotmail.com*.

Dec 13 - Mount Cammerer. We will start in the Cosby Campground and take the Low Gap trail for 2.9 miles to the AT, gaining about 2,000 feet. At the AT we will turn left and go 2.1 miles to the Mount Cammerer trail, gaining about 800 feet. The Mount Cammerer trail to Mount Cammerer is a series of ups and downs for .6 mile with essentially no elevation change. Total hiking mileage is about 11.2 miles. Let's meet at the Cracker Barrel at Straw Plains Pike about 8:30 am ET for carpooling. Wear sturdy hiking boots. Be sure to bring snack, water and \$\$\$\$. Pre-registration is required, so call Rosie at 865-951-8317 or *rosemary_L@hotmail.com*.

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CO-CHAIRS: Naullain Kendrick 931-224-6225
highlandrim@tennesseetrails.org
SECRETARY Carolyn Fitz 931-598-0597
highlandrimsecy@tennesseetrails.org
TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666
highlandrimtreas@tennesseetrails.org
**OUTINGS & PROGRAM COORDINATOR & NEWSLETTER
CONTACT:** Joan Hartvigsen 931-962-0811
highlandrimhikes@tennesseetrails.org
(contact Joan & volunteer to lead an outing)
MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W.
Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Dec 6 - Cumberland Trail, Prentice Cooper State Forest, "Lawson's Rock There-and-Back Hike. 6.6 miles round trip. Moderate. 460 ft. vertical rise. West of Chattanooga. We begin our hike at the Cumberland Trail trailhead parking lot on Tower Drive in Prentice Cooper State Forest and hike 3.3 miles to the outcrop of Lawson's Rock. Here we will enjoy awesome views of the Tennessee River Gorge, Edwards Point, Raccoon Mountain and the confluence of Suck Creek with the Tennessee River. Poplar Spring backcountry campsite is located near Lawson's Rock for those who wish to camp overnight. The Day Trippers will return to the Tower Drive Trailhead parking lot. Along the way to Lawson's Rock we will see fascinating geology including a narrow passage between two giant boulders, Indian Rock House (a huge overhang) and rock bluffs. And the beautiful Tennessee River Gorge is continually visible through the trees throughout our hike. Bring water, snacks, lunch, hiking boots and hiking sticks. Contact Joan Hartvigsen at 931-962-0811 or email *jhartvigs@comcast.net* to register and for carpool information.

Dec 13 – Short Springs State Natural Area, Tullahoma. 5 miles. Moderate due to slick rocks and steep inclines. Eleanor Gilchrist will lead us on this beautiful hike on all the Short Springs Trails, including Machine Falls Trail, Adams Falls Loop, Busby Falls Loop and Laurel Bluff Loop. Machine Falls is gorgeous in December. Meet Eleanor at 1:00 pm CT in the parking lot of Short Springs State Natural Area, 2250 Short Springs Road, Tullahoma. Bring water and a snack. You will need sturdy hiking boots and hiking sticks. After our hike we will meet at Tom Bentley's house for our Annual Chapter Christmas Party. Contact Eleanor at *eleanor.single.1960@gmail.com* or 931-308-5499 for more information and to register for the hike.

Dec 13 – Chapter Christmas Party. Tom Bentley's home, 208 Jamestown Drive, Tullahoma. 5:00 pm CT Social Hour. Dinner at 6:00 pm. All are invited. Please bring a side dish or dessert. Christmas turkey will be provided. Please RSVP with Tom at *htbentley@lighttube.net* or 931-455-5849. Bring a wrapped gift to exchange with others. A Short Springs Hike precedes the party. Please consult the above Dec. 13 hike description.

Highland Rim Chapter, con't.

Dec 22 – No Chapter Meeting.

Dec 27– Winter Waterfalls State Parks Hiking Tour. Rock Island, Burgess Falls and Cummins Falls State Parks. 4.5 miles total to view all waterfalls. Easy to Moderate. Meet at the Manchester Cracker Barrel at 8:00 am CT. We will carpool in as few cars as possible. If you want to get out and do something different and walk off some of the Christmas feasts but aren't quite ready to tackle a long hike, this is the trip for you. Rock Island, Burgess Falls and Cummins Falls State Parks all have wonderful waterfalls and it will be easy to see them all in one day. They are all about a thirty minute drive from each other. We will start with Rock Island's Great Falls and Twin Falls and then continue on to Burgess Falls. We will finish our tour with one of our newest Tennessee State Parks, Cummins Falls. From our last stop, we will drive straight back to Manchester over Center Hill Lake. We can stop at Rose Garden Restaurant at Silver Point (near the lake) on the way home. Bring lunch, water, all those relatives who are still hanging around after Christmas, and come enjoy some of Tennessee's best nature. Dress appropriately for whatever weather we may encounter in late December. Sturdy hiking boots and hiking sticks are recommended because the trails are rocky and uneven. Contact Naullain Kendrick at *naullain@hotmail.com* or 931-224-6225.



Office Location 409 Thurman Avenue, Ste 102
..... Crossville, TN 38555
Office Hours 8 am-2 pm CT
Phone: 931-456-6259
Email: *cumberlandtrail@rocketmail.com*
Website: *www.cumberlandtrail.org*

CTC Board Meeting: Saturday, December 6 - Crossville, TN.

Spring Breakaway Program: March 8 – April 4, 2015

Volunteer opportunities include:

- Work with college students to build trail in the Graysville Mountain Segment.
- Serve as a camp volunteer
- Volunteer to prepare meals for students and volunteers.
- Volunteer to present an educational program.
- Volunteer to shop for food.
- Make a monetary donation to support the volunteers and pay for expenses.

For more information, please contact CTC Chairman, Gary Grametbauer at *gramet@att.net*.

JACKSON CHAPTER

CHAPTER CHAIR: Vicky Moeller 731-668-9336
jackson@tennesseetrails.org

TREASURER: Anne Goodson 731-664-1556
jacksontreas@tennesseetrails.org

SECRETARY: Don Dresser 731-668-4190
jacksonsecy@tennesseetrails.org

OUTINGS COORDINATOR: Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org
(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1st Monday at Perkins Restaurant, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 6:45 pm

Dec 1 – Monthly Meeting.

Dec 5-7 – Sewanee. We will leave from Panera at 6 am CT to enjoy a fall hike in the Sewanee area. For additional information and to register, contact Glen Rognstad at 731-217-5966 or *glenrognstad@gmail.com*.

Dec 20 – Mousetail Landing State Park. This is an eight mile loop to a high bluff overlooking the Tennessee River below. This is a favorite hike of the Jackson Chapter. The trail is rated moderate. Bring lunch and plenty of water. For additional information and to register, contact Glen Rognstad at 731-217-5966 or *Glenrognstad@gmail.com*.

Planning Ahead:

Jan 1 – Monthly Meeting. Please note the change in date to the first Tuesday of each month. We will be choosing hikes for the coming year.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
memphis@tennesseetrails.org

VICE-CHAIR: Francis Ruffin 662-701-6284
memphisvice@tennesseetrails.org

Hike information unavailable at press time

TTA OFFICERS 2015

Congratulations to the TTA officers for 2015 who were elected during the General Membership Meeting on October 25, 2014.

President: Carolyn Miller, Plateau Chapter
Vice President: Levonn Hubbard, Plateau Chapter
Secretary: Diane Manas, Nashville Chapter
Treasurer: Kathy Woods, Nashville Chapter
Membership Director: Tim Townley, Jackson Chapter
East Tennessee Regional Representative: Bruce Whitehead, Plateau Chapter
Middle Tennessee Regional Representative: Kathy Tange-duPre, Nashville Chapter
Western Tennessee Regional Representative: Graydon Swisher

We are always looking for volunteers in all capacities within TTA. As a chapter chair or TTA officer, you can be involved in planning and determining the future activities and policies of our organization. If you are interested in any of the elected positions, feel free to contact the officer currently in that position to find out more about the time commitment and experience needed. Or plan to attend a quarterly board meeting to learn more. There are many opportunities for you to be involved in determining the future of TTA.

Funds raised at the 2014 TTA Annual Meeting:

- Live Auction - \$1245.00
- Silent Auction - \$1528.00
- White Elephant - \$312.75
- Cash Bar – \$467.10
- Bake Sale - \$265.60
- T-shirts - \$534.00
- Registrations - \$4865
- Registration Donations to the Evan Means Small Grant Fund - \$281.37
- Registration Donations to TTA's Technology/Communication Enhancement - \$562.00
- Highland Rim Chapter donation - \$300.00
- Murfreesboro Chapter donation - \$200.00
- Sumner Trails Chapter donation - \$150.00
- Individual Donations at the TTA Meeting - \$110

Once expenses are covered, a distribution will be forwarded to TTA.

MURFREESBORO CHAPTER

CHAPTER CHAIR: Sara Pollard 615-714-3610
murfreesboro@tennesseetrails.org
TREASURER Ann Jacobs 615-896-3935
murfreesborotreas@tennesseetrails.org
MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-
Crescent Park's Wilderness Station, 697 Veterans
Parkway, Murfreesboro
BLOG: www.tennesseetrails.org/blog/murfreesboro

Dec 9 – Chapter Holiday Potluck. 6:00 pm. Barfield Crescent Wilderness Station. Invite your family, friends and bring a covered dish to share. Chapter will provide utensils, plates, napkins, and beverages. Please RSVP to Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Dec 13 – Fiery Gizzard Dog Hole Loop. 9.7 miles. Strenuous. This trail has cascading streams, waterfalls, unusual rock formations, and mountain vistas. We will follow the Dog Hole trail through the gorge to Raven's Point for lunch and then return the same way. Wear hiking boots and bring plenty of water, snacks and lunch. Inclement weather will cancel the hike. Rebekah Norman is also leading the hike. Contact Ann Jacobs at 615-653-6354 or eannjacobs@aol.com for meeting time.

Dec 27 – Cumberland Trail. 8.5 miles. Moderate to difficult. We'll hike the section of the CT from Signal Mountain to State Highway 27. We'll set up a car shuttle on Suck Creek Road ¼ mile above the trail crossing where we'll leave vehicles, and then drive to Signal Point where we'll start our hike. Signal Mountain is the southern terminus of the Cumberland Trail and is one of the most scenic sections overlooking the Tennessee River Gorge. We'll pass waterfalls, Edwards Point overlook, and Mushroom Rock. This hike requires hiking boots and plenty of water. Bring lunch and plan to spend most of the day enjoying this long hike on the Cumberland Trail. Contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

GO GREEN

Electronic Newsletter Available

This is reminder that you can now receive your monthly newsletter via email. If interested please contact Tim Townley at membership@tennesseetrails.org and please include your email address.

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs 615-283-0507
nashville@tennesseetrails.org
OUTINGS COORDINATOR: Nancy Juodenas 615-319-8811
nashvillehikes@tennesseetrails.org
(email Nancy & volunteer to lead an outing)
MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI
Community Room, 261 Franklin Road, Brentwood. For
directions, visit: www.tennesseetrails.org/nashville.php
BLOG: www.tennesseetrails.org/blog/nashville

CHAPTER NEWS:

Dec 13 will mark the thirteenth year that we will be wrapping gifts at REI in exchange for donations. This FUN-draiser is a very successful event and benefits the Cumberland Trail. This year we will be wrapping gifts on Saturday Dec. 13 from 10:00 am to 5:30 pm CT. Chapter members can volunteer for two hour shifts: **10:00-12:00, 12:00-2:00, 2:00-4:00, 4:00-5:30.** In exchange for the gifts we wrap, customers have generously donated money that will be used for the Alternative Spring Break program that has been involved with the building of the Cumberland Trail. This is truly a great way to FUNdraise! No experience required! To volunteer, call Amy Sutton at 615 739-5858.

Dec 6 - Bells Bend Park, Nashville TN. Easy. Bells Bend Outdoor Center is surrounded by over 7 miles of wonderful trails. We will travel several of them on this large loop around the park. This park has a lot of open fields and is bordered on one side by the Cumberland River. Bring binoculars if you like, as well as the usual sturdy shoes or boots, plenty of water, snacks, and clothing appropriate for the weather. We will also have the option of heading for a slightly late lunch somewhere on White Bridge Road after the hike. Call Doug Burroughs at 615-587-0085 for more information and to register. Meeting Place: Target parking lot on Whitebridge Road. Meeting Time: 9:00 am CT. We should be back at Target by 1:00 pm; Later for those joining us for a lunch.

Dec 6 - Possum Creek section of the Cumberland Trail, near Soddy-Daisy, TN. 9.5 miles. Moderately difficult. The Possum Creek Segment of the Cumberland Trail State Scenic Trail in Hamilton County is a moderately difficult trail that begins as an easy hike through a hardwood forest and offers hikers fall colors, waterfalls and gorgeous gorges. Since it will be later in the fall after the leaves have dropped, we will get spectacular views of the creeks and the bluffs on the other side of the gorge. As we continue on the trail we will pass Stack Rock and climb the stairs beside it. Then we go another two miles beyond Stack Rock to Imodium Falls, a Class V drop named by paddlers. The falls is the highlight of this hike. If the weather is decent, we will do an overnight; if not, we will do a shuttled day hike. Please contact me by email at karld@comcast.net or by phone at 615-207-2250.

Nashville Chapter – con't.

Dec 20 - Bowie Nature Park, Fairview TN. 5 miles. Easy.

This beautiful city park is a 700 acre wonderland of native trees, lakes, and valleys. The terrain is mostly level with a few slight rises and a couple of shallow stream crossings. We walk through gentle pine forests, sunny openings, hardwoods, crossing bridges constructed by Eagle Scouts and rock hopping one creek. The park includes an interesting museum which tells the story of the eccentric sisters who purchased this once wasted land, reclaiming the area and donating it to the city for the enjoyment of all. This hike was originally scheduled for the annual meeting and had to be cancelled. Now you have another opportunity to visit this unique place. Bring snacks, water, and hiking boots. We will stop for lunch at a nearby eatery. Call or e-mail Nancy Juodenas at 615-319-8811 or njuodenas@yahoo.com.

Dec 25 - Mossy Ridge Trail, Warner Parks. West Nashville, TN. 4.5 miles. Moderate.

Did you receive some really cool hiking gear for the holidays? If it is a wearable, today would be a good day to give then a test run (um, walk) on this 4.5 mile hike on the Mossy Ridge Trail in the Percy Warner side of Warner Park. The terrain is rated moderate for the numerous rolling hills we will ascend and descend along the way. Sturdy hiking shoes/boots are recommended for the terrain because it is uneven with roots, rocks and ruts. Bring snacks, water and the 10 Essentials. We will meet at 10:00 pm CT in the "Deep Well" area of the park. Rain/ice will cancel this outing. For additional information and/or to register, call Diane Manas at 615-351-6431. DIRECTIONS: to get to Deep Well from Nashville: head west on Hwy 70 (aka West End Ave). In Belle Meade (after you have crossed over Woodmont Blvd, passed Publix then Kroger on the right, and the Belle Meade Mansion on the left), Hwy 70 splits. Take the left side, which puts you on Hwy 100. Go approx 1.8 miles and turn left into the grey stone entrance, drive to the end/t-intersection (approx 1 mile) – you're in Deep Well. If on Hwy 100 and you reach Old Hickory Blvd, you've gone too far.

REMINDER

Many chapters hold their elections at this time of the year. If your chapter leadership is changing, please include that information with your January newsletter submission (due December 10) so that we can update your chapter masthead. Thanks!!

NORTHWEST Chapter (UT at Martin / Weakley County)

This chapter is in the process of being reorganized.

For further information, contact Levonn Hubbard at 931-707-1020 or eastregional@tennesseetrails.org. In the interim, you are welcome to attend (12 to select from) other chapters' outings, events and meetings.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-456-64
plateau@tennesseetrails.org
TREASURER: June Parker 615-945-74
Bill Quattrociochi 931-484-42
plateautreas@tennesseetrails.org
MEETS MONTHLY: 2nd Thursday at 6:30 pm CT
BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information, contact Bill Harris at 931-484-9152 or visit the Plateau Chapter Blog. Rain cancels.

Dec 11 -- Chapter Christmas Party. 4:30 pm CT. Room C, Library/Multi-Purpose Building, Fairfield Glade. Bring hors d'oeuvres, a drink and a "Dirty Santa" gift valued at \$15. Contact Linda Barclay at linbarc@gmail.com or 931-456-2857 for additional information.

Dec 13 – Old Settlers Trail, Great Smoky Mountain National Park, Gatlinburg. 6 miles. Moderate. This hike is a car shuttle that features several historical features including Baxter Cabin, chimneys, rock walls, a cemetery, and Tyson McCarter Barn. The terrain is up and down with an elevation gain of 1000 feet. Be prepared for several creek crossings. Bring water, snacks, lunch and hiking boots. We will stop at Smoky Mountain Brewery after the hike for dinner. Depart from Vanity Fair in Crossville at 8:00 am CT. For more information and to register, contact Cheryl Heckler at thehecklers@charter.net or 931-200-7436.

Dec 20 – Pogue Creek Canyon State Natural Area and Pickett State Park, Jamestown. Avoid the shopping frenzy and join a hike to explore the new access trail at Pogue Creek Canyon State Natural Area. The Pogue Creek Canyon trail leads to a spectacular overlook of the canyon. This new trail is an in and out of approximately 1 ¼ miles. After the hike to the Pogue Creek Canyon overlook, we will drive to Pickett State Park and hike a few trails to make a total of 5 to 6 miles. Depart from the back of the Cracker Barrel in Crossville at 9:00 am CT. For more information and to register, contact Carolyn Miller at cardan@frontiernet.net or by calling or texting 931-260-6674.

SODDY-DAISY CHAPTER

CHAPTER CO-CHAIRS: Ed & Donna Pyers 423-344-9271

soddydaisy@tennesseetrails.org

HIKE COORDINATOR: George Bonneau 423-842-3619

soddydaisyhikes@tennesseetrails.org

TREASURER: Bob McGavock 423-843-4646

soddydaisytreas@tennesseetrails.org

MEETS QUARTERLY: 1st Tuesday in Jan, Apr, Jul, Oct at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson

Additional information may be seen at our web site:

<http://www.tennesseetrails.org/blog/soddydaisy>

Dec 2 – Craven's House. Approximately 4 miles. Moderate. Meet at Bi-Lo parking lot in Red Bank at 9 am ET. Hike leader: George Bonneau.

Dec 6 – Roaring Creek. Approximately 10 miles. Strenuous. Meet at Durham Street parking lot in Soddy Daisy at 9 am ET. Hike leader: John Politte 423-304-8327, johnpollite@gmail.com.

Dec 9 – Raccoon Mountain. Approximately 4 miles. Easy. Meet at Bi-Lo parking lot in Red Bank at 9 am ET. Hike leader: George Bonneau.

Dec 13 – Piney Creek Falls Nature Area and Stinging Fork. Approximately 5 miles. Strenuous. Meet at Durham Street parking lot in Soddy Daisy at 9 am ET. Hike leader: George Bonneau.

Dec 16 – Rainbow Lake to Edwards Point and back. Approximately 5 miles. Strenuous. Meet at Bi-Lo parking lot in Red Bank at 9 am ET. Hike leader: George Bonneau. Mileage – 15 RT -\$1.

Dec 20 – Retro Hughes to Heiss Mountain trailhead. Approximately 10 miles. Strenuous. Will stage vehicles. Meet at Durham Street parking lot in Soddy Daisy at 9 am ET. Hike leader: George Bonneau.

Dec 23 – Enterprise South. Approximately 4 miles. Moderate. Meet at Target parking lot on Hwy 153 at 9 am ET. Hike leader: George Bonneau.

Dec 27 – Laurel Falls. Approximately 6 miles. Slightly strenuous. Meet at Durham Street parking lot in Soddy Daisy at 9 am ET. Hike leader: George Bonneau.

Dec 30 – Stringer's Ridge. Approximately 4 miles. Moderate. Meet at Bi-Lo parking lot in Red Bank at 9 am ET. Hike leader: George Bonneau.



The very best of the holiday season to you and yours, from all of us at Tennessee Trails Association.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Jane Hamm 615-757-3331
Gayle Livingston 615-264-2940

sumner@tennesseetrails.org

MEETS MONTHLY: 1st Monday at 7:00 pm CT.

Dec 4 - Chapter Christmas Party. We will be celebrating the holidays at Grayfeather Grill, 122 W. Franklin St. in Gallatin. Dinner will be at 6:30 pm CT. We look forward to celebrating another great year with Sumner Trails! If you did not sign up at the November chapter meeting and you wish to join us, please call Sally Ticaric, 615-824-7294 by November 28th for reservations.

Dec 8 - Radnor Lake State Natural Area. Easy to Moderate. Radnor is such a popular place on the weekends that we decided to go during the week! Radnor is filled with abundant wild life including 200 different identified birds and deer, otters, river beavers, turtles and geese just to name a few. We will be taking a combination of trails totaling approx. 3 miles. Boots or sturdy hiking shoes suggested. We will meet at the Hendersonville First Presbyterian Church at 9:00 am CT for carpooling/directions or at the Radnor west parking lot visitor center at 9:45. For further info contact Jane Hamm at 214-335-6723 or janeth972@yahoo.com or Gayle Livingston gayleerose@comcast.net or 615-293-9906.

Dec 20 - Ashland City Bicentennial Greenway. 4 miles. Easy. Several decades ago Roy Acuff used to sing the song: "Oh that ole T.C. – it's good enough for me. Let that flag man give the engineer a sign - Get a feelin' I must go - when I hear that whistle blow - on the Tennessee Central Number Nine". We will be walking on a Greenway paved right on top of the old railroad bed, following an easy grade on a wide pavement. This is one of my favorite winter hikes. Near the end of the Greenway we cross Sycamore Creek on a classic steel frame railroad trestle. You won't need your boots for this one. Meet at the Presbyterian Church in Hendersonville at 9 am CT for carpooling or at 10 am CT at the Mark's Creek trailhead on Chapmansboro Road. After the hike we'll have lunch at Riverview Restaurant across the river. For further information contact Al Number Nine at ballallenger@aol.com or 615-347-2623.

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Bob Richards 615-532-0753
TRAC@tennesseetrails.org

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ARE LISTED WITHIN EACH CHAPTER'S HEADER

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UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR: Louise Miniard 931-528-9115
uppercumberland@tennesseetrails.org

HIKE COORDINATOR: Kathleen Sullivan 931-284-7822
uppercumberlandhikes@tennesseetrails.org

Dec 6 – Angel Falls Overlook, Leatherwood Loop Trail, Sunset Overlook and East rim Overlook, Big South Fork National Park. 11.5 to 11.7 miles. Moderate to Strenuous. Those who wish can meet in Cookeville at J.C. Penny at 7 am CT, or meet us at the Leatherwood Ford Parking Area at 9 am. These hikes have several overlooks. The trail is easy to moderate, with a couple of strenuous, steep sections. Bring water, snacks, lunch, flash lights and wear sturdy hiking boots. The views should be nice with the leaves off the trees. For information and to register contact Peter Krauss or Margaret Massa at 931-864-7782 or email: *mycorey@twlakes.net*.

Dec 13 - Hike and Upper Cumberland Christmas Social. Appalachian Center for Craft. We will hike three trails for an estimate of 7.5 miles. The hike will start at the Craft Center. First trail is the Hook Trail 1.3 miles loop and rated moderate-difficult. We will hike one of the most scenic hollows in this area and provides a variety of terrain. We will be able to see beautiful Center Hill Lake. When we return to the Craft Center we will walk to the second trail, Pedigo Point Trail, 2.4 miles, rated difficult. The trail is quite steep, on the return trip. We will pass some lush areas of ferns and bamboo. At the bottom of the hill the lake becomes visible and we will hike to the point, which is a great place for lunch. The third trail is the Loop Trail, 3.7 miles rated moderate to difficult. This trail has a variety of tree species, bamboo thicket and runs parallel to the lake. Meet at JC Penny's in Cookeville at 8:00 am CT. For information and to register contact Louise at 931-239-5425 or *lminiard@flowserve.com*. For more information and to RSVP to the social contact Kathleen Sullivan at 931-284-7822 or *ksully@frontiernet.net*. All are welcome to participate in one or both activities.

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Dec 10	Jan 1
Jan 10	Feb 1
Feb 10	Mar 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

Dec 14

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Tim Townley 731-607-0512 membership@tennesseetrails.org

PLEASE, PRINT CLEARLY.

___ Individual \$25.00
___ Family \$35.00
___ Student (FULL TIME) \$15.00
___ Supporting (\$50.00, \$100.00 or more)
___ Life Member (Individual) \$500.00
___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Home Phone (_____) _____ Zip _____ -- _____
Work Phone (_____) _____
e-mail _____

- Please do not list my e-mail address in the TTA Annual Membership Directory
 I would like to receive my newsletter by email.

** CTC Membership ** **\$5.00**

** Special \$5.00 rate for membership in Cumberland Trail Conference if you also are joining TTA or renewing your TTA membership. CTC is building the Cumberland Trail, which will go from Chattanooga to Cumberland Gap. Over 185 miles are now complete and open for hiking. More information can be found at www.cumberlandtrail.org. Please consider enhancing your commitment to Tennessee's great trails by joining the CTC.

Please list me with the following chapter:

___ Clarksville
___ Columbia/Franklin
___ Cove Lake (Inactive)
___ Dyer County (Inactive)
___ East TN (Oak Ridge/Knoxville)
___ Highland Rim (Manchester/Tullahoma)
___ Jackson
___ Memphis
___ Murfreesboro
___ Nashville
___ Northwest (Inactive)
___ Plateau (Crossville)
___ Soddy Daisy
___ Sumner Trails (Sumner County)
___ Upper Cumberland (Sparta/Cookeville)
___ At Large

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - C.T.C. and T.R.A.C. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.