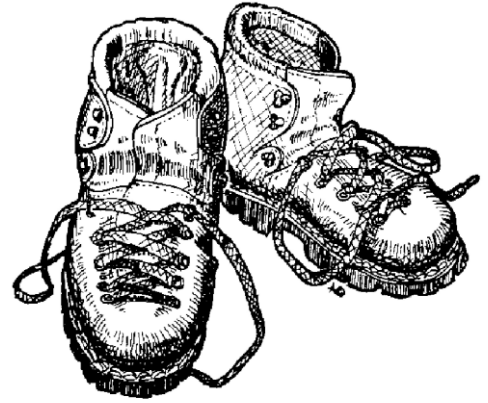


TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



IT'S ANNUAL MEETING TIME!

Once each year, Tennessee Trails Association members from across the state gather for a weekend of fun, food, and fellowship. There will be hikes, exhibits, programs, auction and entertainment. The Annual Meeting will be held from Friday, October 24, through Sunday, October 26, at the Montgomery Bell State Park, Burns, Tennessee. At the Annual Meeting of the membership we will elect Officers and Board Members, hear about TTA developments, and present several awards recognizing individuals or organizations for their outstanding contributions to the furtherance of TTA's missions and goals.

Our hosts for this year's event are the Nashville and Sumner Trails chapters who would like to invite everyone to join us in the fun. Because the dates for this year's Annual Meeting fall so close to the 150th anniversaries of several nearby Civil War battles, the theme is **Hiking And History**.

This year we meet in the beautiful Montgomery Bell State Park located in Middle Tennessee. There are 14 different hikes planned to choose from including hikes with serene woods and a historic farm. The hikes will vary in levels from easy to strenuous and lengths varying from 2.5 to 11.5 miles. In addition to hiking, there will be programs on wildflowers, first aid, leave no trace and birds on Saturday.

Orders for commemorative t-shirts must be received by October 3 (see the TTA website or last month's newsletter for order form).

Registration deadline is October 11. The registration form is available on the TTA website and is also on page 7 of this newsletter.

We hope to see everyone at the annual meeting!

TTA 4th QUARTER BOARD MEETING

Sunday, October 26 8:00 am CT
Suite 606
Montgomery Bell State Park
Burns, TN

Agenda

- Annual Meeting Summary
- TTA/CTC Update
- Evan Means Program
- SWOT Discussion
- Request for Budget Items for 2015
- Dates for TTA Board Meetings for 2015

All members are welcome to attend the board meeting.





Office Location 409 Thurman Avenue, Ste 102
Crossville, TN 38555
 Office Hours8am-2pm CT
 Phone:931-456-6259
 Fax:931-456-4934
 Email: cumberlandtrail@rocketmail.com
 Website: www.cumberlandtrail.org

The CTC office has been contacted by 8 schools inquiring about an Alternative Spring Break (ASB) program for 2015.

Due to this expressed interest, the CTC Executive Committee is exploring options for hosting an ASB program.

Please stay tuned to see how you could be a supporter, volunteer or partner for a Spring Break program on the Cumberland Trail during March 2015.

**Joining TTA as a New Member?
 Membership Up For Renewal?
 Your Generosity Benefits All !**

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

In the past, Supporting Member donations in excess of the regular dues were allocated to TTA's general operating fund. During the 2001 Annual Meeting, TTA's Board of Directors voted to allocate Supporting Member donations to the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

CLARKSVILLE CHAPTER

CHAPTER CHAIR: J.R. Tate 931-920-2692
clarksville@tennesseetrails.org
CHAPTER VICE-CHAIR: Ken Johnson 931-802-6343
clarksville@tennesseetrails.org
TREASURER: Mary Schwab 931-645-9068
clarksvilletreas@tennesseetrails.org
SECRETARY: Pam Gadsey 931-552-2325
clarksvilleasec@tennesseetrails.org
OUTINGS COORDINATOR: Paul Schwab 931-645-9068
clarksvillehikes@tennesseetrails.org

(call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT,
 Crow Community Center, 211 Richview Rd.
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/clarksville>

Oct 4 - Springfield Greenway, Travis Price Park, Springfield, TN. 6 miles out and back. Easy. Eat at a restaurant in Springfield after the hike. Bob Lyon 931-648-2354. Meet 9:00 am CT, I 24 Exit 11 commuter parking lot. 25 miles to trailhead.

Oct 11 - Overnight; Pickett SP. Several hikes to choose from. Suva Bastin 931-645-2849. Meet 7:00 am CT, I 24 Exit 11 commuter parking lot. 178 miles to trailhead.

Oct 18 - Eagle Point Trail, Mousetail Landing SP. 8 miles. Moderate. Paul Schwab 931-801-9484. Meet 7:00 am CT, BigLots parking area, Riverside Drive, Clarksville. 90 miles to trailhead.

Oct 21 - Monthly Meeting.

Oct 24 - 26 - Annual Meeting.

Shop amazon.com Through TTA's Website
When you buy books (or anything else)
at amazon.com
through TTA's website, TTA benefits!

We have an arrangement with amazon.com where TTA receives a commission on all items purchased (such as books, magazines, music, electronics, even perfume) when you enter their site through our website. It's very easy! Go to the TTA website (www.tennesseetrails.org), navigate to the "To BUY!" page, then follow the link to the "VIRTUAL BOOKSTORE." Commissions are earned solely on sales made through the TTA website, therefore always enter amazon.com from the TTA website, and do not sign up for their one-click service.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR: Marvin Caine 931-486-1632
columbia@tennesseetrails.org
PROGRAM COORDINATOR: Ellen Clark 615-595-2640
columbiaprog@tennesseetrails.org
HIKE COORDINATOR: Jane Coffey 615-516-6551
columbiahikes@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Fulin's Asian Cuisine, 1009 Crossings Boulevard, Spring Hill. Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

Oct 7 - Chapter Meeting. Rick Lausten will give a presentation on his hike along the Greenstone Trail in Isle Royale National Park in August 2007. This island park is known for its wolves, moose and isolation. Isle Royale is the least visited of America's National Parks, but the most revisited. Isle Royale is about 45 miles long and the Greenstone Trail runs about 42 miles of that length. Rick will describe the geography of Isle Royale and how it came to be a possession of the United States and not Canada.

Oct 10, 11 and 12 - Tommy Haskins will lead a three-day exploration of northern Mississippi. On Friday, Oct 10, we will depart at 7:00 am CT from behind the northern MacDonald's in Spring Hill, 4908 Main Street (Hwy 31). We will drive to Tishomingo State Park in northwest Mississippi and hike the 2-mile Rock Outcroppings Trail and the ¾ mile Saddleback Ridge Trail. Both trails are rated moderately difficult. We will drive to the Pharr Indian Mounds, then to the Natchez Trace Visitor's Center in Tupelo. Afterwards, we will drive to Oxford, MS and check into our motel. Dinner will be in Oxford with free time after to catch some live music at Proud Larry's or Rooster's Blues Bar. On Saturday, Oct 11, we will have breakfast at the Bottle Tree Bakery, then walk the Ole Miss Campus Walk and the Bailey Woods Trail to William Faulkner's house. After touring the house, we'll walk back to the motel. We'll have lunch in The Grove and explore the Square in Oxford with ample time to visit Square Books (rated best independent bookstore in the US) and visit Faulkner's grave. Dinner will be in the village of Taylor, south of Oxford. On Saturday, Oct 12, we'll have breakfast at Lusa's Bakery, then have the option of attending Sunday service at the church of one's choice or hiking University Trails which is a 4 mile, easy hike to the highest point in the county, 623 feet. We'll have lunch at Boure's on the Square and afterwards, head for home. Be sure to bring suitable clothing for dining in Oxford, stout shoes or boots, rain gear, snacks, water and a pack lunch for Saturday. Register with Tommy Haskins at telephone 662-236-2500 or email *swissman10@hotmail.com*. Tommy will have a block of rooms reserved, so he'll need your registration to finalize his plans.

Oct 24-26. TTA Annual Meeting.

Planning Ahead:

Grand Canyon – Is one of the Seven Wonders of the World and the Columbia/Franklin Chapter is planning a trip to the Grand Canyon in October of 2015. Reservations need to be made a year in advance so if you are interested please contact Carolyn Watson at email *watsoncr@yahoo.com* or phone at 901-652-9089 before October 15, 2014.

"All Who Wander Are Not Lost"

John Dillon was a wandering hiker - he enjoyed the journey as much as the destination. He was never the first to reach the summit, the waterfall, or the overlook, but he savored the view along the way. His journey ended on August 12, 2014.

John grew up among the hills of Cannon County, where the Stones River begins its journey at the base of Short Mountain. He joined TTA to hike the Walls of Jericho and hiked with the Columbia/Franklin chapter on hikes from Shiloh in west Tennessee to Charlie's Bunion in the Smokies. He enjoyed a leisurely pace, patiently stopping to look at wildflowers, not so patiently stopping for salamanders.

Although he hiked in much of the western world from Alaska to the Greek Isles, his greatest joy was the beauty of his home state. He enjoyed the highest point west of the Tennessee River at 656 feet at Pilots Knob as much as the breathtaking 6643 view atop Clingmans Dome.

Always pausing to let through hikers pass, helping those less able to navigate water crossings and precipitous paths, carving walking sticks along the way for those less steady on their feet, he was truly a gentle man. He will be missed along the trail.

As a memorial to him, contributions have been made to Tennessee Trails Association.



COVE LAKE HIKING CHAPTER

This chapter is in the process of being reorganized.

For further information, contact Levonn Hubbard at 931-707-1020 or eastregional@tennesseetrails.org. In the interim, you are welcome to attend (12 to select from) other chapters' outings, events and meetings.

DYER COUNTY CHAPTER

This chapter is in the process of being reorganized.

For further information, contact Graydon Swisher at 901-737-3114 or westregional@tennesseetrails.org. In the interim, you are welcome to attend (12 to select from) other chapters' outings, events and meetings.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-951-8317
easttennessee@tennesseetrails.org

WEBMASTER: Sherry Barber 865-209-6189
sbarber6189@comcast.net

Oct. 11 - Lookout Mountain. 9 miles. Moderate due to elevation changes. Ride the incline railway (\$15 charge) to the summit, where the Civil War Battle above the Clouds took place. We will explore Point Park, then hike to Cravens House, Rifle Pits Trail, Upper Truck Trail, Gum Spring Trail and a section of the Bluff Trail. Lunch will be at Sunset Rock with spectacular views and magnificent fall colors (hopefully). We will have dinner at a restaurant in Chattanooga at group discretion. Wear sturdy boots. bring water, lunch and money for carpooling. For more information and to register contact Garnett Rush at 865-268-5181 or e-mail rushga01@yahoo.com.

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CO-CHAIRS: Naullain Kendrick 931-224-6225
highlandrim@tennesseetrails.org

SECRETARY: Carolyn Fitz 931-598-0597
highlandrimsecy@tennesseetrails.org

TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666
highlandrimtreas@tennesseetrails.org

OUTINGS & PROGRAM COORDINATOR & NEWSLETTER CONTACT: Joan Hartvigsen 931-962-0811

highlandrimhikes@tennesseetrails.org

(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W.

Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Oct 5 - Old Stone Fort State Archaeological Park, Manchester, TN. 4 miles. Moderate. We will enjoy a Sunday afternoon autumn hike along the cascading waters of the Duck River in dense forests of mature oaks, hickories and yellow poplars. We will hike the Old Stone Fort Trail, River Fork Loop, Backbone and Little Duck Loop and the Old River Channel Trail. On the Backbone Trail we will be walking along a high ridgeline looking down onto the tops of the trees. We will see the confluence of the Little Duck and the Duck Rivers on the Forks of the River Trail. And along the Little Duck Loop we will see tall limestone bluffs bordering the river. Meet Joan Hartvigsen at 1:00 pm CT at the Visitor Center. Bring water, snacks, hiking sticks and wear sturdy hiking boots. Please register with Joan at jhartvigs@comcast.net or 931-962-0811.

Oct 11 - Franklin State Forest, Sewanee TN, 6 to 8 miles. Moderate. Marietta Poteet will lead this hike featuring waterfalls, wildflowers, fall colors and beautiful views of Sweeton Cove. The hike will be from six to eight miles long depending on the group's preference. Bring water, snacks, lunch and lots of water. Please call or email Marietta Poteet, nannietta@blomand.net or 931-924-7666.

Oct 18 - Eat-Hike-Eat, Caldwell Rim Trail, Sewanee, TN. 4-5 miles. Easy. Meet our hike leader Carolyn Fitz at the Blue Chair Restaurant in Sewanee no later than 9:00 am CT for breakfast with our TTA friends. The hike will depart from the Blue Chair at 9:30 am. Bring water and snacks for the hike. The Caldwell Rim Trail is named in memory of Dr. Hugh Caldwell, beloved philosophy professor and legendary founder of the Sewanee Ski and Outing Club. The loop atop the plateau features scenic overlooks and bluff lines. The Caldwell Rim Trail begins by following Depot Branch, affording several views of the streambed and Point Disappointment. The trail crosses several creeks and follows the bluff line overlooking Lost Cove. After we complete the loop we will retrace our steps to the Blue Chair. Hiking time is projected to be about two hours. Please register with Carolyn Fitz at 931-598-0597 or cfitz@sewanee.edu.

Oct. 24-26 - TTA Annual Meeting.

Oct. 27 - Chapter Meeting. We will have dinner at Red Lobster, 1913 N. Jackson St., Tullahoma, TN at 5:00 pm CT. Our meeting is 7:00 pm at D. W. Wilson Community Center. Our speaker, Carolyn Fitz, will present a program on her recent Arizona hikes near Phoenix, Tucson and Sedona. The program will feature Art, Architecture, American Indian culture and awesome photos of Arizona. Carolyn visited many Arizona sites, including Papago Park, Tucson Mountain Park, Salt River Canyon, Canyon de Chelly, Bell Rock and Cathedral Rock.

JACKSON CHAPTER

CHAPTER CHAIR: Vicky Moeller 731-668-9336
jackson@tennesseetrails.org
TREASURER: Anne Goodson 664-1556
jacksontreas@tennesseetrails.org
SECRETARY: Don Dresser 731-668-4190
jacksonsecy@tennesseetrails.org
OUTINGS COORDINATOR: Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org

(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1st Monday at Perkins Restaurant, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 6:45 pm

Hike information unavailable at press time.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
memphis@tennesseetrails.org
VICE-CHAIR: Francis Ruffin 662-701-6284
memphisvice@tennesseetrails.org

Oct.4 - Poplar Tree Lake Trail, Meeman-Shelby Forest.

We will meet at 8:45 am CT at the Poplar Tree Lake Parking lot (NOT the Visitor Center). We will hike the Poplar Lake Trail for a 5 to 6 mile easy to moderate hike through the forest connecting with Woodland Trail and finish at the Visitor Center and shuttle back to the Poplar Tree Lake Parking lot. Bring water and snacks. For additional information contact: Gloria Folk 901-277-5756. Directions: Go north on N. Watkins Street until it ends at Locke-Cuba Road. Turn left and go 0.7 miles to the four-way stop at the General Store. From there go straight on Benjestown Road 1.6 miles and turn right into the south entrance of the park. Take this road straight for 1.7 miles to a stop sign. Turn left. The picnic area and parking lot will be on the right.

Oct 11 - Red Leaves Trail, Natchez Trace State Park.

REGISTRATION REQUIRED. Joint hike with the Jackson Chapter. Contact *ttamemphis@gmail.com* for more details. We will meet at Park Office at 9 am CT. This is off exit 116 on I40 east. We will be hiking on Red Leaf Trail north section for 6 to 8 miles. There will need to be car shuttle.

Oct 18 - Big Hill Pond State Park.

Trail and meeting point to be determined. Hike will begin at 9:00 am CT. Marion Quinlen *mquinlen@gmail.com*. Hike will be between 5-7 miles with some hills and possible wet areas. Wear sturdy shoes. Bring water and lunch.

MURFREESBORO CHAPTER

CHAPTER CHAIR: Sara Pollard 615-714-3610
murfreesboro@tennesseetrails.org
TREASURER: Ann Jacobs 615-896-3935
murfreesborotreas@tennesseetrails.org
MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Veterans Parkway, Murfreesboro
BLOG: *www.tennesseetrails.org/blog/murfreesboro*

Oct 4 – Mossy Ridge. Nashville. 4.5 mile loop.

Moderate. This trail travels through coves that harbor unusually large trees, passes a lovely two-tiered wet weather waterfall and crosses the moss covered ridge for which it is named. Wear hiking shoes and bring water and snack. We will have lunch afterwards at a local restaurant. Hike will be canceled if it is raining, causing trail to be treacherous. Call Ann Jacobs for meeting time at 615-653-6354 or *eannjacobs@aol.com*.

Oct 11 – History Hayride, Edgar Evins State Park.

The Friends of Edgar Evins State Park's 9th Annual History Hayride could be enjoyed as a destination event or after a hike on some of the 11 miles of hiking trails in the park. Hay wagons will depart approximately every 30 minutes from the Visitors Center starting at 2:00 pm CT with the last wagon scheduled for 7:00 pm. There will be 10 stops along the way where costumed re-enactors will portray persons or events from the past history of the park and surrounding area. The cost for the hayride is \$15 per person and on-line reservations are required. The link for reservations is *www.tnvacation.com/events/9216/*. Click on the yellow button that says "Purchase Tickets." There is also camping and cabins available for those who wish to make this an overnight trip. These may be reserved on-line through the state park's website. For park information phone the park office toll-free 1-800-250-8619. For information about the Friends of Edgar Evins State Park or the hayride contact Fount Bertram, President. Email *fwbertram@dtccom.net* or phone 615-765-5357.

Oct 14 – Chapter Meeting.

TTA Nashville member Diane Manas will do a presentation of the Foothills Trail in South Carolina. The presentation will combine 2 years – the last week in April 2013 & again in 2014 – of a 7 day, 6 night, linear 76-mile backpacking trip with TTA friends. April was selected in order to maximize seeing a wide variety of wildflowers at the various elevations traversed along the way. The Foothills Trail extends from Oconee State Park in Mountain Rest SC to Table Rock State Park in Pickens SC. It passes through the Andrew Pickens Ranger District of the Sumter National Forest, Ellicott Rock Wilderness, Whitewater Falls, and Lake Jocassee. The U.S. Forest Service built the section in the Sumter National Forest starting in 1968. Duke Power Company built the middle portion of the trail as a recreational resource in conjunction with its Bad Creek pumped storage hydroelectric project. The trail is remote in some areas but does cross over roadways, and is very well maintained by volunteers of the Foothills Trail Conference.

Hike information continued on page 8.

ANNUAL MEETING HIKE INFORMATION

October 24-26, 2014 are the dates for our next annual meeting, headquartered at historic Montgomery Bell State Park. This storied location was the scene of events that affected the course of the future for much of Tennessee, and the hikes we'll take there and in other areas nearby have a wealth of lore as well. Read about some of the hikes we're planning and make your plans to be there!

Friday

Cumberland River Bicentennial Trail (*please pre-register for these two outings with njuodenas@yahoo.com*). - 1. Bring your bike and ride on this 4 mile paved rail/trail which follows a converted rail bed and features hardwood forests, old railroad bridges over creeks and marshland. A highlight is a long steel framed trestle bridge that spans Sycamore Creek. 2. Eagle Pass section, 5 mile round trip hike is a continuation of the paved trail, becoming compacted gravel and passing an eagle's nest. Terminus is Cheatham Dam campground.

Railroad History hike at Montgomery Bell. Led and guided by State Naturalist, Randy Hedgepath.

Wildcat, Ore Pit, Jim Bailey Nature Trail at Montgomery Bell. 4 miles

Saturday

Beaman Park. Combinations of Henry Hollow loop, 2 miles, Highland Trail, 4 miles, and Sedge Trail .7 miles. Features a rugged landscape of highland rim forest, steep slopes, narrow hollows, streams, waterfalls and drier ridge tops.

Bowie Nature Park. 8 mile loop. Within the park there are 17 miles of winding trails which move the traveler through several ecosystems to include wetlands, grasslands, pine forest, oak/hickory forest, riparian and lowland bottomland wetlands. The nature center offers the opportunity for park visitors to learn more about Bowie Nature Park itself with nature exhibits, brochures and art.

Downtown Nashville historical and urban hike. 7 miles. To include, state capitol, Courthouse Square, Union Station, civil war sites, honky tonk district, river views, new convention center and various architectural gems.

Harpeth River State Park outing. 3-4 miles. To include Mound Bottom, Narrows of the Harpeth, Mace Bluff, Newsome Mill and possibly Hidden lakes.

Johnsonville History Hike. 5 miles. Enjoy a Ranger lead hike through the hollows and history of Johnsonville State Historic Park. We'll follow portions of the Historic Johnsonville Trail, Civil War Forts Trail and African-American Cemetery Loop which will link together to make a stacked loop hike of almost 5 miles.

Montgomery Bell State Park. Combinations of overnight trail, 10.5 mile loop, Ore Pit, Wildcat, and Creech Hollow trails. This park has a great combination of history, wooded terrain, and lakes. And you're close to your lodgings - easy commute!

Saturday Hikes – con't.

Montgomery Bell 1/2 loop. 7 miles. To include pre-park history, guided by State Naturalist, Randy Hedgepath.

Montgomery Bell - Hiking and trail maintenance workshop. Bob Richards will conduct this workshop which will include a morning hike on the Ore Pit Trail to discuss potential problems in the design of the trail and then an afternoon session which will include actual maintenance and trail building. All tools and guidance will be provided.

Mousetail Landing. Overnight Trail, (but not overnight). 8 miles. Traverses hillsides, crosses gullies, streams and wooden bridges. Passes through open cedar glades, and deciduous forests, paralleling the Tennessee River for stretches, with some breathtaking views.

Natchez Trace Historical and Waterfall outing to include: Devil's Backbone Natural Area: 3 mile moderate loop with a great variety of trees in autumn dress. Meriwether Lewis Monument and gravesite. 1 1/2 mile loop of original Natchez Trace. Fall Hollow, walk a short distance to two waterfalls Jackson Falls hike 1/2 mile on a paved walkway Gordon House short hike to historical house and ferry crossing.

Nathan Bedford Forrest State Park. 10 mile loop which includes Pilot Knob, the highest point in west Tennessee and great views of Kentucky Lake. Includes a visit to the park's Folklife Center.

Sunday

Bicentennial Mall State Park. With just a simple walk in the 19-acre park visitors can experience many facets of Tennessee's history including a 200-foot granite map of the state, a World War II Memorial, a 95-Bell Carillon, a Pathway of History and the Rivers of Tennessee Fountains. The 11 planters along the Walkway of Counties show native plants species from different regions of the state. This hike will be guided by a State Park Ranger.

Longhunter State Park, Volunteer Day Loop. 4 miles. Fully wooded with bluffs overlooking the shores of J. Percy Priest Lake.

Natchez Trace State Park. Cub Lake Trail 4 mile loop. This is a pleasant lakefront stroll, and a good trail for viewing the fall colors. It circles Cub Creek Lake with several short hills and flatter areas.

Percy Warner Park. Warner Woods Trail 2.5 mile loop. This trail is in the heavily wooded interior section of the park, with some lowland sections and rolling hills and/or Harpeth Woods Trail 2.5 miles.

Montgomery Bell - Beginning Orienteering Course. Led by Montgomery Bell ranger, Eric Runkle. Bring your compass.

**2014 Annual Meeting
October 24 – 26, 2014
Montgomery Bell State Park (Burns TN)**



Please provide the name of each member of your family attending.

Name:	Name:	Name:
Address:	City:	State:
Telephone – Day:	Night:	Email:
		Chapter:

Lodging reservation and payment will need to be arranged by you directly with Montgomery Bell State Park. We are past the TTA deadline set by MBSP to receive special pricing on Inn Rooms and Cabins; however, the Reservation Office may be willing to offer you a discount; just ask if one exists when calling the reservation office.

For INN ROOMS and CABINS, phone the Inn & Conference Center directly to make your reservation (615-797-3101 or 800-250-8613). **Cabins** (have 2 bd; 2 bath. 1 rm w/2Q; 1 rm w/1K); **requires** a 2-night minimum stay and a deposit of one night's stay. **Inn Rooms** (some have 1K; some have 2Q) do not require a 2-night minimum but a deposit of one full night's stay is required. If applicable, remember to ask if there are discounts available for Seniors, Veterans and Tennessee State Employees.

For the CAMPGROUND, phone the Park's Office at 615-797-9052. All sites come with BBQ grill, fire ring, picnic table and access to the bath house (showers with hot water). RV sites with water and electricity are \$25*/night; RV sites with just water are \$20*/night; tents may stay on an RV site for the same price of the RV. But there are many "primitive" tent-only sites without water and electricity and they are \$11*/night. (*There will be a 1-time reservation fee of \$3 added to your reservation.)

MEALS: Each meal may be ordered separately.		DEADLINE to mail in this Registration is SAT. OCT. 11	
DINNER	FRIDAY BUFFET - Seafood Themed <i>(i.e., shrimp, catfish, frog legs)</i>	# of people _____ x \$20.00pp	\$
	SATURDAY BUFFET - Steak Themed <i>(i.e., steak, ribs)</i>	# of people _____ x \$20.00pp	\$
BREAKFAST	SATURDAY BUFFET	# of people _____ x \$12.00pp	\$
	SUNDAY BUFFET	# of people _____ x \$12.00pp	\$
TRAIL LUNCH <i>please circle selection</i>	SATURDAY - Turkey or Vegetarian <i>Sandwich comes with chips, 2 cookies, fruit and beverage</i>	# of people _____ x \$10.00pp	\$
	SUNDAY - Turkey or Vegetarian <i>Sandwich comes with chips, 2 cookies, fruit and beverage</i>	# of people _____ x \$10.00pp	\$
			MEAL COSTS TOTAL: \$

REGISTRATION FEE # of people ____ X \$45 = Total _____
(The full amount is required of each participant, regardless of the number of days attending.)

Yes, I would like to make a donation to support TTA's:

Evan Means Small Grants Fund** Donation \$ _____

** This program, created in memory of Evan Means, a founding member of TTA, funds trail related projects across the state and is open to TTA chapters, as well as to other non-profit, volunteer based organizations. TTA's normal cycle is to accept grant requests during the fourth quarter of each year, and then announce the awards the following February. More information may be found on TTA's website.

TTA's Technology / Communication Enhancement*** Donation \$ _____

*** TTA's Board of Directors has been exploring options for enhancing its technology and avenues of communications. The initial launch is expected to require a fairly large outlay of money. After the initial launch the costs should be minimal.

TOTAL ENCLOSED \$ _____

The DEADLINE to mail in this Registration is SAT. OCT. 11

Please complete this Registration Form; attach a check made payable to **TTA Nashville Chapter**; and, mail them to:
Tennessee Trails Association c/o Diane Manas
716 Mount Carmel Place Nashville, TN 37205-3587

Need more information? Contact Diane Manas at 615-351-6431 or DManasHikes@comcast.net

An email confirmation or postcard will be sent to you at the time your check and registration are processed.

REFUND POLICY: All cancellations and requests for a refund must be in writing. No refunds will be made after October 9, 2014. Persons canceling before October 9 will be refunded in full, less the \$45 Registration Fee.

Murfreesboro Chapter – con't

Oct 18 – Fiery Gizzard Dog Hole Loop. 9.7 miles. Strenuous. This trail has cascading streams, waterfalls, unusual rock formations, and mountain vistas. We will hike through the gorge to Raven's Point for lunch and then follow the Dog Hole trail back. Wear hiking boots and bring plenty of water, snacks and lunch. Inclement weather will cancel the hike. Rebekah Norman is leading the hike also. Call Ann Jacobs for meeting time at 615-653-6354 or eannjacobs@aol.com.
Oct 24-26 – TTA Annual Meeting.

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs 615-283-0507
nashville@tennesseetrails.org

OUTINGS COORDINATOR: Nancy Juodenas 615-319-8811
nashvillehikes@tennesseetrails.org

(email Nancy & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php

BLOG: www.tennesseetrails.org/blog/nashville

Oct 4 - Bandy Creek Car Camp Outing, Big South Fork, Oneida, TN. Kathie and Karl Dupre will lead a car camp trip to Bandy Creek Campground. On Saturday we will do the Twin Arches Loop, (6.0 mile loop) which includes Twin Arches, some interesting rock overhangs/shelters and cliffs, an old home site, and the Charit Creek Lodge. We will camp at the Bandy Creek campground Saturday night and then on Sunday do the Rock Creek Trail, (7.1 mile loop). This moderately difficult hike follows Rock Creek for part of its distance. It also overlaps parts of the John Muir and Sheltopee Trace Trails, and follows part of the old Stearns Logging Railroad along Massey Branch. Call or e-mail Karl Dupre. karld@comcast.net, 615-834-9274.

Oct 11 - Shelby Bottoms. Nashville TN. BIKE (not hike). 8 to 10 miles. Easy. Shelby Bottoms in East Nashville includes the property that was the Cornelia Fort Airport, and a bridge that goes over the Cumberland River. Meet at the Main Entrance near the Nature Center at 10 am CT. For more information and to register, contact Kate Perry at 615-226-7139.

Nashville Chapter – con't

Oct 18 - Chimneys State Natural Area, Marion County. Short but **strenuous** hike with great scenery involved. Trail length is not available but less than 2 miles. Shallow stream crossing involved. This seldom-visited area was protected for its impressive geological features and we'll be there at a time when we're likely to see some great autumn foliage as well. Sturdy shoes, water, snacks/lunch, layered clothing. Hiking poles or a staff will be helpful for getting back up the steep slope from our foray to the base of the Chimneys. If time allows and we still feel like it, we can also take in another site in the area before returning to Nashville. For complete logistics call Nora Beck, 615-517-6486 or norellibee@gmail.com.

Oct18 - Sewanee Perimeter Trail, Sewanee TN. 9 miles. Moderate to Difficult (due to distance & elevation changes). We will start at Greens View and hike counterclockwise to a nice overlook before crossing over to the plateau on a forest road that passes by the equestrian center. Once across the plateau, we'll hike down to Bridal Veil Falls and then over to the Memorial Cross. The rest of the hike is across the University of the South campus. Bring lunch/snacks, water, good hiking boots, and clothing appropriate to the weather. Option: Stop at Shenanigan's or the Blue Chair after. Call Doug Burroughs at 615-587-0085 for information and to register.

Oct 28 - Monthly Meeting. Sierra Nevada Backpack report. Several chapter members hiked the 44 miles of the Rae Lakes Loop in Kings Canyon National Park (in the Sierra Nevada range) in California. There will be plenty of spectacular photos and interesting stories.

Don't Miss an Outing Plan Ahead Register Early!

Our hike coordinators are volunteers. Make it easier for them to contact you if a hike needs to be cancelled by registering!

There are times when a hike leader must limit the number of participants (due to park regulations, etc.) on an outing. Please do not wait until the afternoon or evening before the outing to RSVP.

Plan ahead and register early.

NORTHWEST Chapter (UT at Martin / Weakley County)

This chapter is in the process of being reorganized.

For further information, contact Graydon Swisher at 901-737-3114 or westregional@tennesseetrails.org. In the interim, you are welcome to attend (12 to select from) other chapters' outings, events and meetings.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-456-6437
plateau@tennesseetrails.org

TREASURER: June Parker 615-945-7462
Bill Quattrociocchi 931-484-4230
plateautreas@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:30 pm CT

BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information, contact Bill Harris at 931-484-9152 or visit the Plateau Chapter Blog. Rain cancels.

Oct 4 – Hit the Trails Festival, Fairfield Glade, TN. 10 am to 3 pm CT. Hike the trails in Fairfield Glade, visit over 20 booths on trail and outdoor related activities or organizations, and listen to live music. Food and drink will be available from concession stands. For more information contact John Conrad at john@time2meet.com or 931-287-0244. <http://www.time2meet.com/gladetrails/festival2014.shtml>

Oct 9 – Chapter Meeting. 6:00 PM. Program: Friends of the Mid Cumberland Trail. First United Methodist Church Annex, 69 Neecham Street, Crossville. Dinner at Gondola's Restaurant, Woodmere Mall, Crossville at 4:45 pm. Contact Chapter Chair, Cheryl Heckler at thehecklers@charter.net or 931-200-7436 for additional information.

Oct 18 – Blue Heron Loop, Revelo, KY. This is a moderately difficult 6.4 mile loop hike that features two of the Big South Fork's best river gorge overlooks: the Blue Heron overlook and the overlook of Devils Jump rapids. The trail also features a set of stone steps between rock monoliths known as Cracks-in-the-Rock. The trailhead is at the location of the Blue Heron Mining Community and features a coal mining exhibit and serves as the terminus for the Big South Fork Scenic Railway. For more information and to register, contact Curt Thomas at 931 260-2140 or by email at curtethomas@frontiernet.net.

Oct 24-26 – TTA Annual Meeting.

SODDY-DAISY CHAPTER

CHAPTER CO-CHAIRS: Ed & Donna Pyers 423- 344-9271
soddydaisy@tennesseetrails.org

HIKE COORDINATOR: George Bonneau 423-842-3619
soddydaisyhikes@tennesseetrails.org

TREASURER: Bob McGavock 423-843-4646
soddydaisytreas@tennesseetrails.org

MEETS QUARTERLY: 1st Tuesday in Jan, Apr, Jul, Oct at
6:00 pm ET at Burk's United Methodist Church, 6433
Hixson Pike, Hixson

Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/soddydaisy>

Oct 4 – Retro Hughes Trailhead to Rock Creek and back. Approximately 5 miles. Moderate. Meet at Durham Street parking lot in Soddy Daisy at 9 am ET. Hike leader: George Bonneau.

Oct 7 – Barker's Camp to Cooper Creek and back. Approximately 5 miles. Moderate. Meet at WalMart parking lot in Soddy Daisy at 9 am ET. Hike leader: George Bonneau.

Oct 11 – Flipper Bend. Approximately 8 miles. Strenuous. Meet at WalMart parking lot in Soddy Daisy at 9 am ET. Hike leader: George Bonneau.

Oct 14 – Harrison Bay State Park. Approximately 4-1/2 miles. Easy. Meet at Target parking lot on Hwy 153 at 9 am ET. Hike leader: George Bonneau.

Oct 18 – Piney River. Approximately 8-9 miles. Strenuous. Meet at Durham Street parking lot in Soddy Daisy at 8 am ET. Hike leader: George Bonneau.

Oct 21 – North Chick loop. Approximately 3 miles. Moderate. Meet at WalMart parking lot in Soddy Daisy at 9 am ET. Hike leader: George Bonneau.

Oct 24-26 – TTA Annual Meeting.

Oct 28 – Heiss Mountain to Big Possum Creek and back. Approximately 3 miles. Moderate. Meet at Durham Street parking lot in Soddy Daisy at 9 am ET. Hike leader: George Bonneau.

Carpool Etiquette

Gasoline prices have continued to roller coaster up and down. Please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it'll save time and prevent the inconvenience of having to stop to locate change).

Your driver is not a chauffeur. Assist him or her by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing.

All passengers must wear seat belts to minimize the risk of injury in case of an accident !!! *The drive to and from a trailhead is generally the most dangerous part of any hiking trip.*

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Jane Hamm 615-757-3331
Gayle Livingston 615-264-2940
sumner@tennesseetrails.org

MEETS MONTHLY: 1st Monday at 7:00 pm CT.

Oct 3 -5 - Pumpkin Festival, Allardt, TN. Saturday Morning at 10 am ET Bob & Kay Crouch will lead a 2 mile hike to the Gentlemen's Swimming Hole in Rugby. After the hike we'll proceed to Allardt for the Pumpkin Festival to see the big pumpkins, watch the parade, and have lunch at the festival concessions. Note Allardt is on CT. Saturday afternoon we will explore Historic Rugby and their Appalachian Heritage Day & Founders Day Celebration. Sunday morning we will proceed to the Leatherwood Ford (on ET) in the Big South Fork National River and Recreational Area where Lynn Takacs will meet us at 10 am CT (11:00 ET) to will lead us on a 4 mile hike on the Angel Falls Trail. We'll stop for a late lunch on the drive home, so you might want to bring trail snacks and water. For further info contact Pumpkin Boy at ballallenger@aol.com or 615-347-2623.

Oct 6 - Chapter Dinner Meeting at 6:30 at Jollie Ollie's Restaurant, 82 New Shackle Island Rd., Hendersonville.

Oct 18 - Old Stone Fort State Archaeological Park, Manchester, TN. Moderate. 1.25 miles on Old Stone Fort Trail, Backbone & Little Duck Loop Trail approx. 2 miles weather permitting. The Old Stone Fort is a 2,000 year old American Indian ceremonial site. The two forks of the Duck River cut into the edge of the Highland Rim Plateau at the site of the Old Stone Fort. On our hike we will see numerous waterfalls, cascades and tall rock bluffs bordering the Duck River. On the Backbone Trail we will climb up and walk along a ridge looking down on tops of huge trees. Meet at the First Presbyterian Church on Gallatin Rd. at 9:00 am CT for carpooling or meet at the trailhead by the museum at 10:30 am CT. Bring hiking poles, hiking boots and any desired snacks. We will eat lunch after the hike about 12:30 at the Coffee Cafe in an historic area of Manchester close to the Park. This is a large cafe with a great menu. Contact Lea Whitton for more info or if you plan to join us at the trailhead at whittonm@realtracs.com or 615-289-4842. Ron and Judy Jenkins will be helping with the hike. Bad weather will cancel.

Oct 24 - 26 – TTA Annual Meeting.

Oct 30 - Stones River National Battlefield, Murfreesboro. Check for more info on website and emails.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR: Louise Miniard 931-528-9115
uppercumberland@tennesseetrails.org

HIKE COORDINATOR: Kathleen Sullivan 931-284-7822
uppercumberlandhikes@tennesseetrails.org

Oct 4 - Black Mountain Segment of the Cumberland Trail, Crab Orchard, TN. 7 miles. Moderate. Black Mountain is noted for its interesting rock formations and wonderful overlooks. We will start the hike at the trailhead on Hwy 68 and hike up to the top of Black MT. On the way we will pass by Windless Cave. If time permits we will hike the Loop Trail on top of the mountain, which has several overlooks We will meet at 8:00 am CT in the Penney's parking lot in Cookeville. Bring snacks, lunch, and sturdy hiking boots. For information and to register contact Louise Miniard at 931-239-5425 or iminiard@Flowserve.com.

Oct 11 - Chimney Top Trail, Frozen Head State Park, Wartburg, TN. We will hike to Chimney Top from the ranger station via the Chimney Top Trail. The view from the top is wonderful. We will lunch at the top and those who want a shorter hike can then retreat along the ridge top to the Spicewood Branch Trail for a total distance of about 9.1 miles. Those wanting a longer hike can proceed to the Lookout Tower for some more great views from atop Frozen Head mountain returning via the North Old Mac trail for a total distance of 12 miles. Bring lunch, water, snacks, headlamp, and wear good hiking boots. Elevation changes and the distance covered make both routes strenuous. You can meet us in the Penney's parking lot in Cookeville at 7:30 am CT. We will leave from the ranger station about 9:30 am CT. For information and to register contact Gary Kimbrell at 931-215-9520 or Gary.Kimbrell@fbitn.com.

Oct 18 - Virgin Falls, DeRossett. This is a 9-mile strenuous hike to the 110 foot tall Virgin Falls. Along the way, we will pass a 30-foot waterfall, Big Laurel Falls. There is a stream crossing and some difficult footing on this hike, including the need to cross a rock field at Big Laurel Falls, so the hike may be canceled or changed due to high water, snow or ice. Therefore, register with hike leader Louise Miniard at 931-528-9115 to be informed of possible cancelation or changes. Bring snacks, water, lunch, and hiking boots. You can meet us at the US Bank across from McDonald's in Sparta at 8:00 am CT. For information and to register contact Louise Miniard at 931-239-5425 and leave message or iminiard@flowserve.com.

Oct 24-26 – TTA Annual Meeting.

OFFICERS:

President
 Carolyn Miller 931-839-3213
president@tennesseetrails.org

Vice-President
 Levonn Hubbard 931-707-1020
vicepresident@tennesseetrails.org

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 Kathy Woods 615-473-6824
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westregional@tennesseetrails.org

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Cumberland Trail Conference Representative
 Frank Jamison 865-376-4120
CTC@tennesseetrails.org

TN Rails To Trails Advisory Council Representative
 Bob Richards 615-532-0753
TRAC@tennesseetrails.org

CHAPTER REPRESENTATIVES ON THE BOARD
 ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor
 LouAnn Partington 931-393-4835
editor@tennesseetrails.org

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Oct 10	Nov 1
Nov 10	Dec 1
Dec 10	Jan 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

TTA 2014 CALENDAR

The following dates in 2014 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

FOURTH QUARTER

Oct 24-26 TTA's Annual Meeting; Montgomery Bell State Park; hosted by Nashville Chapter

GUIDELINES FOR SUBMITTING HIKE INFORMATION

When submitting monthly hike listings, please include the following information:

Date, trail name, location (Park, City, State), mileage, rating (easy, moderate, etc), hike description (what you may expect to see, elevation changes, obstacles that affect the hike rating), what to wear or bring, meeting time and location, and hike leader's contact information. Please identify any hikes that are multi-chapter events. Please DO NOT format the submissions (avoid bold, italics, underlining or colored text), as this slows the editorial process.

Hike descriptions are strongly encouraged, but not mandatory. A good hike description can encourage members (and prospective members) to try a new hike, but also alerts prospective hikers to outings that may be unsuitable for their level of expertise or fitness.

All submissions should be made by e-mail to *editor@tennesseetrails.org*. This e-mail address is automatically copied to our webmaster. All submissions MUST be received by the 10th of the month PRIOR to the hikes (I.e. February hike listings must be submitted by January 10) in order to be included in the newsletter. Late submissions will be updated on the TTA website, but have no guarantee of inclusion in the newsletter.

We will also be glad to print any hike reports, general chapter news and hike or event photographs as space permits.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

Oct 14

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Tim Townley 731-607-0512 membership@tennesseetrails.org

PLEASE, PRINT CLEARLY.

___ Individual \$25.00
___ Family \$35.00
___ Student (FULL TIME) \$15.00
___ Supporting (\$50.00, \$100.00 or more)
___ Life Member (Individual) \$500.00
___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Home Phone (____) _____ Zip _____ -- _____
Work Phone (____) _____
e-mail _____

- Please do not list my e-mail address in the TTA Annual Membership Directory
 I would like to receive my newsletter by email.

** CTC Membership ** **\$5.00**

** Special \$5.00 rate for membership in Cumberland Trail Conference if you also are joining TTA or renewing your TTA membership. CTC is building the Cumberland Trail, which will go from Chattanooga to Cumberland Gap. Over 185 miles are now complete and open for hiking. More information can be found at www.cumberlandtrail.org. Please consider enhancing your commitment to Tennessee's great trails by joining the CTC.

Please list me with the following chapter:

___ Clarksville
___ Columbia/Franklin
___ Cove Lake (inactive)
___ Dyer County (inactive)
___ East TN (Oak Ridge/Knoxville)
___ Highland Rim (Manchester/Tulahoma)
___ Jackson
___ Memphis
___ Murfreesboro
___ Nashville
___ Northwest (inactive)
___ Plateau (Crossville)
___ Soddy Daisy
___ Sumner Trails (Sumner County)
___ Upper Cumberland (Sparta/Cookeville)
___ At Large

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - C.T.C. and T.R.A.C. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.