

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



TTA AWARDS NOMINATIONS

The TTA Board is seeking nominations for the TTA awards to be presented at the annual meeting in October. We annually present the Tennessee Trails Award and the Bill Stutz Awards. The Bob Brown Lifetime Achievement Award is awarded periodically to those with a lifetime of leadership and extraordinary contributions.

Please send written nominations for the TTA awards to a chapter chair or to one of the TTA officers. Nominations should include contact information for the person making the nomination, a full name and address of the nominee and a paragraph stating why the person should be nominated for the award.

Tennessee Trails Award. This award is presented for outstanding contributions to the Association or for the furtherance of trails and natural resource programs and opportunities within Tennessee.

Bill Stutz Award. The Association gives this award in honor of the late Bill Stutz, past TTA member and beloved hiker. Any chapter (or voting member) can make a nomination to the Board for the recipient of this award. The award is to be presented to an active hiker for his or her individual contribution to the Association or one its chapters.

Bob Brown Lifetime Achievement Award. The Board of Directors of the Association established this award to honor the extraordinary lifetime leadership and personal contributions of Bob Brown to hiking and conservation in the State of Tennessee. The Board may give a Bob Brown Award from time to time to others for lifetime leadership and contributions that it finds equally extraordinary.

ANNUAL MEETING *REGISTER NOW!*

Hiking and history continue to converge as plans come together for TTA's next annual meeting, October 24-26 at Montgomery Bell State Park west of Nashville. Music and special programs will round out the activities that include Saturday daytime presentations by the Tennessee Ornithological Society's Dan Shelton and by Middle Tennessee Civil War historian Matt Zimmerman. Live and silent auctions will take place Saturday evening, and special baked items for your day packs and snacks will be for sale.

Be sure to register early to get the accommodations you want - see the form on page 6 of this newsletter. The Nashville and Sumner Trails chapters will welcome you to three days of fine outdoor recreation and history interpretation in Middle Tennessee.

Third Quarter TTA Board Meeting

August 2, 2014
REI , Brentwood, TN
1 – 5:00 pm CT

Agenda Items
TTA and Cumberland Trail Update
Nominating Committee
Annual Award Nominations
Annual Meeting Update

All members are welcome to attend the board meeting.



Office Location 409 Thurman Avenue, Ste 102
 Crossville, TN 38555
 Office Hours..... 8 am-2 pm CT
 Phone: 931-456-6259
 Fax: 931-456-4934
 Email: cumberlandtrail@rocketmail.com
 Website: www.cumberlandtrail.org

To All Cumberland Trail Volunteers and Supporters:
 I would like to take this opportunity to give everyone an update on the current status of the Cumberland Trail conference.

As most of you all probably know, the Tennessee Trails Association voted on June 28th to reinstate the CTC. The CTC Executive Board then met and had a very frank discussion of what needs to happen to re-establish the trust of the CTC members, volunteers, and supporters. At that time I agreed to stay on for the time being as Chairman of the CTC Board to help resolve some more pressing issues. There is much to be done, and the TTA is partnering with us in all that needs to happen. Due to the sudden and unexpected departure of Marleya Pendleton due to health reasons, there is also much to be done on the administrative side, which we are working through with the TTA. We are awaiting a meeting with TDEC and State Park officials to ensure that we are "on the same page" as far as expectations from all parties. When the roles and responsibilities are clearly defined and understood by all, and only then, we as a Board will seek individuals to fill those needs.

There are a lot of hard feelings and rumors around. I understand that....CTC volunteers are passionate in their love of the Trail. By your numerous letters and emails, I see that many folks thought that the TTA vote of June 28th would just put everything back to what it once was. Not so, and far from it. As result of events that have occurred since November 2013, things are not the same as we all remember them, and may never be the same again. Many of you participated in a very successful CTC Break-a-way program, and the CTC Board would like to see that model of cooperation continue to build the Cumberland Trail.

I would also like to thank the CTC Board members for the tireless effort that has taken place meeting with State Representatives and TDEC Officials to resolve some of the issues that face us. We can work through them, but it will take time and patience.

So, although I do not have anything specific to report, I want to ensure you that they are many people working to ensure that the CTC not only survives, but thrives as a partner to State Parks in completing the Cumberland Trail. The CTC volunteers are the Cumberland Trail's greatest asset, and I hope to see each of you on the Trail soon!

Thank you for your continued patience and understanding.

Sincerely,

Judy R. Varner, Chairman Cumberland Trail Conference

CLARKSVILLE CHAPTER

CHAPTER CHAIR: J.R. Tate 931-920-2692
clarksville@tennesseetrails.org
CHAPTER VICE-CHAIR: Ken Johnson 931-802-6343
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TREASURER: Mary Schwab 931-645-9068
clarksvilletreas@tennesseetrails.org
SECRETARY: Pam Gadsey 931-552-2325
clarkvillesecy@tennesseetrails.org
OUTINGS COORDINATOR: Paul Schwab 931-645-9068
clarkvillehikes@tennesseetrails.org

(call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT,
 Crow Community Center, 211 Richview Rd.
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/clarksville>

Aug 2 - Cummins Falls State Park Hike and Swim. 2.5 miles out and back. Difficult. Suva Bastin 931-645-2849. Meet 8:00 am CT; I 24 Exit 11 commuter parking lot. 119 miles to trailhead.

Aug 9 - Harpeth River Canoe and Kayak Float. 13 miles. Bob Lyon 931-648-2354. Meet 8:00 am CT, Madison Street Kmart parking lot, Clarksville. 41 miles to starting point.

Aug 16 - Greeter Falls Loop Trail. South Cumberland State Park. 1.8 miles. Moderate. Paul Schwab 931-801-9484. Meet 7:00 am CT, I 24 Exit 11 commuter parking lot. 128 miles to trailhead.

Aug 19 - Monthly Meeting.

Aug 23 - Overnight hike - Virgin Falls Natural Area, Virgin Falls Trail. 8 miles. Difficult. Kathy Robertson 931-216-5797. Meet 8:00 am CT, I 24 Exit 11 commuter parking lot. 148 miles to trailhead.

Southeastern Foot Trails Coalition Biennial Conference September 18-21, 2014 Union County Community Center Blairsville & Vogel State Park, Georgia

The Southeastern Foot Trails Coalition (SEFTC) seeks to promote and protect the long-distance foot trails in the Southeast and to connect trails and their natural trail corridors by building a regional trail system and an active network of hiking organizations. SEFTC invites all interested parties to attend the biennial conference.

To register, visit the SEFTC website at www.southeasternfoottrails.org for a copy of the registration form. Early registration (prior to August 31) is \$30 per person. After August 31, registration is \$40. One must be registered and have a nametag to participate in any event, including plenary session, workshops, hikes, and/or Thursday and Friday dinner event. Those who have pre-registered will need to pick up their nametag and packet on arrival in Blairsville at the registration desk in the Union County Community Center headquarters.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR: Marvin Caine 931-486-1632
columbia@tennesseetrails.org
PROGRAM COORDINATOR: Ellen Clark 615-595-2640
columbiaprog@tennesseetrails.org
HIKE COORDINATOR: Jane Coffey 615-516-6551
columbiahikes@tennesseetrails.org
MEETS MONTHLY: 1st Tuesday at Fulin's Asian Cuisine, 1009
Crossings Boulevard, Spring Hill. Socializing and dinner
at 6:00 pm CT; meeting starts at 7:00pm.

Aug 5 - Chapter Meeting. Our chapter members Fred and Rita Warner will present their 2008 hike of the Grand Canyon. In two days, they hiked from the South Rim down the 9 mile Bright Angel Trail with an elevation change of 4460 feet, spent a night at the historic Phantom Ranch, and hiked out the next day up the 14 mile Kaibab trail to the North Rim with a 5850 foot elevation change. Fred and Rita will tell us what inspired them to take this challenge and how they prepared both mentally and physically for the trip. With their photos of this spectacular natural wonder, the Warners will share the lasting legacy of their experience. It was this hike that led them to become Tennessee Trails hikers.

Aug 9 - Duck River Scenic Trail, Henry Horton State Park, Chapel Hill, TN. 4 miles. Easy to Moderate. This newest trail in the park runs mostly along the banks of the Duck River. We will park off Highway 31A in the gravel lot at the Wilhoit Mill trailhead and hike down toward the Duck River to pick-up the Duck River Scenic Trail. We will hike about 2 miles out and back along the same trail, for a total of 4 miles. Those who are interested may want to add the Wilhoit Mill loop for an additional 0.8 mile. Make sure you wear good hiking shoes/boots, bring water and a snack for the hike. We will meet behind McDonalds 4908 Main Street (Hwy 31) on the north side of Spring Hill at 6:45 am CT and depart promptly at 7:00 am to beat the heat. It is about a 40-minute drive to the trailhead. For more information and to register, contact Kevin Hahn at 615-775-4259 or email at *compensate@yahoo.com*.

Aug 23 - Stillhouse Hollow State Natural area, Summertown, TN. 1.5 miles. Moderate. Our chapter has been an integral part of this beautiful natural area by developing trails and constructing a bridge. Geologically, this is the where the Highland Rim embraces the Central Basin creating a dramatic change of elevation in a short distance. The park stream emanates from the Highland Rim and tumbles in cascades and waterfalls to the Central Basin. After hiking the upper trail, we will descend to the bottom of the falls 2/3 of a mile (seems longer) where the group will evaluate the trail and discuss improvements, if any. Please bring your lunch and drinks. The trail is rough in places and boots are recommended. We will meet behind McDonalds 4908 Main Street (Hwy 31) on the north side of Spring Hill at 6:45 am CT and depart promptly at 7:00 am. The hike will begin at 800 am at the Stillhouse Hollow parking lot which is located 3 miles northeast of Summertown, TN immediately off Highway 43. There are small signs on Highway 43 for the natural area turn-in. Because the area is not serviced for trash pickup by the State of Tennessee, please bring a plastic bag for trash collection. There are no restrooms on site. For more information and to register, contact Tommy Haskins at *swissman10@hotmail.com* or cell 931-628-8600.

COVE LAKE HIKING CHAPTER

This chapter is in the process of being reorganized.

For further information, contact Levonn Hubbard at 931-707-1020 or *eastregional@tennesseetrails.org*. In the interim, you are welcome to attend (13 to select from) other chapters' outings, events and meetings.

DYER COUNTY CHAPTER

This chapter is in the process of being reorganized.

For further information, contact Graydon Swisher at 901-737-3114 or, *westregional@tennesseetrails.org*. In the interim, you are welcome to attend (13 to select from) other chapters' outings, events and meetings.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-951-8317
easttennessee@tennesseetrails.org
WEBMASTER: Sherry Barber 865-209-6189
sbarber6189@comcast.net

Aug 2 – Hike & Swim at Obed. The Obed Wild & Scenic River Park consists of four streams that have cut into the sandstone of the Cumberland Plateau creating a rugged landscape of wild land and water. There are spectacular gorges with 400-foot cliffs above the streams, and huge sandstone boulders dotting the streams creating large whitewater rapids in the rushing water. The Obed system is a favorite destination for experienced kayakers and rock climbers. Join us for a fun short hike to Alley Ford and an afternoon of lazy swimming in the Obed. The trail head is located at the Rock Creek Campground adjacent to Nemo. It is approximately 2.5 miles along the Cumberland Trail, rated easy to moderate. Wear swimming shorts and bring your water shoes and a noodle or blow-up tube/raft for floating. Also bring your food and water. Pre-registration is required. We will leave Knoxville approximately 9 am ET. Contact Sherry Barber at *sbarber6189@comcast.net* or 865-209-6189 for carpooling.

HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

CHAPTER CO-CHAIRS: Naullain Kendrick 931-224-6225
highlandrim@tennesseetrails.org
Carolyn Fitz 931-598-0597
highlandrimsecy@tennesseetrails.org
TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666
highlandrimtreas@tennesseetrails.org
OUTINGS & PROGRAM COORDINATOR & NEWSLETTER CONTACT: Joan Hartvigsen 931-962-0811
highlandrimhikes@tennesseetrails.org
(contact Joan & volunteer to lead an outing)
MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W.
Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Aug 9 – Buggy Top Caving Trip, Sewanee, TN. 5 miles, strenuous. This is a joint venture with the Friends of South Cumberland “Hike All 14 in 2014”, Hike #7 and Hike #1, Lost Cove Cave and Natural Bridge. Meet TN Naturalist Naullain Kendrick at the Carter State Natural Area parking lot at 9:00 am CT for this tough five mile hike. We will be going through the cave, so dress appropriately (we may get wet and muddy) and bring flashlights, sturdy boots, water and lunch. After the caving trip we can caravan to Sewanee Natural Bridge and then maybe to Shenanigans for refreshments. Contact Naullain at *naullain@hotmail.com* or 931-224-6225 for more information.

Aug 16 – Duck River Float from Arrowhead Ranch (near Cortner Mill) to Three Forks Bridge, Normandy, TN. Meet our leader Naullain Kendrick at 9:00 am CT at Arrowhead Ranch at 239 Cortner Mill Road (follow signs to put in) where we will arrange a shuttle to take out at Three Forks Bridge. This will be about a three hour float and we can go back to the put in for a picnic lunch afterwards. Bring snacks and water for the float and a picnic lunch after the float at Arrowhead Ranch. Contact Naullain at *naullain@hotmail.com* or 931-224-6225 for more information.

Aug 23 – Greeter Falls Loop plus the Blue Hole, South Cumberland State Park, Altamont, TN. 3 miles. Moderate. Tennessee Naturalist Marietta Poteet will lead a South Cumberland hike to Greeter Falls. We will hike the two mile Greeter Falls Loop Trail then hike a half mile to Blue Hole where we may take a cooling dip in the swimming hole. This is a partial “Hike All 14 in 2014” Hike #6, sponsored by the Friends of South Cumberland State Park. We will meet at the Greeter Falls parking lot at 9:00 am CT. For further information call Marietta 931-924-7666 or email at *nannietta@blomand.net*.

Aug 25 – Chapter Meeting. We will have dinner at 5:00 pm CT at Applebee’s, 1957 N. Jackson St. Tullahoma, TN. Our meeting begins at 7:00 pm at D. W. Wilson Community Center. Carolyn Fitz will present a program on her hiking trip in Arizona.

Highland Rim Chapter – con’t.

Aug 30 – Short Springs State Natural Area Work Day, Tullahoma, TN. Meet at 9:00 am CT in the Short Springs parking lot, 2250 Short Springs Road, Tullahoma. We will work until 12 Noon. Bring water and a snack and work gloves. We will be cutting away trees which have fallen on the trails and repairing a bridge damaged by a fallen tree. Volunteers with chain saws are needed. Other volunteers can bring loppers or hand pruners to trim foliage back off the trail. Contact Joan Hartvigsen at *jhartvigs@comcast.net* or 931-962-0811 to let her know you will help.

JACKSON CHAPTER

CHAPTER CHAIR: Vicky Moeller 731-668-9336
jackson@tennesseetrails.org
TREASURER: Anne Goodson 731-664-1556
jacksontreas@tennesseetrails.org
SECRETARY: Don Dresser 731-668-4190
jacksonsecy@tennesseetrails.org
OUTINGS COORDINATOR: Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org
(call Glen & volunteer to lead an outing)
MEETS MONTHLY: 1st Monday at Perkins Restaurant, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 6:45 pm

Hike information unavailable at press time.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
memphis@tennesseetrails.org
VICE-CHAIR: Francis Ruffin 662-701-6284
memphisvice@tennesseetrails.org

Hike information unavailable at press time.

ANNUAL MEETING HIKE INFORMATION

October 24-26, 2014 are the dates for our next annual meeting, headquartered at historic Montgomery Bell State Park. This storied location was the scene of events that affected the course of the future for much of Tennessee, and the hikes we'll take there and in other areas nearby have a wealth of lore as well. Read about some of the hikes we're planning and make your plans to be there!

Friday

Cumberland River Bicentennial Trail (*please pre-register for these two outings with njuodenas@yahoo.com*). - 1. Bring your bike and ride on this 4 mile paved rail/trail which follows a converted rail bed and features hardwood forests, old railroad bridges over creeks and marshland. A highlight is a long steel framed trestle bridge that spans Sycamore Creek. 2. Eagle Pass section, 5 mile round trip hike is a continuation of the paved trail, becoming compacted gravel and passing an eagle's nest. Terminus is Cheatham Dam campground.

Railroad History hike at Montgomery Bell. Led and guided by State Naturalist, Randy Hedgepath.

Wildcat, Ore Pit, Jim Bailey Nature Trail at Montgomery Bell - 4 miles

Saturday

Beaman Park - Combinations of Henry Hollow loop, 2 miles, Highland Trail, 4 miles, and Sedge Trail .7 miles. Features a rugged landscape of highland rim forest, steep slopes, narrow hollows, streams, waterfalls and drier ridge tops.

Bowie Nature Park - 8 mile loop. Within the park there are 17 miles of winding trails which move the traveler through several ecosystems to include wetlands, grasslands, pine forest, oak/hickory forest, riparian and lowland bottomland wetlands. The nature center offers the opportunity for park visitors to learn more about Bowie Nature Park itself with nature exhibits, brochures and art.

Downtown Nashville historical and urban hike -7 miles. To include, state capitol, Courthouse Square, Union Station, civil war sites, honky tonk district, river views, new convention center and various architectural gems.

Harpeth River State Park outing - 3-4 miles. To include Mound Bottom, Narrows of the Harpeth, Mace Bluff, Newsome Mill and possibly Hidden lakes.

Johnsonville History Hike - 5 miles. Enjoy a Ranger lead hike through the hollows and history of Johnsonville State Historic Park. We'll follow portions of the Historic Johnsonville Trail, Civil War Forts Trail and African-American Cemetery Loop which will link together to make a stacked loop hike of almost 5 miles.

Montgomery Bell State Park. Combinations of overnight trail, 10.5 mile loop, Ore Pit, Wildcat, and Creech Hollow trails. This park has a great combination of history, wooded terrain, and lakes. And you're close to your lodgings - easy commute!

Saturday Hikes – con't.

Montgomery Bell 1/2 loop - 7 miles. To include pre-park history, guided by State Naturalist, Randy Hedgepath.

Montgomery Bell - Hiking and trail maintenance workshop. Bob Richards will conduct this workshop which will include a morning hike on the Ore Pit Trail to discuss potential problems in the design of the trail and then an afternoon session which will include actual maintenance and trail building. All tools and guidance will be provided.

Mousetail Landing. Overnight Trail, (but not overnight) 8 miles. Traverses hillsides, crosses gullies, streams and wooden bridges. Passes through open cedar glades, and deciduous forests, paralleling the Tennessee River for stretches, with some breathtaking views.

Natchez Trace Historical and Waterfall outing to include: Devil's Backbone Natural Area: 3 mile moderate loop with a great variety of trees in autumn dress. Meriwether Lewis Monument and gravesite. 1 1/2 mile loop of original Natchez Trace. Fall Hollow, walk a short distance to two waterfalls Jackson Falls hike 1/2 mile on a paved walkway Gordon House short hike to historical house and ferry crossing.

Nathan Bedford Forrest State Park. 10 mile loop which includes Pilot Knob, the highest point in west Tennessee and great views of Kentucky Lake. Includes a visit to the park's Folklife Center.

Sunday

Bicentennial Mall State Park. With just a simple walk in the 19-acre park visitors can experience many facets of Tennessee's history including a 200-foot granite map of the state, a World War II Memorial, a 95-Bell Carillon, a Pathway of History and the Rivers of Tennessee Fountains. The 11 planters along the Walkway of Counties show native plants species from different regions of the state. This hike will be guided by a State Park Ranger.

Longhunter State Park, Volunteer Day Loop - 4 miles. Fully wooded with bluffs overlooking the shores of J. Percy Priest Lake.

Natchez Trace State Park. Cub Lake Trail 4 mile loop. This is a pleasant lakefront stroll, and a good trail for viewing the fall colors. It circles Cub Creek Lake with several short hills and flatter areas.

Percy Warner Park. Warner Woods Trail 2.5 mile loop. This trail is in the heavily wooded interior section of the park, with some lowland sections and rolling hills and/or Harpeth Woods Trail 2.5 miles.

Montgomery Bell - Beginning Orienteering Course. Led by Montgomery Bell ranger, Eric Runkle. Bring your compass.

**2014 Annual Meeting
October 24 – 26, 2014
Montgomery Bell State Park (Burns TN)**

**REGISTRATION FORM
DUE ON OR BEFORE
Monday, September 8, 2014**

Please provide the name of each member of your family attending.

Name:		Name:		Name:	
Address:			City:	State:	Zip:
Telephone – Day:		Night:	Email:		Chapter:

Lodging reservation and payment will need to be arranged by you directly with Montgomery Bell State Park. A block of Inn Rooms and Cabins will be held until midnight Monday September 8. After this time, the Park will release the unreserved rooms to the general public (and no longer offer the discounts quoted to TTA).

For INN ROOMS and CABINS, phone the Inn & Conference Center directly to make your reservation (615-797-3101 or 800-250-8613). **Provide the reservationist our GROUP CODE 6870** to receive special discount pricing on the Cabins and Inn Rooms. **Cabins** (there are only 8 cabins; each have 2 bd; 2 bath. 1 rm w/2Q; 1 rm w/1K); **requires** a 2-night minimum stay and a deposit of one night's stay (\$177.86/night; includes the tax). **Inn Rooms** (some have 1K; some have 2Q) do not require a 2-night minimum but a deposit of one full night's stay is required (\$89.51/night; includes the tax). If applicable, remember to ask if there are discounts available for Seniors, Veterans and Tennessee State Employees.

For the CAMPGROUND, phone the Park's Office at 615-797-9052. All sites come with BBQ grill, fire ring, picnic table and access to the bath house (showers with hot water). RV sites with water and electricity are \$25*/night; RV sites with just water are \$20*/night; tents may stay on an RV site for the same price of the RV. But there are many "primitive" tent-only sites without water and electricity and they are \$11*/night. (There will be a 1-time reservation fee of \$3 added to your reservation.) A campground map can be found at: <https://tnstateparks.itinio.com/montgomery-bell>

MEALS: Each meal may be ordered separately.			
DINNER	FRIDAY BUFFET - Seafood Themed <i>(i.e., shrimp, catfish, frog legs)</i>	# of people _____ x \$20.00pp	\$
	SATURDAY BUFFET - Steak Themed <i>(i.e., steak, ribs)</i>	# of people _____ x \$20.00pp	\$
BREAKFAST	SATURDAY BUFFET	# of people _____ x \$12.00pp	\$
	SUNDAY BUFFET	# of people _____ x \$12.00pp	\$
TRAIL LUNCH <i>(circle selection)</i>	SATURDAY - Turkey or Vegetarian <i>Sandwich comes with chips, 2 cookies, fruit and beverage</i>	# of people _____ x \$10.00pp	\$
	SUNDAY - Turkey or Vegetarian <i>Sandwich comes with chips, 2 cookies, fruit and beverage</i>	# of people _____ x \$10.00pp	\$
MEAL COSTS TOTAL:			\$

EARLY REGISTRATION FEE (registrations postmarked on or before Sept 8) # of people _____ X \$35 = Total _____

(The full amount is required of each participant, regardless of the number of days attending.)

LATE REGISTRATION FEE (registrations postmarked on or after Sept 9) # of people _____ X \$45 = Total _____

Yes, I would like to make a donation to support TTA's:

Evan Means Small Grants Fund**

Donation \$ _____

** This program, created in memory of Evan Means, a founding member of TTA, funds trail related projects across the state and is open to TTA chapters, as well as to other non-profit, volunteer based organizations. TTA's normal cycle is to accept grant requests during the fourth quarter of each year, and then announce the awards the following February. More information may be found on TTA's website.

TTA's Technology / Communication Enhancement***

Donation \$ _____

*** TTA's Board of Directors has been exploring options for enhancing its technology and avenues of communications. The initial launch is expected to require a fairly large outlay of money. After the initial launch the costs should be minimal.

TOTAL ENCLOSED \$ _____

Please complete this Registration Form; attach a check made payable to **TTA Nashville Chapter**; and, mail them to:

Tennessee Trails Association c/o Diane Manas
716 Mount Carmel Place Nashville, TN 37205-3587

Need more information? Contact Diane Manas at 615-351-6431 or DManasHikes@comcast.net

An email confirmation or postcard will be sent to you at the time your check and registration are processed.

REFUND POLICY: All cancellations and requests for a refund must be in writing. No refunds will be made after October 9, 2014. Persons canceling before October 9 will be refunded in full, less the \$35 (or \$45) Registration Fee.

MURFREESBORO CHAPTER

CHAPTER CHAIR: Sara Pollard 615-714-3610
murfreesboro@tennesseetrails.org

TREASURER Ann Jacobs 615-896-3935
murfreesborotreas@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Veterans Parkway, Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Aug 12 – Chapter Meeting. What's in your pack? Experienced hikers in our chapter will reveal what they carry in their day packs and backpacks when they go hiking and backpacking. We'll also talk about the hikes we've done in the past and the essentials of hike leading. We'll continue to plan for fall hikes too. Invite a friend!

Aug 16 – Day Loop Volunteer Trail at Long Hunter State Park. 4 miles. Easy. This hike leads into a mature oak and hickory forest, threading through rock cedar woods and along the rocky shoreline of Percy Priest Lake. Enjoy views from a high bluff before reaching a quiet cove. This is a great trail to hike in the summer because it's shady and there's a breeze from the lake. For information or to register, call or send a text message to Valerie Galan at 615-516-6441.

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs 615-283-0507
nashville@tennesseetrails.org

OUTINGS COORDINATOR: Nancy Juodenas 615-319-8811
nashvillehikes@tennesseetrails.org
(email Nancy & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php

BLOG: www.tennesseetrails.org/blog/nashville

No hikes planned for August.

Aug 26 – Chapter Meeting. Show and Tell time is here again - our annual opportunity to share photos of places we've hiked, nearby and far away. This is always a fine opportunity to be inspired as we look forward to fall's cooler weather and to finding new and different places to hike. You're welcome to bring photos on a thumb drive (best), CD or hard copy. In order to allow a fair measure of time to all who want to participate, please let Nora Beck know in advance of the meeting that you plan to show photos (norellibee@gmail.com or 615-517-6486). Our group's members have lots of special places, from Shelby Bottoms to Saskatchewan, What are yours? Bring a friend, bring several friends, and bring your pictures. We'll have light refreshments and time to socialize. And pictures!

NORTHWEST Chapter (UT at Martin / Weakley County)

CHAPTER CHAIR: Scott M. Pun 731-881-7316
northwest@tennesseetrails.org

TREASURER: Sandy Davis 731-587-9134
northwesttreas@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT during the academic year (Feb-Apr and Sep-Dec) on the UT Campus in the Paul Meek Library, Rm 120, Media Services B1

Hike information unavailable at press time.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-456-6437
plateau@tennesseetrails.org

TREASURER: June Parker 615-945-7462
Bill Quattrociocchi 931-484-4230
plateautreas@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:30 pm CT

BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information, contact Bill Harris at 931-484-9152 or visit the Plateau Chapter Blog. Rain cancels.

Aug 9 – Colditz Cove, Allardt and the Gentleman Swimming Hole, Rugby, TN. 3.5 miles. Moderate. Colditz Cove features a pristine 1.5 mile loop to the 60 foot high Northrop Falls. A short drive brings us to the Gentlemen's Swimming Hole for an additional 2 mile hike. After the hikes we will stop for lunch at the Harrow Road Café, a Rugby tradition since the 1880's! Depart from Cracker Barrel at 8:00 am CT. For more information and to register, contact Cheryl Heckler at 931-200-7436 or by email at thehecklers@charter.net

Aug 14 - Chapter Meeting. 6:00 pm CT. Program: Circle B Bar Reserve in Polk City, FL by Joy Topkin. Dinner at LaCosta Mexican Restaurant, 138 The Crossings, Crossville at 4:45 pm. Contact Chapter Chair, Cheryl Heckler at thehecklers@charter.net or 931-200-7436 for additional information.

Aug 23 – Russell Cave and Cathedral Caverns in AL. Our first visit of the day will be Russell Cave in northern Alabama. Russell Cave has been used for approximately 10,000 years. There is a nature trail that is only a mile but in August it will give you a workout. From here, we will continue to Cathedral Caverns, south of Scottsboro. This is a guided tour of about 1 1/2 hours going a little over a mile into this very impressive cavern. The tour cost is \$15. This is about a 300 mile round trip, so we will depart from Trinity Tabernacle at 7 am CT. Gas cost will be \$16. For information and to register, contact Bill Harris at 931-484-9152.

SODDY-DAISY CHAPTER

CHAPTER CO-CHAIRS: Ed & Donna Pyers 423-344-9271
soddydaisy@tennesseetrails.org
HIKE COORDINATOR: George Bonneau 423-842-3619
soddydaisyhikes@tennesseetrails.org
TREASURER: Bob McGavock 423-843-4646
soddydaisytreas@tennesseetrails.org
MEETS QUARTERLY: 1st Tuesday in Jan, Apr, Jul, Oct at 6:00
pm ET at Burk's United Methodist Church, 6433 Hixson
Pike, Hixson

*Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/soddydaisy>*

Aug 2 – Lower Leggett Road Trailhead to Rock Creek bridge and back. 8 miles. Slightly strenuous. Meet at Durham Street parking lot in Soddy Daisy at 8 am ET. Hike leader: John Politte, 423-304-8327. Mileage: 22 RT - \$1.

Aug 5 – Greenway Farm. 4 miles. Easy. Meet at dog parking lot at 8 am ET. Hike leader: Dale Emblade, 423-332-4810.

Aug 9 – Prentice Cooper Pos Point Loop. 12 miles. Strenuous. Meet at Bi-Lo parking lot in Red Bank at 8 am ET. Hike leader: George Bonneau. Mileage: 30 RT - \$2.

Aug 12 – Heiss Mountain to Big Possum Creek bridge and back. 3 miles. Moderate. Meet at Durham Street parking lot in Soddy Daisy at 8 am ET. Hike leader: Bob McGavock, 423-667-2960. Mileage: 14 RT - \$1.

Aug 16 – Sluder Lane to Big Soddy Creek and back. 8 miles. Strenuous. Meet at Durham Street parking lot in Soddy Daisy at 8 am ET. Hike leader: George Bonneau. Mileage: 6 RT - \$1.

Aug 19 – Rainbow Lake. 3 miles. Moderate. Meet at Bi-Lo parking lot in Red Bank at 8 am ET. Hike leader: George Bonneau. Mileage: 15 RT - \$1.

Aug 23 – Snow Falls. 10 miles. Strenuous. Meet at Durham Street parking lot in Soddy Daisy at 8 am ET. Hike leader: John Politte, 423-304-8327. Mileage: 40 RT - \$2.

Aug 26 – Falling Water Falls. 5 miles. Moderate. Meet at WalMart parking lot in Soddy Daisy at 8 am ET. Hike leader: George Bonneau. Mileage: 10 RT - \$1.

Aug 30 – Black Mountain. 6 miles. Moderate. Meet at Durham Street parking lot in Soddy Daisy at 8 am ET. Hike leader: George Bonneau. Mileage: 100 RT - \$5.

Joining TTA as a New Member? Membership Up For Renewal? Your Generosity Benefits All !

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

In the past, Supporting Member donations in excess of the regular dues were allocated to TTA's general operating fund. During the 2001 Annual Meeting, TTA's Board of Directors voted to allocate Supporting Member donations to the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Jane Hamm 615-757-3331
Gayle Livingston 615-264-2940
sumner@tennesseetrails.org
MEETS MONTHLY: 1st Tuesday at 7:00 pm CT,
Hendersonville First United Methodist Church, 217
E. Main St. Hendersonville, TN

Aug 5 - Chapter Meeting. 7:00 pm CT at The Rudder Restaurant located at Anchor High Marina, 128 River Rd., Hendersonville. Come join us for tall tales of summer hikes and adventures while enjoying a cool evening lakeside. RSVP to Al Ballenger, *ballallenger@aol.com*.

Aug 23 – Party & Hike Planning Session. Meet at Jane Hamm's house, 117 Cumberland Blue Trail, Hendersonville at 6:30 pm CT. BYOB and an hors d'oeuvre to share. Bring your hiking ideas, maps, info and wish list for fall outings and meetings. RSVP to Jane Hamm at *janetntrails@gmail.com*, 615-757-3331 or Gayle Livingston at *gayleerose@comcast.net*, 615-264-2940.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR: Louise Miniard 931-528-9115
uppercumberland@tennesseetrails.org
HIKE COORDINATOR: Kathleen Sullivan 931-284-7822
uppercumberlandhikes@tennesseetrails.org

Aug 9 - Hemlock Falls. 5 miles. Moderate. After the hike we will attend the land dedication and celebration at Crusher Hole on Cane Creek (part of Fall Creek Falls). Lunch will be provided. Bring hiking boots, water, and snacks. You can meet us at 8:00 am CT in the Penney's parking lot in Cookeville or at the U.S. Bank across from McDonalds in Sparta at 8:30 am. For information and to register contact Louise Miniard at *lminiard@flowserve.com* or 931.239.5425.

OFFICERS:

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 Carolyn Miller 931-839-3213
president@tennesseetrails.org

Vice-President
 Levonn Hubbard 931-707-1020
vicepresident@tennesseetrails.org

Treasurer
 Kathy Woods 615-473-6824
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secretary@tennesseetrails.org

Past President
 Millette Jones 615-397-9588
pastpresident1@tennesseetrails.org

Previous Past President
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Membership Director
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Cumberland Trail Conference Representative
 Diane Manas 615-352-7777
CTC@tennesseetrails.org

TN Rails To Trails Advisory Council Representative
 Bob Richards 615-532-0753
TRAC@tennesseetrails.org

CHAPTER REPRESENTATIVES ON THE BOARD
 ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor
 LouAnn Partington 931-393-4835
editor@tennesseetrails.org

TTA 2014 CALENDAR

The following dates in 2014 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

THIRD QUARTER

Aug 2 Board of Directors' Quarterly Meeting, REI, Brentwood.
 Sep 6 National Planting Day – 3rd Anniversary (Organized by Keep TN Beautiful)
 Sep 14-20 Bike Ride Across TN (B.R.A.T.) – 25th Anniversary
 Sep 27 National Public Lands Day (Statewide)

FOURTH QUARTER

Oct 24-26 TTA's Annual Meeting; Montgomery Bell State Park; hosted by Nashville Chapter

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Aug 10	Sep 1
Sep 10	Oct 1
Oct 10	Nov 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

GO GREEN

Electronic Newsletter Available

This is reminder that you can now receive your monthly newsletter via email. If interested please contact Tim Townley at *membership@tennesseetrails.org* and please include your email address.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

Aug 14

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Tim Townley 731-607-0512 membership@tennesseetrails.org

PLEASE, PRINT CLEARLY.

- ___ Individual \$25.00
___ Family \$35.00
___ Student (FULL TIME) \$15.00
___ Supporting (\$50.00, \$100.00 or more)
___ Life Member (Individual) \$500.00
___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Home Phone (____) _____ Zip _____ -- _____
Work Phone (____) _____
e-mail _____

- Please do not list my e-mail address in the TTA Annual Membership Directory
 I would like to receive my newsletter by email.

** CTC Membership ** **\$5.00**

** Special \$5.00 rate for membership in Cumberland Trail Conference if you also are joining TTA or renewing your TTA membership. CTC is building the Cumberland Trail, which will go from Chattanooga to Cumberland Gap. Over 185 miles are now complete and open for hiking. More information can be found at www.cumberlandtrail.org. Please consider enhancing your commitment to Tennessee's great trails by joining the CTC.

Please list me with the following chapter:

- | | |
|---|--|
| ___ Clarksville | ___ Murfreesboro |
| ___ Columbia/Franklin | ___ Nashville |
| ___ Cove Lake | ___ Northwest (UT at Martin/Weakley) |
| ___ Dyer County | ___ Plateau (Crossville) |
| ___ East TN (Oak Ridge/Knoxville) | ___ Soddy Daisy |
| ___ Highland Rim (Manchester/Tullahoma) | ___ Sumner Trails (Sumner County) |
| ___ Jackson | ___ Upper Cumberland (Sparta/Cookeville) |
| ___ Memphis | ___ At Large |

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - C.T.C. and T.R.A.C. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.