

# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.*

SPONSOR FOR THE CUMBERLAND TRAIL



## Southeastern Foot Trails Coalition Biennial Conference September 18-21, 2014

Union County Community Center, Blairsville & Vogel State Park, GA

The Southeastern Foot Trails Coalition (SEFTC) seeks to promote and protect the long-distance foot trails in the Southeast and to connect trails and their natural trail corridors by building a regional trail system and an active network of hiking organizations. SEFTC invites all interested parties to attend the biennial conference.

The conference will be centered in the new Union County Community Center in Blairsville, GA, just off the intersection of U.S. 76 (APD 515) and U.S. 19. The main and most convenient housing is the next-door and just-remodeled Comfort Inn. Two other motels are in Blairsville, cottages are available at Vogel State Park several miles south of town, and camping is also available at Vogel.

To register, visit the SEFTC website at [www.southeasternfoottrails.org](http://www.southeasternfoottrails.org) for a copy of the registration form. Early registration (prior to August 31) is \$30 per person. After August 31, registration is \$40. One must be registered and have a nametag to participate in any event, including plenary session, workshops, hikes, and/or Thursday and Friday dinner event. Those who have pre-registered will need to pick up their nametag and packet on arrival in Blairsville at the registration desk in the Union County Community Center headquarters.

Week-end activities include presentations by Janet Zeller, Manager, US Forest Service Accessibility Office and Ron Tipton, Executive Director, Appalachian Trail Conservancy, a number of hikes and workshops as well as plenty of good food and the opportunity to network with members of other hiking organizations. The SEFTC General Business Meeting is scheduled for Sunday morning.

Specifics for the hikes and workshops will be finalized the first part of June, and they will be published on the SEFTC website in mid-June for you to sign up there for them (copies will also be sent the member clubs). There is no limit at this time on workshop or hike capacity – we will try to match rooms with numbers, and to offer second hikes to areas most popular. Regarding hikes, we will limit Federal Wildernesses to twelve people per hiking group. **Important:** *Pets are NOT allowed on SEFTC hikes.*

The primary motel housing for this conference is the newly remodeled/upgraded Comfort Inn next door to the Union County Community Center. Price for this conference is \$89 including tax per night per room for two and includes breakfast. Suites and other arrangements are slightly more. Call 706-745-6844 (don't use the national number) and identify yourself as with the Southeastern Foot Trails Coalition for the special rate.. All rooms in this motel have just been remodeled with complete new upgrade of every bathroom, so that now this is a top-notch Comfort Inn. Note: No pets are allowed here; a few smoking rooms are in a separate motel area. For information on additional lodging, camping and cabin options, visit the SEFTC website.

Blairsville with the surrounding area has a number of restaurants and fast food chain establishments. These will be provided at the registration desk when you arrive in a pamphlet listing all of them and a map to all locations provided by the chamber of commerce and regularly updated. Those staying in motels will have their breakfasts provided. Remember: Friday and Saturday nights there are official SEFTC event meals to which you can secure reservations (see registration form). Both these meals will provide true vegetarian alternatives. (Note: A separate, regular restaurant is providing the vegetarian meal for the Friday eve barbeque.)

The grill at the Community Center main venue will be open for lunch and will also provide orders "to go" for noon meal if ordered at the Friday a.m. break or in advance for the Saturday hikes. Lunch here is a scenic treat – sitting on the large porch overlooking the golf course and mountains!



Office Location 409 Thurman Avenue, Ste 102  
 ..... Crossville, TN 38555  
 Office Hours ..... 8 am-2 pm CT  
 Phone: ..... 931-456-6259  
 Fax: ..... 931-456-4934  
 Email: [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com)  
 Website: [www.cumberlandtrail.org](http://www.cumberlandtrail.org)

## CLARKSVILLE CHAPTER

**CHAPTER CHAIR:** J.R. Tate 931-920-2692  
[clarksville@tennesseetrails.org](mailto:clarksville@tennesseetrails.org)  
**CHAPTER VICE-CHAIR:** Ken Johnson 931-802-6343  
[clarksville@tennesseetrails.org](mailto:clarksville@tennesseetrails.org)  
**TREASURER:** Mary Schwab 931-645-9068  
[clarksvilletreas@tennesseetrails.org](mailto:clarksvilletreas@tennesseetrails.org)  
**SECRETARY:** Pam Gadsey 931-552-2325  
[clarksvillesecy@tennesseetrails.org](mailto:clarksvillesecy@tennesseetrails.org)  
**OUTINGS COORDINATOR:** Paul Schwab 931-645-9068  
[clarksvillehikes@tennesseetrails.org](mailto:clarksvillehikes@tennesseetrails.org)  
*(call Paul & volunteer to lead an outing)*  
**MEETS MONTHLY:** 3<sup>rd</sup> Tuesday at 6:00 pm CT,  
 Crow Community Center, 211 Richview Rd.  
*Additional information may be seen at our web site:*  
<http://www.tennesseetrails.org/blog/clarksville>

**Jul 12 - Pennyryle State Park. 3 miles. Moderate.** After the hike, we'll swim; eat lunch at Park Restaurant; John Harris 270-227-9871. Meet 8:00 am CT, at Kroger parking area, Dover Crossing Road, Clarksville. 50 miles to trailhead.

**Jul 15 - Monthly Meeting.**

**Jul 19 - Pinson Mounds State Archaeological Park, Nature Trail. 2.7 miles. Easy,** and visit Museum. Paul Schwab 931-801-9484. Meet 8:00 am CT, BigLots parking area, Riverside Drive, Clarksville. 138 miles to trailhead.

**Jul 26 - 'Cooling at the Cave'.** Dunbar Cave State Natural Area, Dunbar Cave Road, Clarksville. Music, Board Games, Fellowship, Refreshments. 3:00 pm until 6:00 pm CT.

## COLUMBIA/FRANKLIN CHAPTER

**CHAPTER CHAIR:** Marvin Caine 931-486-1632  
[columbia@tennesseetrails.org](mailto:columbia@tennesseetrails.org)  
**PROGRAM COORDINATOR:** Ellen Clark 615-595-2640  
[columbiaprog@tennesseetrails.org](mailto:columbiaprog@tennesseetrails.org)  
**HIKE COORDINATOR:** Jane Coffey 615-516-6551  
[columbiahikes@tennesseetrails.org](mailto:columbiahikes@tennesseetrails.org)  
**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at Fulin's Asian Cuisine, 1009 Crossings Boulevard, Spring Hill. Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

**Jul 1 - Chapter Meeting.** Mr. Tony Turnbow, former president of the Natchez Trace Parkway Association, will present the program this meeting. Mr. Turnbow will describe the purpose and goals of the Natchez Trace Parkway Association, provide a historical overview of the Trace and discuss recent plus upcoming events. Of particular interest to hikers are the 66 miles of hiking trails along the Natchez Trace that are designated part of National Scenic Trail system. All are invited to attend the meeting to discover more about the Natchez Trace and Parkway.

**Jul 12 - Explore the walking trails of Historic Franklin, TN. 4 miles.** Franklin has developed a master plan to expand trails and greenways within the City. We will walk an existing trail bordering the Harpeth River and see the newly developing Bicentennial Park. We will have breakfast at Merridees, a local favorite. To beat the heat, we will meet at Ellen Clark and Lou Laratta's home near downtown Franklin at 7:30 am CT, walk the trails, arriving for breakfast around 9:00 am. We will walk back and return to our starting point around 10:30 am. Wear comfortable walking shoes and bring water. To register, e-mail Ellen Clark at [ERCclark@aol.com](mailto:ERCclark@aol.com) or call 615-595-2640.

**Jul 19 - Devil's Backbone Loop, Natchez Trace, near Hohenwald, TN. 2.7 miles. Easy to moderate.** This loop trail, with 200 feet of elevation change, takes the hiker from the pavement of the Natchez Trace Parkway out along the ridges of Tennessee's Highland Rim, down along a creek and back again. It is nearly all shady. Hikers should wear sturdy boots, and bring water and snacks for the trail. We will meet behind McDonalds 4908 Main Street (Hwy 31) on the north side of Spring Hill at 7:45 am CT and depart promptly at 8:00 am. For more information and to register, contact Russell Smith at [carving082334@aol.com](mailto:carving082334@aol.com) or call 615-790-1833.

## COVE LAKE HIKING CHAPTER

**This chapter is in the process of being reorganized.**

For further information, contact Levonn Hubbard at 931-707-1020 or [eastregional@tennesseetrails.org](mailto:eastregional@tennesseetrails.org). In the interim, you are welcome to attend (13 to select from) other chapters' outings, events and meetings.

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## DYER COUNTY CHAPTER

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This chapter is in the process of being reorganized.

For further information, contact Graydon Swisher at 901-737-3114 or, [westregional@tennesseetrails.org](mailto:westregional@tennesseetrails.org). In the interim, you are welcome to attend (13 to select from) other chapters' outings, events and meetings.

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## EAST TN CHAPTER (Oak Ridge / Knoxville)

**CHAPTER CHAIR:** Rosemary Marshall 865-951-8317  
[easttennessee@tennesseetrails.org](mailto:easttennessee@tennesseetrails.org)

**WEBMASTER:** Sherry Barber 865-209-6189  
[sbarber6189@comcast.net](mailto:sbarber6189@comcast.net)

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**Jul 12 - Snow Falls Trail, Laurel-Snow Pocket Wilderness. 10 miles. Moderate. Joint hike with Nashville Chapter.** This 710-acre wilderness is located off US 27 near Dayton, TN. This trail was the first national recreation trail designated in Tennessee. The hike begins at the parking lot. We will take the Snow Falls trail at the junction of Laurel Falls and Snow Falls. (We will go left). After climbing 900 feet, we will make a stop at the Betty Dunn Overlook on the way to Snow Falls for fantastic views. Before we get to Snow Falls, we will have to wade through a creek which could be a little deep depending on how much rain we will get. Wading shoes will be very helpful. After we stop at Snow Falls for a nice break, we will then continue on to a couple of great overlooks where we will enjoy more fantastic views of Dayton and the surrounding counties. After enjoying the views and some picture taking, we will then head back down the mountain to the parking lot to our cars. The time and meeting places will be decided by participants. Call Carolyn Reeves 865.717.3528 to register and get the latest details.

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### Third Quarter TTA Board Meeting

August 2, 2014  
REI , Brentwood, TN  
1 – 5:00 pm CT

Agenda Items  
TTA and Cumberland Trail Update  
Nominating Committee  
Annual Award Nominations  
Annual Meeting Update

## OFFICERS:

**President**  
Carolyn Miller 931-839-3213  
[president@tennesseetrails.org](mailto:president@tennesseetrails.org)

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**Middle TN At-Large Director**  
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[middleregional@tennesseetrails.org](mailto:middleregional@tennesseetrails.org)

**East TN At-Large Director**  
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**Membership Director**  
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**Cumberland Trail Conference Representative**  
Diane Manas 615-352-7777  
[CTC@tennesseetrails.org](mailto:CTC@tennesseetrails.org)

**TN Rails To Trails Advisory Council Representative**  
Bob Richards 615-532-0753  
[TRAC@tennesseetrails.org](mailto:TRAC@tennesseetrails.org)

CHAPTER REPRESENTATIVES ON THE BOARD  
ARE LISTED WITHIN EACH CHAPTER'S HEADER

**Newsletter Editor**  
LouAnn Partington 931-393-4835  
[editor@tennesseetrails.org](mailto:editor@tennesseetrails.org)

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### Newsletter Deadlines:

Deadlines for Chapter announcements  
and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Jul 10 .....	Aug 1
Aug 10 .....	Sep 1
Sep 10 .....	Oct 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:  
[editor@tennesseetrails.org](mailto:editor@tennesseetrails.org)

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## HIGHLAND RIM CHAPTER

### (Coffee and Franklin Counties)

**CHAPTER CO-CHAIRS:** Linda Hudson 931-841-0540  
Naullain Kendrick 931-224-6225  
*highlandrim@tennesseetrails.org*

**SECRETARY:** Carolyn Fitz 931-598-0597  
*highlandrimsecy@tennesseetrails.org*

**TREASURER/MEMBERSHIP:** Marietta Poteet 931-924-7666  
*highlandrimtreas@tennesseetrails.org*

**OUTINGS & PROGRAM COORDINATOR & NEWSLETTER CONTACT:** Joan Hartvigsen 931-962-0811  
*highlandrimhikes@tennesseetrails.org*  
*(contact Joan & volunteer to lead an outing)*

**MEETS MONTHLY:** 4<sup>th</sup> Monday at 7:00 pm CT at the D. W.  
Wilson Community Ctr., 501 N. Collins St., Tullahoma.

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**Jul 12 – Paddle-Swim-Hike-Eat-Swim-Paddle, Tims Ford Lake and Tims Ford State Park, Winchester, TN. Easy.** We will paddle from Anderton Boat Ramp on Tims Ford Lake off Hwy 50 to Ray Branch Peninsula. After a cool, refreshing swim we will hike about three miles along the shore of Ray Branch Peninsula, enjoying beautiful views of the lake and large, beautiful trees, including Yellowwood Trees. Bring water, lunch, and water shoes and walking/hiking shoes. Call Joan Hartvigsen at 931-962-0811 or email *jhartvigs@comcast.net*.

**Jul 19 - Narrows of the Harpeth River Float, Kingston Springs, TN. About 5 miles, about 4 hours. Easy. Joint activity with Murfreesboro Chapter.** Bring water, snacks and lunch. Meet our leader, Naullain Kendrick, at the Manchester Cracker Barrel at 7:30 am CT to form a caravan or meet at 9:30 am at the Narrows of the Harpeth River State Park. We will enjoy a leisurely paddle; stopping to swim, eat lunch and look at the Montgomery Bell Tunnel. Contact Naullain Kendrick to register and for more information: 931-224-6225 or *naullain@hotmail.com*.

**Jul 26 – Rock Island State Park Hike & Swim. Joint outing with the Murfreesboro Chapter.** See Murfreesboro Chapter's description of this event. To register and for carpool information contact Joan Hartvigsen at 931-962-0811 or *jhartvigs@comcast.net*.

**Jul 28 - Chapter Meeting.** We will have dinner at 5:00 pm CT at Fast Jack's Steaks and Seafood Restaurant, 122 W. Lincoln St., Tullahoma TN. Our meeting is 7:00 pm at D. W. Wilson Community Center. Mary Priestley from the Sewanee Herbarium and the Tennessee Native Plant Society will give a presentation on edible and medicinal plants of the area.

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## JACKSON CHAPTER

**CHAPTER CHAIR:** Vicky Moeller 731-668-9336  
*jackson@tennesseetrails.org*

**TREASURER:** Anne Goodson 731-664-1556  
*jacksontreas@tennesseetrails.org*

**SECRETARY:** Don Dresser 731-668-4190  
*jacksonsecy@tennesseetrails.org*

**OUTINGS COORDINATOR:** Glen Rognstad 731-217-5966  
*jacksonhikes@tennesseetrails.org*  
*(call Glen & volunteer to lead an outing)*

**MEETS MONTHLY:** 1<sup>st</sup> Monday at Perkins Restaurant, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 6:45 pm

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Hike information unavailable at press time

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## MEMPHIS CHAPTER

**CHAPTER CHAIR:** Charlie Bright 901-829-4434  
*memphis@tennesseetrails.org*

**VICE-CHAIR:** Francis Ruffin 662-701-6284  
*memphisvice@tennesseetrails.org*

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Hike information unavailable at press time.

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## TTA 2014 CALENDAR

The following dates in 2014 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

### THIRD QUARTER

Aug 2 ..... Board of Directors' Quarterly Meeting , REI, Brentwood, 1 pm to 5 pm CT

Sep 6 ..... National Planting Day – 3rd Anniversary (Organized by Keep TN Beautiful)

Sep 14-20 ..... Bike Ride Across TN (B.R.A.T.) – 25th Anniversary

Sep 27 ..... National Public Lands Day (Statewide)

### FOURTH QUARTER

Oct 24-26 ..... TTA's Annual Meeting; Montgomery Bell State Park; hosted by Nashville Chapter

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## MURFREESBORO CHAPTER

**CHAPTER CHAIR:** Sara Pollard 615-714-3610  
*murfreesoroboro@tennesseetrails.org*

**TREASURER** Ann Jacobs 615-896-3935  
*murfreesoroborotreas@tennesseetrails.org*

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Veterans Parkway, Murfreesboro

**BLOG:** [www.tennesseetrails.org/blog/murfreesoroboro](http://www.tennesseetrails.org/blog/murfreesoroboro)

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**Jul 8 – Chapter Meeting.** Almost two years ago, Joe and Maribeth Hagan took leaves from their jobs and flew with their boots and backpacks to Europe. On September 20, 2012, they walked out of the tiny village of St. Jean Pied de Port, France following the ancient El Camino de Santiago (The Way of St. James). Over the next 44 days, they walked 548 miles over the Pyrenees, and across northern Spain to Finisterre (The End of the World). Along the way, they endured painful feet, saw beautiful countryside, met fascinating people from all over the world, and gained a new perspective on life. Joe and Maribeth will tell us their story. Come join us!

**Jul 19 – Narrows of the Harpeth River Float. Joint Outing with the Highland Rim Chapter.** See Highland Rim's description of this event. To register and for carpool information from Murfreesboro, contact Sara Pollard at 615-714-3610 or *sarabpollard@gmail.com*.

**Jul 26 – Rock Island State Park Hike & Swim. 5 miles. Moderate.** Rock Island State Park is centered on a peninsula created by the confluence of the Collins and Caney Fork Rivers. We'll hike the 1.6 miles downstream trail that goes by Twin Falls, the Blue Hole and also a side trail that leads to a rock house. Then we'll drive to the other side of the river to visit the Great Falls Overlook, Great Falls Cotton Mill and the spring castle. The 1890's "castle" is a larger version of the spring house and was used by the cotton mill workers for refrigeration. We'll also hike the 3 mile Collins River trail and see an old cemetery and home site. Pack a lunch and we'll just enjoy a relaxing day exploring this historical park. If you don't want to swim, then you'll have the opportunity to put your feet in the water to cool off. To register and for carpool information, contact Sara Pollard at 615-714-3610 or *sarabpollard@gmail.com*.

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## NASHVILLE CHAPTER

**CHAPTER CHAIR:** Doug Burroughs 615-283-0507  
*nashville@tennesseetrails.org*

**OUTINGS COORDINATOR:** Nancy Juodenas 615-319-8811  
*nashvillehikes@tennesseetrails.org*  
*(email Nancy & volunteer to lead an outing)*

**MEETS MONTHLY:** 4<sup>th</sup> Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: [www.tennesseetrails.org/nashville.php](http://www.tennesseetrails.org/nashville.php)

**BLOG:** [www.tennesseetrails.org/blog/nashville](http://www.tennesseetrails.org/blog/nashville)

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**Jul 12 - Laurel-Snow Pocket Wilderness, Dayton, TN. 10 miles. Moderate. Joint hike with East Tennessee Chapter.** This joint hike will be led by Carolyn Reeves. Those departing from Nashville and wishing to carpool, call Nancy Juodenas at 615-319-8811 or e-mail *njuodenas@yahoo.com* for meeting time and place. Otherwise, meeting time and place in Dayton is at the Rite-Aid on Hwy #27 at 9:00 am ET.

**Jul 19 – Burgess Falls State Natural Area, near Cookeville, TN AND Rock Island State Park, near McMinnville, TN. 3 miles. Easy.** A "Two-fer-One" outing for Tennessee Trails Association members and also open to all guests. This adventure will be a waterfall extravaganza – plus a picnic lunch – plus ice cream – plus splashing your bare feet in the water! Some awe-inspiring natural sights await us. Burgess Falls includes three waterfalls, the largest being a massive 136 falls and spectacular sight. We will venture down metal stairs and do a minor rock-scramble to the base of Big Falls and into cool mist for a refreshing morning break. This is a short trail (1.5 miles round-trip). Then onward! We caravan 30 minutes to Rock Island State Park. For our trail lunch we will walk down into the Caney River Gorge and follow the ancient rocky river bed a short ways, admiring the views and stopping for a picnic lunch here along the ledges. The water rushes and roars along through here usually! Then out and picture taking at "witches' castle". Our day will conclude with a short drive around to Power House Road for a hike of Rock Island's Downstream Trail. This is 1.6 miles and features a unique view of 80-foot waterfalls pouring out of limestone bluffs and splashing into the river. Meet at 9:30 am CT, Burgess Falls parking lot. Bring water shoes for optional creek wading at times. Overnight camping opportunities are nearby at Rock Island State Park where we finish up. Burgess Falls website: <http://www.tn.gov/environment/na/natareas/burgess/>. Rock Island website: <http://tn.gov/environment/parks/RockIsland/>. For more information contact Tom Vickstrom at 615-405-6713 or *tomzinger55@gmail.com*. Directions to Burgess Falls: From I-40 take Exit 286, (close to the Cookeville Exit 287) then head south approx 12 miles on Rte 135 Burgess Falls Road & follow signage.

**Jul 23 - Richland Creek Greenway After-Dinner Walk.** Easy pavement walk of approximately 3.5 miles. Meet at the greenway trailhead behind Target / Steinmart on Whitebridge Road at 6:30 pm CT. Wear your walking shoes and clothes appropriate for the weather, and bring some water. Always an after-hike option: Bobbie's Dairy Dip for soft serve ice cream! Contact Doug Burroughs at 615-587-0085 or *dougburroughs@tennessee.usa.com* for more information and to register.

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## NORTHWEST Chapter

### (UT at Martin / Weakley County)

**CHAPTER CHAIR:** Scott M. Pun 731-881-7316  
*northwest@tennesseetrails.org*

**TREASURER:** Sandy Davis 731-587-9134  
*northwesttreas@tennesseetrails.org*

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT during the academic year (Feb-Apr and Sep-Dec) on the UT Campus in the Paul Meek Library, Rm 120, Media Services B1

Hike information unavailable at press time.

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## PLATEAU CHAPTER (Crossville)

**CHAPTER CHAIR:** Cheryl Heckler 931-456-6437  
*plateau@tennesseetrails.org*

**TREASURER:** June Parker 615-945-7462  
Bill Quattrociocchi 931-484-4230  
*plateautreas@tennesseetrails.org*

**MEETS MONTHLY:** 2nd Thursday at 6:30 pm CT  
**BLOG:** [www.tennesseetrails.org/blog/plateau](http://www.tennesseetrails.org/blog/plateau)

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There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information, contact Bill Harris at 931-484-9152 or visit the Plateau Chapter Blog. Rain cancels.

### No Chapter Meeting in July.

**Jul 19 – Road Prong Trail, Great Smoky Mountain NP, Gatlinburg, TN. 5 miles. Moderate.** This hike will start on the Chimney Tops trail for a 200 feet elevation gain in 0.9 mile before continuing on the Road Prong Trail along the Road Prong creek. We will hike and gain another 800 feet for 1.6 miles following the Road Prong creek ascending through blooming rosebay rhododendron with views of several impressive cascades and small waterfalls before reaching a turnaround point where we retrace our steps. Meet at the SW corner of Vanity Fair parking lot at 7:00 am CT. For more information and to register, contact Cheryl Heckler at 931-200-7436 or by email at [thehecklers@charter.net](mailto:thehecklers@charter.net).

**Jul 26 – Twin Arches Loop Hike, Big South Fork, Jamestown, TN. 5 miles. Moderate.** This is a moderately strenuous hike due to the flights of stairs and the continual climb from Charit Creek. These two arches are the largest arches in the Big South Fork and quite possibly in the Eastern United States. The South Arch is the highest at 100 feet. After visiting the arches, we pass through several huge rock houses along the base of the cliffs as we wind our way to Jake's Place, the remains of a mid-1800's house and farm. Then we follow the creek to Charit Creek lodge where we will eat lunch. We ascend 500 ft. in almost a mile as we climb from Charit Creek past the arches and to the trailhead. Bring water, snack, lunch, and hiking boots. Depart the parking lot behind Crossville Cracker Barrel at 7:00 am CT. For information and to register contact Bill Harris at 931-484-9152.

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## SODDY-DAISY CHAPTER

**CHAPTER CO-CHAIRS:** Ed & Donna Pyers 423-344-9271  
*soddydaisy@tennesseetrails.org*

**HIKE COORDINATOR:** George Bonneau 423-842-3619  
*soddydaisyhikes@tennesseetrails.org*

**TREASURER:** Bob McGavock 423-843-4646  
*soddydaisytreas@tennesseetrails.org*

**MEETS QUARTERLY:** 1st Tuesday in Jan, Apr, Jul, Oct at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson

*Additional information may be seen at our web site:  
<http://www.tennesseetrails.org/blog/soddydaisy>*

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**Jul 1 – Raccoon Mountain. 4 miles. Moderate.** Meet at Bi-Lo parking lot in Red Bank at 8 am ET. Hike leader: George Bonneau.

**Jul 5 – Cloudland Canyon. 6 miles. Moderate to strenuous.** Meet at Bi-Lo parking lot in Red Bank at 8 am ET. Hike leader: George Bonneau.

**Jul 8 – Stringer's Ridge. 4 miles. Easy to moderate.** Meet at Bi-Lo parking lot in Red Bank at 8 am ET. Hike leader: George Bonneau.

**Jul 12 – Booker T. Washington. 7 miles. Easy to moderate.** Meet at Target parking lot on Hwy 153 at 8 am ET. Hike leader: Boodie Fox 423-842-1178.

**Jul 15 – Enterprise South. 4 miles. Easy.** Meet at Target parking lot on Hwy 153 at 8 am ET. Hike leader: Donna Myers, [pyersd@yahoo.com](mailto:pyersd@yahoo.com) or 423-344-9271.

**Jul 19 – Savage Gulf. 10 miles. Moderate to strenuous.** Meet at Durham Street parking lot in Soddy Daisy at 8 am ET. Be sure to bring a lunch. Hike leader: Bob McGavock, [kopperkitters@yahoo.com](mailto:kopperkitters@yahoo.com), 423-667-2960.

**Jul 22 - River Walk 4 miles. Easy.** Meet at BoatHouse at 8 am ET. Hike leader: Bob McGavock, [kopperkitters@yahoo.com](mailto:kopperkitters@yahoo.com), 423-667-2960.

**Jul 26 – North Chickamauga to Stevens Camp Ground and back. 9 miles. Strenuous.** Meet at WalMart parking lot in Soddy at 8 am ET. Be sure to bring a lunch. Hike leader: Larry Hill - [larrythill@gmail.com](mailto:larrythill@gmail.com), 423-240-6116.

**Jul 29 – Harrison Bay State Park. 4-1/2 miles. Easy.** Meet at Target parking lot on Hwy 153 at 8 am ET. Hike leader: Ed Pyers, [pyersd@yahoo.com](mailto:pyersd@yahoo.com), 423-344-9271.

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## SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Jane Hamm 615-757-3331  
Gayle Livingston 615-264-2940  
[sumner@tennesseetrails.org](mailto:sumner@tennesseetrails.org)

MEETS MONTHLY: 1<sup>st</sup> Tuesday at 7:00 pm CT,  
Hendersonville First United Methodist Church, 217  
E. Main St. Hendersonville, TN

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No chapter meeting this month.

**Jul 10 - Moss Wright Park, Goodlettsville. 2.5 Fitness Walk. Easy.** Please meet at 9:15 am CT at Moss Wright Park at the trailhead in the parking lot adjacent to Mansker's Fort. We'll walk the beautiful perimeter trail - out and back along the banks of Mansker and Madison creeks. The route is fully paved, and we'll walk at a moderate pace to complete the route in an hour and 15 minutes (approximately). Please wear supportive athletic shoes and clothes appropriate for the warm weather. Everyone should bring water and any desired snacks. Bad weather will cancel. Please note: Park rules prohibit dogs and bikes on the walking trails. We'll plan to go to an early lunch after the hike at Chef's Market on Conference Dr. For questions, directions, or additional info please contact Lea Whitton at [whittonm@realtracs.com](mailto:whittonm@realtracs.com) or 615-289-4842.

**Jul 19 - Narrows of the Harpeth. 2 miles. Easy.** The Harpeth River in a 5 mile (almost) loop, nearly curves back on itself. Back in the early 1800's Montgomery Bell, using slave labor, dug a 290 foot tunnel through the bluff to bring water to power a mill to support his iron ore operation. Although the mill is gone the tunnel is still there and a nice waterfall can be seen on the downstream side of the tunnel. This historical hike will take us along the river to the site of the mill, then we will backtrack and proceed to the upstream side of the tunnel to see where the water enters - then ascend to the bluff for some awesome views. After the hike we'll have lunch at Carl's Perfect Pig. Meet at the Presbyterian Church in Hendersonville at 9 am CT or at the trailhead at the Harris-Street Bridge at 10 am CT. For further info contact Tunnel Boy at [ballallenger@aol.com](mailto:ballallenger@aol.com) or 615-347-2623.

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## UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR: Louise Miniard 931-528-9115  
[uppercumberland@tennesseetrails.org](mailto:uppercumberland@tennesseetrails.org)

HIKE COORDINATOR: Kathleen Sullivan 931-284-7822  
[uppercumberlandhikes@tennesseetrails.org](mailto:uppercumberlandhikes@tennesseetrails.org)

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**Jul 26 - Mt. LeConte, Great Smoky Mountains National Park, Gatlinburg, TN. 13 miles. Strenuous.** We will hike a section of the Appalachian Trail to its junction with the Boulevard Trail, which makes a gradual ascent of Mt. LeConte along a crooked ridge connecting the mountain to the main Appalachian chain. As the elevation never drops below 5000 feet on the ascent, temperatures should be pleasant. We will descend by way of the spectacular Alum Cave Bluff Trail. There are many excellent viewpoints along the Boulevard and Alum Cave Trails. You can meet us at 7:00 am CT in the Penney's parking lot in Cookeville. Bring snacks, water, lunch, and hiking boots. For information and to register contact Richard Savage at 931-526-2035 or [savage\\_richard@hotmail.com](mailto:savage_richard@hotmail.com).

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## TTA AWARDS NOMINATIONS

The TTA Board is seeking nominations for the TTA awards to be presented at the annual meeting in October. We annually present the Tennessee Trails Award and the Bill Stutz Awards. The Bob Brown Lifetime Achievement Award is awarded periodically to those with a lifetime of leadership and extraordinary contributions.

Please send written nominations for the TTA awards to a chapter chair or to one of the TTA officers. Nominations should include contact information for the person making the nomination, a full name and address of the nominee and a paragraph stating why the person should be nominated for the award.

**Tennessee Trails Award.** This award is presented for outstanding contributions to the Association or for the furtherance of trails and natural resource programs and opportunities within Tennessee.

**Bill Stutz Award.** The Association gives this award in honor of the late Bill Stutz, past TTA member and beloved hiker. Any chapter (or voting member) can make a nomination to the Board for the recipient of this award. The award is to be presented to an active hiker for his or her individual contribution to the Association or one its chapters.

**Bob Brown Lifetime Achievement Award.** The Board of Directors of the Association established this award to honor the extraordinary lifetime leadership and personal contributions of Bob Brown to hiking and conservation in the State of Tennessee. The Board may give a Bob Brown Award from time to time to others for lifetime leadership and contributions that it finds equally extraordinary.

## TTA ANNUAL MEETING 2014 – HIKING AND HISTORY

October 24-26, 2014 are the dates for our next annual meeting, headquartered at historic Montgomery Bell State Park. This storied location was the scene of events that affected the course of the future for much of Tennessee, and the hikes we'll take there and in other areas nearby have a wealth of lore as well. Read about some of the hikes we're planning and make your plans to be there!

**Beaman Park. Combination of Henry Hollow loop, 2 miles, Highland Trail, 4 miles, and Sedge Trail, .7 miles.** Features a rugged landscape of Highland Rim forest, steep slopes, narrow hollows, streams, waterfalls and drier ridge tops.

**Bicentennial Mall State Park.** With just a simple walk in the 19-acre park visitors can experience many facets of Tennessee's history including a 200-foot-long granite map of the state that you can walk on, a World War II Memorial, a 95-bell carillon, a Pathway of History and the Rivers of Tennessee Fountains. The 11 planters along the Walkway of Counties show native plants species from different regions of the state.

**Bowie Nature Park, 8-mile loop.** Within the park are 17 miles of winding trails which move the traveler through several ecosystems including wetlands, grasslands, pine forest, oak/hickory forest, riparian and lowland bottomland wetlands. The nature center offers the opportunity for park visitors to learn more about Bowie Nature Park itself with nature exhibits, brochures and art.

**Cumberland River Bicentennial Trail. (1)** Bring your bike and ride on this 4-mile paved rail/trail which follows a converted rail bed and features hardwood forests, old railroad bridges over creeks and marshland. A highlight is a long steel framed trestle bridge that spans Sycamore Creek. **(2)** Eagle Pass section, 5 mile round trip hike is a continuation of the paved trail, becoming compacted gravel and passing an eagle's nest. Terminus is the Cheatham Dam campground.

**Downtown Nashville historical and urban hike. 4 miles.** This will include the state capitol, civil war sites, honky tonk district, river views, new convention center and various architectural gems.

**Fort Donelson Battlefield Loop. 6 miles.** The tour at Fort Donelson National Battlefield is self-guided. A park brochure explains the six-mile, tour. The visitor center contains a museum with Civil War artifacts, an exhibit about the Underground Railroad in America, and new exhibits, exploring the legacy of the Civil War. The orientation film **Fort Donelson: Gateway to the Confederate Heartland** engages visitors with a storyline that draws on the lifelong friendship between Union General Ulysses S. Grant and Confederate General Simon B. Buckner.

**Long Hunter State Park, Volunteer Day Loop. 4 miles.** A walk in the woods, with bluffs overlooking the shores of J. Percy Priest Lake.

**Montgomery Bell State Park. Combinations of overnight trail, 10.5-mile loop, Ore Pit, Wildcat, and Creech Hollow trails.** This park has a great combination of history, wooded terrain, and lakes. And you're close to your lodgings – easy commute!

**Mousetail Landing. Overnight Trail, 8 miles.** Traverses hillsides, crosses gullies, streams and wooden bridges. Passes through open cedar glades, and deciduous forests, paralleling the Tennessee River for stretches, with some breathtaking views.

**Natchez Trace Historical and Waterfall Outing.** Includes Devil's Backbone State Natural Area: 3 mile moderate loop with a great variety of trees in autumn dress; Meriwether Lewis Monument and gravesite. 1 1/2 mile loop of original Natchez Trace. Fall Hollow, walk a short distance to two waterfalls; Jackson Falls hike - 1/2 mile on a paved walkway; and the Gordon House a short hike to a historical house and ferry crossing.

**Natchez Trace State Park. Cub Lake Trail, 4-mile loop.** This is a pleasant lakefront stroll, and a good trail for viewing the fall colors. It circles Cub Creek Lake with several short hills and flatter areas.

**Nathan Bedford Forrest State Park. 10-mile loop** which includes Pilot Knob, the highest point in west Tennessee and great views of Kentucky Lake. Includes a visit to the park's Folklife Center.

**Percy Warner Park. Nashville. Warner Woods Trail, 2.5-mile loop.** This trail is in the heavily wooded interior section of the park, with some lowland sections and rolling hills. We'll also hike on the Mossy Ridge Trail 4.5 mile loop. It winds up and down wooded hills and hollows, crossing springs and open meadows, hardwood forests and cedar ridges.

**Shelby Bottoms. 4 to 8 miles.** This oasis in the city with paved and unpaved trails offers a landscape of rich river bottom land, boardwalks over streams and wetlands and overlooks of the Cumberland River. Migrating birds make this area one of their waystops.

**COME HIKE WITH US!**



**2014 Annual Meeting  
October 24 – 26, 2014  
Montgomery Bell State Park (Burns TN)**

**REGISTRATION FORM  
DUE ON OR BEFORE  
Monday, September 8, 2014**

Please provide the name of each member of your family attending.

Name:		Name:		Name:	
Address:			City:	State:	Zip:
Telephone – Day:		Night:	Email:		Chapter:

**Lodging reservation and payment will need to be arranged by you directly with Montgomery Bell State Park. A block of Inn Rooms and Cabins will be held until midnight Monday September 8. After this time, the Park will release the unreserved rooms to the general public (and no longer offer the discounts quoted to TTA).**

**For INN ROOMS and CABINS**, phone the Inn & Conference Center directly to make your reservation (615-797-3101 or 800-250-8613). **Provide the reservationist our GROUP CODE 6870** to receive special discount pricing on the Cabins and Inn Rooms. **Cabins** (there are only 8 cabins; each have 2 bd; 2 bath. 1 rm w/2Q; 1 rm w/1K); **requires** a 2-night minimum stay and a deposit of one night's stay (\$177.86/night; includes the tax). **Inn Rooms** (some have 1K; some have 2Q) do not require a 2-night minimum but a deposit of one full night's stay is required (\$89.51/night; includes the tax). If applicable, remember to ask if there are discounts available for Seniors, Veterans and Tennessee State Employees.

**For the CAMPGROUND**, phone the Park's Office at 615-797-9052. All sites come with BBQ grill, fire ring, picnic table and access to the bath house (showers with hot water). RV sites with water and electricity are \$25\*/night; RV sites with just water are \$20\*/night; tents may stay on an RV site for the same price of the RV. But there are many "primitive" tent-only sites without water and electricity and they are \$11\*/night. (There will be a 1-time reservation fee of \$3 added to your reservation.) A campground map can be found at: <https://tnstateparks.itinio.com/montgomery-bell>

<b>MEALS:</b> Each meal may be ordered separately.			
<b>DINNER</b>	<b>FRIDAY BUFFET - Seafood Themed</b> <i>(i.e., shrimp, catfish, frog legs)</i>	# of people _____ x \$20.00pp	\$
	<b>SATURDAY BUFFET - Steak Themed</b> <i>(i.e., steak, ribs)</i>	# of people _____ x \$20.00pp	\$
<b>BREAKFAST</b>	<b>SATURDAY BUFFET</b>	# of people _____ x \$12.00pp	\$
	<b>SUNDAY BUFFET</b>	# of people _____ x \$12.00pp	\$
<b>TRAIL LUNCH</b> <i>(circle selection)</i>	<b>SATURDAY - Turkey or Vegetarian</b> <i>Sandwich comes with chips, 2 cookies, fruit and beverage</i>	# of people _____ x \$10.00pp	\$
	<b>SUNDAY - Turkey or Vegetarian</b> <i>Sandwich comes with chips, 2 cookies, fruit and beverage</i>	# of people _____ x \$10.00pp	\$
<b>MEAL COSTS TOTAL:</b>			<b>\$</b>

**EARLY REGISTRATION FEE** (registrations postmarked on or before Sept 8) # of people \_\_\_\_ X \$35 = Total \_\_\_\_\_

*(The full amount is required of each participant, regardless of the number of days attending.)*

**LATE REGISTRATION FEE** (registrations postmarked on or after Sept 9) # of people \_\_\_\_ X \$45 = Total \_\_\_\_\_

**Yes, I would like to make a donation to support TTA's:**

**Evan Means Small Grants Fund\*\***

Donation \$ \_\_\_\_\_

\*\* This program, created in memory of Evan Means, a founding member of TTA, funds trail related projects across the state and is open to TTA chapters, as well as to other non-profit, volunteer based organizations. TTA's normal cycle is to accept grant requests during the fourth quarter of each year, and then announce the awards the following February. More information may be found on TTA's website.

**TTA's Technology / Communication Enhancement\*\*\***

Donation \$ \_\_\_\_\_

\*\*\* TTA's Board of Directors has been exploring options for enhancing its technology and avenues of communications. The initial launch is expected to require a fairly large outlay of money. After the initial launch the costs should be minimal.

**TOTAL ENCLOSED \$** \_\_\_\_\_

Please complete this Registration Form; attach a check made payable to **TTA Nashville Chapter**; and, mail them to:

Tennessee Trails Association c/o Diane Manas  
716 Mount Carmel Place Nashville, TN 37205-3587

Need more information? Contact Diane Manas at 615-351-6431 or [DManasHikes@comcast.net](mailto:DManasHikes@comcast.net)

An email confirmation or postcard will be sent to you at the time your check and registration are processed.

**REFUND POLICY: All cancellations and requests for a refund must be in writing. No refunds will be made after October 9, 2014. Persons canceling before October 9 will be refunded in full, less the \$35 (or \$45) Registration Fee.**

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**  
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.  
**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .**

- A NEW MEMBER**  
 **RENEWING MY MEMBERSHIP**

Jul 14

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

Memberships are for one year, unless you have a Lifetime Membership.  
Gift Memberships are also available. Contact our Membership Director,  
Tim Townley 731-607-0512 [membership@tennesseetrails.org](mailto:membership@tennesseetrails.org)

**PLEASE, PRINT CLEARLY.**

- \_\_\_ Individual \$25.00  
\_\_\_ Family \$35.00  
\_\_\_ Student (FULL TIME) \$15.00  
\_\_\_ Supporting (\$50.00, \$100.00 or more)  
\_\_\_ Life Member (Individual) \$500.00  
\_\_\_ Life Member (Family) \$750.00

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
Home Phone (\_\_\_\_) \_\_\_\_\_ Zip \_\_\_\_\_ -- \_\_\_\_\_  
Work Phone (\_\_\_\_) \_\_\_\_\_  
e-mail \_\_\_\_\_

- Please do not list my e-mail address in the TTA Annual Membership Directory  
 I would like to receive my newsletter by email.

\*\* **CTC Membership\*\* \*\*\$5.00\*\***

\*\* *Special \$5.00 rate for membership in Cumberland Trail Conference if you also are joining TTA or renewing your TTA membership. CTC is building the Cumberland Trail, which will go from Chattanooga to Cumberland Gap. Over 185 miles are now complete and open for hiking. More information can be found at [www.cumberlandtrail.org](http://www.cumberlandtrail.org). Please consider enhancing your commitment to Tennessee's great trails by joining the CTC.*

Please list me with the following chapter:

- |   |  |
|---|--|
| ___ Clarksville                         | ___ Murfreesboro                         |
| ___ Columbia/Franklin                   | ___ Nashville                            |
| ___ Cove Lake                           | ___ Northwest (UT at Martin/Weakley)     |
| ___ Dyer County                         | ___ Plateau (Crossville)                 |
| ___ East TN (Oak Ridge/Knoxville)       | ___ Soddy Daisy                          |
| ___ Highland Rim (Manchester/Tullahoma) | ___ Sumner Trails (Sumner County)        |
| ___ Jackson                             | ___ Upper Cumberland (Sparta/Cookeville) |
| ___ Memphis                             | ___ At Large                             |

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - C.T.C. and T.R.A.C. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

**As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.**