

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



TTA Quarterly Board Meeting
February 1, 2014
1:00 pm CT to 4:30 pm CT
REI Community Room
260 Franklin Rd.
Brentwood, TN

Members are always welcome to attend. Submissions for the Evan Means grants will be reviewed. The meeting also includes reports by each chapter and regional representative, a wrap-up of the 2013 Annual Meeting as well as a report on the upcoming 2014 Annual Meeting.

If you would like to take in a hike (there will be enough time to get lunch before the meeting), see the Feb 1 hike description listed under the Nashville Chapter.

Come Hike With Us; and, See, Hear, and Learn about TTA at the Quarterly Board Meeting.

**CUMBERLAND TRAIL STATE SCENIC
TRAIL**
200 Park Road
Caryville, TN 37714

Hike on the Cumberland Trail
Rock Creek Section
7.8 moderate miles
February 1

If you are new to TTA or have not hiked this section, join State Park Trails Administrator Mark Stanfill on an introduction to the Cumberland Trail. This hike starts on top of the plateau and ascends into beautiful Rock Creek Gorge where the trail follows the creek. We will meet at the Lower Leggett trail head at 9 am ET and shuttle to the Retro Hugh's trail then hike back to the vehicles. Call or email to register or for information. Limit to 10 hikers. Cell 615-574-5176 or mark.stanfill@tn.gov.

Volunteer Day
February 8

Join park staff and other volunteers to help complete the Cumberland Trail. We will be building new trail or performing trail maintenance on the Cumberland Mountain Segment in Campbell County. Volunteers will meet at the CTSSST North Office in Cove Lake State Park at 9:00 am ET. Wear boots and bring lunch, water, and gloves. Call the park office to register or information. Cell 615 574-5176 or mark.stanfill@tn.gov.





Office Location 409 Thurman Avenue, Ste 102
Crossville, TN 38555
 Office Hours8am-2pm CT
 Phone:931-456-6259
 Fax:931-456-4934
 Email: cumberlandtrail@rocketmail.com
 Website: www.cumberlandtrail.org

To learn about volunteer opportunities, please contact Marleya at the CTC office.

CONGRATULATIONS MERRI & PETE

It doesn't happen often. That is, a snow-blanketed wedding in the woods. Even by TTA members. Well, it happened here in Clarksville. On January 2, 2014, Pete Rajaniemi and Merri Baugh (former Clarksville Chapter Chair) exchanged vows on an ice-encrusted bridge at Clarksville's Rotary Park. The happy couple, accompanied by nearly 30 well-wishers, hiked down a snowy trail to the wedding site. County Commissioner Joe Creek officiated as the party braved wind chill temperatures in the low teens. After the ceremony, the newlyweds rushed through a hail of birdseed. Then the party moved to a more hospitable clime, nearby Don Ponchos Mexican Restaurant, where spirits (and numbed limbs) were restored with help of some hot spicy food--and a few Dos Equis libations, tempered by generous slices of a magnificent wedding cake. A memorable day!



CLARKSVILLE CHAPTER

CHAPTER CHAIR: J.R. Tate 931-920-2692
clarksville@tennesseetrails.org
CHAPTER VICE-CHAIR: Ken Johnson 931-802-6343
clarksville@tennesseetrails.org
TREASURER: Chris Everett 931-494-8038
clarksvilletreas@tennesseetrails.org
SECRETARY: Pam Gadsey 931-552-2325
clarksvillesecy@tennesseetrails.org
OUTINGS COORDINATOR: Paul Schwab 931-645-9068
clarksvillehikes@tennesseetrails.org

(call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT,
 Crow Community Center, 211 Richview Rd.
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/clarksville>

Feb 1 - Clarksville Greenway. 5.2 or 9.2 miles. Easy to moderate. Kathy Robertson 931-216-5797. Meet 8:30 am CT at the end of Pollard Road.

Feb 8 - Percy Warner Park, Warner Woods Trail, 2.5 miles, moderate; and Harpeth Woods Trail, 2.5 miles, easy. Suva Bastin 931-645-2849. Meet 8:00 am CT, I 24 Exit 11 commuter parking lot. 50 miles to trailhead.

Feb 15 - Fort Donelson National Battlefield , hike around the battlefield and out and back to the Fort Donelson National Cemetery. 5.5 miles. Moderate. J.R.Tate 931-920-2692. Meet 8:00 am CT, at Kroger parking area, Dover Crossing Road, Clarksville. 29 miles to trailhead.

Feb 22 - Indian Town Bluff, near Ashland City, TN. 5 miles. Moderate. John Sneed 931-920-3828. Meet 8:30 am CT, Madison Street Kmart, Clarksville, TN. 28 miles to the trailhead.

Each month TTA offers opportunities to volunteer – be it leading hikes, organizing events, fundraising, leadership on the Board – if you’ve never volunteered to help before, how about it in 2014?

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR: Marvin Caine 931-486-1632
columbia@tennesseetrails.org
PROGRAM COORDINATOR: Ellen Clark 615-595-2640
columbiaprog@tennesseetrails.org
HIKE COORDINATOR: Jane Coffey 615-516-6551
columbiahikes@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

Feb 1 - Cane Connector Trail and Mossy Ridge Trail, Edwin and Percy Warner Parks, Nashville, TN. 6.5+ miles. Easy to moderate. The Warner Parks are managed by the Metropolitan Board of Parks and Recreation of Nashville and Davidson County and are the largest municipally administered parks in Tennessee. Together, they span 2,684 acres of forest and field, 9 miles from downtown Nashville. They are also an important historical community resource listed in the National Register of Historic Places. Bring water, sturdy hiking boots, and lunch for the trail. We will meet behind McDonalds 4908 Main Street (Hwy 31) on the north side of Spring Hill at 7:45 am CT and leave promptly at 8:00 am. For those who would like to meet at the Park, we can meet at the Nature Center at Edwin Warner Park at 8:45 am. We will go to Marvin's favorite restaurant after the hike for a bite to eat. For more information and to register, please contact Jane Coffey at *jecoffey0644@charter.net* or 615-516-6551.

Feb 4 - Chapter Meeting. Tommy Haskins will give a presentation on the geology of Tennessee. The underlying geology controls the development of landforms or physiographic provinces and water courses. This should help the hiker understand the terrain traversed by trails in the 5 different physiographic provinces within the Tennessee boundaries. Representative trails located within each province will be highlighted and discussed.

Feb 15 - Highland Trail, Beaman Park (northwest Davidson County), Nashville, TN. 6.3 miles. Moderate. We will hike the first half of the Henry Hollow Loop Trail (about 1 mile) and then pick up the Highland Trail which is a 4.2 mile, out-and-back trail. We'll reconnect with the rest of the Henry Hollow Loop Trail (another 1 mile) and return. We'll be too early for most wildflowers, but steep ravines and the scenery along the Highland Rim should be clearly observable. Bring water, snacks, warm clothes, and a change of clothes for after the hike. We will leave from the Concord Road parking area (Civitan lot, address 8013 Concord Road, Brentwood, TN) promptly at 8:00 am CT. Please confirm with Rick Lausten, email *saturncar1@aol.com* or cell phone 615-516-1417.

COVE LAKE HIKING CHAPTER

This chapter is in the process of being reorganized.

For further information, contact Levonn Hubbard at 931-707-1020 or *eastregional@tennesseetrails.org*. In the interim, you are welcome to attend (13 to select from) other chapters' outings, events and meetings.

DYER COUNTY CHAPTER

This chapter is in the process of being reorganized.

For further information, contact Graydon Swisher at 901-737-3114 or *westregional@tennesseetrails.org*. In the interim, you are welcome to attend (13 to select from) other chapters' outings, events and meetings.

Joining TTA as a New Member? Membership Up For Renewal? Your Generosity Benefits All !

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

In the past, Supporting Member donations in excess of the regular dues were allocated to TTA's general operating fund. During the 2001 Annual Meeting, TTA's Board of Directors voted to allocate Supporting Member donations to the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-951-8317
easttennessee@tennesseetrails.org
VICE-CHAIR: Elise Eustace 865-201-5806
easttennessee@tennesseetrails.org

Feb 15 - Bird Mountain Loop, Frozen Head State Park. 8 miles. Moderate. We will meet at 9:00 am ET at Big Cove Campground and hike along the Tower Road for 3 miles and reach Bird Mountain. We will then go left at the junction and hike along the Cumberland Trail (along the ridges of Bird Mountain). We will then see Castle Rock and lots of scenic bluffs. We will then begin our descent after taking a lunch break. The descent includes several switchbacks down to the intersection of Tower Road. At that point, we are 1/4 mile from Big Cove Campground where we began our hike. Preregister with Carolyn Reeves at 865-717-3528.

Feb 22 - Great Smoky Mountains National Park, Laurel Falls & Cove Mountain Trail. 12.5 miles. Strenuous. After dropping a car at park headquarters, we will start at the popular Laurel Falls Trailhead. The first 1.3 miles to the falls is paved and the route features many views. After stopping for photos, we'll leave the crowds behind and start a 2.7 mile trek to the top of Cove Mountain. On the way there, we get to walk through a canopy of rhododendron and check out several views. At 1.8 past the falls, we intersect with the Little Greenbrier Trail and stop for a break. The last mile we pass through a virgin forest and marvel at the huge tulip trees. At the top we take a short detour to get to the peak and the 60-foot fire tower (approx 4,000 ft). These days the tower is used as an air quality monitoring station. From here, most of our hike is down hill (no pun intended) and should be a nice walk since the trail is wide and grassy. For part of the way, Gatlinburg & development is on the left and the park is on the right giving us great appreciation that the park is here. We reach Mt. Harrison at the half way point, then continue for 3.8 miles to Cataract Falls which is about 1/4 mile from park headquarters, our end point. We'll meet at 8:00 am ET at the Sugarlands Visitor Center. To join our hike, please contact Larry Marchese at 615-681-2294, or email at lmarchese2@gmail.com.

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CO-CHAIRS: Linda Hudson 931-841-0540
Naullain Kendrick 931-224-6225
highlandrim@tennesseetrails.org
SECRETARY: Carolyn Fitz 931-598-0597
highlandrimsecy@tennesseetrails.org
TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666
highlandrimtreas@tennesseetrails.org
OUTINGS & PROGRAM COORDINATOR & NEWSLETTER
CONTACT: Joan Hartvigsen 931-962-0811
highlandrimhikes@tennesseetrails.org
(contact Joan & volunteer to lead an outing)
MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W.
Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Feb 1 - The Waterfalls of Short Springs State Natural Area, Tullahoma, TN. 5 miles. Moderate. Naullain Kendrick will lead us to 60 ft. Machine Falls, two 20 ft. waterfalls, Upper Busby and Lower Busby and Adams Falls. The waterfalls will be awesome due to the abundant rainfall and possible icicles. We will loop around to hike all five trails. Bring water and lunch, hiking poles and hiking boots. Meet in the parking lot at 9:00 am CT. For more information contact Naullain at 931-224-6225 or naullain@hotmail.com.

Feb 15 - Eat-Hike-Eat Hike, Sewanee Perimeter Trail, Sewanee, TN. 4-5 miles. Moderate. This month we will start at the Forestry Cabin and hike past Rutledge Point and KA Point to Green's View. We will enjoy beautiful views of Roark's Cove Valley and celebrate reaching the halfway point around the Perimeter Trail! Meet at 9:00 am CT at the Blue Chair Restaurant in Sewanee for breakfast or 9:30 am if you just want to hike. Contact Sally Hubbard at 931-598-5338 or sally@hubbard.net to let her know you plan to hike. Bring water and snacks and hiking poles and hiking boots.

Feb 22 - "Under the Bluff" Hike. 8 miles. Strenuous, off trail. Joette Carter will lead us on a new exploratory hike. Meet at 9:00 am CT at the Walls of Jericho Tennessee EQUESTRIAN trailhead parking lot at the Tennessee-Alabama State Line. This gravel equestrian parking lot is near mile marker 30 on Hwy 16 South on the right headed toward Alabama. This challenging hike has great views, waterfalls and rock formations. Bring water, snacks and lunch. For more information contact Joette at 256-776-3551.

Highland Rim hike listings continued on next page.

Highland Rim Chapter – con't.

Feb. 22 – Virgin Falls State Natural Area. 8 miles. Strenuous. De Rossett, TN (11 miles east of Sparta). Marietta Poteet will lead this wonderful winter hike in Virgin Falls State Natural Area. We will see a spectacular display of three waterfalls, including Virgin Falls. Virgin Falls is an outstanding waterfall emerging from a cave to flow and fall 110 feet into another cave. This is a challenging, difficult eight mile hike with several descent and ascent changes totaling 1,000 ft. in elevation. Bring water, snacks, lunch, hiking poles and sturdy hiking boots. Please call Marietta at 931-924-7666 or email nannietta@blomand.net.

Feb. 24 – Chapter Meeting. We will have dinner at Fast Jack's Restaurant, 122 W. Lincoln St., Tullahoma, TN at 5:00 pm CT. Our meeting is 7:00 pm at D. W. Wilson Community Center. Randy Hedgepath, Tennessee State Naturalist, will present a program on Orienteering. Orienteering requires navigational skills using a topographical map and compass to navigate from point to point in diverse and unfamiliar terrain.

JACKSON CHAPTER

CHAPTER CHAIR: Vicky Moeller 731-668-9336
jackson@tennesseetrails.org

TREASURER: Anne Goodson 664-1556
jacksontreas@tennesseetrails.org

SECRETARY: Don Dresser 731-668-4190
jacksonsecy@tennesseetrails.org

OUTINGS COORDINATOR: Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org
(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1st Monday at Perkins Restaurant, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 6:45 pm

Feb 15 - Land Between the Lakes

Planning Ahead

Mar 1 - Cane Creek

Mar 8 - Natchez Trace SP service project

Mar 29 - Wildflower hike

Apr 12 - Natchez Trace SP Red Leaves Trail

Apr 26 - Big Hill Pond

May 10 - Camping trip to the Smokies

June 7 - National Trails Day

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
memphis@tennesseetrails.org

VICE-CHAIR: Francis Ruffin 662-701-6284
memphisvice@tennesseetrails.org

Feb 1 - Fort Pillow State Park, Henning, TN. Meet at the Park Interpretative Center at 9:30 am CT. We will hike the 7-8 mile historic loop trail over rugged hilly terrain and through hardwood forests. Trail is rated moderate to difficult because of the terrain. Bring water, lunch and snacks. Sturdy boots recommended. For more information call Cathey at 901-486-2601.

Feb 8 - Coldwater Nature Trails, Arkabutla Lake. The trail system explores the wooded bottomlands below Arkabutla Lake Dam in the Coldwater River drainage. We will leave the recreation facilities area and follow a winding track paralleling old drainage canals in big woods. We will end our hike traveling the Big Oak Nature Trail along the Coldwater River. Distance is a 4.9 mile loop. This is all flat land. Bring water and wear comfortable shoes. We will meet at the trail head at 9:30 am CT. Rain, snow or sleet will cancel the hike. Difficulty: Moderate. Hiking time: 2.5 to 3.5 hours. Hike leader Francis Ruffin, 901-573-9998. Directions: From exit 280 on Interstate 55, Hernando/Commerce Street, take Highway 304 west 1.4 miles to the Hernando town square. Continue west on Highway 304 for 10.6 more miles, to the community of Eudora, and turn left at a four-way intersection on to highway 301 south, following signs for Arkabutla Lake Dam. Go for 4.1 miles, then turn left onto Pratt Road. Continue forward for 1.8 miles, then reach the base of the dam. Turn right toward Outlet Channel. Go for 0.8 mile, then turn right, following the road to Outlet Channel. Enter circular drive and picnic recreation area, reaching the trailhead near the Outlet Channel and covered pavilion.

Feb 15 - Tour de Wolf Trail, Shelby Farms Park. Woody will lead a 6-mile easy hike along the Tour de Wolf "off road" bicycle course. This trail is not paved; so, wear sturdy shoes or boots. We will meet at the Shelby Farms Visitor Center at 9:00 am CT sharp. For information contact Woody Pierce at 901-755-5635 or woodyperce2@gmail.com.

Feb 22 - T. O. Fuller State Park Hike & Eat at Interstate BBQ. The hike will cover 4 miles of moderate to rugged terrain with some wetland. The trail includes part of the Discovery Trail of the Chucalissa Indian Village. The hike will begin at 9:30 am CT. We will break for hot chocolate! Bring water and a snack. Rain will cancel the hike. After the hike we will meet at Interstate BBQ for lunch. For more information call hike leader Francis Ruffin at 901-573-9998 or fruffin@aol.com. Directions: Go I-240 West to I-55 North, Exit 7 South to Highway 61(3rd Street) drive south approx 1 mile and turn right onto Mitchell Road, continue 3 miles west to the T.O. Fuller Park sign and turn right at the Visitor Office at 1500 Mitchell Road.

MURFREESBORO CHAPTER

CHAPTER CHAIR: Sara Pollard 615-714-3610
murfreesboro@tennesseetrails.org

TREASURER Ann Jacobs 615-896-3935
murfreesborotreas@tennesseetrails.org

OUTINGS COORDINATOR: Cathy Bingham 615-890-9791
murfreesborohikes@tennesseetrails.org

(Call Cathy & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Veterans Parkway, Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Feb 8 - Hidden Springs Loop. 5 miles. Easy. Located at Cedars of Lebanon State Park, this is an easy hike with interesting views. We will walk along terrain that will have rock ledges, dense forest and even a great cave to peer down into. This is a great hike for beginners of all ages. Contact Tony Jones awj@comcast.net or 615-397-4463.

Feb 8-9 - Backpack North Chickamauga Trail segment of the Cumberland Trail. 8.2 miles round trip, with possible extra 6.2 mile day hike. Trip starts with 4.1 miles to Stevenson's Branch campsite. Once we pitch camp, there will be an option to day hike to the other end of trail and back (6.2 miles). The next day, we will hike the 4.1 miles back to our cars. Carpool will be leaving out of Walmart parking lot on Rutherford Blvd Saturday morning at 7:30 am CT. If interested, please contact Craig McBride rutherfordvfd@gmail.com.

Feb 11 – Monthly Meeting. Come and listen to Rick Lausten, from our Columbia/Franklin Chapter, as he gives an entertaining and enlightening presentation of the four-day, three-night kayak trip that he did in the Apostle Islands last July. The Apostle Islands are part of the Apostle Islands National Lakeshore and are located in Lake Superior off the north coast of Wisconsin.

Feb 15 - Jones Mill Trail at Bryant Grove, Long Hunter State Park. 4 miles. Easy. This trail was made for mountain bikes, but also makes a good hiking trail. We will wind through cedar glades and climb Bald Knob - the highest point on Percy Priest Lake. Good boots are recommended, as some parts of this trail can be slippery. Bring water and a snack. We will be leaving from the Broad street park and ride at 9:00 am CT. If you would like to go, please contact Roy Duncan at royduncan1959@yahoo.com or text/call 615-848-5454.

Feb 22 - Barfield Park Wilderness Section. Veteran's Parkway off Hwy 231. Moderate to Easy. Joint hike with Sumner Trails Chapter. See that listing for hike details and meeting time/place. Murfreesboro Chapter members contact Mary Belle Ginanni at 615-895-6072 or mginanni@comcast.net to register.

Murfreesboro Chapter – con't

Feb 22-23 - Hobbs Cabin Backpack. 16.4 miles. Moderate. Our hike starts at the Savage Gulf Ranger Station and proceeds along the North Rim trail to Hobbs Cabin for 8.2 miles. Along the way, you will experience a series of spectacular views of Savage Gulf, including breath taking views from the top of Yellow Bluff, at an elevation of 1,800 ft. On Sunday, we'll return to Savage Gulf Ranger Station via the same trail, for a total of 16.4 miles. Please contact either Kim Williams at williams.kimberlyjo@gmail.com or Charlotte Broyles at broylescha@hotmail.com to register or for additional information.

GUIDELINES FOR SUBMITTING HIKE INFORMATION

When submitting monthly hike listings, please include the following information:

Date, trail name, location (Park, City, State), mileage, rating (easy, moderate, etc), hike description (what you may expect to see, elevation changes, obstacles that affect the hike rating), what to wear or bring, meeting time and location, and hike leader's contact information. Please identify any hikes that are multi-chapter events. Please DO NOT format the submissions (avoid bold, italics, underlining or colored text), as this slows the editorial process.

Hike descriptions are strongly encouraged, but not mandatory. A good hike description can encourage members (and prospective members) to try a new hike, but also alerts prospective hikers to outings that may be unsuitable for their level of expertise or fitness.

All submissions should be made by e-mail to editor@tennesseetrails.org. This e-mail address is automatically copied to our webmaster. All submissions MUST be received by the 10th of the month PRIOR to the hikes (i.e. March hike listings must be submitted by February 10) in order to be included in the newsletter. Late submissions will be updated on the TTA website, but have no guarantee of inclusion in the newsletter.

We will also be glad to print any hike reports, general chapter news and hike or event photographs as space permits.

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs 615-283-0507
nashville@tennesseetrails.org
OUTINGS COORDINATOR: Nancy Juodenas 615-319-8811
nashvillehikes@tennesseetrails.org

(email Nancy & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI
Community Room, 261 Franklin Road, Brentwood. For
directions, visit: www.tennesseetrails.org/nashville.php
BLOG: www.tennesseetrails.org/blog/nashville

Feb 1 - Soft-shoe walk on Main Road, Warner Parks, Nashville, TN. Pull out your soft-soled shoes; trail worthy footwear is not required. We'll be walking a paved 5.8-mile loop on a road through the Percy Warner side of Warner Parks. Although the surface below our feet will be smooth and flat, the gradient of the road in some places is not. The walk will be rated moderate due to the multiple ascents and descents we will make while the road twists and winds our way through the hollers 'n hills. A bonus - the views we will have along the way since there are no leaves to block the views. We may even see the usual ground critters and hear birds singing; and, see a deer or two. You will need to bring plenty of water to drink and some snacks to munch on. We will meet at 7:45 am CT in order to start walking by 8:00 am from the 1st picnic shelter on the right upon entering the "Deep Well" area of the park. The walk should be completed by 11:00am. To get to this first shelter in the Deep Well area of the park from Nashville: head west on Hwy 70 (aka West End Ave). In Belle Meade (after you have crossed over Woodmont Blvd, passed Publix & Kroger on the right, and the Belle Meade Mansion on the left), Hwy 70 splits. Take the left side, which puts you on Hwy 100. Go approximately 1.8 miles and turn left into the grey stone entrance. This turn is the entrance into the Deep Well area. In about 1/4-mile the picnic shelter will be on the right. We'll park here and begin our walk from this shelter. If you are on Hwy 100 and you've reach Old Hickory Blvd, you've gone too far. To register for the walk (NOTE: those that register are notified when/if a hike needs to be cancelled) or to obtain additional information, please contact Diane Manas at 615-351-6431.

Feb 8 - Hidden Springs Trail, Cedars of Lebanon State Park, Lebanon, TN. Cedars of Lebanon SP is located in an area comprised of the largest stand of Eastern Red Cedar remaining in the U.S. We will be walking through a "Cedar Glade," rocky barrens with thin soil that are extremely dry and home to many unusual plants not found in Middle TN. Although thin and rocky, the terrain on this hike is pretty much flat for the entire 4.5 miles of this hike. Along the way, we will pass several sinkholes and small cave-like openings. We may also see some of the wild turkey and/or deer. Dress appropriately for the weather, and bring snacks and water. We'll meet at 9:30 am CT at the park's visitor center and we should be finished by 12 noon. For information and/or to register, call Diane Manas at 615-351-6431.

Nashville Chapter – con't.

Feb 16 - Johnsonville Historic Trail, Johnsonville State Park, New Johnsonville TN. The Johnsonville Historic Trail is on the eastern shore of Kentucky Lake (Tennessee River). This hike is rated moderate at 8 miles and is a 1.5 hour drive from Nashville. (This will also be a preview of one of the hikes planned for the TTA Annual Meeting in October!) The park is the site of the Civil War Battle of Johnsonville in 1864 when forces under the command of Nathan Bedford Forrest attacked the Union fort and supply depot there. Bring water, snacks/lunch, boots with ankle support, and clothing appropriate for the weather that day. The park also has two shorter trails as well as a new museum and gift shop that we can consider as long as we are there. Call Doug Burroughs at 615-283-0507 for more information and to register. Meeting Place: Coley Davis Shelter Park & Ride – Near Highway 70S & I-40 in Bellevue. Meeting Time: 7:30 am CT.

Feb 22 - Warner Park, Nashville. 12 miles. Moderate for distance and hills. This hike will take you through the park on the paved road. We will pass picnic areas, golf courses, the Steeplechase course, some overlooks, and possibly get a look at the home of Rayna James from the TV program, "Nashville"! Bring snacks, water, and a lunch for a picnic along the way. We will meet at the steps at the end of Belle Meade Boulevard at 9:00 am CT. To register contact Amy Sutton at 615-739-5858 or amy109@gmail.com.

Feb 23 – Overnight Trail, near Dickson, TN. 10.5 miles. Strenuous. It is wooded terrain with some hills. The trail passes by several lakes, a historic cabin and church, and historic iron ore pits. Bring water, snacks/lunch, boots, and clothing appropriate for the weather that day. There is an option after the hike to stop for food at the State Park Inn dining room or somewhere on the way back to town. Call Karl Dupre at 615-207-2250 or karld@comcast.net for more information and to register. Meeting Place: WalMart near 7044 Charlotte Pike parking lot just north of I-40. Meeting Time: 7:00 am CT.

Feb 25 – Chapter Meeting. Chapter member Sue Biggers will share with us her adventures this past fall, when she and Garnett Rush traveled to Scandinavia. They may not have met with the Girl with the Dragon Tattoo, but Sweden and Norway offer plenty of visual excitement and we'll provide an eager audience.

NORTHWEST Chapter

(UT at Martin / Weakley County)

CHAPTER CHAIR: Scott M. Pun 731-881-7316
northwest@tennesseetrails.org

TREASURER: Sandy Davis 731-587-9134
northwesttreas@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT during the academic year (Feb-Apr and Sep-Dec) on the UT Campus in the Paul Meek Library, Rm 120, Media Services B1

Hike information unavailable at press time.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-456-6437
plateau@tennesseetrails.org

TREASURER: June Parker 615-945-7462
Bill Quattrociochi 931-484-4230
plateautreas@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:30 pm CT
BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information, contact Bill Harris at 931-484-9152 or visit the Plateau Chapter Blog. Rain cancels.

Feb 1 - Middle Creek, Slave Falls, Needle Arch Loop, Big South Fork, Jamestown. This moderate hike will be a combination of the Middle Creek loop and the Slave Falls loop for a total of 9.3 miles. On Middle Creek we will enjoy large rock overhands, rockhouses and high cliffs. On the second loop you will see the 60' Slave Falls, Needle Arch and Indian Rockhouse. Bring snacks, water, lunch, and hiking boots. Depart 8 am CT from Cracker Barrel off I-40 Crossville Exit 317. Contact Cheryl Heckler at thehecklers@charter.net or 931-456-6437 to register or for additional information.

Feb 13 - Chapter Meeting. 6:30 pm CT. First United Methodist Church Annex, 69 Neecham Street, Crossville. Program: Wildflowers & Native TN Plants by Karla Miller. Dinner at LaCosta Mexican Restaurant, 138 The Crossings, Crossville at 5 pm. Contact Chapter Chair, Cheryl Heckler at thehecklers@charter.net or 931-456-6437 for additional information

Feb 22 - Savage Gulf History Hike, Savage Gulf SNA, Beersheba Springs, TN. Joint hike with Upper Cumberland Chapter. This is a 9 to 10 mile strenuous hike which will descend into the Gulf through the Stone Door and follow the Connector Trail to its junction with the Stagecoach Road after a side trip to the lower sink of Big Creek. We then follow the Stagecoach Road to the site of the Savage Gulf School and Savage Gulf Cemetery. We will then follow old roads past the Catur Savage cabin before ascending from the gulf to meet Grassy Ridge Road. Bring hiking boots, water, snacks, and lunch. We will depart from Tractor Supply, Highland Square, Crossville at 7:15 am CT. For information and to register contact Bill Harris at 931-484-9152.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: John Politte 423- 304-8327
soddydaisy@tennesseetrails.org

HIKE COORDINATOR: George Bonneau 423-842-3619
soddydaisyhikes@tennesseetrails.org

TREASURER: Bob McGavock 423-843-4646
soddydaisytreas@tennesseetrails.org

MEETS QUARTERLY: 1st Tuesday in Jan, Apr, Jul, Oct at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson

*Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/soddydaisy>*

Feb 1 – Roaring Creek. Approximately 8 miles. Moderate. Meet at Durham Street parking lot in Soddy Daisy at 9 am ET. Hike leader: Bob McGavock 423-667-2960. Mileage: 24 RT - \$1.

Feb 3-7 – Backpacking trip from Cove Lake State Park to Frozen Head State Park. Approximately 40 miles. Strenuous. Contact George Bonneau if interested. (george.r.bonneau@gmail.com) or 423- 842- 3619.

Feb 4 – Enterprise South. Approximately 4-7 miles. Moderate. Meet at Target parking lot on highway 153 at 9 am ET. Hike leader: Ed Pyers 423-344-9271. Mileage: 30 miles RT - \$2.

Feb 8 – Retro Hughes to Heiss Mountain trailhead. Approximately 10 miles. Strenuous. Meet at Durham Street parking lot in Soddy Daisy at 9 am ET. Hike leader: John Politte 423-304-8327. Mileage: 20 miles RT - \$1.

Feb 11 – Elsie Holmes Nature Center. Approximately 4-5 miles. Moderate. Meet at Target parking lot on highway 153 at 9 am ET. Hike leader: George R. Bonneau. Mileage: 40 miles RT - \$2.

Feb 15 – Signal Mountain High School to Prentice Cooper Cumberland Trail parking lot. Approximately 8 miles. Strenuous. Meet at Bi-Lo parking lot in Red Bank at 9 am ET. Hike leader: George R. Bonneau. Mileage: 30 miles RT - \$2.

Feb 18 – Glen Falls. Approximately 5 miles. Moderate. Meet at Bi-Lo parking lot in Red Bank at 9 am ET. Hike leader: George R. Bonneau. Mileage: 30 miles RT - \$2.

Feb 22 – Little River. Approximately 11 miles. Moderate. Meet at Bi-Lo parking lot in Red Bank at 9 am ET. Hike leader: George R. Bonneau. Mileage: 80 Miles RT - \$4.

Feb 25 – Cedar Mountain. Approximately 4-1/2 miles. Moderate. Meet at Bi-Lo parking lot in Red Bank at 9 am ET. Hike leader: Bob McGavock 423-667-2960. Mileage: 60 miles RT - \$3.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Jane Hamm 615-757-3331
Gayle Livingston 615-264-2940
sumner@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT
Hendersonville First United Methodist Church, 217
E. Main St. Hendersonville, TN

Feb 2 -Super Bowl Sunday - Groundhog Day Walk.

Before we burrow back in to watch the big game, come out of your den and head to the Shelby Bottoms Greenway. We'll meet in Hendersonville at 1:00 pm CT to carpool to Two Rivers Park. After crossing the Cumberland River on the pedestrian bridge, we'll walk 3-4 miles (in a loop) depending on the weather. We may opt to get off the pavement and onto some of the grass trails if the ground isn't too muddy. We should be done in plenty of time for kick-off. **There will be a fabulous prize for the hiker with the best groundhog impression.** Well-behaved dogs on leashes are welcome. Please pre-register to find out the meeting location by e-mailing Anne Wesley at *tahiker@att.net*.

Feb 4 - Chapter Meeting - Trivia Night at Barefoot

Charlie's. We will meet at Barefoot Charlie's Restaurant, 125 Sander's Ferry Road, Hendersonville, for dinner and to play trivia. Note: The trivia contest begins at 6:30 pm so please arrive a little earlier to order dinner and be ready to play. Our Sumner Trails team(s) have done extremely well in the past, but we must not rest on our laurels! So study up on current events, peruse your old record collections, and get ready to enjoy a fun-filled evening!

Feb 15 - Stone's River Greenway West in Nashville. 3.4

Miles. Moderate. This hike has two of everything - two rivers - two schools - two golf courses - and how many trails do you know that feature a wave pool and a department store? Well, this one does! This greenway is paved so you won't need your boots. Dress for the weather and meet at First Presbyterian Church in Hendersonville at 9 am CT or at the Wave pool off Briley Parkway at 10 am CT. We'll drop a car at the Kohl's trailhead to bring the drivers back to the Wave Pool - then we'll go to lunch at McNamara's Irish Pub in Donelson. For further info contact River Rat Al at *ballallenger@aol.com* or 615-347-2623.

Sumner Trails Chapter – con't.

Feb 22 - Barfield Crescent Park, Murfreesboro - Marshall Knobs and Valley View Trails (loop trails). 3.5 miles. Moderate. Joint hike with Murfreesboro Chapter. We'll start at the park's Wilderness Station and walk the paved path to the River Overlook. The pavement ends and the Marshall Knobs Trail then passes along the river, thru forest and bushy woods and over limestone outcrops. Midway thru, we'll take the Valley View Trail, a 1 mile loop, and then rejoin the Marshall Knobs Trail and work our way back to the Wilderness Station. Hiking boots and poles are suggested due to uneven terrain and the possibility of damp trails and slippery rock if recent rains or snow. We'll have a late lunch at a local restaurant following the hike so bring a snack for the trail if you wish. Meet at Hendersonville First Presbyterian Church, 172 West Main Street, at 9:00 am CT for carpooling or at the park's Wilderness Station at 10:15 am CT. Please notify hike leaders David and Shirley Primeau *davidprimeau@bellsouth.net* or 615-424-3991 if you are meeting the group at the Wilderness Station, and please call to confirm the hike if threatening weather.

GO GREEN

Electronic Newsletter Available

This is reminder that you can now receive your monthly newsletter via email. If interested please contact Tim Townley at *membership@tennesseetrails.org* and please include your email address.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR: Louise Miniard 931-528-9115
uppercumberland@tennesseetrails.org

HIKE COORDINATOR: Kathleen Sullivan 931-284-7822
uppercumberlandhikes@tennesseetrails.org

Feb 1 – Cumberland Trail, Roaring Creek Section, Graysville, TN. The hike begins with a one mile walk along Roaring Creek. The trail then ascends for approximately 3/4 mile while paralleling a bluff line. This section of trail contains several sections which are constructed of rock stepping stones. After ascending the bluff, the trail is an easy walk along the bluff line with outstanding views into the valley below. This hike will offer creek side views, interesting rock formations, and mountain views. This will be an out and back hike of about 8 miles and is rated moderate due to the climb from the creek side to the top of the bluff. Bring water, lunch, and snacks. Wear hiking boots. We will meet at the U.S. Bank in Sparta, across from McDonalds at 7:30 am CT. To register or for more information contact Pete Broehl at 931-738-3551 or email pabroehl@blomand.net.

Feb 8 - Lone Mountain Loop Trail in Morgan County. The state acquired the land for Lone Mountain State Forest in 1929 through a tax delinquency sale. Lone Mountain reflects the handiwork of the state forestry crews naming a spring and ridge after the men who built the trails. On a clear day, from Coyote Point you can see the Smoky Mountains. The trail is opened to horseback riding, mountain biking, and hiking. A section (approximately 2 miles) is designated for hikers only and follows LaRue Ridge. This hike is 10 miles and is rated strenuous because of elevation change and the numerous steep pitches. Bring water, snacks, and lunch. You can meet us at 7:00 am CT in the Penney's parking lot in Cookeville. For information and to register contact Cindy Watson at 931-247-1459 or cgrwatson@gmail.com or Kathleen Sullivan at 931-284-7822 or ksully@frontiernet.net.

Feb 15 - North Rim Savage Gulf. The Plateau to Rim Hike is located in Savage Gulf Wilderness Area. The hike, having two versions, is designed for the moderate (9 miles) as well as the long distance hiker (17 strenuous miles). Both versions of the hike will start and end at the Savage Ranger Station. The shorter version of the hike will go down the Savage Day Loop and North Plateau Trails cutting across at the Mountain Oak Trail to the North Rim Trail, which you will take back to Savage Ranger Station (9 miles). The longer version of the hike will go down the Savage Day Loop and North Plateau Trails all the way out to Hobbs Cabin to the North Rim Trail, which you will take back to Savage Ranger Station (17 miles). Groups carpooling to the hike and doing a different version of the hike should be prepared for the difference in hiking times. Bring hiking boots, water, snacks, and lunch. You can meet us at the US Bank across from McDonald's in Sparta at 7:00 am CT or at the Savage Ranger Station at 8:00 am CT. Please RSVP to Mike Shane at 931-446-4306 or mikeshane@charter.net.

Upper Cumberland Chapter – con't.

Feb. 22 - Savage Gulf History Hike, Savage Gulf SNA, Beersheba Springs, TN. Joint Hike with Plateau Chapter. We will descend into the Gulf through the Stone Door and then follow the Connector Trail to its junction with the Stagecoach Road after a side trip to the lower sink of Big Creek. We will then follow the Stagecoach Road to the site of the Savage Gulf School and Savage Gulf Cemetery. We will then follow old roads past the Catur Savage cabin before ascending from the gulf to meet Grassy Ridge Road. The hike is 9 to 10 miles and is rated strenuous. Bring hiking boots, water, snacks, and lunch. You can meet us in the Penney's parking lot in Cookeville at 7:30 am CT or at the US Bank across from McDonald's in Sparta at 8:00 am. For information and to register contact Richard Savage at 931-526-2035 or savage_richard@hotmail.com.

Carpool Etiquette

Gasoline prices have continued to roller coaster up and down. Please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it'll save time and prevent the inconvenience of having to stop to locate change).

Your driver is not a chauffeur. Assist him or her by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing.

All passengers must wear seat belts to minimize the risk of injury in case of an accident!!! *The drive to and from a trailhead is generally the most dangerous part of any hiking trip.*

Don't Miss an Outing Plan Ahead Register Early!

Our hike coordinators are volunteers. Make it easier for them to contact you if a hike needs to be cancelled by registering!

There are times when a hike leader must limit the number of participants (due to park regulations, etc.) on an outing. Please do not wait until the afternoon or evening before the outing to RSVP.

Plan ahead and register early.

OFFICERS:

President	Carolyn Miller	931-839-3213 <i>president@tennesseetrails.org</i>
Vice-President	Levon Hubbard	931-707-1020 <i>vicepresident@tennesseetrails.org</i>
Treasurer	Kathy Woods	615-473-6824 <i>treasurer@tennesseetrails.org</i>
Secretary	Diane Manas	615-352-7777 <i>secretary@tennesseetrails.org</i>
Past President	Millette Jones	615-397-9588 <i>pastpresident1@tennesseetrails.org</i>
Previous Past President	Don Dresser	731-668-4190 <i>pastpresident2@tennesseetrails.org</i>
West TN At-Large Director	Graydon Swisher	901-737-3114 <i>westregional@tennesseetrails.org</i>
Middle TN At-Large Director	Nora Beck	615-517-6486 <i>middleregional@tennesseetrails.org</i>
East TN At-Large Director	Levon Hubbard	931-707-1020 <i>eastregional@tennesseetrails.org</i>
Membership Director	Tim Townley	731-607-0512 <i>membership@tennesseetrails.org</i>
Cumberland Trail Conference Representative	Diane Manas	615-352-7777 <i>CTC@tennesseetrails.org</i>
TN Rails To Trails Advisory Council Representative	Bob Richards	615-532-0753 <i>TRAC@tennesseetrails.org</i>
CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER		
Newsletter Editor	LouAnn Partington	931-393-4835 <i>editor@tennesseetrails.org</i>

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Feb 10	Mar 1
Mar 10	Apr 1
Apr 10	May 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

TTA 2014 CALENDAR

The following dates in 2014 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

FIRST QUARTER

Feb 1	Board of Directors' Quarterly Meeting, REI Brentwood, 1-4:30 pm CT
Mar 2-8	CTC's Spring BreakAway, Week 1 in Rhea County (Graysville Mtn)
Mar 9-15	CTC's Spring BreakAway, Week 2 in Rhea County (Graysville Mtn)
Mar 16-22	CTC's Spring BreakAway, Week 3 in Rhea County (Graysville Mtn)
Mar 23-29	CTC's Spring BreakAway, Week 4 in Rhea County (Graysville Mtn)
Mar 24	Banff Mtn Film Festival Tour, Knoxville
Mar 29	Earth Hour - 8:30 pm local time

SECOND QUARTER

Apr 5-13	TDEC's Natural Areas Week (Statewide)
Apr 19	Earth Day event (Nashville)
Apr 22	Earth Day – 44th Anniversary
May 3	Board of Directors' Quarterly Meeting (Location TBA)
Jun 7	National Trails Day (Statewide)

THIRD QUARTER

Aug 2	Board of Directors' Quarterly Meeting (Location TBA)
Sep 6	National Planting Day – 3rd Anniversary (Organized by Keep TN Beautiful)
Sep 14-20	Bike Ride Across TN (B.R.A.T.) – 25th Anniversary
Sep 27	National Public Lands Day (Statewide)

FOURTH QUARTER

Oct 24-26	TTA's Annual Meeting; Montgomery Bell State Park; hosted by Nashville Chapter
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Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

Feb 14

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Tim Townley 731-607-0512 membership@tennesseetrails.org

PLEASE, PRINT CLEARLY.

- ___ Individual \$25.00
___ Family \$35.00
___ Student (FULL TIME) \$15.00
___ Supporting (\$50.00, \$100.00 or more)
___ Life Member (Individual) \$500.00
___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Home Phone (____) _____ Zip _____ -- _____
Work Phone (____) _____
e-mail _____

- Please do not list my e-mail address in the TTA Annual Membership Directory
 I would like to receive my newsletter by email.

**** ___ CTC Membership** **\$5.00****

**** Special \$5.00 rate for membership in Cumberland Trail Conference if you also are joining TTA or renewing your TTA membership. CTC is building the Cumberland Trail, which will go from Chattanooga to Cumberland Gap. Over 185 miles are now complete and open for hiking. More information can be found at www.cumberlandtrail.org. Please consider enhancing your commitment to Tennessee's great trails by joining the CTC.**

Please list me with the following chapter:

- | | |
|---|--|
| ___ Clarksville | ___ Murfreesboro |
| ___ Columbia/Franklin | ___ Nashville |
| ___ Cove Lake | ___ Northwest (UT at Martin/Weakley) |
| ___ Dyer County | ___ Plateau (Crossville) |
| ___ East TN (Oak Ridge/Knoxville) | ___ Soddy Daisy |
| ___ Highland Rim (Manchester/Tullahoma) | ___ Sumner Trails (Sumner County) |
| ___ Jackson | ___ Upper Cumberland (Sparta/Cookeville) |
| ___ Memphis | ___ At Large |

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - C.T.C. and T.R.A.C. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.