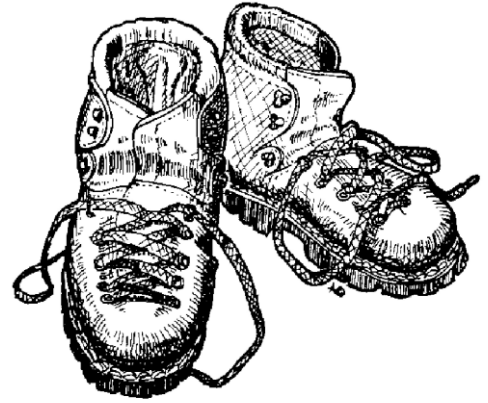


# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.*

SPONSOR FOR THE CUMBERLAND TRAIL



## LISTEN UP!

### TTA Annual Meeting is around the corner

Reading through the classifieds this weekend, I found some ads that seem to be for TTA members. In case your local paper did not run these important offers, I wanted to share them with you!

**WANTED** – Happy hiker with boots to share a trail at the 2013 TTA meeting at Fall Creek Falls on Oct 25-27. Got a sore foot – we gotcha covered – join one of our great short seminars in the lodge.

**FOR SALE** – Original, perfect, athletic T-Shirts with a great logo: *Your Heart & Sole Belong on a Tennessee Trail*. Reserve yours today on the enclosed order form. What a deal, only \$15!

**BEGGING** – Stoke your fire pit (or just turn on your oven) and whip-up some goodies for the bake sale. We will gladly accept cookies, breads, cakes, brownies, candy (you have the idea). Please wrap in individual portions.

**NEEDED** – Dig out those gewgaws, baubles, gimcracks, bibelots, and tchotchkes (AKA things and stuff) from your closet, attic, basement, or back seat(???) for the White Elephant sale.

**FOR SALE** – Nice, useful, probably new items for bid during the silent auction. Oh yeah, remember to bring items for this event.

**FOR RENT** – Clean, comfortable rooms and cabins. Make your reservations directly with the park. Call the park at 800-250-8610 between 8:00 am and 4:00 pm CT, and speak with Connie or Linda. Reference group code 5318.

**FREE** – Kittens to a good home – well not really – but if you come to the TTA annual meeting, you will have more fun that a basketful of kitties with ball a yarn!

Thanks for your support, and we will keep the lights on for you at Fall Creek Falls October 25-27!

## WILDERNESS FIRST AID COURSE

OCTOBER 5-6

9 AM TO 6 PM CT

Mark your calendars: Saturday, October 5th & Sunday, October 6th. REI in Brentwood and the NOLS Wilderness Medicine Institute, the leader in wilderness medicine education, are offering a comprehensive two-day course that will teach you the wilderness medicine skills you need to recreate with confidence in the backcountry. From the Patient Assessment System through traumatic, medical, and environmental emergencies, you'll experience a wide variety of topics designed to prepare you to act if an accident occurs.

This is a 16 hour course over two days. The course begins at 9 am each day and runs through 6 pm, with a one hour break midday. Minimum age is 16 years old. You will have both classroom time and hands on practice scenarios. Practice scenarios may take place outside in various weather conditions; be prepared for inclement weather.

No prerequisites required. Successful completion results in a Wilderness Medicine Institute of NOLS Wilderness First Aid certification. This course may be used to recertify Wilderness First Responder, Wilderness Advanced First Aid and Wilderness EMT (wilderness portion only) certifications if you hold a current or grace year WMI certification. Participants using the WFA to recertify their WFR need to pass both a written and a practical test

REI Members receive a discount on the 2-day course. Members (\$220) and Non-members (\$250).

Spots are limited so register today:  
<http://www.rei.com/event/46374/session/74285/10132013>.



Office Location 409 Thurman Avenue, Ste 102  
 ..... Crossville, TN 38555  
 Office Hours ..... 8am-2pm CT  
 Phone: ..... 931-456-6259  
 Fax: ..... 931-456-4934  
 Email: [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com)  
 Website: [www.cumberlandtrail.org](http://www.cumberlandtrail.org)

The CTC needs volunteer help with trail construction and maintenance. Besides the events listed below, if groups of eight or more volunteers are interested in trail construction on Graysville Mountain in Rhea County or trail maintenance on Cross Mountain in Campbell County, please contact the CTC office (contact information listed below). Dates and times can be arranged for a volunteer event. CTC will provide tools and instruction; volunteers will need safety glasses, work gloves, long pants, closed toe footwear.

**Big Soddy Creek Bridge, Hamilton County** - CTC will need volunteers to help move material into the gorge and to construct the bridge. Volunteer opportunities will be available in late May through July 15 or until bridge is completed. Dates will be posted in the near future.

**Sep 27-29 - Graysville Mountain, Rhea County.** This is the CTC's National Public Lands Day event. Volunteers are needed to construct trail on the Graysville Mountain section of the Cumberland Trail. This section is located near Graysville, south of Dayton, TN. CTC will provide tools and instruction, volunteers will need safety glasses, work gloves, long pants, closed toe footwear. Please contact the CTC office for details and register for this event.

**Oct 4-6 - Cross Mountain, Campbell County.** CTC will need volunteers to help with trail maintenance in the CT's New River section. Work will be on Cross Mountain near Cove Lake State Park, Caryville, TN. This work includes repair of trail tread and cutting back vegetation. Volunteers will meet at the trailhead on the top of Cross Mountain at 9:00 am ET. CTC will provide tools and instruction, volunteers will need safety glasses, work gloves, long pants, closed toe footwear. For further details and register for this event, please contact the CTC office.

**Nov 9 - Volunteer Appreciation Day, Crossville, TN.** Past and present Cumberland Trail volunteers and supporters are invited to a dinner and awards banquet to be held in Crossville, TN. A hike will take place on Black Mountain during the day with the banquet to follow. For more details and to RSVP, please contact the CTC office. CTC office can be contacted at 409 Thurman Ave, Suite 102, Crossville, TN 38555, 931-456-6259, or email [Cumberlandtrail@rocketmail.com](mailto:Cumberlandtrail@rocketmail.com).

## CLARKSVILLE CHAPTER

**CHAPTER CHAIR:** J.R. Tate 931-920-2692  
[clarksville@tennesseetrails.org](mailto:clarksville@tennesseetrails.org)  
**CHAPTER VICE-CHAIR:** Suva Bastin 931-645-2849  
[clarksville@tennesseetrails.org](mailto:clarksville@tennesseetrails.org)  
**TREASURER:** Chris Everett 931-494-8038  
[clarksvilletreas@tennesseetrails.org](mailto:clarksvilletreas@tennesseetrails.org)  
**SECRETARY:** Robbin Cusic 931-542-3266  
[clarksvillesecy@tennesseetrails.org](mailto:clarksvillesecy@tennesseetrails.org)  
**OUTINGS COORDINATOR:** Paul Schwab 931-645-9068  
[clarksvillehikes@tennesseetrails.org](mailto:clarksvillehikes@tennesseetrails.org)

*(call Paul & volunteer to lead an outing)*

**MEETS MONTHLY:** 3<sup>rd</sup> Tuesday at 6:00 pm CT,  
 Crow Community Center, 211 Richview Rd.  
*Additional information may be seen at our web site:*  
<http://www.tennesseetrails.org/blog/clarksville>

**Sep 7 - Sewanee to Cowan via the abandoned Mountain Goat Railroad bed. 7.4 miles. Moderate.** Bob Lyon 931-648-2354. Meet 7:00 am CT, I 24 Exit 11 commuter parking lot. 129 miles to trailhead.

**Sep 14 - Overnight hike at Big South Fork National River & Recreation Area, Twin Arches Trail. 10 miles. Difficult.** Camp in vicinity of Middle Creek (past Jake's Place). J.R. Tate 931-920-2692. Meet 6:30 am CT, I 24 Exit 11 commuter parking lot. 182 miles to trailhead.

**Sep 17 - Monthly Meeting.**

**Sep 21 - South Cumberland State Park, Collins Gulf Trail. 11.5 miles. Difficult.** Paul Schwab 931-645-9068. Meet 6:00 am CT, I 24 Exit 11 commuter parking lot. 142 miles to trailhead.

**Sep 28 - Public Lands Day.** We will volunteer to help at Land Between the Lakes. John Sneed 931-920-3828. Meet 8:00 am CT, at Kroger parking area, Dover Crossing Road, Clarksville. 72 miles to trailhead.

### Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Sep 10 .....	Oct 1
Oct 10 .....	Nov 1
Nov 10 .....	Dec 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:  
[editor@tennesseetrails.org](mailto:editor@tennesseetrails.org)

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## COLUMBIA/FRANKLIN CHAPTER

**CHAPTER CHAIR:** Marvin Caine 931-486-1632  
*columbia@tennesseetrails.org*

**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00 pm.

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**Sep 3 – Chapter Meeting.** The Tennessee Parks and Greenways Foundation has been working for over 15 years to protect and enhance the places we love to hike. Some of those places include Stillhouse Hollow Falls and Black Mountain on the Cumberland Trail. Nora Beck of the Foundation staff, and also a TTA member, will describe their work for the chapter at this meeting.

**Sep 7 – Big Creek Gulf Trail/Big Creek Rim Trail in Savage Gulf Natural Area, Beersheba Springs TN. 7.2 miles. Moderate.** This is a loop trail rated moderate with a 700 feet elevation change. The trail will have rocky footing, a small stream crossing, and steep ascent so wear sturdy shoes. Please bring plenty of water, sack lunch and snacks for the trail. We will meet behind McDonalds 4908 Main Street (Hwy 31) on the north side of Spring Hill at 6:30 am CT and leave promptly at 6:45 am. We will need to get an early start since the travel time is approximately 2 hours. Register with Carolyn Watson at *watsoncr@yahoo.com* or 901-652-9089.

**Sep 21 – Panther Knob Trail and the Stone Cuts Trail, Monte Sano State Park, Huntsville, AL. 5 miles. Moderate+.** This is a joint hike with the Murfreesboro Chapter. Bob Goodwin and Sandra Parker will lead this hike which will include panoramic views of the Tennessee Valley, a large sink hole, and the Panther Knob Trail which passes through a chimney-like stone formation; then the Stone Cuts Trail which passes through deep erosional clefts in a section of limestone on the top of the mountain with high walled, cave-like cuts. The trail is in good condition, but rocky and uneven in places. There will be two 200 foot elevation drops and two 200 foot elevation gains; each one in about ½ mile. Please note that there will be a \$3 (\$1-62 yrs+) per person fee to get into the park. After our hike we will have lunch at a local restaurant. We will meet behind McDonalds 4908 Main Street (Hwy 31) on the north side of Spring Hill at 7:45 am CT and leave promptly at 8:00 am CT. It will take about 1 hour 45 minutes to get to Monte Sano State Park. To register for the hike, please contact Marvin Caine at 931-626-2754 or *mlcaine@aol.com*.

**Sep 27 & 28 – National Public Lands Day. Work Day, Stillhouse Hollow Falls State Natural Area, Summertown, TN.** We will continue to work on the new bridge project below the falls. Work will include carrying tools and supplies and bridge construction. All tools will be provided but you may need work gloves. Bring plenty of water, snacks and lunch. Pizza will be furnished on Saturday. We will meet at the parking lot at 8:45 am and work to 3:00 pm. Anyone interested in helping out should contact Rick Pinkleton at 931-619-5012 or *rdpinkleton@gmail.com*.

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## COVE LAKE HIKING CHAPTER

**CHAPTER CHAIR:** John Redmon 423-869-8286  
*covelake@tennesseetrails.org*

**SECRETARY/BOARD REPRESENTATIVE:** Kathy Sarvis 865-494-0374  
*covelakehikes@tennesseetrails.org*

**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at 7:00 pm ET at the recreation center, 300 W. Beech St., La Follette.

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**Sep 19 - Trail Maintenance Day.** We'll be working the trail at Eagle Bluff. Meet at the Jacksboro Middle school at 9 am ET, we will work until 1 pm, about 4 hours total. Bring lunch/snack, water and gloves. Call John Redmon for more information at 423 869-8286.

**Sep 21 - Laurel Cove Trail to Chain Rock Trail, Pine Mountain KY. 4 miles. Moderate.** Bring walking stick, sunscreen, bug repellent, lunch/snack and water. Please call to register in case of rain. **DIRECTIONS:** I-75 exit 134 (follow signs for Cove Lake Park) go past Park and continue on highway 63 to end. At the light make left - go thru tunnel into KY - follow signs to Pine MT State Park. Meet John Redmon at the lodge at 10:30 am ET. Contact John Redmon for more information 423-869-8286.

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## DYER COUNTY CHAPTER

Graydon Swisher 901-737-3114  
*westregional@tennesseetrails.org*

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**This chapter is in the process of being reorganized.**

For further information, contact Graydon Swisher at 901-737-3114 or *westregional@tennesseetrails.org*. In the interim, you are welcome to attend (14 to select from) other chapters' outings, events and meetings.

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## EAST TN CHAPTER (Oak Ridge / Knoxville)

**CHAPTER CHAIR:** Rosemary Marshall 865-548-6171  
*easttennessee@tennesseetrails.org*

**VICE-CHAIR:** Elise Eustace 865-201-5806  
*easttennessee@tennesseetrails.org*

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Hike information unavailable at press time.

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## HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

**CHAPTER CHAIR:** Linda Hudson 931-841-0540  
*highlandrim@tennesseetrails.org*  
**SECRETARY** Carolyn Fitz 931-598-0597  
*highlandrimsecy@tennesseetrails.org*  
**TREASURER:** Marietta Poteet 931-924-7666  
*highlandrimtreas@tennesseetrails.org*  
**OUTINGS & PROGRAM COORDINATOR & NEWSLETTER CONTACT:** Joan Hartvigsen 931-962-0811  
*highlandrimhikes@tennesseetrails.org*  
*(contact Joan & volunteer to lead an outing)*  
**MEETS MONTHLY:** 4<sup>th</sup> Monday at 7:00 pm CT at the D. W. Wilson Community Ctr., 501 N. Collins St., Tullahoma.

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**Sep 6 -8 – Frozen Head State Park, Wartburg, TN, west of Oak Ridge. Joint activity with the Murfreesboro Chapter.** We have reserved one group campsite and one standard campsite in Big Cove Camping Area for Sept. 6 and Sept. 7. Friday's hike is the entire Panther Branch Trail, 5 miles roundtrip, moderate, 1,000 ft. elevation change. We will visit DeBord Falls and Emory Gap Falls on this hike. Saturday we will hike a strenuous 8 mile loop composed of the first section of the Lookout Tower Trail and the entire Bird Mountain Trail, which is part of the Cumberland Trail. This hike features scenic vistas and fascinating geologic formations such as Castle Rock. Castle Rock, made of erosion-resistant sandstone, is more than 100 ft. high and 300 ft. wide. The elevation change on Saturday's hike is 2,000 ft. Sunday we will hike to the Lookout Tower on the North Old Mac Trail and return on the South Old Mac Trail. This hike is 7 miles with 1,600 ft. elevation change. The Lookout Tower gives a panoramic view of the surrounding highlands of the Cumberland Plateau and the Great Smoky Mountains. We will drive to Frozen Head State Park early Friday morning, set up camp then hike. Friday's dinner will be a shared picnic at the campsite featuring chicken, sides and desserts. Saturday's dinner is at the Wartburg Mexican restaurant. Campers bring their own breakfasts and lunches (eaten on the trail). Sunday morning we will pack up, go on our Sunday hike then drive home Sunday afternoon. Register early with Joan Hartvigsen at *jhartvigs@comcast.net* or 931-962-0811.

**Sep 21 – Eat-Hike-Eat Hike, Sewanee Perimeter Trail, Sewanee, TN. 4 miles. Moderate.** Contact Hike Leader Sally Hubbard at 931-598-5338 or *sally@hubbard.net* for details and to register. Meet us at the Blue Chair Restaurant in Sewanee at 9:00 am CT for breakfast or coffee or come at 9:30 am if you just want to hike. Bring water and a snack.

**Sep 23 – Chapter Meeting.** Dinner at Las Trojas Mexican Restaurant, 1905 N. Jackson St., Tullahoma, TN near Kroger. Our meeting is at 7:00 pm CT at D. W. Wilson Community Center. Chapter members Sally Hubbard, Linda Hudson and Ruth Wells will present a program on their August 2013 hike across England, The Wainwright Coast to Coast Hike. They hiked from the Irish Sea to the North Sea.

## Highland Rim Chapter – con't.

**Sep 28 – Franklin State Forest, near Sewanee, TN. West Rim Trail. 6 miles. Easy.** Marietta Poteet will lead this hike along the Rim of Sweden's Cove where we will see many beautiful views looking over the cove. Please bring water, lunch and snacks. The weather should be great. Please call Marietta at 931-924-7666 or email at *nannietta@blomand.net*.

**Sep 28 – National Public Lands Day Volunteer Event, Old Stone Fort State Archaeological Park, Manchester, TN.** Ranger Joshua Waggener is organizing a work day at Old Stone Fort. Meet Ranger Waggener at the Museum at 9:00 am CT to do trail maintenance until about 3:00 pm with a lunch break around noon. Bring water, lunch and work gloves. Exact work plan and tasks will be announced later. Please contact Ranger Waggener at 931-723-5037 or *Joshua.Waggener@tn.gov*.

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## OFFICERS:

<b>President</b>	Millette Jones	615-397-9588 <i>president@tennesseetrails.org</i>
<b>Vice-President</b>	Carolyn Miller	931-839-3213 <i>vicepresident@tennesseetrails.org</i>
<b>Treasurer</b>	Ann Jacobs	615-896-3935 <i>treasurer@tennesseetrails.org</i>
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<b>Past President</b>	Don Dresser	731-668-4190 <i>pastpresident1@tennesseetrails.org</i>
<b>Previous Past President</b>	Rosemary Marshall	865-548-6171 <i>pastpresident2@tennesseetrails.org</i>
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<b>Middle TN At-Large Director</b>	Nora Beck	615-517-6486 <i>middleregional@tennesseetrails.org</i>
<b>East TN At-Large Director</b>	Levonn Hubbard	931-707-1020 <i>eastregional@tennesseetrails.org</i>
<b>Membership Director</b>	Tim Townley	731-607-0512 <i>membership@tennesseetrails.org</i>
<b>Cumberland Trail Conference Representative</b>	Diane Manas	615-352-7777 <i>CTC@tennesseetrails.org</i>
<b>TN Rails To Trails Advisory Council Representative</b>	Bob Richards	615-532-0753 <i>TRAC@tennesseetrails.org</i>
CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER		
<b>Newsletter Editor</b>	LouAnn Partington	931-393-4835 <i>editor@tennesseetrails.org</i>

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## JACKSON CHAPTER

**CHAPTER CHAIR:** Vicky Moeller 731-668-9336  
*jackson@tennesseetrails.org*

**TREASURER:** Anne Goodson 664-1556  
*jacksontreas@tennesseetrails.org*

**SECRETARY:** Don Dresser 731-668-4190  
*jacksonsecy@tennesseetrails.org*

**OUTINGS COORDINATOR:** Glen Rognstad 731-217-5966  
*jacksonhikes@tennesseetrails.org*  
*(call Glen & volunteer to lead an outing)*

**MEETS MONTHLY:** 1<sup>st</sup> Monday at Perkins Restaurant, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 6:45 pm

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**Sep 7 - Ghost River State Natural Area Canoe Trip.** A second trip to a great natural area also will be led by state park personnel, by canoe on a flat section of the Wolf River. The trip will cover 9 miles from La Grange to Bateman Bridge and last 6 to 7 hours. Reservations are necessary and may be made by calling 731-253-9652. See <http://www.tn.gov/environment/na/events/#s7gr> for more information.

**Sep 9 - Chapter Meeting.** Our meetings this fall will be at Perkins Restaurant in Jackson. We will gather for dinner at 6 pm CT and start our meeting about 6:45. For information, please contact chapter chair Vicky Moeller.

**Sep 21 - Cub Lake Cookout and Hike.** This year, we will meet for a cookout and hike at Cub Lake. We will provide times and directions in a follow-up note. Please contact Terry McCoy at 731-535-0625 or at [cityclarksburg@yahoo.com](mailto:cityclarksburg@yahoo.com) to discuss what you can bring or for more information.

### Planning Ahead

**Oct 5 - Land Between the Lakes Compass Hike.** This will be a moderate hike through areas of LBL that you might have not seen before. About half of the hike will be cross-country. We will leave from Panera in Jackson at 8:00 am CT and start from the Fort Henry trailhead about 10:00 am. Please contact Don Dresser at [donald\\_dresser@usit.net](mailto:donald_dresser@usit.net) or 731-668-4190 for additional information.

**Oct 7 - Chapter Meeting.**

**Oct 12 - Village Creek State Park.** This moderate hike will take us along a segment of the Trail of Tears. Additional information will be provided later. Please contact Gary Cooper at [gcooper52@yahoo.com](mailto:gcooper52@yahoo.com) if you would like to come.

**Oct 25-27 - Annual Meeting.** Please check the TTA newsletter for information about this year's annual meeting at Fall Creek Falls and the events that are scheduled.

**Nov 4 - Chapter Meeting.**

**Nov 9 - Big Hill Pond.**

**Nov 16 - Mousetail Landing State Park.**

**Nov TBA - Natchez Trace SP (Red Leaves Trail) Bridge Building Project.**

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## MEMPHIS CHAPTER

**CHAPTER CHAIR:** Charlie Bright 901-829-4434  
*memphis@tennesseetrails.org*

**VICE-CHAIR:** Francis Ruffin 662-701-6284  
*memphisvice@tennesseetrails.org*

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**Sep 28 - Village Creek State Park, Wynne, AR.** Eileen and Brian will lead a NEW 5-6 mile hike. The trail is rated easy to moderate. Bring lunch and plenty of water. Meet at Village Creek Park Visitor Center at 9:30 am CT. Questions about trail or carpool options from Millington & Memphis visitors center contact [e\\_kelm@yahoo.com](mailto:e_kelm@yahoo.com) or call 901-873-3221. Rain will cancel hike.

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### ANNUAL MEETING REGISTRATION FORM, HIKE SCHEDULE AND INFORMATION ON PAGES 7-11.

**MAKE PLANS NOW TO ATTEND THE ANNUAL  
MEETING!**

**REGISTRATION DEADLINE IS SEPTEMBER 6.**

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## TTA 2013 CALENDAR

The following dates in 2013 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

### THIRD QUARTER

Sep 28 ..... National Public Lands Day (Statewide)

### FOURTH QUARTER

Oct 25-27 ..... TTA's Annual Meeting; hosted by Plateau, Soddy Daisy and Upper Cumberland chapters at Fall Creek Falls State Park (Pikeville/Spencer, TN)

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## MURFREESBORO CHAPTER

**CHAPTER CHAIR:** Sara Pollard 615-714-3610  
*murfreesorbo@tennesseetrails.org*

**TREASURER** Ann Jacobs 615-896-3935  
*murfreesorbotreas@tennesseetrails.org*

**MEMBERSHIP** Mary Belle Ginanni 615-895-6072  
*murfreesorbomembership@tennesseetrails.org*

**PROGRAMS** Valerie Galan 615-586-2882  
*murfreesorboprograms@tennesseetrails.org*

**OUTINGS COORDINATOR:** Cathy Bingham 615-890-9791  
*murfreesorbohikes@tennesseetrails.org*

*(Call Cathy & volunteer to lead an outing)*

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Veterans Parkway, Murfreesboro

**BLOG:** [www.tennesseetrails.org/blog/murfreesboro](http://www.tennesseetrails.org/blog/murfreesboro)

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**Sep 7 – Sewanee Perimeter Trail, Shakerag Hollow/Beckwith's Point. 3.5 miles. Moderate.** Shakerag Hollow Trail lies within the domain of the University of the South at Sewanee. It is a 3.5 mile out and back hike that is rated moderate due to a steep 300 ft. elevation change. The Civilian Conservation Corps built the trail back in the 1930's. As an added attraction, some of the old growth forest still remains to this day. A popular hike for nature lovers, we will also get to explore a coal mine! We'll begin the hike at 9 am CT and have lunch in Sewanee or Monteagle afterwards. Call/text Jenny Jacobs at 615-691-2636 to register and get meet up details.

**Sep 10 – Chapter Meeting.** Rick Lausten of the Columbia/Franklin chapter will give a presentation of his 44 mile hike from one end of Isle Royale National Park to the other. He hiked the Greenstone Trail. Isle Royale National Park is located in the western edge of Lake Superior near Thunder Bay, Ontario, Canada. The animal populations have been studied for several decades in this park to determine how nature uses as predator to prey ratios. Invite a friend!

**Sep 14 – John C. Clayborn Millenum Trail, Edgar Evins State Park. 8 miles. Moderate to difficult.** This TTA trail is a double balloon with some steep climbs, narrow ridge lines and lots of large second growth timber. If you have never done this hike, you are in for a treat. If you have, then you know what I'm talking about. This is a very nice trail. Bring good boots, plenty of water and lunch. We will be leaving from the Kroger at Broad and Northfield at 8:00 am CT. If you would like to hike this trail, contact Roy Duncan at [royduncan1959@yahoo.com](mailto:royduncan1959@yahoo.com) or call 615-848-5454.

**Sep 21 – Panther Knob Trail and the Stone Cuts Trail, Monte Sano State Park, Huntsville, AL 5 miles. Moderate.** This is a joint hike with the Columbia/Franklin Chapter. Please see the Columbia/Franklin listing for hike details and fees. We will leave from the Cracker Barrel on Church Street at Interstate 24, Exit 81 in Murfreesboro at 8:00 am CT. Distance from the meeting place to Monte Sano State Park is about 90 miles. For more information and to register for the hike, please contact Bob Goodwin at [CAMEL40@earthlink.net](mailto:CAMEL40@earthlink.net) or 256-564-8417.

**Sep 28 – Maude's Crack, Big South Fork, Jamestown, TN. 8.5 miles.** Joint hike with the Upper Cumberland chapter. See Upper Cumberland listing for hike details. Bring snacks, water, lunch, and hiking boots. We are meeting the Upper Cumberland chapter at 7:30 am CT in the Penney's parking lot in Cookeville. If you want to carpool from Murfreesboro contact Sara Pollard at 615-714-3610 or [sarapollard@gmail.com](mailto:sarapollard@gmail.com).

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## NASHVILLE CHAPTER

**CHAPTER CHAIR:** Doug Burroughs 615-283-0507  
*nashville@tennesseetrails.org*

**OUTINGS COORDINATOR:** Nancy Juodenas 615-319-8811  
*nashvillehikes@tennesseetrails.org*

*(email Nancy & volunteer to lead an outing)*

**MEETS MONTHLY:** 4<sup>th</sup> Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: [www.tennesseetrails.org/nashville.php](http://www.tennesseetrails.org/nashville.php)

**BLOG:** [www.tennesseetrails.org/blog/Nashville](http://www.tennesseetrails.org/blog/Nashville)

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**Sep 14 – Old Stone Fort, Manchester, TN.** This relatively short hike is available to all, regardless of whether or not a Tennessee Trails Association member. We will finish up about noontime. Please bring a picnic lunch. We will meet at 9:30 am CT at the visitor's center, rain or shine. The trail around the perimeter of the ancient, 2,000 year old enclosure is 1-1/4 miles in length and is a great way to learn about this historic area. It covers the most dramatic scenery in the park including several waterfalls. The three largest falls - Step Falls, Blue Hole Falls, and Big Falls - run along the trail. There are 2 miles of foot trails beyond the main interpretive trail, which we will take. This adventure will be a fascinating look at native American civilization from centuries ago, and a glimpse into the region's history and people before the state of Tennessee existed by that name (but *Tanasi* may have been in use). The 50-acre hilltop enclosure mound site is believed to have served as a central ceremonial gathering place for some 500 years. It has been identified as, perhaps, the most spectacularly sited sacred area of its period in the United States and the largest and most complex hilltop enclosure in the south. Settlers tended to name such enclosures "forts." For more information contact Tom Vickstrom at 615-405-6713 or [tomzinger55@gmail.com](mailto:tomzinger55@gmail.com). Basic Information and Directions: Old Stone Fort State Archaeological Park 732 Stone Fort Drive, Manchester, TN 37355, Office: 931-723-5073.

<http://www.tn.gov/environment/parks/OldStoneFort/index.shtml>. Directions: Old Stone Fort is on US 41 immediately north of Manchester. Exit 110 on I-24 is within 1.5 miles of the entrance by way of Hwy 53 to US 41. Manchester is approximately one hour from both Nashville and Chattanooga. For a map and specific driving directions, visit MapQuest.com.

**Sep 21 - Big South Fork, Jamestown, TN.** Camping, hiking and storytelling weekend at Bandy Creek in the Big South Fork. This will be a joint outing with the Sumner Trails Chapter. For a great description of the Storytelling Festival and camping information, please refer to the Sumner Trails section of this newsletter. You may also contact Nancy Juodenas at 615-319-8811 or e-mail [njuodenas@yahoo.com](mailto:njuodenas@yahoo.com) for information about carpooling from Nashville or more outing details.

**Sep 24 – Chapter Meeting.** Now that the prospect of glorious autumn in Tennessee lies ahead, get an update on gear that will help make your fall hiking enjoyable. Want some tips on how to pick a pack? We'll also trade tips on what various individuals consider their own essentials for day hiking. This is a good meeting to attend if you've been wondering what you really need to get started hiking. Bring a friend!

**2013 Annual Meeting  
October 25 - 27, 2013  
FALL CREEK FALLS STATE PARK  
PIKEVILLE, TENNESSEE 37367**

Registration form is  
on the other side.

Once each year, Tennessee Trails Association members from all across the state gather for a weekend of fun, food, and fellowship. There will be hikes, exhibits, programs, auction and entertainment. The Annual Meeting will be held from Friday, October 25, through Sunday, October 27, at the Fall Creek Falls State Park and Convention Center, Pikeville, Tennessee. Our hosts for this year's event are the Plateau, Soddy-Daisy and Upper Cumberland chapters.

**Lodging reserved directly through Fall Creek Falls:**

**Inn Rooms** – The rooms have 2 double beds with private bath located at the Conference Center, where TTA's meetings and meals will take place. All Inn rooms have a picturesque view of the lake, TV, radio/alarm clock, coffee maker, hair dryer, iron and ironing board. Fall Creek Falls gives a 10% discount off the regular inn room rate to all seniors (62+). (2 dbl beds w/private bath) \$79 per night + tax & fees; Cancel Policy: 48 hrs before arrival.

**Fisherman Cabins** – A two-night stay is required for cabins. The two-story cabins sleep eight and have two bedrooms, each with two double beds and 1 ½ bath. Linens, cooking and serving utensils, appliances, microwave, telephone, and cable TV are provided. Each has a fireplace with firewood provided in October. They are located directly on Fall Creek Lake and about ¼ mile from Fall Creek Falls Inn & Conference Center. (2 Bedroom with 4 double beds, 1 1/2 baths, capacity of 8); minimum 2-night stay at \$115 per night + tax & fees; Cancel Policy: 48 hrs before arrival.

**Villas** – A two-night stay is required for villas. The villas sleep ten and have four queen bed, two twin beds, and 2 baths. Linens, cooking and serving utensils, appliances, microwave, telephone, and cable TV are provided. Each has a fireplace with firewood provided in October. They are located directly on Fall Creek Lake and about ½ mile from Fall Creek Falls Inn & Conference Center. (3 Bedroom with 4 queen beds, 2 twin beds, 2 baths, capacity of 10); minimum 2-night stay at \$155 per night + tax & fees; Cancel Policy: 48 hrs before arrival.

**Camping** – Eleven 2-night water & sewer campsites are held in Fall Creek Falls campground. Each site may contain up to eight people but no more than one camper and two tents, or three tents. Parked vehicles must not infringe on a neighboring campsite or block the road in any way. All sites have tables, grills, and water and electric. All sites are shared by a central bathhouse with showers close by. Campsites are located about 2 miles from Fall Creek Falls Inn & Conference Center. To reserve a single night go online at <https://tnstateparks.itinio.com/fall-creek-falls> or call 1-800-250-8611.

**Meals:** Friday dinner is a buffet served in the conference room with choice of baked chicken or southern fried catfish, 3 vegetables, salad, bread, dessert, coffee and tea. Saturday dinner is an Prime Rib bugget in the conference room. Saturday and Sunday breakfast buffets will be served in the restaurant. Saturday's sack lunch will be a choice of Ham & Cheese or Peanut Butter & Jelly Sandwich, chips, apple, cookie. An 18% gratuity is included in the cost of all meals.

**Hikes scheduled:** Fall Creek Falls, Virgin Falls, Savage Gulf, Fiery Gizzard, Rock Island, and Cumberland Trail sections

**Directions to Fall Creek Falls From Knoxville, TN** take I-40 West to Crossville Peavine Rd Exit 322, turn left off exit onto Hwy 101S. At 4-way stop continue straight onto Hwy 392; at the 2<sup>nd</sup> stop light turn left onto Hwy 101 (Lantana Rd) and travel 19 miles to a T intersection, turn left (still on Hwy 101S) and go approx. 4 miles to Hwy 30. Turn right on Hwy 30W and travel 5 miles to Fall Creek Falls Park sign. Turn left and follow signs to the Conference Center.

**Directions to Fall Creek Falls From Memphis & Nashville** take I-40 East to Cookeville (82 miles). Turn right onto 111 South (exit 288). Park entrance is on the left on Highway 284 (40 miles from I-40 to the park). Follow signs to the Conference Center.

**Directions to Fall Creek Falls From Chattanooga** take I-24 toward Nashville, take Hwy 27 North toward Dayton and follow Highway 111 North to the park entrance on the right.

2013 TTA ANNUAL MEETING  
October 25 - 27, 2013  
Fall Creek Falls State Park  
800-250-8610 or 423-881-5241

REGISTRATION FORM  
**DUE ON OR BEFORE**  
September 6, 2013

*Please provide the name of each member of your family attending.*

Name: \_\_\_\_\_ Name: \_\_\_\_\_ Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ - \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_ Chapter: \_\_\_\_\_

**Lodging reservation & payment needs to be made directly to Fall Creek Falls. For planning purposes, please check below the lodging you reserved.**

**LODGING** - Inn reservations are to be made directly through Fall Creek Falls, 800-250-8610 or 423-881-5241. Group code: 5318. A block of the following types of rooms will be held for reservation until September 6, 2013. First night deposit required. Fall Creek Falls gives a 10% discount off to all seniors (62+). Please check the type of lodging you reserved.

- \_\_\_ Inn Rm (2 dbl beds w/private bath)
- \_\_\_ Fisherman Cabins (2 Bedroom w/1 ½ baths)
- \_\_\_ Villas (3 Bedroom w/ 2 baths)

**CAMPING** - Eleven 2-night water & electric sites in Fall Creek Falls campground are available through this registration form. All sites have tables, grills, water, and electricity, and served by a bathhouse close by. Each site may contain no more than eight people. A campsite may contain only one camping unit (motor home, trailer, pop-up, pickup camper, etc.) along with two tents, or a maximum of three tents are allowed per site. Only a 2-night reservation is available with this form. Cancel Policy: 72 hours before arrival.

Friday/Saturday night site includes how many people \_\_\_; # of sites \_\_\_ @ \$43 per site = Total \_\_\_\_\_

**MEALS** - All meals except for dinners (in Conference Rm) & Sack Lunch will be in the Fall Creek Falls Restaurant.

Friday Dinner Chicken or Catfish Buffet # of people \_\_\_ X \$17.70 = Total \_\_\_\_\_

Saturday Breakfast Buffet # of people \_\_\_ X \$11.73 = Total \_\_\_\_\_

Saturday sack lunch- choice of ham or peanut butter sandwich - \$5 each lunch. Indicate # of lunches

# of ham/cheese sack lunch \_\_\_ X \$5 = Total \_\_\_\_\_

# of peanut butter/jelly sack lunch \_\_\_ X \$5 = Total \_\_\_\_\_

Saturday Dinner Prime Rib Buffet # of people \_\_\_ X \$21.17 = Total \_\_\_\_\_

Sunday Breakfast Buffet # of people \_\_\_ X \$11.73 = Total \_\_\_\_\_

**REGISTRATION FEE** # of people \_\_\_ X \$25 = Total \_\_\_\_\_

(The full amount is required of each participant, regardless of the number of days attending.)

**The last day to cancel and receive a refund is October 9** TOTAL ENCLOSED \$ \_\_\_\_\_

**Please complete this Registration Form for your registration fee, camping, and meals.**

**Make check payable to: TTA Plateau Chapter; Mail Registration Form and payment to:**

**Pam Brophy**

**117 Wilbourn Drive, Crossville, TN 38558**

**Phone: 931-707-7234**

**Email: *p18brophy@comcast.net***

An email confirmation or postcard will be sent to you upon receipt of your check and registration.



## ANNUAL MEETING HIKE SCHEDULE

### Friday

- **FCF Woodland / Gorge Trails. 2.5 miles. Moderate.** This hike combines two trails near the Nature Center that will take you, via swinging bridge, to Fall Creek Falls, to the bottom and back, then to several overlooks, and Cane Creek cascades, completing a loop.
- **FCF Paw Paw Loop Trail. 2.5 miles. Moderate.** This hike begins near the Nature Center, crosses Rock House Creek, gains elevation (300' hill), then affords you striking views of Cane Creek Falls, Cane Creek Gulf, Fall Creek Falls, and Cane Creek Gorge Overlook, completing the loop back near the Nature Center.
- **FCF Gilbert Gaul Loop. 4.4 miles. Easy.** If hiked counter-clockwise you will follow a level dirt road from the gate of Group Camp #2 to a meadow near the site of the Gilbert Gaul homestead, then to the head of Fall Creek Lake where the road ends and footpath begins. There are beautiful views along the lake to Frazier Rain Shelter. The trail continues beside the lake before turning up along the "Fern Line" to the starting point.

### Saturday

- **Virgin Falls. 8 miles, in & out. Moderate/difficult.** This trail includes steep climbs, up and down rocky terrain with interesting bluffs, rock formations, and pristine overlooks. At Virgin Falls the stream emerges from a cave & thunders 110' into a sink hole. Returning, you will gain 700' elevation in a woods of Fall colors.
- **FCF Wheeler Farm Loop. 4.5 miles. Moderate.** On this hike you will encounter spurs to interesting features, visit both sides of Medley Arch, stroll through beautiful Cane Creek Valley (prairie), view several waterfalls, including Wheeler Falls, a 120' high tiered falls with 2 sources at the upper level. Then follow the trail thru the woods back to complete the loop.
- **Savage Gulf, North Rim, Plateau, day loop trails. 9.3 miles. Easy/moderate.** This hike will continuously afford terrific overlooks and views, after leaving the Ranger station, following a series of trails, including the mountain Oak Trail, Savage Day Loop, North Rim and North Plateau Trails. Bring an appetite for beauty on this hike.

- **CT Section of Soddy Creek Gorge Segment. 10 miles, in & out. Moderate.** This CT section takes you across a fence stile and through hemlock glades, a Boy Scout camp, across small streams and beside large rock formations. It passes through an abandoned coal mining area, now studded with young pines, and along ridge lines below a rock escarpment to the base of a sheer cliff accessed by a series of wooden steps, then reverse.
- **CT Section of Possum Creek Segment. 10.2 miles, in & out. Moderate.** This hike begins with a photo op of gigantic boulders and turbulent cascades. The trail continues past one amazing rock formation after another, crossing both Little Possum Creek and Big Possum Creek bridges, with Perkins Point between. A visit to Immodium Falls may also be possible, time permitting.
- **CT Snow Falls Trail. 11.5 miles, in & out. Difficult.** During this hike of considerable elevation gain you will encounter remnants of coal mining trestles and roadbeds, several unique metal bridges (built in the '70s), gigantic rock formations, swift streams, beautiful overlooks, and 35' Snow Falls on top of the plateau. On the return hike you will steadily lose elevation back to the trailhead, affording a better opportunity to enjoy the fall colors.
- **SCRA Collins Gulf Trail. 5 miles, in & out. Moderate.** Your descent into Collins Gulf gorge leads you under a giant rock-house and thru the mist of beautiful Suter Falls. An elevation gain by large boulders takes you to a meandering ridgeline, with the trail gradually descending back into the gorge to a spur trail accessing gorgeous Horse Pound Falls. Enjoy fall colors on the return ascent to the trailhead.
- **CT Laurel Falls. 5 miles, in & out. Easy/moderate.** This hike begins on level roadbed & passes an abandoned coal mine entrance, coke ovens and remnants of stone road trestles in boulder-ridden Richland Creek. After an upstream ascent, through a rock field, and over a 1970' metal bridge, you encounter beautiful cascades and minor falls amid house-size boulders. A series of switch-backs take you to roaring, 80' Laurel Falls (and a spur trail to the top, time permitting)

- **SCRA Savage Gulf Day Loop. 4.2 miles. Easy.** The trail begins at the Ranger Station and crosses a field and Boyd Branch via a suspension bridge before reaching the loop junction. A spur trail leads to the Savage Falls overlook. Later at Rattlesnake Point there is a stunning view of Savage Gulf. Trail then follows an old RR bed back to the loop junction, all this among great fall colors.
- **FCF Gilbert Gaul Loop Birdwatch Hike. 4.5 miles. Easy.** Professor Steve Steadman, an avid bird watcher for decades, will point out birds we see and hear as we hike. We will begin this hike from the Conference Center on a path past the cabins to the trail. We will ascend along the “Fern Line” to an old road bed that will lead us down to an open field near the site of the Gilbert Gaul homestead and to the head of Fall Creek Lake. There a footpath begins following the lake to Frazier Rain Shelter, and later by the park cabins to complete the loop. Leaving the lake we will hike back to the Conference Center.
- **SCRA Fiery Gizzard to Raven Point. 8.8 miles, in & out. Difficult.** A rugged, challenging trail, showcasing the beauty of the Cumberland Plateau. This hike, which will reverse at Raven Point, leads you to, house-size boulders (“the rock field”), waterfalls, swimming holes, deep bluffs, a moonshine still, caves and spectacular overlooks.
- **CT Black Mountain. 5 miles, in & out. Moderate.** This hike offers spectacular views of the Cumberland Plateau and Grassy Cove, and features a Stonehenge-like, natural rock formation in a wooded setting that defies explanation. The trail descends gradually to Windless Cave which is currently closed to exploration. During the return ascent you will intersect a loop trail near the top which returns to the parking lot.

## Sunday

- **Rock Island St. Park, “Twin Falls Trail”. 2.8 miles, in & out. Moderate.** This hike, in a beautiful setting, begins at Twin Falls Overlook. This is a two part hike, with both trails leading from the parking lot. First part will be upstream, following the bluff line above the Caney River to swimming spots (Warm Hole & Ice Hole) with some rock hopping to a view of Big Falls. The second part of the hike follows the Caney River downstream and back affording many photo ops.
- **SCRA Savage Day Loop. 4.2 miles. Easy.** Hike description listed under Saturday’s hikes.
- **FCF Paw Paw Loop. 2.5 miles. Moderate.** Hike description listed under Friday’s hikes.

## 2013 Annual Meeting Schedule of Events (Central Daylight Time—All times subject to change)

### Friday, October 25

- 1-8:30 pm - Registration; Receive Auction Items and Baked Goods
- 2:00 pm - Hikes in Local Area—Easy (See Hike Schedule)
- 5:00-6:00 pm - State-wide Outings Slide Show & Social Time
- 6:00 pm - Dinner in Conference Room
- 7:00-10:00 pm - Entertainment followed with door prize drawing and Social Time.

### Saturday, October 26

- 6:00-7:00 am - Coffee & water at cash bar; Bake Sale in Rhinehart Suite
- 7:00 am - Breakfast in restaurant
- 7:30 am - Pre-ordered sack lunches in Rhinehart Suite
- 8:00 am - Hikes begin departing. See Posted Hike Schedule for Times, Length, Leaders, and Difficulty
- 12:00-6:30 pm - Silent Auction
- 4:00-5:00 pm - State-wide Outings Slide Show & Social Time
- 5:00 pm - Dinner in Restaurant
- 6:30 pm - Awards and General Meeting
- 7:30 (about) pm - Live Auction (immediately after general meeting) followed with door prize drawing at the end of Auction

### Sunday October 27

- 6:00-7:00 am - Coffee & water at cash bar
- 7:00 am - Breakfast in restaurant
- 8:00 am - Check-out prior to departing on Hike or attending Board meeting
- 8:30 am - Hikes Depart
- 8:30 am - Board Meeting

**Bake Sale available when Rhinehart Suite is open**

**NEED HELP? ASK ANYONE WEARING A BLUE TEE SHIRT.**

**HAVE A TERRIFIC TIME!**

## TTA Annual Meeting Commemorative "Fall Creek Falls 2013" T-Shirt ORDER FORM

- ✓ all orders must be received by September 23.
- ✓ Shirts are pre-paid and pre-ordered only. Commemorative shirts will not be available to purchase at the annual mtg.
- ✓ Shirts will be distributed when you sign in at registration.

Measurement (inches)	Width ↔	Length ↓
SMALL	18	28
MEDIUM	20	29
LARGE	22	30
X-LARGE	24	31
2X-LARGE	26	32



Front



Back



Gildan, 100% Polyester wicking with the soft feel of cotton  
Charcoal color short sleeve t-shirt with Tan and Green Printing

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Short Sleeve Size: \_\_\_\_\_

No. of Short Sleeve Shirts \_\_\_\_\_ @ \$15 each

TOTAL AMOUNT ENCLOSED \$ \_\_\_\_\_

Mail order form and check made payable to TTA Plateau Chapter c/o Cheryl Heckler, 882 Mimosa Lane, Crossville, TN 38572. If you have any questions please email Cheryl at [thehecklers@charter.net](mailto:thehecklers@charter.net) or call 931-456-6437.

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## NORTHWEST Chapter

### (UT at Martin / Weakley County)

**CHAPTER CHAIR:** Scott M. Pun 731-881-7316  
*northwest@tennesseetrails.org*

**TREASURER:** Sandy Davis 731-587-9134  
*northwesttreas@tennesseetrails.org*

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT during the academic year (Feb-Apr and Sep-Dec) on the UT Campus in the Paul Meek Library, Rm 120, Media Services B1

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Hike information unavailable at press time.

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## PLATEAU CHAPTER (Crossville)

**CHAPTER CHAIR:** Cheryl Heckler 931-456-6437  
*plateau@tennesseetrails.org*

**SECRETARY/TREASURER:** Jan Barber 931-839-6662  
Don Taylor...615-973-1814  
*plateausecy@tennesseetrails.org*

**MEETS MONTHLY:** 2nd Thursday at 6:30 pm CT  
**BLOG:** *www.tennesseetrails.org/blog/plateau*

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There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information, contact Bill Harris at 931-484-9152 or visit the Plateau Chapter Blog. Check blog for cancellations or changes before hiking

**Sep 14 – Chapter potluck picnic at Cumberland Mt State Park #4 shelter by the boat dock.** 2:00 – 6:00 pm CT. Bring your own drink, meat to grill, and a side dish to share. Electrical outlets are available. For questions contact Linda Barclay at *linbarc@gmail.com*.

**Sep 21 – Honey Creek, Big South Fork, Jamestown.** This is one of the best hikes in the area and features waterfalls, rock houses, and gorge overlooks. The trail is 5.6 miles in length and fairly difficult due to rock scrambles, steep slopes, and stream crossings; a portion of the hike is in a very slippery creek bed which must be hiked with extreme caution. Although strenuous, the hike is worth the effort. Depart from Cracker Barrel at 8:00 am CT. For more information and to register, contact Bill Harris at 931-484-9152.

**Sep 28 – Maude's Crack, Big South Fork, Jamestown. Joint Hike with Murfreesboro Chapter.** This hike is a loop that descends to the bottom of No Business Gorge, and then follows the creek for a mile or so to the rim of the gorge. The last 100 feet of the climb is through Maude's Crack. There are relics of an early 20th century settlement along No Business Creek. The hike is approximately 7 miles and rated moderate because of the rugged terrain, a stream crossing, and one climb. Water shoes may be necessary to wade through water. Depart Cracker Barrel at 8 am CT. For more information and to register, contact Curt Thomas at *curtethomas@frontiernet.net* or phone at 931-260-2140.

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## SODDY-DAISY CHAPTER

**CHAPTER CHAIR:** John Politte 423-304-8327  
*soddydaisy@tennesseetrails.org*

**HIKE COORDINATOR:** George Bonneau 423-842-3619  
*soddydaisyhikes@tennesseetrails.org*

**TREASURER:** Bob McGavock 423-843-4646  
*soddydaisytreas@tennesseetrails.org*

**MEETS QUARTERLY:** 1st Tuesday in Jan, Apr, Jul, Oct at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson

*Additional information may be seen at our web site:  
<http://www.tennesseetrails.org/blog/soddydaisy>*

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Hike information unavailable at press time.

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## SUMNER TRAILS CHAPTER

**CHAPTER CO-CHAIRS:** Jane Hamm 615-757-3331  
Gayle Livingston 615-264-2940  
*sumner@tennesseetrails.org*

**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at 7:00 pm CT  
Hendersonville First United Methodist Church, 217 E. Main St. Hendersonville, TN

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**Sep 3 - Chapter Meeting.** In June 2011, Libby Francis and Jenice Johnson traveled much of Oregon in search of the perfect waterfall, the perfect mountain, the perfect coastal view and the perfect hiking trail. We found them all and so much more. Join Libby as we view her photos of the Columbia River Gorge, Native American petroglyphs, Western towns, wineries and orchards, snow covered Mt. Hood, Crater Lake, windswept cliffs, lighthouses, seal covered beaches and haystack rock. Guests are always welcome so bring family and friends with you.

**Sep 21 - Day hike and Overnight Camping with the Nashville Chapter** - On Saturday, Sept. 21, The Big South Fork (BSF) will hold its 21st annual storytelling festival, "Haunting in the Hills" at the Bandy Creek Visitor Center in the Tennessee portion of BSF. The main event is held after dark when the featured storytellers tell scary stories. Each one is spookier than the next. We will leave Sumner County at 7:30 am CT for the three hour drive to Bandy Creek. Once we arrive, we'll get ready for a fabulous hike on the 6 mile John Litton Farm loop. This charming trail is rated moderate, and it has a little bit of everything: rock formations, an old farmhouse and barn, and much more. We'll eat lunch on the trail at a beauty spot. Once we are done hiking, we'll head over to the Bandy Creek campground where we are staying for the night! This campground is run by the National Park Service and has sites for both tents and camping vehicles. Just before 8:00 pm ET, we'll grab our folding chairs and walk to the field where the ghost stories are being told until about 10:00 pm.

*Hike description continued on next page.*

## Sumner Trails Chapter – con't.

Sunday morning, after we have breakfast and pack up, we'll have a shorter hike (exact location to be determined based on weather and group interest). If you want to camp, make your reservation as soon as possible: [http://www.recreation.gov/tn/Bandy\\_Creek/Campground/r/campgroundDetails.do?contractCode=NRSO&parkID=70988](http://www.recreation.gov/tn/Bandy_Creek/Campground/r/campgroundDetails.do?contractCode=NRSO&parkID=70988).

Everyone is responsible for bringing his/her own gear and food. Please note that there are limits to how many tents/cars can be on each site. Can't spend the night? Feel free to join us at Bandy Creek for the day hike. Everyone should RSVP for the trip by e-mailing Anne at [ttahiker@att.net](mailto:ttahiker@att.net) before Sept. 20.

**Sep 28 - Eagle Pass Trail. 2.7 miles. Easy.** The old Tennessee Central Railroad used to chug along Eagle Pass which now is a section of the Rails-To-Trails Cumberland River Bicentennial Trail. We will meet at First Presbyterian Church in Hendersonville at 9 am CT to carpool to the trailhead at Cheatham Dam Rd., dropping a car at the Sycamore Harbor trailhead so we can shuttle the drivers back to their cars after the hike. After the hike we'll have lunch at Riverview Restaurant in Ashland City. For further info contact Eagle AI at [ballallenger@aol.com](mailto:ballallenger@aol.com) or 615-347-2623.

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## UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

**CHAPTER CHAIR:** Louise Miniard 931-528-9115  
[uppercumberland@tennesseetrails.org](mailto:uppercumberland@tennesseetrails.org)

**HIKE COORDINATOR:** Kathleen Sullivan 931-284-7822  
[uppercumberlandhikes@tennesseetrails.org](mailto:uppercumberlandhikes@tennesseetrails.org)

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**Sep 14 - Leatherwood Ford Parking Area** to O&W bridge, then some elevation gain to Devil's Den (large rock shelter), and on to Eye of the Needle. The latter is a cave-like rock shelter that contains a low stone arch, a ladder down to a lower level, and a "window" through the rear wall. It is probably the most unique feature in Big South Fork. Guesstimate 10 to 12 miles round trip. Unfortunately we must traverse deeply eroded, and usually muddy, horse trails from Devil's Den to Eye of the Needle. It is suggested that Eye of The Needle be undertaken by seasoned hikers only. Those who wish may turn around at Devil's Den and return to the Leatherwood Ford Parking Area for an easy to moderate 6 mile hike. All should wear sturdy hiking boots and bring adequate water, lunch, and a flashlight. You can meet us in the Penney's parking lot in Cookeville at 7:30 am CT or Leatherwood Ford parking lot at 8:30 am. To register or for more information, contact Pete and Margaret at 931-864-7782 or [thorvald@twlakes.net](mailto:thorvald@twlakes.net).

## Upper Cumberland Chapter – con't

**Sep 21 - Cloudland Canyon, Rising Fawn, GA.** There are spectacular views of Cloudland Canyon as well as Trenton, GA and neighboring Sand Mountain. We will hike on the Waterfalls trail down over 500 steps to 60 ft. Cherokee Falls and 90 ft. Hemlock Falls. Weather permitting, we will then hike the Rim Trail (4.8 mi.) and if visibility is bad we will hike Sitton's Gulch Trail which follows Daniel Creek. Either way we go it will be about 7 miles or less. The hike is moderate to strenuous because of the number of steps up and down. We can meet at 7:30 am CT in the Penney's parking lot in Cookeville, or at the U.S. Bank across from McDonalds in Sparta at 8:00 am or at the trailhead in GA around 10:00 am CT. Wear sturdy hiking boots and bring snacks, water and lunch. After the hike, we will stop at "Sticky Fingers" in Chattanooga, TN for dinner. To register contact Pete Broehl at 931-738-3551 or [pabroehl@blomand.net](mailto:pabroehl@blomand.net).

**Sep 28 - Joint hike with Murfreesboro Chapter. Maude's Crack, Big South Fork NRR, Jamestown, TN.** Maude's Crack is a shoulder width crack in a rock cliff about 100 feet high. It was used as a shortcut by Minnie Maude Royston to bring supplies from a settlement near the bottom of the cliff to workers at the top. The hike is a loop (plus a side trip to the John Muir Overlook) that descends to the bottom of No Business Gorge, then follows the creek for a mile or so then ascends to the rim of the gorge. The last 100 feet of the climb is through Maude's Crack. There are relics of an early 20<sup>th</sup> century settlement along No Business Creek. The side trip to the John Muir Overlook is a steep climb. The hike is about 8.5 miles and is rated moderate to strenuous because of the rugged terrain, a stream crossing (we may need to wade the creek), and two several hundred foot climbs. Bring snacks, water, lunch, and hiking boots. You can meet us at 7:30 am CT in the Penney's parking lot in Cookeville. For information and to register contact Kathleen Sullivan at 931.284.7822 or [ksully@frontiernet.net](mailto:ksully@frontiernet.net) or Sara Pollard at 615.714.3610 or [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com).

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**REMEMBER TO REGISTER FOR THE  
ANNUAL MEETING BY SEPTEMBER 6!!**

**WE HOPE TO SEE ALL OF YOU  
THERE!!**

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**  
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.  
**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .**

- A NEW MEMBER**  
 **RENEWING MY MEMBERSHIP**

Sep 13

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

Memberships are for one year, unless you have a Lifetime Membership.  
Gift Memberships are also available. Contact our Membership Director,  
Tim Townley 731-607-0512 [membership@tennesseetrails.org](mailto:membership@tennesseetrails.org)

**PLEASE, PRINT CLEARLY.**

\_\_\_ Individual \$25.00  
\_\_\_ Family \$35.00  
\_\_\_ Student (FULL TIME) \$15.00  
\_\_\_ Supporting (\$50.00, \$100.00 or more)  
\_\_\_ Life Member (Individual) \$500.00  
\_\_\_ Life Member (Family) \$750.00

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
Home Phone (\_\_\_\_) \_\_\_\_\_ Zip \_\_\_\_\_ -- \_\_\_\_\_  
Work Phone (\_\_\_\_) \_\_\_\_\_  
e-mail \_\_\_\_\_

- Please do not list my e-mail address in the TTA Annual Membership Directory  
 I would like to receive my newsletter by email.

\*\* CTC Membership \*\* \*\*\$5.00\*\*

\*\* Special \$5.00 rate for membership in Cumberland Trail Conference if you also are joining TTA or renewing your TTA membership. CTC is building the Cumberland Trail, which will go from Chattanooga to Cumberland Gap. Over 185 miles are now complete and open for hiking. More information can be found at [www.cumberlandtrail.org](http://www.cumberlandtrail.org). Please consider enhancing your commitment to Tennessee's great trails by joining the CTC.

Please list me with the following chapter:

\_\_\_ Clarksville  
\_\_\_ Columbia/Franklin  
\_\_\_ Cove Lake  
\_\_\_ Dyer County  
\_\_\_ East TN (Oak Ridge/Knoxville)  
\_\_\_ Highland Rim (Manchester/Tulahoma)  
\_\_\_ Jackson  
\_\_\_ Memphis  
\_\_\_ Murfreesboro  
\_\_\_ Nashville  
\_\_\_ Northwest (UT at Martin/Weakley)  
\_\_\_ Plateau (Crossville)  
\_\_\_ Soddy Daisy  
\_\_\_ Sumner Trails (Sumner County)  
\_\_\_ Upper Cumberland (Sparta/Cookeville)  
\_\_\_ At Large

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - C.T.C. and T.R.A.C. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

**As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.**