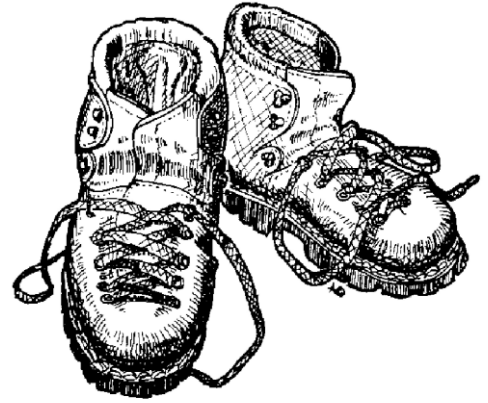


TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



TTA ANNUAL MEETING

Is your calendar marked for the 2013 TTA Annual Meeting? This year's sponsoring chapters promise an event to touch your **Heart & Sole!** Information for registration, schedule of events, and hike descriptions are included in this newsletter. A few highlights to whet your appetite:

- Hikes – Great selection of hikes in southeast TN are planned from easy to challenging, part day to all day, and including a sight and sound bird identification hike.
- Backpacking – Join a pre-meeting adventure led by George Bonneau. This overnight trip will depart from the Nature Center in Fall Creek Falls on Thursday, Oct. 24, and return Oct. 25. If you are interested, please contact George at george.r.bonneau@gmail.com, 423-842-3619, 423-596-5972.
- Programs – For attendees who do not fill their weekend with hikes, we have you covered! Join sessions at the lodge about wildflowers, first aid, birding, and leave no trace.
- Evening cheer – Entertainment on Friday evening will include music and square dancing – sit and listen, or limber up your peds on the dance floor!
- Socialize (and a cold one!) – Meet up with buddies in the hospitality suite for a beverage and chat.
- Auction – Don't forget the auctions and the door prizes; you can snag some great treasures.

Annual Meeting Registration Form, hike information and schedule on pages 7 through 10.

2013 MEMBERSHIP DIRECTORY IT'S UPDATE TIME!

The 2013 edition of the TTA Membership Directory will be mailed to all current members around the end of September. Please be sure your dues are paid up so that you will be listed in the directory, and receive your copy when it's published. Also, please let us know if your home/email address and/or telephone number has changed since the last Directory (published August 2012).

The deadline for changes is August 5 and here are a few ways you can notify us:

- Internet: Visit our website (www.tennesseetrails.org), navigate to "Member Services," select and fill out the "Electronic Address Change Form."
- Mail: Using the New/Renewal Membership Form (on the last page of this newsletter), fill in your new information, write on the form "address change" and mail to the address shown on the Membership Form.
- Email/Phone: TTA's Membership Director, Tim Townley at membership@tennesseetrails.org.

Not sure of when your membership expires? Contact Tim Townley –or- if you receive the newsletter in print form, look at the mailing label on your current monthly newsletter; it displays your annual expiration date just above your address. You will need to renew your membership within that month showing on your mailing label in order to avoid a lapse/interruption in receiving your newsletter.



Office Location 409 Thurman Avenue, Ste 102
Crossville, TN 38555
 Office Hours8am-2pm CT
 Phone:931-456-6259
 Fax:931-456-4934
 Email: cumberlandtrail@rocketmail.com
 Website: www.cumberlandtrail.org

The CTC needs volunteer help with trail construction and maintenance. Besides the events listed below, if groups of eight or more volunteers are interested in trail construction on Graysville Mountain in Rhea County or trail maintenance on Cross Mountain in Campbell County, please contact the CTC office (contact information listed below). Dates and times can be arranged for a volunteer event. CTC will provide tools and instruction; volunteers will need safety glasses, work gloves, long pants, closed toe footwear.

Big Soddy Creek Bridge, Hamilton County - CTC will need volunteers to help move material into the gorge and to construct the bridge. Volunteer opportunities will be available in late May through July 15 or until bridge is completed. Dates will be posted in the near future.

Sep 27-29 - Graysville Mountain, Rhea County. This is the CTC's National Public Lands Day event. Volunteers are needed to construct trail on the Graysville Mountain section of the Cumberland Trail. This section is located near Graysville, south of Dayton, TN. CTC will provide tools and instruction, volunteers will need safety glasses, work gloves, long pants, closed toe footwear. Please contact the CTC office for details and register for this event.

Oct 4-6 - Cross Mountain, Campbell County. CTC will need volunteers to help with trail maintenance in the CT's New River section. Work will be on Cross Mountain near Cove Lake State Park, Caryville, TN. This work includes repair of trail tread and cutting back vegetation. Volunteers will meet at the trailhead on the top of Cross Mountain at 9:00 am ET. CTC will provide tools and instruction, volunteers will need safety glasses, work gloves, long pants, closed toe footwear. For further details and register for this event, please contact the CTC office.

Nov 9 - Volunteer Appreciation Day, Crossville, TN. Past and present Cumberland Trail volunteers and supporters are invited to a dinner and awards banquet to be held in Crossville, TN. A hike will take place on Black Mountain during the day with the banquet to follow. For more details and to RSVP, please contact the CTC office. CTC office can be contacted at 409 Thurman Ave, Suite 102, Crossville, TN 38555, 931-456-6259, or email Cumberlandtrail@rocketmail.com.

CLARKSVILLE CHAPTER

CHAPTER CHAIR: J.R. Tate 931-920-2692
clarksville@tennesseetrails.org
CHAPTER VICE-CHAIR: Suva Bastin 931-645-2849
clarksville@tennesseetrails.org
TREASURER: Chris Everett 931-494-8038
clarksvilletreas@tennesseetrails.org
SECRETARY: Robbin Cusic 931-542-3266
clarksvillesecy@tennesseetrails.org
OUTINGS COORDINATOR: Paul Schwab 931-645-9068
clarksvillehikes@tennesseetrails.org

(call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT,
 Crow Community Center, 211 Richview Rd.
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/clarksville>

Jun 1 - National Trails Day. We will volunteer to help at Land Between the Lakes. John Sneed 931-920-388. Meet 8:00 am CT, Kroger parking area, Dover Crossing Road, Clarksville. 72 miles to trailhead.

Jun 8 - Bledsoe Creek State Park. 3 miles. Moderate. Paul Schwab 931-645-9068. Meet 8:00 am CT, I 24 Exit 11 commuter parking lot. 64 miles to trailhead.

Jun 15 - Old Stone Fork State Park (3 trails). 3.3 miles. Moderate. On the way home we will stop at Bell Buckle for the RC Moon Pie Festival. Paul Schwab 931-645-9068. Meet 7:30 am CT, I 24 Exit 11 commuter parking lot. 100 miles to trailhead.

Jun 18 - Monthly Meeting.

Jun 22 - Overnight trip to Historic Rugby, the restored Victorian village founded in 1880. We will overnight in the Pioneer Cottage (fee required). Suva Bastin 931-645-2849. Meet 7:00 am CT, I 24 Exit 11 commuter parking lot. 177 miles to Rugby.

Jun 29 - Annual Picnic. Bring a dish. Dunbar Cave State Natural Area, Dunbar Cave Road, Clarksville. Suva Bastin 931-645-2849. 4:00 pm CT until dusk.

LEAVE NO TRACE TRAINER COURSE August 2-4, 2013

One of the biggest problems the backcountry and wildlife face today is the disregard most people have for the wonderful resources we enjoy. More often than not this comes from their ignorance of how to behave in the backcountry and not from malicious intent.

The Southeastern Foot Trails Coalition will be conducting the Leave No Trace Trainer Course for those seeking to learn the seven principles of outdoor ethics for personal enrichment and to teach others.

The course features a short easy backpack and overnight campout in the Chattahoochee National Forest. The course fee of \$85 includes food and educational materials.

For more information and to register, visit the SEFTC website at www.southeastfoottrails.org.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR: Marvin Caine 931-486-1632
columbia@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

Jun 1 – National Trails Day. Garrison Creek Loop, Natchez Trace Parkway, near Leipers Fork, TN. 6 miles. Moderate. This hike, from Burns Branch to Garrison Creek includes the longest section of Old Trace left in Tennessee, built two centuries ago. The trail follows a high ridgetop and has a scenic overlook before descending and crossing Garrison Creek. This is a wet crossing of normally mid-shin if water is high. Bring plenty of water, snacks for the trail and wear sturdy boots. We will meet behind McDonalds 4908 Main Street (Hwy 31) on the north side of Spring Hill, and leave promptly at 8:00 am CT. We will plan to stop at Puckett's Grocery in Leipers Fork for a late lunch. Register with Rick Pinkleton at 931-619-5012.

Jun 4 – Chapter Meeting. We will be planning hikes and other activities for the second half of 2013. Please bring suggestions for hikes and consider being a hike coordinator, even if you haven't done so in the past. We are also looking for programs for our monthly meetings so bring ideas for this too.

Jun 15 – Savage Day Loop + side trips, South Cumberland State Recreation Area, Monteagle, TN. 5.7 miles. Easy. We plan on hiking the Savage Day Loop Trail, including an out and back trip to Savage Falls on the South Rim Trail, looking for Rhododendron in flower along the stream. We also plan to do a mile roundtrip on the North Rim Trail, out and back to the second overlook for the view and to look for Rhododendron along Meadow Creek (where the suspension bridge crosses). This is all easy plateau top terrain. Wear sturdy boots and bring water and snacks for the trail. We will probably stop and eat on the way home. We will meet at 7:15 am CT behind McDonald's 4908 Main Street (Hwy 31) on the north side of Spring Hill and leave by 7:30 am. Register with Jane Coffey at jecoffey0644@charter.net or cell phone 615-516-6551.



LEAVE NO TRACE PRINCIPLES

- Leave what you find.
- Minimize Campfire Impacts.
- Respect wildlife.
- Be considerate of other visitors.
- Plan ahead and prepare.
- Travel and camp on durable surfaces.
- Dispose of waste properly.

COVE LAKE HIKING CHAPTER

CHAPTER CHAIR: John Redmon 423-869-8286
covelake@tennesseetrails.org

SECRETARY/BOARD REPRESENTATIVE: Kathy Sarvis 865-494-0374
covelakehikes@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm ET at the recreation center, 300 W. Beech St., La Follette.

Jun 8 - Wilderness Road State Park (rail to trails). This will be an easy 4 1/2 mile hike to the historic Martin's Station. We will decide that day whether to hike one way with a shuttle or hike the 4 1/2 miles back to the cars. Bring water, lunch or snack. Meet at Food Lion in La Follette at 8:30 am ET or meet John Redmon at the Daniel Boone Welcome Center at 9:30 am. Directions: I-75 N - exit 134. **FOOD LION** - At ramp follow signs for Cove Lake State Park. Stay on highway 63 go thru Caryville, Jacksboro, old La Follette - Food Lion will be on your left- meet in parking lot to carpool to State Park. For those who want to meet John at the **DANIEL BOONE Welcome Area** - stay on highway 63 to end - HARROGATE. At light make left onto US 25E continue north - before the tunnel exit US 58 meet at Daniel Boone Welcome area which I believe is the second exit on US 58.

Jun 29 – Marine Railway Loop Trail, Norris Dam State Park. 4.4 miles. Moderate. Bring water, snack and walking stick. Those coming from Campbell County meet at the Jacksboro Middle School at 9:30 am ET to car pool down to Norris Dam State Park (I-75S exit 122 Norris/Clinton - make left). Past the Museum of Appalachia, turn left onto U.S. Highway 441 toward Norris Dam State Park. Follow Highway 441. **Do not cross dam**, park in lot near glass building to car pool to Marine Railway Loop trailhead. For those who are interested we can lunch at one of the local restaurants after hike. Directions to Norris Dam State Park: Meet at 10:00 am. I-75 north to the Clinton/Norris (exit 122), turn right onto State Highway 61. Past the Museum of Appalachia, turn left onto U.S. Highway 441 toward Norris Dam State Park. Follow Highway 441. **Do not cross dam**, park in lot near glass building to car pool to Marine Railway Loop trailhead.

DYER COUNTY CHAPTER

Graydon Swisher 901-737-3114
westregional@tennesseetrails.org

This chapter is in the process of being reorganized.

For further information, contact Graydon Swisher at 901-737-3114 or, westregional@tennesseetrails.org. In the interim, you are welcome to attend (14 to select from) other chapters' outings, events and meetings.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-548-6171
easttennessee@tennesseetrails.org
VICE-CHAIR: Elise Eustace 865-201-5806
easttennessee@tennesseetrails.org

Jun 22 - Ridgetop Loop Trail, Meadow Loop Trail, and Lost Shoe Loop Trail, Fort Loudon State Historical Area, 338 Fort Loudon Road, Vonore, TN. 5 miles. Easy. Starting at the Picnic Grounds, we will hike along the river on the Ridgetop Loop Trail until we connect with the Meadow Loop Trail which has a short leg on the Lost Shoe Loop Trail. Then we will continue on the Meadow Loop Trail, crossing the peninsula until we come to the river again where we will reconnect with the Ridgetop Loop Trail. We will then see mountain, lake, and valley vistas as we ascend to the highest elevation of 975 feet where we will go off-trail to see an Osage Orange tree. There may be an optional detour back to the river bank. After returning to the Picnic Grounds, we will have a meal. TTA will supply the hot dogs, buns, and eating utensils; please bring a dish to share and your own drinks. Optional activities may include swimming, fishing, and touring the Fort and its museum. We will meet at the Picnic Grounds at 10:00 am ET. Co-leaders are Karen Towle and Robby Paul. Pre-register with Robby Paul at *robbypaul@hotmail.com* or 865-850-1503.

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CHAIR: Linda Hudson 931-841-0540
highlandrim@tennesseetrails.org
SECRETARY Carolyn Fitz 931-598-0597
highlandrimsecy@tennesseetrails.org
TREASURER: Marietta Poteet 931-924-7666
highlandrimtreas@tennesseetrails.org
OUTINGS & PROGRAM COORDINATOR & NEWSLETTER CONTACT: Joan Hartvigsen 931-962-0811
highlandrimhikes@tennesseetrails.org

(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W. Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Jun 1 – National Trails Day, Honey Creek Loop, Big South Fork National River and Recreation Area, Rugby, TN. 5.6 miles. Difficult. This fascinating loop has rock shelters, gorge overlooks, waterfalls, streams and boulder passages. The trail is rocky and there are steep slopes. After the hike we will car camp. Bring hiking boots, hiking sticks, water, food and camping gear. Contact Cynthia Meinerding at *cjmeinerding@yahoo.com* or 931-308-4727 after 4:30 pm and before 9:00 pm to register.

Jun 8 – Friends of South Cumberland Annual Meeting. A ranger led hike at Fiery Gizzard/Grundy Forest will kick things off at 10:00 am CT, followed by a potluck picnic and short program at the Visitors Center near Tracy City. There will be music, camaraderie and a chance to join the Friends of South Cumberland. For more information, contact Joan Hartvigsen at *jhartvigs@comcast.net* or 931-962-0811.

Highland Rim Chapter – con't.

Jun 9 – Tennessee River Paddle, Nickajack Lake, near Chattanooga. Sunday morning we will paddle the beautiful Tennessee River Gorge from Suck Creek to Raccoon Mountain, 9 miles. Bring a lot of water, snacks, lunch, hat and sunscreen, binoculars and camera. Plan to wear your PFD. Contact Joan Hartvigsen at 931-962-0811 or *jhartvigs@comcast.net* for more information and to register.

Jun 15 – Eat-Paddle-Eat-Paddle-Eat, Elk River from below Tims Ford Dam on Hwy 50 to Farris Creek. Closest town is Winchester, TN. Meet us at Sample's Family Restaurant, 204 S. Main St. (Hwy 41A), Estill Springs, TN at 8:00 am CT for breakfast or 9:30 am at the put in below Tims Ford Dam to organize the shuttle. Bring water, lunch, hat and sunscreen. Contact Tom Bentley at 931-455-5849 or 931-273-6344 or *htbentley@lighttube.net*.

Jun 21, 22, 23 – Great Smoky Mountains National Park. Joint activity with the Murfreesboro Chapter. We have reserved two campsites at Elkmont for June 21 and June 22. Friday's hike is the easy seven mile flat and beautiful Little River Trail. We will see Huskey Branch Falls, wildflowers, and Little River Cascades and the confluence of Split Branch Stream and Fish Camp Prong Stream with the Little River. Saturday we will hike to Mt. LeConte on the Rainbow Falls Trail and return the same day on Bull Head Trail. This is a strenuous, steep 13.6 mile hike which is rocky in places. But the rewards are Rainbow Falls, cascades, wildflowers, spectacular views and old growth forest. Colleagues may choose the less arduous 5.4 miles round-trip to Rainbow Falls. On Sunday we will hike Porters Creek, 7.2 miles round trip, easy. We will hike along beautiful Porters Creek, a tributary of the Little Pigeon River, through wildflowers and mature woods of hemlocks and hardwoods. We will see Fern Falls, a 45 ft. waterslide. We will drive to the Smokies early Friday morning, set up camp at Elkmont then hike. Friday's dinner will be at the campsite, simple and easy. Saturday's dinner will be in Gatlinburg. Sunday morning we will pack up, go on our Sunday hike then drive home Sunday afternoon. Register early with Joan Hartvigsen at *jhartvigs@comcast.net* or 931-962-0811.

Jun 24 – Chapter Meeting. Dinner at 5:00 pm at Bella Napoli, 1410 N. Jackson St., Tullahoma, next to the Quality Inn. Our meeting is 7:00 pm at D. W. Wilson Community Center. Our speaker is Ranger Jamie, Old Stone Fort State Archaeological Park. He will talk about the park's history (prehistoric and more recent history when the park was founded), its trail systems, its rivers (The Duck River and the Little Duck River), its geology, its forests, and its wildflowers.

Jun 29 – Short Springs State Natural Area, Tullahoma, Work Day, 9:00 am CT. Wally's To Do List : Remove the log jam in Machine Creek downstream from Machine Falls. Place flat stones in creek bed to make a stepping stone trail along and across Fall Creek. Pull Nepal Grass in the Wildflower bottom. Repaint the white trail markers on Machine Falls Trail. Bring water, snack and work gloves. Tell Wally Bigbee you plan to come: *bigb@blomand.net* or 931-473-5968.

JACKSON CHAPTER

CHAPTER CHAIR: Vicky Moeller 731-668-9336
jackson@tennesseetrails.org

TREASURER: Anne Goodson 664-1556
jacksontreas@tennesseetrails.org

SECRETARY: Don Dresser 731-668-4190
jacksonsecy@tennesseetrails.org

OUTINGS COORDINATOR: Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org
(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1st Monday at Perkins Restaurant, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 6:45 pm

No activities, hikes or chapter meeting in June.

Planning Ahead:

July Canoe Trip – While this trip is not yet officially on the calendar, we hope to have a canoe outing, either in Tennessee or Arkansas. Please let us know if you are interested and where you would prefer to go.

Aug 5 - Monthly Meeting. We will meet at Perkins restaurant at 6 pm for dinner, followed by a planning meeting to schedule next fall's hikes. If you cannot make the meeting, please tell Vicky Moeller what hikes you would like included. Her telephone number is 668-9336 and her email address is *vmoellerosu@gmail.com*.

Sep 2 - Monthly Meeting.

Board Position Open

Are you interested in being more involved in Tennessee Trails Association? Do you have a home computer? How about an hour or so each week to spare? You could be just the person that the TTA board of directors is looking for. Ann Jacobs, our treasurer, has decided not to run for another term, and will be leaving office at the end of 2013.

The treasurer's responsibilities include:

- Maintain the finances and financial records of TTA.
- Prepare a budget for each year and submit to board for review and approval.
- Write checks for authorized expenditures and deposit revenues received by TTA.
- Maintain accurate and timely records of revenue and expenses
- Manage investments of the Association.
- In cooperation with CTC, manage an annual audit of TTA's and CTC's financial records.
- Retain copies of financial records from prior years.
- Prepare a financial report for each quarterly TTA board meeting.

Training will be provided.

***If you've never volunteered to help before,
how about it in 2014?***

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
memphis@tennesseetrails.org

VICE-CHAIR: Francis Ruffin 662-701-6284
memphisvice@tennesseetrails.org

No chapter hikes scheduled during the months of June, July and August. In the meantime, check out other TTA chapter hike listings in the TTA Newsletter or www.tennesseetrails.org and join a hike!

MURFREESBORO CHAPTER

CHAPTER CHAIR: Sara Pollard 615-714-3610
murfreesboro@tennesseetrails.org

TREASURER Ann Jacobs 615-896-3935
murfreesborotreas@tennesseetrails.org

MEMBERSHIP Mary Belle Ginanni 615-895-6072
murfreesboromembership@tennesseetrails.org

PROGRAMS Valerie Galan 615-586-2882
murfreesboroprograms@tennesseetrails.org

OUTINGS COORDINATOR: Cathy Bingham 615-890-9791
murfreesborohikes@tennesseetrails.org
(Call Cathy & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Veterans Parkway, Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Jun 1 – National Trails Day, Barfield Crescent Park, Murfreesboro. Come join us for trail maintenance at this wonderful park from 8:00 am until 11:00 am CT. Bring gloves, sturdy shoes, a snack and water. For more information or to sign up, contact Sara Pollard at 615-714-3610 or *sarabpollard@gmail.com*.

Jun 8 - Brady Mountain Segment of the Cumberland Trail, Crossville, TN. 8 miles. Moderate to Strenuous due to elevation gain. We will hike the length of the trail from the Jewitt Road trailhead to Highway 68. Highlights of the trail include spectacular views of Grassy Cove and the Smoky Mountains to the east. Side trips to interesting rock formations and the site of an airplane crash are possible. Bring water, snacks, lunch, and wear sturdy hiking boots. You can meet us at 7:30 am CT at the 840 Park and Ride on Broad Street/Hwy 41. For information and to register, contact Jenny Jacobs at *jjj27_1999@yahoo.com* or call/text 615-691-2636.

Jun 11 - Chapter Picnic, Pavilion #4, Barfield Crescent Park, Murfreesboro. 6:00 pm CT. No business will be held and open to all TTA members, families and guests. There are picnic tables under the shelter and the chapter will provide barbecue, drinks, utensils, napkins and ice. Bring a side dish or dessert to share. Please register, along with how many are coming when you RSVP to Sara Pollard at 615.714.3610 or *sarabpollard@gmail.com*. We want to make sure enough barbecue and supplies are provided. Picnic is rain or shine.

Murfreesboro Chapter – con't.

Jun 15 - Walls of Jericho. 6-8 miles. Strenuous. If we have more than one car we will do a shuttle from the Alabama trailhead to the Tennessee trailhead (only about a mile apart) hiking in from TN and out to AL 8 miles. If we only have one car we will hike in and out from the Alabama trailhead 6 miles. This is a very nice hike but strenuous. Wear good boots, bring plenty of water, lunch and snacks. We will be leaving from the Church St. Cracker Barrel at 8:00 am CT. It is about 80 miles to the trailhead. If you would like to go please contact Roy at royduncan1959@yahoo.com or call 615-848-5454.

Jun 21-23 – Camping and Hiking in the Smokies. Joint Activity with Highland Rim Chapter. We will leave early Friday, hike and set up camp in the Elkmont Campground. We will hike Saturday and leave after our hike on Sunday. See Highland Rim Chapter for details. To register, contact Sara Pollard at 615-714-3610 or sarapollard@gmail.com.

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs 615-283-0507
nashville@tennesseetrails.org

OUTINGS COORDINATOR: Nancy Juodenas 615-319-8811
nashvillehikes@tennesseetrails.org

(email Nancy & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI
Community Room, 261 Franklin Road, Brentwood. For
directions, visit: www.tennesseetrails.org/nashville.php

BLOG: www.tennesseetrails.org/blog/nashville

Jun 1 - Hidden Springs Trail, Cedars of Lebanon State Park. 5 miles. Easy. A good beginner hiking opportunity, rated easy because there's virtually no elevation change. Several interesting sinkhole and rock formations. Legend has it that people used to make whiskey deep inside some of the connected sinkholes. We should be able to see shooting stars (wildflowers, that is - this IS a daytime hike), and several cedar glade species as well. For complete information on meeting place and time, contact Nora Beck at norellibee@gmail.com or 615-517-6486.

Jun 1 – Rock Creek Loop, Big South Fork National Recreation Area. 7.1 miles. Moderately difficult. This hike is a 3 hour drive from Nashville. As the name indicates, it follows Rock Creek for part of its distance, and it overlaps parts of the John Muir and Sheltopee Trace hiking trails as well as part of the old Stearns Logging Railroad along Massey Branch. The trailhead is located off of Divide Road (which branches off from Route 154 / Pickett Park Highway) at the Hattie Blevins Cemetery. Bring water, snacks/lunch, boots with ankle support, and clothing appropriate for the weather that day. We will probably want to stop for dinner somewhere on the drive back to Nashville. Call Doug Burroughs at 615-283-0507 for more information and to register. Meeting Place: Kinko's parking lot on Donelson Pike north of I-40. Meeting Time: 7:30 am CT.

Nashville Chapter – con't.

Jun 15 - Grundy Lakes and Grundy Forest Day Loop near Tracy City. 3.5 total miles. Easy. Grundy Lakes is the site of the Lone Rock Coke Ovens where locally mined coal was converted to coke using convict labor until 1896. The coke ovens remain as a historic reminder of these times. The trail circles the largest of the four lakes and loops by remains of the Coke Ovens. This trail is 1.5 miles and rated easy. After lunch at the lake picnic area, we will travel to the Grundy Forest Day Loop Trailhead. This short day loop gives an introduction to the Fiery Gizzard area, passing by small cascades, old CCC camp remains, and a couple of nice swimming holes. It meets up with the more difficult and dramatic Fiery Gizzard Trail midway through the loop. This trail is 2 miles and is rated easy. Of course, no visit to the area would be complete without a visit to the Dutch Maid Bakery in Tracy City. You will need to bring lunch, sturdy walking shoes, and water. For more info and to register, contact Libby Francis, libbyslibbys@comcast.net or 615-889-5718. If there is enough interest, we could car camp at nearby Foster Falls June 14-16.

Jun 28-30 - Car-Camping Weekend, Frozen Head State Park, Wartburg, TN. "This is one of the finest trail systems in Tennessee. There are over 80 miles of very scenic and challenging foot trails throughout this wild and rugged 13,122-acre mountain park. The trails feature waterfalls, giant sandstone rock formations, bluffs, abundant wildlife and 14 mountain peaks over 3,000 feet in elevation. Each of the 20 trails are color blazed and most of the trails inter-loop together giving a choice of 7 loop trails ranging from .6 mile to 15 miles round-trip. A portion of the Cumberland Trail passes through as well." Since there is a wide variety of trails available at Frozen Head, the interest and ability of participants will determine which ones we hike. We will drive the approximately 2.5 hours to Frozen Head on Friday afternoon, set up camp, and hike one of the shorter trails to stretch our legs. Saturday we will do an all day hike on one of the many longer trails. Sunday we will take a short morning hike. We will pack up upon our return and head back to Nashville. If you are interested in this weekend outing, you are responsible for your own camping equipment, food, camping fees etc. Usually we are able to make some meals potluck by combining what we have, which makes it more fun, but you still need to bring what YOU will need. Also bring appropriate hiking gear, (i.e. boots, daypack, water, snacks, rain gear, layers). For more information and to register e-mail Nancy at njuodenas@yahoo.com or call 615-319-8811. If you can register with me by June 22, I will make campsite reservations so that we are guaranteed adjacent sites. For web information about the park go to www.tn.gov/environment/parks/FrozenHead.

**2013 Annual Meeting
October 25 - 27, 2013
FALL CREEK FALLS STATE PARK
PIKEVILLE, TENNESSEE 37367**

Registration form is
on the other side.

Once each year, Tennessee Trails Association members from all across the state gather for a weekend of fun, food, and fellowship. There will be hikes, exhibits, programs, auction and entertainment. The Annual Meeting will be held from Friday, October 25, through Sunday, October 27, at the Fall Creek Falls State Park and Convention Center, Pikeville, Tennessee. Our hosts for this year's event are the Plateau, Soddy-Daisy and Upper Cumberland chapters.

Lodging reserved directly through Fall Creek Falls:

Inn Rooms – The rooms have 2 double beds with private bath located at the Conference Center, where TTA's meetings and meals will take place. All Inn rooms have a picturesque view of the lake, TV, radio/alarm clock, coffee maker, hair dryer, iron and ironing board. Fall Creek Falls gives a 10% discount off the regular inn room rate to all seniors (62+). (2 dbl beds w/private bath) \$79 per night + tax & fees; Cancel Policy: 48 hrs before arrival.

King Rooms – The rooms have 1 king bed with private bath located at the Conference Center, where TTA's meetings and meals will take place. All Inn rooms have a picturesque view of the lake, TV, radio/alarm clock, coffee maker, hair dryer, iron and ironing board. Fall Creek Falls gives a 10% discount off the regular inn room rate to all seniors (62+). (1 king bed w/private bath) \$88 per night + tax & fees; Cancel Policy: 48 hrs before arrival.

Fisherman Cabins – A two-night stay is required for cabins. The two-story cabins sleep eight and have two bedrooms, each with two double beds and 1 ½ bath. Linens, cooking and serving utensils, appliances, microwave, telephone, and cable TV are provided. Each has a fireplace with firewood provided in October. They are located directly on Fall Creek Lake and about ¼ mile from Fall Creek Falls Inn & Conference Center. (2 Bedroom with 4 double beds, 1 1/2 baths, capacity of 8); minimum 2-night stay at \$115 per night + tax & fees; Cancel Policy: 48 hrs before arrival.

Villas – A two-night stay is required for villas. The villas sleep ten and have four queen bed, two twin beds, and 2 baths. Linens, cooking and serving utensils, appliances, microwave, telephone, and cable TV are provided. Each has a fireplace with firewood provided in October. They are located directly on Fall Creek Lake and about ½ mile from Fall Creek Falls Inn & Conference Center. (3 Bedroom with 4 queen beds, 2 twin beds, 2 baths, capacity of 10); minimum 2-night stay at \$155 per night + tax & fees; Cancel Policy: 48 hrs before arrival.

Camping – Eleven 2-night water & sewer campsites are held in Fall Creek Falls campground. Each site may contain up to eight people but no more than one camper and two tents, or three tents. Parked vehicles must not infringe on a neighboring campsite or block the road in any way. All sites have tables, grills, and water and electric. All sites are shared by a central bathhouse with showers close by. Campsites are located about 2 miles from Fall Creek Falls Inn & Conference Center. To reserve a single night go online at <https://tnstateparks.itinio.com/fall-creek-falls> or call 1-800-250-8611.

Meals: Friday dinner is a buffet served in the conference room with choice of baked chicken or southern fried catfish, 3 vegetables, salad, bread, dessert, coffee and tea. Saturday dinner is a Prime Rib buffet in the restaurant, as well as Saturday and Sunday breakfast buffets. Saturday's sack lunch will be a choice of Ham & Cheese or Peanut Butter & Jelly Sandwich, chips, apple, cookie. An 18% gratuity is included in the cost of all meals.

Hikes scheduled: Fall Creek Falls, Virgin Falls, Savage Gulf, Fiery Gizzard, Rock Island, and Cumberland Trail sections

Directions to Fall Creek Falls From Knoxville, TN take I-40 West to Crossville Peavine Rd Exit 322, turn left off exit onto Hwy 101S. At 4-way stop continue straight onto Hwy 392; at the 2nd stop light turn left onto Hwy 101 (Lantana Rd) and travel 19 miles to a T intersection, turn left (still on Hwy 101S) and go approx. 4 miles to Hwy 30. Turn right on Hwy 30W and travel 5 miles to Fall Creek Falls Park sign. Turn left and follow signs to the Conference Center.

Directions to Fall Creek Falls From Memphis & Nashville take I-40 East to Cookeville (82 miles). Turn right onto 111 South (exit 288). Park entrance is on the left on Highway 284 (40 miles from I-40 to the park). Follow signs to the Conference Center.

Directions to Fall Creek Falls From Chattanooga take I-24 toward Nashville, take Hwy 27 North toward Dayton and follow Highway 111 North to the park entrance on the right.

2013 TTA ANNUAL MEETING
October 25 - 27, 2013
Fall Creek Falls State Park
800-250-8610 or 423-881-5241

REGISTRATION FORM
DUE ON OR BEFORE
September 6, 2013

Please provide the name of each member of your family attending.

Name: _____ Name: _____ Name: _____

Address: _____ City: _____ State: _____ Zip: _____ - _____

Phone: (____) _____ E-mail: _____ Chapter: _____

Lodging reservation & payment needs to be made directly to Fall Creek Falls. For planning purposes, please check below the lodging you reserved.

LODGING - Inn reservations are to be made directly through Fall Creek Falls, 800-250-8610 or 423-881-5241. Group code: 5318. A block of the following types of rooms will be held for reservation until September 6, 2013. First night deposit required. Fall Creek Falls gives a 10% discount off to all seniors (62+). Please check the type of lodging you reserved.

- ___ Inn Rm (2 dbl beds w/private bath)
- ___ King Rm (1 king bed w/private bath)
- ___ Fisherman Cabins (2 Bedroom w/1 ½ baths)
- ___ Villas (3 Bedroom w/ 2 baths)

CAMPING - Eleven 2-night water & electric sites in Fall Creek Falls campground are available through this registration form. All sites have tables, grills, water, and electricity, and served by a bathhouse close by. Each site may contain no more than eight people. A campsite may contain only one camping unit (motor home, trailer, pop-up, pickup camper, etc.) along with two tents, or a maximum of three tents are allowed per site. Only a 2-night reservation is available with this form. Cancel Policy: 72 hours before arrival.

Friday/Saturday night site includes how many people ___; # of sites __ @ \$43 per site = Total _____

MEALS - All meals except for Friday night (in Conference Rm) & Sack Lunch will be in the Fall Creek Falls Restaurant.

Friday Dinner Chicken or Catfish Buffett # of people ___ X \$17.70 = Total _____

Saturday Breakfast Buffet # of people ___ X \$11.73 = Total _____

Saturday sack lunch- choice of ham or peanut butter sandwich - \$5 each lunch. Indicate # of lunches

of ham/cheese sack lunch ___ X \$5 = Total _____

of peanut butter/jelly sack lunch ___ X \$5 = Total _____

Saturday Dinner Prime Rib Buffett # of people ___ X \$21.17 = Total _____

Sunday Breakfast Buffett # of people ___ X \$11.73 = Total _____

REGISTRATION FEE # of people ___ X \$25 = Total _____

(The full amount is required of each participant, regardless of the number of days attending.)

TOTAL ENCLOSED \$ _____

Please complete this Registration Form for your registration fee, camping, and meals.

Make check payable to: TTA Plateau Chapter; Mail Registration Form and payment to:

Pam Brophy
117 Wilbourn Drive, Crossville, TN 38558
Phone: 931-707-7234
Email: *p18brophy@comcast.net*

An email confirmation or postcard will be sent to you upon receipt of your check and registration.

ANNUAL MEETING HIKE SCHEDULE

Friday

- **FCF Woodland / Gorge Trails. 2.5 miles. Moderate.** This hike combines two trails near the Nature Center that will take you, via swinging bridge, to Fall Creek Falls, to the bottom and back, then to several overlooks, and Cane Creek cascades, completing a loop.
- **FCF Paw Paw Loop Trail. 2.5 miles. Moderate.** This hike begins near the Nature Center, crosses Rock House Creek, gains elevation (300' hill), then affords you striking views of Cane Creek Falls, Cane Creek Gulf, Fall Creek Falls, and Cane Creek Gorge Overlook, completing the loop back near the Nature Center.
- **FCF Gilbert Gaul Loop. 4.4 miles. Easy.** If hiked counter-clockwise you will follow a level dirt road from the gate of Group Camp #2 to a meadow near the site of the Gilbert Gaul homestead, then to the head of Fall Creek Lake where the road ends and footpath begins. There are beautiful views along the lake to Frazier Rain Shelter. The trail continues beside the lake before turning up along the "Fern Line" to the starting point.

Saturday

- **Virgin Falls. 8 miles, in & out. Moderate/difficult.** This trail includes steep climbs, up and down rocky terrain with interesting bluffs, rock formations, and pristine overlooks. At Virgin Falls the stream emerges from a cave & thunders 110' into a sink hole. Returning, you will gain 700' elevation in a woods of Fall colors.
- **FCF Wheeler Farm Loop. 4.5 miles. Moderate.** On this hike you will encounter spurs to interesting features, visit both sides of Medley Arch, stroll through beautiful Cane Creek Valley (prairie), view several waterfalls, including Wheeler Falls, a 120' high tiered falls with 2 sources at the upper level. Then follow the trail thru the woods back to complete the loop.
- **Savage Gulf, North Rim, Plateau, day loop trails. 9.3 miles. Easy/moderate.** This hike will continuously afford terrific overlooks and views, after leaving the Ranger station, following a series of trails, including the mountain Oak Trail, Savage Day Loop, North Rim and North Plateau Trails. Bring an appetite for beauty on this hike.

- **CT Section of Soddy Creek Gorge Segment. 10 miles, in & out. Moderate.** This CT section takes you across a fence stile and through hemlock glades, a Boy Scout camp, across small streams and beside large rock formations. It passes through an abandoned coal mining area, now studded with young pines, and along ridge lines below a rock escarpment to the base of a sheer cliff accessed by a series of wooden steps, then reverse.
- **CT Section of Possum Creek Segment. 10.2 miles, in & out. Moderate.** This hike begins with a photo op of gigantic boulders and turbulent cascades. The trail continues past one amazing rock formation after another, crossing both Little Possum Creek and Big Possum Creek bridges, with Perkins Point between. A visit to Immodium Falls may also be possible, time permitting.
- **CT Snow Falls Trail. 11.5 miles, in & out. Difficult.** During this hike of considerable elevation gain you will encounter remnants of coal mining trestles and roadbeds, several unique metal bridges (built in the '70s), gigantic rock formations, swift streams, beautiful overlooks, and 35' Snow Falls on top of the plateau. On the return hike you will steadily lose elevation back to the trailhead, affording a better opportunity to enjoy the fall colors.
- **SCRA Collins Gulf Trail. 5 miles, in & out. Moderate.** Your descent into Collins Gulf gorge leads you under a giant rock-house and thru the mist of beautiful Suter Falls. An elevation gain by large boulders takes you to a meandering ridgeline, with the trail gradually descending back into the gorge to a spur trail accessing gorgeous Horse Pound Falls. Enjoy fall colors on the return ascent to the trailhead.
- **CT Laurel Falls. 5 miles, in & out. Easy/moderate.** This hike begins on level roadbed & passes an abandoned coal mine entrance, coke ovens and remnants of stone road trestles in boulder-ridden Richland Creek. After an upstream ascent, through a rock field, and over a 1970' metal bridge, you encounter beautiful cascades and minor falls amid house-size boulders. A series of switch-backs take you to roaring, 80' Laurel Falls (and a spur trail to the top, time permitting)

**2013 Annual Meeting Schedule of Events
(Central Daylight Time—All times subject to
change)**

- **SCRA Savage Gulf Day Loop. 4.2 miles. Easy.** The trail begins at the Ranger Station and crosses a field and Boyd Branch via a suspension bridge before reaching the loop junction. A spur trail leads to the Savage Falls overlook. Later at Rattlesnake Point there is a stunning view of Savage Gulf. Trail then follows an old RR bed back to the loop junction, all this among great fall colors.
- **FCF Gilbert Gaul Loop. 4.5 miles. Easy.** This hike starts on an old road bed and leads you down to an open field near the site of the Gilbert Gaul homestead and to the head of Fall Creek Lake, where a footpath begins. This path follows the lake to Frazier Rain Shelter, and later by the park cabins, leaving the lake and ascending along the “Fern Line” to another roadbed that completes the loop.
- **SCRA Fiery Gizzard to Raven Point. 8.8 miles, in & out. Difficult.** A rugged, challenging trail, showcasing the beauty of the Cumberland Plateau. This hike, which will reverse at Raven Point, leads you to, house-size boulders (“the rock field”), waterfalls, swimming holes, deep bluffs, a moonshine still, caves and spectacular overlooks.
- **CT Black Mountain. 5 miles, in & out. Moderate.** This hike offers spectacular views of the Cumberland Plateau and Grassy Cove, and features a Stonehenge-like, natural rock formation in a wooded setting that defies explanation. The trail descends gradually to Windless Cave which is currently closed to exploration. During the return ascent you will intersect a loop trail near the top which returns to the parking lot.

Sunday

- **Rock Island St. Park, “Twin Falls Trail”. 2.8 miles, in & out. Moderate.** This hike, in a beautiful setting, begins at Twin Falls Overlook. This is a two part hike, with both trails leading from the parking lot. First part will be upstream, following the bluff line above the Caney River to swimming spots (Warm Hole & Ice Hole) with some rock hopping to a view of Big Falls. The second part of the hike follows the Caney River downstream and back affording many photo ops.
- **SCRA Savage Day Loop. 4.2 miles. Easy.** Hike description listed under Saturday’s hikes..
- **FCF Paw Paw Loop. 2.5 miles. Moderate.** Hike description listed under Friday’s hikes.

Friday, October 25

- 1-8:30 pm - Registration; Receive Auction Items and Baked Goods
- 2:00 pm - Hikes in Local Area—Easy (See Hike Schedule)
- 5:00-6:00 pm - State-wide Outings Slide Show & Social Time
- 6:00 pm - Dinner in Conference Room
- 7:00-10:00 pm - Entertainment followed with door prize drawing and Social Time.

Saturday, October 26

- 6:00-7:00 am - Coffee & water at cash bar; Bake Sale in Rhinehart Suite
- 7:00 am - Breakfast in restaurant
- 7:30 am - Pre-ordered sack lunches in Rhinehart Suite
- 8:00 am - Hikes begin departing. See Posted Hike Schedule for Times, Length, Leaders, and Difficulty
- 12:00-6:30 pm - Silent Auction
- 4:00-5:00 pm - State-wide Outings Slide Show & Social Time
- 5:00 pm - Dinner in Restaurant
- 6:30 pm - Awards and General Meeting
- 7:30 (about) pm - Live Auction (immediately after general meeting) followed with door prize drawing at the end of Auction

Sunday October 27

- 6:00-7:00 am - Coffee & water at cash bar
- 7:00 am - Breakfast in restaurant
- 8:00 am - Check-out prior to departing on Hike or attending Board meeting
- 8:30 am - Hikes Depart
- 8:30 am - Board Meeting

Bake Sale available when Rhinehart Suite is open

**NEED HELP? ASK ANYONE WEARING A BLUE
TEE SHIRT.**

HAVE A TERRIFIC TIME!

NORTHWEST Chapter

(UT at Martin / Weakley County)

CHAPTER CHAIR: Scott M. Pun 731-881-7316
northwest@tennesseetrails.org

TREASURER: Sandy Davis 731-587-9134
northwesttreas@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT during the
academic year (Feb-Apr and Sep-Dec) on the UT
Campus in the Paul Meek Library, Rm 120, Media
Services B1

Hike information unavailable at press time.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-456-6437
plateau@tennesseetrails.org

SECRETARY/TREASURER: Jan Barber 931-839-6662
Don Taylor...615-973-1814
plateausecy@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:30 pm CT
BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information, contact Bill Harris at 931-484-9152 or visit the Plateau Chapter Blog. Rain cancels.

Jun 1 - National Trails Day, CTC Black Mountain, Grassy Cove, TN. We will hike from the trailhead at the top of the mountain down to Windless Cave and on to Hwy 68 on the new trail section. Approximately ½ mile of the hike will be on a section of the new trail that has not been completed. Splendid overlooks, abundant wildflowers, and interesting geology are features of this trail. This is a moderate seven mile hike with a descent of over 1200 feet. There will be a car shuttle. Bring water, snack, lunch and hiking boots. Depart from the southeast corner of Cracker Barrel parking lot off Interstate 40 exit 317 at 8:00 am CT to car pool. For more information or to register, contact Steve Wesley via email 2-Ramblers@live.com or by phone 785-249-0384.

Plateau Chapter – con't

Jun 8-9 – Roan Mountain area hikes/North Carolina Overnight. On Saturday we have a choice of hikes. One possible hike is an easy 1.2 mile loop in the Rhododendron Gardens, and another hike is an easy 5 mile out and back from Cloudland Hotel to Roan High Bluff. This bluff is an outcrop at 6200 feet in the Roan Highlands that offers spectacular views on a clear day. The third hike option for Saturday is a moderate 5.1 miles out and back hike on the AT to Grassy Ridge Bald, with an elevation gain of 1150 feet. At 6189 feet, Grassy Ridge Bald is one of the highest balds in the Appalachian Mountains. We will eat dinner at a restaurant of our choice and stay overnight in the Red Roof Inn in Johnson City. Sunday we will enjoy a moderate 5.5 mile round trip hike to the 40 feet high and 50 feet wide Laurel Falls and back before returning home. Bring water, snacks, lunches and hiking boots. The car pool departs at 7 am CT from the parking lot of Cumberland Worship Center, 145 Interstate Drive, Crossville. For information and to register contact Cheryl Heckler at thehecklers@charter.net or 931-456-6437.

Jun 15 – Russell Cave/Buggy Top, Sewanee. This is a moderate 5 mile hike to Buggy Top cave. The cave has an impressive mouth carved out of a 50 foot cliff. On the way back, we will make a short walk to Natural Bridge, a 27 foot natural sandstone bridge. We will visit University of the South Campus including its beautiful chapel, and the 100 year old Dutch Bakery in Tracy City. Bring snacks, water, lunch, and hiking boots. Depart Trinity Tabernacle Church at 8:00 am CT. For information and to register contact Bill Harris at 931-484-9152.

Jun 29 - Old Settlers Trail, GSMNP, Gatlinburg. This is a car shuttle hike rated moderate due to its 17 mile length and some up and down elevation with a total elevation gain of 900. It is less rocky and smoother than most Smoky hikes and is known for its historical landmarks. Stonewalls, home sites, chimney, and a cemetery dot the trail along what was one of the most heavily populated sections of the Smokies. Several hundred families lived here in the Greenbrier area before the state of Tennessee started buying up land for the national park. One of the stone piles is from the Lona Mae Parton home place, country singer Dolly Parton's great aunt. Bring water, snack, lunch, hiking boots and water shoes for the possible 6 water crossings. Since it is a long hike bring a flashlight just in case. Depart from the southwest corner of Vanity Fair Outlet parking lot in Crossville at 6:00 am CT to car pool. For information and to register contact Cheryl Heckler at thehecklers@charter.net or 931-456-6437 or Larry Marchese at lmarchese2@gmail.com.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: John Politte 423-304-8327
soddydaisy@tennesseetrails.org
HIKE COORDINATOR: George Bonneau 423-842-3619
soddydaisyhikes@tennesseetrails.org
TREASURER: Bob McGavock 423-843-4646
soddydaisytreas@tennesseetrails.org
MEETS QUARTERLY: 1st Tuesday in Jan, Apr, Jul, Oct at 6:00
pm ET at Burk's United Methodist Church, 6433 Hixson
Pike, Hixson
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/soddydaisy>

Jun 1 – National Trails Day at Greenway Farms.

Jun 4 – Retro Hughes trailhead to Rock Creek and back. Approximately 5 miles. Moderate. Meet at Durham Street parking lot in Soddy Daisy at 8 am ET. Hike Leader: George Bonneau.

Jun 8 – Cravens House. Approximately 5 miles. Moderate to slightly strenuous. Meet at Bi-Lo parking lot in Red Bank at 8 am ET. Hike Leader: George Bonneau.

Jun 11 – Blue Blaze Trail, Moccasin Bend. Approximately 1-1/2 to 3 miles. Easy to moderate. Meet at Bi-Lo parking lot in Red Bank at 8 am ET. Hike leader: TBD.

Jun 15 – Lower Leggett Loop. Approximately 5 miles. Moderate. Meet at Durham Street parking lot in Soddy Daisy at 8 am ET. Hike Leader: George Bonneau.

Jun 18 – Raccoon Mountain. Approximately 4 miles. Moderate. Meet at Bi-Lo parking lot in Red Bank at 8 am ET. Hike Leader: George Bonneau.

Jun 22 – Booker T Washington State Park. Approximately 7 miles. Easy to moderate. Meet at Target parking lot on Highway 153 at 8 am ET. Hike Leader: George Bonneau.

Jun 25 – Wolfever Greenway, Collegedale. Approximately 4-5 miles. Easy. Meet at Target parking lot on Highway 153 at 8 am ET. Hike Leader: George Bonneau.

Jun 29 – Prentice Cooper. CT parking lot to Snooper's Rock and back. Approximately 6 miles. Moderate. Meet at Bi-Lo parking lot in Red Bank at 8 am ET. Hike Leader: George Bonneau.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: David & Shirley Primeau 615-424-2948
sumner@tennesseetrails.org
MEETS MONTHLY: 1st Tuesday at 7:00 pm CT
Hendersonville First United Methodist Church, 217
E. Main St. Hendersonville, TN

Jun 1 - National Trails Day Hike of Hendersonville Greenway with the Mayor of Hendersonville. Mayor Scott Foster will lead a hike of the Hendersonville Greenway/Drakes Creek Trail to commemorate National Trails Day. This two mile hike on paved walkway is rated easy and will begin at the Hendersonville Public Library at 10 am CT and conclude in Drakes Creek Park. Transportation will be provided back to the library for participants. For further info or questions, contact "Creeky Al" at 615-347-2623 or *ballallenger@aol.com*.

Sumner Trails Chapter – con't.

Jun 4 - Chapter Meeting. Questions about trees? Dwight Barnett, Area Forester and Certified Arborist with the State of Tennessee, will be our guest speaker, talking about trees, how to choose the best for our area, how to plant and care for them, how to use them for non-game wildlife management, and the benefits of "green space". Guests are always welcome so invite family and friends to come with you.

Jun 6 – Radnor Lake State Natural Area. Easy to Moderate. Last year Radnor was visited by 850,000 to one million people! That is why we will be enjoying our hike in TN's first official state natural area during the week. Radnor is filled with abundant wildlife including 200 different birds that have been identified, turtles, otters, beavers, geese, and deer, to name a few. Fran Wallas described Radnor as a hike for people wild about wildflowers. Mosses, ferns, fungi, trees, shrubs and vines also add to the ecological diversity of the area. Bring water, wear insect repellent, long pants and hiking boots. After our hike on both easy and moderate trails, we will go to lunch at a local restaurant. We will meet at the Hendersonville First Presbyterian Church at 9 am CT for carpooling/directions or at the Radnor west parking lot visitor center at 9:45. Please contact hike leaders if you plan to meet us at visitor center. For further info contact Jane Hamm at 214-335-6723 or *janeth972@yahoo.com* or Gayle Livingston at *gayleerose@comcast.net*. Also, if threatening weather that morning, please call to confirm hike.

Jun 8 - Hidden Springs Trail, Cedars of Lebanon State Park, Lebanon TN. 4.4 miles. Easy to moderate. Very little elevation change occurs on this loop trail. The trail features interesting rock formations and sinks. At about half way, we will come to a vertical opening in rocks that accesses a small underground stream and will stop here at the "Hidden Spring" for a break. Bring snacks and water. All hikers may join us for an optional lunch at a local restaurant. Hikers may wish to wear insect repellent, long pants and light-colored clothes to reduce the chance of picking up ticks. Trail may be muddy in places if there has been recent rain. Meet at First Presbyterian Church in Hendersonville at 9 am CT. For further info contact Ron or Judy Jenkins by phone at 615-403-0002 or email at *ronj326@bellsouth.net*. If threatening weather, call to confirm hike.

Jun 22 - Trails at Fontanel, Nashville. This hike in the woods surrounding the former home of Barbara Mandrell is approximately two miles long, rated easy-moderate, as it does require climbing the hillside, but benches are available at a few spots for resting. This is also a pet-friendly trail, with dogs on leashes allowed. After the hike, we will lunch (Dutch-treat) at Cafe Fontanella, located on the grounds of Fontanel. Meet at 9 am CT at the Kroger parking lot, Glenbrook Shopping Center, Hendersonville, for carpooling/directions, or at Fontanel outside the restaurant at 9:45 am CT. Please let the hike leaders know if you are meeting them at Fontanel. Contact hike leaders David and Shirley at *davidprimeau@bellsouth.net* or 615-424-3991 for additional information or to confirm the hike in case of threatening weather.

OFFICERS:

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 Millette Jones 615-397-9588
president@tennesseetrails.org

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vicepresident@tennesseetrails.org

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Cumberland Trail Conference Representative
 Diane Manas 615-352-7777
CTC@tennesseetrails.org

TN Rails To Trails Advisory Council Representative
 Bob Richards 615-532-0753
TRAC@tennesseetrails.org

CHAPTER REPRESENTATIVES ON THE BOARD
 ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor
 LouAnn Partington 931-393-4835
editor@tennesseetrails.org

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Jun 10	Jul 1
Jul 10	Aug 1
Aug 10	Sep 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR: Louise Miniard 931-528-9115
uppercumberland@tennesseetrails.org

HIKE COORDINATOR: Kathleen Sullivan 931-284-7822
uppercumberlandhikes@tennesseetrails.org

June 29 - Mount Sterling, Great Smoky Mountains National Park, Cataloochee, NC. First we will ascend 1950 feet along the Mount Sterling Trail 2.7 miles to the fire tower atop the mountain. The views are among the best in the park. On a clear day Balsam Mountain to the west, Mount Guyot, and Mount Cammerer to the northwest, Max Patch to the east, and the Cataloochee Valley to the south can all be seen. We will then descend 4130 feet over the next 6.2 miles on the Baxter Creek Trail to Big Creek. The hike is rated strenuous because of the elevation changes. Bring snacks, water, and lunch. You can meet us at 7:00 am CT in the Penney's parking lot in Cookeville. For information and to register contact Richard Savage at 931-526-2035 or *savage_richard@hotmail.com*.

TTA 2013 CALENDAR

The following dates in 2013 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

SECOND QUARTER

Jun 1 National Trails Day (Statewide)

THIRD QUARTER

Aug 3 Board of Directors' Quarterly Meeting (Location TBA)

Sep 28 National Public Lands Day (Statewide)

FOURTH QUARTER

Oct 25-27 TTA's Annual Meeting; hosted by Plateau, Soddy Daisy and Upper Cumberland chapters at Fall Creek Falls State Park (Pikeville/Spencer, TN)

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

Jun 13

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Tim Townley 731-607-0512 membership@tennesseetrails.org

PLEASE, PRINT CLEARLY.

___ Individual \$25.00
___ Family \$35.00
___ Student (FULL TIME) \$15.00
___ Supporting (\$50.00, \$100.00 or more)
___ Life Member (Individual) \$500.00
___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Home Phone (____) _____ Zip _____ -- _____
Work Phone (____) _____
e-mail _____

- Please do not list my e-mail address in the TTA Annual Membership Directory
 I would like to receive my newsletter by email.

** CTC Membership ** **\$5.00**

** *Special \$5.00 rate for membership in Cumberland Trail Conference if you also are joining TTA or renewing your TTA membership. CTC is building the Cumberland Trail, which will go from Chattanooga to Cumberland Gap. Over 185 miles are now complete and open for hiking. More information can be found at www.cumberlandtrail.org. Please consider enhancing your commitment to Tennessee's great trails by joining the CTC.*

Please list me with the following chapter:

___ Clarksville
___ Columbia/Franklin
___ Cove Lake
___ Dyer County
___ East TN (Oak Ridge/Knoxville)
___ Highland Rim (Manchester/Tulahoma)
___ Jackson
___ Memphis
___ Murfreesboro
___ Nashville
___ Northwest (UT at Martin/Weakley)
___ Plateau (Crossville)
___ Soddy Daisy
___ Sumner Trails (Sumner County)
___ Upper Cumberland (Sparta/Cookeville)
___ At Large

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - C.T.C. and T.R.A.C. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.