

# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.*

SPONSOR FOR THE CUMBERLAND TRAIL



## START YOUR NEW YEAR OFF RIGHT!

Jan 1 Annual Multi-Chapter New Year's Day  
Hike and Feast  
Edgar Evins State Park  
Millennium Trail  
3.5 Miles  
Moderate

We will be hiking the Millennium Trail at Edgar Evins State Park on New Year's Day. We'll meet at the covered picnic shelters in the Marina parking lot at 10:00 am CT, drop off our traditional New Year's food and then carpool to the Millennium Trail. We'll hike that 3.5 mile moderate trail and then return to the picnic shelter and have our lunch. There are electrical outlets, running water, picnic tables and (most importantly) restrooms. There is plenty of room to set up Coleman stoves and other devices to heat food. It will be a pot luck affair so bring enough of your favorite New Years dish(es) to share. The park is furnishing firewood so we will have a roaring fire to knock off the chill. For those who want additional hiking after lunch, the 2 mile Highland Rim Nature Trail will be available open for an afternoon hike.

We are combining our TTA hike with Tennessee State Parks and the Friends of Edgar Evins. The state park is supplying commemorative "First Hike" T-Shirts for the first 50 who register for the hike. They are going fast so if you want one you need to get your name on the list early. To register call Fount Bertram (615) 765-5357 or e-mail [fwbertram@dtccom.net](mailto:fwbertram@dtccom.net). **Please, no pets on this hike.**



Office Location 409 Thurman Avenue, Ste 102  
Crossville, TN 38555  
Office Hours ..... 8 am-2 pm CT  
Phone: ..... 931-456-6259  
Fax: ..... 931-456-4934  
Email: [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com)  
Website: [www.cumberlandtrail.org](http://www.cumberlandtrail.org)

**Jan 12-20 - The Cumberland Trail Conference will be hosting a group of students from the University of Kansas.** During this period, the students will be helping to construct a section of the Cumberland Trail on Black Mountain. More specifically, the section of trail from Windlass Cave to Hwy 68 in Cumberland County, near Crossville, TN. This event is also open to non-student volunteers if you are interested in helping. In addition, the CTC will be constructing this section of trail throughout the month of January and February as weather permits. If interested in volunteering contact the CTC office at 931-456-6259 or email [marleyapendleton@frontiernet.net](mailto:marleyapendleton@frontiernet.net) or [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com). Please put trail volunteering on the subject line. If you know others that might be interested, please pass along this information.

As always, thank you for your support of the Cumberland Trail project.

## SAVE THE DATE

The 2013 TTA Annual Meeting is scheduled for October 25-27 at Fall Creek Falls State Park, hosted by the Plateau, Soddy-Daisy and Upper Cumberland Chapters. More information to follow. Mark your calendars now!

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## CLARKSVILLE CHAPTER

**CHAPTER CHAIR:** J.R. Tate 931-920-2692  
*clarksville@tennesseetrails.org*

**CHAPTER VICE-CHAIR:** Suva Bastin 931-645-2849  
*clarksville@tennesseetrails.org*

**TREASURER:** Chris Everett 931-494-8038  
*clarksvilletreas@tennesseetrails.org*

**SECRETARY:** Judith Tate 931-920-2692  
*clarksvillesecy@tennesseetrails.org*

**OUTINGS COORDINATOR:** Paul Schwab 931-645-9068  
*clarkvillehikes@tennesseetrails.org*  
(call Paul & volunteer to lead an outing)

**MEETS MONTHLY:** 3<sup>rd</sup> Tuesday at 7:00 pm CT,  
Crow Community Center, 211 Richview Rd.  
Additional information may be seen at our web site:  
<http://www.tennesseetrails.org/blog/clarkville>

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**We are going to hike the Land Between the Lakes (LBL) North/South Trail in sections starting January 5 and ending February 16.**

**Jan 1 - New Years Day hike, Montgomery Bell State Park, Dickson County. 6.2 miles. Moderate.** Suva Bastin 931-645-2849. We will have a Pot Luck lunch on the trail. Meet 9:00 am CT, Big Lots parking area, Riverside Drive, Clarksville, TN. 34 miles to trailhead.

**Jan 5 - North Welcome Station to Forest Road 130. 10.8 miles. Difficult due to length.** Bob Lyon 931-648-2354. Meet 7:00 am CT, Kroger parking area, Dover Crossing Road, Clarksville. 72 miles to trailhead.

**Jan 12 - Forest Road 130 to Sugar Bay. 7.3 miles. Moderate.** J.R.Tate 931-920-2692. Meet 7:00 am CT, Kroger parking area, Dover Crossing Road, Clarksville. 71 miles to trailhead.

**Jan 15 - Monthly Meeting.**

**Jan 19 - Rotary Park, Clarksville, TN. 4 miles. Moderate.** Bill Slabaugh 931-249-4834. Meet 9:00 am CT, first shelter on left after entering park.

**Jan 21 - Martin Luther King's Birthday. LBL Canal Loop Trail. 10.5 miles. Difficult due to length.** Suva Bastin 931-645-2849. Meet 7:00 am CT, Kroger parking area, Dover Crossing Road, Clarksville. 72 miles to trailhead.

**Jan 26 - Sugar Bay to Golden Pond. 12 miles. Difficult due to length.** Paul Schwab 931-645-9068. Meet 7:00 am CT, Kroger parking area, Dover Crossing Road, Clarksville. 64 miles to trailhead.

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## COLUMBIA/FRANKLIN CHAPTER

**CHAPTER CHAIR:** Marvin Caine 931-486-1632  
*columbia@tennesseetrails.org*

**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

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**Jan 8 - Chapter Meeting.** Rick Lausten will give a presentation on the 192 mile long Wainwright's Coast to Coast Walk across Northern England that he did in September, 2012. It is sure to be interesting as he shares photos of the adventure and describes the many challenges and delights encountered along the way.

**Jan 12 - Old Stone Fort Park, Manchester, TN. 4 miles. Easy.** This is a 2000 year-old American Indian ceremonial site. It consists of mounds and walls that combine with cliffs and rivers to form an enclosure measuring 1-1/4 miles around. The 50-acre hilltop enclosure mound site is believed to have served as a central ceremonial gathering place for some 500 years. The spectacular setting occurs where two rivers drop off the plateau of the Highland Rim in Middle Tennessee and plunge to the level of the Central Basin of Tennessee. Bring water and snacks for the trail and wear sturdy boots. We will stop for a late lunch in Manchester. We will meet behind McDonalds 4908 Main Street (Hwy 31) Spring Hill, and leave at 8:00 am CT. Please register with Laura Barber at [lbarber@earthlink.net](mailto:lbarber@earthlink.net) or cell 931-797-4450.

**Jan 26 - Shoreline Trail, Tims Ford State Park, Winchester, TN. 5+ miles total. Moderate.** We will be hiking two trails; one includes two suspension bridges and offers spectacular views of the reservoir. Wear sturdy boots and bring snacks/lunch and water for the trail. We will meet behind McDonalds 4908 Main Street (Hwy 31) on the north side of Spring Hill and leave promptly at 8:00 am CT. Please register with Marvin Caine at [mlcaine@aol.com](mailto:mlcaine@aol.com) or 931-626-2754.

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### Attention: Hike Coordinators (aka Hike Leaders)

A TTA **Release of Claims & Hold Harmless Agreement** form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our website:  
[www.tennesseetrails.org/release.php](http://www.tennesseetrails.org/release.php)

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## COVE LAKE HIKING CHAPTER

CHAPTER CHAIR: John Redmon 423-869-8286  
*covelake@tennesseetrails.org*

SECRETARY/BOARD REPRESENTATIVE:  
Kathy Sarvis 865-494-0374  
*covelakehikes@tennesseetrails.org*

MEETS MONTHLY: 1<sup>st</sup> Tuesday at 7:00 pm ET at the recreation center, 300 W. Beech St., La Follette.

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**Jan 5 – Abrams Falls, Great Smoky Mountains National Park. 5-miles. Moderate.** This hike should take about 3-4 hours to hike to the waterfall and back. Make sure to wear layers, sturdy hiking shoes, bring walking sticks, camera, water, lunch / snack. \*\*Black bears are sometimes active in this area.\*\*-bring a whistle. For those coming from Campbell County meet at the Jacksboro Middle School at 7 am ET to car pool down to Burger King X-122 on 75N. For those in Anderson County & surrounding areas meet at the Burger King (Exxon Station by Walmart on Highway 61 @ X-122 on I75 at 7:30 am to carpool to Abrams Falls. For more information call Patrica Bolton: cell 423-437-2524.

**Jan 17 - Trail Maintenance Day.** For more info email: *covelakehiking\_tta@att.net*.

**Jan 19 - Yahoo Falls in Big South Fork.** Meet at the Jacksboro Middle School at 9 am ET to car pool to the park. This hike will be canceled if it hasn't been below freezing to form the snow cone. For more information call John Redmon: home 423-869-8286 cell 865-278-8495.

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## DYER COUNTY CHAPTER

Graydon Swisher 901-737-3114  
*westregional@tennesseetrails.org*

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**This chapter is in the process of being reorganized.**

For further information, contact Graydon Swisher at 901-737-3114 or, *westregional@tennesseetrails.org*. In the interim, you are welcome to attend (14 to select from) other chapters' outings, events and meetings.

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## EAST TN CHAPTER

(Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-548-6171  
*easttennessee@tennesseetrails.org*  
VICE-CHAIR: Elise Eustace 865-201-5806  
*easttennessee@tennesseetrails.org*

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**Jan 1 - Multi-Chapter Event, Edgar Evins State Park.** If anyone is interested in carpooling, we will meet at Denney's parking lot at Watt Rd exit off I-75 south at 8:00 am ET. To pre-register, contact Rosie 865-951-8317 or *rosemary\_L@hotmail.com*. For hike details, see the article on page 1.

**Jan 26 - House Mountain Trail. Moderate to strenuous because of the rocky terrain and excessive elevation.** We will meet at the trailhead parking area at 1:00 pm ET. If the weather does not permit, this hike will be rescheduled. Contact Rosie 865-951-8317 or *rosemary\_L@hotmail.com*.

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### Joining TTA as a New Member? Membership Up For Renewal? Your Generosity Benefits All !

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

In the past, Supporting Member donations in excess of the regular dues were allocated to TTA's general operating fund. During the 2001 Annual Meeting, TTA's Board of Directors voted to allocate Supporting Member donations to the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

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### Don't Miss an Outing Plan Ahead Register Early!

Our hike coordinators are volunteers. Make it easier for them to contact you if a hike needs to be cancelled by registering!

There are times when a hike leader must limit the number of participants (due to park regulations, etc.) on an outing. Please do not wait until the afternoon or evening before the outing to RSVP.

*Plan ahead and register early.*

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## HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

**CHAPTER CHAIR:** Linda Hudson 931-841-0540  
*highlandrim@tennesseetrails.org*  
**SECRETARY** Carolyn Fitz 931-598-0597  
*highlandrimsecy@tennesseetrails.org*  
**TREASURER:** Marietta Poteet 931-924-7666  
*highlandrimtreas@tennesseetrails.org*  
**OUTINGS & PROGRAM COORDINATOR & NEWSLETTER**  
**CONTACT:** Joan Hartvigsen 931-962-0811  
*highlandrimhikes@tennesseetrails.org*  
*(contact Joan & volunteer to lead an outing)*  
**MEETS MONTHLY:** 4<sup>th</sup> Monday at 7:00 pm CT at the D. W.  
Wilson Community Ctr., 501 N. Collins St., Tullahoma.

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**Jan 1 – Annual Multi-Chapter New Year’s Day Hike. Edgar Evins State Park.** See details on page 1. Contact Joan Hartvigsen at 931-962-0811 or 931-636-2914 to carpool.

**Jan 5 – Wheeler National Wildlife Refuge, Decatur, AL and Joe Wheeler State Park, Wheeler Dam, Rogersville, AL. 4 miles. Easy.** Wheeler NWR is a wintering ground for migratory waterfowl. Through the large windows in the wildlife observation building we’ll see and hear thousands of Sandhill Cranes, eagles, ducks, pelicans, Great White Egrets, and a pair of Whooping Cranes. Wheeler NWR has five nature trails and interpretive exhibits. We’ll also visit nearby Wheeler State Park and Wheeler Dam. The Tennessee River is magnificent! Bring binoculars, water, snacks, lunch and hiking shoes. Contact Joan Hartvigsen at 931-962-0811 or 931-636-2914 for more information and to register.

**Jan 19 – Eat-Hike-Eat, Segment of the Perimeter Trail, Sewanee, TN. 4 miles. Moderate.** Come join us for our monthly Eat-Hike-Eat. Meet at the Blue Chair in Sewanee at 9:00 am CT for breakfast and coffee, or come at 9:30 if you just want to hike. This month we will cover the Perimeter Trail between G7 Brakefield Rd., past Dotson Point to G8 Brakefield Rd. with a side trip to Solomon’s Temple. Bring water and a snack. Contact Cathleen Close at 931-841-1448 or *cathleenclose@gmail.com*.

**Jan 26 – The Poteet Annual Chilly Chili Hike, Fiery Gizzard Trail to Sycamore Falls and back, Tracy City. 3 miles. Moderate.** Meet the Poteets at 9:30 am CT at the Grundy Day Loop/Fiery Gizzard parking lot. After the hike we will return to the Poteet’s home in Cliff Tops, Monteagle for chili, cornbread, brownies, and drinks. If you choose not to hike come to the house at 12:30 pm. Marietta will send out a gate code and directions in January. If you would like to bring a side dish, please feel free to do so. You can bring the food to the house after the hike or before 9:00 am. Please let Marietta know if you are coming as it will help in planning the amount of chili to make. Contact Marietta at 931-924-7666 or *nannietta@blomand.net*.

**Jan 28 – Chapter Meeting.** Dinner at 5:00 pm CT at Bella Napoli, 1410 N. Jackson St., Tullahoma, next to Quality Inn. Meeting at 7:00 pm CT at D. W. Wilson Community Center, 501 N. Collins St., Tullahoma. Jim and Marietta Poteet will present a program on their hiking trip to the High Tatra Mountains of Slovakia. The High Tatra Mountains region encompasses one of Slovakia’s National Parks and has long been a popular ski destination. An extensive network of trains, ski lifts, cable cars, funiculars, and gondolas made it possible to put together a series of high level hikes from their base in the village of Smoky Starovic.

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## JACKSON CHAPTER

**CHAPTER CHAIR:** Vicky Moeller 731-668-9336  
*jackson@tennesseetrails.org*  
**TREASURER:** Anne Goodson 731-664-1556  
*jacksontreas@tennesseetrails.org*  
**SECRETARY:** Don Dresser 731-668-4190  
*jacksonsecy@tennesseetrails.org*  
**OUTINGS COORDINATOR:** Glen Rognstad 731-217-5966  
*jacksonhikes@tennesseetrails.org*  
*(call Glen & volunteer to lead an outing)*  
**MEETS MONTHLY:** 1<sup>st</sup> Monday at Perkins Restaurant, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 6:45 pm

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**Jan 1 – Multi-chapter hike at Edgar Evins State Park** This is an annual hike and pot luck meal, which gives us a chance to start the new year by meeting our friends from other chapters. Please see page 1 of the newsletter or check the website for details.

**Jan 7 - Monthly Meeting.** Dinner will be at 6:00 pm and the meeting will start about 6:45 pm. The focus will be on organizing hikes for the next few months.

**Jan 12 - Warner Park Hike, Nashville.** We will meet at Panera Bread, leaving promptly at 8:00 am to carpool to Nashville. Our hike will be 7 miles consisting of the 2.5 mile Warner Woods Trail and the 4.5 Mossy Ridge Trail. The terrain is rated moderate due to the numerous rolling hills we will ascend and descend along the way. Sturdy hiking shoes/boots are recommended. Bring snacks and plenty of water. We will plan to eat at a local restaurant before returning to Jackson. Rain/ice will cancel this outing. You have an option of doing only the 2.5 mile Warner Woods Trail. For further information and to register, please contact Anne Goodson at 731-664-1556, or e-mail *annegoodson@eplus.net*.

**Jan 26 - Natchez Trace State Park.** This is a trail maintenance day, organized by Dick McKeen together with state park personnel. We hope that some members of the Friends of NTSP also can attend. Please contact Dick at *sprucemountain@Eplus.net* or 731-697-8372 for details and to let him know if you are coming.

**Looking ahead:**

**Feb 2 – Land Between the Lakes**

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## MEMPHIS CHAPTER

**CHAPTER CHAIR:** Charlie Bright 901-829-4434  
*memphis@tennesseetrails.org*  
**VICE-CHAIR:** Francis Ruffin 662-701-6284  
*memphisvice@tennesseetrails.org*

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**Jan 1 – New Year’s Day Hike at T O Fuller State Park,** 1500 Mitchell Road. Welcome the New Year with a hike at T.O. Fuller State Park. We will meet at the Visitor Center at 9:30 am. The trail is a 4-mile hike with hills. We will celebrate with a sampling of black eye peas and cornbread at the break time! Bring water and snack. We recommend wearing hiking boots. Rain will cancel this hike. Hike leader: Francis Ruffin, 901-573-9998. **Directions:** Go I-240 West to I-55 North, Exit 7 South to Highway 61(3rd Street) drive south approx 1 mile and turn right onto Mitchell Road, continue 3 miles west to the T.O. Fuller Park sign and turn right at the Visitor Office.

**Jan 5 - Herb Parsons Lake** - Fisherville located northeast of Collierville, near intersection Collierville-Arlington Rd. and Macon Road. Here's an easy 6-mile hike around the lake and through the woods. Meet at 9:30 am at the lake and bring snacks and water. Contact: Linda Walston, 901-606-9866.

**Jan 12 - Nesbit Park – Stanky Creek – 4th Annual “After the Hike Chili Party”.** This year we are going to hike a new (new for us) trail. We will hike a small part of the White Trail and the Yellow Trail. It will only be about three miles. We can get to the chili earlier. Meet at 9:00 am. For questions e-mail Charlie Bright at *charlie.bright2010@gmail.com*. After the hike we will meet at Margaret’s house for chili. Chili will be provided...bring salad, cornbread, rolls, or dessert and your favorite beverage. Hike Location: Stanky Creek is on Yale Road in Bartlett between Bartlett Blvd. and Old Brownsville Road on the north side of Yale.

**Jan 19 - Chickasaw Bluff to Poplar Lake, Meeman-Shelby Forest. 6-7 miles. Moderate.** We will meet at 9:00 am at the Poplar Tree Lake Parking Lot (Not the Visitor’s Center—see note below). From Poplar Tree Lake we will make a rather long shuttle to the north end of the Chickasaw Bluff Trail. The trail starts at the top of the bluff and drops quickly down about 150 feet to the flood plain. The next few miles are quite level. We’ll cross a bridge over Beaver Creek, climb back up the bluff to the Woodland Shelter at about 3.75 miles and stop for a lunch break . The second half of the trip has a few hills, but much of it is flat. We’ll pass the historic Pioneer Spring whose shelter was destroyed by storms in Spring 2011. We will finish back at Poplar Tree Lake. Good boots, lunch, plenty of water (thermos of hot chocolate, might be good). The hike will take about 4-5 hours including the shuttles. **NOTE:** The shortest direct route to Poplar Lake is not from the Visitor’s Center. Rather, from the 4-way stop at the General Store go straight on Benjestown Road about 1.6 miles (do not turn Right on Bluff Road toward the Park Entrance and Visitor’s Center) and turn right into the south entrance of the park. Take this road straight for about 1.7 miles to a stop sign. Turn left and you will see the picnic area and parking lot on your right. Contact: Pat Mazzeo, 901-725-1842 email: *ssandy6@hotmail.com*.

## Memphis Chapter – con’t

**Jan 26 - Lucius Burch Natural Area - Wolf River Trail North of Walnut Grove. 5-6 miles. Easy.** We will meet at 9:00 am in the parking lot off Walnut Grove Road, east of Wolf River Bridge; turn south into parking lot off Walnut Grove Road, west of Farm Road. Bring water and snack. Contact: Linda Walston, 901-606-9866.

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## AVOIDING HYPOTHERMIA

**Hypothermia** occurs when a person's body temperature falls below normal. It usually happens on cold (55° and below), wet, windy days to people who are tired, poorly clothed and hungry. ***It is very dangerous!!!*** Often, a person doesn't realize what is happening. Mental confusion often accompanies hypothermia and may cause the person not to seek help. Death can occur in just hours.

### Early Symptoms:

At first, uncontrolled shivering and pale skin. Then, confusion and dizziness, with slow, clumsy movements and walking. Extreme exhaustion/sleepiness is common.

### Prevention:

Clothing. Put on layers of clothes to insulate warmth against your body. A number of thinner layers of clothing will allow you to regulate your body temperature as you exercise. And since it's as important not to get over-heated, as it is to be warm, the fabric should be loosely woven to allow water vapor from your skin to escape. Polypropylene and wool are the best materials for under layers. Outer layers may need to be water and/or windproof. You can lose up to 50% of your body heat through your head and hands, so wear a loose woolen/fleece cap and mittens.

- Eat high-energy foods frequently and drink plenty of fluids.

Avoid heavy physical exercise in extreme cold. It can lead to heat loss, depletion of body fluids, and fatigue - all contributing factors to hypothermia.

Stay warm, but avoid heavy sweating, which will evaporate and overly cool the skin and body.

In bad weather, find protection from the wind and elements.

### Treatment for Mild Hypothermia:

- Quickly get the person to a dry place that is not windy.
- Replace wet clothing with warm, dry clothing, making sure the head, feet, and hands are covered.
- If available, use a sleeping bag or blanket(s) to wrap around the person.
- Have the victim held by one or more people for the body heat.
- Give warm, sugared liquids. No alcohol! Give sweet things to eat such as candy or ripe fruit.

*Avoiding Hypothermia* was adapted from Dirk Schroeder, ScD, MPH and author of *Staying Healthy in Asia, Africa and Latin America*

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## MURFREESBORO CHAPTER

**CHAPTER CHAIR:** Sara Pollard 615-714-3610  
*murfreesoroboro@tennesseetrails.org*

**TREASURER** Ann Jacobs 615-896-3935  
*murfreesorobrotreas@tennesseetrails.org*

**MEMBERSHIP** Mary Belle Ginanni 615-895-6072  
*murfreesorobomembership@tennesseetrails.org*

**PROGRAMS** Valerie Galan 615-586-2882  
*murfreesoroboprograms@tennesseetrails.org*

**OUTINGS COORDINATOR:** Cathy Bingham 615-890-9791  
*murfreesorobohikes@tennesseetrails.org*

*(Call Cathy & volunteer to lead an outing)*

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Barfield-Crescent Rd., Murfreesboro

**BLOG:** [www.tennesseetrails.org/blog/murfreesboro](http://www.tennesseetrails.org/blog/murfreesboro)

**Jan 1 - Annual Multi-Chapter New Year's Day Hike and Feast, Edgar Evins State Park. 3.5 miles. Moderate..** See details one page 1. Meet at the old Food Lion store parking lot on Lascassas Highway at 8:45 am to carpool. Contact Sara Pollard at 615-714-3610 or [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com) for more information.

**Jan 5 - Fall Creek Falls-Paw Paw Trail. 4 miles. Easy.** Elevation change 200 ft. Join us as we hike the Paw Paw Trail, along with its short overlook trail. Even with the 200 ft elevation change, this is rated as easy. This loop trail has striking views of Cane Creek Gulf, Cane Creek Falls and the highest waterfall in the Eastern U.S. - Fall Creek Falls. For the more adventurous, there are other nearby trails you may take, including the 1.9 mile Woodland Overlook Trail Loop. Meet at 8 am CT at the E. Rutherford Walmart parking lot, on the left side as you come in off of Rutherford Blvd. For those coming from elsewhere, you may meet us at the Nature Center at Fall Creek Falls at 10 am CT. For more information or to register, contact Jenny Jacobs at 615-691-2636 or [jj27\\_1999@yahoo.com](mailto:jj27_1999@yahoo.com).

**Jan 8 - Monthly Meeting.** State Naturalist Randy Hedgepath will present a slideshow on the history of Tennessee State Parks to commemorate the 75th Anniversary. For more information call Sara Pollard at 615-714-3610 or email [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com).

**Jan 12 - Bearwaller Gap. 5.6 miles. Moderate to Difficult.** This hike goes along the shoreline of Cordell Hull Lake passing waterfalls, old homesites, and rocky overlooks. We'll start at the Defeated Creek campground area and hike to the Tater Knob Overlook. Bring lunch, snacks and water. **Sturdy hiking boots are recommended.** Contact Sara Pollard at 615-714-3610 or [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com) to register.

**Jan 19 - Montgomery Bell State Park. 4 miles. Moderate.** This scenic park is located in Dickson county, west of Nashville. The area was once famous for its iron industry, which started before the civil war. Remnants of the iron quarry can still be seen. Our hike will form a balloon loop covering the Jim Baily Nature trail, the Wildcat Trail and the Ore Pits. After the hike, we will lunch at the Montgomery Bell Inn. To register contact Mary Belle Ginanni (615-895-6072) or Nabil Wakid, [nwakid@bellsout.net](mailto:nwakid@bellsout.net).

**Jan 26 - The Poteet Annual Chapter Chilly Chili Hike, Fiery Gizzard Trail to Sycamore Falls and back, Tracy City. 3 miles. Moderate.** See Highland Rim Chapter for details. **Please let Marietta know if you are coming, as it will help in planning the amount of chili to make.** Contact Marietta at 931-924-7666 or [nannietta@blomand.net](mailto:nannietta@blomand.net).

For carpool information, contact Tony Jones at 615-397-4463 or [awj1968@comcast.net](mailto:awj1968@comcast.net).

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## NASHVILLE CHAPTER

**CHAPTER CHAIR:** Doug Burroughs  
*nashville@tennesseetrails.org*

**OUTINGS COORDINATOR:** Nancy Juodenas  
*nashvillehikes@tennesseetrails.org*

*(email Nancy & volunteer to lead an outing)*

**MEETS MONTHLY:** 4<sup>th</sup> Tuesday at 7:00 pm CT in the REI

Community Room, 261 Franklin Road, Brentwood. For directions, visit: [www.tennesseetrails.org/nashville.php](http://www.tennesseetrails.org/nashville.php)

**BLOG:** [www.tennesseetrails.org/blog/nashville](http://www.tennesseetrails.org/blog/nashville)

**Jan 12 - Greeter Loop, Laurel Trail, South Cumberland State Park/Savage Gulf, near Monteagle. 7 miles (shuttle). Moderate.** This hike will start at the Greeter Falls trailhead and end at the Stone Door Ranger Station. We'll take a short hike to and from the Blue Hole Swimming hole (1 mile), and then hike the Greeter Falls Loop (1.8 miles), which connects to the Alum Gap Trail (1.4) at Boardtree Falls. The Laurel Trail (2.8) will take us to the Stone Door Ranger Station. Our plan is to depart the Nashville area at 7 am (location tbd). To confirm, contact Larry Marchese at 615-681-2294, or [lmarchese2@gmail.com](mailto:lmarchese2@gmail.com).

**Jan 22 - Chapter meeting.** We'll start off the New Year with some serious hike planning. If there's some place you want to hike, come and put it on the agenda! We encourage everybody to go to the TTA web site and click on Member Services in the column on the left; there you'll find a PDF version of the Hiking Handbook to help you see how easy it is to lead a hike. Just below that button, click on Hiking Links - they will inspire you! This is an ideal time to put hiking on your calendar, and weigh in on where you want to go. We'll have snacks available, maps and information. Bring your wish list and get ready to see some of the best vistas in this state -- on Tennessee trails.

**Jan 26 - Beaman Park, Joelton, TN.** Beaman Park lies on the Highland Rim in northwest Nashville. Its terrain features steep, forested slopes, with drier ridge tops and elevations just under 1000 feet. Deep hollows contain pristine springs and streams. Hardwood forests dominate the park; however, many common trees found here are chestnut, white oak, hickory, beech, tulip poplar, sourwood, sassafras, redbud, and dogwood. Beaman Park is home to lots of wildlife and reptiles. Our hike will begin at the Nature Center. We will pick up Sedge Hill Trail, and at its junction with Henry Hollow Loop Trail we'll hike over to the Ridgetop Trail, and hike a portion of it, then double back to complete the Henry Hollow Loop Trail back to its junction with the Sedge Hill Trail. We'll return to the Nature Center on the Sedge Hill Trail. This outing is rated moderate for the hilly and uneven terrain, and distance of about 6 miles. Bring water, snacks and lunch, and dress appropriately for the weather. This will be mid-morning outing and there are two options for meeting the group: carpooling from West Nashville (White Bridge Rd & I-40); or meeting at the park's Nature Center. For meeting times and to register, please contact Diane Manas at 615-351-6431.

**Jan 27 - Overnight Trail, Montgomery Bell State Park, near Dickson TN. 10.5 miles. Strenuous.** Wooded terrain with some hills. The trail passes by several lakes, a historic cabin and church, and historic iron ore pits. Bring water, snacks/lunch, boots, and clothing appropriate for the weather that day. There is an option after the hike to stop for food at the State Park Inn dining room or somewhere on the way back to town. Call Doug Burroughs at 615-283-0507 for more information and to register.

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## NORTHWEST Chapter

### (UT at Martin / Weakley County)

**CHAPTER CHAIR:** Scott M. Pun 731-881-7316  
*northwest@tennesseetrails.org*

**TREASURER:** Sandy Davis 731-587-9134  
*northwesttreas@tennesseetrails.org*

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT during the academic year (Feb-Apr and Sep-Dec) on the UT Campus in the Paul Meek Library, Rm 120, Media Services B1

Hike information unavailable at press time.

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## PLATEAU CHAPTER (Crossville)

**CHAPTER CHAIR:** Cheryl Heckler 931-456-6437  
*plateau@tennesseetrails.org*

**SECRETARY/TREASURER:** Jim Grove 931-484-7900  
*plateausecy@tennesseetrails.org*

**MEETS MONTHLY:** 2nd Thursday at 6:30 pm CT  
**BLOG:** [www.tennesseetrails.org/blog/plateau](http://www.tennesseetrails.org/blog/plateau)

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information, contact Bill Harris at 931-484-9152 or visit the Plateau Chapter Blog. Rain cancels.

**Jan 5 - Join us for a Fran Wallas Hike. Volunteer Trail and Loop Trail, Long Hunter State Park, Hermitage. 7 miles. Moderate.** This hike is the best in a winter day with the leaves gone so you get lots of views of J. Percy Priest Lake. Dress warmly, wear boots, and bring water and lunch. We will depart from Cracker Barrel off I-40 exit 317 in Crossville at 8 am and meet our hike leader Don Taylor at the trailhead at 9:45 to begin the hike at 10 am. Call Don Taylor to register at 615-973-1814 or email at [donalectaylor@tds.net](mailto:donalectaylor@tds.net).

**Jan 10 - Chapter Meeting.** 6:30 pm CT. First United Methodist Church Annex, 69 Neecham Street, Crossville. Program: Plan the 2013 Saturday hikes and programs. Dinner at Gondola's Restaurant, 36 Woodmere Mall, Crossville at 5 pm. Contact Chapter Chair, Cheryl Heckler at [thehecklers@charter.net](mailto:thehecklers@charter.net) or 931-456-6437 for additional information.

**Jan 19 - Cumberland Trail Heiss Mountain trailhead to Imodium Falls roundtrip. 8.8 miles. Strenuous.** On this scenic hike, we'll see waterfalls, overlooks, an abandoned coal mine, bluff lines and steam crossings on poly fiber bridges. Rated strenuous due to length and elevation changes. Wear boots; bring lunch, water and snacks. Leave from Trinity Tabernacle Church (127 South in Crossville) at 8 am CT. Contact Jim Hardy at 931-277-5154 or email at [jim.hardy20@yahoo.com](mailto:jim.hardy20@yahoo.com).

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## SODDY-DAISY CHAPTER

**CHAPTER CHAIR:** Bob McGavock 423-667-2960  
*soddydaisy@tennesseetrails.org*

**MEETS QUARTERLY:** 1st Tuesday in Jan, Apr, Jul, Oct at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson  
*Additional information may be seen at our web site:  
<http://www.tennesseetrails.org/blog/soddydaisy>*

**Jan 1 - Sluder Lane to Mowbray Pike. 5 miles. Easy to moderate.** Meet at Bi-Lo parking lot in Red Bank at 9 am ET. Hike leader: George Bonneau.

**Jan 5 - Lula Lake. 4 miles. Easy to moderate.** Meet at Bi-Lo parking lot in Red Bank at 9 am ET. Hike leader: George Bonneau.

**Jan 8 - Raccoon Mountain. 4 miles. Easy to moderate.** Meet at Bi-Lo parking lot in Red Bank at 9 am ET. Hike leader: George Bonneau.

**Jan 12 - Fall Creek Falls. 4-6 miles. Moderate.** Meet at Durham Street parking lot in Soddy Daisy at 9 am ET. Hike Leader: George Bonneau.

**Jan 15 - Retro Hughes Road to Rock Creek bridge and back. 5 miles. Moderate.** Meet at Durham Street parking lot in Soddy Daisy at 9 am ET. Hike Leader: George Bonneau.

**Jan 19 - Heiss Mountain to 1 mile past Little Possum Creek bridge and back. 10 miles. Strenuous.** Meet at Durham Street parking lot in Soddy Daisy at 9 am ET. Joint hike with Plateau Chapter.

**Jan 22 - Blue Blaze Trail ( Moccasin Bend). 1-1/2 miles. Easy.** Meet at Bi-Lo parking lot in Red Bank at 10 am ET. Hike leader: George Bonneau.

**Jan 26 - Laurel Falls. 5 miles. Moderate.** Meet at Durham Street parking lot in Soddy Daisy at 9 am ET. Hike Leader: George Bonneau.

**Jan 29 - River Walk from dam to South Chickamauga Creek and back. 4 miles. Easy.** Meet at dam parking lot at 9 am ET. Hike leader: Earl Helmer.

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## Carpool Etiquette

Gasoline prices have continued to roller coaster up and down. Please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it'll save time and prevent the inconvenience of having to stop to locate change).

Your driver is not a chauffeur. Assist him or her by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing.

All passengers must wear seat belts to minimize the risk of injury in case of an accident !!! *The drive to and from a trailhead is generally the most dangerous part of any hiking trip.*

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## SUMNER TRAILS CHAPTER

### CHAPTER CO-CHAIRS:

David & Shirley Primeau 615-424-2948  
[sumner@tennesseetrails.org](mailto:sumner@tennesseetrails.org)

**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at 7:00 pm CT,  
Hendersonville First United Methodist Church, 217  
E. Main St. Hendersonville, TN

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**Jan 1 – Multi-Chapter New Years Day Hike and Feast.** Happy New Year to all!. Sumner Trail members and chapter friends are invited to attend the "Multi-Chapter New Years Day Hike and Feast" at Edgar Evins State Park, sponsored by the Murfreesboro Chapter.

**Jan 8 - Chapter meeting. Please note date change.** The Washington Trails Association wrote that "you can achieve most of your New Year's Resolutions simply by hiking", with hikers being able to spend more time with family and friends, get fit and lose weight, enjoy life more, learn something new and help others, simply by hitting the trails. Al Ballenger and Anne Wesley will lead an interactive program "New Year Resolutions 2013 - Keeping Them By Hiking". Sumner Trails members, let's start the year off right by attending your chapter meetings, supporting your hike leaders and hiking more! **Experience the joy of hiking!**

**Jan 12 - Bledsoe Creek State Park Loop Trail. 4 miles. Moderate.** In the Fall of 1771 a group of " Long Hunters " including Isaac Bledsoe, explorer, pioneer, Indian fighter and Colonel of Militia came to what is now Sumner County. The first settlement in this area was a fort called Bledsoe's Lick - near the fort was Bledsoe Creek. Colonel Bledsoe was killed by Indians in 1793. Now there is a state park there named after Bledsoe. Our hike is mostly foot path with some paved trail to complete the loop. The trail has one steep but short climb with steps - otherwise it is mostly easy walking but you might need your boots - two years ago we walked this trail in 4 inches of fresh snow. After the walk we'll drive a couple of miles to the site of historic Cairo which in 1797 missed by one vote to be the County Seat in Sumner County. After that we'll go to Top Hog for lunch. Meet at the Hendersonville Presbyterian Church at 9 am CT or at the trailhead at the boat ramp near the entrance to the state park at 9:45 am CT. For further info contact Loopy Al at [ballallenger@aol.com](mailto:ballallenger@aol.com) or (615) 347-2623 after 3 pm the day before the hike.

**Jan 19 - Mystery History Hike.** Tim Takacs, author of the book "The City by the Lake: A History of Hendersonville Tennessee 1780 - 1969", will lead a history hike. Details are being finalized so watch your Sumner Trails list serve for the hike site and the meeting location and time. And if you've not subscribed to the chapter list serve, do so now so you don't miss this and other chapter news (<http://www.tennesseetrails.org/sumner.php>).

**Jan 26 - Beaman Park Henry Hollow Loop/Sedge Hill Trail. 3 miles. Moderate.** Join us at this beautiful park on the Highland Rim in the northwest edge of Davidson County. We're hiking in winter so we won't get to see the wildflowers or many of the wildlife that call the park home, but we will get to enjoy beautiful creekside views and the hilly terrain. If conditions are wet, you'll want boots or protective shoes; hiking poles are also helpful because of the leaf-covering on the dirt trails. Pack a lunch as we'll try to eat outside or inside the park's Nature Center following the hike (lunch plans may change, depending upon availability of Nature Center and the weather). Meet at First Presbyterian Church in Hendersonville at 9 am CT for carpooling or at 9:45 am at the Beaman Park Nature Center (5911 Old Hickory Blvd, Ashland City). Call David or Shirley at 615-424-2948 to confirm the hike if threatening weather.

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## UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

**CHAPTER CHAIR:** Louise Miniard 931-528-9115  
[uppercumberland@tennesseetrails.org](mailto:uppercumberland@tennesseetrails.org)

**HIKE COORDINATOR:** Kathleen Sullivan 931-520-6294  
[uppercumberlandhikes@tennesseetrails.org](mailto:uppercumberlandhikes@tennesseetrails.org)

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**Jan 5 - Walls of Jericho Wilderness and Recreation Area, Winchester, TN- Jackson Co., AL.** The Walls of Jericho is a massive unique natural geological rock formation featuring 150-200 foot vertical limestone walls at the closed end of the half-mile long narrow wooded canyon. The hike is about 7 miles total and is mostly downhill going into the gorge so the return trip is mostly uphill. The trail is often muddy after rains. There is a tricky descent from the trail to the stream, which can be hazardous with several stream crossings. The hike is rated strenuous. Bring hiking shoes, snacks, water, and lunch. You can meet us in the Penney's parking lot in Cookeville at 7:00 am CT. To register, contact Louise Miniard at 931-528-9115 and leave message or [lminiard@flowserve.com](mailto:lminiard@flowserve.com).

**Jan 12 - Smoky Mountains Lumber Ridge Trail near Tremont, Townsend. 8–9 miles. Moderate.** Bring hiking shoes, snacks, water, and lunch. You can meet us at 7:00 am CT in the Penney's parking lot in Cookeville. For information and to register contact Nora Henn at 931-808-2560.

**Jan 19 - Cardwell Mountain, meal & Dirty Santa gift exchange. Moderate 5 mile hike starting at Cumberland Caverns parking lot.** Potluck soup dinner at Nora's after hike. Bring hiking shoes, snacks, and water. Call Nora at 931-808-2560 for meeting time and information regarding gift exchange & dinner.

**Jan 26 - Eagle Watch Barge Tour and Accordion Bluff Trail, Dale Hollow Lake, Livingston, TN.** We will join the Corps of Engineer's Eagle Watch Barge Tour on Dale Hollow Lake for a morning of eagle spotting aboard an open air barge. Naturalists will be on board to help in finding the eagles and other wildlife. After the three hour tour we'll land back at the Lillydale Campground for lunch. After lunch we'll hike a portion of the Accordion Bluff Trail along Dale Hollow Lake. The trail is rated moderate. Dress for cold temperatures on the barge and be prepared to sit on hay bales. Bring hot drinks, binoculars, cameras, blankets, a life jacket if you have one, etc. for the barge trip plus lunch and hiking gear. Hot drinks and snacks will be available on the barge thanks to Friends of Dale Hollow Lake. This is a by reservation only outing; you must register. Contact Lillian Ey at 615-478-7461 or [eyintn@hotmail.com](mailto:eyintn@hotmail.com) for further information.



## OFFICERS:

<b>President</b>	Millette Jones	615-397-9588 <i>president@tennesseetrails.org</i>
<b>Vice-President</b>	Carolyn Miller	931-839-3213 <i>vicepresident@tennesseetrails.org</i>
<b>Treasurer</b>	Ann Jacobs	615-896-3935 <i>treasurer@tennesseetrails.org</i>
<b>Secretary</b>	Diane Manas	615-352-7777 <i>secretary@tennesseetrails.org</i>
<b>Past President</b>	Don Dresser	731-668-4190 <i>pastpresident1@tennesseetrails.org</i>
<b>Previous Past President</b>	Rosemary Marshall	865-548-6171 <i>pastpresident2@tennesseetrails.org</i>
<b>West TN At-Large Director</b>	Graydon Swisher	901-737-3114 <i>westregional@tennesseetrails.org</i>
<b>Middle TN At-Large Director</b>	Nora Beck	615-517-6486 <i>middleregional@tennesseetrails.org</i>
<b>East TN At-Large Director</b>	Levonn Hubbard	931-707-1020 <i>eastregional@tennesseetrails.org</i>
<b>Membership Director</b>	Tim Townley	731-607-0512 <i>membership@tennesseetrails.org</i>
<b>Cumberland Trail Conference Representative</b>	Diane Manas	615-352-7777 <i>CTC@tennesseetrails.org</i>
<b>TN Rails To Trails Advisory Council Representative</b>	Bob Richards	615-532-0753 <i>TRAC@tennesseetrails.org</i>
CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER		
<b>Newsletter Editor</b>	LouAnn Partington	931-393-4835 <i>editor@tennesseetrails.org</i>

## TTA CALENDAR

The following dates in 2013 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

### FIRST QUARTER

Feb 2 ..... Board of Directors' Quarterly Meeting  
(Location TBA)

### SECOND QUARTER

May 4 ..... Board of Directors' Quarterly Meeting  
(Location TBA)  
Jun 1 ..... National Trails Day (Statewide)

### THIRD QUARTER

Aug 3 ..... Board of Directors' Quarterly Meeting  
(Location TBA)  
Sep 28 ..... National Public Lands Day (Statewide)

### FOURTH QUARTER

Oct 25-27 ..... TTA's Annual Meeting; hosted by Plateau, Soddy Daisy and Upper Cumberland Chapters. Fall Creek Falls State Park.

## Newsletter Deadlines:

Deadlines for Chapter announcements  
and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Jan 10 .....	Feb 1
Feb 10 .....	Mar 1
Mar 10 .....	Apr 1

All submissions are subject to editing. Articles of  
general interest and non-hiking events will be  
included as space permits.

Please send all submissions to:  
*editor@tennesseetrails.org*

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**  
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.  
**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .**

- A NEW MEMBER**  
 **RENEWING MY MEMBERSHIP**

Jan 13

Memberships are for one year, unless you have a Lifetime Membership.  
Gift Memberships are also available. Contact our Membership Director,  
Tim Townley 731-607-0512 [membership@tennesseetrails.org](mailto:membership@tennesseetrails.org)

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

**PLEASE, PRINT CLEARLY.**

\_\_\_ Individual \$25.00  
\_\_\_ Family \$35.00  
\_\_\_ Student (FULL TIME) \$15.00  
\_\_\_ Supporting (\$50.00, \$100.00 or more)  
\_\_\_ Life Member (Individual) \$500.00  
\_\_\_ Life Member (Family) \$750.00

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
Home Phone (\_\_\_\_) \_\_\_\_\_ Zip \_\_\_\_\_ -- \_\_\_\_\_  
Work Phone (\_\_\_\_) \_\_\_\_\_  
e-mail \_\_\_\_\_

- Please do not list my e-mail address in the TTA Annual Membership Directory  
 I would like to receive my newsletter by email.

\*\* CTC Membership \*\* \*\*\$5.00\*\*

\*\* Special \$5.00 rate for membership in Cumberland Trail Conference if you also are joining TTA or renewing your TTA membership. CTC is building the Cumberland Trail, which will go from Chattanooga to Cumberland Gap. Over 185 miles are now complete and open for hiking. More information can be found at [www.cumberlandtrail.org](http://www.cumberlandtrail.org). Please consider enhancing your commitment to Tennessee's great trails by joining the CTC.

Please list me with the following chapter:

\_\_\_ Clarksville  
\_\_\_ Columbia/Franklin  
\_\_\_ Cove Lake  
\_\_\_ Dyer County  
\_\_\_ East TN (Oak Ridge/Knoxville)  
\_\_\_ Highland Rim (Manchester/Tullahoma)  
\_\_\_ Jackson  
\_\_\_ Memphis  
\_\_\_ Murfreesboro  
\_\_\_ Nashville  
\_\_\_ Northwest (UT at Martin/Weakley)  
\_\_\_ Plateau (Crossville)  
\_\_\_ Soddy Daisy  
\_\_\_ Sumner Trails (Sumner County)  
\_\_\_ Upper Cumberland (Sparta/Cookeville)  
\_\_\_ At Large

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - C.T.C. and T.R.A.C. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

**As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.**