

# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.*

SPONSOR FOR THE CUMBERLAND TRAIL



## CUMBERLAND TRAIL GUIDED HIKES

**December 2012**

Led by Seasonal Interpretive Ranger Ryan  
Maddux

- **December 1** - Hike from Signal Point to Edwards Point. Meet at Signal Point Trailhead at 9 am ET. 5.5 Mile Hike Rated Moderate to Difficult.
- **December 8** - Hike to Buzzard Point at Laurel Snow. Meet at Laurel Snow Trailhead at 9 am ET. 6 Mile Hike Rated Moderate to Difficult.
- **December 15** - Hike to Stinging Fork Falls. Meet at Stinging Fork Trailhead at 9 am ET. 3 Mile Hike Rated Moderate.
- **December 22** - Hike to Imodium Falls. Meet at Hiess Mountain Road Trailhead at 9 am ET. 9 Mile Hike Rated Difficult.
- **December 29** - Dayton Coal & Iron History Hike. Meet at Laurel Snow Trailhead at 9 am ET. 1 Mile Hike Rated Easy.

Be sure to wear comfortable hiking shoes and the proper clothing along with water, snacks, and/or a lunch. Looking forward to seeing you there!

For maps, photos, or general information about the trails visit [www.cumberlandtrail.org](http://www.cumberlandtrail.org) or for information about the hikes contact Ryan Maddux at 423-240-2239 or by email at [trmaddux42@students.tnitech.edu](mailto:trmaddux42@students.tnitech.edu).

## A BIG THANK YOU...

to all of you who made the Annual Meeting a success. It seemed that everyone found a place to stay overnight (even Garnett Rush, after J.R. managed to get her out of the Men's Dorm. Sorry, Garnett!) The Wells Family Band, especially those JoCo gals, got things off to a rousing start Friday evening, which compensated for the fireless bonfire (contrary weather). The chill-bearing clouds finally decided to bow at Mother Sun's feet on Saturday morning and let her shine on the gathered group of wishful hikers. Hikes went as planned and we didn't lose anyone—always a joy!

Saturday evening was crowned by the Live Auction, spearheaded by Clarksville Chapter's own impromptu auctioneer, Shaun Cusic. Shaun managed to keep the bidding at a high pitch, with a wife bidding against husband a couple of times (no names mentioned!). The crowning moment happened when Ron Dunn walked into the room, dressed in full Scottish kilt attire, with his lovely fiancée, Ellen Omohundro, and had himself auctioned off to hike with the winner in his kilt outfit. Then, to the complete surprise of the audience (and Ellen), he dropped to one knee and proposed! (Yes, she accepted.) Everything was anticlimactic after that.

A quick overview: We registered 117; somehow, ten failed to show. Live and Silent auctions brought in \$3637.50; White Elephant tally was \$315.48; and bake sale brought in \$174.28. (Attendance at Brandon Springs in 2006 was 162, considerable more than this annual meeting.) It is expected that, after chapter expenses are deducted and bills are paid, approximately \$5700 will be turned over to State TTA.

We at Clarksville Chapter had a great time. We hope you did, too!



Office Location 409 Thurman Avenue, Ste 102  
 ..... Crossville, TN 38555  
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 Email: [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com)  
 Website: [www.cumberlandtrail.org](http://www.cumberlandtrail.org)

**December, 2012 – January, 2013**

Winter BreakAway– Black Mountain segment trail construction/maintenance. Contact the CTC office for details.

**MEMBERSHIP GOODBYE**

Thank you so much for allowing me to serve as your membership director over the past four years. It was fun as well as challenging as we tried new ideas and moved in new directions. Perhaps the most significant improvement was offering our monthly newsletter electronically via email. To date we have 141 members now receiving their newsletter electronically. We also replaced monthly (paper) chapter reports with emailed PDF's. Keeping chapters alert to new members was also a priority of mine. I felt the quicker we contacted those new members, and got them involved, the better chance we had of keeping them with us.

Over the remainder of the year I'll be working with our new membership directory, Tim Townley, and I would ask for your patience as we get Tim up to speed. He's a great guy and I know he's going to do a wonderful job.

I'm going to take a little break next year, settle into married life with my fiancée, Ellen, and then look for future ways to serve in TTA in the days ahead.

Warm regards

*Ron Dunn*

**CLARKSVILLE CHAPTER**

**CHAPTER CHAIR:** J.R. Tate 931-920-2692  
[clarksville@tennesseetrails.org](mailto:clarksville@tennesseetrails.org)  
**CHAPTER VICE-CHAIR:** Suva Bastin 931-645-2849  
[clarksville@tennesseetrails.org](mailto:clarksville@tennesseetrails.org)  
**TREASURER:** Chris Everett 931-494-8038  
[clarksvilletreas@tennesseetrails.org](mailto:clarksvilletreas@tennesseetrails.org)  
**SECRETARY:** Judith Tate 931-920-2692  
[clarksvillesecy@tennesseetrails.org](mailto:clarksvillesecy@tennesseetrails.org)  
**OUTINGS COORDINATOR:** Paul Schwab 931-645-9068  
[clarksvillehikes@tennesseetrails.org](mailto:clarksvillehikes@tennesseetrails.org)

*(call Paul & volunteer to lead an outing)*

**MEETS MONTHLY:** 3<sup>rd</sup> Tuesday at 7:00 pm CT,  
 Crow Community Center, 211 Richview Rd.  
*Additional information may be seen at our web site:*  
<http://www.tennesseetrails.org/blog/clarksville>

**Dec 1 - Urban hike, Nashville. 4 miles. Easy.** We'll have lunch at a Germantown restaurant. Paul Schwab 931-645-9068. Meet 8:00 am CT, I 24 Exit 11 commuter parking lot. 39 miles to trailhead.

**Dec 8 - Palmyra RR hike, Hike on Railroad tracks from Jarman Hollow Rd. to Birchfield Place. 5 miles. Moderate** because we will be walking on RR tracks. Paul Schwab 931-645-9068. Meet 8:00 am CT. Big Lots parking area, Riverside Drive. 10 miles to trailhead.

**Dec 15 - Trail maintenance at Rotary Park, US 41A Bypass, Clarksville.** Bring loppers, brush cutters, hand pruners and garbage bags. J.R. Tate 931-920-2692. Meet 8:00 am CT, first shelter on left after entering park.

**Dec 18 – No monthly meeting.**

**Dec 31 - New Years Eve hike downtown Clarksville. Moderate.** Paul Schwab 931-645-9068. Meet 9:00 pm CT, Cumberland River Pavilion, McGregor Park, Riverside Drive. After the hike bring a party snack and come to Jack and Suva Bastin's house for a New Years Eve Party.

**Don't Miss an Outing  
 Plan Ahead  
 Register Early!**

Our hike coordinators are volunteers. Make it easier for them to contact you if a hike needs to be cancelled by registering!

There are times when a hike leader must limit the number of participants (due to park regulations, etc.) on an outing. Please do not wait until the afternoon or evening before the outing to RSVP.

*Plan ahead and register early.*

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## COLUMBIA/FRANKLIN CHAPTER

**CHAPTER CHAIR:** Marvin Caine 931-486-1632  
*columbia@tennesseetrails.org*

**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

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**Dec 4 – Chapter Meeting.** We will be planning hikes and other activities for the first half of 2013. Please bring suggestions for hikes and consider being a hike coordinator, even if you haven't done so in the past.

**Dec 8 – Collins Gulf Trail, Savage Gulf State Natural Area, Cagle, TN. 9.9 miles. Moderate with some strenuous.** This trail follows the rim above the Collins River and then winds back along the river. We will encounter beautiful waterfalls, rock outcroppings, bridges, stream crossings, and ridge lines with significant elevation changes. Bring your camera! Wear sturdy boots and bring snacks/lunch and plenty of water for the trail. You may want to bring a change of clothes in case you get wet. We will meet behind McDonalds 4908 Main Street (Hwy 31) on the north side of Spring Hill, in front of the People's Church, and leave promptly at 6:30 am CT. To register, please contact Robert Consalvo at 615-519-5584 or *rconsalvo@aol.com*.

**Dec 29 – Turnhole Bend Trail, Mammoth Cave National Park. KY. 6 miles. Moderate.** This hike features old home sights in a white oak forest. We will have lunch on the bank of the Green River. We do not hike in the cave. Bring plenty of water and wear sturdy boots and dress in layers as it may be cold. Plan to stop on our way home for dinner in a local restaurant. We will meet behind McDonalds 4908 Main Street (Hwy 31) Spring Hill, and leave at 7:00 am CT. Register with Marvin Caine at *mlcaine@aol.com* or 931-626-2754.

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## DYER COUNTY CHAPTER

Graydon Swisher 901-737-3114  
*westregional@tennesseetrails.org*

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**This chapter is in the process of being reorganized.**

For further information, contact Graydon Swisher at 901-737-3114 or *westregional@tennesseetrails.org*. In the interim, you are welcome to attend (14 to select from) other chapters' outings, events and meetings.

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## COVE LAKE HIKING CHAPTER

**CHAPTER CHAIR:** John Redmon 423-869-8286  
*covelake@tennesseetrails.org*

**SECRETARY/BOARD REPRESENTATIVE:**  
Kathy Sarvis 865-494-0374  
*covelakehikes@tennesseetrails.org*

**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at 7:00 pm ET at the recreation center, 300 W. Beech St., La Follette.

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**Dec 15 – Abrams Falls, Great Smoky Mountains National Park. 5 miles. Moderate.** This hike should take about 3-4 hours to hike to the waterfall and back. Make sure to wear layers & bring walking sticks, bring camera, water, and lunch/snack. **\*\*Black bears are sometimes active in this area.\*\*** For those coming from Campbell County meet at the Jacksboro Middle School at 7 am ET to car pool down to Burger King X-122 on 75N. For those in Anderson County & surrounding areas meet at the Burger King (Exxon Station by Walmart on highway 61 at X-122 on 175 at 7:30 am to carpool to Abrams Falls.

**Dec 20 - Trail Maintenance Day.** For more info call or email *covelakehiking\_tta@att.net* or Patricia Bolton cell (423) 437-2524.

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## EAST TN CHAPTER (Oak Ridge / Knoxville)

**CHAPTER CHAIR:** Rosemary Marshall 865-548-6171  
*easttennessee@tennesseetrails.org*

**VICE-CHAIR:** Elise Eustace 865-201-5806  
*easttennessee@tennesseetrails.org*

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**Dec 8 - Annual Christmas Dinner** at Puleo's Grille, 110 Cedar Lane (just off I-75 at Merchants Rd Exit). Let's meet at 6:30 pm ET. We'll eat, drink and go over the hikes we have planned for 2013. Be sure to come and bring a friend. Call or email Rosie 865-951-8317 or *rosemary\_L@hotmail.com*.

**Dec 29 - Maryville/Alcoa Greenbelt** - Wow! Who ate too much over the holidays? Let's start off the New Year early with a nice hike on the Greenbelt. This is an easy walk on a paved surface, distance to be determined by interest. Call or e-mail Garnett Rush for details, meeting instructions, etc. - 865-268-5181 or *rushga01@yahoo.com*.

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## HIGHLAND RIM CHAPTER

### (Coffee and Franklin Counties)

**CHAPTER CHAIR:** Linda Hudson 931-841-0540  
*highlandrim@tennesseetrails.org*

**SECRETARY** Carolyn Fitz 931-598-0597  
*highlandrimsecy@tennesseetrails.org*

**TREASURER:** Marietta Poteet 931-924-7666  
*highlandrimtreas@tennesseetrails.org*

**OUTINGS & PROGRAM COORDINATOR & NEWSLETTER CONTACT:** Joan Hartvigsen 931-962-0811  
*highlandrimhikes@tennesseetrails.org*  
*(contact Joan & volunteer to lead an outing)*

**MEETS MONTHLY:** 4<sup>th</sup> Monday at 7:00 pm CT at the D. W. Wilson Community Ctr., 501 N. Collins St., Tullahoma.

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**Dec 1 - Little River Canyon National Preserve, Fort Payne, AL. Easy.** Little River Canyon is one of America's deepest and most extensive canyon systems east of the Mississippi River. Within the Preserve's 14,000 acres exists one of Alabama's highest waterfalls, Grace's High Falls. The canyon features breathtaking overlooks where the turquoise waters of Little River flow 700 ft. below. Rocky sandstone outcrops add to the splendor. Little River is classified as an Alabama Wild and Scenic River and flows for most of its length atop Lookout Mountain then plunges off the Cumberland Plateau at the head of Little River Canyon. We will drive the Canyon Rim Drive, stopping to enjoy the nine overlooks and hike several of the short trails, (Little River Falls Trail, Lower Two Mile Trail and the Eberhart Point Trail). We may see white water kayakers, rock climbers and soaring hawks. We will have lunch at one of the overlook picnic areas. Bring water, lunch, snacks, hiking shoes and hiking sticks. Register with Joan Hartvigsen at 931-962-0811 or *jhartvigs@comcast.net*.

**Dec 8 - North Rim, Mountain Oak and North Plateau Trails, Savage Gulf State Natural Area, Palmer, TN. 10 mile loop. Moderate.** This hike has very little elevation change and loops by numerous overlooks of Savage Gulf. From these viewpoints you will see the confluence of tributary gorges with Savage Gulf, old growth forests in the bottom of the gorge, the scars of avalanches, and the junction of the three gulfs that make up the state natural area. Bring water, lunch, snacks, and hiking sticks. Contact Joan Hartvigsen at 931-962-0811 or *jhartvigs@comcast.net* to register.

**Dec 15 - Eat-Hike-Party Hike, Sewanee Perimeter Trail, Sewanee, TN. 4 miles. Easy.** Meet Cathleen at the Blue Chair in Sewanee at 9:00 am CT for breakfast and coffee, or come at 9:30 if you just want to hike. This month we will hike the Perimeter Trail between Brakefield Road Gate 7 and Green's View, past the Forestry Cabin, Cherry Point, Rutledge Point, K A Point and Running Knob Hollow. Bring water and a snack. Contact Cathleen Close at 931-841-1448 or *cathleenclose@gmail.com*. After this hike we will meet at the Sewanee home of Carolyn Fitz and John Bordley for our Chapter Christmas Party. See below for details.

## Highland Rim - con't

**Dec 15 - Chapter Christmas Party Pot Luck Lunch.** Our Christmas Party will be held after the Sewanee Perimeter Hike, about 1:00 pm, at the home of Carolyn Fitz and John Bordley, 94 Winns, Sewanee, TN. Carolyn and John will provide turkey divan. We are asked to bring a side dish or dessert. Contact Carolyn at *cfitz@sewanee.edu* to let her know you plan to attend. If needed, we can drop off our food at Carolyn and John's home before the hike.

## No December Chapter Meeting

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## The "10\* Essentials"

Before you head out on the trail, check your pack to be sure it contains the following items:

- whistle
- water
- hat/sunglasses
- food
- map
- 1<sup>st</sup> aid kit
- compass
- flashlight
- fire starter
- rain gear/extra clothing

Other considerations:

- leave someone a copy of your hiking plans
- hiking poles
- common sense

\* This list is not to be considered cast in concrete - and should be customized to each outdoor enthusiast's needs.

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## JACKSON CHAPTER

**CHAPTER CHAIR:** Vicky Moeller 731-668-9336  
*jackson@tennesseetrails.org*

**TREASURER:** Anne Goodson 731-664-1556  
*jacksontreas@tennesseetrails.org*

**SECRETARY:** Don Dresser 731-668-4190  
*jacksonsecy@tennesseetrails.org*

**OUTINGS COORDINATOR:** Glen Rognstad 731-217-5966  
*jacksonhikes@tennesseetrails.org*  
*(call Glen & volunteer to lead an outing)*

**MEETS MONTHLY:** 1<sup>st</sup> Monday at Perkins Restaurant, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 6:45 pm

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**Dec 3 - Monthly Meeting.** Dinner at 6:00 pm and the meeting will start about 6:45 pm.

**Dec 8 - Pioneer Springs & Woodland Trail, Meeman-Shelby Forest. Joint hike with Memphis Chapter.** Please let Vicki Moeller or Glen Rognstad know if you are coming. We will meet at Panera Bread in Jackson to carpool, and leave from there at 7:30 am CT. Or you can meet us and the Memphis chapter at Poplar Tree Lake Parking Lot (NOT the Visitor Center) at 9:15 am. See Memphis Chapter listing for hike details and directions.

**Dec 15 - Big Hill Pond State Park, Pocaahontas, TN. 8 miles. Moderate.** This is a moderate hike around the lake. We will meet at Panera Bread in Jackson to carpool, and leave from there at 8:00 am CT. For additional information and to register, please contact Sara Rognstad at [hakim.sara@gmail.com](mailto:hakim.sara@gmail.com) or Don Dresser at 731-668-4190 or [Donald\\_Dresser@usit.net](mailto:Donald_Dresser@usit.net).

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**HAPPY HOLIDAYS!**

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## MEMPHIS CHAPTER

**CHAPTER CHAIR:** Charlie Bright 901-829-4434  
*memphis@tennesseetrails.org*

**VICE-CHAIR:** Francis Ruffin 662-701-6284  
*memphisvice@tennesseetrails.org*

**Dec 1 - Village Creek State Park, Wynne, AR. 5 miles. Easy to moderate.** Meet at the park visitor center at 9:30 am CT or carpool from the Tennessee Welcome Center on Riverside Drive at 8:00 am. We will hike a 5-mile trail rated easy to moderate with a few hills. Bring water and snacks/lunch. To register for carpool and for information call Carol Haley at 901-388-9163. Rain will cancel hike.

**Dec 8 - Pioneer Springs & Woodland Trail, Meeman-Shelby Forest. Joint Hike with Jackson Chapter.** We will meet at 9:15 am CT at the Poplar Tree Lake parking lot (NOT the Visitor Center). Hike Distance: 7.5 miles with option to turn around after 2 miles at the Woodland Shelter. We will hike to Pioneer Springs and continue to the Woodland Shelter (2 miles, one-way). Those wishing to hike 4 miles may return to Poplar Tree Lake. For a 7.5 mile hike, we continue on the Woodland Trail and return to Poplar Tree Lake. The Woodland Trail is a 3-mile loop trail with a few steep climbs (for Mississippi Delta country) but most of the walk is fairly level. Bring water and snacks/lunch. Contact Gloria Folk at 901-277-5756. Directions: Go north on N. Watkins until it ends at Locke-Cuba Road. Turn left and go about 0.7 miles to the four-way stop at the General Store. From here go straight on Benjestown Road, about 1.6 miles and turn right into the south entrance of the park. Take this road straight for about 1.7 miles to a stop sign. Turn left and you will see the picnic area and parking lot on your right.

**Dec 13 - Chapter Christmas Party and Potluck.** Margaret Smith will be hosting our annual party at 7421 Wendy Street in Bartlett. Bring your favorite festive dishes to share with the group. Socializing begins around 6:00 with dinner at 6:30 pm CT. We'll supply plates, glasses, eating utensils, soft drinks, and ice or you may bring a favorite beverage. For those who enjoy the Dirty Santa game, bring a \$10 gift item for participation. The 2013 hike schedule will be distributed at the party. RSVP [spikie542003@yahoo.com](mailto:spikie542003@yahoo.com).

### Planning Ahead:

**Jan 1 - New Year's Day Hike at T O Fuller State Park,** 1500 Mitchell Road. Welcome the New Year with a hike at T.O. Fuller State Park. We will meet at the Visitor Center at 9:30 am CT. The trail is a 4-mile hike with hills. We will celebrate with a sampling of black-eyed peas and cornbread at the break time! Bring water and snack. We recommend wearing hiking boots. Rain will cancel this hike. Hike leader, Francis Ruffin, 662-701-6284. **Directions:** Go I-240 West to I-55 North, Exit 7 South to Highway 61(3rd Street) drive south approx 1 mile and turn right onto Mitchell Road, continue 3 miles west to the T.O. Fuller Park sign and turn right at the Visitor Office.

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## MURFREESBORO CHAPTER

**CHAPTER CHAIR:** Sara Pollard 615-714-3610  
*murfreesboro@tennesseetrails.org*

**TREASURER** Ann Jacobs 615-896-3935  
*murfreesborotreas@tennesseetrails.org*

**MEMBERSHIP** Mary Belle Ginanni 615-895-6072  
*murfreesboromembership@tennesseetrails.org*

**PROGRAMS** Valerie Galan 615-586-2882  
*murfreesboroprograms@tennesseetrails.org*

**OUTINGS COORDINATOR:** Cathy Bingham 615-890-9791  
*murfreesborohikes@tennesseetrails.org*

*(Call Cathy & volunteer to lead an outing)*

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Barfield-Crescent Rd., Murfreesboro

**BLOG:** [www.tennesseetrails.org/blog/murfreesboro](http://www.tennesseetrails.org/blog/murfreesboro)

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**Dec 8 - Beaman Park. 3 miles. Moderate due to elevation changes.** Beaman Park is situated on the Highland Rim Northwest of Nashville. Its terrain features forested slopes with diverse vegetation as well as deep hollows with streams. We will hike along Henry Creek toward the Nature Center. After a stop we will return via Henry Hollow Loop to the parking lot. Total distance is about 3.5 miles rated moderate due to elevations. We'll plan to eat at Cafe Fontanella, the restaurant on the property previously owned by Barbara Mandrell. To register contact Mary Belle Ginanni (615-895-6072) or Nabil Wakid, [nwakid@bellsouth.net](mailto:nwakid@bellsouth.net).

**Dec 9 – Murfreesboro Christmas Parade – Sunday 2:00 pm.** This annual Christmas Parade starts in front of the MTSU President's house, goes down East Main, around the courthouse, onto West Main and then Walnut Street. This year's theme is "Jingle Bell Rock". Our chapter will participate to promote awareness of TTA and hope to encourage folks to get out and hike. For more information or to join us for this "hike" through downtown Murfreesboro, contact Sara at [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com) or 615-714-3610.

**Dec 11 - Chapter Holiday Party, 6 pm, Barfield Crescent Wilderness Station.** This event will be at 6:00 pm and bring your family and a covered dish to share. Chapter will provide utensils, plates, napkins, and beverages. Please RSVP to Sara Pollard at [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com) or 615-714-3610.

**Dec 27 – Shelby Bottoms Greenway. 5 miles. Easy.** This is a great hike for winter because most of the trail is in the open which makes it too hot in the summer. We will cross the pedestrian bridge over the Cumberland River to begin our hike. This Nature Park trail is paved but will have some natural surface too. Hiking boots are not necessary, but wear comfortable shoes and bring water. We will have lunch afterwards in Nashville. To register contact Sara Pollard at [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com) or 615-714-3610.

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## NASHVILLE CHAPTER

**CHAPTER CHAIR:** Doug Burroughs  
*nashville@tennesseetrails.org*

**OUTINGS COORDINATOR:** Nancy Juodenas  
*nashvillehikes@tennesseetrails.org*  
*(email Nancy & volunteer to lead an outing)*

**MEETS MONTHLY:** 4<sup>th</sup> Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: [www.tennesseetrails.org/nashville.php](http://www.tennesseetrails.org/nashville.php)

**BLOG:** [www.tennesseetrails.org/blog/nashville](http://www.tennesseetrails.org/blog/nashville)

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### CHAPTER NEWS:

December 2012 will mark the ELEVENTH year that we've been invited to wrap customers' gifts at REI (Brentwood) in exchange for donations, and each time it has been a FUN and very \$\$\$UCCESSFUL FUNdraising event for the chapter, which benefits the Cumberland Trail. This year we will be wrapping gifts on Saturday, December 15 from 10:00 am until 5:30 pm. As in years' past, chapter members are invited to help by generously volunteering time to wrap REI customers' gifts while at the same time talking to prospective members about hiking/outdoor activities (the TTA and CTC Display Units will be up; plus, we'll have brochures and newsletters to give away). In exchange for the gifts we wrap, customers in the past have been extremely generous to us by making \$\$\$DONATIONS. Donations received will be allocated to the Cumberland Trail Conference's 2013 Alternative Spring BreakAway program to help offset some of the expenses incurred to buy the food that feed the students and volunteers coming to TN to build the Cumberland Trail during the entire month of March 2013 (note: each week there are about 75 college students and 30 CTC/TTA volunteers working on the trail; and, it takes a lot of food to fill the tummies of these hungry trail builders). So, don't hesitate, call today to volunteer for a 2-hour "wrap" time ("wrap" times are 10-12 noon; 12 noon-2:00; 2-4:00; and 4-5:30). This IS truly an unusual and fun way to FUNdraise while talking to prospective members about TTA, trails, hiking, trail building, parks, wildflowers, etc. No experience required, and on-site training and materials provided. To volunteer, call Diane Manas at 615-351-6431.

**Dec 15 - Lake Trail and new historical Valve House Trail, Radnor Lake. Approximately 3 miles. Easy. NEWCOMERS WELCOME!** Take a break from the holiday bustle and join us for this walk around Radnor Lake. Meet at the Granny White Visitors Center parking lot at 9:30 am CT. After the hike we will go get lunch at a nearby restaurant. Call Amy Sutton at 615 739-5858 for more information and to register.

**Dec 15 – Gift Wrap Fundraiser at REI.** See Chapter News for details.

**Dec 15 - Chapter Holiday Party, 6:00 pm CT.** 800 General George Patton Rd, Nashville. (River Plantation Road, Section V Clubhouse.) Alice Cannon, [acannon12@bellsouth.net](mailto:acannon12@bellsouth.net).

**Dec 25 - Mossy Ridge Trail, Warner Parks. West Nashville, TN. 4.5 miles. Moderate.** So you got some really cool hiking gear for the holidays. Today's a good day to break 'em in on this 4.5 mile hike on the Mossy Ridge Trail in the Percy Warner side of Warner Park. The terrain is rated moderate for the numerous rolling hills we will ascend and descend along the way. Sturdy hiking shoes/boots are recommended for the terrain because it is uneven with roots, rocks and ruts. Bring snacks, water and the 10 Essentials. We will meet at 2:00 pm CT in the "Deep Well" area of the park. Rain/ice will cancel this outing. For additional information and/or to register, call Diane Manas at 615-351-6431. DIRECTIONS: to get to Deep Well from Nashville: head west on Hwy 70 (aka West End Ave). In Belle Meade (after you have crossed over Woodmont Blvd, passed Publix then Kroger on the right, and the Belle Meade Mansion on the left), Hwy 70 splits. Take the left side, which puts you on Hwy 100. Go approx 1.8 miles and turn left into the grey stone entrance, drive to the end/t-intersection (approx 1 mile) – you're in Deep Well. If on Hwy 100 and you reach Old Hickory Blvd, you've gone too far.

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## NORTHWEST Chapter

### (UT at Martin / Weakley County)

**CHAPTER CHAIR:** Scott M. Pun 731-881-7316  
*northwest@tennesseetrails.org*

**TREASURER:** Sandy Davis 731-587-9134  
*northwesttreas@tennesseetrails.org*

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT during the  
**academic year** (Feb-Apr and Sep-Dec) on the UT  
Campus in the Paul Meek Library, Rm 120, Media  
Services B1

Hike information unavailable at press time.

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## PLATEAU CHAPTER (Crossville)

**CHAPTER CHAIR:** Cheryl Heckler 931-456-6437  
*plateau@tennesseetrails.org*

**SECRETARY/TREASURER:** Jim Grove 931-484-7900  
*plateausecy@tennesseetrails.org*

**MEETS MONTHLY:** 2nd Thursday at 6:30 pm CT  
**BLOG:** [www.tennesseetrails.org/blog/plateau](http://www.tennesseetrails.org/blog/plateau)

There is a leaderless hike (typically 5 - 7 miles) every  
Wednesday morning. For additional information, contact Bill  
Harris at 931-484-9152 or visit the Plateau Chapter Blog.  
Rain cancels.

**Dec 8 - Whites Creek near Rockwood. 3.5 miles. Moderate.** The trail begins along the shoreline and continues as a woodland walk along the ridge tops overlooking the Watts Bar reservoir of the Tennessee River. The hike is rated moderate due to its short length, but has several hill climbs to get your heart pumping. We will also stop at Fort Southwest Point in Kingston for a short walk and some exploring. This is the only federal era (18<sup>th</sup> Century) fort in Tennessee reconstructed on the original foundation. Depart from Trinity Tabernacle at 8 am CT. Contact Howard Owens to register at [owenshb@charter.net](mailto:owenshb@charter.net) or call 931-484-1328.

**Dec 13 - Chapter Christmas Party. 5:30pm – 8:30 pm**  
First United Methodist Church Annex, 69 Neecham Street,  
Crossville. Please bring an appetizer or dessert to share  
while socializing with your hiking buddies. Bring a gift if you  
want to participate in the "dirty Santa" gift exchange. For  
questions contact Linda Barclay at [linbarc@yahoo.com](mailto:linbarc@yahoo.com).

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## SODDY-DAISY CHAPTER

**CHAPTER CHAIR:** Bob McGavock 423-667-2960  
*soddydaisy@tennesseetrails.org*

**MEETS QUARTERLY:** 1st Tuesday in Jan, Apr, Jul, Oct at  
6:00 pm ET at Burk's United Methodist Church, 6433  
Hixson Pike, Hixson  
*Additional information may be seen at our web site:*  
<http://www.tennesseetrails.org/blog/soddydaisy>

**Dec 1 – Piney River. 8 miles. Moderate.** Meet at  
Durham Street parking lot in Soddy Daisy at 8 am ET.  
Hike Leader: George Bonneau.

**Dec 4 – Booker T. Washington. 4-7 miles. Moderate.** Meet at Target parking lot on Hwy 153 at  
8:30 am ET. Hike Leader: George Bonneau.

**Dec 8 – Signal Point to Hwy 27. 8 miles. Strenuous.**  
Meet at Bi-Lo parking lot in Red Bank at 9 am ET. Hike  
Leader: George Bonneau.

**Dec 11 – Camp Jordan to Chickamauga Levy. 4-5 miles. Easy.** Meet at Target parking lot on Hwy 153 at  
9 am ET. Hike leader: George Bonneau.

**Dec 15 – Upper Leggett Road to Lower Leggett Road. 4 miles. Moderate.** Meet at Durham Street  
parking lot in Soddy Daisy at 9:30 am ET. Hike Leader:  
George Bonneau.

**Dec 18 – Cedar Mountain. 2 miles. Easy.** Meet at  
Bi-Lo parking lot in Red Bank at 9 am ET. Hike Leader:  
George Bonneau.

**Dec 22 - Sluder's Lane to Deep Creek. 5 miles. Moderate to strenuous.** Meet at Durham Street  
parking lot in Soddy Daisy at 9 am ET. Hike Leader:  
George Bonneau.

**Dec 29 – Chickamauga Battlefield. 5 miles. Moderate.** Meet at Target parking lot on Hwy 153 at 9  
am ET. Hike Leader: George Bonneau.

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## SUMNER TRAILS CHAPTER

### CHAPTER CO-CHAIRS:

David & Shirley Primeau 615-424-2948  
[sumner@tennesseetrails.org](mailto:sumner@tennesseetrails.org)

**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at 7:00 pm CT,  
Hendersonville First United Methodist Church, 217  
E. Main St. Hendersonville, TN

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**Dec 1 - Ashland City Bicentennial Greenway. 4 miles. Moderate.** The old Tennessee Central Railroad ran from Harriman, Tennessee where it connected with the old Southern Railroad to Hopkinsville, Kentucky where it connected with the Illinois Central Railroad - the line ran through Nashville and their depot was at First Avenue South and Demonbruen. This rail/trail follows the old converted rail bed and is located north of Ashland City. The Greenway is paved and features hardwood forests and old railroad bridges over creeks and marsh - the highlight is a long steel framed trestle that spans Sycamore Creek near the end of our walk - railroad ties and discarded rails are seen along the trail. This greenway is mostly flat and you won't need your boots. Meet at First Presbyterian Church in Hendersonville at 9 am CT or at the trailhead at 10 am - before we start walking we will need to drop a car at the end of the trail so we can shuttle the drivers back to get their cars. We'll go to lunch after the walk. For directions or further info contact River Rat Al at [ballallenger@aol.com](mailto:ballallenger@aol.com) or 615-347-2623 after 3 pm the day before the walk.

**Dec 4 - Holiday Party.** Instead of our usual monthly meeting, join us for the chapter's annual holiday party, to celebrate the coming of winter, the many holidays of December and a year of fun-filled hikes and outdoor activities, informative programs and new and old friendships. The party will be held at **6:30 PM (note this time differs from usual meeting time)** at The Chop House (at 200 North Anderson Lane, in front of the Hendersonville Wal-Mart). You may order whatever you wish from the full menu. After dinner we will play "Dirty Santa" - if you want to participate, please bring a \$10 gift or re-gift something you don't need any longer. Please email Gayle Livingston at [gayleerose@comcast.net](mailto:gayleerose@comcast.net) by November 30 to confirm your reservation. Looking forward to a fun evening!

**Dec 8 - Bell's Bend Park, Nashville.** Located in western Davidson County, this park takes its name from a peaceful arc of the Cumberland River, with the river forming the park's western boundary. We'll hike the 2.3 mile loop trail, a gentle, rolling trail that will take us through farm fields and along the river. The trail is wide but you'll be hiking on dirt/mowed fields and on crushed rock so if conditions are wet, you'll want boots. Meet at First Presbyterian Church in Hendersonville at 9 am CT or at the Bell's Bend Outdoor Center at 9:45 am. We'll enjoy lunch following the hike. Bad weather will cancel the hike so contact leaders David and Shirley at [davidprimeau@bellsouth.net](mailto:davidprimeau@bellsouth.net) or (615) 424-2948 to confirm if threatening weather.

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## UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

**CHAPTER CHAIR:** Louise Miniard 931-528-9115  
[uppercumberland@tennesseetrails.org](mailto:uppercumberland@tennesseetrails.org)

**HIKE COORDINATOR:** Kathleen Sullivan 931-520-6294  
[uppercumberlandhikes@tennesseetrails.org](mailto:uppercumberlandhikes@tennesseetrails.org)

**Dec 1 - Bearwaller Gap Hiking Trail. 6.5 miles. Moderate to Difficult.** Cordell Hull Lake is fortunate to offer the Bearwallow/waller Gap Trail, widely recognized as one of the best hiking trails in Middle Tennessee. The trail offers panoramic overlook views of the lake; many diverse species of wildflowers (in season) and native wildlife; and breathtaking scenery. The secluded trail runs 6.5 miles between the Overlook Recreation Area ("Tater Knob") and Defeated Creek Campground on Cordell Hull Lake, and is considered moderate to difficult because of side-sloping trails. There are a few stream crossings, one of which may require water shoes. Bring lunch, snacks and water. Sturdy hiking shoes are highly recommended. It has been suggested to wear orange due to hunting season. We will meet to begin our hike at Defeated Creek Campground at 9:15 am CT and plan to hike from one side to the other and back; however, a shuttle could be an option for hiking one way, which would entail a later start. For those car-pooling, meet at Penney's in Cookeville at 8:00 am. To register email Margaret Massa [mycorey@twlakes.net](mailto:mycorey@twlakes.net) or call 931-864-7782.

**Dec 8 - Black Mountain Segment of the Cumberland Trail, Crab Orchard, TN. 7 miles. Moderate.** Black Mountain is noted for its interesting rock formations and wonderful overlooks. We will hike the Cumberland Trail from the top of the mountain to Windless Cave and return. Upon returning to the top we will hike the Loop Trail that circles the top of the mountain. We will then follow an old roadway to access the bottom of the overlook bluffs to explore a spectacular boulder field and bottom of the cliff line. We will meet at 8:00 am CT in the Penney's parking lot in Cookeville. Bring snacks, lunch, and sturdy hiking boots. For information and to register contact Lillian Ey at [eyintn@hotmail.com](mailto:eyintn@hotmail.com) or 615 746-8890.

**Dec 15 - Lake Loop Trail, Standing Stone State Park (several miles west of Tn. Hwy 52, between Livingston and Celina). 4.8 miles. Moderate to strenuous.** The Lake Loop trailhead is opposite the Visitor's Center parking lot. The 4.8 mile moderate to strenuous trail consists of a steep descent to the impressive C.C.C. dam, and a steep ascent that levels off before passing the historic Moses Fiske Home. There are several less strenuous elevation changes before arriving at the Overton Lodge. From here a narrow trail treads alongside the steep bank above a segment of the 69 acre lake. On the return leg of the hike we pass two boathouses before returning to the dam and the steep ascent back to the visitor center. This late season hike should provide great viewing opportunities but trails may be muddy or slippery. Sturdy footwear is essential. Bring water, snacks, and lunch. Meet at 8:00 am CT at J.C. Penney's in Cookeville to carpool or at 9:15 at the Standing Stone State Park Visitor's Center. To register call Pete Krauss at 931 864-7782 or [thorvald@twlakes.net](mailto:thorvald@twlakes.net) or Margaret at [mycorey@twlakes.net](mailto:mycorey@twlakes.net).

**Dec 29 - Wheeler Farm Loop, Fall Creek State Park, Spencer TN. 3.5 miles. Moderate.** This trail in the Lower Cane Creek extension of Falls Creek Falls is only 3.5 miles long but we will explore several attractions. First we'll visit Medley Arch, a unique 90' high arch/natural bridge formed by the collapse of the mountain side into 3 large sinks. We'll venture off-trail to see the other side of the arch and the undercuts of the remaining ridge. Then we'll view the other sinks and a multi-level waterfall that emerges from the side of one of the holes and disappears at its bottom. After exploring this area, we'll rejoin the trail to descend to the Cane Creek Valley. If the water is high, we may need to backtrack a short distance to the area of the arch to take an alternate route into the valley. After a short side trip to view Cane Creek, we'll head down the Cane Creek Valley to view Wheeler Falls, a 120 foot tiered waterfall with 2 separate sources at the upper levels. Continuing down the valley we will visit the remains of a bottomland farm. After retracing our steps back to Wheeler Falls we'll ascend a farm road along another stream to complete the loop. The hike is rated moderate with a total elevation loss/gain of 400 ft. Additional hiking is available nearby. Bring lunch, water, snacks, and wear good hiking boots. We will meet at the US Bank in Sparta across from McDonald's at 8:00 am CT. Contact Pete Broehl at 931-738-3551, or by email at [pabroehl@blomand.net](mailto:pabroehl@blomand.net) to register.



## OFFICERS:

|   |                   |   |
|---|-------------------|---|
| <b>President</b>  | Millette Jones    | 615-397-9588<br><i>president@tennesseetrails.org</i>      |
| <b>Vice-President</b>   | Carolyn Miller    | 931-839-3213<br><i>vicepresident@tennesseetrails.org</i>  |
| <b>Treasurer</b>  | Ann Jacobs        | 615-896-3935<br><i>treasurer@tennesseetrails.org</i>      |
| <b>Secretary</b>  | Diane Manas       | 615-352-7777<br><i>secretary@tennesseetrails.org</i>      |
| <b>Past President</b>   | Don Dresser       | 731-668-4190<br><i>pastpresident1@tennesseetrails.org</i> |
| <b>Previous Past President</b>  | Rosemary Marshall | 865-548-6171<br><i>pastpresident2@tennesseetrails.org</i> |
| <b>West TN At-Large Director</b>  | Graydon Swisher   | 901-737-3114<br><i>westregional@tennesseetrails.org</i>   |
| <b>Middle TN At-Large Director</b>  | Nora Beck         | 615-517-6486<br><i>middleregional@tennesseetrails.org</i> |
| <b>East TN At-Large Director</b>  | Levonn Hubbard    | 931-707-1020<br><i>eastregional@tennesseetrails.org</i>   |
| <b>Membership Director</b>  | Ron Dunn          | 615-867-3301<br><i>membership@tennesseetrails.org</i>     |
| <b>Cumberland Trail Conference Representative</b>                               | Diane Manas       | 615-352-7777<br><i>CTC@tennesseetrails.org</i>            |
| <b>TN Rails To Trails Advisory Council Representative</b>                       | Bob Richards      | 615-532-0753<br><i>TRAC@tennesseetrails.org</i>           |
| CHAPTER REPRESENTATIVES ON THE BOARD<br>ARE LISTED WITHIN EACH CHAPTER'S HEADER |                   |   |
| <b>Newsletter Editor</b>  | LouAnn Partington | 931-393-4835<br><i>editor@tennesseetrails.org</i>         |

## TTA CALENDAR

The following dates in 2013 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

### FIRST QUARTER

Feb 2 ..... Board of Directors' Quarterly Meeting  
..... (Location TBA)

### SECOND QUARTER

May 4 ..... Board of Directors' Quarterly Meeting  
(Location TBA)

### THIRD QUARTER

Aug 3 ..... Board of Directors' Quarterly Meeting  
(Location TBA)

### FOURTH QUARTER

TBA ..... TTA's Annual Meeting

### Attention: Hike Coordinators (aka Hike Leaders)

A TTA **Release of Claims & Hold Harmless Agreement** form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our website: [www.tennesseetrails.org/release.php](http://www.tennesseetrails.org/release.php).

### Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

| <u>Due</u>   | <u>For Newsletter Dated</u> |
|--------------|-----------------------------|
| Dec 10 ..... | Jan 1                       |
| Jan 10 ..... | Feb 1                       |
| Feb 10 ..... | Mar 1                       |

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:  
*editor@tennesseetrails.org*

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446

**ADDRESS SERVICE REQUESTED**



**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**  
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.  
**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .**

- A NEW MEMBER**  
 **RENEWING MY MEMBERSHIP**

Dec 12

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

Memberships are for one year, unless you have a Lifetime Membership.  
Gift Memberships are also available. Contact our Membership Director,  
Ron Dunn 615-867-3301 [membership@tennesseetrails.org](mailto:membership@tennesseetrails.org)

**PLEASE, PRINT CLEARLY.**

- \_\_\_ Individual \$25.00  
\_\_\_ Family \$35.00  
\_\_\_ Student (FULL TIME) \$15.00  
\_\_\_ Supporting (\$50.00, \$100.00 or more)  
\_\_\_ Life Member (Individual) \$500.00  
\_\_\_ Life Member (Family) \$750.00

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
Home Phone (\_\_\_\_\_) \_\_\_\_\_ Zip \_\_\_\_\_ -- \_\_\_\_\_  
Work Phone (\_\_\_\_\_) \_\_\_\_\_  
e-mail \_\_\_\_\_

- Please do not list my e-mail address in the TTA Annual Membership Directory  
 I would like to receive my newsletter by email.

\*\* CTC Membership \*\* \*\*\$5.00\*\*

\*\* *Special \$5.00 rate for membership in Cumberland Trail Conference if you also are joining TTA or renewing your TTA membership. CTC is building the Cumberland Trail, which will go from Chattanooga to Cumberland Gap. Over 185 miles are now complete and open for hiking. More information can be found at [www.cumberlandtrail.org](http://www.cumberlandtrail.org). Please consider enhancing your commitment to Tennessee's great trails by joining the CTC.*

Please list me with the following chapter:

- |   |  |
|---|--|
| ___ Clarksville                         | ___ Murfreesboro                         |
| ___ Columbia/Franklin                   | ___ Nashville                            |
| ___ Cove Lake                           | ___ Northwest (UT at Martin/Weakley)     |
| ___ Dyer County                         | ___ Plateau (Crossville)                 |
| ___ East TN (Oak Ridge/Knoxville)       | ___ Soddy Daisy                          |
| ___ Highland Rim (Manchester/Tullahoma) | ___ Sumner Trails (Sumner County)        |
| ___ Jackson                             | ___ Upper Cumberland (Sparta/Cookeville) |
| ___ Memphis                             | ___ At Large                             |

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - C.T.C. and T.R.A.C. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

**As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.**