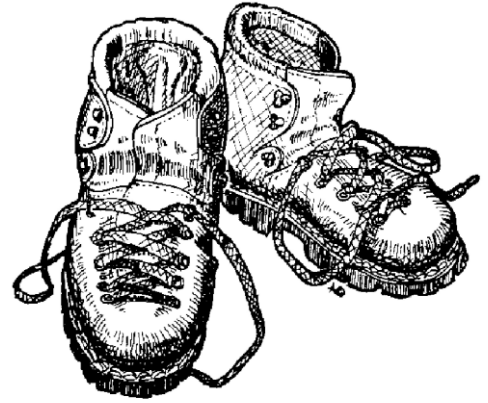


TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



Missed the Registration Deadline?

The much anticipated Annual Meeting is only a few days away. Have you suddenly realized that you did not send in your registration form? Do you still want to attend? Even though we have an October 5th deadline, we realize there are some who were waiting on work schedules being finalized before making a commitment. Possibly there are others whose life is so busy and hectic that it is easier to procrastinate because there's still time. If this sounds like you, have no fear! We still want you to attend and will try to accommodate your needs.

Your possibilities include contacting Sandy Janus to check lodging availability at Brandon Springs and to reserve meals. You may do this through October 11th. Her email is sandyj14@live.com, or phone her at 931-551-8523. Another option would be to arrange lodging in area motels or campgrounds. The closest motel is Dover Inn. There are several restaurants in nearby Dover.

If you waited too late for meals and lodging at Brandon Springs, you may still register for just \$20.00 to take part in all the hikes and other activities. You still won't miss out if you complete the registration form and mail it today.

Joining TTA as a New Member?

Membership Up For Renewal?

Your Generosity Benefits All!

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

In the past, Supporting Member donations in excess of the regular dues were allocated to TTA's general operating fund. During the 2001 Annual Meeting, TTA's Board of Directors voted to allocate Supporting Member donations to the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

**Spring Cleaning??? Don't throw away your
"treasures"-
Donate them to TTA's Annual Meeting Auctions!**



Office Location 409 Thurman Avenue, Ste 102
 Crossville, TN 38555
 Office Hours 8 am-2 pm CT
 Phone: 931-456-6259
 Fax: 931-456-4934
 Email: cumberlandtrail@rocketmail.com
 Website: www.cumberlandtrail.org

2012 Annual Meeting Schedule of Events (Central Time—All times subject to change)

Friday, October 26

3:00 pm	Check in; Registration; Receive Auction Items and Baked Goods
3:30	Hikes in Local Area—Easy (See Hike Schedule)
4:00	Cash Bar and Bake Sale Opens
5:00-6:00	State-wide Outings Slide Show
6:00	Dinner
7:00	Program and Entertainment
8:30	Bonfire

Saturday, October 27

6:00 am	Coffee for Early Risers
7:00	Breakfast
8:00	Hikes Start Departing at 15 Minute Intervals. See Posted Hike Schedule for Times, Length, Leaders, and Difficulty
12:00 noon	Silent Auction Opens
3:00	Cash Bar Opens
4:00-5:00	State-wide Outings Slide Show
5:00	Dinner
7:00	Silent Auction Closes
7:00	Awards and General Meeting
8:00 (about)	Live Auction

Sunday October 28

6:00 am	Coffee for Early Risers
7:00	Breakfast
8:30	Check-out and Hikes Depart
8:30	Board Meeting

Bake Sale from 4:00 pm Friday to 8:30 am Sunday

We Hope You Have a Terrific Time!

SEE ANY PERSON IN AN ORANGE TEE-SHIRT IF YOU NEED ASSISTANCE.

Oct 5-14 - Chattanooga's River Rocks event. Please visit www.riverrockschattanooga.com/ for more information about this event.

Oct 8-12 - Cumberland Trail's New River section, in Campbell, Scott, and Morgan Counties, TN. Volunteers needed to help with trail maintenance. This would include the removal of fallen trees, cutting back vegetation, and updating trail markers. This is in preparation for the Knoxville Track Club's *Cumberland Trail 50k* trail race. Please contact the CTC to register for this event and further details, cumberlandtrail@rocketmail.com, www.cumberlandtrail.org or 931-456-6259.

Oct 13 - Cumberland Trail 50k, Cove Lake State Park. For further details, visit the website at www.cumberlandtrailraces.com/CumberlandTrail50k/HOME.

CLARKSVILLE CHAPTER

CHAPTER CHAIR: J.R. Tate 931-920-2692
clarksville@tennesseetrails.org
CHAPTER VICE-CHAIR: Suva Bastin 931-645-2849
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OUTINGS COORDINATOR: Paul Schwab 931-645-9068
clarksvillehikes@tennesseetrails.org

(call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 7:00 pm CT,
 Crow Community Center, 211 Richview Rd.
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/clarksville>

Hike information unavailable at press time.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR: Marvin Caine 931-486-1632
columbia@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

Oct 2 – Chapter Meeting. J.R. Tate will present the program for our October meeting. He will talk and show slides about his four thru-hikes of the 2181-mile Appalachian Trail, with main focus on his “pledge-per-mile” 2006 thru-hike to raise money for the Clarksville Salvation Army’s new homeless shelter. He has also hiked the Colorado Trail, Vermont’s Long Trail from Canada to Massachusetts, and the Ouachita Trail in Arkansas and Oklahoma. He has over 12,000 miles of backpacking worn into the soles of his boots and is one of less than 12 to have completed four or more thru-hikes of the Appalachian Trail. J.R., or “Model-T” as he is known far and wide, has been featured in numerous newspaper articles, books, and television segments statewide and nationally, and he is an “Honorary Ambassador” for the State of Tennessee. He and his wife, Judith, reside near Clarksville, TN. They have four children and nine grandchildren.

Oct 13 – Cummins Falls State Park, Cookeville, TN. This 211 acre park opened in May, 2012 and features the 8th largest waterfall in Tennessee in volume of water. It is designated by the National Park Service as outstanding for scenic, recreational, geological, and wildlife values. Blackburn Fork State Scenic river falls 75 ft. to one of *Travel and Leisure* magazine’s top 10 swimming holes in the country. Hiking trails in the park are still being developed. Bring plenty of water and snacks. If you plan to swim, bring your swimming attire. We will plan to eat lunch around 1 pm CT at a restaurant in Cookeville and should return to Spring Hill no later than 4 pm. We will meet behind McDonalds 4908 Main Street (Hwy 31) on the north side of Spring Hill, in front of the People’s Church, and leave at 7:30 am CT. Please arrive 15 minutes early to sign the TTA release form. For more information and to register, please contact Russell Smith at *carving082334@aol.com* or by phone at 615-790-1833.

Oct 26-28 – TTA Annual Meeting, Land Between the Lakes

COVE LAKE HIKING CHAPTER

CHAPTER CHAIR: John Redmon 423-869-8286
covelake@tennesseetrails.org

SECRETARY/BOARD REPRESENTATIVE: Kathy Sarvis 865-494-0374
covelakehikes@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm ET at the recreation center, 300 W. Beech St., La Follette.

Oct 18 – Trail Maintenance Day. For more information e-mail *covelakehiking_tta@att.net* or call John Redmon at 423-869-8286.

Oct 20 - Big Ridge State Park. Joint Hike with Plateau Chapter 5-mile loop that combines the Lake Trail, Ghost House Loop, Big Valley Trail and Dark Hollow Trail. Bring water & snack. Will lunch at the Appalachian Museum after the hike. For those coming from Campbell County meet at the Jacksboro middle school at 8 am ET to car pool down to Burger King X-122 on 75N. For those in Anderson County & Crossville meet at the Burger King (Exxon Station - by Walmart on highway 61 at X-122 on I75 at 8:30 am ET to carpool to Big Ridge.

DYER COUNTY CHAPTER

Graydon Swisher 901-737-3114
westregional@tennesseetrails.org

This chapter is in the process of being reorganized.

For further information, contact Graydon Swisher at 901-737-3114 or, *westregional@tennesseetrails.org*. In the interim, you are welcome to attend (14 to select from) other chapters’ outings, events and meetings.

EAST TN CHAPTER

(Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-548-6171
easttennessee@tennesseetrails.org

VICE-CHAIR: Elise Eustace 865-201-5806
easttennessee@tennesseetrails.org

Oct 20 - Lookout Mountain, Chattanooga. 9 miles. Moderate due to elevation changes. Ride the incline railway (\$15 charge) to the summit, where the Civil War Battle above the Clouds took place. We will explore Pont Park, then hike to Cravens House, Rifle Pits Trail, Upper Truck Trail, Gum Spring Trail and a section of the Bluff Trail. Lunch will be at Sunset Rock with spectacular views and magnificent fall colors (hopefully). We will have dinner at a restaurant in Chattanooga at group discretion. Wear sturdy boots, bring water, lunch and money for carpooling. For more information and to register contact Garnett Rush at 865-268-5181 or e-mail *rushga01@yahoo.com*.

Oct 26-28 - We’ll be at the Annual Meeting and enjoying the great hiking at Land Between the Lakes.

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CHAIR: Linda Hudson 931-841-0540
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TREASURER: Marietta Poteet 931-924-7666
highlandrimtreas@tennesseetrails.org
OUTINGS/PROGRAM COORDINATOR/NEWSLETTER
CONTACT: Joan Hartvigsen 931-962-0811
highlandrimhikes@tennesseetrails.org
(contact Joan & volunteer to lead an outing)
MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W.
 Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Oct 7 – Old Stone Fort State Archaeological Park, Manchester, TN. 4 miles. Easy to moderate. This prehistoric site is located where two forks of the Duck River cascade off the Highland Rim on their way to the Central Basin. Between the forks of the Duck and Little Duck Rivers is a plain lined in places by an earthen wall. One theory was that the earthen wall was an early Native American fortification, hence the name Old Stone Fort. However, U.T. anthropologists have concluded the walls set aside a place of spiritual significance. The oldest section of the wall was built in 30 A.D. The core of the wall is made of limestone rocks. The rocks are covered with chert and earth fill. This hike passes through an impressive old forest along bluffs overlooking the cascading forks of the Duck River. On this hike you will see cliffs, rivers, huge trees and cascades. The park’s museum offers displays and programs about the site, about archeology in general, and about Native American culture. We will meet at 1:00 pm CT at the Visitor Center. Bring water, snacks, hiking shoes and hiking stick. Register with Joan Hartvigsen 931-962-0811.

Oct. 20 Eat-Hike-Eat, Perimeter Trail, Sewanee, TN. 3 to 4 miles. Difficult. Join us for breakfast or coffee at 9:00 am CT at the Blue Chair in Sewanee. Or come at 9:30 am if you just want to hike. This month we will cover the Perimeter Trail from Lake Cheston back to the Blue Chair. We will hike past Morgan’s Steep, Proctor Hall (challenging!) and the Memorial Cross. Contact Cathleen Close at 931-841-1448 or *cathleenclose@gmail.com*.

Oct. 22 – Chapter Meeting. We will have dinner at 5:00 pm CT at Fast Jack’s, 122 West Lincoln St., Tullahoma. Our meeting is at 7:00 pm at D. W. Wilson Community Center, 501 N. Collins St., Tullahoma. In commemoration of the 75th Anniversary of Tennessee State Parks Randy Hedgepath, State Naturalist, will present a slideshow on the history of Tennessee State Parks.

Oct. 26-28 – TTA Annual Meeting. Land Between the Lakes National Recreation Area, Brandon Springs Group Center near Dover, TN.

FRAN WALLAS GREAT HIKES PATCH UPDATE

Full information on pricing for the Fran Wallas Great Hikes patches will be available at the annual meeting. The patches, and the rockers stating you’ve hiked all 36 of Fran’s original great hikes, will be reasonably priced. A display at the annual meeting will include samples of the form to submit in order to obtain your rocker; the round patch will be available to anyone.

At least one avid hiker, in the Nashville chapter, has already hiked these three dozen trails and is ready to claim his reward. Check out the chart to see where he’s been and plan some hikes of your own! The link on the Tennessee Department of Environment and Conservation web site (http://www.tn.gov/environment/tn_cons/greathikes/) provides details on the particular trails in these state parks; and of course you will have the opportunity to obtain a copy of Fran’s columns, “Great Hikes in Tennessee State Parks,” at the annual meeting. Chances are good that you already have a head start on the list!

Check ‘em off - the hikes:

<i>West Tennessee</i>		
___ Big Hill Pond	___ Fort Pillow	___ Meeman-Shelby
___ Nathan Bedford Forrest	___ Pinson Mounds	

<i>Middle Tennessee</i>		
___ Burgess Falls	___ Cedars of Lebanon	___ Cumberland Mountain
___ Edgar Evins	___ Fall Creek Falls – Cable	___ Fall Creek Falls – Gilbert Gaul
___ Long Hunter – Volunteer Trail & Day Loop	___ Long Hunter – Couchville Cedar Glade	___ Montgomery Bell
___ Mousetail Landing	___ Old Stone Fort	___ Pickett
___ Radnor Lake	___ Rock Island	___ South Cumberland-Buggytop Trail
___ South. Cumberland Rec. Area-Foster Falls	___ South Cumberland – Horsepound Falls	___ South Cumberland-Savage Gulf
___ South Cumberland – Stone Door to Greeter Falls	___ Standing Stone	___ Tims Ford

<i>Cumberland Trail Segments</i>		
___ Black Mountain	___ Obed Wild & Scenic River	___ Piney River
___ Possum Creek	___ Rock Creek	

<i>East</i>		
___ Big Ridge	___ Frozen Head	___ Norris Dam
___ Roan Mountain	___ Warriors’ Path	

JACKSON CHAPTER

CHAPTER CHAIR: Vicky Moeller 731-668-9336
jackson@tennesseetrails.org

TREASURER: Anne Goodson 731-664-1556
jacksontreas@tennesseetrails.org

SECRETARY: Don Dresser 731-668-4190
jacksonsecy@tennesseetrails.org

OUTINGS COORDINATOR: Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org
(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1st Monday at Gander Mountain, Vann Drive,
Jackson. Socializing & dinner starts at 6:00 pm CT;
meeting starts 7:00 pm

Hike information unavailable at press time.

Shop *amazon.com* Through TTA's Website

When you buy books (or anything else) at *amazon.com* through TTA's website, TTA benefits!

We have an arrangement with *amazon.com* where TTA receives a commission on all items purchased (such as books, magazines, music, electronics, even perfume) when you enter their site through our website. It's very easy! Go to the TTA website (*www.tennesseetrails.org*), navigate to the "To Buy!" page, then follow the link to the "VIRTUAL BOOKSTORE." Commissions are earned solely on sales made through the TTA website, therefore always enter *amazon.com* from the TTA website, and do not sign up for their one-click service.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
memphis@tennesseetrails.org

VICE-CHAIR: Francis Ruffin 901-396-1108
memphisvice@tennesseetrails.org

Oct 6 - Natchez Trace State Park Nature Hike. 5 miles. Moderate. This hike will be lead by State Naturalist, Randy Hedgepath. We will meet at the Park Office at 10:00 am and drive to the Pecan Tree Picnic Area north of I-40 to start the walk; this is about a 5-mile drive. We will do a 5-mile loop featuring a great view of Maple Lake, beautiful forests, a beaver pond, and a trail shelter where we can have a picnic lunch. Randy will talk about nature all along the way and introduce the group to the trees so the pace will be slow with several stops to look at things. We should be done by 3:00 pm. Hike rated moderate for terrain. Bring water, lunch and wear sturdy shoes. For more information or to carpool, call Freddi at 901-737-8882 or email *jfelt2@comcast.net*.

Oct 11 - Chapter Meeting at Panera Bread at 714 N Germantown Pkwy. Dinner & Socializing: Meeting Room 6:00 p.m. We are planning hikes for Jan - Dec 2013. If you have suggestions for new places to hike, bring maps, brochures, guidebooks, etc. If unable to attend this meeting, email your favorite hikes to Gloria.

Oct 13 - Tishomingo State Park. Located South of luka, MS - Meet at 9:30 am. 2 ½ hr drive from Memphis. **Registration required.** This is a 6-7 mile hike winding along rocky ridges with spectacular views, through shallow, fern-filled canyons, and across the Bear Creek Swinging Bridge constructed in the 1930's. Bring lunch and water. Sturdy hiking books recommended. Meet at 9:30 am at the park toll gate. There is a parking lot to the right just before entering the park through the gate. We will regroup into fewer vehicles. To register contact Kam at 901-299-8359. Heavy rain will cancel this hike. Directions to park: Two miles south of Tishomingo off Mississippi Highway 25. The entrance road is 15 miles +/- a couple south of luka on Hwy 25. Follow the signs just shortly after the town of Tishomingo. After you turn left off Hwy 25 at the park sign, you will come to a sort of 'y'. Take the left branch.

Oct 20 - Ft Pillow State Park, Henning, TN. Meet at the Park Interpretative Center at 9:30 am for a 7-8 mile historic loop trail over rugged hilly terrain and through hardwood forests. Trail is rated moderate to difficult because of the terrain. Bring water, lunch and snacks. Sturdy boots recommended. For more information call Holly at 910-377-6278.

Oct 26-28 - TTA Annual Meeting, Land Between the Lakes, Brandon Springs.

Planning Ahead:

Nov 3 - Herb Parsons Lake - Fisherville located northeast of Collierville, near Collierville Arlington Road and Macon Road. We will meet at the lake at 9:30 am for an easy 6-mile walk through the woods and around the lake. Bring snacks and water. For information call Linda Walston at 901-606-9866.

MURFREESBORO CHAPTER

CHAPTER CHAIR: Sara Pollard 615-714-3610
murfreesorbo@tennesseetrails.org

TREASURER Ann Jacobs 615-896-3935
murfreesorbotreas@tennesseetrails.org

MEMBERSHIP Mary Belle Ginanni 615-895-6072
murfreesorbomembership@tennesseetrails.org

PROGRAMS Valerie Galan 615-586-2882
murfreesorboprograms@tennesseetrails.org

OUTINGS COORDINATOR: Cathy Bingham 615-890-9791
murfreesorbohikes@tennesseetrails.org

(Call Cathy & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Barfield-Crescent Rd., Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Oct 6 - Colditz Cove. Moderate due to elevation change and some steep places, 1.5 miles. This is a small State Natural Area located minutes away from Allardt, TN. A well defined trail goes around the bluff, down the gorge and behind a 68 foot waterfall called Northrup Falls. It is a 1.5 mile loop trail and is one of the most scenic short trails in Tennessee. We will meet at the Allardt Elementary School immediately following the Pumpkin Festival Parade and proceed to the trail head. Come early if you'd like to participate in the Giant Pumpkin Festival. There will be no parade entry from the TTA this year. For information and to sign up for the hike, contact Fount Bertram fwbertram@dtccom.net.

Oct 6 - Lookout Mountain-Craven House/Sunset Rock Loop. 5 miles. Moderate due to elevation changes. Begin at the Historic Craven House, follow the Rifle Pit Trail and onto the Upper Truck Trail and Gum Springs Trail. Make the short but steep climb to sunset Rock Overlook for lunch before proceeding to Point Park and its views of Chattanooga. Then descend down the Mountain Beautiful Trail to the Point of Beginning. There is a gradual 600 foot up and down with elevation changes. Sturdy hiking boots recommended as some of the trail is rough. Bring adequate water. Parking once we get there will be at Craven House. Meet at Sam's in Murfreesboro and depart at 7:30 am CT. Contact Jim Schroeder at 615-896-3023 or doughboyjim@comcast.net to register for hike.

Oct 9 - Monthly Meeting.

Oct 13 - Bledsoe State Park. 3 miles. Easy to Moderate. This park is situated north of Old Hickory Lake, and east of Gallatin. It has hiking, boating, fishing and camping facilities. We will hike the Loop Trail which runs partly along the lake and partly uphill overlooking the lake. Frequent glimpses of wildlife are one of the Park's features. After the hike, if there is an interest, we will drive by a few historic sites within a couple of miles of the park. Lunch will be in an area restaurant. We will carpool at the Kroger parking lot on Memorial Blvd. near the gas pumps with departure at 8 am. To register, contact Mary Belle Ginanni (615-895-6072) or Nabil Wakid, nwakid@bellsouth.net.

Oct 13 - Twin Arches to Middle Creek, Big South Fork NRR, Jamestown, TN. This is a joint hike with the Upper Cumberland Chapter. For details about the hike please see the Upper Cumberland listing. To sign up in Murfreesboro, contact Ron Dunn at trekkingtn@comcast.net or 615-867-3301.

Oct 21 - Short Springs State Natural Area, Tullahoma, TN. 4 miles. Moderate due to uneven terrain, family friendly. Join us for this Sunday afternoon stroll! Bring your family and enjoy the spectacular Machine Falls. After visiting Machine Falls we will make the very short drive to Rutledge Falls and walk the hundred feet or so to this privately owned falls. The leaves are changing and the air is getting crisper----perfect day for a hike. We will meet in Murfreesboro (TBA) at 12:30 for carpool and a secondary meeting place at the trailhead at 1:30. For information or to register contact Tony Jones at 615-397-4463 or awj1968@att.net.

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs
nashville@tennesseetrails.org

OUTINGS COORDINATOR: Nancy Juodenas
nashvillehikes@tennesseetrails.org
(email Nancy & volunteer to lead an outing)

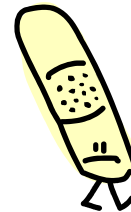
MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php

BLOG: www.tennesseetrails.org/blog/nashville

Oct 6 - Radnor Lake State Park, Nashville. 5 miles, Moderate to strenuous. We will begin our hike at the Nature Center off Granny white Pike. We will hike the approximately 5 mile loop, which includes the Spillway Trail, Lake Trail, Ganier Ridge Trail, and South Cove Trail. Come get a good local hike in to start off the fall hiking season. For more information, meeting time and to register, e-mail or call Nancy Juodenas at njuodenas@yahoo.com or 615-319-8811.

Oct 23 - Monthly Meeting. Photos galore from your hiking adventures - a second chance to show your favorite photography from treks near and far. We'll have the chapter laptop and projector on hand - you bring the thumb drive or CD with your photos. We'll look forward to seeing where you've been! Bring a friend - photographers love an audience!

Oct 26-28 - Annual Meeting, Brandon Springs, Land Between the Lakes. Hiking, camaraderie, auction and silent auction deals to be had. Y'all Come!



Wilderness First Aid Course

October 20-21

9 am to 6 pm CT both days

\$200 for REI Members

The Brentwood TN REI is collaborating with Wilderness Medicine Institute of NOLS to offer a comprehensive two day course that will teach wilderness medicine skills that could be critical in the backcountry if you have an accident. Successful completion results in a NOLS WFA certification. This course may also be used to recertify WAFA, WFR, and WEMT (wilderness portion only) certifications if you hold a current WMI certification. For further information, see the REI Brentwood online event calendar <http://www.rei.com/stores/64> or WMI <http://www.nols.edu/portal/wmi/courses/6708/>.

ANNUAL MEETING HIKES

BRANDON SPRINGS TRAILS: Red (4 miles); White (2.5 miles); and Blue (5 miles) Located near the Group Camp and just right for Friday afternoon and Sunday morning leisure hikes (or a Saturday stroll, for that matter). Beautiful views of the lake. Rating: Easy to moderate.

FORT DONELSON, Dover, TN: Are you a history or Civil War enthusiast? This is the site of the North's first major victory in the Civil War. Come and see the historic movie and Museum at the Visitor's Center, then hike through the woods to the earthworks, battery of cannons overlooking Lake Barkley and to the cemetery. Length: 7.5 miles. Rating: Moderate.

CANAL LOOP: This hike starts and ends at the North Visitors Station. It starts off moving west to Kentucky Lake, progresses north along the lake and through the woods. As you walk to the edge on a steep ridge, you look over an endless expanse of blue water! Trail continues along Canal that joins Kentucky Lake to Lake Barkley. For its grand finale, it follows the shoreline of Lake Barkley. There are spectacular views of both lakes. We may catch sight of a resident eagle or a barge or sailboats. Length: 11 miles. Rating: Moderately Strenuous.

SUGAR BAY to GOLDEN POND: A beautiful hike with terrific views of Kentucky Lake. The trail winds along sections of the shoreline of Sugar, Higgins, Rhodes, and Vickers Bays, through the woods and up and down ridges. The terrain consists of some short, steep climbs, ridge top walking, bluffs, and bottomland walking along small streams that feed into the lake. If you have a watchful eye, you might see the graveyard on a tiny island. This hike will require a vehicle shuttle. The length of the hike will require participants to maintain a fast pace and will be the first to depart. Length: 13.3 miles. Rating: Strenuous

HONKER TRAIL: This outing will include hiking around Honker and Hematite Lakes. Since they are separate trails, you may choose to only hike one. Located near The Nature Station, in the heart of an Environmental Education Area, this trail winds around Honker Lake through a variety of habitats: dense forest, meadows, across the dam, and along the lakeshore. In addition to the many other wading birds and waterfowl, be sure to watch (and listen) for the resident flock of Giant Canada Geese which nest in the area and give the trail its name! Length: 5.5 miles. Rating: Moderate

HEMATITE LAKE TRAIL: Located near the Nature Station, this easy walk around Hematite Lake offers a chance to see migratory waterfowl and other wildlife. The trail crosses marshy land on a bog bridge. You can even go in a waterfowl blind built out in the lake. If you choose to hike this trail, you can brag about seeing the areas of beaver activity! Length: 2.2 miles. Rating: Easy to Moderate (Can be combined with the Honker Trail)

TELEGRAPH TRAIL - Fort Henry trail system. Located in the south end of LBL, Fort Henry is a system of 10 connecting trails totaling over 29 miles. Have no fear; we will not be hiking the entire trail system! The trail offers the hiker many historical and natural features. It closely follows the route of General Grant's troop movements from Fort Henry to Fort Donelson during the Civil War. Length: 7.5 miles. Rating: Moderate.

BEAR CREEK LOOP: Beginning at the South Welcome Station, the Bear Creek loop utilizes the North / South Trail and part of the Fort Henry Trail system. Length: 6.6 miles. Rating: Moderate.

ELK & BISON PRAIRIE & PLANETARIUM TOURS: If you would rather participate in non-hiking activities, then this might be the one for you! There is an additional charge to visit these attractions. The Elk and Bison Prairie is a 700-acre restoration of Kentucky's native habitat. It was created as a restoration project for the species. You will drive along a gentle winding road through this remarkable habitat restoration effort. Be sure to watch for elk and bison, and listen for the magnificent bugling of the elk. The Golden Pond Planetarium is located at the Golden Pond Visitor Center. The planetarium offers several wonderful programs. Mileage: N/A. Rating: Easy / Non-hike. There is a fee for these: The Elk and Bison Prairie, \$5.00 per car. The Planetarium: Ages 13 and up--\$4.00; Ages 5-12--\$2.00; Age 4 and under, Free.

PICKETT LOOP: A pleasant loop hike in the Fort Henry trail system, that includes a lakeshore walk and access to the Blue/Gray Trail, which overlooks the site of old Fort Henry (now under the waters of Kentucky Lake). Length 3 miles. Rating: Easy

FORT DEFIANCE MUSEUM: This is a "must see" if you come to this area. Fort Defiance was a Confederate fort built on a bluff overlooking the Cumberland River to protect the City of Clarksville from Union forces. The museum conveys a rich picture of that era and the earth works are original and pristine. The tour also features a short historical film. Free!

ROTARY PARK: Clarksville's hidden treasure! Walk this 100 acre forestland that defies encroaching developments and seems to be an isolated bit of paradise amid the hustle-bustle of civilization. Length 4 miles. Rating: Moderate

CANOE BARD'S LAKE: Floating in a canoe will allow you to experience the quiet and scenic home of many waterfowl and aquatic animals which was formed by damming part of Lake Barkley. And best of all, IT'S FREE!

**Registration Form for Annual Meeting
October 26 – 28, 2012**

Name: _____
Address: _____

Phone: _____

Registration: _____ @ \$20.00 each **Total** _____

Lodging: (Similar to the "hut" system used in New Hampshire's White Mountains by the Appalachian Mountain Club—Men and Women's Cabins—Dorm Style)

Friday night _____ \$20.00 per person _____

Saturday night _____ \$20.00 per person _____

(Bring own linens or sleeping bags)

Camping: \$10.00 flat rate per person for the entire weekend _____

Meals:

Friday dinner _____ \$8.00 _____

Saturday breakfast _____ \$6.00 _____

Saturday lunch _____ \$6.00 _____

(Choice of turkey, ham, or peanut butter/jelly sandwich—please circle choice)

Saturday dinner _____ \$8.00 _____

Sunday breakfast _____ \$6.00 _____

Total Enclosed: _____

Due to scheduling requirements at Brandon Springs, Registration Deadline is October 5, 2012. NO REFUNDS after that date. Make checks payable to TTA and mail this form with remittance to Sandy Janus, 4053 Sawmill Rd., Woodlawn, TN 37191. Phone: 931-551-8523.

Directions to Brandon Springs at Land Between the Lakes:

FROM MEMPHIS About 200 miles from Memphis. Take I-40 East to Hwy. 641 North. Take 641 North to Paris; then take Hwy. 79 North towards Dover. Just before Dover is a large brown sign indicating the Land Between The Lakes. (Careful, It's easy to miss!) Turn left on this road, which is The Trace. Continue North past the South Welcome Station for 2 miles. The road to Brandon Springs is on the right.

FROM NASHVILLE: About 90 miles from Nashville. Take I-24 West to US Hwy 79 South (Exit 4). Take 79 South through Dover and continue 3 more miles to a large brown sign directing you to turn right for LBL. (Careful, it is easy to miss!) Take this road, which is The Trace. Continue North past the South Welcome Station for about 2 miles. The road to Brandon Springs is on the right.

TTA Signs will be posted at these road junctions for The Trace and Brandon Springs.

NORTHWEST Chapter (UT at Martin / Weakley County)

CHAPTER CHAIR: Scott M. Pun 731-881-7316
northwest@tennesseetrails.org

TREASURER: Sandy Davis 731-587-9134
northwesttreas@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT during the academic year (Feb-Apr and Sep-Dec) on the UT Campus in the Paul Meek Library, Rm 120, Media Services B1

Hike information unavailable at press time.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: Bob McGavock 423-667-2960
soddydaisy@tennesseetrails.org

MEETS QUARTERLY: 1st Tuesday in Jan, Apr, Jul, Oct at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson

Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/soddydaisy>

Oct 2 – Laurel Falls. Moderate. Approximately 5 miles. Meet at Durham Street parking lot in Soddy Daisy at 8:30 am ET.

Oct 6 – Savage Gulf. Moderate. Approximately 10 miles. Meet at Durham Street parking lot in Soddy Daisy at 8:30 am.

Oct 7-13 – River Rock Events
(www.riverrockschattanooga.com)

Oct 16 – Roaring Creek. Easy to moderate. Approximately 2 miles. Meet at Durham Street parking lot in Soddy Daisy at 9:00 am.

Oct 20 - Cloudland Canyon State Park. Moderate. Approximately 6 miles. Meet at Bi-Lo parking lot in Red Bank at 9:00 am.

Oct 23 – River Walk. Easy. Approximately 6 miles. Meet at Amnicola Marsh parking lot at 9:00 am.

Oct 26-28 – Tennessee Trails Association Annual meeting at Land Between the Lakes.

Oct 30 – Raccoon Mountain. Moderate. Approximately 2-1/1 miles. Meet at Bi-Lo parking in Red Bank at 9:00 am.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-456-6437
plateau@tennesseetrails.org

SECRETARY/TREASURER: Jim Grove 931-484-7900
plateausecy@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:30 pm CT

BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information, contact Bill Harris at 931-484-9152 or visit the Plateau Chapter Blog. Rain cancels.

Oct 6 – Chattanooga Riverwalk Bike Ride. This is an approximately 17 mile long bike ride on the Chattanooga River Trail. (Bike rentals are \$15.00 for 3 hours. There are only 6 bikes available. If you need to rent a bike, they must be reserved by Wednesday, September 26th.) Depart Trinity Tabernacle on Highway 127 South at 8 am CT. If there are no bike rentals, we will start and finish the bike ride at Chickamauga Dam. If we have bike rentals, we will leave from downtown, north side of the river to the Chickamauga Dam and return on the river trail. For more information, contact Jim Lamb at jameslamb@frontier.com or call at 931-484-5991.

Oct 11 – Chapter Meeting. 6:30 p.m. First United Methodist Church Annex, 69 Neecham Street, Crossville. Program: 75th Anniversary of the Tennessee State Parks by Randy Hedgepath, State Naturalist. Dinner at Gondola's Restaurant, 36 Woodmere Mall, Crossville at 5 pm. Contact Chapter Chair, Cheryl Heckler at thehecklers@charter.net or 931-456-6437 for additional information.

Oct 20 – Big Ridge State Park, Maynardville. Joint hike with Cove Lake Chapter at Big Ridge State Park - 5-mile loop that combines the Lake Trail, Ghost House Loop, Big Valley Trail and Dark Hollow Trail. The hike will begin on the Lake Trail, which borders the 45-acre Big Ridge Lake and is an excellent trail for viewing wildlife such as deer, frogs, herons, and wood ducks, and will cross Big Ridge Dam, constructed in the 1930s by the Civilian Conservation Corps. The hike continues along Norris Lake on the Dark Hollow Trail. This trail was once a country road and areas where some of Big Ridge's settlers made their homes can still be seen. Hikers will return to the dam via the Big Valley Trail and the Ghost House Trail. Bring water & snacks. We will all be going to the Museum of Appalachia Restaurant in Norris for lunch after the hike. Hot food is available from 11 am until 2 pm, but only sandwiches, drinks, and desserts until 3 pm. Depart Vanity Fair parking lot at 6 am CT. For more info, contact Cheryl Heckler at thehecklers@charter.net or 931-456-6437.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS:

David & Shirley Primeau 615-424-2948
sumner@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT,
Hendersonville First United Methodist Church, 217
E. Main St. Hendersonville, TN

Oct 2 - Chapter Meeting. Sumner Trails member Tim Takacs will present a program on the early history of Hendersonville and the surrounding area. Tim is the author of the book "The City by the Lake: A History of Hendersonville, Tennessee, 1780-1969". Please invite anyone who's interested in local history to come with you to the meeting - visitors are always welcome.

Oct 6 - The Trails at Fontanel, Nashville. Rain and storms forced us to cancel this hike in July, so we'll try again to hike this trail in the woods surrounding the former home of Barbara Mandrell. It's approximately 2 1/2 miles and intermediate, as it does require climbing the hillside, but benches are available at a few spots for resting. After the hike, we will lunch (Dutch-treat) at Cafe Fontanella, on the grounds of Fontanel. Meet at 9:15 am CT at the Kroger parking lot, Glenbrook Shopping Center, for carpooling and directions, or drive directly to Fontanel, 4225 Whites Creek Pike, to begin hiking at 10 am CT. Contact hike leaders David and Shirley at davidprimeau@bellsouth.net or 615 424-3991 for additional information or to confirm the hike in case of threatening weather.

Oct 13 - Mount Olivet Cemetery History Hike. 2 miles. Easy. Led by historian Mark Zimmerman. On the walk we will begin at Confederate Circle, where Southern fatalities from the Battle of Nashville are buried, then move on to several famous Confederate generals and one Union General, the gothic vault of the richest woman in America, Tennessee's greatest criminal lawyer, the man who lost the presidency to Abraham Lincoln, the father of Tennessee railroading, a female spy, the builder of the Ryman Auditorium, Nashville's Prussian architect, the man who tried to kidnap the German Kaiser, one of the founders of Memphis, an Egyptian pyramid, a Moorish tomb, a Greek temple, and a copy of Napoleon's tomb. If you would like to order a copy of Mark's book "Gone Under" or his bigger guidebook "God, Guns, Guitars & Whiskey" which covers all of Nashville's historic sites, you can order from shagbarkpublishing.com - also you can download free from this website a 2-page spread about Mount Olivet's Confederate Circle. Meet at First Presbyterian Church in Hendersonville at 9 am CT to carpool or at the Mount Olivet parking lot at 9:45. For further info contact Digger Al at ballallenger@aol.com or 615-347-2623 after 4 pm on Friday 10/12/12. We'll go to lunch after the tour and Mark will sign books on request.

Oct 26 - 28 - TTA Annual Meeting at Land Between the Lakes.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR: Louise Miniard 931-528-9115
uppercumberland@tennesseetrails.org

HIKE COORDINATOR: Kathleen Sullivan 931-520-6294
uppercumberlandhikes@tennesseetrails.org

Oct 6 - Honey Creek Loop Trail, Big South Fork N.R.A., TN. 5.8 miles. Strenuous. This scenic trail is rated as the "most difficult" in Big South Fork. The entire loop is about 5.8 miles and requires negotiating through narrow rock passageways; navigating across and along stream beds; climbing over several large boulders; and hiking up and down steep trails. The trails can be muddy and treacherous, and the creek can be active depending on the weather. Sturdy hiking footwear is mandatory, and water shoes are recommended. This trail is physically demanding and requires about five hours to complete. For those seeking more miles Colditz N.A. and Norcross Falls are near Allardt, TN. but may require a flashlight. You can meet at 7:30 am CT in the Penney's parking lot in Cookeville, or 9:00 am CT at the Honey Creek Overlook parking lot, where waterless facilities are located. Bring snacks, lunch, water, hiking boots and water shoes. For information and to register contact Pete Krauss at 931 864-7782 or Thorvald@twlakes.net.

Oct 13 - Twin Arches to Middle Creek, Big South Fork N.R.A., Jamestown, TN. This hike features the Twin Arches, the largest natural bridge complex in Tennessee, Slave Falls, Needle Arch, rock houses, and other rock formations. The hike is about 11 miles and is rated easy for the terrain and moderate for the distance. Bring water, snacks, and lunch. You can meet us at 7:30 am CT in the Penney's parking lot in Cookeville. For information and to register contact Richard Savage at 931-526-2035 or savage_richard@hotmail.com.

Oct 20 - Lone Mountain Loop Trail in Morgan County. The state acquired the land for Lone Mountain State Forest in 1929 through a tax delinquency sale. Lone Mountain reflects the handiwork of the state forestry crews naming a spring and ridge after the men who built the trails. On a clear day, from Coyote Point you can see the Smoky Mountains. The trail is opened to horseback riding, mountain biking, and hiking. A section (approximately 2 miles) is designated for hikers only and follows LaRue Ridge. This hike is 10+ miles and is rated *strenuous* because of elevation change and the numerous steep pitches. Bring water, snacks, and lunch. You can meet us at 7:00 am CT in the Penney's parking lot in Cookeville. For information and to register contact Kathleen Sullivan at 931.520.6294 or ksully@frontiernet.net.

Oct 26-28 - 2012 TTA Annual Meeting. Brandon Springs at Land Between the Lakes.

OFFICERS:

President	Millette Jones	615-397-9588 <i>president@tennesseetrails.org</i>
Vice-President	Carolyn Miller	931-839-3213 <i>vicepresident@tennesseetrails.org</i>
Treasurer	Ann Jacobs	615-896-3935 <i>treasurer@tennesseetrails.org</i>
Secretary	Diane Manas	615-352-7777 <i>secretary@tennesseetrails.org</i>
Past President	Don Dresser	731-668-4190 <i>pastpresident1@tennesseetrails.org</i>
Previous Past President	Rosemary Marshall	865-548-6171 <i>pastpresident2@tennesseetrails.org</i>
West TN At-Large Director	Graydon Swisher	901-737-3114 <i>westregional@tennesseetrails.org</i>
Middle TN At-Large Director	Nora Beck	615-517-6486 <i>middleregional@tennesseetrails.org</i>
East TN At-Large Director	Levonn Hubbard	931-707-1020 <i>eastregional@tennesseetrails.org</i>
Membership Director	Ron Dunn	615-867-3301 <i>membership@tennesseetrails.org</i>
Cumberland Trail Conference Representative	Diane Manas	615-352-7777 <i>CTC@tennesseetrails.org</i>
TN Rails To Trails Advisory Council Representative	Bob Richards	615-532-0753 <i>TRAC@tennesseetrails.org</i>
CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER		
Newsletter Editor	LouAnn Partington	931-393-4835 <i>editor@tennesseetrails.org</i>

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Oct 10	Nov 1
Nov 10	Dec 1
Dec 10	Jan 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

TTA CALENDAR

The following dates in 2012 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

FOURTH QUARTER

Oct 26-28 TTA's Annual Meeting; hosted by Clarksville chapter. Brandon Spring Group Center at Land Between the Lakes.

ANNUAL MEETING REGISTRATION DEADLINE

OCTOBER 5

DON'T MISS OUT ON A GREAT WEEK-END!! REGISTER NOW!!

REGISTRATION FORM ON PAGE 8

*Late registration? See page 1 for
information*

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM ...

A NEW MEMBER

RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Ron Dunn 615-867-3301 membership@tennesseetrails.org

Oct 12

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

___ Individual \$25.00
___ Family \$35.00
___ Student (FULL TIME) \$15.00
___ Supporting (\$50.00, \$100.00 or more)
___ Life Member (Individual) \$500.00
___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Home Phone (___) _____ Zip _____ -- _____
Work Phone (___) _____
e-mail _____

** ___ **CTC Membership** ** **\$5.00**

Please do not list my e-mail address in the TTA Annual Membership Directory
 I would like to receive my newsletter by email.

** *Special \$5.00 rate for membership in Cumberland Trail Conference if you also are joining TTA or renewing your TTA membership. CTC is building the Cumberland Trail, which will go from Chattanooga to Cumberland Gap. Over 185 miles are now complete and open for hiking. More information can be found at www.cumberlandtrail.org. Please consider enhancing your commitment to Tennessee's great trails by joining the CTC.*

Please list me with the following chapter:

___ Clarksville _____ Murfreesboro
___ Columbia/Franklin _____ Nashville
___ Cove Lake _____ Northwest (UT at Martin/Weakley)
___ Dyer County _____ Plateau (Crossville)
___ East TN (Oak Ridge/Knoxville) _____ Soddy Daisy
___ Highland Rim (Manchester/Tullahoma) _____ Sumner Trails (Sumner County)
___ Jackson _____ Upper Cumberland (Sparta/Cookeville)
___ Memphis _____ At Large

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - C.T.C. and T.R.A.C. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.