

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



CLARKSVILLE INVITES YOU TO ANNUAL MEETING

The Clarksville Chapter would like to invite everyone to attend our next Annual Meeting being held on October 26-28, 2012. As members of TTA, we want to establish, maintain, and preserve the trails in our great state. To ensure this continues, we need to nurture future generations by instilling the love of natural places and the need for preservation. For that reason we chose the following theme: Nurture a Tennessee Trail; Nurture a Generation!

This year we will meet in the beautiful surroundings of Land Between the Lakes (LBL). For anyone not familiar with LBL, it is located in northwest Tennessee. There are more than 200 miles of hiking trails and abandoned roads meandering through backwoods, fields, and alongside peaceful lakeshores. Of course there will be a wide variety of hikes for all fitness levels. In addition to hiking, there are plenty of other places to explore, for example: the Elk and Bison Prairie, Golden Pond Planetarium, and the 1850's Homeplace. Events other than hiking, e.g. canoeing, birding, slag hunting, are also available.

As a group, we will be staying in the Brandon Springs Group Camp situated on the shores of scenic Bards Lake and Lake Barkley. This year we are fortunate enough to reserve the entire facility instead of sharing it with another group. There will be dorm style cabins (bring your own linens) and primitive camping (with restrooms / showers in the nearby pool house). The facility has had the same kitchen staff for many years. They are known for their delicious meals, which will be prepared and served cafeteria style. Anyone with special dietary needs should include that information on the registration form.

If these accommodations are not sufficient, you may choose to make your own reservations at nearby Dover Inn Motel at 1-931-232-5556, Paris Landing Resort at 1-800-250-8614, or other lodging facilities in the area. We suggest you contact the Stewart County Chamber of Commerce at 931-232-8290 for additional information. Even if you choose to stay off site, we welcome you to join us for meals! Just make sure to include the information on the registration form so the kitchen staff will know exactly how many to prepare.

For those who have never attended an annual meeting or are new to TTA, here is what you can expect: meet fellow members from all over Tennessee, as well as surrounding states; two fun days of hiking, entertainment, and the infamous auctions - live, silent and white elephant sale, plus delicious food, including a bake sale. All of the auction proceeds will go to help fund ongoing trail projects in Tennessee, including the Cumberland Trail Conference. And with the upcoming holiday season approaching, the auctions are the perfect venue to purchase gifts and support TTA's trail projects. Good food, good friends, good fellowship -what more could you want???

Look for the registration form in the newsletter. If you have questions, you can contact J.R. Tate at modelt@charter.net or Sandra Janus at sandyj14@live.net. See the October Newsletter for detailed information about annual meeting events, entertainment, and outings!

MARK YOUR CALENDARS!

Start making plans now to attend the annual meeting at Land Between the Lakes' Brandon Springs on Oct 26-28, 2012!



Office Location 409 Thurman Avenue, Ste 102
Crossville, TN 38555
 Office Hours8am-2pm CT
 Phone:931-456-6259
 Fax:931-456-4934
 Email: cumberlandtrail@rocketmail.com
 Website: www.cumberlandtrail.org

Sep 20-23 - The Southeastern Foot Trails Coalition is holding their Biennial conference this year at Fall Creek Falls in Pikeville, TN. Visit www.southeastfoottrails.com for further details.

Sep 29-Oct 3 - Volunteers needed to help with trail maintenance in the Cumberland Trail's Tennessee River Gorge segment in Hamilton County, TN. The work would include the removal of fallen trees, cutting back vegetation, and updating trail markers. Volunteers can help for 1 day or multiple days. This work would be in preparation for the *Rock Creek's 50k Stump Jump* trail race, please visit www.rockcreek.com/stumpjump.rco for more information about the race. Please contact the CTC to register for this event and further details, cumberlandtrail@rocketmail.com, www.cumberlandtrail.org or 931-456-6259.

Oct 5-14 - Chattanooga's River Rocks event. Please visit www.riverrockschattanooga.com/ for more information about this event.

Oct 8-12 - Cumberland Trail's New River section, in Campbell, Scott, and Morgan Counties, TN, Volunteers needed to help with trail maintenance. This would include the removal of fallen trees, cutting back vegetation, and updating trail markers. This is in preparation for the Knoxville Track Club's *Cumberland Trail 50k* trail race. Please contact the CTC to register for this event and further details, cumberlandtrail@rocketmail.com, www.cumberlandtrail.org or 931-456-6259.

Oct 13 - Cumberland Trail 50k, Cove Lake State Park. Please visit www.cumberlandtrailraces.com/CumberlandTrail50k/HOME for further details.

CLARKSVILLE CHAPTER

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(call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 7:00 pm CT,
 Crow Community Center, 211 Richview Rd.
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/clarksville>

Sep 8 - Stones River Greenway from YMCA Trailhead to J. Percy Priest Trailhead and back. 6.8 miles. Easy. John Sneed 931-920-3828. Meet 8:00 am CT, I 24 Exit 11 commuter parking lot. 46 miles to trailhead.

Sep 15 - Collins Gulf, South Cumberland SP, Grundy County. 11.5 miles. Difficult. Paul Schwab 931-645-9068. Meet 6:00 am CT, I 24 Exit 11 commuter parking lot. 144 miles to trail head.

Sep 18 - Monthly Meeting.

Sep 22 - Haynes Bottom Wildlife Management Area, Montgomery County. 4 miles. Easy. Pot luck brunch after the hike (about 10:00 am CT) at J.R.'s house. J.R.Tate 931-920-2692. Meet 8:00 am CT, J.R.'s house, 4713 Chester Harris Rd, Woodlawn.

Sep 29 - Public Lands Day.

ANNUAL MEETING INFORMATION

HIKES	PAGE 7
BYLAW CHANGES	PAGE 8
REGISTRATION FORM	PAGE 9
SCHEDULE	PAGE 10

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR: Marvin Caine 931-486-1632
columbia@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

Sep 4 – Chapter Meeting. Jerry Link will give a presentation on his hike two years ago on the Berg Lake Trail in British Columbia's Mount Robson Provincial Park. It is one of the most spectacular destinations in the Canadian Rockies. Nestled beneath Mount Robson's mighty Face, the Berg Glacier descends steeply to the shore of this dramatic turquoise lake. If you're visiting the Rockies, it is one place you simply must see. The Berg Lake Trail takes hikers/backpackers through amazing scenery; Kinney Lake, the Valley of a Thousand Falls, Emperor Falls (one of the most impressive waterfalls I've ever seen), Alpine Tundra, and even calving ice from the glacier. These are just a few of the amazing views this trip has to offer.

Sep15 – Frozen Head Mountain Hike. 7 miles. Difficult. We will hike the South Old Mac Mountain trail to the top of Frozen Head Mountain and back down the same trail to the parking area. We plan to climb the lookout tower at the top of the mountain for a nice view. Wear sturdy boots, bring plenty of water, and bring a sack lunch for the trail. We do not plan to stop for dinner after the hike. We will meet at 6:00 am CT behind the McDonald's in North Spring Hill and plan to leave at 6:15 am sharp (it is a 3-hour drive to the trailhead). We will carpool to the Frozen Head State Natural Area main parking lot, arriving about 10:15 am ET. Register with Kevin Hahn at *compensate@yahoo.com* or call 615-775-4259.

Sep 29 - Cedars of Lebanon State Park. We will hike the various trails at the park including the 4.4 mile Hidden Springs trail and the about 2 miles Cedar Forrest Trail that are rated easy. Wear sturdy boots, bring plenty of water and snacks. We will meet at McDonald's in North Spring Hill leaving at 8 am CT. Register with Jane Coffey at *jecoffey0644@charter.net* or call 615-516-6551.

COVE LAKE HIKING CHAPTER

CHAPTER CHAIR: John Redmon 423-869-8286
covelake@tennesseetrails.org

SECRETARY/BOARD REPRESENTATIVE:
Kathy Sarvis 865-494-0374
covelakehikes@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm ET at the recreation center, 300 W. Beech St., La Follette.

Sep 20 - Trail maintenance day. We'll be working the trail and blazing up at Eagle Bluff going west toward Devils Racetrack. Meet at the Jacksboro Middle school at 9 am ET; we will work until 1 pm about 4 hours total. Bring lunch/snack, water and gloves. Call John Redmon for more information at 423-869-8286.

Sep 8 - Burnt Mill Bridge Loop, Big South Fork. 3 1/2 miles. Moderate. Bring walking stick, sunscreen, bug repellent, lunch/snack and water. Everybody will meet at the Jacksboro middle school 8:30 am ET. Contact Harry Shatz for more information 865-494-0374.

DYER COUNTY CHAPTER

Graydon Swisher 901-737-3114
westregional@tennesseetrails.org

This chapter is in the process of being reorganized.

For further information, contact Graydon Swisher at 901-737-3114 or, *westregional@tennesseetrails.org*. In the interim, you are welcome to attend (14 to select from) other chapters' outings, events and meetings.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-548-6171
easttennessee@tennesseetrails.org

VICE-CHAIR: Elise Eustace 865-201-5806
easttennessee@tennesseetrails.org

Sep 8 - Enjoy our own Holston River Greenway. We will meet in the parking area at Comcast on Asheville Hwy at 10:00 am ET and carpool a short distance to the entrance of Holston River Greenway for a very pleasant and interesting 2 mile walk. We will lunch afterwards at a popular eatery. To pre-register, contact Rosie at *rosemary_L@hotmail.com* or 865-951-8317.

Sep 15 - Middle Prong Trail to Indian Flats Falls. GSMNP. A scenic hike along an old railroad bed which follows the Middle Prong of the Little River. Approximately 8 miles, rated moderate with an elevation gain of about 1000 feet. Meet at 10:00 am ET at trailhead. To pre-register, contact Rosie at *rosemary_L@hotmail.com* or 865-951-8317.

Sep 22 - This is a bike ride! We'll travel to Damascus VA and hop on a bus shuttle to take us straight up the mountain where we will get on our bikes and ride down 17 miles (gradually). This bike trail is full of history and several stopping points that add enjoyment and nourishment to all bike riders. To pre-register, contact Rosie at *rosemary_L@hotmail.com* or 865-951-8317.

HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

CHAPTER CHAIR: Linda Hudson 931-841-0540
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OUTINGS & PROGRAM COORDINATOR & NEWSLETTER CONTACT: Joan Hartvigsen 931-962-0811
highlandrimhikes@tennesseetrails.org

(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W.
Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Sep 1 – Pot Point Loop, Prentice Cooper State Forest, west of Chattanooga. 12 miles. Strenuous. We'll first visit Snoopers Rock, a bare rock promontory which offers a wide view of the Tennessee River Gorge. Then we will hike the Pot Point Loop which also offers spectacular views of the Gorge and features a natural bridge. There is a view of Raccoon Mountain across the river gorge. In this mountain TVA has its Raccoon Mountain Pumped Storage Plant. Bring plenty of water, lunch, snacks, hiking sticks and good hiking boots. Contact Joan Hartvigsen at 931-962-0811 or 931-636-2914 for carpool and to register.

Sep 9 – Tims Ford State Park Hike and Ice Cream Social. Winchester, TN. 5 miles. Moderate due to rolling hills. Let's enjoy a Sunday afternoon on Lost Creek Trail, which features two suspension bridges, and a section of Ray Branch Trail. Both trails follow the shoreline and offer beautiful views of Tims Ford Lake and the cool shade of mature trees. After our hike we'll treat ourselves with ice cream at the park's marina. Bring water, snacks, ice cream money, hiking sticks and hiking boots. We'll meet at 1:00 pm CT at the Visitor Center, but please register with Joan Hartvigsen at 931-962-0811 or 931-636-2914.

Sep 15 – Eat-Hike-Eat, Sewanee, TN. 5 miles. Easy. Come join us at the Blue Chair in Sewanee at 9:00 am CT for breakfast or coffee or come at 9:30 if you just want to hike. This month we will cover the Perimeter Trail between Brakefield Road Gate 13 (Chestnut Lake) and Lake Cheston, around Harpers Loop and Otey View. Bring water and a snack. Contact Cathleen Close at 931-841-1448 or *cathleenclose@gmail.com*.

Sep 24 – Chapter Meeting. Meet us for dinner at 5:00 pm CT at Las Trojas Mexican Restaurant, 1905 N. Jackson St., Tullahoma, next to Kroger. Our meeting begins at 7:00 pm at D. W. Wilson Community, 501 N. Collins Street, Tullahoma. Our speaker is Brandon Bailey, Area Forester, Cannon, Coffee, DeKalb, and Warren Counties. He will explain the services offered by The Tennessee Division of Forestry and the responsibilities of an area forester within the Division. His format is an informal discussion so we will feel free to ask questions about the things that our group is interested in. So whether you have one tree, or an entire forest, bring your questions (and your neighbors).

Highland Rim – con't

Sep 29 – Short Springs State Natural Area Work Day, Tullahoma. We need to set the steps on the steep hill down to Machine Falls, repaint trail markers on Laurel Bluff Trail and cut brush from the right side of Machine Falls Loop. Meet at 9:00 am CT in the Short Springs parking lot. Bring water, a snack, and work gloves. Let Wally Bigbee know that you can help by calling him at 931-473-5968.

Sep 29 – Full Moon Paddle and Camping. Tims Ford Lake, Devils Step Boat Ramp and Devils Step Island, Winchester. We will paddle to and in a nearby cove, paddle around Devils Step Island, then visit on the island to enjoy a snack and hopefully a campfire. Six of us can camp on Devils Step Island overnight. Any overflow can camp in nearby Fairview Campground. Bring water, snacks, life jacket, and boat lights. Contact Joan Hartvigsen at 931-962-0811 or 931-636-2914 to register and for more information.

Sep 30 – Early morning Tims Ford Lake Paddle, Winchester, TN. We will paddle from Devils Step Island (where some of us have camped overnight) to Maple Bend Island. Then after a rest on Maple Bend Island we will explore gorgeous Owl Hollow. Then back to Maple Bend Island for lunch before returning to Devils Step Boat Ramp. Bring water, lunch, snacks, and life jacket, (and a boat and paddles). Register with Joan Hartvigsen at 931-962-0811 or 931-636-2914.

ANNUAL MEETING REGISTRATION DEADLINE

OCTOBER 5

DON'T MISS OUT ON A GREAT WEEK-END!! REGISTER NOW!!

REGISTRATION FORM ON PAGE 9

JACKSON CHAPTER

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OUTINGS COORDINATOR: Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org

(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1st Monday at Gander Mountain, Vann Drive,
Jackson. Socializing & dinner starts at 6:00 pm CT;
meeting starts 7:00 pm

Sep 1 - Cedar Barren Ecology Hike Carroll Cabin Barrens State Natural Area, Bath Springs south of Parsons, TN (Decatur County). Meet at the natural area parking lot by 9:30 am CT. Leader: Allan Trently, Stewardship Ecologist, Natural Areas. To register, contact Allan at 731-521-1369 or at *Allan.Trently@tn.gov* no later than August 30. If you need to call him on Sep 1 call 731-234-4887 (coverage at Carroll Cabins is not reliable). We will explore some of the treeless barrens of the area. The hike will be about 2.5 miles some of which will be off-trail. The hike is to be considered moderate though some may find it strenuous. The trip leader will discuss the ecology and management of the barrens and will identify animals and plants during the hike. Wear sturdy shoes, bring water and a snack, and dress appropriately for the weather. We will not go in the event of inclement weather.

Sep 3 - No Meeting.

Sep 15 - Cook-out and LANA Walk at the Rognstad's Home, Jackson TN. To register and for directions, contact Glen Rognstad at 731-217-5966 or *glenrognstad@gmail.com*. We will meet at the Rognstad's home at 4:00 pm CT and take a walk through the LANA area. We will eat around 6:00 pm. Please bring a side dish, salad or desert. **We will also hold our September monthly meeting at the cook-out after dinner.**

Sep 29 - Old Trace - Garrison Creek Loop trail, Franklin, TN. 6.3 miles. Moderate. To register contact Anne Goodson at 731-664-1556 or *annegoodson@eplus.net*. The Old Natchez Trace/Garrison Creek Loop passes through ridge top and creek side forests, up and down, winding in and out of small wooded coves and down the longest section of the Old Trace left in Tennessee. Wear sturdy shoes, bring water and lunch/snacks and dress appropriately for the weather. For more details feel free to contact Anne.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
memphis@tennesseetrails.org
VICE-CHAIR: Francis Ruffin 662-781-5034
memphisvice@tennesseetrails.org

Sep 20 - Chapter Meeting. Dixie Café, 4699 Poplar Avenue (between South Perkins Rd and Colonial). Dinner & Socializing 6:15 pm CT (order from menu). Meeting / Program: 7:00 pm Bhutan Adventure. Carol Haley and Kathryn Skinner will share their experiences and photos of their adventure to Bhutan, Land of the Thunder Dragon, the Peaceable Kingdom. Bhutan is a small Buddhist country, a kingdom about the size of Switzerland, nestled in the Himalaya north of India, south of Tibet, that few tourists have had the opportunity to visit. While it's clear Bhutan is undergoing cultural change, it is still very much a step back in time with government safeguards in place to maintain their ancient Buddhist culture. There is an elected Minister of Happiness whose responsibility it is to assure Gross National Happiness for all. It is the "World's Last Shangri-La" with stunning scenery, glacier-fed rivers of bright turquoise, deep canyons, valleys rich with rice and wheat, villages and dzongs (temples) dating back to the 7th century, and smiling people. Hundreds of Black-Necked Cranes from Tibet choose to spend their winters in their valleys. But, there are only two flights per day into their one airport, and not a single traffic light in the whole country. It was a special place and an honor to able experience. On-line registration limited to 35 due to room capacity. Register online at <http://memphis.tta.alliancegroup.com>. Contact Charlie Bright for logon information *charlie.bright2010@gmail.com*.

Sep 22 - Village Creek State Park, Wynne, AR. Eileen and Bryan will lead a 4-6 mile hike. The trail is rated easy to moderate. Bring lunch and plenty of water. Carpoolers meet at 8:00 am at Memphis Welcome Center on Riverside Drive or meet at Village Creek Park Visitor Center at 9:30 am. To register for carpool call Kathryn Skinner at 901-527-4308. Questions about trail contact *e_kelm@yahoo.com* or call 901-873-3221. Rain will cancel hike.

Sep 29 - Herb Parsons Lake. Fisherville located northeast of Collierville, near Collierville Arlington Road and Macon Road. We will meet at the lake at 9:30 am CT for an easy 6-mile walk through the woods and around the lake. Bring snacks and water. For information call Cathy Cole at 901-486-2601. Directions: Take I-40E and exit south onto N Germantown Pkwy, turn left onto Macon Road, turn left to stay on Macon Road, turn right onto TN-193E/Macon Road and watch for small Herb Parsons Lake sign and turn right (south) onto Fisherville Road and travel 1 mile to Herb Parsons State Park. OR Take US-64E/Stage Road, merge onto TN-385E, turn left onto TN-193E/Macon Road, watch for small Herb Parsons Lake sign and turn right (south) onto Fisherville Road, drive approx 1 mile and turn left into park.

MURFREESBORO CHAPTER

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OUTINGS COORDINATOR: Cathy Bingham 615-890-9791
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(Call Cathy & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent
Park's Wilderness Station, 697 Barfield-Crescent Rd.,
Murfreesorbo

BLOG: www.tennesseetrails.org/blog/murfreesorbo

Sep 8 – Barfield Park Back Country Trails. 5 miles. Easy to moderate. . Come hike with us through the hills and ridges of Barfield Park, where you will be transformed from the city to the wilderness in a matter of minutes. Look for possible wildlife such as deer, turkey and others as we traverse the Marshall Knob Trail and the Rocky Path Trail. This is a highly under rated hiking trail as it has many interesting aspects and gives a great workout. Contact Ann Jacobs at eannjacobs@aol.com, 615-896-3935 (home) or 615-653-6354 (cell) for meet up time and details, and to let her know you will be attending.

Sep 11 - Monthly Meeting. David Adams, Stones River National Battlefield park ranger will speak on exotic and invasive plants found in Tennessee.

Sep 15 - Bear Waller Gap Trail at Defeated Creek, Carthage, TN. Overnight Backpack. 11 miles with steep elevation changes. Difficult. This rocky one-way trail begins at the Defeated Creek parking lot and ends at the Tater Knob scenic overlook to the Cordell Hull Dam. Following the shoreline of Cordell Hull Lake for over 5.5 miles, it passes many natural features – overlooks, rocky outcrops, waterfalls and old rock fences. The blue-blazed hiking trail begins with a steady climb thru rocky outcrops and follows with some steep descents to Ashhopper Hollow. At mile 3, we'll drop our packs at Two Prong campsite. Here, we have options: continue the hike for another 5 miles to the overlook and back, or stay at the campsite. Bonus: This site is complete with the finest backpacking accommodations – a small shelter, level campsites, a picnic table, trash cans, a covered spring and a PRIVY!!!! Additionally, the Defeated Creek Marina Restaurant is open for breakfast Sunday morning. Directions: from Murfreesorbo: meet at the Park & Ride on NW Broad St (just off 840) at 9:00 am CT. From elsewhere: meet at the McDonald's parking lot just off the I-40 Gordonsville Exit 258 at 10:30 am. We will caravan to the Defeated Creek Campground parking lot. More information can be found at www.lrn.usace.army.mil/op/cor/rec/bearwaller.htm. Please contact Kim Williams at 615-542-5064 or williams.kimberlyjo@gmail.com if interested.

Murfreesorbo – con't

Sep 16 – Stones River National Battlefield, Murfreesorbo. 4.5 miles. Easy. Meet at the Visitors' Center at 1:00 pm CT for an easy walk around the Stones River Battlefield. Some of the original trails have been re-routed since the tornadoes a few years ago. Jim Schroeder, TTA member and volunteer at Stones River National Battlefield will be available for a narration of the area. . To register contact Jenny Jacobs, 615-691-2636 or email jjj27_1999@yahoo.com.

Sep 22 – Old Stone Fort, Manchester, TN. Approx 5 miles. Easy. The trail around the perimeter of the ancient, 2,000 year old enclosure is 1-1/4 miles in length and is a great way to learn about this historic area. It covers the most dramatic scenery in the park including several waterfalls. The three largest falls - Step Falls, Blue Hole Falls, and Big Falls - run along the trail. There are 2 miles of foot trails beyond the main interpretive trail. We'll do a combination of the wall and along the Duck River. There's also a very nice Indian heritage Visitor Center built into the wall. Meet at 8 am at Church Street Cracker Barrel. To register contact Jenny Jacobs, 615-691-2636 or email jjj27_1999@yahoo.com.

Sep 29 – National Public Lands Day, Barfield Crescent Park, Murfreesorbo. Come join us for trail maintenance from 8:00 am until 11:00 am CT. Bring gloves, sturdy shoes, snack and water. For more information or to sign up, contact Sara Pollard at sarabpollard@gmail.com or 615-714-3610.

Wilderness First Aid Course

October 20-21

9 am to 6 pm CT both days

\$200 for REI Members

The Brentwood TN REI is collaborating with Wilderness Medicine Institute of NOLS to offer a comprehensive two day course that will teach wilderness medicine skills that could be critical in the backcountry if you have an accident. Successful completion results in a NOLS WFA certification. This course may also be used to recertify WAFA, WFR, and WEMT (wilderness portion only) certifications if you hold a current WMI certification. For further information, see the REI Brentwood online event calendar <http://www.rei.com/stores/64> or WMI <http://www.nols.edu/portal/wmi/courses/6708/>.

ANNUAL MEETING HIKES

BRANDON SPRINGS TRAILS: Red (4 miles); White (2.5 miles); and Blue (5 miles) Located near the Group Camp and just right for Friday afternoon and Sunday morning leisure hikes (or a Saturday stroll, for that matter). Beautiful views of the lake. Rating: Easy to moderate.

FORT DONELSON, Dover, TN: Are you a history or Civil War enthusiast? This is the site of the North's first major victory in the Civil War. Come and see the historic movie and Museum at the Visitor's Center, then hike through the woods to the earthworks, battery of cannons overlooking Lake Barkley and to the cemetery. Length: 7.5 miles. Rating: Moderate.

CANAL LOOP: This hike starts and ends at the North Visitors Station. It starts off moving west to Kentucky Lake, progresses north along the lake and through the woods. As you walk to the edge on a steep ridge, you look over an endless expanse of blue water! Trail continues along Canal that joins Kentucky Lake to Lake Barkley. For its grand finale, it follows the shoreline of Lake Barkley. There are spectacular views of both lakes. We may catch sight of a resident eagle or a barge or sailboats. Length: 11 miles. Rating: Moderately Strenuous.

SUGAR BAY to GOLDEN POND: A beautiful hike with terrific views of Kentucky Lake. The trail winds along sections of the shoreline of Sugar, Higgins, Rhodes, and Vickers Bays, through the woods and up and down ridges. The terrain consists of some short, steep climbs, ridge top walking, bluffs, and bottomland walking along small streams that feed into the lake. If you have a watchful eye, you might see the graveyard on a tiny island. This hike will require a vehicle shuttle. The length of the hike will require participants to maintain a fast pace and will be the first to depart. Length: 13.3 miles. Rating: Strenuous

HONKER TRAIL: This outing will include hiking around Honker and Hematite Lakes. Since they are separate trails, you may choose to only hike one. Located near The Nature Station, in the heart of an Environmental Education Area, this trail winds around Honker Lake through a variety of habitats: dense forest, meadows, across the dam, and along the lakeshore. In addition to the many other wading birds and waterfowl, be sure to watch (and listen) for the resident flock of Giant Canada Geese which nest in the area and give the trail its name! Length: 5.5 miles. Rating: Moderate

HEMATITE LAKE TRAIL: Located near the Nature Station, this easy walk around Hematite Lake offers a chance to see migratory waterfowl and other wildlife. The trail crosses marshy land on a bog bridge. You can even go in a waterfowl blind built out in the lake. If you choose to hike this trail, you can brag about seeing the areas of beaver activity! Length: 2.2 miles. Rating: Easy to Moderate (Can be combined with the Honker Trail)

TELEGRAPH TRAIL - Fort Henry trail system. Located in the south end of LBL, Fort Henry is a system of 10 connecting trails totaling over 29 miles. Have no fear; we will not be hiking the entire trail system! The trail offers the hiker many historical and natural features. It closely follows the route of General Grant's troop movements from Fort Henry to Fort Donelson during the Civil War. Length: 7.5 miles. Rating: Moderate.

BEAR CREEK LOOP: Beginning at the South Welcome Station, the Bear Creek loop utilizes the North / South Trail and part of the Fort Henry Trail system. Length: 6.6 miles. Rating: Moderate.

ELK & BISON PRAIRIE & PLANETARIUM TOURS: If you would rather participate in non-hiking activities, then this might be the one for you! There is an additional charge to visit these attractions. The Elk and Bison Prairie is a 700-acre restoration of Kentucky's native habitat. It was created as a restoration project for the species. You will drive along a gentle winding road through this remarkable habitat restoration effort. Be sure to watch for elk and bison, and listen for the magnificent bugling of the elk. The Golden Pond Planetarium is located at the Golden Pond Visitor Center. The planetarium offers several wonderful programs. Mileage: N/A. Rating: Easy / Non-hike. There is a fee for these: The Elk and Bison Prairie, \$5.00 per car. The Planetarium: Ages 13 and up--\$4.00; Ages 5-12--\$2.00; Age 4 and under, Free.

PICKETT LOOP: A pleasant loop hike in the Fort Henry trail system, that includes a lakeshore walk and access to the Blue/Gray Trail, which overlooks the site of old Fort Henry (now under the waters of Kentucky Lake). Length 3 miles. Rating: Easy

FORT DEFIANCE MUSEUM: This is a "must see" if you come to this area. Fort Defiance was a Confederate fort built on a bluff overlooking the Cumberland River to protect the City of Clarksville from Union forces. The museum conveys a rich picture of that era and the earth works are original and pristine. The tour also features a short historical film. Free!

ROTARY PARK: Clarksville's hidden treasure! Walk this 100 acre forestland that defies encroaching developments and seems to be an isolated bit of paradise amid the hustle-bustle of civilization. Length 4 miles. Rating: Moderate

CANOE BARD'S LAKE: Floating in a canoe will allow you to experience the quiet and scenic home of many waterfowl and aquatic animals which was formed by damming part of Lake Barkley. And best of all, IT'S FREE!

Proposed Changes to TTA Bylaws

At the Annual Meeting on October 27, the membership will be asked to approve changes to TTA's bylaws. These changes are intended to clarify the working relationship between TTA and any subsidiary Associate Organization, including the Cumberland Trail Conference. These changes will be implemented by a complete replacement of Section 10, which guides the formation and operation of Associate Organizations.

Both the TTA Board of Directors and the leadership of CTC have approved these changes.

To become effective, these changes to the TTA bylaws must be approved by a majority vote of the TTA members present at the October 27, 2012 meeting. Please note, under our current bylaws "Family Memberships" receive one vote for each adult family member who is present, up to a maximum of two votes. Sorry, there will be no votes by proxy.

For your information, a complete copy of all the bylaws is available on the TTA website, www.tennesseetrails.org, under the member services option.

Existing Section 10:

Five or more members may form an Associate Organization of the Tennessee Trails Association upon receiving prior approval of the Board of Directors. Each Associate Organization will be created to pursue a specific mission and will develop and maintain a statement describing its objectives and strategy for dealing with that mission. Each Associate Organization shall designate a person to serve on the Tennessee Trails Association Board of Directors. Each Associate Organization shall report periodically to the Board of Directors of Tennessee Trails Association concerning its activities.

An Associate Organization may have its own bylaws, which shall be subject to approval by Tennessee Trails Association. As specified in its bylaws, an Associate Organization may have its own members, officers and advisory boards of directors. All officers must be members of Tennessee Trails Association. The president of Tennessee Trails Association shall be an ex officio member of any advisory board.

An Associate Organization may seek its own financial support to carry out its mission. An Associate Organization shall manage funds that it receives, submit periodic reports, and schedule outside audits in manner that is approved by the treasurer of Tennessee Trails Association.

The Board of Directors of Tennessee Trails Association may from time to time delegate additional authority to an Associate Organization, its advisory board or its officers, including the authority to make personnel decisions, to enter contracts, to open bank accounts, to settle claims or any other authority that the Board deems prudent to delegate to the Associate Organization, and may impose such conditions or limitations on any delegation as it determines to be prudent.

The Board of Directors of Tennessee Trails Association may direct that an Associate Organization be dissolved. In that event, all money and property in the possession of the Associate Organization shall be transferred to Tennessee Trails Association or distributed in such manner as the Board of Directors of Tennessee Trails Association decides.

Proposed Section 10:

Five or more members may form an Associate Organization of the Tennessee Trails Association upon approval of the Board of Directors. Each Associate Organization will be authorized to pursue a specific mission and will develop and maintain a statement describing its objectives and strategy for dealing with that mission. Each Associate Organization shall designate a person to serve on the Tennessee Trails Association Board of Directors. Each Associate Organization shall report periodically to the Board of Directors of Tennessee Trails Association concerning its activities. An Associate Organization shall clearly and fully disclose its relationship to the Tennessee Trails Association in any promotional or informational material, regardless of media.

An Associate Organization may have its own bylaws, which shall be subject to approval by Tennessee Trails Association. As specified in its bylaws, an Associate Organization may have its own members and shall determine its own organizational and leadership structure. All officers must be members of Tennessee Trails Association. The president of Tennessee Trails Association shall be an ex officio member of any governing body.

An Associate Organization may seek its own financial support to carry out its mission, except that an Associate Organization may not borrow money. An Associate Organization shall manage funds that it receives, submit periodic reports, and participate in outside audits in a manner as directed by the treasurer of Tennessee Trails Association.

The Board of Directors of Tennessee Trails Association may delegate additional authority to an Associate Organization, including the authority to make personnel decisions, to enter contracts, to open bank accounts, to settle claims, or any other authority deemed prudent by the Board. The Board may also impose such conditions or limitations on any delegation as it deems to be prudent.

The Board of Directors of Tennessee Trails Association may dissolve an Associate Organization when its mission is completed, or for other causes. In that event, all money and property in the possession of the Associate Organization shall be distributed in a manner supportive of the original mission of the Associate Organization.

**Registration Form for Annual Meeting
October 26 – 28, 2012**

Name: _____

Address: _____

Phone: _____

Registration: _____ @ \$20.00 each **Total** _____

Lodging: (Similar to the "hut" system used in New Hampshire's White Mountains by the Appalachian Mountain Club—Men and Women's Cabins—Dorm Style)

Friday night _____ \$20.00 per person _____

Saturday night _____ \$20.00 per person _____

(Bring own linens or sleeping bags)

Camping: \$10.00 flat rate per person for the entire weekend _____

Meals:

Friday dinner _____ \$8.00 _____

Saturday breakfast _____ \$6.00 _____

Saturday lunch _____ \$6.00 _____

(Choice of turkey, ham, or peanut butter/jelly sandwich—please circle choice)

Saturday dinner _____ \$8.00 _____

Sunday breakfast _____ \$6.00 _____

Total Enclosed: _____

Due to scheduling requirements at Brandon Springs, Registration Deadline is October 5, 2012. NO REFUNDS after that date. Make checks payable to TTA and mail this form with remittance to Sandy Janus, 4053 Sawmill Rd., Woodlawn, TN 37191. Phone: 931-551-8523.

Directions to Brandon Springs at Land Between the Lakes:

FROM MEMPHIS About 200 miles from Memphis. Take I-40 East to Hwy. 641 North. Take 641 North to Paris; then take Hwy. 79 North towards Dover. Just before Dover is a large brown sign indicating the Land Between The Lakes. (Careful, It's easy to miss!) Turn left on this road, which is The Trace. Continue North past the South Welcome Station for 2 miles. The road to Brandon Springs is on the right.

FROM NASHVILLE: About 90 miles from Nashville. Take I-24 West to US Hwy 79 South (Exit 4). Take 79 South through Dover and continue 3 more miles to a large brown sign directing you to turn right for LBL. (Careful, it is easy to miss!) Take this road, which is The Trace. Continue North past the South Welcome Station for about 2 miles. The road to Brandon Springs is on the right.

TTA Signs will be posted at these road junctions for The Trace and Brandon Springs.

**2012 Annual Meeting Schedule of Events
(Central Daylight Time—All times subject to change)**

Friday, October 26

3:00 pm	Check in; Registration; Receive Auction Items and Baked Goods
3:30	Hikes in Local Area—Easy (See Hike Schedule)
4:00	Cash Bar and Bake Sale Opens
5:00-6:00	State-wide Outings Slide Show
6:00	Dinner
7:00	Program and Entertainment
8:30	Bonfire

Saturday, October 27

6:00 am	Coffee for Early Risers
7:00	Breakfast
8:00	Hikes Start Departing at 15 Minute Intervals. See Posted Hike Schedule for Times, Length, Leaders, and Difficulty
12:00 noon	Silent Auction Opens
3:00	Cash Bar Opens
4:00-5:00	State-wide Outings Slide Show
5:00	Dinner
7:00	Silent Auction Closes
7:00	Awards and General Meeting
8:00 (about)	Live Auction

Sunday October 28

6:00 am	Coffee for Early Risers
7:00	Breakfast
8:30	Check-out and Hikes Depart
8:30	Board Meeting

Bake Sale from 4:00 pm Friday to 8:30 am Sunday

We Hope You Have a Terrific Time!

SEE ANY PERSON IN AN ORANGE TEE-SHIRT IF YOU NEED ASSISTANCE.



NASHVILLE CHAPTER

CHAPTER CHAIR:

Doug Burroughs

nashville@tennesseetrails.org

OUTINGS COORDINATOR:

Nancy Juodenas

nashvillehikes@tennesseetrails.org

(email Nancy & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI

Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php

BLOG: www.tennesseetrails.org/blog/nashville

Sep 1 - Buggytop Trail and Natural Bridge, Carter Natural Area near Sewanee, TN. 4-5 miles. Moderate for terrain, easy for length. This will be a nice late summer hike with cool cave breezes, blufftop views, and possibly some rare summer wildflowers. The terrain is rocky but could be very slippery and muddy after rains. The trail divides at the top of a 150' limestone bluff with the right fork descending steeply to the Buggytop entrance. There is a nice cool stream running out of the cave entrance, shaped like a buggy top. This could be a good place to get a little wet or just rest and enjoy the coolness coming from the cave. We will not actually be able to enter the cave as all caves are closed in TN, due to the white nose syndrome affecting bats. But we will then follow the left fork for about 500' to see another entrance to the cave and a view of the valley below. We will also visit Natural Bridge which is in the same area and a short drive, 1/2 mile roundtrip walk to the site. If there is enough interest and the group would like to get in some more hiking, we may take in a short hike at Sewanee. We will also eat lunch at one of the finer restaurants on the Sewanee campus. Bring plenty of water, snacks, sturdy hiking boots, trekking poles if desired, and money for carpooling and lunch. For more information and to register, e-mail (preferred) or call Nancy Juodenas at njuodenas@yahoo.com or 615-319-8811.

Sep 8 - Longhunter State Park, Mt. Juliet. 6 miles. Easy. 4-mile Day Loop Trail, with 2 additional miles added on Volunteer Trail. This will be a relatively easy 6-mile hike on fairly flat terrain. These trails wind along the shore of J. Percy Priest Lake and wander through hardwood forest, cedar glades, and interesting rock outcroppings. Do terms like "karst topography" or "brachiopod fossils" get you going? Not exactly? How about interesting lake views and perhaps some waterfowl? A biography of J. Percy Priest will be offered as a bonus feature. The hike location is very close to Nashville and easy to get to – about 6 miles south of I-40 via Mt. Juliet exit 226. We will meet at the Baker's Grove Parking lot at 8:30, rain or shine. The hike will follow the Day Loop Trail along the waterfront until the 2.5 mile mark where we will venture along the Volunteer Trail, following lake's edge for almost another mile. Then we'll turn back to the Day Loop Trail and return via woodlands for the final couple of miles. We will finish before lunch-time, so you may enjoy your own picnic at one of the state park spots, or journey on, knowing that while you may not be a long hunter, you sure are a 6-mile Saturday hiker! For more details, contact Tom Vickstrom: tomzinger55@gmail.com.

Nashville – con't

Sep 15 - Grundy Lakes and Grundy Forest Day Loop, near Tracy City. Grundy Lakes is the site of the Lone Rock Coke Ovens where locally mined coal was converted to coke using convict labor until 1896. The coke ovens remain as a historic reminder of these times. The trail circles the largest of the four lakes and loops by remains of the Coke Ovens. This trail is 1.5 miles and is rated easy. After lunch at the lake picnic area, we will travel to the Grundy Forest Day Loop Trailhead. This short day loop gives an introduction to the Fiery Gizzard area, passing by small cascades, old CCC camp remains, and a couple of nice swimming holes. It meets up with the more difficult and dramatic Fiery Gizzard Trail midway through the loop. This trail is 2 miles and is rated easy. Of course, no visit to the area would be complete without a visit to the Dutch Maid Bakery in Tracy City. You will need to bring lunch, sturdy walking shoes, and water. For more info and to register, contact Libby Francis, libbyslibbys@comcast.net or 615-889-5718.

Sep 25 – Chapter Meeting. The Mayan calendar's end date is December 21. Our own Elizabeth Gerlock scheduled her trip to the land of the Maya with time to spare and she will describe her Guatemalan adventures at our September meeting. Bring a friend and plan to enjoy light refreshments and time to get acquainted as well.

Sep 29 - Warner Parks, Nashville. 5.8 miles. Moderate. In recognition of National Public Lands Day we're going to don our comfy shoes for a soft-soled walk on Main Road through Warner Parks, west Nashville. So, pull out your soft-soled shoes; trail worthy footwear is not required. We'll be walking a 5.8-mile paved road through the Percy Warner side of Warner Parks. Although the surface below our feet will be smooth and flat, the gradient of the road in some places is not. The walk will be rated moderate due to the multiple ascents and descents we will make as the road twists and winds our way below the canopy of various large and small shade trees. Along the way we may see the usual ground critters and hear birds singing. We may even see a deer or two. Please bring water to drink and some snacks to munch on. We will meet at 6:50 am in order to start hiking at 7:00 am from the "Deep Well" area of the park. To get to Deep Well from Nashville: head west on Hwy 70 (aka West End Ave). In Belle Meade (after you have crossed over Woodmont Blvd, passed Publix then Kroger on the right, and the Belle Meade Mansion on the left), Hwy 70 splits. Take the left side, which puts you on Hwy 100. Go approximately 1.8 miles and turn left into the grey stone entrance. Drive to the end/t-intersection (approximately 1 mile) – you're in Deep Well. If on Hwy 100 and you reach Old Hickory Blvd, you've gone too far. For additional information, call Diane Manas at 615-351-6431.

FRAN WALLAS CONTINUES TO INSPIRE HIKERS

In January, 2005, TTA member and trails advocate Fran Wallas wrote an article on an eight-mile hike in Mousetail Landing State Park for the *Tennessee Conservationist*. That was her first in a series describing 36 hikes that ranged from Fort Pillow to Roan Mountain, and from easy strolls to challenging treks. Following her untimely death in October 2010, the Tennessee Dept. of Environment and Conservation (TDEC), for whom Fran worked as an attorney for 26 years, gathered those three dozen adventures in a special publication, "Great Hikes in Tennessee State Parks." (Note that Great Hikes in Tennessee State Parks continue to appear in the *Conservationist*).

Fran Wallas's special place in the development of Tennessee's trails and her adventurous spirit have motivated TTA to take her inspiration public in a new way – by offering a patch commemorating her 36 great hikes, and an incentive to hike every one of them. This program is styled after similar programs with which many are already familiar – the 900-Miler award for hiking all the trails in the Great Smoky Mountains National Park (which Fran earned, by the way); and the Cumberland Trail Conference 50-miler awards.

The patch design, which invokes Fran Wallas in a very real sense, is the work of graphic designer and TTA member Kathie Tange-duPre. She also designed the TTA 40th anniversary patch, which was introduced at our 2008 annual meeting. Kathie and her husband Karl have been TTA members for six years. Kathie's "day job" is with Bryan, Pendleton, Swats & McAllister, where she is a communications consultant and graphic designer. We are grateful for Kathie's contribution to this effort.

The round patch shown here will be available on the TTA website (www.tennesseetrails.org/). The smaller "rocker" proclaiming that you've hiked all of Fran's original Great Hikes will be available separately, following submission of a form that will also be available on the TTA website. We will rely on the honor system. And when you've hiked all 36, please let your chapter chair know so that you can be recognized for your achievement.

A complete list of the Great Hikes is available through the TDEC website at http://www.tn.gov/environment/tn_consv/greathikes/ to guide you. If you would like to have a copy of the publication, "Great Hikes in Tennessee State Parks," a limited number are still available through TTA; that information will be placed on the TTA web site as well. You will be able to order a copy through the TTA; and remaining copies will be for sale at the same price at October's TTA annual meeting. Complete pricing information and other details will be available in the October TTA newsletter. The TDEC website will be helping to spread the word about the 36 Great Hikes incentive program; TTA is pleased to cross-link with TDEC to promote hiking in Tennessee State Parks as we carry out an important part of our mission– "to **promote**, construct, and maintain a statewide system of hiking trails."



NORTHWEST Chapter

(UT at Martin / Weakley County)

CHAPTER CHAIR: Scott M. Pun 731-881-7316
northwest@tennesseetrails.org

TREASURER: Sandy Davis 731-587-9134
northwesttreas@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT during the
academic year (Feb-Apr and Sep-Dec) on the UT
Campus in the Paul Meek Library, Rm 120, Media
Services B1

Hike information unavailable at press time.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-456-6437
plateau@tennesseetrails.org

SECRETARY/TREASURER: Jim Grove 931-484-7900
plateausecy@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:30 pm CT
BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information, contact Bill Harris at 931-484-9152 or visit the Plateau Chapter Blog. Rain cancels.

Sep 8 - Chapter Picnic. Meadow Park Lake, Crossville. Picnic begins at 3:30 pm CT and must end by 9:30 pm. Potluck: bring your own meat to grill, what you want to drink and a side dish to share. A pavilion, permanent charcoal grills and electrical outlets are available. Directions: From the intersection of the new Lantana Road and Miller Avenue travel south on Lantana Road 3.8 miles, turn right on City Lake Road, 1.4 miles to Meadow Park Lake. For questions, contact Linda Barclay at linbarc@yahoo.com or 931-456-2857.

Sep 15 - CTC Celebration, Frozen Head State Park, Wartburg. Help the CTC celebrate the completion of an impressive continuous segment of the CTC stretching 51 miles in an unbroken path from Tank Springs in LaFollette to the south western edge of Frozen Head State Park with supporters, friends, hikers and the media. For more information contact Carolyn Miller at cardan@frontiernet.net or 931-839-3213.

Sep 22 - Lookout Mountain. 10.4 miles. Moderate. Joint hike with Upper Cumberland Chapter. We will take the Incline Railroad to the top of the mountain (\$14.00 round trip), walk to the military Point Park (about 1/10 mile with entrance fee \$3.00 or a golden age pass gets four adults in free) and hike the Bluff Trail to Ochs Gateway and back. Bring water, snacks and light lunch. Join the Upper Cumberland Chapter for supper at Sticky Fingers in Chattanooga. Depart from Trinity Tabernacle, 2028 South Main Street, Crossville at 7:30 am CT.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: Bob McGavock 423-667-2960
soddydaisy@tennesseetrails.org

MEETS QUARTERLY: 1st Tuesday in Jan, Apr, Jul, Oct at
6:00 pm ET at Burk's United Methodist Church, 6433
Hixson Pike, Hixson
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/soddydaisy>

Sep 1 – Enterprise South. 4-6 miles. Moderate. Meet at Target parking lot on Hwy 153 at 9 am ET

Sep 4 – Stringers Ridge. 3 miles. Moderate. Meet at Red Bank Bi-Lo parking lot at 9 am ET.

Sep 8 – Sluder Lane to Big Soddy Creek and back to rock climbers parking lot. 6-7 miles. Slight strenuous. Meet at Durham Street parking lot in Soddy Daisy at 9 am ET.

Sep 11 – Booker T. Washington State Park. 4 miles. Easy. Meet at Target parking lot on Hwy 153 at 9 am ET.

Sep 15 – Snow Falls. 11 miles. Strenuous. Meet at Durham Street parking lot in Soddy Daisy at 9 am ET.

Sep 18 – Chickamauga Creek levy to Camp Jordan. 4 miles. Easy.. Meet at Target parking lot on Hwy 153 at 9 am ET.

Sep 22 – Fall Creek Falls in conjunction with Southeastern Foot Trails conference. Meet at Durham Street parking lot in Soddy Daisy at 9 am ET. Details to be determined later.

Sep 25 – Greenway Farm. 4 miles. Moderate. Meet at parking lot by dog park at 9 am ET.

Sep 29 – Lower Leggett Road loop. 5 miles. Moderate. Meet at Durham Street parking lot in Soddy Daisy at 9 am ET.

For further info, contact George Bonneau at george.r.bonneau@gmail.com or 423-842-3619.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS:

David & Shirley Primeau 615-424-2948
sumner@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT

Hendersonville First United Methodist Church, 217
E. Main St. Hendersonville, TN

Sep 4 - The monthly chapter meeting has been cancelled. We hope everyone has a safe Labor Day weekend.

Sep 8 - 2.5-mile Group Fitness Walk, Moss Wright Park, Goodlettsville. This walk is being offered as part of the "Get Fit Goodlettsville" health and wellness community initiative, in addition to being a TTA chapter outing. Please meet at 8:45 am CT at Moss Wright Park in the parking lot adjacent to the reconstructed Mansker's Fort. We'll walk the beautiful perimeter trail - out and back - along the banks of Mansker and Madison creeks. The route is fully paved, and we'll walk at a moderate pace to complete the route in an hour (approximately). Please wear supportive athletic shoes and clothes appropriate for the weather. We strongly suggest each walker should carry some water. Bad weather will cancel. Please note: Park rules prohibit dogs and bikes on the walking trails. For questions or additional info, contact Anne at ttahiker@att.net (preferred) or 615-851-1052.

Sep 11 - Pontooning to Rudders. Instead of our chapter meeting we are going to dinner at Rudders in Hendersonville. Our friend Captain Verne will be joining the Old Hickory Lake Sumner Trails TTA Fleet on a cruise from our cove (we call it Mortgage Cove) to Rudders Restaurant at Anchor High Marina. Meet at Al & Linda's house at 258 Lake Terrace Drive in Hendersonville at 6 pm CT to board the pontoons for the one hour cruise to Rudders - or you can meet us at the restaurant at 7 pm. If you would like to go by boat you need to sign up no later than Sept 4 with River Rat Al at ballallenger@aol.com or 615-347-2623. When you sign up we will give you further details. Because of space limitations this activity is for Sumner Trails chapter only.

Sep 15 - 2.5-mile Group Fitness Walk at Moss Wright Park, Goodlettsville. This is a repeat of the September 8 hike. Please see that listing for hike details. Please meet at 8:45 am CT at Moss Wright Park in the parking lot adjacent to the reconstructed Mansker's Fort. Bad weather will cancel. Please note: Park rules prohibit dogs and bikes on the walking trails. For questions or additional info, contact Lea at whittonm@realtracs.com or 615-289-4842.

Sep 29 - Gallatin Greenway Walk with the Mayor. Join Gallatin Mayor Jo Ann Graves as she leads us on a walk of the Gallatin Greenway and a portion of Triple Creek Park. This will be an easy, approximately 4 mile walk, starting at the park, walking the greenway and then back to the park. The trail is paved and generally flat so comfortable walking shoes are fine. We'll meet at 10 am CT at the large playground in the picnic area of the park (follow the signs in the park to the picnic area) and enjoy lunch at an area restaurant following the walk. Information about the Gallatin Greenway and a map of the greenway and the various park trails can be found at <http://www.gallatin-tn.gov/your-government/departments/leisure-services/greenway/> (we're not walking all the park trails but attendees may enjoy these on their own); the playground is at the back of the red trail section on the map. Walkers wishing to carpool from Hendersonville can meet at First Presbyterian Church, Hendersonville, at 9:15 am. For further info, contact Mary at mepinks@hotmail.com or 615-788-5100. Please call Mary to confirm the hike if inclement weather is threatening.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR:

Louise Miniard 931-528-9115
uppercumberland@tennesseetrails.org

HIKE COORDINATOR:

Kathleen Sullivan 931-520-6294
uppercumberlandhikes@tennesseetrails.org

Sep 1 - Cumberland Gap National Historic Park. Overnight camping. For information and to register contact Lillian Ey at eyintn@hotmail.com.

Sep 8 - Mt Cammerer, Great Smoky Mountain National Park, Cosby, TN. 10.4 miles. Strenuous. Beginning at the Cosby Campground we will ascend to the Mt Cammerer fire tower by way of the steep Low Gap Trail to the Appalachian Trail, then to the Mt Cammerer Trail. Views from the fire tower are excellent during good weather. The fire tower sits on the ground so there is no real climbing to get a good view and the tower has a walkway on all sides. Plan to have lunch at the tower. A lot of people have a snack when they reach Low Gap. Bring water, snacks, lunch, and hiking boots. We will leave J.C. Penny's parking lot in Cookeville at 7:00 am CT. For information and to register contact: Pete Broehl at 931 738-3551 or pabroehl@blomand.net. For additional information, go to: hikinginthesmokys.com and look up the hike under Cosby.

Sep 15 - Rich Mountain Loop, Great Smoky Mountains National Park. 8.5 miles. Moderate to strenuous because of the elevation change (1,900 ft.). Rich Mountain Loop trail views into Cades Cove. The trail will pass through a pine and mixed-hardwood forest. With several switchbacks the trail follows the ridge, continuing to ascend with view of the cove. The trail passes a gap where you can see north to Tuckaleechee Cove and ascends to the top of Rich Mountain. The trail descends steeply with several switchbacks, crossing streams and eventually following Martha's Branch down to the John Oliver cabin. Bring water, snacks, lunch, and hiking boots. You can meet us at 7:00 am CT at Penney's parking lot in Cookeville. For information and to register contact Louise Miniard at 931-528-9115 (leave message) or lminiard@flowserve.com.

Sep 22 - Lookout Mountain Bluff Trail, Chickamauga & Chattanooga National Military Park. Joint hike with Plateau Chapter. 8.6 miles, Moderate. We will take the Incline Railroad (\$14.00 round trip) to the top of the mountain. We will walk to the Military Park (entrance fee \$3.00 per person or folk over 65 with a Golden age/Senior pass can get 4 adults in free per pass. Once inside the park there are great views of Chattanooga. We will descend to the Bluff Trail and take it to Ochs Gateway. We could see folks rock climbing along the way. Also we will stop at Sunset Rock for lunch. After the hike we will stop at Sticky Fingers in Chattanooga for an evening meal. Bring water, snacks, and lunch. We will leave J.C. Penny's parking in Cookeville at 7:00 am CT and from U.S. Bank, across from McDonalds, in Sparta at 7:30 am CT. For information and to register contact: Pete Broehl at 931 738-3551 or pabroehl@blomand.net.

OFFICERS:

President	Millette Jones	615-397-9588 <i>president@tennesseetrails.org</i>
Vice-President	Carolyn Miller	931-839-3213 <i>vicepresident@tennesseetrails.org</i>
Treasurer	Ann Jacobs	615-896-3935 <i>treasurer@tennesseetrails.org</i>
Secretary	Diane Manas	615-352-7777 <i>secretary@tennesseetrails.org</i>
Past President	Don Dresser	731-668-4190 <i>pastpresident1@tennesseetrails.org</i>
Previous Past President	Rosemary Marshall	865-548-6171 <i>pastpresident2@tennesseetrails.org</i>
West TN At-Large Director	Graydon Swisher	901-737-3114 <i>westregional@tennesseetrails.org</i>
Middle TN At-Large Director	Nora Beck	615-517-6486 <i>midlleregional@tennesseetrails.org</i>
East TN At-Large Director	Levonn Hubbard	931-707-1020 <i>eastregional@tennesseetrails.org</i>
Membership Director	Ron Dunn	615-867-3301 <i>membership@tennesseetrails.org</i>
Cumberland Trail Conference Representative	Diane Manas	615-352-7777 <i>CTC@tennesseetrails.org</i>
TN Rails To Trails Advisory Council Representative	Bob Richards	615-532-0753 <i>TRAC@tennesseetrails.org</i>
CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER		
Newsletter Editor	LouAnn Partington	931-393-4835 <i>editor@tennesseetrails.org</i>

Newsletter Deadlines:

Deadlines for Chapter announcements
and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Sep 10	Oct 1
Oct 10	Nov 1
Nov 10	Dec 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

TTA 2012 CALENDAR

The following dates in 2012 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

THIRD QUARTER

Sep 8-15 Bike Ride Across TN (B.R.A.T.)
Proceeds Benefit the Cumberland Trail
Sep 20-23 Southeast Foot Trails Coalition. 2012 Meeting. (Fall Creek Falls SP)

Sep 29 National Public Lands Day (Statewide)

FOURTH QUARTER

Oct 26-28 TTA's Annual Meeting; hosted by Clarksville chapter. Brandon Spring Group Center at Land Between the Lakes.

Last Reminder!!!!

The Southeastern Foot Trails Coalition will convene for the 7th Biennial meeting on the top of the Cumberland Plateau at Fall Creek Falls State Park the weekend of September 20 - 23, 2012.

Members of hiking and trail building organizations from across the southeastern United States, including Tennessee Trails Association and the Cumberland Trail Conference, partners of the coalition and other interested parties will gather in Tennessee for a weekend of hiking, education, fun and celebration of the foot trails experience. Several guided hikes of varying length and difficulty will be offered in nearby locations. Simultaneously there will be a series of educational sessions of varying length on tracks which address needs and interests of the hiking and trails community. Social activities will provide opportunities to share in fun with other participants and make new friends in the "trails community".

Hikes are scheduled for Thursday, Friday and Sunday. Workshops are scheduled for Friday, Saturday and Sunday. For more information:
<http://www.southeastfoottrails.com/SEFTC>.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

Sep 12

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Ron Dunn 615-867-3301 membership@tennesseetrails.org

PLEASE, PRINT CLEARLY.

___ Individual \$25.00
___ Family \$35.00
___ Student (FULL TIME) \$15.00
___ Supporting (\$50.00, \$100.00 or more)
___ Life Member (Individual) \$500.00
___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Home Phone (____) _____ Zip _____ -- _____
Work Phone (____) _____
e-mail _____

- Please do not list my e-mail address in the TTA Annual Membership Directory
 I would like to receive my newsletter by email.

**** CTC Membership** **\$5.00****

**** Special \$5.00 rate for membership in Cumberland Trail Conference if you also are joining TTA or renewing your TTA membership. CTC is building the Cumberland Trail, which will go from Chattanooga to Cumberland Gap. Over 185 miles are now complete and open for hiking. More information can be found at www.cumberlandtrail.org. Please consider enhancing your commitment to Tennessee's great trails by joining the CTC.**

Please list me with the following chapter:

___ Clarksville
___ Columbia/Franklin
___ Cove Lake
___ Dyer County
___ East TN (Oak Ridge/Knoxville)
___ Highland Rim (Manchester/Tullahoma)
___ Jackson
___ Memphis
___ Murfreesboro
___ Nashville
___ Northwest (UT at Martin/Weakley)
___ Plateau (Crossville)
___ Soddy Daisy
___ Sumner Trails (Sumner County)
___ Upper Cumberland (Sparta/Cookeville)
___ At Large

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - C.T.C. and T.R.A.C. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.