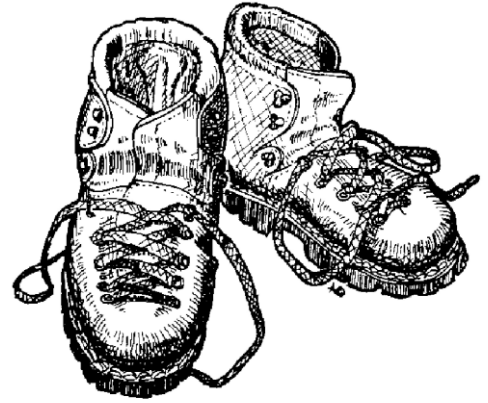


TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



TTA ANNUAL AWARDS NOMINATIONS

Hurry, it's not too late . . . nominations are currently being accepted!

You've heard about them, and **now** it's time to nominate candidates for this year's annual awards – someone you feel best fits the description for any of the awards listed below. Please submit nominations to your local Chapter Officer by Friday, August 3. Your Chapter Officer will present nominations received to the Board of Directors during the August 4 Board of Directors' Meeting. (If your Chapter Officer is a candidate, and you wish to keep it a secret, you may submit your nomination directly to TTA's President, Millette Jones president@tennesseetrails.org). Awards are issued each year during the Annual Membership Meeting (in October).

· The **Tennessee Trails Award** is presented for outstanding contributions to the Association and/or for the furtherance of trails and natural resource programs and opportunities within Tennessee.

· The **Bill Stutz Award** is presented in honor of the late Bill Stutz, past TTA member and beloved hiker. The award is presented to an active hiker for his or her individual contribution to the Association or one of its chapters.

· The **Bob Brown Lifetime Achievement Award** is presented in honor of the late Bob Brown, TTA founder, for his extraordinary lifetime leadership and personal contributions to hiking and conservation in the State of Tennessee. The Bob Brown Award is not necessarily presented each year – only when there is a person whose extraordinary efforts and devotion to hiking in Tennessee merit the award.

SEFTC CONFERENCE

The Southeastern Foot Trails Coalition will convene for the 7th Biennial meeting on the top of the Cumberland Plateau at Fall Creek Falls State Park the weekend of September 20 - 23, 2012.

Members of hiking and trail building organizations from across the southeastern United States, including Tennessee Trails Association and the Cumberland Trail Conference, partners of the coalition and other interested parties will gather in Tennessee for a weekend of hiking, education, fun and celebration of the foot trails experience. Several guided hikes of varying length and difficulty will be offered in nearby locations. Simultaneously there will be a series of educational sessions of varying length on tracks which address needs and interests of the hiking and trails community.

Social activities will provide opportunities to share in fun with other participants and make new friends in the "trails community".

Hikes are scheduled for Thursday, Friday and Sunday. Workshops are scheduled for Friday, Saturday and Sunday.

For more information:
<http://www.southeastfoottrails.com/SEFTC>.

Pre – registration and deadline for room reservations is August 1.

SAVE THE DATE
October 26-28, 2012
TTA Annual Meeting

Registration form on Page 5

TTA's Quarterly Board Meeting

Saturday, August 4
1:00 pm CT
REI's Community Conference Room
261 Franklin Road
Brentwood TN

Call 615-376-4248 for directions



Office Location 409 Thurman Avenue, Ste 102
..... Crossville, TN 38555
Office Hours 8 am-2 pm CT
Phone: 931-456-6259
Fax: 931-456-4934
Email: cumberlandtrail@rocketmail.com
Website: www.cumberlandtrail.org

Sep 20-23 - The Southeastern Foot Trails Coalition is holding their Biennial conference this year at Fall Creek Falls in Pikeville, TN. Visit www.southeastfoottrails.com for further details.

Sep 29-Oct 3 - Volunteers needed to help with trail maintenance in the Cumberland Trail's Tennessee River Gorge segment in Hamilton County, TN. The work would include the removal of fallen trees, cutting back vegetation, and updating trail markers. Volunteers can help for 1 day or multiple days. This work would be in preparation for the Rock Creek's 50k Stump Jump trail race, please visit www.rockcreek.com/stumpjump.rco for more information about the race. Please contact the CTC to register for this event and further details, cumberlandtrail@rocketmail.com, www.cumberlandtrail.org or 931-456-6259.

Oct 5-14 - Chattanooga's River Rocks event. Please visit www.riverrockschattanooga.com/ for more information about this event.

Oct 8-12 - Cumberland Trail's New River section, in Campbell, Scott, and Morgan Counties, TN, Volunteers needed to help with trail maintenance. This would include the removal of fallen trees, cutting back vegetation, and updating trail markers. This is in preparation for the Knoxville Track Club's *Cumberland Trail 50k* trail race. Please contact the CTC to register for this event and further details, cumberlandtrail@rocketmail.com, www.cumberlandtrail.org or 931-456-6259.

Oct 13 - Cumberland Trail 50k, Cove Lake State Park. For further details, visit the website at www.cumberlandtrailraces.com/CumberlandTrail50k/HOME.

Oct 19-21 - Backpack on the Cumberland Trail's New River segment. This strenuous 40-mile hike will be from the Cross Mountain trailhead (top of Cross Mountain) south, to the visitor center at Frozen Head State Park. This hike is for experienced backpackers only, limited to 10 hikers, and will involve a shuttle. Participants are at the hike leader's discretion. For more information, contact the hike leader, Tony Hook at tony.hook@frontiernet.net or 931-456-6259.

CTC Events – con't.

Nov 3 - First bi-annual Cumberland Trail Conference membership meeting. The CTC's *Cumberland Trail Day* will be held at the Dogwood Lodge in Soddy Daisy, TN. Open to all members of the CTC and invited guests, this will be a day of hikes, a potluck dinner, and an awards ceremony. There are accommodations for those who want to stay overnight. Please contact the CTC to register for this event and further details, cumberlandtrail@rocketmail.com, www.cumberlandtrail.org or 931-456-6259.

CLARKSVILLE CHAPTER

CHAPTER CHAIR: J.R. Tate 931-920-2692
clarksville@tennesseetrails.org
CHAPTER VICE-CHAIR: Suva Bastin 931-645-2849
clarksville@tennesseetrails.org
TREASURER: Chris Everett 931-494-8038
clarksvilletreas@tennesseetrails.org
SECRETARY: Judith Tate 931-920-2692
clarksvillesecy@tennesseetrails.org
OUTINGS COORDINATOR: Paul Schwab 931-645-9068
clarksvillehikes@tennesseetrails.org
(call Paul & volunteer to lead an outing)
MEETS MONTHLY: 3rd Tuesday at 7:00 pm CT,
Crow Community Center, 211 Richview Rd.
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/clarksville>

Aug 4 - Old Hickory Pontoon Boat Trip. \$10 to \$12 ticket per person. **Pre-register by Wednesday the 1st.** John Sneed 931-920-3828. Meet 8:00 am CT, I 24 Exit 11 commuter parking lot. 62 miles to starting point.

Aug 11 - Old Stone Fork State Park. 3.3 miles. Moderate. US 41 Coffee County. Chris Everett 931-494-8038. Meet 7:30 am CT, I 24 Exit 11 commuter parking lot. 100 miles to trailhead.

Aug 18 - Trail maintenance at Rotary Park. US 41A Bypass, Clarksville. Bring loppers, brush cutters, hand pruners and garbage bags. J.R. Tate 931-920-2692. Meet 8:00 am CT, first shelter on left after entering park.

Aug 21 - Monthly Meeting.

Aug 25 - Pennyryle State Park, Christian County, KY. 5 miles. Moderate. Eat lunch at Park Restaurant. Sandy Janus 931-551-8523. Meet 8:30 am CT, Sears Parking Lot, Governors Square Mall, Clarksville. 49 miles to the park lodge.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR: Marvin Caine 931-486-1632
columbia@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

Aug 7 – Chapter Meeting. Mike and Suzanne Morrison will present a slide show of their hike in June to Havasupai Falls, which is a part of the Supai Indian reservation in Northern AZ. It borders the Grand Canyon National Park and is famous for its waterfalls and hiking trails. It is one of the most remote places they have been but certainly worth the trip. To get there you have to drive about 120 miles from Kingman AZ to the trail head. From there you can hike in (10 miles), ride a horse or take a helicopter ride. There are no roads into the area.

Aug 11 – Thompson’s Station Park, Spring Hill, TN. Details to be provided at a later date. For information and to register, contact Laura Barber at *lbarber@earthlink.net* or phone 931-381-8350.

Aug 25 – Narrows of the Harpeth, Harpeth River State Park, near Burns in Cheatham County, TN. 2.1 miles. Moderate. The main feature is the man-made tunnel created by Montgomery Bell in 1818 to power an iron making operation. We will hike a short bluff trail leading down to the river. There are other small hikes as well that we could possibly do. Bring your camera as there are great scenes to be shot. Bring snacks and water for the trail. We will meet behind McDonald’s, 4908 Main Street (Hwy 31) on the north side of Spring Hill, in front of the People’s Church, and leave promptly at 9:00 am CT. Please arrive 15 minutes early to sign the TTA release form. We should arrive at the trail by 10:15 am. Register with Russell Smith at *carrving082334@aol.com* or by phone at 615-790-1833.

COVE LAKE HIKING CHAPTER

CHAPTER CHAIR: John Redmon 423-869-8286
covelake@tennesseetrails.org

SECRETARY/BOARD REPRESENTATIVE:
Kathy Sarvis 865-494-0374
covelakehikes@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm ET at the recreation center, 300 W. Beech St., La Follette.

Aug 16 - Trail Maintenance Day. Will be working on a trail somewhere in Campbell County at 9 am ET. Call Kathy 865-494-0374 for more information or email *covelakehiking_tta@att.net*.

DYER COUNTY CHAPTER

CHAPTER CHAIR: Rita Norvell 731-445-4601
dyercounty@tennesseetrails.org

OUTINGS COORDINATOR/BOARD REP:
Jim Stark 731-589-1776
dyercountyhikes@tennesseetrails.org
(Call Jim & volunteer to lead an outing.)

MEETS MONTHLY: (Sep-Jun) 4th Thursday at 5:30 pm CT at Dyersburg Main Street Office, 111 Market Street on the south side of the square in downtown Dyersburg

Hike information unavailable at press time.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-548-6171
easttennessee@tennesseetrails.org

VICE-CHAIR: Elise Eustace 865-201-5806
easttennessee@tennesseetrails.org

Aug 9 – Ijams Nature Park. Join us for a walk on the “Wild Side” at Ijams Nature Park. This Wildlife Sanctuary has more than 10 trails to choose from. Since this is our annual “After Work Hike”, we will meet at 5:30 pm ET in the parking area. Our hike will be followed with sandwiches, chips, cookies and cold drinks. Don’t miss this hike! To pre-register, shoot Lesley an email at *lesley.p616@gmail.com* or 865-254-1193.

Aug 25 - Big Creek Trail in the Cosby area of GSMNP. 10 miles. Moderate. Joint hike with Plateau Chapter. This is an old road built by the Crestmont Logging Company in the early 1900’s. It was improved by the Civilian Conservation Corp in the early 1930’s and converted for hiking use. Horse traffic is allowed but there is not a large amount of horse riders using the trail. For novice hikers this is a great hike because the trail is level and relatively smooth. The climb is gradual so even those who are not in the best of physical condition can accomplish this hike. The trail crosses Big Creek on a sturdy carriage bridge that is high above the waters. Fisherman can often be seen “working” the waters here. The trail crosses here and turns right. As you get closer to Walnut Bottoms and the end of this hike, evidence of the logging operation that once operated here becomes more obvious. Cobblestone bricks are embedded in the trail in one area. Various metal bolts, cables and other debris appear by the side of the trail. These artifacts are protected by law and are considered to be a very important part of the park’s history. The trail approaches Walnut Bottoms at the intersection of the Swallow Fork Trail. The return trip is much easier because it is downhill and it is not a long walk to creek side “resting” or picnic spots. We will carpool from Knoxville and meet at 9 am ET at the Cracker Barrel at the Straw Plains exit off I-40 east. Be sure to pre-register with Rosie at *rosemary_L@hotmail.com* or 865-951-8317.

HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

CHAPTER CHAIR: Linda Hudson 931-841-0540
highlandrim@tennesseetrails.org
TREASURER: Marietta Poteet 931-924-7666
highlandrimtreas@tennesseetrails.org
OUTINGS & PROGRAM COORDINATOR & NEWSLETTER CONTACT: Joan Hartvigsen 931-962-0811
highlandrimhikes@tennesseetrails.org

(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W. Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Aug 11 – Russell Cave National Monument and Tennessee River Bridge, Bridgeport, AL. 2 mile loop. Easy to moderate due to steep trail. At Russell Cave National Monument we will walk up the side of Montague Mountain through a forest. Along the trail there are views of farm pastures in the valley below and of the Bullhead, Little and Summerhouse Mountains that border the Tennessee River. After looping the top of the ridge the trail returns to the base of the mountain and onto a boardwalk that leads to the mouth of Russell Cave. Russell Cave and the surrounding area hold the oldest and most complete archaeological records of human existence in the eastern United States. Humans inhabited Russell Cave from 10,000 BC to 1650 AD. We will also visit the museum, see a demonstration of prehistoric tools and weapons and watch videos of the history of the area. We will eat lunch at a nearby restaurant on Hwy 72 and then go into Bridgeport to walk across the Tennessee River on a former railroad trestle. Bring water, snacks and lunch money. Meet our leader, John Bordley, at Russell Cave at 10:00 am CT or contact Joan Hartvigsen at 931-962-0811 or 931-636-2914 to carpool.

Aug 18 – Eat, Float, Eat, Float. Elk River, Winchester, TN. Below Tims Ford Dam to Farris Creek Bridge. Meet at 8:00 am at Sample's Family Restaurant, 201 S. Main Street (aka Hwy 41 A), Estill Springs, TN for breakfast. At 9:30 am CT we will meet at the Elk River Access below Tims Ford Dam to drop off boats and passengers and arrange shuttle to takeout at Farris Creek Bridge. Bring water, lunch and sunscreen. Contact Tom Bentley at 931-273-4611.

Aug 25 – Hike and Swim. Meadows Trail, South Cumberland State Park and Grundy Lakes State Park, Tracy City TN. 3 miles. Easy. We will start the day with a wildflower hike on the Meadows Trail behind the South Cumberland Visitor Center. Yolande Gottfried, Associate Curator with the Sewanee Herbarium and TTA member, will assist us with identifying the late summer flowers. Then onto Grundy Lakes to walk the trail along the lakes and coke ovens. A Park Ranger will talk about the sad history of the coke ovens. We will have lunch in the picnic area overlooking the Grundy Lakes then go swimming. Facilities include a nice sandy beach, restrooms and changing rooms. Bring hiking gear, swimming gear, water and lunch. Contact Joan Hartvigsen at 931-962-0811 or 931-636-2914 to register.

Highland Rim – con't.

Aug 27 – Chapter Meeting. Dinner at 5:30 pm CT at Applebee's Neighborhood Grill and Bar, 1957 N. Jackson St, Tullahoma, TN. Meeting at 7:00 pm CT at D. W. Wilson Community Center, 501 N. Collins Street, Tullahoma, TN. Leslie Colley, Tennessee Nature Conservancy, will speak on Duck River Aquatics.

JACKSON CHAPTER

CHAPTER CHAIR: Vicky Moeller 731-668-9336
jackson@tennesseetrails.org
TREASURER: Anne Goodson 731-664-1556
jacksontreas@tennesseetrails.org
SECRETARY: Don Dresser 731-668-4190
jacksonsecy@tennesseetrails.org
OUTINGS COORDINATOR: Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org

(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1st Monday at Gander Mountain, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 7:00 pm

Planning Ahead

Sep 15 - Potluck Dinner. Save this date for our annual potluck supper. And hike with us starting about 4 pm.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
memphis@tennesseetrails.org
VICE-CHAIR: Francis Ruffin 901-396-1108
memphisvice@tennesseetrails.org

No scheduled hike for month of August.

**Registration Form for Annual Meeting
October 26 – 28, 2012**

Name: _____

Address: _____

Phone: _____

Registration: _____ @ \$20.00 each

Total _____

Lodging: (Similar to the "hut" system used in New Hampshire's White Mountains by the Appalachian Mountain Club—Men and Women's Cabins—Dorm Style)

Friday night _____ \$20.00 per person _____

Saturday night _____ \$20.00 per person _____

(Bring own linens or sleeping bags)

Camping: \$10.00 flat rate per person for the entire weekend _____

Meals:

Friday dinner _____ \$8.00 _____

Saturday breakfast _____ \$6.00 _____

Saturday lunch _____ \$6.00 _____

(Choice of turkey, ham, or peanut butter/jelly sandwich—please circle choice)

Saturday dinner _____ \$8.00 _____

Sunday breakfast _____ \$6.00 _____

Total Enclosed: _____

Due to scheduling requirements at Brandon Springs, Registration Deadline is October 5, 2012. NO REFUNDS after that date. Make checks payable to TTA and mail this form with remittance to Sandy Janus, 4053 Sawmill Rd., Woodlawn, TN 37191. Phone: 931-551-8523.

Directions to Brandon Springs at Land Between the Lakes:

FROM MEMPHIS About 200 miles from Memphis. Take I-40 East to Hwy. 641 North. Take 641 North to Paris; then take Hwy. 79 North towards Dover. Just before Dover is a large brown sign indicating the Land Between The Lakes. (Careful, It's easy to miss!) Turn left on this road, which is The Trace. Continue North past the South Welcome Station for 2 miles. The road to Brandon Springs is on the right.

FROM NASHVILLE: About 90 miles from Nashville. Take I-24 West to US Hwy 79 South (Exit 4). Take 79 South through Dover and continue 3 more miles to a large brown sign directing you to turn right for LBL. (Careful, it is easy to miss!) Take this road, which is The Trace. Continue North past the South Welcome Station for about 2 miles. The road to Brandon Springs is on the right.

TTA Signs will be posted at the road junctions for The Trace and Brandon Springs.

MURFREESBORO CHAPTER

CHAPTER CHAIR: Sara Pollard 615-714-3610
murfreesorbo@tennesseetrails.org

TREASURER Ann Jacobs 615-896-3935
murfreesorbotreas@tennesseetrails.org

MEMBERSHIP Mary Belle Ginanni 615-895-6072
murfreesorbomembership@tennesseetrails.org

PROGRAMS Valerie Galan 615-586-2882
murfreesoroprograms@tennesseetrails.org

OUTINGS COORDINATOR: Cathy Bingham 615-890-9791
murfreesorohikes@tennesseetrails.org

(Call Cathy & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Barfield-Crescent Rd., Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Aug 14 - Monthly Meeting. Come join us on a visual and aural journey thru New Zealand, courtesy of the Poteets. This is a beautiful country with breath taking views, so please join us for a delightful experience.

Aug 18 - Eat Float Eat – Elk River. The weather's hot, and the water is so inviting. Come join the Highland Rim Chapter for a lazy, hazy day on the river, and great camaraderie. See Highland Rim listing for details.

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs
nashville@tennesseetrails.org

OUTINGS COORDINATOR: Nancy Juodenas
nashvillehikes@tennesseetrails.org

(email Nancy & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php

BLOG: www.tennesseetrails.org/blog/nashville

Aug 4 - A Simple taste of the AT/GSMNP, 13.4 mile loop. Strenuous. We'll travel to the Great Smoky Mountains and park in the Cades Cove Picnic area. Our hike will start on the Anthony Creek trail (3.5 miles), then Bote Mtn (1.7) to the AT. We'll travel east for 2.9 miles passing the Spence Field Shelter (and some of the best views in the park). When we reach Russell Field, we'll take the 3.5 mile trail back to Anthony Creek (1.6), then back to our car. Much of Anthony Creek is covered in a hemlock forest which will shield us from the heat. On the Russell Field Trail, we'll see huge tulip trees, a 40' hemlock, and a 50' Northern Red Oak. For carpooling, let's meet at the Target store in Mt. Juliet (Providence Marketplace) at 5:30 am CT. Bring extra water, lots of energy, lunch, snacks, rain gear (just in case) and an extra set of clothes. After the hike, we'll change clothes before heading back to MJ. We'll also stop at Sonic (in Maryville), for dinner or snacks. This will be a full day/night event and the travel will take about 3.5 hrs each way. If there is enough interest, we'll drive up the night before and start the hike early Saturday morning. Larry Marchese, 615-681-2294, lmarchese2@gmail.com.

Aug 5 - Warner Parks. Nashville, TN. 5.8 miles. Moderate. Soft-shoe walk on Main Road. Pull out your soft-soled shoes; trail worthy footwear is not required. We'll be walking a 5.8-mile paved road through the Percy Warner side of Warner Parks. Although the surface below our feet will be smooth and flat, the gradient of the road in some places is not.

Nashville – con't.

The walk will be rated moderate due to the August heat (to be expected) as well as the multiple ascents and descents we will make while the road twists and winds our way through the hollers 'n hills. A bonus is the shade we will have the entire way from the multiple variety of hardwoods found in this wonderful metro park. Along the way we may see the usual ground critters and hear birds singing. We may even see a deer or two and possibly a snake. You will need to bring plenty of water to drink and some snacks to munch on. We will meet at 6:55 am in order to start hiking at 7:00 am from the "Deep Well" area of the park. To get to Deep Well from Nashville: head west on Hwy 70 (aka West End Ave). In Belle Meade (after you have crossed over Woodmont Blvd, passed Publix then Kroger on the right, and the Belle Meade Mansion on the left), Hwy 70 splits. Take the left side, which puts you on Hwy 100. Go approximately 1.8 miles and turn left into the grey stone entrance. Drive to the end/t-intersection (approximately 1 mile) – you're in Deep Well. If on Hwy 100 and you reach Old Hickory Blvd, you've gone too far. For additional information, call Diane Manas at 615-351-6431.

Aug 11 - Beaman Park Creek Hike, Joelton, TN. 2.5 miles. Easy. We will hike up the creek and back down if there is water. If there is no water in the creek we will hike the Creekside Trail to the Sedge Trail to the Nature Center and back. This hike will just be a fun way to get outside and stay cool at the same time. The mileage is low and the level is easy so feel free to wear tennis shoes or hiking sandals. Bring water shoes (in case we have some rain and there is water in the creek), plenty of water, snacks, and trekking poles or walking sticks. Sticks help with balance especially on slippery rocks in the creek. We will eat lunch at a local restaurant afterwards. So bring money for lunch and gas if you are carpooling. Meet at the lower parking lot on Little Marrowbone Rd. For more information and to register e-mail (preferred) Nancy Juodenas at njuodenas@gmail.com or call 615-319-8811.

Aug 18 - Standing Stone State Park and Forest, Hilham, TN. 5 miles. Moderate. Our State Naturalist, Randy Hedgepath will be leading this hike. Meet at the Standing Stone Park office at 9 am CT and we will run a shuttle to Glasscock Cemetery leaving vehicles at the office to complete the shuttle. Along the way we will see Table Rock and other rock formations, a hidden spring and rock house, beautiful old forest, a clear stream, and the lake. This hike is sure to be a real treat and a great opportunity!!! Bring water, snacks, and appropriate footwear. For more info and to register contact Libby Francis at libbyslibbys@comcast.net or 615-889-5718.

Aug 28 - Monthly Chapter Meeting. It's our Fourth Annual "Show and Tell" Night! We'll have the chapter's laptop and projector available, as well as display boards where you can display hard-copy photos of places you've hiked recently. Scenes from lands far and very near are encouraged - we love to see our Tennessee treasures as well as the alpine wonders of far-away lands. Thumb drives or CDs will work. Haven't been taking pictures? Come on anyway, share the fun, and be inspired to help plan fall hiking adventures as cooler weather approaches. PLEASE let Nora Beck know of your plans to show photos at the meeting *in advance*. While folks who walk in with photos are certainly welcome, we want to give each person a fair amount of time. If you have lots of photos to show, please plan on putting the ones that are most important to you at the beginning of your presentation so if there are many presenters, you'll be able to show at least those. Contact Nora at 517-6486 or nora_beck@comcast.net to get your name on the line-up. And bring friends! Photographers love an audience!

NORTHWEST Chapter

(UT at Martin / Weakley County)

CHAPTER CHAIR: Scott M. Pun 731-881-7316
northwest@tennesseetrails.org

TREASURER: Sandy Davis 731-587-9134
northwesttreas@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT during the
academic year (Feb-Apr and Sep-Dec) on the UT
Campus in the Paul Meek Library, Rm 120, Media
Services B1

Hike information unavailable at press time.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-456-6437
plateau@tennesseetrails.org

SECRETARY/TREASURER: Jim Grove 931-484-7900
plateausecy@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:30 pm CT
BLOG: *www.tennesseetrails.org/blog/plateau*

There is a leaderless hike (typically 5 - 7 miles) every
Wednesday morning. For additional information, contact Bill
Harris at 931-484-9152 or visit the Plateau Chapter Blog.
Rain cancels.

Aug 9 – Chapter Meeting. 6:30 pm CT. First United
Methodist Church Annex, 69 Neecham Street, Crossville.
Program: "Birds & Snakes" by Cumberland Mountain State
Park Ranger. Dinner at LaCosta Mexican Restaurant, 138
The Crossings, Crossville at 5 pm. Contact Chapter Chair,
Cheryl Heckler at *thehecklers@charter.net* or 931-456-6437
for additional information.

**Aug 11 – Ijams Nature Center, Knoxville, TN. 5 miles.
Easy.** This hike connects several short hikes into two
loops. One loop is around the Quarry with a half mile about
300' climb to a cemetery and overlook of the quarry. The
rest of the trails are fairly level. We will visit the keyhole and
quarry gorge. The second loop is in the bird sanctuary
which is along the Tennessee River and through the
coolness of thick trees where you hear the birds chirping as
you walk. Meet at Vanity Fair SW parking lot corner with a
departure of 8 am CT. For more information and to register,
contact Cheryl Heckler at *thehecklers@charter.net* or 931-
456-6437.

**Aug 18 – Pickett-Palooza, Pickett State Park,
Jamestown, TN.** We will combine several of Pickett's short
trails for a total of between 5 - 6 miles of hiking. We'll see a
couple large natural rock bridges, several rock houses, and
have two short ladders to negotiate. Depart from behind the
Cracker Barrel at 7:30 am CT. For more information and to
register, contact Carolyn Miller at 931-839-3213 or
cardan@frontiernet.net.

**Aug 25 – Big Creek, Smoky Mt National Park. Joint hike
with East Tennessee Chapter.** See their chapter listing for
hike details. We will carpool from Vanity Fair Outlet parking
in Crossville departing at 6:30 am CT and meet the East TN
Chapter at Cracker Barrel, Strawberry Plains off I-40 east at
9am E.T. Be sure to pre-register with Rosie at
rosemary_L@hotmail.com or 865-951-8317.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: Bob McGavock 423-667-2960
soddydaisy@tennesseetrails.org

MEETS QUARTERLY: 1st Tuesday in Jan, Apr, Jul, Oct at
6:00 pm ET at Burk's United Methodist Church, 6433
Hixson Pike, Hixson
*Additional information may be seen at our web site:
http://www.tennesseetrails.org/blog/soddydaisy*

Aug 4 – Fall Creek Falls. Moderate. Meet at Durham
Street parking lot in Soddy Daisy at 9 am ET. Contact
George Bonneau at *george.r.bonneau@gmail.com* or
423-842-3619.

Aug 7 – Sterchi Farm. 3.5 miles. Easy. Meet at
Target parking lot on Hwy 153 at 8:30 am ET. No
restrooms. Contact George Bonneau at
george.r.bonneau@gmail.com or 423-842-3619.

Aug 7 – Chapter Meeting. Club meeting at 6 pm ET at
Burks United Methodist Church, Hixson. Meet at 4:30 in
church parking lot if you want to go to eat.

**Aug 11 – Chickamauga Battlefield. 4-5 miles. Easy
to Moderate.** Meet at Target parking lot on Hwy 153 at
8:00 am ET. Contact George Bonneau at
george.r.bonneau@gmail.com or 423-842-3619.

**Aug 14 – North Chickamauga Creek loop. 3 miles.
Moderate.** Meet at Durham Street parking lot in Soddy
Daisy at 9 am ET. Contact Bob McGavock at
kopperkitters@yahoo.com or 423-667-2960.

**Aug 18 – Retro Hughes Road to Lower Leggett Road
trail. 7.5 miles. Moderate.** Meet at Durham Street
parking lot in Soddy Daisy at 8 am ET. Contact John
Politte at *johnpolitte@gmail.com* or 423-304-8327.

Aug 21 – Laurel Falls. 5 miles. Moderate. Meet at
Durham Street parking lot in Soddy Daisy at 8 am ET.
Contact Bob McGavock at *kopperkitters@yahoo.com*
or 423-667-2960.

Aug 25 – Greenway Farms. 6 miles. Moderate.
Meet at Greenway. Contact Bob McGavock at
kopperkitters@yahoo.com or 423-667-2960.

**Aug 28 – Sluder Lane to Hotwater Road and back.
2.5 miles. Moderate.** Meet at Durham Street parking
lot in Soddy Daisy at 9 am ET. Contact George
Bonneau at *george.r.bonneau@gmail.com* or 423-842-
3619.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS:

David & Shirley Primeau 615-424-2948
sumner@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT,
Hendersonville First United Methodist Church, 217
E. Main St. Hendersonville, TN

Aug 4 - Radnor Lake State Natural Area. We'll hike 4 miles on the beautiful, rolling hills surrounding Radnor Lake. This is a great area for viewing wildlife and enjoying the late summer wildflowers. There are a few ascents/descents which put this hike into the "intermediate" category. Please bring water & a snack for the trail. Hiking sticks and well-broken in hiking boots are advisable because the trails get a lot of use. (FYI - Dogs are not allowed at Radnor). Those wanting to carpool from Sumner County can meet at the Glenbrook Kroger in Hendersonville at 8:00 am (got to beat the summer heat!). We hope to have participants from other chapters, and they can meet us at the Radnor Lake Visitor Center at 8:45 am CT. Questions or to let your hike leader know you'll be meeting us at the Visitor Center, e-mail Anne at ttahiker@att.net (preferred) or 615-851-1052.

Aug 7 - Chapter Meeting. Walden's Puddle Wildlife Rehabilitation Education Center will present the program "Creatures of the Night". Walden's Puddle provides care and treatment to sick, injured and orphaned native Tennessee wildlife and is the only professionally-staffed wildlife rehabilitation and education facility in Middle Tennessee. Carolyn Pendarvis, Education Director with Walden's Puddle, will provide information about the organization and its activities and present various animal ambassadors. This is going to be a fun meeting so bring a friend!

Aug 11 - Caney Fork Canoe Trip. We will put in below Center Hill Dam where we will begin a four hour float - our outfitter furnishes the canoe, paddles and life jackets and will take us to the put in place and then pick us up at the take out place. Canoe rental is \$45 per canoe (or about \$23 per person). If you would like to bring your own canoe that can be worked out as well. Bring a lunch packed in waterproof Ziploc, drinking water, sunscreen and wear swimsuit and tee shirt and soft footwear you don't mind getting wet (sneakers are fine) and a hat - and a change of clothes for the ride back home. Meet at First Presbyterian Church in Hendersonville at 9 am CT for the 1.5 hour carpool to Caney Fork Canoe Rentals - or meet us there about 10:30 CT. We should be back in Hendersonville by 6 pm. Please let me know ASAP if you are interested in going so I can reserve the canoes (I will send out further details to those who sign up). For further info, contact River Rat Al at ballallenger@aol.com or (615) 347-2623.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR: Louise Miniard 931-528-9115
uppercumberland@tennesseetrails.org

HIKE COORDINATOR: Kathleen Sullivan 931-520-6294
uppercumberlandhikes@tennesseetrails.org

Aug 11 - Chapter Meeting and hikes. You can meet us in the Penney's parking lot in Cookeville at 8:00 am CT. We will go to Burgess Falls and do the approximately 1 ½ mile hike there. We will then go to Pete Broehl's house arriving about 10:00. We will have a hike planning meeting followed by lunch. Hamburgers, hot dogs, turkey burgers, turkey dogs, cokes, and other soft drinks will be provided. Please bring a side dish or dessert. After the cookout we can do the 1 mile hike in the woods next to Pete's house and do the hike at Cummins Falls. Bring water shoes as we will be going across the river to get to the falls. RSVP to Pete at 931-738-3551 or pabroehl@blomand.net.

Joining TTA as a New Member? Membership Up For Renewal? Your Generosity Benefits All !

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

In the past, Supporting Member donations in excess of the regular dues were allocated to TTA's general operating fund. During the 2001 Annual Meeting, TTA's Board of Directors voted to allocate Supporting Member donations to the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

OFFICERS:

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president@tennesseetrails.org

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Cumberland Trail Conference Representative
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CTC@tennesseetrails.org

TN Rails To Trails Advisory Council Representative
 Bob Richards 615-532-0753
TRAC@tennesseetrails.org

CHAPTER REPRESENTATIVES ON THE BOARD
 ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor
 LouAnn Partington 931-393-4835
editor@tennesseetrails.org

TTA CALENDAR

The following dates in 2012 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

THIRD QUARTER

Aug 4 Board of Directors' Quarterly Meeting, Nashville, TN.
 Sep 8-15 Bike Ride Across TN (B.R.A.T.) Proceeds Benefit the Cumberland Trail
 Sep 20-23 Southeast Foot Trails Coalition. 2012 Meeting. (Fall Creek Falls SP)
 Sep 29 National Public Lands Day (Statewide)

FOURTH QUARTER

Oct 26-28 TTA's Annual Meeting; hosted by Clarksville chapter. Brandon Spring Group Center at Land Between the Lakes.

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Aug 10	Sep 1
Sep 10	Oct 1
Oct 10	Nov 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

Aug 12

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Ron Dunn 615-867-3301 membership@tennesseetrails.org

PLEASE, PRINT CLEARLY.

- ___ Individual \$25.00
___ Family \$35.00
___ Student (FULL TIME) \$15.00
___ Supporting (\$50.00, \$100.00 or more)
___ Life Member (Individual) \$500.00
___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Home Phone (____) _____ Zip _____ -- _____
Work Phone (____) _____
e-mail _____

- Please do not list my e-mail address in the TTA Annual Membership Directory
 I would like to receive my newsletter by email.

** CTC Membership ** **\$5.00**

** Special \$5.00 rate for membership in Cumberland Trail Conference if you also are joining TTA or renewing your TTA membership. CTC is building the Cumberland Trail, which will go from Chattanooga to Cumberland Gap. Over 185 miles are now complete and open for hiking. More information can be found at www.cumberlandtrail.org. Please consider enhancing your commitment to Tennessee's great trails by joining the CTC.

Please list me with the following chapter:

- | | |
|---|--|
| <input type="checkbox"/> Clarksville | ___ Murfreesboro |
| ___ Columbia/Franklin | ___ Nashville |
| ___ Cove Lake | ___ Northwest (UT at Martin/Weakley) |
| ___ Dyer County | ___ Plateau (Crossville) |
| ___ East TN (Oak Ridge/Knoxville) | ___ Soddy Daisy |
| ___ Highland Rim (Manchester/Tullahoma) | ___ Sumner Trails (Sumner County) |
| ___ Jackson | ___ Upper Cumberland (Sparta/Cookeville) |
| ___ Memphis | ___ At Large |

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - C.T.C. and T.R.A.C. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.