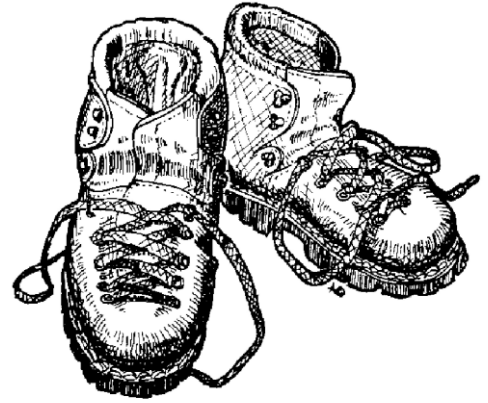


TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



NATIONAL TRAILS DAY – JUNE 2

Now is the time to start planning for your June 2, 2012 National Trails Day (NTD) Event. Details on NTD are available at <http://www.americanhiking.org/NTD.aspx>. Currently we have 4 events listed which is a great start, but more are needed! In 2011, there were 42 events registered on the NTD website and over 2,000 events across the nation! Also, in 2011 the Governor's Proclamation designated the first Saturday in June as Tennessee Trail Day in conjunction with NTD. For a copy of the Governor's Proclamation to use as a model for your local proclamation, contact Bob Richards at Robert.richards@tn.gov.

For the 2011 NTD Final Report, go to: http://www.americanhiking.org/uploadedFiles/FINAL%20NTD%20Report_2011_LR.pdf.



2012 Organizer's Kits and T-Shirts are now available for pre-order. These kits contain great gear from the NTD corporate sponsors; the contents are valued at close to \$300, but you can get your kit for a bargain price of \$75. Use the kit contents to treat your event participants or to reward yourself! Log on to American Hiking Society's [Hiker's Store](#) to order yours today.

Items in the Organizer's Kits include NTD T-shirts, posters, patches and temporary tattoos, Milk-Bone Trail Mix (for your pooch). Ultralight/Watertight 0.5 Medical Kits, 5oz bottle of Natrapel, AfterBite Original, Ben's 30 continuous spray from Adventure Medical Kits, Columbia's Grendel II Sack Pack, Inversion Bag from Merrell, Princeton Tec Fuel Headlamp, Lightweight Dry Bags, Trek & Travel Hand Sanitizer, and X-Plates from Sea to Summit, Gu Energy Chomps, reusable Lunch Bags from Osprey, and granola bars from Olympia Granola

Individual T-Shirts will retail for \$14.95 per tee, but you'll receive a nice discount when you buy pre-packaged bundles of 10 or 25 (Bundled T-shirt sizes are predetermined).

2012 Membership Directory

It's Update Time!

The 2012 edition of the TTA Membership Directory will be mailed to all current members around the end of June. Please be sure your dues are paid up so that you will be listed in the directory, and receive your copy when it's published. Also, please let us know if your home/email address and/or telephone number has changed since the last Directory (published August 2011).

The deadline for changes is May 25 and here are a few ways you can notify us:

- Internet: Visit www.tennesseehiking.org, navigate to "Member Services," select and fill out the "Electronic Address Change Form."
- Mail: Using the New/Renewal Membership Form (on the last page of this newsletter), fill in your new information, write on the form "address change" and mail to the address shown on the Membership Form.
- Email / Phone: TTA's Membership Director, Ron Dunn at membership@tennesseetrails.org or 615-867-3301.

Not sure of when your membership expires? Contact Ron Dunn –or- if you receive the newsletter in print form, look at the mailing label on your current monthly newsletter; it displays your annual expiration date just above your address. You will need to renew your membership within that month showing on your mailing label in order to avoid a lapse/interruption in receiving your newsletter.



Office Location 409 Thurman Avenue, Ste 102
 Crossville, TN 38555
 Office Hours 8 am-2 pm CT
 Phone: 931-456-6259
 Fax: 931-456-4934
 Email: cumberlandtrail@rocketmail.com
 Website: www.cumberlandtrail.org

Please visit the CTC website for current information and volunteer opportunities.

Supporting and Life Membership Recognition

Even though we appreciate all of our TTA members, we are truly grateful to those who support our state's trail system by making an extra financial contribution. Your tax-deductible donation of \$25, \$50, or more over and above the membership fee is applied to our Evan Means Small Grants Program which provides support for trail projects across the state. Projects previously funded through the program include new benches in Warner Park and Beaman Park honoring Bob Brown, co-founder of Tennessee Trails Association and co-visionary of the Cumberland Trail, supplies for trail cleanup at Bledsoe Creek State Park, and funding assistance for the Cumberland Trail Conference Spring Breakaway program.

We would like to recognize and thank these Supporting Members: Barbara Charlet, Ric & Janie Finch, Anne Carr, Carol Haley, John & Tanya Lemons, Marion Quinlen, Galal & Leslie El-Sayad, Steve & Jane Logan, Jim King, Gary Frost, Susan Woods, and Ronnie Bogard. Additionally, we would like to recognize Vicki Digby, our most recent *Life Member*.

Thanks to you all!

CLARKSVILLE CHAPTER

CHAPTER CHAIR: J.R. Tate 931-920-2692
clarksville@tennesseetrails.org
CHAPTER VICE-CHAIR: Suva Bastin 931-645-2849
clarksville@tennesseetrails.org
TREASURER: Chris Everett 931-494-8038
clarksvilletreas@tennesseetrails.org
SECRETARY: Judith Tate 931-920-2692
clarksvilleasec@tennesseetrails.org
OUTINGS COORDINATOR: Paul Schwab 931-645-9068
clarksvillehikes@tennesseetrails.org

(call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 7:00 pm CT,
 Crow Community Center, 211 Richview Rd.
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/clarksville>

May 5 - Friends of Dunbar Cave Spring Fling. 7:00 am. to 5:00 pm CT. Nature activities such as Bird Hike, Wildflower Hike, Live Birds of Prey (eagles, hawks, owls, vultures), snakes, and more. Schedule not yet available. Free to all ages.

May 12 - Falls Creek Falls State Park, Pikeville, TN. 7 miles. Moderate to difficult. Bob Lyon 931-648-2354. Meet 7:30 am CT, I 24 Exit 11 commuter parking lot. 161 miles to trailhead.

May 19 - Rugby, TN, overnight in Pioneer Cabin. YOU MUST PRE-REGISTER. Suva Bastin 931-645-2849. Meet 7:00 am CT, I 24 Exit 11 commuter parking lot. 177 miles to Rugby.

May 15 - Monthly Meeting!

Attention: Hike Coordinators (aka Hike Leaders)

A TTA Release of Claims & Hold Harmless Agreement form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our website:
www.tennesseetrails.org/release.php

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR: Marvin Caine 931-486-1632
columbia@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

May 1 – Chapter Meeting. Jackie Kelley will present slides and talk about her 2011 walk of the entire 444 mile Natchez Trace from Nashville, TN to Natchez, MS.

May 12 – Burgess Falls State Natural Area, Sparta, TN. 1.5 Miles. Burgess Falls is one of the largest and most impressive waterfalls in all of Tennessee. It is easy to visit. The 3/4 mile walk to the falls is mostly level and passes two other falls, one of them being the 60' Middle Falls and some cascades. There is an overlook above the falls which offers some very impressive views of both falls and the deep gorge the river has carved out. A steep trail leads to the brink of the falls, and a stairway will take you to the base of the falls. We will meet behind McDonalds 4908 Main Street (Hwy 31) in front of the People's Church, Spring Hill, and leave at 8:00 am CT. Please bring sturdy boots, water and snacks. Please register with Jane Coffey at 615-516-6551 or jecoffey0644@charter.net.

May 19 – Twin Arches Loop, Big South Fork National River & Recreation Area. Oneida, TN. 5 miles. Moderate. The twin arches in Big South Fork National Park are widely considered the most impressive rock arches in the Eastern United States. Our hike will begin from the Twin Arches Trail trailhead (gravel road). We will hike about 0.7 miles to the Twin Arches, then continue on the loop trail, taking in several impressive cliff faces and rock houses along the way. The trail picks up a gravel road to the Charit Creek Lodge then follows Station Camp Creek to an old home site known as Jake's Place. The trail then climbs to near the top of the plateau (the hardest part of the hike) back to the Twin Arches. We will climb the stairs to the top of the arches and then continue back to the trailhead. Please bring water, sturdy hiking boots, and lunch for the trail. We will meet behind McDonalds 4908 Main Street (Hwy 31) in front of the People's Church, Spring Hill, ready to leave by 6:00 am CT sharp, as it is a 3.5 hour drive to the trailhead! If interested, please contact Kevin Hahn at 615-775-4259 or email compensate@yahoo.com.

COVE LAKE HIKING CHAPTER

CHAPTER CHAIR: John Redmon 423-869-8286
covelake@tennesseetrails.org

SECRETARY/BOARD REPRESENTATIVE: Kathy Sarvis 865-494-0374
covelakehikes@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm ET at the recreation center, 300 W. Beech St., La Follette.

May 12 - Joint hike with TCWP (Tennessee Citizens for Wilderness Planning) at Rugby. Randy Hedgepath, State Naturalist, will lead an easy hike at the Rugby Natural Area trail at 10:00 am ET and a moderate hike to the Gentlemen's Swimming Hole at 12:45. That would total about 3.5 miles and be quite easy. Lunch will be at 11:30. The Harrow Road Café is an option for those who not want to pack a lunch. Everybody will meet at Jacksboro Middle School parking lot at 8:45 am ET to car pool to Rugby and meet the TCWP group at the Visitor's Center in Historic Rugby near the Massengale Homeplace a little before 10 am. Bring a walking stick, sunscreen, bug repellent, snack and water. Contact Harry Shatz for more information (865) 494-0374.

May 19 - Sand Cave and White Rock, Ewing, VA. 8.1 miles. Everybody will meet at 7:30 am ET at Food Lion, La Follette Highway 63 (up the valley) to car pool and meet John Redmon at the Daniel Boone Parking lot at 8:15 am. We will then car pool to the Civic Park in Ewing, VA. It is a gradual ascent for 3.5 miles to the Sand Cave. After experiencing the Cave we will hike 1.5 miles to White Rocks for the spectacular views. Returning to our cars will be downhill about 3.1 miles. Total time should be about six to seven hours with plenty of time spent at the Cave and White Rocks. Wear sturdy boots, bring walking stick, camera, water and lunch or snack. For more information contact John Redmon cell 865-278-8495 or home 423-869-8286. Directions: I-75 N - exit 134. **FOOD LION** - At ramp follow signs for Cove Lake State Park. Stay on highway 63 go thru Caryville, Jacksboro, old La Follette - Food Lion will be on your left. For those who want to meet John at the **DANIEL BOONE Welcome Area** - stay on highway 63 to end, HARROGATE at light make left onto US 25E continue north - before the tunnel exit US 58 towards Cumberland Gap, shortly after you will see the "Welcome to Tennessee" sign, you will then see the Daniel Boone Visitor Information Center almost immediately on the right.

DYER COUNTY CHAPTER

CHAPTER CHAIR: Rita Norvell 731-445-4601
dyercounty@tennesseetrails.org

OUTINGS COORDINATOR/BOARD REP:
Jim Stark 731-589-1776
dyercountyhikes@tennesseetrails.org
(Call Jim & volunteer to lead an outing.)

MEETS MONTHLY: (Sep-Jun) 4th Thursday at 5:30 pm CT at
Dyersburg Main Street Office, 111 Market Street on the
south side of the square in downtown Dyersburg

Hike information unavailable at press time.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-548-6171
easttennessee@tennesseetrails.org

VICE-CHAIR: Elise Eustace 865-201-5806
easttennessee@tennesseetrails.org

May 5 – Twin Arches/Charit Creek Loop, Big South Fork. 4.6 miles. Moderate due to steps, boulder passages and stream crossings. The trails skirts rock bluffs, passes by several rock shelters and meanders through a cedar bottom. We will lunch on the grounds of Charit Creek Lodge, an old home site with period buildings which now provides overnight accommodations and meals. We might even see some wildflowers. This beautiful hike is my favorite with the spectacular arches the high point. Contact Garnett Rush at *rushga01@yahoo.com* or 865-268-5181 for details and meeting information. Wear sturdy boots and bring water, lunch and \$\$\$ for carpooling.

May 26 - Big Creek Trail, Cosby, TN. 10 miles. This wonderful trail follows the river for the entire hike. There are multiple waterfalls, outstanding large boulders, and a great swimming hole for those who feel the urge. We may share this trail with some beautiful horses. Let's meet in the back parking area of Cracker Barrel off the Merchants Road exit at I-75 at 8:30 am ET. We will carpool to the trailhead and begin our hike at 10:00 am ET. Call or email Rosie at 865-951-8317 or *rosemary_L@hotmail.com*.

Planning Ahead:

Jun 16 - We are going camping in the Smokies! Overnight campout at Elkmont! Please respond by June 1 if you are planning to join us, as spaces are limited. We can take the first 10 campers to respond. Just call Lesley at 865-254-1193 to register. TTA will provide a campfire meal. Hopefully, but no promises, we will have a spectacular firefly display that is famous here and only one other place in the world. After we pack up on Sunday morning we will begin our hike at Little River Trail, which is super historic. At 2.2 miles we will reach Huskey Branch Falls, a 20-foot cascade into the Little River. Shortly we come to the Cucumber Gap Trail Junction. We'll begin a steady climb for about one mile as the trail becomes quiet. At 4.8 miles we reach Jakes Creek Trail junction and finish our hike. As an alternative to hiking, you may opt for a refreshing swim near the Y with your cooler lunch and chair. If so, be sure to bring water shoes.

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CHAIR: Linda Hudson 931-841-0540
highlandrim@tennesseetrails.org

TREASURER: Marietta Poteet 931-924-7666
highlandrimtreas@tennesseetrails.org

OUTINGS COORDINATOR & NEWSLETTER CONTACT:
Joan Hartvigsen 931-962-0811
highlandrimhikes@tennesseetrails.org
(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W.
Wilson Community Ctr., 501 N. Collins St., Tullahoma.

May 5 – Charlies Bunion, Great Smoky Mountains National Park. 8 miles roundtrip. Joint Hike with Upper Cumberland Chapter. See Upper Cumberland Chapter listing for hike details. Contact Cindy Watson at 931-247-1459 for carpool and times. Or meet the group at the JC Penny parking lot in Cookeville.

May 19 – Eat-Hike-Eat, 4 mile section of the Perimeter Trail, Sewanee, TN. Moderate. Meet us at the Blue Chair in Sewanee at 9:00 am CT for breakfast and coffee, or come at 9:45 am if you just want to hike. This month we will cover the Perimeter Trail between Breakfield Road Gates G13 and G9, passing Chestnut Lake, Audubon Lake, King's Farm and Armfield Bluff. Contact Cathleen Close at 931-841-1448 or *cathleenclose@gmail.com*. Bring water and a snack.

May 21 – Chapter Meeting. First we'll have dinner at 5:30 pm CT at Fast Jack's, 122 W. Lincoln St., Tullahoma, TN. After a 7:00 pm business meeting at D. W. Wilson Community Center John Bordley will present a program on hiking along the Belgium coast. The coast is about 40 miles long and runs from Knokke, near the border with the Netherlands, to De Panne, near the border with France. Using Google Earth and photographs that Carolyn and John took, John will present three hiking areas: Het Zwin (northeast), Middelkerke-Bad (south central) and Duinhoek (southwest). John and Carolyn stayed in Oostende and took the 100-year-old tramline to its end stations to visit these locations.

May 26 – Cloudland Canyon State Park, Rising Fawn, GA. Overlook Trail, Waterfalls Trail, and West Rim Loop Trail. 7 miles. Strenuous due to elevation change. Mountain Laurel, Rhododendron, waterfalls, huge Yellow Poplars, gorgeous Hemlocks, spectacular views into canyons and across mountains . . . we'll see these and more when we join Marietta and Jim Poteet on this hike on the western edge of Lookout Mountain in northwest Georgia. Bring water, lunch, snacks, hiking boots and poles. Contact Marietta at 931-924-7666 or *nannietta@blomand.net* for carpool information and to register.

May 28 – Memorial Day Lake Party and Hike. Joette Carter has invited us to her place on Carter Mountain at 11:00 am CT. Bring a picnic lunch and drinks. Electric and gas grills are available. Activities include swimming, canoeing, paddleboats, and a 4 to 5 mile hike at 1:30 pm. Directions: Hwy 16 south towards the Walls of Jericho. Between mile markers 22 and 23 turn left onto Jehovah Jireh Lane, a paved driveway leading to Joette's lake. For more information call Joette at 256-776-3551 before Monday, May 28.

SOUTHEASTERN FOOT TRAILS COALITION MEETING

The Southeastern Foot Trails Coalition will be holding its biannual meeting this fall at Fall Creek Falls State Park up on the Cumberland Plateau in eastern Tennessee Sept 20-23, 2012. We invite you and your family and club members to join us in the beautiful >20,000 acre park with many miles of hiking and mountain biking trails. Also there are many opportunities for kayaking and caving. The meeting will be in the state park lodge. We have obtained special rates for the rooms in the lodge. Plenty of cabins and a large campground round out the facilities. The lodge sits on the edge of a lake popular for fishing and swimming.

Thursday and Friday are the organized hike days with several hikes offered each day. Friday afternoon and all day Saturday and Sunday morning are devoted to presentations on many topics of interest to hikers, backpackers and trail maintainers. More hikes are offered on Sunday.

We have special presentations on both Friday and Saturday night. On Friday, we have one of the youngest thru-hikers ever to hike the AT at age 8 to give a presentation (he is now older), then this will be followed by a panel discussion with young and old thru-hikers and section hikers. After this we plan banjo music and square dancing.

On Saturday we have a special presentation on Fall Creek Falls State Park and the beauty and heritage of the Cumberland Plateau. Did you know that Fall Creek Falls was almost designated as a National Park before becoming a state park? It is that special and beautiful.

Information on the meeting and the registration form are on the SEFTC website (www.southeastfoottrails.org). Please note that Fall Creek Falls State Park is a popular park. We have a block of rooms reserved but we will have to release any unreserved rooms back to the state park in early August. So, please make your reservations early to assure you have a room. The cabins go fast too, but we are told there should be plenty of room in the campground at this time of the year.



JACKSON CHAPTER

CHAPTER CHAIR: Vicky Moeller 731-668-9336
jackson@tennesseetrails.org
TREASURER: Anne Goodson 731-664-1556
jacksontreas@tennesseetrails.org
SECRETARY: Don Dresser 731-668-4190
jacksonsecy@tennesseetrails.org
OUTINGS COORDINATOR: Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org

(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1st Monday at Gander Mountain, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 7:00 pm

May 7 - Monthly Meeting. This meeting will focus on our schedule for Fall 2012. Anyone interested in hiking with us is welcome to come and learn about these upcoming events. For additional information, please contact our chairperson, Vicky Moeller, at vmoellersu@gmail.com.

May 26 - 28 - Smokies Camping Trip. We have scheduled a camping trip over Memorial Day weekend in the Smokies. Our current plan is to camp at Big Creek campground, which is described at http://www.gorp.com/parks-guide/travel-ta-camping-great-smoky-mountains-national-park-north-carolina-gatlinburg-tennessee-sidwcmdev_060335.html. For further information or to register, please contact Glen Rognstad at glenrognstad@gmail.com.

Planning Ahead:

Jun 2 - National Trails Day. We will be selecting a project to work on, either at Natchez Trace State Park or Big Hill Pond State Park.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
memphis@tennesseetrails.org
VICE-CHAIR: Francis Ruffin 901-396-1108
memphisvice@tennesseetrails.org

May 5 - V&E Greenline Walk. Meet John at 9:00 am CT at Springdale and RR tracks for an easy 3-mile walk along the V&E Greenline Trail. This is a rails-to-trails park that is owned by the neighborhood. For information contact John at 901-386-3722.

May 12 - Herb Parsons Lake. 6 miles. Easy. Join us for this hike around a 300 acre lake and through the woods with small hills. Meet at 9:30 am CT at the lake and bring water and snack. The trail will be muddy after a good rain. For information contact Janet at 901-761-0705. Directions: Take I-40E and exit south onto N Germantown Pkwy, turn left onto Macon Road, turn left to stay on Macon Road, turn right onto TN-193E/Macon Road and watch for small Herb Parsons Lake sign and turn right (south) onto Fisherville Road, drive approx 1 mile and turn left into the park. OR Take US-64E/Stage Road, merge onto TN-385E, turn left onto TN-193E/Macon Road, watch for small Herb Parsons Lake sign and turn right (south) onto Fisherville Road, drive approx 1 mile and turn left into park.

MURFREESBORO CHAPTER

CHAPTER CHAIR: Sara Pollard 615-714-3610
murfreesboro@tennesseetrails.org

TREASURER Ann Jacobs 615-896-3935
murfreesborotreas@tennesseetrails.org

MEMBERSHIP Mary Belle Ginanni 615-895-6072
murfreesboromembership@tennesseetrails.org

PROGRAMS Valerie Galan 615-586-2882
murfreesboroprograms@tennesseetrails.org

OUTINGS COORDINATOR: Cathy Bingham 615-890-9791
murfreesborohikes@tennesseetrails.org

(Call Cathy & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Barfield-Crescent Rd., Murfreesboro
BLOG: www.tennesseetrails.org/blog/murfreesboro

May 5 - Savage Gulf State Natural Area Collins Gulf, Suter Falls and Horsepound Falls. 6 miles. Moderate. We will hike along the Collins Gulf Trail and follow the path past Suter Falls. From here, it is on to Horsepound Falls, where we will have lunch and enjoy the falls. The hike is three miles in and three miles back. Rated moderate for the terrain. For information or to register, contact Tony Jones at tonjon1968@gmail.com or 615-397-4463. There will be a carpool from Murfreesboro to be announced later.

May 8 - Chapter Meeting. 6:00 pm - NOTE TME CHANGE. This will be our planning meeting for July 2012 - January 2013. Please come with ideas, your calendar to plan outings and a finger food to share. Chapter will provide drinks and utensils.

May 12 - Cumberland Trail Escarpment and Little Soddy Creek Valley. 5 miles. Moderate. This 5-mile shuttle hike on the Cumberland Trail begins at the Mowbray Road Trailhead on the south, and ends at the Hotwater/Sluder Road Trailhead on the north. The hike passes through Little Stone Door and past a small but documented ancient Indian Rock House. It will include some Little Soddy Creek Mining landmarks: most notably the old Mule Barn, along with the home site of Mr. Jeffrey, the mule tender, located near the head of the gulch. Expected duration of the hike is not planned to exceed 3 hours. Hike considered moderate due to some elevation changes, especially on the last climb out of Little Soddy Stream Valley. Bring adequate water and if desired, a light trail lunch. We will depart Sam's parking lot in Murfreesboro at 7:30 am CT, drop off the shuttle car at the Hotwater/Sluder Road trailhead by 9:30 am CT, and be on the trail from the Mowbray Road Trailhead by 10 a.m. CT. Other hikers may meet us at this trailhead if they do not want to carpool from Murfreesboro. To register, contact Jim Schroeder at 615-896-3023 or doughboyjim@comcast.net.

May 19 - Cloudland Canyon State Park, Rising Fawn, GA. 4.8 to 5.8 miles. Moderate to difficult. Located near Chattanooga on the backside of Lookout Mountain, it's an easy drive from Murfreesboro. Take I-24 to I-59 toward Birmingham (before Chattanooga), then take Trenton Exit and follow the signs. It is well marked. The West Rim Loop Trail is 4.8 miles rated moderate to difficult. The optional Waterfalls Trail is 2 miles and strenuous due to over 400 stairs. Hikers may choose to do both trails while there. (Fount and Anna sit the optional one out!) There is a fabulous gorge that runs for miles and the overlooks are spectacular, along with waterfalls, rock formations and all kinds of flora and fauna. The Georgia State Parks system charges a \$5 day use fee per vehicle. Someone may volunteer to lead a carpool/convoy from Murfreesboro. To sign-up or for more information contact Fount/Anna Bertram, abertram@dtccom.net or 615-765-5357. *P.S. Camping and cabins are also an option for a weekend at Cloudland Canyon.*

May 26 - Savage Gulf State Natural Area, The Great Stone Door to Greeter Falls. 7 miles. Moderate. Let's have some fun! We will start at the Stone Door ranger station and hike to the Great Stone Door. From this point, we will hike along the Big Creek Rim to the Alum Campsite, where we will relax and have lunch. The hike then continues on to Greeter Falls, where we will enjoy the Blue Hole for a little swimming and even more relaxing. This will be a shuttle hike. Don't forget your lunch, hiking poles, plenty of water and swim wear. For information or to register contact Tony Jones at tonjon1968@gmail.com or 615-397-4463. There will be a carpool from Murfreesboro to be announced later.

NASHVILLE CHAPTER

CHAPTER CHAIR: Libby Francis
nashville@tennesseetrails.org

OUTINGS COORDINATOR: Libby Francis
nashvillehikes@tennesseetrails.org
(email Libby & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php
BLOG: www.tennesseetrails.org/blog/nashville

May 5 - Shelby Bottoms Greenway and beyond. Please note: This is a BICYCLE ride, not a hike. We will bicycle through Shelby Bottoms over the Cumberland River to Two Rivers, on the Heartland Park, cross Lebanon Road to the Stones River Greenway and all the way to Percy Priest dam. With the return ride, the total distance will be over 20 miles, so this ride is rated moderate. Riding pace should be in the 10-12 mph range. Option to ride or drive to Rose Pepper Cantina or another East Nashville bistro for lunch. Call Doug Burroughs at (615) 283-0507 for more information and to register.

May 12 - Frozen Head State Park, Wartburg. 2-night car camp. Easy to Difficult. This is another Fran Wallas "Great Hike". She says, "Waterfalls and over 30 species of wildflowers blooming in May and June are among the highlights of a hike on the eight mile loop trail at Frozen Head." She is talking about the Panther Branch and South Old Mac Trails. We will hike this loop on Saturday. Sunday's hiking will be open, depending on how much time people have and the level of hiking ability. Frozen Head has more than 45 miles of trails to choose from, including a section of the Cumberland Trail. Car camping will begin on Friday, and end on Sunday. Campsites are on a first come first served basis. If we have enough interest we can get a group site. The group site needs to be reserved 2 weeks in advance so preregistration with me is necessary. For more information and to preregister e-mail Nancy Juodenas (preferred) at njlj1011@gmail.com or call 615-319-8811. Come join us for all or part of this fun weekend.

May 22 - Annual Picnic, Edwin Warner Park, Nashville, TN. Shelter 10, 4:00 pm CT until sunset. Following a pot-luck meal at 6:00 pm, we'll take a twilight hike. The chapter will provide flatware, napkins and ice; but we encourage you to bring your own non-disposable "mess kits" as a more sustainable alternative. If you have a camping lantern you can bring, it will be welcome - the shelters aren't lighted. For the twilight hike, you will want a flashlight or headlamp. Bring friends! This is the only regular meeting that includes a hike, so bring along a friend who's been toying with the idea. Directions from Nashville: Drive west on Highway 100 and continue past the split with Highway 70. Drive 3 to 4 miles and turn left onto Old Hickory Blvd., a major intersection. Go to the first traffic light, and turn right onto Vaughn Rd. Travel approximately 3/10 mile and turn right into the picnic shelter area, watch the signs and turn left for Shelter 10. For more information contact Nora Beck at nora_beck@comcast.net or 615-517-6486.

NORTHWEST Chapter

(UT at Martin / Weakley County)

CHAPTER CHAIR: Scott M. Pun 731-881-7316
northwest@tennesseetrails.org

TREASURER: Sandy Davis 731-587-9134
northwesttreas@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT during the
academic year (Feb-Apr and Sep-Dec) on the UT
Campus in the Paul Meek Library, Rm 120, Media
Services B1

Hike information unavailable at press time.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-456-6437
plateau@tennesseetrails.org

SECRETARY/TREASURER: Jim Grove 931-484-7900
plateausecy@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:30 pm CT
BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information, contact Bill Harris at 931-484-9152 or visit the Plateau Chapter Blog. Rain cancels.

May 10 – Chapter Meeting. 6:30 p.m. First United Methodist Church Annex, 69 Neecham Street, Crossville. Program: “The Quest for the Perfect Hike in New Zealand” by Marion Irvin. Meet other hikers for dinner at Gondola’s, 36 Woodmere Mall, Crossville at 5 pm CT. Contact Chapter Chair Cheryl Heckler at thehecklers@charter.net or 931-456-6437 for additional information.

May 12 – Devils Breakfast Table, Catoosa Wildlife Management Area, Crossville. 7 miles. Difficult. We will hike 7 miles (4 miles of Cumberland Trail) into the Daddy’s Creek Gorge and arrange for a 1 mile car shuttle so that we do not have to retrace our steps. The trail is difficult due to the elevation change and lots of rock steps. From the trailhead, the trail proceeds down “a thousand steps” through Daddy’s Creek gorge under sheer bluffs. After a mile, the trail rises out of the canyon and remains on the top of the bluff. There are a couple of overlooks that provide a view of the gorge before the trail goes back down into the gorge on the way to the junction of Daddy’s Creek and the Obed River. This year we have added another mile of Cumberland Trail with some extra trail features we think you will enjoy seeing. This also lets us use a Forest Service road to get back to our shuttle vehicle. This road also allows us to have an easier climb out of the river gorge. Wear good hiking shoes or boots; bring water, lunch and snacks. Meet at Cracker Barrel on Highway 127 at 7:45 am CT. We will try to leave at 8:00. Those in the Fairfield Glade area may join the caravan at 8:25 at the 4-way stop at the intersection of Peavine Road and Snead Drive. For more information and to register, contact: Curt Thomas at curtthomas@frontiernet.net or 931-260-2140.

Plateau Chapter – con’t

May 19 – Virginia Creeper Bike Trip. We will leave on Friday the 18th at 2 pm CT. Each person should make their own lodging reservations. The Super 8 motel in Abingdon, VA is working with the group to provide a special “Tennessee Trails” rate. We will take the shuttle at 9:00 or 10:00 on Saturday morning. The cost to ride the shuttle van is \$12.50. You can rent a bike (which they will transport on a trailer for you) for another \$12.50 or you can bring your own bike. It will take approximately 3 to 4 hours to ride the trail depending on your pace. There are A LOT of scenic places to visit along the way. There is only one place to stop on the way down to eat. It’s called the Creeper Trail Cafe. The shuttle shop closes by 6:00 pm so if you rent a bike it has to be checked back in before they close. If you take your own bike, there is no certain time you need to be back. Dress in layers and take gloves. It can be cold at the top but gets warmer as you ride down. Helmets are not required but are recommended. They do not rent helmets so you will need to bring your own. There also walking trails. For more information and to register, contact Candy McNeeley at 931-335-0282 or Cheryl Heckler at thehecklers@charter.net or 931-456-6437.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: Bob McGavock 423-667-2960
soddydaisy@tennesseetrails.org

MEETS QUARTERLY: 1st Tuesday in Jan, Apr, Jul, Oct at
6:00 pm ET at Burk’s United Methodist Church, 6433
Hixson Pike, Hixson
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/soddydaisy>

May 1 – Raccoon Mountain. 4 miles. Moderate. Meet at Bi-Lo in Red Bank at 8:00 am ET.

May 5 – Stringer’s Ridge. 3 miles. Easy. Meet at Bi-Lo in Red Bank at 10:45 am ET.

May 8 – Greenway Farms. Meet at parking lot across from dog lot at 9:00 am ET.

May 12 – Heiss Mountain to Retro Hughes. 9.5 miles. Slightly strenuous. Meet at Durham Street parking lot at 8:00 am ET.

May 15 - Signal Mountain High School to Mushroom Rock and back. 3 miles. Easy. Meet at Bi-Lo in Red Bank at 8:30 am ET.

May 19 - Upper Leggett Road trailhead to Retro Hughes Road. 5.5 miles. Moderate. Meet at Durham Street parking lot at 8:00 am ET.

May 22 – Harrison Bay State Park. 4.5 miles. Easy. Meet at Target parking lot on Highway 153 at 8:15 am ET.

May 26 - Prentice Cooper State Forest, Pot Point Loop Trail. 11 miles. Moderate. Meet at Bi-Lo in Red Bank at 8:00 am ET.

May 29 – Possum Lake Hike. Meet at Durham Street parking lot at 9:00 am ET. Contact Nance Jo Ogozalek at nancejo13@gmail.com or 256 509 1541.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS:

David & Shirley Primeau 615-424-2948
sumner@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT,
Hendersonville First United Methodist Church, 217
E. Main St. Hendersonville, TN

May 1 - Chapter Meeting. Have you landed in a Dr Seuss story if your trail guide book tells you to "walk up-dale avoiding the kissing-gate on the attendant wall instead to pass through a squeeze stile onto a metalled track?" If a fellow walker invites you to "pop into the Three Legged Mare for some Old Peculiar and Spotted Dick" should you slap him? The answer is "No" if you are walking in Great Britain. Our program for tonight is a presentation of the joys, pitfalls and potential faux pas awaiting Tennessee hikers who go "on walking holiday" in the Old Country. Light refreshments will be served, and we'll toast Queen Elizabeth in her Diamond Jubilee year. Family, friends and guests are always invited and welcome, but please drive on the right side of the road to get here.

May 12 – Springfield Greenway. 2 miles. Easy. This is an easy, paved (and relatively flat) walk that passes historic homes and buildings, wanders past some beautiful farmland and has several creek crossings (on bridges!). To carpool, meet at the Hendersonville Kroger in the Glenbrook shopping center (off New Shackle Island Rd) at 9 am CT. We will start from the J. Travis Price Park in Springfield at approximately 10 am. After the hike, we will eat at a local restaurant. Rain will cancel the event. Any questions: call Tom or Debra Obrock at home 615-826-7459 or cell phone 615-642-2188.

May 19 - Percy Warner Park, Nashville. 3 miles. Moderate. Kelly Horton will lead us on a 2.5-3 mile hike through Percy Warner Park, where we can enjoy the woods and the views. This hike will include both paved road and wooded portions and is rated moderate for the hills (although we will take our time on the hills!). We'll meet at Hendersonville First Presbyterian Church at 9 am CT for carpooling and directions. After the hike, participants can enjoy lunch at McCabe's Pub, a favorite spot of Kelly's in Nashville, and perhaps some ice cream at the local Dairy Dip. Contact Kelly Horton at khorton@wm.com or 615-294-8309 if additional information is needed or to confirm the hike if inclement weather is a possibility.

Planning Ahead:

Jun 2 - National Trails Day. We invite the community to join us in commemorating National Trails Day as we hike the Hendersonville Greenway/Drakes Creek Trail. This is a three mile hike, rated easy. We'll meet at St. Timothy's Lutheran Church, Hendersonville, at 10 am CT and then go to Rio Bravo for lunch after the hike. For further info, contact "Creeky Al" at Ballallenger@aol.com or after 3 pm on Friday at 615 347-2623.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR: Louise Miniard 931-528-9115
uppercumberland@tennesseetrails.org

HIKE COORDINATOR: Cindy Johnson 931-570-0122
uppercumberlandhikes@tennesseetrails.org

May 5 - Charlie's Bunion, Great Smoky Mountains National Park, Gatlinburg, TN. Joint Hike with Highland Rim Chapter. Our hike begins at Newfound Gap and will follow the Appalachian Trail to Charlie's Bunion, a huge rock outcrop with views all around. There will be an optional side-trip to the Jump-Off. The hike is 8 miles (9 with the Jump-Off) and is rated moderate to strenuous due to the uneven and rocky terrain. Bring snacks, water, and lunch. You can meet us in the Penney's parking lot in Cookeville at 7:00 am CT. For more information or to register contact Gary Kimbrell at 931-215-9520 or gkimbrell@tbf.com.



LEAVE NO TRACE PRINCIPLES

- Leave what you find.
- Minimize Campfire Impacts.
- Respect wildlife.
- Be considerate of other visitors.
- Plan ahead and prepare.
- Travel and camp on durable surfaces.
- Dispose of waste properly.

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 Bob Richards 615-532-0753
TRAC@tennesseetrails.org

CHAPTER REPRESENTATIVES ON THE BOARD
 ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor
 LouAnn Partington 931-393-4835
editor@tennesseetrails.org

TTA CALENDAR

The following dates in 2012 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

SECOND QUARTER

May 5 Board of Directors' Quarterly Meeting
 (Location TBA)
 Jun 2 National Trails Day (Statewide)

THIRD QUARTER

Aug 4 Board of Directors' Quarterly Meeting
 (Location TBA)
 Sep 8-15 Bike Ride Across TN (B.R.A.T.)
 Proceeds Benefit the Cumberland Trail
 Sep 20-23 Southeast Foot Trails Coalition. 2012
 Meeting. (Fall Creek Falls SP)
 Sep 29 National Public Lands Day (Statewide)

FOURTH QUARTER

Oct 26-28 TTA's Annual Meeting; hosted by
 Clarksville chapter. Brandon Spring
 Group Center at Land Between the
 Lakes.

Newsletter Deadlines:

Deadlines for Chapter announcements
 and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
May 10	Jun 1
Jun 10	Jul 1
Jul 10	Aug 1

All submissions are subject to editing. Articles of
 general interest and non-hiking events will be
 included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

May 12

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Ron Dunn 615-867-3301 membership@tennesseetrails.org

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

- ___ Individual \$25.00
___ Family \$35.00
___ Student (FULL TIME) \$15.00
___ Supporting (\$50.00, \$100.00 or more)
___ Life Member (Individual) \$500.00
___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Home Phone (____) _____ Zip _____ -- _____
Work Phone (____) _____
e-mail _____

- Please do not list my e-mail address in the TTA Annual Membership Directory
 I would like to receive my newsletter by email.

** CTC Membership ** **\$5.00**

** Special \$5.00 rate for membership in Cumberland Trail Conference if you also are joining TTA or renewing your TTA membership. CTC is building the Cumberland Trail, which will go from Chattanooga to Cumberland Gap. Over 185 miles are now complete and open for hiking. More information can be found at www.cumberlandtrail.org. Please consider enhancing your commitment to Tennessee's great trails by joining the CTC.

Please list me with the following chapter:

- | | |
|---|--|
| <input type="checkbox"/> Clarksville | ___ Murfreesboro |
| ___ Columbia/Franklin | ___ Nashville |
| ___ Cove Lake | ___ Northwest (UT at Martin/Weakley) |
| ___ Dyer County | ___ Plateau (Crossville) |
| ___ East TN (Oak Ridge/Knoxville) | ___ Soddy Daisy |
| ___ Highland Rim (Manchester/Tullahoma) | ___ Sumner Trails (Sumner County) |
| ___ Jackson | ___ Upper Cumberland (Sparta/Cookeville) |
| ___ Memphis | ___ At Large |

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - C.T.C. and T.R.A.C. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.