

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



ROBBIE HASSLER

Robbie C. Hassler was born January 26, 1925 and died June 20, 2011. Her life was spent dedicated to the service and benefit of her fellow citizens. She was the Youth Director of the Lovelady Christian Church for many years and is well remembered and loved by the kids coming up through that era. She was Postmaster of the Byrdstown post office for many years.

Robbie and her late husband Dave were Charter Members of the Tennessee Trails Association. She was the organization's first secretary. She dedicated a number of years in support of TTA and was instrumental in planning for the Cumberland Trail. She designed the logos for both the TTA and Cumberland Trail.

She also belonged to a number of other non-profit service groups. She was Director at Large of the Middle Tennessee Ornithological Society and participated in annual bird counts, an active member of The Nature Conservancy, The National Wood Carvers Association, National Wildlife Federation, Friends of Cordell Hull, Operation Migration (Whooping Cranes), Big South Fork Development Association, The Environmental Defense Fund, Tennessee Citizens for Wilderness Planning, Director of the Hull-York Lakeland RC&D, Pickett County Rural Development Committee, Pickett County Soil Conservation District Ladies Auxiliary...and more.

Robbie will be missed by family and the many friends she has made throughout the years. We owe a large debt to the people who had the foresight and dedication to form the Tennessee Trails Association. Robbie was one of the few remaining original members.

JERRI BULL

Mavis "Jerri" Bull, longtime TTA member and past state president, died August 17, 2011 at her home in Pontotoc, MS.

After several years as Memphis Chapter Chair, Jerri was elected state president in 1990 for a two year term. She served as a director from 1987 to 1993, and was honored with the Bill Stutz award in 1990 for her service to TTA.

Jerri was an avid hiker and outdoorswoman. A member of the Memphis Chapter from its early years, she led hikes all over the region for the chapter and shared her knowledge of flowers and birds with fellow hikers.

Along with TTA member Betty Porter, Jerri led a Girl Scout troop for many years, taking the girls hiking, camping, and canoeing and imparting her love of nature to her scouts. She held many volunteer positions with the scout council and served as a day camp director.

A school crossing guard, Jerri also directed the community summer Safety Town for preschoolers for the Police Department.

Jerri will be remembered as a warm, caring, capable and friendly person who was always there when you needed her.

She leaves her husband, Gill Bull, and four daughters and their families. Condolences can be sent to the family in care of: Donna Abernathy, 5757 Trinity Dr., Hernando, MS 38632.

TTA Annual Meeting October 28-30, 2011

Dubose Conference Center
Monteagle, Tennessee

Hike Details, Commemorative T-Shirt Order form and
Registration Form Inside

TTA Annual Meeting Blog
<http://www.tennesseehikes.org/2011>



Office Location 409 Thurman Avenue, Ste 102
Crossville, TN 38555
 Office Hours8am-2pm CT
 Phone:931-456-6259
 Fax:931-456-4934
 Email: cumberlandtrail@rocketmail.com
 Website: www.cumberlandtrail.org

Oct 1 - 2011 Stump Jump trail race. Please visit www.rockcreek.com/stumpjump for more details.

Oct 7-14 - Trail maintenance in the CT's New River segment. Volunteers needed to help with trail maintenance between Cove Lake and Norma Road.

Oct 15 - 50k trail running event in the CT's New River section. For more details, visit the website at : www.cumberlandtrailraces.com/CumberlandTrail50k/HOME.html.

Oct 28-30 - Statewide Tennessee Trails Association Annual Meeting. Join other TTA members for a good time and to support the Cumberland Trail Conference. Please visit www.tennesseehikes.org for more details.

Nov 11-20 - New River section trail construction. Volunteers needed to help construct trail along the east side of Arch Mountain in Scott County. This will be a camping outing with camp meals/ water provided by the CTC. Volunteers will need to bring their own tent, sleeping gear, and personal items. The base camp will have a kitchen tent equipped with cook stoves.

Supporting and Life Membership Recognition

Even though we appreciate all of our TTA members, we are truly grateful to those who support our state's trail system by making an extra financial contribution. Your tax-deductible donation of \$25, \$50, or more over and above the membership fee is applied to our Evan Means Small Grants Program which provides support for trail projects across the state. Projects funded through the program include new benches in Warner Park and Beaman Park honoring Bob Brown, co-founder of Tennessee Trails Association and co-visionary of the Cumberland Trail, supplies for trail cleanup at Bledsoe Creek State Park, and funding assistance for the 2010 Cumberland Trail Conference Spring Breakaway program.

We would like to recognize and thank these Supporting Members : **Steve & Kathy Zuck, Arlene Albert & Mark Richie, TVA Natural Heritage Project, Janet Sheahan, Brian Patton, Dr. Wally & Pat Bigbee, Dave & Laurie Gschwend, Don & Dorothy Dresser, Susan Woods, Barbara Fritch, Radford Smith, Janice Ledbetter, J. Franklin Jones, and Marie Truett Jones.**

Thanks to you all!

CLARKSVILLE CHAPTER

CHAPTER CHAIR: Paul Schwab 931-645-9068
clarksville@tennesseetrails.org
CHAPTER CO-CHAIR: J.R. Tate 931-920-2692
clarksville@tennesseetrails.org
TREASURER: Sandy Janus 931-551-8523
clarksvilletreas@tennesseetrails.org
SECRETARY: Chris Everett 931-494-8038
clarksvillesecy@tennesseetrails.org
OUTINGS COORDINATOR: Sandy Evans 931-217-4339
clarksvillehikes@tennesseetrails.org
(call Sandy & volunteer to lead an outing)
MEETS MONTHLY: 3rd Tuesday at 7:00 pm CT at Crow Community Center, 211 Richview Rd.
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/clarksville>

Oct 1 - Springfield Greenway, Travis Price Park, Springfield, TN. 6 miles. Easy. Suva Bastin 931-645-2849. Meet 9:00 am CT, I 24 Exit 11 commuter parking lot.

Oct 8 - Edgar Evins State Park, Putnam County, and Appalachian Craft Center. 6 miles. Moderate. Sandy Janus 931-551-8523. Meet 7:30 am CT, I 24 Exit 11 commuter parking lot.

Oct 15 - Black Mountain, Cumberland County. 7 miles. Moderate. Suva Bastin 931-645-2849. Meet 7:00 am CT, I 24 Exit 11 commuter parking lot.

Oct 18 - There will be no monthly meeting.

Oct 22 - Morning: Trail maintenance at Rotary Park, Clarksville. J.R.Tate 931-920-2692. Bring loppers, "weed-eaters" and garbage bag. We will work until 12noon. **Evening:** Bon Fire-Pot-Luck, Rotary Park Amphitheater, hike and eat. Suva Bastin 931-645-2849. Meet 5:00 pm CT at Rotary Park Amphitheater, E Old Ashland City Road.

October 28 – 30 - Annual Meeting.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR: Marvin Caine 931-486-1632
columbia@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

Oct 4 - Chapter Meeting. Allan Trently from the TN Dept. of Environment and Conservation will give a presentation on State Natural Areas and specifically, the Stillhouse Hollow Falls State Natural Area. He will talk about the goals for Stillhouse Hollow, including maintenance of the trail, parking lot, kiosk, as well as ecological management. He will show photographs of plants and animals, and outline the issues in dealing with rare plants and ecology at Stillhouse.

Oct 15 – Pickett State Park, north of Jamestown, TN. 10 miles. Moderate. Situated in a remote section of the upper Cumberland Plateau, Pickett CCC (Civilian Conservation Corps) Memorial State Park is known for its geological, botanical, and scenic wonders. The park lies within the 19,200-acre Pickett State Forest, and adjacent to the massive 120,000 acre Big South Fork National River and Recreation Area, both areas containing prime wilderness country. We plan to do the Hidden Passage Trail which has an elevation change of 100 feet. There are numerous rock houses, waterfalls and beautiful scenery along the trail. Time permitting, we may take a 1-mile side trail to Double Falls and back. If some people aren't interested in a 10-mile hike, there are several shorter hikes that could be done instead (Lake Trail-2 1/2 mile loop; Lake View Trail-3/4 mile-one way; Ridge Trail-3 mile loop, Bluff Loop-1 mile-one way; Ladder Trail-1 mile loop; Natural Bridge Trail-1 1/4 mile loop; Hazard Cave Trail-2 1/2 mile loop; Indian Rockhouse Trail-1/4 mile-one way; Island Trail- 1/2 mile loop). We'll leave from the McDonald's parking lot in north Spring Hill (4908 Main Street, Spring Hill) at 6:00 am CT. It takes three hours to get to Pickett State Park, so we plan to be on the trail by 9:30 am at the latest. Sunset is about 6:00 pm, so we should be off the trail no later than 5:00 pm. We'll stop for dinner on the way home. Bring water, lunch, trail mix, boots, rain gear and a change of footwear should the trail be muddy and change of clothes should it rain. Please register with Rick Lausten at *saturncar1@aol.com* or via cell phone 615-516-1417.

Oct 28 - 30 – TTA Annual Meeting at DuBose Conference Center, Monteagle, TN. Hikes and program for the 3 days are covered elsewhere in this newsletter.

COVE LAKE HIKING CHAPTER

CHAPTER CHAIR: John Redmon 423-869-8286
covelake@tennesseetrails.org

SECRETARY/BOARD REPRESENTATIVE: Kathy Sarvis 865-494-0374
covelakesecy@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm ET at the recreation center, 300 W. Beech St., La Follette.

Oct 8 - Rails to Trails-Wilderness Road State Park. 4 1/2 miles. Easy. We will walk on a level trail bed to the State Park where we will enjoy a Frontier Days program at the historic Martin's Station. Bring water and snacks. For those coming from Campbell County-meet at Food Lion at 8:15 am and meet John at the Daniel Boone parking area off of US 58 at Cumberland Gap. For more info contact John Redmon at 423-869-8286 or e-mail at *covelakehiking-tta@att.net*.

Oct 22 - Devil's Racetrack. 2 1/2 miles. Strenuous. We will walk on an access road to the Cumberland Trail and then on the CT to the top of Cumberland Mountain at the Devil's Race Track. Meet at Bruce Gap Trailhead at 9:00 am to carpool to starting point. Wear sturdy shoes and bring a snack and plenty of water. For more info contact John Redmon at 423-869-8286 or e-mail at *covelakehiking-tta@att.net*.

DYER COUNTY CHAPTER

CHAPTER CHAIR: Rita Norvell 731-445-4601
dyercounty@tennesseetrails.org

SECRETARY/TREASURER: Frank Salowitz
dyercountysecy@tennesseetrails.org

OUTINGS COORDINATOR/BOARD REP: Jim Stark 731-589-1776
dyercountyhikes@tennesseetrails.org
(Call Jim & volunteer to lead an outing.)

MEETS MONTHLY: (Sep-Jun) 4th Thursday at 5:30 pm CT at Dyersburg Main Street Office, 111 Market Street on the south side of the square in downtown Dyersburg

No information available at press time.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-548-6171
easttennessee@tennesseetrails.org

VICE-CHAIR: Elise Eustace 865-201-5806
easttennessee@tennesseetrails.org

Oct 1 - Allardt Pumpkin Fest. A fun weekend, including camping, parade, hiking and more.

Oct 6 - Hike planning for 2012. Join our chapter members as we discuss our favorite hikes at Cedar Bluff Panera's just around the corner from Dick's. We need leaders! If you can lead or co-lead a hike, be sure to come. Your dinner will be free!!! We'll start our planning at 6 pm ET. Come, plan, and eat.

Oct 15 - Piney River Trail near Spring City. 8 miles. Moderate to easy. At times the path follows an old narrow-gauge railroad line for easy walking. The trail runs alongside the Piney River and we'll enjoy several nifty bridges along the way. There are waterfalls, gorgeous river views, and old growth forest. There could be some late wildflowers. A shuttle will be provided. Pre-register with Rosie at *rosemary_1@hotmail.com*.

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CHAIR: Barbie Moré 931-455-3311
highlandrim@tennesseetrails.org

VICE CHAIR: Nora Henn 931-668-1870
highlandrimvice@tennesseetrails.org

TREASURER: Marietta Poteet 931-924-7666
highlandrimtreas@tennesseetrails.org

OUTINGS COORDINATOR & NEWSLETTER CONTACT:
Joan Hartvigsen 931-962-0811
highlandrimhikes@tennesseetrails.org
(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT at the D. W.
Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Oct 4 - Chapter Meeting. Meet us for dinner 5:30 pm at the Gondola Pizza and Steak House, 412 E. Carroll St., (Manchester Hwy), Tullahoma. We'll have our business meeting at D.W. Wilson Community Center, Tullahoma at 7:00 pm. Joan Hartvigsen will present a program on her April trip with her sister to the Georgia mountains, visiting Fort Mountain, Amicalola Falls, Unicoi, Anna Ruby Falls, Tallulah Gorge and Black Rock Mountain Parks. They also drove the Cherohala Skyway from Robbinsville, N.C. to Tellico Plains, TN. Joyce Kilmer Memorial Forest and Bald River Falls on the Tellico River were just two of the many beautiful sites visited along the Cherohala Skyway. Georgia spring flowers are featured.

Oct 9 - Old Stone Fort State Archaeological Park, Manchester, TN. 4 miles. Easy to moderate. Bring water and snacks. Contact Joan Hartvigsen at 931-962-0811 or 931-636-2914 for more information and to register.

Oct 15 - Eat-Hike-Eat, Sewanee Domain. Join Tom Bentley at the Blue Chair Restaurant in Sewanee, TN at 9:00 am for breakfast. We will depart from Blue Chair Restaurant at 9:45 am to begin our hike. The hike, to be determined, is typically 3 to 5 miles and rated easy to moderate. After the hike we will lunch at a local restaurant. Contact Tom Bentley at 931-273-6344.

Oct 22 - Big Frog Trail, Cherokee National Forest. 11 miles. Moderate. Jim & Marietta Poteet will lead a hike in the Big Frog Wilderness unit of the Cherokee National Forest. This area is located near the Tennessee-Georgia boundary, east of Chattanooga, and south of the Ocoee River valley. We will be hiking the Big Frog Trail from Low Gap to the top of Big Frog Mountain. This hike is rated moderate, due to a round-trip length of 11 miles, and an elevation change of 2100 feet. Contact Marietta at 931-924-7666 or *nannietta@blomand.net* for more information about meeting time and place.

Oct 28-30 - TTA Annual Meeting, Dubose Conference Center, Monteagle, TN.

JACKSON CHAPTER

CHAPTER CHAIR: Glen Rognstad 731-217-5966
jackson@tennesseetrails.org

TREASURER: Anne Goodson 664-1556
jacksontreas@tennesseetrails.org

SECRETARY: Don Dresser 731-668-4190
jacksonsecy@tennesseetrails.org

OUTINGS COORDINATOR: Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org
(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 2nd Monday at Panera Bread, 1145 Vann Drive (The Columns) Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 7:00 pm

Oct 8 - Tishomingo State Park, MS. For additional information and registration, please contact Gary Cooper at 731-424-5375 or *gcooper52@yahoo.com*.

Oct 10 - Chapter Meeting. For additional information, contact Glen Rognstad at 731-217-5966 or *glenrognstad@gmail.com*.

Oct 15 - Big Hill Pond. For additional information and registration, please contact Don Dresser at 731-668-4190 or *donald_dresser@usit.net*.

Oct 22 - Max Patch Appalachian Trail Wedding, Hot Springs, NC. For information, please contact Glen Rognstad at 731-217-5966 or *glenrognstad@gmail.com*.

Oct 28-30 - Annual Meeting at Monteagle. For information, please see information provided in this newsletter.

Planning ahead:

Nov 5 - Natchez Trace State Park, Cub Lake (short hike). For information and registration, contact Terry McCoy at 731-535-0625 or *cityclar@aeneas.com*.

Nov 14 - Chapter Meeting. For additional information, contact Glen Rognstad at 731-217-5966 or *glenrognstad@gmail.com*.

MEMPHIS CHAPTER

CHAPTER CHAIR: Margaret Smith 901-210-6097
memphis@tennesseetrails.org

VICE-CHAIR: Francis Ruffin 901-396-1108
memphisvice@tennesseetrails.org

MEETS MONTHLY: (Sep – May) 2nd Thursday at 6:00 pm CT at
Cordova Library, 8457 Trinity Rd.

Oct 1 - Pinson Mounds State Archaeological Park. The park offers six miles of trails including a nature trail and a boardwalk with a stop overlooking the Forked Deer River which borders the park. The trail route will be determined when we meet. The trail is easy to moderate. Bring snacks and water. We will meet at the visitor's center at 9:30 am. If you are interested in carpooling or for questions contact Margaret Dixon at 901-603-7680.

Oct 6 - Monthly Meeting. THIS MONTH ONLY MEET 1ST TUESDAY OF MONTH. Meet at 6:00 pm at the Cordova Public Library, 8457 Trinity Road.

Oct 8 - Chickasaw State Park (lunch after hike.) This popular park features a pretty lake surrounded by ridges, and is situated on some of the highest terrain in West Tennessee offering over 100 miles of hiking! Margaret will lead a 3-4 mile hike through the forest. After hiking, we will all meet and eat at the restaurant, which serves home style country cooking and delicious buffets, so bring water and snack, but leave the lunch at home! The park is located 18 miles south of Jackson on State Hwy 100. Meet at the Park visitor center at 9:30 am or for carpooling meet at 8:00 am behind Sears Auto at Wolfchase Mall. To register for carpool or questions contact: Margaret Smith at *spikie542003@yahoo.com*. <http://www.tennessee.gov/environment/parks/Chickasaw>.

Oct 9 - River Bluff Downtown Social Walk. John Martin will lead a 3-4 mile walk along the River Bluff. Meet at the I-40 Visitor Center, 119 N Riverside Drive & Jefferson Sunday at 2:00 p.m. For additional information call John at 901-386-3722.

Oct 15 - Meeman-Shelby Forest Chickasaw Bluff and Woodland Trail. We will meet at 9:00 am at the Park Visitor Center and will have to shuttle to the North Chickasaw Bluff Trailhead. The trail starts at the top of the bluff and drops quickly down about 150 feet to the flood plain. The rest of the Chickasaw Bluff Trail is quite level. We will cross Beaver Creek whose bridge washed out, meaning there is a chance of wet feet, but the water level is expected to be low, so it shouldn't be much of a problem. When we reach the Woodland Trail, the group will have the choice of a hilly or a less hilly route for the two miles back to the Visitor Center. Bring water and snack. Distance: approximately 5½ miles. Note: The route may have to be changed if the creek proves impassable or other sections of the trail have not been cleared by that date. Contact: Wayne Simpson, 901-385-1988 or *w.simpson2@comcast.net*.

Oct 22 - Mousetail Landing State Park, Parsons, TN. Carpool 7:30 am from the Memphis/Shelby County Visitor's Center at exit 25 on I-40 (south on Highway 205 toward Collierville from I-40), or meet at 10 am Mousetail Landing Park Visitor Center. The 8-mile trail is rated moderate with some steep and rugged hills. We will eat lunch at a shelter on a bluff overlooking the Tennessee River. To register for carpool, contact Jack Chambers at 901-377-6817 or *ja1chambers@aol.com*. **Directions:** Take I-40 to Exit 126, south on Hwy 69 14 miles to Parson, TN. Travel east on Hwy 412 for 6 miles and cross the Tennessee River. Take a left on Hwy 438, travel 2.5 miles. The park entrance is on the left. Drive about a mile to at the park visitor center parking lot.

Oct 28-30 - TTA Annual Meeting. Dubose Conference Center, Monteagle, TN.

MURFREESBORO CHAPTER

CHAPTER CHAIR: Tony Jones 615-397-4463
murfreesboro@tennesseetrails.org

OUTINGS COORDINATOR: Ron Dunn 615-867-3301
murfreesborohikes@tennesseetrails.org

(Call Ron & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Barfield-Crescent Rd., Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Oct 11 - Chapter Meeting. Note our start time is 6 pm. ALL HANDS ON DECK FOR THE ANNUAL MEETING! Please plan to attend the meeting as we stuff goody bags and assemble nametags and mend auction paddles in advance of the Annual Meeting. This will be our last chance as a team before the meeting. PIZZA and sodas will be there for your munchies and please be prepared to get your hands dirty. For information contact Chapter Chair, Tony Jones at 615-397-4463 or *tonjon1968@gmail.com*.

Oct 22 - Cardwell Mountain, McMinnville. 5 miles. Moderate. We will be hiking the Cardwell Mountain trail which starts in the parking lot of the Cumberland Caverns. The trail is rated moderate due to length and a small incline. Part of this mountain trail runs along the infamous "Trail of Tears" There will be restrooms and a place to sit and eat at Cumberland Caverns. Bring plenty of water and a lunch. To sign up or for information contact Tony Jones at 615-397-4463 or *tonjon1968@gmail.com*.

Oct 28-30 - Annual Meeting at The DuBose Center in Monteagle, TN. Hiking, camping, eating, socializing so plan to be there. REGISTRATION OPENS AT NOON on Friday October 28.

MEET BAZZANIA

Our entertainment for the annual meeting will be the group Bazzania. Bazzania Girls Band is the creation of botanist Mary Priestley, who is curator of the Herbarium at the University of the South. Bazzania is a liverwort, a small plant that flourishes in nearby Fiery Gizzard, which is part of the South Cumberland Recreation Area. Bazzania is the official band of the Friends of South Cumberland. Their repertoire is eclectic, and includes some original songs.

To learn more about the group, visit their website at <http://www.bazzania.com>.



NASHVILLE CHAPTER

CHAPTER CHAIR:
OUTINGS COORDINATOR:

Libby Francis
Libby Francis
(*email Libby & volunteer to lead an outing*)

nashville@tennesseetrails.org
nashvillehikes@tennesseetrails.org

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit:
www.tennesseetrails.org/nashville.php

Oct 1-Sellars Farm State Archeological Area, near Lebanon. Join Ranger Tyler from Longhunter State Park as we take a walk back in time to visit this historic area which was once inhabited by the Mississippian Period Native Americans. The trail is less than two miles long, but there is plenty to see here-including ancient mounds/village, unique trees, and wildflowers. Spring Creek encircles most of Sellars Farm and is home to a wide variety of insects, snails, fish, amphibians, and other wildlife. No pets, but kids are welcome. Meet at 10:00 am CT in the parking lot. Directions from I-40: Get off at Exit 239-A (Hwy 70 East/Watertown Exit). Head east toward Watertown. Go approximately 1.5 miles and then turn left onto Poplar Hill Rd. Go about ½ mile and look for the Sellars Farm sign and gravel parking area on the left. E-mail Libby Francis at libbyslibbys@comcast.net or call 615-889-5718 to register and for more info.

Oct 2 - Hidden Springs Trail, Cedars of Lebanon State Park, Lebanon, TN. Cedars of Lebanon SP is located in an area comprised of the largest stand of Eastern Red Cedar remaining in the U.S. We will be walking through a "Cedar Glade," rocky barrens with thin soil that are extremely dry and a home to many unusual plants not found in Middle TN. Although thin and rocky, the terrain on this hike is pretty much flat for the entire 4.5 miles of this hike. Along the way, we will pass several sinkholes and small cave-like openings. We may also see some of the wild turkey and/or deer. Dress appropriately for the weather, and bring snacks and water. We'll meet at 9:30 am CT at the park's visitor center. For information and/or to register, call Diane Manas at 615-351-6431.

Oct. 15 - Cummins Falls in southern Jackson County is about to become a Tennessee State Natural Area. An easy walk will take us to an overlook above the falls, and through the woodlands to a strenuous descent, then a relaxing upstream walk/wade to a great view of the falls from the Blackburn Fork State Scenic River. Hiking shoes with ankle support recommended; you will appreciate hiking staffs or trekking poles. River shoes/wading clothes recommended for the river portion; the bottom is rocky and slippery in places. You'll want to have lunch or snacks and water, and cash for car-pooling. To register and for more info contact Nora Beck, 615-517-6496 or nora_beck@comcast.net.

Oct 22 - Lookout Mountain, Chattanooga. Ride the incline railway (\$15 charge) to the summit, where the Civil War Battle above the Clouds took place, and hike 9 moderate miles (due to elevation changes) on to Craven House Loop Trail and Bluff Trail. Wear sturdy boots; bring water, lunch and money for carpooling. For more information and to register contact Garnett Rush at 615-210-0660 or e-mail rushga01@yahoo.com.

Oct 28-30 - Annual Meeting, Monteagle. Hope to see everyone on the trail at the annual meeting. See info concerning hikes elsewhere in this newsletter.

Oct 30 - Beaman Park Trail Construction, Nashville. 1:00 to 5:00 pm. Please join the Friends of Beaman Park and the Vandy Outdoor Recreation Club for a trail construction volunteer work day. We are wrapping up construction on a 350 foot long handicap accessible boardwalk and continue work on front country trail near the Beaman Park Nature Center (5911 Old Hickory Blvd). All training and tools will be provided. Bring work gloves, wear sturdy shoes and clothes you won't mind getting dirty. Refreshments will be served. For information or directions please call the Beaman Park Nature Center at 615-862-8580.

**Tennessee Trails Association Annual Meeting
October 28-30, 2011
DuBose Conference Center - Monteagle, Tennessee**

Visit the Annual Meeting Blog: <http://www.tennesseehills.org/2011>

REGISTRATION FORM

ALL registrations orders **must** be received by October 15. After October 15, you can **PAY CASH ONLY at the door** but cannot be guaranteed a room at DuBose.

Please Print - Complete ALL (4) sections - one form per person – make copy of form if necessary

Name: _____ Sex: M F Chapter: _____

Address: _____

City, State, Zip: _____

Phone (_____) _____ Email: _____

(1) **REGISTRATION FEE** Non refundable and full amount is required.
\$15 per person **Total \$ _____**

(2) LODGING

Bishop's Hall: SOLD OUT!

Claiborne Hall: Main building, dorm-style, one or two single beds. No private bath, bathrooms are in the hallway of the building.

	Single Occupancy	\$42 per person	No.of Nights _____	Total \$ _____
	Double Occupancy	\$30 per person	No.of Nights _____	Total \$ _____

Roommate's Name: _____

Cabins: Each cabin accommodates 24 people in two large sleeping rooms (12 per side) with bunk style beds. Separate bathrooms with showers on each side.

\$18 per person No.of Nights _____ Total \$ _____

Tent Camping: No electrical or water hook ups. Campers may use bathroom facilities in the group cabin or in Claiborne Hall.

\$5 per person No.of Nights _____ Total \$ _____

Walker House: Home has five bedrooms, full kitchen, two and half baths. Maximum is 10 people.

\$350 per night No.of Nights _____ Total \$ _____

(3) MEALS

Check one: (Optional) **Vegetarian Meals** _____ **Vegan Meals** _____

Friday Dinner \$16 per person Total \$ _____

Saturday Breakfast \$8 per person Total \$ _____

Saturday Sack Lunch \$10 per person Total \$ _____

Saturday Dinner \$16 per person Total \$ _____

Sunday Breakfast \$8 per person Total \$ _____

Sunday Sack Lunch \$10 per person Total \$ _____

(4) COMPLETED REGISTRATION FORM & CHECK TOTAL ENCLOSED -

Mail Registration Form and check made payable to **Tennessee Trails Association** c/o Tony Jones
2903 Midland Fosterville Road, Bell Buckle, TN 37020 – 615-397-4463 – awj68@comcast.net.

******* IMPORTANT – NO REFUNDS after October 1, 2011 ***** Consider it your support of TTA *******

TTA Annual Meeting Commemorative "Monteagle 2011" T-Shirt ORDER FORM

- ✓ **Deadline to order is October 15; all orders **MUST** be received by Oct. 15.**
- ✓ **Due to sales tax restrictions please date your check and mail your check in after October 1. You may email your order reservation prior to Oct. 1 but we cannot accept payment until Oct. 1.**
- ✓ **Shirts are pre-paid and pre-ordered only. Commemorative shirts will not be available to purchase at the annual mtg.**
- ✓ **Shirts will be distributed when you sign in at registration.**
- ✓ **Short sleeve available in: Serene Green, Military Green, Stone Blue, Blue Dusk, Vegas Gold, Tan.**
- ✓ **Long sleeve available in: Light Blue, Indigo Blue, Sand, Military Green, Natural, Prairie Dust.**
- ✓ **Go to the Annual Meeting blog to see the color choices – www.tennesseetrails.org/2011**

Measurement (inches)	Width ↔	Length ↑
SMALL	18	28
MEDIUM	20	29
LARGE	22	30
X-LARGE	24	31
2X-LARGE	26	32



Front Pocket



www.tennesseetrails.org

Back

Gildan, 100% Cotton, Pre-shrunk

Name: _____

Phone: _____ Email: _____

Short Sleeve Size: _____ Color: _____

Long Sleeve Size: _____ Color: _____

No. of Short Sleeve Shirts _____ @ \$20 Amount \$ _____

No. of Long Sleeve Shirts _____ @ \$20 Amount \$ _____

TOTAL AMOUNT ENCLOSED \$ _____

Due to sales tax restrictions payments can only be accepted after October 1, please date check Oct. 1 or later.

Mail order form and check made payable to **Tennessee Trails Association** c/o Tony Jones, 2903 Midland Fosterville Road, Bell Buckle, TN 37020 . If you have any questions please email Millette Jones at millette.jones@comcast.net or call 615-397-9588.

Tennessee Trails Association 2011 Annual Meeting Hike Descriptions

Hike Coordinator - Joan Hartvigsen – 931-962-0811

Self Guided Strolls

Friday, October 28

Meadow Trail, behind South Cumberland State Park Visitor Center. Monteagle, TN. 2 mile loop. Easy.

This flat, grassy walk features native Tennessee grasses, wildflowers, understory trees (smooth and winged sumac, dogwood, sourwood etc.) as well as our oaks, hickories, yellow poplars, red maples and Virginia Pine, just to name a few. Expect to be wowed by this colorful meadow!

Sewanee: The University of the South Campus Walk.

The University, founded in 1857 by Episcopal bishops, is a private, liberal arts institution with around 1,400 students in the College of Arts and Sciences and 100 graduate students in the School of Theology. After the Civil War Oxford University and Cambridge University donated books for Sewanee's first library and the university started classes in 1868. The magnificent Gothic buildings, reminiscent of Oxford, were constructed between 1875 and 1915, though the most noted building, All Saints Chapel, was not completed until 1957. Breslin Tower, modeled after Magdalen College, Oxford, is 100 ft. high and contains a Seth Thomas clock and Westminster Chimes. Shapard Tower houses the Memorial Carillon. The Tower's vaulted ceilings are modeled after the medieval cathedrals Chartres and Amiens. These historic buildings, spacious green lawns and beautiful mature trees make a wonderful outing!

SCHEDULE

FRIDAY

Check in begins at 12 NOON and will end 20 minutes prior to dinner (Instructions will be left at table for late comers). Friday hikes leave from DuBose at 1:30 pm (please arrive and CHECK IN at Registration BEFORE the hike). For those going on the 9 am Diane Manas hike, check in after return from hike.

Dinner: 6:00-7:00 pm

SATURDAY

Early Morning Coffee: 6:00-6:50 am

Breakfast: 7:00-8:00 am

Sack Lunches picked up during breakfast

Hikes depart from 7:30-9 am

Dinner: 6:00-7:00 pm

SUNDAY

Early Morning Coffee: 6:00-6:50 am

Breakfast 7:00-8:00

Sack Lunches picked up during breakfast

Fiery Gizzard, Dog Hole, Raven Point Trails. 9.5 miles. Moderate. Hike Leader: Diane Manas 615-352-7777.

We will meet on Friday, Oct 28 at 9:00 am CT at the Grundy Forest State Natural Area Picnic Shelter, and should be done around 3:00pm. After the hike, we will head to the Dubose Conference Center; arriving soon after registration has opened. This is an out and back hike. We will hike a small portion of the Grundy Forest Day Loop in order to reach the Fiery Gizzard Trail. From here, we'll hike a small segment of the Fiery Gizzard Trail over to the Dog Hole Trail and take the Dog Hole Trail to Raven Point Overlook, where we will have lunch. We'll return to our cars by retracing our steps. Rated moderate for the gently rolling hills, uneven terrain and distance. Along the way, we will visit Sycamore Falls (12-foot high waterfall has a gorgeous setting), pass Black Canyon (named for the organic stains on the rocks where Little and Big Fiery Gizzard Creeks merge) and lunch at Raven Point (a spectacular overlook of Gizzard Cove). A decent level of stamina and sturdy hiking shoes are a must! Bring water, snacks and lunch. Pre-registration is not required; just arrive a few minutes early/on time so that the Release of Claims form can be signed and we can begin our hike around 9:00 am CT. DIRECTIONS to Grundy Forest Picnic Shelter: From I-24, get off at #134 (Hwy 41) Monteagle/Sewanee, and head east in the direction of Monteagle. Go approximately 1.0 mile, you'll be in Monteagle, and turn left onto Hwy 41 South toward Tracy City. (NOTE: Dubose Conference Center sits on the right corner after you have made this turn.) Continue along for about 4 miles into Tracy City and turn right onto Third Street which is just after the Sequatchie Valley Electric Coop. (There should be a sign for Grundy Forest.) Go approximately 0.40 miles and turn right onto Marion Street (following the signs for Grundy Forest). Go approximately 0.25 miles and turn right onto Fiery Gizzard Road (following the signs for Grundy Forest). The picnic shelter will be at the end of the circular parking lot.

Fri – con't

Grundy Forest Day Loop, Tracy City, TN. 2 miles. Moderate. Hike Leader Marietta Poteet. Meet at 2:30 pm at the Dubose Conference Center. This trail into the head of Gizzard Cove meanders through giant hemlocks and offers views of waterfalls, cascades, and the junction of the Big and Little Fiery Gizzard Creeks. The first mile of this trail is very easy terrain since it traverses the flat plateau top. The second mile traverses the head of the gorge and is considered moderate. The trail is narrow, rocky with many exposed roots. The last half mile is the same as the first half mile of the main Fiery Gizzard Trail; the trails join (or separate) at the bridge. This trail makes an excellent introduction to the whole South Cumberland Trail System since it contains a wide diversity of beautiful scenery.

Shakerag Hollow Trail - Green's View to University Domain Gates with side trip to Piney Point Overlook. 4 miles. Moderate. Hike Leader: Glen Rogstad. Meet at 2:30 pm at Dubose Conference Center. Start at Green's View with the absolute best view down into the valley of Roark's Cove. Hike to the University Domain Gates, on Highway TN 41A and return the same way back. The trail is relatively short with moderate difficulty (one short steep spot as it comes down the mountain from Green's View). The trail wanders among big boulders and giant trees along the side of the mountain at the first bench below the bluff. It takes about an hour to hike the trail one-way. The trail was originally built by the Civilian Conservation Corp in the 1930's and has a wonderful display of wildflowers in the spring.

Saturday, October 29

Cumberland Trail - Shackleford Ridge Park to Edwards Point, Signal Mountain TN. 10.5 miles. Moderate. Hike Leaders: Diane Manas and Tony Hook. This outing is an out and back hike, and is rated moderate due to the distance and uneven trail tread. We'll start from the Shackleford Community playground pavilion and follow a fairly level unused Jeep Road for about 1.2 miles to reach Mushroom Rock and the start of this Cumberland Trail segment. Mushroom Rock is a spectacular geological formation which stands 30 feet tall. After photos of the group at Mushroom Rock we'll walk 4 miles through fairly level and extremely pleasant woodland to the spectacular Edwards Point Overlook, where we will have lunch, and ooh-ah the scenery and views. From Edwards Point one can see southward into the Tennessee River Gorge, over to Raccoon Mountain and east towards the Chickamauga and Chattanooga National Military Park. Wear sturdy hiking shoes, and bring snacks, lunch and water (as well as the 10 essentials); and small bills to pay towards the carpool driver's gas (or if you're the driver, riders are expected to cover their share). Carpooling will take place at 7:30 am CT on the Dubose Conference Center campus. The ride is 1 hour each way.

North Rim, Mountain Oak, and North Plateau Trails. Savage Gulf State Natural Area, Palmer, TN. 10 miles. Moderate. Hike Leader: Garnett Rush. The North Rim Trail and the North Plateau Trail combine to provide a walk with little elevation change that loops by numerous overlooks of Savage Gulf. The North Rim Trail has more overlooks than any other trail on the South Cumberland. From these viewpoints, you will see the confluence of tributary gorges with Savage Gulf, old-growth forests in the bottom of the gorge, the scars of avalanches, and the junction of the three gulfs that make up the state natural area.

Sat – con't

Stone Door, Big Creek Gulf, Laurel Trails, Beersheba Springs, TN. 9 miles. Strenuous. Hike Leader: Ron Dunn. After enjoying the spectacular overlooks at the Great Stone Door we will descend through the Stone Door down to Big Creek Gulf. The trail descends steeply down the rocky slope then parallels Big Creek upstream, crossing rocks most of the time. We have the option of visiting Ranger Creek Falls, which spills over a 20 foot ledge and disappears into a sink. Such vanishing falls are called terminal falls. Back on the main trail we'll have the option of visiting the sinks of Big Creek. Here the creek flows into a deep green pool and disappears. The geology in Big Creek Gulf is amazing. (Joan thought she was on another planet.) After wandering four miles through fantastic rock formations we climb steeply up out of Big Creek Gulf and into the Alum Gap Campground area. The three mile easy flat Laurel Trail will take us back.

Cloudland Canyon State Park Waterfalls and Sitton Gulch Trail, Rising Fawn, GA. 7 miles. Strenuous. Hike Leader: Joan Hartvigsen. This Georgia park is located on the western edge of Lookout Mountain. The park straddles a deep gorge cut into the mountain by combined waters of Bear and Daniels Creeks. The Waterfalls Trail consists of gravel and 1,200 stair steps. Both waterfalls cascade off of sheer faces at 60 and 90 feet, and are among the most beautiful in the state. The Sitton Gulch Trail follows Daniel Creek through open green hemlock groves, and overlooks numerous small waterfalls cascading through limestone crevices. The autumn color is magnificent.

Raven Point Hike, Grundy Forest State Natural Area, Tracy City, TN. 9.5 miles. Strenuous. Hike Leader: Charlotte Broyles. This incredible hike incorporates portions of the Grundy Forest Day Loop, Fiery Gizzard Trail and the Dog Hole Trail to reach Raven Point. Along the way we'll see gorgeous giant hemlocks, Blue Hole Falls, cascades and Big and Little Fiery Gizzard Creeks. We will view Black Canyon, the pillars of Chimney Rocks and 12 foot Sycamore Falls on Big Fiery Gizzard Creek. Our lunch destination is Raven Point, presenting panoramic views of Gizzard Cove and stunning, colorful autumn foliage.

Old Stone Fort State Archaeological Park, Manchester, TN. 4 miles. Easy to moderate. Hike Leader: Bob Goodwin. This prehistoric site is located where two forks of the Duck River cascade off the Highland Rim on their way to the Central Basin. Between the forks of the Duck and Little Duck Rivers is a plain lined in places by an earthen wall. One theory was that the earthen wall was an early Native American fortification, hence the name Old Stone Fort. However, U.T. anthropologists have concluded the walls set aside a place of spiritual significance. The oldest section of the wall was built in 30 A.D. The core of the wall is made of limestone rocks. The rocks are covered with chert and earth fill. This hike passes through an impressive old forest along bluffs overlooking the cascading forks of the Duck River. On this hike you will see cliffs, rivers, huge trees, waterfalls and cascades. The park's museum offers displays and programs about the site, about archeology in general, and about Native American culture.

Sat – con't

Sewanee Perimeter Trail (The Cross to Proctors Hall to Morgan's Steep, Bridal Veil Falls, Acadian Trail, Central Campus). 6+ miles. Moderate. Hike Leader: Glen Rognstad. Start at the Cross - a very large white Memorial Cross overlooking Hawkins Cove. The first part of the hike involves a walk beneath massive rock walls and overhangs (a favorite of rock climbers). The trail goes under and passes behind a waterfall. At about halfway the trail goes through Proctors Hall - a natural stone tunnel with old inscriptions carved in the stone. The trail passes directly through the Hall and out the other side. It is a little bit of a climb down, but is easily done with a helping hand. After another small stream crossing the trail climbs a set of stairs which leads up to the top of the bluff at Morgan's Steep with another great view into the valley. The trail was originally built by the Civilian Conservation Corp in the 1930's. Allow for a total of about 1-1/2 hours to Morgan's Steep. From Morgan's Steep the trail continues on along the cliff, crosses a stream, and then begins the descent down the mountain one mile to Bridal Veil Falls. The falls is located at the edge of a large sink. The stream emerges from the side of the mountain, cascades 25 feet and then drops as far again and disappears into the bottom of a great pit. The Acadian Loop trail allows for a return to Morgan's Steep via an alternate trail up the mountain. After ascending the plateau we return along the Perimeter Trail back to Morgan Steep taking in Clara's Point View and a section of the Corso. Total time estimate of 2+ hours for the Bridal Veil and Acadian Trail Loop section. At Morgan's Steep we will begin a hike back to the War Memorial Cross via a walking tour of the central campus taking in the sights of the many historic buildings on campus, reminiscent of the gothic tradition of Oxford and Cambridge: All Saint's Chapel, Breslin Tower, Convocation Hall, Guerry Hall, and Saint Luke's Chapel. The last mile or so is along the Tennessee Williams Trail back to the Memorial Cross.

Savage Day Loop, Palmer, TN. 4.2 miles. Easy. Hike Leader: Fount Bertram. This hike may be the easiest all weekend, and it is quite beautiful with lush mountain laurel, hemlock trees, waterfalls, and overlooks of the Gulf. The many points of interest include a suspension bridge across Boyd Branch Creek (lined with mountain laurel), Savage Falls Overlook and Rattlesnake Point Overlooking Savage Gulf. We can also take a half mile trip down the South Rim Trail, crossing Savage Creek on a suspension bridge and passing beneath a canopy of rhododendron along the cascading Savage Creek. A wooden staircase leads to the deep pool of Savage Falls.

Grundy Forest Day Loop, Tracy City, TN. 2 miles. Moderate. Hike Leader: Jim Poteet. This trail into the head of Gizzard Cove meanders through giant hemlocks and offers views of waterfalls, cascades, and the junction of the Big and Little Fiery Gizzard Creeks. The first mile of this trail is very easy terrain since it traverses the flat plateau top. The second mile traverses the head of the gorge and is considered moderate. The trail is narrow, rocky with many exposed roots. The last half mile is the same as the first half-mile of the main Fiery Gizzard Trail; the trails join (or separate) at the bridge. This trail makes an excellent introduction to the whole South Cumberland Trail System since it contains a wide diversity of beautiful scenery.

Sat – con't

Stone Door, Big Creek Rim, Laurel Trails, Beersheba Springs, TN. 7 miles. Moderate. Hike Leader: Tony Jones. This hike affords one of the best views of the gulf area. The Great Stone Door is an impressive crack in the rock bluff with a sloping floor that probably was used by Native Americans as a way in and out of Big Creek Gulf. We will begin our hike with a short walk to an overlook of Laurel Falls, where Laurel Creek drops 25 feet into a pool below a lip of rock with a hollowed-out amphitheater behind. We will continue to the Stone Door and magnificent overlooks of autumn colors. Hikers will have the option of hiking down and back up the stone steps at Stone Door. We proceed on the Big Creek Rim Trail, an easy, flat trail following the edge of the plateau above the Big Creek Gulf. We will enjoy four overlooks (Split Rock, Sinks, Pine Rock and Big Creek Overlooks) on our way to Alum Gap Camp Area, our lunch spot. Then on to Laurel Trail which leads through fern-filled hollows forming the headwaters of Laurel Creek. This is an easy, flat hike rated moderate due to length and the rugged terrain at the Stone Door.

Sunday, October 30

Falls Creek Falls, Gorge Overlook and Woodland Trails. Fall Creek Falls State Park, Pikeville, TN. 3 miles. Moderate to strenuous. Hike Leader: Nora Henn. Falls Creek Falls State Resort Park is Tennessee's premier state park because of its awesome scenery, a wide variety of activities, and superb accommodations. Though a portion of the park is developed, two thirds of the park is a state natural area. On the Fall Creek Falls Trail we will wind down into Fall Creek Gorge and stand at the base of the 256 foot high Fall Creek Falls, the tallest waterfall in the eastern United States. Back on top we will have a bird's eye view of the tall waterfall. From the Falls overlook we'll pick up the Gorge Overlook and Woodland Trails Loop. This route takes us around a bluff top above Cane Creek Gorge with grand views, over Cane Creek Cascade on a suspension bridge and then onto the Nature Center before looping back to the Fall Creek Falls overlook parking area. This hike is easy except for the steep but thrilling hike down to the base of the falls. (Steps and handrails are provided).

Walls of Jericho. 7 miles. Moderate to strenuous. Hike Leader: Sara Pollard. A short car shuttle will allow the hike to start at the Tennessee trailhead parking lot for the long descent into the gorge and will return by way of the shorter but steeper Alabama trail. The "Walls" is an impressive geological feature that forms a large bowl shaped amphitheater. This amphitheater has steep 200 foot sheer rock walls that create the natural feature defining the amphitheater. We will also see many bluffs, large rock outcroppings and caves.

Sun – con't

Short Springs State Natural Area, Tullahoma, TN. 5 miles.

Moderate. Hike leader: Cindy Watson. Short Springs is a 420 acre Designated State Natural Area located in Coffee County. While located on the Highland Rim, Short Springs dramatically plunges into the Central Basin. Deep gorges and steep slopes form the landscape of this beautiful area. Bobo Creek flows over rapids and two 20 foot waterfalls, Upper and Lower Busby Falls. Newman Branch Creek flows over an impressive 60 foot waterfall called Machine Falls. Along Bobo Creek and Newman Branch a rich alluvial bottomland forest of sycamore, buckeye, elm, ash, and maple flourish. While descending the Machine Falls Trail to the bottom of the Falls observe the crumbly, black shale rock at mid-slope. This is Chattanooga Shale which also forms the parquet stream floor located above Upper Busby Falls. This formation delineates the Highland Rim from the Central Basin. The canopy on the higher elevations is dominated by dry upland species of oaks, such as post, southern red, black and blackjack. Blackgum and mockernut hickory are also common. The trails are Machine Falls Loop (1.4 miles), Busby Falls Loop (0.9 miles), Connector Trail (0.1 miles), Wildflower Loop (0.2 miles), Adams Falls Loop (1.2 miles), and Laurel Bluff Loop (1.4 miles). All these trails are wonderful.

Foster Falls / Climber's Loop. 3 mile Loop. Hike Leader:

Nabil Wakid. This trail leads down to the base of 60 foot Foster Falls in a steep walled gorge and then continues west providing access to the gorge wall before connecting with the Fiery Gizzard trail. We will hike down to the river to view the falls, then skirt along the bottom of famous cliffs known to rappel climbers as the White Walls and the Dihedrals. The gorge is full of gorgeous hemlock trees. A steep climb precedes our way back along the top of the cliffs. You will need sturdy boots and plenty of water.

Greeter Falls Loop (Upper and lower Greeter Falls, Boardtree Falls, Blue Hole Trail), Altamont, TN. 4 miles.

Moderate Hike Leader: Marietta Poteet. This trail combination features upper and lower Greeter Falls and Boardtree Falls and a walk to one of the best views in the natural area, Big Bluff Overlook near Alum Gap. The amphitheater of Greeter Falls is unusual, with a thick sandstone layer on top of a more crumbly limestone layer. Most waterfalls on the plateau spill over hard sandstone that caps layers of softer sandstone or shale. The base of lower Greeter Falls is reached by walking down a metal spiral staircase. Massive cliffs rise up along the trail pass Boardtree Falls. The scenery is outstanding and the forest is lush. Portions of the trail are rocky.

Cloudland Canyon State Park, West Rim Trail, Rising Fawn, GA. 5 miles. Moderate. Hike Leader: Joan Hartvigsen.

Cloudland Canyon State Park is located on the western edge of Lookout Mountain. The park straddles a deep gorge cut into the mountain by combined waters of Bear and Daniels Creeks. Bring binoculars to view hang gliders, Peregrine Falcons, and vultures. The autumn colors are spectacular in the canyon. Beginning at the Daniels Creek Bridge, and climbing out of the canyon onto the plateau, the trail provides magnificent views of Trenton, Georgia, Lookout Valley, Sand Mountain, and of Cloudland Canyon itself. The trail is lined with rhododendron, mountain laurel, oaks, hickories and hemlocks. On this hike we will be able to gaze down into lovely Sitton Gulf.



Check the annual meeting blog for the most current information! Hope to see you all there!

<http://www.tennesseetrails.org/2011>

NORTHWEST Chapter

(UT at Martin / Weakley County)

CHAPTER CHAIR: Scott M. Pun 731-881-7316
northwest@tennesseetrails.org

TREASURER: Sandy Davis 731-587-9134
northwesttreas@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT during the academic year (Feb-Apr and Sep-Dec) on the UT Campus in the Paul Meek Library, Rm 120, Media Services B1

No information available at press time.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-456-6437
plateau@tennesseetrails.org

SECRETARY/TREASURER: Jim Grove 931-484-7900
plateausecy@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:30 pm CT
BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information, contact Cheryl Heckler at 931-456-6437 or visit the Plateau Chapter Blog. Rain cancels.

Sep 30–Oct 2 – TTA Weekend outing at the Allardt Pumpkin Festival. See details on page 15 of this newsletter. Come be a Pumpkinhead!!! We'll see you in Allardt!!! For more information and to make arrangements for carpooling from Crossville, contact Cheryl Heckler at 931-456-6437 or *thehecklers@charter.net*.

Oct 15 - Cumberland Cove Hike, Cowpens Trail and Stillhouse Rock Overlook. We will start at Falls Road Park trailhead and hike the Cowpens Trail loop back to the parking lot. Then we will hike down to the other creek, across the bridge and up to the Stillhouse rock overlook. A car shuttle will be necessary. This is a 3.5 mile hike rated moderately difficult due to the elevation changes and rough terrain. Both trail heads have overlooks that will showcase the fall colors. Depart from Tractor Supply at 8:00 am CT or meet at the Cove Market in front of Cumberland Cove Road at 8:30 am CT. For more information and to register for the hike, contact Charlie Massey at 931-839-8283 or by e-mail at *chas.massey@frontiernet.net*.

Oct 22 - Maude's Crack, Big South Fork. This hike is a loop that descends to the bottom of No Business Gorge, and then follows the creek for a mile or so to the rim of the gorge. The last 100 feet of the climb is through Maude's Crack. There are relics of an early 20th century settlement along No Business Creek. There is a side trip to the John Muir Overlook. The hike is approximately 8 miles and rated moderate to strenuous because of the rugged terrain, a stream crossing, and two climbs. It may be necessary to have flip-flops or extra shoes to wade through water. Depart Cracker Barrel at 8 am CT. For more information and to register, contact Jim Lamb 931-484-5991 or *jameslamb@frontier.com*.

Oct 28-30 – Annual TTA Meeting at Dubose Conference Center, Monteagle.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: George Bonneau 423-842-3619
soddydaisy@tennesseetrails.org

TREASURER: Robertson (Bob) McGavock 423-667-2960
soddydaisytreas@tennesseetrails.org

MEETS EVERY OTHER MONTH: 1st Tuesday in Jan, Mar, May, Jul, Sep, Nov at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/soddydaisy>

Oct 1 – Laurel Falls, Cumberland Trail. 5 miles. We may explore an auxiliary trail found on a topo map. The trail is rated as moderate with some steep climbs. The group will meet at the parking lot in Soddy-Daisy at the baseball fields along Durham Street (across from the lake). We will leave the parking lot at 8:00 am ET. **Contact:** Earl at 770-877-0600 or *e_helmer@att.net* to register. **Driving Directions:** Take US-27 north to Dayton. Turn left onto Hwy 30. Turn right onto Back Valley Road. Look for Laurel Falls sign on the left. Continue on the gravel road to the trailhead.

Oct 5 – Cedar Mountain (west of Chattanooga). 4 miles. Moderate. The group will meet at the Bi-Lo parking lot, 4825 Dayton Blvd, Red Bank (at Morrison Springs Rd) and will leave the parking lot at 8:00 am ET. **Contact:** Earl at 770-877-0600 or *e_helmer@att.net* to register. **Driving Directions:** Take Interstate 24W towards Nashville about 19 miles to exit 158 (Powells Crossroads). Take a left at the end of the exit ramp and go under the freeway. Immediately on the other side of the freeway, just past the entrance ramp look for a gravel road on the left. It is kind of hidden from view. This gravel road will take you directly to the parking area. The parking area is located at N35 01.849 W85 34.886. Portions of this trail are not well marked so it will be necessary to follow a GPS trail. This means that some of the hike may not be on a marked trail. There may be some bushwhacking necessary to maintain our course.

Oct 8 – Cumberland Trail from Retro Hughes Road Trailhead to the Jones Gap Road Trailhead off Highway 111. 9.5 miles. Moderate with some steep but short climbs. This hike will require a shuttle. The group will meet in Soddy-Daisy at the baseball fields along Durham Street (across from the lake). We will leave the ballfield parking lot at 8:00 am ET. **Contact:** George Bonneau at 423-596-5972 or *grbonneau@comcast.net* to register. **Trail information may be found at** <http://www.cumberlandtrail.org>. **Driving Directions:** From Soddy-Daisy to Retro Hughes Rd. Trailhead, go north on US-27 to Bakewell. Turn left onto Retro Hughes Road (BP Gasoline Station on right). Go up the mountain 6.7 miles to the trailhead (on right) just past a logging road.

Oct 12 – Cumberland Trail from the parking area near Cain Creek to Stevenson Branch campsite, out and back. The group will decide the distance to be covered but, total distance is expected to be about 6.5 miles. The group will meet at the parking lot in Soddy-Daisy at the baseball fields along Durham Street (across from the lake). We will leave the parking lot at 8:00 am ET. **Contact:** Bob at 423-667-2960 or *kopperkitters@yahoo.com* to register. **Driving Directions:** From Soddy-Daisy, go west on Durham St. At the T-intersection, turn right. At the stop sign, turn left onto Hotwater Road and continue to the end of Hotwater Road. Turn right onto Mowbray Pike. Turn left at the gray house. Continue on the paved and then gravel roads taking all left turns until come to gate.

Oct 19 – Stringers Ridge, Chattanooga. The group will meet at the Bi-Lo parking lot, 4825 Dayton Blvd, Red Bank (at Morrison Springs) and will leave the parking lot at 8:30 am ET. **Contact:** Earl at 770-877-0600 or *e_helmer@att.net* to register. **Driving Directions:** From Red Bank, go south on Dayton Blvd. Turn left at Nikki's Restaurant and group will decide where to park.

Oct 28-30 – TTA Annual Meeting, Dubose Conference Center, Monteagle, TN.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS:

David & Shirley Primeau 615-424-2948
sumner@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT Hendersonville First
United Methodist Church, 217 E. Main St.
Hendersonville, TN

Sep 30 - Oct 2 - Carcamping trip to Pickett State Park, and other hiking-related events centered around the Allardt Pumpkin Festival. The festival itself is Saturday, Oct 1 with a giant pumpkin weigh-off, parade, music, and much more - including hikes! There is a timeline of events in the body of this newsletter. For more information, contact Anne Wesley at ttahiker@att.net before September 30.

Oct 4 - Chapter Meeting. The program will be "Backpacking: Terrific Fun or Proof of Legal Insanity?" Two weeks after our chapter's first backpacking trip, this will be a demonstration of how to prepare for a trip, and more importantly, what not to take with you. If you are curious about getting started, this is the program for you. If you are an experienced backpacker, come to the meeting to heckle the speaker. If you have no interest in ever backpacking, you can sit there and think, "Thank goodness that's not me" - but we promise you'll have fun and learn something anyway. Fair warning: one mildly, politically incorrect backpacking joke will be told. As always, we'll have a few announcements and some light refreshments (that you won't have to cook on a camp stove). Friends, family, visitors always welcome. Questions? Contact David & Shirley at sumner@tennesseetrails.org.

Oct 8 - Hidden Springs Trail. 4.2 miles. Moderate. Very little elevation change on this loop trail in Cedars of Lebanon State Park. This foot trail features interesting rock formations and sinks as we walk through cedar forests and glades as well as deciduous trees all growing in thin and rocky soil. At about half way, we will come to a vertical opening in rocks that accesses a small underground stream - this is the "Hidden Spring". Meet at First Presbyterian Church in Hendersonville at 9 am CT or at the trailhead at 10 am CT. After the hike, we'll stop for lunch at Boo-E's at Gallatin Marina on Old Hickory Lake. For further info or to register for the hike, contact Hidden Al at ballallenger@aol.com or (615) 347-2623.

Oct 15 - Old Stone Fort, Manchester, TN. Join us for a gorgeous fall hike. This 2000 year old ceremonial field is surrounded by mound walls built by Native Americans. Two rivers border the promontory, complete with waterfalls and cascades. This hike is about three miles long & you will want to bring your camera to capture the beautiful autumn colors! Meet at Hendersonville First United Methodist Church at 10:00 am CT to carpool. Contact Bethany Hader with questions or for more information at bethany.hader@gmail.com.

Oct 28-30 - TTA Annual Meeting in Monteagle, TN!

Are you on our chapter listserver? If you do not receive the weekly e-mail updates for our chapter, then you may join by going to the Sumner Trails chapter page on the TTA website: www.tennesseetrails.org.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR:

Louise Miniard 931-528-9115
uppercumberland@tennesseetrails.org

HIKE COORDINATOR:

Cindy Johnson 931-570-0122
uppercumberlandhikes@tennesseetrails.org

Oct 1 - Lookout Mountain, Point Park, Chattanooga, TN. We will take the Incline railway both up and down the mountain. The cost is \$14 round trip for adults and \$7 for grown-ups 65 and older. We will start at Point Park (admission is \$3 or Golden Age Pass). We will hike down to Craven's House and also hike the Bluff Trail to Sunset Rock and beyond for a total of 8 miles or less. The hike is rated moderate for the terrain. We will dine at Sticky Fingers after the hike. Bring lunch, water, snacks, and wear good hiking boots. We will meet at the US Bank in Sparta across from McDonald's at 8:00 am CT. Contact Pete Broehl at 931-738-3551, or by email at pabroehl@blomand.net to register.

Oct 8 - Colditz Cove and Gentlemen's Swimming Hole, Allardt, TN. Colditz Cove is a 165-acre natural area located approximately two miles east of Allardt, TN in Fentress County. Its most impressive feature is Northrup Falls. This is one of Tennessee's most stunning waterfalls plunging more than 60 feet over a protruding rock ledge into a scenic, narrow, gorge along Big Branch Creek. After a 1.5 mile hike at Colditz Cove we will travel to Rugby, TN to the Gentlemen's Swimming Hole. Gentlemen's Swimming Hole is a 2.0 mile hike. Gentlemen's Swimming Hole passes by a lovely pool on Clear Fork Creek and on to the Meeting of the Waters, the confluence of Clear Fork Creek and White Oak Creek. Both hikes are rated moderate. We'll lunch on the lawn at Rugby. We can take time to wander among the historic buildings. After lunch if there is interest we can hike the town loop which is maybe 1.5 miles. Bring lunch, water, snacks, and wear good hiking boots. We will meet at the US Bank in Sparta across from McDonald's at 8:00 am CT and 8:30 at Penney's in Cookeville. An alternate meeting place is the intersection of Hwy 127 and Hwy 62 in Clarkrange at 9:30. Contact Karen Howser at codycodygirl@gmail.com to register.

Oct 15 - Stone Door, Big Creek Gulf/Rim Trails, Savage Gulf, Beersheba Springs, TN. 9 miles. Difficult. This loop offers spectacular gorge views, a nice trek through the Stone Door, and one of the rockiest trails you'll ever walk. We will cross Big Creek, which is usually underground at this point, to visit Ranger Falls, a terminal waterfall. If we have had a lot of rain and the creek is flooded, we will omit that part of the trip. Bring lunch, water, snacks, and wear good hiking boots. We will meet at the US Bank in Sparta across from McDonald's at 8:00 am CT. Contact Cindy Johnson at 931-570-0122, or by email at cjhikes@comcast.net to register.

Oct 22 - Cloudland Canyon State Park, GA. The weather will determine the hike. Either way we will first go to each of the waterfalls and if the weather is clear, we will hike the west rim trail also. If the weather is foggy or wet, we will hike the Sitton Gulch Loop instead of the West Rim Trail. The hike will be approx. 6.5 miles on either route and is rated moderate. We will dine at Sticky Fingers after the hike. Bring lunch, water, snacks, and wear good hiking boots. We will meet at the US Bank in Sparta across from McDonald's at 8:00 am CT. Contact Pete Broehl at 931-738-3551, or by email at pabroehl@blomand.net to register.

Oct 28-30 - TTA Annual Meeting, Monteagle, TN.

OFFICERS:

President	Don Dresser	731-668-4190
		<i>president@tennesseetrails.org</i>
Vice-President	Millette Jones	615-397-9588
		<i>vicepresident@tennesseetrails.org</i>
Treasurer	Jan Agee	423-504-3581
		<i>treasurer@tennesseetrails.org</i>
Secretary	Carolyn Miller	931-839-3213
		<i>secretary@tennesseetrails.org</i>
Past President	Rosemary Marshall	865-548-6171
		<i>pastpresident1@tennesseetrails.org</i>
Previous Past President	Anne Wesley	615-851-1052
		<i>pastpresident2@tennesseetrails.org</i>
West TN At-Large Director	Graydon Swisher	901-737-3114
		<i>westregional@tennesseetrails.org</i>
Middle TN At-Large Director	Nora Beck	615-517-6486
		<i>midlleregional@tennesseetrails.org</i>
East TN At-Large Director	Levonn Hubbard	931-707-1020
		<i>eastregional@tennesseetrails.org</i>
Membership Director	Ron Dunn	615-867-3301
		<i>membership@tennesseetrails.org</i>
Cumberland Trail Conference Representative	Diane Manas	615-352-7777
		<i>CTC@tennesseetrails.org</i>
TN Rails To Trails Advisory Council Representative	Bob Richards	615-532-0753
		<i>TRAC@tennesseetrails.org</i>
CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER		
Newsletter Editor	LouAnn Partington	931-393-4835
		<i>editor@tennesseetrails.org</i>

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Oct 10	Nov 1
Nov 10	Dec 1
Dec 10	Jan 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

TTA CALENDAR

The following dates in 2011 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

FOURTH QUARTER

Oct 28-30Annual Meeting (Dubose Conference Center, Monteagle) hosted by Highland Rim and Murfreesboro chapters

Allardt Pumpkin Festival - join us for a day or weekend!

Sep 30 - Fount and Anna Bertram will lead a trip to the Mennonite Community of Muddy Pond (northeast of Monterey, TN). To register, contact the Bertrams at 615-765-5357 or abertram@dtccom.net.

We'll also be car camping at Pickett State Park in Pickett County, TN.

Oct 1 - The Allardt Pumpkin Festival!!! (The following times are Central Time Zone).

9:00 - Noon - Official Pumpkin Weigh-off for the Giant Pumpkins. Roam the free festival enjoying the crafts, food and music.

Noon - Gather in front of the Allardt Elementary School to decorate the 2011 TTA float.

2:00 pm - March in the Allardt Pumpkin Parade - throwing candy to the kiddies.

3:00 pm (approximate) - After a quick strip down of the float, we'll head to Colditz Cove State Natural area for a 2-mile hike to see Northrup Falls.

Another night of camping at Pickett State Park.

Oct 2 - There will be a short hike in the morning on the trails at Pickett State Park for the overnight campers. Also, Tim & Lynn Takacs will lead a hike in the Big South Fork on the O&W Bridge Trail. Meet them at 10:00 am ET/9:00 am CT at the Leatherwood Ford Trailhead. The trail is 2 miles one way, with a snack break at the bridge to admire the views. To pre-register, contact them at lynntakacs@comcast.net.

General questions about the weekend's events, contact Anne at ttahiker@att.net or 615-851-1052 before Sep 30. See you there!!!

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

Oct 11

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Ron Dunn 615-867-3301 membership@tennesseetrails.org

PLEASE, PRINT CLEARLY.

___ Individual \$25.00
___ Family \$35.00
___ Student (FULL TIME) \$15.00
___ Supporting (\$50.00, \$100.00 or more)
___ Life Member (Individual) \$500.00
___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Home Phone (____) _____ Zip _____ -- _____
Work Phone (____) _____
e-mail _____

- Please do not list my e-mail address in the TTA Annual Membership Directory
 I would like to receive my newsletter by email.

** CTC Membership ** **\$5.00**

** Special \$5.00 rate for membership in Cumberland Trail Conference if you also are joining TTA or renewing your TTA membership. CTC is building the Cumberland Trail, which will go from Chattanooga to Cumberland Gap. Over 185 miles are now complete and open for hiking. More information can be found at www.cumberlandtrail.org. Please consider enhancing your commitment to Tennessee's great trails by joining the CTC.

Please list me with the following chapter:

___ Clarksville
___ Columbia/Franklin
___ Cove Lake
___ Dyer County
___ East TN (Oak Ridge/Knoxville)
___ Highland Rim (Manchester/Tullahoma)
___ Jackson
___ Memphis
___ Murfreesboro
___ Nashville
___ Northwest (UT at Martin/Weakley)
___ Plateau (Crossville)
___ Soddy Daisy
___ Sumner Trails (Sumner County)
___ Upper Cumberland (Sparta/Cookeville)
___ At Large

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - C.T.C. and T.R.A.C. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.