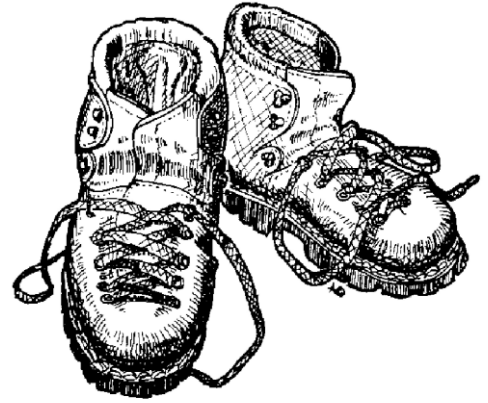


TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



20th Annual Great Pumpkin Festival & Weigh-off

Come Join the Fun as we welcome the Autumn Hiking Season in Allardt, TN! This is a multi-chapter event with hikes, camping, festival-going, parade-walking and, of course, eating - all centered around the Great Pumpkin Festival in Allardt (north of Crossville off Hwy 127) Friday, Sept 30 - Sunday, Oct 2. These are kid-friendly events so please bring family and friends for the whole weekend or just for a day. Weekend events include:

Friday, Sep 30 – Join Fount and Anna Bertram on a trip to the lovely Mennonite community of Muddy Pond (near Clarkrange, TN). We'll explore this picturesque community of farms, shops, churches, a bakery, a working sorghum mill and of course, a restaurant. For complete details, see the entry under the Murfreesboro chapter listing.

We will be camping Friday evening at Pickett State Park, the beautiful, historic park built by the Civilian Conservation Corps in the 1930's. Numerous easy to moderate trails allow us to explore a charming spring-fed lake with a swinging bridge, beautiful rock shelters, 2 natural bridges and the delights of Hazard Cave. Tent/Camper sites are first-come, first-served, but usually there is no problem getting a site. Cabins may still be available by calling the park office at 931-879-5821.

Oct 2 – Come to Allardt, TN to watch the official weighing of the giant watermelons, squash and pumpkins. Yes, you can come just for the day. There's a Pumpkin Run in the morning, then crafts, local food & produce, and music throughout the day. It's an excellent place to buy homegrown pumpkins and squash for decorating/eating. At noon (central), we gather in front of the Allardt Elementary School to decorate our TTA "float" (aka. "hastily but tastefully decorated truck"). At 2:00 pm, we proudly walk in the Pumpkin Parade wearing hiker garb and throwing candy to the kids. It's a great advertisement for TTA and to remind folks of the local hiking opportunities.

After a quick strip-down of our float, we head a few miles down TN 52 to beautiful Colditz Cove State Natural Area for a 2-mile hike to see the enchanting Northrup Falls. A short hike – but unparalleled scenery. We'll meet back at Pickett for another night of camping and eating our festival goodies around a campfire under the stars.

Oct 3 – We have two hiking trips available: Tim & Lynn Takacs will lead a hike on the O&W Bridge trail in the Big South Fork National River and Recreation Area. Please meet them at the Leatherwood Ford trailhead at 10:00 am ET (9:00 CT) for the hike to the old railroad bridge. The trail is an easy 2 miles one way and there will be a stop at the bridge for a snack break and to admire the views. Hikers should be back at the trailhead no later than 2 pm ET. For more information and to pre-register, contact Tim & Lynn at lynntakacs@comcast.net. We'll also have a short hike on the Pickett State Park trails for those who stayed there overnight.

For more information and directions, contact Anne Wesley ttahiker@att.net or 615-851-1052 (before Sept 30). You can also go to www.allardtpumpkinfestival.com for directions and photos. Come be a Pumpkinhead!!! We'll see you in Allardt!!!



TTA Annual Meeting

October 28-30, 2011
Dubose Conference Center
Monteagle, Tennessee

Hike Details, Commemorative T-Shirt Order form and
Registration Form Inside

TTA Annual Meeting Blog
<http://www.tennesseehikes.org/2011>



Office Location 409 Thurman Avenue, Ste 102
Crossville, TN 38555
 Office Hours8am-2pm CT
 Phone:931-456-6259
 Fax:931-456-4934
 Email: cumberlandtrail@rocketmail.com
 Website: www.cumberlandtrail.org

Sep 23-29 - Trail maintenance, Tennessee River Gorge segment. Volunteers needed to help with trail maintenance in preparation for the 2011 Stump Jump trail race.

Oct 1 - 2011 Stump Jump trail race. Please visit www.rockcreek.com/stumpjump for more details.

Oct 7-14 - Trail maintenance in the CT's New River segment. Volunteers needed to help with trail maintenance between Cove Lake and Norma Road.

Oct 15 - 50k trail running event in the CT's New River section. For more details, visit the website at : www.cumberlandtrailraces.com/CumberlandTrail50k/HOM E.html.

Oct 28-30 - Statewide Tennessee Trails Association Annual Meeting. Join other TTA members for a good time and to support the Cumberland Trail Conference. Please visit www.tennesseetrails.org for more details.

Nov 11-20 - New River section trail construction. Volunteers needed to help construct trail along the east side of Arch Mountain in Scott County. This will be a camping outing with camp meals/ water provided by the CTC. Volunteers will need to bring their own tent, sleeping gear, and personal items. The base camp will have a kitchen tent equipped with cook stoves.

CLARKSVILLE CHAPTER

CHAPTER CHAIR: Paul Schwab 931-645-9068
clarksville@tennesseetrails.org
CHAPTER CO-CHAIR: J.R. Tate 931-920-2692
clarksville@tennesseetrails.org
TREASURER: Sandy Janus 931-551-8523
clarksvilletreas@tennesseetrails.org
SECRETARY: Chris Everett 931-494-8038
clarksvilleshsecy@tennesseetrails.org
OUTINGS COORDINATOR: Sandy Evans 931-217-4339
clarksvillehikes@tennesseetrails.org

(call Sandy & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 7:00 pm CT at Crow Community Center, 211 Richview Rd.

*Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/clarksville>*

Sep 10 - Haynes Bottom Wildlife Management Area, Montgomery County. 4 miles. Easy. Pot luck brunch after the hike (about 10:00 am) at J.R.'s house. J.R.Tate 931-920-2692. Meet 8:00 am CT, J.R.'s house, 4713 Chester Harris Rd, Woodlawn.

Sep 17 - Red River Canoe Trip, Robertson County. Charge for canoe rental. John Sneed 931-920-3828. Meet 8:00 am CT, Port Royal State Park parking area, TN Hwy. 238, Montgomery and Robertson Counties.

Sep 20 - Monthly Meeting. Our speaker will be Robert Huntley, a retired professional butler.

Sep 24 - National Public Lands Day, Trail Maintenance on North South Trail from Tharpe Road to South Welcome Station, Land Between the Lakes, Stewart County. 8 miles. Moderate. Bring loppers and garbage bag. Ron Churchill 931-647-9864. Meet 8:00 am CT, Kroger parking area, Dover Crossing Road, Clarksville.

INVITING ALL CHAPTERS AND INDIVIDUALS TO A TRAIL WORK DAY ON SEPTEMBER 10th

All TTA Chapters and individuals are invited to be a part of the trail work for which the Friends of Edgar Evins State Park received a \$500 Evan Means Small Grants award last winter. This is Phase II of the rerouting of the Highland Rim Nature Trail at Edgar Evins State Park, near Smithville and Crossville. We will take up where we left off last spring, working in the lower part of the trail, adding steps and cribbing. Meet at the Visitors Center at 9 am CT and quit at 3 pm. Bring work gloves, water and snacks. Lunch will be furnished. Camping is available. Contact Fount or Anna Bertram to sign up and for more information: abertram@dtccom.net or (615) 765-5357



COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR: Marvin Caine 931-486-1632
columbia@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

Sep 6 - Chapter Meeting. Amy Wolanski will give a presentation about her trip up Mt. Kilimanjaro earlier this year through the Flying Kites Adventure Challenge Program (www.fkadventurechallenges.org). Flying Kites is a nonprofit organization that rescues and cares for orphaned and vulnerable children in Kenya. Participants raise funds that are both used for their adventure program such as the trip up Mt Kilimanjaro and to help fund the Flying Kites organization.

Sep 10 - Black Mountain Trail, Crossville, TN. 5.7 miles. Moderate. We will start on top of Black Mountain and hike the 1.7 mile loop trail. There we will have great views of the valley below. We will then hike 4 miles down the mountain to Cox Valley Road taking in the sights of Wilderness Cave. It is downhill all the way. Wear sturdy boots and bring lunch and plenty of water for the trail. This is a one way hike so we will need to do a car drop at Cox Valley Road. We will meet behind McDonald's, 4908 Main St (Hwy 31), Spring Hill, TN and leave at 7:05 am CT, so please arrive at least 15 minutes early to sign the TTA release form. Plan to stop on the trip back for dinner at a great restaurant. Register with Bobby Hardeman at *puttr22@aol.com* or 615-430-0638.

Sep 24 - Radnor Lake. We will meet behind McDonald's, 4908 Main St (Hwy 31), Spring Hill, TN and leave at 8:00 am CT. Please arrive 15 minutes early to sign the TTA release form. For information about this hike and to register, contact Jane Coffey at *jecoffey0644@charter.net*.

COVE LAKE HIKING CHAPTER

CHAPTER CHAIR: John Redmon 423-869-8286
covelake@tennesseetrails.org

SECRETARY/BOARD REPRESENTATIVE:
Kathy Sarvis 865-494-0374
covelakesecy@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm ET at the recreation center, 300 W. Beech St., La Follette.

Sep 24 - Big Ridge State Park. 5-mile loop. We will hike the Lake Trail, Ghost House Loop, Big Valley Trail and Dark Hollow Trail. Bring water & snack. For those coming from Campbell County meet at the Jacksboro middle school at 8 am ET to car pool down to Burger King at exit 122 on 75N. For those in Anderson County meet at the Burger King (Exxon Station - by Walmart) on highway 61 at exit 122 on I75 at 8:30 to carpool to Big Ridge. For more info call or email John Redmon at 423-869-8286 or *covelakehiking_tta@att.net*.

DYER COUNTY CHAPTER

CHAPTER CHAIR: Rita Norvell 731-445-4601
dycercounty@tennesseetrails.org

SECRETARY/TREASURER: Frank Salowitz
dycercountysecy@tennesseetrails.org

OUTINGS COORDINATOR/BOARD REP:
Jim Stark 731-589-1776
dycercountyhhikes@tennesseetrails.org

(Call Jim & volunteer to lead an outing.)

MEETS MONTHLY: (Sep-Jun) 4th Thursday at 5:30 pm CT at Dyersburg Main Street Office, 111 Market Street on the south side of the square in downtown Dyersburg

No information available at press time.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-548-6171
easttennessee@tennesseetrails.org

VICE-CHAIR: Elise Eustace 865-201-5806
easttennessee@tennesseetrails.org

Sep 17 - Virginia Creeper at Damascus, VA. This 17 mile gently descending grade bike trail is actually the "retired" railway corridor of the VA-Carolina Railroad. There's lots of stopping places along the way to rest, eat or just take in all the beauty this trail offers. We'll meet at Adventure Damascus, 128 W. Laurel Ave. at 10:30 am ET. Bikes can be rented there for \$27.94 or you can bring your own. We'll hop on the shuttle and depart at 11:00 am ET to White Top Station, where our big downward adventure begins. All registrations must be in by 9/14 deadline. Call Rosie at 865-548-6171 or *rosemary_1@hotmail.com*.

Sep 24 - Virgin Falls Trail near Sparta, TN. This 8 mile in and out trail is rated difficult but is well worth the effort. It's one of the most interesting falls in TN. Virgin Falls flows out of one cave and into another. Don't miss this hike. Pre-registration is required. Call Rosie 865-548-6171 or *rosemary_1@hotmail.com*.

HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

CHAPTER CHAIR: Barbie Moré 931-455-3311
highlandrim@tennesseetrails.org

VICE CHAIR: Nora Henn 931-668-1870
highlandrimvice@tennesseetrails.org

TREASURER: Marietta Poteet 931-924-7666
highlandrimtreas@tennesseetrails.org

OUTINGS COORDINATOR & NEWSLETTER CONTACT:
Joan Hartvigsen 931-962-0811
highlandrimhikes@tennesseetrails.org
(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT at the D. W.
Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Sep 6 – Chapter Meeting. Join us for dinner at Casa Mexico Bar and Grill, 1410 N. Jackson St., Tullahoma at 5:30 pm. We will have a short business meeting at D.W. Wilson Community Center, Tullahoma at 7:00 pm. For the program Nora Henn and Cindy Watson will share their recent trip to Oregon, from the Columbia River Gorge to the coast and back. A quick trip to California to see the redwoods also made the itinerary.

Sep 10 – Segment of Fiery Gizzard Trail, Foster Falls Overlook to Small Wild Campground. (With option of descending into Laurel Branch Gorge for lunch on bridge over Fiery Gizzard Creek.) **5 miles round trip. Easy from Foster Falls Overlook to Small Wild Campground, strenuous but fun climb in and out of gorge.** This hike features 60 ft. Foster Falls overlook, four spectacular gorge overlooks and gorgeous, healthy hemlock, oak, and hickory trees. Bring plenty of water, lunch, snacks, hiking shoes and hiking poles. Trail head is located off US 41 south of Tracy City and north of Jasper. Contact Joan Hartvigsen at 931-962-0811 for more information and to register.

Sep 17 – Eat-Hike-Eat, Sewanee Domain. Join Tom Bentley at the Blue Chair Restaurant in Sewanee, TN at 9:00 am for breakfast. We will depart from Blue Chair Restaurant at 9:45 am to begin our hike. The hike, to be determined, is typically 3 to 5 miles and rated easy to moderate. After the hike we will lunch at a local restaurant. Contact Tom Bentley at 931-273-6344.

Sep 24 - Walls of Jericho. 6 miles round trip. Difficult. Join Jim and Marietta Poteet on a hike into the Walls of Jericho, located in Franklin County, south of Winchester and near the Alabama State Line. The "Walls" is an impressive geological feature that forms a large bowl shaped amphitheater. Embedded in the limestone are bowling ball size holes from which water drips and spouts, creating a unique water feature. This amphitheater gives rise to steep 200-foot sheer rock walls that creates the natural feature defining the amphitheater. Turkey Creek drains through the "Walls" and has been an active geological force in creating the amphitheater. Hopefully, the drought will have lifted and we should find the waterfalls in full force. The hike is an out and back hike (or down and up) of about 6 miles total, and is rated difficult because of the 1000 foot climb on the return to the trail head. Bring lunch and plenty of water, dress appropriately for the weather and wear sturdy shoes. Call Marietta at 931-924-7666 or email her at *nannietta@blomand.net* to register and get information about meeting times and places.

JACKSON CHAPTER

CHAPTER CHAIR: Glen Rognstad 731-217-5966
jackson@tennesseetrails.org

TREASURER: Anne Goodson 664-1556
jacksontreas@tennesseetrails.org

SECRETARY: Don Dresser 731-668-4190
jacksonsecy@tennesseetrails.org

OUTINGS COORDINATOR: Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org
(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 2nd Monday at Panera Bread, 1145 Vann Drive (The Columns) Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 7:00 pm

Sep 12 - Chapter Meeting. Please note our new meeting location! For additional information, contact Glen Rognstad at 731-217-5966 or *glenrognstad@gmail.com*.

Sep 17 - Country Walk and Cookout, Jackson, TN. This is a bring-a-dish cookout. For additional information, please contact Don Dresser at 731-668-4190 or *donald_dresser@usit.net*.

Sep 24 - Pinson Mounds State Park, Pinson, TN. For additional information and registration, contact Glen Rognstad at 731-217-5966 or *glenrognstad@gmail.com*.

Planning ahead:

Oct 1 - Big South Fork River and Pumpkin Festival, Allardt, TN.

Oct 8 - Tishamingo State Park, Tishamingo, MS: For additional information and registration, contact Gary Cooper at 731-424-5375 or *gcooper52@yahoo.com*.

MEMPHIS CHAPTER

CHAPTER CHAIR: Margaret Smith 901-210-6097
memphis@tennesseetrails.org

VICE-CHAIR: Francis Ruffin 901-396-1108
memphisvice@tennesseetrails.org

MEETS MONTHLY: (Sep – May) 2nd Thursday at 6:00 pm CT at Cordova Library, 8457 Trinity Rd.

Our monthly meeting time has changed! Please mark your calendar – we will now meet from 6:00 – 7:00 pm September 2011, October 2011, November 2011, January 2012, February 2012, March 2012, and April 2012. Time change due to Cordova Public Library staff and hours reduced.

Sep 8 - Monthly Meeting. Speaker: Robert Schreiber, President, Greater Memphis Greenline, Inc. His organization was very instrumental in the development of the popular Shelby Farms Greenline. In fact, an entire Memphis-wide trail network is being drafted utilizing MLGW electric/gas rights of way and other abandoned railroad corridors. Invite a friend!

Sep 24 - Village Creek State Park, Wynne, AR, about an hour west of Memphis. Eileen and Bryan will lead a 4-6 mile hike. The trail is rated easy to moderate. Bring lunch and plenty of water. Carpoolers meet at 8:15 am at Memphis Welcome Center on Riverside Drive or meet at Village Creek Park Visitor Center at 9:30 am. For carpool information call Kathryn Skinner at 901-527-4308. Questions about trail contact *e_kelm@yahoo.com* or call 901-872-3221

Tennessee Trails Association 2011 Annual Meeting Hike Descriptions

Hike Coordinator - Joan Hartvigsen – 931-962-0811

Friday October 28

Fiery Gizzard, Dog Hole, Raven Point Trails, Tracy City. 9.5 miles. Moderate. Hike Leader: Diane Manas. We will meet at 9:00 am CT at the Grundy Forest State Natural Area Picnic Shelter, and should be done around 3:00 pm. After the hike, we will head to the Dubose Conference Center; arriving soon after registration has opened. This is an out and back hike. We will hike a small portion of the Grundy Forest Day Loop in order to reach the Fiery Gizzard Trail. From here, we'll hike a small segment of the Fiery Gizzard Trail over to the Dog Hole Trail and take the Dog Hole Trail to Raven Point Overlook, where we will have lunch. We'll return to our cars by retracing our steps. The total mileage for this in and out hike is about 9.5 miles, and rated moderate for the gently rolling hills, uneven terrain and distance. Along the way, we will visit Sycamore Falls (12-ft. high waterfall has a gorgeous setting), pass Black Canyon (named for the organic stains on the rocks where Little and Big Fiery Gizzard Creeks merge) and lunch at Raven Point (a spectacular overlook of Gizzard Cove). A decent level of stamina and sturdy hiking shoes are a must! Bring water, snacks and lunch. Pre-registration is not required; just arrive a few minutes early/on time so that the Release of Claims form can be signed and we can begin our hike around 9:00 am (CT). **DIRECTIONS** to Grundy Forest Picnic Shelter (from I-24/Monteagle exit): From I-24, get off at #134 (Hwy 41) Monteagle/Sewanee, and head east in the direction of Monteagle. Go approximately 1.0 mile, you'll be in Monteagle, and turn left onto HWY 41 South toward Tracy City. (NOTE: Dubose Conference Center sits on the right corner after you have made this turn.) Continue along for about 4 miles into Tracy City and turn right onto Third Street which is just after the Sequatchie Valley Electric Co-op. (There should be a sign for Grundy Forest.) Go approximately 0.4 miles, turn right onto Marion Street (following the signs for Grundy Forest). Go approximately 0.25 miles and turn right onto Fiery Gizzard Road (following the signs for Grundy Forest). The picnic shelter will be at the end of the circular parking lot.

Shakerag Hollow Trail - Green's View to University Domain Gates With Side Trip to Piney Point Overlook, Sewanee. 4 miles round trip. Moderate. Hike Leader: Glen Rognstad. Meet at 1:30 pm CT at the Dubose Conference Center. Start at Green's View with the absolute best view down into the valley of Roark's Cove. Hike to the University Domain Gates, on Highway TN 41A and return the same way back. The trail is relatively short with moderate difficulty (one short steep spot as it comes down the mountain from Green's View). The trail wanders among big boulders and giant trees along the side of the mountain at the first bench below the bluff. It takes about an hour to hike the trail one-way. The trail was originally built by the Civilian Conservation Corp in the 1930's and has a wonderful display of wildflowers in the spring.

Grundy Forest Day Loop, Tracy City. 2 miles. Moderate. Hike Leader: Marietta Poteet. Meet at 1:30 pm CT at the Dubose Conference Center. This trail into the head of Gizzard Cove meanders through giant hemlocks and offers views of waterfalls, cascades, and the junction of the Big and Little Fiery Gizzard Creeks. The first mile of this trail is very easy terrain since it traverses the flat plateau top. The second mile traverses the head of the gorge and is considered moderate. (The trail is narrow, rocky with many exposed roots.) The last half mile is the same as the first half-mile of the main Fiery Gizzard Trail; the trails join (or separate) at the bridge. This trail makes an excellent introduction to the whole South Cumberland Trail System since it contains a wide diversity of beautiful scenery.

Saturday October 29

Cloudland Canyon State Park Waterfalls and Sitton's Gulch Trail, Rising Fawn, GA. 7 miles. Strenuous. Hike Leader: Joan Hartvigsen. This Georgia park is located on the western edge of Lookout Mountain. The park straddles a deep gorge cut into the mountain by combined waters of Bear and Daniels Creeks. The Waterfalls Trail consists of gravel and 1,200 stair steps. Both waterfalls cascade off of sheer faces at 60 and 90 feet, and are among the most beautiful in the state. The Sitton Gulch Trail follows Daniel Creek through open, green hemlock groves and overlooks numerous small waterfalls cascading through limestone crevices. The autumn color is magnificent.

Stone Door, Big Creek Gulf, Big Creek Rim Trails, Beersheba Springs. 9 miles. Strenuous. Hike Leader: Ron Dunn. After enjoying the spectacular overlooks at the Great Stone Door we will descend through the Stone Door down to Big Creek Gulf. The trail descends steeply down the rocky slope then parallels Big Creek upstream, crossing rocks most of the time. We have the option of visiting Ranger Creek Falls, which spills over a 20 ft. ledge and disappears into a sink. Such vanishing falls are called terminal falls. Back on the main trail we'll have the option of visiting the sinks of Big Creek. Here the creek flows into a deep green pool and disappears. The geology in Big Creek Gulf is amazing. (Joan thought she was on another planet.) After wandering four miles through fantastic rock formations we climb steeply up out of Big Creek Gulf and into the Alum Gap Campground area. The three mile easy flat Laurel Trail will take us back.

Stone Door, Big Creek Rim, Laurel Trails, Beersheba Springs. 7 miles. Moderate. Hike Leader: Tony Jones. This hike affords one of the best views of the gulf area. The Great Stone Door is an impressive crack in the rock bluff with a sloping floor that probably was used by Native Americans as a way in and out of Big Creek Gulf. We will begin our hike with a short walk to an overlook of Laurel Falls, where Laurel Creek drops 25 ft. into a pool below a lip of rock with a hollowed-out amphitheater behind. We will continue to the Stone Door and magnificent overlooks of autumn colors. Hikers will have the option of hiking down and back up the stone steps at Stone Door. We proceed on the Big Creek Rim Trail, an easy, flat trail following the edge of the plateau above the Big Creek Gulf. We will enjoy four overlooks (Split Rock, Sinks, Pine Rock and Big Creek Overlooks) on our way to Alum Gap Camp Area, our lunch spot. Then on to Laurel Trail which leads through fern-filled hollows forming the headwaters of Laurel Creek. This is an easy, flat hike rated moderate due to length and the rugged terrain at the Stone Door.

Fiery Gizzard, Dog Hole, Raven Point Trails, Tracy City. 8 miles. Strenuous. Hike Leader: Charlotte Broyles. See description under Friday's hikes.

Savage Day Loop, Palmer. 4.2 miles. Easy. Hike Leader: Fount Bertram. This hike may be the easiest all weekend, and it is quite beautiful with lush mountain laurel, hemlock trees, waterfalls, and overlooks of the Gulf. The many points of interest include a suspension bridge across Boyd Branch Creek (lined with mountain laurel), Savage Falls Overlook and Rattlesnake Point Overlooking Savage Gulf. We can also take a half mile trip down the South Rim Trail, crossing Savage Creek on a suspension bridge and passing beneath a canopy of rhododendron along the cascading Savage Creek. A wooden staircase leads to the deep pool of Savage Falls.

North Rim, Mountain Oak, and North Plateau Trails, Savage Gulf State Natural Area. 10 miles. Moderate. Hike Leader: Garnett Rush. The North Rim Trail and the North Plateau Trail combine to provide a walk with little elevation change that loops by numerous overlooks of Savage Gulf. The North Rim Trail has more overlooks than any other trail on the South Cumberland. From these viewpoints, you will see the confluence of tributary gorges with Savage Gulf, old-growth forests in the bottom of the gorge, the scars of avalanches, and the junction of the three gulfs that make up the state natural area.

Sewanee Perimeter Trail - The Cross - to Proctors Hall - to Morgan's Steep, Bridal Veil Falls, Acadian Trail, Central Campus. 6+ miles. Moderate. Hike Leader: Glen Rogstad. Start at the "Cross" - a very large white Memorial Cross overlooking Hawkins Cove. The first part of the hike involves a walk beneath massive rock walls and overhangs (a favorite of rock climbers). The trail goes under and passes behind a waterfall. At about halfway the trail goes through "Proctors Hall" - a natural stone tunnel with old inscriptions carved in the stone. The trail passes directly through the Hall and out the other side. It is a little bit of a climb down, but is easily done with a helping hand. After another small stream crossing the trail climbs a set of stairs which leads up to the top of the bluff at "Morgan's Steep" with another great view into the valley. The trail was originally built by the Civilian Conservation Corp in the 1930's. Allow for a total of about 1-1/2 hours to Morgan's Steep. From Morgan's Steep the trail continues on along the cliff, crosses a stream, and then begins the descent down the mountain one mile to Bridal Veil Falls. The falls is located at the edge of a large sink. The stream emerges from the side of the mountain, cascades 25 feet and then drops as far again and disappears into the bottom of a great pit. The Acadian Loop trail allows for a return to Morgan's Steep via an alternate trail up the mountain. After ascending the plateau we return along the Perimeter Trail back to Morgan Steep taking in Clara's Point View and a section of the Corso. Total time estimate of 2+ hours for the Bridal Veil and Acadian Trail Loop section. At Morgan's Steep we will begin a hike back to the War Memorial Cross via a walking tour of the central campus taking in the sights of the many historic buildings on campus. reminiscent of the gothic tradition of Oxford and Cambridge: All Saint's Chapel, Breslin Tower, Convocation Hall, Guerry Hall, and Saint Luke's Chapel. The last mile or so is along the Tennessee Williams Trail back to the Memorial Cross.

Cumberland Trail - Shackleford Ridge Park to Edwards Point, Signal Mountain. 10.5 miles. Moderate. Hike Leaders: Diane Manas, Nashville Chapter and Tony Hook, General Manager, Cumberland Trail Conference. This outing is an out and back hike, about 10.5 miles and rated moderate due to the distance and uneven trail tread. We'll start from the Shackleford Community playground pavilion and follow a fairly level unused Jeep Road for about 1.2 miles to reach Mushroom Rock and the start of this Cumberland Trail segment. Mushroom Rock is a spectacular geological formation which stands 30 feet tall. After photos of the group at Mushroom Rock we'll walk 4 miles through fairly level and extremely pleasant woodland to the spectacular Edwards Point Overlook, where we will have lunch, and ooh-ah the scenery and views. From Edwards Point one can see southward into the Tennessee River Gorge, over to Raccoon Mountain and east towards the Chickamauga and Chattanooga National Military Park. Wear sturdy hiking shoes, and bring snacks, lunch and water (as well as the 10 essentials); and small bills to pay towards the carpool driver's gas (or if you're the driver, riders are expected to cover their share). Carpooling will take place at 7:30 am CT on the Dubose Conference Center campus; the ride is one hour each way.

Old Stone Fort State Archeological Park, Manchester. 4 miles. Easy to moderate. Hike Leader: Bob Goodwin. This prehistoric site is located where two forks of the Duck River cascade off the Highland Rim on their way to the Central Basin. Between the forks of the Duck and Little Duck Rivers is a plain lined in places by an earthen wall. One theory was that the earthen wall was an early Native American fortification - hence the name Old Stone Fort. However, U.T. anthropologists have concluded the walls set aside a place of spiritual significance. The oldest section of the wall was built in 30 A.D. The core of the wall is made of limestone rocks. The rocks are covered with chert and earth fill. This hike passes through an impressive old forest along bluffs overlooking the cascading forks of the Duck River. On this hike you will see cliffs, rivers, huge trees, waterfalls and cascades. The park's museum offers displays and programs about the site, about archeology in general, and about Native American culture.

Grundy Forest Day Loop, Tracy City. 2 miles. Moderate. Hike Leader: Jim Poteet. This trail into the head of Gizzard Cove meanders through giant hemlocks and offers views of waterfalls, cascades, and the junction of the Big and Little Fiery Gizzard Creeks. The first mile of this trail is very easy terrain since it traverses the flat plateau top. The second mile traverses the head of the gorge and is considered moderate. (The trail is narrow, rocky with many exposed roots.) The last half mile is the same as the first half-mile of the main Fiery Gizzard Trail; the trails join (or separate) at the bridge. This trail makes an excellent introduction to the whole South Cumberland Trail System since it contains a wide diversity of beautiful scenery.

Cloudland Canyon State Park, West Rim Trail - Rising Fawn, GA. 5 miles. Moderate. Hike Leader Joan Hartvigsen. Cloudland Canyon State Park is located on the western edge of Lookout Mountain. The park straddles a deep gorge cut into the mountain by combined waters of Bear and Daniels Creeks. Bring binoculars to view hang gliders, Peregrine Falcons, and vultures. The autumn colors are spectacular in the canyon. Beginning at the Daniels Creek Bridge, and climbing out of the canyon onto the plateau, the trail provides magnificent views of Trenton, Georgia, Lookout Valley, Sand Mountain, and of Cloudland Canyon itself. The trail is lined with rhododendron, mountain laurel, oaks, hickories and hemlocks. On this hike we will be able to gaze down into lovely Sitton Gulf.

Greeter Falls Loop - Upper and Lower Greeter Falls, Boardtree Falls, Blue Hole Trail. Altamont. 4 miles. Moderate. Hike Leader: Marietta Poteet. This trail combination features upper and lower Greeter Fall and Boardtree Falls and a walk to one of the best views in the natural area (Big Bluff Overlook near Alum Gap.). The amphitheater of Greeter Falls is unusual, with a thick sandstone layer on top of a more crumbly limestone layer. Most waterfalls on the plateau spill over hard sandstone that caps layers of softer sandstone or shale. The base of lower Greeter Falls is reached by walking down a metal spiral staircase. Massive cliffs rise up along the trail pass Boardtree Falls. The scenery is outstanding and the forest is lush and portions of the trail are rocky.

Walls of Jericho, Winchester. 7 miles. Moderate to strenuous. Hike Leader: Sara Pollard. A short car shuttle will allow the hike to start at the Tennessee trailhead parking lot for the long descent into the gorge and will return by way of the shorter but steeper Alabama trail. The "Walls" is an impressive geological feature that forms a large bowl shaped amphitheater. This amphitheater has steep 200-foot sheer rock walls that create the natural feature defining the amphitheater. We will also see many bluffs, large rock outcroppings and caves.

Fall Creek Falls Gorge Overlook, and Woodland Trails, Pikeville. 3 miles. Moderate to strenuous. Hike Leader: Nora Henn. Fall Creek Falls State Resort Park is Tennessee's premier state park because of its awesome scenery, a wide variety of activities, and superb accommodations. Though a portion of the park is developed, two thirds of the park is a state natural area. On the Fall Creek Falls Trail we will wind down into Fall Creek Gorge and stand at the base of the 256 ft. high Fall Creek Falls, the tallest waterfall in the eastern United States. Back on top we will have a bird's eye view of the tall waterfall. From the Falls overlook we'll pick up the Gorge Overlook and Woodland Trails Loop. This route takes us around a blufftop above Cane Creek Gorge with grand views, over Cane Creek Cascade on a suspension bridge and then to the Nature Center before looping back to the Fall Creek Falls overlook parking area. This hike is easy except for the steep but thrilling hike down to the base of the falls. (Steps and handrails are provided)

Short Springs State Natural Area, Tullahoma. 5 miles. Moderate. Hike Leader: Cindy Watson. Short Springs is a 420 acre Designated State Natural Area located in Coffee County. While located on the Highland Rim, Short Springs dramatically plunges into the Central Basin. Deep gorges and steep slopes form the landscape of this beautiful area. Bobo Creek flows over rapids and two 20-ft. waterfalls, Upper and lower Busby Falls. Newman Branch Creek flows over an impressive 60-ft. waterfall called Machine Falls. Along Bobo Creek and Newman Branch a rich alluvial bottomland forest of sycamore, buckeye, elm, ash, and maple flourish. While descending the Machine Falls Trail to the bottom of the Falls observe the crumbly, black shaley rock at mid slope. This is Chattanooga Shale which also forms the parquet stream floor located above Upper Busby Falls. This formation delineates the Highland Rim from the Central Basin. The canopy on the higher elevations is dominated by dry upland species of oaks, such as post, southern red, black and blackjack. Blackgum and mockernut hickory are also common. The trails are Machine Falls Loop (1.4 miles), Busby Falls Loop (0.9 miles), Connector Trail (0.1 miles), Wildflower Loop (0.2 miles), Adams Falls Loop (1.2 miles), and Laurel Bluff Loop (1.4 miles). All these trails are wonderful.

Foster Falls/Climbers Loop, Tracy City. 2 mile loop. Strenuous. Hike Leader: Nabil Wakid. This trail leads down to the base of 60-foot Foster Falls in a steep walled gorge and then continues west providing access to the gorge wall before connecting with the Fiery Gizzard trail. We will hike down to the river to view the falls, then skirt along the bottom of famous cliffs known to rappel climbers as the White Walls and the Dihedrals. The gorge is full of gorgeous hemlock trees. A steep climb precedes our way back along the top of the cliffs. You will need sturdy boots and plenty of water.

**Tennessee Trails Association Annual Meeting
October 28-30, 2011
DuBose Conference Center - Monteagle, Tennessee**

Visit the Annual Meeting Blog
<http://www.tennesseetrails.org/2011>

REGISTRATION FORM

Please Print - Complete ALL (4) sections - one form per person – make copy of form if necessary

Name: _____ Sex: M F Chapter: _____

Address: _____

City, State, Zip: _____

Phone (_____) _____ Email: _____

(1) REGISTRATION FEE Non refundable and full amount is required.

\$15 per person

Total \$ _____

(2) LODGING

Bishop's Hall: SOLD OUT!

Claiborne Hall: Main building, dorm-style, one or two single beds. No private bath, bathrooms are in the hallway of the building.

| | | | |
|------------------|-----------------|--------------------|----------------|
| Single Occupancy | \$42 per person | No.of Nights _____ | Total \$ _____ |
| Double Occupancy | \$30 per person | No.of Nights _____ | Total \$ _____ |

Roommate's Name: _____

Cabins: Each cabin accommodates 24 people in two large sleeping rooms (12 per side) with bunk style beds. Separate bathrooms with showers on each side.

\$18 per person No.of Nights _____ Total \$ _____

Tent Camping: No electrical or water hook ups. Campers may use bathroom facilities in the group cabin or in Claiborne Hall.

\$5 per person No.of Nights _____ Total \$ _____

Walker House: Home has five bedrooms, full kitchen, two and half baths. Maximum is 10 people.

\$350 per night No.of Nights _____ Total \$ _____

(3) MEALS

Check one: (Optional) Vegetarian Meals _____ Vegan Meals _____

Friday Dinner \$16 per person Total \$ _____

Saturday Breakfast \$ 8 per person Total \$ _____

Saturday Sack Lunch \$10 per person Total \$ _____

Saturday Dinner \$16 per person Total \$ _____

Sunday Breakfast \$ 8 per person Total \$ _____

Sunday Sack Lunch \$10 per person Total \$ _____

(4) COMPLETED REGISTRATION FORM & CHECK TOTAL ENCLOSED

Mail Registration Form and check made payable to **Tennessee Trails Association** c/o Tony Jones
2903 Midland Fosterville Road, Bell Buckle, TN 37020 – 615-397-4463 – awj68@comcast.net

***** IMPORTANT – NO REFUNDS after October 1, 2011 ***** Consider it your support of TTA *****

TTA Annual Meeting Commemorative "Monteagle 2011" T-Shirt ORDER FORM

- ✓ *Deadline to order is October 15; all orders must be received by Oct. 15.*
- ✓ ***Due to sales tax restrictions please date your check and mail your check in after October 1.*** You may email your order reservation prior to Oct. 1 but we cannot accept payment until Oct. 1.
- ✓ *Shirts are pre-paid and pre-ordered only. Commemorative shirts will not be available to purchase at the annual mtg.*
- ✓ *Shirts will be distributed when you sign in at registration.*
- ✓ *Short sleeve available in: Serene Green, Military Green, Stone Blue, Blue Dusk, Vegas Gold, Tan.*
- ✓ *Long sleeve available in: Light Blue, Indigo Blue, Sand, Military Green, Natural, Prairie Dust.*
- ✓ *Go to the Annual Meeting blog to see the color choices – www.tennesseetrails.org/2011*

| Measurement (inches) | Width ↔ | Length ↓ |
|----------------------|---------|----------|
| SMALL | 18 | 28 |
| MEDIUM | 20 | 29 |
| LARGE | 22 | 30 |
| X-LARGE | 24 | 31 |
| 2X-LARGE | 26 | 32 |



Front Pocket



Back

Gildan, 100% Cotton, Pre-shrunk

Name: _____

Phone: _____ Email: _____

Short Sleeve Size: _____ Color: _____

Long Sleeve Size: _____ Color: _____

No. of Short Sleeve Shirts _____ @ \$20 Amount \$ _____

No. of Long Sleeve Shirts _____ @ \$20 Amount \$ _____

TOTAL AMOUNT ENCLOSED \$ _____

Due to sales tax restrictions payments can only be accepted after October 1, please date check Oct. 1 or later.

Mail order form and check made payable to **Tennessee Trails Association** c/o Tony Jones, 2903 Midland Fosterville Road, Bell Buckle, TN 37020. If you have any questions please email Millette Jones at millette.jones@comcast.net or call 615-397-9588.

MURFREESBORO CHAPTER

CHAPTER CHAIR: Tony Jones 615-397-4463
murfreesboro@tennesseetrails.org
OUTINGS COORDINATOR: Ron Dunn 615-867-3301
murfreesborohikes@tennesseetrails.org

(Call Ron & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Barfield-Crescent Rd., Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Sep 10 - Trail Work Day, Phase 2, at Edgar Evins State Park, on Center Hill Lake, near Smithville and Cookeville. See page 2 for details. Contact Fount or Anna Bertram to sign up and for more information: abertram@dtccom.net or (615) 765-5357.

Sep 13 - Chapter Meeting. Come join us as we take care of just a little bit of chapter business and then a special presentation by Danny Shelton—A YEAR WITH THE BIRDS. Should be a wonderful program. For information contact Tony Jones at 615-397-4463 or tonjon1968@gmail.com.

Sep 17 - Annual Meeting Hike Preview: Stone Door/BCR/Laurel Trails at Savage Gulf State Natural Area. 7 miles. Moderate. Join us as we "preview" one of the hikes featured at the 2011 Annual Meeting. Tony Jones will lead this pre-hike to Stone Door, walk along the Big Creek Rim and Laurel Trails and back to the parking lot. This will be a 7 mile loop rated moderate for length. For those of you who may want to hike several times during the annual meeting this preview will free you up for another great hike then. For more information and to register contact Tony Jones at 615-397-4463 or tonjon1968@gmail.com.

Sep 24 - Invasive Plant Clinic, Edgar Evins State Park on Center Hill Lake near Smithville and Cookeville. Includes classroom and hands-on training so wear comfortable clothes and footwear suitable for hiking in the woods. Randy Hedgepath, the TN State Naturalist, and Mark Taylor, EESP Ranger will be part of the faculty for this event. At the end of the clinic you should be able to identify and safely remove invasive plants. Bring your notebook, lunch, water, and work gloves. Coffee and snacks will be furnished. The class size will be small so contact Fount or Anna Bertram for details and to reserve a spot: abertram@dtccom.net or (615) 765-5357.

Sep 30 - Adventure Trip to Muddy Pond Mennonite Community near Monterey, TN. Less than 100 miles from Murfreesboro, relive the past in this Mennonite community as a day trip or on your way to the Pumpkin Festival at Allardt. The general store and mercantile store offer home-canned and fresh baked goods, pottery, handcrafted items and quilts. The woodworking shop offers handcrafted furniture and leather goods. The Mazlin sorghum mill may be making molasses that day if we are lucky. We'll eat lunch at the Country Porch, which specializes in homemade foods -- soup, sandwiches, ice cream and other desserts. Wear comfortable shoes for walking. Bring money for lunch and to shop in the stores. We'll meet at the Muddy Pond General Store, 3608 Muddy Pond Road, Monterey, TN 38574. Contact Anna or Fount Bertram to sign-up: abertram@dtccom.net or (615) 765-5357.

Sep 30-Oct 2 - Allardt Pumpkin Festival, Allardt, TN. Please see page one of this newsletter for information.

Planning Ahead:

Oct 11- Monthly Meeting: Annual Meeting Preparation! This is IT. The last meeting before the big weekend and we have LOTS to do. We will be furnishing pizzas and drinks and our meeting will start at **6 pm INSTEAD of 7 pm.**

Oct 22-Cardwell Mountain. 5 miles. Moderate. Led by Ann Jacobs.

Oct .28-30 - TTA Annual Meeting at DuBose Center in Monteagle, TN. Check In BEGINS at 12 Noon. Hikes begin shortly after.

NASHVILLE CHAPTER

CHAPTER CHAIR: Libby Francis
nashville@tennesseetrails.org
OUTINGS COORDINATOR: Libby Francis
nashvillehikes@tennesseetrails.org

(email Libby & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood.
For directions, visit:
www.tennesseetrails.org/nashville.php

Sep 10 - Edgar Evins Work Day. Smithville. All chapters are invited for a work day on the Highland Rim Nature Trail at Edgar Evins State Park. See page 2 for more details.

Sep 17 - Beaman Park Trail Construction, Nashville. 9:00 am to 1:00 pm. Please join the Friends of Beaman Park for a trail construction volunteer work day. We are wrapping up construction on a 350 foot long handicap accessible boardwalk and continue work on front country trail near the Beaman Park Nature Center (5911 Old Hickory Blvd). All training and tools will be provided. Bring work gloves, wear sturdy shoes and clothes you won't mind getting dirty. Refreshments will be served. For information or directions please call the Beaman Park Nature Center at 615-862-8580.

Sep 17 - Fiery Gizzard Loop, Monteagle/Tracy City, TN. 8-9 miles. Strenuous. This beautiful hike will go down the Fiery Gizzard Creek Trail and loop back via the Dog Hole Trail. This will allow us to cover the nine accursed boulder falls along the creek while we are still reasonably fresh. Plan on lunch at Raven Point. I plan on carrying 25-30 lbs. for training so this will not be a sprint. This trail requires sturdy boots and I recommend a good hiking stick as well. The temperature will likely be at least in the 80's so bring 2-3 liters of water per person. Also bring lunch and money for car pooling. For more information and to register contact John Kennedy at johnl.kennedy@comcast.net or 615-646-8889.

Sep 24 - Twin Arches Loop, Near Oneida, TN. 5 miles. Moderately difficult. It is one of the favorite hikes in Big South Fork due to the two large rock arches along the trail. After the arches we'll go around the loop along some bluffs under some rock houses and over some rocks before reaching level ground at Jakes's place. Lunch will be on the grounds of Charit Creek Lodge. There is a steep 1 mile climb at the end of the hike. Wear sturdy hiking shoes and bring snack, lunch and water. For more information and to register call Garnett Rush at 615-352-7217 or e-mail rushga01@yahoo.com.

NORTHWEST Chapter (UT at Martin / Weakley County)

CHAPTER CHAIR: Scott M. Pun 731-881-7316
northwest@tennesseetrails.org
TREASURER: Sandy Davis 731-587-9134
northwesttreas@tennesseetrails.org
MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT **during the academic year** (Feb-Apr and Sep-Dec) on the UT Campus in the Paul Meek Library, Rm 120, Media Services B1

No information available at press time.

It's time to start rounding up items for our TTA AUCTION!!!!

We are looking for five donation items from each chapter for this year's auction. Start talking it up now at your chapter meetings - this is a great summer project if your chapter takes a break from hiking in the heat!!! All proceeds benefit the Cumberland Trail BreakAway Program and all contributors will be recognized in the TTA newsletter.

Check your house for quality items, ask your friends, your company, or local businesses to donate merchandise and/or services, donate your own products or services if applicable, or make a cash donation to your local chapter to purchase items for the auction. Any good quality item will work, not just hiking gear. Check with your chapter chairperson for solicitation materials to give to local businesses or download solicitation materials from www.tennesseetrails.org. Don't forget the white elephant sale. Look in your closets and basements and bring us something for the \$2, \$5, \$10 bargain tables.

When you have collected Live and Silent Auction items, please email the estimated dollar value, name of contributor, and the name of the TTA member to millette.jones@comcast.net. You can also contact Millette with any questions. Having this information prior to Oct. 15 will give us a chance to prepare an auction program guide.

Thank you for your support!

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-456-6437
plateau@tennesseetrails.org
SECRETARY/TREASURER: Jim Grove 931-484-7900
plateausecy@tennesseetrails.org
MEETS MONTHLY: 2nd Thursday at 6:30 pm CT
BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Cheryl Heckler at 931-456-6437 or visit the Plateau Chapter Blog. Rain cancels.

Sep 10 - Chapter Picnic at "The Hemlocks" near Cumberland Cove. 2 pm. Come and enjoy Bill Eldridge's friend Clay Williams' natural paradise. Swimming is available at your own risk in a natural pool. There may be a short hike to one of Clay's waterfalls. Please bring your burgers or hotdogs to grill, buns, a side dish, salad or dessert to share and what you want to drink. Since it is a natural area you will need to bring a chair and bug & tick repellent. Directions to the Plateau Chapter Picnic: 15349 Crossville Hwy, Monterey, TN. From the intersection of West Avenue/70N & Elmore/70E (intersection by K-Mart) drive 19.5 miles on 70N towards Monterey. Watch for balloons and a sign by the driveway on the left. Follow signs to the Picnic site. For those who want to carpool or follow someone there, meet at Tractor Supply by a departure time of 1:30 pm. RSVP to Cheryl Heckler at 931-456-6437 or thehecklers@charter.net.

Sep 17 - John Litton Loop, Big South Fork National River and Recreation Area. 6 miles. Moderate. The John Litton loop includes some small waterfalls and some rock formations along the way. The trail is named for John Litton who settled in the area around 1900 and his dwelling and outbuildings are still standing. Meet behind the Cracker Barrel at 8 am CT. For more information and to register, contact Howard Owens at 931 484-1328 or owenshb@charter.net.

Sep 24 - Twin Arches, Big South Fork National River and Recreation Area. 5 miles. Moderately difficult. The last mile is a steep ascent. Majestic stone arches await the hiker: The North Arch has a span of 93 feet and a clearance of 105 feet; the South Arch spans 135 feet with a clearance of 70 feet. We may see the rare Cumberland Sandwort plant along the trail, and we'll certainly see some interesting plant communities that have adapted to the dry, shallow-soil conditions. Meet behind the Cracker Barrel at 7 am CT. To register and for more information contact Ginger Cass at 931-788-1466.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: George Bonneau 423-842-3619

TREASURER: Robertson (Bob) McGavock 423-667-2960

MEETS EVERY OTHER MONTH: 1st Tuesday in Jan, Mar, May, Jul, Sep, Nov at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson

soddydaisy@tennesseetrails.org

soddydaisytreas@tennesseetrails.org

*Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/soddydaisy>*

Sep 3 - TNT Mountain Bike Trail, Enterprise South Nature Park, Chattanooga, TN. 4.5 miles. Moderate with slight climbs. We will park at the eastern most parking area and walk in on the paved road to reach the trailhead. The group will meet at the Target shopping center on Highway 153 and will leave the parking lot at 8:00 am ET. Contact Nance Jo at 256-509-1541 or ogo62no@zoho.com to register. Driving Directions: Take Hwy 153 south and cross the Chickamauga Dam. Exit onto Bonny Oaks going east. Turn onto Volkswagen Drive and continue to the Park. Go past the Visitor Center and follow the Still Hollow Loop (vehicles only loop) to the parking area.

Sep 6 - Chapter Meeting. Those wanting to enjoy dinner prior to the meeting, be at the church by 4:30 pm ET and the group will decide which restaurant to partake.

Sep 7 - Blaze Adopted Trail, Deep Creek toward Posey Point. 5.5 miles. Moderate. We will hike this section of trail from Deep Creek toward Posey Point while installing plastic white blazes along the way. The group will meet at the Soddy-Daisy baseball field parking lot (across from the lake) along Durham St. and will leave the parking lot at 8:00 am ET. Contact Nance Jo at 256-509-1541 or ogo62no@zoho.com to register. Driving Directions: From Soddy-Daisy, go west on Durham Street; turn right at end of the road; turn left at the 4-way stop sign onto Hotwater Road; go up the mountain; turn right onto Old Hotwater Road (across the street from Sluder Lane); turn left and look for a gate across the road; the trailhead parking area is just before the gate.

Sep 10 - Cumberland Mountain State Park. We will hike either the Byrd Lake (4 miles) or the Pioneer Short Loop (5 miles) trails. The group will meet at the Soddy-Daisy baseball field parking lot (across from the lake) along Durham St. and will leave the parking lot at 8:00 am ET. Contact Earl at 770-877-0600 or e_helmer@att.net to register. Driving Directions: From Soddy-Daisy, take US-27 North; take Highway 111 to Dunlap exit. Take Highway 127 north toward Pikeville and Crossville. Follow signs to the State Park.

Sep 14 - Athens Regional Park Trail. 3.5 miles. Easy. The group will meet at the Soddy-Daisy baseball field parking lot (across from the lake) along Durham St. and will leave the parking lot at 8:00 am ET. Contact Nance Jo at 256-509-1541 or ogo62no@zoho.com to register. Driving Directions: From Soddy-Daisy, take US-27 North to Dayton. Turn right onto Highway 30 East toward Decatur and Athens. Pass the Interstate 75 overpass and after 0.5 mile, look for the park on the right. The trail is on the left before the parking lots. (Lat: 35.456910 Long: -84.6386847z)

Sep 17 - Piney Creek Mountain Bike Trail Fall Creek Falls. The group will decide the length of the hike - the total loop distance is 10.5 miles. We have not hiked this trail before so it is not rated. The group will meet at the Soddy-Daisy baseball field parking lot (across from the lake) along Durham St. and will leave the parking lot at 8:00 am ET. Contact Bob at 423-667-2960 or kopperkitters@yahoo.com to register. Driving Directions: From Soddy-Daisy, take US-27 North. Take Highway 111 toward Dunlap. Turn right onto Highway 284 (follow brown signs to the Park). Parking is located at the Piney Falls Scenic Loop.

Sep 21 - Signal Point to Rainbow Lake Out & Back, Signal Mountain. 2.5 miles. The group will decide whether to hike the additional 2 mile Rainbow Lake to Bee Branch Trail. The group will meet at the Bi-Lo parking lot, 4825 Dayton Blvd, Red Bank (at Morrison Springs) and will leave the parking lot at 8:00 am ET. Contact Earl at 770-877-0600 or e_helmer@att.net to register. Driving Directions: From Red Bank, take US-27S to Signal Mountain Road exit and go west about 4.5 miles. Signal Mountain Road becomes Signal Mountain Blvd. Turn left then left again onto Mississippi Avenue. Mississippi Avenue becomes James Blvd. Continue two blocks and turn left onto Signal Point Road. (turn before the Alexian Brothers facility). Follow Signal Point Road to the parking area. The trailhead is at the far end of the little Signal Point Park.

Sep 24 - Obed Wild and Scenic River. This section of the Cumberland Trail is 5 miles long out and back and a short nature trail to the river is an option off the main trail. The group will meet at the Soddy-Daisy baseball field parking lot (across from the lake) along Durham St. and will leave the parking lot at 8:00 am ET. Contact: George at 423-596-5972 or grbonneau@comcast.net to register. Driving Directions: From Soddy-Daisy, take US-27 North to Wartburg. Follow the green signs to the Obed Wild and Scenic River and Nemo Bridge. Drive left and wind along the Nemo/Catoosa Road for 7 miles to the Obed River. Just after crossing the bridge, turn right into the Rock Creek Campground. Park at the kiosk and walk down the campground road a short distance to the trailhead.

Sep 27 - Lower Truck Trail and Skyuka Trail, Lookout Mountain. 6.5 miles. Easy to Moderate. We will begin the hike at the Chattanooga Nature Center. The group will meet at Bi-Lo in Red Bank at 4825 Dayton Blvd (at Morrison Springs Rd) and will leave the parking lot at 8:00 am ET. Contact Earl at 770-877-0600 or e_helmer@att.net to register. Driving directions: From Interstate 24 in Chattanooga, take Broad Street exit. Go south on Highways 11-64-41-72 (Lee Highway) which will become Cummings Highway. Turn left onto Wauhatchie Pike. Turn onto Garden Road which dead ends at the Nature Center.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS:

David & Shirley Primeau 615-424-2948
sumner@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT

Hendersonville First United Methodist Church, 217
E. Main St. Hendersonville, TN

Sep 6 - Barefoot Charlies. This is our regular Chapter meeting night but instead of the meeting, we will gather at Barefoot Charlies for food, drink, & fellowship. Tuesday is Trivia night and our chapter will form at least one team in the competition. The Trivia competition begins at 6:30 so try to arrive by then - if not we will see you when you get there. Bring money for your dinner and drinks and invite a friend who is good on trivia. Barefoot Charlies, 125 Sanders Ferry Rd., Hendersonville. Questions? Contact Barefoot Al at ballallenger@aol.com or (615)347-2623.

Sep 10 - Ashland City Bicentennial Trail. We'll walk 4 miles on this lovely, converted rail bed. It's paved and flat, but extremely scenic. Please bring plenty of water and a little \$\$ to help pay for carpool gasoline. You can wear athletic shoes instead of hiking boots, but we always recommend you do not wear cotton socks. (Cotton is notorious for retaining moisture which contributes to blisters). We'll meet at 9:00 am in the K-Mart parking lot off Long Hollow Pike in Goodlettsville. Nashville area hikers can meet us at the Mark's Creek trailhead at 9:40 am central. Questions? Contact Anne at tthiker@att.net or 615-851-1052 before Sept 9.

Sept 23-25 - Backpacking Trip in the Great Smoky Mountains National Park!!! We'll leave early Friday morning for the 4 hour drive to the Park. We'll average about 8-10 miles each day - but the exact route has not been officially decided at the newsletter deadline. (You can make backcountry reservations no sooner than 4 weeks prior to the first day of your trip. Therefore our exact itinerary will be available for interested hikers on August 23). Per park regulations, our trip is limited to 8 participants. Backpackers should be prepared to sleep out in temperatures that may dip into the 40's - so sleeping bags/pads and some warm clothing are a must. All water in the park must be treated by chemicals, filtration or boiling to be considered safe to drink. It is likely that we'll encounter some rain - although September is relatively dry. You'll need to pack enough food for 2 days of meals and snacks. If we decide to hike on the Appalachian Trail and use the park shelters, we won't need tents. What's our reward for all this work? Few places are more beautiful than the Great Smoky Mountains, and early autumn is glorious!! From Paul Theroux: There is an intense but simple thrill in setting off in the morning on a mountain trail, knowing that everything you need is on your back. It is a confidence in having left the inessentials behind and of entering a world of natural beauty that has not been violated, where money has no value, and possessions are a dead weight. Interested? Contact Anne at tthiker@att.net. Due to the 8-person limit, preference is given to TTA members until Sept.10 when non-members can sign up for any remaining vacancies.

Sep 24 - Fort Negley History Hike. One mile. Easy. Our historian is former Sumner Countian Mark Zimmerman, author of "Guide to Civil War Nashville" which was a fundraising project for the Battle of Nashville Preservation Society, of which he is a member. Mark is also a member of the Civil War Trust, Save the Franklin Battlefield, and the Civil War Fortification Study Group. Our hike will include a video at the visitor center and great vistas of Nashville from atop the fort. After the hike we'll go to lunch at Taco Mamacitas where Mark will have his book available for purchase and signing. Meet at First Presbyterian Church in Hendersonville at 9 am CT or at Fort Negley at 9:45 am CT. For directions or further info contact Civil Al at ballallenger@aol.com or (615)-347-1623.

Sep 30 - Oct 2 - Carcamping trip to Pickett State Park. Hikes offered everyday as well as fun at the Allardt Pumpkin Festival on Saturday, Oct 1. This is a multi-chapter event so please see the announcement on page one for details. However, please note that 3 of our chapter members are organizing events during this weekend. Anne Wesley is leading the car-camping and Pumpkin Parade participation. Tim & Lynn Takacs will be leading a hike on Sunday, Oct 2 to the O&W bridge in the Big South Fork. Questions? Contact Anne at tthiker@att.net or Tim & Lynn at lynntakacs@comcast.net.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR:

Louise Miniard 931-528-9115
uppercumberland@tennesseetrails.org

HIKE COORDINATOR:

Cindy Johnson 931-570-0122
uppercumberlandhikes@tennesseetrails.org

Sep 3 - Fiery Gizzard, South Cumberland Recreation Area, Tracy City, TN.

This hike begins on top of the plateau within Tracy City then immediately descends into a beautiful old growth hemlock forest at the head of the gorge of Fiery Gizzard Creek. There are lots of impressive rock formations in the area. Later, the trail enters younger forest and ascends further down the creek to an overlook at Raven Point. Those wanting a shorter hike can now return to the beginning via the Dog Hole Trail for a total hike of about 9 miles. The Fiery Gizzard Trail continues mostly on top of the plateau through gently rolling oak forest, reaching Foster Falls at the southern end (at about 13 miles). The trail is rated strenuous for the rocky, uneven terrain and the distance covered. There will be swimming at the base of Foster Falls after the hike. Bring water, lunch, snacks, and hiking boots. You can meet us at the Penney's parking lot in Cookeville at 7:00 am CT or at the US Bank across from McDonald's in Sparta at 7:30 am CT. For information and to register contact Karen Howser at 615-210-0814, or by email at codycodygirl@gmail.com.

Sep 10 - Chimney Top Trail, Frozen Head State Park, Wartburg, TN. 9.1 miles. STRENUOUS.

We will hike to Chimney Top from the ranger station via the Chimney Top Trail. The view from the top is wonderful. We will lunch at the top and retreat along the ridge top to the Spicewood Branch Trail. Bring lunch, water, snacks, and wear good hiking boots. You can meet us in the Penney's parking lot in Cookeville at 8:00 am CT. We will leave from the ranger station about 10:00 am. For information and to register contact Louise Miniard at 931-239-5425 or by email at lminiard@flowserve.com.

Sep 24 - Max Patch, Pisgah National Forest, Hot Springs, N.C.

Spectacular views atop the grassy bald. The 6 mile hike will begin at Lemon Gap and is rated moderate. Bring lunch, water, snacks, and hiking boots. After the hike, for those interested, I have reserved two hot tubs in Hot Springs. To reserve a spot in the hot tub, email or call by Sept 17. There is an option for overnight camping; contact Kathleen for details. You can meet us at 6:30 am CT in the Penney's parking lot in Cookeville. For information and to register contact Kathleen Sullivan at 931-520-6294 or ksully@frontiernet.net.

OFFICERS:

| | | |
|---|-------------------|---|
| President | Don Dresser | 731-668-4190 <i>president@tennesseetrails.org</i> |
| Vice-President | Millette Jones | 615-397-9588 <i>vicepresident@tennesseetrails.org</i> |
| Treasurer | Jan Agee | 423-504-3581 <i>treasurer@tennesseetrails.org</i> |
| Secretary | Carolyn Miller | 931-839-3213 <i>secretary@tennesseetrails.org</i> |
| Past President | Rosemary Marshall | 865-548-6171 <i>pastpresident1@tennesseetrails.org</i> |
| Previous Past President | Anne Wesley | 615-851-1052 <i>pastpresident2@tennesseetrails.org</i> |
| West TN At-Large Director | Graydon Swisher | 901-737-3114 <i>westregional@tennesseetrails.org</i> |
| Middle TN At-Large Director | Nora Beck | 615-517-6486 <i>middleregional@tennesseetrails.org</i> |
| East TN At-Large Director | Levonn Hubbard | 931-707-1020 <i>eastregional@tennesseetrails.org</i> |
| Membership Director | Ron Dunn | 615-867-3301 <i>membership@tennesseetrails.org</i> |
| Cumberland Trail Conference Representative | Diane Manas | 615-352-7777 <i>CTC@tennesseetrails.org</i> |
| TN Rails To Trails Advisory Council Representative | Bob Richards | 615-532-0753 <i>TRAC@tennesseetrails.org</i> |
| CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER | | |
| Newsletter Editor | LouAnn Partington | 931-393-4835 <i>editor@tennesseetrails.org</i> |

TTA CALENDAR

The following dates in 2011 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

THIRD QUARTER

Sep 11-17 Bike Ride Across TN (B.R.A.T.)
Proceeds Benefit the Cumberland Trail

Sep 24 National Public Lands Day (Statewide)

FOURTH QUARTER

Oct 28-30 Annual Meeting (Dubose Conference Center, Monteagle) hosted by Highland Rim and Murfreesboro chapters



Check the annual meeting blog for the most current information! Hope to see you all there!

<http://www.tennesseetrails.org/2011>

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

| <u>Due</u> | <u>For Newsletter Dated</u> |
|--------------|-----------------------------|
| Sep 10 | Oct 1 |
| Oct 10 | Nov 1 |
| Nov 10 | Dec 1 |

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

A NEW MEMBER

Sep 11

RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Ron Dunn 615-867-3301 membership@tennesseetrails.org

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

___ Individual \$25.00

___ Family \$35.00

___ Student (FULL TIME) \$15.00

___ Supporting (\$50.00, \$100.00 or more)

___ Life Member (Individual) \$500.00

___ Life Member (Family) \$750.00

Name _____

Address _____

City _____ State _____

Home Phone (___) _____ Zip _____ -- _____

Work Phone (___) _____

e-mail _____

Please do not list my e-mail address in the TTA Annual Membership Directory

I would like to receive my newsletter by email.

** ___ **CTC Membership**** **\$5.00**

** Special \$5.00 rate for membership in Cumberland Trail Conference if you also are joining TTA or renewing your TTA membership. CTC is building the Cumberland Trail, which will go from Chattanooga to Cumberland Gap. Over 185 miles are now complete and open for hiking. More information can be found at www.cumberlandtrail.org. Please consider enhancing your commitment to Tennessee's great trails by joining the CTC.

Please list me with the following chapter:

| | |
|---|--|
| ___ Clarksville | ___ Murfreesboro |
| ___ Columbia/Franklin | ___ Nashville |
| ___ Cove Lake | ___ Northwest (UT at Martin/Weakley) |
| ___ Dyer County | ___ Plateau (Crossville) |
| ___ East TN (Oak Ridge/Knoxville) | ___ Soddy Daisy |
| ___ Highland Rim (Manchester/Tullahoma) | ___ Sumner Trails (Sumner County) |
| ___ Jackson | ___ Upper Cumberland (Sparta/Cookeville) |
| ___ Memphis | ___ At Large |

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - C.T.C. and T.R.A.C. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.