

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

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FROM THE CUMBERLAND TRAIL CONFERENCE

ATTN: EXPERIENCED BACKPACKERS
BACKPACKING OUTING
Benton MacKaye Trail, Southeast TN
Wed, Apr. 27 – Sun, May 1

I want to thank all of my fellow TTA members that made the annual action at the statewide meeting a huge success, and, a big special thank you to the Memphis and Jackson Chapters for hosting the meeting. These chapters did a terrific job. The auction raised \$8,000 for the Cumberland Trail project. This successful fundraiser was only possible because TTA members cared enough to solicit donations, made personal donations, and participated in the auction. These funds will be used to support the 2011 BreakAway program. The primary goal of this program is to complete the trail on TDEC land in North Chickamauga Gorge, Hamilton County.

The Cumberland Trail project is a community project. It is only because people had gotten involved that the project was resurrected, and today, it is the reason the project continues to move forward. With the continued support of the TTA community, the Cumberland Trail will one day be completed, leaving a lasting legacy for all members, past and present.

Thank You,

Tony Hook

The Benton MacKaye Trail (BMT) is a footpath of nearly 300 miles (480 km) through the most remote backcountry in the Appalachian mountains of Georgia, Tennessee and North Carolina. The trail also traverses eight federally designated Wilderness Areas.

Our trip will begin along the Cherohala Skyway at Mud Gap in the Nantahala National Forest and travel south through the Unicoi Mountains, along the TN/NC border and into the Cherokee National Forest. Very early into our hike we will reach the highest elevation over the 5 days and 51 miles we will travel – but, only after we have tackled the first 0.6 mile; this is an ascent of 520 feet (steep) to reach 5,000 feet. Day 2 presents us with the most roller coaster hiking with two 1,200-ft ascents & descents. Day 3 has only one 1,200-ft ascent/descent. After this, it's a gradual descent (of course, there will be several ups & downs but in the 2-400 foot range) till we reach our exit at Childers Creek along the Hiwassee. Our daily mileage will range from 8-12 miles.

Since we will be in a wilderness area (sans remote, wild), one can expect rugged and steep ascents and descents over terrain consisting of roots, rocks, ruts and mud; therefore, this trip is rated **STRENUOUS** – and **FOR EXPERIENCED BACKPACKERS**. Adding to the remoteness of a wilderness area, there is also a lack of trail/directional signage so you will need to be able to read a map and follow compass readings (GPS is acceptable). Our rewards: deep forests, remote solitude, exploring a completely new area of TN, a minimal amount of bugs (and people), wildflowers in bloom at the various elevations, and hopefully seeing a wide variety of wildlife (yes, there are bears).

Everyone is responsible for her/his own gear (tent/tarp required) and food. The group size is limited to 6 people (sorry, no pets) and since this is a linear hike; not a loop, a shuttle service will be hired to transport the group to the start; and, a deposit is necessary to guarantee your spot. For further information and to register, contact Diane Manas 615-352-7777.





Office Location 409 Thurman Avenue, Ste 102
Crossville, TN 38555
 Office Hours8am-2pm CT
 Phone:931-456-6259
 Fax:931-456-4934
 Email: cumberlandtrail@rocketmail.com
 Website: www.cumberlandtrail.org

CTC's Event Calendar

Feb 20 - March 26, 2011 - CTC's 15th annual BreakAway program. This event will be held in Hamilton County with trail work being performed in various sections of the CT. For more details about this event, please contact the CTC at cumberlandtrail@rocketmail.com or 931-456-6259.

CLARKSVILLE CHAPTER

CHAPTER CHAIR: Paul Schwab 931-645-9068
clarksville@tennesseetrails.org
CHAPTER CO-CHAIR: J.R. Tate 931-920-2692
clarksville@tennesseetrails.org
TREASURER: Sandy Janus 931-551-8523
clarksvilletreas@tennesseetrails.org
SECRETARY: Pam Gadsey 931-552-2325
clarksvilleasecy@tennesseetrails.org
OUTINGS COORDINATOR: John Sneed 931.920.3828
clarksvillehikes@tennesseetrails.org
(call John & volunteer to lead an outing)
MEETS MONTHLY: 3rd Tuesday at 7:00 pm CT at Crow
 Community Center, 211 Richview Rd.
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/clarksville>

Feb 5 - Land Between the Lakes. Sandy Janus 931-551-8523. Meet 8:00 am CT, Kroger parking area, Dover Crossing Road, Clarksville.

Feb 12 - Fort Donelson National Battlefield, Dover. 5.5 miles. Moderate. There was a historic gun battle here on February 14, 1862. J.R. Tate 931-920-2692. Meet 8:00 am CT, Kroger parking area, Dover Road, Clarksville.

Feb 15 - Monthly Meeting. Carl Gadsey will talk on the history of Port Royal.

Feb 19 - Santa Fe Hike at the Oak Ridge Farm, Montgomery County. 4 miles. Moderate. Soup served after the hike. Sandy Evans 931-217-4339. Meet 8:30 am CT, Big Lots parking area, Riverside Drive, Clarksville.

Feb 26 - Indian Town Bluff, Cheatham County. 5 miles. Moderate. John Sneed 931-920-3828. Meet 8:30 am CT, Madison Street Kmart, Clarksville.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR: Marvin Caine 931-486-1632
columbia@tennesseetrails.org
MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

Feb 1 - Chapter Meeting. Tony Hook, General Manager of Cumberland Trail Conference will speak and show photos of his recent hike on California's John Muir Trail.

Feb 5 - Buggytop Trail, Carter State Natural Area, Sewanee, TN. 4.5 Miles. Moderate. We will hike to Buggytop Cave which has a very impressive 80 foot mouth carved out of a 50 foot cliff. We also will hike to Peter Cave entrance and return via Buggytop Trail. On the way back we will do a short walk to Natural Bridge, a 27 foot natural sandstone bridge. Bring sturdy hiking boots, water and lunch. We usually stop for a meal on the way home. Plan to meet behind McDonald's 4908 Main Street (Hwy 31) Spring Hill, TN and leave at 7:00 am CT. Register with Rick Pinkleton at 931-619-5012(cell).

Feb 19 - Wade Mountain, Huntsville, AL. 5 Miles. Moderate. Joint hike with Murfreesboro Chapter. See Murfreesboro Chapter listing for hike details. Bring water and snacks for the trail and wear sturdy boots. We will meet at 8:00 am CT behind McDonald's, 4908 Main Street (Hwy 31), Spring Hill, TN. Register with Bobby Hardeman puttr22@aol.com or 615-430-0638.

DYER COUNTY CHAPTER

CHAPTER CHAIR: Rita Norvell 731-445-4601
dyercounty@tennesseetrails.org
SECRETARY/TREASURER: Frank Salowitz
dyercountysecy@tennesseetrails.org
OUTINGS COORDINATOR/BOARD REP: Jim Stark 731-589-1776
dyercountyhikes@tennesseetrails.org
(Call Jim & volunteer to lead an outing.)

MEETS MONTHLY: (Sep-Jun) 4th Thursday at 5:30 pm CT at
Dyersburg Main Street Office, 111 Market Street on the
south side of the square in downtown Dyersburg

Hike information not available at press time.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-548-6171
easttennessee@tennesseetrails.org
VICE-CHAIR: Elise Eustace 865-201-5806
easttennessee@tennesseetrails.org

Hike information not available at press time.

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CHAIR: Barbie Moré 931-455-3311
VICE CHAIR: Nora Henn 931-668-1870
TREASURER: Marietta Poteet 931-924-7666
OUTINGS COORDINATOR & NEWSLETTER CONTACT: Jim Poteet 931-924-7666

highlandrim@tennesseetrails.org
highlandrimvice@tennesseetrails.org
highlandrimtreas@tennesseetrails.org

highlandrimhikes@tennesseetrails.org

(contact Jim & volunteer to lead an outing)

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT at the D. W. Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Feb 1 – Monthly Meeting. After a short business meeting, Carolyn Fitz and John Bordley will tell us about their recent hiking trip to the Lauterbrunnen Valley of Switzerland, which they described as follows: “From the rustic village of Gimmelwald we ventured forth each day to enjoy beautiful groomed trails leading into high alpine meadows. Majestic views were at hand each step of the way, featuring the North Face of the Eiger, the glaciated slopes of the Jungfrau and the huge dark cliff called the Schwarzmönch (the black monk). We will show the views, the cows, the villages, the food and our accommodations.” (Note: Some folks will be getting together at Yamato's Japanese Restaurant, 913 N. Jackson St at 5:30 pm for dinner. Call Barbie for more information.)

Feb 12 – Carter Mountain. 8-10 miles. Strenuous. Joette Carter will lead an “under the bluff hike” on her family's land on Carter Mountain, south of Winchester in Franklin County. Meet at 10 am CT at the TWRA game checking station on highway TN-16 (the road from Winchester to Scottsboro, AL, that goes by the Walls of Jericho) on the left between mile markers 23 and 24. This is a small block building surrounded by paved road, and is the only building between mile markers 23 and 24. This will be an 8- to 10-mile hike, considered strenuous, with at least half of the hike off trail. There are pretty views, waterfalls, and interesting rocks and boulders. This will be a joint hike with the Huntsville Sierra Club. Bring lunch and water and dress for the weather. For more information, call Joette at 256-776-3551.

Feb 19 – Eat-Hike-Eat. Join Tom Bentley at the Blue Chair in Sewanee for another installment of the Eat-Hike-Eat series. Come early for coffee, tea, breakfast, and a little socializing before leaving at about 9:30 for a short hike on or near the Sewanee campus, followed by lunch at one of the many fine eateries in the Sewanee vicinity. Tom can be reached at *htbentley@lighttube.net* or at 931-273-6344 for more information.

Hike Report. On January 8, forty one hikers showed up at the Fiery Gizzard trail head in Tracy City, for the annual Chilly-Chili hike to Sycamore Falls. The weather was rather brisk, with occasional snow showers, but we did not have as many ice formations as we would have liked. Afterwards, the hikers joined 10 non-hikers at the Poteet's for chili and fixin's, as well as pot-luck sides. We had folks from the Nashville and Murfreesboro chapters, as well as from our own Highland Rim chapter. Everyone seemed to enjoy the opportunity for getting together for an enjoyable mid-winter hike, good food, and a chance to socialize with old and new friends.

JACKSON CHAPTER

CHAPTER CHAIR: Glen Rognstad 731-217-5966
jackson@tennesseetrails.org

TREASURER: Anne Goodson 664-1556
jacksontreas@tennesseetrails.org

SECRETARY: Don Dresser 731-668-4190
jacksonsecy@tennesseetrails.org

OUTINGS COORDINATOR: Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org

(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 2nd Monday at Perkins Restaurant, 999 Vann Drive in Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 7:00 pm

Feb 12 - Shiloh National Military Park. This park was established in 1894 and encompasses nearly 4,200 acres of land. The battlefield is situated on a plateau and is bounded by the Tennessee River, Lick Creek and its tributaries and Snake and Owl Creeks. The battlefield is undulating tableland ranging in elevation. We will plan to hike around the battlefield and enjoy many historical sites. Please bring lunch/snack, plenty of water and sturdy hiking boots are recommended. For information and to register, contact Donald Dresser at 731-668-4190 or *donald_dresser@usit.net*.

Feb 14 - Chapter Meeting. Please contact Glen Rognstad at 731-217-5966 or *Glenrognstad@gmail.com* for additional information.

Feb 19 - Nathan Bedford State Park, Camden TN. There are over 20 miles of trails ranging from easy to difficult. We will choose a trail depending on participation and hiking skills. Bring lunch/snack, plenty of water and sturdy hiking boots. Portions of the trail can be slick if it's rained recently. To register, please contact Susan Woods at 731-584-2668 or *woodsbob@bellsouth.net*.

Feb 26 - Red Leaves Trail, Natchez Trace State Park. Joint hike with Memphis Chapter. Dick McKeen will lead an 8-mile section of the Red Leaves Trail south of I-40 from Cub Lake to Pin Oak Lake. A car shuttle is required (approx 45 min from Park Headquarters). This little used, but clearly marked section of the trail is rugged and muddy in places. The hike is rated moderate with a few elevation changes. It begins and ends with easy half mile hikes along the edges of two beautiful lakes. We will meet at the park headquarters at 9:00 a.m. sharp for the car shuttle. Bring plenty of water, lunch and snacks, hiking pole and sturdy hiking boots. Portions of this trail can be slick if it's rained recently. To register, please contact Dick McKeen at 731-668-4139 or *sprucemountain@eplus.net*.

Additional hikes may be added. Please check the TTA website calendar.

Planning ahead:

Mar 7 - Chapter Meeting. . Please contact Glen Rognstad at 731-217-5966 or *Glenrognstad@gmail.com* for additional information.

Mar 12 - Cane Creek Canyon Nature Preserve.

Mar 26 - Nashville Greenway.

MEMPHIS CHAPTER

CHAPTER CHAIR: Margaret Smith 901-210-6097
memphis@tennesseetrails.org

VICE-CHAIR: Francis Ruffin 901-396-1108
memphisvice@tennesseetrails.org

MEETS MONTHLY: (Sep – May) 2nd Thursday at 7:00 pm CT at Cordova Library, 8457 Trinity Rd.

Feb 5 - T.O. Fuller State Park, 1500 Mitchell Road, Memphis. The hike will cover 5-6 miles of moderate to rugged terrain with some wetland. The trail includes part of the Discovery Trail of the Chucalissa Indian Village. The hike will begin at 9:30 am. We will break for hot chocolate! Bring water and a snack. Rain will cancel the hike. For further information call hike leader Francis at 662-781-5034. Directions: Go I-240 West to I-55 North, Exit 7 South to Highway 61(3rd Street), drive about 3 miles south to Mitchell Road, turn right at the T.O. Fuller Park sign. Go 3 miles west to the park Visitor Office.

Feb 10 - Monthly Meeting (New meeting date 2nd Thursday). Program to be announced.

Feb 12 - Meeman-Shelby Forest Pioneer Springs Trail. Meet Linda at the Visitor Center at 9:00 am and bring water and snack. We will hike the Pioneer Springs Trail which begins with a car shuttle to the south end of the trail for a 5-6 mile easy to moderate hike through the forest connecting with the Woodland Trail and back to the visitor center. For information call Linda 901-606-9866.

Feb 19 - Lucius Burch Natural Area Wolf River off Germantown Road. We will meet at 9:00 am in the main parking area off Germantown Road. Turn off at the traffic light on Germantown Road between Agri Center & Lowe's. Our hike will focus on the Yellow Trail paralleling the Wolf River for 3+ miles. Depending on trail conditions we will either return on the Yellow Trail or take the inland Blue Trail experiencing a mix of natural environments. Portions of both trails are shared with bikes. With heavy use and wet conditions the trail, especially gullies, can be muddy and slippery. Walking poles are advised. For information call Janet at 901-761-0705.

Feb 26 - Natchez Trace. REGISTRATION REQUIRED. This is a joint hike with the Jackson Chapter. See Jackson chapter listing for hike details. We will meet at the park headquarters at 9:00 am sharp for a car shuttle. Bring plenty of water, lunch and snacks, hiking pole and sturdy hiking boots. To register call Gloria at 901-213-0604. Directions: Take I-40 Exit 116, go right for 1.5 miles and turn in to the Park Headquarters.

Mar 5 - Big Hill Pond State Park, near Pocahton, TN. We will meet at the boat dock in the park at 9:30 am and start the hike promptly at 9:45 am. The 7-8 mile loop trail is rated moderate. This trail takes us over wooded hills through rock outcroppings and to a fire tower overlooking the Tuscumbia river valley. We cross a 0.8 mile boardwalk over Dismal Swamp, a unique area with abundant wildlife. Bring lunch and water. Boots strongly recommended. For information contact Woody Pierce at 901-755-5635 or *woodypierce2@gmail.com*.

MURFREESBORO CHAPTER

CHAPTER CHAIR:

Tony Jones 615-397-4463

murfreesboro@tennesseetrails.org

OUTINGS COORDINATOR:

Ron Dunn 615-867-3301

murfreesborohikes@tennesseetrails.org

(Call Ron & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Barfield-Crescent Rd., Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Feb 12- Savage Gulf State Natural Area. Gruetli-Laager, TN. Collins Gulf Trail to Horsepound Falls. The hike will be a 5-mile (total) "out and back" to Horsepound Falls. The rating is moderate to difficult due to elevation changes, uneven footing and the possibility of ice on the trails and bridges. Trip highlights include Suter Falls, Horsepound Falls and the Rocky Point overlook. Dress in layers, wear sturdy footwear, consider hiking poles and bring a lunch to eat at Horsepound Falls our mid-point. Please contact Millette Jones for more info and to sign up for this hike. These trails close occasionally due to ice so be sure to sign up so you can be notified of a cancellation. millette.jones@comcast.net.

Feb 13 - Flat Rock Cedar Glade. Murfreesboro, TN. - Join us for a Sunday afternoon stroll in the largest cedar glade preserve in Tennessee. Flat Rock is preserved by the Nature Conservancy and is home to very rare plants. The 3.4-mile trail goes through cedar woods, barren rock and grassy glades. We'll also pass a sinkhole where a creek flows into it and disappears into the ground. This hike is moderate and can be shortened for those attending with children. Flat Rock is located about 3 miles from Halls Hill Pike in Murfreesboro on Factory Road. Meet at the trailhead at 1:00 pm CT. Wear comfortable shoes and bring water. Call Sara Pollard at 615-714-3610 for more information.

Feb 19 – Wade Mountain, Huntsville, AL. This is a multi-chapter hike! Wade Mountain Preserve is a Land Trust property in Northwest Huntsville which consists of 821 acres, with a semi-arid micro climate at the top and with views of Northern Alabama and Tennessee. Bob Goodwin and Sandra Parker will lead a 5 mile moderate hike, which will include the Devil's Racetrack. The trail is in good condition with uneven, rocky footing in a few areas and climbs 350 feet in about 1 1/2 miles; later another 150 feet in 1/2 mile. Once at the high point we will gradually descend 500 feet in 3 miles. Legend has it, that The Devils Race Track at the top was used many years ago for horse racing. After our hike we will have lunch at a local restaurant. There will be an **option** after lunch to briefly explore **Big Spring Park** in downtown Huntsville. We will leave from the Cracker Barrel on Church Street at Interstate 24, Exit 81 in Murfreesboro at 8:00 am. Distance from the meeting place to the trail head is about 80 miles. For more information and to register for the hike, please contact Bob Goodwin at CAMEL40@earthlink.net or 256-564-8417.

Feb 26 – Savage Gulf State Natural Area, Palmer TN. – This easy to moderate 6-mile loop will begin at the Stone Door Ranger Station. We will visit the gorgeous Stone Door and then walk the rim atop Big Creek gulf to the Alum Campsite where we will have lunch. We will then return to the parking lot via the Laurel Trail. Meet at the Cracker Barrel on Church St. in Murfreesboro and plan to depart at 8 am CT. For more information, or to sign up, contact Tony Jones at awj68@comcast.net or 615-397-4463.

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NASHVILLE CHAPTER

CHAPTER CHAIR:

Libby Francis

nashville@tennesseetrails.org

OUTINGS COORDINATOR:

Libby Francis

nashvillehikes@tennesseetrails.org

(email Libby & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit:
www.tennesseetrails.org/nashville.php

CHAPTER NEWS: For the ninth time! It's a wrap . . . **THANK YOU** to the gift-wrapping Elve\$ who generously volunteered their time to help with wrapping Christmas gifts for REI's customers on December 18 while at the same time introducing many of them to TTA, the Cumberland Trail, hiking and trail building opportunities in Tennessee. Each "Elf" was asked to commit to a 2-hour shift; however, due to the enormously large volume of customers wanting to have their gifts wrapped, several "Elve\$" stayed on an extra hour or two. In exchange for the beautifully wrapped and creatively decorated packages, TTA received donation\$ – a total of \$350.00 dollars. Donation\$ received have been earmarked for use by the CTC to feed the student volunteers who come to Tennessee in March and participate in the 2011 Spring BreakAway program on the Cumberland Trail. Thanks to the following "Elve\$" for their commitment to TTA, CTC and our future trail system in TN: **Nora Beck, Libby Francis, Tommy Holland, Ann Hook, Nancy Juodenas, Sue Lefferts, Dorothy Lesch, Diane Manas, Garnett Rush, and "J.W."** A special thanks to **Tony Hook**, CTC's General Manager, for spending so much time "manning" the CTC booth and talking to everyone (familiar and not so familiar) about the Cumberland Trail (what a huge help!). To close, this was the 9th year that TTA-Nashville has wrapped gifts at REI and it continues to be overwhelmingly well-received by their customers and quite succe\$\$ful for Tennessee Trails Association, so . . . **A special note of thanks to REI for inviting us into your store during the busiest and most hectic time of year, and for your continued support of Tennessee Trails Association and the Cumberland Trail!**

Feb 12 - Beaman Park, Nashville. Winter Tree Hike, 1–3 PM. The leaves may be gone for now, but you can still identify trees if you know what to look for. Meet Friends of Beaman Park Volunteer Coordinator Rachel John at the Beaman Park Nature Center (5911 Old Hickory Blvd) for this all ages hike. Call 615-862-8580 for information and directions.

Feb 12 - Hidden Springs Trail, Cedars of Lebanon State Park. Lebanon, TN. Cedars of Lebanon SP is located in an area comprised of the largest stand of Eastern Red Cedar remaining in the U.S. We will be walking through a "Cedar Glade," rocky barrens with thin soil that are extremely dry and a home to many unusual plants not found in Middle TN. Although thin and rocky, the terrain on this hike is pretty much flat for the entire 4.5 miles of this hike. Along the way, we will pass several sinkholes and small cave-like openings. We may also see some of the wild turkey and/or deer. Dress appropriately for the weather, and bring snacks and water. We'll meet at 9:30 am CT at the park's visitor center. For information and/or to register, call Diane Manas at 615-351-6431.

Feb 13 - Hidden Springs Trail, Cedars of Lebanon State Park. Lebanon, TN. This will be a repeat of the hike above; however, we will meet at 1:00 pm at the park's visitor center.

Feb 19 - Collins Gulf Loop at Savage Gulf, near Tracy City. The hike is 14 miles and rated moderate/strenuous due to its length. There are several nice waterfalls which may be frozen and a possible short side trip to lovely Schwoon Springs. Anyone interested can email Karl Dupre at karld@comcast.net or call at (615) 207-2250.

Feb 22 - Chapter Meeting. In 2008 and 2010 Roger McCoy and his wife Thorunn vacationed in the Picos de Europa National Park in northern Spain. The northern part of the country is known as La Costa Verde due to its rainfall which is greater than much of the rest of Spain. The Picos area contains alpine tundra habitat at the highest elevations and deciduous forests on the valley slopes and along streams. Roger, a botanist with Tennessee's Natural Heritage Program, will describe hiking opportunities, the types and conditions of some of the trails, and general ecology and botany of the region. Bring a friend, and plan on staying for time to socialize and enjoy some light refreshments. Questions? Nora Beck, program chairman, nora_beck@comcast.net.

Feb 26 - Bowie Nature Park, Fairview. 5.5 miles of rolling forestland with trees of differing ages, cut by clear creeks forming small valleys. Wear sturdy hiking boots or trail shoes; bring lunch, snacks and water. Meet at Kroger on Hwy. 100 (across from Chaffin's Barn) at 9:00 am. For more information and to register contact Garnett Rush at 352-7217 or e-mail rushga01@yahoo.com.

Feb 27 - Montgomery Bell, Dickson, TN. We'll do the full 10.5 miles. Meet in the parking lot at the visitor's center at 8:00 am. Bring, water, snacks, lunch, good hiking boots. Call or e-mail Nancy at njuodenas@yahoo.com or 615-3199-8811 to register or for more information.

NORTHWEST Chapter (UT at Martin / Weakley County)

CHAPTER CHAIR: Scott M. Pun 731-881-7316
northwest@tennesseetrails.org
TREASURER: Sandy Davis 731-587-9134
northwesttreas@tennesseetrails.org
MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT during the
academic year (Feb-Apr and Sep-Dec) on the UT
Campus in the Paul Meek Library, Rm 120, Media
Services B1

Hike information not available at press time.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-456-6437
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SECRETARY/TREASURER: Jim Grove 931-484-7900
plateausecy@tennesseetrails.org
MEETS MONTHLY: 2nd Thursday at 6:30 pm CT
BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at (931) 484-9152 or visit the Plateau Chapter Blog. Rain cancels.

Feb 10 -- Chapter Meeting. First United Methodist Church Annex, 69 Neecham Street, Crossville. 6:30 pm CT. Anyone wanting to meet for dinner before the meeting can meet at LaCosta's Restaurant at 5:00 pm CT. Program: Learn about the latest hiking gear from Brent of Plateau Outdoors.

Feb 12 -- Virgin Falls, DeRossett. This is an 8-mile strenuous hike to the 110 foot tall Virgin Falls. Along the way, we will pass a 30-foot waterfall, Big Laurel Falls. There is a stream crossing and some difficult footing on this hike, including the need to cross a rock field at Big Laurel Falls, so the hike may be canceled or changed due to high water, snow or ice. Therefore, register with hike leader Ginger Cass 931-788-1466 to be informed of possible cancelation or changes. Wear boots; bring food for lunch and snacks and water. Meet at 8 am CT in front of the Tractor Supply store.

Feb 19 -- Prentice Cooper hike with Soddy Daisy Chapter. See the Soddy Daisy chapter info for more information. Contact Cheryl Heckler at 931-456-6437 or thehecklers@charter.net to register for the carpool from Crossville to the Prentice Cooper trailhead.

Feb 26 -- Pickett Palooza, Pickett State Park, Jamestown. We'll combine the Lake, Bluff, Ladder and Island short trails for a total distance of around 4.5 miles. The hike is moderately difficult primarily due to the ladders and some uneven footing. We'll see a couple large natural rock bridges and several rockhouses. The ladder trail has two ladders and a small creek to cross. Meet behind/side of Cracker Barrel at 8:30 am CT. For more information and to register, contact lead by Jim Lamb at jameslamb@frontier.com or 931-484-5991.

TIP

With the New Year comes a good time to take a few minutes and perform simple maintenance on your hiking gear for the upcoming season. Take good care of your gear and your hiking experience will be so much more safe, comfortable and enjoyable. Clean and waterproof your boots. They don't come cheap and they are arguably the most important item of hiking gear in your closet. Replace the laces if they look a little frayed. Replace the batteries in your headlamp. Replace the expanders in your hiking sticks if they're starting to get weak. Restock your first aid kit. And most importantly, throw winter gear in your pack to enable good layering.

Attention: Hike Coordinators (aka Hike Leaders)

A TTA **Release of Claims & Hold Harmless Agreement** form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from: www.tennesseetrails.org/release.php.

Carpool Etiquette

Gasoline prices have continued to roller coaster up and down. Please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it'll save time and prevent the inconvenience of having to stop to locate change).

Your driver is not a chauffeur. Assist him or her by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing.

All passengers must wear seat belts to minimize the risk of injury in case of an accident !!! The drive to and from a trailhead is generally the most dangerous part of any hiking trip.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: George Bonneau 423-645-9029

soddydaisy@tennesseetrails.org

TREASURER: Robertson (Bob) McGavock 423-667-2960

soddydaisytreas@tennesseetrails.org

MEETS EVERY OTHER MONTH: 1st Tuesday in Jan, Mar, May, Jul, Sep, Nov at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson

Additional information may be seen at our web site:<http://www.tennesseetrails.org/blog/soddydaisy>

Feb 2 – Soddy Creek Section of Cumberland Trail. The group will meet at the baseball fields parking lot (across from the lake) along Durham St. (N 35 17.307 W 085 09.450) in Soddy-Daisy. We will leave the parking lot at 9:30 am ET, leave some vehicles at the Hotwater Rd / Sluder Lane intersection (N 35 16.887 W 085 11.622), then travel to the new Mowbray Pike trailhead parking lot (N 35 14.279 W 085 12.174). The hike will begin at the new Mowbray Pike trailhead. This section of the Cumberland Trail is ~ 4.9 miles and is rated moderate with some steep climbs. The group will take a snack break about half way point. Contact Earl Helmer at 770-877-0600 or e_helmer@att.net to register. Driving Directions: From Durham St. in Soddy-Daisy, go west on Durham St, turn right on Back Valley Rd., turn left on Mountain Rd., road becomes (new) Hotwater Rd, turn left on Mowbray Rd, and look for the trailhead on the left. Note: Access to the parking area is by a narrow paved driveway uphill which is easy to miss; look for the steep bank just prior to the access road. Trail information may be found at www.cumberlandtrail.org.

Feb 5 – North Chickamauga Creek Conservancy Greenway Farms, Hixson, TN – The group will meet at the OutVenture office area at Geenway Farms at 10:00 am ET. We will hike the Upper Loop trail, the Boy Scout Trail, and the Lower Loop trail, and reverse direction to return to the vehicles. Contact Bob McGavock at 423-667-2960 or kopperkritters@yahoo.com to register. Driving Directions: From the Chickamauga Dam, take Highway 153 north. At the second traffic light past the Dam, turn right onto Hamill Road and go past the hospital. Follow Hamill Road to just over the North Chickamauga Creek bridge and turn to the right across from the entrance to Bethel Bible Village. From Soddy-Daisy, take Hixson Pike south, turn left onto Cassandra-Smith Rd; turn right onto Hamill Rd.; take first left onto Walker Cemetery; follow road to the OutVenture office area. Note: Some vehicle break-ins have occurred in the past at some of the "dog walking" parking areas. Trail information may be found at <http://www.northchick.org/greenway.html>.

Feb 9 – Possum Creek Section of the Cumberland Trail. The group will meet at the baseball fields parking lot (across from the lake) along Durham St. (N 35 17.307 W 085 09.450) in Soddy-Daisy. We will leave the parking lot at 9:30 am ET and travel to the Heiss Mountain trailhead off Jones Gap Rd (N 35 20.754 W 085 10.501). We will hike from the trailhead to the Little Possum Creek bridge, have a snack lunch, and return to the vehicles by reversing direction on the same trail. The total distance is 6.6 miles and the trail is rated moderate with some steep climbs. Note: The group may decide to shorten the hike if ice and snow makes the trail too hazardous. Contact Nance Jo at 256-509-1541 or nancejo13@gmail.com to register. Driving Directions: From Soddy-Daisy, go north on US-27; take Highway 111 toward Dunlap; exit onto Jones Gap Rd.; turn right; turn right toward the convenience store; drive past the convenience store and look for the trailhead parking area on the left. Trail information may be found at <http://www.cumberlandtrail.org>.

Feb 12 – Savage Gulf State Natural Area. Joint hike with Murfreesboro Chapter. See Murfreesboro listing for details. The Soddy-Daisy Chapter will meet at the baseball fields parking lot (across from the lake) along Durham St. (N 35 17.307 W 085 09.450) in Soddy-Daisy to form carpools. Contact Nance Jo, 256-509-1541 or nancejo13@gmail.com.

Feb 16 – Maintenance Workday on our adopted section of the Cumberland Trail. Hotwater Road to Deep Creek. The group will meet at the baseball fields parking lot (across from the lake) along Durham St. (N 35 17.307 W 085 09.450) in Soddy-Daisy. We will combine people and work tools in a minimum number of vehicles due to limited parking on Hotwater Road. We will leave the parking lot at 9:30 am ET and travel to the pull off area beside Hotwater Road (N 35 17.311 W 085 10.888). A second pull off area is located just west of this site on Hotwater Road – from Sluder Lane intersection, this pull off is the seventh (7th) pull off as you travel down the mountain. Workday activities include cutting downed small trees, raking leaves, and trimming small branches. Please bring your own tools. The group will decide how much trail to clear. Contact George Bonneau at 423-596-5972 or grbonneau@comcast.net to register. Trail information may be found at <http://www.cumberlandtrail.org>.

Feb 19 – Prentice Cooper Wildlife Management Area – TENTATIVE. PCWMA may be closed to hikers on this date. The group will meet at the main parking area in Prentice Cooper (N 35 07.966 W 085 25.165) at 10:00 am ET. We will hike from the parking area to the Indian Rockhouse and Stone Door and continue toward the Popular Springs Campsite. The group will decide on Saturday how far to hike but, expect total distance to be about 8 miles. The estimated total distance to Popular Springs Campsite is about 10 miles. We will stop for a snack break at about the half way point and then reverse directions along the same path to return to the vehicles. Contact Earl at 770-877-0600 or e_helmer@att.net to register. Driving Directions: From Soddy-Daisy, take US-27 South; exit onto US-127; take right onto Signal Mountain Road (US-127) and go about 1.6 miles; take left onto Suck Creek Rd (TN-27) and go about 7.9 miles; look for the Prentice Cooper sign; turn left at Game Reserve Rd and continue to follow signs. Parking area - trailhead is on the right. Trail information may be found at <http://www.cumberlandtrail.org>.

Feb 21, 22, 24, 25 – Cumberland Trail Conference (CTC) 15th Annual BreakAway Program. This event will be held in Hamilton County, TN with trail work being performed in various sections of the Cumberland Trail. Note: Due to weather conditions, the work week schedule may change. To check the schedule, to obtain more details and to volunteer, contact the CTC office at cumberlandtrail@rocketmail.com or 931-456-6259.

Feb 26 – Savage Gulf State Natural Area. Joint hike with Murfreesboro Chapter. See Murfreesboro chapter listing for details. The Soddy-Daisy Chapter will meet at the baseball fields parking lot (across from the lake) along Durham St. (N 35 17.307 W 085 09.450) in Soddy-Daisy. Contact Nance Jo, 256-509-1541 or nancejo13@gmail.com. Driving Directions: From Soddy-Daisy, take US-27 North; Exit onto Highway 111 toward Dunlap and travel 25 miles. Take left onto TN-399 in Cagle (Artillery Rd) and go 5.4 miles. (go past Fredonia Rd, Stocker Rd, Owl Hollow Rd). Look for the sign for the Stone Door Ranger Station. Trail information may be found at <http://www.outdoorsintennessee.com/southcumberland.html>.

Feb 28 - Cumberland Trail Conference (CTC) 15th Annual BreakAway Program. This event will be held in Hamilton County, TN with trail work being performed in various sections of the Cumberland Trail. Note: Due to weather conditions, the work week schedule may change. To check the schedule, obtain more details and to volunteer, contact the CTC office at cumberlandtrail@rocketmail.com or 931-456-6259.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS:

David & Shirley Primeau 615-424-2948

sumner@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT, First Presbyterian Church, 172 West Main Street, Hendersonville

Feb 01 – Monthly Meeting. We have a fabulous, exciting and interactive speaker for our February meeting!! TTA member Sue Lefferts from REI in Brentwood is presenting a show-and-tell gear demonstration. She is going to focus half of her presentation on how to dress for cold-weather hiking, and she'll have some of this season's hot items (no pun intended) to show us. When you go to REI to buy hiking footwear, Sue is the "go-to" salesperson who knows everything about proper fit. The other half of her presentation will be on how to find the right boots and socks. If you would like to have her input about your current boots, please wear them - along with your hiking socks -to the meeting - seriously!! Everyone who comes to the meeting fully dressed for a hike will be entered in a drawing for a door prize. This is going to be a lively and informative meeting, so bring a friend!!

Feb 06 - Pre-Super Bowl Hike. In anticipation of the traditional carbohydrate-laden Super Bowl parties, we are going to do some walking at Bells Bend Park (near Ashland City). We'll go approximately 3-4 miles, and we'll choose the route based on trail conditions. Bells Bend offers fabulous winter views of the Cumberland River, and it's a favored spot for birders. The terrain is rolling, and it can get soggy if there has been recent rain or snow. (If the previous days' weather looks like the trails will be flooded, I may change the hike location to the nearby Ashland City Bicentennial Trail which is paved, flat and also scenic). Boots are recommended at Bells Bend. Meet at 12:15 pm CT at the K-Mart parking lot off Long Hollow Pike. TTA folks from other chapters are welcome to meet us at the trailhead, but you must register so that I have a way to contact you if we change our hiking venue. Contact Anne at ttahiker@att.net or 615-851-1052.

Feb 12 - Radnor Lake Thru-Hike! We are going to hike 'em all at Radnor Lake State Natural Area! Yes, we are going to hike each and every trail (even the East Parking Lot Access trail!). Be prepared for approximately 7 miles of beautiful views on trails that range from perfectly flat to "I didn't know Nashville had a Mountain Range." That's an exaggeration, but there are some significant ascents and descents. Please bring water, snacks and dress in layers. Boots and hiking sticks are a good idea because several areas tend to be rutted. Yes, you can come for a partial hike and drop off when you are ready to head back, but Certificates of Honor will be awarded to the tenacious trekkers who complete the thru hike. Sumner Trails members (and guests), please meet at the Glenbrook Kroger parking lot (off New Shackle Island Road in Hendersonville) at 8:15 am CT. TTA members from other chapters are cordially invited to join us at the Radnor Lake Visitor Center at 9:15 am CT - but please pre-register, so that there are enough Certificates of Honor for the post-hike awards ceremony. Contact Anne at ttahiker@att.net or 615-851-1052.

Feb 19 - Shelby Bottoms Greenway. 3.5 miles. Easy. This trail is paved and flat. We will start on the east side of the Cumberland River at the Two Rivers exit off Briley Parkway and cross the beautiful pedestrian bridge over the Cumberland, then follow the river downstream to the Shelby Park Nature Center where we will have left a vehicle to take the drivers back to the trailhead. After the hike we'll go to lunch at the Gerst Haus. Meet at First Presbyterian Church in Hendersonville at 9 am CT or the Wave pool parking area at 10 am. For further info contact River Rat Al at ballallenger@aol.com or (615) 347-2623.

Sumner Trails Members and Hikers from Other Chapters: February's weather is so unpredictable that we may schedule some other outings if we see a fair weather opportunity arise. We will notify you of these spur-of-the-moment hikes via our chapter e-mail list. All Sumner Trails chapter members who receive our chapter hike and meeting reminders via e-mail are already on the list. If you have just joined our chapter or you are not a Sumner Trails member but would like to join our e-mail list, please go to www.tennesseetrails.org. Then navigate to the Sumner Trails page under "Chapters." Submit the form, and you will receive an e-mail to confirm that you want to join. If you are a Sumner Trails member who would like to lead a spontaneous walk or hike, please contact Anne Wesley at ttahiker@att.net or Al Ballenger at ballallenger@aol.com.

Joining TTA as a New Member? Membership Up For Renewal? Your Generosity Benefits All !

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

In the past, Supporting Member donations in excess of the regular dues were allocated to TTA's general operating fund. During the 2001 Annual Meeting, TTA's Board of Directors voted to allocate Supporting Member donations to the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member

Supporting and Life Membership Recognition

Even though we appreciate all of our TTA members, we are truly grateful to those who support our state's trail system by making an extra financial contribution. Your tax-deductible donation of \$25, \$50, or more over and above the membership fee is applied to our Evan Means Small Grants Program which provides support for trail projects across the state. Projects funded this year through the program include new benches in Warner Park and Beaman Park honoring Bob Brown, co-founder of Tennessee Trails Association and co-visionary of the Cumberland Trail, supplies for trail cleanup at Bledsoe Creek State Park, and funding assistance for the 2010 Cumberland Trail Conference Spring Breakaway program.

We would like to recognize and thank these Supporting Members : **Tony & Ann Hook, Ric & Janie Finch, Robert D. McCaleb, Cumberlands Hiking Club, Kate S. Perry, and David Reister.**

Thanks to you all!

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR:

Louise Miniard 931-528-9115

uppercumberland@tennesseetrails.org

Feb 5 - Virgin Falls Pocket Wilderness, Sparta, TN. We will be joining Marnell Cothran, long-time member of the TTA Upper Cumberland Chapter, for her 100th hike to Virgin Falls. This is one of Middle Tennessee's most interesting hikes featuring waterfalls and caves. The hike is 8 miles and is rated moderate to strenuous. For a shorter hike, one can hike to Laurel Falls and return which makes the length 4 miles. Bring snacks, water, and lunch and wear sturdy footwear. We are also planning celebration events to honor Marnell's achievement and her birthday; please register for event details. For information and to register contact Lillian Ey at 615-478-7461 or eyintn@hotmail.com.

Feb 12 - Bridgestone-Firestone Wildlife Management Area, DeRosset, TN. 8-10 miles. Strenuous. This date may be used as an alternate date for the Feb 5 Virgin Falls hike in the event of inclement weather. Otherwise we will hike the leaders choice of routes in Bridgestone-Firestone WMA. We will be following old highly eroded roadbeds and walking cross-country with some boulder scrambling. Possible highlights of the hike include hidden waterfalls, overlooks, doghole coal mine, the Caney Fork River, a view of Amber's Den, and a new route to Big Laurel Falls. This hike is rated strenuous due to uneven walking surfaces, boulder scrambling, stream crossings, and numerous elevation changes of up to 900 feet each. Wear hiking boots with good support; bring lunch, snacks, and water. Meet at 8:00 am CT at Penney's in Cookeville, 8:30 at US Bank in Sparta, or 9:00 at the Polly's Branch trailhead at Bridgestone WMA. For information and to register contact Lillian Ey at 615-478-7461 or eyintn@hotmail.com.

Feb 26 - Fiery Gizzard, South Cumberland Recreation Area, Tracy City, TN. This hike begins on top of the plateau within Tracy City then immediately descends into a beautiful old growth hemlock forest at the head of the gorge of Fiery Gizzard Creek. There are lots of impressive rock formations in the area. Later, the trail enters younger forest and ascends further down the creek to an overlook at Raven Point. Those wanting a shorter hike can now return to the beginning via the Dog Hole Trail for a total hike of about 9 miles. The Fiery Gizzard Trail continues mostly on top of the plateau through gently rolling oak forest, reaching Foster Falls at the southern end (at about 12.5 miles). The trail is rated strenuous for the rocky, uneven terrain and the distance covered. Bring water, lunch, snacks, and hiking boots. You can meet us at 7:00 am CT in the Penney's parking lot in Cookeville, or at the US Bank across from McDonald's in Sparta at 7:30. For information and to register contact Richard Savage at 931-526-2035 or savage_richard@hotmail.com.

OFFICERS:

President	Don Dresser	731-668-4190
		<i>president@tennesseetrails.org</i>
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Previous Past President	Anne Wesley	615-851-1052
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West TN At-Large Director	Graydon Swisher	901-737-3114
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		<i>membership@tennesseetrails.org</i>
Cumberland Trail Conference Representative	Diane Manas	615-352-7777
		<i>CTC@tennesseetrails.org</i>
TN Rails To Trails Advisory Council Representative	Bob Richards	615-532-0753
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CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER		
Newsletter Editor	LouAnn Partington	931-393-4835
		<i>editor@tennesseetrails.org</i>

Newsletter Deadlines:

Deadlines for Chapter announcements
and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Feb 10	Mar 1
Mar 10	Apr 1
Apr 10	May 1

All submissions are subject to editing. Articles of
general interest and non-hiking events will be
included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

TTA CALENDAR

The following dates in 2010 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

FIRST QUARTER

Feb 5	Board of Directors' Quarterly Meeting Location: REI, 261 Franklin Rd., Brentwood, TN.
Feb 20-26	CTC's Spring BreakAway, Week 1 in North Chickamauga Gorge (Soddy-Daisy)
Feb 27-Mar 5	CTC's Spring BreakAway, Week 2 in North Chickamauga Gorge (Soddy-Daisy)
Mar 6-12	CTC's Spring BreakAway, Week 3 in North Chickamauga Gorge (Soddy-Daisy)
Mar 13-19	CTC's Spring BreakAway, Week 4 in North Chickamauga Gorge (Soddy-Daisy)
Mar 20-26	CTC's Spring BreakAway, Week 5 in North Chickamauga Gorge (Soddy-Daisy)
Mar 26	Earth Hour - 8:30 pm local time

SECOND QUARTER

Apr 4-10	TDEC's Natural Areas Week (Statewide)
Apr 22	Earth Day 41 st Anniversary
May 7	Board of Directors' Quarterly Meeting Location: Shelby Bottoms Nature Center, Nashville, TN.
Jun 4	National Trails Day (Statewide)

THIRD QUARTER

Aug 6	Board of Directors' Quarterly Meeting (Location TBA)
Sep 11-17	Bike Ride Across TN (B.R.A.T.) Proceeds Benefit the Cumberland Trail
Sep 24	National Public Lands Day (Statewide)

FOURTH QUARTER

Oct 28-30	Annual Meeting (Dubose Conference Center, Monteagle) hosted by Highland Rim and Murfreesboro chapters
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Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

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NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM ...

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Ron Dunn 615-867-3301 membership@tennesseetrails.org

Feb 11

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

___ Individual \$25.00
___ Family \$35.00
___ Student (FULL-TIME) \$15.00
___ Supporting (\$50.00, \$100.00 or more)
___ Life Member (Individual) \$500.00
___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Home Phone (_____) _____ Zip _____ -- _____
Work Phone (_____) _____
e-mail _____

- Please do not list my e-mail address in the TTA Annual Membership Directory
I would like to receive my newsletter by e-mail.

Please list me with the following chapter:

___ At Large _____ Highland Rim(Coffee & Franklin Counties) _____ Northwest(UT at Martin/Weakley)
___ Clarksville _____ Jackson _____ Plateau(Crossville)
___ Columbia/Franklin _____ Memphis _____ Soddy Daisy
___ Dyer County _____ Murfreesboro _____ Sumner Trails
___ East TN(Oak Ridge/Knoxville) ___ Nashville _____ Upper Cumberland(Sparta/Cookeville)

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - CTC. and TRAC. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie, and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend all TTA/CTC/TRAC functions.