

# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.*

SPONSOR FOR THE CUMBERLAND TRAIL



## “THE MOUNTAINS ARE CALLING AND I MUST GO”

TTA 2010 – Pickwick Landing Hikes  
November 12 – 14, 2010  
West Tennessee\* Hike Program

Frances “Fran” R. Wallas, a friend of TTA and the Cumberland Trail Conference, passed away on October 20, 2010 as a result of injuries sustained in a fall several weeks ago.

Her son David made the announcement to friends with the above quote from John Muir, and called Fran “an amazing mom, inspiration, and free spirit who is now truly free. She lives on in all of us and will be with us always. The mountains were calling and she went.”

Fran worked for the Tennessee Department of Environment and Conservation as an attorney. She provided legal advice to the state’s parks as well as the state’s recreation, historic, natural and archaeological areas.

She was also a frequent contributor to the Tennessee Conservationist, introducing readers to the wonders of Tennessee hiking through her “Great Hikes in Tennessee State Parks” articles.

Fran was a member of The Great Smoky Mountains 900 Miler Club, having hikes all of the maintained trails in the national park.

Fran was very supportive of the Cumberland Trail, both financially as well as physically. She adopted a section of the trail and also worked alongside the college students who come every year to help build the trail.

Fran was also a life member of TTA

No information was available at press time on memorial services.



### Friday

<b>Shiloh - Indian Mounds Trail</b>	3 mi	Easy
<b>Shiloh - Battle Field Trail</b>	2.5 mi	Easy
<b>Pickwick - Island Loop Trail</b>	3 mi	Easy

### Saturday

<b>Cane Creek - Under Bluff Trail</b>	8 mi	Moderate
<b>Tishomingo - Bear Creek Swinging Bridge</b>	6-8 mi	Moderate
<b>Pinson Mounds - Nature Trail</b>	5 mi	Easy
<b>Big Hill Pond - Dry Ridge/Big Hill Pond Lake</b>	6-8 mi	Moderate
<b>Shiloh - Historic Hike</b>	6 mi	Easy
<b>Shiloh - Compass Hike</b>	10 mi	Moderate

### Sunday

<b>Natchez Trace - Red Leaves Trail</b>	10 mi	Moderate
<b>Mousetail Landing - Eagle Point Trail</b>	8 mi	Moderate
<b>Lady Finger Bluff - River Overlook</b>	3 mi	Easy
<b>Big Hill Pond - BHP Lake/Boardwalk Trail</b>	6-8 mi	Moderate

- *\*Disclaimer - Technically only half of the hike locales listed are in West Tennessee*



Office Location 409 Thurman Avenue, Ste 102  
 .....Crossville, TN 38555  
 Office Hours .....8am-2pm CT  
 Phone: .....931-456-6259  
 Fax: .....931-456-4934  
 Email: [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com)  
 Website: [www.cumberlandtrail.org](http://www.cumberlandtrail.org)

## CTC's Event Calendar

**Nov 2-9:** New River section trail construction phase 3, volunteers needed to help construct trail along Straight Fork in Scott County. This will be a camping outing with camp meals/ water provided by the CTC. Volunteers will need to bring their own tent, sleeping gear, and personal items. The base camp will have a kitchen tent equipped with cook stoves. Please contact the CTC to register for this event, [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com), [www.cumberlandtrail.org](http://www.cumberlandtrail.org) or 931-456-6259.

**Nov 12-14:** Statewide Tennessee Trails Association annual meeting, join other TTA members for a good time, please visit [www.tennesseetrails.org](http://www.tennesseetrails.org) for more details.

**Nov 13:** 2010 Upchuck 50K trail race, Soddy Daisy, TN, for more information, please visit <http://www.rockcreek.com/upchuck/> for more details.

**Nov 14-17:** The American Trails National Symposium, Chattanooga, TN, a national event celebrating trails, please visit [www.americantrails.org/2010/index.html](http://www.americantrails.org/2010/index.html) for more details.

**Dec 4-5:** Cumberland Trail Backpack, New River section, this 9-mile hike will be from Norma Road to Smoky Creek Road. For more details, contact Tony Hook at [tony.hook@frontiernet.net](mailto:tony.hook@frontiernet.net).

**Jan 9-15, 2011:** Winter Alternative Break, Soddy Daisy, TN, students from the University of Kansas will be working to construct the Cumberland Trail. For more details, contact the CTC office at [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com) or 931-456-6259.

**Jan 22, 2011:** CTC's annual membership meeting, join other Conference members for a day hike followed by a dinner and awards ceremony. This event will take place at Cumberland Mountain State Park in Crossville, TN. To register for this event, please contact the CTC at [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com), [www.cumberlandtrail.org](http://www.cumberlandtrail.org) or 931-456-6259.

**Feb 20- March 26, 2011:** The CTC's 15th annual BreakAway program, this event will be held in Hamilton County with trail work being performed in various sections of the CT. For more details about this event, please contact the CTC at [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com) or 931-456-6259.

## It is TTA Auction Time Again! Join the Fun! Wine/Beer for Sale!

This is your chance to do a little holiday shopping and support the Cumberland Trail at the same time. All proceeds from the auction will go to the Cumberland Trail BreakAway Program. Last year TTA raised over \$7,200 and with your help we can raise even more! Plan to attend the TTA Annual Meeting and bring a friend. "Live" Auction begins Saturday at 8:00 pm.

## CLARKSVILLE CHAPTER

**CHAPTER CHAIR:** Paul Schwab 931-645-9068  
[clarksville@tennesseetrails.org](mailto:clarksville@tennesseetrails.org)  
**CHAPTER CO-CHAIR:** J.R. Tate 931-920-2692  
[clarksville@tennesseetrails.org](mailto:clarksville@tennesseetrails.org)  
**TREASURER:** Sandy Janus 931-551-8523  
[clarksvilletreas@tennesseetrails.org](mailto:clarksvilletreas@tennesseetrails.org)  
**SECRETARY:** Pam Gadsey 931-552-2325  
[clarksvillesecy@tennesseetrails.org](mailto:clarksvillesecy@tennesseetrails.org)  
**OUTINGS COORDINATOR:** John Sneed 931.920.3828  
[clarkvillehikes@tennesseetrails.org](mailto:clarkvillehikes@tennesseetrails.org)

*(call John & volunteer to lead an outing)*

**MEETS MONTHLY:** 3<sup>rd</sup> Tuesday at 7:00 pm CT at Crow Community Center, 211 Richview Rd.

*Additional information may be seen at our web site:  
<http://www.tennesseetrails.org/blog/clarksville>*

**Nov 6 - Old Stone Fork State Park (3 trails), US41 Coffee County. 3.3 miles. Moderate.** John Sneed 931-920-3828. Meet 7:30 am CT, I 24 Exit 11 commuter parking lot.

**Nov 12 - 14 - Annual Meeting.**

**Nov 16 - Monthly Meeting.** Sandy Wooten, CAVS/CDVS, Director of Volunteers and Senior Circle Gateway Medical Center will be our guest speaker.

**Nov 20 - Prior Creek, Land Between the Lakes, Stewart County. 2.5 miles. Moderate.** John Sneed 931-920-3828. Meet 8:00 am CT, Kroger parking area, Dover Crossing Road, Clarksville, TN.

**Nov 27 - Bells Bend, on Old Hickory Blvd. south of TN 22. 3 miles. Easy.** Suva Bastin 931-645-2849. Meet 8:00 am CT, Madison Street Kmart, Clarksville, TN.

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## COLUMBIA/FRANKLIN CHAPTER

**CHAPTER CHAIR:** Bobby Hardeman 615-430-0638  
*columbia@tennesseetrails.org*

**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00 pm.

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**Nov 2 - Chapter Meeting.** TTA Murfreesboro Chapter member, Bob Goodwin, will present slides of the *first half* of his 19 day trip on a 4,000+ mile loop from Colorado north to Wyoming, Nebraska, South Dakota, Montana, and then back around to Wyoming, Utah and Colorado, during the fall of 2008. Over 17 National Parks, Monuments, State Parks and other sites were visited with 15 hikes of various lengths and difficulty accomplished. This presentation will include: The Snowy Mountains, Ft. Laramie, parts of the Oregon Trail, Devil's Tower, the Black Hills, to include Mt. Rushmore and the Crazy Horse Memorial, in WY; Scott's Bluff, NE, the Badlands in SD, Little Big Horn NM in MT and the Beartooth Highway from Red Lodge, MT into WY.

**Nov 12-14 – TTA Annual Meeting.**

**Nov 27 - Honey Creek Loop Trail, Big South Fork National River & Recreation Area, Jamestown, TN. 4.5 miles. Difficult.** This spectacular hike is rated difficult due to elevation change and rugged terrain. The trail crosses Honey Creek and goes over, under and around huge boulders. The scenery is awesome and, if we get rainfall, we should be able to see waterfalls and cascades. We'll stop for breakfast in the West End Cafe in Jamestown and have lunch on the "big flat rock." We will also stop for dinner on the way home. Bring sturdy hiking boots, a change of clothes, water and lunch. We will meet at 4908 Main Street (Hwy 31), behind McDonald's in Campbell Station Shopping Center on the north end of Spring Hill and leave at 6:30 am CT. Register with Rick Lausten at *saturncar1@aol.com* or 615-516-1417 (cell).

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## COVE LAKE CHAPTER

**CHAPTER CHAIR:** Richard Helm 423-562-1110  
*covelake@tennesseetrails.org*

**CO-CHAIR:** George Gill 423-562-7121

Hike information not available at press time.

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## DYER COUNTY CHAPTER

**CHAPTER CHAIR:** Rita Norvell 731-445-4601  
*dyercounty@tennesseetrails.org*

**SECRETARY/TREASURER:** Frank Salowitz  
*dyercountysecy@tennesseetrails.org*

**OUTINGS COORDINATOR/BOARD REP:**  
Jim Stark 731-589-1776  
*dyercountyhikes@tennesseetrails.org*

*(Call Jim & volunteer to lead an outing.)*

**MEETS MONTHLY:** (Sep-Jun) 4<sup>th</sup> Thursday at 5:30 pm CT at Dyersburg Main Street Office, 111 Market Street on the south side of the square in downtown Dyersburg

Hike information not available at press time.

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## EAST TN CHAPTER (Oak Ridge / Knoxville)

**CHAPTER CHAIR:** Rosemary Marshall 865-548-6171  
*easttennessee@tennesseetrails.org*

**VICE-CHAIR:** Elise Eustace 865-201-5806  
*easttennessee@tennesseetrails.org*

**TREASURER:** Bob Uhren  
*easttennesseetreas@tennesseetrails.org*

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**Nov 6 - Rainbow Falls Trail, Great Smoky Mountains National Park.** The round trip is 5.4 miles and has a steady climb the first 2/3 mile. Rainbow Falls got its name because the waterfall produces a rainbow in its mist and becomes visible on sunny afternoons. After reaching the falls, our more experienced hikers may want to continue hiking another 4 miles to Mt. LeConte. We'll meet at 10:00 am ET at the trailhead. Pre-registration is advised by email *rosiemar623@att.net*.

**Looking ahead:**

**Dec. 4 - Christmas Dinner** for all chapter members and friends. Details to follow.

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## HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

**CHAPTER CHAIR:** Barbie Moré 931-455-3311  
*highlandrim@tennesseetrails.org*

**VICE CHAIR:** Nora Henn 931-668-1870  
*highlandrimvice@tennesseetrails.org*

**TREASURER:** Marietta Poteet 931-924-7666  
*highlandrimtreas@tennesseetrails.org*

**OUTINGS COORDINATOR & NEWSLETTER CONTACT:**  
Jim Poteet 931-924-7666  
*highlandrimhikes@tennesseetrails.org*

*(contact Jim & volunteer to lead an outing)*

**MEETS MONTHLY:** 1st Tuesday at 7:00 pm CT at the D. W. Wilson Community Ctr., 501 N. Collins St., Tullahoma.

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**Nov 2 - Ron Dunn,** Murfreesboro Chapter member and TTA Membership Director, will present a program describing his adventures while walking in the English Lake District. Some folks will meet for dinner at Ruby Tuesday's in Tullahoma prior to the program meeting. Get in touch with Barbie Moré (contact information above) to find out the time and other specifics.

**November 20.** Join Tom Bentley at the Blue Chair in Sewanee for another installment of the Eat-Hike-Eat series. Come early for coffee, tea, breakfast, and a little socializing before leaving at about 9:30 for a short hike on or near the Sewanee campus, followed by lunch at one of the many fine eateries in the Sewanee vicinity. Tom can be reached at *htbentley@lighttube.net* or 931-273-6344 for more information.

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## JACKSON CHAPTER

**CHAPTER CHAIR:** Glen Rognstad 731-217-5966  
*jackson@tennesseetrails.org*

**TREASURER:** Anne Goodson 664-1556  
*jacksontreas@tennesseetrails.org*

**SECRETARY:** Don Dresser 731-668-4190  
*jacksonsecy@tennesseetrails.org*

**OUTINGS COORDINATOR:** Glen Rognstad 731-217-5966  
*jacksonhikes@tennesseetrails.org*

*(call Glen & volunteer to lead an outing)*

**MEETS MONTHLY:** 2<sup>nd</sup> Monday at Perkins Restaurant, 999 Vann Drive in Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 7:00 pm

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**Nov 8 - Chapter Meeting.** Meet at Perkin's Restaurant on Vann Drive. We will eat at 6:00 p.m. and the meeting will start at 7:00 pm. For additional information, please contact Glen Rognstad at 731-217-5966 or *Glenrognstad@gmail.com*.

**Nov 12-14 - TTA Annual Meeting**

**Nov 27 - Fort Pillow State Historic State Park, Henning, TN. 8 miles. Moderate to Difficult** due to terrain. This park has been designated as a Wildlife Observation Area by the Tennessee Wildlife Resources Agency. Interpretive signs identify certain species and their habitat. The park provides sanctuary for deer, turkey, and is frequented by bird watchers. Please bring lunch/snack, plenty of water and sturdy hiking boots are recommended. This is a combined hike with the Memphis Chapter. For additional information and to register, please contact Glen Rognstad at 731-217-5966 or *Glenrognstad@gmail.com*.

**Planning ahead:**

**Dec 4 - Percy Warner Park, Nashville. 7.5 miles. Moderate.** We will combine Mossy Ridge and Warner Woods trails for a 7.5 mile loop that winds through hollows and along ridges. There are several long uphill stretches, all the more reason to stop and admire the beautiful, old hardwood trees and scenic views. Other sites along the way include a waterfall and a chimney from the Betsy Ross cabin. The trail is rated moderate due to the numerous rolling hills, ascends, descends and uneven rocky spots. Wear sturdy hiking boots and bring a snack/lunch. For more information and to register, please contact Anne Goodson at 731-664-1556 or *annegoodson@eplus.net*.

**Dec 11 - Mousetail Landing State Park, Parsons, TN. 8 miles. Moderate.** Eagle Point Trail is an eight mile loop to a high bluff overlooking the Tennessee River below. This is a favorite hike of the Jackson Chapter. Bring lunch and plenty of water. For additional information and to register, contact Terry McCoy at (731) 535-0625 or *cityclar@aeneas.net*.

**Dec 13 - Chapter Meeting.**

Additional hikes may be added. Please check the TTA website calendar.

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## MEMPHIS CHAPTER

**CHAPTER CHAIR:** Margaret Smith 901-210-6097  
*memphis@tennesseetrails.org*

**VICE-CHAIR:** Francis Ruffin 901-396-1108  
*memphisvice@tennesseetrails.org*

**MEETS MONTHLY:** (Sep – May) 3<sup>rd</sup> Thursday at 7:00 pm CT at Cordova Library, 8457 Trinity Rd.

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**Nov 6 - V & E Greenline & Old Growth Forest & Brunch.** Meet at the western entrance of the Old Growth Forest, Overton Park (next to Rainbow Lake) at 9:00 am. We plan to hike the Old Growth Forest then drive the short distance to the V & E for the historic "rails-to-trails" hike on the old L & N Railroad Line. Afterwards we plan to lunch at Dino's near the V & E. This is an easy walk on level surface. No boots are required. For information call Carolyn or Woody Pierce at 901-755-5635.

**Nov 12-14 - TTA Annual Meeting – Pickwick Landing State Park**

**Nov 18 - Monthly Meeting – 2011 Hike Schedule.** We are planning hikes for Jan–Dec 2011. If you have suggestions for new places to hike, bring maps, brochures, guidebooks, etc. If unable to attend this meeting, please email Gloria hikes you would like on next year's schedule.

**Nov 20 - Meeman-Shelby Forest - Chickasaw Bluff Trail.** Meet at the park visitor center at 9:00 am and bring water and lunch/snacks. Hike begins with a car shuttle to the north end of the trail for a 6 to 7-mile easy to moderate hike through the forest and connect up to the Woodland Trail then hike back to the visitor center. For information call Jerry at 901-213-0604.

**Nov 27 - Ft Pillow State Park, Henning, TN.** This is our annual Thanksgiving weekend hike. Meet at the Park Interpretative Center at 9:00 am for a combined hike with the Jackson Chapter. We will hike an 8 mile historic loop trail over rugged hilly terrain and through hardwood forests. Trail is rated moderate to difficult because of the terrain. Bring water, lunch and snacks. Sturdy boots recommended. For information contact Debbie Hicks *devora181@yahoo.com*.

**Please!!!!**

### Pre-Register Auction Items

Send an email to *woodyperce2@gmail.com* with the name of the item, dollar value, name of the donor, your name and chapter. It's that easy!

Friday  
Evening  
Entertainment  
By Kindred  
Spirits

**2010 Annual Meeting**  
**November 12 - 14, 2010**  
**PICKWICK LANDING STATE PARK**  
**PICKWICK, TENNESSEE 38365**

Registration  
form is on  
the other  
side.

Once each year, Tennessee Trails Association members from all across the state gather for a weekend of fun, food, and fellowship. There will be hikes, exhibits, auction and Friday evening entertainment. The Annual Meeting will be held from Friday, November 12, through Sunday, November 14, at the Pickwick Landing State Park and Convention Center, Pickwick, Tennessee. Our hosts for this year's event are the Jackson and Memphis chapters.

**Lodging:**

**Inn Rooms** – The rooms have two queen size beds and are located at the Conference Center, where TTA's meetings and meals will take place. All Inn rooms have a balcony and picturesque view of the lake. Pickwick Inn gives a 10% discount off the regular inn room rate to all seniors (62+).

**Cabins** – A two-night stay is required and for cabins. The cabins sleep eight and have two bedrooms, each with two double beds and 1 bath. Linens are provided. The kitchens are stocked with pots, pans, and cutlery. They are located in a wooded area ½ mile from Pickwick Inn & Conference Center.

**Camping** – There are 48 sites available on a first come, first serve basis. Each site may contain up to eight people but no more than three tents. Parked vehicles must not infringe on a neighboring campsite or block the road in any way. All sites have tables, grills, and water and electrical hook-ups 20/30/50 amp electric. A central bathhouse with showers is close by. Campsites are located about 1 1/2 mile from Pickwick Inn & Conference Center.

**Meals:**

An 18% gratuity is included in the cost of all meals. If you have special dietary needs, please write in request on registration form.

**2010 Annual Meeting Schedule of Events – tentative**

**All Times are Central**

FRIDAY		SATURDAY		SUNDAY	
4:00 pm	Check-In Begins	7:00 - 10:00 am	Breakfast Buffet	7:00 - 10:00am	Breakfast Buffet
3:30 pm	Depart for Hike	8:00 - 9:00 am	Depart for Hikes	Before 11:00 am	Check Out
5:00 - 9:00 pm	Dinner Buffet	4:30 - 6:30 pm	Dinner Buffet	8:00 – 9:00 am	Depart for Hikes
7:30 pm	Entertainment	6:30 – 7:00 pm	Shop the auction tables	9:00 am	Board Meeting
	Speaker	7:00 - 8:00 pm	Annual Meeting		
	Bonfire	8:00 - 9:00 pm	Live Auction		

**Hikes scheduled:**

Big Hill Pond State Park, Cane Creek, Mousetail Landing, Natchez Trace, Pinson Mounds Nature Trail, Shiloh National Military Park, Tishomingo State Park

**Directions to Pickwick:**

**From I-40** East take State Route 22 South (Lexington Exit) through Shiloh National Park; then follow State Route 142 South to State Route 57 East. State Route 57 will take you to the Park.

**From Jackson:** US 45 South to State Route 57 East

**From Memphis:** State Route 57 East to the Park

**2010 TTA ANNUAL MEETING**

**November 12 - 14, 2010**

**Pickwick Landing State Park  
800-250-8615**

**You missed the registration deadline for lodging?**

**And, you haven't registered for the Annual Meeting?**

**AND, you want to attend? You have ONE LAST CHANCE – you can register on site. Bring the Registration Form with you to the Annual Meeting.**

**Families: Please provide the name of each member of your family attending.**

Name: \_\_\_\_\_ Name: \_\_\_\_\_ Name: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ - \_\_\_\_\_  
Phone: (\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_ Chapter: \_\_\_\_\_

**LODGING** – The following accommodations are available. **Reservation and payment for rooms must be made directly with Pickwick Landing at 800-250-8615.** Please be sure to mention TTA when making your reservations, since we have rooms reserved. After Oct 1, our block of rooms will be released, but continue to make room reservations direct with Pickwick Landing State Park. First night deposit required.

If you are the person reserving an Inn Room or Cabin for a group, please provide the names of those sharing with you.

Name \_\_\_\_\_ Name \_\_\_\_\_ Name \_\_\_\_\_  
Name \_\_\_\_\_ Name \_\_\_\_\_ Name \_\_\_\_\_

INN ROOMS - 70 Rooms are on hold through Oct 1<sup>st</sup> and rates include 14.5% hotel tax (2 queen beds with private bath)  
Pickwick Inn gives a 10% discount off the regular inn room rate to all seniors (62+).

Inn Rooms: Fri Night Rate / 2 people @ \$77.86 **Payment for room must be made directly with Pickwick**  
Sat Night Rate / 2 people @ \$77.86

Suites are not on hold - 4 queen beds, living room sleeper, 3 baths  
2 Bed Suites Fri Night Rate @ \$263.35 **Payment for room must be made directly with Pickwick**  
Sat Night Rate @ \$263.35

AAA Cabins (1 cabin on hold – 2 Bedroom total 4 double beds, 1 bath, capacity of 8 people)

AAA Cabins: Fri Night Rate @ \$137.40 **Payment for cabin must be made directly with Pickwick**  
Sat Night Rate @ \$137.40

**CAMPING** – All sites are on a first-come, first-serve basis. The campground has a total of 48 sites with hook-ups (20/30/50 amp electric).  
**Please provide the details of your reservation for planning purposes.**

Friday Night  
Tent Camping (4 people) # of People \_\_\_\_\_ @ \$18.00  
RV Camping: # of People \_\_\_\_\_ @ \$20.00  
ADDITIONAL CAMPERS # of People \_\_\_\_\_ @ \$1.00  
Children under 7 free  
Saturday Night  
Tent Camping (2 people) # of People \_\_\_\_\_ @ \$18.00  
RV Camping: # of People \_\_\_\_\_ @ \$20.00  
ADDITIONAL CAMPERS # of People \_\_\_\_\_ @ \$1.00

**MEALS** (Fri. Dinner, Sat. Breakfast and Dinner are buffets)

FRIDAY Dinner Buffet # of People \_\_\_\_\_ x \$15.46 Total \$ \_\_\_\_\_  
SATURDAY Breakfast Buffet # of People \_\_\_\_\_ x \$10.09 Total \$ \_\_\_\_\_  
Sack Lunch (turkey, ham, or roast) # of People \_\_\_\_\_ x \$ 8.00 Total \$ \_\_\_\_\_  
Dinner Buffet # of People \_\_\_\_\_ x \$15.46 Total \$ \_\_\_\_\_  
SUNDAY Breakfast Buffet # of People \_\_\_\_\_ x \$10.09 Total \$ \_\_\_\_\_

**REGISTRATION FEE** # of People \_\_\_\_\_ x \$15.00 Total \$ \_\_\_\_\_

(This registration fee cannot be pro-rated. The full amount is required of each participant, regardless of the number of days attending.)  
If you have special dietary needs, please write in request on this form.

**TOTAL ENCLOSED \$ \_\_\_\_\_**

**TOO LATE TO MAIL THIS, SO FILL OUT THIS REGISTRATION FORM & BRING IT (& A CHECK) WITH YOU TO THE ANNUAL MEETING.**

**MAKE YOUR CHECK PAYABLE TO: TENNESSEE TRAILS ASSOCIATION**

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## MURFREESBORO CHAPTER

CHAPTER CHAIR: Millette Jones 615-397-9588  
[murfreesboro@tennesseetrails.org](mailto:murfreesboro@tennesseetrails.org)

OUTINGS COORDINATOR/BOARD REPRESENTATIVE:  
Tony Jones 615-397-4463  
[murfreesborohikes@tennesseetrails.org](mailto:murfreesborohikes@tennesseetrails.org)

*(Call Tony & volunteer to lead an outing)*

MEETS MONTHLY: 2<sup>nd</sup> Tuesday at 7:00 pm CT  
Barfield-Crescent Park's Wilderness Station  
697 Barfield-Crescent Rd., Murfreesboro

BLOG: [www.tennesseetrails.org/blog/murfreesboro](http://www.tennesseetrails.org/blog/murfreesboro)

**Nov. 6 - Bowling Farm Fall Color Hike & Potluck Social. 4 miles. Easy/moderate.** Join us for our annual Fall Color hike at the Monterey farm home of Winston & Billie Jo Bowling. We will hike about 4 miles and enjoy the color as well as a potluck social after the hike. If you do not want to hike, please come for the social and just sit on the porch with the other non-hikers. Please bring a covered dish to share for the potluck. Contact Tony Jones [awj68@comcast.net](mailto:awj68@comcast.net) or 615-397-4463 for information and departure time/location.

**Nov. 9 - Monthly Meeting.** Please plan to attend this planning meeting. Come with ideas and offer to lead a hike. We will be planning Feb-July 2011. Please bring a finger food snack to share.

**Nov.26 (Friday) - Old Stone Fort, Manchester. 4 miles. Moderate.** Join us for our annual Day After Thanksgiving turkey walk off. We will meet in the parking lot at Old Stone Fort at 10 am for the hike. We will have lunch as a group after at a local eatery. Contact Tony Jones at [awj68@comcast.net](mailto:awj68@comcast.net) or 615-397-4463 for information.

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## NASHVILLE CHAPTER

CHAPTER CHAIR: Libby Francis  
[nashville@tennesseetrails.org](mailto:nashville@tennesseetrails.org)

OUTINGS COORDINATOR: Libby Francis  
[nashvillehikes@tennesseetrails.org](mailto:nashvillehikes@tennesseetrails.org)  
*(email Libby & volunteer to lead an outing)*

MEETS MONTHLY: 4<sup>th</sup> Tuesday at 7:00 pm CT in the REI  
Community Room, 261 Franklin Road, Brentwood. For directions, visit: [www.tennesseetrails.org/nashville.php](http://www.tennesseetrails.org/nashville.php)

**Nov 6 - Beaman Park Boardwalk Construction Project, Nashville.** 9:00 am till 4:00 pm CT. The Friends of Beaman Park have been awarded a grant to construct a 350 foot long, ADA accessible boardwalk. We need volunteers to help with this project. All the tools, training, and snacks will be provided. To volunteer, please contact the Beaman Park Nature Center. For more information and directions, call 615-862-8580.

**Nov 6 - Virgin Falls Hike,** near Sparta. Joint hike with the Sumner Trails chapter. See Sumner Trails news for more details.

## Nashville - continued

**Nov 7 - Nashville City Cemetery Hike.** This will be an easy 1-2 mile early afternoon walk through the cemetery, which is truly a walk through Nashville's history. The gravestones tell the stories of individuals and families from the 1820s to the present day. Enjoy the hour, or so, walking the paved trails through the newly restored cemetery and learning some of its history in the process. Arrangements have been made to have one of the cemetery historians walk with us to add to our adventure. The cemetery is located at 1001 Fourth Avenue South. Please contact, Judy Matter, 615-485-7617 or [jmatter@comcast.net](mailto:jmatter@comcast.net) to register and get additional information

**Nov 12-14 - Annual Meeting** at Pickwick. Join us in some great hikes!!!

**Nov 20 - Return to Twin Arches in the Big South Fork National River and Recreation Area.** It was awesome in July; and should be even more so in cooler weather with less foliage and longer views. This terrain is not to be missed - the famed arches are only two spectacular features on this 4.97-mile moderate hike. Sturdy hiking shoes strongly recommended; bring water, lunch, and carpooling money for driver(s). Contact Nora Beck to register and get time and logistic info: ([nora\\_beck@comcast.net](mailto:nora_beck@comcast.net)).

**Nov 23 - Monthly Meeting.** Break out the bagpipes and put on your plaid - we'll take a vicarious hiking trip in Scotland this month. Nancy Juodenas will lead us on footpaths through the land of Ben Nevis, Rob Roy, William Wallas, and haggis. Join us for a brief business meeting at 7 pm, followed by Nancy's presentation and time to socialize and enjoy light refreshments. Guests are welcome! Special recognition if they can whistle "Scotland the Brave!"

**Friday, Nov 26 - Fall Creek Falls, near Spencer.** We will hike the Gorge trail, the Fall Creek Falls trail, the Woodland Trail and the Paw Paw Trail for a total of 8.5 miles. All trails are easy except the trails to the bottom of Fall Creek Falls and Cane Creek Falls which are exhilarating, steep and difficult (both are short and optional). There are great views of the gorge and all falls. Bring water, lunch, snacks, and money for carpooling. For more information and to register call Garnett Rush at 352-7217 or e-mail [rushga01@yahoo.com](mailto:rushga01@yahoo.com).

**Nov 28 - Perimeter Trail (west side segment), Montgomery Bell State Park (MBSP). Burns, TN.** The west side of MBSP's Perimeter Trail is approximately 7 miles long and rated moderate due to the continuously rolling and hilly terrain. MBSP is home to lots of wildlife: deer, turkey, owl, fox, chipmunk and squirrel, to name just a few. Sturdy hiking boots or trail shoes are a must! Bring snacks, lunch and water. Carpoolers will meet in the Wal-Mart parking lot (on the left side of the store - "garden center area") on Charlotte Pike (Exit 201 off of I-40). For more information, carpool meeting time, and to register, call Diane Manas at 615-352-7777.

# Last Chance!

If after considering all the possibilities -- the hikes, the opportunity to purchase great merchandise (and some not so great merchandise) to benefit the Cumberland Trail, the quest for the Golden Squirrel, Vera Churcher's outrageously rich (in more ways than one) brownies, the folk singing of Kindred Spirits (none of that MTV stuff here), tales of mattock-wielding college students, and great fellowship -- you still find yourself sitting with an uncompleted registration form for the annual meeting in front of you, what can we offer that might tip you over the edge to attend the annual meeting at Pickwick Landing State Park, Nov 12-14?

For starters, the inn is wonderful with many guest rooms and the dining rooms overlooking beautiful Pickwick Lake. The meeting rooms are huge -- you will be able to pitch that tent in the auction to test if out before bidding if you want! There will be adult refreshments, and (do we dare mention it) there is one of those big areas where people ride these carts around -- sometimes they even, gasp, walk -- and endeavor to knock these little white balls into holes in the ground. There is also an indoor swimming pool where you can relax, before, after, or even during the time that some of those other folks are tramping over the battlefield at Shiloh, or viewing Dismal Swamp or experiencing the hidden gem of Tishomingo State Park in Mississippi.

In short there are lots of activities available for you, and lots of fun too. And take it from experience, there is nothing quite as satisfying as seeing someone else get the Golden Squirrel award!

-----Jim Clark



# Reminder: Annual Meeting Nov 12 – 14 Registration extended to November 5



## Yum Yum ... Calling All Bakers ...

We need baked goods. Hikers need lots of calories to replace what they've burned on the trails. We welcome cookies, cakes, breads, pies, brownies, candy, etc. Individually wrapped portions are handy for tucking into daypacks. When you arrive at the annual meeting, just drop off your baked goods at the TTA registration desk.



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## NORTHWEST Chapter

### (UT at Martin / Weakley County)

**CHAPTER CHAIR:** Scott M. Pun 731-881-7316  
*northwest@tennesseetrails.org*

**TREASURER:** Sandy Davis 731-587-9134  
*northwesttreas@tennesseetrails.org*

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT during the academic year (Feb-Apr and Sep-Dec) on the UT Campus in the Paul Meek Library, Rm 120, Media Services B1

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Hike information not available at press time.

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## PLATEAU CHAPTER (Crossville)

**CHAPTER CHAIR:** Cheryl Heckler 931-456-6437  
*plateau@tennesseetrails.org*

**SECRETARY/TREASURER:** Jim Grove 931-484-7900  
*plateausecy@tennesseetrails.org*

**MEETS MONTHLY:** 2nd Thursday at 6:30 pm CT  
**BLOG:** [www.tennesseetrails.org/blog/plateau](http://www.tennesseetrails.org/blog/plateau)

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**Nov 6 - Trail Maintenance on the Devil's Breakfast Table (Obed Section) of the Cumberland Trail, Crossville.** It is recommended to wear bright colored clothing as hunting season is open. Meet at 8:00 am CT at the SW corner of the Vanity Fair parking lot. For more information and to register, contact Cheryl Heckler at 931-456-6437 or *thehecklers@charter.net*.

**Thursday, Nov 11 - Chapter Meeting.** The program will be "Enjoying the Wilderness of the Great Smoky Mountains National Park" by Tom Harrington, volunteer at the Great Smoky Mountains National Park. Meet at the 6:30 pm CT at the Annex of the First United Methodist Church at 69 Neecham Street, Crossville. For more information, contact Cheryl Heckler 931-456-6437 or *thehecklers@charter.net*.

**Nov 20 - Scott's Gulf, Yellow Bluff/Caney Fork River Hike, DeRossett, TN.** The trail is about 7 or 8 miles in length and is rated strenuous due to the length and the climb at the end. Features include wooded trails and a couple of nice overlooks. Be prepared to cross 3 small streams, but they should be almost dry. There is a climb near the end and we will see a nice rockhouse. It is recommended to wear bright colored clothing as hunting season is open. Meet at Tractor Supply at 7:45 am CT. For more information and to register, call Jim Hardy at 931-2775154 or *mccartt1306@hotmail.com*.

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## SODDY-DAISY CHAPTER

**CHAPTER CHAIR:** George Bonneau 423-645-9029  
*soddydaisy@tennesseetrails.org*

**TREASURER:** Robertson (Bob) McGavock 423-667-2960  
*soddydaisytreas@tennesseetrails.org*

**MEETS EVERY OTHER MONTH:** 1st Tuesday in January, March, May, July, September, November – at 6:00 pm ET - Location TBD

*Additional information may be seen at our web site:  
<http://www.tennesseetrails.org/blog/soddydaisy>*

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The Soddy-Daisy Chapter's hikes and events may be found in our website calendar.

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## Solving the "Oh No! What To Do?" Dilemma after the November 5<sup>th</sup> Deadline for Registration

The long awaited Annual Meeting is just a few days away! The deadline for registration was extended to November 5<sup>th</sup> and now we hear there may be a few procrastinators who didn't get it done! We don't want to miss anyone! What to do?

While it is too late after Nov 5<sup>th</sup> to mail your registration form, you may register onsite Friday night. Fill out the Registration Form and bring it and a check with you to the Annual Meeting.

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## A Musical Journey

When you are planning your schedule for the TTA annual meeting at Pickwick Landing State Park, make sure you include hearing Kindred Spirits, the folk music duo from Martin, TN. Scheduled to perform after the dinner buffet on Friday night, Nov 5<sup>th</sup>, Lisa LeBleu and Teresa Collard, both professors at UT Martin, will begin their program of folk, Appalachian-inspired, gospel, and even Cajun music at 7:30 pm or so.

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# SUMNER TRAILS CHAPTER

## CHAPTER CO-CHAIRS:

Thomas & Debra Obrock 615-826-7459  
[sumner@tennesseetrails.org](mailto:sumner@tennesseetrails.org)

## MEETS MONTHLY: 1<sup>st</sup> Tuesday at 7:00 pm CT

First Presbyterian Church  
172 West Main Street, Hendersonville

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### Nov 6 - Virgin Falls (outside Sparta, TN) – Multi-Chapter Event.

Joint hike with the Nashville chapter, Sumner Trails chapter and the hiking club from Hendersonville's First United Methodist Church. The trail to 110-foot Virgin Falls has long been considered a contender for the title of "Tennessee's Most Scenic Hike." Hopefully we'll have some late autumn foliage for extra beauty. We are offering two hiking options on this trail: Option 1 - the traditional 8-mile trip to view Virgin Falls is rated "moderate to strenuous." We'll walk 4 miles in to see the falls (which gushes from the mouth of a cave to disappear into a cave pit below). Based on the group's strength and interest, we have optional side trails to view the Scotts Gulf overlook, Sheep Cave and its falls, and the Caney Fork River. After lunch at Virgin Falls, we then have 4 miles - gradually ascending - to return to the trailhead. Option 2 - This will be a 4-mile option led by Libby Francis rated moderate and generally hiked at a more leisurely pace. Hikers will climb the ladder (not too steep) to view the magnificent Scotts Gulf Overlook and then proceed to the amazing Big Laurel Falls - a 40-foot waterfall that disappears into an enormous sinkhole. Option 2 hikers will then return to the trailhead via a loop trail. Option 1 hikers will also see Big Laurel Falls but will continue on to Virgin Falls. All hikers should expect some areas of rocky trail and there is a rock hop across a creek - so hiking boots and sticks are virtually necessary. Everyone should be dressed in layers for the changeable November weather and bring plenty of water, snacks and lunch to eat on the trail. The drive to the trailhead from Nashville/Sumner County is approximately 2 hours (one way). If you are hiking the full 8 miles, you should consider this an all day outing. Due to the hikes' rating and the popularity of this trip, everyone **must RSVP by Thursday, Nov 4** - contact Anne Wesley at [ttahiker@hotmail.com](mailto:ttahiker@hotmail.com) or 615-851-1052. Unequivocally rotten weather on the day of the hike will cause us to cancel. If the weather is "iffy," we are a "go," and hikers need to make sure they have suitable gear.

**Nov 9 – Chapter Meeting.** Please note date change due to elections on Nov 2.

**Nov 13** - The White House Greenway is a great place for an easy and enjoyable walk. The Greenway starts on the south side of TN 76 (across the street from the White House Municipal Park, and next to Sonic.). It then travels 3.5 miles and ends at U.S. 31W north of White House. The Greenway travels through some of the most beautiful areas of Sumner and Robertson Counties. Parking is available on TN 76 (next to Sonic), on US 31W south of White House (next to the White House Veterinary Clinic), at White House High School (on Tyree Springs Road), and on US 31W north of White House at the Honey Run Creek Trailhead. A way station is located on the south side of the Greenway. There are no restrooms here, but it is still a nice place to stop and rest. Hikers should meet at the Hendersonville Glenbrooke Kroger parking lot at 9:30 am or meet at the White House High School parking lot on Tyree Springs Road. Bring money for lunch at Sonic. Bad weather will cancel. Contact Debra or Tom Obrock at [tdobrock@gmail.com](mailto:tdobrock@gmail.com) with any questions.

## Sumner Trails - continued

### Planning Ahead:

**Dec 4 - Ashland City Bicentennial Greenway. 4 miles. Easy.** For many years the old Tennessee Central Railroad chugged through here on their Nashville-Hopkinsville line. Now this section is a rails-to-trails Greenway along a river plain featuring steep bluffs alongside the trail, several trestles and a beautiful old 200 ft. railroad bridge over Sycamore Creek. The trail is paved and mostly flat making it a nice all weather walk - kids and dogs (on leashes) are welcome. We will drop a car at the end of the trail so we don't have to backtrack. We will meet at First Presbyterian in Hendersonville at 9 am CT or at the trailhead at 10 am. After the hike we'll do lunch at Strattons. To register or for further info contact Hobo Al at [ballallenger@aol.com](mailto:ballallenger@aol.com) or (615) 347-2623

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# UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

## CHAPTER CHAIR:

Louise Miniard 931-528-9115

[uppercumberland@tennesseetrails.org](mailto:uppercumberland@tennesseetrails.org)

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**Nov 6 - Lookout Tower and Bird Mountain Trails, Frozen Head State Park, Wartburg, TN.** We will hike the Lookout Tower Trail from Highway 116 at Armes Gap to the top of Frozen Head Mountain at Tub Spring. En route we will visit an old coal mine once operated by Brushy Mountain Prison. We will then continue along the Lookout Tower Trail to Bird Mountain with a side trip to Panther Gap Rockhouse and an optional side trip to Coffin Springs. We will then hike the Bird Mountain Trail to Castle Rock and descend the mountain via a series of 14 switchbacks to the campground. The basic hike length is 11 miles. Optional side trips to the Lookout Tower and Coffin Springs will make the total trip 13 miles. The hike is rated strenuous due to length and an elevation change of nearly 2000 ft. Please register for this shuttle hike. Bring water, lunch, and snacks and meet us at 7:30 am CT at Penney's in Cookeville. For information and to register contact Lillian Ey at 615-478-7461 or [eyintn@hotmail.com](mailto:eyintn@hotmail.com).

### Nov 12-14 – TTA Annual Meeting

**Nov 20 - Hidden Passage Trail, Pickett State Park, Jamestown, TN.** This 10-mile loop trail is noted for rock houses and other interesting formations passed along the way. It is rated easy for the terrain and moderate for the distance. You can meet us at 8:00 am CT in the Penney's parking lot in Cookeville. Bring snacks, water, and lunch. For information and to register contact Eugene Cummings at 931-528-6139 or [eugeneslions@yahoo.com](mailto:eugeneslions@yahoo.com).

**Nov 27 - South Rim Trail, Savage Gulf State Natural Area, Palmer, TN.** We will hike along the South Rim Trail to some outstanding overlooks of Savage Gulf. The hike also includes Savage Falls. The hike is rated easy for the terrain and moderate for the distance which will be 9 to 10 miles. Bring snacks, water, and lunch. You can meet us in the Penney's parking lot in Cookeville at 8:00 am CT or at the US Bank across from McDonald's in Sparta at 8:30. For information and to register contact Eugene Cummings at 931-528-6139 or [eugeneslions@yahoo.com](mailto:eugeneslions@yahoo.com).

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**TN Rails To Trails Advisory Council Representative**  
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 ARE LISTED WITHIN EACH CHAPTER'S HEADER

**Newsletter Editor**  
 LouAnn Partington 931-393-4835  
*editor@tennesseetrails.org*

## TTA CALENDAR

The following dates in 2010 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

### FOURTH QUARTER

Nov 12-14 .....Annual Meeting Pickwick Landing State  
 Park hosted by Jackson & Memphis  
 Chapters

Nov 14-17 .....American Trails National Symposium  
 (Chattanooga, TN)




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## IT'S ABOUT TIME.....

.....to think of chapter leadership changes and opportunities for 2011.

Along with elections at the state level, many chapters may make chapter officer changes at the first of the year. If there are any changes to your chapter leadership, please let us know so that we can keep newsletter information, e-mail and phone lists up-to-date. Changes can be sent via e-mail to [editor@tennesseetrails.org](mailto:editor@tennesseetrails.org) with a copy to [president@tennesseetrails.org](mailto:president@tennesseetrails.org).

### Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Nov 10 .....	Dec 1
Dec 10 .....	Jan 1
Jan 10 .....	Feb 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:  
*editor@tennesseetrails.org*

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED

First Class Mail  
U.S. Postage Paid  
Nashville, TN  
PERMIT NUMBER 4053



**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**  
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.  
**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM ...**

- A NEW MEMBER**  
 **RENEWING MY MEMBERSHIP**

Memberships are for one year, unless you have a Lifetime Membership.  
Gift Memberships are also available. Contact our Membership Director,  
Ron Dunn 615-867-3301 [membership@tennesseetrails.org](mailto:membership@tennesseetrails.org)

Nov 10

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

**PLEASE, PRINT CLEARLY.**

\_\_\_ Individual \$25.00  
\_\_\_ Family \$35.00  
\_\_\_ Student (FULL-TIME) \$15.00  
\_\_\_ Supporting (\$50.00, \$100.00 or more)  
\_\_\_ Life Member (Individual) \$500.00  
\_\_\_ Life Member (Family) \$750.00

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
Home Phone (\_\_\_\_\_) \_\_\_\_\_ Zip \_\_\_\_\_ -- \_\_\_\_\_  
Work Phone (\_\_\_\_\_) \_\_\_\_\_  
e-mail \_\_\_\_\_

- Please do not list my e-mail address in the TTA Annual Membership Directory  
I would like to receive my newsletter by e-mail.

**Please list me with the following chapter:**

\_\_\_ Clarksville      \_\_\_ Highland Rim(Coffee & Franklin Counties)      \_\_\_ Northwest(UT at Martin/Weakley)      \_\_\_ At Large  
\_\_\_ Columbia/Franklin      \_\_\_ Jackson      \_\_\_ Plateau(Crossville)  
\_\_\_ Cove Lake      \_\_\_ Memphis      \_\_\_ Soddy Daisy  
\_\_\_ Dyer County      \_\_\_ Murfreesboro      \_\_\_ Sumner Trails  
\_\_\_ East TN(Oak Ridge/Knoxville)      \_\_\_ Nashville      \_\_\_ Upper Cumberland(Sparta/Cookeville)

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - CTC. and TRAC. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie, and programs, in addition to learning about the progress and plans of the organization.

**As a member of TTA, you are welcome to attend all TTA/CTC/TRAC functions.**