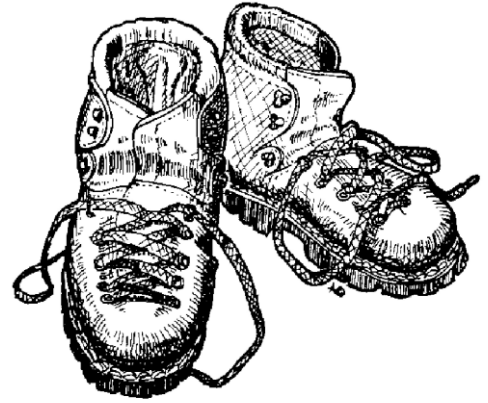


# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.*

SPONSOR FOR THE CUMBERLAND TRAIL



## 2010 Annual Meeting!

**November 12-14**

**Pickwick Landing State  
Resort Park**

**Pickwick Dam, Tennessee**

The Jackson & Memphis Chapters would like to invite you to attend the 2010 Annual Meeting. This year we'll meet in the beautiful surroundings of Pickwick Landing, a riverboat stop dating from the 1840's. The Inn and Conference Center overlooks the beautiful Pickwick Lake and all 119 rooms have a picturesque view of the lake. For anyone not familiar with Pickwick Landing State Park it's located just south of Pickwick Dam, 12 miles south of Savannah in Hardin County. Accommodations in the park include a modern Inn and Restaurant, cabins and camping. The park contains 1,400 acres forested hills and hollows.

**Details and Registration Form Inside!**

### WE NEED YOUR HELP!!

It's that time again--time to gather treasures for TTA's annual auction. The TTA annual auction will be held this year on Saturday, November 13, at 8:00 p.m. Pickwick Landing State Resort. Check your house for quality items, ask local businesses to donate merchandise and/or services, share your talents for woodworking and crafts, or make a cash donation to your local chapter to purchase items for the auction. Outdoor gear and clothing are always popular, as well as handcrafted items. Check with your chapter chairperson for solicitation materials to give to local businesses. Don't forget the white elephant sale. Look in your closets and basements and bring us something for the bargain table. Contact Carolyn Pierce via e-mail at [cedpierce2000@yahoo.com](mailto:cedpierce2000@yahoo.com) or Carol Haley at 901-388-9163 or [Hav2Hike@aol.com](mailto:Hav2Hike@aol.com), if you have a special item you'd like to donate or know of a merchant we can contact for a donation.

## 19<sup>TH</sup> ANNUAL ALLARDT PUMPKIN FESTIVAL

It's almost time! Join TTA at the 19th Annual Allardt Pumpkin Festival!! Come for a day, or enjoy the whole weekend of fun-filled events surrounding the traditional Giant Pumpkin Weigh-off Competition.

**Friday, Oct 1** - Fount and Anna Bertram will coordinate a walking tour of Historic Rugby (see Murfreesboro chapter listing for details and contact information). We will camp at historic Pickett State Park - built by the CCC. Tent and RV campsites are first-come, first-served, but we will have a "TTA site" suitable for multiple tents. Bring a chair, and we'll gather round the campfire to enjoy the early autumn weather.

**Saturday, Oct 2** - All roads lead to Allardt (east of Jamestown in Fentress County - central time zone). In the morning you can shop for crafts, buy locally grown gourds, pumpkins and apples, sample the baked goods or pull up a chair to watch the weighing of the giant pumpkins to determine the 2010 Heavyweight Champion Pumpkin. Around noon, TTA members gather to decorate our float for the Pumpkin Festival Parade! Martha Stewart could not do a better (nor faster) job of turning a pick-up truck into a display promoting TTA and Tennessee hiking (with tasteful harvest-themed accents - lol). At 2 o'clock, we don our backpacks to march in the parade and toss candy to the enthusiastic onlookers. (You'll marvel at how the kids along the parade route grow an extra arm and a prehensile tail to grab more candy!) After the fun and frenzy of the parade, we'll treat ourselves to a hike at beautiful, serene Colditz Cove State Natural Area to view Northrup Falls. Campers reconvene at Pickett for another evening under the stars gorging ourselves on pumpkin pastries.

**Sunday, Oct 3** - We'll have a short, but beautiful hike on the trails of Pickett State Park before heading home.

More details about the festival can be found at [www.allardtpumpkinfestival.com](http://www.allardtpumpkinfestival.com). For specific information about TTA's participation and/or directions, contact Anne Wesley at [tahiker@msn.com](mailto:tahiker@msn.com). Children - of all ages - are most welcome!



Office Location..... 19 East 4<sup>th</sup> Street  
..... Crossville, TN 38555  
Office Hours..... 8am-2pm CT  
Phone: ..... 931-456-6259  
Fax: ..... 931-456-4934  
Email: [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com)  
Website: [www.cumberlandtrail.org](http://www.cumberlandtrail.org)

Unless otherwise indicated, register for all events with the CTC via e-mail at [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com), via the website at [www.cumberlandtrail.org](http://www.cumberlandtrail.org) or by phone 931-456-6259.

**Sep 25-26 - National Public Lands Day event (NPLD).** Volunteers needed to help with bridge and trail repair in the Tennessee River Gorge segment of the Cumberland Trail. Volunteers will meet at 8:00 am ET at the Signal Mountain parking lot.

**Sep 27-Sep 30 - Trail maintenance Tennessee River Gorge segment.** Volunteers needed to help with trail maintenance in preparation for the 2010 *Stump Jump* trail race

**Oct 13-15 - Trail maintenance in the CT's New River segment.** Volunteers needed to help with trail maintenance between Cove Lake and Norma Road.

**Oct 16 - 50k trail running event in the CT's New River section.** Please visit:

[www.cumberlandtrailraces.com/CumberlandTrail50k/HOME.html](http://www.cumberlandtrailraces.com/CumberlandTrail50k/HOME.html) for more details.

**Nov 2-9 - New River section trail construction phase 3.** Volunteers needed to help construct trail along Straight Fork in Scott County. This will be a camping outing with camp meals/ water provided by the CTC. Volunteers will need to bring their own tent, sleeping gear, and personal items. The base camp will have a kitchen tent equipped with cook stoves

**Dec 4-5 - Cumberland Trail Backpack, New River section.** This 9-mile hike will be from Norma Road to Smoky Creek Road. For more details, contact Tony Hook at [tony.hook@frontiernet.net](mailto:tony.hook@frontiernet.net).

**Jan 9-15, 2011 - Winter Alternative Break, Soddy Daisy, TN.** Students from the University of Kansas will be working to construct the Cumberland Trail. For more details, contact the CTC office at [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com) or 931-456-6259.

**Feb 20 - Mar 26, 2011 - The CTC's 15<sup>th</sup> annual BreakAway program.** This event will be held in Hamilton County with trail work being performed in various sections of the CT. For more details about this event, please contact the CTC at [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com) or 931-456-6259.

To see a schedule of other Cumberland Trail events, please visit [www.cumberlandtrail.org](http://www.cumberlandtrail.org).

### First Cumberland Trail Guide

CTC Board member and writer/editor, Russ Manning, is heading up a group of volunteers to prepare the first official guide to the Cumberland Trail. The CTC will be the "author" of the book, and all author royalties from book sales will go to CTC operations. Several people have signed up for trail sections, but several sections remain unclaimed and Russ needs volunteers to hike a section and write up a mileage description. Russ will serve as editor--negotiating with a publisher, taking everyone's input, and producing a book we'll all be proud of. What better way to promote the trail and help CTC financially at the same time? Hiking and writing will take place this Fall through Spring seasons, with a manuscript ready some time in Summer 2011. Anyone who wants to write but not hike is also welcome; there's background information to gather, and we'll also have write-ups on sections not yet constructed, both of which will require some research. All participants will receive credit in the book for their sections. If you'd like to help out, contact Russ by email ([russmanning@charter.net](mailto:russmanning@charter.net)), and he will provide all the details and a list of sections that have not yet been claimed for you to choose from.

### Get in on the action... It's Silent Auction Time Again!! Join the fun! Cash Bar!

Mark your calendar and make plans to attend the TTA Annual Auction held on November 13th at Pickwick State Park.

This is your chance to do a little holiday shopping and support the Cumberland Trail BreakAway Program at the same time. All proceeds from the auction will go to the CTC Breakaway Program. Last year TTA raised over \$7,200.00 for CT Breakaway and with your help we can raise even more! Plan to attend the TTA Annual Meeting, bring a friend, and bring your checkbook!

Also, we are collecting items for the auction. If you or the company you work for would like to contribute to this worthwhile event, please contact Woody Pierce at [woodyperce2@gmail.com](mailto:woodyperce2@gmail.com) if you have a special item you'd like to donate or know of a merchant we can contact for a donation.

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## CLARKSVILLE CHAPTER

**CHAPTER CHAIR:** Paul Schwab 931-645-9068  
*clarksville@tennesseetrails.org*

**CHAPTER CO-CHAIR:** J.R. Tate 931-920-2692  
*clarksville@tennesseetrails.org*

**TREASURER:** Sandy Janus 931-551-8523  
*clarksvilletreas@tennesseetrails.org*

**SECRETARY:** Pam Gadsey 931-552-2325  
*clarksvillesecy@tennesseetrails.org*

**OUTINGS COORDINATOR:** John Sneed 931.920.3828  
*clarksvillehikes@tennesseetrails.org*  
*(call John & volunteer to lead an outing)*

**MEETS MONTHLY:** 3<sup>rd</sup> Tuesday at 7:00 pm CT at Crow Community Center, 211 Richview Rd.  
*Additional information may be seen at our web site:  
<http://www.tennesseetrails.org/blog/clarksville>*

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**Sep 4 - Ashland City Rails to Trails Unpaved Section. 7 miles. Easy.** J.R.Tate 931-920-2692. Meet 8:00 am CT, Madison Street Kmart, Clarksville, TN.

**Sep 11 - Red River Canoe Trip.** There is a charge for canoe rental. John Sneed. 931-920-3828. Meet 8:00 am CT, Port Royal Stat Park parking area, TN 238, Robinson County.

**Sep 18 - Big South Fork National Rivers and Recreation Area. Overnight. I40-US127N-TN154N-TN297E. 10 miles. Moderate.** J.R.Tate 931-920-2692. Meet 7:00 am CT, I 24 Exit 11 commuter parking lot.

**Sep 21 - Monthly Meeting.** J.R. Tate "Model T" will report on his 2006 AT through hike.

**Sep 25 - National Public Lands Day. Trail Maintenance on North South Trail from Tharpe Road to South Welcome Station, Land Between the Lakes, Stewart County. 8 miles. Moderate.** Bring loppers and garbage bag. Paul Schwab 931-645-9068. Meet 8:00 am CT, Kroger parking area, Dover Crossing Road, Clarksville, TN.

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## COLUMBIA/FRANKLIN CHAPTER

**CHAPTER CHAIR:** Bobby Hardeman 615-430-0638  
*columbia@tennesseetrails.org*

**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

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**Sep 7 - Monthly Meeting.** Ron Dunn, TTA's Membership Director, will share photographs of his recent hike across Great Britain. Ron, a native of Nashville, is a member of the Murfreesboro chapter and an avid hiker and kayaker.

**Sep 11 - Virgin Falls Overlook, Bowater Pocket Wilderness, near Sparta, TN. 5 miles. Moderate.** This is one of Middle Tennessee's most beautiful overlooks. We will *not* be hiking to Virgin Falls. This past spring several from our chapter hiked to Virgin Falls but failed to make it to the overlook, so this hike is to rectify that. We will meet at 7:45 am CT at 4908 Main Street (Hwy 31), behind McDonald's in the Campbell Station Shopping Center on the north end of Spring Hill. We plan to hike to the overlook, named Martha's Pretty Point, and have lunch. The scramble to the top of the overlook can be strenuous so wear sturdy boots. Bring lunch, trail snacks and plenty of water. Register with Bobby Hardeman at *puttr22@aol.com* or 615-430-0638.

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## COVE LAKE CHAPTER

**CHAPTER CHAIR:** Richard Helm 423-562-1110  
*covelake@tennesseetrails.org*

**CO-CHAIR:** George Gill 423-562-7121

**Sep 7 - Monthly Meeting.** Meeting time and place to be announced.

**Sep 11 - Tank Springs to Cove Lake. 12 miles. Difficult.** Meet at 7:00 am ET at Tank Springs parking lot. For more information contact Richard Helm 423-562-1110.

**Sep 25 - Elk Viewing!!!** Everyone is welcomed to come out to view the elk with us. Meet at 4:00 pm ET at the Tank Springs parking lot. Be sure to bring your camera and binoculars. For more information contact Clyde or Sue Edgemon at 865-494-0931.

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## DYER COUNTY CHAPTER

**CHAPTER CHAIR:** Rita Norvell 731-445-4601  
*dycercounty@tennesseetrails.org*

**SECRETARY/TREASURER:** Frank Salowitz  
*dycercountysecy@tennesseetrails.org*

**OUTINGS COORDINATOR/BOARD REP:** Jim Stark 731-589-1776  
*dycercountyhikes@tennesseetrails.org*  
*(Call Jim & volunteer to lead an outing.)*

**MEETS MONTHLY:** (Sep-Jun) 4<sup>th</sup> Thursday at 5:30 pm CT at Dyersburg Main Street Office, 111 Market Street on the south side of the square in downtown Dyersburg

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**Sep 4 -- Forked Deer Clean Sweep -- Volunteer opportunity and adventure.** We will paddle the Forked Deer from the Roellen Boat Ramp to the Dyersburg River Park in canoes and kayaks filling trash bags with litter trapped along the banks. There's really not that much but it's unsightly and needs to be removed before the next flood delivers it to the Gulf. Plan to bring your own water transportation or call to see if we can help with that. Contact Jim Stark 731-589-1776. We will depart the boat ramp at 8:00 am CT.

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## EAST TN CHAPTER (Oak Ridge / Knoxville)

**CHAPTER CHAIR:** Rosemary Marshall 865-548-6171  
*easttennessee@tennesseetrails.org*

**VICE-CHAIR:** Elise Eustace 865-201-5806  
*easttennessee@tennesseetrails.org*

**TREASURER:** Bob Uhren  
*easttennesseetreas@tennesseetrails.org*

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**Sep 18 - Injun Creek Trail. Great Smoky Mountains National Park. 7 miles. Moderate.** This hike has lots of historical scenery. The trail is unmaintained but follows lots of water. We will meet at 10:00 am ET at the Ranger Station parking area on Greenbrier Rd just off Cosby Hwy. Pre-registration is advised. Contact Rosie at 865-548-6171 or *rosiemar623@att.net*.

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## HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

**CHAPTER CHAIR:** Barbie Moré 931-455-3311  
*highlandrim@tennesseetrails.org*  
**VICE CHAIR:** Nora Henn 931-668-1870  
*highlandrimvice@tennesseetrails.org*  
**TREASURER:** Marietta Poteet 931-924-7666  
*highlandrimtreas@tennesseetrails.org*  
**OUTINGS COORDINATOR & NEWSLETTER CONTACT:**  
Jim Poteet 931-924-7666  
*highlandrimhikes@tennesseetrails.org*  
(contact Jim & volunteer to lead an outing)  
**MEETS MONTHLY:** 1st Tuesday at 7:00 pm CT at the D. W.  
Wilson Community Ctr., 501 N. Collins St., Tullahoma.

**Sep 7 - Monthly Meeting.** Frank and Peggy Cregor will present a program about their recent gorilla trekking trip to Rwanda and Uganda, and talk as well about the political, social, and economic history of the two countries. We will meet at Pizza Hut, 934 North Jackson St (next to Arby's, across from Tullahoma High School) at 5:30 for their all you can eat buffet.

**Sep 11 - Horsepound Falls, South Cumberland State Park. 5 miles. Difficult.** Join Jim and Marietta Poteet on an early fall hike to one of the more popular destinations in the South Cumberland State Park. This round trip hike from the East Collins Car Park to Horsepound Falls and back is considered difficult because of the elevation gain required on the return trip. Dress for the weather and bring water and lunch. Contact Jim or Marietta at 931-924-7666 or *nannietta@blomand.net* for more information and meeting time and location.

**Sep 18 - Eat -Hike Eat, Sewanee, TN.** Join Tom Bentley at the Blue Chair in Sewanee for another installment of the Eat-Hike-Eat series. Come early for coffee, tea, breakfast, and a little socializing before leaving at about 9:30 am CT for a short hike on or near the Sewanee campus, followed by lunch at one of the many fine eateries in the Sewanee vicinity. Tom can be reached at *htbentley@lighttube.net* or 931-273-6344 for more information.

### START SAVING!! GOT STUFF???

**Bring all those wonderful goodies you have stashed away but aren't using.**

**TTA needs it!!!**

**The silent and not so silent auction and the white elephant table await your donations.**

**One person's junk is another person's ...??????  
(See your chapter chairs for cover letter and receipts to give donors).**

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## JACKSON CHAPTER

**CHAPTER CHAIR:** Glen Rognstad 731-217-5966  
*jackson@tennesseetrails.org*  
**TREASURER:** Anne Goodson 664-1556  
*jacksontreas@tennesseetrails.org*  
**SECRETARY:** Don Dresser 731-668-4190  
*jacksonsecy@tennesseetrails.org*  
**OUTINGS COORDINATOR:** Glen Rognstad 731-217-5966  
*jacksonhikes@tennesseetrails.org*  
(call Glen & volunteer to lead an outing)  
**MEETS MONTHLY:** 2<sup>nd</sup> Monday at Perkins Restaurant, 999 Vann Drive in Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 7:00 pm

**Sep 11 - Cookout and Country Road Walk.** We'll kick off the hiking season with a cookout and country road walk. Come out and meet new members and get reacquainted with fellow hikers. Hamburgers and hot dogs will be provided. Please bring a side dish and 2-liter soft drink to share. For time and directions, please contact Don Dresser at 731-668-4190 or *donald\_dresser@usit.net*.

Please refer to the TTA website for additional hikes.

### Planning ahead:

**Oct 1-3 - Allardt Pumpkin Festival. Big South Fork National River & Recreation Area.** This is a joint adventure with the Murfreesboro Chapter. We will camp/stay at Pickett State Park on Friday and Saturday and share campfire and fellowship at the park. On Saturday we will participate in the Pumpkin Festival Parade so bring lots of individually wrapped candy and join the fun. For information about the accommodations at Pickett State Park, you can contact the park at 931-879-5821. For more information and to register, please refer to the Murfreesboro chapter listing.

**Oct 11 - Monthly Meeting.** Please contact Glen Rognstad at 731-217-5966 or *Glenrognstad@gmail.com* for additional information.

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## MEMPHIS CHAPTER

**CHAPTER CHAIR:** Margaret Smith 901-210-6097  
*memphis@tennesseetrails.org*  
**VICE-CHAIR:** Francis Ruffin 901-396-1108  
*memphisvice@tennesseetrails.org*  
**MEETS MONTHLY:** (Sep - May) 3<sup>rd</sup> Thursday at 7:00 pm CT at Cordova Library, 8457 Trinity Rd.

**Sep 16 - Monthly Meeting.** Meet new friends and hear about past and upcoming hiking trips. Woody Pierce, Auction Chair, will share information about the TTA Annual Meeting and Auction at Pickwick.

**Sep 25 - Village Creek State Park, Wynne, AR. 4-6 miles. Moderate.** Seven miles east of Wynne, about an hour west of Memphis. Meet at the park visitor center 9:30 am CT, or carpool from the Tennessee Welcome Center on Riverside Drive at 8:15 am. We will hike a 4-6 mile trail rated moderate with a few hills. Bring lunch and water. For carpooling information call Kathryn Skinner at 901-527-4308.

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## MURFREESBORO CHAPTER

CHAPTER CHAIR: Millette Jones 615-397-9588  
[murfreesboro@tennesseetrails.org](mailto:murfreesboro@tennesseetrails.org)

OUTINGS COORDINATOR/BOARD REPRESENTATIVE:  
Tony Jones 615-397-4463  
[murfreesborohikes@tennesseetrails.org](mailto:murfreesborohikes@tennesseetrails.org)  
(Call Tony & volunteer to lead an outing)

MEETS MONTHLY: 2<sup>nd</sup> Tuesday at 7:00 pm CT  
Barfield-Crescent Park's Wilderness Station  
697 Barfield-Crescent Rd., Murfreesboro

BLOG: [www.tennesseetrails.org/blog/murfreesboro](http://www.tennesseetrails.org/blog/murfreesboro)

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**Sep 4-6 - Backpack** (Location TBA) Charlotte Broyles  
[broylescha@hotmail.com](mailto:broylescha@hotmail.com)

**Sep 11 - Possum Creek Section of the Cumberland Trail. 9.5 miles. Moderately strenuous.** Shuttle hike, beginning at the Heiss Mountain Road Trailhead off Highway 111 and ending at the Retro-Hughes Road Trailhead. The route includes both a 1000-foot elevation gain and loss and is rated moderately strenuous. The assembly point in Murfreesboro will be Sam's parking lot behind the Hardees off I-24 exit 78 south. The caravan will leave promptly at 7 am CT. For those wanting to meet at the beginning trailhead, the assembly time there is 10 am ET. Please pre-register by contacting Jim Schroeder at 615-896-3923 or at [doughboyjim@comcast.net](mailto:doughboyjim@comcast.net). To effect a shuttle, at least two 4-person vehicles will be required.

**Sep 14 - Monthly Meeting** - Murfreesboro member Tony Jones will give a pictorial presentation on his recent Natchez to Nashville trip on the Natchez Trace Parkway

**Sep 18 - Stones River National Battlefield, Murfreesboro, TN. 4 miles. Easy.** This is a Beginner/Newcomer hike that we are doing jointly with the Sumner Trails Chapter of the TTA. The battlefield was ravaged by the Good Friday Tornadoes in 2009, and is just now getting back to normal. The trails have been re-routed and the cemetery and some of the monuments have been restored to pre-tornado condition. Come join us as we hike the beautiful Battlefield and witness its wonderful transformation from tragedy. To sign up contact Tony Jones at 615-397-4463 or [awj68@comcast.net](mailto:awj68@comcast.net). The visitor center is open for maps & souvenirs and restrooms are available as well.

**Sep 25 - Fundraising Yard Sale.** Murfreesboro chapter members keep this date open and be prepared to donate your time, skill, and merchandise to sell. We will also need TABLES, DRINKS, CHAIRS, and PEOPLE. Please contact Tony Jones at 615-397-4463 or [awj68@comcast.net](mailto:awj68@comcast.net) to volunteer for ANY portion of the Sale. **REMEMBER** - This benefits our chapter so that we can continue to have the Summer Picnics and Christmas Parties that we have grown accustomed to. Please PLAN TO WORK AN HOUR or TWO or ALL DAY!

**Sep 26 (Sunday) - Bryant Grove Wilderness at Long Hunter State Park. 8 miles. Moderate for length.** Please contact Sara Pollard at 615-714-3610 for information and to register.

## Murfreesboro Chapter - con't.

**Oct 1 (Friday) - Adventure Trip to Rugby Village, Morgan Co., TN.** A restored Victorian village founded in 1880 by British author and social reformer, Thomas Hughes. Plan to meet at 10 a. CT at the Harrow Road Cafe on the main drag in this charming village. We will eat lunch in the re-created period cafe, then take a guided tour of the village. It is possible to make this a day trip from Murfreesboro or to stay overnight in the area (if you make advance reservations) and take in the Allardt Pumpkin Festival the next day. The village is only a few miles from Allardt and the Pumpkin Festival. Take money for the tour registration fee (\$7 adult or \$6 for seniors over 60), and for lunch. For pictures and more detail go to the website <http://www.historicrugby.org>. To sign up or to volunteer to form a car pool contact Fount or Anna Bertram [abertram@dtccom.net](mailto:abertram@dtccom.net) or (615) 765-5357.

Planning Ahead:

**Oct 1-3 Allardt Pumpkin Festival**

**Oct 9- Ramsey Cascades GSMNP**-Ann Jacobs

**Oct 12-Monthly Meeting.** Bob Goodwin will present his slideshow on his 2008 TRIP WEST Part II.

### SOUTHEAST FOOT TRAILS COALITION UPDATE

SEFTC held a very successful Biennial Conference at DuBose Conference Center in Monteagle. TTA was represented by the Murfreesboro, Nashville, Clarksville, Memphis and Highland Rim Chapters. Total attendance was right at 100. Most of the member organizations were represented. Officers were elected for the next 2 year terms and board members were elected for a staggered term. TTA's Fount Bertram will be serving on the board until 2013. SEFTC is conducting monthly conference calls/meetings to deal with SEFTC business. The next Leadership Council meeting will be at the Emory Henry College in Emory, Virginia June 2-4, 2011.

A new website is in place with Ernie Engman as the new webmaster. The URL is [southeastfoottrails.org](http://southeastfoottrails.org) Information regarding the organization is available there.

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## NASHVILLE CHAPTER

**CHAPTER CHAIR:**

Libby Francis  
[nashville@tennesseetrails.org](mailto:nashville@tennesseetrails.org)

**OUTINGS COORDINATOR:**

Libby Francis  
[nashvillehikes@tennesseetrails.org](mailto:nashvillehikes@tennesseetrails.org)  
(email Libby & volunteer to lead an outing)

**MEETS MONTHLY:** 4<sup>th</sup> Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit:  
[www.tennesseetrails.org/nashville.php](http://www.tennesseetrails.org/nashville.php)

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**Sep 4 - Beaman Park Boardwalk Construction Project, Nashville, TN.** 9:00 am till 4:00 pm CT. The Friends of Beaman Park have been awarded a grant to construct a 350 foot long, ADA accessible boardwalk. We need volunteers to help with this project. All the tools, training, and snacks will be provided. To volunteer, please contact the Beaman Park Nature Center. For more information and directions, call 615-862-8580.

**Sep 17-19 - Big South Fork, car camping and hiking with the Sumner Trails chapter.** See Sumner Trails Chapter news for description and information. Please RSVP to Nancy Juodenas [njuodenas@hotmail.com](mailto:njuodenas@hotmail.com).

**Sep 22 - (Wed) Richland Creek Greenway, West Nashville, TN. 4 miles. Easy.** After work walk. This walk is a loop. A one-mile stretch will be on the quiet roads through Sylvan Park, while another half-mile segment will be through the back parking lots of Stein Mart, Target and Lion's Head Village in order to get around the one bridge that was washed away and not yet replaced as a result of the recent May flooding. The walk is paved the entire way, flat and smooth – great for wearing comfortable walking shoes. Although we should be close to completing the walk before sunset, please bring a headlamp or flashlight just in case. Also, carry water to drink. We will meet at 6:30 pm CT at the White Bridge Road (NES) trailhead which is right between West End Avenue (aka Harding Pike) and Post Road. Greenways for Nashville has a map on the Internet [www.greenwaysfornashville.org/maps.htm](http://www.greenwaysfornashville.org/maps.htm) - select the link for RC – Richland Creek Greenway, then select the White Bridge Road (NES) Trailhead to see exactly where we will be meeting on the map. If you need additional information, call Diane Manas at 615-352-7777.

**Sep 25 - Warner Parks, Nashville, TN. 5.8 miles. Moderate.** Soft-shoe walk on Main Road. Pull out your soft-soled shoes; trail worthy footwear is not required. We'll be walking a paved road through the Percy Warner side of Warner Parks. Although the surface below our feet will be flat, the road is not. The walk will be rated moderate due to the multiple ascents and descents we will make while the road twists and winds our way through the hollers 'n hills. Along the way we will see the usual ground critters and hear birds singing. We may even see a deer or two and possible a snake. You will want to carry water to drink and some snacks to munch on. We will start walking at 7:00 am CT from the Deep Well area of the park; arrive about 10 minutes prior. The walk should take about 2.5 hours. To get to Deep Well from Nashville: head west on Hwy 70 (aka West End Ave). In Belle Meade (after you have crossed over Woodmont Blvd, passed Publix then Kroger on the right, and the Belle Meade Mansion on the left), Hwy 70 splits. Take the left side, which puts you on Hwy 100. Go approx 1.8 miles and turn left into the grey stone entrance. Drive to the end/t-intersection (approx 1 mile) – you're in Deep Well. If on Hwy 100 and you reach Old Hickory Blvd, you've gone too far. For additional information, call Diane Manas at 615-352-7777.

**Sep 28 – Monthly Meeting.** In 2002, at age 63, Jane Holston climbed Mt. Kilimanjaro for the first time. Since then she's hiked at 14,000 feet in Nepal, and climbed "Kili" again. Her most recent adventure trek took her to Kala Patar and Everest Base Camp, and she's going to share with us her adventures and how she prepares for them. Come for inspiration and stay for refreshments and time to socialize. Bring a friend!

**Sep 29 (Wed) Richland Creek Greenway,** after work walk. See Sep 22 above.



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## NORTHWEST Chapter

(UT at Martin / Weakley County)

**CHAPTER CHAIR:** Scott M. Pun 731-881-7316  
*northwest@tennesseetrails.org*

**TREASURER:** Sandy Davis 731-587-9134  
*northwesttreas@tennesseetrails.org*

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT during the academic year (Feb-Apr and Sep-Dec) on the UT Campus in the Paul Meek Library, Rm 120, Media Services B1

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**Sep 14 – Monthly Meeting.** Room 120.

**Sep 18 - Nathan Bedford State Forest. About 4-6 miles.** Possibility of a Friday night overnight (Sep 17) in primitive campground. Contact Scott Pun (*spun@utm.edu*) for details.

**Oct 2 - Land Between the Lakes 4-6 miles.** Possibility of a Friday night (Oct. 1) overnight in a primitive campground. Contact Scott Pun (*spun@utm.edu*) for details.

As always, beginners are welcome.

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## PLATEAU CHAPTER (Crossville)

**CHAPTER CHAIR:** Cheryl Heckler 931-456-6437  
*plateau@tennesseetrails.org*

**SECRETARY/TREASURER:** Jim Grove 931-484-7900  
*plateausecy@tennesseetrails.org*

**MEETS MONTHLY:** 2nd Thursday at 6:30 pm CT  
**BLOG:** [www.tennesseetrails.org/blog/plateau](http://www.tennesseetrails.org/blog/plateau)

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There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at (931) 484-9152 or visit the Plateau Chapter Blog at [www.tennesseetrails.org/blog/plateau](http://www.tennesseetrails.org/blog/plateau). Rain cancels.

**Sep 11 - Chapter picnic and potluck at Dartmoor Marina in Fairfield Glade.** .2pm – 6pm. Activities include pontoon boat rides on the lake and swimming. If you will be attending, please RSVP by Sep 6 - Cheryl Heckler at 931-456-6437 or *thehecklers@charter.net*.

**Sep 25 - Cumberland Cove: Cowpens Trail and Stillhouse Rock overlook. 3.5 miles. Moderately difficult.** Charley Massey and Teresa Targosz will lead the hike on the Cowpens trail and back to the parking lot, then down the other creek across the bridge and up to the Stillhouse rock overlook and to the cars in the other park. Depart from Tractor Supply at 8:00 am CT. For more information contact Charles Massey at 931-839-8283 or *chas.massey@frontiernet.net*.

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## SODDY-DAISY CHAPTER

**CHAPTER CHAIR:** Brandy Selman (423) 544-9608  
*soddydaisy@tennesseetrails.org*

**TREASURER:** Jan Agee 423) 504-3581  
*soddydaisytreas@tennesseetrails.org*

**MEETS QUARTERLY:** 1<sup>st</sup> Monday of Jan, Apr, Jul & Oct at 6:00 pm in Soddy Daisy's Municipal Building

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The Soddy-Daisy Chapter's hikes and events may be found in our website calendar at this address:  
<http://tinyurl.com/SD-Hiking>.

# Reminder:

## TTA's Annual Meeting

### Nov 12-14, 2010

### Pickwick Landing State Park

### Pickwick, TN



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## SUMNER TRAILS CHAPTER

### CHAPTER CO-CHAIRS:

Thomas & Debra Obrock 615-826-7459  
[sumner@tennesseetrails.org](mailto:sumner@tennesseetrails.org)

### MEETS MONTHLY: 1<sup>st</sup> Tuesday at 7:00 pm CT

First Presbyterian Church

172 West Main Street, Hendersonville

**Sep16 (Thurs) - Moss Wright Park, Goodlettsville. 3 miles. Easy.** Enjoy the beautiful scenery and historic buildings during an after-work walk. Meet at 6:30 pm CT in the park at the front of the historic Bowen Campbell house. We'll walk approximately 3 miles total along the banks of Mankers and Madison creeks at a medium pace. There are many options to walk a shorter distance. No need to RSVP - just show up. Questions? Contact Anne at [ttahiker@msn.com](mailto:ttahiker@msn.com) or 615-851-1062.

**Sep 17-19 - Car camping and hiking in the Big South Fork with the Nashville chapter!** On Friday, we'll drive to Bandy Creek Campground in the Big South Fork National River and Recreation Area. We'll set up our tents in the campground and spend the night around a campfire. On Saturday, we'll hike the John Litton Farm loop trail. This trail is approx 6 miles long, rated moderate. Along the way, there are sandstone rock shelters, a playful little waterfall, and an historic farm complete with an old house, barn and pond full of frogs. After the hike, choose from swimming in the Big South Fork river down at Leatherwood Ford, walking some shorter but very scenic trails, or walking over to the BSF Visitor Center where they are holding the 18th annual "Haunting in the Hills" storytelling festival. As the evening progresses, the stories get spookier! On Sunday we'll look at the weather and see where our group of campers feels like hiking. If there is interest, we'll hike one of the closer sections of the Cumberland Trail. Please RSVP to Anne [ttahiker@msn.com](mailto:ttahiker@msn.com) or 615 -851- 1052. Due to the popularity of the Haunting in the Hills festival, we do not have a group camping site. You will need to reserve your own campsite through the National Park Service reservation website: [www.nps.gov/biso/planyourvisit](http://www.nps.gov/biso/planyourvisit). (Please contact Anne before making reservations. There may be someone willing to share their site with you). People not wanting to camp are welcome to come day hike the John Litton Farm Loop with us on Saturday and to hang out for the rest of the day. Please be prepared to meet us at the Bandy Creek campground by 9:30 CT.

**Sep 18 - Joint Hike with Murfreesboro Chapter. Stones River Battlefield, Murfreesboro. 4 miles. Easy.** Tony Jones from the Murfreesboro chapter will lead the hike, but we need a Sumner Trails chapter member who will meet everyone at a carpool location in Sumner County, organize the carpools and then hand out some driving directions (Don't worry - we will get you some driving directions). If you are even slightly interested (no obligation), please e-mail Anne at [ttahiker@msn.com](mailto:ttahiker@msn.com)

**Sep 23 (Thurs) - Moss Wright Park, Goodlettsville.** Meet at 6:30 pm in the park at the front of the historic Bowen Campbell house. See the previous outing description for Sep 16. No need to RSVP - just show up. Questions? Contact Anne at [ttahiker@msn.com](mailto:ttahiker@msn.com) or 615-851-1062.

**Sep 25 - - Stones River Greenway, Nashville. 3 miles. Moderate.** Our trailhead will be at Percy Priest Dam (exit 219 off I-40) and will mostly follow the river downstream to Lebanon road. The trail is paved. Meet at First Presbyterian in Hendersonville at 9 am CT and we will carpool to the trailhead, dropping a car at the end of this section of the trail - or you can meet us at Percy Priest Dam at 9:45. After the hike we'll go to lunch. To register or for further info contact Al at [ballallenger@aol.com](mailto:ballallenger@aol.com) or (615) 347-2623.

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## UPPER CUMBERLAND CHAPTER

### (Sparta / Cookeville)

### CHAPTER CHAIR:

Louise Miniard 931-528-9115  
[uppercumberland@tennesseetrails.org](mailto:uppercumberland@tennesseetrails.org)

**Sep 4-5 - Tennessee Gulf Trail, Martha Sundquist State Forest, Newport, TN.** We will hike the Tennessee Gulf Trail which was completed in 2009. The hike parallels Brown Gap Creek for its entire length and features moving water and shade. We will then camp at Cosby Campground in Great Smoky Mountains National Park. For those interested there are also hiking opportunities for Sunday morning. You can meet us at 7:00 am CT in the Penney's parking lot in Cookeville. For information and to register contact Kathleen Sullivan at 931-520-6294 or [ksully@frontiernet.net](mailto:ksully@frontiernet.net).

**Sep 18 - Big Creek Rim and Laurel Trails, Savage Gulf State Natural Area, Beersheba Springs, TN. 7 miles. Easy.** This hike features several overlooks of the Big Creek Gulf. This loop hike is about 7 miles and is rated easy because of the gentle terrain on top of the plateau. Bring snacks, water, and lunch. You can meet us at 8:00 am CT in the Penney's parking lot in Cookeville or at 8:30 at the US Bank across from McDonald's in Sparta. For information and to register contact Richard Savage at 931-526-2035 or [savage\\_richard@hotmail.com](mailto:savage_richard@hotmail.com).

**Sep 25 - Maude's Crack, Big South Fork NRR, Jamestown, TN. 8.5 miles. Moderate to strenuous.** Maude's Crack is a shoulder width crack in a rock cliff about 100 feet high. It was used as a shortcut by Minnie Maude Royston to bring supplies from a settlement near the bottom of the cliff to workers at the top. The hike is a loop (plus a side trip to the John Muir Overlook) that descends to the bottom of No Business Gorge, then follows the creek for a mile or so then ascends to the rim of the gorge. The last 100 feet of the climb is through Maude's Crack. There are relics of an early 20<sup>th</sup> century settlement along No Business Creek. The side trip to the John Muir Overlook is a steep climb. The hike is about 8.5 miles and is rated moderate to strenuous because of the rugged terrain, a stream crossing, and two several hundred foot climbs. Bring snacks, water, lunch, and hiking boots. You can meet us at 7:30 am CT in the Penney's parking lot in Cookeville. For information and to register contact Richard Savage at 931-526-2035 or [savage\\_richard@hotmail.com](mailto:savage_richard@hotmail.com).



## OFFICERS:

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Diane Manas 615-352-7777  
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### TN Rails to Trails Advisory Council Representative

Bob Richards 615-532-0753  
*TRAC@tennesseetrails.org*

CHAPTER REPRESENTATIVES ON THE BOARD  
ARE LISTED WITHIN EACH CHAPTER'S HEADER

### Newsletter Editor

LouAnn Partington 931-393-4835  
*editor@tennesseetrails.org*

## TTA CALENDAR

The following dates in 2010 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

### THIRD QUARTER

Sep (tbd) .....Bike Ride Across Tennessee (B.R.A.T.)  
Proceeds Benefit the Cumberland Trail  
Sep 25 .....National Public Lands Day (Statewide)

### FOURTH QUARTER

Nov 12-14 .....Annual Meeting Pickwick Landing State  
Park hosted by Jackson & Memphis  
Chapters  
Nov 14-17 .....American Trails National Symposium  
(Chattanooga, TN)

**Fall Cleaning??  
Don't throw away your  
"treasures" –  
Donate them to TTA's  
Annual  
Meeting Auction!**

## Newsletter Deadlines:

Deadlines for Chapter announcements  
and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Sept 10 .....	Oct 1
Oct 10 .....	Nov 1
Nov 10 .....	Dec 1

All submissions are subject to editing. Articles of  
general interest and non-hiking events will be  
included as space permits.

Please send all submissions to:  
*editor@tennesseetrails.org*

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446

**ADDRESS SERVICE REQUESTED**

First Class Mail  
U.S. Postage Paid  
Nashville, TN  
PERMIT NUMBER 4053



**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**

To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.

**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM ...**

- A NEW MEMBER**
- RENEWING MY MEMBERSHIP**

Memberships are for one year, unless you have a Lifetime Membership.  
Gift Memberships are also available. Contact our Membership Director,  
Ron Dunn 615-867-3301 [membership@tennesseetrails.org](mailto:membership@tennesseetrails.org)

Sep 10

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

**PLEASE, PRINT CLEARLY.**

- \_\_\_ Individual \$25.00
- \_\_\_ Family \$35.00
- \_\_\_ Student (FULL-TIME) \$15.00
- \_\_\_ Supporting (\$50.00, \$100.00 or more)
- \_\_\_ Life Member (Individual) \$500.00
- \_\_\_ Life Member (Family) \$750.00

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Home Phone (\_\_\_\_\_) \_\_\_\_\_ Zip \_\_\_\_\_ -- \_\_\_\_\_

Work Phone (\_\_\_\_\_) \_\_\_\_\_

e-mail \_\_\_\_\_

- Please do not list my e-mail address in the TTA Annual Membership Directory
- I would like to receive my newsletter by e-mail.

**Please list me with the following chapter:**

- \_\_\_ Clarksville
- \_\_\_ Columbia/Franklin
- \_\_\_ Cove Lake
- \_\_\_ Dyer County
- \_\_\_ East TN(Oak Ridge/Knoxville)
- \_\_\_ Highland Rim(Coffee & Franklin Counties)
- \_\_\_ Jackson
- \_\_\_ Memphis
- \_\_\_ Murfreesboro
- \_\_\_ Nashville
- \_\_\_ Northwest(UT at Martin/Weakley)
- \_\_\_ Plateau(Crossville)
- \_\_\_ Soddy Daisy
- \_\_\_ Sumner Trails
- \_\_\_ Upper Cumberland(Sparta/Cookeville)
- \_\_\_ At Large

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - CTC and TRAC. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie, and programs, in addition to learning about the progress and plans of the organization.

**As a member of TTA, you are welcome to attend all TTA/CTC/TRAC functions.**