

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



19th Annual Allard Pumpkin Festival

Mark your calendars as TTA participates in the 19th Annual Allardt Pumpkin Festival!! All TTA members are cordially invited to come for a day, or enjoy the whole weekend of fun-filled events surrounding the traditional Giant Pumpkin Weigh-off Competition

Friday, October 1 - We will camp at beautiful, historic Pickett State Park - built by the Civilian Conservation Corps. Tents and RVs are welcome. Sites are first-come, first-served, but we will have a "TTA site" suitable for multiple tents. Cabins may be available by calling Pickett (931-879-5821). Bring a chair (maybe a blanket), and we'll gather round the campfire to enjoy the early autumn weather.

Saturday, October 2 - This is the big day when we meet in Allardt (due east of Jamestown in Fentress County - central time zone). In the morning you can shop for crafts, buy locally grown gourds, pumpkins and apples, sample the baked goods (lots of pumpkin goodies) or pull up a chair to watch the fascinating process of weighing the giant watermelons, gourds and pumpkins to determine the 2010 Heavyweight Champion Pumpkin (last year's winner was a record-setter). Around noon, TTA members gather to decorate our float for the Pumpkin Festival Parade! At 2 o'clock, we promote local hiking and our statewide organization by walking in the parade and tossing candy to the kids. A quick, post-parade, strip-down of our "float" (a.k.a. "hastily but tastefully decorated pick-up truck") is followed by a hike to beautiful Colditz Cove State Natural Area to view Northrup Falls. Campers reconvene at Pickett for another evening under the stars gorging ourselves on pumpkin pastries.

Sunday, October 3 - We'll have a short, but beautiful hike on the trails of Pickett State Park. Then it's time to load up our pumpkins pies and head home.

More details about the festival can be found at www.allardtpumpkinfestival.com. Allardt is a small town with a big heart, and this is a wonderful event and a great opportunity to promote TTA and hiking in the Big South Fork area. For specific information about TTA's participation, including the possibility of a Friday visit to Pall Mall - home of Sgt. Alvin York, WWI hero, contact Anne Wesley at ttahiker@msn.com.

2010 Annual Meeting!

November 12-14

**Pickwick Landing State Resort Park
Pickwick Dam, Tennessee**

The Jackson & Memphis Chapters would like to invite you to attend the 2010 Annual Meeting. This year we'll meet in the beautiful surroundings of Pickwick Landing, a riverboat stop dating from the 1840's. The Inn and Conference Center overlooks the beautiful Pickwick Lake and all 119 rooms have a picturesque view of the lake. For anyone not familiar with Pickwick Landing State Park it's located just south of Pickwick Dam, 12 miles south of Savannah in Hardin County. Accommodations in the park include a modern Inn and Restaurant, cabins and camping. The park contains 1,400 acres forested hills and hollows.

Details and Registration Form Inside!

2010 Membership Directory It's Update Time!

The 2010 edition of the TTA Membership Directory will be mailed to all current members around the end of September. Please be sure your dues are paid up so that you will be listed in the directory, and receive your copy when it's published. Also, please let us know if your home/email address and/or telephone number has changed since the last Directory (published August 2009).

The deadline for changes is August 5 and here are a few ways you can notify us:

- Internet: Visit our website (www.tennesseetrails.org), navigate to "Member Services," select and fill out the "Electronic Address Change Form."
- Mail: Using the New/Renewal Membership Form (on the last page of this newsletter), fill in your new information, write on the form "address change" and mail to the address shown on the Membership Form.
- Email / Phone: TTA's Membership Director, Ron Dunn at membership@tennesseetrails.org or 615-867-3301.

Not sure of when your membership expires? Please look at the mailing label on your current monthly newsletter; it displays your annual expiration date just above your address. You will need to renew your membership within that month showing on your mailing label in order to avoid a lapse/interruption in receiving your newsletter.

CUMBERLAND TRAIL CONFERENCE

Office Location..... 19 East 4th Street
..... Crossville, TN 38555
Office Hours..... 8am-5pm
Phone: 931-456-6259
Fax: 931-456-4934
Email: cumberlandtrail@rocketmail.com
Website: www.cumberlandtrail.org

The Cumberland Trail Conference received a \$67,400 RTP grant for the Big Soddy Bridge Project at the Justin P. Wilson Cumberland Trail State Park.

Tennessee's Recreation Educational Services is responsible for administering federal and state grant programs to local and state governments, and non-profit agencies. The Division manages the Land and Water Conservation Fund (LWCF), the Local Parks and Recreation Fund (LPRF) Grant Program, the Natural Resources Trust Fund (NRTF) and the Recreation Trails Program (RTP).

WE NEED YOUR HELP!!

It's that time again--time to gather treasures for TTA's annual auction. The TTA annual auction will be held this year on Saturday, November 13, at 8:00 p.m. Pickwick Landing State Resort. Check your house for quality items, ask local businesses to donate merchandise and/or services, share your talents for woodworking and crafts, or make a cash donation to your local chapter to purchase items for the auction. Outdoor gear and clothing are always popular, as well as handcrafted items. Check with your chapter chairperson for solicitation materials to give to local businesses. Don't forget the white elephant sale. Look in your closets and basements and bring us something for the bargain table. Contact Carolyn Pierce cedpierce2000@yahoo.com or Carol Haley 901-388-9163 Hav2Hike@aol.com, if you have a special item you'd like to donate or know of a merchant we can contact for a donation.

CLARKSVILLE CHAPTER

CHAPTER CHAIR: Paul Schwab 931-645-9068
clarksville@tennesseetrails.org
CHAPTER CO-CHAIR: J.R. Tate 931-920-2692
clarksville@tennesseetrails.org
TREASURER: Sandy Janus 931-551-8523
clarksvilletreas@tennesseetrails.org
SECRETARY: Pam Gadsey 931-552-2325
clarksvillesecy@tennesseetrails.org
OUTINGS COORDINATOR: John Sneed 931.920.3828
clarksvillehikes@tennesseetrails.org
(call John & volunteer to lead an outing)
MEETS MONTHLY: 3rd Tuesday at 7:00 pm CT at Crow
Community Center, 211 Richview Rd.
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/clarksville>

Please call hike leaders to confirm hike time and meeting place.

Aug 7 - Cumberland Mountain State Park, US127, Cumberland County. 5.5 miles. Easy. We'll be hiking 3 trails. Suva Bastin. 931.645-2849. Meet at 7:00 am CT, I 24 Exit 11 commuter parking lot.

Aug 14 - Harpeth River Canoe and Kayak Float. Bob Lyon. 931.648.2354. Meet at 7:30 a.m. CT, Big Lots parking area, Riverside Drive, Clarksville.

Aug 17 - Monthly Meeting. J.R., Suva, Jill, Ken and Paul will report on their July AT hike from Bennington, VT to Glenclyff, NH.

Aug 21 - Blue Heron Boat Trip, Ashland City, TN. \$10.00 to \$12 ticket per person. **Pre-register by Wednesday the 18th;** John Sneed 931.920-3828; Meet at 8:00 am CT at Madison Street Kmart, Clarksville, TN.

Aug 28 - Meriwether Lewis Park (Natchez Trace Parkway), Lewis County. 6 miles. Moderate (after hike swim in scenic Buffalo River); Suva Basting 931.645-2849. Meet at 7:00 am CT, Big Lots parking area, Riverside Drive, Clarksville, TN.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR: Bobby Hardeman 615-430-0638
columbia@tennesseetrails.org
MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31 north
side of Spring Hill). Socializing and dinner at 6:00 pm CT;
meeting starts at 7:00pm.

Aug 3 - Chapter Meeting.

There are no hikes scheduled for August.

COVE LAKE CHAPTER

CHAPTER CHAIR: Richard Helm 423-562-1110
covelake@tennesseetrails.org
CO-CHAIR: George Gill 423-562-7121

Aug 2 - Meet 6:00 pm ET at Cove Lake State Park Shelter 1. We will be having a corn roast with potluck. Along with our scheduled hikes. For more information contact Richard Helm 423-562-1110.

Aug 21 - Pine Mountain State Park in Kentucky Meet 2:00 pm CT at Food Lion. Chain Rock is our destination - easy and a short hike. For more information contact John Rodman 865-860-8286

DYER COUNTY CHAPTER

CHAPTER CHAIR: Rita Norvell 731-445-4601
dyercounty@tennesseetrails.org
SECRETARY/TREASURER: Frank Salowitz
dyercountysecy@tennesseetrails.org
OUTINGS COORDINATOR/BOARD REP:
Jim Stark 731-589-1776
dyercountyhhikes@tennesseetrails.org
(Call Jim & volunteer to lead an outing.)

MEETS MONTHLY: (Sep-Jun) 4th Thursday at 5:30 pm CT at
Dyersburg Main Street Office, 111 Market Street on the
south side of the square in downtown Dyersburg

No hike information available at press time

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-548-6171
easttennessee@tennesseetrails.org
VICE-CHAIR: Elise Eustace 865-201-5806
easttennessee@tennesseetrails.org
TREASURER: Bob Uhren
easttennesseetreas@tennesseetrails.org

No hike information available at press time

TENNESSEE WILDERNESS ACT OF 2010

On June 9th Tennessee Republican Senator Lamar Alexander introduced the Tennessee Wilderness Act of 2010 on the floor of the US Senate. This important piece of legislation would protect almost 20,000 acres of the Cherokee National Forest with the highest form of protection afforded to federal land; wilderness designation.

The lands protected by the bill range up and down the high mountains of East Tennessee. The largest tract would be a new wilderness area of almost 10,000 acres, the Upper Bald River Wilderness in Monroe County. This protection, along with the existing Bald River Gorge Wilderness, allows for virtually the entire Bald River Watershed to be protected. There are significant additions made to the Big Laurel Branch Wilderness in Northeast Tennessee and The Sampson Mountain Wilderness close to the Rocky Fork Tract. The Big Laurel Branch addition means further protection for the Appalachian National Scenic Trail. Smaller, but no less important additions are made to the Big Frog, Little Frog and Joyce Kilmer/Slickrock Wildernesses. The Benton MacKaye Trail is found in these areas of the southern Cherokee.

This bill, co-sponsored by Senator Bob Corker, will need to pass through the Senate Agriculture Committee before consideration by both the House and Senate. After passing through the committee, the legislation would most likely become part of a larger omnibus lands bill before reaching the President's desk for signature. Introduction of this bill is only one step in protecting these special places, but it's an important step!

During his speech Senator Alexander singled out long-time wilderness advocate and Editor of the 'Cherokee National Forest Hiking Guide' Will Skelton for praise. "No one had done more to help more families appreciate, enjoy and hike in the Cherokee National Forest than has Will Skelton", said Senator Alexander.

It is an important time for the Tennessee Wilderness Act of 2010, its sponsors and supporters such as TTA. The two sponsors of this bill are working hard to make this protection a reality, and they need to hear your support and thanks. The Tennessee House delegation also needs to hear from the hiking community asking them to join our Tennessee Senators in promoting and passing this legislation. The Tennessee Wild coalition has important information on reaching out to our legislators that can be found at tnwild.org.

Jeff Hunter
Tennessee Field Organizer
Southern Appalachian Forest Coalition
PO Box 2142
Chattanooga, TN 37409
C - 423-322-7866
jeff@safc.org
<http://tnwild.org>

HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

CHAPTER CHAIR: Barbie Moré 931-455-3311
highlandrim@tennesseetrails.org

VICE CHAIR: Nora Henn 931-668-1870
highlandrimvice@tennesseetrails.org

TREASURER: Marietta Poteet 931-924-7666
highlandrimtreas@tennesseetrails.org

OUTINGS COORDINATOR & NEWSLETTER CONTACT:
Jim Poteet 931-924-7666
highlandrimhikes@tennesseetrails.org
(contact Jim & volunteer to lead an outing)

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT at the D. W.
Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Aug 3 - Monthly Meeting. Clopper Almon, a retired economist from the University of Maryland with local family ties will present a program on the history of Beersheba Springs in Grundy County. Some of us will meet at Ruby Tuesday's for dinner prior to the meeting. Come early to beat the rush, and make it to the meeting on time.

Aug 5 (Thursday) – Float Trip. Join Joan Hartvigsen for amid-week float trip on Tims Ford Lake. This will be a 7.5 miles round trip voyage from Anderton Branch Boat Ramp to an island near Bear Trace Golf Course. We'll picnic lunch on the island, then swim off the island's beach. Anderton Branch is gorgeous and the trip provides beautiful views of the Tims Ford State Park shoreline and Tims Ford Dam. Bring plenty of water, lunch, sunscreen, sunglasses and hat. Contact Joan at 931-962-0811 for more information and to register.

Aug 7 – Meadow Trail and Grundy Lakes Trail, South Cumberland State Recreation Area. Joan Hartvigsen will lead us on a couple of short hikes in the South Cumberland State Park. The Meadow Trail at the South Cumberland Visitor Center in Monteagle will offer a profusion of late summer, early fall wildflowers. The main features of the Grundy Lakes trail, in Tracy City, are the CCC built lake, and a nice collection of historic coke ovens. Contact Joan at 931-962-0811 for more information and to register.

Aug 21 - The Eat-Hike-Eat series resumes hiking on Sewanee Mountain this month. We'll meet at the Blue Chair restaurant in Sewanee for some combination of breakfast, coffee, and socializing. Plan on leaving for a local hike at 9:45 am CT. Contact Tom Bentley at *htbentley@lighttube.net* or 931-273-6344 for more information.

JACKSON CHAPTER

CHAPTER CHAIR: Glen Rognstad 731-217-5966
jackson@tennesseetrails.org

TREASURER: Anne Goodson 664-1556
jacksontreas@tennesseetrails.org

SECRETARY: Don Dresser 731-668-4190
jacksonsecy@tennesseetrails.org

OUTINGS COORDINATOR: Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org
(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 2nd Monday at Perkins Restaurant, 999 Vann Drive in Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 7:00 pm

There are no chapter meetings scheduled for August. The Jackson Chapter does not have any hikes currently scheduled for August. Please check the Tennessee Trails Association website for activity updates.

MEMPHIS CHAPTER

CHAPTER CHAIR: Margaret Smith 901-210-6097
memphis@tennesseetrails.org

VICE-CHAIR: Francis Ruffin 901-396-1108
memphisvice@tennesseetrails.org

MEETS MONTHLY: (Sep – May) 3rd Thursday at 7:00 pm CT at Cordova Library, 8457 Trinity Rd.

It's vacation time! No chapter meetings or hikes scheduled during the month of August. In the meantime, check out other TTA chapters hike listings in the TTA Newsletter or www.tennesseetrails.org and join a hike!

MURFREESBORO CHAPTER

CHAPTER CHAIR: Millette Jones 615-397-9588
murfreesboro@tennesseetrails.org

OUTINGS COORDINATOR/BOARD REPRESENTATIVE:
Tony Jones 615-397-4463
murfreesborohikes@tennesseetrails.org
(Call Tony & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT
Barfield-Crescent Park's Wilderness Station
697 Barfield-Crescent Rd., Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Aug 7 - Beginner & Newcomer Hike at Radnor Lake. 3 miles. Easy. This will be led by Valerie Galan. To sign up or for information call Valerie at 615-586-2882.

Aug. 10 - Chapter Meeting. Model "T" J.R. Tate will be our guest speaker. J.R. Tate, a retired Marine Corps officer, has hiked the 2175-mile Appalachian Trail from Georgia to Maine four times. His first journey in 1990 became a life-altering experience. Smitten with a yearning for the mountains, he again hiked the Trail in 1994, 1998, and in 2006—this last time to raise money for a new Salvation Army shelter for the homeless in Clarksville. J.R. has also hiked the Colorado Trail, Vermont's Long Trail, and the Ouachita Trail in Arkansas and Oklahoma. He has over 12,000 miles of backpacking worn into the soles of his boots. J.R., or "Model-T" as he is known far and wide, has been featured in numerous newspaper articles, books, and television segments statewide and nationally, and he is an "Honorary Ambassador" to the State of Tennessee

NASHVILLE CHAPTER

CHAPTER CHAIR:

Libby Francis

nashville@tennesseetrails.org

OUTINGS COORDINATOR:

Libby Francis

nashvillehikes@tennesseetrails.org

(email Libby & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit:

www.tennesseetrails.org/nashville.php

Aug. 7 – Harpeth Woods Trail, Warner Park, Nashville, TN. 2.5 miles. Moderate. Meet at 8 am CT, Warner Park Nature Center, near the intersection of Highway 100 and Old Hickory in Nashville. We'll hike the Harpeth Woods Trail, passing by the new bench along Vaughn's Creek, placed there in memory of Bob Brown through a TTA Evan Means grant. Optional addendum hike a little way up the Cane Connector Trail to the grave of Bob's dog Trouble. Contact Doug Burroughs for further information at (615) 283-0507

Aug 8 Warner Parks, Nashville, TN. Pull out your soft-soled shoes; trail worthy footwear is not required. We'll be walking a 5.8-mile paved road through the Percy Warner side of Warner Parks. Although the surface below our feet will be flat, the road is not. The walk will be rated moderate due to the August heat (to be expected) as well as the multiple ascents and descents we will make while the road twists and winds our way through the hollers 'n hills. A bonus is the shade we will have the entire way from the multiple variety of hardwoods found in this wonderful metro park. Along the way we will see the usual ground critters and hear birds singing. We may even see a deer or two and possible a snake. You will need to bring plenty of water to drink and some snacks to munch on. We will start hiking at 7:00 am from the Deep Well area of the park; arrive about 10 minutes prior. To get to Deep Well from Nashville: head west on Hwy 70 (aka West End Ave). In Belle Meade (after you have crossed over Woodmont Blvd, passed Publix then Kroger on the right, and the Belle Meade Mansion on the left), Hwy 70 splits. Take the left side, which puts you on Hwy 100. Go approx 1.8 miles and turn left into the grey stone entrance. Drive to the end/t-intersection (approx 1 mile) – you're in Deep Well. If on Hwy 100 and you reach Old Hickory Blvd, you've gone too far. For additional information, call Diane Manas at 615-352-7777.

Aug 14 Beaman Park Boardwalk Construction Project, Nashville. 9:00 am till 4:00 pm, CT. The Friends of Beaman Park have been awarded a grant to construct a 350 foot long, ADA accessible boardwalk. We need volunteers to help with this project. All the tools, training, and snacks will be provided. To volunteer, please contact the Beaman Park Nature Center. For more information and directions, call 615-862-8580

Aug 14 - Flat Rock Cedar Glade, near Murfreesboro. 3 miles. Easy. Mostly-flat terrain and easy footing. A great opportunity to see late-summer wildflowers, including some that only grow in the unique habitats of cedar glades. The Tenn. Natural Heritage Inventory Program calls this one of the most ecologically significant areas in Tennessee. Contact Nora Beck, nora_beck@comcast.net or 615-517-6486.

Aug 21 - Bryant Grove, Nashville. 8 miles. Moderate. This 8 mile there-and-back hike cruises through Long Hunter State Park along the shoreline of Percy Priest Lake. The walking is easy, but the distance is rated moderate. For more information and to register contact Garnett Rush at 352-7217 or e-mail rushga01@yahoo.com

Aug 22 Richland Creek Greenway, West Nashville, TN. 4 miles. Easy. This hike is a loop hike, approximately 4 miles and rated EASY!!!! A one-mile stretch will be on the quiet roads through Sylvan Park, while another half-mile segment will be through the back parking lots of Stein Mart, Target and Lion's Head Village in order to get around the one bridge that was washed away and not yet replaced as a result of the recent May flooding. The walk is paved the entire way, flat and smooth – great for wearing comfortable walking shoes. Bring plenty of water to drink along the way, and a hat to wear if you are sensitive to the sun because some segments are open to full sun, while some are under the canopy of shade trees. We will meet at 8:00am CT at the White Bridge Road (NES) trailhead which is right between West End Avenue (aka Harding Pike) and Post Road. Greenways for Nashville has a map on the Internet www.greenwaysfornashville.org/maps.htm - - select the link for: RC – Richland Creek Greenway, then select the White Bridge Road (NES) Trailhead to see exactly where we will be meeting on the map. If you need additional information, call Diane Manas at 615-352-7777.

Aug 24 - Monthly Meeting. Our "second annual" Show and Tell night! We'll have display boards and the electronic equipment on hand. Bring your photos and tell us where you've been hiking and adventuring! Hard copies, thumb drives or CDs will all work. If you haven't been taking pictures, come anyway, share the fun and take notes because we'll use these adventures as inspiration for our fall hike planning. We'll share anecdotes and get inspired to get "out there" as cooler weather approaches. PLEASE NOTE: If you're planning to show pictures, please let Nora Beck know so she can be aware of how many will take part, and can plan for all presenters to have a fair amount of time to describe their photos. Let's see how many different areas are represented! Bring a friend and take time to mingle after the program!

NASHVILLE NEWS:

Cumberland Trail Hiking Trail Guide - The Cumberland Trail Conference is planning a hiking trail guide of the CT. A hiking guide very similar to printed trail guides we buy and use to prepare us for a specific trail, or region to hike in. Information contained would include, trail access points with driving directions, what one may see during various seasons, history, culture, etc. Some information collected may even appear on the CT's website, but not all of it; otherwise, there would be no need for a printed version. A CTC volunteer (and TTA member) has stepped forward to serve as editor, pulling the pieces together and finding a publisher. Many are already familiar with the numerous and outstanding trail guides Russ Manning has written – go ahead, Google him (be sure to include "hiking" with his name) – you'll agree: "that's a lot of hiking guides". And, he's right here in Tennessee. So, what the CTC needs is volunteers to get out on the Cumberland Trail and record, record, record - describe what was seen, heard, smelled, passed by/through, highlights, hazards, historical and cultural features, etc. (Even if you're not into hiking but like researching history and culture, your skills are most welcome.) There are several options one has for participating. If you like hiking alone, you can contact Russ directly (russmanning@charter.net) and he'll point you in the right direction. Another way – the FUN way – is to go out as a group. This is my preferred method and I am volunteering to organize the efforts of volunteers joining me on whatever segments need our eyes and feet. For example, I'll communicate with Russ regarding trail segments that need to be done (then we can select which one(s) we want to do) and I will handle the logistics (notifying volunteers regarding hike dates through the newsletter – just like outings are currently done; arranging carpooling, etc.). But WE NEED YOUR HELP to make this happen! We can hike as many segments as often as we wish but ideally a segment should be visited at least 2-3 times per year and during to the most notable times of the year: fall, winter and spring. For my part, I will plan a group outing of one segment each month from October through May. Depending on how far the drive is and or the length of the CT segment, it may be planned as a car-camp or backpacking trip – the sky's the limit. So, are you in? Let me hear from you: Diane Manas at dmanashikes@comcast.net or 615-352-7777.

NORTHWEST Chapter (UT at Martin / Weakley County)

CHAPTER CHAIR: Scott M. Pun 731-881-7316
northwest@tennesseetrails.org
TREASURER: Sandy Davis 731-587-9134
northwesttreas@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT during the
academic year (Feb-Apr and Sep-Dec) on the UT Campus
in the Paul Meek Library, Rm 120, Media Services B1

No hikes planned until September since school is out

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-456-6437
plateau@tennesseetrails.org
SECRETARY/TREASURER: Jim Grove 931-484-7900
plateausecy@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday
BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at (931) 484-9152 or visit the Plateau Chapter Blog at www.tennesseetrails.org/blog/plateau. Rain cancels.

Aug 12 (Thursday) 5:30pm – 7:00pm. Chapter Meeting. Organic Farm Tour and Pot Luck at Dave Myers Organic Farm on Vandever Road in Crossville. Directions TBA. For those who want to car pool, meet at Grace Community Church at 2125 Miller Avenue at 5:15 pm. Please let Cheryl Heckler know what dish you are bringing so there won't be any duplications. Contact Cheryl Heckler at 931-456-6437 or *thehecklers@charter.net*.

Aug 14, 8am – 3pm. John Litton Loop, Big South Fork National Park, Jamestown, TN. The John Litton loop is about a 6 mile long hike with some small waterfalls and some rock formations along the way. The trail is named for John Litton who settled in the area around 1900 and his dwelling and outbuildings are still standing. The hike is rated moderate. Meet behind the Cracker Barrel at 8 am CT. For more information and to register, contact Howard Owens at 931-484-1328 or *owenshb@charter.net*.

Aug 28, 8am – 3pm. Rock Creek Loop Hike, Big South Fork National Park/Pickett State Park, Jamestown, TN. This is 7 mile hike and is rated moderately difficult due to the steep climb at the end of the hike. The trail follows the banks of Rock Creek, a tributary of the Big South Fork River. It also overlaps parts of the John Muir and Sheltopee Trace Trails. The trail follows part of the old Stearns Logging Railroad along Massey Branch. Meet at 8 am CT behind the Cracker Barrel in Crossville. For more information and to register, contact Karla Miller at 931-707-5502 or *karla2957@gmail.com*.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: Brandy Selman (423) 544-9608
soddydaisy@tennesseetrails.org
TREASURER: Jan Agee (423) 504-3581
soddydaisytreas@tennesseetrails.org

MEETS QUARTERLY: 1st Monday of Jan, Apr, Jul & Oct at 6:00 pm
in Soddy Daisy's Municipal Building

No hike information available at press time

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Thomas & Debra Obrock 615-826-74
sumner@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT
First Presbyterian Church
172 West Main Street, Hendersonville

Aug 7 Plateaus and Plunges – We'll travel to Savage Gulf State Natural Area in Grundy County. This is a 7-mile hike starting at Savage Gulf Ranger Station. After a measly 1-mile of walking, we'll be standing at one of the most beautiful overlooks in Tennessee: the Great Stone Door. The Stone Door is a natural cleft in the bluff used by Native Americans as a way to climb the plateau. We'll stay on top of the ridge, winding between forest and plateau-edge views. Our ultimate reward for the hike is a view of Boardtree Falls followed by a stop at 60-foot Greeter Falls - traditionally a great swimming hole where hot hikers cool off. Although there is not a lot of ascent/descent, this hike is rated moderate for distance. Please bring a lunch, snacks and more drinking water than you think you'll need. Due to the usual rocks, roots, ruts in the trail, hiking boots are advisable. We'll meet to carpool at 7:30 am CT at the Kroger parking lot (Glenbrook Shopping Center off New Shackle Island Rd in Hendersonville). The drive is 2-hours each way with a car shuttle between the trailheads. Please pre-register by e-mailing Anne Wesley at

tahiker@msn.com or 615-851-1052.

Aug 12 - Blackjack Cove. We will have two pontoon boats to take us to Blackjack Cove where we will have dinner (Dutch treat) at the floating restaurant Black Pearl - moonlight cruise on the return trip. We are limited in how many we can take. Meet at Al's house at 6 pm CT. To register or for further info contact River Rat Al - *ballallenger@aol.com* or (615) 347-2623.

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER CHAIR: Louise Miniard 931-528-9115
uppercumberland@tennesseetrails.org

No hike information available at press time

OFFICERS:

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Membership Director
 Ron Dunn 615-867-3301
membership@tennesseetrails.org

Cumberland Trail Conference Representative
 Ray Garrett 865-483-4466
CTC@tennesseetrails.org

TN Rails To Trails Advisory Council Representative
 Bob Richards 615-532-0753
TRAC@tennesseetrails.org

CHAPTER REPRESENTATIVES ON THE BOARD
 ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor
 LouAnn Partington 931-393-4835
editor@tennesseetrails.org

TTA CALENDAR

The following dates in 2010 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

THIRD QUARTER

Aug 7 Board of Directors' Quarterly Meeting
 (Location TBA)

Sep (tbd) Bike Ride Across Tennessee (B.R.A.T.)
 Proceeds Benefit the Cumberland Trail

Sep 25 National Public Lands Day (Statewide)

FOURTH QUARTER

Nov 12-14 Annual Meeting Pickwick Landing State
 Resort Park hosted by Jackson & Memphis
 Chapters

Nov 14-17 American Trails National Symposium
 (Chattanooga, TN)

Newsletter Deadlines:

Deadlines for Chapter announcements
 and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Aug 10	Sept 1
Sep 10	Oct 1
Oct 10	Nov 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED

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NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM ...

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Ron Dunn 615-867-3301 membership@tennesseetrails.org

Aug 10

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

- ___ Individual \$25.00
___ Family \$35.00
___ Student (FULL-TIME) \$15.00
___ Supporting (\$50.00, \$100.00 or more)
___ Life Member (Individual) \$500.00
___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Home Phone (____) _____ Zip _____ -- _____
Work Phone (____) _____
e-mail _____

- Please do not list my e-mail address in the TTA Annual Membership Directory
 I would like to receive my newsletter by e-mail.

Please list me with the following chapter:

- ___ Clarksville ___ Highland Rim (Coffee & Franklin Counties) ___ Northwest (UT at Martin/Weakley) ___ At Large
___ Columbia/Franklin ___ Jackson ___ Plateau (Crossville)
___ Cove Lake ___ Memphis ___ Soddy Daisy
___ Dyer County ___ Murfreesboro ___ Sumner Trails
___ East TN (Oak Ridge/Knoxville) ___ Nashville ___ Upper Cumberland (Sparta/Cookeville)

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - CTC and TRAC. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie, and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend all TTA/CTC/TRAC functions.