

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



BREDESEN ANNOUNCES CUMBERLAND TRAIL ACQUISITION

Critical Partnerships Made 3,200 Acre Acquisition Possible

Governor Phil Bredesen and Department of Environment and Conservation Commissioner Jim Fyke announced January 12 the closing of a land acquisition that will add more than 3,200 acres and 10 linear miles of trail to the Cumberland Trail State Park in Hamilton and Rhea counties.

The acquisition was funded through a variety of sources, including a grant from the Heritage Conservation Trust Fund, federal grants and private funds raised by the Cumberland Trail Conference. It includes a significant conservation easement put in place by the Land Trust for Tennessee.

This acquisition speaks to the power of leveraging resources and cultivating partnerships to accomplish more than we could do alone," said Bredesen. "I'm pleased that a variety of agencies and organizations were able to come together to accomplish an acquisition that will benefit Tennesseans for generations to come."

The property on Graysville Mountain is part of Tennessee's Cumberland Trail State Park. It will allow the Cumberland Trail State Scenic Trail to expand between Dayton, in Rhea County, and Sale Creek in Hamilton County. The area provides opportunities for fishing, day hiking, whitewater paddling, swimming, rock climbing and trail running.

"Not only will the Graysville Mountain acquisition protect priority land and natural resources, it also represents an important piece of the Cumberland Trail," said Fyke. "Under Governor Bredesen's leadership, we have made considerable progress on the trail, increasing the acreage managed by the Cumberland Trail State Park from 1,200 acres to 23,000 acres since 2003."

The project is funded with more than \$3.5 million in federal grants and a \$1 million grant from the state's Heritage Conservation Trust Fund from Fiscal Year 2007-2008. The Cumberland Trail Conference will contribute up to \$300,000 in private funds for administrative costs. The Land Trust for Tennessee assisted in negotiating the transaction with the seller, Richard Kinzalow, and will hold a permanent conservation easement on the 2,197 acres located in Rhea County. The project marks the Land Trust's first in Rhea County and places a total of more than 5,000 acres under easement managed by the Land Trust in Southeast Tennessee.

The Land Trust for Tennessee is thrilled to be a partner on this wonderful conservation project that will forever protect the incredible biodiversity of the unique, irreplaceable cove ecosystem along Walden Ridge," said Executive Director Jeanie Nelson. "We appreciate the opportunity to partner with the state of Tennessee and Mr. Kinzalow on this landmark acquisition, and the permanent contribution to the future generations of Tennesseans that it signifies.

The Cumberland Trail Conference, a non-profit organization that assists the state in a variety of efforts related to the continuing development of the Cumberland Trail, raised money to assist with this acquisition during its *Pathways for People, People for Nature* capital campaign. "We appreciate all the donors, volunteers and CTC staff that contributed and worked to execute a very successful fundraiser," said Tony Hook, Manager of the Cumberland Trail Conference. "It is because of their efforts that the CTC was able to assist with this land purchase to expand the reach of the Cumberland Trail."

SAVE THE DATE

The 2010 Annual Meeting is tentatively scheduled for November 12-14 at Pickwick Landing State Park. Mark your calendars now!

CUMBERLAND TRAIL CONFERENCE

Office Location 19 East 4th Street
..... Crossville, TN 38555
Office Hours 8am-5pm
Phone: 931-456-6259
Fax: 931-456-4934
Email: cumberlandtrail@rocketmail.com
Website: www.cumberlandtrail.org

CUMBERLAND TRAIL CONFERENCE STAFF:

General Manager.....Tony Hook tony.hook@frontiernet.net
Office ManagerMarleya Pendleton..... marleyapendleton@frontiernet.net

BreakAway is an Alternative Spring Break program hosted by the Tennessee Trails Association (TTA) and Cumberland Trail Conference (CTC). College students from across the country pay their own way to come to Tennessee to work on the Cumberland Trail along with TTA/CTC volunteers. Students and volunteers stay in East Tennessee and participate in trail building/maintenance for a week. BreakAway also provides for educational opportunities about the environment, history, geology, flora and fauna along the Cumberland Trail. Each college is limited to a maximum of 12 participants for this program. **BreakAway participants must be affiliated with a BreakAway sanctioned school and have a site leader present.**

Trail duties include: using fire rakes to clear leaf cover on the trail, using hand clippers and pocket saws to clear small limbs and bushes from the trail corridor, using mattocks to make a level trail by cutting into hillsides and ridges, installing water bars to control erosion, building rock steps and footbridges, and painting blazes on trees in order to mark the trail. Most of the work is done by groups of 4-6 people working with TTA/CTC volunteers on a particular section of the trail.

CTC depends on the volunteer support of TTA and CTC members to conduct the BreakAway program. Volunteers are needed on the trail and at the base camp to help with various duties. Won't you consider volunteering your time this year? Contact Tony Hook for details and job descriptions.

BIG SOUTH FORK CHAPTER

Chapter is currently inactive

THANK YOU TO OUR SUPPORTING MEMBERS!

Even though we appreciate all of our TTA members, we are truly grateful to those who support our state's trail system by making an extra financial contribution. Your tax-deductible donations of \$25, \$50, or more over and above the membership fee are applied to our Evan Means Small Grants Program which provides support for trail projects across the state. Previous projects funded through this program have included boardwalk improvements at Big Hill Pond State Park, improved signage at Rotary Park in Clarksville and Barfield-Crescent Park in Murfreesboro, tree identification labels on the Laurel Branch trail, building materials and signage for trails being constructed at Tellico Lake in Loudon County, the Cumberland Trail Conference's Spring Volunteer Programs, improvements at the entrance of LaFollette Nature Trail and an Eagle Scout project on the Cumberland Trail.

We would like to recognize and thank these Supporting Members: **Janice Ledbetter, Tony & Ann Hook, Ric & Janie Finch, Anne Carr, David Reister, Galal & Leslie El-Sayad, Libby Doubler, Hilda Vaughn and the Cumberland Hiking Club.** In addition, we would like to thank **Cathleen Close** who renewed this year as a Life Member.

Thanks to you all!

Ron Dunn
Membership Director

CLARKSVILLE CHAPTER

CHAPTER CHAIR: Paul Schwab 931-645-9068
clarksville@tennesseetrails.org
OUTINGS COORDINATOR: John Sneed 931.920.3828
clarksvillehikes@tennesseetrails.org
(call John & volunteer to lead an outing)
MEETS MONTHLY: 3rd Tuesday at 7:00 pm CT at Crow
Community Center, 211 Richview Rd.
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/clarksville>

Feb 6 - Mouse Tail Landing State Park, Linden, TN. 8 miles. Moderate. Suva Bastin 931.645-2849. Meet 7:30 am CT, Big Lots parking area, Riverside Drive, Clarksville, TN.

Feb 13 - BL River Walk & Graves Battery Hike Ft. Donelson. 4 miles. Moderate. John Sneed 931.920.3828; Meet 8:00 am CT, Kroger parking area, Dover Crossing, Clarksville, TN.

Feb 16 - Monthly meeting.

Feb 20 - Sandy Evans' Farm. 4 miles. Moderate. Chili after hike. Sandy Evans 931.217.4339. Meet 8:30 am CT, Big Lots parking area, Riverside Drive, Clarksville, TN.

Feb 27 - Multi-Chapter Hike - Indian Town Bluff, Ashland City, TN. 5 miles. Moderate. John Sneed 931.920-3828. Meet 8:30 am CT, Madison Street Kmart, Clarksville, TN. This is a joint hike with the Sumner Trails chapter. See the listing under Sumner Trails for hike details.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR: Bobby Hardeman 615-430-0638
columbia@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

Feb 2 - Monthly Meeting. Randy Johnson, a teacher at Brentwood Academy, will present the program. He has been hiking on the Appalachian Trail since 1973. For the past several years his three children have joined him in a yearly routine of hiking the trail, averaging about 50 miles each trip. They are currently in northern Virginia, about to enter the Shenandoah National Park.

Feb 13 - Multi-Chapter Hike - Joe Wheeler State Park, Rogersville, AL. 5 miles. Easy to Moderate. See Murfreesboro chapter listing for hike details. We will leave from the Campbell Station McDonald's in Spring Hill at 8 am CT. For more information and to register for the hike, please contact Bobby Hardeman at *puttr22@aol.com* or 615-430-0638.

Feb 27 - Good Springs Loop Trail, Mammoth Cave National Park, KY. 7.9 miles. Moderate. Waterfalls, rock houses and back country campsites can be seen along the trail. Wear sturdy boots and bring lunch and water. We will leave Campbell Station McDonald's at 6:45 am CT. Plan to stop on our way home at Marvin's favorite Kentucky restaurant for dinner. Register with Bobby Hardeman at *puttr22@aol.com* or call 615-430-0638.

COVE LAKE CHAPTER

CHAPTER CHAIR: Richard Helm 423-562-1110
covelake@tennesseetrails.org

CO-CHAIR: George Gill 423-562-7121

Feb 1 - Monthly Meeting. We will meet 6:00 pm ET at The LaFollette Recreation Center, 201 S Ninth Street. Everyone is welcome to attend. For more information contact Richard Helm 423-562-1110

Feb 6 - TBD.

Feb 20 - Cumberland Gap Historical Park. 7-1/2 miles. Moderate - Meet at Food Lion 8:00 am ET. We will be hiking Cumberland Gap Historical Park from the Iron Furnace to the tri state marker. For more information or to register contact John Redmon 865-869-8286. Be sure to dress warm. Bring plenty of water and snacks.

DYER COUNTY CHAPTER

CHAPTER CHAIR: Rita Norvell 731-445-4601
dycounty@tennesseetrails.org

SECRETARY/TREASURER: Frank Salowitz
dycountysecy@tennesseetrails.org

OUTINGS COORDINATOR/BOARD REP: Jim Stark 731-589-1776
dycountyhikes@tennesseetrails.org

(Call Jim & volunteer to lead an outing.)

MEETS MONTHLY: (Sep-Jun) 4th Thursday at 5:30 pm CT at Dyersburg Main Street Office, 111 Market Street on the south side of the square in downtown Dyersburg

Feb 20 - Land Between the Lakes -- Hike the North/South Trail in 2010. Meet at the South Visitors Center trail head at 10:00 am CT. Choice of eight miles (Brier Rose branch) or 11.5 miles Iron Mtn. We will spot transportation at both points before hiking. The south end of the LBL trail is easy to moderate and becomes more challenging as we progress north. Success will probably require a series of at least six hikes over the spring and fall and hikers can choose any or all. Contact Jim Stark for additional info. 731-589-1776

Feb 27 - Monthly meeting.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-548-6171
easttennessee@tennesseetrails.org

VICE-CHAIR: Elise Eustace 865-201-5806
easttennessee@tennesseetrails.org

TREASURER: Bob Uhren
easttennesseetreas@tennesseetrails.org

Feb 20 - Bald River Falls Trail. 7 miles. Moderate. Beautiful falls and mostly creek side trail. Wear good hiking boots and bring lunch and water. Meet at Cracker Barrel, Sweetwater Exit 68 off I-75 at 10 am ET or at trailhead off Tellico River Road at 11 am ET. For info email Leslie or Galal El-Sayad at *les1202@aol.com* or phone in pm 865-717-6246.

Feb 27 - Haw Ridge Park. 5 miles. Easy. We will hike 5 trails in this park located between Knoxville and Oak Ridge. We'll start with the Lake Road trail, then touch on the Easy Trail and Jump loop. Then on to the Power Cut trail, and ending on the Saddle trail. Just a little warning - this area is mountain bike friendly and can be muddy during winter months. Wear suitable foot gear and bring water and snacks. We will meet in the parking area of Haw Ridge at 10am ET. To pre-register, email *rosiemar623@att.net* or call 865-548-6171.

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CHAIR: Barbie Taylor 931-454-0599
highlandrim@tennesseetrails.org

VICE CHAIR: Nora Henn 931-668-1870
highlandrimvice@tennesseetrails.org

TREASURER: Marietta Poteet 931-924-7666
highlandrimtreas@tennesseetrails.org

OUTINGS COORDINATOR & NEWSLETTER CONTACT:
Jim Poteet 931-924-7666
highlandrimhikes@tennesseetrails.org
(contact Jim & volunteer to lead an outing)

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT at the D. W.
Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Trip Report:

On January 9, the 9th annual Chilly Chili hike saw 22 hikers from four different chapters brave snow, ice, and temperatures in the low teens to visit Sycamore Falls on the Fiery Gizzard Trail. This trail segment is a delight in any season, but was truly a winter wonderland on this day. Fresh snow in the woods, snow and ice crystals in the trees, ice stalagmites growing in the rock shelters, twisted ice formations of every form and shape in the creeks, frozen waterfalls, creeks frozen over, Black Canyon turned white with ice and roaring water, a frost wall towering above Sycamore Falls – all these were treats to behold. Afterward, the hikers were joined by 15 other folks to finish the day with hot chili and potluck sides at the Poteet home in Monteagle.

Feb 2 – Monthly meeting. Don Jones will present a power-point presentation on his 10 days canoeing in the Quetico Provincial Park, in Ontario, Canada. Some folks will get together before the meeting at 5pm CT for dinner at Ming's Buffet, 1406 North Jackson Street, Tullahoma.

Feb 6 – SCSP Hike 'Em All Series - Climber's Loop, South Cumberland State Recreation Area. 3 miles. Moderate. This will be a short 3 mile loop that starts at the Foster Falls parking area, heads south, descends into the gorge below Foster Falls, then passes underneath the numerous walls popular with area rock-climbers before coming out of the gorge and returning to the starting point by way of the steel bridge over Little Gizzard Creek. Call Jim or Marietta Poteet at 931-924-7666 or email at *nannietta@blomand.net* for meeting time and location.

Feb 13 – Multi-Chapter Hike - Virgin Falls, DeRossett, TN. 8-10 miles. Strenuous. The hike will be 8 to 10 miles, depending on the route options taken, and is considered strenuous due to length and elevation changes. The hike offers several spectacular views of waterfalls, including two where streams emerge from caves, plunge into pits and disappear underground again. We always hope for cold weather and the chance to see beautiful ice formations near the falls. Call Nora Henn at 931-668-1870 to pre-register and to get meeting time and location information. There will be a chili supper at Nora's home in McMinnville after the hike. This is a joint hike with the Murfreesboro chapter.

Feb 20 – Eat-Hike-Eat, Sewanee, TN. Easy. John Bordley and Carolyn Fitz will lead us on an easy hike through the Greater Bob Town neighborhood of Sewanee onto the fire lanes around Lake O'Donnell and ending up at the Bordley-Fitz home for a lunch of vegetable soup and bratwurst, with coffee, tea, and sodas provided. Optionally, you may BYOB and finger foods. Meet at the Blue Chair before the hike to have a cup of coffee or breakfast, and to work out the car-pooling. We will then depart the Blue Chair promptly at 9:45 am CT. Contact John or Carolyn at 931-598-0597 or *cfitz@sewanee.edu* to register for more specifics or Tom Bentley at *htbentley@lighttube.net* or at 931-273-6344 for general information.

Feb 27 – Multi-Chapter Work Day, Collins Gulf. As part of Tennessee's Invasive Weed Awareness Week, our chapter is joining with the Sewanee Herbarium, the Tennessee Native Plant Society, and the Friends of South Cumberland State Park on a workday aimed at removing a pesky exotic plant from a site in Collins Gulf within the Savage Gulf SNA. To take part in this "**Multiflora Rose Raze**", meet at the Collins West trail head in Greutli-Laager at 10am armed with gloves and clippers (or maybe even hand saws?) It's about a 2-mile hike down to the site, and the same distance back, making this a somewhat strenuous outing. People should bring water and lunch, wear sturdy shoes, and dress for the weather. Mary Priestley is the overall project coordinator and can be reached at 931-598-0157. Contact the park visitor center at 931-924-2956 for directions to the trail head.

Planning ahead: Kathleen Close, a TTA life member and long-time Highland Rim chapter member, is a ridge-runner on the Appalachian Trail in Georgia, and is responsible for a section of the trail which she hikes on a monthly cycle. She has invited us to join her on the trail for a three day backpacking outing, spending one night in a shelter and another at a hikers hostel. Tom Bentley, *htbentley@lighttube.net* or 931-273-6344, will be coordinating an outing which is tentatively scheduled for the weekend of March 26-28.

Planning ahead: Our chapter has set aside the 5th Saturday of a month as a workday at Short Springs SNA. The workdays for 2010 will be May 29, July 31, and October 30.

Tip: Avoid cotton clothing as "cotton is rotten" and "cotton can kill" when outdoors in cooler temperatures. Cotton dries slowly and won't keep you warm when you get wet, while wool, fleece and other synthetics will. Reconsider wearing jeans if rain is predicted – they weigh too much and take forever to dry.

JACKSON CHAPTER

CHAPTER CHAIR: Glen Rognstad 731-217-5966
jackson@tennesseetrails.org
TREASURER: Anne Goodson 664-1556
jacksontreas@tennesseetrails.org
SECRETARY: Don Dresser 731-668-4190
jacksonsecy@tennesseetrails.org
OUTINGS COORDINATOR: Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org

(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 2nd Monday at Perkins Restaurant, 999 Vann Drive in Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 7:00 pm

Feb 8 - Monthly Meeting. Meet at Perkin's Restaurant on Vann Drive. We will eat at 6:00 pm CT. and the meeting will start at 7:00 pm. We'll be finalizing our hiking calendar for the first half of 2010. Please contact Candy Higgs at *chiggs_3@yahoo.com* or 731-695-1960 for additional information.

Feb 13 – Multi-Chapter Hike - Red Leaves Trail, Natchez Trace State Park. 8 miles. Moderate. Joint hike with the Memphis Chapter. We will hike an 8-mile section of the Red Leaves Trail south of I-40 from Cub Lake to Pin Oak Lake. A car shuttle is required. This little used, but clearly marked section of the trail is rugged and muddy in places. The hike is rated moderate with a few elevation changes. It begins and ends with easy half mile hikes along the edges of two beautiful lakes. We will meet at the park headquarters. For additional information and registration, please contact Dick McKeem at *sprucemountain@eplus.net*

Planning Ahead:

Mar 6 -- Red Leaves South, Natchez Trace State Park

March 8 - Monthly Meeting

Mar 20 - Fort Pillow State Historical Park

Mar 27: Land Between the Lakes - Fort Henry

QUARTERLY BOARD OF DIRECTORS MEETING Saturday, February 6 1:00pm CT

TTA's Board of Directors will be meeting at 1:00 p.m. CT on Saturday, February 6, 2010 in the Community Room at REI in Nashville (Brentwood), TN. **ALL** TTA members are invited and encouraged to attend. If you cannot attend and have an item you wish presented, forward your proposition prior to February 6 to your local Chapter Chair or Regional At-Large Director. REI's address is 261 Franklin Road, Brentwood, TN which is located ½-mile south of the intersection of Old Hickory Boulevard and Franklin Road. This intersection is 0.3-mile west of I-65 at exit 74 (8 miles south of Nashville). For a map, visit: www.rei.com/map/store/64

DON'T Leave Home Without It

What good will a green plastic credit card do you 20 miles from the nearest paved road? What do you really need when out away from civilization?

Experienced outdoor enthusiasts know what items are most important to bring - even for short walks or hikes out of base camp. The "10 Essentials" are items that cannot be improvised from materials lying on the forest floor. To be found without these few items, even only a few miles from car, camp or cabin, can spell disaster. The "Ten Essentials" are the end-product of years of hard-won experience. They are intended to help outdoor enthusiasts avoid getting into trouble in the first place, and, if that doesn't work, to minimize the damage.

The standard list of 10 essentials varies slightly depending on which source you go to. For example, the Boy Scouts, Sierra Club, and The Seattle Mountaineers', each have their own lists, yet they all incorporate the same basic items.

The following list is not to be considered cast in concrete - each outdoor enthusiast should customize his or her own kit for the barest minimum of supplies. Note that the first three items are for finding your way, the second three are for your protection, and the last four are for emergencies.

- Map
- Compass
- Flashlight, extra batteries and bulb
- Hat, sunglasses, bug repellent, gloves
- WATER!!! And a way to purify water. Extra food.
- Clothing: raingear, socks, sweater, space™ blanket
- Matches / lighter, candle / fire starter
- Mirror, whistle
- Pocket knife
- 1st aid kit: moleskin, antibiotic ointment, medications.
- Always tell someone else your hiking plans
- Use your common sense

By avoiding unnecessary problems and dangers you will save on your own personal wear and tear, and probably get back home in one piece. However, if something does come up, at least you know you've got those 10 important items stowed away in your pack.

MEMPHIS CHAPTER

CHAPTER CHAIR: Margaret Smith 901-210-6097
memphis@tennesseetrails.org

VICE-CHAIR: Francis Ruffin 901-396-1108
memphisvice@tennesseetrails.org

MEETS MONTHLY: (Sep – May) 3rd Thursday at 7:00 pm CT at
Cordova Library, 8457 Trinity Rd.

Feb 6 - T.O. Fuller State Park. 5-6 miles. Moderate.

The Park is located in Shelby County within the southern limits of the City of Memphis, three miles west off of Highway 61 South (Third Street). The hike will cover 5-6 miles of moderate to rugged terrain with some wetland. The trail includes part of the Discovery Trail of the Chucalissa Indian Village. The hike will begin at 9:30 am CT. We will break for hot chocolate! Bring water and a snack. Rain will cancel the hike. For further information call hike leader Francis at 901-396-1108. Directions: From East, take I-40 West to I-240 West to I-55 North, Exit 9 (Mallory Ave). Go 200 ft east on Mallory, turn right at the big green Rivergate sign. Follow brown signs into park.

Feb 13 – Multi-Chapter Hike - Red Leaves Trail, Natchez Trace State Park. 8 Miles. Moderate.

Registration Required. This is a joint hike with the Jackson Chapter. For hike details, see the Jackson Chapter listing. To register for hike, call Gloria at 901-213-0604

Feb 18 - Monthly Meeting - A Turkish Delight. Carolyn and Woody Pierce will present a travelogue on their Sept-Oct 2009 trip to Turkey. Come and enjoy photos, a bit of history and culture of this incredible country, a democratic republic, bordered by Islamic states. Spending an entire week with a Turkish host couple in Cesme, a lovely resort town on the Aegean Ocean, they experienced Turkish life through daily activities arranged by the host, including visits to city of Izmir and archaeological sites such as Ephesus. From the Aegean Coast they headed south to the Mediterranean city of Antalya, then north and inland for visits to Konya and a performance of the Whirling Dervishes. The area of Capadoccia proved as unique in formations as Bryce Canyon in the US, only it had underground cities. On to Ankara, the modern and capital city of Turkey and lastly, the Jewel of the Bosphorus, Istanbul, topped off with a visit to the Prince Islands in the Sea of Marmara.

Feb 20 - Randolph Bluff, 1st Chickasaw Bluff Exploratory Hike. 198 Ballard Slough Road, Drummonds, TN. 7 miles. (12 miles north of Millington Wal-Mart) Meet Graydon at 9:00 am CT for a 7-mile walk on the North River Trail along the Mississippi River which is part of the new Scenic By-way, Great River Road. Another option is the .7-mile South Loop Trail to the spring. Directions: from Millington take Hwy 51 North to Wilkinsville Road, left 7 miles, left on Drummonds Road, .6 mile (at water tower), right on Glen Springs Road 4.3 miles, left on Ballard Slough Road .1 mile 2nd stop sign

Pull in second drive on left at Blue A-Frame house. For additional information contact Graydon Swisher at 901-737-3114 or *go2swish@bellsouth.net*

Feb 27 - Shiloh National Military Park Compass Hike. 9 miles. Strenuous. REGISTRATION REQUIRED.

Join the fun for a compass hike (compass required for each individual). Meet at Ed Shaw's Cafe at 9:30 am CT. Bring water, compass, and snacks/lunch and be prepared for 9 miles of bushwhacking through the forest. This is a rugged cross-country hike with thick undergrowth. You may choose to hike with a buddy or in a group but not alone. Wear long pants and boots or good leather shoes. After the hike our group will meet for a fabulous catfish dinner. To register for the hike, call Woody Pierce at 901-755-5635.

Tip: Avoid cotton clothing as "cotton is rotten" and "cotton can kill" when outdoors in cooler temperatures. Cotton dries slowly and won't keep you warm when you get wet, while wool, fleece and other synthetics will. Reconsider wearing jeans if rain is predicted – they weigh too much and take forever to dry.



Tip: Dehydration is serious. Drink a lot of water – more than you feel you need. One of the first signs of dehydration is a headache. If you become hydrated, you must slow down immediately and get re-hydrated.

Carpool Etiquette

Gasoline prices have continued to roller coaster up and down. Please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it'll save time and prevent the inconvenience of having to stop to locate change).

Your driver is not a chauffeur. Assist him or her by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing.

All passengers must wear seat belts to minimize the risk of injury in case of an accident. ***The drive to and from a trailhead is generally the most dangerous part of any hiking trip.***

MURFREESBORO CHAPTER

CHAPTER CHAIR: Millette Jones 615-397-9588
murfreesboro@tennesseetrails.org

OUTINGS COORDINATOR/BOARD REPRESENTATIVE:
Tony Jones 615-397-4463
murfreesborohikes@tennesseetrails.org

(Call Tony & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT
Barfield-Crescent Park's Wilderness Station
697 Barfield-Crescent Rd., Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Feb 6 - Rainbow Mountain, Madison, AL. 3 miles. Moderate. Rainbow Mountain (1,136 feet) is a Huntsville Land Trust property. Bob Goodwin and Sandra Parker will lead this hike which will include views of the Tennessee Valley and interesting rock formations. The trail is in good to fair condition, and very rocky and uneven in some places. There will be a 360 foot elevation gain over a mile and a half. After our hike we will have lunch at a local restaurant. We will leave from the Cracker Barrel on Church Street at Interstate 24, Exit 81 in Murfreesboro at 8:00 am CT. Distance from the meeting place to Rainbow Mountain is about 90 miles. For more information and to register for the hike, please contact Bob Goodwin at CAMEL40@earthlink.net or 256-564-8417.

Feb 9 - Monthly Meeting. Our own members Ann Ford and Lynda Strickland will be presenting their 2006 trip to Machu Picchu, Peru. All are welcome to attend.

Feb 13 - Multi-Chapter Hike - Virgin Falls, DeRossett, TN. 8-10 miles. Strenuous. See hike description under the Highland Rim Chapter listing. Call Nora at 931-668-1870 to pre-register and to get meeting time and location information.

Feb 13 - Multi-Chapter Hike - Joe Wheeler State Park Resort, Rogersville, AL. 4 miles. Moderate. This is a multi-chapter hike with the Columbia chapter. There are two separate trails which will include views of Wheeler Lake and the Tennessee River. The first trail is moderate and will have several elevation changes from 50-90 feet. After the first part of our hike we will have lunch at the park restaurant. Then we will continue our hike in another part of the park. The second trail is easy, much shorter, and has minimal elevation changes. After the last hike we will drive over Wheeler Dam to a lookout where you can see the Wheeler Dam and Wilson Lake. We will leave from the Murfreesboro Sam's Club overflow parking lot next to Hardees at 7:45 am CT. Distance from Sam's Club to Joe Wheeler State Park Resort is about 120 miles (all Interstate except last 30 miles,-about 2 hours total). For more information and to register for the hike, please contact Bob Goodwin at CAMEL40@earthlink.net or 256-564-8417.

Feb 20 - Land Trust Railroad Trail, Monte Sano State Park, Huntsville, AL. 3.5 miles. Moderate. Bob Goodwin and Sandra Parker will lead you along an old railroad bed which went from downtown Huntsville, AL to nearby Monte Sano. You will see the remains of trestles and other parts of this historical railroad. There are several historical markers which discuss the evolution of this unique line. There are many interesting rock formations and more to see. There will be minimal elevation gains. After our hike we will have lunch at a local restaurant. We will leave from the Cracker Barrel on Church Street at Interstate 24, Exit 81 in Murfreesboro at 8:00 am CT. Distance from the meeting place to the trail head is about 90 miles. For more information and to register for the hike, please contact Bob Goodwin at CAMEL40@earthlink.net or 256-564-8417.

Feb 27 - Multi-Chapter Hike - Fiery Gizzard, South Cumberland State Recreation Area, Tracy City, TN. 9.7 miles. Difficult. This is a joint hike with Soddy-Daisy and will begin at the Grundy Forest Picnic Area (about 3 miles from the South Cumberland Visitors Center) at 8:30 am CT. It is described as one of the most beautiful and diverse in Tennessee, but rugged and difficult. The terrain in the gorge is extremely rocky. We will see waterfalls, Chimney Rocks, and a 500 year old hemlock before beginning the steep climb o the spectacular view from Raven's Point. We will return via the Dog Hole Trail along the rim of the gorge and back down to the main trail for a total of 9.7 miles. We will meet at the Cracker Barrel at exit 81 in Murfreesboro location at Church St. at 7:30 am CT. For information or to register contact Sara Pollard at 615-714-3610 or spollard@mtsu.edu.

Planning Ahead-

Mar 6 - Stone Door/Big Creek Rim with Ron Dunn

Mar 9 - Monthly Meeting. Bob Goodwin will present the second part of his trip out west (Colorado area)

TWRA'S NEW TENNESSEE WATCHABLE WILDLIFE WEB SITE NOW AVAILABLE

The Tennessee Wildlife Resources Agency has released its new Watchable Wildlife Web site, which was developed in partnership with the Tennessee Wildlife Resources Foundation. The address for the Website is www.tnwatchablewildlife.org. The new Web site features a wide range of information on wildlife and wildlife watching. The site was officially launched on Jan. 12. The Web site has information on the birds of Tennessee where the user can easily search the birds of Tennessee by habitat, color, use of backyards or feeders, among other search options. In addition, users will be able to read about the birds of Tennessee, see pictures, hear songs and calls, and find places to see them. Descriptions of more than 165 places to watch wildlife in Tennessee have been developed with information about the site, habitat, wildlife to observe, and detailed directions where the user can employ Google maps, and more.

NASHVILLE CHAPTER

CHAPTER CHAIR:

Libby Francis

nashville@tennesseetrails.org

OUTINGS COORDINATOR:

Libby Francis

nashvillehikes@tennesseetrails.org

(email Libby & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI

Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php

CHAPTER NEWS: For the eighth time! It's a wrap . . .

THANK YOU to the following gift-wrapping Elve\$ who generously volunteered their time to help with wrapping Christmas gifts for REI's customers on December 12 and 20 while at the same time introducing many of them to TTA, the Cumberland Trail, hiking and trail building opportunities in Tennessee. Each "Elf" was asked to commit to a 2-hour shift; however, due to the large volume of customers wanting to have their gifts wrapped, several "Elve\$" stayed on an extra hour or two. In exchange for the beautifully wrapped and creatively decorated packages, TTA received donation – a total of \$450.00 dollars! Donation\$ received have been earmarked for use by the CTC to feed the student volunteers who come to Tennessee in March and participate in the 2010 Spring BreakAway program on the Cumberland Trail (where they will be building a new segment of trail). Thanks to the following "Elve\$" for your commitment to TTA, CTC and our future trail system in TN: **Nora Beck, Doug Burroughs, Libby Francis, Dorothy Lesch, Jenice and Jim Johnson, Sue Lefferts, Diane Manas, Kate Perry, Dianna Richter, Garnett Rush, Amy Sutton, and "J.W."** A special thanks to **Tony Hook**, CTC's General Manager, for spending so much time on December 20 at the TTA booth talking to prospective members and answering all of the inquiries about the Cumberland Trail. You were a huge help! This was the 8th year that TTA-Nashville has wrapped gifts at REI and it continues to be overwhelmingly well-received by their customers and quite \$ucce\$\$ful for Tennessee Trails Association, so . . .

A special note of thanks to REI...for inviting us into your store during the busiest and most hectic time of year, and for your continued support of Tennessee Trails Association and the Cumberland Trail!

Feb 6 - Southwest Loop, Montgomery Bell State Park, Dickson, TN. 6.9 miles. Moderate. Pass by pits from an old iron-ore mine, a historic cabin, a local cemetery, Hall Spring, Lake Woodhaven and Creech Hollow Lake. Bad weather will cancel this hike. Call Nancy or e-mail to register, 615-319-8811 or njuodenas@hotmail.com

Feb13 – Work Day, Beaman Park, Nashville, TN. Boardwalk construction work day, 9 am CT to noon. Join us as we continue construction on a 350 foot long boardwalk to provide an ADA accessible route into the woods for folks who want an easier way to see the forest. Tools, training and refreshments provided. Call the Beaman Park Nature Center (5911 Old Hickory Blvd) for directions and more info, 615-862-8580.

Feb 13 - Hidden Springs Trail, Cedars of Lebanon State Park, Lebanon, TN. 4.5 miles. Easy. Cedars of Lebanon SP is located in an area comprised of the largest stand of Eastern Red Cedar remaining in the U.S. We will be walking through a "Cedar Glade," rocky barrens with thin soil that is extremely dry and a home to many unusual plants not normally found in Middle TN. Although thin and rocky, the terrain on this hike is pretty much flat for the entire 4.5 miles of this hike. Along the way, we will pass several sinkholes and small cave-like openings. We may also see some of the wild turkey and/or deer. Dress appropriately for the weather, and bring snacks, water and lunch. We'll meet at 9:30 am CT at the park's visitor center. For information and/or to register, call Diane Manas at 615-351-6431.

Feb 14 - Hidden Springs Trail, Cedars of Lebanon State Park, Lebanon, TN. This will be a repeat of the hike above; however, we will meet at 1:00 pm CT at the park's visitor center.

Feb 20 - Savage Day Loop, North Rim and North Plateau Trails, Tracy City, TN. 9.5 miles. Easy to Moderate. The hike is rated easy for terrain and moderate for distance. There are several nice overlooks. Wear sturdy boots, and bring water, lunch and money for carpooling. For more information and to register contact Garnett Rush at 352-7217 or e-mail rushga01@yahoo.com

Feb 23 - Monthly Meeting. Jonathan Schmidt is a personal trainer, so he knew what he had to do to prepare for Primal Quest 2009. That adventure race took him and his teammates over more than 600 miles of trekking, biking, orienteering, paddling, climbing, caving, and (very little) sleeping in the Badlands and Black Hills of South Dakota this past August. Come and hear about his exploits and how he trained for this extraordinary test of stamina and endurance. Bring a friend, and stay for refreshments and time to socialize after the program.

Feb 27 - The Nashville City Cemetery, Nashville, TN. 2 miles. Easy This easy morning walk is truly a walk through Nashville's history. The gravestones tell the stories of individuals and families from the 1820s to the present day. Enjoy the hour walking the paved trails through the newly restored cemetery and learning some of its history in the process. We will also be able to observe the Master Gardeners of Nashville trimming the boxwoods. The cemetery is located at 1001 Fourth Avenue South. Please contact Judy Matter, 615-485-7617 or jmatter@comcast.net to register and get additional information.

NORTHWEST Chapter

(UT at Martin / Weakley County)

CHAPTER CHAIR: Bob Peckham 731-587-6562
northwest@tennesseetrails.org

TREASURER: Sandy Davis 731-587-9134
northwesttreas@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT during the academic year (Feb-Apr and Sep-Dec) on the UT Campus in the Paul Meek Library, Rm 120, Media Services B1

Hike plans were not finalized at press time. Please contact Bob Peckham for further information.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-456-6437
plateau@tennesseetrails.org

SECRETARY/TREASURER: Jim Grove 931-484-7900
plateausecy@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:30 pm CT
Art Circle Public Library Community Room,
154 East 1st Street, Crossville

BLOG: *www.tennesseetrails.org/blog/plateau*

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at (931) 484-9152 or visit the Plateau Chapter Blog at *www.tennesseetrails.org/blog/plateau* Rain cancels.

Feb 11 - Monthly Meeting. Chocolate and dessert social. Let's plan our spring hikes while sampling the potluck of desserts.

Feb 13 - Stinging Fork and Piney Falls, Grandview and Spring City, TN. 6 miles. Moderate. These two hikes are being combined to give a total hiking distance of about 6 miles. Piney Falls is a 3 mile round trip hike that features the 80 foot tall Upper Piney Falls. The trail goes to the bottom of the falls along a sandstone cliff. If you want to get close to the bottom of the falls, be prepared to do some rock hopping. Stinging Fork State Natural Area is about 10 miles from Piney Falls and features a 35-foot waterfall and cascade at the end of a 1 ½ mile trail. Due to the elevation changes and possibility of slick rocks, the hike is rated moderate. Meet at the Meet at the visitor center at Cumberland Mountain State Park at 8 am CT. For more information and to register, contact Ginger Cass at 931-788-1466.

Feb 20 - Laurel Falls, Dayton, TN. 5 miles. Moderate. This section of the Cumberland Trail follows an old railroad bed along Richland Creek and gradually gains elevation until the trail forks. The east leg leads to 80-foot high Laurel Falls. The trail gains elevation and requires a steep climb, including climbing over and around rocks, in order to get to the falls. Meet at the visitor center at Cumberland Mountain State Park at 8 am CT. For more information and to register, contact Karla Miller at 931-707-5502 or by e-mail at *karla2957@gmail.com*.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: Brandy Selman (423) 544-9608
soddydaisy@tennesseetrails.org

TREASURER: Jan Agee (423) 504-3581
soddydaisytreas@tennesseetrails.org

OUTINGS COORDINATOR: Don Deakins (423) 842-3140
soddydaisyhikes@tennesseetrails.org
(Call Don & volunteer to lead an outing)

MEETS QUARTERLY: 1st Monday of Jan, Apr, Jul & Oct at 6:00 pm in Soddy Daisy's Municipal Building

SCHEDULE: See a comprehensive up-to-date schedule at *www.tennesseetrails.org/blog/soddydaisycalendar*

BLOG: *www.tennesseetrails.org/blog/soddydaisy*

Feb 6 - GPS exercise at Prentice Cooper 3.1 miles. Meet at main trail head in Prentice Cooper. Caravan to Davis Pond parking area (N35 04.911 W85 25.793) on Pot Point Road where hike begins. Hike through woods to Raccoon Mountain Overlook located at N35 04.445 W85 26.2184 which is approximately 1.1 miles straight line distance from Davis Pond. After a break at Raccoon Mountain Overlook, hike approximately 1.3 miles straight line distance through woods to McNabb Gulf Campsite located at N35 04.445 W85 26.218. A .7 mile return to Davis Pond at N35 04.911 W85 25.793 completes the loop. Expect rugged terrain. GPS device not required to participate. Contact Don Deakins at (423) 842-3140 or *don.deakins@gmail.com* for more info.

Feb 13 - Cloudland Canyon, Rising Fawn, GA. 5.8 miles. Easy. Meet in East Rim Overlook/Day Use parking area at 10 am ET. Plan on taking in the views from the East Rim overlook, followed by a hike along the 4.8 mile West Rim Loop Trail. This trail is an easy walk along the canyon, with minimal elevation changes, and numerous overlooks. A great beginner hike, so if you haven't been hiking lately, this is a great hike to get back into the groove. Once back at our starting point, hikers will have an option to take the spur trail to the bottom of the two waterfalls or call it a day. The trail to the falls is actually a staircase of over 400 stairs and is a half mile in distance. Total mileage for the day should be around 5.8 miles and length of time on the trails depends on how much sight-seeing we do along the way, but should be around 3.5 hours. Entry to Cloudland Canyon State Park is free, but there is a \$3.00 per vehicle parking fee, and as always carpooling is encouraged. Following the hike, if anyone is interested, we can stop by Cracker Barrel in Lookout Valley to refuel. Also, if anyone is interested, we can meet at Soddy Daisy Bi-Lo parking lot at 8:45 and caravan to the trail. To register, please call Brandy Selman at (423)544-9608 or email at *chatttowngrll@gmail.com*

Feb 20 - Bridal Veil Falls, Sewanee, TN. 3 miles. Moderate to Strenuous. Meet Larry Cook at Food Lion parking lot on Browns Ferry Road at 9:00 am ET. (Take I-24 west from Chattanooga, exit on Browns Ferry Road, turn right and go 1/4 mile to Food Lion on left.) The Arcadian Trail is a 3 mile loop, beginning and ending at Morgan's Steep, in Sewanee, and goes by Bridal Veil Falls. Bridal Veil Falls appears from the side of the mountain, cascades 25 feet or so down a limestone cliff, drops about 25 feet more, and then disappears into a sinkhole. The hike offers views of many interesting geological formations; there are several sinkholes and caves below the falls. The hike to Bridal Veil Falls from Morgan's Steep is moderately strenuous coming back up because of the 400-foot change in elevation. Contact Larry Cook at (423) 933-4128 or *larry@northchick.org* for more info

Feb 27 - Multi-Chapter Hike - Fiery Gizzard, South Cumberland State Recreation Area, Tracy City, TN. 9.7 miles. Difficult. Meeting time 9:30 ET at trailhead. Contact Lora Smith at (423) 554-3386 or *l.smith@tencate.com* for more info or to arrange a caravan which can meet at Dunlap Save-a-Lot on Highway 111. This is a joint hike with the Murfreesboro chapter.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS:

Thomas & Debra Obrock 615-826-7459
sumner@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT

First Presbyterian Church
172 West Main Street, Hendersonville

Feb 2 – Monthly Meeting.

Sunday, Feb 7 - Bells Bend Park, Ashland City, TN. 3-4 miles.

Easy. Afternoon hike at Bells Bend Park near Ashland City. This is a beautiful park on the banks of the Cumberland River. We may get lucky and be able to spot a pair of whooping cranes that have visited the park in past winters. We'll walk about 3-4 miles on gently rolling terrain. The trails here are mown paths-not packed dirt-therefore they can be muddy and soggy after wet weather. Meet at 12:15 pm CT at the Kroger parking lot (Glenbrook Shopping Center off New Shackle Island Rd. in Hendersonville). Please bring water and snacks. Bad weather will cancel. Questions? Email Anne Wesley at ttahiker@msn.com or call (615) 851-1052.

Feb 13 - Lock 4 Trail, Old Hickory Lake, Gallatin, TN. 4-5 miles.

Easy. In this instance, trail refers to bike trail so we will yield the right of way and walk 4 or 5 miles alongside Old Hickory Lake near Gallatin. This hike is rated easy. Sneakers or walking shoes should be OK for this one. Meet at First Presbyterian Church, Main St. in Hendersonville at 9 am CT or at the trail head at the end of Lock 4 Rd. at 9:45 am. After the hike we will have lunch at Larriviers On the Square in Gallatin. To register or for further info call James Horton at (615) 589-6739 or jamesh31@comcast.net.

Feb 27 – Multi-Chapter Hike – Indian Town Bluff, Ashland City. 5 miles.

Moderate. Joint hike with the Clarksville Chapter, led by John Sneed. On the National Register of Historical Places, Indian Town Bluff was populated by Aborigines dating back to circa 100 AD, then in later centuries by Chickasaw and Shawnee Indians. The bluff is located at the confluence of the Cumberland and Harpeth Rivers with great views of both. We will visit an Indian cemetery. Hike is 5 miles long and rated moderate with some difficult sections. Wear boots and pack a lunch and water. Meet at First Presbyterian Church in Hendersonville at 8:00 am CT or the Ashland City Courthouse at 9 am. To register or for further info call Al Ballenger at (615) 347-2623 or Ballallenger@aol.com

Feb 27 – Multi-Chapter Work Day, Collins Gulf.

See listing under Highland Rim Chapter for details. We'll meet at 7:45 am CT to drive to Gruetli Laager, TN to meet everyone at 10:00 at the trailhead. Everyone must pre-register with Anne Wesley no later than Thursday, Feb 25. Please come support this service project. Contact Anne at ttahiker@msn.com or (615) 851-1052.

ATTENTION HIKE COORDINATORS (aka Hike Leaders)

A TTA Release of Claims & Hold Harmless Agreement form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded from our website: www.tennesseetrails.org/release.php

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR:

Louise Miniard 931-528-9115

Feb 6 - Collins Gulf Loop/Horsepound Falls, Savage Gulf State

Natural Area, Palmer, TN. 13 miles. Strenuous. Highlights of this hike include Horsepound and Suter Falls, numerous overlooks, and the historic Stagecoach Road built in the 1830s. We will descend into the gulf along the Collins Gulf Trail to Suter and Horsepound Falls. (Those wanting a shorter hike can return to the beginning from Horsepound Falls for a moderate hike totaling 5 miles). We will continue by ascending from the gulf on the Stagecoach Road and following the Collins Gulf loop to the beginning. Bring hiking boots, snacks, water, and lunch. You can meet us in the Penney's parking lot in Cookeville at 7:00am CT or at the US Bank across from McDonald's in Sparta at 7:30 am. For information and to register contact Richard Savage at (931)-526-2035 or savage_richard@hotmail.com

Feb 13 - Sheltoewe Trace, Gobbler's Arch, and Mark Branch Trails, Big South Fork NRR, Stearns, KY. 8.3 miles.

Moderate to Strenuous. We will descend the Sheltoewe Trace Trail to Mark Branch Falls - a 50 foot waterfall. Below the falls the trail crosses Mark Branch about 15 times. We will turn on the Gobbler's Arch Trail which features a nice overlook and Gobbler's Arch. We will then follow the Mark Branch Trail back to the Sheltoewe Trace which we will follow back to the beginning. You can meet us in the Penney's parking lot in Cookeville at 7:00 am CT. Bring water, snacks, lunch, and sturdy hiking boots for water crossings. For information and to register contact Mary Jane Ware at (931)-261-4222 or mjhike@bellsouth.net, or Kathleen Sullivan at (931)-520-6294 or ksully@frontiernet.net.

Feb 20 - Savage Gulf History Hike, Savage Gulf State Natural Area, Beersheba Springs, TN. 11 miles. Strenuous.

We will descend into the gulf through the Stone Door and then follow the Connector Trail to its intersection with the Stagecoach Road. We will then follow the Stagecoach Road to the site of the Savage Gulf School and Savage Gulf Cemetery. We will then follow old roads to the Catur Savage cabin and along Big Creek to the lower sink of Big Creek before ascending to meet the Connector Trail and return to the beginning. Bring hiking boots, water, snacks, and lunch. You can meet us in the Penney's parking lot in Cookeville at 7:30 am CT or at the US Bank across from McDonald's in Sparta at 8:00am. For information and to register contact Richard Savage at (931)-526-2035 or savage_richard@hotmail.com.

Feb 27 - Spicewood and North Old Mac Trails, Frozen Head State Park, Wartburg, TN. 9 miles. Strenuous.

This hike to Frozen Head Mountain, one of the highest peaks in the Cumberland's, features nice views. We will ascend the mountain on the Spicewood Trail and descend using the North Old Mac Trail. The hike is 9 miles and is rated strenuous because of an elevation change of almost 2000 feet. Bring hiking boots, snacks, water, and lunch. You can meet us at 8:00 am CT in the Penney's parking lot in Cookeville. For information and to register contact Gary Kimbrell at (931)-215-8143 or gkimbrell@tbf.com.

OFFICERS:

President		
Don Dresser	731-668-4190	<i>president@tennesseetrails.org</i>
Vice-President		
Millette Jones	615-397-9588	<i>vicepresident@tennesseetrails.org</i>
Treasurer		
Jan Agee	423-504-3581	<i>treasurer@tennesseetrails.org</i>
Secretary		
Carolyn Miller	931-456-4465	<i>secretary@tennesseetrails.org</i>
Past President		
Rosemary Marshall	865-548-6171	<i>pastpresident1@tennesseetrails.org</i>
Previous Past President		
Anne Wesley	615-851-1052	<i>pastpresident2@tennesseetrails.org</i>
West TN At-Large Director		
Graydon Swisher	901-737-3114	<i>westregional@tennesseetrails.org</i>
Middle TN At-Large Director		
Nora Beck	615-517-6486	<i>middleregional@tennesseetrails.org</i>
East TN At-Large Director		
Joe Matlock	865-354-6101	<i>eastregional@tennesseetrails.org</i>
Membership Director		
Ron Dunn	615-867-3301	<i>membership@tennesseetrails.org</i>
Cumberland Trail Conference Representative		
Ray Garrett	865-483-4466	<i>CTC@tennesseetrails.org</i>
TN Rails To Trails Advisory Council Representative		
Bob Richards	615-532-0753	<i>TRAC@tennesseetrails.org</i>
CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER		
Newsletter Editor		
LouAnn Partington	931-393-4835	<i>editor@tennesseetrails.org</i>

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Feb 10	Mar 1
Mar 10	Apr 1
Apr 10	May 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

TTA CALENDAR

The following dates in 2010 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

FIRST QUARTER

Feb 6	Board of Directors Quarterly Meeting (REI, Brentwood)
Feb 21-27	CTC's Spring BreakAway, Week 1 in North Chickamauga Gorge (Soddy-Daisy)
Feb 28-Mar 6	CTC's Spring BreakAway, Week 2 in North Chickamauga Gorge (Soddy-Daisy)
Mar 7-13	CTC's Spring BreakAway, Week 3 in North Chickamauga Gorge (Soddy-Daisy)
Mar 14-20	CTC's Spring BreakAway, Week 4 in North Chickamauga Gorge (Soddy-Daisy)
Mar 21-27	CTC's Spring BreakAway, Week 5 in North Chickamauga Gorge (Soddy-Daisy)
Mar 27	Earth Hour - 8:30 pm local time

SECOND QUARTER

Apr (tbd)	TDEC's Natural Areas Week (Statewide)
Apr (tbd)	Trail Building on the Cumberland Trail
Apr 22	Earth Day 40th Anniversary
May (tbd)	Trail Building on the Cumberland Trail
May 1	Board of Directors Quarterly Meeting (Location TBA)
May 20-23	Southeastern Foot Trails Coalition Conference (DuBose Conference Center, Monteagle, TN)
Jun (tbd)	Trail Building on the Cumberland Trail
Jun 5	National Trails Day (Statewide)

THIRD QUARTER

Aug 7	Board of Directors' Quarterly Meeting (Location TBA)
Sep (tbd)	Bike Ride Across Tennessee (B.R.A.T.) Proceeds Benefit the Cumberland Trail
Sep 25	National Public Lands Day (Statewide)

FOURTH QUARTER

DATE (TBD)	Annual Meeting (Location TBA) hosted by Jackson & Memphis Chapters
Nov 14-17	American Trails National Symposium (Chattanooga, TN)

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED

First Class Mail
U.S. Postage Paid
Nashville, TN
PERMIT NUMBER 4053



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.

To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.

PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM ...

- A NEW MEMBER**
- RENEWING MY MEMBERSHIP**

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Ron Dunn 615-867-3301 membership@tennesseetrails.org

Feb 10

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

- ___ Individual \$25.00
- ___ Family \$35.00
- ___ Student (FULL-TIME) \$15.00
- ___ Supporting (\$50.00, \$100.00 or more)
- ___ Life Member (Individual) \$500.00
- ___ Life Member (Family) \$750.00

Name _____

Address _____

City _____ State _____

Home Phone (____) _____ Zip _____ -- _____

Work Phone (____) _____

e-mail _____

Please do not list my e-mail address in the TTA Annual Membership Directory

Please list me with the following chapter:

- | | | | |
|-----------------------|--|-------------------------------------|----------------------|
| ___ Big South Fork | ___ Dyer County | ___ Murfreesboro | ___ Sumner Trails |
| ___ Clarksville | ___ East TN(Oak Ridge/Knoxville) | ___ Nashville | ___ Upper Cumberland |
| ___ Columbia/Franklin | ___ Highland Rim(Coffee & Franklin Counties) | ___ Northwest(UT at Martin/Weakley) | (Sparta/Cookeville) |
| ___ Cove Lake | ___ Jackson | ___ Plateau(Crossville) | |
| ___ Cumberland Gap | ___ Memphis | ___ Soddy Daisy | ___ At Large |

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: CTC. and TRAC. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie, and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend all TTA/CTC/TRAC functions.