

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



MAKE A MILE

THE GOAL OF THE AUCTION WILL BE TO RAISE
ENOUGH MONEY TO BUILD A MILE OF TRAIL

\$7,128.00 / MILE

OR

\$1.35 / FOOT

WHETHER YOU ARE IN FOR A FOOT
OR IN FOR A MILE
YOU CAN HELP TTA REACH THIS
"MILESTONE"

MAIL A **CONTRIBUTION** WITH THE
ENCLOSED FORM

OR

JOIN US AT THE ANNUAL MEETING AND BUY
BAKED GOODS
WHITE ELEPHANTS
AND LOTS OF THE GREAT ITEMS IN THE
SILENT AND LIVE (LY) AUCTION
(DON'T LIKE TO BID, EAT OR HAVE PACHYDERMS
LAYING AROUND?)

JUST BRING A **CONTRIBUTION**!

CUMBERLAND TRAIL CONFERENCE

CUMBERLAND TRAIL CONFERENCE STAFF:

General Manager..... Tony Hook.....tony.hook@frontiernet.net

Office Manager..... Marleya Pendleton...marleyapendleton@frontiernet.net

Office Location..... 19 East 4th Street
..... Crossville, TN 38555
Office Hours..... 8am-5pm
Phone: 931-456-6259
Fax: 931-456-4934
Email: cumberlandtrail@rocketmail.com
Website: www.cumberlandtrail.org

CTC Schedule

SEE YOU AT THE ANNUAL MEETING

BIG SOUTH FORK CHAPTER

CHAPTER OFFICER: Jim Meadows
423-628-6475 jhnmhm@highland.net
SECRETARY / TREASURER: Benita Howell
423-628-5521 bjhowell@highland.net
BOARD REPRESENTATIVES: Tim & Lynn Takacs
615-824-7048 lynnntakacs@comcast.net
or ttakacs@comcast.net
OUTINGS COORDINATOR Tom and Benita Howell
423-628-5521 tshowell11003@highland.net
(Call Tom & volunteer to lead an outing.)

Nov 14 Hike - Eat - Hike Around Rugby. Carrie Thornthwaite will lead the fall edition of this hike for anyone who would like to experience hiking opportunities in the green belt that surrounds the village of Rugby, TN. Total distance, divided into several segments, is about 8.5 miles, rated moderate because of some steep climbs and stream crossings, but there are several points where you can return to the village without completing the entire hike. Dress appropriately for the weather and bring water, snacks, and bug spray if we haven't had a good frost. We'll stop for lunch at Harrow Road Cafe, or bring your own. Meet at 9:30 Eastern Time at the Cafe. For driving directions and other information about Rugby, visit www.historicrugby.org, or contact Carrie at carrie.thornthwaite@lipscomb.edu

Nov 28 Annual post-Thanksgiving afternoon hike TBA. Check the TTA web site for information.

COVE LAKE CHAPTER

CHAPTER OFFICER: Richard Helm
423-562-1110 Richard.Helm@ahss.org
CO-CHAIR: George Gill 423-562-7121

Nov 2 We will meet 6:00 p.m. @ The LaFollette Recreation Center located 201 S Ninth Street in LaFollette Tennessee. More information or contact Richard Helm 423-562-1110 Everyone is welcomed to attend.

Nov 1 Meet 2:00 p.m. @ Big Ridge State Park 2-3 miles. The hike is moderate. More information or contact Clyde and Sue Edgemon 865-494-0931

Nov 21 We will hike Cross Mountain! Meet 9:00 a.m. @ Bruce Gap parking lot. We will start from the bottom and work our way up. It is 3 miles moderate-strenuous. More information or contact Richard Helm 423-562-1110

CLARKSVILLE CHAPTER

CHAPTER OFFICER: Paul Schwab 931-645-9068
paulschwab@bellsouth.net
OUTINGS COORDINATOR: Suva Bastin 931-645-2849
(call Suva & volunteer to lead an outing)
MEETS MONTHLY: 3rd Tuesday, 7:00 pm CT at Crow Community Center, 211 Richview Rd. (Additional information: see our web site <http://hikeclarksville.homestead.com/>)

Nov 6th, 7th, & 8th Annual Meeting, Townsend, TN.

Nov 14 Prior Creek, Land Between the Lakes; John Sneed 931.920.3828; meet 8:00 a.m., Kroger parking area, Dover Crossing, Clarksville, TN.

Nov 21 Ft Donelson, Dover, TN; 6 miles, moderate; Bob Lyon 931.648.2354; meet 8:30 a.m., Kroger parking area, Dover Crossing, Clarksville, TN.

Nov 28 Rotary Park, Clarksville, TN; after Thanksgiving Hike; easy to moderate; Suva Bastin 931.645.2849; meet 9:00 a.m., first shelter on left after entering park.

Please call hike leaders to confirm hike time and meeting place.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER OFFICER: Bobby Hardeman 615-430-0638
puttr22@aol.com
MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31, north side of Spring Hill). Socializing and dinner at 6:00pm CT; meeting starts at 7:00pm.

Nov. 3 Monthly business meeting at Grand Buffet in Spring Hill, 7:00 pm. Program to be announced.

Nov. 21 Brenda Callahan will lead a hike on the Honey Creek Trail, Big South Fork National River & Recreation Area, Jamestown, TN. This spectacular 4.5-mile hike is rated difficult due to elevation change and rugged terrain. The trail crosses creeks and goes over and around huge boulders. The scenery is awesome and waterfalls abound-should be wonderful this year with all the rainfall. We'll stop for a long break on the "big flat rock". Departure from A&D Market at 6:30 AM. Register with Brenda at 931-987-0678; 931-446-1520 or register with Bobby Hardeman, 615-430-0638; puttr22@aol.com.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER OFFICER: Rosemary Marshall
865-548-6171 Rosemary_L@hotmail.com
CHAPTER CO-OFFICER: Allie Sasser Hubbs
865-494-9522 hike_announcement_etchapter@yahoo.com
ASSISTANT CO-OFFICER: Elise Eustace
865-712-1916 eliseus@hotmail.com
TREASURER: Bob Uhren
snowcap34@hotmail.com

NOV 6-8 TTA ANNUAL MEETING - We are excited about seeing all our hiking members and friends at this year's Annual Meeting at one of our favorite places, Townsend, TN (the quiet side of the Smokies). We will have 3 great hiking days with 15 hikes to choose from. Yes, I said 15! Originally, we had "The 14 Greatest Hikes in the Smokies" but we've added yet another wonderful hike.

Nov 7 Randy Hedgepath has volunteered to lead a hike in the Ft. Loudon SP. This hike will be about 30 miles from Townsend but Randy says it will be special. This is Randy's description for your review: Directions would be; take US 321 to Maryville and turn south on US 411 to Vonore and turn left on TN 360 toward the mountains. The park will be on the left. We will meet at the visitor center at 10 am eastern time. The walk will be a pretty trip thru woods and fields with nature interpretation along the way. The staff at the fort will be having an event called "Garrison Weekend", where period costumes and demonstrations can be seen and that will part of the agenda. The walk is easy and is about 4.5 miles.

Looking ahead to December

Dec 5 We'll hike the Rock Creek Gorge on the CT. Stay tuned for more details to come.

Dec 19 Let's get together for our Annual Christmas Dinner at one of Knoxville finest.

HIGHLAND RIM CHAPTER (Tullahoma Area)

CHAPTER OFFICER: H.T. (Tom) Bentley
931-455-5849 htbentley@lighttube.net
VICE PRESIDENT: Joette Carter 931-968-0073
OUTINGS COORDINATOR / NEWSLETTER CONTACT:
Contact Tom Bentley
MEETS MONTHLY: 1st Tuesday We eat at various places, this coming month is Ruby Tuesdays at 5:30 and meeting is at 7:00 at D. W. Wilson.

Nov 3 Monthly Meeting - No meeting this Tuesday due to the annual meeting in east TN.

Nov (6-8) - East Tennessee TTA Chapter will host the Annual Meeting event at the Valley View Lodge and Convention Center in Townsend TN. A few tent spots will be available. Rooms have been blocked out and the price is about \$60/night covering two (or more). For a registration form please look in your newsletters. The TTA website has more details of hikes, etc. [Tennessee Trails Association](http://TennesseeTrailsAssociation.com) For more information please contact Rosemary Marshall (865) 548-6171 rosemary_L@hotmail.com

Nov 15 Sipsey Wilderness - Jim and Marietta Poteet will lead a hike to the Sipsey Wilderness in north Alabama, the Bankhead National Forest. It will be a moderate to difficult hike of about 8 to 10 miles in length. The trail is moderate, but the length may be considered difficult. There is at least 1 stream crossing. Contact Marietta Poteet 931 924-7666 nannietta@blomand.net

Nov 27 "Walk it off Hike" after Thanksgiving @ Old Stone Fort Meet at 9:30. In coordination with Murfreesboro - Breakfast will be at the Manchester Cracker Barrel at 8:00(counter productive eh?) Spend some time at the Museum if you haven't done so and hike along the scenic Duck rivers. Contact Tom Bentley 455-5849 htbentley@lighttube.net Coordinator for details.

JACKSON CHAPTER

CHAPTER OFFICER: Candy Higgs 731-695-1960 chiggs_3@yahoo.com
TREASURER: Sara Hakim 206-553-9334 sara.hakim@gmail.com
SECRETARY Don Dresser 731-668-4190 Donald_Dresser@usit.net
OUTINGS COORDINATOR: Glen Rognstad 731-217-5966 glenrognstad@gmail.net
MEETS MONTHLY: 2nd Mon at Perkins Restaurant, 999 Vann Drive in Jackson. Socializing & dinner starts 6:00pm CT; meeting starts 7:00pm

Nov 6-8: Annual Tennessee Trails Annual Meeting: For information, contact Candy Higgs at 731-695-1960 or chiggs_3@yahoo.com

Nov 9: Chapter Meeting: Meet at Perkin's Restaurant on Vann Drive. We will eat at 6:00 p.m. and the meeting will start at 7:00 p.m. Please contact Candy Higgs at chiggs_3@yahoo.com or 731-695-1960 if you need additional information.

Nov 21: Village Creek State Park, AR: We will hike over ridges and through ravines. This is a 4-6 mile hike rated easy to moderate. Bring lunch/snack and plenty of water. Hiking boots are recommended if recent rain. For information and registration, contact Glen Rogenstad at 731-217-5966 or glenrognstad@gmail.com

Planning Ahead:

Dec 5: Percy Warner Park. For information, please contact Anne Goodson at 731-664-1556 or goodsona1@juno.com

ANNUAL CONVENTION/MEETING HIKES **(14 GREATEST HIKES OF "THE SMOKIES")**

Hike around Cades Cove Road. Enjoy the old cabins and wildlife of Cades Cove. 11 miles. May be shortened by using Sparks Lane or Hyatt Lane 'cutoffs'.

Rich Mtn. Loop. This hike begins at the entrance to Cades Cove and utilizes Rich Mtn. Loop Trail, Indian Grave Gap Trail, and Crooked Arm Ridge Trail to make an 8.7 mile loop. Excellent views down into Cades Cove. 1600' climb to Cerulean Knob(3,686').

Lead Cove Trail to Thunderhead Mtn.(Appalachian Trail). Beginning at Laurel Creek Rd., this hike utilizes Lead Cove and Bote Mtn. Trails to Access thunderhead Mtn.(5500')on the Appalachian Trail. 3700' climb. 12.8 miles RT(round trip) Strenuous hike.

Alum Cave trail to Mt. LeConte. The most popular trail to Mt. LeConte, highlights include Arch Rock, Alum Cave Bluffs, and of course, the cabins on Mt. LeConte (6,595'). 10.4 miles RT. 2800' climb. Cautions: Exposed cliffs and possible ice on trail.

Jakes Creek Trail to Blanket Mtn. Hike begins at the end of Jakes Creek Rd. in Elkmont and begins a steady 1700' ascent to Jakes Gap. There a manway bears to the right and in @.75 mile Blanket Mtn. is reached, the site of an old fire tower. Optional side trip to the Avant Cabin. 7.5 miles RT.

Clingman's Dome to Newfound Gap (Appalachian Trail). This hike begins at the Clingman's Dome parking lot and climbs 0.5 mi. to Clingman's Dome (6,643'), highest point in the Park. The trail then descends 1600' over the next 7.8 miles to Newfound Gap. Car shuttle required.

Lumber Ridge Trail and Spruce Flats Falls manway. This hike begins at the Great Smoky Mountains Institute in Tremont. After a half mile hike on the narrow, rocky Spruce Flats Falls trail, Spruce Flats Branch and Falls is reached. After rock hopping Spruce Flats Branch, the next 3 miles or so are off of maintained trails. The manway intersects Lumber Ridge Trail at Buckhorn Gap and begins a 4 mile descent back to Tremont. @7 or 8 miles.

Little River/Cucumber Gap Loop. This is a 5.5 mile loop hike that begins in Elkmont at the Little River trailhead and runs between the unoccupied Elkmont cabins. After 2.3 almost level miles, the hike turns right onto Cucumber Gap trail for 2.3 miles before beginning a short descent via Jakes Gap Trail. Pretty easy hike. Little River/Cucumber Gap Loop. This is a 5.5 mile loop hike that begins in Elkmont at the Little River trailhead and runs between the unoccupied Elkmont cabins. After 2.3 almost level miles, the hike turns right onto Cucumber Gap trail for 2.3 miles before beginning a short descent via Jakes Gap Trail. Pretty easy hike.

Gregory Ridge trail to Gregory Bald. Hike starts at the end of Forge Creek Rd. at the back of Cades Cove. Famed for its Azalea display in June. 3000' climb. 11 miles RT. Great views.

Trillium Gap Trail to Grotto Falls and Brushy Mtn. This hike begins on the one-way Roaring Fork Motor Nature Trail Road, passes behind Grotto Falls at mile 1.2, and intersects Brushy Mtn. Trail at Trillium Gap at mile 2.9. It's then a half mile hike out to Brushy Mtn. overlook. 1500' climb. Caution: Slippery around falls, possibly icy in November. 6.8 miles RT

Laurel Falls trail to Cove Mtn. tower. One of the more popular 'tourist' trails for the first 1.3 miles. Paved for the first 1.3 miles. The next 2.7 miles gradually climb through virgin forest to intersect Cove Mtn. Trail. A left turn takes one to Cove Mtn. (4077') and the old fire tower. The tower is now a converted air quality monitoring station. 8.2 miles RT.

Look Rock Tower (foothills Parkway). Very short 2 mile round trip hike. Steep climb for a short distance, then levels out. Gentle ascent up a concrete viewing tower. Great views of TN Valley to the north and Smokies to the south.

Little Bottoms/Hatcher Mtn./Cooper Road Trails loop. Hike starts at Abrams Creek Ranger Station at the Far western end of the Park. Relatively flat hike as Smokies hikes go. Steepest climb is 200' in 1/4 mile. Little Bottoms trail parallels Abrams Creek for several hundred yards. Narrow and rocky trail in spots. 10 mile loop.

Newfoundland Gap to Charlies Bunion. This is an "in and out" 8 mile moderate hike. It has gradual up and down elevation but the scenery from the "bunion" is spectacular.

See East Tennessee Chapter announcement of a 15th hike on Saturday, Nov. 7

**PLEASE CONTACT KEITH MERTZ VIA EMAIL TO VOLUNTEER TO LEAD YOUR FAVORITE
HIKE VIA Keithmertz@hotmail.com**

**TENNESSEE TRAILS ASSOCIATION
CONVENTION/MEETING
VALLEY VIEW LODGE AND CONVENTION CENTER
TOWNSEND, TENNESSEE
NOVEMBER 6-8, 2009**

Registration Form (each family member's name must be listed if attending)

Name _____	Name _____
Name _____	Name _____
Address _____	
City _____	State _____ Zip _____
Home Phone _____	Work Phone _____
Chapter _____	Email _____

LODGING: Valley View Lodge and Cabins
7726 E. Lamar Alexander Pkwy.
PO Box 148
Townsend, TN 37882

Call direct to reserve your room (s)
1-800-292-4844
865-448-2237
Mention TTA for Standard Rm \$60 night or
\$10 off Suites per night

RV and LARGE TENT CAMPING
Townsend Great Smokey KOA
Misty River Cabins RV Resort
Big Meadow Family Campground

Call direct to reserve your space(s)
1-800-261-6370 \$38-\$48 full hookup
1-865-981-4300 \$40-\$45 full hookup
1-865-448-0625 \$35-\$45 full hookup

SMALL TENT CAMPING

On-site common fire pit area

1 person tents (limit 10)	Fri Night 1 X \$12	Total \$ _____
	Sat Night 1 X \$12	Total \$ _____
2 person tents (limit 5)	Fri Night 2 X \$12	Total \$ _____
	Sat Night 2 X \$12	Total \$ _____

MEALS:

Fri Dinner	# persons _____ X\$11	Total \$ _____
Sat Breakfast	# persons _____ X\$8	Total \$ _____
Sat Sak Lunch	# persons _____ X\$6	Total \$ _____
Check # each ___Turkey ___Ham ___Cheese ___P&J		
Sat Dinner	# persons _____ X\$12	Total \$ _____
Sun Breakfast	# persons _____ X\$8	Total \$ _____
Sun Sak Lunch	# persons _____ X\$6	Total \$ _____
Check # each ___Turkey ___Ham ___Cheese ___P&J		
Vegetarian Meals will be available upon request		

REGISTRATION FEE PER PERSON # Persons _____ X\$15 Total \$ _____

TOTAL ENCLOSED \$ _____

Please make check payable to East TN Chapter of TTA

Mail to: Rosemary Marshall
5400 Parkdale Rd.
Knoxville, TN 37912

Any Questions? Call Rosie 865-548-6171 or rosemary_L@hotmail.com

Annual Convention/Meeting
Tentative Schedule of Events (Eastern Time)

Friday, November 6, 2009 (All times are Eastern Time)

12:00 PM - 5:50 PM Registration
 12:00 PM - 5:30 PM Auction Items check-in
 1:00 PM Hikes begin
 5:00 PM - 9:00 PM White Elephant and Bake Sale Items for Sale
 6:00 PM Dinner
 7:00 PM Cash bar opens
 7:00 PM Program and Entertainment
 9:00 PM Bonfire

Saturday, November 7, 2009 (All times are Eastern Time)

6:00 AM Coffee for Early Risers
 6:30 AM - 10:30 PM White Elephant and Bake Sale Items for Sale
 7:00 AM Breakfast
 6:30 AM - 7:30 AM Pick up pre-registered Bag Lunches
 8:00 AM Hikes begin (don't forget your sack lunch)
 2:00 PM Silent Auction begins
 3:00 PM Cash bar opens
 5:00 PM Dinner
 6:00 PM Silent Auction closes
 7:00 PM General membership meeting, chapter reports,
 election of officers, awards presentation
 8:00 PM Live Auction

Sunday, November 8, 2009 (All times are Eastern Time)

6:00 AM Coffee for Early Risers
 6:00 AM - 8:00 AM Final: White Elephant and Bake Sale Items for Sale
 6:30 AM - 7:30 AM Pick up pre-registered sack lunches
 7:00 AM Breakfast
 7:00 AM - 9:00 AM Check out
 8:00 AM Hikes begin (don't forget your sack lunch) 9:00 AM

TTA Quarterly Board of Directors' Mtg

**Yes, I want to help the Cumberland Trail Conference change the map
 and leave a legacy and MAKE A MILE for TTA**

Name _____

Address _____

City, State, Zip Code _____ Email _____ Phone _____

Do you want this donation to count towards TTA's **MAKE A MILE** Campaign? Yes ___ No _____

Donation gifts:

___ \$1,000+ receives stainless steel water bottle, wicking t-shirt, and mug

___ \$500+ receives wicking t-shirt and mug

___ \$100+ receives a mug

___ \$50 trail supporter t-shirt (cotton)

___ \$25

___ Other

Method of Payment:

___ Check, made payable to "Cumberland Trail Conference"

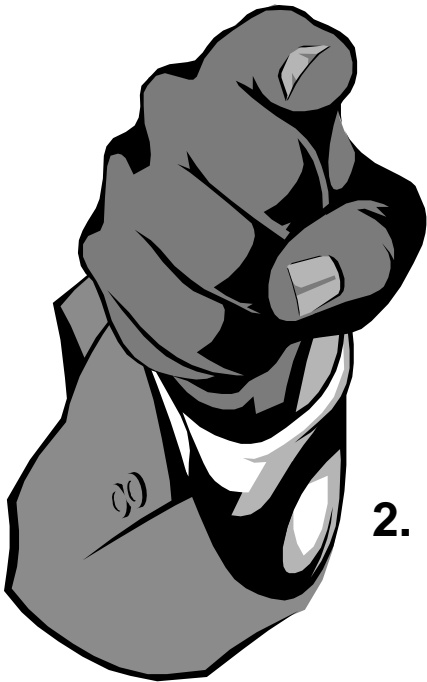
___ Visa ___ MasterCard _____ card no.

____ Signature _____ Exp date

*The Cumberland Trail Conference, an associate organization of the Tennessee Trails Association, is a 501 (c) (3) non-profit organization and donations are tax-deductible. Please see your tax advisor. **We are grateful for you support.***

All donors will receive a bumper sticker and recognition in our newsletter

TTA AND CTC NEED YOU



TO MAKE A MILE. YOU HAVE AN OPPORTUNITY to donate towards BUILDING A MILE OF TRAIL ON THE CTC

1. Bake Sale (Bring snacks and goodies wrapped and ready to sell)
2. White Elephant (Donate second hand small items, books, etc. and buy a bundle back to take home) If you don't like pachyderms laying around just stuff the jars with your extra change or checks.
3. Silent Auction – Bring new stuff or gently used items for sale. Then go around and bid for a whole bunch of stuff that you can bring back next year!!!

4. **Live Auction:** and we do mean “live” as in “lively” Bring your “Theme” baskets or backpacks and 5 items (Tempting items) from each Chapter Remember, this is a FUN-D Raiser not a Bargain Hunter's Paradise.

MAKE A MILE WITH YOUR BUCKS

MURFREESBORO CHAPTER

CHAPTER OFFICER: Millette Jones
615-397-9588 millette.jones@comcast.net

OUTINGS COORDINATOR / CO-OFFICER: Tony Jones
615-397-4463 awj68@comcast.net

(Call Tony & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT
Barfield-Crescent Park's Wilderness Station
697 Barfield-Crescent Rd., Murfreesboro

BLOG www.ttamurfreesboro.blogspot.com

Nov.10- Monthly Meeting at Barfield Park Wilderness Station. 7PM. The Hike and Program Planning Meeting for Feb-July 2010. Bring a small dish to share for our finger food meeting. Come with ideas for hikes and programs or volunteer to lead a hike!

Nov.15 Sipsey Wilderness in north Alabama. 8-10 miles, Difficult. The trail is moderate, but the length may be considered difficult. There is at least 1 stream crossing. This hike is led by Jim & Marietta Poteet. Please call Marietta at 931-924-7666 or email her at nannietta@blomand.net. for information.

Nov. 14- Short Springs State Natural Area, Tullahoma, TN, approx. 4 miles, Easy. This is another in our Beginners and Newcomers hike series. The hike will be an interpretive adventure led by the Tennessee State Naturalist, Randy Hedgepath. We will do a walk around the ridge and visit some wonderful waterfalls. To sign up call Tony Jones at 615-397-4463 or awj68@comcast.net

Nov. 22- Barfield Crescent Park Marshall Knobs Trail, Murfreesboro, TN. 3.5 miles, Easy. Join us for another in our Beginner and Newcomer hike series. We will walk along the Marshall Knobs on both paved and path trails. Views of woods, foliage, Stones River, and rock beds await. The trip will be led by Bruce Harvey 615-494-1104 or bharvey1218@comcast.net.

Nov. 21&22- Backpack Tennessee River Gorge segment of the Cumberland Trail. Start at Signal Point near Chattanooga and hike approximately 10 miles to the Poplar Springs campsite. Next morning we will hike approximately 4.5 miles to the Prentice Cooper parking area since a shuttle will be necessary. This section of the CT offers some of the most spectacular views of the Tennessee River Gorge. Extremely uneven terrain and a few climbs. Experienced Hikers Only! Call Sara Pollard at 615-896-5804 or spollard@mtsu.edu to register.

Nov. 27 (Friday) - Day After Thanksgiving Walk-Off at Old Stone Fort, Manchester, TN 5 miles, Easy. SEE HIGHLAND RIM LISTING FOR THIS EVENT!

Planning Ahead-

Dec. 5- Logan Trail/Monte Sano. 4 miles. Bob Goodwin.

Dec. 8- Monthly Meeting (Annual Christmas Dinner) 6PM

MEMPHIS CHAPTER

CHAPTER OFFICER: (Memphis BD REP) Margaret Smith
901-210-6097 spikie542003@yahoo.com

MEETS MONTHLY: (Sep - May) 3rd Thursday at 7:00pm CT at
Cordova Library, 8457 Trinity Rd.

Nov 8, Wolf River Trail - Kennedy Park Explore the urban wilderness along the Wolf River Floodplain, a short yet scenic 2 ½-mile path through cypress and tupelo gum wetlands and bottomland hardwood forest. Meet John Martin at 2:00 p.m. For information call John at 901-386-3722. Directions: I-40 Exit 10 onto Covington Pike North, go 2 miles, turn left onto Raleigh LaGrange Rd, go 1 mile and look for park sign on the left. 4577 Raleigh LaGrange Rd 38128

Nov 14, Meeman-Shelby Forest – Woodland Trail Meet at the Park's Visitor Center at 9:00 a.m. for a 3-4 mile hike along the Woodland Trail loop with a side trip to the Woodland Shelter. Bring water and snack. New hikers welcome! Questions? Call Jerry at 901-213-0604. Directions: From I-40, take Exit 2-A, turn right, go past 6 traffic lights to Watkins Road, turn left and continue until the road dead ends. Turn left, drive 1 mile to a four-way stop and General Store then turn right, continue 1 mile, turn left into the park. www.tnstateparks.com

Nov 19, Monthly Meeting – 2010 Hike Schedule – 7:00 p.m. Cordova Public Library We are planning hikes for Jan–Dec 2010. If you have suggestions for new places to hike, bring maps, brochures, guidebooks, etc. If unable to attend this meeting, please email belindawolfe@gmail.com with hikes you would like on next year's schedule.

Nov 28, Big Hill Pond State Park, near Pochahontas, TN approx 1 ½ hour from Memphis We will meet at the boat dock in the park at 9:30 a.m. and start the hike promptly at 9:45. The 7-8 mile loop trail is rated moderate. This trail takes us over wooded hills through rock outcroppings and to a fire tower overlooking the Tuscumbea river valley. We cross a 0.8 mile boardwalk over Dismal Swamp, a unique area with abundant wildlife. Bring lunch and water. Boots strongly recommended. For information call Gloria at 901-213-0604. <http://www.state.tn.us/environment/parks/parks/BigHillPond>

LEAVE NO TRACE PRINCIPLES

- Leave what you find.
- Minimize Campfire Impacts.
- Respect wildlife.
- Be considerate of other visitors.
- Plan ahead and prepare.
- Travel and camp on durable surfaces.
- Dispose of waster properly.



SODDY-DAISY CHAPTER

Chapter Officer: Brandy Selman (423) 544-9608
chattowngr1@gmail.com
Treasurer: Jan Agee (423) 504-3581
ageejanice@bellsouth.net
Hike Coordinator: Don Deakins (423) 842-3140
don.deakins@gmail.com

Meet Quarterly: First Monday of Jan, Apr, Jul, and Oct at 6:00pm in Soddy Daisy Municipal Building

Schedule: See a comprehensive up-to-date schedule at <http://tinyurl.com/6np53k>

Blog: <http://sdttta.blogspot.com>

Nov 7 Cumberland Trail - Hike 8.5 mile stretch of Cumberland Trail from Signal Mountain to State Highway 27 (also known as Suck Creek Road). Meeting time is 9:00 AM EST. Meet at paved pull-off on Suck Creek Road about 1/4 mile above trail crossing where we'll park a few vehicles. From there we'll shuttle up to Signal Point trail head where hike begins. Noteworthy points along trail are Julia Falls Overlook, Edwards Point Overlook, and Mushroom Rock. Contact Don Deakins at 423-842-3140 or don.deakins@gmail.com for more info

Nov 14 Cumberland Trail - Meet at and depart from Bakewell BP station at 9:00 AM EST. Drive to Newby Branch trail head on Piney River Trail near Spring City. Hike the approximate 1 mile segment of Piney River Trail from Newby Branch to Duskin Creek. Turn around at Duskin Creek and retrace steps back to vehicles. Then drive to Stinging Fork trail head, hike out to Indian Head Point Overlook and on to Stinging Fork Falls. Retrace steps back to vehicles and complete an approximate 3 mile round trip for an entire day total of 5 miles. Contact Don Deakins at 423-842-3140 or don.deakins@gmail.com for more info.

Nov 21 Cumberland Trail - Meet at Laurel-Snow trail head in Dayton at 10:00 AM EST. Hike to Laurel Falls and beyond on the recently revitalized trail above Laurel Falls which terminates at Bryan Overlook. Round trip total distance is approximately 6 miles. . Contact Don Deakins at 423-842-3140 or don.deakins@gmail.com for more info.

Nov 28 Cumberland Trail - Snow Falls and Buzzard Point - Meet at Laurel-Snow trail head in Dayton at 10:00 AM EST. Hike to Snow Falls and Buzzard Point. Total round trip distance is approximately 10 miles. Contact Don Deakins at 423-842-3140 or don.deakins@gmail.com for more info.

Nov 28 Lookout Mountain - Meet at South Broad Street Krystal at 9:00 AM EST. Caravan up to the Ochs Gateway trail head. Hike down 0.5 mile connector to Bluff Trail, then turn left on John Smartt Trail to Jackson Spring. This winds its way down the side of Lookout Mountain to the Lower Truck Trail which follows the contour of the mountain, easy walking with just a few easy rolling ups & downs. 3 miles of this brings us to the junction with the Gum Springs Trail which is the hardest part of the hike, 0.6 mile climb up to Bluff Trail. Once we reach Bluff Trail there is an optional 0.1 mile side trip up to Sunset Rock. Bluff Trail also follows side of mountain and has spectacular overlooks giving us a view of valley below and mountains beyond. Approx 3 miles of open vistas brings us back to junction with Ochs Gateway spur and our cars. Contact Caroline Woerner at (423) 364-1131 or cwoerner@bellsouth.net.

SUMNER TRAILS CHAPTER

CONTACT PERSON: Libby Francis
LibbysLibbys@comcast.net 615-889-5718
MEETS MONTHLY: 1st Tuesday at 7:00pm CT at First Presbyterian Church, 172 West Main Street, Hendersonville

Nov 3 Monthly meeting first Tuesday -

Nov 6-8 See you all at the Annual Meeting in Townsend, TN. Yes, there's still time to register and join the fun!

Nov 21 Taylor Hollow Owned by The Nature Conservancy this 172 acre preserve is one of the few significant stands that remain of the mesophytic forest in Middle Tennessee. On this hike, led by Michelle Haynes we will view the fall colors of old hardwood forest as we hike up a small elevation and along the side of a hill, then cross over a waterfall and return to the valley along the stream side. It can be slippery when wet but not dangerous. 2 miles rated easy. Meet at 10 AM Central @Sycamore Springs Lodge. Directions: Take Hwy 31E North from Gallatin, turn at the covered bridge at mile marker 26, and follow the drive one mile to the top of the hill. Park at the Lodge (facilities available). We will carpool to the preserve and return for lunch after the hike so pack a lunch. To register or for further information contact Michelle Haynes (c) 615 452-2337 or e-mail haynesm@realtracs.com.

Nov 22 Hidden Springs Trail, Cedars of Lebanon State Park. This is a 5-mile trail rated easy-moderate. This trail is at its best when the forest leaves have fallen because we'll have clear views of all the interesting geological formations along our route: sinkholes, caves and underground creeks. Meet at 12:30 pm central at the Gallatin Kroger parking lot. We'll have a 1/2 hour drive to the park. Bring snacks/water, and well-broken-in boots are preferable to athletic shoes on this trail. Rain will cancel. Questions: e-mail Anne Wesley at tahiker@msn.com.

Nov 28 Bledsoe Creek State Park Work off that Turkey and Dressing with a 3-mile loop hike combining Old Hickory Lake shoreline walking and ridge stomping - rated easy to moderate. Meet at the Presbyterian Church in Hendersonville @ 9 AM Central or the park office at 9:45. To find the park: take Hwy 25 East from Gallatin 5.3 miles and turn Right at Zieglers Fort Road. Go 1.2 miles & turn left into the park - the park office is on the right. After the hike we will visit the site of historic Cairo and then have lunch at Larriviers on the Square in Gallatin. To register or for further info call Al Ballenger 615 264-8825 or Ballallenger@aol.com.

Attention:

Hike Coordinators (aka Hike Leaders)

A TTA Release of Claims & Hold Harmless Agreement form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our web site:

www.tennesseetrails.org/release.php

NASHVILLE CHAPTER

CHAPTER OFFICER: Nora Beck
615-517-6486 *nora_beck@comcast.ne*

OUTINGS COORDINATOR: Libby Francis
libbyslibbys@comcast.ne

(email Libby & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT
REI Community Room, 261 Franklin Road, Brentwood,
TN 37027. For directions, visit:
www.tennessee-trails.org/nashville.php

Nov 24: Monthly program meeting, 7 p.m. TTA recently banned all entry into public or private caves in response to concern about white-nose syndrome, a fungus that kills bats. Andrea English, the wildlife diversity coordinator for TWRA's Region 2, will bring us information on bats in Tennessee - their vulnerability to the fungus, their significance in the web of life, and why we need to protect their well-being. Find out more about this timely topic - bring a friend, and plan on staying after our brief business meeting and the program to mingle and enjoy refreshments. We meet in the community room at REI, 261 Franklin Road Brentwood, TN 37027.

Nov. 6-8 Townsend, TN Join us for an exciting weekend of hiking in the Smokies at the Annual Meeting.

Nov. 14 - Beaman Park Trail Building and Boardwalk Construction, 5911 Old Hickory Blvd, Nashville, 9:00am till noon. Please contact the park at 615-862-8580 for directions. Join TTA and the Friends of Beaman Park for a morning of volunteer work as we continue construction of a 350-foot, handicap accessible boardwalk at Beaman Park. Tools, training, snacks and drinks will be provided. Bring your work gloves, wear sturdy shoes and clothes you won't mind getting dirty. Contact Nancy at 615-202-5891 for more information.

Nov. 15-Fall Creek Falls- We will hike the Gorge trail, the Fall Creek Falls trail, the Woodland Trail and the Paw Paw Trail for a total of 8.5 miles. All trails are easy except the trails to the bottom of Fall Creek Falls and Cane Creek Falls which are exhilarating, steep and difficult (both are short and are optional). There are great views of the gorge and all falls. Bring water, lunch, snacks, and money for carpooling. For more information and to register call Garnett Rush at 352-7217 or e-mail rushga01@yahoo.com.

Nov. 21-Cumberland River Bicentennial Trail near Ashland City. View steep bluffs, a trestle bridge, hardwood forests, Sycamore Creek embayment and small creeks. Meet at Ashland City Courthouse, 9:00. 4 mile, 9 mile, or 13 mile options. Call Nancy 615-319-8811 or e-mail njuodenas@hotmail.com.

PLATEAU CHAPTER (Crossville)

CO-CHAPTER OFFICERS: Jan Barber 931-839-6662
taxxing@aol.com

Myra Holloway 931-788-1724
followthesun12@live.com

SECRETARY/TREASURER: Jim Grove

MEETS MONTHLY: 2nd Thursday at 6:30pm CT. Art Circle
Public Library's Community Room, 154 East 1st Street,
Crossville

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at (931) 484-9152 or visit the Plateau Chapter Blog at <http://ttaplateauchapter.blogspot.com> Rain cancels.

Nov 7. Maude's Crack. Big South Fork. This hike is a loop into the No Business Creek gorge which was the site of an early 1900's settlement. After searching for remnants of the old community along No Business Creek, we will return to the rim of the gorge thru Maude's Crack, a shoulder width split in a 100 foot cliff. Minnie "Maude" Roysdon found this short cut to the top of the cliff in the early 1900's while bringing lunch to loggers working on the top of the cliffs. The 7-mile hike should be classified moderate to difficult due to the elevation change and the rough, rocky path through the crack. Wear boots; bring lunch and plenty of water. We will depart Cracker Barrel's rear parking lot at 7:00 AM CDT. For more information and to register, contact Ginger Cass at 931-788-1466.

Nov 12. Chapter Meeting. Art Circle Public Library Community Room. 6:30 PM CST. Steve Roberts, President of the Cumberland Mycological Society, will speak about "Mushrooms of the Plateau". We also need to discuss plans for the Christmas party and plan hikes for January and February.

Nov 14. Trail Work on Black Mountain, Crossville. We will work about four hours to clear brush and maintain the trail. There is also the opportunity to work on some rock steps. Meet at the parking lot on top of Black Mountain at 9:30 AM CST. Bring snacks, water, and work gloves. Tools will be provided. For more information and to register, contact Tony Hook at 931-456-6259 or tony.hook@frontiernet.net.

Dec 10. Christmas Party. Mark your calendars, decide what appetizers to bring, and be thinking about a gift for the "dirty Santa" gift exchange.

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICER: Mary Jane Ware maryjaneware@bellsouth.net

Nov 7 State meeting, Townsend, TN

Nov 14 Brady Mountain segment of the Cumberland Trail, Crossville, TN. We will hike the length of the trail from the Jewitt Road trailhead to Highway 68. Highlights of the trail include spectacular views of Grassy Cove and the mountains to the east. The hike is about 8 miles and is rated moderate to strenuous because of the elevation gain. A side trip to the site of an airplane crash is possible. Bring water, snacks, lunch, and hiking boots. You can meet us at 8:00am CT in the Penney's parking lot in Cookeville. For information and to register contact Richard Savage at 931-526-2035 or savage_richard@hotmail.com.

Nov 21 Mount Cammerer, Great Smoky Mountains National Park, Cosby, TN. We will hike from Cosby Campground to Low Gap and then follow the Appalachian Trail to the Mount Cammerer Trail and on to the fire tower. The hike is 11 miles and rated strenuous because of the elevation change. Mount Cammerer is noted for outstanding views and its historic fire tower. Bring water, snacks, lunch, and hiking boots. You can meet us at 6:30am CT in the Penney's parking lot in Cookeville. For information and to register contact Pete Broehl at 931-738-3551 or pabroehl@blomand.net.

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robert.richards@state.tn.us

CHAPTER REPRESENTATIVES ON THE BOARD
ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

Leslie El-Sayad *editor@tennesseetrails.org*

Newsletter Deadlines:

Deadlines for Chapter announcements
and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Dec 10	Jan 1
Jan 10	Feb 1
Feb 10	Mar 1

Articles submitted are subject to editing and
will be included as space permits.

Please send all submissions to:

editor@tennesseetrails.org

ATTENTION CAVE EXPLORERS

Many of you already know that White-Nose Syndrome (WNS) is killing large numbers of bats in nearby states; and that all caves* on Tennessee public lands are closed to human exploration until at least May of 2010 out of concern about this deadly fungus. The cave exploration ban also extends to sinkholes, tunnels, abandoned mines and the like, where bats may roost. Bats can consume 50% to 75% of their body weight in mosquitoes in one night; damp weather makes the bats' role in mosquito control even more critical. While humans are apparently unaffected by WNS, we have the potential to carry it from cave to cave on equipment, footwear, etc. TTA chapter officers and other board members have been communicating about this concern; the consensus is that **no hikes involving entrance to any caves, abandoned mines, or other potential bat roosts, including those on private lands, will be sanctioned by TTA until the state ban is lifted.** For more information on White-Nose Syndrome, visit http://www.usatoday.com/tech/science/2009-07-14-bats_N.htm or enter "white-nose syndrome" in your favorite internet search engine.

*The single exception is Dunbar Cave, which will remain open. However, all people entering the cave are to be escorted by a park ranger and are requested not to wear or carry any gear or clothing that have been in another cave; and to visit no other caves in Tennessee.

Tennessee Trails Association
 P.O. Box 41446
 Nashville, TN 37204-1446
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NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
 To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- A NEW MEMBER** Nov 09
 RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.
 Gift Memberships are also available. Contact our Membership Director,
 Ron Dunn 615-867-3301 trekkingtn@comcast.net

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

___ Individual	\$25.00	Name _____
___ Family	\$35.00	Address _____
___ Student (FULL-TIME)	\$15.00	City _____ State _____
___ Supporting (\$50.00, \$100.00 or more)		Home Phone (___) _____ Zip _____ -- _____
___ Life Member (Individual)	\$500.00	Work Phone (___) _____
___ Life Member (Family)	\$750.00	e-mail _____

Please do not list my e-mail address in the TTA Annual Membership Directory

Please list me with the following chapter:

- | | | | |
|-----------------------|---|--------------------------------------|----------------------|
| ___ Big South Fork | ___ East TN (Oak Ridge/Knoxville) | ___ Nashville | ___ Upper Cumberland |
| ___ Clarksville | ___ Highland Rim (Manchester/Tullahoma) | ___ Northwest (UT at Martin/Weakley) | (Sparta/Cookeville) |
| ___ Columbia/Franklin | ___ Jackson | ___ Plateau (Crossville) | |
| ___ Cove Lake | ___ Memphis | ___ Soddy Daisy | ___ At Large |
| ___ Cumberland Gap | ___ Murfreesboro | ___ Sumner Trails | |

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.