

# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



## WHOOPEE!!!!

### Sumner County Area Chapter Being Formed

Everyone is invited to a meeting of the newly formed Sumner County area chapter of Tennessee Trails. The first meeting will be Tuesday, June 2, at 7:00 PM. We will be meeting at the First Presbyterian Church, 172 West Main Street, Hendersonville. The program will be the TTA slide show and a discussion of the "10 Essentials of Hiking". We invite officers and members from other chapters to come and support the new chapter as well as anyone interested in joining. Come be a part of something exciting!

Inaugural Hike, June 6, Sumner County area chapter. Join us for a National Trails Day Celebration as we hike the White House Greenway. This 3.5 mile easy, paved hike passes through wooded flood plains following Honey Run Creek and its various branches. Meet at First Presbyterian Church, 172 West Main Street, Hendersonville at 9:00 to carpool or at the trailhead, White House High School at Meadows Road/Tyree Springs Road at 9:30. Bring \$\$ for lunch following the hike. Bad weather will cancel this hike. For more info and to register contact Anne Wesley at 615-851-1052 or Kelly Horton at khorton@wm.com.

### 2009 Annual Convention

November 6,7,8 2009

Valley View Lodge & Convention Center,  
Townsend, TN (on the quiet side of the  
Smokies)

(SEE DETAILS INSIDE THIS ISSUE)

## TTA's Annual Awards Nominations Are Currently Being Accepted

*Tennessee Trails Award*  
*Bill Stutz Award*  
*Golden Squirrel Award*

You've heard about them, now it's time to nominate candidates for this year's annual awards – someone you feel best fits the description for any of the awards listed below. Please submit nominations to your local Chapter Officer by July 30. Your Chapter Officer will present nominations received to the Board of Directors during the August 1 Board of Directors' Meeting. (If your Chapter Officer is a candidate, and you wish to keep it a secret, you may submit your nomination directly to TTA's President, Rosemary Marshall.) Awards are issued each year during the November Annual Meeting.

The **Tennessee Trails Award** is presented for outstanding contributions to the Association and/or for the furtherance of trails and natural resource programs and opportunities within Tennessee.

The **Bill Stutz Award** is presented in honor of the late Bill Stutz, past TTA member and beloved hiker. The award is presented to an active hiker for his or her individual contribution to the Association or one of its chapters.

The **Golden Squirrel Award** is a "tongue-in-cheek" award and one we most often talk (and hear) about on the trails. Nominations are taken throughout the entire year and judged on a hike leaders' ability to totally lose their entire hike group. (**please note:** It is not the intention of TTA, or its volunteer hike leaders, to lose their group. Sometimes it happens, and for this the *Golden Squirrel Award* exists.)

# CUMBERLAND TRAIL CONFERENCE

Office Location ..... 19 East 4<sup>th</sup> Street  
..... Crossville, TN 38555  
Office Hours ..... 8am-5pm  
Phone: ..... 931-456-6259  
Fax: ..... 931-456-4934  
Email: [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com)  
Website: [www.cumberlandtrail.org](http://www.cumberlandtrail.org)

## CUMBERLAND TRAIL CONFERENCE STAFF:

General Manager..... Tony Hook.....[tony.hook@frontiernet.net](mailto:tony.hook@frontiernet.net)  
Trail Development Coordinator..... Amanda Leamon.....[amanda.leamon@frontiernet.net](mailto:amanda.leamon@frontiernet.net)  
Trail Programs Coordinator ..... Alex Schafer.....[alex.schafer@frontiernet.net](mailto:alex.schafer@frontiernet.net)  
Office Manager ..... Marleya Pendleton ...[marleyapendleton@frontiernet.net](mailto:marleyapendleton@frontiernet.net)

## CTC Schedule

**May 21-June 21 Little Possum FPR bridge construction:** This bridge project will take the place of the traditional *Big Dig* program. The weekend of May 23-24 volunteers are needed to move the bridge and construction materials to the bridge site. Volunteers will also be needed to help construct abutments and the bridge after the material is moved into the gorge. Volunteers are welcome to come out on multiply weekdays or weekends to help with construction. The CTC will be able to provide food and lodging at the Dogwood Lodge on Lee Pike

## **BIG SOUTH FORK CHAPTER**

**CHAPTER OFFICER:** Jim Meadows  
423-628-6475 [jhnmhm@highland.net](mailto:jhnmhm@highland.net)  
**SECRETARY / TREASURER:** Benita Howell  
423-628-5521 [bjhowell@highland.net](mailto:bjhowell@highland.net)  
**BOARD REPRESENTATIVES:** Tim & Lynn Takacs  
615-824-7048 [lynntakacs@comcast.net](mailto:lynntakacs@comcast.net)  
or [ttakacs@comcast.net](mailto:ttakacs@comcast.net)  
**OUTINGS COORDINATOR** Tom and Benita Howell  
423-628-5521 [tshowell1003@highland.net](mailto:tshowell1003@highland.net)  
(Call Tom & volunteer to lead an outing.)

**June 20** Obed section of the Cumberland Trail, west of Wartburg, TN Follow Cumberland Trail signs and Catoosa Road from Wartburg to Nemo Bridge. State naturalist Randy Hedgepath will lead this hike to Alley Ford on the Obed, a moderate hike of about five miles round trip. The terrain is rocky but without major climbs, and we'll take time to view and photograph wildflowers and trees along the way and wade or swim in the river. Meet at Harrow Road Cafe in Rugby to carpool at 9:45 Eastern time, or at the trail head at 11:00 Eastern, 10:00 Central time. If you plan to join the group at the trail head or have questions about the hike, e-mail Randy Hedgepath at [Randy.Hedgepath@tn.gov](mailto:Randy.Hedgepath@tn.gov). If you plan to carpool from Rugby, contact Tom or Benita Howell at [tshowell1003@highland.net](mailto:tshowell1003@highland.net).

### **Don't Miss an Outing Plan Ahead Register Early!**

Our hike coordinators are volunteers. Make it easier for them to contact you if a hike needs to be cancelled by registering!

There are times when a hike leader must limit the number of participants (due to park regulations, etc.) on an outing. Please do not wait until the afternoon or evening before the outing to RSVP.

*Plan ahead and register early.*

## **CLARKSVILLE CHAPTER**

**CHAPTER OFFICER:** Paul Schwab 931-645-9068  
[paulschwab@bellsouth.net](mailto:paulschwab@bellsouth.net)  
**OUTINGS COORDINATOR:** Suva Bastin 931-645-2849  
(call Suva & volunteer to lead an outing)  
**MEETS MONTHLY:** 3<sup>rd</sup> Tuesday, 7:00 pm CT at Crow  
Community Center, 211 Richview Rd.

**Please call hike leaders to confirm hike time and meeting place.**

**June 6** National Trail Day; activities to be announced

**June 13** Edger Evens State Park, Silver Point, TN; 6 miles, moderate; Sandy Janus 931.551-8523; meet 7:30 a.m., I 24 Exit 11 commuter parking lot.

**June 20** Dunbar Cave State Park, Clarksville, TN; 3 miles, easy; Lili Bell 931.552-2773; 9:00 a.m., park visitors center.

**June 27** Bridal Veil Trail, University of the South, Sewanee, TN; interpretive hike led by Randy Hedgepath, 5 miles, moderate; Paul Schwab 931.645-9068; meet 7:30 a.m., I 24 Exit 11 commuter parking lot.

## **COVE LAKE CHAPTER**

**CHAPTER OFFICER:** Richard Helm  
423-562-1110 [Richard.Helm@ahss.org](mailto:Richard.Helm@ahss.org)  
**CO-CHAIR:** George Gill 423-562-7121

**MEETS MONTHLY:** Meetings will be held at Cove Lake State Park at 6:00pm on the first Monday each month.

**June 1** Meet 6:00 p.m. @ Cove Lake State Park shelter 2 to discuss future hikes. Bring covered dish. Everyone is invited. More information contact Richard Helm 423-562-1110

**June 20** John Redmon will take us to the Gibson Gap Trail in the Cumberland Gap National Historical Park. Meet @ Food Lion 9:00 a.m. The hike is 6.5 miles More information or contact John Redmon 423-869-8286. Rated moderate

**June 28** Jerry and Sharon will take us to the Devils Racetrack Meet 1:30 p.m. @ Jacksboro Middle School. The hike is 5 miles. Rated moderate. More information or contact Jerry Phillips 423-563-0867

---

## COLUMBIA/FRANKLIN CHAPTER

**CHAPTER OFFICER:** Bobby Hardeman 615-430-0638 [puttr22@aol.com](mailto:puttr22@aol.com)  
**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at Grand Buffet (Hwy 31, north side of Spring Hill). Socializing and dinner at 6:00pm CT; meeting starts at 7:00pm.

---

**MEETS MONTHLY:** 1st Tuesday at Grand Buffet (Hwy. 31, north side of Spring Hill); socializing and dinner at 6:00 pm CT; meeting starts at 7:00 pm.

**June 2** Regular monthly meeting at Grand Buffet. We will share reports from our May hikes and make hiking plans for the remainder of the year. Come prepared with suggestions for a hike you will lead.

**June 6** National Trails Day Hike. Bobby Hardeman will lead a hike at Fort Donelson National Battlefield near Dover, TN. This is an easy/moderate 5.7 mile hike. We will leave A&D Market on Lewisburg Hwy at 8 AM and car pool to Dover. Bring water, lunch and wear sturdy boots. Plan to stop on our way home at Marvin's favorite restaurant for dinner. Register with Bobby on line at [puttr22@aol.com](mailto:puttr22@aol.com) or by phone at 615-430-0638.

**June 20** Stone Door Hike on the Cumberland Plateau. This is a moderate hike with no great elevation change. The distance is about 9 miles. Bring water, lunch and wear sturdy boots. Meet at A&D Market on Hwy. 231, just south of I-840, at 7:00 am. To register contact Marvin Caine at [MLCaine@aol.com](mailto:MLCaine@aol.com) or 931 488-1632.

**June 10-14** Russell Smith and Craig Perkins plan to travel to the Soddy Daisy area and assist with bridge building on the Cumberland Trail. Anyone willing to go with them and work on the bridge or in the kitchen is welcome. They will be housed, along with other volunteers, at the Lutheran Church camp. Contact Russell at [carving082334@aol.com](mailto:carving082334@aol.com) or 615 790-1833.

---

## EAST TN CHAPTER (Oak Ridge / Knoxville)

**CHAPTER OFFICER:** Rosemary Marshall  
865-548-6171 [Rosemary\\_L@hotmail.com](mailto:Rosemary_L@hotmail.com)  
**CHAPTER CO-OFFICER:** Allie Sasser Hubbs  
865-494-9522 [hike\\_announcement\\_etchapter@yahoo.com](mailto:hike_announcement_etchapter@yahoo.com)  
**ASSISTANT CO-OFFICER:** Elise Eustace  
865-712-1916 [eliseeus@hotmail.com](mailto:eliseeus@hotmail.com)  
**TREASURER:** Bob Uhren  
[snowcap34@hotmail.com](mailto:snowcap34@hotmail.com)

**June 6** We will honor National Trails Day by choosing our own favorite trail to hike and/or to maintain on this very special day. To submit your favorite trail and/or to invite others to your trail, contact Rosemary via email [rosemary\\_L@hotmail.com](mailto:rosemary_L@hotmail.com) or 865-548-6171.

**June 13** Walkers' Sisters Trail to Laurel Falls GSMNP. This will be a 2 part hike starting 10am ET at the trailhead in Metcalf Bottoms. The first part being a short 1.5 mile hike to Walkers' Sisters homestead. This part is rated easy and for those hikers who wish to return to Metcalf Bottoms Picnic area, this is where they will turn around and still enjoy a lovely 3 mile summer hike. For the more adventurous hikers who want to continue on, we will hike and the Little Greenbrier Trail for 2.4 miles until we intersect with the Laurel Falls trail and hike 3.1 miles to the Laurel Falls parking area. This is where we will shuttle back to Metcalf Bottoms making the total hike 7 miles and this is rated moderate. Because of the shuttle accommodations, you must pre-register with Rosemary via email [rosemary\\_L@hotmail.com](mailto:rosemary_L@hotmail.com) or 865-548-6171.

**June 27** Charlies Bunion - Great Smokey Mountain National Park. We will hike 8 miles round trip from Newfound Gap parking area to Charlies Bunion and back. This hike boast spectacular views but parts will be steep and a bit rocky - elevation gain of 960 feet. Plan to meet at Newfound Gap parking area at 9am ET. This parking area is midway between Gatlingburg, TN and Cherokee, NC on Newfound Gap Rd (US 441). Please bring water and lunch. For further information, contact Elise Eustace at [eliseeus@hotmail.com](mailto:eliseeus@hotmail.com) or 865-201-5806

---

## HIGHLAND RIM CHAPTER (Tullahoma Area)

**CHAPTER OFFICER:** H.T. (Tom) Bentley  
931-455-5849 [htbentley@lighttube.net](mailto:htbentley@lighttube.net)  
**VICE PRESIDENT:** Joette Carter 931-968-0073  
**OUTINGS COORDINATOR / NEWSLETTER CONTACT:**  
Contact Tom Bentley  
**MEETS MONTHLY:** 1st Tuesday We eat at various places, this coming month is Ruby Tuesdays at 5:30 and meeting is at 7:00 at CD Stamps.

---

**June 2** - Monthly Meeting - This meeting will be at D W Wilson at 7:00 (conflict for CD Stamps meeting Soap Box Derby). Our speaker will be our own Freddie DiPlacido and the topic will be her trek to Copper Canyon in Mexico. 5:30 for dinner at Camino Real (next to golden arches) Contact Tom Bentley (931) 273-6344 [htbentley@lighttube.net](mailto:htbentley@lighttube.net)

**June 6** - Canoe/kayak Flint River near Huntsville, Alabama 4 to 5 hour float. Bring lunch and water; afterward early supper at local restaurant. Joette 968-0073

**June 13** - Jim and Marietta encourage everyone to attend the Friends of South Cumberland Annual Meeting. On Saturday, we will work on a short maintenance project at Fiery Gizzard from 9:30 to 11:30. Then a lunch will be served at no charge to us. Afternoon hikes will occur for anyone who wants to hike in the area. Since South Cumberland is an important part of our hiking events, I hope we have a good TTA turnout. Call Marietta Poteet at 931-924-7666 or email at [nannietta@blomand.net](mailto:nannietta@blomand.net).

**June 20** Eat-Hike-Eat Hike Informal. Usually easy hike. 4-5 miles Start 9:45 Blue Chair Sewanee - Contact Tom Bentley 455-5849 [htbentley@lighttube.net](mailto:htbentley@lighttube.net) Coordinator for details.

**June 27-28** Overnite float trip down Elk River. Tims Ford dam to Shiloh Bridge, about 20 miles in 2 days. We will be camping in a barn loft. Contact Nora Hundley [norahundley@charter.net](mailto:norahundley@charter.net)

---

## JACKSON CHAPTER

**CHAPTER OFFICER:**

731-695-1960

Candy Higgs

*chiggs\_3@yahoo.com***TREASURER:**

206-553-9334

Sara Hakim

*sara.hakim@gmail.net***SECRETARY**

731-668-4190

Don Dresser

*Donald\_Dresser@usit.net***OUTINGS COORDINATOR:**

731-217-5966

Glen Rognstad

*glenrognstad@gmail.net***MEETS MONTHLY:** 2nd Mon at Perkins Restaurant, 999 Vann Drive in Jackson. Socializing & dinner starts 6:00pm CT; meeting starts 7:00pm

---

**There are no chapter meetings during the months of June, July and August.**

**June 6-** Carter State Natural Area - Buggy Top - Lost Cove Cave, Swannee, TN: Discover the strange but beautiful world below the surface of the park. This will be a 5-mile round trip hike that is rated strenuous. Bring two sources of light, long pants, boots, water and a light snack/lunch. This will be overnight trip for the Jackson Chapter. For additional information and to register, please contact Glen Rognstad at 731-217-5966 or *Glenrognstad@gmail.com*

**Planning Ahead:**

**July 18 -** Buffalo River Canoe Trip - Linden, TN: The Buffalo River offers the perfect outdoor getaway. The clean, clear water of the Buffalo River sets the pace for a day next to nature. We are currently planning on the 10-mile float from Bell Bridge to Slink Shoals which takes an average of 4-6 hours. The canoe rental company will provide round trip transportation to and from the river, a 17-foot canoe, paddles, and life vests. Recommended items include a hat, sun screen, shoes and plenty of water and snacks. For additional information and to register, please contact Glen Rognstad at 731-217-5966 or *Glenrognstad@gmail.com*

**We will begin hiking again in August. Check the newsletter for additional information**

---

## MEMPHIS CHAPTER

**CHAPTER OFFICER: (Memphis BD REP)** Margaret Smith  
901-210-6097 *spikie542003@yahoo.com***MEETS MONTHLY:** (Sep - May) 3rd Thursday at 7:00pm CT at Cordova Library, 8457 Trinity Rd.

---

No chapter meeting and hikes scheduled for the month of June. In the meantime, check out other TTA chapter hike listings and join a hike!

### Supporting and Life Membership Recognition

Even though we appreciate all of our TTA members, we are truly grateful to those who support our state's trail system by making an extra financial contribution. Your tax-deductible donations of \$25, \$50, or more over and above the membership fee is applied to our Evan Means Small Grants Program which provides support for trail projects across the state. Previous projects funded through this program have included boardwalk improvements at Big Hill Pond State Park, improved signage at Rotary Park in Clarksville and Barfield-Crescent Park in Murfreesboro, tree identification labels on the Laurel Branch trail, building materials and signage for trails being constructed at Tellico Lake in Loudon County, the Cumberland Trail Conference's Spring Volunteer Programs, improvements at the entrance of LaFollette Nature Trail and an Eagle Scout project on the Cumberland Trail.

We would like to recognize and thank these Supporting Members so far in 2009: **Dr. Wally & Pat Bigbee, J. William Blevins, Ronnie Bogard, Cumberland Hiking Club, Don & Dorothy Dresser, Barbara & Herb Fritch, Kathy Green, Richard & Angeline Helm, Debi Hicks, Jerry & Gloria Lenski, Siler, Emma & Erika McCarty, Harold & Martha McCurdy, Michael Meek & Carolyn Miller, TVA Natural Heritage Project, Bryce West and Steve & Kathy Zuck** In addition, we would like to recognize **Judith Andrews** who joined this year as a Life Member. Thanks to you all! Ron Dunn, Membership Director

---

## PLATEAU CHAPTER (Crossville)

**CO-CHAPTER OFFICERS:**

Jan Barber

931-839-6662

*taxxing@aol.com*

Myra Holloway

931-788-1724

*lowthesun12@live.com***SECRETARY/TREASURER:**

Jim Grove

**MEETS MONTHLY:** 2nd Thursday at 6:30pm CT. Art Circle Public Library's Community Room, 154 East 1<sup>st</sup> Street, Crossville

---

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at (931) 484-9152 or visit the Plateau Chapter Blog at <http://ttaplateauchapter.blogspot.com> Rain cancels.

**June 6.** National Trails Day Hike. John Litton Loop, Big South Fork. The John Litton loop is about a 6 mile long hike with one short ladder, some small waterfalls and some rock formations along the way. The trail is named for John Litton who settled in the area around 1900 and his dwelling and outbuildings are still standing. The hike is rated moderate. Meet behind the Cracker Barrel at 8:00 AM CDT. For more information and to register, contact Bill Harris at 931/484-9152.

**June 27.** Bone Cave is near Rock Island State Park. Once we arrive at Rock Island State Park, the hike will be led by a Park naturalist. Expect a short but fairly steep descent to the cave entrance and then 2 hours in the cave. The footing in the cave is generally good but there is some hands and knees crawling and narrow spaces. The crawls are never very long so it's not a claustrophobic experience for most hikers. The hike probably belongs in the moderate class and is about 4 miles in length. Bone Cave is bone dry and got its name for the bones of a prehistoric giant sloth that were found preserved in the dry environment. Saltpeter was mined as early as the war of 1812 and much of the equipment has been preserved by the dry environment. Dress for 55 degree temperatures. There is a State Park fee of \$3 and a 20 hiker limit on this hike. Hikers must register in advance. For safety, bring two flashlights. Hard hats are a convenience, but not mandatory. For more information and to register for, contact Jim McCullough at *sue1290@frontiernet.net*.

## **2009 ANNUAL CONVENTION/MEETING HIKES** **(14 GREATEST HIKES OF "THE SMOKIES")**

**Hike around Cades Cove Road.** Enjoy the old cabins and wildlife of Cades Cove. 11 miles. May be shortened by using Sparks Lane or Hyatt Lane 'cutoffs'.

**Rich Mtn. Loop.** This hike begins at the entrance to Cades Cove and utilizes Rich Mtn. Loop Trail, Indian Grave Gap Trail, and Crooked Arm Ridge Trail to make an 8.7 mile loop. Excellent views down into Cades Cove. 1600' climb to Cerulean Knob(3,686').

**Lead Cove Trail to Thunderhead Mtn.(Appalachian Trail).** Beginning at Laurel Creek Rd., this hike utilizes Lead Cove and Bote Mtn. Trails to Access thunderhead Mtn.(5500')on the Appalachian Trail. 3700' climb. 12.8 miles RT(round trip) Strenuous hike.

**Alum Cave trail to Mt. LeConte.** The most popular trail to Mt. LeConte, highlights include Arch Rock, Alum Cave Bluffs, and of course, the cabins on Mt. LeConte (6,595'). 10.4 miles RT. 2800' climb. Cautions: Exposed cliffs and possible ice on trail.

**Jakes Creek Trail to Blanket Mtn.** Hike begins at the end of Jakes Creek Rd. in Elkmont and begins a steady 1700' ascent to Jakes Gap. There a manway bears to the right and in @.75 mile Blanket Mtn. is reached, the site of an old fire tower. Optional side trip to the Avant Cabin. 7.5 miles RT.

**Clingman's Dome to Newfound Gap (Appalachian Trail).** This hike begins at the Clingman's Dome parking lot and climbs 0.5 mi. to Clingman's Dome (6,643'), highest point in the Park. The trail then descends 1600' over the next 7.8 miles to Newfound Gap. Car shuttle required.

**Lumber Ridge Trail and Spruce Flats Falls manway.** This hike begins at the Great Smoky Mountains Institute in Tremont. After a half mile hike on the narrow, rocky Spruce Flats Falls trail, Spruce Flats Branch and Falls is reached. After rock hopping Spruce Flats Branch, the next 3 miles or so are off of maintained trails. The manway intersects Lumber Ridge Trail at Buckhorn Gap and begins a 4 mile descent back to Tremont. @7 or 8 miles.

**Little River/Cucumber Gap Loop.** This is a 5.5 mile loop hike that begins in Elkmont at the Little River trailhead and runs between the unoccupied Elkmont cabins. After 2.3 almost level miles, the hike turns right onto Cucumber Gap trail for 2.3 miles before beginning a short descent via Jakes Gap Trail. Pretty easy hike. Little River/Cucumber Gap Loop. This is a 5.5 mile loop hike that begins in Elkmont at the Little River trailhead and runs between the unoccupied Elkmont cabins. After 2.3 almost level miles, the hike turns right onto Cucumber Gap trail for 2.3 miles before beginning a short descent via Jakes Gap Trail. Pretty easy hike.

**Gregory Ridge trail to Gregory Bald.** Hike starts at the end of Forge Creek Rd. at the back of Cades Cove. Famed for its Azalea display in June. 3000' climb. 11 miles RT. Great views.

**Trillium Gap Trail to Grotto Falls and Brushy Mtn.** This hike begins on the one-way Roaring Fork Motor Nature Trail Road, passes behind Grotto Falls at mile 1.2, and intersects Brushy Mtn. Trail at Trillium Gap at mile 2.9. It's then a half mile hike out to Brushy Mtn. overlook. 1500' climb. Caution: Slippery around falls, possibly icy in November. 6.8 miles RT

**Laurel Falls trail to Cove Mtn. tower.** One of the more popular 'tourist' trails for the first 1.3 miles. Paved for the first 1.3 miles. The next 2.7 miles gradually climb through virgin forest to intersect Cove Mtn. Trail. A left turn takes one to Cove Mtn. (4077') and the old fire tower. The tower is now a converted air quality monitoring station. 8.2 miles RT.

**Look Rock Tower (foothills Parkway).** Very short 2 mile round trip hike. Steep climb for a short distance, then levels out. Gentle ascent up a concrete viewing tower. Great views of TN Valley to the north and Smokies to the south.

**Little Bottoms/Hatcher Mtn./Cooper Road Trails loop.** Hike starts at Abrams Creek Ranger Station at the Far western end of the Park. Relatively flat hike as Smokies hikes go. Steepest climb is 200' in 1/4 mile. Little Bottoms trail parallels Abrams Creek for several hundred yards. Narrow and rocky trail in spots. 10 mile loop.

**PLEASE CONTACT KEITH MERTZ VIA EMAIL TO VOLUNTEER TO LEAD YOUR FAVORITE  
HIKE VIA [Keithmertz@hotmail.com](mailto:Keithmertz@hotmail.com)**

**TENNESSEE TRAILS ASSOCIATION  
CONVENTION/MEETING  
VALLEY VIEW LODGE AND CONVENTION CENTER  
TOWNSEND, TENNESSEE  
NOVEMBER 6-8, 2009**

**Registration Form** (each family member's name must be listed if attending)

Name \_\_\_\_\_  
 Name \_\_\_\_\_  
 Name \_\_\_\_\_  
 Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_  
 Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Work \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Chapter \_\_\_\_\_  
 Email \_\_\_\_\_

**LODGING:** Valley View Lodge and Cabins  
 7726 E. Lamar Alexander Pkwy.  
 PO Box 148  
 Townsend, TN 37882

**Call direct to reserve your room (s)**  
 1-800-292-4844  
 1-865-448-2237  
 Mention TTA for Standard Rm \$60 night or  
 \$10 off Suites per night

**RV and LARGE TENT CAMPING**

Townsend Great Smokey KOA  
 Misty River Cabins RV Resort  
 Big Meadow Family Campground

**Call direct to reserve your space(s)**  
 1-800-261-6370 \$38-\$48 full hookup  
 1-865-981-4300 \$40-\$45 full hookup  
 1-865-448-0625 \$35-\$45 full hookup

**SMALL TENT CAMPING**

1 person tents (limit 10)  
 2 person tents (limit 5)

On-site common fire pit area  
 Fri Night 1 X \$12 Total \$ \_\_\_\_\_  
 Sat Night 1 X \$12 Total \$ \_\_\_\_\_  
 Fri Night 2 X \$12 Total \$ \_\_\_\_\_  
 Sat Night 2 X \$12 Total \$ \_\_\_\_\_

**MEALS:**

Fri Dinner	# persons	___ X \$11	Total \$ _____
Sat Breakfast	# persons	___ X \$8	Total \$ _____
Sat Sak Lunch	# persons	___ X \$6	Total \$ _____
Check # each ___Turkey ___Ham ___Cheese ___P&J			
Sat Dinner	# persons	___ X \$12	Total \$ _____
Sun Breakfast	# persons	___ X \$8	Total \$ _____
Sun Sak Lunch	# persons	___ X \$6	Total \$ _____
Check # each ___Turkey ___Ham ___Cheese ___P&J			

Vegetarian Meals will be available upon request

**REGISTRATION FEE PER PERSON** # Persons \_\_\_ X \$15 Total \$ \_\_\_\_\_

**TOTAL ENCLOSED** \$ \_\_\_\_\_

Please make check payable to East TN Chapter of TTA

Mail to: Rosemary Marshall  
 5400 Parkdale Rd. Knoxville, TN 37912

**Any Questions? Call Rosie 865-548-6171 or rosemary\_L@hotmail.com**

---

## MURFREESBORO CHAPTER

**CHAPTER OFFICER:** Millette Jones  
615-397-9588 [millette.jones@comcast.net](mailto:millette.jones@comcast.net)  
**OUTINGS COORDINATOR / CO-OFFICER:** Tony Jones  
615-397-4463 [awj68@comcast.net](mailto:awj68@comcast.net)  
(Call Tony & volunteer to lead an outing)  
**MEETS MONTHLY:** 2nd Tuesday at 7:00 pm CT  
Barfield-Crescent Park's Wilderness Station  
697 Barfield-Crescent Rd., Murfreesboro  
**BLOG** [www.ttamurfreesboro.blogspot.com](http://www.ttamurfreesboro.blogspot.com)

---

**June 6-** National Trails Day on the Cumberland Trail Join in as we help the CTC build a new bridge and do some trail building in the Soddy Daisy area. Trail workers and kitchen help needed. Accommodations provided at the Lutheran Church camp in Soddy Daisy if you want to go a day early or stay overnight. There will be a cook out after the work day. Contact Millette Jones at 615-397-9588 or [millette.jones@comcast.net](mailto:millette.jones@comcast.net)

**June 6-** Flint River Canoe/Kayak Float. See Highland Rim listing for details. To sign up contact Tony Jones at [awj68@comcast.net](mailto:awj68@comcast.net) or 615-397-4463 for carpool details.

**June 9-** Murfreesboro Chapter Annual Picnic! Our annual picnic will be at 6PM at Shelter #5 at Barfield Crescent Park. TTA will furnish drinks, barbecue, plates, cups and cutlery. Please bring a side dish or dessert to share. Contact Tony Jones at 615-397-4463 or [awj68@comcast.net](mailto:awj68@comcast.net) to pre-register so we have a head count to buy the main course and drinks. Friends and family welcome!

**June 13-** Cumberland Trail Mowbry Rd to Hotwater Rd, 5 mi., easy/mod. This hike provides a wide variety of landscapes including a great view of the Tennessee River valley, a passage through Little Stone Door, rock cliff formations, a walk along the top of a mining ridge, and a glimpse of the historic mining site of Little Soddy Creek. Three to four hours will provide for a leisurely paced hike to enjoy the terrain. We will meet at Sam's in Murfreesboro at 7AM CST we will then park and shuttle to trailhead. Bring lunch and lots of water.

Register by contacting Jim Schroeder via e-mail at [doughboyjim@comcast.net](mailto:doughboyjim@comcast.net) or via phone at 615-896-3023. On the day of the hike, I can be reached on my cell phone at 615-417-2184.

**June 20-** Accordion Bluff at Dale Hollow Lake, Jamestown, 7 mi., moderate. Maryedith & Larry McFarlin are leading this hike. After the hike the McFarlin's will grill lunch at their cabin in the area. The carpool will leave from the I-840/US 41 Park and Ride at 7AM. Contact Edie McFarlin at 615-896-1344 for more information.

**June 27-** Burgess Falls Beginners & Newcomers Hike, 1.5 mi., easy/mod. Burgess Falls State Natural Area is located along the Falling Water River North of Sparta on the eastern edge of the Highland Rim Plateau. The hike is only a 1.5-mile loop which leads to three waterfalls the biggest of which drops 136 feet. The trail is rated easy to moderate. However, those wishing to reach the bottom of the Big Falls

## MURFREESBORO (cont)

will need to negotiate a 75-step metal stairway. The Butterfly Garden near the parking lot is also worth a visit. After the hike we will stop for lunch at a restaurant along the Caney River near Smithville. Contact Nabil Wakid at 615-893-7942 ([nwakid@bellsouth.net](mailto:nwakid@bellsouth.net)).

**June 27-28** Overnight Kayak Float- See Highland Rim listing for details. To sign up contact Tony Jones at [awj68@comcast.net](mailto:awj68@comcast.net) or 615-397-9588 for carpool details.

### Planning Ahead-

July 4- Canoe/Kayak on the Elk w/ Highland Rim

July 11- Signal Mtn/Edward's Point/Mushroom Rock, 9 miles

July 14- Murfreesboro Chapter Meeting 7PM

## Annual Convention/Meeting

### Tentative Schedule of Events (Eastern Time)

#### Friday, November 6, 2009

12:00 p.m. – 5:30 p.m. Registration

12:00 p.m. – 5:30 p.m. Auction Items check-in

1:00 p.m. – Hikes begin

6:00 p.m. – Dinner

7:00 p.m. – Cash bar open/program and entertainment

9:00 p.m. – Bonfire

#### Saturday, November 7, 2009

6:00 a.m. - Coffee for Early Risers

7:00 a.m. – Breakfast

8:00 a.m. – Hikes begin (don't forget your Sak lunch)

2:00 p.m. – Silent auction opens

3:00 p.m. – Cash bar opens

5:00 p.m. – Dinner

6:00 p.m. – Silent Auction closes

7:00 p.m. - General membership meeting w/Awards

8:00 p.m. – Live Auction

#### Sunday, November 8, 2009

6:00 a.m. - Coffee for Early Risers

7:00 a.m. – Breakfast

8:00 a.m. – Hikes begin (don't forget your Sak lunch)

9:00 a.m. – Board meeting

## START SAVING FOR THE ANNUAL MEETING!!!

Bring all those wonderful goodies you have stashed away but aren't using.

TTA needs it!!!

The silent and not so silent auction and the white elephant table at the annual meeting await your donations.

---

## NASHVILLE CHAPTER

**CHAPTER OFFICER:**

615-517-6486

Nora Beck

*nora\_beck@comcast.net***OUTINGS COORDINATOR:**

Libby Francis

*libbyslibbys@comcast.net**(email Libby & volunteer to lead an outing)***MEETS MONTHLY:** 4<sup>th</sup> Tuesday at 7:00 pm CTREI Community Room, 261 Franklin Road, Brentwood,  
TN 37027. For directions, visit:[www.tennessee-trails.org/nashville.php](http://www.tennessee-trails.org/nashville.php)

**June 23:** 7:00 p.m.: This will be our chapter's first regular meeting in a **NEW LOCATION:** REI at Franklin Road, Brentwood TN 37027. Following a brief business meeting, park ranger John Bass will talk with us about storied Montgomery Bell State Park. Come and find out more about this destination that includes hiking (19 miles of trails) and history galore in its 3,782 acres west of Nashville. This presentation will have special interest for newcomers and "natives" alike. Bring a friend and plan on staying to enjoy light refreshments and get acquainted with fellow hikers.

**June 2** After Work Hike on the Warner Woods Trail, Warner Parks, Nashville, TN. This hike is great for newcomers to TTA as well as beginners to hiking. The Warner Woods Trail overall is rated easy; it's short (2.5 miles); there are some hills (great if you're looking to increase your heart rate); and can be done wearing either hiking boots or trail worthy shoes. Please be aware that there will be roots, rocks, ruts and some mud to challenge even the most balanced walkers. Along the way you can expect to see a variety of spring wildflowers, maybe some critters, areas of large old-growth forest; and as we approach the sun's setting we may even have the opportunity to hear the night creatures stirring about – such as evening songbirds, owls hooting, or maybe even the coyotes calling. In addition to wearing sturdy hiking shoes, you may want to carry a bottle of water and a flashlight (we should be off the trail before it gets dark). The hike should take about an hour to complete. We will meet at 6:15pm (CT) at the flagpole just inside the sandstone arch entrance to the park – which is at the very end of Belle Meade Blvd (and at the intersection of Page & Chickering Roads). An RSVP is not required, but if you have questions, please call Diane Manas at 615-352-7777.

**June 4** – After Work Hike; see description in June 2 above.

**June 6** National Trails Day at Beaman Park, Nashville. Volunteer Boardwalk Construction Project! 9am to 4pm at the Beaman Park Nature Center, 5911 Old Hickory Blvd. Come out for the whole day or just part of it. There will be plenty of work to do. We are constructing a 300 foot boardwalk that connects to the new nature center. We'll provide all training, tools, snacks and lunch. Please wear clothes you can get dirty, closed-toe shoes or boots, and plenty of insect repellent! I have work gloves but you might want to bring your own. Call Nancy (615-202-5891) for more info and to RSVP for the lunch order.

**June 6 - Old Natchez Trace/Garrison Creek Loop** – 6.3 miles through ridge top and creek side forests, up and down, winding in and out of small wooded coves and down the longest section of the Old Trace left in Tennessee. One wet creek crossing. Bring water, snacks and money for carpooling. Meet at Kroger on Hwy. 100 (across from Chaffin's Barn) at 9:00 am CT. For more information and to register call Garnett Rush at 615-352-7217 or e-mail [rushga01@yahoo.com](mailto:rushga01@yahoo.com).

**June 7** Standing Stone State Park, Hilham, TN. This loop trail winds around the lake for about 5 miles and is rated moderate. There should be plenty of wildflowers in bloom with swinging bridges, switchbacks, and overlooks. Bring snacks and water.

---

## NASHVILLE (cont)

Phone Nancy Juodenas at 615-319-8811 or e-mail: [njuodenas@hotmail.com](mailto:njuodenas@hotmail.com) for meeting time/ place and to register.

**June 9** – After Work Hike; see description in June 2 above.

**June 11** – After Work Hike; see description in June 2 above.

**June 14** Hidden Springs Trail, Cedars of Lebanon State Park, Lebanon, TN. Cedars of Lebanon SP is located in an area comprised of the largest stand of Eastern Red Cedar remaining in the U.S. We will be walking through a "Cedar Glade," rocky barrens with thin soil that are extremely dry and a home to many wildflowers and plants not found in Middle TN. Although thin and rocky, the terrain on this hike is pretty much flat for the entire 4.5 miles of trail. Along the way, we will pass several sinkholes and small cave-like openings. Dress appropriately for the weather, and bring snacks, water and lunch. We'll meet at 9:00am (CST) to carpool from Kinko's on Donelson Pike (exit 216-C off of I-40E) or you can meet us at the park's visitor's center at 9:30am. For information and/or to register, call Diane Manas at 615-352-7777.

**June 16** – After Work Hike; see description in June 2 above.

---

## UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

**CHAPTER OFFICER:**

Mary Jane Ware

[maryjaneware@bellsouth.net](mailto:maryjaneware@bellsouth.net)

**June 6** Virgin Falls Pocket Wilderness, Sparta, TN. This is one of Middle Tennessee's most interesting hikes featuring waterfalls and caves. The hike is 8 miles and is rated moderate to strenuous. For a shorter hike, one can hike to Laurel Falls and return which makes the length 4 miles. Bring water, snacks, and lunch. You can meet us in the Penney's parking lot in Cookeville at 8:00am CT or at the US Bank across from McDonald's in Sparta at 8:30. For information and to register contact Marnell Cothran at 931-738-5874 or [leron@blomand.net](mailto:leron@blomand.net).

**June 13** Walls of Jericho Wilderness and Recreation Area, Winchester, TN - Jackson Co., AL. The Walls of Jericho is a massive unique geological rock formation featuring 150-200 foot vertical limestone walls at the closed end of a half mile long wooded canyon. We will also go down to the Mill Creek gusher. A cave when cresting gushes water out 15 feet at chest level! The hike is about 8.5 miles total and is mostly downhill going into the gorge so the return trip is mostly uphill. The trail is often muddy after rains. The hike is rated moderate. Bring hiking shoes, snacks, water, and lunch. You can meet us at 7:00am CT in the Penney's parking lot in Cookeville, or at the US Bank across from McDonald's in Sparta at 7:30. For information and to register contact Dave Simpson at 615-869-9163 or [drossic@comcast.net](mailto:drossic@comcast.net).



## OFFICERS:

### President

Rosemary Marshall 865-548-6171  
*Rosemary\_L@hotmail.com*

### Vice-President

LouAnn Partington 931-393-4835  
*louannpartington@yahoo.com*

### Treasurer

Don Dresser 731-668-4662  
*Donald\_Dresser@usit.net*

### Secretary

Carolyn Miller 931-456-4465  
*cardan@frontiernet.net*

### Past President

Anne Wesley 615-851-1052  
*ttahiker@msn.com*

### Previous Past President

Fount Bertram 615-765-5357  
*fwbertram@dtccom.net*

### West TN At-Large Director

Graydon Swisher 901-737-3114  
*go2swish@bellsouth.net*

### Middle TN At-Large Director

Libby Francis 615-889-5718  
*libbyslibbys@comcast.net*

### East TN At-Large Director

Joe Matlock 865-354-6101  
*matlockjf@usit.net*

### Membership

Ron Dunn 615-867-3301  
*trekkingtn@comcast.net*

### Cumberland Trail Conference Representative

Ray Garrett 865-483-4466  
*garrett.ray@comcast.net*

### TN Rails To Trails Advisory Council

Bob Richards 615-532-0753  
*robert.richards@state.tn.us*

CHAPTER REPRESENTATIVES ON THE BOARD  
ARE LISTED WITHIN EACH CHAPTER'S HEADER

### Newsletter Editor

Leslie El-Sayad *editor@tennesseetrails.org*

## Newsletter Deadlines:

Deadlines for Chapter announcements  
and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
June 5	July 1
July 10	Aug 1
Aug 10	Sept 1

Articles submitted are subject to editing and  
will be included as space permits.

Please send all submissions to:  
*editor@tennesseetrails.org*

## SODDY-DAISY CHAPTER

**Chapter Officer:** Brandy Selman (423) 544-9608  
*chatttowngrll@gmail.com*

**Treasurer:** Jan Agee (423) 504-3581  
*ageejanice@bellsouth.net*

**Hike Coordinator:** Don Deakins (423) 842-3140  
*don.deakins@gmail.com*

**Meet Quarterly:** First Monday of Jan, Apr, Jul, and Oct at  
6:00pm in Soddy Daisy Municipal Building

**Schedule:** See current schedule at <http://tinyurl.com/6np53k>

**Blog:** <http://sdtta.blogspot.com>

**June 6** Cumberland Trail - Possum Gorge - Host a National Trail Day event with a 2.5 mile round trip Cumberland Trail hike from Heiss Mountain Road to Big Possum Creek Bridge and back - Contact Don Deakins at 423-842-3140 or *don.deakins@gmail.com*

**June 13** Cumberland Trail - Soddy Gorge - Join Murfreesboro Chapter on a 5 mile hike led by Jim Schroeder between Mowbray Pike and Hotwater Road.. - Contact Don Deakins at 423-842-3140 or *don.deakins@gmail.com*

**June 20** Pot Point Nature Trail - This trail is approximately 3.5 to 4 miles long and located along the river below Prentice Cooper Wildlife Management Area. Although the first mile is uphill and rated moderate, the remainder is downhill or level and rated easy. There are numerous wet areas along the river so waterproof boots are recommended. We will carpool or caravan as needed. Contact Don Deakins at 423-842-3140 or *don.deakins@gmail.com*

**June 27** Savage Gulf - Alum Gap and Greeter Falls - Depart from McDonalds in Daisy at 8:45am EDT and drive to Greeter Falls parking area where we will stage vehicles and then proceed on to Stone Door ranger station at Savage Gulf State Natural Area where the hike will begin. Hike 2.9 relatively level miles from ranger station to Alum Gap backpacking campground. We will take an extended break for lunch at an overlook just beyond the campsite. From there we will proceed approximately 1.5 miles to Greeter Falls and then on to our previously staged vehicles in Greeter Falls parking area. Most of this trail is rated easy for terrain except for an approximate 1/2 mile segment near Greeter Falls which is rocky and rugged. It is a 54 mile and 70 minute drive to Greeter Falls from Daisy. Contact Don Deakins at 423-842-3140 or *don.deakins@gmail.com*

## TTA's Calendar

May 31-Jun 6 ..... American Hiking Society's Volunteer  
Vacation Trail Building Event on the  
Cumberland Trail

Jun 6 ..... National Trails Day (Locations TBA)

Aug 1 ..... Board of Directors' Quarterly Meeting  
(Location TBA)

Sep 13-19 ..... Bike Ride Across TN (B.R.A.T.)  
(Proceeds Benefit the Cumberland Trail)

Sep 26 ..... National Public Lands Day (Location  
TBA)

Nov 6-8..... Annual Meeting in Townsend (Smoky  
Mountains) hosted by East TN Chapter

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446  
  
ADDRESS SERVICE REQUESTED

First Class Mail  
U.S. Postage Paid  
Nashville, TN  
PERMIT NUMBER 4053



**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**  
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.  
**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .**

**A NEW MEMBER**

June 09

**RENEWING MY MEMBERSHIP**

Memberships are for one year, unless you have a Lifetime Membership.  
Gift Memberships are also available. Contact our Membership Director,  
Ron Dunn 615-867-3301 [trekkingtn@comcast.net](mailto:trekkingtn@comcast.net)

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

*PLEASE, PRINT CLEARLY.*

- \_\_\_ Individual \$25.00
- \_\_\_ Family \$35.00
- \_\_\_ Student (FULL-TIME) \$15.00
- \_\_\_ Supporting (\$50.00, \$100.00 or more)
- \_\_\_ Life Member (Individual) \$500.00
- \_\_\_ Life Member (Family) \$750.00

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
Home Phone ( \_\_\_ ) \_\_\_\_\_ Zip \_\_\_\_\_ -- \_\_\_\_\_  
Work Phone ( \_\_\_ ) \_\_\_\_\_  
e-mail \_\_\_\_\_

Please do not list my e-mail address in the TTA Annual Membership Directory

**Please list me with the following chapter:**

- |                       |   |                                      |                          |
|-----------------------|---|--------------------------------------|--------------------------|
| ___ Big South Fork    | ___ Cumberland Gap                      | ___ Memphis                          | ___ Plateau (Crossville) |
| ___ Clarksville       | ___ East TN (Oak Ridge/Knoxville)       | ___ Murfreesboro                     | ___ Soddy Daisy          |
| ___ Columbia/Franklin | ___ Highland Rim (Manchester/Tullahoma) | ___ Nashville                        | ___ Upper Cumberland     |
| ___ Cove Lake         | ___ Jackson                             | ___ Northwest (UT at Martin/Weakley) | (Sparta/Cookeville)      |
|                       |   |                                      | ___ At Large             |

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

**As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.**

## Purchase Order

Tennessee Trails Association  
P. O. Box 41446  
Nashville, TN 37204-1446

Leslie El-Sayad  
Home: 865-717-6246  
Les1202@aol.com

May 14, 2009

Color Plus Printing  
415-A Spence Lane  
Nashville, TN 37210

Leonard Chavaz  
615-781-1071  
cell ph: 615-207-0947  
colplprt@bellsouth.net

## Newsletter Printing

Cover Date: May 2009

Number of pages submitted  
with this purchase order: 10 pages

Printed Paper size: 2 - 11 x 17 sheets  
1 - 8 ½ X 11 sheet

printed on 2 sides

11 x 17 pages to be folded in ½ by Color Plus

Paper Weight: 20 pound paper weight

Paper Color: white

Ink Color: black

**Print Quantity: 800 pieces**

Approximate Cost:

Send **TAX EXEMPT** Invoice to:

Tennessee Trails Association  
P. O. Box 41446  
Nashville, TN 37204

Leonard, please contact Diana Manas at 615-352-7777

- Her picking up newsletters from you at Color Plus Printing or,
- Your delivering newsletters to her home or,
- Your delivering newsletters to the newsletter party, which will be:  
April 20 at 6:00pm at Libby Francis' home 2104 Snook Dr. 615-889-5718