

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



ANNUAL MEETING: MET, HIKED, CELEBRATED!

Our sincere thanks to everyone who participated in the Annual Meeting: from our lecture guests, musical entertainers and auctioneer, to all of the volunteers who worked tirelessly to make the weekend fun and memorable. To all of the hike leaders and trail sweeps; in addition to the volunteers who solicited and brought donations for the bake sale, white elephant sale, silent and live auctions. And to the numerous merchants and artisans who made generous donations. Last but not least, to Indian Creek Youth Camp for providing a beautiful facility and location. A more complete report will appear in the December newsletter.

It's Here! The New AT Specialty License Tag! Sign Up Now!

At last, Tennessee will have its own Appalachian Trail specialty license tag. Standard AT license tags will cost \$35 (in addition to the regular license registration fee) or, you can get a personalized AT tag for \$70 (also in addition to the regular license registration fee). The Appalachian Trail Conservancy will receive \$15.56 annually from each tag sold, and the funds will be earmarked for trail maintenance/shelter construction and repair on the AT in Tennessee. And get this! Each of the first 1000 persons to sign up for the AT tag will receive a free one-year membership to ATC. Already a member? You can assign your free membership to someone else. To view the AT tag, get an application, and find out more on the Frequently Asked Questions sheet, log on www.appalachiantrail.org/tnlicenseplate. (Applicants must already have the vehicle registered in Tennessee.) Don't delay! The AT plate has already become law, but we must have 1000 applicants by January 1, 2009, for the law to take effect and the plate to begin production.

CUMBERLAND TRAIL CONFERENCE

Office Location..... 19 East 4th Street
..... Crossville, TN 38555
Office Hours..... 8am-5pm
Phone: 931-456-6259
Fax: 931-456-4934
Email: cumberlandtrail@rocketmail.com
Website: www.cumberlandtrail.org

CUMBERLAND TRAIL CONFERENCE STAFF:

General Manager..... Tony Hook.....tony.hook@frontiernet.net
Trail Development Coordinator..... Amanda Leamon.....amanda.leamon@frontiernet.net
Trail Programs Coordinator..... Alex Schafer.....alex.schafer@frontiernet.net
Office Manager..... Marleya Pendleton.....marleyapendleton@frontiernet.net

CTC

The Cumberland Trail Conference would like to take this opportunity to thank all of the TTA members that help construct the bridge over Big Possum Creek near Soddy-Daisy, TN. Members from the Plateau, Murfreesboro, Memphis, and Un-affiliated TTA members all assisted with the bridge construction. The CTC wants to especially thank the new formed Soddy-Daisy TTA Chapter. The support from members of this chapter was invaluable. Please take out the fall scheduling info and in its place mention Break-Away 2009 from Feb 22 thru March 28, details TBA.

BIG SOUTH FORK CHAPTER

CHAPTER OFFICER: Jim Meadows
423-628-6475 jhmnhm@highland.net
SECRETARY / TREASURER: Benita Howell
423-628-5521 bjhowell@highland.net
BOARD REPRESENTATIVES: Tim & Lynn Takacs
615-824-7048 lynntakacs@comcast.net
or ttakacs@comcast.net
OUTINGS COORDINATOR Tom Howell
423-628-5521 tshowell1003@highland.net

(Call Tom & volunteer to lead an outing.)

Nov 29 Burnt Mill Bridge Loop, Big South Fork NRRRA This 4.3 mile moderate hike mostly follows Clear Fork River and offers good views of the stream after leaf fall. This will be an afternoon hike as usual for our annual Saturday-after-Thanksgiving outing. Meet at Harrow Road Cafe in Rugby at 1:30 Eastern time to car pool, or at the new Burnt Mill Bridge parking area on the west side of the new bridge at 2:00 Eastern time. The best approaches to the newly improved road are via West Robbins Road of TN 52 or off US 27 from Mountain View through Black Creek Crossroads. Follow brown Burnt Mill directional signs from the Cross Roads Church intersection. Be sure to register with hike leaders Tim or Lynn Takacs if you plan to meet the group at the trail head parking area. E-mail ttakacs@comcast.net or lynntakacs@comcast.net.

COVE LAKE CHAPTER

CHAPTER OFFICER: Richard Helm
423-562-1110 Richard.Helm@ahss.org
CO-CHAIR: George Gill 423-562-7121
MEETS MONTHLY: Meetings will be held at Cove Lake State Park at 6:00pm on the first Monday each month.
Nov 3 We will meet 6:00 p.m. @ the LaFollette Recreation Center for our monthly meeting. More information contact Richard Helm 423-562-1110
Nov 8 Meet at Eagle Market 9:00 a.m. to hike the River Bluff Trail. The trail itself is 3.1 miles rated moderate-difficult. More information contact Richard Helm 423-562-1110
Nov 22 We will be hiking the Cumberland Gap Pentacle Overlook Trail. Meet @ Food Lion 9:00 a.m. It is a 3 mile hike rated moderate. More info. contact Richard Helm 423-562-1110

CLARKSVILLE CHAPTER

CHAPTER OFFICER: J.R. Tate 931-920-2692
modelt@charter.net
OUTINGS COORDINATOR: Suva Bastin 931-645-2849
(call Suva & volunteer to lead an outing)
MEETS MONTHLY: 3rd Tuesday, 7:00 pm CT at Crow
Community Center, 211 Richview Rd.

Nov 1 Annual TTA Bonfire; Rotary Park Amphitheater, Clarksville, TN; Hike at 4:30, Eat at 5:30; Judith Tate 931-920-2692

Nov 8 Nathan Bedford Forrest State Park; 10 miles, moderate; Suva Bastin 931-645-2849

Nov 15 Springfield, TN, Greenway and Lunch at a tea room; 8 miles, easy; Pam Gadsey 931-552-2325

Nov 22 Dunbar Cave State Natural Area, Clarksville, TN; 3 miles, easy; Lilli Ball 931-552-2773

Nov 29 After-Thanksgiving Hike, Rotary Park, Clarksville, TN; 3 miles, easy; Suva Bastin 931-645-2849

COLUMBIA/FRANKLIN CHAPTER

CHAPTER OFFICER: Bobby Hardeman
615-430-0638 puttr22@aol.com
MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31, north side of Spring Hill). Socializing and dinner at 6:00pm CT; meeting starts at 7:00pm.
Nov. 4 Regular monthly meeting. Speaker will be Andrea English.
Nov. 8 Easy 5 mile hike at Cedars of Lebanon State Park. Car pool will leave A&D Market (Hwy. 431) at 8:30 a.m. Register with Marvin Caine, MLCaine@aol.com or 931 486-1632.
Nov. 22 Hike the Honey Creek Loop with Brenda Callahan leading. This day hike is some of the most beautiful terrain in the Big South Fork area with sheer bluffs, rock houses and waterfalls to see. Carpool will meet at A&D Market and leave at 7 a.m. Register with Bobby Hardeman, puttr22@aol.com or call 615 430-0368.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER OFFICER: Rosemary Marshall
865-548-6171 *Rosemary_L@hotmail.com*
CHAPTER CO-OFFICER: Allie Sasser Hubbs
865-494-9522 *hike_announcement_etchapter@yahoo.com*
ASSISTANT CO-OFFICER: Elise Eustace
865-712-1916 *eliseus@hotmail.com*
TREASURER: Bob Uhren
snowcap34@hotmail.com

Nov 8, Hike to House Mountain From the parking lot, we will climb to the west overlook for a view of Knoxville. Then we will hike along the ridge top to the east end of the mountain to the east overlook. From there, let's backtrack to the Turkey Trot trail. Meet at Asheville Highway Food Lion and plan to leave at 9:00 AM. The hike is close to 5 miles and rated moderate. For more information and to register, please contact Rosemary Marshall at 865-548-6171 or *rosemary_l@hotmail.com*

Nov 15, Multi-Chapter event - Edgar Evins State Park is the best place to be. We will be instructed on the latest techniques of trail building and trail maintenance. Our leader will be Randy Hedgepath. This promises to be informative and fun for all. Let's carpool from K-town and make a day of it. Call Rosemary for other details. 865-548-6171

Nov. 29 - Benton MacKaye Trail from Cherochala Skyway to Whigg Meadow Beginning at a parking lot near the TN/NC state line at an elevation of 4500' we walk through a mostly forested area with several ups and downs until we reach our ultimate destination--Whigg Meadow. If the weather cooperates, we should have excellent 360 degree views of the surrounding mountains and TN Valley. The hike is 8 miles round trip and rated moderate. Dress warmly and bring water and lunch. Tennis shoes not advised. We will meet at 8:30 a.m. Eastern Time at the Maryville Wal-Mart on US-411S. Park in the corner of the lot nearest the Murphy gas station. For further info on this hike contact Keith at 865-982-7368 or *keithmertz@hotmail.com*

LOOKING AHEAD TO 2009

Happy Birthday to our "Great Smoky Mountain National Park" - 75 years in the making. We will celebrate with lots of special events during the upcoming year. Stay in touch and be a part of this special year.

HIGHLAND RIM CHAPTER (Tullahoma Area)

CHAPTER OFFICER: H.T. (Tom) Bentley
931-455-5849 *hibentley@charter.net*
VICE PRESIDENT: Joette Carter 931-968-0073
OUTINGS COORDINATOR / NEWSLETTER CONTACT:
Marietta Poteet 931-924-7666
nannietta@blomand.net
(contact Marietta & volunteer to lead an outing)
MEETS MONTHLY: 1st Tuesday at Crockett's restaurant in Tullahoma. Socializing & dinner at 6:00pm CT; meeting starts at 7:00pm

Nov 1 - Check out <http://ttahighlandrim.blogspot.com/> for latest details

Nov 4 - Monthly meeting at Crocketts in Tullahoma. 6:00 for dinner and 7:00 for the meeting. For more information contact Tom Bentley at *hbentley@lighttube.net*

Nov 8 - Jim and Marietta Poteet will lead a trip to Virgin Falls. This is rated moderate due to the ascent from the river and the length of 8 miles. It is a beautiful hike and waterfall. Maybe with the rain we have had, the falls will be quite lovely. Call Marietta at 931-924-7666 or email at *nannietta@blomand.net*.

Nov 15 - Eat-hike-eat. Meet at Blue Chair in Sewanee at 10:00 for brunch and social. This is a departure from our normal schedule. We will be hiking to Buggytop cave with the South Cumberland rangers at 12:30; we will leave from Blue Chair at 12:00 to meet at Buggytop parking lot. Contact Tom Bentley at *hbentley@lighttube.net*. (931) 455-5849

Nov 16 - A walking tour throughout the Huntsville Galaxy of lights. <http://www.hsvbg.org/media/galaxy.htm>. This is a magnificent mile long holiday light extravaganza featuring larger than life animated light display. There is a small admission charge and we will start with dinner and follow with coffee. Contact Barbie Taylor

JACKSON CHAPTER

CHAPTER OFFICER: Candy Higgs 731-695-1960 *chiggs_3@yahoo.com*
TREASURER: Sara Hakim 206-553-9334 *hakim@lambuth.edu*
SECRETARY Don Dresser 731-668-4190 *Donald_Dresser@usit.net*
OUTINGS COORDINATOR: Glen Rognstad 731-217-5966 *grognstad5966@charter.net*
MEETS MONTHLY: 2nd Monday at Perkins Restaurant, 999 Vann Drive in Jackson. Socializing & dinner starts at 6:00pm CT; meeting starts at 7:00pm

Nov 1 - Big Hill State Park, Pocahtonat TN: Meet at the boat dock in the park @ 9:00 AM or carpool from Jackson. The 7-8 mile loop trail is rated moderate and takes us over wooded hills around the lake to a fire tower. We cross a 0.8 mile boardwalk over dismal swamp. Bring lunch and plenty of water. Hiking boots are strongly recommended. To register and get carpool information, call Sara Hakim @ (206) 553-9334 or email @ *hakim@lambuth.edu*

Nov 15 - Nathan Bedford Forrest State park Eva TN. Hikers will be able to see a stone memorial at the site of historic battlefield atop pilot knob. Pilot knob, the highest point in West Tennessee, offers an outstanding view of the Tennessee River. Will waiting to go hiking take the time to visit the Tennessee River Folk-life Museum and Interpretive Center. The park offers several hiking options and specific hikes will be decided at a later date. Bring lunch and plenty of water. For additional information and to register, contact Candy Higgs at (731) 695-1960 or email *chiggs_3@yahoo.com*

Nov 22 - Mousetail Landing State Park, Parson, TN. Eagle Point Trail is an eight mile loop to a high bluff overlooking the Tennessee River below. This is a favorite hike of the Jackson Chapter. The trail is rated moderate. Bring lunch and plenty of water. For additional information and to register, contact Candy Higgs at (731) 695-1960 or email *chiggs_3@yahoo.com*

MEMPHIS CHAPTER

CHAPTER OFFICER: Sandra Amsden
901-830-8311 *amsden61@yahoo.com*

MEETS MONTHLY: (Sep - May) 3rd Thursday at 7:00pm CT at
Cordova Library, 8457 Trinity Rd.

Nov 8-9, Buffalo National River Hike, Jasper, AR
Join Deena Spuryer for a look at the Ozarks' most beautiful
landscapes! Crystal clear rivers, waterfalls, intense fall color,
towering bluffs, unique rock formations, and amazing
overlooks of the river valley will make for a worthwhile
wandering. We'll hike along the Old Buffalo River Trail, From
Ponca to Steele's Creek, near Jasper. If time permits, we will
visit the Ponca Elk Education Center, near the trailhead. (We
will most likely catch sight of some of these amazing creatures
on our hike!). Saturday's hike will be about 6 miles and will
be rated easy to moderate depending on the elevation gain.
On Sunday, we will visit Pedestal Rocks and Kings Bluff Falls,
one of the highest waterfalls in Arkansas. This hike will be
located south of Jasper, near Pelsor. It will be about 4 miles
total, rated easy to moderate. We will meet in Jasper on
Saturday morning at 8:30 in front of the Newton County Court
House. Rain will cancel this event. Pre-registration required.
Contact Deena Spuryer at 901-685-7706 if you wish to
participate. Hotel reservations if needed should be made
ASAP. Recommended motels are Little Switzerland 870-446-
2693, Arkansas House B&B 870-446-5900, Front Porch 870-
446-2444. Jasper can be found by following I-40 to
Russellville AR and turning north on Scenic 7.

Nov 15, Big Hill Pond State Park, Pocahtontas, TN
(approx 1 ½ hour from Memphis)
This is an 8-mile loop trail rated moderate over wooded hills,
through rock outcroppings, crossing a 0.8 mile boardwalk over
Dismal Swamp with lunch at the fire tower overlooking the
Tuscumbia river valley. Meet at the board dock at 9:30 a.m.
and bring lunch & water. Boots strongly recommended. For
information call Debbi Hicks at 901-337-0410 or email
debbi.hicks@memphismediasource.com Directions from
Bartlett: take Stage Road (Hwy 64) to Bolivar, turn south onto
Hwy 125 to Middleton, turn east onto Hwy 57 and drive 10
miles to the park, turn right into park entrance and park near
the boat dock.
<http://www.state.tn.us/environment/parks/parks/BigHillPond>

Nov 20, Monthly Meeting Meet at 7:00 p.m. at the Cordova
Public Library, 8457 Trinity Road. Program to be announced
later.

Nov 29, Ft Pillow State Park, Henning, TN This is our annual
Thanksgiving weekend hike. Meet at the Park Interpretative
Center at 9:00 a.m. We will hike an 8-mile historic loop trail
over rugged hilly terrain and through hardwood forests
followed by a catfish lunch at Miss Sips. Trail is rated
moderate. Bring water and snacks. New hikers welcome!
For information call Jerry Lenski at 901-213-0604.

PLATEAU CHAPTER (Crossville)

CO-CHAPTER OFFICERS: Jan Barber
931-839-6663 *taxxing@aol.com*
Myra Holloway
931-788-1724 *followthesun12@live.com*

SECRETARY/TREASURER: Jim Grove
MEETS MONTHLY: 2nd Thursday at 6:30pm CT. Art Circle
Public Library's Community Room, 154 East 1st Street,
Crossville

There is a leaderless hike (typically 5 - 7 miles) every
Wednesday morning. For additional information or to get on
an e-mail list for the hikes, contact Bill Harris at (931) 484-
9152 or Jim McCullough at *sue1290@frontiernet.net*. Rain
cancels.

Nov 1, Angel Falls Overlook, Big South Fork. This is a 10
mile hike rated difficult due to its length, but the footing is
good and the overall grade is downhill. The hike passes
several rock houses, a small waterfall and a couple
overlooks on the way to Angel Falls Overlook, which is a
massive rock outcropping several hundred feet above the
Big South Fork of the Cumberland River. Hikers will shuttle
cars and depart from the Bandy Creek trailhead finishing at
Leatherwood Ford. Wear boots, bring water and lunch.
Bring money if you want to eat at Bacaras' Family
Restaurant on the way home. Meet behind Cracker Barrel
at 8:00 AM CDT. For more information and to register, call
Bill Harris at 931-484-9152.

Nov 13, Chapter Meeting. 6:30 PM at the Art Circle Public
Library Community Room. Let's meet and plan the
Christmas party and hikes for January and February. For
more information, please contact the Chapter Co-Chairs.

Nov 18, Walls of Jericho Wilderness and Recreation Area.
Winchester, TN and Jackson County, AL. The hike is
approximately 7 miles in length and rated strenuous due to
the elevation change of 1000 feet and the slippery areas
near the bottom of the trail. The Walls of Jericho is a large,
bowl shaped natural amphitheater that shoots water out of
holes and cracks in the canyon wall during times of high
water flow. Its unique formations are a part of the forested
uplands and caves spreading across the area. Wear boots,
and bring water, lunch and snacks. Meet at the Tractor
Supply parking lot at 8:00 AM CST. For more information
and to register, contact Joe Matlock at 865-354-6101 or
matlockjf@usit.net.

NORTHWEST CHAPTER (UT at Martin/Weakley County)

CHAPTER OFFICER: Jim Clark 731-587-2225
jclark@utm.edu

Our Chapter is active despite not having an
announcement for specific hikes. Call Jim Clark at 731-
587-2225 to find out what you can do to help the
chapter.

MURFREESBORO CHAPTER

CHAPTER OFFICER: Millette Jones
615-397-9588 millette.jones@comcast.net

OUTINGS COORDINATOR / CO-OFFICER: Tony Jones
615-397-4463 awj68@comcast.net
(Call Tony & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT
Barfield-Crescent Park's Wilderness Station
697 Barfield-Crescent Rd., Murfreesboro

BLOG www.ttamurfreesboro.blogspot.com

Nov 1- Montgomery Bell East Loop, Montgomery Bell State Park. Burns, TN. We will hike an easy to moderate 6.2 miles through oak-hickory forest rich in Tennessee beauty and history. Along the way we'll cross a shallow stream, traverse a ridge or two and stroll along Creech Hollow Lake. In addition we may be fortunate enough to spot some of the wildlife (deer, hawk, pileated woodpecker) that calls the park home. Bring water, hearty snacks to hold you over and \$\$ for a wonderful late lunch at Carl's Perfect Pig in White Bluff. Hike will go rain or shine. For carpool place and time contact Ron Dunn at 615-867-3301 or trekkingtn@comcast.net. **Oct 31 to Nov 2-** Backpack Cosby Area Loop- GSPMP, 18 miles, strenuous. Elevation gain over 3,000 ft. Highlights include virgin forest and views from the bald. We will hike 12.5 miles on Saturday beginning at the Cosby Campground. We will take the Gabe Mt. Trail to Maddron Bald Trail to campsite #29. Sunday morning we will finish our ascent to over 5,000 ft. We will take the Snake Den Trail down to the Cosby Campground. Hike is limited to 8 experienced backpackers. Since we will need an early start Saturday morning, hikers must be prepared to get to the Cosby area on Friday evening. Contact Tammy Day to register, tliday@comcast.net

Nov 8- Fall Colors Hike and Potluck Social, Monterey, TN. 4 miles moderate. Join us again for our annual Fall hike at the Bowling Farm in Monterey. Even if you are not able to hike, come and enjoy the scenery and friendship with the Bowling's, or you may join us for the first mile of the hike that will loop back to the house. There is plenty of room on the porch. Bring a dish to share. Tony & Millette Jones will lead the carpool from Murfreesboro as well as the hike. Call or e-mail for carpool information and to sign up. 397-4463 or awj68@comcast.net. Please, if you decide to go let us know in advance so that we can prepare with the Bowling's.

Nov 11- Monthly Meeting at Barfield Crescent Park. 6PM. Join us for our PLANNING meeting to plan our adventures through June 2009. This will be a finger food supper, so bring something easy. Hike leaders will be pre-planning many of the hikes, but come prepared to fill in the gaps. NOTE THAT THIS MEETING WILL START AT 6PM!

Nov 15- Paw Paw Trail- Fall Creek Falls 4.6 miles easy.- Meet at Sams at 8:00 AM- Exit 78A Behind Hardees. We will hike and then eat at the Inn for lunch. Bring water, snacks and \$ for lunch. To sign up contact Cindy Andrews 893-3088 swallowtail1@comcast.net

Nov 22- North Chickamauga segment of the Cumberland Trail, Soddy Daisy, TN. 7.5 miles moderate to strenuous. We will be hiking past coal tipple remnants, mine shaft and see rock bluffs and enjoy the view from Boston Branch. Bring snacks, water and lunch. We will leave from Sam's parking lot at 7:30 am and to register call Sara Pollard at 896-5804.

Nov 28 Annual Multi-Chapter Turkey Walk Off at Old Stone Fort, Tullahoma. See Highland Rim's description. For Murfreesboro carpool information contact Tony Jones 615-397-4463 or awj68@comcast.net

MURFREESBORO (cont)

Nov 29- Shelby Bottoms Greenway, Nashville. 4-5 miles, easy. This will be lead by Judy Homan. Walk from the Nature Center across the Cumberland River Pedestrian Bridge. This is an easy greenway walk. Contact Judy to sign up at 615-849-6966 or tnhoman@bellsouth.net

Planning Ahead.

Dec 9- Monthly Meeting at 6PM. Join us for our annual Christmas Dinner.

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICER: Mary Jane Ware
maryjaneware@bellsouth.net

Nov 1 Above the Gulf, Savage Gulf State Natural Area, Palmer, TN. We will enjoy the spectacular fall colors of Savage Gulf while avoiding the strenuous climbs in and out of the major gulfs. This hike will start from the Collins Gulf Trailhead. We will follow the Collins Gulf Trail across the bridge over Collins River and then on to its junction with the South Rim Trail. We will then take the South Rim Trail to the Savage Day Loop, which we will follow to the Savage Gulf Ranger Station. The hike is about 14 miles, mostly on top of the mountain. There are numerous outstanding overlooks of Savage Gulf and Collins Gulf as well as Savage Falls. The terrain is easy to moderate but the hike is strenuous due to the distance. There may be fording of small streams. You can meet us at 7:30am CT in the Penney's parking lot in Cookeville or at the US Bank across from McDonald's in Sparta at 8:00. For information and to register contact Lillian Ey at 615-746-8890 or eyintn@hotmail.com.

Nov 8-9 Porter Creek Manway, Great Smoky Mountains National Park, Gatlinburg, TN. We will hike into campsite #31 on Saturday and continue on Sunday from the campsite to meet the Appalachian Trail at Dry Sluice Gap and end at Newfound Gap. The first part of the hike is rated easy to moderate. The second day's hike is rated extremely strenuous. The trail from the campground is not maintained and crosses Porter Creek at least a dozen times. There are areas of down trees that you have to climb through and the last part of the ascent to the AT is nearly vertical. Please do not sign up for this hike unless you are a strong hiker. Try to pack light as you have to carry your pack up. Please google "Porter Creek Manway" for more information and reviews. For information and to register contact Cindy Johnson at cjhike@comcast.net or 931-570-0122.

Nov 15 Brady Mountain Segment of the Cumberland Trail, Crossville, TN. We will hike the length of the trail from the Jewitt Road trailhead to Highway 68. Highlights of the trail include spectacular views of Grassy Cove and the mountains to the east. The hike is about 8 miles and is rated moderate to strenuous because of the elevation gain. A side trip to the site of an airplane crash is possible. Bring water, snacks, lunch, and sturdy hiking boots. You can meet us at 8:00am CT in the Penney's parking lot in Cookeville. For information and to register contact Richard Savage at 931-526-2035 or savage_richard@hotmail.com

Nov 22 Cooper Mountain Loop Trail, Standing Stone State Park, Hillham, TN. This wonderful and varied woods trail documents why our state forests need to be protected as examples of our native mixed mesophytic forest. The hike is about 8 miles and is rated moderate. You can meet us at 9:00am CT in the Penney's parking lot in Cookeville. Bring water, snacks, and lunch. For information and to register contact Hix Stubblefield at 931-526-2312 or hixstub1@citlink.net

NASHVILLE CHAPTER

CHAPTER OFFICER:

615-517-6486

Nora Beck

nora_beck@comcast.net

OUTINGS COORDINATOR:

Libby Francis

libbyslibbys@comcast.net

(email Libby & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT

TN Wildlife Resources Association meeting room at Ellington Agricultural Center, 5105 Edmondson Pike. For directions, visit: www.tennesseetrails.org/nashville.php

Nov 25 Chapter meeting, at 7:00 p.m. at the Region 2 headquarters of the Tenn. Wildlife Resources Agency. ! Look for an announcement in your e-mail in-box about the November program. After a brief business meeting we'll have a program followed by refreshments and time to socialize. Bring guests - they're always welcome.

Nov. 1 Lookout Mountain, near Chattanooga. Ride the incline railway (\$15 charge) to the summit, where the Civil War Battle above the Clouds took place, and hike 9 moderate miles (due to elevation changes) on to Craven House Loop Trail and Bluff Trail. Wear sturdy boots; bring water, lunch and money for carpooling. For more information and to register contact Garnett Rush at 615-352-7217 or e-mail rushga01@yahoo.com

Nov. 1 Beaman Park Hike, Nashville. 9:00am to noon CT. Meet at the Creekside Trailhead. (4111 Little Marrowbone Road in Mapquest) We will hike the Henry Hollow loop trail and the new Sedge Hill spur trail to the Nature Center. 4 miles, moderately difficult. For information call Nancy at 615-202-5891

Nov. 2 Beaman Park Trail Maintenance Work Day, Nashville. 1:00pm to 4:00pm CT Meet at the Nature Center parking lot (5911 Old Hickory Blvd in Mapquest). We will provide tools, work gloves, snacks and water. Wear sturdy shoes and clothes that can get dirty. For information call Nancy at 615-202-5891.

Nov. 15 Beaman Park, Nashville. Beaman Park lies on the Highland Rim, just outside of the Nashville Basin, in the northwest edge of Davidson County. Its terrain features steep, forested slopes, with drier ridge tops and elevations just under 1000 feet. Deep hollows contain pristine springs and streams. The vegetation is incredibly diverse with countless species of wildlife. Join us as we check out the new nature center. For more info and to register contact Nancy Juodenas njuodenas@hotmail.com

??TBA?? Blackburn Fork State Scenic River, near Algood, TN. Are you flexible? Would you like to hike off trail? Hike with the landowner on this newly acquired land and view Indian Rock Houses, incredible views and other interesting features including a waterfall. Be prepared for difficult terrain on this approximately 4 hour hike. Bring lunch, water, sturdy hiking boots, and a hiking stick would be helpful. For more information, dates, and times contact Nora Beck at nora_beck@comcast.net or call 615-517-6486.

Nov 28 After Thanksgiving Day Hike: "East Meets West" on Montgomery Bell SP's Perimeter Trail. Burns TN (about 45 minutes drive west of Nashville). The east side of MBSP's Perimeter Trail is approximately 7 miles long and rated moderate due to the continuously rolling and hilly terrain. Along the way, we will have 3 stream crossings, normally sole/toe deep; however, if we've had heavy rain within days of our arrival, it may reach our ankles (a change of socks/shoes for the drive home is advisable). We will also pass a back country shelter, Creech Lake and maybe even see some wildlife - turkey, deer, and assorted ground critters/birds. Dress appropriately for changing weather/temperatures, wear sturdy hiking shoes/boots, and bring snacks, lunch and water. We will meet and carpool

NASHVILLE (cont)

from West Nashville around 8:30a (CST) and should be back in the Nashville area around 3:00p. For information and meeting location, call Diane Manas at 615-352-7777.

Nov 30 Mossy Ridge Trail in Warner Park. Nashville, TN. Still wanting to rid of the too much turkey, stuffing and pumpkin pie from this past Thursday? The Mossy Ridge Trail is 4.5 miles and rated moderate due to several short hills and uneven terrain we will encounter along the way. We will see lots of chipmunks and squirrels, a couple of deer and maybe even an owl as we make our way under the canopy of sycamore, oak, maple and birch. Please wear sturdy hiking shoes, and bring plenty of water. Afterwards, we will regroup for coffee and a snack close by at Bruegger's Bagel Bakery (bring \$ to pay for your coffee/snack). We'll meet in the Deep Well parking area of the park at 8:00am CT, and hit the trail shortly thereafter, and be finished around 10:30am. To get to Deep Well from Nashville: head west on Hwy 70 (West End Ave). In Belle Meade (after crossing over Woodmont Blvd, passing Kroger on the right, the mansion on the left), Hwy 70 splits. Take the left side, which puts you on Hwy 100. Go approx 2 miles and turn left into the grey stone entrance, drive to the end/t-intersection - you're in Deep Well. For additional information, call Diane Manas at 615-352-7777.

EVANS MEANS

TTA is Accepting Applications for 2009 Evan Means Small Grants - The Evan Means Small Grants Fund was established by TTA to honor one of its founders, Evan Means. Each year, the TTA board of directors awards small grants to non-profit, volunteer-based groups or individuals to assist with trail-related projects in Tennessee. The grants program is funded by membership dues - especially by the additional funds contributed by TTA's Supporting Members. Thank you for making this program possible.

In 2008, Evan Means Small Grants recipients included: **Friends of Beaman Park** in Nashville to assist with the construction of a bridge in honor of Bob Brown; **Cumberland Trail Conference** to defray the expense of its Spring Breakaway Program; **WATER** to fund the ongoing construction and maintenance of a trail system around the Tellico Reservoir. In the past, local chapters of TTA have also received grant money to help with local trail projects.

For example, Big South Fork chapter was granted funds to help rehabilitate the Gentleman's Swimming Hole trail in Rugby. To apply, go to www.tennesseetrails.org and click on "Grants". Download a grant application, and mail a hard copy to:

Tennessee Trails Association, attn Evan Means Grants Committee

P.O. Box 41446

Nashville, TN 37204-1446

The deadline for 2009 grant applications is December 31, 2008. Grant applications received by this deadline will be reviewed at the first Board of Directors' meeting in February 2009.

If you have any questions, please e-mail Anne Wesley at tahiker@msn.com.

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Bob Richards 615-532-0753
robert.richards@state.tn.us

CHAPTER REPRESENTATIVES ON THE BOARD
 ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

Leslie El-Sayad *editor@tennesseetrails.org*

Newsletter Deadlines:

Deadlines for Chapter announcements
 and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Nov 5	Dec 1
Dec 10	Jan 1
Jan 10	Feb 1

Articles submitted are subject to editing and
 will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

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Tennessee Trails Merchandise Order Form

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A must for each car. Removable, no adhesives.

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Name: _____

Address: _____

City: _____ State: __ Zip: _____

PHONE hm: (____) _____ wk:(____) _____

E-mail Address: _____

Mail your check payable to: Tennessee Trails Association
 Candy Higgs
 37 O'Hara Lane
 Jackson, TN 38305
 chiggs_3@yahoo.com

Please allow 4 weeks for delivery and prices shown include postage.

Tennessee Trails Association
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NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

A NEW MEMBER

Nov 08

RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Garnett Rush 615-352-7217 rushga01@yahoo.com

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

- ___ Individual \$25.00
- ___ Family \$35.00
- ___ Student (FULL-TIME) \$15.00
- ___ Supporting (\$50.00, \$100.00 or more)
- ___ Life Member (Individual) \$500.00
- ___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Home Phone (___) _____ Zip _____ -- _____
Work Phone (___) _____
e-mail _____

Please do not list my e-mail address in the TTA Annual Membership Directory

Please list me with the following chapter:

- | | | | |
|-----------------------|---|--------------------------------------|--------------------------|
| ___ Big South Fork | ___ Cumberland Gap | ___ Memphis | ___ Plateau (Crossville) |
| ___ Clarksville | ___ East TN (Oak Ridge/Knoxville) | ___ Murfreesboro | ___ Soddy Daisy |
| ___ Columbia/Franklin | ___ Highland Rim (Manchester/Tullahoma) | ___ Nashville | ___ Upper Cumberland |
| ___ Cove Lake | ___ Jackson | ___ Northwest (UT at Martin/Weakley) | (Sparta/Cookeville) |
| | | | ___ At Large |

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.

Purchase Order

Tennessee Trails Association
P. O. Box 41446
Nashville, TN 37204-1446

October 14, 2008

Leslie El-Sayad
Home: 865-717-6246
Les1202@aol.com

Color Plus Printing
415-A Spence Lane
Nashville, TN 37210

Leonard Chavaz
615-781-1071
cell ph: 615-207-0947
colplprt@bellsouth.net

Newsletter Printing

Cover Date: November 2008

Number of pages submitted
with this purchase order: 8 pages

Printed Paper size: 2 - 11 x 17 sheets
printed on 2 sides
11 x 17 pages to be folded in ½ by Color Plus

Paper Weight: 20 pound paper weight

Paper Color: white

Ink Color: black

Print Quantity: 800 pieces

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Send **TAX EXEMPT** Invoice to:

Tennessee Trails Association
P. O. Box 41446
Nashville, TN 37204

Leonard, please contact Garnett Rush at 615-352-7217

- Her picking up newsletters from you at Color Plus Printing or,
- Your delivering newsletters to her home or,
- Your delivering newsletters to the newsletter party, which will be:
Oct 21 at 6:00pm at Bob and Victoria Richard's home 808 Neartop Drive 615-210-1932