

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



1968: Do You Remember?

- Gas per gallon - 34 cents.
- Average cost of a new car - \$2,822.00.
- "You've come a long way, baby" is introduced by Virginia Slims cigarettes as their marketing slogan.
- The largest reservoir of American petroleum north of Mexico is discovered in Alaska.
- Congress passes Wild and Scenic Rivers Act and National Trails System Act.
- Harvey Broome of Knoxville, founder of the Wilderness Society dies.
- U.S. Army Corps of Engineers acquires 30 miles of shoreline in Davidson and Rutherford counties for park development as part of its Percy Priest Dam and Reservoir project.
- Congress designates the Appalachian Trail as a National Scenic Trail.
- After 6 years of construction, I-24 over Monteagle Mountain opens.
- Tennessee Trails Association, Inc. is organized.

This means TTA is 40 years old! It isn't official until December 7, 2008; however, the theme during our Annual Meeting October 24 –26, at Indian Creek Camp in Liberty, TN will be "Celebrating our First 40 Years of Hiking, Trail Building & Maintenance in Tennessee."

If you are a new member or haven't been to an Annual Meeting yet, here's what you can expect: 3 days of hikes; meeting fellow hikers from all across the state (even some from surrounding states); entertainment; updates on business, a beautiful, spacious and modern conference center in Middle TN on Center Hill Lake which offers several levels of accommodations and meals to satisfy both carnivores and lacto-ovo vegetarians.

Oh yes, there are the infamous and often hysterical auctions (live and silent) where handmade crafts, hiking gear and "gag items" move quickly to the highest bidder. You'll find bargain prices on gently loved treasures at the White Elephant Sale, and delicious made-from-scratch Bake and Snack Sale items. With the holiday season approaching, the auctions are a perfect venue for purchasing gifts while supporting a good cause – the building of the Cumberland Trail. All proceeds from auctions, white elephant, and bake sale items will help fund the Cumberland Trail Conference's 2009 Spring BreakAway* program in March.

Good fellowship, great hikes, beautiful lakeside setting, stimulating and entertaining programs, tasty meals, and an opportunity to support the Cumberland Trail – what more could you want???

So don't hesitate, start making plans now by clearing your calendar to attend, Friday – Sunday, October 24 – 26, at Indian Creek Camp in Liberty, TN.

More information about the Annual Meeting, registration and hikes will be available in upcoming issues of *Tennessee Trails*.

Remember – it's a big-0 celebration, too. If you have memorabilia or photos from TTA events of the past, bring them – the hosting Nashville chapter has set aside space for a display to commemorate our 40-year history. Contact Nora Beck and let her know what you want to bring so we can be ready.

If you have suggestions for hikes and other activities in the area near the Annual Meeting, or want to volunteer, contact Diane Manas DManasHikes@comcast.net or Nora Beck nora_beck@comcast.net

**Save the Date October 24, 25 & 26, 2008
TTA's 2008 Annual Meeting Indian Creek Camp (Liberty, TN)
Lots more information to come.**

CUMBERLAND TRAIL CONFERENCE

CUMBERLAND TRAIL CONFERENCE STAFF:

General Manager..... Tony Hook.....tony.hook@frontiernet.net
Trail Development Coordinator..... Amanda Leamon.....amanda.leamon@frontiernet.net
Trail Programs Coordinator..... Alex Schafer.....alex.schafer@frontiernet.net
Office Manager..... Marleya Pendleton.....marleyapendleton@frontiernet.net

Office Location..... 19 East 4th Street
..... Crossville, TN 38555
Office Hours..... 8am-5pm
Phone: 931-456-6259
Fax: 931-456-4934
Email: cumberlandtrail@rocketmail.com
Website: www.cumberlandtrail.org

Cumberland Trail Spring Programs 2008

UPCOMING EVENTS

The CTC wants to take this opportunity to update TTA members about the rock mining legislation. First, the CTC wants to thank everyone that has helped with this issue. So many of you have written letters, made phone calls, visited legislators, and talked with other environmental groups. I do believe our collective voices have been heard. Regrettably, Senate Bill 4198 has been "pulled" from the Administration's legislative package. What does this mean? Unfortunately, all rock-mining bills have been withdrawn (killed) for this legislative session. A compromise on the bill could not be reached. Supposedly, a summer workshop is to take place to reconcile the bill and the new bill will be possibly introduced the next legislative session. For now, there will be no laws to protect surface owners from having their property stripped of its surface and the devastated landscape left in its place. However, the lawsuit is still pending so there is still hope that the Cumberland Trail can be saved from further destruction.

Big Dig: June 1-14 (every day of the week), Volunteer and help complete the Smoky Mountain segment of the Cumberland Trail. Please register for this event at cumberlandtrail@rocketmail.com

More information about the rock mining of the Cumberland Trail State Scenic Trail can be viewed at <http://www.rockmining.blogspot.com/>

BIG SOUTH FORK CHAPTER

CHAPTER OFFICER: Jim Meadows
423-628-6475 jhmnhm@highland.net
SECRETARY / TREASURER: Benita Howell
423-628-5521 bjhowell@highland.net
BOARD REPRESENTATIVES: Tim & Lynn Takacs
615-824-7048 lynntakacs@comcast.net
or ttakacs@comcast.net
OUTINGS COORDINATOR Tom Howell
423-628-5521 tshowell1003@highland.net
(Call Tom & volunteer to lead an outing.)
TRAIL MAINTENANCE COORDINATOR Bob Hemminger
dagbob@juno.com

June 7 Rugby, Morgan County "Fit and Fun with Missy Kane" workshop. Meet at the Community Building in Rugby at 9:30 ET for warm-up exercise, followed by a two mile power walk with tips on proper form, discussion on foods for fitness and a nutritional lunch, more stretching exercises and a 3-5 mile afternoon hike. Registration is \$35 with lunch optional (\$9). Call (423) 628-2441 or toll free 1-888-214-3400 to register.

(cont) BIG SOUTH FORK

June 14 Pogue Creek State Natural Area, Fentress County. Meet at the Pickett State Park Office at 9:30 CT, 10:30 ET to caravan to the trailhead. Carpool from Harrow Road Cafe in Rugby will leave at 9:30 ET. Pogue Creek is one of Tennessee's newest State Natural Areas and contains 3,700 acres of highly scenic land not yet accessible by developed trails. With Doyle Newbury as our guide, we'll explore a small area along the eastern border starting with a walk to a beautiful overlook, then heading down into the gorge for about a mile along the bluff line before returning by the same route. This hike is rated moderately difficult because of grade changes and some scrambling up and down steep areas. Wear sturdy boots and appropriate clothing; bring plenty of water, snacks, and bug spray. To register, contact George Zepp at RugbyTN@aol.com.

For a photographic preview of Pogue Creek State Natural Area, go to [http://www.naturephotocentral.com/cgi.pan\\$18870x5x277?bjphoto](http://www.naturephotocentral.com/cgi.pan$18870x5x277?bjphoto) and search for Pogue Creek.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER OFFICER: Bobby Hardeman
615-305-7955 puttr22@aol.com
MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31,
north side of Spring Hill). Socializing and dinner at
6:00pm CT; meeting starts at 7:00pm.

June 2 Regular monthly meeting. Reports on May hikes and
details of activities planned for June

June 7 In observance of National Trail Days we will have a
clean up, trail maintenance day at Stillhouse Hollow Falls. The
site was designated a State National Area in 2006. The trail is
located on Hwy. US 43, 21 miles southeast of Columbia, just
over the Workman Bridge, about 3 miles from Summertown.
Tools will be provided but bring work gloves and water. Meet
at the trailhead parking area at 8 a.m. After our workday we
plan to picnic at a local park. The menu is to be decided.
Contact Bobby Hardeman puttr22@aol.com or 615 305-7955)
for more information.

June 14 Elk River Canoe trip. Advance reservations
necessary-cost \$10 each. Meet at Spring Hill Kroger lot at 7
a.m. or I 65, exit 14(Frankewing) at 8 a.m. Contact Kerry
Summers (karofisher@bellsouth.net , 615 790-4013 or 615
419-8598 for details and to register.

June 28 Hike Standing Stone State Park. The park is 11,00
acres on the Eastern Highland Rim; the focal point is a 69-
acre lake. The park was built in the 1930s under the "New
Deal" with workers provided by the WPA. The "Standing
Stone" was a large rock along the Walton Road, the east-west
route cut over the Cumberland Plateau. Said to resemble a
big, gray dog, the stone supposedly marked the lands claimed
by two groups of Indians. The hike is a 4.6 mile loop around
the lake highlighted by rich forest, scenic lake views and
spring wild flowers.* This is a moderate hike; you will need
sturdy boots, water, snacks and lunch. We will stop in
Cookeville on our trip home for dinner at Marvin's favorite
restaurant. We will leave A&D Market (Hwy. 431, near 840) at
7a.m. Please register with Bobby Hardeman
puttr22@aol.com or call 615 305-7955).

COVE LAKE CHAPTER

CHAPTER OFFICER: Richard Helm
423-562-1110 Richard.Helm@ahss.org
CO-CHAIR: George Gill 423-562-7121
MEETS MONTHLY: MEETS MONTHLY: Beginning in April,
meetings will be held at Cove Lake State Park at 6:00pm on
the first Monday each month.

June 2 Monthly meeting at Cove Lake State Park, Shelter 1,
6p.m. Potluck. For info call Richard Helm 423-562-6211

June 7 Smoky Mountain Segment Cumberland Trail-Red Ash
in Caryville. Difficult 3 miles Meet at Bruce Gap Parking Lot
at 9am For information call Richard 423-562-6211

June 21 Roan Mountain St. Park new Elizabethtown, Tn.
Meet at Eagle Market, Lafolletter, 8am. Easy 2 miles. For
more information call Richard Helm 423-562-6211.

CLARKSVILLE CHAPTER

CHAPTER OFFICER: J.R. Tate 931-920-2692
modelt@charter.net
OUTINGS COORDINATOR: Suva Bastin 931-645-2849
(call Suva & volunteer to lead an outing)
MEETS MONTHLY: 3rd Tuesday, 7:00 pm CT at Crow
Community Center, 211 Richview Rd.

June 7 National Trails Day- Activity to be determined.
Contact Sandy Janus, 931-551-8523, for latest information

June 14 Beaman Park, 5 miles, easy; Jack Bastin, 931-
645-2849

June 21 LBL Elk and Bison Prairie and Homeplace, tour
sites, easy; Judith Tate, 931-920-2692

June 28 Hike with another chapter, hiker's choice

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER OFFICER: Rosemary Marshall
865-548-6171 Rosemary_L@hotmail.com
CHAPTER CO-OFFICER: Allie Sasser Hubbs
865-494-9522 hike_announcement_etchapter@yahoo.com
ASSISTANT CO-OFFICER: Elise Eustace
865-712-1916 eliseeus@hotmail.com
TREASURER: Bob Uhren
snowcap34@hotmail.com

June 7 In celebration of NTD, we will focus our efforts on the
CT. We will join in with Big Dig as they work on a section in the
Cove Lake area. We've been invited to join them for a cookout
in the afternoon. For carpooling, we will meet at the rear of
Cracker Barrell on Merchants Exit at 9 am EST. To pre-register,
call Rosemary 865-548-6171 or rosemary_L@hotmail.com

June 28 Injun Creek Trail in GSMNP is the prefect summer
hike. We will meet at the ranger station trailhead in Greenbrier
at 10 am EST. This 6.5 mile moderate hike has waterfalls,
wildflowers, bridges, cemetery and the old steam engine
history. To pre-register, call Rosemary 865-548-6171 or
rosemary_L@hotmail.com

Visit our new East Tennessee TTA Chapter Blog at

<http://easttntrails.blogspot.com/>

HIGHLAND RIM CHAPTER (Tulahoma Area)

CHAPTER OFFICER: H.T. (Tom) Bentley
931-455-5849 *htbentley@charter.net*
VICE PRESIDENT: Joette Carter 931-968-0073
OUTINGS COORDINATOR / NEWSLETTER CONTACT:
Marietta Poteet 931-924-7666
nannietta@blomand.net

(contact Marietta & volunteer to lead an outing)

MEETS MONTHLY: 1st Tuesday at Crockett's restaurant in
Tulahoma. Socializing & dinner at 6:00pm CT; meeting
starts at 7:00pm

June 3, Monthly Meeting at Crockett's. Lou Ann Partington, Peter
Trenchi and Sharon Bell will present a Nature Center Status of Tim's
Ford. Dinner at 6:00 and the meeting will begin at 7:00 pm.

June 7 National Trails Day - Contact and activity is TBD at a later
date.

June 9 Ken Stewart is organizing a Mt. LeConte Hike at a cost of
about \$100. He has 36 reservations of which 4-6 are available.
Contact Ken Stewart at 931-967-0481 or *kstewart96@charter.net*.

June 14 - Marietta and Jim Poteet will lead a hike to Lookout
Mountain. It will be approximately 9 miles on the Bluff Trail and
return. There will be a strenuous, but short uphill. See beautiful
views on the trail. Contact Marietta at 931-924-7666 or
nannietta@blomand.net.

June 21 EAT-HIKE-EAT - Meet at Blue Chair at 9:00 am. Contact
Tom Bentley 931-455-5849 or *htbentley@charter.net*.

June 28 Joette Carter will lead a canoe/kayak trip from Ferris Creek
o Shiloh . It is an 8 - 12 mile stretch of beautiful river. Call Joette at
931-968-0073 for more information.

MEMPHIS CHAPTER

CHAPTER OFFICER: Sandra Amsden
901-830-8311 *amsden61@yahoo.com*
MEETS MONTHLY: (Sep - May) 3rd Thursday at 7:00pm CT at Cordova
Library, 8457 Trinity Rd.

June 8 Annual Memphis Chapter Picnic The picnic will be at the
lakeside home of John and Regena Martin (canoes and paddle boats
available). This is a potluck; bring your favorite summer dish and a
lawn chair. Socializing and picnic starts at 2:00p.m. The address is
3876 S. Lakewood Dr., in the Lake Windermere subdivision near
Raleigh. For directions, all John or Regena at 386-3722.

No chapter meeting and hikes are scheduled for the month of June.
In the meantime, check out other TTA chapter hike listings and join a
hike!

ATTENTION

AUGUST NEWSLETTER DEADLINE

JULY 5

JACKSON CHAPTER

CHAPTER OFFICER: Candy Higgs
731-695-1960 *chiggs_3@yahoo.com*
TREASURER: Sara Hakim
206-553-9334 *hakim@lambuth.edu*
SECRETARY Don Dresser
731-668-4190 *Donald_Dresser@usit.net*
OUTINGS COORDINATOR: Glen Rognstad
731-217-5966 *grogstad5966@charter.net*
(Call Glen & volunteer to lead an outing)

MEETS MONTHLY: 2nd Monday at Perkins
Restaurant, 999 Vann Drive in Jackson.
Socializing & dinner starts at 6:00pm CT;
meeting starts at 7:00pm

June ? Mt LeConte: For information and registration,
please contact Glen Rogenstad at
grogstad5966@charter.net or 731-217-5966

We won't be having meetings during the months of
June, July or August. You are encouraged to check out
the hikes of other chapters and join them.

TTA's Calendar*

The following dates in 2007 refer to statewide activities that
TTA as a whole participates in. Please refer to this calendar
often so that you . . .

- will know when your volunteering interests are
especially needed (such as during BreakAway,
National Trail Days, etc.)
- will consider organizing/leading volunteers from your
chapter/region for an event listed
- can be sure to prevent scheduling conflicts with an
activity you wish to plan

Jun 1-14	CTC's Big Dig Trail Building Event on the Cumberland Trail
Jun 7	National Trails Day
Aug 2	Board of Directors' Quarterly Meeting (Location TBA)
Sep 14-20	B.R.A.T. (Proceeds Benefit the Cumberland Trail)
Sep 27	National Public Lands Day (Location TBA)
Oct 24-26	Annual Meeting (Liberty, TN) hosted by Nashville Chapter

**Calendar will be revised as needed.*

Attention: Hike Coordinators (aka Hike Leaders)

A TTA Release of Claims & Hold
Harmless Agreement form (aka "Liability
Waiver") must be signed by everyone before you
start your hike or before carpooling to your
hiking destination. They can be obtained from
your local Chapter Officer or downloaded easily
from our web site:

www.tennesseetrails.org/release.php

MURFREESBORO CHAPTER

CHAPTER OFFICER: Millette Jones
615-397-9588 millette.jones@comcast.net
OUTINGS COORDINATOR / CO-OFFICER: Tony Jones
615-397-4463 awj68@comcast.net

(Call Tony & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT
Barfield-Crescent Park's Wilderness Station
697 Barfield-Crescent Rd., Murfreesboro

BLOG www.ttfamurfreesboro.blogspot.com

June 7- Beginner's Backpack- Stone Door to Alum Gap, 8.6 miles, easy. Spectacular views of Savage Gulf along the western edge of the Cumberland Plateau are the highlight of this trail. For more information and to register for the hike, please contact Tammy Day at 615-904-0009.

June 7- Day hike to Stone Door and Alum Gap, 8.6 miles, easy/moderate. We will join the backpackers and enjoy the views of Savage Gulf. We'll have our lunch as they set up camp then we'll continue on and complete the hike. Bring plenty of water, snacks and a lunch to have on the trail. Contact Tony Jones to register or for more information, 615-397-4463 or awj68@comcast.net

June 7- National Trails Day Event at Walls of Jericho. Jim Schroeder is looking for 5-6 trail builders to do some "fixin" on the Mill Creek Loop Trail at the Walls of Jericho. Work includes repairing some water erosion spots, a step or two, lopping, clipping, etc. Tools will be provided. Bring your own lunch, water, gloves, and muscle power. Contact Jim Schroeder at DoughboyJim@comcast.net or 615-896-3023 to register and for further details. Will leave Murfreesboro Sam's at 7:15 am sharp, or meet at Tennessee Trailhead at 9:00 am.

June 10- Monthly Meeting- Our Annual Summer Picnic at Barfield-Crescent Park, Shelter 5. TTA will provide the main dish and drinks. Bring a side dish or dessert to share and bring your friends and family. Please sign up as early as possible so that we know how much food to buy. Contact Millette Jones at 615-397-9588 or millette.jones@comcast.net

Tuesday, June 17- Adventure Trip to Franklin, Tennessee - We will beat the heat by taking a 90 minute guided walking tour of historic downtown Franklin during the morning, followed by lunch in one of many tasty restaurants in the district. Afterwards we have options for more touring or investigating the small shops and boutiques. Bring money for lunch, \$10 for the guided tour, and plan to chip in on gasoline if you carpool. We depart from Murfreesboro Sam's by 8 AM. Spouses and friends are welcome.

June 21- Mossy Ridge at Percy Warner Park, 4.5 miles, easy/moderate. Mossy Ridge Trail is a 4.5-mile loop that winds through hollows and along ridges. There are several long uphill stretches, all the more reason to stop and admire the beautiful, old hardwood trees and scenic views. Other sites along the way include a waterfall and a chimney from the Betsy Ross cabin. The trail begins at the Deep Well Trailhead and is rated easy to moderate. Contact Ann Jacobs at 615-896-3935 or eannjacobs@aol.com for more info or to register.

June 28- Elk River Canoe/Kayak with Highland Rim Chapter.

Let's cool off! Join us on our first joint canoe trip of the summer! We'll paddle about 12 miles from Tims Ford Dam to Farris Chapel Bridge. Canoe/Kayak package rentals are available from MTSU Campus Rec (898-2104) for \$30/\$25 for the entire weekend or bring

(cont) MURFREESBORO

your own. We'll carpool from the Murfreesboro area. See the Highland Rim listing for more info. Contact Tony or Millette Jones to sign up or for more info 615/397-4463 or awj68@comcast.net

NASHVILLE CHAPTER

CHAPTER OFFICER: Nora Beck
615-517-6486 nora_beck@comcast.net
OUTINGS COORDINATOR: Libby Francis
libbyslibbys@comcast.net

(email Libby & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT
TN Wildlife Resources Association meeting room at
Ellington Agricultural Center, 5105 Edmondson Pike. For
directions, visit: www.tennesseetrails.org/nashville.php

June 24: Monthly program meeting: Our speaker will be Ray Myers, trail name "Rain Man," who with his daughter "Grass" hiked the Shenandoah National Park in June, 2007. He'll be sharing anecdotes, experiences, and pictures from their weeklong 108-mile trek in the mountains of Virginia. We meet on the fourth Tuesday of each month at 7 p.m. at the TWRA Region 2 headquarters building on the campus of the Ellington Agricultural Center.

June 4, Radnor Lake, Nashville. After work hike and dinner. Stay fit hiking in the middle of the week. We will meet to hike at 5:30, then dinner at Chili's on Old Hickory Blvd, next to Publix, Brentwood. Contact: Toni Reeves, 615 509 7278 tonir@bellsouth.net

June 7, Beaman Park, Nashville. Come to Beaman Park to celebrate National Trails Day 2008!

8:30 am CDT Trail Work The day will start off with trail construction and maintenance from 8:30 to noon. No construction experience necessary. We will provide training, tools, work gloves, lunch, drinks and door prizes!

9:00 am Family Fun Hike Not up for trail work? Then bring the whole family, for all-ages Family Fun Hike from 9:00 to 11:00 am. (One to two miles, easy)

1:00 pm Trail Exploration Hike Spend the afternoon with us as we explore the ridges and hollows at Beaman Park. (Five miles, moderately difficult) This Beaman Park National Trails Day event is hosted by Metro Parks, Friends of Beaman Park and REI. For directions and more information call Nancy at 615-202-5891

June 21, Walls of Jericho. 7-mile hike rated strenuous due to the elevation change of 100 feet and the slippery areas near the bottom of the trail. Creek crossing is involved. This hike is well worth the effort due to the 150-200 foot rock cliffs in the canyon from which the area derives its name. Wear boots, bring hiking stick, water, snacks, lunch and money for carpooling. For more information and to register call Garnett Rush at 352-7217 or e-mail rushga01@yahoo.com.

Carpool Etiquette

Gasoline prices have continued to roller coaster up and down. Please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it'll save time and prevent the inconvenience of having to stop to locate change). Your driver is not a chauffeur. Assist him or her by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing. All passengers must wear seat belts to minimize the risk of injury in case of an accident !!! *The drive to and from a trailhead is generally the most dangerous part of any hiking trip*

2008 Membership Directory It's Update Time!

The 2008 edition of the TTA Membership Directory will be mailed to all current members in May/June. Please be sure your dues are paid up so that you will be listed in the directory, and receive your copy when it's published. Also, please let us know if your home/email address and/or telephone number has changed since the last directory that was published in July 2007.

Here are a few ways you can notify us of your changes:

- • **Internet:** Visit our website (www.tennesseehiketrails.org), navigate to "Member Services," select and fill out the "Electronic Address Change Form."
- • **Mail:** Using the New/Renewal Membership Form (on the last page of this newsletter), fill in your new information, write on the form "address change" and mail to the address shown on the Membership Form.
- • **Email / Phone:** TTA's Membership Director, Garnett Rush at rushga01@yahoo.com or 615-352-7217.

Not sure of when your membership expires? **Please** look at the mailing label on your current monthly newsletter; it displays your annual expiration date just above your address. You will need to renew your membership within that month showing on your mailing label in order to avoid a lapse/interruption in receiving your newsletter.

NORTHWEST CHAPTER (UT at Martin/Weakley County)

CHAPTER OFFICER: Jim Clark 731-587-2225
jclark@utm.edu

Our Chapter is working on the 2008 hike schedule and is active despite not having an announcement for specific hikes. Call Jim Clark at 731-587-2225 to find out what you can do to help the chapter.

PLATEAU CHAPTER (Crossville)

CO-CHAPTER OFFICERS: Jan Barber
931-839-6663 taxxing@aol.com

931-788-1724 genetn1@hotmail.com

SECRETARY/TREASURER: Jim Grove
MEETS MONTHLY: 2nd Thursday at 6:30pm CT. Art Circle Public Library's Community Room, 154 East 1st Street, Crossville

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at 931-484-9152 or Jim McCullough at sue1290@frontiernet.net. Rain cancels.

June 7. National Trails Day. Plan to celebrate this annual event by joining one of the sponsored National Trails Day Events. To find an event, visit the American Hiking Society web page at <http://www.americanhiking.org> and follow the National Trails Day links.

June 28. Twin Arches Loop, Big South Fork. This is a moderately difficult hike of 5 miles. It is one of the favorite hikes in the Big South Fork due to the two large rock arches along the trail. After the arches we'll go around the loop to the right, along some bluffs, under some rock houses, and over some rocks before reaching level ground at Jake's place. Lunch will be at Charit Creek Lodge. If the weather cooperates, we should find ripe husk berries along the trail. There is a steep 1-½ mile climb at the end of the hike. Wear sturdy hiking shoes and bring snacks and water. Meet behind the Cracker Barrel in Crossville at 7:00 AM CDT to carpool. For more information and to register, please contact James Hubert at 931/459-4839 or by e-mail at jhubert@frontiernet.net

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICER: Pam Miller 931-526-9259
pdmiller@citlink.net

There are no activities planned in the month of June. However, members are encouraged to take part in hikes in neighboring chapters.

OFFICERS:

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Rosemary_L@hotmail.com

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Cumberland Trail Conference Representative

Ray Garrett 865-483-4466
garrett.ray@comcast.net

TN Rails To Trails Advisory Council

Bob Richards 615-532-0753
robert.richards@state.tn.us

CHAPTER REPRESENTATIVES ON THE BOARD
 ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

Leslie El-Sayad *editor@tennesseetrails.org*

Newsletter Deadlines:

Deadlines for Chapter announcements
 and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
June 10	July 1
July 5	Aug 1
Aug 10	Sept 1

Articles submitted are subject to editing and
 will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

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We have an arrangement with amazon.com where TTA receives a commission on all items purchased (such as books, magazines, music, electronics, even perfume – anything purchased through the amazon.com website!!!!) when you enter their site through our website. It's very easy! Go to the TTA website (www.tennesseetrails.org), navigate to the "To Buy!" page, then follow the link to the "virtual bookstore." Commissions are earned solely on sales made through the TTA website, therefore always enter amazon.com from the TTA website, and do not sign up for their one-click service.

Tennessee Trails Merchandise Order Form

_____ TTA Patch5.00
Round embroidered patch, sew it on anything.

_____ TTA Window Decal2.00
A must for each car. Removable, no adhesives.

_____ TTA License Plate.....12.00
Perfect for the front bumper of your car.

_____ TTA 35th Anniversary Commemorative Patch5.00
Round embroidered patch commemorating TTA's 35th Anniversary, sew it on anything.

_____ TTA Flashlight Carabineer Key Ring, blue3.00

Name: _____

Address: _____

City: _____ State: __ Zip: _____

PHONE hm: (____) _____ wk:(____) _____

E-mail Address: _____

Mail your check payable to: Tennessee Trails Association
 c/o Marietta Poteet
 525 Huckleberry Place
 Monteagle, TN 37356
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Please allow 4 weeks for delivery and prices shown include postage.

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 P.O. Box 41446
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NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
 To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

A NEW MEMBER

June 08

RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.
 Gift Memberships are also available. Contact our Membership Director,
 Garnett Rush 615-352-7217 rushga01@yahoo.com

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

- ___ Individual \$25.00
- ___ Family \$35.00
- ___ Student (FULL-TIME) \$15.00
- ___ Supporting (\$50.00, \$100.00 or more)
- ___ Life Member (Individual) \$500.00
- ___ Life Member (Family) \$750.00

Name _____
 Address _____
 City _____ State _____
 Home Phone (___) _____ Zip _____ -- _____
 Work Phone (___) _____
 e-mail _____

Please do not list my e-mail address in the TTA Annual Membership Directory

Please list me with the following chapter:

- | | | | |
|-----------------------|---|--------------------------------------|--------------------------|
| ___ Big South Fork | ___ Cumberland Gap | ___ Memphis | ___ Plateau (Crossville) |
| ___ Clarksville | ___ East TN (Oak Ridge/Knoxville) | ___ Murfreesboro | ___ Soddy Daisy |
| ___ Columbia/Franklin | ___ Highland Rim (Manchester/Tullahoma) | ___ Nashville | ___ Upper Cumberland |
| ___ Cove Lake | ___ Jackson | ___ Northwest (UT at Martin/Weakley) | (Sparta/Cookeville) |
| | | | ___ At Large |

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.

Purchase Order

Tennessee Trails Association
P. O. Box 41446
Nashville, TN 37204-1446

Leslie El-Sayad
Home: 865-717-6246
Les1202@aol.com

May 19, 2008

Color Plus Printing
415-A Spence Lane
Nashville, TN 37210

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cell ph: 615-207-0947
colplprt@bellsouth.net

Newsletter Printing

Cover Date: June 2008

Number of pages submitted
with this purchase order: 8 pages

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11 x 17 pages to be folded in ½ by Color Plus

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Ink Color: black

Print Quantity: 800 pieces

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P. O. Box 41446
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Leonard, please contact Garnett Rush at 615-352-7217

- Her picking up newsletters from you at Color Plus Printing or,
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