

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



TENNESSEE TRAILS ANNUAL MEETING

**MAKE PLANS TO ATTEND THE TTA ANNUAL MEETING AT
THE CLYDE M. YORK
4-H CAMP IN CROSSVILLE, TN**

MARK YOUR CALENDARS AND RESERVE THE DATES:

OCTOBER 12 - 14, 2007

REGISTER EARLY IN THIS ISSUE.

HIKES SCHEDULED INCLUDE:

**LOST CREEK CAVE, ANGEL FALLS OVERLOOK, HIDDEN PASSAGE, VIRGIN
FALLS, POLLY BRANCH, HONEY CREEK, BRADY MOUNTAIN, AND LILLY
CLIFFS, BOULDERS AND FALLS.**

"CUMBERLAND WILD" EVENT OPEN TO ALL

Jim and Marietta Poteet are co-chairing a Friends of South Cumberland event, Cumberland Wild, on July 14 from 10:00 am until 4:00 pm. It will be held at the Beersheba Assembly grounds. The theme is Protection and preservation of the South Cumberland through the development of a sustainable, tourism-based local economy. Since we hike in the South Cumberland often, I hope to see participation by many TTA members. There will be hikes, exhibits, demonstrations, live music, and a forum involving several persons who have had experience helping develop greenways using ecotourism. Email Marietta at nannietta@blomand.net for more information.

BOARD MEETING

The 3rd quarter Board of Directors meeting will be Saturday, August 4 at 1:00 pm central. We will meet at Edgar Evins State Park at the newly remodeled campers building. Upon adjournment, there will be a post-meeting dinner and catfish-eating contest at the marina restaurant. All TTA members are welcome and encouraged to attend (the meeting and/or dinner). For directions please contact Anne Wesley at tthiker@msn.com or 615-851-1052.

CUMBERLAND TRAIL CONFERENCE

Office Location 19 East 4th Street
Crossville, TN 38555
Office Hours 8am-5pm
Phone: 931-456-6259
Fax: 931-456-4934
Email: cumberlandtrail@rocketmail.com
Website: www.cumberlandtrail.org

CUMBERLAND TRAIL CONFERENCE STAFF:

Executive Director(acting) Tony Hook tony.hook@frontiernet.net
Trail Coordinator Tony Hook tony.hook@frontiernet.net

CTC Sponsors TTA Weekend

From May 25-27, TTA members camped at Stony Fork School and helped build trail on the Smoky Mountain segment of the Cumberland Trail. On May 26, volunteers worked in the Sundquist Wildlife Management Area. After a hard day of trail building, volunteers enjoyed hot showers and a cookout. May 27 was a day dedicated to hiking. Several hikes, ranging from moderate to difficult, were available to TTA volunteers.

A total of twenty TTA members participated in the event; the Murfreesboro Chapter won the Spirit Stick representing the largest TTA chapter turnout.

CTC also held a trail building event on June 2 – National Trails Day. Volunteers worked on a section of trail in the Sundquist Wildlife Management Area near the New River. After a productive day of work, volunteers relaxed together and had a cookout at Stony Fork School. CTC is grateful to everyone who came out and worked on the Cumberland Trail

BIG SOUTH FORK CHAPTER

CHAPTER OFFICER: Charles Gibbs
423-628-5678 clgibbs@highland.net
SECRETARY / TREASURER: Benita Howell
423-628-5521/865-974-7797 bjhowell@highland.net
BOARD REPRESENTATIVES: Tim & Lynn Takacs
615-824-7048 lynntakacs@comcast.net
or ttakacs@comcast.net
OUTINGS COORDINATOR Tom Howell
423-628-5521 tshowell1003@highland.net

TRAIL MAINTENANCE COORDINATOR: Bob Hemminger dagbob@juno.com

July 28 Burnt Mill Bridge Loop, Scott Co., TN This 4.3 mile loop is rated moderate, with some short stairs to aid on steep sections. Much of this hike follows the Clear Fork River in shade, but be prepared for late July heat. Dress accordingly and bring plenty of fluids as well as snacks and lunch. The group will hike at a leisurely pace and stop for lunch along the trail. Meet at Harrow Road Cafe for a carpool that will depart at 9:00 a.m. EDT, or meet the group at Burnt Mill Bridge parking lot. Contact hike leaders Wil & Carrie Thornthwaite for information and to register. E-mail wil@thornthwaite.com or call 423-628-5862 and leave a message.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER OFFICER: Sherrie Yokley
931-703-2251 syokley@wavesinc.com
MEETS MONTHLY: 1st Tuesday at 6:30 pm CT
Grand Buffet (North of Spring Hill)

July 21 Mammoth Cave Canoe Trip Bobby Hardeman will lead a canoe trip down the Green River through the Mammoth Cave National Park in Kentucky. The Green River is an easy class one paddling trip suitable for all experience levels. We will begin at the Green River Ferry and canoe 12 miles on the stream that helped form the great Mammoth Cave. We will pass sandy beaches and islands that we will use for our lunch. The river flows through deep gorges and wooded hills with abundant wildlife such as turkey, deer, beaver, crocodile and birds of all kind. Bring lunch, water and close suitable for canoeing, you may get a little wet. Register with Bobby on line at puttr22@aol.com or phone 615-305-7955. Cost is \$65 per canoe and \$55 per kayak. This is a 5 to 6 hour canoe trip with a 6 hour round trip ride to Mammoth Cave. We will meet at A&D Market on Hwy. 431 just south of I-840 and leave there promptly at 7:55. We should put in the river about 11 am and be at the pick up at about 5 pm.

COVE LAKE CHAPTER

CHAPTER OFFICER: Richard Helm
423-562-1110 *Richard.Helm@ahss.org*
CO-CHAIR: George Gill
423-562-7121
MONTHLY MEETING: July 9 6:00pm Cove Lake State Park
Shelter One. Call Richard for info 562-1110

July 14 Burnt Mill Trail Bridge 4 ½ -Mile rated moderate
Meet at Eagle Market at 8am. Contact Larry 423-319-6143

CLARKSVILLE CHAPTER

CHAPTER OFFICER: Merri Hinton *andrews@logantele.com*
CO-CHAIR: Suva Bastin 931-645-2849
SECRETARY: Lucy Weikel 931-358-5794
j107sw@aol.com
TREASURER: Sandy Janus 931-551-8523
CONTACT FOR HIKES: J. R. Tate 931-920-2692
modelt@charter.net

MEETS MONTHLY: 3rd Tuesday, 7:00 pm CT,
Crow Community Center 211 Richview Rd

July 7 Rotary Park; 2 miles, easy; Lucy Weikel, 931-358-5794

July 14 No Hike

July 21 Clarksville TTA Annual Picnic, Dunbar Cave; Suva Bastin 931-645-2849

July 28 Beginning Backpacking Class, Stage II, Dunbar Cave Visitor Center; J.R. Tate 931-920-2692

Carpool Etiquette

Gasoline prices have continued to roller coaster up and down. Please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it'll save time and prevent the inconvenience of having to stop to locate change).

Your driver is not a chauffeur. Assist him or her by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing.

All passengers must wear seat belts to minimize the risk of injury in case of an accident !!! *The drive to and from a trailhead is generally the most dangerous part of any hiking trip.*

Don't Miss an Outing Plan Ahead Register Early!

Our hike coordinators are volunteers. Make it easier for them to contact you if a hike needs to be cancelled by registering!

There are times when a hike leader must limit the number of participants (due to park regulations, etc.) on an outing. Please do not wait until the afternoon or evening before the outing to RSVP.

Plan ahead and register early.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER OFFICER: Rosemary Marshall
rosemary_J@hotmail.com
CO-CHAIR: Allie Hubbs
Hike_announcement_etchapter@yahoo.com
TREASURER: Harold Draper
.h.m.draper@att.net

JULY 14TH -- Join us for a lovely 5-mile moderate hike in the GSMNP. We will hike the Abrams Falls Trail where we will see mountain laurel, rhododendrons, hemlocks, wildflowers and pine trees before seeing a beautiful 20' waterfall. We will meet at 10am at Cades Cove parking area; then proceed 4 1/2miles to the trailhead. Bring water and lunch (swimming is optional). To pre-register call Rosemary Marshall 865-548-6171 or *roosemary_L@hotmail.com*

MEMPHIS CHAPTER

CHAPTER OFFICER: Carolyn Pierce
901-755-5635 *cedpierce2000@yahoo.com*
MEETS MONTHLY: (Sep - May) 3rd Thursday at 7:00 pm at Cordova Library, 8457 Trinity Rd. Turn east off Germantown Parkway onto Trinity Rd. approx. 1 mile on the right. Library shares entrance with Bert Ferguson Community Center

It's vacation time! No chapter meeting and hikes are scheduled for the months of June and July. In the meantime, check out other TTA chapters hike listings in the TTA Newsletter or www.tennessee-trails.org and join a hike!

Have you ever used one of Tennessee's Greenways? If so, you may want to take a minute to fill out a survey sponsored by the Tennessee Department of Environment and Conservation. The survey targets users for both non-motorized and motorized trails across the state, and the information from the survey will be used to write a new Tennessee's Greenways and Trails Plan. It can be accessed at
state.tn.us/environment/recreation/pdf/2007qtsurvey.pdf

HIGHLAND RIM CHAPTER (Tullahoma Area)

CHAPTER OFFICER: Tom Bentley
931-455-5859 htbentley@charter.net
VICE PRESIDENT: Joette Carter 931-968-0073
TREASURER: Marietta Poteet 931-924-7666
NEWSLETTER CONTACT: Sharon Bell 932-455-1652
MEETS MONTHLY: 1st Tuesday at 7:00p at the Crockett's
restaurant in Tullahoma

July 3: Monthly meeting at Crockett's Rest., Tullahoma. Meet at 6:00 for dinner and socialization. Regular meeting at 7:00.

July 7 - Elk River float trip from Shiloh to Dickey Bridge. Meet in the front parking lot of Tullahoma High School (across from Arby's). If you have not already registered and have your own canoe or kayak, and would like to join us contact Barbie Taylor at teachcdc@charter.net or 931-454-0599 or Joette Carter at 931-968-0073 and leave message.

July 7 - Bonfire and catered meal at Gary Fergus. Contact Barbie Taylor at teachcdc@charter.net or 931-454-0599 for directions if you have made your reservations. 7/14: Old Stone Fort, Manchester. Contact Jim or Marietta Poteet at 931-924-7666 or nannietta@blomand.net.

July 21 The Third Saturday Eat-Hike-Eat hike, Sewanee Perimeter Trail, Sewanee. Meet at the Blue Chair Restaurant, Sewanee(thebluechair.com) for breakfast at 9:00. After breakfast we will drive to Gate 7. We will hike to the Forestry Cabin and Cherry Point, then back to Gate 7. 4-5 miles rated easy. Contact Tom Bentley to register at 931-455-5849 or htbentley@charter.net.

JACKSON CHAPTER

CHAPTER OFFICER: Gary Cooper
731-424-5375 gcooper52@yahoo.com

MEETS MONTHLY

NO MEETING FOR JULY

July 14-Buffalo River Canoe Trip-Contact Glen Rognstad 217-5966- This is a fun trip that is suitable for beginners. The Buffalo River is relatively placid, there are numerous shoals that make occasional rapids and keep the river interesting. Undercuts and deadfalls on major bends are the biggest hazard. There is a fee for canoe rental. Glen will be glad to send you all the info and give car pooling information. You must register.

MURFREESBORO CHAPTER

CHAPTER OFFICER: Anna Bertram
abertram@dtccom.net 615-765-5357
OUTINGS COORDINATOR: Millette Jones
millette.jones@comcast.net 615-397-9588

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT
Barfield-Crescent Park's Wilderness Station
697 Barfield-Crescent Rd., Murfreesboro

July 7- Flashlight Hike and Ice Cream Social, 3 miles, easy. Join us for our second annual hike and social at Barfield Crescent Park. We will leave the visitors center at 7p.m. and hike 3 easy miles along the Marshall Knobs trail (there is one long hill at the beginning of this hike otherwise it is relatively flat). We will be ending our hike on the paved portion of the trail and will then enjoy homemade ice cream in the pavilion next to the visitor's center. FLASHLIGHTS are required for this hike. Contact Tony Jones at awj68@comcast.net or 615-397-4463 to sign up.

July 10- Monthly Meeting, 7:00 Barfield Park Wilderness Station. If you are looking to up-date your outdoor gear, Clint Lusk, from Bink's Outfitters is just the person to advise you on what you need. Clint is an experienced hiker, backpacker, and guide extraordinaire. He will be sharing what is new, what works, and what doesn't work on the trail and at the campsite. Bring your latest issue of Backpacker's Gear Guide and ask Clint's advice on your wish list.

July 14 - Cumberland Wild II at Beersheba Springs, TN. The Friends of South Cumberland State Park organization is sponsoring a special day for the public called Cumberland Wild II, which Jim and Marietta Poteet are co-chairing. Various hikes will be led by park rangers. The hikes include (8 AM) Big Creek Rim Trail - 7 miles; (9:30 AM) Big Bluff Overlook Trail - 2.5 miles; and (10:30 AM) Great Stone Door Hike - 2 miles. There will also be workshops, exhibits, demonstrations, music, and more. The schedule of events is posted at <http://www.friendsofscsra.org/cumberland-wild-ii-event-schedule.htm> more details will follow in the Weekly E-News, along with information about carpool arrangements from Murfreesboro. We will post the contact information on the Tennessee Trails Association website as soon as a carpool coordinator is designated.

July 28-29, Piney River Trail Backpack on the CTC, 10 miles rated moderate because of length. This trail begins in the Spring City area and is located in the Bowater Pocket Wilderness Area. The hike includes a 100 ft. suspension bridge, an old railroad bed, and lots of opportunities to get in the water (if the drought doesn't continue). A perfect July backpacking route! We will camp at Spider Den Bluff approx. 6-7 miles into the hike. This would be a good backpacking trip for those that don't have a lot of experience yet, and for those that like to cool off in rivers and streams. Kim Griswold will lead this hike 615-893-6489. But Tammy Day will be the contact person for all inquiries up to July 26th. Tammy's email is tlday@comcast.net (preferred means of communication), and her home phone number is 615-904-0009.

TTA Annual Meeting: October 12 – 14, 2007
Clyde M. York 4-H Camp Crossville, TN
(clydeyork4hcenter.org)
Registration Form

Families: please provide the name of each member of your family attending.

Name _____ Name _____ Name _____ Name _____
 Name _____
 Address _____
 City _____ State _____ Zip _____
 Home Phone _____ Work Phone _____
 Chapter _____ Email _____

REGISTRATION FEE Per Person is \$15.00 Number of Persons: _____ X \$15.00 Total \$ _____

LODGING

COED CEDAR LODGE: – Single rooms with private baths, linens and towels furnished. Only 22 beds (11 rooms) available.

Would like to share room with _____

COED PINE LODGE: 4 rooms with 4 persons per room (bunk style). Linens and towels furnished. Separate male and female restroom facilities. Would like to share room with _____

PLEASE indicate CEDAR _____ PINE _____
 LODGE Fee Per Night is \$32.50
 FRI NIGHT Number of Persons _____ X \$32.50 Total \$ _____
 SAT NIGHT Number of Persons _____ X \$32.50 Total \$ _____

DORM Rooms – Dormitory style cabins equipped with comfortable bunk beds and mattresses, heat and air conditioning, modern restrooms and showers. We'll have separate dorms for women and men. You will need to bring towels and bed linens or sleeping bag. If you have a preference with whom you want to share a dorm, please make a note and it will be honored if possible.

DORM Fee Per Night is \$20.00 Would like to share dorm with _____
 FRI NIGHT Number of Persons _____ X \$20.00 Total \$ _____
 SAT NIGHT Number of Persons _____ X \$20.00 Total \$ _____

TENT CAMPING or RV: Only room to park 2 RV. No hookups.

Camping Fee Per Night Per Person is \$10.00
 FRI NIGHT Number of Persons _____ X \$10.00 Total \$ _____
 SAT NIGHT Number of Persons _____ X \$10.00 Total \$ _____

MEALS

FRI	DINNER	Number of Persons _____	X \$10.00	Total \$ _____
SAT	BREAKFAST	Number of Persons _____	X \$6.25	Total \$ _____
SAT	LUNCH	Number of Persons _____	X \$5.00	Total \$ _____

Please check type/quantity of sandwich: _____ Chicken _____ Tuna _____ Cheese _____ Peanut Butter & Jelly

SAT	DINNER	Number of Persons _____	X \$8.50	Total \$ _____
SUN	BREAKFAST	Number of Persons _____	X \$6.25	Total \$ _____

Please check if you would like to request vegetarian meals. # People wanting Vegetarian Meals _____

Please make check payable to Tennessee Trails Association TOTAL ENCLOSED \$ _____

Mail to: Mitze Anderson
 1420 War Eagle Drive
 Crossville, TN 38572
 mitze1@yahoo.com

For more information, contact Carolyn Miller at cardan@frontiernet.net or (931) 456-4465
 OR Rita Senko atrsenko@usit.net or (865) 354-6101.

Due to scheduling requirements, registrations that include meal purchase, MUST BE RECEIVED on or before October 1st, 2007. SORRY, REFUNDS CANNOT BE MADE AFTER October 1, 2007.



Directions to the Clyde M. York 4-H Center, Crossville, TN.

FROM NASHVILLE: Take I-40 East to Exit 317 (Highway 127). Exit to Right and go South 3 miles to Elmore Road intersection (Stoplight # 9). Take a Right. Go West 4.8 miles to POW Camp Road. There is a large brown University of Tennessee sign at the intersection pointing the direction to the 4-H camp. Turn Left onto POW Camp Road. Go approximately 3 miles to the Clyde M. York 4-H Camp. Turn Left into the camp. Registration will be in the Dining Hall.

FROM KNOXVILLE: Take I-40 West to Exit 317 (Highway 127). Exit to Right, cross over the interstate and go south 3 miles to Elmore Road intersection (Stoplight #9). Take a Right. Go West 4.8 miles to POW Camp Road. There is a large brown University of Tennessee sign at this intersection pointing the direction to the Clyde M. York 4-H Camp. Turn Left onto POW Camp Road. Go approximately 3 miles to Clyde M. York 4-H Camp. Turn Left into the camp. Registration will be in the Dining Hall.

FROM CHATTANOOGA: Take Highway 27 North to Highway 111. Take Hwy 111 to Dunlap. At Dunlap, take Highway 127 North to Crossville. Go through downtown Crossville and turn left at the Elmore Road intersection (Stoplight # 9). Go West 4.8 miles to POW Camp Road. There is a large brown University of Tennessee sign at the intersection pointing the direction to the 4-H camp. Turn Left onto POW Camp Road. Go approximately 3 miles To Clyde M. York 4-H Camp. Turn Left into the camp. Registration will be in the Dining Hall.

MILL CREEK LOOP TRAIL, AT WALLS OF JERICHO HIKING COMPLEX, IS NOW OPEN

As of June 2, 2007, the 3.6 mile Mill Creek Loop Trail at the Bear Hollow Mountain Walls of Jericho TWRA complex is now open to the hiking public. This is a scenic hike that descends 800 feet into the Mill Creek Valley and provides the hiker with an opportunity to view the Mill Creek Blow Hole (Gusher), which spews water into the stream.

Twenty-two people participated in the inaugural hike and fine tuning program of the Walls of Jericho Mill Creek Loop Trail on National Trails Day, June 2, 2007. The event also marked the official opening of this section of trail to the general public with a flagging tape ribbon cutting. Hikers from Belvidere, Bradyville, Dunlap, Goodlettsville, Manchester, McMinnville, Murfreesboro, Quebeck, and Springhill, TN, along with AHS representatives Linda Davis of Cleveland, TN and Ed Talone of Silver Springs, MD were in attendance. Wayne Sanders, the area enforcement officer, represented TWRA, the host and site-owning agency.

The group traversed the 3.6-mile loop trail, over diverse landscape, which included lunch at the Mill Creek Blow Hole (Gusher) site. Unfortunately the water flow was greatly diminished due to a lack of rainfall in the area. However, this provided an opportunity for would-be spelunkers to explore the cave water source, with one member suffering the temporary immersion of a digital camera.

Thus another area of Tennessee's marvelous landscape is now opening to the hiking public! Special thanks to Brent Morris who helped coordinate this (NTD) program. For those who wish to see pictures of the NTD event and the trail go to <http://outdoors.webshots.com/album/559294261oSaVSI>

NASHVILLE CHAPTER

CHAPTER OFFICER:

615-617-6486

Nora Beck

*nora_beck@comcast.net***OUTINGS COORDINATOR:**

Libby Francis

*Libbyslibbys@Comcast.net**(email Libby & volunteer to lead an outing)***MEETS MONTHLY:****HIKING HOTLINE:** 615-367-7045

July 24 Monthly Meeting: In this world through which we're hiking, climate change is a reality. How much do you know about global warming, its effects on the planet and what we can do to reverse the trend of rising CO2 emissions? Our guest this month is Karen Cochran, who will present a powerpoint slideshow based on the movie An Inconvenient Truth. Bring a friend, gather some facts and get energized to take action on global warming solutions. 7PM at the TWRA Headquarters Building on the campus of Ellington Agriculture Center.

July 7 Bledsoe Creek State Park Loop Trail, Gallatin. Bledsoe Creek State Park is situated on the Bledsoe Creek embayment of the US Corps of Engineers Old Hickory Reservoir near the old 1780's settlement of Cairo in Sumner County. This 6 mile loop hike traverses the perimeter of Bledsoe Creek State Park. The trail offers lakeside walking in addition to some hilltop walking through prime deer and wild turkey habitat. Bledsoe Creek is a small state park and this loop makes the most of the scenic terrain included in this 164-acre preserve. Wear hiking boots, bring water and lunch. We will meet at the Kinko's in Donelson, off I-40 to carpool. For more info and to register, contact Libby Francis, 615-889-5718 or e-mail, libbyslibbys@comcast.net

July 15 Fiery Gizzard/ Dog Hole Loop Trails, Grundy Forest State Natural Area, Monteagle. This 6.6-mile hike is rated difficult for rocky terrain and elevation changes. Exceptional views and amazing rock formations. The hike starts at Grundy picnic shelter and proceeds 1.3 miles to Sycamore Falls, next bolder hopping beside Big Fiery Gizzard Creek for 2.5 miles and up to Raven Point Camp. Return is along ridge on Dog Hole Trail for 2.8 miles back to the picnic shelter. Bring sturdy boots, water, snacks and lunch. For more info and to register, contact Karl DuPre at Karld@comcast.net.

July 21 Huffin' Hikers Hike at Warner Parks, Nashville. David will be leading a hike on July 21st at 9AM (CT) for those who want to have a moderate to slightly fast paced non-stop hike. The hike will start at the trailhead of the Edwin Warner Park. The hike will be seven miles long going across to Percy Warner Park and will last two hours. There are several challenging, but short inclines along the way. It is advisable to wear hiking boots. Be prepared to have snacks and drinks as you move. For more information and to register please contact David Jenkins at go4no1@aol.com or 615-356-6154.

July 21 Night Hike at Edwin Warner Park, Nashville. We will meet at the trailhead of Ed Warner Park (not the nature center) at 7:30 PM. The hike will be 2.5 miles on a paved path. Bring a flashlight. There will be an optional 3-mile hike at the end. Be sure to have sturdy boots if you want to take the second hike as there are rocks and other obstacles along the path and visibility is limited. For more information and to register please contact David Jenkins at go4no1@aol.com or 615-356-6154.

NASHVILLE (cont)

July 22 Hiking for Ice Cream on Richland Creek Greenway, West Nashville. This is a new feather in the cap of the "Greenways for Nashville" organization - this long segment just opened only 2 months ago. Many locals have yet to discover it because it is tucked away between the McCabe Golf Course and Richland Creek. As with all greenways, it is flat and has a smooth surface - great for walking in street shoes. Today we'll meet at 10:30 a.m. and walk 2.5 miles from the Whitebridge Road trailhead to Sylvan Park; then walk an additional 0.5-mile to Bobbies Dairy Dip for anything you want (bring \$). After ice cream (or whatever), we'll walk the 3 miles back. I can guarantee it will be hot (!!!) so dress appropriately for the temperature, wear comfortable shoes, bring plenty of water to drink and an umbrella if you are sensitive to the sun because some segments of the greenway are open to full sun, while some are under the canopy of shade trees. We will meet at the Whitebridge Road trailhead, which is right between West End Avenue (aka Harding Pike) and Post Road. "Greenways for Nashville" has a map on the Internet (<ftp://ftp.nashville.org/web/parks/greenways/richland%20creek%20greenway.pdf>) which you can look at to see exactly where the "P" for parking area is. If you need additional information, call Diane Manas at 615-352-7777.

July 28 - Radner Lake - This is a moderate hike that encompasses part of the Lake Trail, the Ganier Ridge Loop and the South Lake Loop for a total of approximately 4.5 miles. There are wooded hills and valleys and wildflowers should be in bloom. Meet in the Parking lot next to the Visitor Center on Otter Creek Road off Granny White Pike at 8:00 a.m. Bring water and snacks. For more information and to register call Garnett Rush at 352-7217 or e-mail rushga01@yahoo.com.

PLATEAU CHAPTER (Crossville)

CHAPTER OFFICER:

865-354-6101

Rita Senko

*rsenko@usit.net***SECRETARY/TREASURER:** Mitze Anderson

931-788-6731

mitze1@yahoo.com

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at 931/484-9152 or Jim McCullough at sue1290@frontiernet.net. Rain cancels.

No weekend hikes scheduled for July.

Make plans to join us in Crossville on October 12 - 14 for the TTA Annual meeting.

NORTHWEST CHAPTER (UT at Martin/Weakley County)

CHAPTER OFFICER: Jim Clark 731-587-2225
jclark@utm.edu

Contact Jim Clark for information about hikes.

Be sure to participate with other chapters on weeks when our chapter does not have a hike.

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICER: Pam Miller 931-526-9259
pdmiller@citlink.net

July 14 Siler's Bald, Great Smoky Mountains National Park, Gatlinburg, TN. We will hike a section of the Appalachian Trail from the Clingman's Dome parking lot to Siler's Bald. There are spectacular sections of the trail along a narrow ridge top. The hike is 9 ½ miles and is rated moderate to strenuous. Bring water, snacks, and lunch. You can meet us at 7:00am CT in the Penney's parking lot in Cookeville. For information and to register contact Richard Savage at 931-526-2035 or savage_richard@hotmail.com.

2007 Membership Directory

It's Update Time!

The 2007 edition of the TTA Membership Directory will be mailed to all current members in June/July. Please be sure your dues are paid up so that you will be listed in the directory, and receive your copy when it's published. Also, please let us know if your home/email address and/or telephone number has changed since the last directory that was published in August 2006.

Here are a few ways you can notify us of your changes:

- **Internet:** Visit our website (www.tennessee-trails.org), navigate to "Member Services," select and fill out the "Electronic Address Change Form."
- **Mail:** Using the New/Renewal Membership Form (on the last page of this newsletter), fill in your new information, write on the form "address change" and mail to the address shown on the Membership Form.
- **Phone:** TTA's Membership Director, Garnett Rush at 615-352-7217.

Not sure of when your membership expires? Please look at the mailing label on your current monthly newsletter; it displays your annual expiration date just above your address. You will need to renew your membership within that month showing on your mailing label in order to avoid a lapse/interruption in receiving your newsletter.

ADOPT-A-TRAIL NEWS

ADOPT-A-TRAIL OFFICER

Have you considered ...maintaining a particular trail or section of trail?

Through the cooperation of land managers, who periodically inform us of volunteer opportunities, TTA can put you in touch with several Adopt-A-Trail programs, or offer suggestions on how to approach local land managers in your area.

The Adopt-A-Trail program is quite simple and flexible. Volunteers or chapters select the trail they wish to adopt and at the same time determine the level of trail maintenance they wish to undertake. Their only commitment is to hike, inspect, and report on the trail's conditions and maintenance needs twice per year. Light trail maintenance (clipping, pruning, trash and minor blow-down removal) is encouraged during each inspection. Serious trail problems identified will be reported to the local land management agency for resolution.

To publicize your next trail volunteer day, contact

TTA's Calendar*

The following dates in 2007 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you . . .

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days,
- will consider organizing/leading volunteers from your chapter/region for an event listed
- can be sure to prevent scheduling conflicts with an activity you wish to plan

Aug 4	Board of Directors' Quarterly Meeting (Location TBA)
Sep 29	National Public Lands Day (Location TBA)
Oct 27	Make a Difference Day (National Volunteer Week)
Oct 12-14	Annual Meeting (Crossville, TN)

**Calendar will be revised as needed.*

OFFICERS:

President

Anne Wesley 615-851-1052
ttahiker@msn.com

Vice-President

Rosemary Marshall 865-687-0670
Rosemary_L@hotmail.com

Treasurer

LouAnn Partington 931-393-4835
louannpartington@bellsouth.net

Secretary

Carolyn Miller 931-456-4465
cardan@frontiernet.net

Past President

Fount Bertram 615-765-5357
fwbertram@dtccom.net

Previous Past President

Leigh Jones 352-472-3602
Cejones9@bellsouth.net

West TN At-Large Director

Don Dresser 731-668-4662
Donald Dresser@usit.net

Middle TN At-Large Director

Brent Morris 931-728-8726
brentmorris@ispwest.com

East TN At-Large Director

Joe Matlock 865-354-6101
matlockjf@usit.net

Membership

Garnett Rush 615-352-7217
rushga01@yahoo.com

Cumberland Trail Conference

Representatives

Ray Garrett 865-483-4466
garrett.ray@comcast.net

TN Rails To Trails Advisory Council

VACANT

CHAPTER REPRESENTATIVES ON THE BOARD
ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

Leslie El-Sayad editor@tennesseetrails.org

Newsletter Deadlines:

Deadlines for Chapter announcements
and articles of special interest
are due as follows:

Due	For Newsletter Dated
July 5	Aug 1
Aug 10	Sept 1
Sept 10	Oct 1

Articles submitted are subject to editing
and will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

2007 Membership Directory Advertising Space is Available

Do you have a product or service that you would like to promote to our 600+ members? (Here's a golden opportunity for our real estate-, financial advisor-, caterer-, dog whisperer-, landscaper-, architect-, farmer-, handyperson-friends of our hiking community to promote their services. How does a total cost of \$125.00 for an entire year sound? There are two sizes available for advertising in TTA's upcoming 2007 Membership Directory; both are business card sizes:

"vertical" = 2" x 3.5"

"horizontal" = 3.5" x 2"

The deadline for getting your ad into the 2007 Membership Directory is May 21. All you need to do is drop your business card into an envelope with a \$125.00 check (made out to Tennessee Trails Association, Inc.) addressed to: Tennessee Trails DIRECTORY, c/o Diane Manas, 5729 Stoneway Trail, Nashville, TN 37209-4556. If you include your email address with your business card & check, a confirmation that your business card has been received will be sent; otherwise, your cancelled check and Membership Directory will be your confirmation.

NOTE: Ideally, business cards submitted should contain only black and white text/images. We will try; however, cannot guarantee the reproduction quality from business cards submitted that contain colored ink. Also, all advertisements are subject to the approval by TTA's Editorial Committee, which reserves the right to reject any ad for any reason. Questions? Contact Diane Manas at 615-352-7777, or dmanashikes@comcast.net

Tennessee Trails Merchandise Order Form

_____ TTA Patch 5.00
Round embroidered patch, sew it on anything.

_____ TTA Window Decal 2.00
A must for each car. Removable, no adhesives.

_____ TTA License Plate 12.00
Perfect for the front bumper of your car.

_____ TTA 35th Anniversary Commemorative Patch 5.00
Round embroidered patch commemorating TTA's 35th Anniversary, sew it on anything.

_____ TTA Flashlight Carabineer Key Ring, blue 3.00

Name: _____

Address: _____

City: _____ State: ____ Zip: _____

PHONE hm: (____) _____ wk:(____) _____

E-mail Address: _____

Mail your check payable to: Tennessee Trails Association
c/o Marietta Poteet, 525 Huckleberry Place
Monteagle, TN 37356
nannietta@blomand.net

Please allow 4 weeks for delivery and prices shown include postage.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446
ADDRESS SERVICE REQUESTED

First Class Mail
U.S. Postage Paid
Nashville, TN
PERMIT NUMBER 4053



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

A NEW MEMBER

July 07

RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Garnett Rush 615-352-7217 rushga01@yahoo.com

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

- ___ Individual \$25.00
- ___ Family \$35.00
- ___ Student (FULL-TIME) \$15.00
- ___ Supporting (\$50.00, \$100.00 or more)
- ___ Life Member (Individual) \$500.00
- ___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Home Phone (___) _____ Zip _____ -- _____
Work Phone (___) _____
e-mail _____

Please do not list my e-mail address in the TTA Annual Membership Directory

Please list me with the following chapter:

- | | | | |
|-----------------------|---|--------------------------------------|--------------------------|
| ___ Big South Fork | ___ Cumberland Gap | ___ Memphis | ___ Plateau (Crossville) |
| ___ Clarksville | ___ East TN (Oak Ridge/Knoxville) | ___ Murfreesboro | ___ Soddy Daisy |
| ___ Columbia/Franklin | ___ Highland Rim (Manchester/Tullahoma) | ___ Nashville | ___ Upper Cumberland |
| ___ Cove Lake | ___ Jackson | ___ Northwest (UT at Martin/Weakley) | (Sparta/Cookeville) |
| | | | ___ At Large |

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.

Purchase Order

Tennessee Trails Association
P. O. Box 41446
Nashville, TN 37204-1446

Leslie El-Sayad
Home: 865-717-6246
Les1202@aol.com

Color Plus Printing
4825 Trousdale Dr, #102
Nashville, TN 37220

June 18, 2007

Leonard Chavaz
615-781-1071
cell ph: 615-207-0947
colplprt@bellsouth.net

Newsletter Printing

Cover Date: July 2007

Number of pages submitted
with this purchase order: 10 pages

Printed Paper size: two - 11 x 17 sheets
one - 8½ x 11 sheets
printed on 2 sides
11 x 17 pages to be folded in ½ by Color Plus

Paper Weight: 20 pound paper weight

Paper Color: white

Ink Color: black

Print Quantity: 850 pieces

Approximate Cost:

Send **TAX EXEMPT** Invoice to:

Tennessee Trails Association
P. O. Box 41446
Nashville, TN 37204

Leonard, please contact TTA Newsletter Party Coordinator Contact Diane
Manas, Newsletter party on **JUNE 21** at 7pm

- Their picking newsletters up from you at Color Plus Printing or,
- Your delivering newsletters to Their home or,
- Your delivering the newsletters to the location of the Newsletter Party