

# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.*

SPONSOR FOR THE CUMBERLAND TRAIL



**Start making plans to attend the TTA annual meeting at the Clyde M. York 4-H Camp in Crossville, TN**

**Mark your calendars and reserve the dates:  
October 12 – 14, 2007**

**Registration Form will be in July Newsletter**

***Some of the hikes scheduled include: Bone Cave, Virgin Falls, Polly Branch, Hidden Passage, and Lost Creek Cave.***

## **National Trails Day Inaugural Mill Creek Loop Hike & Trail Maintenance Event**

As part of the National Trails Day Celebration on Saturday, June 2, there will be an inaugural trail opening event on the newly Americorps constructed Mill Creek Loop Trail at the Tennessee Walls of Jericho Hiking complex. This will be a combination day hike and trail improvement program to include lopping, cutting, trail path clearing, an occasional step, additional blazing, and trail sign installation. The trail is considered moderate as it descends down into the Mill Creek Valley but then makes the 600-foot ascent over a rather short 2/3 of a mile. It includes 1.9 miles of newly constructed trail and 1.4 miles of existing trail.

In addition, we will enjoy a trail lunch (bring your own) at the unique Mill Creek Gusher, which is a cave that spews a 3-foot wide stream of water year around into the streambed. This feature is reached via an additional 0.3-mile down and back round trip hike on a steep 150-foot elevation change trail in a rain watershed.

Jim Schroeder will be the hike leader – please contact him at 615-896-3023 or [doughboyjim@comcast.net](mailto:doughboyjim@comcast.net) for further information and registration. Jim will lead a carpool from the Sam's Parking lot behind Hardee's in Murfreesboro, which will leave promptly at 8:00 am. Others may wish to meet at the hiking trailhead at 9:30 am.

## **National Trails Day service opportunity at Radnor Lake . . .**

Chuck Robinson, outreach specialist for REI in Brentwood, TN, has asked TTA to be a sponsor for the National Trails Day service project at Radnor Lake State Natural Area. Chuck does know about the fine chance to commune with nature at the Sundquist Wildlife Management Area on that same day, building the Cumberland Trail, but we also know that not all chapters or members can plan to travel that distance.

TTA members and all who want to volunteer at Radnor are asked to gather at the main visitors' center off Granny White Pike by 8:00 a.m. on Saturday, June 2. Work will continue until noon. Friends of Radnor Lake will supply work gloves and water; and tools will be provided as well. Five bridges need new decking; and some gravel and mulch work are also on the task list. Chuck said that tee shirts will be given to the volunteers. Steve Ward, who manages the SNA, needs to know if you have a group coming. His e-mail is [steve.ward@state.tn.us](mailto:steve.ward@state.tn.us); please let him know if more than just one or two are coming from your chapter. If you want to MapQuest driving directions to Radnor Lake, use 1160 Otter Creek Road, Nashville, TN 37220.

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# CUMBERLAND TRAIL CONFERENCE

Office Location 19 East 4<sup>th</sup> Street  
Crossville, TN 38555  
Office Hours 8am-5pm  
Phone: 931-456-6259  
Fax: 931-456-4934  
Email: [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com)  
Website: [www.cumberlandtrail.org](http://www.cumberlandtrail.org)

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## CUMBERLAND TRAIL CONFERENCE STAFF:

Executive Director(acting) .....Tony Hook ..... [tony.hook@frontiernet.net](mailto:tony.hook@frontiernet.net)  
Trail Coordinator .....Tony Hook ..... [tony.hook@frontiernet.net](mailto:tony.hook@frontiernet.net)

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### **May 11-June 30, Spring 07 Trail Building (a.k.a. Big Dig), Stony Fork Community, TN:**

Volunteers will continue the trail building effort started during Break-Away 07. Lodging and food will be provided at the Stony Fork School. Educational programs will be offered on some evenings. All volunteers are greatly needed.

The goal for this year is to build trail in the Smoky Mountain segment of the Cumberland Trail State Park, eventually connecting Cove Lake and Frozen Head State Parks with one continuous backcountry trail. Ridgeline trail construction will be preformed in this remote mountainous region. The area we are working in is remote with the roads being gravel, some paved, all curvy, and most up and down the Cumberland Mountains (2500-3200 ft elevation). This makes finding suitable base camp accommodations somewhat of a challenge. So, this Big Dig program will be different than the past programs

Here is the different part; we are going to use a community school that was closed in 2005 as our base camp. This school is close to the trail corridor making travel much easier. The school, Stony Fork, has water, electricity, hot showers, bathrooms, a cafeteria, some rooms air-conditioned. The classrooms will become the bunkrooms but volunteers will have to bring their own air mattress, cots, or other bedding to sleep on. Camping is also available but people need to bring their own gear. Volunteers will also need day packs/fanny packs, water container for drinking water on the trail, and whatever personnel items you will need while in camp. A picture plan of the school is on our website. The school is located on the south side (west) of Cross Mountain near Caryville, Tennessee. The people of the community are excited about the school being used because they did not want to see it get dilapidated. This is good pr for the trail.

We will be back at camp with plenty of time for a refreshing dip in the New River, or just a lazy afternoon reading books and creating new friendships. This mountainous terrain provides a sense of remoteness and wildness, and offers a great escape to the normal hustle and bustle of life.

**Registration is requested in order to plan work details and the food needed.**

### **June 2, National Trails Day, Stony Fork Community, TN:**

This will be a day of celebrating NTD by doing trail construction in the Sundquist Wildlife Management Area. There will be a cookout that evening at Stony Fork School.

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## BIG SOUTH FORK CHAPTER

**CHAPTER OFFICER:** Charles Gibbs  
423-628-5678 *clgibbs@highland.net*  
**SECRETARY / TREASURER:** Benita Howell  
423-628-5521 or 865-974-7797 *bjhowell@nxs.net*  
**BOARD REPRESENTATIVES:** Tim & Lynn Takacs  
615-824-7048 *lynntakacs@comcast.net*  
or *ttakacs@comcast.net*  
**OUTINGS COORDINATOR** Tom Howell  
423-628-5521 *tshowell1003@highland.net*

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**TRAIL MAINTENANCE COORDINATOR:** Bob Hemminger  
*dagbob@juno.com*

**June 9** Trail and Train with Missy Kane. This workshop on fitness and nutrition includes morning and afternoon exercise sessions each followed by a hike on Rugby trails (Laurel Branch Trail in the morning; NPS trail to the Gentlemen's Swimming Hole with return via the historic trail in the afternoon). Missy Kane is health promotion coordinator for Covenant Health known for her "Fit and Fun" public television show and the Get on Track with Missy and Friends hiking program in the Smokies. Come help us introduce Missy and her television audience to our Cumberland Plateau trails. Workshop fee is \$35 with an optional \$8 nutritional lunch, or bring your own. For more information, or to register, call Rita Elliott at the Rugby Commissary, 423-628--5166 or Historic Rugby toll free at 1-888-214-3400.

**June 23** John Brown Preaching Ground, Dry Hollow, Wayne County, KY. This is a moderate six mile round trip hike, with two half-mile climbs and a longer level section on the three-mile mountain road from Dry Hollow Church to the bald cliff top where John Brown preached to crowds on Sunday afternoons in the 1800s. Alternatively, you can ride a jeep shuttle to the preaching ground and make an easy three-mile hike back to the parking area. In addition to the panoramic view from the preaching ground, we'll see the remains of the old Jim Town settlement, the Bob Rockhouse, some big trees and a hunter's cabin. Bring food and water and dress appropriately for the weather. Meet at the Harrow Road Cafe in Rugby at 9:00 AM EST to car pool. (Total driving distance is about 55 miles). We will stop at the Forbus General Store (HWY 127 and Caney Creek Road, TN) at 10:00 AM EST to pick up anyone wishing to join us there (be sure to register). For more information and to register, contact hike leader Charles Gibbs at *clgibbs@highland.net*, or call 423-628-5678.

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## COVE LAKE CHAPTER

**CHAPTER OFFICER:** Richard Helm  
423-562-1110 *Richard.Helm@ahss.org*  
**CO-CHAIR:** George Gill  
423-562-7121  
**MONTHLY MEETING: May 7** 6:00pm Cove Lake State Park  
Shelter One. Call Richard for info 562-1110

**Please contact Richard Helm for information about hikes**

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## COLUMBIA/FRANKLIN CHAPTER

**CHAPTER OFFICER:** Sherrie Yokley  
931-703-2251 *syokley@wavesinc.com*  
**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at 6:30 pm CT  
Grand Buffet (North of Spring Hill)

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**June 5** Monthly Meeting Grand Buffet Spring Hill, TN. Our meeting will be to plan hikes for the remainder of the year. Please plan your hike and email the details to Sherry Yokley at *syokley@wavesinc.com* before the meeting. She will add your hike to the agenda to be discussed and placed on the calendar. Dinner starts at 6 and our meeting at 7.

**June 16-17** Kerry Sumner will lead a backpack to Roan Mountain. Details are not final so email or call Kerry for information and to register. Email is *karofisher@bellsouth.net* and phone is (615)790-4013.

**June 30** We will hike 4 trails in the South Cumberland State Recreational Area. First we will visit the South Cumberland Visitor Center, view the exhibits and hike the 2-mile of trail there at the center. Next we will travel to Tracy City and hike the Fiery Gizzard Day Loop. This 2-mile trail includes several waterfalls, huge old trees and intriguing rock formations. While in Tracy City we will stop for lunch at the Dutch Maid Bakery. This is Tennessee's oldest family owned bakery founded in 1902. They serve a "meat and 3" style lunch plus the bakery is open to purchase pies, cakes and breads. After lunch we will hike off our lunch at Foster Falls Loop. Here we will see waterfalls and beautiful views of the valley. Last and if time permits we will hike Grundy Lakes State Park. This is a hike around the lakes and by the ovens used in the iron making process. Each of these trails is no more than 2 miles in length and rated easy to moderate because of some elevation changes. We will meet at 7:30 at Kroger in Spring Hill and park near McDonalds. Bring water, trail snacks and cash, Dutch Maid does not take credit cards, and wear sturdy boots. Register with Bobby Hardeman at *puttr22@aol.com* or phone at (615)305-7955.

**Have you ever used one of Tennessee's Greenways? If so, you may want to take a minute to fill out a survey sponsored by the Tennessee Department of Environment and Conservation. The survey targets users for both non-motorized and motorized trails across the state, and the information from the survey will be used to write a new Tennessee's Greenways and Trails Plan. It can be accessed at [state.tn.us/environment/recreation/pdf/2007qtsurvey.pdf](http://state.tn.us/environment/recreation/pdf/2007qtsurvey.pdf).**

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## CLARKSVILLE CHAPTER

**CHAPTER OFFICER:** Merri Hinton *andrews@logantele.co*  
**CO-CHAIR:** Suva Bastin 931-645-2849  
**SECRETARY:** Lucy Weikel 931-358-5795  
*j107sw@aol.co*

**TREASURER:** Sandy Janus 931-551-8524  
**CONTACT FOR HIKES:** J. R. Tate 931-920-2692  
*modelt@charter.n*

**MEETS MONTHLY:** 3<sup>rd</sup> Tuesday, 7:00 pm CT,  
Crow Community Center 211 Richview Rd

**June 2** National Trail Days: Service project at Radnor Lake (Nashville); gloves, water, and tools provided but BYO Lunch. Reward: tee-shirt and satisfaction! Coordinate with J.R. Tate 931-920-2692

Alternate hike: Dunbar Cave; 2 miles, easy. Pam Gadsey 931-552-2325

**June 9** Montgomery Bell SP; 8 miles, moderate. Jack Bastin 931-645-2849

**June 16** Cheatham County Wildlife Area; 6 miles, moderate. Chuck Deweese 931-237-1422

**June 23** Rotary Park; 3 miles, easy. Lucy Weikel 931-358-5794

**June 30** Beginning Backpacker's Class at Rotary Park, Pavilion 2. (No gear needed; just show up.) J.R. Tate 931-920-2692

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## EAST TN CHAPTER (Oak Ridge / Knoxville)

**CHAPTER OFFICER:** Rosemary Marshall  
*rosemary\_1@hotmail.com*

**CO-CHAIR:** Allie Hubbs  
*Hike\_announcement\_etchapter@yahoo.com*

**TREASURER:** Harold Draper  
*.h.m.draper@att.net*

**June 16.** Charlies Bunion, Smoky Mountains National Park. We will hike 8.0 miles roundtrip from Newfound Gap parking area to Charlies Bunion and back. This hike boasts spectacular views but parts will be steep and a bit rocky. Plan to meet at the Newfound Gap parking area at 9:00AM. This parking area is located midway between Gatlinburg, TN and Cherokee, NC on Newfound Gap Road (US 441). Please bring water and lunch. For further information, contact Elise Eustace at *eliseeus@hotmail.com* or by cell phone at 865-712-1916.

**June 30.** Laurel-Snow Pocket Wilderness. We will follow an old railroad bed about 1.5 miles until we begin the climb to cross Laurel Creek on a metal bridge and then onto the fork. The left fork will take us to Snow Falls with a 850 foot climb up an escarpment. A short side trip will take us to Buzzard's Roost for a spectacular view of the Tennessee Valley. We will then hike to Snow Falls and cross Morgan Creek. The hike is approx. seven miles round trip and is rated moderate. Meet at 9:30 am EST at the Eckerd's in Dayton on Hwy 27. For directions and to pre-register please call Carolyn Reeves at 865-717-3528

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## HIGHLAND RIM CHAPTER (Tullahoma Area)

**CHAPTER OFFICER:** Tom Bentley  
931-455-5859 *htbentley@charter.net*

**VICE PRESIDENT:** Joette Carter 931-968-0073

**TREASURER:** Marietta Poteet 931-924-7666

**NEWSLETTER CONTACT:** Sharon Bell 932-455-1652

**MEETS MONTHLY:** 1st Tuesday at 7:00p at the Crockett's restaurant in Tullahoma

**June 2:** National Trails Day Celebration. There will be an inaugural trail opening event on the newly created Mill Creek Loop at the Tennessee side of the Walls of Jericho hiking complex. This will be a combination day hike and trail improvement to include lopping, cutting, trail path clearing, step addend, additional blazing, and trail sign installation. The trail is considered moderate as it descends down into the Mill Creek Valley but then makes the 600-foot ascent over a rather short 2/3 mile. It includes 1.9 miles or newly constructed trail and 1.4 miles of existing trail. We will eat lunch (bring your own) at the unique Mill Creek Gusher, a cave that spews a 3-foot wide stream of water year round into the streambed. This feature is reached via an additional 0.3 mile down and back round trip hike on a steep 150-foot elevation change trail in a rain watershed. Meet at the Calls of Jericho (Tennessee) trailhead at 9:30 a.m. Jim Schroeder will be the hike leader - 615-896-3023 *ordoughboyjum@comcast.net* The Highland Chapter contact person is Brent Morris, *brentmorris@ispwest.com*, 931-728-8726.

**June 5:** Monthly Meeting at Crockett's Rest. Tullahoma. Meet at 6:00 for dinner and socialization, meeting at 7:00. The program will be presented by Louann Partington. She will report on the status of the newly organized Tims Ford Environmental Education Association (TFEEA).

**June 16** - The Third Saturday Eat-Hike-Eat hike. Meet at the Blue Chair Restaurant, Sewanee, (<http://www.thebluechair.com/index.htm>) for breakfast at 9:00 a.m. After breakfast we will drive to Gate 8, hike to Dotson's Point then to Gate 7. We will hike 4-5 miles, rated easy. After hiking we will select a restaurant to gather for lunch. The Sewanee Summer Music Festival will be taking place in the afternoon. Some of us may wish to attend that. Contact Tom Bentley to register 931-455-5849, *orhtbentley@charter.net*.

**June 23:** Take a canoe/kayak trip on the Elk River. It will be about an 8 to 12 mile beautiful stretch of the river. There will be extra kayaks and canoes available. For more information and directions contact Joette Carter (931-968-0073). May have to leave a message.

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## JACKSON CHAPTER

**CHAPTER OFFICER:** Gary Cooper  
731-424-5375 *gcooper52@yahoo.com*  
**MEETS MONTHLY:** 1st Tuesday. Socializing & meal starts  
at 6:00p CT; meeting starts at 7:00 at Perkins  
Restaurant 999 Vann Drive in Jackson

**June 11-** Monthly meeting- come to meet new friends and find out about upcoming hikes 6:00pm to eat or socialize and 7:00 for the meeting

**June 16-** Chickasaw State Park- Annual picnic please contact Gary Cooper *gcooper52@yahoo.com* for additional information

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## MEMPHIS CHAPTER

**CHAPTER OFFICER:** Carolyn Pierce  
901-755-5635 *cedpierce2000@yahoo.com*  
**MEETS MONTHLY:** (Sep - May) 3rd Thursday at 7:00 pm at  
Cordova Library, 8457 Trinity Rd. Turn east off  
Germantown Parkway onto Trinity Rd. approx. 1  
mile on the right. Library shares entrance with Bert  
Ferguson Community Center

It's vacation time! No chapter meeting and hikes are scheduled for the months of June and July. In the meantime, check out other TTA chapters hike listings in the TTA Newsletter or [www.tennesseetrails.org](http://www.tennesseetrails.org) and join a hike!

### Don't Miss an Outing Plan Ahead Register Early!

Our hike coordinators are volunteers. Make it easier for them to contact you if a hike needs to be cancelled by registering!

There are times when a hike leader must limit the number of participants (due to park regulations, etc.) on an outing. Please do not wait until the afternoon or evening before the outing to RSVP.

*Plan ahead and register early.*

### Carpool Etiquette

Gasoline prices have continued to roller coaster up and down. Please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it'll save time and prevent the inconvenience of having to stop to locate change).

Your driver is not a chauffeur. Assist him or her by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing.

All passengers must wear seat belts to minimize the risk of injury in case of an accident !!! *The drive to and from a trailhead is generally the most dangerous part of any hiking trip.*

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## PLATEAU CHAPTER (Crossville)

**CHAPTER OFFICER:** Rita Senko  
865-354-6101 *rsenko@usit.net*  
**SECRETARY/TREASURER:** Mitze Anderson  
931-788-6731 *mitze1@yahoo.com*

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at 931/484-9152 or Jim McCullough at [sue1290@frontiernet.net](mailto:sue1290@frontiernet.net). Rain cancels.

**June 2** – Saturday - National Trails Day. The Plateau Chapter will be celebrating National Trails Day by doing trail maintenance on the 2.5-mile scenic Black Mountain loop trail. Meet at the parking area at the top of Black Mountain. We plan to work approximately 3 hours. Bring water, lunch, and work gloves. Tools will be provided. Contact Rita Senko [@rsenko@usit.net](mailto:rsenko@usit.net) or 865/354-6101.

**June 14** –Thursday - Monthly Chapter meeting. Join us at 5:30 PM at the Clyde M. Work 4-H Center for a facility reconnaissance and informal meeting. All annual meeting committee chairs are requested to come.

**June 30** – Saturday - Laurel Snow Pocket Wilderness, Snow Falls Trail, Dayton, TN. This is a joint hike with the East Tennessee Chapter. The trail is about 7 miles round trip and is considered moderate. The hike follows Richland Creek upstream to an impressive series of bridges that cross the creek between house-sized boulders. The trail ascends over 500' to Buzzard Point (lunch spot with a great view). The trail crosses a tributary that we will ford before reaching the picturesque Snow Falls that drops 12 feet into a large plunge pool. Meet at Cumberland Mountain State Park at 8:30 am CDT. Contact Joe Matlock at [matlockjf@usit.net](mailto:matlockjf@usit.net) or 865/354-6101.

### LEAVE NO TRACE PRINCIPLES

- Leave what you find.
- Minimize Campfire Impacts.
- Respect wildlife.
- Be considerate of other visitors.
- Plan ahead and prepare.
- Travel and camp on durable surfaces.
- Dispose of waster properly.

## MURFREESBORO CHAPTER

CHAPTER OFFICER: Anna Bertram

[abertram@dtccom.net](mailto:abertram@dtccom.net) 615-765-5357

OUTINGS COORDINATOR: Millette Jones

[millette.jones@comcast.net](mailto:millette.jones@comcast.net) 615-397-9588

MEETS MONTHLY: 2<sup>nd</sup> Tuesday at 7:00 pm CT

Barfield-Crescent Park's Wilderness Station

697 Barfield-Crescent Rd., Murfreesboro

**June 2- Walls of Jericho-** Day hike and light trail work, 3.6 miles, moderate/difficult. As part of the National Trails Day Celebration, there will be an inaugural trail opening event on the new Americorps-constructed Mill Creek Loop Trail at the Tennessee Walls of Jericho Hiking complex. This will be a combination day hike and trail improvement program to include lopping, cutting, trail path clearing, cutting an occasional step, additional blazing, and trail sign installation. The trail is considered moderate as it descends down into the Mill Creek Valley but then makes the 600-foot ascent over a rather short 2/3 of a mile. It includes 1.9 miles of newly constructed trail and 1.4 miles of existing trail. We will enjoy our trail lunch at the unique Mill Creek Gusher, a cave that spews a 3-foot wide stream of water year around into a streambed. This feature is reached via additional 0.3-mile down and back round trip hikes on a steep 150-foot elevation change trail in a rain watershed. Please contact Jim Schroeder at 615-896-3023 or [doughboyjim@comcast.net](mailto:doughboyjim@comcast.net) for further information and registration. Jim will lead a carpool from the Sam's Parking lot behind Hardee's in Murfreesboro, leaving promptly at 8am. Or you may meet at the hiking trailhead at 9:30 am. Bring plenty of water, snacks and a lunch to eat on the trail, wear sturdy footwear.

**June 9 - Evening Hike and Lantern Tour at Stones River National Battlefield and Cemetery**, approximately 1.5 - 2 miles, rated easy. We will do an abbreviated version of the Boundary Trail, followed by the "Hallowed Ground Lantern Tour". Hallowed Ground is an hour walking tour through the Stones River National Cemetery. Visitors will learn to look beyond the stones and into the stories of the men and women who felt the impact, as portrayed by costumed actors. Reservations are required for this very popular tour, and must be made by phone starting at 9:00 AM the preceding Monday. **Contact: Stones River National Battlefield, (615) 893-9501 as early Monday as possible to assure you have a spot reserved.** Also, contact Fount or Anna Bertram at [abertram@dtccom.net](mailto:abertram@dtccom.net) or 615-765-5357 to let them know you are coming. We will meet at the Visitor's Center at 5:30 PM. You may hike with us without attending the lantern tour, but you must make your own reservation with the park if you plan to do both. Those who wish to extend the evening may also want to go with us to a local restaurant for refreshments after the tour.

**June 9- Great Smoky Mtn. National Park-** Day hike loop, 12.6 miles, strenuous. This long day hike is strenuous due to distance and elevation changes, we will hike from Newfound Gap to Mt. LeConte to Alum Cave Trail. This is guaranteed to be a hike full of incredible views and challenges. Much of this trail is walking up on the high ridges in the Smokies. The hike is limited to 12 hikers, and there are currently 6 remaining spaces available. There are also 6 more spaces available at

## MURFREESBORO (cont)

a rustic cabin in Townsend where you can stay on Friday and Saturday nights. Please contact Tammy Day for details and to reserve your space. [tday@comcast.net](mailto:tday@comcast.net)

**June 12 at 6 PM - Annual Members and Guests Cookout Picnic**, Shelter House #5. This will replace our monthly meeting. Bring guests (family, co-workers, neighbors, prospects, etc.), and bring a dish to share. TTA will furnish beverages, hamburgers, hot dogs, buns and disposable dinnerware. This is a rain or shine event. If necessary, we will eat inside the nearby Wilderness Station. I need to have an idea of how many to expect before going to the grocery store, so please let me hear from you by the previous Sunday. Also let me know how many vegetarian substitutes are needed for the patties and dogs. There will be facilities where you may change clothes after work if necessary. Questions? And to give me a head count, please contact Anna Bertram, [abertram@dtccom.net](mailto:abertram@dtccom.net) or 615-765-5357.

### **Shop amazon.com Through TTA's Website When You Buy Books (or anything else) at amazon.com**

Through TTA's Website, TTA Benefits!

We have an arrangement with amazon.com where TTA receives a commission on all items purchased (such as books, magazines, music, electronics, even perfume – **anything** purchased through the amazon.com website!!!!) when you enter their site through our website. It's very easy! Go to the TTA website ([www.tennesseehikes.org](http://www.tennesseehikes.org)), navigate to the "To Buy!" page, then follow the link to the "virtual bookstore." Commissions are earned solely on sales made through the TTA website, therefore always enter amazon.com from the TTA website, and do not sign up for their one-click service.

### **Attention: Hike Coordinators (aka Hike Leaders)**

A TTA **Release of Claims & Hold Harmless Agreement** form (aka "Liability Waiver") must be signed by everyone **before you start your hike** or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our website: [www.tennesseehikes.org/release.php](http://www.tennesseehikes.org/release.php)

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## NASHVILLE CHAPTER

**CHAPTER OFFICER:**

615-617-6486

Nora Beck

*nora\_beck@comcast.net***OUTINGS COORDINATOR:**

Libby Francis

*Libbyslibbys@Comcast.net**(email Libby & volunteer to lead an outing)***MEETS MONTHLY:****HIKING HOTLINE:** 615-367-7045

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**June 26** Monthly Program Meeting---All of us may not live in the Harpeth River watershed, but most of us enjoy some part of it in some recreational format one time or another. With population and development ever encroaching, how healthy is the Harpeth? The folks at the Harpeth River Watershed Association have made it their business to know. Sarah Gann, HRWA's Director of Education and Outreach, will join us this month to talk about the health of the Harpeth and the role we can take in protecting this precious resource. 7PM at the Tennessee Wildlife Resources Agency headquarters building on the campus of Ellington Agricultural Center on Edmondson Pike

**June 2 & 3 Beaman Park, Nashville.** We are building a bridge! This will be a 56 long pedestrian bridge connecting the new park nature center with the existing trail system. No construction experience necessary. We will provide training, tools, work gloves, lunch, drinks and door prizes! Everyone welcome. Meet at Beaman Park creek side trailhead. 9:00 am-4:00 pm each day.

**June 2 Walls of Jericho** Come join the inaugural hike on the newly opened Mill Creek Loop trail at the Walls of Jericho S.N.A.! Nashville-area hikers can meet at 7:15 am central at the Bell Road Target to carpool to the Walls of Jericho (located on the TN/Alabama border south of Winchester). We will leave promptly at 7:30 am (this is approximately a 2-hour drive from Nashville - one way), so please allow plenty of time to drive to our gathering point. Mill Creek Loop is a new trail, and you can expect areas of rough footing. We will also perform some minor trail maintenance as we hike (see the general announcement on a previous page). All hikers should have boots, water, trail snacks, and lunch. Hiking sticks and bug repellent are recommended. If you have work gloves and/or hand trimmers, please bring them also. If there is time after the Mill Creek Loop hike (no guarantees), there will be an optional 4-mile hike to the actual Walls of Jericho. If you are considering this optional trip, you may want to bring water shoes. This trip is a "go" rain or shine. If you have questions, you can e-mail Anne Wesley at [ttahiker@msn.com](mailto:ttahiker@msn.com).

**June 2 Radnor Lake, Nashville.** National Trails Day service project involving bridge decking, gravel and mulch work. Volunteers will be given a tee shirt. Work gloves, water, and tools will be provided. Meet at the main visitor's center at 8:00. Work will continue until noon. For more information contact Chuck Robinson outreach specialist for REI.

**June 2 Stones River Greenway, Nashville Walk in the park with Mayor Purcell.**

Nashvillians can take a walk in the park with Mayor Bill Purcell each month during the Celebrate Nashville festivities. The walk will be held rain or shine on the first Saturday of each month through June. Most of the walks will be about an hour long. All hikes are free, open to the public and start at 9am CT. For more information on these hikes, call the Mayor's office at 615-862-6000.

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## NASHVILLE (cont)

**June 9 Virgin Falls Pocket Wilderness, near Sparta.**

This hike follows a tumbling stream that bounds over rocks creating small waterfalls until it disappears underground. On the way to Virgin Falls the trail passes a beautiful overlook, Big Branch Falls, Big Laurel Falls, and Sheep Cave Falls. Virgin Falls is formed by an underground stream that emerges from a cave, drops over a 110-foot cliff and goes back into a cave at the bottom. The 8-mile hike is beautiful in all seasons. Sturdy boots are a must due to rocks and elevation loss and gain. Bring lunch and water. For more information contact Karl DuPre at [KarlD@comcast.net](mailto:KarlD@comcast.net)

**June 16 Bells Bend Greenway, Nashville.** Bell's Bend is a new Metro Park. We will hike a 2.3 miles gravel loop by the river. There will be good birding and a geo caching opportunity. Meet at 9am at the Kroger's south of White Bridge and Charlotte Pike. For more information and to register, call Jenice Johnson at 615-356-6246.

**June 24 Old Natchez Trace/Garrison Creek Loop, near Nashville.** 6.3 miles through ridge top and creek side forests, up and down, winding in and out of small wooded coves and down the longest section of the Old Trace left in Tennessee. One wet creek crossing. Bring water, snacks, and money for lunch & carpooling. Meet at Kroger on Hwy. 100 (across from Chaffin's Barn) at 9:00 am. For more information and to register call Garnett Rush at 352-7217 or e-mail [rushga01@yahoo.com](mailto:rushga01@yahoo.com).

**June 27 Hike and Symphony, Nashville.** Join us for a short hike in a Nashville venue then we'll listen to the symphony playing afterward. The location for the symphony has not yet been announced, but it is usually in a local park. Call Julie Walski for details - 615-333-6904.

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## NORTHWEST CHAPTER (UT at Martin/Weakley County)

**CHAPTER OFFICER:** Jim Clark

731-587-2225

*jclark@utm.edu*

Contact Jim Clark for information about hikes.

Be sure to participate with other chapters on weeks when our chapter does not have a hike.

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### TENNESSEE RAILS-TRAILS ADVISORY COUNCIL (TRAC)

**WEBSITE** [www.TNRailsTrails.org](http://www.TNRailsTrails.org)

**MISSION:** *To act as a resource and mentor for the planning, development and management of rail-trails throughout the State of Tennessee for the purposes of appropriate recreation, preservation of rail corridors and alternate transportation, in order to benefit the general public, communities, commerce and tourism.*

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## UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICER: Pam Miller 931-526-9259  
pdmiller@citlink.net

**June 2** Big Creek Trail, Great Smoky Mountains National Park, Cosby, TN. The Big Creek Trail is an old logging road that roughly follows Big Creek for 5.8 miles. The trail offers views of waterfalls and multiple cascades and sightings of old cable, bolts, and other vestiges of the logging industry. We will also see the effects of a late April forest fire along a section. There is an elevation gain of 1375 feet along the 5.8 miles, but it is a gradual climb. The hike is out-and-back, affording an opportunity to turn back early if you do not wish to hike the entire 11.6 miles. Bring water, snacks, lunch, and wear sturdy hiking boots. You can meet us on the west side of Penney's parking lot in Cookeville at 7:30am CT. For information and to register contact Lillian Ey at 615-746-8890 or eyintn@hotmail.com.

### 2007 Membership Directory

It's Update Time!

The 2007 edition of the TTA Membership Directory will be mailed to all current members in June/July. Please be sure your dues are paid up so that you will be listed in the directory, and receive your copy when it's published. Also, please let us know if your home/email address and/or telephone number has changed since the last directory that was published in August 2006.

Here are a few ways you can notify us of your changes:

- **Internet:** Visit our website ([www.tennesseetrails.org](http://www.tennesseetrails.org)), navigate to "Member Services," select and fill out the "Electronic Address Change Form."
- **Mail:** Using the New/Renewal Membership Form (on the last page of this newsletter), fill in your new information, write on the form "address change" and mail to the address shown on the Membership Form.
- **Phone:** TTA's Membership Director, Garnett Rush at 615-352-7217.

Not sure of when your membership expires? Please look at the mailing label on your current monthly newsletter; it displays your annual expiration date just above your address. You will need to renew your membership within that month showing on your mailing label in order to avoid a lapse/interruption in receiving your newsletter.

## ADOPT-A-TRAIL NEWS

ADOPT-A-TRAIL OFFICER

Harold Draper 865-689-7757 [h.m.draper@att.net](mailto:h.m.draper@att.net)

### Have you considered ...maintaining a particular trail or section of trail?

Through the cooperation of land managers, who periodically inform us of volunteer opportunities, TTA can put you in touch with several Adopt-A-Trail programs, or offer suggestions on how to approach local land managers in your area.

The Adopt-A-Trail program is quite simple and flexible. Volunteers or chapters select the trail they wish to adopt and at the same time determine the level of trail maintenance they wish to undertake. Their only commitment is to hike, inspect, and report on the trail's conditions and maintenance needs twice per year. Light trail maintenance (clipping, pruning, trash and minor blow-down removal) is encouraged during each inspection. Serious trail problems identified will be reported to the local land management agency for resolution.

**To publicize your next trail volunteer day, contact Harold Draper at 865-689-7757**

### TTA's Calendar\*

The following dates in 2007 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you . . .

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days,
- will consider organizing/leading volunteers from your chapter/region for an event listed
- can be sure to prevent scheduling conflicts with an activity you wish to plan

May 11-Jun 10 CTC's Spring Trail Building in Sundquist WMA (Caryville)

Jun 2 National Trails Day  
Aug 4 Board of Directors' Quarterly Meeting (Location TBA)

Sep 29 National Public Lands Day (Location TBA)

Oct 27 Make a Difference Day (National Volunteer Week)

Oct 12-14 Annual Meeting (Crossville, TN)

*\*Calendar will be revised as needed.*



## OFFICERS:

### President

Anne Wesley 615-851-1052  
ttahiker@msn.com

### Vice-President

Rosemary Marshall 865-687-0670  
Rosemary\_L@hotmail.com

### Treasurer

LouAnn Partington 931-393-4835  
louannpartington@bellsouth.net

### Secretary

Carolyn Miller 931-456-4465  
cardan@frontiernet.net

### Past President

Fount Bertram 615-765-5357  
fwbertram@dtccom.net

### Previous Past President

Leigh Jones 352-472-3602  
Cejones9@bellsouth.net

### West TN At-Large Director

Don Dresser 731-668-4662  
Donald Dresser@usit.net

### Middle TN At-Large Director

Brent Morris 931-728-8726  
brentmorris@ispwest.com

### East TN At-Large Director

Joe Matlock 865-354-6101  
matlockjf@usit.net

### Membership

Garnett Rush 615-352-7217  
rushga01@yahoo.com

### Cumberland Trail Conference

#### Representatives

Ray Garrett 865-483-4466  
garrett.ray@comcast.net

### TN Rails To Trails Advisory Council

VACANT

CHAPTER REPRESENTATIVES ON THE BOARD  
ARE LISTED WITHIN EACH CHAPTER'S HEADER

### Newsletter Editor

Lealia El Sayed editor@tennesseetrails.org

## Newsletter Deadlines:

Deadlines for Chapter announcements  
and articles of special interest  
are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
June 10 .....	July 1
<b>*July 5</b> .....	Aug 1
Aug 10 .....	Sept 1

Articles submitted are subject to editing  
and will be included as space permits.

Please send all submissions to:  
editor@tennesseetrails.org

## 2007 Membership Directory Advertising Space is Available

Do you have a product or service that you would like to promote to our 600+ members? (Here's a golden opportunity for our real estate-, financial advisor-, caterer-, dog whisperer-, landscaper-, architect-, farmer-, handyperson-friends of our hiking community to promote their services. How does a total cost of \$125.00 for an entire year sound? There are two sizes available for advertising in TTA's upcoming 2007 Membership Directory; both are business card sizes:

"vertical" = 2" x 3.5"

"horizontal" = 3.5" x 2"

The deadline for getting your ad into the 2007 Membership Directory is May 21. All you need to do is drop your business card into an envelope with a \$125.00 check (made out to Tennessee Trails Association, Inc.) addressed to: Tennessee Trails DIRECTORY, c/o Diane Manas, 5729 Stoneway Trail, Nashville, TN 37209-4556. If you include your email address with your business card & check, a confirmation that your business card has been received will be sent; otherwise, your cancelled check and Membership Directory will be your confirmation.

NOTE: Ideally, business cards submitted should contain only black and white text/images. We will try; however, cannot guarantee the reproduction quality from business cards submitted that contain colored ink. Also, all advertisements are subject to the approval by TTA's Editorial Committee, which reserves the right to reject any ad for any reason. Questions? Contact Diane Manas at 615-352-7777, or dmanashikes@comcast.net

## Tennessee Trails Merchandise Order Form

\_\_\_\_\_ TTA Patch ..... 5.00  
*Round embroidered patch, sew it on anything.*

\_\_\_\_\_ TTA Window Decal ..... 2.00  
*A must for each car. Removable, no adhesives.*

\_\_\_\_\_ TTA License Plate ..... 12.00  
*Perfect for the front bumper of your car.*

\_\_\_\_\_ TTA 35<sup>th</sup> Anniversary Commemorative Patch ..... 5.00  
*Round embroidered patch commemorating TTA's 35<sup>th</sup> Anniversary, sew it on anything.*

\_\_\_\_\_ TTA Flashlight Carabineer Key Ring, blue ..... 3.00

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

PHONE hm: (\_\_\_\_) \_\_\_\_\_ wk:(\_\_\_\_) \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Mail your check payable to: Tennessee Trails Association  
c/o Marietta Poteet, 525 Huckleberry Place  
Monteagle, TN 37356  
nannietta@blomand.net

*Please allow 4 weeks for delivery and prices shown include postage.*

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446  
ADDRESS SERVICE REQUESTED

First Class Mail  
U.S. Postage Paid  
Nashville, TN  
PERMIT NUMBER 4053



**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**  
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.  
**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .**

**A NEW MEMBER**

June 07

**RENEWING MY MEMBERSHIP**

Memberships are for one year, unless you have a Lifetime Membership.  
Gift Memberships are also available. Contact our Membership Director,  
Garnett Rush 615-352-7217 [rushga01@yahoo.com](mailto:rushga01@yahoo.com)

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

*PLEASE, PRINT CLEARLY.*

- \_\_\_ Individual \$25.00
- \_\_\_ Family \$35.00
- \_\_\_ Student (FULL-TIME) \$15.00
- \_\_\_ Supporting (\$50.00, \$100.00 or more)
- \_\_\_ Life Member (Individual) \$500.00
- \_\_\_ Life Member (Family) \$750.00

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
Home Phone ( \_\_\_ ) \_\_\_\_\_ Zip \_\_\_\_\_ -- \_\_\_\_\_  
Work Phone ( \_\_\_ ) \_\_\_\_\_  
e-mail \_\_\_\_\_

Please do not list my e-mail address in the TTA Annual Membership Directory

**Please list me with the following chapter:**

- |                       |   |                                      |                          |
|-----------------------|---|--------------------------------------|--------------------------|
| ___ Big South Fork    | ___ Cumberland Gap                      | ___ Memphis                          | ___ Plateau (Crossville) |
| ___ Clarksville       | ___ East TN (Oak Ridge/Knoxville)       | ___ Murfreesboro                     | ___ Soddy Daisy          |
| ___ Columbia/Franklin | ___ Highland Rim (Manchester/Tullahoma) | ___ Nashville                        | ___ Upper Cumberland     |
| ___ Cove Lake         | ___ Jackson                             | ___ Northwest (UT at Martin/Weakley) | (Sparta/Cookeville)      |
|                       |   |                                      | ___ At Large             |

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

**As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.**

## Purchase Order

Tennessee Trails Association  
P. O. Box 41446  
Nashville, TN 37204-1446

Leslie El-Sayad  
Home: 865-717-6246  
Les1202@aol.com

Color Plus Printing  
4825 Trousdale Dr, #102  
Nashville, TN 37220

May 10, 2007

Leonard Chavaz  
615-781-1071  
cell ph: 615-207-0947  
colplprt@bellsouth.net

## Newsletter Printing

Cover Date:

June 2007

Number of pages submitted  
with this purchase order:

10 pages

Printed Paper size:

two - 11 x 17 sheets  
one - 8½ x 11 sheets  
printed on 2 sides  
11 x 17 pages to be folded in ½ by Color Plus

Paper Weight:

20 pound paper weight

Paper Color:

white

Ink Color:

black

**Print Quantity:**

**850 pieces**

Approximate Cost:

Send **TAX EXEMPT** Invoice to:

Tennessee Trails Association  
P. O. Box 41446  
Nashville, TN 37204

Leonard, please contact TTA Newsletter Party Coordinator Contact Diane  
Manas, Newsletter party on May 21 at 7pm

- Their picking newsletters up from you at Color Plus Printing or,
- Your delivering newsletters to Their home or,
- Your delivering the newsletters to the location of the Newsletter Party