

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



Tennessee's State Natural Areas Week

April 15 - 22

Tennesseans are encouraged to join in a weeklong celebration of Tennessee's State Natural Areas April 15-22 with activities such as wildflower hikes, guided tours and volunteer stewardship activities.

The State Natural Areas Program provides long-term protection for rare, threatened and endangered plant and animal life. It also protects ecologically sensitive areas, areas of geological and archaeological interest, and areas of great scenic beauty. First established in 1971 by the Tennessee Natural Areas Preservation Act, today there are 69 state natural areas covering nearly 105,000 acres. Tennesseans and the Department of Environment and Conservation are celebrating the 36th Anniversary of the Natural Areas Preservation Act in 2007.

The week includes a full schedule of events in many of these 69 natural areas. Whether your interest is in a wildflower or birding hike, a canoe float, or a cave exploration, there is a wide variety of interesting activities planned to engage Tennesseans in appreciating and enjoying these special places.

The full schedule of activities is available online at www.state.tn.us/environment/na by following the link "Tennessee Natural Areas Week April 15-22." Or call 615-532-0434 for schedules and information. All activities require reservations, so please call early to assure an opportunity to participate.

2007 Membership Directory

It's Update Time!

The 2007 edition of the TTA Membership Directory will be mailed to all current members in June/July. Please be sure your dues are paid up so that you will be listed in the directory, and receive your copy when it's published. Also, please let us know if your home/email address and/or telephone number has changed since the last directory that was published in August 2006.

Here are a few ways you can notify us of your changes:

- **Internet:** Visit our website (www.tennesseetrails.org), navigate to "Member Services," select and fill out the "Electronic Address Change Form."
- **Mail:** Using the New/Renewal Membership Form (on the last page of this newsletter), fill in your new information, write on the form "address change" and mail to the address shown on the Membership Form.
- **Phone:** TTA's Membership Director, Garnett Rush at 615-352-7217.

Not sure of when your membership expires? Please look at the mailing label on your current monthly newsletter; it displays your annual expiration date just above your address. You will need to renew your membership within that month showing on your mailing label in order to avoid a lapse/interruption in receiving your newsletter.

Hike, Eat, and Meet: TTA's 2nd quarter Board of Directors' Meeting will be held on Saturday, April 28 at Cedars of Lebanon State Park.

Hike - At 9:00 am (central), all members are invited to meet at the trailhead for the Hidden Springs Trail. This is a 5-mile hike through a fascinating area of limestone sinkholes and caves. We'll hopefully see some late spring wildflowers also. The terrain is generally flat, but expect the usual rocks, ruts and roots (and possibly mud after wet weather) that make you happy to be wearing boots. Please bring plenty of water and some snacks.

Eat - At 12:00 pm, everyone (whether or not you hiked with us) is invited to gather at the Cedar Forest Lodge for a potluck lunch. Please bring a dish or food item that can feed 10-12 people. RSVP to Anne Wesley (see below) so we know we have enough drinks.

Meet - at 1:00 pm, TTA's Board of Directors will meet after lunch at the Cedar Forest Lodge. ALL MEMBERS are welcome and encouraged to attend.

Cedars of Lebanon State Park is located off US 231 South outside of Lebanon. From I-40, take Exit 238 headed south on US 231 for 6 miles. Once you enter the park, drive past the Park Office, and follow signs to the Nature Center. Cedar Forest Recreation Lodge (lunch and meeting location) is just before the Nature Center. For the hikers - continue straight through the park, drive past the camping areas and swimming pool until you see the parking for Hidden Springs trail. For information and/or to RSVP the potluck lunch, e-mail Anne Wesley at ttahiker@msn.com or call 615-851-1052.

CUMBERLAND TRAIL CONFERENCE

Office Location 19 East 4th Street
Crossville, TN 38555
Office Hours 8am-5pm
Phone: 931-456-6259
Fax: 931-456-4934
Email: cumberlandtrail@rocketmail.com
Website: www.cumberlandtrail.org

CUMBERLAND TRAIL CONFERENCE STAFF:

Executive DirectorPaul Freeman paul.freeman@frontiernet.net
Trail CoordinatorTony Hook tony.hook@frontiernet.net
Office ManagerJanet D. Smith janet.d.smith@frontiernet.net

CTC Spring 2007 Schedule (Registration is requested for these events)

April 26-April 30, Soddy-Daisy, TN:

Step into spring and help build wooden steps in the Board Camp Creek Gorge. Help will also be needed with some trail maintenance. Lodging and food will be provided at the Lutheran Camp. Tent camping is also available. Volunteers will be able to arrive at the camp on April 25. Registration is requested in order to plan work details and the food needed.

May 11-June 10, Spring 07 Trail Building (a.k.a. Big Dig), Stony Fork Community, TN:

Volunteers will continue the trail building effort started during Break-Away 07. Lodging and food will be provided at the Stony Fork School. Educational programs will be offered on some evenings and a "ho-down" on Friday evenings. Besides the usual personal trail building items, volunteers will need some type of bedding such as a cot or air mattress. Tent camping is also available. All volunteers are greatly needed. Registration is requested in order to plan work details and the food needed.

May 13-May 19, American Hiking Society Volunteer Vacation, Stony Fork Community, TN:

American Hiking Society volunteers will be working with CTC staff and volunteers during the Spring 07 Trail Building program. All participants will be staying at the Stony Fork School.

May 18-May 20, Scout Weekend, at Nick's Creek Campground, TN:

Scouts will camp at Nick's Campground on the New River. Saturday, May 19, will consist of morning trail construction and the afternoon will be outdoor classes on merit badge and rank advancement requirements. On Sunday, May 20, the scouts will be able to participate in a 5-or 10-mile hike. Participants are responsible for their own food, camping gear, and transportation.

MAY 25-May 27, TTA Weekend (first annual), Stony Fork Community, TN:

This weekend is concurrent with the Spring 07 Trail Building Program. Lodging and food will be provided at the Stony Fork School. Besides the usual personal trail building items, volunteers will need some type of bedding such as a cot or air mattress. Tent camping is also available. This is an opportunity for all TTA Chapters to participate in helping to build the Cumberland Trail. Saturday, May 26, will be a day of trail construction in the Sundquist Wildlife Management Area. There will be a cookout that evening. Sunday, May 27, will be a day of hikes in the area. Hikes will range from easy to difficult. In addition to the trail volunteering and hikes, the TTA chapter with the most volunteers will win the CTC/TTA Volunteer Spirit Stick for the year.

June 2, National Trails Day, Stony Fork Community, TN:

This will be a day of celebrating NTD by doing trail construction in the Sundquist Wildlife Management Area. There will be a cookout that evening at Stony Fork School.

June 18-June 30, Trail Maintenance and Inventory, Cumberland Trail:

Details will be announced

Registration is requested for these events

1. Sign-up on line at www.cumberlandtrail.org
2. Call the CTC office at 931-456-6259.

BIG SOUTH FORK CHAPTER

CHAPTER OFFICER: Charles Gibbs
423-628-5678 *cgibbs@highland.net*
SECRETARY / TREASURER: Benita Howell
423-628-5521 or 865-974-7797 *bhowell@nxs.net*
BOARD REPRESENTATIVES: Tim & Lynn Takacs
615-824-7048 *lynntakacs@comcast.net*
or *ttakacs@comcast.net*
OUTINGS COORDINATOR Tom Howell
423-628-5521 *tshowell1003@highland.net*

TRAIL MAINTENANCE COORDINATOR: Bob Hemminger
dagbob@juno.com

Apr 7 Spicewood Branch - Old Mac Trail, Frozen Head State Park, Wartburg. Tom and Benita Howell will lead this approximately 7-mile hike, rated moderate to strenuous because of the 1500 foot climb. We'll traverse some prime areas for viewing spring wildflowers, follow the Chimney Top trail northward to its intersection with the Frozen Head tower trail and return to the trail head via the South Old Mac Trail. Dress appropriately for changeable weather, wear sturdy boots, and bring lunch, snacks, and plenty of water. Carpool will leave Harrow Road Cafe in Rugby at 9:00 EDT, or plan to meet at the Frozen Head Visitor Center parking lot at 10:00 EDT. Please register with Tom Howell at tshowell1003@highland.net, or phone 423-628-5521.

CLARKSVILLE CHAPTER

CHAPTER OFFICER: Merri Hinton *andrews@logantele.co*
CO-CHAIR: Suva Bastin 931-645-2849
SECRETARY: Lucy Weikel 931-358-5799
j107sw@aol.co
TREASURER: Sandy Janus 931-551-8522
CONTACT FOR HIKES: J. R. Tate 931-920-2699
modelt@charter.n
MEETS MONTHLY: 3rd Tuesday, 7:00 pm CT,
Crow Community Center 211 Richview Rd

Apr 7 Piney River Trail; 10 miles, moderate; Jack Bastin
931-645-2849

Apr 14 Frozen Head; 12 miles, strenuous; Suva Bastin
931-645-2849

Apr 21 (Begins April 20. Work additional days as desired.) CTC Spring Trail Building session, Part 2, at Smokey Junction, TN. Make individual reservations with Tony Hook, CTC Trails Development, 931-456-6259.

Alternate Hike: Rotary Park; 1-3 miles, easy; call Lucy Weikel, 931-358-5794

Apr 28 Spring Fling at Dunbar Cave; Hikes and Nature Activities; Suva Bastin, 645-2849
(Note: CTC Spring Trail Building session, Part 1—formerly Big Dig—runs from April 20 to May 11. Please volunteer as you are able. Contact Tony Hook, CTC Trails Development, 931-456-6259.)

COLUMBIA/FRANKLIN CHAPTER

CHAPTER OFFICER: Sherrie Yokley
931-703-2251 *syokley@wavesinc.com*
MEETS MONTHLY: 1st Tuesday at 6:30 pm CT
Grand Buffet (North of Spring Hill)

Apr 3. Chapter meeting 7 PM Grand Buffet Spring Hill, TN. Paul Freeman, Executive Director of Cumberland Trail Conference will update our chapter of happenings on the Cumberland Trail. Dinner starts at 6 PM and our meeting starts at 7. Plan to be there and bring a friend.

Apr 14. Devil's Backbone Natchez Trace. Bobby Hardeman will lead a hike of the Devil's Backbone Trail. This 3 1/2 mile trail has very little elevation change and is rated easy. This area is abundant in both wild flowers and wild life. We will meet at Columbia State on Hwy. 412 in Columbia in front of the Administration Building and park near the highway. We will leave for the trail at 8:30 am. Wear sturdy boots and bring water and snacks for the trail. We will have lunch at Santa Fe Cattle Company in Columbia after the hike. Register with Bobby at puttr22@aol.com or call (615)305-7955.

Apr 28. Radnor Lake. Kerry Sumners will lead this easy hike. You should wear sturdy boots and bring water and snacks for the trail. We will meet at Kroger on Hwy. 31 in Spring Hill and leave at 8:00 or meet at the Nature Center on Otter Creek Road at 9. Register with Kerry at karofishes@bellsouth.net or call (615)790-4013. Trail Work Update and Looking Ahead. On February 17 Sherry Yokley, Bobby Hardeman and Rick Lausten worked with Chad Harden on the Stillhouse Hollow Fall's Trail. Chad, who is the West Tennessee Stewardship Ecologist of Natural Areas for the Tennessee Department of Environment and Conservation will speak at our May 1 meeting.

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EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER OFFICER: Rosemary Marshall
rosemary_J@hotmail.com
CO-CHAIR: Allie Hubbs
Hike_announcement_etchapter@yahoo.com
TREASURER: Harold Draper
.h.m.draper@att.net

Apr 7 Rainbow Falls - GSMNP -Join us for 6 miles of hiking at its best. This hike is rated Moderate because of it's elevation. We will meet at the Rainbow Falls Trailhead at 9:45am est and the hike will begin at 10:00am. To pre-register, call hike leader, Lesley Price 865-254-1193 or e-mail Rosemary_L@hotmail.com

Apr 14. GSMNP, Albright Grove, via Maddron Bald trail.Come view the virgin forest on Albright Grove Loop trail where some of trees are enormous! Trail prize awarded to the first hiker to ID the "kissing trees", the "heart-shaped" quartz, and the "great white rock"! Hike is 7 miles, rated moderate, with an initial elevation gain of 1600 feet. Meet at 8:30 A.M. at the Asheville Highway Food Lion [From exit 394 ramp off I-40, go left (east) out Asheville Highway, U.S.-11 E/25W/70, 1.0 miles to signal light; turn left, then right into Food Lion lot (not visible from highway intersection). Park along front edge, to left of entry]. For more information and to register, contact Robert and Patty Paul 865-983-1985 or paulr@monroe.k12.tn.us

Apr 21 Frozen Head State Park. There is nothing like an April hike at Frozen Head! The proposed hike will be up Panther Branch Trail to N. Old Mac Trail, then to the Jeep road, to the new observation tower atop Frozen Head.Our descent will be via S. Old Mac and Judge Branch Trails. Be advised, portions of these trails are very narrow, slippery and rocky. There will be one water crossing of Judge Branch, Bring lunch, water, sturdy boots and dress appropriately for the weather. Hiking distance will be about 7 miles with a climb of 1800 feet, Meet at Frozen Head Visitors Center at 9:00 am EST. For further info or to register contact Keith Mertz at 865-982-7368 or email keithmertz@hotmail.com

Apr 28 , Once Upon a Time Wildflower Hike A special wildflower hike and lunch are planned at Once Upon A Time, Ed and Arleen Decker's property in the foothills of the Smokies on the Little Tennessee River. Arleen has documented over 110 varieties of wildflowers on the 1 1/2 mile trail and the flowers should be at their peak. The trail also includes overlooks of the Little Tennessee River, the 500+ year old Grandmother Cedar Tree, and the Joyce Kilmer/Slickrock/Citico Wilderness. Homemade potato soup, fresh fruit salad, and beverages will be served after the hike. Hikers should bring water for the hike. The Cove Lake TTA Chapter will be joining us. An additional hike is planned after lunch for those who want to do more hiking in the area. We suggest bringing water shoes for creek crossings. Call 865-856-7262 to register or for directions. Or, see their website at <http://www.onceuponatimeadventures.com/>. Hikers can also meet at 8:30a in the parking lot of the old Bi-Lo on Hwy 411 south to carpool.

HIGHLAND RIM CHAPTER (Tullahoma Area)

CHAPTER OFFICER: Tom Bentley
931-455-5859 htbentley@charter.net
VICE PRESIDENT: Joette Carter 931-968-0073
TREASURER: Marietta Poteet 931-924-7666
NEWSLETTER CONTACT: Sharon Bell 932-455-1652
MEETS MONTHLY: 1st Tuesday at 7:00p at the Crockett's restaurant in Tullahoma

Apr 3: April's monthly meeting will begin at Crockett's Restaurant, Tullahoma, at 6:00 for dinner and socialization. We will then drive to the First Christian Church, 120Grundy Street, at 7:00 for the program and a short business meeting. The program will be Emergency first aid and "hurry cases" presented by Jem Reed, EMT. For more information contact Tom Bentley 931-455-5849 or athtbentley@charter.net.

Apr 14: Marietta and Jim Poteet will lead our annual wildflower hike through Shakerag Hollow, Sewanee, and then to Short Springs, Tullahoma. The Shakerag Hollow hike is rated moderate. The distance is only 2 miles; however there is a short ascent near the end. We will then drive to Short Springs in Tullahoma. This hike is about 3 miles rated easy; however there is a steep descend down some stone stairs. Both areas are well known for their abundance of wildflowers. The hikes will be slow to allow ample opportunities for flower viewing and studying and pictures taking. Take water and snacks. For more information and conformation, contact Marietta or Jim at 931-924-7666 or email at nannietta@bloman.net.

Apr 14: Joette Carter will be leading a joint hike with the North Alabama Sierra Club to the Walls of Jericho. We will hike down the Alabama trail and back up the Tennessee trail. This hike is 7-8 miles rated strenuous. Bring lunch and plenty of water. Call Joette for more information and to confirm at 931-968-0073. May have to leave a message

Apr 21: Third Saturday "Eat-Hike-Eat" hike. Rated easy .We will meet at The Blue Chair, Sewanee, for breakfast at9:00. We will then join the "Trails and Trilliums" hikes from St. Andrews, "Abbo's Alley," through "Charlotte Gailor's Garden," which has been restored, and finish at the "Shakespeare Garden." This hike will be lead by Michael Green, who heads the board at Reflection Riding in Chattanooga. Afterwards we will select a place for lunch .For more information and conformation, contact Tom Bentley at 931-455-5849 or htbentley@charter.net.

Apr 22: Dennis Horn, co-author of *WILDFLOWERS of TENNESSEE the OHIO VALLEY and the SOUTHERN APPALACHIANS*, and member of Friends of Short Springs, will lead the annual Short Springs wildflower hike. Dennis knows a great deal about wildflowers and loves to share his knowledge. For information contact Marjorie Collier at 931-455-4186 ormarcollier@charter.net.

Apr 28: Joette Carter will lead a hike at Stone Cuts at Monte Sano State Park we will carpool to Huntsville. This hike is rated easy to moderate. Afterwards we will select a restaurant, eat inner, then return to Tennessee. Contact Joette at931-968-0073 for more information and conformation.

PLATEAU CHAPTER (Crossville)

CHAPTER OFFICER:

865-354-6101

Rita Senko

*rsenko@usit.net***SECRETARY/TREASURER:** Mitze Anderson

931-788-6731

mitze1@yahoo.com

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at 931/484-9152 or Jim McCullough at sue1290@frontiernet.net. Rain cancels

Apr 7. Piney River Trail, Spring City, TN. Designated as a pocket wilderness by the Bowater Paper Company, it is now part of the Cumberland Trail. The trail is not difficult, but it is 8 miles long. The hike will require a shuttle on this one-way trail. This is a great hike for wildflowers. We will also visit the Spider Den to see the interesting rock formations. Wear boots, and bring water, lunch and snacks. Meet at Cumberland Mountain State Park, Crossville, TN at the boat launch area at 8:00 AM CDT. For more information and to register, contact Carolyn Miller at 931/456-4465 or by e-mail at cardan@frontiernet.net

Apr 12. Chapter meeting. Art Circle Public Library, Community Room. 6:30 PM. CTC update and continued planning for the annual meeting. For more information, contact Rita Senko.

Apr 14. Angel Falls Overlook, Big South Fork. This is a 10-mile hike rated moderate to difficult due to the length. The hike will require a car shuttle between the Bandy Creek trailhead and the Leatherwood Ford trail head. We will start at the Bandy Creek trailhead and go to Angel Falls Overlook then walk along the river to end at the Leatherwood trailhead. The hike has interesting rock formations, Angel Falls (not a true waterfall, but actually a Class IV rapid), and probably the best overlook in the Big South Fork. Wear boots, and bring water, lunch and snacks. Meet at 8 AM CDT behind the Cracker Barrel. For more information and to register, contact Bill Harris at 931/484-9152.

JACKSON CHAPTER

CHAPTER OFFICER:

731-424-5375

Gary Cooper

*gcooper52@yahoo.com***MEETS MONTHLY:** 1st Tuesday. Socializing & meal starts

at 6:00p CT; meeting starts at 7:00 at Perkins

Restaurant 999 Vann Drive in Jackson

Apr 9-Monthly Meeting-Come at 6:00 to eat or 7:00 for the meeting to hear about past or upcoming hikes. Everyone welcome.

Apr 14-Tishomingo State Park, Mississippi-Join us for a 7-10- mile hike winding along rocky bridges with spectacular views, through shallow, fern-filled canyons, and across the Bear Creek swinging bridge constructed in the 1930's. Bring lunch and water. Registrations required. For carpool information to register contact Roy Corley roycorley@aeneas.net 731-668-5070. Directions: Entrance road is 15 miles +/- south of luka on 25. Follow the signs shortly after the town of Tishomingo. After you turn left off 25 at the park sign, you will come to a sort of 'y'. Take the left branch. Best place to meet is at the tollgate. There is a parking lot to the right just before entering the park through the gate. Can regroup into lesser vehicles or whatever before entering. Parking is \$2 or \$3 per car.

Apr 28, -Pinson Mounds-Jackson-To register contact Glen Roqnsstad 731-217-5966 or qroqnsstad5966@charter.net

MEMPHIS CHAPTER

CHAPTER OFFICER:

Carolyn Pierce

901-755-5635

cedpierce2000@yahoo.ca

MEETS MONTHLY: (Sep - May) 3rd Thursday at 7:00 pm at Cordova Library, 8457 Trinity Rd. Turn east off Germantown Parkway onto Trinity Rd. approx. 1 mile on the right. Library shares entrance with Bert Ferguson Community Center

Apr 1, Overton Park Old Growth Forrest and V&E Greenline John Martin will lead an easy 3 – 4 mile walk through the Old Growth Forrest and the V&E Green line. Meeting time and location: 9:00 a.m. at the bridge at the end of Old Forest Lane east of the Memphis College of Art and adjacent to Rainbow Lake playground parking lot in Overton Park. For additional information contact John at 901-386-3722.

Apr 7, Bluff River Walk, Memphis Downtown Social Walk Meet at 9:00 a.m. at the Tennessee Visitor Center off Riverside Drive near the Pyramid and join us for a 3-4mile easy walk along the River Bluff. For information call John Martin at 901-386-3722.

Apr 14, Tishomingo State Park, Tishomingo, MS 38873 approx 3-hour drive from Memphis A Great Hike! Meet at the park tollgate at 9:30 a.m. for a 7-mile hike winding along rocky bridges with great views, through shallow, fern-filled canyons, and across the Bear Creek Swinging bridge constructed in the 1930's. Hike rated easy to moderate. Bring lunch and water. Registration required. To register contact Jerry Lenski 901-213-0604. Directions: Entrance road is approx 15 miles south of luka on Hwy 25. Follow the signs shortly after the town of Tishomingo. After you turn left off Hwy 25 at the park sign, you will come to a sort of 'y'. Take the left branch. There is a parking lot to the right just before entering the park through the gate. Can regroup into vehicles or whatever before entering. Park Fee \$3 per car

Apr 19, Monthly Meeting - Jim & Anna Clark Is this heaven? No, it's Austria! — planning and implementing an inn-to-inn hike in Austria. Jim Clark, ho accompanied with his wife Anna, has been on two such expeditions and is planning a third will discuss the planning of such a trip including how to book with an American firm, to booking directly with travel offices in Austria, where to find maps, costs, and more. He will also discuss the possibility of using a Wanderdorf (Hiking Village) as a base and venturing forth on day hikes. Those familiar with the television series Band of Brothers will recognize some of the towns en route: Saalfelden, Kaprun and Zell am See. Bring a friend and experience hiking in Austria!

Apr 21, Village Creek State Park, Wynne, AR Meet at Village Creek Park Visitor Center at 9:30 a.m. This is an 8-mile hike with an option to shorten it to a 5-mile hike. The trail is rated easy to moderate. Bring lunch and plenty of water. For information call Kathryn Skinner 901-527-4308.

MURFREESBORO CHAPTER

CHAPTER OFFICER: Anna Bertram

abertram@dtccom.net 615-765-5357

OUTINGS COORDINATOR: Millette Jones

millette.jones@comcast.net 615-397-9588

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT

Barfield-Crescent Park's Wilderness Station

697 Barfield-Crescent Rd., Murfreesboro

Apr 7- Stevens Gap near Huntsville, Alabama, 2.5 miles, moderate. This area, which is on private property, includes deep sinkholes, wildflowers, and a unique, beautiful waterfall next to a large cave opening where you can see the falls from below. The falls and cave were featured in a National Geographic video on caves. Bob Goodwin and Sandra Parker will lead this moderate 2 1/2 mile hike. The trail is rocky and uneven in several places. There will be a 300-foot elevation gain in the first mile. After our hike we will go to a local restaurant for lunch. If time permits we will go on a second hike of 1 1/2-2 miles in the area which will be easy to moderate. We will leave from the Murfreesboro Sam's Club overflow parking lot next to Hardee's at 8:00 AM. Distance from Sam's Club to Huntsville is about 90 miles. For more information and to register for the hike, please contact Bob Goodwin at CAMEL40@earthlink.net or 256-564-8417.

Apr 10- Chapter Meeting- Barfield-Crescent Park, Wilderness Station, 7pm. You won't want to miss this opportunity to hear the tales spun by J.R. "Model T" Tate as he tells us about his latest thru-hike of the Appalachian Trail. Perhaps he'll tell us if his alter ego joined him again, or if he was spooked by the ghost of Gen. Mosby. Whatever the tales, you'll be enlightened and entertained as Model T tells us about his 4th thru-hike, during which he turned 70 years young!!!

Apr 14 - Wildflower Hike in Shakerag Hollow (Sewanee) and Short Springs State Natural Area (Tullahoma), 5 miles total, rated easy to moderate. Jim and Marietta Poteet will lead this annual multi-chapter event in two locations famous for an abundance of spring wildflowers. The 2-mile Shakerag Hollow trail is rated moderate due to a short, steep ascent at the end. The Short Springs segment is about 3 miles, rated easy. The pace will be very slow with ample opportunities for pictures and studies of the wildflowers. Murfreesboro people need to contact Ron Dunn for information, carpool details, and to sign up. Ron may be reached at trekkingn@yahoo.com or 615-867-3301.

Apr 21- Wildflower Hike & Potluck Lunch, 3 miles, moderate. Tony & Millette Jones will lead this popular hike and feast at the Bowling Tree Farm near Monterey. The hike will be a moderate 3-mile walk through rich tree forest with wonderful views of the plateau. The last mile will be through dense wildflower growth where we will take time to view the gorgeous scenery. The hike is rated moderate for a few small stream crossings and a few hills. After the hike we will return to Winston & Billie Jo Bowling's country home for a potluck meal. There are several other trails of varying length to hike after lunch for those interested. For information or to sign up contact Tony Jones at 615-397-4463 or awj68@comcast.net

Apr 21-22- Walls of Jericho, Beginning Backpack/Day hike, 6.0 miles total round-trip, rated difficult/strenuous. The hike is rated difficult due to a 1000' descent along with several stream crossings. On dry days, hikers should plan on a minimum of six hours to make the round-trip. After a 2.5-mile downhill hike to Clarke Cemetery we will set up tents at Turkey Creek. We will then hike an additional half-mile into

MURFREESBORO (cont)

the Walls of Jericho. Day hikers should wear comfortable shoes, bring food, plenty of water, and remember the hike back will be mostly uphill and strenuous. Backpackers: We'll take our time hiking out Sunday morning. After we reach the trailhead, we'll dust ourselves off and head to the nearest restaurant that welcomes weary hikers. We meet 10 a.m. at Sam's Club parking lot in Murfreesboro and carpool to the Walls of Jericho, Alabama. Contact Kim Griswold at griswold.kim@gmail.com or leave a message at (615) 893-6489. Please register in advance in case of cancellation due to rain.

Apr 28 - Millennium Trail at Edgar Evins State Park, Center Hill Lake & Reservoir, Silverpoint (near Smithville), 4 miles, easy to moderate. The Murfreesboro TTA Chapter conceived the idea to build this trail and enlisted the aid of 5 chapters to complete it during the summer of 2000. It was dedicated at the 25th year celebration of the park that August. This wooded trail near the edge of the lake passes some reminders of the time before the home places of local people were displaced by the impoundment of the land to build Center Hill Lake. . . This includes remnants of the foundation of the Hogard family home place, an abandoned "moonshine" furnace, where the scraggly corn crops were turned into "White Lightning", an old spring near where the sharecropper shack of Lon Christian once stood. The remains are about midway into the hike. Near the end of the loop, there is a natural salt lick that is still visited by many wild animals in the park. There are old growth beeches, poplars, oaks and hickories. It is a relaxing, deep woods experience that is well worth the effort. It is rated as easy to moderate due to some uphill terrain, but for the most part it is a fairly level deep woods hike. Hikers may come for this one event or take part in an entire weekend of activities known as the Spring Fling at Edgar Evins State Park. The hike will be led and coordinated by Radford Smith and Mary Belle Ginanni. Contact Mary Belle for carpool information, driving directions, and to let her know you're planning to hike, mginanni@comcast.net or 615-895-6072.

Apr 27 - 29 - Did someone say SPRING? Yep...we're saying it loud and clear at Edgar Evins State Park! The Friends of EESP and the park employees are again sponsoring another fun **Spring Fling** weekend at the park. This will include hikes, wildflower walks, exhibits, entertainment, storytelling, campfires and a lot of socializing and sharing. There are several things that we have depended on TTA to help with in the past, and this year will not be any different. In return for some minimal efforts, the park will furnish free camping for Friday and Saturday nights. What are these jobs? Assisting with the hikes and wildflower walks...helping set up the displays and exhibits...are just some of them. We always have a great time while promoting the park and our Friends Group, as well as TTA.

Please tell us you are willing to help out...If you can't do that, then mark your calendar to come and join us just for the fun and excitement. We are working on the program and will have that done soon. You can go to the Friends of Edgar Evins State Park web site <http://foesp.ne1.net/> for that information. It should be posted in about a week to 10 days. We would love to see a good number of you there! Please contact Fount to volunteer or for more information. Fount Bertram, TTA Member, and President of Friends of Edgar Evins State Park. fwbertram@dtccom.net or 615-765-5357

NASHVILLE CHAPTER

CHAPTER OFFICER: Nora Beck
615-617-6486 *nora_beck@comcast.net*

OUTINGS COORDINATOR: Libby Francis
Libbyslibbys@Comcast.net
(email Libby & volunteer to lead an outing)

MEETS MONTHLY:

HIKING HOTLINE: 615-367-7045

Apr 24 Our monthly gathering plays host to our own Judi Curp! Husband Gene may also squeeze a word in as Judi takes us on a power-point tour through New Hampshire's White Mountains. Our well-traveled couple spent part of last summer there, and will focus their show on the Appalachian Mountain Club and its accommodations and services for hikers. 7:30 in the Tennessee Wildlife Resources Agency Headquarters Building on the campus of Ellington Agricultural Center.

Apr 5, 12, 19 Radnor Lake State Natural Area. Nashville. After work hikes. Enjoy great views of the lake as the trees fill out and see the wild flowers. Newcomers as well as seasoned hikers are welcome. We will hike Ganier Ridge and the Lake trail for a total of around 4 miles. The trails are rated easy, though there are some short elevations. Wear comfortable shoes. Meet at the **east** parking lot on the Franklin Rd side of Otter Creek Rd at 4:00 PM CDT. For more information and to register contact Robbie Benson, wk 615-781-6504 or cell 615-419-1165.

Apr 7 Trail Building Workday at Beaman Park, Nashville. 9:00 am to noon CT. This trail building project will connect the new nature center site with the existing park trail system. Bring work gloves. We will provide the tools. Meet at the Creekside Trailhead. For more info, call Libby Francis at 615-889-5718 or e-mail libbyslibbys@comcast.net.

Apr 7 Richland Creek Greenway, Nashville Walk in the park with Mayor Purcell. Nashvillians can take a walk in the park with Mayor Bill Purcell each month during the Celebrate Nashville festivities. The walk will be held rain or shine on the first Saturday of each month through June. Most of the walks will be about an hour long. All hikes are free, open to the public and start at 9am CT. For more information on these hikes, call the Mayor's office at 862-6000.

Apr 14 Black Mountain Lady Slipper Hike near Crossville Hike the Grassy Cove Segment of the Cumberland Trail. We will hike the newly rerouted portion of the trail that leads to extensive rock formations and intensive vistas. Wear sturdy hiking boots and bring lots of water. We will lunch at one of the overlooks on the trail. This hike is about 4 miles and is rated moderate. Meet at the Kinko's on Donelson Pike in Nashville to carpool at 8:00 AM CT. For more information and to register contact Nora Beck at 615-517-6486 or e-mail Nora_Beck@comcast.net.

Apr 21 Fiery Gizzard Trail near Monteagle Hike the famously rugged Fiery Gizzard trail and be rewarded with spectacular scenery that includes waterfalls, deep gorges, sheer rock bluffs, scenic overlooks and spring wildflowers. We will hike the entire length starting at Grundy Forest and ending at Foster Falls for a 13-mile trip. We will shuttle to return to the parking lot. Bring water, sturdy hiking boots, and lunch for this hike, rated difficult. For meeting times and places and more information contact Nancy Juodenas, njuodenas@hotmail.com, or 615-319-8811.

Apr 21 Earth Day Celebration at Centennial Park, Nashville 11:00 AM-7:00 PM CT The Festival hosts a number of environmental displays with a wide variety of interactive educational opportunities for children and adults, as well as an

NASHVILLE(cont)

exciting **live** musical line-up all in a family-fun atmosphere. The Nashville chapter will be hosting a booth, and we need volunteers to help with this. Please call Libby Francis at 615-889-5718 or e-mail libbyslibbys@comcast.net if you can help out for an hour or so.

Apr 22 Montgomery Bell State Park - This 11.5 mile trail follows the perimeter of the park and passes by several lakes, near several historic areas and crosses 3-4 shallow streams. The terrain is rolling, but the hike is rated moderate to strenuous due to length. Wear sturdy hiking boots or trail shoes; bring snacks, water, lunch and money for carpooling. Meet in the Wal-Mart parking lot on Charlotte Pike (exit 201 off I-40) at 8:00 a.m. CT - For more information and to register contact Garnett Rush at 615-352-7217 or e-mail *rushga01@yahoo.com*

Apr 28 - Hidden Springs Trail, Cedars of Lebanon State Park - This 5-mile trail is full of interesting rock formations, sinkholes and caves characteristic of the local limestone. The trail is generally flat, but there are rocks, roots and possibly mud - so broken-in boots are advised. We will meet at 9:00 am CT at the Hidden Springs trailhead. Please bring plenty of water and snacks. At noon, there is an optional potluck lunch after the hike at the Cedar Forest Recreation Lodge. Directions to the park from Nashville: Take 1-40 east to exit 238. From the exit turn onto US 231 headed south. Drive approximately 6 miles, and turn left into the park entrance. To get to the trailhead, stay on the main road in the park. You'll pass the Park Office, Cedar Forest Lodge, camping areas and swimming pool. Park at the Hidden Springs trailhead where we'll meet. To RSVP, e-mail Anne Wesley at *tthiker@msn.com* or call 615-851-1052.

COVE LAKE CHAPTER

CHAPTER OFFICER: Richard Helm
423-562-1110 *Richard.Helm@ahss.org*

CO-CHAIR: George Gill
423-562-7121

MONTHLY MEETING: **Apr 2** 6:00pm Cove Lake State Park Shelter One. Call Richard for info 562-1110

Apr 14 Meet at Eagle Market at 9am. Clear Fork and Big South Fork in Kentucky towards Burnt Bridge Trail- 4 1/2 miles - rated moderate. Call Jerry for info 423-563-0867

Apr 28 Meet at Eagle Market at 9am Leave to Arlene Decker's (Once Upon a Time) house for an exciting hike. 4 1/2 miles - rated moderate. Call Faith Dippold at 423-566-8026

NORTHWEST CHAPTER (UT at Martin/Weakley County)

CHAPTER OFFICER: Jim Clark 731-587-2225
jclark@utm.edu

Contact Jim Clark for information about hikes.

Be sure to participate with other chapters on weeks when our chapter does not have a hike.

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICER: Pam Miller 931-526-9259

pdmiller@citlink.net

Apr 6-7, Joyce Kilmer Memorial Forest, Robbinsville, NC. The hike is 3 to 6 miles depending on if you are staying overnight or driving back. We will start at Big Fat Gap and hike up to Hangover where there is a fantastic view of the Smokies. We will camp here and those who want to explore more can hike several different trails. The hike is moderate. There will be a 2000-foot elevation change. This is an overnight hike but those who wish to return the same day can do so. You can meet us at 7:00am CT in the Penney's parking lot in Cookeville. We will return April 7. Those spending the night should be sure to have all necessary winter backpacking gear. For information and to register contact Guy Zimmerman at 931-526-1574 or guyz@charter.net. Online information can be found at <http://main.nc.us/graham/hiking/hangoversouth.html>.

Apr 14 Standing Stone State Park Lake Trail, Hilham, TN. This hike is about 5 miles and rated easy to moderate. Hopefully, we will see a lot of wildflowers. You can meet us at 9:00am CT in the Penney's parking lot in Cookeville. Bring snacks, water, lunch, and wear good hiking boots. For information and to register contact Hix Stubblefield at 931-526-2312 or hixstub1@citlink.net.

Apr 14 Across the Gulf, Savage Gulf State Natural Area, Beersheba Springs, TN. We will start at the Stone's Door Ranger Station and cross the gulf to Hobb's Cabin. We will then hike the length of the North Rim Trail and end our hike at the Savage Gulf Ranger Station. The North Rim Trail features more overlooks than any other trail in the South Cumberland area. The trails vary between level, steep, and rocky. Sturdy hiking boots are required. The hike is 17 miles and rated strenuous. Bring water, snacks, and lunch. You can meet us at 6:30am CT in the Penney's parking lot in Cookeville or at the US Bank across from McDonald's in Sparta at 6:50. For information and to register contact Richard Savage at 931-526-2035 or savage_richard@hotmail.com.

Apr 21 Savage Gulf Waterfalls, Savage Gulf State Natural Area, Altamont, TN. Highlights of this hike include six of the major waterfalls of Savage Gulf and the spectacular spring wildflower displays. This hike will begin at the Greeter Falls parking lot. We will see Upper and Lower Greeter Falls before descending into the gulf and taking the side trip to Ranger Creek Falls. We will then continue along the Big Creek Gulf and Connector Trails before ascending from the gulf on the Collins Gulf Trail past Horsepound and Suter Falls. The hike is about 14 ½ miles and rated strenuous. Bring snacks, water, and lunch. Hiking boots are required. You can meet us at 7:00am CT in the Penney's parking lot in Cookeville or at the US Bank across from McDonald's in Sparta at 7:30. For information and to register contact Richard Savage at 931-526-2035 or savage_richard@hotmail.com.

Apr 21 Stone Door Ranger Station to Collins West, Savage Gulf State Natural Area, Beersheba Springs, TN. Highlights of this hike include impressive overlooks of Big Creek Gulf, the Stone Door, waterfalls, the sink of Fall Creek, and usually fantastic April trillium displays in Collins Gulf. We will

UPPER CUMBERLAND CHAPTER (cont)

descend into Savage Gulf through the Stone Door before joining the Connector Trail. We will follow the Connector Trail across the gulf before ascending from the gulf on the Collins Gulf Trail past Horsepound and Suter Falls. The hike is about 9 ½ miles and rated moderate to strenuous because of the distance, elevation changes, and rocky footing in some parts. Bring snacks, water, and lunch. Hiking boots are required. You can meet us at 9:00am CT in the Penney's parking lot in Cookeville or at the US Bank across from McDonald's in Sparta at 9:30. For information and to register contact Hix Stubblefield at 931-526-2312 or hixstub1@citlink.net.

Apr 28 Max Patch, Pisgah National Forest, Hot Springs, NC. Spectacular views atop the grassy bald. This section on top of Max Patch Mountain near Hot Springs is part of the famous Appalachian National Scenic Trail. The 4600-foot mountain was cleared and used as a pasture in the 1800s. Today, it's a 350-acre tract of open land on a high knob with 360-degree views. What a picnic spot! Some have been known to spin around with open arms while singing, "The hills are alive with the sound of music." The 6-mile hike will begin at Lemon Gap and is rated moderate. Bring lunch, water, snacks, sturdy hiking boots, etc. You can meet us at 7:00am CT in the Penney's parking lot in Cookeville. For information and to register contact Kathleen Sullivan at 931-520-6294 or gkhs@multipro.com.

TTA's Calendar*

The following dates in 2007 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you . . .

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days,
- will consider organizing/leading volunteers from your chapter/region for an event listed
- can be sure to prevent scheduling conflicts with an activity you wish to plan

Apr 2-8	TDEC's Natural Areas Week (Statewide)
Apr 21	Earth Day Events (Observed Apr 22)
Apr 28	Board of Directors' Quarterly Meeting (Location TBA)
May 3-6	American Hiking Society's Great Southeastern Hiking Festival (Montreat, NC)
May 11-Jun 10	CTC's Spring Trail Building in Sundquist WMA (Caryville)
May 25-27	TTA Weekend: Trail Building in Sundquist WMA (Caryville)
Jun 2	National Trails Day
Aug 4	Board of Directors' Quarterly Meeting (Location TBA)
Sep 29	National Public Lands Day (Location TBA)
Oct 27	Make a Difference Day (National Volunteer Week)
Oct 12-14	Annual Meeting (Crossville, TN)

*Calendar will be revised as needed.

OFFICERS:

President

Anne Wesley 615-851-1052
ttahiker@msn.com

Vice-President

Rosemary Marshall 865-687-0670
Rosemary_L@hotmail.com

Treasurer

LouAnn Partington 931-393-4835
louannpartington@bellsouth.net

Secretary

Carolyn Miller 931-456-4465
cardan@frontiernet.net

Past President

Fount Bertram 615-765-5357
fwbertram@dtccom.net

Previous Past President

Leigh Jones 352-472-3602
Cejones9@bellsouth.net

West TN At-Large Director

Don Dresser 731-668-4662
Donald Dresser@usit.net

Middle TN At-Large Director

Brent Morris 931-728-8726
brentmorris@ispwest.com

East TN At-Large Director

VACANT

Membership

Garnett Rush 615-352-7217
rushga01@yahoo.com

Cumberland Trail Conference

Representatives

Ray Garrett 865-483-4466
garrett.ray@comcast.net

TN Rails To Trails Advisory Council

VACANT

CHAPTER REPRESENTATIVES ON THE BOARD
ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

Leslie El-Sayad editor@tennesseetrails.org

Newsletter Deadlines:

Deadlines for Chapter announcements
and articles of special interest
are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Apr 10	May 1
May 10	June 1
June 10	July 1

Articles submitted are subject to editing
and will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

2007 Membership Directory Advertising Space is Available

Do you have a product or service that you would like to promote to our 600+ members? (Here's a golden opportunity for our real estate-, financial advisor-, caterer-, dog whisperer-, landscaper-, architect-, farmer-, handyperson-friends of our hiking community to promote their services. How does a total cost of \$125.00 for an entire year sound? There are two sizes available for advertising in TTA's upcoming 2007 Membership Directory; both are business card sizes:

"vertical" = 2" x 3.5"

"horizontal" = 3.5" x 2"

The deadline for getting your ad into the 2007 Membership Directory is May 21. All you need to do is drop your business card into an envelope with a \$125.00 check (made out to Tennessee Trails Association, Inc.) addressed to: Tennessee Trails DIRECTORY, c/o Diane Manas, 5729 Stoneway Trail, Nashville, TN 37209-4556. If you include your email address with your business card & check, a confirmation that your business card has been received will be sent; otherwise, your cancelled check and Membership Directory will be your confirmation.

NOTE: Ideally, business cards submitted should contain only black and white text/images. We will try; however, cannot guarantee the reproduction quality from business cards submitted that contain colored ink. Also, all advertisements are subject to the approval by TTA's Editorial Committee, which reserves the right to reject any ad for any reason. Questions? Contact Diane Manas at 615-352-7777, or dmanashikes@comcast.net

Tennessee Trails Merchandise Order Form

_____	TTA Patch	5.00
	<i>Round embroidered patch, sew it on anything.</i>	
_____	TTA Window Decal	2.00
	<i>A must for each car. Removable, no adhesives.</i>	
_____	TTA License Plate	12.00
	<i>Perfect for the front bumper of your car.</i>	
_____	TTA 35 th Anniversary Commemorative Patch	5.00
	<i>Round embroidered patch commemorating TTA's 35th Anniversary, sew it on anything.</i>	
_____	TTA Flashlight Carabineer Key Ring, blue	3.00

Name: _____

Address: _____

City: _____ State: ____ Zip: _____

PHONE hm: (____) _____ wk:(____) _____

E-mail Address: _____

Mail your check payable to: Tennessee Trails Association
c/o Marietta Poteet, 525 Huckleberry Place
Monteagle, TN 37356
nannietta@blomand.net

Please allow 4 weeks for delivery and prices shown include postage.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446
ADDRESS SERVICE REQUESTED

First Class Mail
U.S. Postage Paid
Nashville, TN
PERMIT NUMBER 4053



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

A NEW MEMBER

Apr 07

RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Garnett Rush 615-352-7217 rushga01@yahoo.com

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

- ___ Individual \$25.00
- ___ Family \$35.00
- ___ Student (FULL-TIME) \$15.00
- ___ Supporting (\$50.00, \$100.00 or more)
- ___ Life Member (Individual) \$500.00
- ___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Home Phone (___) _____ Zip _____ -- _____
Work Phone (___) _____
e-mail _____

Please do not list my e-mail address in the TTA Annual Membership Directory

Please list me with the following chapter:

- | | | | |
|-----------------------|---|--------------------------------------|--------------------------|
| ___ Big South Fork | ___ Cumberland Gap | ___ Memphis | ___ Plateau (Crossville) |
| ___ Clarksville | ___ East TN (Oak Ridge/Knoxville) | ___ Murfreesboro | ___ Soddy Daisy |
| ___ Columbia/Franklin | ___ Highland Rim (Manchester/Tullahoma) | ___ Nashville | ___ Upper Cumberland |
| ___ Cove Lake | ___ Jackson | ___ Northwest (UT at Martin/Weakley) | (Sparta/Cookeville) |
| | | | ___ At Large |

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.

Purchase Order

Tennessee Trails Association
P. O. Box 41446
Nashville, TN 37204-1446

Leslie El-Sayad
Home: 865-717-6246
Les1202@aol.com

Color Plus Printing
4825 Trousdale Dr, #102
Nashville, TN 37220

March 15, 2007

Leonard Chavaz
615-781-1071
cell ph: 615-207-0947
colplprt@bellsouth.net

Newsletter Printing

Cover Date:

Apr2007

Number of pages submitted
with this purchase order:

10 pages

Printed Paper size:

two - 11 x 17 sheets
one - 8½ x 11 sheets
printed on 2 sides
11 x 17 pages to be folded in ½ by Color Plus

Paper Weight:

20 pound paper weight

Paper Color:

white

Ink Color:

black

Print Quantity: 850 pieces

Approximate Cost:

Send **TAX EXEMPT** Invoice to:

Tennessee Trails Association
P. O. Box 41446
Nashville, TN 37204

Leonard, please contact TTA Newsletter Party Coordinator Contact Diane
Manas, Newsletter party on March 19 at 7pm

- Their picking newsletters up from you at Color Plus Printing or,
- Your delivering newsletters to Their home or,
- Your delivering the newsletters to the location of the Newsletter Party