

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



Special THANKS to all the TTA Chapters! Your support and generosity has once again made the annual meeting a huge success!

We appreciate everyone who attended, donated items and beat the pavement asking for donations.

Information regarding number of members who attended the meeting and amount raised for the Cumberland Trail will be in the next newsletter.

A special thanks for all Clarksville TTA members for their hard work!!!

Once again, Thank You! Thank You! Thank You!

CTC Announcement

Black Mountain/Obed River Segment Trail Maintenance

From September 23-30 the CTC, with the aid of volunteers from the Murfreesboro, Plateau, and Soddy-Daisy Chapters of TTA, performed maintenance on Black Mountain and the Obed River Segment of the Cumberland Trail. Volunteers removed downed trees, repaired damaged tread, and re-blazed portions of the trail.

The Plateau Chapter was represented by Barry Spearman, Bill Eldridge, Jim McCullough, Philip Hurd, Carolyn Miller, Gary and Doris Ruetenik, Ginger Cass, Ester Erb, Howard Owens, Rita Senko, Joe Matlock, and Bill Harris. The Murfreesboro Chapter members working on the trail were Tammy Day, Kim Griswold, Gary Frost, and Ann Hook. Monty Matney of the Soddy-Daisy Chapter and Caroline Woerner, unaffiliated, also lent their time and energy to the project.

Both segments are now in great shape and ready to be hiked. The CTC is grateful to all of the TTA volunteers who made this project a success!

Concerned Citizens for Conservation

I have been asked to serve on the Governor's Task Force for Conservation. This body is comprised of concerned citizens all over the state to deal with and make recommendations to the governor concerning conservation issues. I want your input for our Sept 12 meeting. Tell me your concerns.

This is a wonderful chance to make our voices heard in the halls of government and have serious consideration given to preserving our natural resources, parks and wilderness treasures... This agenda is a part of a 34-page document dealing with these designated areas

SEE ANYTHING THAT IMPACTS ON YOUR

QUALITY OF LIFE? Funding For Parks (State and Local)- Independent State Parks Agency-Tennessee Wildlife Resources Agency and Commission Land Acquisition and Preservation For Habitat and Biodiversity-Access To Public Lands or Hunting And Fishing Access To Public Lands For Recreation And Wilderness-Zoning and Sprawl- Brownfields- Road Building and Alternative Transportation- Solid Waste, Recycling and Litter- Ambient Air Quality- Energy-

Water Quality-Forest Management- State Forest Certification- Wetlands-Tennessee River Reservoir Management- Mississippi River - Great Smoky Mountains National Park - Big South Fork National River and Recreation Area - Land Between The Lakes National Recreation Area - Obed National Wild and Scenic River - Off-Highway Vehicles- Oak Ridge Reservation- Proposed Hartsville Uranium Enrichment Facility Thank you for your contributions and support in this effort. Contact:

**Fount Bertram 2100 Bradyville Hill Road
Bradyville, TN 37026 (615) 765-5357,
fwbertram@dtccom.net**

**TTA Membership
What a perfect GIFT for the
Holidays**

CUMBERLAND TRAIL CONFERENCE

Office Location 19 East 4th Street
Crossville, TN 38555
Office Hours 8am-5pm
Phone: 931-456-6259
Fax: 931-456-4934
Email: cumberlandtrail@rocketmail.com
Website: www.cumberlandtrail.org

CUMBERLAND TRAIL CONFERENCE STAFF:

Executive DirectorPaul Freeman paul.freeman@frontiernet.net
Trail Development &
Office ManagerJanet D. Smith janet.d.smith@frontiernet.net

Cumberland Trail Conference's Fall Schedule 2006

The Cumberland Trail Conference has the following volunteer trail building opportunity. I ask that all of our volunteers to please consider participating in this event. The weather will be cooler and it will be a good time to do some trail work. For when you do come out and volunteer to help build and maintain the trail, it is more than just working on the trail. We are saving green space for our generation and future generations. You are giving back so others can enjoy hiking and experience nature. Generous volunteers that care for hiking trails bring people closer to nature and to our families thus providing an essential escape from the treadmill of our modern lives. So build some good hiking karma and come help on the Cumberland Trail

October 26-November 19, Rock/Possum/Soddy Creek Gorges, Soddy-Daisy, TN: The Cumberland Trail Conference is providing food and lodging at the Lutheran Camp near Soddy-Daisy, Tennessee. This camp has a central building that has a commons area/kitchen with a male and female wing on either side of the commons area. Both wings are open and have several bunk beds and each wing has its own showers and bathrooms. Some of the work to be performed is completing rock and wooden steps, building campsites, installing kiosks, installing sign post and signs, and other trail maintenance items such as removal of fallen trees. The goal is to get this section of the Cumberland Trail in a very hiker-friendly condition. For more information and to sign-up for this program please contact the Cumberland Trail Conference at 931-456-6259 or email at cumberlandtrail@rocketmail.org. This schedule is also posted on our website at www.cumberlandtrail.org.
Tony Hook, Trail Coordinator

October 29-November 3, American Hiking Society Volunteer Vacation Gorges.

November 18, Interpretive Geology Hike: Led by Dr. John Mies in Soddy-Daisy

November 27-December 17, Completion of all items in Rock/Possum/Soddy

December 1-3, Trail Training Seminar: Located in Soddy-Daisy, Correct trail construction and maintenance will be discussed and taught to potential wagon masters and volunteers

December 9, 1st Aid & CPR Certification Course: Lutheran Camp, Call the CTC office for reservations
For more information and to sign-up for these programs please contact the Cumberland Trail Conference at 931-456-6259 or email at cumberlandtrail@rocketmail.org. This schedule is also posted on our website at



COVE LAKE CHAPTER

CHAPTER OFFICER: Richard Helm
423-562-1110 Richard.Helm@ahss.org
CO-CHAIR: Mari Haslam
423-562-3227
MEETS MONTHLY: 2nd Monday at 6:00pm ET LaFollette Recreation
Center's Craft Room
201 S. 9th St.

Nov. 6 Monthly Meeting at LaFollette Recreation Center, 6 p.m. located at 201 S. 9th St.

Nov. 11 We will hike on the Cumberland Trail. We meet at Eagle Market at 9 am. For further information call Richard Helm at 562-1110.

LEAVE NO TRACE PRINCIPLES

- Leave what you find.
- Minimize Campfire Impacts.
- Respect wildlife.
- Be considerate of other visitors.
- Plan ahead and prepare.
- Travel and camp on durable surfaces.
- Dispose of waster properly.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER OFFICER: Sherrie Yokley
931-381-9274 yokley2004@bellsouth.net
MEETS MONTHLY: 1st Tuesday at 6:30 pm CT
Grand Buffet (North of Spring Hill)

November 4: Rick Lausten will lead an overnight car camping trip to Pickett State Park. We'll leave from the A&D Market on Hwy 431 at 7:00 AM and return Sunday afternoon. We discover Pickett State Park and do hikes there and perhaps in the Big South Fork Recreation Area. Please call Rick to confirm: 615-516-1417, or email: saturncar@aol.com

November 7: Chapter Meeting. 6:30 PM at the Grand Buffet Chinese Restaurant (just North of Spring Hill). Guest speaker will be Rick Lausten who will show pictures of the Grand Tetons camping and hiking that several Chapter members did in August.

November 11: Russell Smith will lead a hike at Barfield-Crescent park in Murfreesboro. We'll leave from the A&D Market at 8:00 AM. This will be an easy to moderate hike along the Stones River. Call Russell to confirm: (615) 790-1833, or email carving082334@aol.com

November 25. Rick Lausten will lead a hike of the Honey Creek Loop trail in the Big South Fork Recreation Area. This is a moderate to difficult 5.6 mile loop that is packed with some of the most spectacular scenery in that area. We'll leave at 7:00 AM sharp from the A&D Market. We'll stop in Rugby at the Harrow Café for a late breakfast. We lose an hour as they're on Eastern Time, so we have to make tracks if we want to get to the café before they stop serving breakfast. Bring water and lunch, as we'll stop on the big flat rock on the trail. We will also stop on the way home for dinner so this will be an eatin' trip! Please call

CLARKSVILLE CHAPTER

CHAPTER OFFICER: Merri Hinton andrews@logantele.com
CO-CHAIR: Suva Bastin 931-645-2849
SECRETARY: Lucy Weikel 931-358-5794
j107sw@aol.com
TREASURER: Sandy Janus 931-551-8523
OUTINGS COORDINATORS: Sandi Hamilton
931-920-2760 billhamilton@charter.net
(call Sandi & volunteer to lead an outing)
MEETS MONTHLY: 3rd Tuesday, 7:00 pm CT,
Crow Community Center 211 Richview Rd (

4 November – Old Stone Fort – Easy day hike. Call Suva Bastin 931-645-2849

11 November – Trail Work day at Rotary Park; We will spend another workday creating new trail and revitalizing old trail that was damaged as a result of the tornado. There will be something for all abilities to do. We will be covering/blocking off old sections of trail, benching and digging new trail, and walking the trails. Call Suva Bastin 931-645-2849

CLARKSVILLE (CONT)

18 November – BearWaller Gap - Day hike 6 miles; the trail runs from Defeated Creek recreation area to Tater Knob Overlook. Walk through cedar glades, rock outcropping with fossils, and hardwood forest before climbing up tater knob. Suva 931-645-2849

25 November – After Thanksgiving Hike at Rotary Park! Call Suva at 931-645-2849

2 December – Day hike at Warner Park; Jack Bastin 931-645-2849

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER OFFICER: Rosemary Marshall
rosemary_1@hotmail.com
TREASURER: Harold Draper
h.m.draper@att.net

NOV. 11 - GSMNP - Crooked Arm Ridge/Indian Grave Gap/Rich Mtn. Loop trails - 8.5 miles Rated: moderate. This hike will be done counter clockwise so that all the steep climbing (1500') will be done at the beginning of the hike. If the weather co-operates, there should be excellent views of Dry Valley and Townsend to the North and Cades Cove and the ridgeline of the Smokies to the South. Bring water, lunch, sturdy footwear, and dress appropriately for the season. Meet at 9:30 EDT at the parking area near the entrance to the Cades Cove Loop Rd. For more info on this hike or to pre-register, contact Melanie Harmon 865-376-4982 or e-mail ddiversified@hotmail.com.

NOV. 25 - GSMNP - Jakes Creek Trail to Blanket Mtn. - 8.2 mi. Rated: moderate From Jakes Creek trailhead to Blanket Mtn. we climb 1600' in 3.3 miles through land logged in the early 1900's by Little River Lumber Co., then sold to settlers in the 1920's, and finally purchased by the parks commission in the 1930's. Along the way we will make a short side trip to the Avant cabin, a little known restored log cabin that sits about 200 yds. off the trail above Jakes Creek. After reaching Jakes Gap, we veer to the right onto Blanket Mtn. man way and begin a 0.8 mi., 750' climb through rhododendron to the top of Blanket Mtn. (El. 4609') and our lunch spot. The site of a former fire tower, all views are obscured by encroaching trees. Bring water, lunch, wear sturdy boots, and dress appropriately for the weather conditions. Meet at the Little River Trailhead at Elkmont at 9:00 EDT. For more info on this hike or to pre-register, contact Keith at 865-982-7368 or e-mail keithmertz@hotmail.com.

HIKER'S LORD PRAYER

Now I lay me down to sleep
I pray the Lord my tent won't leak
The mice will let my pack alone
They won't chew in and make a home
The bears will leave my food bag be
And skunks will stay away from me
My boots will dry and my clothes too
And supper'll taste better'n Goo
My dog won't whine or snore
I'll see some views and won't be bored
The day will dawn sun-ny and clear
And some trail angel will give me....
a glass of milk

HIGHLAND RIM CHAPTER (Tullahoma Area)

CHAPTER OFFICER: Doug Ratliff
931-455-0249 *dougratliff@hotmail.com*

MEETS MONTHLY: 1st Tuesday at 7:00p at the Crockett's restaurant in Tullahoma

November 7 Monthly Meeting. Davy Crockett's Roadhouse restaurant in Tullahoma. The meeting will begin at 7:00 PM but you can arrive at 6:00 PM if you would like to eat. Tom Gillard, Scoutmaster of Boy Scout Troop 402, will present an introduction to Philmont Scout Ranch, the Boy Scout High Adventure area in Cimarron, New Mexico. Approximately 20,000 scouts take 11-day backpacking trips here each year. Trail elevations range from 6,500 ft to 12,414 ft

Nov. 11 Tennessee River Gorge Segment on the Cumberland Trail: Jim and Marietta Poteet will lead a hike to part of the Tennessee River Gorge Segment on the Cumberland Trail. The trail will begin with beautiful overlooks at Signal Point and continue to another overlook at Edwards Point and back. The distance will be 5.2 miles. There will be a side trip to Rainbow Falls, which is a magnificent waterfall. This trip is rated difficult because of the trail conditions and a possible elevation change from start to finish of 1000 feet. We will be meeting at 2 points in Monteagle and at the trailhead. Please let Jim or Marietta know if you are interested at 931-924-7666 or *nannietta@blomand.net* for details.

Nov 24 Old Stone Fort State Archaeological Park, Manchester, TN. This is our annual "walk-off-the-Thanksgiving-dinner" hike. Do you feel guilty about eating those extra helpings of pumpkin pie? Here's your chance to walk off the calories. This easy 3 to 4 mile hike is just what you need! We'll meet at 8:0 AM at the park museum parking lot. To register, contact Brent Morris at 931-728-8726 or email *brentmorris@ispwest.com*.

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JACKSON CHAPTER

CHAPTER OFFICER: Gary Cooper
731-424-5375 *gcooper52@yahoo*

MEETS MONTHLY: 1st Tuesday. Socializing & meal starts at 6:00p CT; meeting starts at 7:00 at Perkins Restaurant
999 Vann Drive in Jackson

Meeting: 1st Tuesday at Perkins Restaurant 999 Vann Drive Jackson TN 38305
6:00 pm to eat 7:00 pm for the meeting

Nov 4-5 Buffalo National River Hike, Jasper AR--Join the Memphis chapter for a look at the Ozark's highest river bluffs, some reaching as high as 440 feet. We'll hike along some river trails near Jasper. Pre-registration is required. Contact Roy Corley 731-668-5070 or *roycorley@aeneas.net* for car pooling, lodging and additional information.

Nov 7- Monthly Meeting come to learn about past hikes and help plan 2007 hikes. If you have suggestion for new places to hike, bring maps, brochures, guidebooks etc. Come at 6:00pm to eat or 7:00 for meeting.

Nov 18- Mousetail Landing State Park, Parsons, TN--This 8-mile hike meanders through a scenic hardwood forest. For lunch we will relax on a limestone bluff overlooking the TN River. The trail is rated moderate due to some steep and rugged hills. We will meet at the Park's Visitor's Center at 9:30am CT. For information and to register or arrange carpooling call Candy Higgs 731-660-2332 *chiggs_3@yahoo.com*

Nov 25- Big Hill Pond State Park, Pocahtontas, TN. This 8-mile loop trail is a unique area with an abundance of wildlife. A 0.8-mile boardwalk crosses Dismal Swamp. This hike is rated moderate for the uneven terrain and distance hiked. Hiking boots are strongly recommended. Bring lunch and water. We will meet at the boat dock in the park at 9:30am CT. for information and to register or arrange carpooling call Gary Cooper 731-424-5375 or *gcooper@yahoo.com*

BIG SOUTH FORK CHAPTER

CHAPTER OFFICER: Charles Gibbs
423-628-5678 *cgibbs@nxs.net*
SECRETARY / TREASURER: Benita Howell
423-628-5521 or 865-974-7797 *bhowell@nxs.net*
BOARD REPRESENTATIVES: Tim & Lynn Takacs
615-824-7048 *lynntakacs@comcast.net*
or *ttakacs@comcast.net*
OUTINGS COORDINATOR Eric Wilson
423-628-2817 *ericavi@nxs.net*
(Call Eric & volunteer to lead an outing.)

Nov 25 Oscar Blevins Farm Loop, Big South Fork NRA, Bandy Creek Visitor Center. Tim and Lynn Takacs will lead this easy 3.8 mile hike that passes farm buildings and crosses old fields that the Blevins family farmed until 1980. The last section features Muleshoe Rock House. Hikers are invited to join Tim and Lynn at Callie's Cottage for refreshments after the hike. Meet at the west end of the visitor center parking lot near the trailhead at 2:00 p.m. Eastern, 1:00 p.m. Central time. Please register with Lynn or Tim, *lynntakacs@comcast.net* or *ttakacs@comcast.net*. Those who want to carpool from Rugby should contact Eric Wilson at *ericavi@nxs.net*.

PLATEAU CHAPTER (Crossville)

CHAPTER OFFICER: James Hubert
931-459-4839 *jhubert1@frontiernet.net*
SECRETARY/TREASURER: Mitze Anderson
931-788-6731 *Wandersol21@yahoo.com*

No chapter meeting scheduled for November.

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at 931/484-9152 or Jim McCullough at *sue1290@frontiernet.net*. Rain cancels.

November 4. Virgin Falls Pocket Wilderness, Sparta, TN. The trail descends into Caney Fork River Gorge passing Big Branch Falls, Big Laurel Creek, Big Laurel Falls, the Sheep Cave, and on to our destination, Virgin Falls. Virgin Falls is formed by an underground stream that emerges from a cave, drops over a 110-foot cliff and goes back into a cave at the bottom. As the total mileage is 8 miles and there are many climbs along the route, this hike is rated moderately difficult to difficult depending on your level of fitness. Meet at 8AM CST in front of the Tractor Supply store. For more information and to register, contact Carolyn Miller at 931/456-4465 or *cardan@frontiernet.net*.

November 18. Interpretive Geology Hike along part of the Cumberland Trail, Soddy-Daisy, TN. Dr. John Mies, Associate professor of Geology at UTC, will lead the hike. Registration required. For more information and to register, please contact the Cumberland Trail Conference office at 931/456-6259 or by e-mail at *cumberlandtrail@yahoo.com*,

MEMPHIS CHAPTER

CHAPTER OFFICER: Carolyn
901-755-5635 *cedpierce2000@yahoo.com*
MEETS MONTHLY: (Sep - May) 3rd Thursday at 7:00 pm at Cordova Library, 8457 Trinity Rd. Turn east off Germantown Parkway onto Trinity Rd. approx. 1 mile on the right. Library shares entrance with Bert Ferguson Community Center

Nov 4 - 5, Buffalo National River Hike, Jasper, AR Join Woody and Carolyn Pierce for a look at the Ozarks' highest river bluffs, some reaching as high as 440 feet. Towering over the Buffalo River, these multi-colored cliffs have been sculptured over the centuries by erosion. We'll hike along some river trails near Jasper and venture in the Ponca Wilderness to Hawksbill Crag, the most photographed place in the natural state. The fall colors should be in full display at this time. Hikes may range from 3 to 6 miles and will be rated easy to moderate depending on the elevation gain. Pre-registration required. Contact Carolyn at 755-5635 if you wish to participate. Hotel reservations if needed should be made ASAP. Recommended motels are Little Switzerland 870-446-2693, Arkansas House B&B 870-446-5900, Front Porch 870-446-2444. Jasper can be found by following I-40 to Russellville AR and turning north on Scenic 7. We will meet in Jasper on Saturday morning at 8:30 in front of the Newton County Court House. Rain will cancel this event.

Nov 11, Herb Parsons Lake, Fisherville located northeast of Collierville, near Collierville Arlington Rd. and Macon Rd. Meet at the lake at 9:45 a.m. or for carpooling meet at 9:00 am at the soccer field on Walnut Grove Road (located on the south side of Walnut Grove, west of the traffic light at Farm Road). Bring snacks and water and join the fun for this easy 6-mile walk around the lake. New Hikers Welcome! For information and to register for carpool call Margaret Dixon at 662-893-1794 or Deena Spuryer 901-685-7706.

Nov 16, Monthly Meeting: Our outings for 2007 will be set at this meeting. Bring your ideas for new places to hike and your preference for hikes we have done in the past. Guest Welcome! Meet at 7 p.m. Cordova Public Library.

Nov 25, Big Hill Pond State Park, Pocahtontas, TN (approx 1 1/2 hour from Memphis) Meet at the boat dock in the park at 9:30 a.m. The 7-8 mile loop trail is rated moderate and takes us over wooded hills to a fire tower overlooking the Tusculumbia river valley. We cross a 0.8 mile boardwalk over Dismal Swamp, a unique area with abundant wildlife. Bring lunch and water. Boots strongly recommended. New hikers welcome! Park Entrance Fee \$3 To register for carpool call Carol Haley at 901-388-9163.

<http://www.state.tn.us/environment/parks/parks/BigHillPond/>

MURFREESBORO CHAPTER

CHAPTER OFFICER:

615-765-5357

Anna Berti
abertram@heartofjn

OUTINGS COORDINATOR:

615-867-3301

Ron D
trekkingtn@yahoo.

(Call Ronn & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT

Barfield-Crescent Park's Wilderness Station
697 Barfield Rd., Murfreesboro

Nov 4 - Fall Foliage Hike and Potluck Lunch - Join us for a easy to moderate 4 mile hike at the Bowling Tree Farm in Monterey TN. After our hike we will enjoy a potluck lunch at the Bowling's country home and then have the opportunity to do more hiking if there is interest. Bring sturdy boots, water, and a food item to share. Contact Tony or Millette Jones for more info or to sign up: (615) 397-9588 or *millette.jones@comcast.net*

Nov 11- Monte Sano State Park, Huntsville, Alabama - Rising 1,600 feet above sea level, Monte Sano State Park consists of 2,340 acres, 14 miles of hiking trails, plus adjacent Land Trust trails, cabins and other facilities. This will be a four-mile moderate hike, which will include panoramic views of the Tennessee Valley, a large sinkhole, and the Stone Cuts that are deep erosional clefts in a section of limestone on the top of the mountain. The trail passes through these large high walled, cave-like cuts. The trail is in good condition, but rocky and uneven in places. There will be a 200-foot elevation gain in about 3/4 mile and a 300-foot gain in one mile. Please note that there will be a \$3 per person fee to get into the park. After our hike we will have lunch at a local restaurant. We will leave from the Murfreesboro Sam's Club overflow parking lot next to Hardees at 8:00 AM. Distance from Sam's Club to Monte Sano State Park is about 90 miles. For more information and to register for the hike, please contact Bob Goodwin at *CAMEL40@earthlink.net* or 256-564-8417.

Nov 14 Monthly Meeting at 6 PM - Finger Food Supper and Hike Planning for Feb. 2007 through July 2007, will meet one hour earlier than usual. It's time for each Murfreesboro Chapter member to be thinking about a new schedule of hikes and other outings. Which ones have you enjoyed the most in the past? What hikes would you like to do in the future? What hikes will you be willing to lead? What dates would you be available to attend or do this? Check your work and social calendars to have an idea of when you will be able to do these. Write them down. Bring your written list, your calendars, brochures or anything else you want to use to help out with the planning. Advance preparation by individuals will make the over-all planning quicker and smoother as a group. The sooner we get through . . . the more time we will have for eating and socializing! As for the Finger Foods . . . just bring anything you wish to share, such as sandwiches, chips and dips, raw veggies and fruits, cookies, etc. Beverages, paper plates, cups,

MURFREESBORO (CONT)

and utensils will be furnished. Contact Anna Bertram for more information. *Abertram @dtccom.net* or phone 615-765-5357

Nov 18 – Percy Warner Park, Nashville, TN. The 4.5 mile Mossy Ridge trail winds up and down wooded hills and hollows, crossing several springs and open meadows and offering hikers a unique opportunity to see a wide variety of plants and animals that may be found in the park. We may still be able to see some of the fall colors on the trees if the trees have not lost all of their leaves yet. We will depart the Murfreesboro Sam's parking lot at 8:15 CST. Call Felicia at 904-9604 or email her at *fsearcy@comcast.net*

Nov 24 - Eat too much turkey and dressing? Here is your opportunity to walk off some of those extra calories from the Thanksgiving feast. We will be doing our traditional *Day After Thanksgiving* hike at Old Stone Fort State Park near Manchester. This lovely 3.5-mile hike along the Duck River and the Little Duck River features some interesting overlooks and historical features along the way. There is a lovely waterfall to enjoy as well. The hike is rated as easy with very little elevation change but you should wear sturdy footwear and dress for the weather, as we never know what we will get this time of the year. We will meet at the park office at 10:00 a.m. CST. For more information and to pre-register, call Fount Bertram at (615) 765-5357 or e-mail *fwbertram@dtccom.net*.

Nov 25-26 - Part 3 CUMBERLAND TRAIL backpacking hikes- *Obed Wild and Scenic River Segment* This segment, with 14.2 miles of trailhead-to-trailhead core corridor constructed, will lead the hiker over some of the most rugged terrain in Tennessee. The student volunteers of Breakaway '97 called this segment a "trail of a thousand steps." At present, this trail begins at the Nemo trailhead and incorporates the Obed's 2.5-mile Nemo Trail. The trail then extends an additional 10.5 miles to the Devil's Breakfast Table Trailhead, providing the hiker with a challenging and exhilarating thru-hike. This hike is rated strenuous and is limited to 8 hikers. Call Tammy Day at (615) 904-0009, or email *tlday@comcast.net* to sign up.

PLANNING AHEAD

Dec 12 Monthly Meeting at 6 PM - Candlelight Holiday Dinner - Bring guests and your traditional holiday dishes to share for this purely social event.

SODDY DAISY CHAPTER

This chapter is being reorganized. For further information, contact Charles Jones, East Tennessee Representative At-Large at *cejones9@earthlink.net*. In the interim, you are welcome to attend other chapters (13 to choose from) outings,

NASHVILLE CHAPTER

CHAPTER OFFICER: Jim Johnson
615-356-6246 *jimjohnsonjr@gmail.com*

OUTINGS COORDINATOR: Libby Francis *Libbyslibbys@Comcast.net*
(*email Libby & volunteer to lead an outing*)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT
TN Wildlife Resources Association meeting room at
Ellington Agricultural Center, 5105 Edmondson Pike. For
directions, visit: www.tennessee-trails.org/nashville.php

HIKING HOTLINE: 615-367-7045

November 28TH Program Meeting, , 7PM. Our guest this month is J.R. Tate, better known to most of us as Model T. of the Clarksville Chapter. Model T just finished his fourth complete traversal of the Appalachian Trail. He'll tell us about that, plus spin a yarn or two from his most recent book, Walkin 'With the Ghost Whisperers. Come say hello to an old friend and enjoy the tales. We meet in the Tennessee Wildlife Resources Agency Region 2 Headquarters building on the campus of the Ellington Agricultural Center.

Nov. 5 (Sun.) Narrows of the Harpeth State Park, near White Bluff, TN. Hike the Narrows of the Harpeth River. While the actual *trails* are short, the view is forever. In all, we'll hike no more than a couple of miles over moderately difficult terrain, up to the top of the ridge for the wondrous vista of the Harpeth valley, then through the saddle for a look at the tunnel where Montgomery Bell's iron operation stood, over 150 years ago. Meet at the Circuit City, Bellevue, parking lot, Highway 70 at I-40 at 1PM (CT), or at the parking lot at the Narrows at approximately 1:30. To pre-register, call Dave Walton at 615-292-1384.

Nov. 11 (Sat.) East Meets West - Part 1 of 2, Montgomery Bell SP. Burns TN (about 45 minutes drive west of Nashville). Today we will hike the eastern loop at MBSP. This loop is about 6 miles in length and rated moderate for the many mini-hills we ascend and descend. Along the way, we will have 3 stream crossings, normally sole/toe deep; however, if we've had heavy rain within days of our arrival, it may reach our ankles (a change of socks/shoes for the drive home is advisable). We will also pass a backcountry shelter, Creech Lake and maybe even see some wildlife – turkey, deer, and assorted ground critters/birds. Dress appropriately for changing weather/temperatures, wear sturdy hiking shoes/boots, and bring snacks, lunch and water. We will meet and carpool from West Nashville around 8:30a (CST) and should be back in the Nashville area around 3:00p. For information and meeting location, call Diane Manas at 615-352-7777.

Nov.11th (Sat.) Stillhouse Hollow Falls and Swan Creek. We'll meet at Stillhouse Hollow Falls at 10:45. Hike there, have a snack there, then go to Swan Creek and be there at 1:00 to join up with another group and hike Swan Creek. Someone from Swan Creek will lead that hike. It's a beautiful place with some creek crossings. Bring extra shoes or sandals for those crossings. This is also part of "The Farm" in Summertown. For more info, call Robbie Benson Work 615-781-6504 or cell 615-

419-1165

NASHVILLE (CONT)

Nov. 12 (Sun.) West Meets East - Part 2 of 2, Montgomery Bell SP. Continuing our exploration in MBSP (see above), today we will hike the western loop. This loop is about 7 miles in length and also rated moderate for the many mini-hills we ascend and descend. Unlike yesterday's loop, this one doesn't have any stream crossings. And, we will pass 2 backcountry shelters, Creech Lake and maybe see the wildlife that wasn't visible during yesterday's hike. Dress appropriately for changing weather/temperatures, wear sturdy hiking shoes/boots, and bring snacks, lunch and water. We will meet and carpool from West Nashville around 8:30a (CST) and should be back in the Nashville area around 3:00p. For information and meeting location, call Diane Manas at 615-352-7777.

Nov. 19 (Sun) Collins Gulf Loop. South Cumberland Recreation Area, near Monteagle
Difficult - for experienced hikers only (due to distance and terrain). 12+ miles. Bring sturdy boots, clothing appropriate for the weather, and lunch. Call Doug Burroughs at (615) 587-0085 for more information and to register.

Nov. 25 (Sat) Long Hunter State Park, Nashville, Volunteer Day Loop. Tired of turkey, shopping and football? Join me for a hike along the shore of J. Percy Priest Lake, climb overlook bluffs, and wander through hardwood forest, cedar glades, and interesting rock outcroppings. This trail is about 4 miles long and is fairly flat. Bring sturdy shoes and water. Meet at the Bakers Grove trailhead at 9:00 (CT). Call Libby Francis, 615-889-5718 or e-mail libbyslibbys@comcast.net to register and for more info.

Nov. 25 (Sat) 4th Saturday 1/2 Day Event, Radnor Lake SNA, Nashville, TN. Join members of the hiking community, Friends of Radnor Lake and REI to help with general trail maintenance. Call 615-373-3467 for more information, meeting time and place.

NORTHWEST CHAPTER (UT at Martin/Weakley County)

CHAPTER OFFICER: Jim Clark 731-587-2225
jclark@utm.edu

Nov. 11. Ferne Clyffe State Park. Waterfall (wet weather) Hawks Cave High rock bluff, rock formation, small natural arch, Happy Hollow Creek. An approximate 7-mile loop at this State Park in Southern Illinois. Very moderate with beautiful views and rock formations. Contact Jim Clark at 731-587-2225 or jclark@utm.edu

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICER: Richard Savage
savage_richard@hotmail.com

November 4 Accordion Bluff Trail, Dale Hollow Lake, Livingston, TN. This is an 8-mile trail between the Lillydale and Willow Grove Campgrounds on Dale Hollow Lake. The trail winds along the inlets of the lake then ascends to a ridgeline for some nice lake views. The trail then descends back to lake level near Willow Grove. The trail is rated moderate for many small elevation changes between the lakeside coves and one moderate hill to reach the ridgeline. Parts of the trail are poorly maintained and some off trail hiking to get around fallen trees will be necessary as well as rock hopping several small streams. Wear sturdy boots and bring lunch, snacks, and water. You can meet us in the Penney's parking lot in Cookeville at 8:30am CT to car pool and arrange a shuttle. For information and to register contact Lillian Ey at 615-746-8890 or eyintn@hotmail.com.

November 11 Brady Mountain Segment of the Cumberland Trail, Crossville, TN. We will hike the length of this trail from the Jewitt Road trailhead to Highway 68. Highlights of the trail include spectacular views of Grassy Cove and the mountains to the east. On clear days the Smoky Mountains are visible. The hike is about 8 miles and is rated moderate to strenuous because of the elevation gain. Side trips to interesting rock formations and the site of an airplane crash are possible. Bring water, snacks, lunch, and wear sturdy hiking boots. You can meet us in the Penney's parking lot in Cookeville at 8:00am CT. For information and to register contact Richard Savage at 931-526-2035 or *savage_richard@hotmail.com*.

November 18 Collins River Nature Trail and Eagle Trails, Rock Island State Park, Walling, TN. We will hike the Collins River Nature Trail that is a 3-mile loop and rated easy. After lunch at the Blue Hole Picnic Area, we will hike the Eagle Trail, which is also 3 miles and rated moderate because of elevation changes. Bring snacks, water, and lunch. You can meet us at 9:00am CT in the Penney's parking lot in Cookeville or at the US Bank across from McDonald's in Sparta at 9:30. For information and to register contact Hix Stubblefield at 931-526-2312 or *hixstub1@citlink.net*.

TENNESSEE RAILS-TRAILS ADVISORY COUNCIL (TRAC)

WEBSITE www.TNRailsTrails.org

MISSION: *To act as a resource and mentor for the planning, development and management of rail-trails throughout the State of Tennessee for the purposes of appropriate recreation, preservation of rail corridors and alternate transportation, in order to benefit the general public, communities, commerce and tourism.*

Joining TTA as a New Member? Membership Up For Renewal? Your Generosity Benefits All !

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

In the past, Supporting Member donations in excess of the regular dues were allocated to TTA's general operating fund. During the 2001 Annual Meeting, TTA's Board of Directors voted to allocate Supporting Member donations to the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

ADOPT-A-TRAIL NEWS

ADOPT-A-TRAIL OFFICER

Harold Draper 865-689-7757 *h.m.draper@att.net*

Have you considered ...maintaining a particular trail or section of trail?

Through the cooperation of land managers, who periodically inform us of volunteer opportunities, TTA can put you in touch with several Adopt-A-Trail programs, or offer suggestions on how to approach local land managers in your area.

The Adopt-A-Trail program is quite simple and flexible. Volunteers or chapters select the trail they wish to adopt and at the same time determine the level of trail maintenance they wish to undertake. Their only commitment is to hike, inspect, and report on the trail's conditions and maintenance needs twice per year. Light trail maintenance (clipping, pruning, trash and minor blow-down removal) is encouraged during each inspection. Serious trail problems identified will be reported to the local land management agency for resolution.

**To publicize your next trail volunteer day,
contact Harold Draper at 865-689-7757**

OFFICERS:

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Anne Wesley 615-851-1052
ttahiker@msn.com

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Rosemary_L@hotmail.com

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Cejones9@bellsouth.net

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Donald.Dresser@usit.net

Middle TN At-Large Director

Brent Morris 931-728-8726
brentmorris@ispwest.com

East TN At-Large Director

VACANT

Membership

Garnett Rush 615-352-7217
rushga01@yahoo.com

Cumberland Trail Conference

Representatives

Sandra Spearman 931-839-2320
sandbar@multipro.com

TN Rails To Trails Advisory Council

VACANT

CHAPTER REPRESENTATIVES ON THE BOARD
ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

Leslie El-Sayad editor@tennesseetrails.org

Newsletter Deadlines:

Deadlines for Chapter announcements
and articles of special interest
are due as follows:

Due	For Newsletter Dated
Nov 10	Dec 1
Dec 10	Jan 1
Jan 10	Feb 1

Articles submitted are subject to editing
and will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

Evan Means Small Grants Program

Deadline is December 31, 2006

In February 2007, TTA's Board of Directors will award small grants memorializing Evan Means. The grants support special volunteer projects that are compatible with the chartered objectives of TTA: *promoting and developing a system of hiking trails in Tennessee as well as working for the conservation of natural resources*. Project proposals are due no later than December 31, 2006.

All chapters are encouraged to look within their local area, identify a special trail or park project, request and submit a formal grant application for the February 2007 Evan Means Small Grant Program Award.

Grant request in the range of \$300-\$600 are encouraged. However, if a project requires additional grant money, considerations will be made.

For additional information and an application, please write to:

Leigh Jones TTA Grants Administrator
80 SW 254th ST Newberry, FL 32669
352-472-3602 cejones9@bellsouth.net

The small grants program was established in February 1999 to honor Evan Means - journalist, author, conservationist, hiker, trail builder, originator of the Cumberland Trail, and co-founder of the Tennessee Trails Association. Mr. Means won countless awards for his work over the years to protect Tennessee's natural resources and beauty, as well as for his dedication to projects that allow hikers to enjoy this natural beauty.

Tennessee Trails Merchandise Order Form

_____ TTA Patch 6.00
Round embroidered patch, sew it on anything.

_____ TTA Window Decal 3.00
A must for each car. Removable, no adhesives.

_____ TTA License Plate 14.00
Perfect for the front bumper of your car.

_____ TTA 35th Anniversary Commemorative T-Shirt... 16.00*
Choose Size: Small / Medium / Large / X-Large
Choose Color: Sand / Yellow / Stone-Gray

_____ TTA 35th Anniversary Commemorative Patch 6.00
Round embroidered patch commemorating TTA's 35th Anniversary, sew it on anything.

_____ TTA Flashlight Carabineer Key Ring, blue 6.00

_____ *Shipping & Handling on T-shirt Orders ONLY!!!.. 1.50

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

PHONE hm: (____) _____ wk:(____) _____

E-mail Address: _____

Mail your check payable to: Tennessee Trails Association
c/o Marietta Poteet, 525 Huckleberry Place
Monteagle, TN 37356

Please allow 4 weeks for delivery and prices shown include postage.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446
ADDRESS SERVICE REQUESTED

First Class Mail
U.S. Postage Paid
Nashville, TN
PERMIT NUMBER 4053



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

A NEW MEMBER

Nov 06

RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Garnett Rush 615-352-7217 rushga01@yahoo.com

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

- ___ Individual \$25.00
- ___ Family \$35.00
- ___ Student (FULL-TIME) \$15.00
- ___ Supporting (\$50.00, \$100.00 or more)
- ___ Life Member (Individual) \$500.00
- ___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Home Phone (___) _____ Zip _____ -- _____
Work Phone (___) _____
e-mail _____

Please do not list my e-mail address in the TTA Annual Membership Directory

Please list me with the following chapter:

- | | | | |
|-----------------------|---|--------------------------------------|--------------------------|
| ___ Big South Fork | ___ Cumberland Gap | ___ Memphis | ___ Plateau (Crossville) |
| ___ Clarksville | ___ East TN (Oak Ridge/Knoxville) | ___ Murfreesboro | ___ Soddy Daisy |
| ___ Columbia/Franklin | ___ Highland Rim (Manchester/Tullahoma) | ___ Nashville | ___ Upper Cumberland |
| ___ Cove Lake | ___ Jackson | ___ Northwest (UT at Martin/Weakley) | (Sparta/Cookeville) |
| | | | ___ At Large |

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.

Purchase Order

Tennessee Trails Association
P. O. Box 41446
Nashville, TN 37204-1446

Leslie El-Sayad
Home: 865-717-6246
Les1202@aol.com

October 15, 2006

Color Plus Printing
4825 Trousdale Dr, #102
Nashville, TN 37220

Leonard Chavaz
615-781-1071
cell ph: 615-207-0947
colplprt@bellsouth.net

Newsletter Printing

Cover Date:

Nov 2006

Number of pages submitted
with this purchase order:

10 pages

Printed Paper size:

two - 11 x 17 sheets
one - 8½ x 11 sheets
printed on 2 sides
11 x 17 pages to be folded in ½ by Color Plus

Paper Weight:

20 pound paper weight

Paper Color:

white

Ink Color:

black

Print Quantity:

800 pieces

Approximate Cost:

Send **TAX EXEMPT** Invoice to:

Tennessee Trails Association
P. O. Box 41446
Nashville, TN 37204

Leonard, please contact TTA Newsletter Party Coordinator Contact Diane
Manas,

- Their picking newsletters up from you at Color Plus Printing or,
- Your delivering newsletters to Their home or,
- Your delivering the newsletters to the location of the Newsletter Party