

# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.*

SPONSOR FOR THE CUMBERLAND TRAIL



## TTA ANNUAL MEETING OCT. 20-22, 2006 SPECIAL PULLOUT SECTION

### Missed the Registration Deadline?

The much anticipated Annual Meeting is only a few days away. Have you suddenly realized that you did not send in your registration form? Do you still want to attend? Even though we had an October 1<sup>st</sup> deadline, we realize there are some who were waiting on work schedules being finalized before making a commitment. Possibly there were others whose "life" is so busy and hectic that it's easier to procrastinate because there's still time. If this sounds like you, have no fear! We still want you to attend and will try to accommodate your needs.

Your possibilities include contacting June Miller to check lodging availability at Brandon Springs and to reserve meals. You may do this through October 11<sup>th</sup>. Her email is [stevjune@charter.net](mailto:stevjune@charter.net) Or phone 931-648-4195. Another option would be to arrange lodging in area motels or campgrounds. The closest motel is Dover Inn. There are several restaurants in nearby Dover.

If you waited too late for meals and lodging at Brandon Springs, you may still register for just \$15.00 to take part in all the hikes and other activities. You still won't miss out if you complete the registration form and mail it today.

### Spring Cleaning???

Don't throw away your  
"treasures"-

Donate them to TTA's Annual  
Meeting Auctions!

### Multi-Chapter Event 15th Annual Great Pumpkin Festival and Weigh-Off

The time is here...The Great Pumpkin is getting mighty restless waiting for October 5-6-7. I have had correspondence from a local grower and he is hoping for the first 900 pound pumpkin this year....Will he make it? To find out join fellow TTA members for a weekend of fun and fellowship at Allardt, TN. We will camp at Pickett State Park on Friday and Saturday nights and enjoy a campfire and socializing on Friday night and then the festival on Saturday. Meet at the Allardt School at noon Saturday to decorate our float for the 1:00 p.m. parade.

After the 1.5-mile parade route we will hike the Colditz Cove SNA and enjoy the beautiful Northrup Falls. This is a 2-mile moderate hike. Remember to bring plenty of candy to toss to the 100's of kids lining the parade route. This has turned out to be a very popular event for a number of chapters. Won't you make plans to come and join us this year...For more information you can go to <http://members.aol.com/TNpumpkin/fest.html>

To pre-register contact Fount  
[fwbertram@dtccom.net](mailto:fwbertram@dtccom.net) or call (615) 765-5357

# CUMBERLAND TRAIL CONFERENCE

Office Location 19 East 4<sup>th</sup> Street  
Crossville, TN 38555  
Office Hours 8am-5pm  
Phone: 931-456-6259  
Fax: 931-456-4934  
Email: [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com)  
Website: [www.cumberlandtrail.org](http://www.cumberlandtrail.org)

## CUMBERLAND TRAIL CONFERENCE STAFF:

Executive Director .....Paul Freeman ..... [paul.freeman@frontiernet.net](mailto:paul.freeman@frontiernet.net)  
Trail Development &  
Office Manager .....Janet D. Smith ..... [janet.d.smith@frontiernet.net](mailto:janet.d.smith@frontiernet.net)

## Cumberland Trail Conference Volunteer Appreciation Weekend October 6-7, 2006 Frozen Head State Park

This October 6, 7 the Cumberland Trail Conference wants to thank all of y'all for your hard work and dedication to the Cumberland Trail. The CTC will be sponsoring a weekend filled with events and fun at Frozen Head State Park in Wartburg, TN. For those interested, the CTC is providing free camping for Friday and Saturday night. Saturday will consist of hikes, optional trail maintenance, games, or just a lazy lounge under the hemlocks. Saturday evening there will be a cookout, the recognition of several outstanding volunteers during the award ceremony, and a guided night hike.

Please notify the office if you wish to attend the cookout and or camp out, this will help us know how many sites to reserve and the number of cans of Vienna sausages to purchase.

We really appreciate the hard work that all of you have put into the trail. This weekend is just a small token of our appreciation. The trail is forever in debt to your kind hearts and services so please attend and share the honors and fun with your fellow volunteers.

For more information, please contact the CTC office at 931-456-6259.

## Cumberland Trail Conference's Fall Schedule 2006

**October 6-8**, Volunteer Appreciation Weekend: Frozen Head State Park, Wartburg, TN. The CTC has campsites available but campers must register with the CTC. On Saturday, Shelter B has been reserved for the awards ceremony, dinner, and a night hike are planned. For those interested, general trail maintenance can be performed on the section of the Cumberland Trail, which goes through Frozen Head State Park.

**October 7** Stump Jump 50K at Rock Creek

**October 11-18**, Fall College Program: Nick's Creek Campground, Smokey Junction, TN. This will be a camping outing with maintenance and punch list items to be completed in the Sundquist WMA and Frozen Head State Park.

**October 21** TTA Annual Meeting

**October 26-November 19**, R/P/S: Lodging will be in the Soddy-Daisy, TN area at the Lutheran Camp. Work to be performed is completing rock and wooden steps, other rock work, building campsites, installing kiosks, installing sign post and signs, and other trail maintenance items.

**October 28**, *Make a Difference Day: Ameri-Corps at Black Mountain*

**October 27-29**, Scout Weekend: Nick's Creek Campground, satisfy merit badge and rank advancement requirements, Maintenance in Sundquist, Saturday night program, Sunday 5/10 mile hikes

**October 29-November 3**, American Hiking Society Volunteer Vacation Gorges.

## BIG SOUTH FORK CHAPTER

**CHAPTER OFFICER:** Charles Gibbs  
423-628-5678 [cgibbs@nxs.net](mailto:cgibbs@nxs.net)  
**SECRETARY / TREASURER:** Benita Howell  
423-628-5521 or 865-974-7797 [bhowell@nxs.net](mailto:bhowell@nxs.net)  
**BOARD REPRESENTATIVES:** Tim & Lynn Takacs  
615-824-7048 [lynntakacs@comcast.net](mailto:lynntakacs@comcast.net)  
or [ttakacs@comcast.net](mailto:ttakacs@comcast.net)  
**OUTINGS COORDINATOR** Eric Wilson  
423-628-2817 [ericavi@nxs.net](mailto:ericavi@nxs.net)  
(Call Eric & volunteer to lead an outing.)

**Oct 14** Spicewood Branch - Old Mac Trail, Frozen Head State Park, Wartburg. Tom and Benita Howell will lead this 7-8 mile hike, rated moderate to strenuous because of the 1500-foot climb. We'll have a chance to view fall color as we follow the Chimney Top trail northward to its intersection with the .5-mile trail to the tower, and climb up to the tower, We'll return via the south Old Mac Trail. Dress appropriately for changeable weather, wear sturdy boots, and bring lunch, snacks, and water. Carpool will leave Harrow Road Cafe in Rugby at 9:00 EDT, or plan to meet at the Frozen Head Visitor Center parking lot at 10:00 EDT. Please register with Tom Howell at [tshowell@nxs.net](mailto:tshowell@nxs.net), or phone 423-628-5521.

## Concerned Citizens for Conservation

I have been asked to serve on the Governor's Task Force for Conservation. This body is comprised of concerned citizens all over the state to deal with and make recommendations to the governor concerning conservation issues. I want your input for our Sept 12 meeting. Tell me your concerns.

This is a wonderful chance to make our voices heard in the halls of government and have serious consideration given to preserving our natural resources, parks and wilderness treasures... This agenda is a part of a 34-page document dealing with these designated areas

**SEE ANYTHING THAT IMPACTS ON YOUR QUALITY OF LIFE?**  
Funding For Parks (State and Local)- Independent State Parks Agency- Tennessee Wildlife Resources Agency and Commission Land Acquisition and Preservation For Habitat and Biodiversity-Access To Public Lands or Hunting And Fishing Access To Public Lands For Recreation And Wilderness-Zoning and Sprawl - Brownfields- Road Building and Alternative Transportation- Solid Waste, Recycling and Litter- Ambient Air Quality- Energy- Water Quality-Forest Management- State Forest Certification- Wetlands-Tennessee River Reservoir Management- Mississippi River - Great Smoky Mountains National Park - Big South Fork National River and Recreation Area - Land Between The Lakes National Recreation Area - Obed National Wild and Scenic River - Off-Highway Vehicles- Oak Ridge Reservation- Proposed Hartsville Uranium Enrichment Facility Thank you for your contributions and support in this effort. Contact:

**Fount Bertram 2100 Bradyville Hill Road Bradyville, TN 37026  
(615) 765-5357, [fwbertram@dtccom.net](mailto:fwbertram@dtccom.net)**

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## CLARKSVILLE CHAPTER

**CHAPTER OFFICER:** Merri Hinton *andrews@logantele.com*  
**CO-CHAIR:** Suva Bastin 931-645-2849  
**SECRETARY:** Lucy Weikel 931-358-5794  
*j107sw@aol.com*

**TREASURER:** Sandy Janus 931-551-8523  
**OUTINGS COORDINATORS:** Sandi Hamilton  
931-920-2760 *billhamilton@charter.net*

*(call Sandi & volunteer to lead an outing)*

**MEETS MONTHLY:** 3<sup>rd</sup> Tuesday, 7:00 pm CT,  
Crow Community Center 211 Richview Rd (

**7 October** – Cross Creeks; meet at Big Lots; about 6 miles;  
An opportunity to walk through a wildlife refuge and see a  
variety of birds, especially waterfowl. Call Suva Bastin 931-  
645-2849

**14 October** – Walk Historic Clarksville; Meet at 8:30  
MacGregor Park on the Cumberland River ; about 6 miles;  
Call Suva Bastin 931-645-2849

**20-22 October** – Annual Meeting at Brandon Springs at  
Land Between the Lakes

**28 October** – After Annual Meeting Celebration and Bonfire  
at Rotary Park!!!

**4 November** – Old Stone Fort – Call Suva Bastin 931-  
645-2849

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## SODDY DAISY CHAPTER

This chapter is being reorganized. For further information,  
contact Charles Jones, East Tennessee Representative At-  
Large at *cejones9@earthlink.net*. In the interim, you are  
welcome to attend other chapters (13 to choose from) outings,

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## COVE LAKE CHAPTER

**CHAPTER OFFICER:** Richard Helm  
423-562-1110 *Richard.Helm@ahss.org*  
**CO-CHAIR:** Mari Haslam  
423-562-3227  
**MEETS MONTHLY:** 2<sup>nd</sup> Monday at 6:00pm ET LaFollette Recreation  
Center's Craft Room  
201 S. 9<sup>th</sup> St.

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## EAST TN CHAPTER (Oak Ridge / Knoxville)

**CHAPTER OFFICER:** Rosemary Marshall  
*rosemary\_1@hotmail.com*  
**TREASURER:** Harold Draper  
*h.m.draper@att.net*

**Oct. 14** Cumberland Trail in Cumberland Gap Rescheduled  
from April. We explore northern CT in Cumberland Gap  
National Historical Park. Start at Daniel Boone  
Parking/trailhead. We ascend into historic Gap to CT, then  
hike south to park boundary. 7 miles round trip with side  
explorations including Civil War earthworks. Fall Color  
possible. Meet 9am at Cracker Barrel at Merchants Road exit  
I-75. Carpool to park. Anyone want breakfast, meet at 8am.  
More info and register, contact Russ Manning, 865/257-0427  
(cell) or *russmanning@charter.net*

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## COLUMBIA/FRANKLIN CHAPTER

**CHAPTER OFFICER:** Sherrie Yokley  
931-381-9274 *yokley2004@bellsouth.net*  
**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at 6:30 pm CT  
Grand Buffet (North of Spring Hill)

**September Meeting recap:** Daryl Ratajczak, Director for  
Big Game Programs for TWRA, gave us a wonderful  
presentation concerning the reintroduction of elk to  
Tennessee. About 50 animals were trucked from Elk  
Island National Park near Edmonton, Alberta, Canada to  
Tennessee in 2000. To this initial stocking additional  
animals were released in the Royal Blue Wildlife  
Management Area which is located northwest of Knoxville  
and east of Big South Fork Recreation Area. The elk herd  
there now numbers about 200. There are additional elk in  
Land Between the Lakes.

**October 3**, Tuesday. Chapter meeting at 6:30 PM CDT at  
the Grand Buffet Chinese Restaurant in Spring Hill. Our  
guest speaker, Durk Peterson, is a friend of Pam Frakes  
who hiked Mount Kilimanjaro in Tanzania, Africa. The  
summit of this volcano is 19335.6 feet above sea level.  
Come learn how it's done.

**October 14**, Saturday. Rick Lausten will lead a hike of the  
Bearwall Gap Trail in the Defeated Creek Recreation Area  
(Cordell Hull Lake). We will preposition cars at the end of  
the trail and drive to the trailhead so that we hike 5.6 miles  
one-way. We'll leave from the A&D Market (1883  
Lewisburg Pike, Franklin, TN 37064) at 8:00AM. Bring  
lunch, good hiking boots and water. Call Rick for more  
details and to register, phone 615-373-0029 or email  
*saturncar1@aol.com*.

**October 20-22**, TTA Annual Meeting.

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## PLATEAU CHAPTER (Crossville)

**CHAPTER OFFICER:** James Hubert  
931-459-4839 *jhubert1@frontiernet.net*  
**SECRETARY/TREASURER:** Mitze Anderson  
931-788-6731 *Wanderso121@yahoo.com*

No chapter meeting scheduled for October. There is a  
**leaderless hike** (typically 5 - 7 miles) every Wednesday  
morning. For info or to get on an e-mail list for the hikes,  
contact Bill Harris (931/484-9152) or Jim McCullough at  
*sue1290@frontiernet.net*. Rain cancels.

**October 20 – 22**. TTA Annual meeting. Come join fellow TTA  
members for the weekend and explore hiking in the Land Between the  
Lakes area.

**October 21**. Signal Point to Edwards Point, Signal Mountain, TN.  
This is about a 6 mile hike along a portion of the  
Cumberland Trail in the Tennessee River Gorge. The trail is within  
the Prentice Cooper State Forest and Wildlife Management Area and  
this is a hunting weekend, but the trail is open. Everyone is  
encouraged to wear some blaze orange for safety and fashion. The  
trail begins at the Signal Point National Park parking area about  
halfway between the parking area and the Tennessee River Gorge  
Overlook. The trail follows bluff tops and ridges at 1,800 and 2,000 ft.  
above sea level, drops into ravines lush with hemlocks towering over  
tangled growths of laurel and rhododendron. The view from Edwards  
Point covers a long stretch of the "Grand Canyon of the Tennessee,"  
with historic Williams Island below on the left and the city of  
Chattanooga in the background. The hike is rated moderate due to  
the elevation change from Middle Creek to the ridge line. Meet at  
7:00 AM CST at the Visitor's Center at Cumberland Mountain State  
Park for the 1 ½ hour drive to Signal Point. For more information and  
to register, contact Joe and Rita Matlock at 865/354-6101 or  
*rsenko@usit.net*.

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## JACKSON CHAPTER

**CHAPTER OFFICER:**

731-424-5375

Gary Cooper

*gcooper52@yahoo.com*

**MEETS MONTHLY:** 1st Tuesday. Socializing & meal starts at 6:00p CT; meeting starts at 7:00 at Perkins Restaurant 999 Vann Drive in Jackson

**Oct 3-** Monthly meeting Perkins Restaurant 6:00 to eat, come at 7:00 for the meeting. Everyone welcome, come and hear about the latest hikes and those coming up.

**Oct 6-7** -Multi Chapter Event-15th Annual Great Pumpkin Festival and Weigh-Off, Allardt, Tn.Call Gary Cooper 731-424-5375 *gcooper52@yahoo.com* for lodging and additional information. This is a fun event. We will hike in a parade and then have a hike after the parade.

**Oct 14-15-** 37th Riverways Arts & Crafts & Haunting of the Hills-Eminence, Missouri-This is a fun weekend we will hike and explore all the events going on. Call Roy Corley for information regarding lodging and car-pooling, or additional information. *roycorley@aeneas.net* 731-499-1388.

**Oct 20-22-TTA Annual Meeting at Brandon Springs in Land Between the Lakes.** This is a not to be missed event. There will be lots of hikes, information regarding hiking and fellowship with other hikers. For information call Gary Cooper 731-424-5375 *gcooper52@yahoo.com*

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## HIGHLAND RIM CHAPTER (Tullahoma Area)

**CHAPTER OFFICER:**

931-455-0249

Doug Ratliff

*dougratliff@hotmail.com*

**MEETS MONTHLY:** 1st Tuesday at 7:00p at the Crockett's restaurant in Tullahoma

**October 3** Monthly Meeting. Don't forget that we are now meeting on the first Tuesday of each month at Davy Crockett's Roadhouse restaurant in Tullahoma. The meeting will begin at 7:00 PM but you can arrive at 6:00 PM if you would like to eat.

**October 28** Walls of Jericho hike, Franklin County, TN. This will be a joint hike with the Sierra Club. Meet us at 9:15 am at the Walls parking lot in Tennessee. From Tullahoma, go to Winchester and continue on business Hwy 64 past the courthouse toward Fayetteville. About 3 miles out of downtown Winchester, turn left (south) on Hwy 16 and follow this up Keith Springs mountain toward Alabama. The TN Walls of Jericho parking lot is on the right around the 30 mile marker (if you get to Alabama, turn back north and go about 1 to 2 miles to hikers parking lot, which will be on the left then). Bring lunch and water. This will be a strenuous 8 mile hike to the Walls starting on the Tennessee trail. We will return via the Alabama trail and shuttle back to the cars at the TN hikers parking lot. Call Joette Carter at (931) 968-0073 to register.

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## MEMPHIS CHAPTER

**CHAPTER OFFICER:**

901-755-5635

Carolyn Pierce

*cedpierce2000@yahoo.com*

**MEETS MONTHLY:** (Sep - May) 3rd Thursday at 7:00 pm at Cordova Library, 8457 Trinity Rd. Turn east off Germantown Parkway onto Trinity Rd. approx. 1 mile on the right. Library shares entrance with Bert Ferguson Community Center

**MEETING:** Monthly (Sept - May) 3rd Thursday at 7 p.m. Meeting Location: Cordova Library, 8457 Trinity Rd. Turn east off Germantown Parkway onto Trinity Rd. 1 mile on the right. Library shares entrance with Bert Ferguson Community Center.

**Oct 7,** Village Creek State Park, 7 miles east of Wynne, AR, about an hour west of Memphis Carpoolers meet at 8:15 a.m. at Memphis Welcome Center on Riverside Drive or meet at the park visitor center 9:30 a.m. We will hike 5-6 mile trail rated easy to moderate. Bring lunch and water. Call Kathryn Skinner 901-527-4308 for information or to register for carpool. Directions: Exit No. 242 off I-40 at Forrest City, then 13 miles north on Hwy. 284201 County Road 754, Wynne, AR 72396Ph: (870) 238-9406 *villagecreek@arkansas.com*

**Oct 19,** Monthly Meeting - Patty McLaughlin will lead us on an Africa Safari Come along with me on my safari in southern Africa. We will start off at a 5-star game resort where Richard Burton and Elizabeth Taylor spent their second honeymoon in northern Botswana and which is in the middle of one of the largest concentration of elephants in the world. We will end up in a small round thatched roof hut called a rondavel in Kruger National Park. With our guide we'll see rhinos and lions up very close, and meet Grandpa, a large protective elephant who gave us a bit of a scare. We will take safari jeeps, canoe and boat rides and a hike among lions. We'll listen to the sounds of Africa and see the images, some still, some via camcorder. I hope you will enjoy it vicariously as much as we enjoyed our three week trip last September. We will see 3-movies I created on DVDs of Chobe National Park in northern Botswana, the Okavango Delta in Botswana, and Pretoriuskop Camp in Kruger National Park in South Africa.

**Oct 20-22, TTA Annual Meeting at Brandon Springs, Land Between the Lakes** Questions call Jerry Lenski 901-213-0604

**Nov 4-5,** Buffalo National River, Jasper, AR Woody Pierce, 901-755-5635, watch for information in November News

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## NORTHWEST CHAPTER (UT at Martin/Weakley County)

**CHAPTER OFFICER:** Jim Clark 731-587-2225

*jclark@utm.edu*

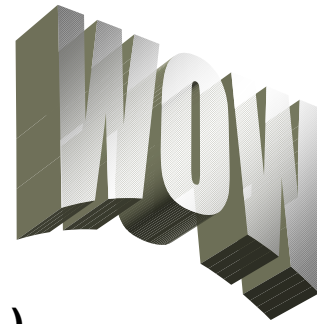
**Oct 14,** Jackson Falls, Shawnee National Forest. High Bluffs (for Illinois), 3 waterfalls depending on recent rains.

**Nov. 11,** Big Hill Pond, Loop around lake to Fire Tower, Dismal Swamp Boardwalk

**Jan. 15,** Martin Luther King Day Hike, North South Trail from Mountain Laurel Spring to Home Place

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**SPECIAL  
PULL-OUT  
SECTION**



**TTA ANNUAL MEETING  
Land Between the Lakes (LBL)  
October 20 – 22, 2006  
Brandon Springs Residential and Group Center**

Have you still not decided to attend the annual meeting? It will be an action packed weekend of fun and entertainment for the whole family. The theme for this year is ***Nurture a Tennessee Trail – Nurture a Generation!*** On Friday evening, **Jonathan Rhodes**, volunteer coordinator for the Friends of LBL will speak. For the entertainment, we have a talented group from **Northeast High School**, led by **Debbie Wilson**, performing a **musical treat – a Broadway type musical revue!** Another local educator, **Tonia Alvarez** will perform an expressive sign language rendition to several songs. It will be an unforgettable experience. Following the speaker and entertainment, we will venture outside to a **cozy bonfire!** Does anybody know any **good stories?** We're jumping out of our skin to hear them!

The program Saturday night will be **Dr. Wayne Chester**. He was born and raised in Blooming Grove (Montgomery County) Tennessee, as the ninth addition of a ten-member family. He attended Tennessee public schools, Austin Peay State University, Peabody College and the University of Tennessee. After college he became a science and math teacher in a rural Tennessee high school. Those teenagers must have inspired him because he eventually attended graduate school and completed his PhD in botany. Presently he is professor of biology and a principal investigator in the Center for Field Biology at APSU. His research interests and numerous publications mostly involve the flora and plant communities of Tennessee and Kentucky. He has studied the Land Between the Lakes flora since 1965. It will be a pleasure to hear Dr. Chester because he is not a dry, boring professor; he is quite interesting, engaging and entertaining.

**Paul Freeman**, Executive Director of the Cumberland Trail will give a report on BreakAway's accomplishments and provide information on upcoming projects. Remember all of the proceeds from the auctions go to fund next year's Break Away program. In addition to TTA's annual awards (TTA Award, Bill Stutz Award and the infamous Golden Squirrel), CTC will be presenting some awards.

This year the auctioneer will be **George Wallace**. He has been an auctioneer since 1964. He grew up on a family farm near Gatlin Point, which is close to present-day Brandon Springs. He lived in Boliver, TN for 34 years before returning to his native Dover. Mr. Wallace is active in local civic organizations and volunteers in the schools. He stays especially busy as a member of the local historical society. Perhaps he will share a few historical tidbits in between auctioning items!

If interesting **speakers, awards, and bonfire** have not helped you decide to attend, then read about the hikes and auctions!

A **variety of hikes** from less than five to 13 miles will be offered to accommodate all hiking levels. In addition to hiking, there are plenty of other options. For example, **canoeing** on Bards Lake (no additional charge) or visiting and **touring** the Elk and Bison Prairie, Golden Pond Planetarium, or the 1850's Homeplace. Make sure to read the outings description in the newsletter.

With the upcoming holiday season approaching, the **auctions** are the perfect venue to purchase gifts and provide a donation to the Cumberland Trail! As in past years, we are requesting that each TTA Chapter donate at least 5 quality items for the Live Auction.

Something new for this year! We are asking each chapter to **donate one theme backpack**. This is a pack (or other container) filled with items based on the theme the chapter chooses. Some examples are birding, hiking, fishing, biking and rock collecting. The hiking theme pack could include everything a new day hiker would need to "hit the trail" (pack, water bottle, first aid kit, snacks, whistle, flashlight, emergency blanket, compass, bandana, etc.). There will be a **chapter competition** for the most creative with a prize given during the meeting on Saturday night. Buying it would allow the purchaser to support CTC, have a wonderful gift to give a loved one or a needy child/person, and it would not clutter your own house! – "nurture a generation" by providing them with tools and gear to get outside and appreciate our Great Outdoors!

Another favorite sale is the **White Elephant Sale**, which is similar to a yard sale. Finally, the hungry hikers' favorite has to be the **Bake Sale & Snack Bar**. We're counting on all of our great cooks to bake delicious homemade goodies (brownies, cookies, breads, and more). Not a cook? Never step foot in a kitchen? You can still help by donating snacks such as trail mix, peanuts, dried fruit, and tuna, just to name a few. These are perfect for the hiker to add to his/her pack or as an afternoon snack. Please make sure items are packaged for individual purchase.

We want to continue the tradition of **sharing chapter outings** and events with displays this year. It is fun to see fellow hikers on their adventures. Pictures mounted on display boards that can be taped to the wall would be perfect! If you have any questions, email Merri Hinton at [andrews@logantele.com](mailto:andrews@logantele.com) [merri.hinton@todd.kyschools.us](mailto:merri.hinton@todd.kyschools.us)

Undecided about attending this year? Just ask fellow TTA members and they will tell you how much fun the annual meeting is and what you will be missing if you stay home.

### Annual Meeting Hikes

**NORTH/SOUTH TRAIL-** Tharpe Road to South Welcome Station This is the southern most section of the North South Trail and is also the section the Clarksville Chapter has adopted to hike and maintain! We will hike from Tharpe Road, #221, to the South Visitors Station. For those who are section hiking the North / South trail, this hike will allow you to mark off one more section. We can check out this section of the trail and clean up a little along the way. Length: 7.8 miles. Rating: Moderate.

**FORT DONELSON,** Dover, TN: Are you a history or Civil War enthusiast? This is the site of the North's first major victory in the Civil War. Come and see the historic movie and Museum at the Visitor's Center, then hike through the woods to the earthworks, battery of cannons overlooking Lake Barkley and to the cemetery. Length: 7.5 miles. Rating: Moderate.

**CANAL LOOP:** This hike starts and ends at the North Visitors Station. It starts off moving west to Kentucky Lake, progresses north along the lake and through the woods. As you walk to the edge on a steep ridge, you look over an endless expanse of blue water! Trail continues along Canal that joins Kentucky Lake to Lake Barkley. For its grand finale, it follows the shoreline of Lake Barkley. There are spectacular views of both lakes. We may catch sight of a resident eagle or a barge or sailboats. Length: 10 miles. Rating: Moderately Strenuous.

**SUGAR BAY to GOLDEN POND:** A beautiful hike with terrific views of Kentucky Lake. The trail winds along sections of the shoreline of Sugar, Higgins, Rhodes, and Vickers Bays, through the woods and up and down ridges. The terrain consists of some short, steep climbs, ridge top walking, bluffs, and bottomland walking along small streams that feed into the lake. If you have a watchful eye, you might see the graveyard on a tiny island. This hike will require a vehicle shuttle. The length of the hike will require participants to maintain a fast pace and will be the first to depart. Length: 13.3 miles. Rating: Strenuous

**HONKER TRAIL:** This outing will include hiking around Honker and Hematite Lakes. Since they are separate trails, you may choose to only hike one. Located near The Nature Station, in the heart of an Environmental Education Area, this trail winds around Honker Lake through a variety of habitats: dense forest, meadows, across the dam, and along the lakeshore. In addition to the many other wading birds and waterfowl, be sure to watch (and listen) for the resident flock of Giant Canada Geese which nest in the area and give the trail its name! Length: 4.5 miles. Rating: Moderate

**HEMATITE LAKE TRAIL:** Located near the Nature Station, this easy walk around Hematite Lake offers a chance to see migratory waterfowl and other wildlife. The trail crosses marshy land on a bog bridge. You can even go in a waterfowl blind built out in the lake. If you choose to hike this trail, you can brag about seeing the areas of beaver activity! Length: 2.2 miles. Rating: Easy to Moderate

#### Telegraph Trail - Fort Henry trail system

Located in the south end of LBL, Fort Henry is a system of 10 connecting trails totaling over 29 miles. Have no fear; we will not be hiking the entire trail system! The trail offers the hiker many historical and natural features. It closely follows the route of General Grant's troop movements from Fort Henry to Fort Donelson during the Civil War. Length: 7 miles. Rating: Moderate.

**BEAR CREEK LOOP:** Beginning at the South Welcome Station, the Bear Creek loop utilizes the North / South Trail and part of the Fort Henry Trail system. Mileage: 7. Rating: Moderate.

**DUNBAR CAVE- CAVE TOUR:** Dunbar Cave has been a state natural area since 1973. The cave and surrounding acres has scenic, natural and historical significance. In the 1930s it was associated with big band music and dances. In 1948 Roy Acuff broadcast a live country music radio show from the area. The cave has 8 miles of mapped passageway. Rare animals in the cave include blind cavefish and crayfish, crickets, salamanders, and bats. During the tour we will view the prehistoric cave art that has recently been identified inside Dunbar Cave. The walkways are relatively flat but may be muddy in places. Some stooping and climbing of steps is necessary. Bring your own flashlight and a light jacket to wear. Mileage: cave tour. Rating: Easy.

**BRANDON SPRINGS LOOP:** A pleasant walk through the forest and around Bard's Lake. Since this is a loop hike we will depart and return on foot from Brandon Springs. Mileage: 5 Rating: Moderate

**ELK & BISON PRAIRIE & PLANETARIUM TOURS:** If you would rather participate in non-hiking activities, then this might be the one for you! There is an additional charge to visit these attractions. The Elk and Bison Prairie is a 700-acre restoration of Kentucky's native habitat. It was created as a restoration project for the species. You will drive along a gentle winding road through this remarkable habitat restoration effort. Be sure to watch for elk and bison, and listen for the magnificent bugling of the elk. The Golden Pond Planetarium is located at the Golden Pond Visitor Center. The planetarium is offering many wonderful programs, but only one (or two) can be chosen. The programs currently being shown are: Ring World – Take the journey through space with the probes as it passes Venus, Earth, and Jupiter on its way to Saturn; Kentucky Skies – learn the constellations, lore and celestial events in our sky; Stars to Starfish – Explore the diversity of life in the ocean; Blown Away – journey into space to explore the sun's effect on weather conditions. Mileage: N/A. Rating: Easy / Non-hike.

**PICKETT LOOP:** A pleasant loop hike in the Fort Henry trail system. Mileage: 3. Rating: Easy

**PAW PAW TRAIL:** Do you have a few minutes to spare? Do you prefer short walks on trails with interpretative signs? Try to find some time to walk this short trail at Brandon Springs. It is designed to interpret the natural and anthropological history of the area and some of the trees and other plants. The terrain is easy to moderate. Numbered stops alert you to one of nature's wonders. Pick up a self-guided trail brochure from the registration table to take on your walk and then return it for the next hiker. Mileage: 1. Rating: Easy / handicapped accessible.

**ORIENTEERING:** The director at Brandon Springs, Richard Lomax, has agreed to lead a basic orienteering activity. Do you have a compass or GPS but not sure how to use it? This activity is being provided for those who want to learn about orienteering or hone your skills. If you have a compass or GPS bring it along but there will be enough for about 20 participants.

**CANOE BARD'S LAKE:** Floating in a canoe will allow you to experience the quiet and scenic home of many waterfowl and aquatic animals which was formed by damming part of Lake Barkley.

## Annual Meeting Schedule of Events Central Daylight Time

### Friday, October 20, 2006

- 3:00 p.m. Check-in, registration & Receive Auction items
- 3:30 Hike Pickett Loop or Canoe Bards Lake - Easy
- 4:00 Cash Bar & Bake Sale/Snack bar Opens
- 4:30 – 6:00 State Wide Outings Slide Show
- 6:00 Dinner
- 7:00 Program & Entertainment
- 9:00 Bonfire

### Saturday, October 21, 2006

- 6:00 a.m. Coffee for Early Risers
- 7:00 Breakfast
- 8:00 Hikes begin departing
- 8:00 N/S Trail Sugar Bay to Golden Pond – 13 miles - Difficult
- 8:15 Canal Loop – 11 miles - Difficult
- 8:30 Ft Donelson – 8 miles - Moderate
- 8:30 Elk & Bison Prairie – N/S - Easy
- 8:45 Honker & Hematite Lakes – 5.5 miles & 2.2 miles - Easy
- 9:00 Ft Henry Telegraph Trail – 7.5 miles - Moderate
- 9:15 Brandon Springs Loop – 5 miles - Easy
- 9:30 Orienteering - Easy
- 9:30 Bear Creek Loop – 7 miles - Moderate
- 2:00 Silent Auction Opens
- 3:00 Cash Bar Opens
- 3:30 - 5:00 State Wide Outings Slide Show
- 5:00 Dinner
- 6:00 Silent Auction Closes
- 6:00 Program Speakers – Dr. Wayne Chester & Paul Freeman of CTC
- 7:00 Awards & General Meeting
- 8:00 Live Auction

### Sunday, October 22, 2006

- 6:00 a.m. Coffee for Early Risers
- 7:00 Breakfast
- 8:30 Check out & Hikes depart
- 8:30 Board Meeting
- 8:30 N/S Trail Tharpe Road to South Welcome Station - 8 miles - Moderate
- 8:30 Canoe Bards Lake - Easy
- 8:45 Fort Donelson – 8 miles - Moderate
- 8:45 Bear Creek Loop 7 miles - Moderate
- 9:00 Dunbar Cave Tour - Easy

Snack Bar & Bake Sale will be open from  
4:00 p.m. Friday to 8:30 a.m. Sunday.

## TTA's Annual Awards Nominations Are Currently Being Accepted

### *Tennessee Trails Award*

### *Bill Stutz Award*

### *Golden Squirrel Award*

You've heard about them, now it's time to nominate candidates for this year's annual awards - someone you feel best fits the description for any of the awards listed below. Please submit nominations to your local Chapter Officer by July 30. Your Chapter Officer will present nominations received to the Board of Directors during the August 5 Board of Directors' Meeting. (If your Chapter Officer is a candidate, and you wish to keep it a secret, you may submit your nomination directly to TTA's President, Anne Wesley.) Awards are issued each year during the October Annual Meeting.

The *Tennessee Trails Award* is presented for outstanding contributions to the Association and/or for the furtherance of trails and natural resource programs and opportunities within Tennessee.

The *Bill Stutz Award* is presented in honor of the late Bill Stutz, past TTA member and beloved hiker. The award is presented to an active hiker for his or her individual contribution to the Association or one of its chapters. The *Golden Squirrel Award* is a "tongue-in-cheek" award and one we most often talk (and hear) about on the trails. Nominations are taken throughout the entire year and judged on a hike leaders' ability to totally lose their entire hike group. (**Please note:** It is not the intention of TTA, or its volunteer hike leaders, to lose their group. Sometimes it happens, and for this the *Golden Squirrel Award* exists.)

### **ALTERNATE LODGING**

You must call and make your own lodging arrangements if you're not staying at Brandon Springs.

Paris Landing State Resort Park 1-800-250-8614

Dover Inn Motel 1-931-232-5556

LBL Campgrounds call 1-877-444-6777 for

reservations; Piney Campground has more than 300 electric sites that can accommodate large motor homes.

Electric hookup \$16 Full hookup \$24

### **VOTE FOR 2007 OFFICERS**

The Board of Directors will present the following slate of officers for vote at the annual meeting:

**President:** Anne Wesley

**Vice-President:** Rosemary Marshall

**Treasurer:** Lou Ann Partington

**Secretary:** Carolyn Miller

**Membership Director:** Garnett Rush

These officers are elected for a one-year term to serve in 2007.

The nominating committee is currently seeking a candidate to fill the position of East Tennessee Regional Representative. If you are a member of one of our eastern chapters (Plateau, Cove Lake, Upper Cumberland, East Tennessee), and would like to help promote hiking and trail building in your area, please contact Anne Wesley ttahiker@msn.com or 615-851-1052).

## TTA Annual Meeting October 20-22, 2006

**Registration Form** Families: please provide the name of each member of your family attending.

Name \_\_\_\_\_ Name \_\_\_\_\_ Name \_\_\_\_\_ Name \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Chapter \_\_\_\_\_ Email \_\_\_\_\_

**REGISTRATION FEE** Per Person is \$15.00 Number of Persons: \_\_\_\_\_ X \$15.00 Total \$ \_\_\_\_\_

**LODGING**

**HUT** – Dormitory style cabins equipped with comfortable bunk beds and mattresses, heat and air conditioning, modern restrooms and showers. We'll have separate huts for women and men. You will need to bring shower and bed linens or sleeping bag. If you have a preference of who you want to share a cabin with, please make a note and it will be honored if possible.

HUT Fee Per Night is \$18.00 Would like to share cabin with \_\_\_\_\_

FRI NIGHT Number of Persons \_\_\_\_\_ X \$18.00 Total \$ \_\_\_\_\_

SAT NIGHT Number of Persons \_\_\_\_\_ X \$18.00 Total \$ \_\_\_\_\_

**CAMPING**

Camping Fee Per Night Per Person is \$5.00

FRI NIGHT Number of Persons \_\_\_\_\_ X \$5.00 Total \$ \_\_\_\_\_

SAT NIGHT Number of Persons \_\_\_\_\_ X \$5.00 Total \$ \_\_\_\_\_

**MEALS**

FRI DINNER Number of Persons \_\_\_\_\_ X \$8.00 Total \$ \_\_\_\_\_

SAT BREAKFAST Number of Persons \_\_\_\_\_ X \$5.00 Total \$ \_\_\_\_\_

SAT LUNCH Number of Persons \_\_\_\_\_ X \$5.00 Total \$ \_\_\_\_\_

Please check type/quantity of sandwich: \_\_\_\_\_ Turkey \_\_\_\_\_ Ham \_\_\_\_\_ Cheese \_\_\_\_\_ Peanut Butter & Jelly

SAT DINNER Number of Persons \_\_\_\_\_ X \$8.00 Total \$ \_\_\_\_\_

SUN BREAKFAST Number of Persons \_\_\_\_\_ X \$5.00 Total \$ \_\_\_\_\_

Please check if you would like to request vegetarian meals. # People wanting Vegetarian Meals \_\_\_\_\_

**TOTAL ENCLOSED \$ \_\_\_\_\_**

**Please make check payable to Tennessee Trails Association**

**Mail to:** c/o June Miller  
1002 Post Court  
Clarksville, TN 37043

**If you have further questions, call June at: 931-648-4195.**  
stevjune42@charter.net

**Due to scheduling requirements at Brandon Springs, REGISTRATION MUST BE RECEIVED on or before October 1<sup>st</sup>, 2006. SORRY, REFUNDS CANNOT BE MADE AFTER October 1, 2006.**

*Detach and enclose this Registration Form with your check.*

**Directions to Brandon Springs at Land Between the Lakes:**

**FROM MEMPHIS:** About 200 miles from Memphis. Take I-40 East to Hwy. 641 North. Take 641 North towards Paris. At Paris, take Hwy. 79 North towards Dover. Just before Dover is a large, brown sign directing you to turn left for Land Between The Lakes (careful It's easy to miss!). Turn left on this road. In about 4-5 miles it turns into The Trace. Continue North past the South Welcome Station for 2 miles; Brandon Springs is on the right.

**FROM NASHVILLE:** About 90 miles from Nashville. Take I-24 West to US Hwy 79 (Exit 4). Take 79 to Dover. Stay on Hwy 79 for 3 more miles to the LBL Southern Entrance (watch for a large brown sign directing you to turn right for LBL - careful it is easy to miss) Turn right; this road becomes the Trace, which is the main road through LBL. Turn right on this road. In about 4-5 miles it turns into The Trace. Continue North past the South Welcome Station about 2 miles; Brandon Springs is on the right.

**From Knox/Nashville:** Once you've reached Clarksville...Clarksville – Dover = 26 miles Dover – The Trace = 5 miles  
The Trace – Brandon Springs – 7 mi

**From Memphis:** Reached Paris...Paris – The Trace = 19 miles

The Trace – Brandon Springs = 7 mi

TTA Signs will be posted within LBL. LBL Sign for Brandon Springs 2 miles past South Welcome Station.



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## MURFREESBORO CHAPTER

**CHAPTER OFFICER:** Anna Bert  
615-765-5357 *abertram@heartoftn.*

**OUTINGS COORDINATOR:** Ron D  
615-867-3301 *trekkingtn@yahoo.*

*(Call Ronn & volunteer to lead an outing)*

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT  
Barfield-Crescent Park's Wilderness Station  
697 Barfield Rd., Murfreesboro

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**Oct 6-8** - 15th Annual Pumpkin Festival Weekend at Allardt, TN on the Cumberland Plateau, Multi-Chapter Event: Camp, cabins at Pickett State Park, or nearby motel. There will be contests, parade participation, hiking, and much more. Contact Fount Bertram at [fwbertram@dtccom.net](mailto:fwbertram@dtccom.net) or 615-765-5357

**Oct 10** - Beginner's Backpacking Orientation -Wilderness Station, Barfield Park, Murfreesboro, 5:00 pm - 7:00pm. Join us for a 40-minute Leave No Trace lesson from a Wilderness Station staff member, followed by a one-hour overview of how to prepare for an overnight backpacking trip. The presentation will help novice backpackers, and those interested in trying out this rewarding sport with helpful tips on what to bring, and especially on what NOT to bring. If you have your own gear, please bring it along. On Oct. 14th, folks that have completed the Barfield Parks Leave No Trace course will be invited to join us on a backpacking trip to their campsite. For specifics on that trip see Oct 14-15 below. Contact Tammy Day, [tlday@comcast.net](mailto:tlday@comcast.net) (preferred), or 615-904-0009 to sign up for the orientation.

**Oct 10 Monthly Meeting** - Oh, The Places We Go!!! Join us as several of our own members share highlights and slides of hikes they took this summer. We will hear about hikes taken in the High Sierra, Mt. Timpanogoes in Utah, trails in Wyoming, and Colorado. There will most likely be others that will confess to their adventures this past summer and decide to join in on the show and tell. In addition we will be electing our chapter officers for 2007.

**Oct 14-15** - Beginners Backpacking Overnight at Barfield Crescent Park. This is a great way to check out your interest in backpacking. We will leave the Wilderness station at 2:00 p.m. to do the easy 2-mile hike to the campsite. If needed you can receive help setting up your tent, purifying your water, and preparing your backcountry food. Gear can be rented at the Wilderness Station. This event is limited to 10 beginners so contact Tammy Day soon at [tlday@comcast.net](mailto:tlday@comcast.net) or 615-904-0009

**Oct 14** - Buggy Top Hike and Cave Tour. We will enjoy a ranger-led hike on Buggy Top Trail and then on through Buggy Top cave. This is a difficult 4-mile roundtrip hike due to elevation change on the trail and rock hopping in the cave. For more details contact Tony or Millette Jones at [millette.jones@comcast.net](mailto:millette.jones@comcast.net) or 615-397-9588

**Oct 28** - Yanahli at Cheeks Bend, near Columbia - We will return to hike this easy 3.5-mile balloon loop trail, completed by the TTA on National Public Lands Day 2005. The wooded trail has frontage along the scenic Duck River with some very attractive overlooks. A short side trip takes the hiker to a scenic little cave along

## MURFREESBORO (cont)

the way, so bring a flashlight! This is the first of many hiking trails planned for this recreation area. Wear sturdy hiking footwear and dress according to the existing weather conditions. In addition to a flashlight, bring snacks, and plenty of water. Plan to eat after the hike at a popular country restaurant with an extensive menu! A car pool will leave at 8 AM CDT from Sam's Club overflow parking lot in Murfreesboro (up front but on the side nearest Hardees). Contact Jeanne' Hoechst-Jackson for information and to sign up. [jronner@mtsu.edu](mailto:jronner@mtsu.edu) or (615) 542-8044

**Oct 28-29** - Backpack Cumberland Trail-Possum and Rock Creek Segments: We will be hiking the recently completed Possum and Rock Creek sections of the Cumberland Trail starting from Heiss Road and ending at the lower Leggett Road trailhead, camping at the Rock Creek campsite. Going in and out of these beautiful creek gorges we will be treated to many interesting rock formations, waterfalls, and scenic overlooks. The hike is approximately 20 miles and rated difficult for distance. In addition there is a limit of 6 hikers so contact Tammy Day soon at [tlday@comcast.net](mailto:tlday@comcast.net) or 615-904-0009. **Notes:** A car shuttle is necessary. If there is a lot of rain right before the hike, we will not be able to safely cross the creeks and the hike will be cancelled.

### Looking ahead

**Nov 14** - Monthly Meeting: Finger Food Supper and Hike Planning for February through July 2007

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## NASHVILLE CHAPTER

**CHAPTER OFFICER:** Jim Johnson  
615-356-6246 *jimjohnsonjr@gmail.com*

**OUTINGS COORDINATOR:** Libby Francis  
*Libbyslibbys@Comcast.net*  
*(email Libby & volunteer to lead an outing)*

**MEETS MONTHLY:** 4<sup>th</sup> Tuesday at 7:00 pm CT  
TN Wildlife Resources Association meeting room at  
Ellington Agricultural Center, 5105 Edmondson Pike. For  
directions, visit: [www.tennesseehikes.org/nashville.php](http://www.tennesseehikes.org/nashville.php)

**HIKING HOTLINE:** 615-367-7045

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**Oct 24** Monthly Program Meeting 7PM : Our guests this month are Paul and Pandi English of the Tennessee Wildlife Resources Agency. They will lead us out of our meeting room into the nighttime wilds of the Ellington Ag Center for our first ever Owl Prowl! Dress for the occasion, bring a flashlight and get ready to see and be seen by these birds of the night. We meet in the TWRA headquarters building on the Edmondson Pike side of the Ellington Ag Center.

**Oct. 7** Beaman Park First Saturday Hike, Nashville, TN. 9:00-12:00 CDT. Age level: 8-Adults. Don't miss this opportunity to take a guided hike with one of the many knowledgeable Friends of Beaman Park volunteers and explore the still new Beaman Park—it is 1,500 acres of forest on the Highland Rim and a natural treasure. Call Warner Park Nature Center 615-352-6299 for reservations and directions

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**Oct. 7** Stillhouse Hollow Falls, near Columbia, TN The hike is about one mile (1/2 mile in and 1/2 mile out). We will also walk to Rattlesnake Falls, which is about a mile away from Still House Hollow Falls. This hike is also about a mile round trip. The hikes are very easy. For meeting time and place contact Robbie Benson, wk #615-781-6504, cell # 615-419-1165 or e-mail [robbie.benson@state.tn.us](mailto:robbie.benson@state.tn.us)

## NASHVILLE (cont)

**Oct.8 Fall Creek Falls.** We will hike the Gorge trail (1.1 miles, easy) to Fall Creek Falls and hike down to the base of the falls (0.5 miles, difficult). We'll then hike back via the Woodland Trail (1.0 mile, easy). After lunch we will hike the Paw Paw Trail (4.5 mile loop, easy) with great views of the Cane Creek gorge and falls as well as Fall Creek Falls. The Cable Trail is an optional, but exhilarating, steep and difficult trail (0.25 mile) to the base of Cane Creek Falls. If all trails are hiked, the total mileage is 7.35 miles. Bring water, lunch, snacks, and money for carpooling. For more information and to register call Garnett Rush at 352-7217 or e-mail [rushga01@yahoo.com](mailto:rushga01@yahoo.com)

**Oct. 20-22 (Fri.-Sun) Join us for all the hikes at the annual meeting, Land Between the Lakes**

**Oct. 28 (Sat) Double Bagel Hike.** Percy Warner Park. Nashville. 7.5-mile hike in Percy Warner Park on the Warner Woods and Mossy Ridge Trails, rated moderate-to-difficult due to elevation changes and distance. After the hike, it's Brueggers Bagel Bakery nearby for optional 2-bagel lunch. Meet at 8:00 am at the Deep Well parking area (1½ miles from the Hwy 70/100 split). Hike takes about 2.5 hours. Hike leader David Furse, 615-308-7988 (mobile) or [dfurse@comcast.net](mailto:dfurse@comcast.net).

**Oct. 28 4<sup>th</sup> Saturday 1/2 Day Event, Radnor Lake SNA,** Nashville, TN. Join members of the hiking community, Friends of Radnor Lake and REI to help with general trail maintenance. Call 615-373-3467 for more information, meeting time and place.

## TENNESSEE RAILS-TRAILS ADVISORY COUNCIL (TRAC)

WEBSITE [www.TNRailsTrails.org](http://www.TNRailsTrails.org)

**MISSION:** *To act as a resource and mentor for the planning, development and management of rail-trails throughout the State of Tennessee for the purposes of appropriate recreation, preservation of rail corridors and alternate transportation, in order to benefit the general public, communities, commerce and tourism.*

## ADOPT-A-TRAIL NEWS

### ADOPT-A-TRAIL OFFICER

Harold Draper 865-689-7757 [h.m.draper@att.net](mailto:h.m.draper@att.net)

### Have you considered ...maintaining a particular trail or section of trail?

Through the cooperation of land managers, who periodically inform us of volunteer opportunities, TTA can put you in touch with several Adopt-A-Trail programs, or offer suggestions on how to approach local land managers in your area.

The Adopt-A-Trail program is quite simple and flexible. Volunteers or chapters select the trail they wish to adopt and at the same time determine the level of trail maintenance they wish to undertake. Their only commitment is to hike, inspect, and report on the trail's conditions and maintenance needs twice per year. Light trail maintenance (clipping, pruning, trash and minor blow-down removal) is encouraged during each inspection. Serious trail problems identified will be reported to the local land management agency for resolution.

**To publicize your next trail volunteer day, contact Harold Draper at 865-689-7757**

## UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

**CHAPTER OFFICER:** Richard Savage  
[savage\\_richard@hotmail.com](mailto:savage_richard@hotmail.com)

**October 7** Walls of Jericho Wilderness and Recreation Area, Winchester, TN - Jackson Co., AL. The Walls of Jericho is a massive unique natural geological rock formation featuring 150-200 foot vertical limestone walls at the closed end of a half mile long wooded canyon. The hike is about 7 miles total and is mostly downhill going into the gorge so the return trip is mostly uphill. The trail is often muddy after rains. The hike is rated moderate. Bring hiking shoes, snacks, water, and lunch. For information and to register contact Cindy Walinski at 931-394-3413 or [cwalinski@blomand.net](mailto:cwalinski@blomand.net).

**October 14** Above the Gulfs! Savage Gulf State Natural Area, Palmer, TN. We will enjoy the spectacular fall colors of Savage Gulf while avoiding the strenuous climbs in and out of the major gulfs. This hike will start from the Collins Gulf trailhead. We will follow the Collins Gulf Trail across the bridge over Collins River and then on to its junction with the South Rim Trail. We will then take the South Rim Trail to the Savage Day Loop, which we will follow to the Savage Gulf Ranger Station. The hike is about 14 miles, mostly on top of the mountain. There are numerous outstanding overlooks of Savage Gulf and Collins Gulf as well as Savage Falls. The terrain is easy to moderate but the hike is strenuous due to the distance. There may be fording of small streams. You can meet us in Penney's parking lot in Cookeville at 8:00 CT or at the US Bank across from McDonald's in Sparta at 8:30. Wear sturdy hiking boots and bring snacks, lunch, and water. For information and to register contact Lillian Ey at 615-746-8890 or [eyintn@hotmail.com](mailto:eyintn@hotmail.com).

**October 20-22 State meeting.**

**October 21** Hook Trail, Pedigo Point Trail, and Loop Trail, Appalachian Center for Craft, Smithville, TN. We will hike the Hook Trail, a 1.3-mile loop; the Pedigo Point Trail which is 2.8 miles, and the Loop Trail, which is 3.7 miles. Hikers may join, one, two, or all three hikes. Each is rated moderate and offers views of Center Hill Lake. Bring water, snacks, and lunch. Weather permitting, we will have lunch at Pedigo Point. You can meet us in Penney's parking lot in Cookeville at 8:30am CT. For information and to register contact Pete Broehl at 931-738-3551 or [pabroehl@tnaccess.com](mailto:pabroehl@tnaccess.com).

**October 28** Craven House Loop Trail and Bluff Trail, Lookout Mountain, Chattanooga, TN. We will hike the Craven House Loop Trail and the Bluff Trail to Sunset Rock. The hike is 9 miles and is rated easy. We will ride the incline railway to the summit of Lookout Mountain where we will tour Lookout Mountain Battlefield National Military Park. This hike is a history buff delight. We will step where the Yankees and Confederates fought the Battle Above the Clouds. Bring \$15.00 for tickets for the incline and the park. You can meet us in Penney's parking lot in Cookeville at 7:00 CT or at the US Bank across from McDonald's in Sparta at 7:30. Bring water, snacks, and lunch. For information and to register contact Eugene Cummings at 931-528-6139.

## OFFICERS:

**President**  
Anne Wesley 615-851-1052  
ttahiker@msn.com

**Vice-President**  
Rosemary Marshall 865-687-0670  
Rosemary\_L@hotmail.com

**Treasurer**  
LouAnn Partington 931-393-4835  
louannpartington@bellsouth.net

**Secretary**  
Carolyn Miller 931-456-4465  
cardan@frontiernet.net

**Past President**  
Fount Bertram 615-765-5357  
fwbertram@dtccom.net

**Previous Past President**  
Leigh Jones 352-472-3602  
Cejones9@bellsouth.net

**West TN At-Large Director**  
Don Dresser 731-668-4662  
Donald.Dresser@usit.net

**Middle TN At-Large Director**  
Brent Morris 931-728-8726  
brentmorris@ispwest.com

**East TN At-Large Director**  
VACANT

**Membership**  
Garnett Rush 615-352-7217  
rushga01@yahoo.com

**Cumberland Trail Conference Representatives**  
Sandra Spearman 931-839-2320  
sandbar@multipro.com

**TN Rails To Trails Advisory Council**  
VACANT

CHAPTER REPRESENTATIVES ON THE BOARD  
ARE LISTED WITHIN EACH CHAPTER'S HEADER

**Newsletter Editor**  
Leslie El-Sayad editor@tennesseetrails.org

## Newsletter Deadlines:

Deadlines for Chapter announcements  
and articles of special interest  
are due as follows:

Due	For Newsletter Dated
Oct 10 .....	Nov 1
Nov 10 .....	Dec 1
Dec 10 .....	Jan 1

Articles submitted are subject to editing  
and will be included as space permits.

Please send all submissions to:  
editor@tennesseetrails.org

## Evan Means Small Grants Program Deadline is December 31, 2006

In February 2007, TTA's Board of Directors will award small grants memorializing Evan Means. The grants support special volunteer projects that are compatible with the chartered objectives of TTA: *promoting and developing a system of hiking trails in Tennessee as well as working for the conservation of natural resources*. Project proposals are due no later than December 31, 2006.

All chapters are encouraged to look within their local area, identify a special trail or park project, request and submit a formal grant application for the February 2007 Evan Means Small Grant Program Award.

Grant request in the range of \$300-\$600 are encouraged. However, if a project requires additional grant money, considerations will be made.

For additional information and an application, please write to:

Leigh Jones TTA Grants Administrator  
80 SW 254th ST Newberry, FL 32669  
352-472-3602 cejones9@bellsouth.net

The small grants program was established in February 1999 to honor Evan Means - journalist, author, conservationist, hiker, trail builder, originator of the Cumberland Trail, and co-founder of the Tennessee Trails Association. Mr. Means won countless awards for his work over the years to protect Tennessee's natural resources and beauty, as well as for his dedication to projects that allow hikers to enjoy this natural beauty.

## Tennessee Trails Merchandise Order Form

\_\_\_\_\_ TTA Patch ..... 6.00  
*Round embroidered patch, sew it on anything.*

\_\_\_\_\_ TTA Window Decal ..... 3.00  
*A must for each car. Removable, no adhesives.*

\_\_\_\_\_ TTA License Plate ..... 14.00  
*Perfect for the front bumper of your car.*

\_\_\_\_\_ TTA 35<sup>th</sup> Anniversary Commemorative T-Shirt... 16.00\*  
*Choose Size: Small / Medium / Large / X-Large*  
*Choose Color: Sand / Yellow / Stone-Gray*

\_\_\_\_\_ TTA 35<sup>th</sup> Anniversary Commemorative Patch ..... 6.00  
*Round embroidered patch commemorating TTA's 35th Anniversary, sew it on anything.*

\_\_\_\_\_ TTA Flashlight Carabineer Key Ring, blue ..... 6.00

\_\_\_\_\_ \*Shipping & Handling on T-shirt Orders ONLY!!!.. 1.50

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

PHONE hm: (\_\_\_\_) \_\_\_\_\_ wk:(\_\_\_\_) \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Mail your check payable to: Tennessee Trails Association  
c/o Marietta Poteet, 525 Huckleberry Place  
Monteagle, TN 37356

*Please allow 4 weeks for delivery and prices shown include postage.*

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446  
ADDRESS SERVICE REQUESTED

First Class Mail  
U.S. Postage Paid  
Nashville, TN  
PERMIT NUMBER 4053



**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**  
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.  
**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .**

- A NEW MEMBER** oCT 06  
 **RENEWING MY MEMBERSHIP**

Memberships are for one year, unless you have a Lifetime Membership.  
Gift Memberships are also available. Contact our Membership Director,  
Garnett Rush 615-352-7217 [rushga01@yahoo.com](mailto:rushga01@yahoo.com)

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

*PLEASE, PRINT CLEARLY.*

<input type="checkbox"/> Individual \$25.00 <input type="checkbox"/> Family \$35.00 <input type="checkbox"/> Student (FULL-TIME) \$15.00 <input type="checkbox"/> Supporting (\$50.00, \$100.00 or more) <input type="checkbox"/> Life Member (Individual) \$500.00 <input type="checkbox"/> Life Member (Family) \$750.00	Name _____ Address _____ City _____ State _____ Home Phone ( ____ ) _____ Zip _____ -- _____ Work Phone ( ____ ) _____ e-mail _____ <input type="checkbox"/> Please do not list my e-mail address in the TTA Annual Membership Directory
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**Please list me with the following chapter:**

- |  |  |   |  |
|--|--|---|--|
| <input type="checkbox"/> Big South Fork    | <input type="checkbox"/> Cumberland Gap                      | <input type="checkbox"/> Memphis                          | <input type="checkbox"/> Plateau (Crossville)      |
| <input type="checkbox"/> Clarksville       | <input type="checkbox"/> East TN (Oak Ridge/Knoxville)       | <input type="checkbox"/> Murfreesboro                     | <input type="checkbox"/> Soddy Daisy               |
| <input type="checkbox"/> Columbia/Franklin | <input type="checkbox"/> Highland Rim (Manchester/Tullahoma) | <input type="checkbox"/> Nashville                        | <input type="checkbox"/> Upper Cumberland          |
| <input type="checkbox"/> Cove Lake         | <input type="checkbox"/> Jackson                             | <input type="checkbox"/> Northwest (UT at Martin/Weakley) | <input type="checkbox"/> _____ (Sparta/Cookeville) |
|  |  |   | <input type="checkbox"/> At Large                  |

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

**As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.**

# Purchase Order

Tennessee Trails Association  
P. O. Box 41446  
Nashville, TN 37204-1446

Leslie El-Sayad  
Home: 865-717-6246  
Les1202@aol.com

Color Plus Printing  
4825 Trousdale Dr, #102  
Nashville, TN 37220

Leonard Chavaz  
615-781-1071  
cell ph: 615-207-0947  
colplprt@bellsouth.net

September 12, 2006

# Newsletter Printing

Cover Date:

Oct 2006

Number of pages submitted  
with this purchase order:

12 pages

Printed Paper size:

three - 11 x 17 sheets  
no - 8½ x 11 sheets  
printed on 2 sides  
11 x 17 pages to be folded in ½ by Color Plus

Paper Weight:

20 pound paper weight

Paper Color:

white

Ink Color:

black

**Print Quantity:**

**800 pieces**

Approximate Cost:

Send **TAX EXEMPT** Invoice to:

Tennessee Trails Association  
P. O. Box 41446  
Nashville, TN 37204

Leonard, please contact TTA Newsletter Party Coordinator      Contact Diane  
Manas,

- Their picking newsletters up from you at Color Plus Printing or,
- Your delivering newsletters to Their home or,
- Your delivering the newsletters to the location of the Newsletter Party