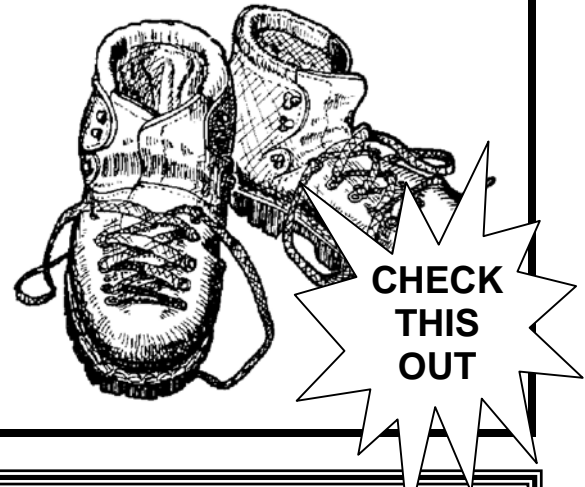


TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



TTA ANNUAL MEETING TO OFFER VARIETY OF ACTIVITIES

The Clarksville Chapter would like to invite everyone to attend the Annual Meeting! LBL is located in northwest Tennessee near Dover. There are more than **200 miles of hiking trails** and abandoned roads meandering through backwoods, fields and alongside peaceful lakeshores. As a group, we will be staying in the Brandon Springs Residential and Group Center situated on the shores of **scenic Bards Lake and Lake Barkley**. This year we will be the only guests of Brandon Springs. A **variety of hikes** from less than five to 13 miles will be offered to accommodate all hiking levels. In addition to hiking, there are plenty of other options. For example, **canoeing on Bards Lake (no additional charge)** or visiting and **touring the Elk and Bison Prairie, Golden Pond Planetarium, or the 1850's Homeplace**.

Our meals will be prepared and served within the facility. Anyone requiring special dietary needs should include that information on the registration form.

For those who have never attended an annual meeting or are new to TTA, here is what you can expect: meet fellow members from all over Tennessee, as well as surrounding states, two full days of hiking, **entertainment**, and the **infamous auctions** – live, silent, and white elephant as well as a bake sale and snack bar. All of the auction proceeds will go to help fund CCT's Spring Breakaway program in March 2007. With the upcoming holiday season approaching, the auctions are the perfect venue to purchase gifts and provide a donation to the Cumberland Trail!

As in past years, we are requesting that each TTA Chapter donate at least 5 quality items for the Live Auction. These items are usually new but occasionally antiques are donated. Examples of items in past auctions are backpacks, tents, framed artwork, trekking poles, camping gear, or items of interest to outdoor enthusiasts. Two unique items have already been donated for the auction. The first is a **framed, autographed painting of the Cumberland Trail's Breakaway Bluff by Alan Stokes**. The second is **two original, vintage metal Cumberland Trail signs**. Either of these items would be an excellent addition to a Cumberland Trail collection including an Original, Vintage Metal Cumberland Trail Sign. In addition, there is a **Silent Auction** that includes similar items of lesser value. Examples of past items include bird feeders, hand crafted items, hiking or nature guide books, garden decorations, gift certificates for services, overnights, restaurants, etc.

Something new for this year! We are asking **each chapter to donate one theme backpack**. This is a pack (or other container) filled with items based on the theme the chapter chooses. Some examples are birding, hiking, fishing, biking and rock collecting. The hiking theme pack could include everything a new day hiker would need to "hit the trail" (pack, water bottle, first aid kit, snacks, whistle, flashlight, emergency blanket, compass, bandana, etc.). There will be a **chapter competition for the most creative with a prize** given during the meeting on Saturday night. Buying it would allow the purchaser to support CTC, have a wonderful gift to give a loved one or a needy child/person, and it would not clutter your own house! – "nurture a generation" by providing them with tools and gear to get outside and appreciate our Great Outdoors! Sometimes there is a fine line between items for one auction or the other and the auction "staff" reserves the right to place any item into the auction that will probably bring the best bid. We ask that auction items be registered via email prior to the Annual Meeting. Each chapter officer will receive further instructions. This will decrease the amount of work and confusion as the items arrive on Friday.

Another favorite sale is the **White Elephant Sale** that is similar to a yard sale. Don't worry about registering these items, just clean out your closets and cabinets and bring them with you! There will be tables set up for a range of prices. Small items such as candles, used books, tools, rocks / minerals, Halloween and Christmas items, and gently used camping gear have been finding new homes in past years.

Finally, the hungry hikers' favorite has to be the **Bake Sale & Snack Bar**. We're *counting on all of our great cooks* to bake delicious homemade goodies (brownies, cookies, breads, and more). Not a cook? Never step foot in a kitchen? You can still help by donating snacks such as trail mix, peanuts, dried fruit, and tuna, just to name a few. These are perfect for the hiker to add to his/her pack or as an afternoon snack. Please make sure items are packaged for individual purchase.

We want to continue the tradition of **sharing chapter outings and events with displays** this year. It is fun to see fellow hikers on their adventures. Pictures mounted on display boards that can be taped to the wall would be perfect! If you have digital pictures that you would like to add to the state wide slide show of outings, please email them to Merri Hinton at Andrews@logantele.com or merri.hinton@todd.kyschools.us

Undecided about attending this year? Just ask fellow TTA members and they will tell you how much fun the annual meeting is and what you will be missing if you stay home. Watch for hike descriptions and more information in future newsletters!

CUMBERLAND TRAIL CONFERENCE

Office Location 19 East 4th Street
Crossville, TN 38555
Office Hours 8am-5pm
Phone: 931-456-6259
Fax: 931-456-4934
Email: cumberlandtrail@rocketmail.com
Website: www.cumberlandtrail.org

CUMBERLAND TRAIL CONFERENCE STAFF:

Executive Director.....Paul Freeman..... paul.freeman@frontiernet.net
Trail Development &
Maintenance Coordinator:.....Tony Hook.....tony.hook@frontiernet.net
Office ManagerJanet D. Smith..... janet.d.smith@frontiernet.net

Dear CTC Volunteer:

We did it! **You** did it! After several years, the entire primary trail in the Rock, Possum, and Soddy Gorges is now complete. Approximately 3 miles of trail was completed in remote and rugged terrain. Other accomplishments were a stile built over the wildlife fence on Highway 111. This is an important improvement making it no longer necessary to crawl under the fence. The final pole bridge in Little Soddy Gorge has been completed. Hikers can now trek all the way from Mowbray to Leggett Road, a distance of 35+ miles. Furthermore, several miles of trail were built in the Cumberland Trail's northern corridor around the Petros, Tennessee area. This started our major trail building effort of the northern half of the trail. None of this would have been accomplished without the many hours which you donated to the Cumberland Trail. Take a little time to pat yourself on the back – you have made a lasting legacy for the citizens of Tennessee and for hikers everywhere. Tell your friends and fellow hikers about these newly opened sections, and then get out there and hike it!

In other news, CTC, the Tennessee Department of Transportation, and Cumberland Trail State Park Staff are working out the details for building trailheads and parking areas for the newly opened sections of the trail.

CTC will be e-mailing you the Fall Programming Schedule. The schedule will also be appearing on our website, www.cumberlandtrail.org.

This Big Dig was one of the most successful and productive programs we've ever had – and the credit is yours!

CLARKSVILLE CHAPTER

CHAPTER OFFICER: Merri Hinton
andrews@logantele.com
CO-CHAIR: Suva Bastin 931-645-2849
SECRETARY: Lucy Weikel 931-358-5794
j107sw@aol.com
TREASURER: Sandy Janus
931-551-8523
OUTINGS COORDINATORS: Sandi Hamilton
931-920-2760 *billhamilton@charter.net*
(call Sandi & volunteer to lead an outing)
MEETS MONTHLY: 3rd Tuesday, 7:00 pm CT,
Crow Community Center
211 Richview Rd (Public is cordially invited!)

29 July – Sunset Hike at Long Hunter State Park – Experience a lovely 12-mile hike along the shores of Percy Priest Lake. It's a level trail and rated easy. We'll start hiking late afternoon so we will finish about sunset! Leave exit 11 at 1:30 PM.

5 August – Wake up early and take a hike on the Ashland City Rails to Trails before it gets too hot and before the Board Meeting in Nashville. Meet in Clarksville at K-Mart at 7:00 Call Suva Bastian at 931-645-2849

12 August – Full Moon Hike; Place to be announced; Sandy Janus 931-551-8523

19 August – Beaman Park – Call Lucy at 931-358-5794

Looking Ahead!

2 September – Labor Day Weekend – Hike with family and friends or other chapters!

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER OFFICER: Rosemary Marshall
rosemary_1@hotmail.com
TREASURER: Harold Draper
h.m.draper@att.net

Aug 10th Our only "after work hike" of the year is going to happen soon. We will hike a newly formed trail at Ijams Nature Center 2915 Island Home Ave. It will probably be 2 1/2 miles around the "ole So Knox Quarry" and other interesting scenes. Our meeting place will be the parking area at Ijams and after the hike, those who want will dine at Ruby Tuesday on Chapman Hwy. For directions or inquiries, call Rosemary 865-548-6171 or Lesley Price 865-254-1193

BIG SOUTH FORK CHAPTER

CHAPTER OFFICER: Charles Gibbs
423-628-5678 *cgibbs@nxs.net*
SECRETARY / TREASURER: Benita Howell
423-628-5521 or 865-974-7797 *bhowell@nxs.net*
BOARD REPRESENTATIVES: Tim & Lynn Takacs
615-824-7048 *lynntakacs@comcast.net*
or ttakacs@comcast.net
OUTINGS COORDINATOR Eric Wilson
423-628-2817 *ericavi@nxs.net*
(Call Eric & volunteer to lead an outing.)

No hike scheduled for August, but plan on joining Jo and Ken VonNieda on the Middle Creek Loop in Big South Fork NRRRA on **September 16**.

COVE LAKE CHAPTER

CHAPTER OFFICER: Richard Helm
423-562-1110 *Richard.Helm@ahss.org*
CO-CHAIR: Mari Haslam
423-562-3227 *pittsteelersfan@earthlink.net*
MEETS MONTHLY: 2nd Monday at 6:00pm ET
LaFollette Recreation Center's Craft Room
201 S. 9th St.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER OFFICER: Sherrie Yokley
931-381-9274 *yokley2004@bellsouth.net*
MEETS MONTHLY: 1st Tuesday at 6:30 pm CT
Grand Buffet (North of Spring Hill)

We will not have a Columbia-Franklin Chapter meeting in August, and there are no planned hikes for August.

Our next chapter meeting will be on **September 5**, Tuesday, at the Grand Buffet Chinese Restaurant in Spring Hill. Our guest speaker will be Daryl Ratajczak, Director Big Game programs for TWRA. Daryl will talk about elk in Tennessee and the efforts to re-introduce this majestic animal.

JACKSON CHAPTER

CHAPTER OFFICER: Gary Cooper
731-424-5375 *gcooper52@yahoo.com*
MEETS MONTHLY: 1st Tuesday. Socializing & meal starts at 6:00p CT; meeting starts at 7:00 at Perkins Restaurant
999 Vann Drive in Jackson

NO MONTHLY MEETING IN AUGUST

Other Activities- **August 19--** Current River--We are using Rocky River Resort for our equipment needs <http://www.rockyriverresort.com/index.html>. The prices have increased from those on the net. We have two options a short 6-mile float (takes about 2.5 hours) Deer leap Float. Can rent inter tubes \$7.00 for regular and \$12.00 for cadillac tubes or rent canoes for \$40.00 per canoe or 4-6 person rafts for \$50.00 day-leave at 8am or 2 pm only (4 hour float) Or for the daring: 21 mile float (Bay Nothing Float) (7 hour float) Leave at 8am only. Can either rent canoes or rafts!! \$50.00 canoe and \$100.00 for raft!

Camping is available- Tent camping is \$12.00 per tent per night up to 4 people and 4 additional dollars for persons over the age of 11. Hotels in the area. Current River Inn (closest) 573-996-2101 rooms with tax are \$57.84 for 2 people. Very light breakfast served, juice, coffee, bagels, and toast. Days Inn (within 3 blocks) 573-996-2400. Rooms with tax are \$72.30 for 2 people and \$78.97 for 4 persons. Very light breakfast served. Reservations are required by 8/14/06 (Absolutely no later!) in order to reserve the type of equipment you want for the float. Tentatively we will leave from Suede's parking lot on Friday night 8/18/06 at 5:30 pm. Anyone wanting to drive together contact Julie Holt at 731-660-0045 ext 207 or 731-234-1983. She will correspond with final details to those who contact about equipment needed. Come on and go it will be a BLAST!

HIGHLAND RIM CHAPTER (Tullahoma Area)

CHAPTER OFFICER: Doug Ratliff
931-455-0249 *dougratliff@hotmail.com*
MEETS MONTHLY: 1st Tuesday, 7:00 PM, Crockett's restaurant, Tullahoma

August 1 Monthly Meeting. We are changing our meeting date and location. For all future meetings we will be meeting the first Tuesday of each month at the Crockett's restaurant in Tullahoma. The meeting will begin at 7:00 PM but you can arrive at 6:00 PM if you would like to eat.

August 5 Perimeter Trail, Sewanee, TN. We will continue the Eat-Hike a portion of the Perimeter Trail-Eat hike this month and in future months. The hike will be approximately five miles. There will also be time to do other things in the area. We will meet at The Blue Chair restaurant in Sewanee at 9:00 A.M. Contact Tom Bentley at (931) 455-5849 or HTbentley@edge.net to register.

MEMPHIS CHAPTER

CHAPTER OFFICER: Carolyn Pierce
901-755-5635 *cedpierce2000@yahoo.com*

MEETS MONTHLY: (Sep - May) 3rd Thursday at 7:00 pm at Cordova Library, 8457 Trinity Rd. Turn east off Germantown Parkway onto Trinity Rd. approx. 1 mile on the right. Library shares entrance with Bert Ferguson Community Center

MEETING: No meeting in August

Next meeting **Thursday, Sept 21** at 7 p.m. Location: Cordova Library, 8457 Trinity Rd. Turn east off Germantown Parkway onto Trinity Rd. approx 1mile on the right. Library shares entrance with Bert Ferguson Community Center.

Sunday, August 6 - Paddle the Upper Wolf River from Bateman Road to Moscow Section w/ The Wolf River Conservancy We'll meet at 1 p.m. for an afternoon float that will catch the rich afternoon sunlight. Last year, veteran members said that paddling this section was one of most enchanting trips ever. As the setting sun filtered through the cypress trees near the take out, the Moscow church bells pealed a beautiful melody. We will meet at the abandoned strip mall on the north side of Highway 57 just east of the Feemster Bridge, the bridge over the Wolf River as you enter Moscow. You will turn left on the first road past the bridge into the parking lot of the strip mall. The length of the trip is 7 ½ miles and we will finish about 6:30pm

If you are renting a canoe call Wolf River Canoe Trips – 877-3958. If you are bringing your own canoe, call or e-mail Charlie Bright to reserve a space: 829-4434charliebright@yahoo.com

Sept 30 Next Memphis hiking event will be Shiloh National Military Park hike. In the meantime, checkout other TTA chapters hike listings and join a hike!

MURFREESBORO CHAPTER

CHAPTER OFFICER: Anna Bertram
615-765-5357 abertram@heartoftn.net

OUTINGS COORDINATOR: Ron Dunn
615-867-3301 trekkingtn@yahoo.com

(Call Ronn & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT
Barfield-Crescent Park's Wilderness Station
697 Barfield Rd., Murfreesboro

Aug 8 - Monthly Meeting at 7 PM - Guest speaker, Nancy Dorman, will fill us in on the wonderful offerings and opportunities at Beaman Park, a natural treasure of 1,500 acres on the Highland Rim in Northwest Davidson County. Nancy is the President of the Friends of Beaman Park and is very knowledgeable about this new and exciting place for us to hike within a short distance of Murfreesboro.

Aug 18-20 – Weekend at Cloudland Canyon State Park (GA, near Chattanooga). By unanimous vote of all who went to Cloudland Canyon in May, we will again make it a weekend event! Camp or rent cottages, or come and join us for the day Saturday. You may make your reservations for a campsite or cottage online at www.gastateparks.org/info/cloudland. The West Rim Trail is calling us back! Too hot to hike? We will beat the heat by doing some cool things in Chattanooga. Saturday we will go to Rock City, and maybe Ruby Falls, or walk the world's longest pedestrian bridge, play in the fountains, and ride the carousel in Coolidge Park. More details will be sent out via email to our regular list. Contact Fount or Anna fwbertram@heartoftn.net 615-765-5357 for more information.

Aug 26 – Savage Gulf Day Loop Trail, Tracy City: This easy hike starts at the Savage Gulf Ranger Station and winds along the Savage Gulf Rim for about 4.2 miles. There is a suspension bridge on the way to the trailhead. Along the trail are several outstanding overlooks, and for a wee bit more effort there is a side trip down to Savage Falls. Hopefully, there will be enough water to cool us off. There are no hazards to speak of on the fairly level easy terrain, except for rock hopping if we go to the falls. You will want to bring snacks, and more drinking water than usual...the weather is likely to be hot. We will take our time. Dress appropriately for the forecasted weather and wear sturdy hiking shoes or boots. We'll eat a late lunch at Papa Ron's Italian-American restaurant in Monteagle afterwards. It may be possible to get a car pool together to leave from the Murfreesboro Sam's Club parking lot at 7:30 AM, but that is the wrong direction for Anna and myself. (Let me know if you are willing to take charge of the Murfreesboro carpool.) We will meet you in Manchester about 8:15 AM in the over-flow parking lot next to Crockett's restaurant, Exit 110 off I-24 --or about 9:30 AM at the Savage Gulf Ranger Station in the South Cumberland State Park. For more information and to register for the hike contact Fount Bertram at fwbertram@heartoftn.net or 615-765-5357

MURFREESBORO (cont)

Other August Hikes and Activities: To Be Announced – Since our scheduled hike planning in July was after the August newsletter deadline there may be more for August. Information will be sent via email about any additional hikes and activities. Please keep your email addresses up to date.

Planning Ahead

Sep ?? – Date to be announced Our 3rd Annual Yard Sale to benefit the Murfreesboro TTA Chapter's dwindling treasury. Please save your unwanted but usable items as you start your fall housecleaning. We will need many volunteers to work all or part of the day. More details will follow.

Sep 30 - National Public Lands Day: Trail building project continued at Bear Hollow Mountain. We will return to complete the day loop trail near the parking lot on the TN side of the Walls of Jericho. This is where we worked on National Trails Day with other Chapters in our area. Brent Morris, our TTA Member-At-Large for Middle TN will again direct us. This regional TTA event is registered with the National Public Lands Day Foundation. The work is moderate and the satisfaction unlimited! If you can do yard work you can do this! There will be door prizes and lots of other fun things. Local contact for our Chapter is Fount Bertram

Oct 6-8 – Annual Pumpkin Festival Weekend at Allardt, TN on the Cumberland Plateau: One of our most popular multi-Chapter events for many years! Mark your calendars now and plan to attend. We will camp, or rent cabins, at Pickett State Park. You may call 1-877-260-0010 for cabin reservations. There will be contests and a parade to enter, hiking, and much more . . . all for fun! Contact Fount Bertram for more information or to sign up fwbertram@heartoftn.net or 615-765-5357

Oct 20-22 - Annual Meeting at Land Between the Lakes National Recreation Area, hosted by the Clarksville Chapter. It's time to mail in your reservation form and money if you have not already done so. There will be hiking, awards, socializing, the big annual auction, and much more. This is open for the whole membership and everyone is encouraged to attend. This is the only time during the year the general membership is assembled to vote on important issues that impact the present and future of our organization.

Murfreesboro Chapter in the News! The July/August 2006 issue of the *TENNESSEE CONSERVATIONIST* magazine, pages 23-26, features the Murfreesboro Chapter and Barfield Crescent Park. It goes into detail about our rerouting one of our hiking trails to protect the timber rattlesnakes found nearby. Read it and be proud!

TTA Annual Meeting October 20-22, 2006

Registration Form Families: please provide the name of each member of your family attending.

Name _____ Name _____ Name _____ Name _____

Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____

Chapter _____ Email _____

REGISTRATION FEE Per Person is \$15.00 Number of Persons: _____ X \$15.00 Total \$ _____

LODGING

HUT – Dormitory style cabins equipped with comfortable bunk beds and mattresses, heat and air conditioning, modern restrooms and showers. We'll have separate huts for women and men. You will need to bring shower and bed linens or sleeping bag. If you have a preference of who you want to share a cabin with, please make a note and it will be honored if possible.

HUT Fee Per Night is \$18.00 Would like to share cabin with _____
 FRI NIGHT Number of Persons _____ X \$18.00 Total \$ _____
 SAT NIGHT Number of Persons _____ X \$18.00 Total \$ _____

CAMPING

Camping Fee Per Night Per Person is \$5.00
 FRI NIGHT Number of Persons _____ X \$5.00 Total \$ _____
 SAT NIGHT Number of Persons _____ X \$5.00 Total \$ _____

MEALS

FRI DINNER Number of Persons _____ X \$8.00 Total \$ _____
 SAT BREAKFAST Number of Persons _____ X \$5.00 Total \$ _____
 SAT LUNCH Number of Persons _____ X \$5.00 Total \$ _____

Please check type/quantity of sandwich: _____ Turkey _____ Ham _____ Cheese _____ Peanut Butter & Jelly
 SAT DINNER Number of Persons _____ X \$8.00 Total \$ _____
 SUN BREAKFAST Number of Persons _____ X \$5.00 Total \$ _____

Please check if you would like to request vegetarian meals. # People wanting Vegetarian Meals _____

TOTAL ENCLOSED \$ _____

Please make check payable to Tennessee Trails Association

Mail to: c/o June Miller If you have further questions, call June at: 931-648-4195.
 1002 Post Court stevjune42@charter.net
 Clarksville, TN 37043

Due to scheduling requirements at Brandon Springs, REGISTRATION MUST BE RECEIVED on or before October 1st, 2006. SORRY, REFUNDS CANNOT BE MADE AFTER October 1, 2006.

Detach and enclose this Registration Form with your check.

Directions to Brandon Springs at Land Between the Lakes:

FROM MEMPHIS: About 200 miles from Memphis. Take I-40 East to Hwy. 641 North. Take 641 North towards Paris. take Hwy. 79 North towards Dover. Just before Dover is a large, brown sign directing you to turn left for Land Bet Lakes (careful It's easy to miss!). Turn left on this road. In about 4-5 miles it turns into The Trace. Continue North past Welcome Station for 2 miles; Brandon Springs is on the right.

FROM NASHVILLE: About 90 miles from Nashville. Take I-24 West to US Hwy 79 (Exit 4). Take 79 to Dover. Stay o for 3 more miles to the LBL Southern Entrance (watch for a large brown sign directing you to turn right for LBL - careful to miss) Turn right; this road becomes the Trace, which is the main road through LBL. Turn right on this road. In about it turns into The Trace. Continue North past the South Welcome Station about 2 miles; Brandon Springs is on the right.

From Knox/Nashville: Once you've reached Clarksville...Clarksville – Dover = 26 miles Dover – The Trace = 5 miles The Trace – Brandon Springs – 7 mi

From Memphis: Reached Paris...Paris – The Trace = 19 miles

The Trace – Brandon Springs = 7 mi

TTA Signs will be posted within LBL. LBL Sign for Brandon Springs 2 miles past South Welcome Station.

**Annual Meeting Schedule of Events
Friday, October 20, 2006**

3:00 p.m. Check-in and registration
3:30 Hike or Canoe
6:00 Dinner & Entertainment
7:00 Program
9:00 Bonfire

Saturday, October 21, 2006

6:00 a.m. Coffee for Early Risers
7:00 Breakfast
8:00 Hikes begin departing
5:00 Dinner
6:00 Program – Dr. Wayne Chester
7:00 General Meeting & Awards
8:00 Live Auction

Sunday, October 22, 2006

6:00 a.m. Coffee for Early Risers
7:00 Breakfast
TBA Hikes depart
TBA Board Meeting

WOW

**Evan Means Small Grants Program
Deadline is December 31, 2006**

In February 2007, TTA's Board of Directors will award small grants memorializing Evan Means. The grants support special volunteer projects that are compatible with the chartered objectives of TTA: *promoting and developing a system of hiking trails in Tennessee as well as working for the conservation of natural resources*. Project proposals are due no later than December 31, 2006.

All chapters are encouraged to look within their local area, identify a special trail or park project, request and submit a formal grant application for the February 2007 Evan Means Small Grant Program Award.

Grant request in the range of \$300-\$600 are encouraged. However, if a project requires additional grant money, considerations will be made.

For additional information and an application, please write to:

Leigh Jones
TTA Grants Administrator
80 SW 254th ST
Newberry, FL 32669
352-472-3602
cejones9@bellsouth.net

The small grants program was established in February 1999 to honor Evan Means - journalist, author, conservationist, hiker, trail builder, originator of the Cumberland Trail, and co-founder of the Tennessee Trails Association. Mr. Means won countless awards for his work over the years to protect Tennessee's natural resources and beauty, as well as for his dedication to projects that allow hikers to enjoy this natural beauty.

**TTA's Annual Awards Nominations
Are Currently Being Accepted
Tennessee Trails Award
Bill Stutz Award
*Golden Squirrel Award***

You've heard about them, now it's time to nominate candidates for this year's annual awards - someone you feel best fits the description for any of the awards listed below. Please submit nominations to your local Chapter Officer by July 30. Your Chapter Officer will present nominations received to the Board of Directors during the August 5 Board of Directors' Meeting. (If your Chapter Officer is a candidate, and you wish to keep it a secret, you may submit your nomination directly to TTA's President, Anne Wesley.) Awards are issued each year during the October Annual Meeting.

The *Tennessee Trails Award* is presented for outstanding contributions to the Association and/or for the furtherance of trails and natural resource programs and opportunities within Tennessee.

The *Bill Stutz Award* is presented in honor of the late Bill Stutz, past TTA member and beloved hiker. The award is presented to an active hiker for his or her individual contribution to the Association or one of its chapters.

The *Golden Squirrel Award* is a "tongue-in-cheek" award and one we most often talk (and hear) about on the trails. Nominations are taken throughout the entire year and judged on a hike

MARK YOUR CALENDARS!
Start making plans now to attend
The annual meeting at Land
Between the Lakes
Brandon Springs on Oct 20-22,
2006!

Spring Cleaning???
Don't throw away your
"treasures"-
Donate them to TTA's Annual
Meeting Auctions!

SIXTEEN STEPS TO BUILDING A CAMPFIRE

1. Split dead limb into fragments and shave one fragment into slivers.
2. Bandage left thumb.
3. Chop other fragments into smaller fragments
4. Bandage left foot.
5. Make structure of slivers (include those embedded in hand).
6. Light Match
7. Light Match
8. Repeat "a Scout is cheerful" and light match
9. Apply match to slivers, add wood fragments, and blow gently into base of fire.
10. Apply burn ointment to nose.
11. When fire is burning, collect more wood.
12. Upon discovering that fire has gone out while our searching for more wood, soak wood from can labeled "kerosene."
13. Treat face and arms for second-degree burns.
14. Relabel can to read "gasoline."
15. When fire is burning well, add all remaining firewood.
16. When thunder storm has passed, repeat steps.

NASHVILLE CHAPTER

CHAPTER OFFICER: Jim Johnson
615-356-6246 jimjohnsonjr@gmail.com

OUTINGS COORDINATOR: Libby Francis
Libbyslibbys@Comcast.net

(email Libby & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT
TN Wildlife Resources Association meeting room at
Ellington Agricultural Center, 5105 Edmondson Pike. For
directions, visit: www.tennesseetrails.org/nashville.php

HIKING HOTLINE: 615-367-7045

August 5 Beaman Park First Saturday Hike
Nashville, TN. 9:00-12:00 CDT. Age level: 8--Adults. Don't miss this opportunity to take a guided hike with one of the many knowledgeable Friends of Beaman Park volunteers and explore the still new Beaman Park—it is 1,500 acres of forest on the Highland Rim and a natural treasure. Call Warner Park Nature Center 615-352-6299 for reservations and directions.

Aug. 10 (Thu) After Work Walk, Radnor Lake State Natural Area. Nashville, TN. This walk is E-A-S-Y, with level and flat terrain, and only about 2 miles long. We'll be walking the Spillway and Lake Trails and a very small segment of Otter Creek Road. Even though the days are getting shorter, we should have enough light to get us back at our cars before it gets really dark (feel free to bring a headlamp/flashlight). Twilight/dark is okay because this is the time when the wildlife should start stirring about in preparation for the night ahead.

NASHVILLE (cont)

Who knows what we may see/hear. No need for hiking boots, comfortable soft-sole shoes will suffice. Do bring water - just in case you get thirsty. We'll meet at 6:30 pm (CDT) in the parking area of the Radnor Lake SNA Nature Center just off of Granny White Pike. We should be finished by 7:45pm. No RSVP required. If you have questions, call Diane Manas at 615-352-7777.

Aug. 12 Radnor Lake State Natural Area Hike
Nashville, TN. We'll gather in the EAST Parking Lot (Otter Creek side) at 8:00 am, CDT. We'll hike Ganier Ridge and South Lake Cove. It'll be hot and we'll go slowly. Wear sturdy shoes and bring water. Probably about 4 miles. Call Robbie Benson for more info. Work 615-781-6504 Home 615-834-3614 or cell 615-419-1165 or e-mail Robbie.benson@atate.tn.us Hope to see you there.

Aug. 17 (Thu) After Work Walk, Radnor Lake State Natural Area. Nashville, TN. See Aug 10 above.

Aug. 19 Stones River Greenway Newcomer's Hike (suitable for all abilities) Nashville, TN. Join me for a lovely hike along the Stones River in Doneslon. We will meet at 9:00 o'clock, CDT at the Kohls Department Store on Lebanon Rd. and hike to the Percy Priest Dam and back. The hike lasts around 3 hours for a total of 6 miles. There are nice water views as well as sightings of great blue herons. Bring lots of water and wear comfortable shoes. Call Libby Francis at 615-889-5718 or e-mail, libbyslibbys@Comcast.net for more info. Bring money for lunch after the hike, if you want.

Aug. 26 Radnor Lake Volunteer Opportunity
Radnor Lake SNA. Nashville, TN. Join members of the hiking community, Friends of Radnor Lake, and REI to help with general trail maintenance. Radnor Lake SNA is one of Nashville's gems. Show your support by volunteering 3-4 hours to help with any number of projects that are constantly in progress such as mulching trails and clearing invasive exotics. No previous experience is required. You will be provided with ample instructions, supervision and materials; plus, water and FREE parking. See you at 8:00am, CDT at Radnor Lake's Visitor's Center. You should be done before noon and still have plenty of time in the day to get in a hike (with new friends) before departing the premise. For additional information, call the Radnor Lake Visitor's Center office at 615-373-3467.

Aug. 27 Old Natchez Trace/Garrison Creek Loop Hike
Near Leipers Fork, TN. Hike 6.3 miles through ridge top and creek side forests, up and down, winding in and out of small wooded coves and down the longest section of the Old Trace left in Tennessee. One wet creek crossing. Bring water, snacks, lunch and money for carpooling. Meet at Kroger on Hwy. 100 (across from Chaffin's Barn) at 9:00 am, CDT. For more information and to register call Garnett Rush at 615-352-7217 or e-mail rushga01@yahoo.com.

SODDY DAISY CHAPTER

This chapter is being reorganized. For further information, contact Charles Jones, East Tennessee Representative At-Large at cejones9@earthlink.net. In the interim, you are welcome to attend other chapters (13 to choose from) outings, events and meetings.

NORTHWEST CHAPTER (UT at Martin/Weakley County)

CHAPTER OFFICER: Jim Clark
731-587-2225 jclark@utm.edu

MEETINGS: usually the 2nd Thursday of each month at 7:00pm CT on the UT Martin Campus, Boling University Center, Rm 231, during the academic calendar, but call for confirmation, or visit our chapter website at www.utm.edu/~jclark/trails/

PLATEAU CHAPTER (Crossville)

CHAPTER OFFICER: James Hubert
931-459-4839 jhubert1@frontiernet.net

SECRETARY/TREASURER: Mitze Anderson
931-788-6731 Wanderso121@yahoo.com

MEETS MONTHLY: 2nd Thursday at 6:30pm CT
Art Circle Public Library's Community Room, 154 East 1st Street, Crossville

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information, or to get on an email list for the hikes, contact Bill Harris (931-484-9152) or Jim McCullough (sue1290@frontiernet.net). Rain cancels.

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at 931/484-9152 or e-mail Jim McCullough at sue1290@frontiernet.net. Rain cancels.

August 5. Newcomer's hike on the Pioneer Trail Long Loop at Cumberland Mountain State Park. Crossville, TN. This is an easy hike of 5 miles circling Byrd Lake. Meet at Cumberland Mountain State Park at 8 AM CDT. For more information and to register, contact James Hubert at 931/459-4839 or jhubert@frontiernet.net.

August 19. Pickett-Palooza, Pickett State Park, Jamestown, TN. This is a half dozen of Pickett's short trails mostly nested in a continuous route adding up to about 6 miles. We'll see a couple large natural rock bridges and several rock houses.

Meet at Cracker Barrel at 8 AM CDT. For more information and to register, contact Jim McCullough at 931/484-8222 or sue1290@frontiernet.net.

HEADS UP QUARTERLY BOARD MEETING

The 3rd Quarter Board of Directors Meeting will be held on Saturday, August 05 at 1:00 pm (central) at the TWRA Building at the Ellington Agricultural Center in Nashville, TN. All TTA officers and board representatives are required to attend this meeting. All TTA members are welcome and encouraged to attend also. Driving directions to the meeting location can be found www.tennesseetrails.org Click on "Nashville Chapter" to access the map to its monthly meeting location. If you have questions, please contact Anne Wesley at tthiker@msn.com or at 615-851-1052. See you there!

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICER: Richard
931-526-2035 savage_richard@hotmail.com

August 19 Mt. LeConte, Great Smoky Mountains National Park, Gatlinburg, TN. We will follow a section of the Appalachian Trail to the Boulevard Trail, which makes a gradual ascent of Mt. LeConte along a crooked ridge connecting the mountain to the main Appalachian chain. As the elevation never drops below 5000 feet on the ascent, temperatures should be pleasant. We will descend by way of the spectacular Alum Cave Bluff Trail. There are many excellent viewpoints along the Boulevard and Alum Cave Trails. The hike is about 13 miles and rated strenuous. Bring snacks, water, lunch, and wear sturdy hiking boots. For information and to register contact Pete Broehl 931-738-3551 or pabroehl@tnaccess.com

August 26 Chapter meeting, Join us at the home of Marnell Cothran in Sparta at 4:00. We will walk along the bluff line and the river. We will also have dinner so bring a covered dish. Afterwards we will plan hikes for the coming months and elect officers. To register contact Marnell Cothran at 931-738-5874 or leron@blomand.net.

HeadsUp

September 2,3 Porter's Creek to Newfound Gap, Great Smoky Mountains National Park, Gatlinburg, TN. The Porter Creek Trail is noted for its unsurpassed deciduous forest highlighted by huge tulip poplar trees. The first day we will hike 3.7 on this moderate trail to the Porter's Flat Camp where we will camp. The next day we will follow the non-maintained trail from the campground to its junction with the Appalachian Trail near Charlie's Bunion. This is a very difficult two-mile hike. We will then hike along the Appalachian Trail over Charlie's Bunion with its tremendous views about 4 ½ miles to Newfound Gap. Bring appropriate gear for an overnight hike. You can meet us at 7:00am CT at Cracker Barrel in Cookeville for breakfast or about 8:00 in the Penney's parking lot in Cookeville. For information and to register contact Richard Savage at 931-526-2035 or savage_richard@hotmail.com.

OFFICERS:

President

Anne Wesley 615-851-1052
ttahiker@msn.com

Vice-President

Rosemary Marshall 865-687-0670
Rosemary_L@hotmail.com

Treasurer

LouAnn Partington 931-393-4835
louannpartington@bellsouth.net

Secretary

Carolyn Miller 931-456-4465
cardan@frontiernet.net

Past President

Fount Bertram 615-765-5357
fwbertram@heartoftn.net

Previous Past President

Leigh Jones 352-472-3602
Cejones9@bellsouth.net

West TN At-Large Director

Don Dresser 731-668-4662
Donald Dresser@usit.net

Middle TN At-Large Director

Brent Morris 931-728-8726
brentmorris@ispwest.com

East TN At-Large Director

VACANT

Membership

Garnett Rush 615-352-7217
rushga01@yahoo.com

Cumberland Trail Conference

Representatives

Sandra Spearman 931-839-2320
sandbar@multipro.com

TN Rails To Trails Advisory Council

VACANT

CHAPTER REPRESENTATIVES ON THE BOARD
ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

Leslie El-Sayad editor@tennesseetrails.org

Newsletter Deadlines:

Deadlines for Chapter announcements
and articles of special interest
are due as follows:

Due	For Newsletter Dated
Aug 10	Sept 1
Sept 10	Oct 1
Oct 10	Nov 1

Articles submitted are subject to editing
and will be included as space permits.

Please send all submissions to:

editor@tennesseetrails.org

ADOPT-A-TRAIL NEWS

ADOPT-A-TRAIL OFFICER

Harold Draper 865-689-7757 h.m.draper@att.net

Have you considered ...

maintaining a particular trail or section of trail?

Through the cooperation of land managers, who periodically inform us of volunteer opportunities, TTA can put you in touch with several Adopt-A-Trail programs, or offer suggestions on how to approach local land managers in your area.

The Adopt-A-Trail program is quite simple and flexible. Volunteers or chapters select the trail they wish to adopt and at the same time determine the level of trail maintenance they wish to undertake. Their only commitment is to hike, inspect, and report on the trail's conditions and maintenance needs twice per year. Light trail maintenance (clipping, pruning, trash and minor blow-down removal) is encouraged during each inspection. Serious trail problems identified will be reported to the local land management agency for resolution.

**To publicize your next trail volunteer day,
contact Harold Draper at 865-689-7757**

TENNESSEE RAILS-TRAILS ADVISORY COUNCIL (TRAC)

WEBSITE www.TNRailsTrails.org

**TRAC is in the process of being reorganized.
Stay tuned for further information.**

MISSION: To act as a resource and mentor for the planning, development and management of rail-trails throughout the State of Tennessee for the purposes of appropriate recreation, preservation of rail corridors and alternate transportation, in order to benefit the general public, communities, commerce and tourism.

Tennessee Trails Merchandise Order Form

_____ TTA Patch6.00
Round embroidered patch, sew it on anything.

_____ TTA Window Decal3.00
A must for each car. Removable, no adhesives.

_____ TTA License Plate14.00
Perfect for the front bumper of your car.

_____ TTA 35th Anniversary Commemorative T-Shirt ...16.00*
Choose Size: Small / Medium / Large / X-Large
Choose Color: Sand / Yellow / Stone-Gray

_____ TTA 35th Anniversary Commemorative Patch6.00
Round embroidered patch commemorating TTA's 35th Anniversary, sew it on anything.

_____ TTA Flashlight Carabineer Key Ring, blue6.00

_____ *Shipping & Handling on T-shirt Orders ONLY!!! ..1.50

Name: _____

Address: _____

City: _____ State: __ Zip: _____

PHONE hm: (____) _____ wk:(____) _____

E-mail Address: _____

Mail your check payable to: Tennessee Trails Association
c/o Marietta Poteet, 525 Huckleberry Place
Monteagle, TN 37356

Please allow 4 weeks for delivery and prices shown include postage.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446
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NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

A NEW MEMBER

Aug 06

RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Garnett Rush 615-352-7217 rushga01@yahoo.com

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

- ___ Individual \$25.00
- ___ Family \$35.00
- ___ Student (FULL-TIME) \$15.00
- ___ Supporting (\$50.00, \$100.00 or more)
- ___ Life Member (Individual) \$500.00
- ___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Home Phone (___) _____ Zip _____ -- _____
Work Phone (___) _____
e-mail _____

Please do not list my e-mail address in the TTA Annual Membership Directory

Please list me with the following chapter:

- | | | | |
|-----------------------|---|--------------------------------------|--------------------------|
| ___ Big South Fork | ___ Cumberland Gap | ___ Memphis | ___ Plateau (Crossville) |
| ___ Clarksville | ___ East TN (Oak Ridge/Knoxville) | ___ Murfreesboro | ___ Soddy Daisy |
| ___ Columbia/Franklin | ___ Highland Rim (Manchester/Tullahoma) | ___ Nashville | ___ Upper Cumberland |
| ___ Cove Lake | ___ Jackson | ___ Northwest (UT at Martin/Weakley) | (Sparta/Cookeville) |
| | | | ___ At Large |

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.

Purchase Order

Tennessee Trails Association
P. O. Box 41446
Nashville, TN 37204-1446

July 17, 2005

Leslie El-Sayad
Home: 865-717-6246
Les1202@aol.com

Color Plus Printing
4825 Trousdale Dr, #102
Nashville, TN 37220

Leonard Chavaz
615-781-1071
cell ph: 615-207-0947
colplprt@bellsouth.net

Newsletter Printing

Cover Date: **August 2006**

Number of pages submitted
with this purchase order: 10 pages

Printed Paper size: two - 11 x 17 sheets
one - 8½ x 11 sheets
printed on 2 sides
11 x 17 pages to be folded in ½ by Color Plus

Paper Weight: 20 pound paper weight

Paper Color: white

Ink Color: black

Print Quantity: 800 pieces

Approximate Cost:

Send **TAX EXEMPT** Invoice to:

Tennessee Trails Association
P. O. Box 41446
Nashville, TN 37204

Leonard, please contact Jerry Hendrixson at 615-227-4595,
or 615-738-0582 to arrange:

- His picking newsletters up from you at Color Plus Printing or,
- Your delivering newsletters to his home or,
- Your delivering newsletters to June Parker's home in West Meade where the newsletter party I have no information about when the party will be
- I'm leaving on July 17 for Ireland. If you have any problems please contact me before then