

# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.*

SPONSOR FOR THE CUMBERLAND TRAIL



## Annual Meeting 2005

October 14 -16, DuBose Conference Center,  
Monteagle, Tennessee

**Fun, Food, Fellowship... And Foot Trails!  
Starting Friday!**

Swing your partner and do-si-do Friday evening October 14<sup>th</sup> on the top of Monteagle Mountain at the congenial and hospitable DuBose Convention Center! We've invited the well known Cumberland Trail State Park Manager, Bobby Fulcher, to teach us a few square-dance moves and call us a few numbers, accompanied by a toe-tapping blue grass band.

The band, *No Strings Attached*, is a 4 piece Bluegrass group (banjo, guitar, fiddle, bass) recently formed from a diverse group of seasoned musicians from the mythical musical breeding grounds of Marion and Grundy Counties in Tennessee. The front man for this lively group is James "5 String" Knight, a man who has been playing music for over 32 years. He has won several regional and national banjo awards over the years which led to a command performance on the Opry stage in 1994. The Bass player, Frank Higgins, started playing music at 12 with his well known family of old-school musicians led by legendary Charles Higgins. When asked about their music philosophy, front man Knight replied "If we can get the people dancing and having a good time, then we have done our job well...isn't that the way it's supposed to be?!". The band is being brought to us by our friend and fellow hiker, Michelle Russell, Proprietor of Tubby's Country Club in Monteagle.

A beautiful October night would not be complete without sitting around a campfire with friends, talking, telling ghost stories and making music. You are invited to bring your own musical instruments and ghost stories to share as we enjoy the flickering firelight after the other entertainment. Fount Bertram has agreed to tell one of his own haunting stories.

Other Friday afternoon and evening plans include an optional self-guided hike on Sewanee's Perimeter Trail, power point presentations by TTA members, displays from affiliated organizations and all TTA Chapters, and a buffet dinner available from 6:30 pm to 7:30 pm.

Friday will start out the 3 days and 2 nights of Fun, Food, Fellowship ... and Foot Trails ... with registration opening at 2:00 pm.

You may want to come early and enjoy it all.

## Come Hike With Us!

### Annual Meeting 2005 – So Many Choices!

Come, behold the beauty of the mountains and foothills bedecked in autumn splendor! Hike among the brilliant leaves in this natural paradise! This year's hikes at the Annual Meeting will not only be graced with the crisp air and brilliant colors of fall in the mountains but will have something for everyone at all skill levels and interests on both Saturday and Sunday. Departure times are staggered for smoother organization of car pools. A couple of the hikes will be offered both days. Here's a list of the planned hikes so far . . .

**Self-Guided Tour** - Bridal Veil Falls, 3 miles, rated moderate. Located near the University of the South Campus. Maps will be available. Suitable for a quick hike on Friday afternoon as well as on Saturday and Sunday.

#### Saturday- Easy Hikes

**Savage Gulf Day Loop**, This easy trail is 4.2 miles long and begins at the Savage Gulf Ranger Station. It winds along the Savage Gulf Rim with several outstanding overlooks and a side trip down to Savage Falls. There is a suspension bridge on the way to the trailhead. Sturdy shoes, lunch and water are required. The drive to the trailhead should be between 30-45 minutes. This hiking group will leave DuBose at 9:45 a.m.

**Grundy Forest Day Loop**, Tracy City, TN. Trail passes numerous waterfalls, a plunge pool, old growth trees and a cascading stream. The total distance is between 3.5 and 5 miles depending on whether or not Sycamore Falls is added. Drive time to trailhead from Monteagle is approx. 30 min. Departure for this hike will be at 10:00 a.m. (Will be offered Sunday.)

**Old Stone Fort State Archeological Park**, Manchester, TN. This hike is ideal for newcomers and beginners as well as seasoned hikers interested in experiencing a 2000 year-old Native American ceremonial ground nestled between two forks of the Duck River. Ancient mounds, walls, river cliffs, water falls, and the ruins of a turn of the century mill make this an interesting adventure. There is also a museum located near the parking area. This trail is 3 1/4 miles long and is rated easy. Driving time to the trailhead is approx. 45 minutes. Folks taking this hike will leave DuBose at 10:00 a.m.

**Sewanee (University of the South) Campus Tour**- This will be an interpretive sightseeing hike among the beautiful buildings and points of interest on the campus. The campus lands include the famous 17+ mile Perimeter Trail. *(Continued on Page 5)*

## *Walking with Fount*

I have just finished another round of mail to my elected representatives protesting yet another series of attacks on our environment. It seems like it has become an everyday occurrence that something else is proposed in our government to undermine our national treasures and wildernesses. I am tired of constantly having to spend my time in protests that may or may not have an effect on what happens in our governmental processes. It seems that whenever we make a step forward to protect an area, special interests manage to circumvent that progress with a back door approach that cancels the affirmative action. A good example is the controversial oil exploration of the Artic National Wildlife Refuge. It had been set aside as a permanent refuge for the delicate ecological balances that exist there. Attempts to violate this edict have been repeatedly rejected by both houses of congress. Big business interests however managed to attach an amendment to the national budget and managed to push it through...unless there is a major outcry from the public, there will be oil wells in the ANWR without a legitimate vote. This is but one example of what is happening under our very noses. If the ANWR proposal is allowed to stand, be prepared for similar circumstances in other national parks and reservations and off shore drillings in our coastal waters to increase drastically. It is our right and responsibility to let our elected officials know how we feel about these issues.

Don't forget to make plans now for participation in the upcoming National Public Lands Day. This is an opportunity to show your appreciation of what the public lands offer to us in hiking and outdoor experiences. Take a look at the information elsewhere in the newsletter for details. Please make every effort to be a part of a national endeavor to build and improve our outdoor opportunities.

Now that the worst of the extreme summer weather is beginning to abate, most of us will be thinking about that long strenuous hike we have been putting off. Now is the time to get the muscles stretched and honed and get out there and do them. Work is continuing on trails at Yanahli and the Walls of Jericho. Both these areas are going to furnish some quality hiking trails in the Southern Middle Tennessee region. If you haven't had an opportunity to hike those new areas, now is a good time to do it. TWRA has given us a free hand to plan, design and build foot trails in both these fantastic locations. The response has been fairly good, but we can use your help.

Our Annual Meeting is also looming large on the horizon and you need to make your plans now. Registration forms are included in this issue and you need to get yours in. Accommodations are going to be on a first come basis, so if you want a particular type, now is the time to get it reserved. We are anticipating a great turnout and we need you to help us make it an outstanding experience. See the write-ups in this issue for all the details. I look forward each year to seeing folks I only get to see at the Annual Meeting...I want to see you there this year!

Happy Trails...

Fount

## **Annual Meeting Tentative Schedule of Events (Central Time)**

### **Friday, October 14**

2:00 pm - Registration begins; also receiving items for auctions, sales, and displays

2:00 - 6:30 pm - Free time for self-guided hikes, sightseeing, or helping

4:00 - 6:30 pm - Cash Bar Opens (beer, wine, soft drinks, and water)

6:30 pm - Dinner Buffet served (until 7:30 pm for late arrivals)

7:30 pm - Cash Bar Reopens until about 11:30 pm

7:30 - 9:00 pm - Blue Grass Band - toe-tapping and square-dancing

7:30 - 9:00 pm - Power Point Presentations by TTA Members

9:00 - 10:30 pm - Campfire, amateur music, and ghost stories

### **Saturday, October 15**

6:15 am - Early Riser's Coffee in Lobby (with Bake Sale Goodies!)

7:00 am - Breakfast Buffet until 8:00 am and pick up \*sack lunches

8:00 am - Hikes begin at posted times

3:00 pm - Cash Bar open until dinner at 5:00 pm (*cont' on Page 11*)

## **2005 TTA Calendar**

The following dates in 2005 refer to statewide activities involving TTA as a whole. Please refer to this calendar often to help with planning a volunteer event in support of these major activities (and/or for preventing scheduling conflicts during one).

**Sep 24** National Public Lands Day

**Oct 14-16** TTA's Annual Meeting (Monteagle, TN)

**Oct 16** Board of Directors' Meeting (Monteagle, TN)

*\*Calendar will be revised as needed.*

## **Your Generosity Benefits All**

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

In the past, Supporting Member donations in excess of the regular dues were allocated to TTA's general operating fund. At the November 2001 Annual Meeting, TTA's Board of Directors voted to allocate Supporting Member donations to the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

## **TTA Annual Directory**

If you haven't provided your e-mail address yet, you stand a chance of it being left out of the upcoming annual directory. It is simple to do and will insure state of the art communication within the organization. Your e-mail address will not be shared, sold or exchanged with anyone else, so it is a secure disclosure. To have your e-mail address included, here is what you do...Go to [www.tennesseetrails.org](http://www.tennesseetrails.org) Click on the side menu under "Member Services"...Click on the "Change of Address" bullet...Go to the bottom of the address form and add your e-mail address. It's as simple as that...You don't need to change anything in your regular mail address. E-mail has become the major source of communication and we want you to be up to date with what is going on within TTA.

# National Public Lands Day

September 24, 2004

Mark your calendars now! NPLD will be September 24, 2005, with events taking place all over the country. If you or your chapter haven't designated one yet, there is still time. To have your site listed on the national register you need to go to <http://www.npld.com/> and follow the on-screen directions. They will send you materials to promote and publicize your event. You will also be eligible for some special promotions. It's an opportunity to give one day back to the support of our public lands that exist for our recreational enjoyment. Not too much to ask...



If you don't have a specific project, you can also get information about events in your area by clicking on the icon at the bottom of the NPLD page and selecting your state. That will bring up all the sites that are currently registered in the state. To date there are 11 sites listed for Tennessee. They range all the way from Reelfoot Lake to the Great Smoky Mountains National Park. TTA is sponsoring a trail building project at the Yanahli Wildlife Refuge near Columbia. We are hoping for a record turnout to complete a figure 8 loop trail at Cheek's Bend. This is a lovely 3+ mile trail with a passel of features. It has been laid out and flagged and needs to be completed. We are expecting some dignitaries to be there to dedicate the trail and the area as a recreation site. I know the governor has been invited to participate.

Tools and instructions will be furnished and we are anticipating a significant effort to get this trail completed. You will need to bring a lunch and snacks, plenty of water, work gloves and whatever other comfort items you need...sun block, insect repellent, etc. You should wear sturdy hiking type footwear and clothes that you don't mind getting dirty. You may want to bring a change of clothes for afterwards.

This is our chance to get out there and do something significant to insure quality hiking in Tennessee. I would like to know approximately how many to expect to be sure we have tools available for everyone. We will be joined by representatives of the state, TWRA and other groups to help build this trail.

Please contact me at (615) 765-5357 or [fwbertram@heartoftn.net](mailto:fwbertram@heartoftn.net) It will be cooling down by then and we can have a wonderful time!

Also, Big South Fork National River and Recreation Area will be hosting National Public Lands Day events this year on Saturday, September 24. TTA East Tennessee area members will meet at 7:30 am in Oak Ridge at the Food City on Illinois Avenue (State Highway 62) near Oak Ridge Turnpike (State Highway 95) to carpool or at 9:00 am at the Honey Creek trailhead in the park. We will work on vegetation removal on the trail. Other groups will be working in other areas, including No Business Creek and perhaps in Kentucky. Contact Harold Draper at 865-689-7757 or [h.m.draper@att.net](mailto:h.m.draper@att.net) for more information.

# 14<sup>th</sup> Annual Pumpkin Festival

## Allardt, TN!



The Great Pumpkin is hunkered down in his patch ready to spring forth at the 14th Annual Pumpkin Festival and Weigh-Off, September 30-October 1, 2005. It's happening at Allardt, TN on the Cumberland Plateau in the middle of Big South Fork Country. We will again be participating in the festivities with a float, cooking entries, events and hikes.

We will camp at Pickett State Park on Friday and Saturday nights and take part in a number of the events. We will decorate a pick-up float at the Allardt School at 11 am for the 1 pm parade. We'll hike the parade route tossing candy to the 100's of kids along the route...bring plenty of candy for this fun event. There are arts and crafts booths, antique car and tractor shows, beauty pageants, music and lots of food. For a nominal fee you can sample all the dishes made with pumpkin that will be entered...some of them will surprise and delight you.

This has become one of the fun activities for TTA throughout the years and we normally have 7-8 chapters represented each year. After the parade we will do a short local hike...either Colditz Cove/Northrup Falls or Magendantz Falls. Both are lovely hikes and well worth the trip if nothing else. We will share fun and fellowship camping at Pickett. Be prepared for any kind of weather...some years it's freezing and others it's hot. Regardless of circumstances, we always have a fantastic time!

If you want more information, you can go to <http://members.aol.com/TNpumpkin/fest.html> or contact me at...(615) 765-5357 or [fwbertram@heartoftn.net](mailto:fwbertram@heartoftn.net)

Fount

# CUMBERLAND TRAIL CONFERENCE

## CUMBERLAND TRAIL CONFERENCE STAFF:

Executive Director ..... Paul Freeman ..... *paul.freeman@frontiernet.net*  
Trail Development &  
Maintenance Coordinator Mark Stanfill *mark.stanfill@frontiernet.net*  
Office Manager ..... Nora Beck ..... *nora.beck@frontiernet.net*  
Bookkeeper ..... Janet D. Smith ..... *janet.d.smith@frontiernet.net*

Office Location 19 East 4<sup>th</sup> Street  
Crossville, TN 38555  
Office Hours 8am-5pm  
Phone: 931-456-6259  
Fax: 931-456-4934  
Email: *cumberlandtrail@rocketmail.com*  
Website: *www.cumberlandtrail.org*

## What's Happening? CTC Events.

### **September 9- 11, 2005 - Back Country Outing – Soddy Creek Gorge**

We will return to Soddy Gorge and continue the progress made during the BIG DIG. Participants will backpack in and set up over night camp at a designated location. You are asked to bring your back packing gear, food, and work clothes. Contact the office to register and for meeting place and times.

### **September 16- 18, 2005 - Back Country Outing – Soddy Creek Gorge**

We will return to Soddy Gorge and continue the progress made during the BIG DIG. Participants will backpack in and set up over night camp at a designated location. You are asked to bring your back packing gear, food, and work clothes. Volunteers can come for the weekend or just a day. We will make arrangements to meet you before hiking in. Contact the office to register and for meeting place and times.

### **September 16 - 18, 2005 - Front Country Outing - Smokey Mt Segment**

Tony Hook from Murfreesboro will be leading this trail maintenance outing in the Smokey Mt Segment. Participants will meet at the Cumberland Trail Trailhead at Bruce Gap each morning and leave from there. Those camping out will be camping at the Cove Lake State Park. Many trees are down, so we will focus on clearing the trail and doing any major repairs. Bring camping gear, food, work clothes, and chainsaws. Contact the office to register and for meeting place and times.

**September 17- 24, 2005 - 16th Annual Bicycle Ride Across Tennessee (BRAT)** - The 2005 BRAT is sponsored by Tennessee State Parks, The Tennessee Department of Transportation, and the Cumberland Trail Conference (CTC). Part of the proceeds from this year's event will go directly to the Cumberland Trail Conference. See the [BRAT](#) web site for details. The CTC is proud to be a part of this fun event and CTC volunteers are needed to help with a number of different tasks. For more information, or to sign up, please contact us.

**September 24 - 25, 2005 - Adopt-a-Trail Weekend** – This is a great weekend to do some trail maintenance in any segment of the CT! If you are a CT Trail Adopter please make an effort to hike your section or to let us know your plans for fall maintenance. If you are interested in Trail Adoption you can go to the CT web page and look under Adopt-A-Trail for open segments. You can co-adopt a segment with others. Adoptees can be individuals, families, scouts, hiking groups, or church groups.

**September 30 - October 2, 2005 - Volunteer Weekend** - A weekend dedicated to volunteer appreciation and a meeting-of-the-minds concerning the construction of the Cumberland Trail to be held at the Dogwood Church Camp in Soddy Daisy, TN. Trail and bridge construction plans and progress are reviewed. Trail quality and maintenance are discussed. Volunteers are treated to great music and food and everyone is expected to have a great time.

## Adopt-A-Trail: We Need Your Help

Due to our thrust to build new trail and the rash of storms over the last couple of years, trail maintenance on the Cumberland Trail has fallen behind in some areas. We need your help by adopting a segment of the Cumberland Trail. You can co-adopt with others if a favorite section is already adopted. Go to the Cumberland Trail webpage and see the Adopt a Trail page for a list of segments.

### **What do you have to do?**

- √ Walk the segment 3 or 4 times a year, especially in the spring.
- √ Do what you can. If you can run a chainsaw, great!
- √ Report to the office what you did and the condition of the trail.

Adoptees can be individuals, families, scouts, hiking groups, or church groups. For more information and to answer your questions, contact Mark Stanfill at *mark.stanfill@frontiernet.net*.

## (cont' from cover) **Come Hike With Us!**

This Episcopal Church owned institution of higher learning dates back to the ceremonial laying of the cornerstone in 1860, just months before the eruption of the Civil War. The campus is considered an historical and architectural gem which easily rivals those of Harvard and Yale. A short hike on a segment of the Perimeter Trail at the edge of the campus is anticipated. The total length for the campus and trail hike will be approximately 4 to 5 miles. More details to follow. Driving time from DuBose is 15 minutes and will leave for the tour at 10:30 a.m.

### Saturday-Moderate Hikes

**Greeter Falls to Stone Door**, Beersheba Springs, TN. This 6 mile one-way hike (with shuttle) is rated moderate for some uneven footing. Along the way we will enjoy the Upper and Lower Greeter Falls before moving on to Broadtree Falls and lunch at the Alum Gap camping area. After lunch we will take in the many scenic overlooks along the Big Creek Rim Trail as we work our way to the Stone Door ranger station. Drive time to the trailhead will be approx. 45 minutes. Departure time will be 8:30 a.m.

**Laurel Trail to Big Creek Rim Trail to Stone Door**, Savage Gulf State Natural Area: 7.1 mile loop rated moderate due to length. We will begin with the Laurel Trail, a 2.9 mile easy woodlands trail that begins at the Stone Door Ranger Station and ends at the Alum Gap campground. From there we will take the Big Creek Rim trail which is 3.2 miles (rated easy) and connects us to the Great Stone Door, we will hike along the bluff tops and have 4 major overlooks to enjoy. The last leg of our hike is the easy 1.0 mile Stone Door Trail from the Great Stone Door back to the parking area. Of course we will have time to enjoy the Great Stone Door Overlook which, at an elevation of 1,800 feet, provides spectacular views of the Big Creek Gulf area. The Great Stone Door is a crevice in the bluff that provided an ancient passage onto the bluff from the Chickamauga Trace Indian Trail below. If time permits and anyone still has strength we can hike down the crevice and explore the area below. Travel time to the trailhead is 30 minutes, and hikers for this trek will leave DuBose at 8:45 a.m.

**Short Springs Natural Area**, near Tullahoma, TN. An interpretive hike led by Dennis Horn, an author of the recently released TNPS book, *Wildflowers of Tennessee*. Short Springs is noted for rich ravines, waterfalls, and dripping springs. The hike will take us to the overlooks of both upper and lower Busby Falls. Here Bobo Creek descends sharply through a steep gorge lined with mountain laurel. We will then proceed to Machine Falls and descend steeply to the lower level and walk to the base of the falls, which is the primary destination for most visitors to Short Springs. After lunch we will continue the hike following the newly established loop trail to Adams Falls overlook; then return through a pawpaw thicket back to an overlook above Machine Falls. Continuing on the return loop brings us back to the parking lot via Newman Branch. If time permits we will then drive to Rutledge Falls. The hike difficulty is rated moderate because of the steep descent to Machine Falls. Otherwise the 4 mile round trip is easy and the pace will be slow to allow for interpretive narratives and appreciation of the natural features. You may take your new book along and get it signed. One hour driving time; will leave DuBose at 9:00 a.m.

**Savage Gulf North Rim Trail**, 7 miles. The North Rim Trail offers more overlooks than any other trail in the South Cumberland area and should be spectacular with the fall colors. The hike will begin at the Savage Gulf Ranger station and we will walk approx. 3.5 miles and then turn around and head back. There is a suspension bridge near the beginning of this trail. The trail is rated moderate due to length and some slight elevation changes. Travel time to trailhead is between 30-45 minutes, and hikers will leave DuBose at 8:30 a.m. (Repeats on Sunday)  
Saturday – Difficult Hikes (For Experienced Hikers in Great Shape)

**Buggy Top Trail**, Sewanee Natural Bridge, and Lost Cave, Carter State Natural Area, Sewanee, TN. We will stop for half an hour at the Natural Bridge, which is on the way to the Buggy Top Trail. The trail, 4.4 mile+ round-trip, is rated difficult because of the steep descent, a bit of maneuvering on rock, and the aerobic workout on the way back out. (+The entrance to the Lost Cove Cave is quite impressive and worth the effort. There will be a short walk into the cave for those that are interested.) The drive to the natural bridge is approx. 15-20 minutes from the DuBose Center, and this hiking group will leave the center at 9:00 a.m.

**Cumberland Trail-Rock Creek Segment** This hike will allow TTA members to experience hiking part of the trail they have been building and supporting since the birth of our organization. We will be hiking three trails, the Connector Trail, Rock Creek Loop, and the Upper Rock Creek Gorge. The total hike will be 9.5 miles and is rated strenuous due to the pace that will need to be kept to keep us on a 5 hour time frame. The hike will take us down into a gorge and up again, approximately a 300 foot elevation change each way. Destinations include Leggett Point and Rock Creek overlooks, three natural bridges, visits to Rock Creek, and one of the longest elevated rock platforms on the Cumberland Trail...442 feet start to finish. One 1/2 hour travel time to the trail head. In order to complete this awesome hike and get back to the DuBose Center by 4:00 p.m., we must leave the center by 7:30 a.m., and hike at a steady pace.

**Fiery Gizzard to Raven's Point**, Tracy City, TN - The first 1/2 mile of this beautiful hike will be on the Grundy Forest Day Loop. After crossing the bridge over Fiery Gizzard Creek we will continue on the Fiery Gizzard Trail past Sycamore Falls and hike out of the gorge up to Raven's Point overlook, a great place to eat lunch and watch the buzzards soar on rising thermals. We will exit Raven's Point on the Dog Hole Trail, which will lead us along the north rim of the ridge and then back down into the gorge to connect with the Fiery Gizzard Trail. We will retrace our way back to the trailhead. The hike is approx. 9 miles with a 500-foot elevation gain and rated strenuous due to the abundance of rocks and boulders and the steady pace. Sturdy shoes are a must. Drive time to the trailhead is approx. 30 min. Due to the length of this hike this group must leave DuBose at 8:00 a.m.

### Sunday-Easy Hike

**Grundy Forest Day Loop**, Tracy City, TN, 3.5 to 5 miles. (Repeated from Sat. ) Departure for this hike will be at 9:00 a.m.

*(Continued on Page 11)*



## Don't Miss an Outing ... Plan Ahead, Register Early!

Our hike coordinators are volunteers. Make it easier for them to contact you if hike needs to be cancelled by registering! There are times when a hike leader must limit (due to park regulations, etc.) the number of participants. Please do not wait until the afternoon or evening before the outing to RSVP. Plan ahead and register early.

### BIG SOUTH FORK CHAPTER

**CHAPTER OFFICER:** Thomas Howell

423-628-5521, [tshowell@nxs.net](mailto:tshowell@nxs.net)

**SECRETARY-TREASURER:** Benita Howell

423-628-5521 or 865-974-7797, [bhowell@nxs.net](mailto:bhowell@nxs.net)

**BOARD REPRESENTATIVES:** Tim and Lynn Takacs

615-824-7048, [lynntakacs@comcast.net](mailto:lynntakacs@comcast.net) or [ttakacs@comcast.net](mailto:ttakacs@comcast.net)

**OUTINGS COORDINATOR:**

(call & volunteer to lead an outing)

Eric Wilson 423-628-2817, [ericavi@nxs.net](mailto:ericavi@nxs.net)

**Sept 24** Bear Pen Hollow, Wayne County, KY near the TN line. Charles and Lavonne Gibbs will lead a hike on their private land in Bear Pen Hollow, an area with old growth forest and interesting rock houses to explore. The hike will be easy-to-moderate and about four miles round trip. Wear boots, appropriate clothing for the weather, and take water, snacks, and lunch. To carpool and caravan to the trail head, hikers should meet at Harrow Road Cafe in Rugby at 9:00 am ET, or at the MacDonalds in Jamestown at 8:45 am CT.

#### PLANNING AHEAD

**Oct 2-5** Rugby will celebrate the 125 anniversary of its founding with a reunion for descendants of former residents and a reenactment of the Opening Day ceremonies on October 5. We want to offer opportunities for hiking to the Gentlemen's Swimming Hole and Meeting of the Waters each day during the reunion and on the afternoon of October 5, when the original colonists walked on the newly-opened trails that are still in use today. You're invited to join these hikes or volunteer to lead one. Please contact Eric Wilson at [ericavi@nxs.net](mailto:ericavi@nxs.net) for more information. The October 5 celebration is a public event. For details, visit the Historic Rugby web site:

<http://www.historicrugby.org/events/125event.htm>

### CLARKSVILLE CHAPTER

**CHAPTER OFFICER:** Judith Tate

931-920-2692, [mamx4@charter.net](mailto:mamx4@charter.net)

**OUTINGS COORDINATORS:**

(call & volunteer to lead an outing)

J.R. Tate 931-920-2692

Suva Bastin 931-645-2849

Wanda McCluskey 931-906-3338

Sandi Hamilton 931-920-2760

**MEETING:** Monthly - 3<sup>rd</sup> Tuesday, 7:00 pm CT. Crow Community Center, 211 Richview Rd (Public is cordially invited!)

**Sept 3** Labor Day weekend; No Hike.

**Sept 10** Caney Fork Canoe Trip; Contact Bob Lyon for reservations/details 648-2354

**Sept 17** Cheatham Dam/Ashland City Tr. Overnight camping; 2 miles, easy; Sandy Janus 551-8523

**Sept 24** Red River Canoe Trip; Contact John Sneed for reservations/details 920-3828

## Attention: Hike Coordinators

A TTA *Release of Claims & Hold Harmless Agreement* form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our website:

[www.tennesseetrails.org/release.php](http://www.tennesseetrails.org/release.php)

## Carpool Etiquette

Gasoline prices have continued to roller coaster up and down. Please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it'll save time and prevent the inconvenience). Your driver is not a chauffeur. Assist him or her by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing. All passengers must wear seat belts to minimize the risk of injury in case of an accident!!! The drive is generally the most dangerous part of any hiking trip.

### COLUMBIA/FRANKLIN CHAPTER

**CHAPTER OFFICER:** Rick Lausten

615-373-0029, [saturncar1@aol.com](mailto:saturncar1@aol.com)

**OUTINGS COORDINATOR:**

(call & volunteer to lead an outing)

Tanya Juday 931-490-0856

**MEETING:** Monthly - 1<sup>st</sup> Tuesday at 6:30 pm CT

Grand Buffet (North of Spring Hill)

**Sept 10** Russell Smith will lead a hike of Mousetail Landing State Park near Linden. The Eagle Point Trail is an easy to moderate 8.2 miles. We'll depart from A&D Market on Lewisburg Pike (Hwy 431) at 8:00 am. Register with Russell at 615-373-0029 or at [saturncar1@aol.com](mailto:saturncar1@aol.com)

**Sept 24** Trail Building. Several chapters are getting together to build trails at the Yanahli Wildlife Management Area in Columbia. The trail we will help build is the Cheeks Bend Day Loop (4 miles) and it has already been laid out and flagged. More details later as to when we will meet, what to bring, etc. Please plan on this as it is in our backyard. For a map of the area go to:

<http://www.state.tn.us/twra/gis/wmapdf/Yanahli.pdf>

#### PLANNING AHEAD

**Oct 14-15-16** TTA Annual Conference. As we are one of three sponsoring chapters, we will have lots to do to help make the conference a success. We need hike leaders, hike sweeps for several of the hikes, people to help receive items for auction and for the white elephant sale, and volunteers for the live auction, bar (beer and wine), etc.

**Oct 29** Mossy Ridge Trail in Percy Warner Park. This 4.5 mile, moderate hike features elevation changes, springs, and hickory, oak and cedar ridges. We'll depart from the Deep Wells Trailhead (located about a mile north of Old Hickory on Hwy 100--look for the stone arch entrance) at 9:00 am. We'll finish off with lunch at Brueggers Bagel Bakery further north on Hwy 100 at the Hwy 70/100 split.

**Nov 19** Rick Lausten will lead a hike of Honey Creek Loop Trail in Big South Fork. This 5.6 mile trail is rated difficult, but it is spectacular for its variety of scenery, waterfalls, vistas and moderate rock scrambling. We will depart at 7:00 am from the A&D Market. It will take over 3 hours to get to the trailhead, so bring lunch to eat on the trail. Please register with Rick at 615-373-0029 or email at [saturncar1@aol.com](mailto:saturncar1@aol.com)

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## COVE LAKE CHAPTER

**CHAPTER OFFICER:** Richard Helm

423-562-1110, [Richard.Helm@ahss.org](mailto:Richard.Helm@ahss.org)

**CO-CHAIR:** Mari Haslam

423-562-3227, [pittsteelersfan@earthlink.net](mailto:pittsteelersfan@earthlink.net)

**MEETING:** Monthly - 2<sup>nd</sup> Monday at 6:00 pm ET

LaFollette Recreation Center's Craft Room, 201 S. 9<sup>th</sup> St.

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No hikes scheduled at this time. In the meantime, check out other TTA chapter hike listings and join a hike!

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## EAST TN CHAPTER (Oak Ridge / Knoxville)

**CHAPTER OFFICER:** Rosemary Marshall

[rosemary\\_1@hotmail.com](mailto:rosemary_1@hotmail.com)

**OUTINGS COORDINATOR:**

(call & volunteer to lead an outing)

Bob Uhren, [snowcap34@charter.net](mailto:snowcap34@charter.net)

**TREASURER:** Harold Draper, [h.m.draper@att.net](mailto:h.m.draper@att.net)

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**Sept 3** Joyce Kilmer-Slickrock Wilderness, Hangover Lead South Trail. 6.6 miles round trip, elevation gain of 2120 feet. Rated strenuous, not for beginners! Total hike time 5-6 hours. This steep trail ascends continuously from Big Fat Gap to the Hangover where 360 degree panoramic views of numerous mountain ranges can be enjoyed. Plan to bring plenty of water, food for lunch, sturdy hiking boots, hiking sticks, and money for supper. Optional supper at Pancho's Mexican Restaurant in Maryville. Meet at the Bi-Lo parking lot in Maryville on 411 South at 8:00 am. Contact Robert and Patty Paul at 865-983-1985 to register for this challenging hike!

**Sept 17** Cumberland Trail from LaFollette to Eagle Bluff: Continuing our exploration of the CT above Cove Lake State Park, we'll start at a well-established trailhead in LaFollette and hike back toward Cove Lake State Park at least to Eagle Bluff, farther depending on trail conditions. We'll climb from LaFollette to the top of the Plateau and hike along the ridgeline through rock outcrops and past expansive views of Powell Valley to the east. Distance 8-10 miles with a shuttle. Meet at 9:00 am at Cove Lake State Park at the Caryville exit of I-75 (#134); go right on US25W and soon turn left into the park. Take an immediate left toward the park restaurant and continue past the restaurant to the far parking area where there is a community bldg. and restrooms. From there, we will carpool to the trailhead. For more information and to register, contact Russ Manning at 865-494-8121 (H) or 865-257-0427 (cell) or preferably [rsmanning@aol.com](mailto:rsmanning@aol.com). Let Russ know if you want to carpool from Knoxville, and he'll put you in touch with others who have registered.

**Sept 24** Big South Fork National River and Recreation Area will be hosting National Public Lands Day events this year on Saturday, September 24. TTA East Tennessee area members will meet at 7:30 a.m. in Oak Ridge at the Food City on Illinois Avenue (State Highway 62) near Oak Ridge Turnpike (State Highway 95) to carpool or at 9:00 am at the Honey Creek trailhead in the park. We will work on vegetation removal on the trail. Other groups will be working in other areas, including No Business Creek and perhaps in Kentucky. Contact Harold Draper at 865-689-7757 or [h.m.draper@att.net](mailto:h.m.draper@att.net) for more information.

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## HIGHLAND RIM CHAPTER (Tullahoma Area)

**CHAPTER OFFICER:** Doug Ratliff

931-455-0249, [dougratliff@hotmail.com](mailto:dougratliff@hotmail.com)

**MEETING:** 3rd Tuesday, 7:00 pm CT

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**Sept 5** Lake party and hike, 11 am until ?, Bring picnic lunch (grill provided), optional 5-mile easy hike at 2 PM. Also available: swimming, paddle boating, kayaks, canoeing. Directions from Tullahoma: go to Winchester square and stay on business Hwy 64 west (courthouse will be on your left). Go about 2 miles from square and turn left onto Hwy 16 south. Go approximately 10 miles on Hwy 16 to Jehovah Jireh Lane (left) between mile markers 22 and 23 on top of Keith Springs mountain. Follow paved driveway to lake. Call Joette at (931) 698-0073 to register.

**Sept 20 MONTHLY MEETING** We will be meeting at the Ruby Tuesday restaurant in Tullahoma this month. We will be planning our hikes and events for the next several months. Guests are always welcome. See you at 7:00 pm at Ruby Tuesday.

**Sept 24**, National Public Lands Day. We will join with the other Middle Tennessee chapters in building a trail at the Yanahli Wildlife Management Area near Columbia. Contact Doug Ratliff at [dougratliff@hotmail.com](mailto:dougratliff@hotmail.com) or 931-455-0249 for more information.

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## JACKSON CHAPTER

**CHAPTER OFFICER:** Gary Cooper

731-424-5375 [gcooper52@yahoo.com](mailto:gcooper52@yahoo.com)

**MEETING:** Meeting: Monthly: 1st Tuesday at 7:00 pm CT Lambuth University, 705 Lambuth Blvd, Hyde Hall in basement on Maple Street. Look for TTA signs.

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**Sept 3** Mousetail Landing State Park, Parsons TN The 8-mile trail is rated moderate with some steep and rugged hills. Bring snacks, lunch and plenty of water. You have the option of carpooling from Jackson or meeting us at the Park's Visitor's Center. For more information/meeting times/registration contact Gary Cooper 731-424-5375 [gcooper52@yahoo.com](mailto:gcooper52@yahoo.com)

**Sept 6 MONTHLY MEETING** Hear about past and upcoming hikes and meet new friends. Guests and new hikers are always welcome.

**Sept 10** Nathan Bedford Forrest State Park-Camden, TN Join us for a 6-mile hike rated moderate over hilly terrain. Meet at the Park Interpretative Center of 9:30 a.m CT and bring snacks, lunch and plenty of water. To register and for carpool information call Gary Cooper at 731-424-5375 [gcooper52@yahoo.com](mailto:gcooper52@yahoo.com)

**Sept 24** Tunica River Park with Memphis Chapter- This is a joint hike with Memphis for more information contact Gary Cooper 731-424-5375 [gcooper52@yahoo.com](mailto:gcooper52@yahoo.com).

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## MEMPHIS CHAPTER

**CHAPTER OFFICER:** Carolyn Pierce  
901-755-5635, [cedpierce2000@yahoo.com](mailto:cedpierce2000@yahoo.com)

**BOARD REPRESENTATIVE:** Gloria Lenski  
901-213-0604, [glorialenski@yahoo.com](mailto:glorialenski@yahoo.com)

**MEETING:** Monthly (Sept - May) 3rd Thursday at 7:00 pm  
Meeting Location: Cordova Library, 8457 Trinity Rd. 901-754-8443  
Located off Germantown Parkway east on Trinity Rd. 1 1/8 mile. On the right - shares an entrance with Bert Ferguson Community Ct.

**Sept 15 MONTHLY MEETING** We are excited to have Glen Rogstad, a member of the Jackson TTA Chapter, give an overview of this year's TTA Annual Meeting location. Glen will share the wonders of the Monteagle/Sewanee, South Cumberland Recreation Area, a great place for hiking. And a bonus...he will have information on the Walls of Jericho trail which will be on the list of annual meeting hikes. Join us at 7:00 pm at the Cordova Public Library for this interesting and informative meeting.

**Sept 17** Village Creek State Park near Forrest City, AR. This Arkansas state park atop Crowley's Ridge features hiking trails that meander through a mature forest on the prominent ridge. The trail provides scenic vistas of Lake Austell and a portion of the trail follows the historic Old Military Road (built in 1829) then connects with the Lake Dunn trail which features a swinging bridge over Village Creek. Join us for a 6-mile hike rated easy to moderate. Bring lunch and plenty of water. Carpoolers meet at 8:15 a.m. at Memphis Welcome Center on Riverside Drive or meet at Village Creek Park Visitor Center at 9:30 am. Directions: Take exit 242 off I-40 at Forest City, then 13 miles north on Hwy 284 and follow it 11 miles to the entrance to the Park approx (1 hour west of Memphis). For more information call Freddi Felt at 901-685-9915. [www.arkansasstateparks.com](http://www.arkansasstateparks.com)

**Sept 24** Tunica River Walk See a new view of the mighty Mississippi River. The Tunica interpretive River Park exhibit focuses on the relationship of the Delta, its wildlife, the levee system and the economic impact on the region. Located next to the museum, the ecotrail of 1.9 miles winds through the wetland forest. Join in on this short hike and tour the museum afterwards. There is a small fee for the museum. Directions: take Highway 61 to Tunica and follow the signs to Fitzgerald's Casino. Turn left at the riverpark entrance. Meet by the river at 10:00 a.m. Questions, contact Carolyn Pierce at 901-755-5635.

**Oct 1** Social Walk, Germantown Greenway. Memphis Newcomers Welcome! Meet us at 9:00 a.m. at the Chick-Fil-A on Germantown Pkwy and the corner of Wolf River Blvd. This is an easy 4-mile walk through a portion of the Germantown Greenway. For information call Woody Pierce at 901-755-5635.

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## MURFREESBORO CHAPTER

**CHAPTER OFFICER:** Anna Bertram (also Board Rep.)  
615-765-5357, [abertram@heartoftn.net](mailto:abertram@heartoftn.net)

**OUTINGS COORDINATOR:**  
(Call & volunteer to lead an outing)  
Ron Dunn

615-867-3301, [trekkingtn@yahoo.com](mailto:trekkingtn@yahoo.com)

**MEETING:** Monthly - 2<sup>nd</sup> Tuesday at 7:00 pm CT  
Barfield-Crescent Park's Wilderness Station  
697 Barfield Rd., Murfreesboro

**Sept 3-5** Backpack the Labor Day weekend in the Twentymile/Gregory Bald area of the Great Smoky Mt National Park The highlights of this difficult 18.1-mile hike will be Gregory's Bald, hiking part of the A.T., and solitude.

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## (cont') MURFREESBORO CHAPTER

**(cont') Sept 3-5** There will be many spectacular views, if the weather permits, as we will reach a height that is just shy of 5000 ft. Beginning at the Twentymile Ranger station we will hike up the Twentymile trail to the A.T. where we will camp at campsite #113. Sunday morning will be our long, strenuous day as we continue on the A.T. to the Gregory Bald Trail. We will take the Wolf Ridge Trail to campsite #95. Monday morning we will slide down the mountain as we return to the Twentymile Ranger station. There is a limit of 6 hikers on this trip. Good physical condition and stamina are a must! To register please e-mail Tammy Day at [tday@comcast.net](mailto:tday@comcast.net).

**Sept 10** Murfreesboro New Comer/Beginner Hike. Join us for a trek to the Jack Daniels Distillery in Lynchburg TN. We'll do the distillery tour, maybe meander through the historic streets of Lynchburg and enjoy some down home barbeque. For more information contact Jeanne' Hoehst-Ronner at 890-9084 or [hoaxie@comcast.net](mailto:hoaxie@comcast.net).

**Sept 13 MONTHLY MEETING** Pre-Annual Meeting Party, and Pep Rally! We'll make it fun as we fine-tune our plans for the Annual Meeting in October. The TTA will furnish beverages and disposables. Feel free to bring goodies to share, such as cookies, cupcakes, chips, and dips, etc. Don't forget to send in your registration now for the Annual Meeting if you have not already done so.

**Sept 24 - NATIONAL PUBLIC LANDS DAY - TRAIL BUILDING IN YANAHLI** Pay back time! Be a part of this exciting project in the Yanahli Wildlife Management Area near Columbia. More trails in Middle TN means less driving to distant locations when planning interesting hikes in the future! This is relatively easy terrain for trail building. On-the-job training for "newbies". Tools will be furnished for those who do not have them. Pre-register with Fount Bertram [fwbertram@heartoftn.net](mailto:fwbertram@heartoftn.net) or 615-765-5357

**Sept 30 - Oct 2** Pumpkin Festival Weekend at Allardt, TN, near Jamestown. This is a Multi-Chapter Annual Event. As usual we'll enter a pickup truck "float" in the parade, enter contests, shop for crafts, have day hikes, and more. Camping and cabins at Pickett State Park, Jamestown, TN. (Park Office: 931-879-5821; Cabin Reservations: 1-877-260-0010.) Contact Fount Bertram [fwbertram@heartoftn.net](mailto:fwbertram@heartoftn.net) or 615-765-5357 for details and to signup.

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## NASHVILLE CHAPTER

**CHAPTER OFFICER:** Jim Johnson  
615.356.6246, [jimjohnsonjr@gmail.com](mailto:jimjohnsonjr@gmail.com)

**OUTINGS COORDINATOR:**  
(call & volunteer to lead an outing)  
Nancy Juodenas, [njuodenas@hotmail.com](mailto:njuodenas@hotmail.com)

Sue Waldrop

**MEETING:** Monthly - 4<sup>th</sup> Tuesday at 7:00 pm CT  
TN Wildlife Resources Association meeting room at Ellington Agricultural Center, 5105 Edmondson Pike\*\*

**HIKING HOTLINE - 615-367-7045**

**FYI Sept 3** Beaman Park First Saturday Hike 9-noon Age level: Adults, 8+ Registration opens August 19. Don't miss this opportunity to take a guided hike with one of the many knowledgeable Friends of Beaman Park volunteers and explore the still new Beaman Park - it's 1,500 acres of forest on the Highland Rim and a natural treasure! Leader: Friends of Beaman Park. Call 615-325-6299 for reservations and directions.



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## (cont') NASHVILLE CHAPTER

**Sept 3** Sewanee Perimeter Trail This is 12 miles and rated moderate due to the distance. We will have bluff views in several directions and waterfalls. Be sure to bring snacks, and appropriate boots and clothing. We will meet 9am at Target on Bell Rd. Call Brian Dion at 615-331-7331 or e-mail [Brian.Dion@state.tn.us](mailto:Brian.Dion@state.tn.us).

**Sept 5** Beat the Heat Sunrise Hike on the Warner Woods and Mossy Ridge Trails in Warner Park. Nashville, TN. Better reach for your coffee as soon as your alarm clock goes off, or you're going to miss this hike entirely. These 2 trails total 7 miles and are rated moderate due to several short hills, uneven terrain and speed (approx. 2-2½ miles/hr) at which we will be hiking - gotta beat the heat! Wear sturdy hiking shoes, and bring water and snacks. Afterward, we will regroup for coffee and a snack close by at either Bread & Company or Bruegger's Bagel Bakery (bring \$ to pay for your coffee/snack). We'll meet at the park's entrance at 5:45 am CT (yep, not a typo!) at the end of Belle Meade Blvd (at the flagpole), hit the trail shortly thereafter and be finished around 9:00 am. For additional information, call Diane Manas at 615-352-7777.

**Sept - every Wednesday – after-work hikes** Meet at the Deepwell parking area in Percy Warner Park at 5:00 for a fast paced after work/get the stress out hike. We will try to do the 4.5 mile loop before dark. This could get chancy towards the end of the month so we may change the route, as the days get shorter. Call Nancy Juodenas at 615-319-8811 for more information

**Sept 10** "Rails to Trails" in Ashland City It is an 8-mile hike maximum and is as flat as a pancake. Great view of the Cumberland River. Bring plenty of water and money. We could go to Stratton's or Riverview for lunch afterwards. We would meet at Kroger on Charlotte Ave. at 8:00 am. Interested hikers should call Pat Dillon at 646-5351 to register.

**Sept 10** Rock Creek Loop in Big South Fork NRRRA. This trail follows old logging and mining railroad beds and alongside the picturesque Rock Creek. The 11 mild distance makes it moderate to difficult. If interested call Marietta Poteet at 615-824-7286, [mattheml@bellsouth.net](mailto:mattheml@bellsouth.net) or Jim Poteet at [jpoteet@genesco.com](mailto:jpoteet@genesco.com).

**FYI Sept 10** Saturday, Beaman Park Volunteer Work Day 9 a.m.-noon Age level: Adults Call to register Join Friends of Beaman Park for a fun workday of trail maintenance and roadside litter pick-up. Wear your sturdy shoes and clothes you won't mind getting dirty. Tools provided. Contact Nancy Dorman at 615-299-9586 for information and directions. Leader: Friends of Beaman Park

**Sept 11** Bearwaller Gap Trail in Carthage This Corps of Engineers & #8217; trail extends from Tater Knob Overlook above the Cordell Hull Dam to Defeated Creek Recreation Area on Cordell Hull Lake for a total of 5.7 miles. The trail provides many dramatic overlooks from the bluffs, and often we spot wild turkeys, turkey vultures, and waterfowl.

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## (cont') NASHVILLE CHAPTER

**(cont') Sept 11** This is a one-way hike and requires a car shuttle between the Tater Knob Overlook and Defeated Creek Recreation Area. The trail is rated moderate for the several rolling hills we will climb. Bring snacks, lunch, water, and wear hiking boots. Meet at the Kinko's parking lot on Donaldson Pike at 9:00am. Contact Brian Dion at 615-331-7331 or [Brian.Dion@state.tn.us](mailto:Brian.Dion@state.tn.us) if you have questions

**FYI Sept 17** Beaman Park Full Moon Walk 7-9 p.m.

Age level: Adults, 8+ Registration opens September 2 Walk while the moon is full! Don't miss this chance to enjoy the Park at night – watch the sunset, the moonrise and the nocturnal wildlife become active. Leaders: Friends of Beaman Park and the Sierra Club Call 615-325-6299 for reservations and directions.

**Sept 25** Fall Creek Falls this 3.4-mile hike features spectacular views of Cane Creek Cascades, Rockhouse Falls and Falls Creek Falls. We'll make the steep descend to the bottom of Fall Creek Falls, witness 325 million years geologic development, see one of the few remaining stands of virgin forest, and finally enjoy cool spray and pool at the bottom. Hike rated easy overall, but difficult climb down/back from base of falls. We will meet at 8am Kinko's on Donelson Pike. Contact Brian Dion at 615-331-7331 or [Brian.Dion@state.tn.us](mailto:Brian.Dion@state.tn.us) if you have questions.

**Sept 27 MONTHLY MEETING** Our guest speaker is Don Galbreath of the State of Tennessee's Agricultural Department Water Resources Section. And yes, that all fits on his calling card. Don will present a program on the Ellington Water Walk. It's a greenway system on the Ellington Agricultural Center campus that's designed to be a pleasing hike as it also draws your attention to water quality and water usage issues. Plus, the trail will eventually connect with Metro's greenway system. This month, our meeting takes place at the TWRA Region 2 Headquarters building on the Ellington Campus, just off Edmondson Pike. Call Dave Walton for more information at 292-1384.

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## NORTHWEST CHAPTER (UT at Martin / Weakley County)

**CHAPTER OFFICER:** Jim Clark

731-587-2225, [jclark@utm.edu](mailto:jclark@utm.edu)

**MEETING:** usually the 2nd Thursday, call for confirmation or visit our chapter website. Meetings start at 7:00 pm CT UT Martin Campus, Boling University Center, Room 231

**WEBSITE:** [www.utm.edu/~jclark/trails/](http://www.utm.edu/~jclark/trails/)

No hikes scheduled at this time. In the meantime, check out other TTA chapter hike listings and join a hike!

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## PLATEAU CHAPTER (Crossville)

**CHAPTER OFFICER:** Terry Brophy  
931-707-7234, [tpbrophy@multipro.com](mailto:tpbrophy@multipro.com)

**SECRETARY/TREASURER:** Myra Holloway

**MEETING:** Monthly - 2<sup>nd</sup> Thursday at 6:30 pm CT, Art Circle Public Library's Community Room, 154 East 1<sup>st</sup> Street, Crossville

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There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Haynes at 931-707-7606 or e-mail [sue1290@frontiernet.net](mailto:sue1290@frontiernet.net) for details. Rain cancels.

### **Sept 8 MONTHLY MEETING** Fount Bertram, TTA

President will give a visual and narrative presentation about the past, present and future of the TTA. Please join us. Meet at 6:30 pm at the Community Room of the Art Circle Public Library.

**Sept 10** North Chickamauga Pocket Wilderness, Soddy-Daisy, TN. This hike features fine views of Chickamauga Gulch, waterfalls, and old coal mining structures. The hike is about 7 miles long and rated moderate. We will meet at 8:00 am CT at Cumberland State Park, Crossville, TN at the boat launch. For more information and to register, contact Bill Harris at 931-456-9152.

**Sept 24** Nemo Bridge to Alley Ford on the Obed Wild and Scenic River Segment of the Cumberland Trail, Wartburg, TN. Come explore the forest and walk along the Obed River on this popular segment of the CT. This 6 mile hike starts at the Nemo Bridge and gradually ascends to the top of the gorge passing bluffs along the way. Meet at the Dairy Queen on Genesis Road at 8:00 AM CDT. For more information and to register, contact Gene or Myra Holloway at 931-788-1724 or by e-mail at [genetn1@hotmail.com](mailto:genetn1@hotmail.com) for details.

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## SODDY DAISY CHAPTER

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This chapter is being reorganized. For further information contact the T.T.A. President, Fount Bertram, at 615-765-5357 or [fwbertram@heartoftn.net](mailto:fwbertram@heartoftn.net) In the interim, you are welcome to attend other chapters (13 to choose from) **outings, events and meetings.**



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## UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

**CHAPTER OFFICER:** Richard Savage  
931-526-2035, [savage\\_richard@hotmail.com](mailto:savage_richard@hotmail.com)

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**Sept 3-4** Porter's Creek Trail, Great Smoky Mountains National Park, Gatlinburg, TN. This trail is noted for its unsurpassed deciduous forest highlighted by huge tulip poplar trees. The trail is 3.7 miles one way and is rated moderate. The graded trail terminates at the Porter's Flat Camp where we will camp. Those not wanting to spend the night may now return to the beginning. It is also possible to follow a non-maintained trail up from the campground towards Charlie's Bunion. You can meet us at 7:30am CT in the Penney's parking lot in Cookeville. For information and to register contact Kathleen Gordzelik at 931-520-6294 or [gkhs@multipro.com](mailto:gkhs@multipro.com).

**Sept 10** Paw Paw, Woodland, and Gorge Overlook Trails, Fall Creek Falls State Park, Pikeville, TN. We will hike the Paw Paw Loop, rated easy, including the spur trails to the overlooks for a hike that is about 4 1/2 miles. Those interested may also hike the Woodland and Gorge Overlook Trails, rated moderate, for a total of about 6 1/2 miles. The trails feature overlooks of waterfalls and of the gorges. Bring snacks, water, and lunch. You can meet us in the Penney's parking lot in Cookeville at 8:30 am CT or at the US Bank across from McDonald's in Sparta at 9:00 am. For information and to register contact Hix Stubblefield at 931-526-2312 or [hixstubl@citlink.net](mailto:hixstubl@citlink.net).

**Sept 17** Roan Mountain State Park - Carver's Gap, Roan Mountain, TN. There are a number of hikes available. You may meet us at 5:00 pm CT on Friday, September 16 (place to be arranged) or at 7:00 am CT on Saturday, September 17 in the Penney's parking lot in Cookeville. Those traveling on Friday will have a Saturday morning hike and the entire group will meet at Carver's Gap Roan Mountain at 12:00 noon CT for an afternoon hike. All hikes will be moderate. For information and to register contact Guy Zimmerman at 526-1574 or [guyz@charter.net](mailto:guyz@charter.net).

**Sept 24** Rock Creek Loop, Big South Fork NRR, Jamestown, TN. This trail follows Rock Creek for part of its length. Other interesting features are the old railroad beds which are used for part of the trail. The hike is 7.5 miles and is rated moderate. Bring snacks, water, and lunch. You can meet us in the Penney's parking lot in Cookeville at 8:00am CT. For information and to register contact Richard Savage at 931-526-2035 or [savage\\_richard@hotmail.com](mailto:savage_richard@hotmail.com).

**Oct 1** Snake Den Ridge - Low Gap loop, Great Smoky Mountains National Park, Cosby, TN. We will hike the Low Gap Trail from Cosby Campground to its junction with the Appalachian Trail which we will follow to its junction with the Snake Den Ridge Trail which then descends back to Cosby Campground. Highlights include the varied forests we will encounter with beautiful deciduous forests at the lower elevations and spruces and firs in the higher elevations. The hike is 13 miles and is rated very strenuous because of the length and the elevation changes. For information and to register contact Richard Savage at 931-526-2035 or [savage\\_richard@hotmail.com](mailto:savage_richard@hotmail.com).

## (cont' from Page 2) Annual Meeting Tentative Schedule of Events

### Saturday, October 15

5:00 pm – Dinner Banquet (casual attire - clean hiking clothes)  
6:25 pm – Silent Auction closes before the business meeting begins  
6:30 pm – State-Wide Business Meeting for All Members  
Presentation of Annual Awards  
Cumberland Trail Conference Speaker (30 minutes)  
Southeast Foot Trails Coalition Speaker (30 minutes)  
8:30 pm- Cash Bar re-opens & payments accepted from  
Silent Auction winners  
9:00 pm – Live Auction Begins, followed by payment from winners  
11:30 pm or ? – Cash Bar Closes

### Sunday, October 16

6:45 am – Early Risers Coffee in Lobby (with Bake Sale Goodies!)  
7:30 am - Breakfast buffet open until 8:30 A.M.; pick up \*sack meals  
7:30 am - Early checkout begins for hikers  
8:00 am – Hikes begin according to posted times  
9:00 am – Fourth Quarterly Board of Directors Meeting  
1:30 pm – Checkout time ends and all displays removed

\* Sack meals (breakfast and lunch) are only available to those who pre-ordered them on the registration form.

## (cont' from Page 4) Come Hike With Us!

### Sunday- Easy/Moderate Hikes

**North Rim Trail in Franklin State Forest** - Rated moderate rather than easy because of the 7 mile length and a short, steep descent at the beginning of the trail. Experience this seldom hiked but beautiful area of the South Cumberland Plateau. A land of hardwood forests, sandstone bluffs, two waterfalls, mountain laurel, and scenic overlooks. The drive to the trailhead from the DuBose Center is only about 15-20 minutes, and the group will depart at 8:30 a.m.. This hike can easily be shortened if the group decides they need to head home sooner.

**Green's View through Shake Rag Hollow to Piney Point**, approximately 5 miles of the Sewanee Perimeter Trail. A favorite of the Highland Rim Chapter, this hike is rated moderate because of distance, but the trail is relatively level throughout. More information to follow. The distance to the trailhead is about 15 minutes from DuBose, and the hikers will leave at 8:45 a.m.

### Sunday- Moderate Hike

**Savage Gulf North Rim Trail with Suspension Bridge**, 7 miles. (Repeated from Saturday.) Hikers will leave the DuBose Center at 8:30 a.m.

### Sunday- Difficult Hikes (For Experienced Hikers in Great Shape)

**Walls of Jericho**, 7 miles Since it will take approximately one hour to reach the trailhead from the DuBose Center, hikers will need to check out of DuBose and be ready to leave by 8:00 a.m. Both a sack breakfast and sack lunch can be ordered on the registration form. (A full description appeared in the August issue of the newsletter.)

**Mullin's Cove – Cumberland Trail**, 10 miles Part of the Tennessee River Gorge segment of the Cumberland Trail. Drive time to the trailhead is approx. one hour from DuBose. Hikers will need to check out of DuBose and be ready to leave by 8:00 a.m. Both a sack breakfast and sack lunch can be ordered on the registration form. (A full description appeared in the August issue of the newsletter.)

Please contact Mark about any of the programs.  
**NOTE:** Due to the numerous hikes being offered we are recruiting volunteer co-leaders or “sweeps” from other Chapters. If you wish to help with a hike contact: Tammy Day [ilday@comcast.net](mailto:ilday@comcast.net) at 615-904-0009; or Anna Bertram at [abertram@heartofn.net](mailto:abertram@heartofn.net) 615-765-5357)

## ARE YOU READY FOR THE ANNUAL MEETING 2005?

### Chapter Check List:

- \*5 (or more) quality items for the auction
- \*Other items for the Silent Auction?
- Tabletop display of Chapter activities
- TTA Logo merchandise (If cleared with Annual Meeting Planning Committee)
- \*Have you pre-registered your auction items with the Auction Coordinator?

### Member Check List:

- Registration Form sent
- Musical instrument for campfire?
- Ghost story to tell?
- White Elephant items for rummage sale
- \*Other items for the silent auction?
- Baked goods and other homemade goodies
- Hiking boots or shoes
- Back pack or fanny pack
- Checkbook and/or cash for auctions, bake sale, white elephant sale

**\*NOTE: Please help by pre-registering auction items via email to the Auction Coordinator, Jaye Kiblinger [javekib1@comcast.net](mailto:javekib1@comcast.net) or phoning her at 615-898-1291.** All that is needed for each item is a brief description (i.e. Kelty hydration pack), the estimated dollar value, name of contributor, and the name and Chapter of the TTA member.

FOUNDERS ● HIKERS ● TRAILS  
 YESTERDAY ● TODAY ● TOMORROW

2005 TTA Annual Meeting Registration Form  
 October 14 – 16, 2005  
 DuBose Conference Center  
 Monteagle, Tennessee  
**DUE ON OR BEFORE SEPTEMBER 14, 2005**

**Families:** Please provide the name of each member of your family attending.\*\*\*

Name: \_\_\_\_\_ (Sex: M F) Name: \_\_\_\_\_ (Sex: M F)

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_  
 (\_\_\_\_\_) Email: \_\_\_\_\_

Chapter: \_\_\_\_\_

**LODGING** – The following accommodations are available. **Reservations are on a first come, first serve basis. It is to your benefit to register as soon as possible.**

**BISHOP'S HALL:** This facility offers 32 motel-style rooms, each with private bath, double bed(s) and individually controlled heat and air conditioning. It adjoins the main building center.

Sold out! Single Occupancy.....	\$44.00/per person	# of nights _____	Total \$ _____
*Double Occupancy.....	\$30.00/per person	# of nights _____	Total \$ _____
*Rooming with: _____			

**CLAIBORNE HALL:** Historic main building includes 43 individually decorated dorm-style rooms, each with one or two single beds. Rooms are located on second and third floor; and are served by bathrooms in the hall of each building.

Single Occupancy.....	\$30.00/per person	# of nights _____	Total \$ _____
*Double Occupancy.....	\$21.00/per person	# of nights _____	Total \$ _____
*Rooming with: _____			

**NEW CABINS:** Two new cabins; each accommodates 24 people in two large sleeping rooms with bunk style beds.

Per Person, Per Night.....	\$15.00/per person	# of nights _____	Total \$ _____
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**TENT CAMPING:** \$5.00/per night/per person. No electrical and water hook-ups available. Campers will use the facilities in the New Cabins.

# of nights _____	Total \$ _____
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**MEALS** – (Friday Dinner, Saturday and Sunday Breakfast will be served buffet style)

FRIDAY	Dinner	# of People _____	x	\$ 14.00	Total \$ _____
SATURDAY	Breakfast	# of People _____	x	\$ 6.50	Total \$ _____
	Sack Lunch	# of People _____	x	\$ 8.50	Total \$ _____
	Dinner	# of People _____	x	\$ 14.00	Total \$ _____
SUNDAY	Breakfast	# of People _____	x	\$ 6.50	Total \$ _____
	*Sack Breakfast	# of People _____	x	\$ 4.00	Total \$ _____
	*Sack Lunch	# of People _____	x	\$ 8.50	Total \$ _____

\* These will be for those that plan on hiking and will need to leave early on Sunday.

\_\_\_\_\_ Check here if vegetarian meals are required.

<b>REGISTRATION FEE</b>	# of People _____	x	\$ 15.00	Total \$ _____
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(This registration fee is not refundable and cannot be pro-rated. The full amount is required of each applicant, regardless of the number of days attending.)

**TOTAL ENCLOSED \$ \_\_\_\_\_**

\*\*\* List any additional names on the back of the form and please list sex of each person. This will aid us when assigning rooms.

Please complete this Registration Form and mail it with a check for your lodging, registration fee and meals made payable to:

Tennessee Trails Association c/o Barbara Draude, 2506 Branch Place, Murfreesboro, TN 37130  
 Phone: 615-895-5546 [bdraude@comcast.net](mailto:bdraude@comcast.net)

## OFFICERS:

**President**  
 Fount Bertram 615-765-5357  
*fwbertram@heartoftn.net*

**Vice-President**  
 Anne Wesley 615-851-1052  
*ttahiker@msn.com*

**Treasurer**  
 LouAnn Partington 931-393-4835  
*louannpartington@bellsouth.net*

**Secretary**  
 Carolyn Miller 931-456-4465  
*cardan@frontiernet.net*

**Past President**  
 Leigh Jones 931-484-5298  
*cejones9@earthlink.net*

**Previous Past President**  
 Libby Francis 615-889-5718  
*libbyslibbys@comcast.net*

**West TN At-Large Director**  
 Jerry Lenski 901-255-6574  
*jlenski@yahoo.com*

**Middle TN At-Large Director**  
 Brent Morris 931-454-1718  
*bmorris@edge.net*

**East TN At-Large Director**  
 VACANT

**Membership**  
 Garnett Rush 615-352-7217  
*rushga01@yahoo.com*

**Cumberland Trail Conference Representatives**  
 Sandra Spearman 931-839-2320  
*sandbar@multipro.com*

**TN Rails To Trails Advisory Council**  
 VACANT

CHAPTER REPRESENTATIVES ON THE BOARD  
 ARE LISTED WITHIN EACH CHAPTER'S HEADER

**Newsletter Editor**  
 Tina Dean *editor@tennesseetrails.org*

## Newsletter Deadlines

Deadlines for Chapter announcements  
 and articles of special interest  
 are due as follows:

Due                      For Newsletter Dated

May 5 ..... June 1

June 5 ..... July 1

July 5 ..... August 1

Articles submitted are subject to editing  
 and will be included as space permits.

Please send all submissions to:  
*editor@tennesseetrails.org*

## ADOPT-A-TRAIL NEWS

### ADOPT-A-TRAIL OFFICER:

Harold Draper 865-689-7757 *h.m.draper@att.net*

### Adopt-a-Trail of the Month

Frozen Head State Park trail volunteer days: May 21, June 4, July 16, August 20, September 17, and October 19. Meet at 9:00 a.m. at the Visitor Center on Flat Fork Road off of State Route 62 east of Wartburg. For more information call 423-346-3318. To publicize your next trail volunteer day, contact Harold Draper at [h.m.draper@att.net](mailto:h.m.draper@att.net).

### Have You Considered ...

#### Maintaining a particular trail or section of trail?

Through the cooperation of land managers, who periodically inform us of volunteer opportunities, TTA can put you in touch with several Adopt-A-Trail programs, or offer suggestions on how to approach local land managers in your area.

The Adopt-A-Trail program is quite simple and flexible. Volunteers or chapters select the trail they wish to adopt and at the same time determine the level of trail maintenance they wish to undertake. Their only commitment is to hike, inspect, and report on the trail's conditions and maintenance needs twice per year. Light trail maintenance (clipping, pruning, trash and minor blow-down removal) is encouraged during each inspection. Serious trail problems identified will be reported to the local land management agency for resolution.

## TENNESSEE RAILS-TRAILS ADVISORY COUNCIL (TRAC)

website: [www.TNRailsTrails.org](http://www.TNRailsTrails.org)

**TRAC is in the process of being reorganized. Stay tuned for further information.**

**MISSION:** *To act as a resource and mentor for planning, development, and management of rail-trails throughout the State of Tennessee for the purposes of appropriate recreation, preservation of rail corridors, and alternate transportation, in order to benefit the general public, communities, commerce and tourism.*

### Tennessee Trails Merchandise Order Form

\_\_\_\_\_ TTA Patch .....6.00  
*Round embroidered patch, sew it on anything.*

\_\_\_\_\_ TTA Window Decal .....3.00  
*A must for each car.*

\_\_\_\_\_ TTA 35<sup>th</sup> Anniversary Commemorative T-Shirt ...16.00\*  
*Choose Size: Small / Medium / Large / X-Large*  
*Choose Color: Sand / Yellow / Stone-Gray*

\_\_\_\_\_ TTA 35<sup>th</sup> Anniversary Commemorative Patch .....6.00  
*Round embroidered patch commemorating TTA's 35th Anniversary, sew it on anything.*

\_\_\_\_\_ Flashlight Carabiner Keyring, Blue with TTA logo.6.00

\_\_\_\_\_ \*Shipping & Handling on T-shirt Orders ONLY!!! 1.50

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone hm: (\_\_\_\_) \_\_\_\_\_ wk:(\_\_\_\_) \_\_\_\_\_

E-mail Address: \_\_\_\_\_

*Mail your check payable to: Tennessee Trails Association  
 c/o Marietta Poteet, 324 Raintree Drive  
 Hendersonville, TN 37075*

*Please allow 4 weeks for delivery and prices shown include postage.*

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED

First Class Mail  
U.S. Postage Paid  
Nashville, TN  
PERMIT NUMBER 4053



**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**  
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.  
**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .** Sept 05

**A NEW MEMBER**

**RENEWING MY MEMBERSHIP**  
Memberships are for one year, unless you have a Lifetime Membership.  
Gift Memberships are also available. Contact our Membership Director,  
Garnett Rush 615-352-7217 [rushga01@yahoo.com](mailto:rushga01@yahoo.com)

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

*PLEASE, PRINT CLEARLY.*

<input type="checkbox"/> Individual \$25.00	Name _____	
<input type="checkbox"/> Family \$35.00	Address _____	
<input type="checkbox"/> Student (FULL-TIME) \$15.00	City _____ State _____	
<input type="checkbox"/> Supporting (\$50.00, \$100.00 or more)	Home Phone (____) _____ Zip _____ -- _____	
<input type="checkbox"/> Life Member (Individual) \$500.00	Work Phone (____) _____	
<input type="checkbox"/> Life Member (Family) \$750.00	e-mail _____	

Please do not list my e-mail address in the TTA Annual Membership Directory

**Please list me with the following chapter:**

<input type="checkbox"/> Big South Fork	<input type="checkbox"/> Cumberland Gap	<input type="checkbox"/> Memphis	<input type="checkbox"/> Plateau (Crossville)
<input type="checkbox"/> Clarksville	<input type="checkbox"/> East TN (Oak Ridge/Knoxville)	<input type="checkbox"/> Murfreesboro	<input type="checkbox"/> Soddy Daisy
<input type="checkbox"/> Columbia/Franklin	<input type="checkbox"/> Highland Rim (Manchester/Tullahoma)	<input type="checkbox"/> Nashville	<input type="checkbox"/> Upper Cumberland
<input type="checkbox"/> Cove Lake	<input type="checkbox"/> Jackson	<input type="checkbox"/> Northwest (UT at Martin/Weakley)	<input type="checkbox"/> (Sparta/Cookeville)
			<input type="checkbox"/> At Large

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

**As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.**



## Purchase Order

Tennessee Trails Association  
P. O. Box 41446  
Nashville, TN 37204-1446

Tina Dean  
865-774-1070

August 22, 2005

Color Plus Printing  
4825 Trousdale Dr, #102  
Nashville, TN 37220

Leonard Chavaz  
615-781-1071  
cell ph: 615-207-0947

## Newsletter Printing

Cover Date:

**September 2005**

Number of pages submitted  
with this purchase order:

14 pages

Printed Paper size:

three - 11 x 17 sheets  
One – 8.5 x 11 sheet  
printing on 2 sides  
11 x 17 pages to be folded in ½ by Color Plus

Paper Weight:

20 pound paper weight

Paper Color:

white

Ink Color:

black

**Print Quantity:**

**900 pieces**

Approximate Cost:

Send **TAX EXEMPT** Invoice to:

Tennessee Trails Association  
P. O. Box 41446  
Nashville, TN 37204

**Leonard,**

Mr. Henderson (Chief Wagee) will be handling the printed copies – the newsletter will need to be ready by August 29<sup>th</sup>. Thank you! Tina Dean \*Please call 865-660-2495 if you have any conflicts.