

# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.*

SPONSOR FOR THE CUMBERLAND TRAIL



## Annual Meeting 2005

October 14 -16, DuBose Conference  
Center, Monteagle, Tennessee

Fun, Food, Fellowship... And Foot Trails!

You won't want to miss this one! Not only is DuBose Conference Center known for its hospitality, it offers great food, comfortable accommodations, and a location near an abundance of great hiking trails . . . all at a reasonable cost. (Over 14 hikes planned!) In addition, we will be the only guests of DuBose during our Annual Meeting. This will help us feel more at home and make it easier to get acquainted with other people of similar interests

It is to your advantage to fill out a Registration Form and get it into the mail as soon as possible if you have not already done so. All accommodations will be on a first come, first serve basis.

As in past years it is requested that each TTA Chapter donate at least 5 quality items for the Live Auction. These items are usually new, unless their value has been made greater by the passing of time. Examples that have been donated in the past include sleeping bags, tents, trekking poles, backpacks, water hydration systems, and even handmade bed quilts.

In addition there is a Silent Auction. Usually this category includes some gently used equipment similar to the items listed for the live auction, new items of lesser value (including hiking books), plus gift certificates for services, overnights, restaurants, etc. Last year there were several antiques offered on the silent auction: wooden croquet set, earthenware pitcher valued at over \$100.00, Chinese Checker Board, and framed artwork. Use your imagination!

Sometimes there is a fine line between items for one auction or the other and the auction "staff" reserves the right to place any item into the auction that will probably bring the best bids. *(Continued on Page 4)*

## Come Hike With Us!

Annual Meeting 2005

We're looking for people who love to hike! Our search includes adult hikers in all sizes and degrees of physical fitness. We want fast hikers, slow hikers, long distance hikers, short distance hikers, beginner hikers, flower-sniffing hikers, overlook-loving hikers, and picture-taking hikers too! This year's meeting will offer a wide variety of hikes with something for everyone.

Also, for the first time there will be a full range of hikes from which to select on Sunday too. There will be easy and moderate hike options as usual. In addition there will be some challenging, longer hikes on the agenda that could not be included in the Saturday schedule. For this reason we have made special arrangements with DuBose for Sunday. Those choosing to go on the longer hikes on Sunday (Walls of Jericho and Mullins Cove) may order both a sack breakfast and a sack lunch when filling out their registration forms . Also those opting to do these longer hikes on Sunday must check out of DuBose before leaving for their hikes. This will save them time when they come off the trail and are ready to start home.

The Walls of Jericho is probably one of the most beautiful sites in the Southeast. If you're up for a challenge you should give it a try. This is a long turn-around hike for experienced hikers in great shape. Total distance is about 7 miles, about half of which is on relatively flat, but rocky, trails. The other half involves a steep descent and ascent.

The story goes that it was named by a circuit riding preacher lost in this wilderness. He was so awed by the rock walls surrounding him he named the area for the Biblical Walls of Jericho. "The Walls" is made up of over 21,000 acres straddling the Tennessee-Alabama border used for preservation as a wilderness and recreation area. It is approximately a one hour drive from DuBose, located just south of the small town of Winchester, Tennessee. The trail head is about 1 ½ miles over the Alabama line, while most of the trail lies in Tennessee. *(Continued on Page 4)*

## *Walking with Fount*

The response was good for the challenge for National Trails Day for work on the CT. The Memphis Chapter did their observation the weekend before to take advantage of the long Memorial Day Weekend. They had 6 volunteers show up and did some excellent trail work on the CT. Murfreesboro, Plateau, East Tennessee and Highland Rim all had representatives on the NTD weekend and we had a good trail building sessions and an excellent time dancing and fellowshipping. Murfreesboro was the overall winner with 11 volunteers. I have had reports of other activities state-wide as well. Clarksville had 8 volunteers show up for trail work at Land Between The Lakes. Cove Lake had a 6 member outing to the Devils Racetrack on the north end of the CT. The Columbia/Franklin Chapter has a major showing with an entourage of 14 participants on a hike to Garrison Creek of the Natchez Trace. It looks like we were well represented for the event. A big "thank you" to everyone who participated.

We have another challenge coming up as National Public Lands Day approaches. It will be on September 24 this year. We have a project that is already registered and we are actively seeking volunteers to swell the ranks and make it a significant outing. Trail work is progressing at the Yanahli Wildlife Management Area in Maury County. This is the site of what was to be a TVA lake on the Duck River. The lake project was abandoned and the 12,800 acres turned over to the Tennessee Wildlife Resource Agency for management. TWRA in turn, has asked that the acquisition be made into a multi-use recreation facility. That has prompted them to commission the TTA to assist in getting foot trails installed. It is a wonderful area with dozens of features. There is a 35 mile river route on the Duck River. Trail work has already begun and we need help in completing the Cheeks Bend Day Loop. This is where we will concentrate our efforts on NPLD. Please mark your calendars right now to take part in this momentous undertaking. It is particularly meaningful for the Columbia/Franklin Chapter since it is right in their back yard. It will also be readily accessible for the Highland Rim and Murfreesboro Chapters and right down I-65 from the Nashville Chapter as well. By seeing that we have good hiking trails in Middle Tennessee it will eliminate long travel times for some of our hiking needs.

Also, be making your plans for our Annual Meeting. Complete information and registration forms are in this issue. We hope to have another record turnout for our gathering this year. We will be honoring some of the founders of TTA at this years meeting. Come and let them how much you appreciate their foresight and efforts to have TTA become what it is today.

As we plan our hikes and outings for the coming months, be sure you take weather conditions into serious consideration. Heat prostration is no trivial matter.

Dehydration is also a very serious condition. As hikers and hike leaders, let's be sure we are aware of our fellow hikers as well as ourselves. Take at least half again as much water as you think you will need and be ready to share if necessary. Drink often...even if you don't feel thirsty. We want to enjoy the outdoors and do it safely.

Happy Trails everyone...

Fount

## **2005 TTA Calendar**

The following dates in 2005 refer to statewide activities involving TTA as a whole. Please refer to this calendar often to help with planning a volunteer event in support of these major activities (and/or for preventing scheduling conflicts during one).

- Aug 6** Board of Directors' Meeting (Nashville)
- Sep 24** National Public Lands Day
- Oct 14-16** TTA's Annual Meeting (Monteagle, TN)
- Oct 16** Board of Directors' Meeting (Monteagle, TN)

*\*Calendar will be revised as needed.*

## **Your Generosity Benefits All**

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

In the past, Supporting Member donations in excess of the regular dues were allocated to TTA's general operating fund. At the November 2001 Annual Meeting, TTA's Board of Directors voted to allocate Supporting Member donations to the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

## **TTA Annual Directory**

If you haven't provided your e-mail address yet, you stand a chance of it being left out of the upcoming annual directory. It is simple to do and will insure state of the art communication within the organization. Your e-mail address will not be shared, sold or exchanged with anyone else, so it is a secure disclosure. To have your e-mail address included, here is what you do...Go to [www.tennesseetrails.org](http://www.tennesseetrails.org) Click on the side menu under "Member Services"...Click on the "Change of Address" bullet...Go to the bottom of the address form and add your e-mail address. It's as simple as that...You don't need to change anything in your regular mail address. E-mail has become the major source of communication and we want you to be up to date with what is going on within TTA.

# CUMBERLAND TRAIL CONFERENCE

## CUMBERLAND TRAIL CONFERENCE STAFF:

Executive Director ..... Paul Freeman ..... [paul.freeman@frontiernet.net](mailto:paul.freeman@frontiernet.net)  
Trail Development &  
Maintenance Coordinator Mark Stanfill [mark.stanfill@frontiernet.net](mailto:mark.stanfill@frontiernet.net)  
Office Manager ..... Nora Beck ..... [nora.beck@frontiernet.net](mailto:nora.beck@frontiernet.net)  
Bookkeeper ..... Janet D. Smith ..... [janet.d.smith@frontiernet.net](mailto:janet.d.smith@frontiernet.net)

Office Location 19 East 4<sup>th</sup> Street  
Crossville, TN 38555  
Office Hours 8am-5pm  
Phone: 931-456-6259  
Fax: 931-456-4934  
Email: [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com)  
Website: [www.cumberlandtrail.org](http://www.cumberlandtrail.org)

## Adopt-A-Trail: We Need Your Help

Due to our thrust to build new trail and the rash of storms over the last couple of years, trail maintenance on the Cumberland Trail has fallen behind in some areas. We need your help by adopting a segment of the Cumberland Trail. You can co-adopt with others if a favorite section is already adopted. Go to the Cumberland Trail webpage and see the Adopt a Trail page for a list of segments.

### What do you have to do?

- √ Walk the segment 3 or 4 times a year, especially in the spring.
- √ Do what maintenance you can. If you can run a chainsaw, great!
- √ Report to the office what you did and the condition of the trail.

Adoptees can be individuals, families, scouts, hiking groups, or church groups. For more information and to answer your questions, contact Mark Stanfill at [mark.stanfill@frontiernet.net](mailto:mark.stanfill@frontiernet.net).

## Thank you!

Our sincere thanks go out to all the many people who washed dishes, cleaned the dining room, scrubbed pots and pans, washed dishes, took out the garbage, washed dishes, swept and mopped the floor, washed dishes, scrubbed pots and pans, and washed dishes during BreakAway and Big Dig 2005. Your cheerful willingness to help with this not-so-fun work made our days in the kitchen much easier. Several people worked frequently at the sinks and sterilizer, and your presence was duly noted and much appreciated.

And to all those who helped cook the meals, we can only say thank you, thank you, thank you. Getting all those meals on the table was truly a group effort and with your help we served some good food.

Clean kitchen, happy cooks, healthy appetites add up to a successful BreakAway/Big Dig 2005.

-Betty Porter  
-Ray Haley

## Big Dig III The CTC Story Continues!

The completion of the Big Dig III on June 25 adds another milepost (8 of them, actually!) to the history of the Cumberland Trail's construction. The Rock, Possum and Soddy segments of the CT have been a challenge to build, going through extremely rocky (but extremely beautiful) country. Some bridges remain to be built, as well as a few other special projects, but the report as of June 30 is that the trail on Rock Creek segment is finished, Possum Creek segment has less than a half mile remaining to be built (it's fully open for hiking), and 7.5 miles remain to be constructed on the Soddy segment.

CTC continues to cherish all our volunteers who come out to help put this already legendary trail on the ground. The 250 men, women, and youngsters who volunteered during the Big Dig are champions in our view – they gave 10,200 hours of corridor clearing, chain-sawing, duff raking, root trimming, sidehill cutting, rock-step building, weeding, blazing, tool sharpening, floor mopping, and cooking during the Big Dig. Champions All!

As usual, the volunteers came from near and far. We're especially proud of the 26 TTA members who added their sweat equity to the project. To guide the volunteers, Mark Stanfill assembled a banner staff team with the help of Jim Hardy of Crossville, and Jim Davis of Pigeon Forge. Volunteer work crews were led by an excellent group of young people: Matthew Toro of Florida; Henry Kim of California; Ashley Honeysett, Sarah Tanis, and Lindsay Gillett of Michigan; Nate Allen of Illinois; Joshua Morris-Siegel of Massachusetts; and Christopher LeBlanc of Georgia. Two state park seasonal employees worked with us as well – Joseph Decosimo of Signal Mountain and Anthony Jones of Jamestown. We thank them all for their service, and look forward to seeing them return to the trail they've built. After all, once the Cumberland Trail gets in your blood, there's no forgetting it!

AmeriCorps, as always, was a significant addition to the effort. When the Cumberland Trail is finished, special recognition will be owed to a number of individuals and groups – AmeriCorps will be right up there near the top. (*cont' on Page 9*)

## **(cont' from cover) Annual Meeting 2005**

We will ask that all auction items be registered online with us prior to the Annual Meeting and we will give each Chapter Officer instructions on this in the near future. This will decrease the amount of work and confusion as the items arrive on Friday.

Then there is the White Elephant Sale, which is similar to a yard sale, but this year it will be held upstairs and called "Elephants in the Attic". Just clean out your cupboards, closets, nooks, and crannies and bring these little elephants with you when you come. There will be tables set up for prices ranging from 25 cents to \$10.00. Just place your stuff on which ever table you think is appropriate. These items can be just about anything small enough to carry up a flight of stairs, but clothing (other than hiking or camping gear) does not sell well. Used books, movies, household and camping items, decorative candles, vases, figurines, Christmas wreaths, and hand tools are just a few items on the bargain tables in past years.

No Annual Meeting should be without a Bake Sale! This year it will be in the lobby near the dining room, handy to add to back and fanny packs before taking off on the trails. Also, about 45 minutes before breakfast there will be fresh, hot coffee available in the lobby too! Early morning coffee and goodies can be purchased on the honor system. We're counting on all TTA cooks to bring their homemade goodies again, packaged for individual purchase.

Displays will be near the lobby. Not only will we see the usual displays we want to start something new this year. We want each Chapter to bring a table top display! It doesn't have to be fancy and we're not looking for a professional job. It would be nice to see pictures of your hikes and activities over the year.

Campfire tales and ghost stories will set a fall mood. If the weather permits Friday evening we plan to have a campfire after the indoor entertainment. In the "old days" the Annual Meetings were held the last weekend of October, making the telling of ghost stories inevitable. Fount has agreed to tell one in honor of the past, and we hope others will also! If you play a banjo, guitar, uke, mandolin or dulcimer . . . please bring it along!

There will be TTA Merchandise for Sale. All Chapters are welcome to peddle their wares. However, according to TTA Board regulations each Chapter must clear this in advance with the Annual Meeting Planning Committee. The hosting Chapters always have first choice so there are no duplications. Contact Anna Bertram [abertram@heartoftn.net](mailto:abertram@heartoftn.net) or 615-765-5357

Undecided yet about attending this year's Annual Meeting? Just look at the awesome list of hikes planned for this event and you're bound to change your mind!

## **(cont' from cover) Come Hike With Us!**

We will allow 6 hours for the hike, with a stop for lunch.

The Walls of Jericho includes the headwaters of the Paint Rock River, which is home to 17 varieties of rare mussels. Two of them are found nowhere else but the Paint Rock River watershed. Several streams have to be crossed on the hike down so plan on getting wet and dress accordingly. Also know that stream levels rise quickly during thunderstorms and crossing them can be hazardous in swift water. The trail is often muddy for days after a rain shower. Even in dry weather the return trip out of the gorge will be strenuous due to a 1,000 foot ascent...

In the bowl-shaped canyon of rock, water shoots out of holes and cracks in the rock following heavy rains. It is part of a 60,000-acre tract once owned by Texas oil baron Henry Lee Carter. When he died in n 1977, the "Walls of Jericho" property was sold and closed to visitors. Only this past spring was the area re-opened for the public. If you have not yet had a chance to experience it for yourself this could be your opportunity!

We will do this hike only if weather conditions are favorable. Wear hiking boots, and bring 2 or 3 liters of water per person, lunch, and some snacks for "fuel".

Mullen's Cove Loop on the Cumberland Trail (10 miles, difficult) One of the advantages to having a conference at DuBose is being only an hour's drive away from the southern end of our Cumberland Trail.

Our early Founders dreamed of it. Then about 1969 Sam Powell, and his Boy Scouts began working on a foot trail starting at Signal Point National Historic Park on Signal Mountain. That early trail would become the southern terminus of our beloved Cumberland Trail. It is now a part of the Tennessee River Gorge Segment, which is also home to Suck Creek Mountain and Mullen's Cove where we will be hiking. However, we will park and start from the Prentice Cooper Trailhead off TN State Highway 27.

The trail is rated difficult due to the 10 mile length, elevation variations, creek crossings, and rock fields. Located in Prentice Cooper State Forest on Walden's Ridge of Suck Creek Mountain the trail offers spectacular overlooks of the Tennessee River Gorge and of Mullen's Cove. Sturdy boots, water, snacks and lunch are a must for the long distance. If you are a long distance hiker in good physical condition . . . come see the beauty for yourself! (Sunday Only)

**OTHER HIKES IN THE PLANNING FOR SATURDAY AND SUNDAY** If you are familiar with these trails and are willing to serve as a leader or sweep please contact Tammy Day to volunteer. [tlday@comcast.net](mailto:tlday@comcast.net) or 615-904-0009. Some of the shorter hikes will be offered both days

*(continued on Page 9)*

## Don't Miss an Outing ... Plan Ahead, Register Early!

Our hike coordinators are volunteers. Make it easier for them to contact you if hike needs to be cancelled by registering! There are times when a hike leader must limit (due to park regulations, etc.) the number of participants. Please do not wait until the afternoon or evening before the outing to RSVP. Plan ahead and register early.

### BIG SOUTH FORK CHAPTER

**CHAPTER OFFICER:** Thomas Howell

423-628-5521, [tshowell@nxs.net](mailto:tshowell@nxs.net)

**SECRETARY-TREASURER:** Benita Howell

423-628-5521 or 865-974-7797, [bhowell@nxs.net](mailto:bhowell@nxs.net)

**BOARD REPRESENTATIVES:** Tim and Lynn Takacs

615-824-7048, [lynntakacs@comcast.net](mailto:lynntakacs@comcast.net) or [ttakacs@comcast.net](mailto:ttakacs@comcast.net)

**OUTINGS COORDINATOR:**

(call & volunteer to lead an outing)

Eric Wilson 423-628-2817, [ericavi@nxs.net](mailto:ericavi@nxs.net)

**Aug 13** Sgt Alvin C. York Country, Fentress Co. We will meet at the McDonald's in Jamestown on Highway 127 (Main Street) at 9:00 CDT, then drive to the York Visitor Information Center in Pall Mall (10 miles north of Jamestown on Highway 127) to watch the Sgt York movie (about 10 minutes). We will then leave our cars and hike past his house and across the Wolf River on the new suspension bridge to view Sgt. York's grave and the church he first attended. We will return to our cars and drive about a mile to PWP Greenhouses parking lot. Then we will hike up Tater Hill, about a two mile moderate hike, in the same woods where Sgt York hunted and was married. We will conclude the outing with a little Geocaching demonstration, so bring your GPS if you have one and visit this web site for background: <http://www.geocaching.com>. To register and for more information, contact hike leader Bob Washburn at 931-879-474 or e-mail [bobwash1946@yahoo.com](mailto:bobwash1946@yahoo.com).

**Aug 20** Twin Arches and Charit Creek Loop, Big South Fork NRR. A group will car pool from Harrow Road Café in Rugby. Contact Eric Wilson for the departure time. For more information about the hike and to register, contact hike leaders Jim and Marietta Poteet at 615-423-7666 or e-mail [jpoteet@genesco.com](mailto:jpoteet@genesco.com).

### CLARKSVILLE CHAPTER

**CHAPTER OFFICER:** Judith Tate

931-920-2692, [mamx4@charter.net](mailto:mamx4@charter.net)

**OUTINGS COORDINATORS:**

(call & volunteer to lead an outing)

J.R. Tate 931-920-2692

Suva Bastin 931-645-2849

Wanda McCluskey 931-906-3338

Sandi Hamilton 931-920-2760

**MEETING:** Monthly - 3<sup>rd</sup> Tuesday at 7:00 pm CT,  
Crow Community Center, 211 Richview Rd

**Aug 6** Honker & Hematite Trails, Land Between Lakes; Meet 8:00 am; Dover Crossing @ Kroger Parking Lot; 6 mi, easy; Sandy Janus, 931-551-8523

**Aug 13** Mammoth Cave Tour, KY; Call Wanda McCluskey for reservation and meeting info. 931-906-3338

**Aug 20** Stones River Greenway Hike, Murfreesboro; 8 miles, easy. J.R. Tate 931-920-2692

**Aug 27** Hiker's choice. Hike with another TTA Chapter!

## Attention: Hike Coordinators

A TTA *Release of Claims & Hold Harmless Agreement* form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our website:

[www.tennesseehike.org/release.php](http://www.tennesseehike.org/release.php)

## Carpool Etiquette

Gasoline prices have continued to roller coaster up and down. Please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it'll save time and prevent the inconvenience). Your driver is not a chauffeur. Assist him or her by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing. All passengers must wear seat belts to minimize the risk of injury in case of an accident!!! The drive is generally the most dangerous part of any hiking trip.

### COLUMBIA/FRANKLIN CHAPTER

**CHAPTER OFFICER:** Rick Lausten

615-373-0029, [saturncar1@aol.com](mailto:saturncar1@aol.com)

**OUTINGS COORDINATOR:**

(call & volunteer to lead an outing)

Tanya Juday 931-490-0856

**MEETING:** Monthly - 1<sup>st</sup> Tuesday at 6:30 pm CT  
Grand Buffet (North of Spring Hill)

There will not be a chapter meeting in August. The next chapter meeting will be on September 6, Tuesday, at the Grand Buffet Chinese Restaurant in Spring Hill.

#### OTHER ACTIVITIES

**Aug 13** Karo Summers will lead a canoe trip on the Elk River. While all details have yet to be worked out, Karo has assured us that the canoe rental will be very reasonable. We will put in at Harms Dam, west of Fayetteville, and take out at the community of Coldwater. We plan to camp out next to the river in Coldwater and drive home on Sunday. For those who do not wish to camp, shuttles will be arranged to your vehicles. Please let Karo know if you plan to attend. Karo can be reached at [karofishes@aol.com](mailto:karofishes@aol.com) or telephone at 615-790-4013.

#### PLANNING AHEAD

**Sept 10** Russell Smith will lead a hike of Mousetail Landing State Park near Linden. The Eagle Point Trail is an easy to moderate 8.2 miles. We'll depart from A&D Market on Lewisburg Pike (Hwy 431) at 8:00 am. Register with Russell at 615-373-0029 or at [saturncar1@aol.com](mailto:saturncar1@aol.com)

**Sept 24** Trail Building. Several chapters are getting together to build trails at the Yanahli Wildlife Management Area in Columbia. The trail we will help build is the Cheeks Bend Day Loop (4 miles) and it has already been laid out and flagged. More details later as to when we will meet, what to bring, etc. Please plan on this as it is in our backyard. For a map of the area go to: <http://www.state.tn.us/twra/gis/wmapdf/Yanahli.pdf>

**Oct 14-15-16** TTA Annual Conference. As we are one of three sponsoring chapters, we will have lots to do to help make the conference a success. We need hike leaders, hike sweeps for several of the hikes, people to help receive items for auction and for the white elephant sale, and volunteers for the live auction, bar (beer and wine), etc.

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## COVE LAKE CHAPTER

**CHAPTER OFFICER:** Richard Helm  
423-562-1110, [Richard.Helm@ahss.org](mailto:Richard.Helm@ahss.org)

**CO-CHAIR:** Mari Haslam  
423-562-3227, [pittsteelersfan@earthlink.net](mailto:pittsteelersfan@earthlink.net)

**MEETING:** Monthly - 2<sup>nd</sup> Monday at 6:00 pm ET  
LaFollette Recreation Center's Craft Room, 201 S. 9<sup>th</sup> St.

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No hikes scheduled at this time. In the meantime, check out other TTA chapter hike listings and join a hike!

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## EAST TN CHAPTER (Oak Ridge / Knoxville)

**CHAPTER OFFICER:** Rosemary Marshall  
[rosemary\\_1@hotmail.com](mailto:rosemary_1@hotmail.com)

**OUTINGS COORDINATOR:**  
(call & volunteer to lead an outing)

Bob Uhren, [snowcap34@charter.net](mailto:snowcap34@charter.net)

**TREASURER:** Harold Draper, [h.m.draper@att.net](mailto:h.m.draper@att.net)

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**Aug 13** Annual Chapter picnic at beautiful Adair Park. The gazebo will be ours beginning at 11:00 am where we will enjoy burgers and chicken on the grill. Bring a side and join the festivities; such as nature walks, door prizes, horseshoes and more. Directions: take I-640 east to the Broadway Exit, left on Broadway 2 blocks to left on Adair Rd, one mile to park on right. Any questions, just call Rosemary Marshall 865-548-6171 or [rosemary\\_1@hotmail.com](mailto:rosemary_1@hotmail.com).

**Aug 18** Please join us for an after work hike along the Clinch river in Oak Ridge on Thursday, August 18, 2005. We'll meet at 6:00 p.m. in the common parking lot across from the Oak Ridge Rowing Association and hike along the path that leads to the Bull Run Steam Plant. This is approximately two miles one way. We'll return to the parking lot and proceed to one of the restaurants in Oak Ridge for some light dining and fellowship. Bring plenty of water and a light snack if desired. Contact Beverly Neurock at (865) 220-9679 or [bneurock@bellsouth.net](mailto:bneurock@bellsouth.net) if questions or to register for the hike.

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## HIGHLAND RIM CHAPTER (Tullahoma Area)

**CHAPTER OFFICER:** Doug Ratliff  
931-455-0249, [dougratliff@hotmail.com](mailto:dougratliff@hotmail.com)

**MEETING:** 3rd Tuesday, 7:00 pm CT at the D. W. Wilson Community Center, 501 N. Collins St., Tullahoma.

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**Aug 16 MONTHLY MEETING** Join us as David Anderson talks about his adventure sailing a new catamaran from Cape Town, South Africa to Miami. Guests are always welcome. See you at 7:00 pm!

### OTHER ACTIVITIES

**Aug 13** Canoe or kayak the Elk River outside of Winchester, TN. Meet at 10:00 am at the church at the intersection of bypass Hwy 64 and Hwy 16 South outside Winchester. From Winchester square, go west on business Hwy 64 (toward Fayetteville) and turn left on Hwy 16 (south), go less than a mile and before the stop sign at Hwy 64 bypass, turn right into church parking lot. Bring lunch, water, canoes, kayaks, life vests, paddles, etc. Anyone lacking a boat, call Joette to see if there is space available in a canoe; also possible rental available from local canoe business. Call Joette at (931) 968-0073 for registration.

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## JACKSON CHAPTER

**CHAPTER OFFICER:** Gary Cooper  
731-424-5375 [gcooper52@yahoo.com](mailto:gcooper52@yahoo.com)

**MEETING:** Meeting: Monthly: 1st Tuesday at 7:00 pm CT  
Lambuth University, 705 Lambuth Blvd, Hyde Hall in basement on Maple Street. Look for TTA signs.

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**Aug 2 MONTHLY MEETING** Come and meet new friends, learn about past and upcoming hikes. New hikers and guest are always welcome.

**Aug 21** Chickasaw State Park, Annual Picnic We will start gathering at 11:30 am and plan to eat at 12:00 noon. Bring food to share, non-alcoholic beverages, lawn chair and/or blanket, and insect repellent. After lunch we will hike through the woods or hike around the lake. Other activities are paddle boats and swimming. We will try to save a covered picnic table near the lake. Ask at the visitor center for the "Hike Group" and look for TTA signs. To pre-register, please contact Gary Cooper 424-5375 or [gcooper52@yahoo.com](mailto:gcooper52@yahoo.com)

Notice: Hikes or picnic may be cancelled due to bad weather so call the contact person for updates

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## MEMPHIS CHAPTER

**CHAPTER OFFICER:** Carolyn Pierce  
901-755-5635, [cedpierce2000@yahoo.com](mailto:cedpierce2000@yahoo.com)

**BOARD REPRESENTATIVE:** Gloria Lenski  
901-213-0604, [glorialenski@yahoo.com](mailto:glorialenski@yahoo.com)

**MEETING:** Monthly (Sept - May) 3rd Thursday at 7:00 pm  
Meeting Location: Cordova Library, 8457 Trinity Rd. 901-754-8443  
Located off Germantown Parkway east on Trinity Rd. 1 1/8 mile. On the right - shares an entrance with Bert Ferguson Community Ct.

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**Aug 21 MONTHLY MEETING**, Annual Memphis Chapter Picnic. The picnic will be at the lakeside home of John and Regena Martin (canoes and paddle boats available). This is a potluck; bring your favorite summer dish and a lawn chair. Socializing starts around 1:00 pm. This is also our August meeting, so bring any business items you would like to discuss. The address is 3876 S. Lakewood Dr., in the Lake Windermere subdivision near Raleigh. For directions, call John or Regena at 901-386-3722.

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## MURFREESBORO CHAPTER

**CHAPTER OFFICER:** Anna Bertram (also Board Rep.)  
615-765-5357, [abertram@heartoftn.net](mailto:abertram@heartoftn.net)

**OUTINGS COORDINATOR:**  
(Call & volunteer to lead an outing)

Ron Dunn  
615-867-3301, [trekkingtn@yahoo.com](mailto:trekkingtn@yahoo.com)

**MEETING:** Monthly - 2<sup>nd</sup> Tuesday at 7:00 pm CT  
Barfield-Crescent Park's Wilderness Station  
697 Barfield Rd., Murfreesboro

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**Aug 6** Hot, Hot, Hike and a Cool Cave Tour. Join us for an easy 2.5-mile hike at the Dunbar Cave State Natural Area in Clarksville, TN. We will hike the Recovery Trail along with sections of the Short Loop and Lake Trail. Bring plenty of water and a lunch. After our hike we will have our lunch at the picnic area on-site then we will join the 1 p.m. naturalist led walk through Dunbar Cave.

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## (cont') MURFREESBORO CHAPTER

**(cont') Aug 6** This optional cave tour costs \$4 per person (cash or check only) and requires a flashlight, bring your own or rent one at the cave for \$2. The cave tour lasts 1-1.5 hours and is rated easy walking. The cave has a rich history and amazing formations not to mention a constant temperature of 58 degrees to cool us down after our hike. Before the cave tour, or after, we can check out the interpretive displays at the Visitor's Center or feed the variety of ducks and geese that call Swan Lake home. (This is strictly BYOB-bring your own bread!) We will depart from Murfreesboro at 8:00 am for more info or to sign up contact Tony or Millette Jones at [tonjon2903@aol.com](mailto:tonjon2903@aol.com) or 615-233-7008. \* Please sign up as early as possible as there are limited spaces on the cave tour!

**Aug 9 MONTHLY MEETING** Cathi Close, Highland Rim Chapter, has already accomplished what many busy single mothers dream of and never do. She has hiked the entire Appalachian Trail in segments. Her last child through high school, she plans to go back to through-hike the whole A.T. from Georgia to Maine next year. Cathi will share her experiences, advice, and photos as our special guest speaker.

**Aug 20-21** Backpack Cumberland Trail, Piney River segment, Spring City, TN. This easy to moderate hike follows the scenic Piney River, crossing several bridges and offering many picturesque views along the way. We will camp on the river at Spider Den Bluff at 6.7 miles. There will be many places to enjoy a dip along the way and at the campsite. Sunday, we will hike back out the same way and not have to bother with car shuttles. This would be a good hike for beginner backpackers. To sign up or for more information, contact Tony Hook at [Hook1162A@msn.com](mailto:Hook1162A@msn.com) or 615-849-9636

**Aug 27** Beginner/New Comer Hike, Rock Island State Park. Come to the last splash of summer where the Caney and Collins Rivers join. We will follow a three-mile loop along the outer edge of the Collin's River peninsula, beside the riverbank. We may find a pileated woodpecker or white tailed deer along the way. After our hike, we'll play in the water-maybe rock hop or swim and enjoy a M'boro TTA style picnic (we're known for our hospitality). Bring sturdy shoes, lots of water, \$\$ for the park, a covered dish/cooler to share and a party attitude! For more information, contact Jeanne' Hoechst-Ronner at 615-542-8044 or [hoaxie@comcast.net](mailto:hoaxie@comcast.net).

### **PLANNING AHEAD**

**Oct 14-16** Annual Meeting at DuBose Conference Center at Monteagle, Tennessee The Planning Committee from the Murfreesboro, Highland Rim, and Columbia-Franklin Chapters is still hard at work on plans for the Annual Meeting. I am encouraging every member of the Murfreesboro Chapter to attend and take part in the Annual Meeting 2005 since we are hosts, and it is located a short distance away. This year there will be an abundance of day hikes to choose from on Saturday and Sunday too, thanks especially to Tammy Day and our "core group" of backpackers. We have so many hikes planned we are recruiting extra hike leaders from other Chapters! If you are willing to lead a hike and have not already volunteered this is your chance to do something positive to help make this an outstanding Annual Meeting! To volunteer or for more information on how you can help contact Anna Bertram [abertram@heartoftn.net](mailto:abertram@heartoftn.net) 615-765-5357 or Tammy Day [tday@comcast.net](mailto:tday@comcast.net) 615-904-0009

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## NASHVILLE CHAPTER

**CHAPTER OFFICER:** Jim Johnson  
615.356.6246, [jimjohnsonjr@gmail.com](mailto:jimjohnsonjr@gmail.com)

**OUTINGS COORDINATOR:**  
(call & volunteer to lead an outing)  
Nancy Juodenas, [njuodenas@hotmail.com](mailto:njuodenas@hotmail.com)

Sue Waldrop

**MEETING:** Monthly - 4<sup>th</sup> Tuesday at 7:00 pm CT  
TN Wildlife Resources Association meeting room at Ellington Agricultural Center, 5105 Edmondson Pike\*\*

**HIKING HOTLINE - 615-367-7045**

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**Aug 6** Hike around the Bicentennial Mall in Nashville at 9:00 am. Hike will go to 11:00 am, then a quick lunch at the Farmers Market, Those interested can go to the board meeting at 1:00 pm. Call Jenice at 615-356-6246 to preregister.

**\*\* There is a change to the Nashville Chapter meeting place for September!** The September Monthly Meeting will be held at the Holeman Building conference room at 7:00 pm. This is still on the Ellington Ag Center campus, up the hill from the normal meeting location. Signs will show the way. After Sept, the meeting will be back at the normal location. Questions, call Jim at 615-356-6246. On the night of the meeting call 615-300-3002.

**Aug 5-7** Deep Creek Backpack, Great Smoky Mountains State Park-- 14-mi backpacking adventure starts Friday with 7-mile hike on Deep Creek Trail to campsite on the river. Sat we'll hike last 7-mi to Deep Creek Campsite with showers and electricity. Sunday morning we'll tube the whitewater of lower Deep Creek (also good trout fishing) to cool off from summer heat. Hike rated moderate for distance. Drive back to Nashville Sun afternoon, arrive early evening. We'll meet at Bell Road Target 6:00 am to carpool. Contact: David Furse at [dfurse@comcast.net](mailto:dfurse@comcast.net) or 308-7988.

**Aug 23 MONTHLY MEETING** This month, Jim and Marietta Poteet return to show and tell us all about their vacation to Africa last summer. Those who have had a sneak peak at these images from the Dark Continent--including your writer---say this is a presentation not to be missed. We featured the Ireland segment of the Poteets' jaunt earlier in the year; now catch part two! Meeting time is 7:00 pm at the Tennessee Wildlife Resources Agency's Region 2 Headquarters building on the Ellington Ag Center campus. For detailed directions, go to the Nashville Chapter page at [tennesseetrails.org](http://tennesseetrails.org) or email Dave Walton at [dertooner@yahoo.com](mailto:dertooner@yahoo.com).

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## NORTHWEST CHAPTER (UT at Martin / Weakley County)

**CHAPTER OFFICER:** Jim Clark  
731-587-2225, [jclark@utm.edu](mailto:jclark@utm.edu)

**MEETING:** usually the 2nd Thursday, call for confirmation or visit our chapter website. Meetings start at 7:00 pm CT  
UT Martin Campus, Boling University Center, Room 231

**WEBSITE:** [www.utm.edu/~jclark/trails/](http://www.utm.edu/~jclark/trails/)

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No hikes scheduled at this time. In the meantime, check out other TTA chapter hike listings and join a hike!

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## PLATEAU CHAPTER (Crossville)

**CHAPTER OFFICER:** Terry Brophy  
931-707-7234, [tpbrophy@multipro.com](mailto:tpbrophy@multipro.com)

**SECRETARY/TREASURER:** Myra Holloway

**MEETING:** Monthly - 2<sup>nd</sup> Thursday at 6:30 pm CT, Art Circle Public Library's Community Room, 154 East 1<sup>st</sup> Street, Crossville

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No scheduled meeting in August. Next meeting is Sept. 8, 2005.

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Haynes at 931/707-7606 or e-mail [sue1290@frontiernet.net](mailto:sue1290@frontiernet.net) for details. Rain cancels.

**Aug 13** Lost Creek Cave, Sparta, TN. This is a nice time of the year to explore Lost Creek Cave. We will spend a couple of hours exploring this cave west of Sparta. The cave is tall enough that you will be able to walk to the 50- foot waterfall with no need to crawl. The hike is only 1 ¼ miles one way, but is rated moderate to difficult due to the need to climb over and around some rocks and boulders. A flashlight and extra batteries are required. Wear sturdy hiking boots and bring water, lunch and snacks. Registration is required. Meet at the Tractor Supply parking lot in Crossville at 8:00 am CT. For more information and to register, call Bill Harris at 931/484-9152.

**Aug 27** Twin Arches Loop, Big South Fork. This is a moderately difficult hike of 5 miles. It is one of the favorite hikes in the Big South Fork due to the two large rock arches along the trail. After the arches we'll go around the loop to the right, along some bluffs, under some rock houses, and over some rocks before reaching level ground at Jake's place. Lunch will be at Charit Creek Lodge. There is a steep 1-mile climb at the end of the hike. Wear sturdy hiking shoes and bring snacks and water. Meet behind the Cracker Barrel in Crossville at 8:00 am CT to carpool. For more information and to register, contact Carolyn Miller at 931-456-4465 or [cardan@usit.net](mailto:cardan@usit.net).

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## SODDY DAISY CHAPTER

This chapter is being reorganized. For further information contact the T.T.A. President, Fount Bertram, at 615-765-5357 or [fwbertram@heartoftn.net](mailto:fwbertram@heartoftn.net). In the interim, you are welcome to attend other chapters (13 to choose from) **outings, events and meetings.**

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## UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

**CHAPTER OFFICER:** Richard Savage  
931-526-2035, [savage\\_richard@hotmail.com](mailto:savage_richard@hotmail.com)

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**Aug 2** Socializing, Dinner, and Meeting, Cookeville, TN. We will gather at 6:30pm at Ryan's in Cookeville. We will plan hikes for the coming months. For information, contact Richard Savage at 931-526-2035 or [savage\\_richard@hotmail.com](mailto:savage_richard@hotmail.com).

**Aug 20** Chimney Tops Trail, Great Smoky Mountains National Park, Gatlinburg, TN. This trail to one of the Smokies best known peaks is noted for the views from the summit and gigantic yellow buckeye trees. The hike is 4 miles and rated moderate to strenuous. Optional additional hikes are possible. Bring snacks, water, and lunch. You can meet us at 7:00 am CT in the Penney's parking lot in Cookeville. For information and to register contact Richard Savage at 931-526-2035 or [savage\\_richard@hotmail.com](mailto:savage_richard@hotmail.com).

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## (cont' from Page 4) Come Hike With Us!

\*Full descriptions will follow in the September issue

\*Grundy Forest Day Loop (3.5 to 5 miles, easy)

\*Savage Gulf Day Loop (4.2 miles, easy)

\*Old Stone Fort State Archeological Park and Museum (3.25, easy)

\*University of the South, Sewanee – Interpretive Stroll of the campus with Bridal Veil Falls Hike (about 3 miles trail, plus walking the campus, easy)

\*Greeter Falls to Stone Door (6 miles, moderate)

\*Laurel Trail to Big Creek Rim Trail to Stone Door (7.1 miles, moderate)

\*Short Springs Natural Area Interpretive Hike (2.5 – 3.5 miles, moderate)

\*Savage Gulf North Rim Trail (7 miles, moderate)

\*North Rim Trail, Franklin State Forest (7 miles, moderate)

\*Green's View through Shake Rag Hollow to Piney Point (5 miles, moderate)

\*Cumberland Trail, Rock Creek Segment (9.5 miles, difficult)

\*Fiery Gizzard to Raven's Point in Grundy Forest (9 miles, difficult)

## National Public Lands Day September 24, 2004

Mark your calendars for this annual event honoring of our public lands. TTA has participated in this observation for several years and we want that tradition to continue. Each chapter is free to conduct their own projects, however we always try to have one or two that your chapter can join other chapters if they choose. This year the Yanahli Wildlife Management Area near Columbia has been chosen as one of the major undertakings. This site has been registered with the NLPD Foundation and will receive national recognition. They will furnish us with promotional materials including posters, announcement materials, press releases and certificates of participation.

The main project will be to complete the Cheeks Bend Day Loop Trail. This is a figure 8 loop and takes in a number of unique features. Tools will be furnished for those that don't have their own. You will need to bring plenty of water, snacks, lunch and gloves. You also need sturdy work/hiking footwear. You will need to pre-register so we can be sure to have tools for everyone. If you haven't done anything this year to "pay back" for your trail use, here's a good chance to do so.

Contact me at (615) 765-5357 or e-mail [fwbertram@heartoftn.net](mailto:fwbertram@heartoftn.net).

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**Annual Meeting 2005  
October 14 -16  
Dubose Conference Center  
Monteagle, Tennessee**

**FOUNDERS  
YESTERDAY**

**HIKERS  
TODAY**

**TRAILS  
TOMORROW**

It is fitting this year as the Tennessee Trails Association and the Cumberland Trail Conference face many new challenges and changes that we take time to put things into perspective, honoring our past, enjoying our present, and making provisions for the future. This is why we have chosen a very special slogan for the theme of our Annual Meeting 2005; one which can be read two ways . . .

**FOUNDERS YESTERDAY:** In December 1968 the Tennessee Trails Association was born. It was agreed that the Cumberland Trail would be the pilot project to establish the feasibility of a state trails system. History buffs will enjoy perusing the original map of the proposed state trails system on display at the Annual Meeting this year. In addition we intend to honor the early founders of TTA and CTC by inviting them to join us for an informal banquet at 5 P.M. Saturday. (Correct banquet attire in this case will be clean casual or hiking clothes!) This will be a sit down dinner. All other meals at DuBose will be buffet style.

**HIKERS TODAY:** Our Founders have been instrumental both directly and indirectly in building and promoting hiking trails throughout our state. Today we are reaping the benefits of their dreams and enthusiasm... A good look at the fourteen or more hikes being offered to our attendees at this year's Annual Meeting will attest to this! At least two of these will be on our beloved Cumberland Trail.

**TRAILS TOMORROW:** Many TTA members have worked on the Cumberland Trail and will continue to do so until it is completed all the way from Cumberland Gap, Kentucky to hook up near Chattanooga at Signal Mountain. (About a one hour drive from DuBose) No matter what decisions are made this year at the Annual Meeting regarding the future relationship of TTA with CTC, the desire and intent to see this great trail completed will remain a priority.

**FOUNDERS, HIKERS, TRAILS --- YESTERDAY, TODAY, TOMORROW**

**(cont' from Page 3 ) Big Dig III - The CTC Story Continues!**

**NOW ... about that remaining 7.5 miles** that was mentioned earlier! These miles, and other portions of the CT, will offer fine opportunities for you this fall. We'd love to have you come work with us. Fall workdates have been set for September 9-11, September 16-18, September 30 – October 2, October 10-29, and November 11-14. Also, we are planning a new construction project this fall in the Frozen Head State Park portion of the Cumberland Trail. We will have both backcountry and frontcountry outings with a base camp in the state park campground, as well as a backcountry campsite. This project will add approximately three miles of new trail. Check the website soon for firm plans for this new adventure.

If you want more in-depth trailbuilding training ... or would like to take an important step toward becoming one of our **valuable Wagonmasters** ... plan to attend our Trail Training Workshop scheduled for October 7-9. Check our website for more information as time gets nearer ([www.cumberlandtrail.org](http://www.cumberlandtrail.org)).

Remember, too, that **the best maintenance for a new trail is feet on it**, so we hope you'll incorporate these new segments into your chapter hikes. Professionally produced maps are being finalized this summer and will be available to you as soon as we can get them ready. Our working maps are on the website until the new maps are finished. If you have no one in your chapter who knows these trails well enough to lead a hike on them, give CTC a call. Given enough notice, we will find someone to lead you.

Thanks again to the many TTA volunteers who were with us for the Big Dig. Of note, three Memphis Chapter members stayed with us the entire time - Betty Porter, and Ray and Carol Haley - as did Cathi Close of Highland Rim.

We send a very special thank-you to Betty Porter who kept us so well fed. I wish I were a wordsmith who could find the words to tell her how much we appreciate her hard work through all of BreakAway and Big Dig. The responsibility for feeding so many people for so many weeks is intense. Alas, some thanks can only be shown by a big hug. So, a Big Hug to you, Betty. We couldn't have done it without you!

Contact CTC at 931-456-6259, or email at [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com).

FOUNDERS ● HIKERS ● TRAILS  
 YESTERDAY ● TODAY ● TOMORROW

2005 TTA Annual Meeting Registration Form  
 October 14 – 16, 2005  
 DuBose Conference Center  
 Monteagle, Tennessee  
**DUE ON OR BEFORE SEPTEMBER 14, 2005**

**Families: Please provide the name of each member of your family attending.\*\*\***

Name: \_\_\_\_\_ (Sex: M F) Name: \_\_\_\_\_ (Sex: M F)

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

Chapter: \_\_\_\_\_

**LODGING** – The following accommodations are available. **Reservations are on a first come, first serve basis. It is to your benefit to register as soon as possible.**

BISHOP'S HALL: This facility offers 32 motel-style rooms, each with private bath, double bed(s) and individually controlled heat and air conditioning. It adjoins the main building center.

Single Occupancy.....	\$44.00/per person	# of nights _____	Total \$ _____
*Double Occupancy.....	\$30.00/per person	# of nights _____	Total \$ _____
*Rooming with: _____			

CLAIBORNE HALL: Historic main building includes 43 individually decorated dorm-style rooms, each with one or two single beds. Rooms are located on second and third floor; and are served by bathrooms in the hall of each building.

Single Occupancy.....	\$30.00/per person	# of nights _____	Total \$ _____
*Double Occupancy.....	\$21.00/per person	# of nights _____	Total \$ _____
*Rooming with: _____			

NEW CABINS: Two new cabins; each accommodates 24 people in two large sleeping rooms with bunk style beds.

Per Person, Per Night.....	\$15.00/per person	# of nights _____	Total \$ _____
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TENT CAMPING: \$5.00/per night/per person. No electrical and water hook-ups available. Campers will use the facilities in the New Cabins.

# of nights _____	Total \$ _____
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**MEALS** – (Friday Dinner, Saturday and Sunday Breakfast will be served buffet style)

FRIDAY	Dinner	# of People _____	x	\$ 14.00	Total \$ _____
SATURDAY	Breakfast	# of People _____	x	\$ 6.50	Total \$ _____
	Sack Lunch	# of People _____	x	\$ 8.50	Total \$ _____
	Dinner	# of People _____	x	\$ 14.00	Total \$ _____
SUNDAY	Breakfast	# of People _____	x	\$ 6.50	Total \$ _____
	*Sack Breakfast	# of People _____	x	\$ 4.00	Total \$ _____
	*Sack Lunch	# of People _____	x	\$ 8.50	Total \$ _____

\* These will be for those that plan on hiking and will need to leave early on Sunday.

\_\_\_\_\_ Check here if vegetarian meals are required.

<b>REGISTRATION FEE</b>	# of People _____	x	\$ 15.00	Total \$ _____
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(This registration fee is not refundable and cannot be pro-rated. The full amount is required of each applicant, regardless of the number of days attending.)

**TOTAL ENCLOSED \$ \_\_\_\_\_**

\*\*\* List any additional names on the back of the form and please list sex of each person. This will aid us when assigning rooms.

Please complete this Registration Form and mail it with a check for your lodging, registration fee and meals made payable to:

Tennessee Trails Association c/o Barbara Draude, 2506 Branch Place, Murfreesboro, TN 37130  
 Phone: 615-895-5546 [bdraude@comcast.net](mailto:bdraude@comcast.net)

## OFFICERS:

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 Fount Bertram 615-765-5357  
*fwbertram@heartoftn.net*

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*ttahiker@msn.com*

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**East TN At-Large Director**  
 VACANT

**Membership**  
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*rushga01@yahoo.com*

**Cumberland Trail Conference Representatives**  
 Sandra Spearman 931-839-2320  
*sandbar@multipro.com*

**TN Rails To Trails Advisory Council**  
 VACANT

CHAPTER REPRESENTATIVES ON THE BOARD  
 ARE LISTED WITHIN EACH CHAPTER'S HEADER

**Newsletter Editor**  
 Tina Dean *editor@tennesseetrails.org*

## Newsletter Deadlines

Deadlines for Chapter announcements  
 and articles of special interest  
 are due as follows:

Due                      For Newsletter Dated

May 5 ..... June 1

June 5 ..... July 1

July 5 ..... August 1

Articles submitted are subject to editing  
 and will be included as space permits.

Please send all submissions to:  
*editor@tennesseetrails.org*

## ADOPT-A-TRAIL NEWS

### ADOPT-A-TRAIL OFFICER:

Harold Draper 865-689-7757 *h.m.draper@att.net*

### Adopt-a-Trail of the Month

Frozen Head State Park trail volunteer days: May 21, June 4, July 16, August 20, September 17, and October 19. Meet at 9:00 a.m. at the Visitor Center on Flat Fork Road off of State Route 62 east of Wartburg. For more information call 423-346-3318. To publicize your next trail volunteer day, contact Harold Draper at [h.m.draper@att.net](mailto:h.m.draper@att.net).

### Have You Considered ...

#### Maintaining a particular trail or section of trail?

Through the cooperation of land managers, who periodically inform us of volunteer opportunities, TTA can put you in touch with several Adopt-A-Trail programs, or offer suggestions on how to approach local land managers in your area.

The Adopt-A-Trail program is quite simple and flexible. Volunteers or chapters select the trail they wish to adopt and at the same time determine the level of trail maintenance they wish to undertake. Their only commitment is to hike, inspect, and report on the trail's conditions and maintenance needs twice per year. Light trail maintenance (clipping, pruning, trash and minor blow-down removal) is encouraged during each inspection. Serious trail problems identified will be reported to the local land management agency for resolution.

## TENNESSEE RAILS-TRAILS ADVISORY COUNCIL (TRAC)

website: [www.TNRailsTrails.org](http://www.TNRailsTrails.org)

**TRAC is in the process of being reorganized. Stay tuned for further information.**

**MISSION:** *To act as a resource and mentor for planning, development, and management of rail-trails throughout the State of Tennessee for the purposes of appropriate recreation, preservation of rail corridors, and alternate transportation, in order to benefit the general public, communities, commerce and tourism.*

### Tennessee Trails Merchandise Order Form

\_\_\_\_\_ TTA Patch .....6.00  
*Round embroidered patch, sew it on anything.*

\_\_\_\_\_ TTA Window Decal .....3.00  
*A must for each car.*

\_\_\_\_\_ TTA 35<sup>th</sup> Anniversary Commemorative T-Shirt ...16.00\*  
*Choose Size: Small / Medium / Large / X-Large*  
*Choose Color: Sand / Yellow / Stone-Gray*

\_\_\_\_\_ TTA 35<sup>th</sup> Anniversary Commemorative Patch .....6.00  
*Round embroidered patch commemorating TTA's 35th Anniversary, sew it on anything.*

\_\_\_\_\_ Flashlight Carabiner Keyring, Blue with TTA logo.6.00

\_\_\_\_\_ \*Shipping & Handling on T-shirt Orders ONLY!!! 1.50

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone hm: (\_\_\_\_) \_\_\_\_\_ wk:(\_\_\_\_) \_\_\_\_\_

E-mail Address: \_\_\_\_\_

*Mail your check payable to: Tennessee Trails Association  
 c/o Marietta Poteet, 324 Raintree Drive  
 Hendersonville, TN 37075*

*Please allow 4 weeks for delivery and prices shown include postage.*

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED

First Class Mail  
U.S. Postage Paid  
Nashville, TN  
PERMIT NUMBER 4053



**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**  
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.  
**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .**

- A NEW MEMBER**
- RENEWING MY MEMBERSHIP**

Aug 05

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

Memberships are for one year, unless you have a Lifetime Membership.  
Gift Memberships are also available. Contact our Membership Director,  
Garnett Rush 615-352-7217 [rushga01@yahoo.com](mailto:rushga01@yahoo.com)

*PLEASE, PRINT CLEARLY.*

___ Individual	\$25.00	Name _____
___ Family	\$35.00	Address _____
___ Student (FULL-TIME)	\$15.00	City _____ State _____
___ Supporting (\$50.00, \$100.00 or more)		Home Phone ( ___ ) _____ Zip _____ -- _____
___ Life Member (Individual)	\$500.00	Work Phone ( ___ ) _____
___ Life Member (Family)	\$750.00	e-mail _____

Please do not list my e-mail address in the TTA Annual Membership Directory

**Please list me with the following chapter:**

- |                       |   |                                      |                          |
|-----------------------|---|--------------------------------------|--------------------------|
| ___ Big South Fork    | ___ Cumberland Gap                      | ___ Memphis                          | ___ Plateau (Crossville) |
| ___ Clarksville       | ___ East TN (Oak Ridge/Knoxville)       | ___ Murfreesboro                     | ___ Soddy Daisy          |
| ___ Columbia/Franklin | ___ Highland Rim (Manchester/Tullahoma) | ___ Nashville                        | ___ Upper Cumberland     |
| ___ Cove Lake         | ___ Jackson                             | ___ Northwest (UT at Martin/Weakley) | (Sparta/Cookeville)      |
|                       |   |                                      | ___ At Large             |

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

**As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.**

## Purchase Order

Tennessee Trails Association  
P. O. Box 41446  
Nashville, TN 37204-1446

Tina Dean  
865-774-1070

July 27, 2005

Color Plus Printing  
4825 Trousdale Dr, #102  
Nashville, TN 37220

Leonard Chavaz  
615-781-1071  
cell ph: 615-207-0947

## Newsletter Printing

Cover Date: **August 2005**

Number of pages submitted  
with this purchase order: 12 pages

Printed Paper size: three - 11 x 17 sheets  
printing on 2 sides  
11 x 17 pages to be folded in ½ by Color Plus

Paper Weight: 20 pound paper weight

Paper Color: white

Ink Color: black

**Print Quantity: 900 pieces**

Approximate Cost:

Send **TAX EXEMPT** Invoice to:

Tennessee Trails Association  
P. O. Box 41446  
Nashville, TN 37204

**Leonard,**

Mr. Henderson (Chief Wagee) will be handling the printed copies – the newsletter will need to be ready by Aug 2 . Thank you! Tina Dean \*Please call 865-660-2495 if you have any conflicts.