

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



2005 TTA Calendar

The following dates in 2005 refer to statewide activities involving TTA as a whole. Please refer to this calendar often to help with planning a volunteer event in support of these major activities (and/or for preventing scheduling conflicts during one).

Aug 6

Board of Directors' Meeting (Nashville)

Sep 24

National Public Lands Day

Oct 14-16

TTA's Annual Meeting (Monteagle, TN)

Oct 16

Board of Directors' Meeting (Monteagle, TN)

**Calendar will be revised as needed.*

Your Generosity Benefits All

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

In the past, Supporting Member donations in excess of the regular dues were allocated to TTA's general operating fund. At the November 2001 Annual Meeting, TTA's Board of Directors voted to allocate Supporting Member donations to the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

Adopt-A-Trail: We Need Your Help

Due to our thrust to build new trail and the rash of storms over the last couple of years, trail maintenance on the Cumberland Trail has fallen behind in some areas. We need your help by adopting a segment of the Cumberland Trail. You can co-adopt with others if a favorite section is already adopted. Go to the Cumberland Trail webpage and see the Adopt a Trail page for a list of segments.

What do you have to do?

- √ Walk the segment 3 or 4 times a year, especially in the spring.
- √ Do what maintenance you can. If you can run a chainsaw, great!
- √ Report to the office what you did and the condition of the trail.

Adoptees can be individuals, families, scouts, hiking groups, or church groups. For more information and to answer your questions, contact Mark Stanfill at mark.stanfill@frontiernet.net.

Reminder: TTA's Annual Meeting

Oct. 14-16, 2005

DuBose Conference Center
Monteagle, Tennessee

Details and Registration Form Inside!

CUMBERLAND TRAIL CONFERENCE

CUMBERLAND TRAIL CONFERENCE STAFF:

Executive Director Paul Freeman paul.freeman@frontiernet.net
Trail Development &
Maintenance Coordinator Mark Stanfill mark.stanfill@frontiernet.net
Office Manager Nora Beck nora.beck@frontiernet.net
Bookkeeper Janet D. Smith janet.d.smith@frontiernet.net

Office Location 19 East 4th Street
Crossville, TN 38555
Office Hours 8am-5pm
Phone: 931-456-6259
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Email: cumberlandtrail@rocketmail.com
Website: www.cumberlandtrail.org

Hot Weather Delayed for TTA!

Lest you think TTA has no influence, take notice that hot weather graciously agreed to delay its arrival in Soddy-Daisy until one day after TTA sent a wonderful contingent to Big Dig III. TTA chapters responded to Fount's challenge to all the chapters to send as large a percentage of their membership as possible to help with the Big Dig on National Trails Day. Some chapters scheduled their National Trails Day challenge on different weekends, and I'm sure Fount will report on that soon.

But let us give appropriate praise now for those TTA members who came to celebrate and build trail with us on June 4: Carol Haley of Memphis; Carolyn Miller, Barry and Sandra Spearman, Jim Hardy (on CTC's staff for the Big Dig), and Paul Freeman of Plateau (Paul is also CTC's Executive Director); Caroline Woerner (at-large member from Signal Mountain); Doug Ratliff of Highland Rim; and a HUGE group from Murfreesboro: Fount Bertram, Mike Harvey, Jaye Kiplinger, Sara Pollard, Kim Griswold, Tony Hook, Jim Schroeder, Martin McCullough, and Tammy Day. And, of course, the Murfreesboro Chapter still claims CTC staff member Mark Stanfill, who is directing the Big Dig effort.

We had a wonderful time together. The food was great, thanks to Betty Porter of Memphis, with her helper Ray Haley, also of the Memphis chapter, here again for the entire program. Anna Bertram of Murfreesboro Chapter also helped in the kitchen on National Trails Day ... Thank you Anna! Many old friends came together to enjoy the camaraderie, and to welcome new people to the experience of the Cumberland Trail. Friday night's HoeDown was, as always, one of those uniquely CTC events that always leaves one "jacked up."

The weather was cooler than we had a right to expect so trailbuilding on National Trails Day was extremely pleasant. Rhododendron were blooming along the trail – absolutely gorgeous! Daisies abounded, as did the rare, though plentiful in these gorges, Large Flowered Skullcap. Its scientific name, *Scutellaria Montana*, is a mouthful, so we affectionately call it Scoot for short. So, the Gorgeous Gorges are not only beautiful but are also home to rare and endangered plants. TTA members get to enjoy them when they build or hike these gorge trails.

The Big Dig will be over by the time you read this, but rest assured that TTA members, volunteers from other organizations, and other individuals came together to further

TTA and CTC's goal of creating the Cumberland Trail. What a profound way to celebrate National Trails Day! Thanks to you all!

We'll send in an update as soon as Big Dig is over. We've had several TTA people with us at days other than National Trails Day, and we'll tell you all about that next time.

In the meantime, come enjoy the trail that TTA was formed around so very long ago. Its newest segments are truly unique, beautiful, and waiting for you in the Rock, Possum, and Soddy gorges of Hamilton County!

Announcement: CTC Newsletter Is Out!

The NEW CTC Newsletter was mailed out in late April. Since this has been the first one in two years, we may have accidentally excluded you. If you believe that you should have received one please contact the office. Those that have a copy look it over and tell us what you think. We want to make sure we include everyone who has contributed in some way, so your feed back is needed in order for us to improve this valuable resource. The CTC is in the process of putting together an E-Newsletter, so let us know if you would like to be included.

-Mark Stanfill, CTC

Attention: Hike Coordinators

A TTA *Release of Claims & Hold Harmless Agreement* form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our website: www.tennesseehikes.org/release.php

Carpool Etiquette

Gasoline prices have continued to increase. Please be considerate. Take your turn as a carpool driver. If you are a rider, contribute to the cost of gasolin). Assist the driver by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing. All passengers must wear seat belts to minimize the risk of injury in case of an accident!!! The drive is generally the most dangerous part of any hiking trip.

Walking with Fount

What a beautiful spring this has turned out to be! I trust that all of you have been able to take advantage of the fantastic weather and have been hiking a lot. This is normally our prime time to be out on the trails and we should take advantage of all the gifts we have. If you haven't scheduled a hike...get busy!

The Murfreesboro Chapter is saddened by the death of Dr. Bob Hornsby...affectionately known as "Ol' Doc Bob". He will be long remembered for his stands on issues involving our natural resources and environmental causes. He was a story teller, historian, environmentalist, and friend. Bob was a long time member of TTA and Murfreesboro Chapter. For those who knew him...he will be missed.

The Big Dig III is underway and the early reports have been good. The American Hiking Society working vacation crew was on the job the first week and we do appreciate their efforts on our behalf. I do hope you will make every effort to join us for the work and fun we have on the trail. The Murfreesboro Chapter challenged other chapters that didn't already have a National Trails Day project to join them on NTD. The Memphis Chapter accepted the challenge but worked the weekend before to take advantage of the extra day for Memorial Day.

We want to finish with the trail in Hamilton County and move on to some other areas that need attention.

BIG SOUTH FORK CHAPTER

CHAPTER OFFICER: Thomas Howell
423-628-5521, tshowell@nxs.net

SECRETARY-TREASURER: Benita Howell
423-628-5521 or 865-974-7797, bhowell@nxs.net

BOARD REPRESENTATIVES: Tim and Lynn Takacs
615-824-7048, lynntakacs@comcast.net or
ttakacs@comcast.net

OUTINGS COORDINATOR: (call & volunteer to lead an outing) Eric Wilson 423-628-2817, ericavi@nxs.net

July 9 Pickett State Park, Hidden Passage Trail, Jamestown, TN This tenth annual Poteet blueberry hike will be 8-10 miles, depending on optional side-trips, rated easy for its mostly level terrain. Dress for weather, bring lunch, and water. Rock shelters, cliffs, and overlooks. For details and to register, contact Jim Poteet at jpoteet@genesco.com.

July 23 Nemo Bridge Trail, Wartburg, TN We will hike the trail then a road to Alley Ford, a beautiful spot for our lunch break. Total distance is about 4.5 miles of easy-to-moderate hiking with good river views, foliage and coal mine tailings from the area's industrial past. Hikers will leave from Harrow Road Café at 9:30 am ET or meet at the parking lot on the Wartburg side of the Nemo Bridge at 10:30 am ET. To register, contact hike leaders Wil and Carrie Thornthwaite at wil@thornthwaite.com or 423-628-5862.

HIKE REPORTS

Our Tuesday hikes have been fun and continue to attract folks whose work schedules preclude hiking on weekends. On May 17, we drove to Zenith, forded the stream via canoe, and hiked along the roadbed of the old Oneida and Western Railroad with a neighbor whose grandparents ran the store and boardinghouse in the Zenith mining camp. We saw traces of buildings and landmarks that we would have overlooked without our guide. The following week, hiker Chip Elliott found the payload from a 1997 weather balloon near the Gentlemen's Swimming Hole and promptly sent it off to Kansas in the return envelope that was provided. The highlight of our May 31 hike was viewing Cumberland Rosemary in bloom and also seeing spectacular displays of Mountain Laurel on the cliffs near the White Oak.

We are continuing work down at Yanahli and there will be more said about that project soon. The Hermitage project is still in the works and you will be hearing more about that soon as well. More hiking trails are being put on the ground all the time.

I hope to see you out on some of these trails very soon!

Fount

CLARKSVILLE CHAPTER

CHAPTER OFFICER: Judith Tate

931-920-2692, mamx4@charter.net

OUTINGS COORDINATORS:

(call & volunteer to lead an outing) J.R. Tate 931-920-2692

Suva Bastin 931-645-2849

Wanda McCluskey 931-906-3338

Sandi Hamilton 931-920-2760

MEETING: Monthly - 3rd Tuesday at 7:00 pm CT,
Crow Community Center, 211 Richview Rd (*Public is invited!*)

July 2 Fourth of July weekend—no hikes planned

July 9 Warner Park, Nashville. Meet 8:00 am @ Exit 11 Park & Ride. Jack Bastin 931-645-2849, 6 miles, moderate

OTHER ACTIVITIES - July 16 Rafting trip, Nantahala River at Wesser, NC. Meet 6:00 am @ Exit 11. Call Bill Hamilton at 931-920-2760 for pre-registration.

July 23 Clarksville TTA Annual Picnic at Dunbar Cave. Hike at 4:00 pm, eat at 5:00 pm. Potluck. Suva Bastin 931-645-2849 or Judith Tate 931-920-2692

July 30 Hiker's choice

COLUMBIA/FRANKLIN CHAPTER

CHAPTER OFFICER: Rick Lausten 615-373-0029,
saturncar1@aol.com

OUTINGS COORDINATOR:

(call & volunteer to lead an outing) Tanya Juday 931-490-0856

MEETING: Monthly - 1st Tuesday at 6:30 pm CT Grand Buffet (North of Spring Hill)

July 16 Burgess Falls State Park. We will leave from A&D Market on Hwy 431, 1883 Lewisburg Pike, at 9:00 am. Picnic at parking area, then hike to the falls and descend to base of main falls where we will cool off and swim. Wear a swimming suit under your hiking clothes. The hike is a moderate 3/4 mile loop trail from the parking area. Contact Russell to register at 615-790-1833 or carving082334@aol.com.

We need volunteer hike leaders for August. Please contact Rick Lausten at saturncar1@aol.com to volunteer.

Aug 2 CHAPTER MEETING: Grand Buffet Chinese Restaurant (just north of Spring Hill). We will plan our fall hiking schedule.

PLANNING AHEAD

Aug 13 Karo Sumners will lead a canoe trip on the Elk River. While all details have yet to be worked out, Karo has assured us that the canoe rental will be very reasonable. We will put in at Harms Dam, west of Fayetteville, and take out at the community of Coldwater. We plan to camp out next to the river in Coldwater and drive home on Sunday. For those who do not wish to camp, shuttles will be arranged to your vehicles. Please let Karo know if you plan to attend. Karo can be reached at karofishes@aol.com or telephone at (615) 790-4013.

(cont') COLUMBIA/FRANKLIN CHAPTER

MONTHLY MEETING REPORT

Leslie Colley of The Nature Conservancy gave a wonderful presentation on the Duck River Project and the TNC's role in its conservation. The Duck River is one of the most bio-diverse rivers in America with more fish and mollusk species than virtually any other in America. It is truly wonderful to have such a resource in our backyard.

The Columbia-Franklin Chapter will build a trail to Stillhouse Hollow Falls and help in trail-building in the Yanahli nature preserve in Fall.

COVE LAKE CHAPTER

CHAPTER OFFICER: Richard Helm
423-562-1110, Richard.Helm@ahss.org

CO-CHAIR: Mari Haslam
423-562-3227, pittsteelersfan@earthlink.net

MEETING: Monthly - 2nd Monday at 6:00 pm ET
LaFollette Recreation Center's Craft Room, 201 S. 9th St.

No hikes scheduled at this time. In the meantime, check out other TTA chapter hike listings and join a hike!

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER OFFICER: Rosemary Marshall
rosemary_1@hotmail.com

OUTINGS COORDINATOR:
(call & volunteer to lead an outing)

Bob Uhren, snowcap34@charter.net

TREASURER: Harold Draper, h.m.draper@att.net

July 16 Great Smoky Mountains, Injun Creek Trail (un-maintained trail). We'll be hiking Injun Creek Trail (an un-maintained trail) and eastern portion of Graperyard Ridge Trail from campsite # 32. This hike is 6.4 miles, one-way and requires a car shuttle. Beginning at the Greenbriar Ranger Station, this un-maintained trail follows Injun Creek for 3 miles the Graperyard Ridge Trail where we'll see remnants of steam engine #4246, which overturned into the creek in 1920s. From here it's mostly downhill, to Greenbriar Road. Bring lunch, plenty of water and wear sturdy hiking boots. We will meet at 9:30 a.m. at Gatlinburg Welcome Center on US-441, or meet us at the Greenbriar Ranger Station at 10:00. For information/register, call Rosemary Marshall at 865-548-6171 or rosemary_L@hotmail.com.

July 30 Norris Watershed. We will enjoy a short and scenic but hot and humid walk on the Norris Watershed, passing Reservoir Hill and Observation Point before returning to our cars. If the date is right for pick-your-own blueberries, we will stop briefly at the Norris blueberry patch. Meet at the Lenoir Museum parking lot, US 441 on Norris Dam Reservation, at 9:00 am. For more information contact Harold Draper at 689-7757 or h.m.draper@att.net.

HIGHLAND RIM CHAPTER (Tullahoma Area)

CHAPTER OFFICER: Doug Ratliff
931-455-0249, dougratliff@hotmail.com

MEETING: 3rd Tuesday, 7:00 pm CT at the D. W. Wilson Community Center, 501 N. Collins St., Tullahoma.

July 16 Walls of Jericho, Tennessee/Alabama border south of Winchester, TN. This hike is rated moderate to strenuous. 7 miles round trip.

(cont') HIGHLAND RIM CHAPTER

(cont') July 16 Approximate 1000-foot descent on the way in and ascent on the way back out, a stream crossing (twice), and rock scrambling. But it is worth it! Wear sturdy hiking boots and bring water, lunch, and snacks. Contact Brent Morris at 931-454-1718 or bmorris@edge.net or Doug Ratliff at dougratliff@hotmail.com or 931-455-0249 for information and to register.

July 19 MONTHLY MEETING Join us for our monthly meeting as we talk about past events and plan future ones. We will discuss preparations for the annual meeting in October at Monteagle. New hikers and guests are welcome to attend. See you at 7:00 pm CT at the D. W. Wilson Community Center, 501 N. Collins St., Tullahoma.

JACKSON CHAPTER

CHAPTER OFFICER: Gary Cooper
731-424-5375 gcooper52@yahoo.com

MEETING: Meeting: Monthly: 1st Tuesday at 7:00 pm CT
Lambuth University, 705 Lambuth Blvd, Hyde Hall in basement on Maple Street. Look for TTA signs.

July 5 MONTHLY MEETING Come meet new friends, learn about past and upcoming hikes. New hikers and guest are always welcome.

July 9 Memphis Harbor Kayak Tour - this event has been cancelled.

OTHER ACTIVITIES - July 23 Buffalo River Canoe Trip. Suitable for beginners. We will meet at 10:00 am CT at Flatwoods Canoe Base, Flatwoods, TN and rent canoes. Canoe reservations will be called in by Wed 7/20. To register and directions, contact Glen Rogstad glenrogstad@aeneas.net.

MEMPHIS CHAPTER

CHAPTER OFFICER: Carolyn Pierce
901-755-5635, cedpierce2000@yahoo.com

BOARD REPRESENTATIVE: Gloria Lenski
901-213-0604, glorialenski@yahoo.com

MEETING: Monthly (Sept - May) 3rd Thursday at 7:00 pm
Meeting Location: Cordova Library, 8457 Trinity Rd. 901-754-8443
Located off Germantown Parkway east on Trinity Rd. 1 1/8 mile. On the right - shares an entrance with Bert Ferguson Community Ct.

It's vacation time! No chapter meeting and hikes are scheduled for the month of July. Next event will be Sunday, Aug 21, the Annual Picnic. In the meantime, check out other TTA chapter hike listings and join a hike!

July 9 Memphis Harbor Kayak Tour - this event has been cancelled.

MURFREESBORO CHAPTER

CHAPTER OFFICER: Anna Bertram (also Board Rep.)
615-765-5357, abertram@heartoftn.net

OUTINGS COORDINATOR:
(Call & volunteer to lead an outing) Ron Dunn
615-867-3301, trekkingtn@yahoo.com

MEETING: Monthly - 2nd Tuesday at 7:00 pm CT, Barfield Crescent Park's Wilderness Station; 697 Barfield Rd., Murfreesboro

CHAPTER NEWS

(1.) We received \$579 for our May Yard Sale! Thanks to all our donors and a special thanks to helpers Betty, Billie Jo, Cless, Debbie, Fount, Julie, Phil, Sarah, Tammy, and Tricia! (2.) We are saddened by the death in May of our former member, Dr. Bob Hornsby (1935 - 2005).

(cont') MURFREESBORO CHAPTER

(cont') He will be remembered for his story telling and love of all living things. There was a good turnout of TTA members at his Memorial Service. (3.) Winston and Billie Jo Bowling will publish a picture directory in color of our Murfreesboro Chapter members in casual hiking and camping attire. They plan to give one to each participating member. Please get your pictures and information to Winston and Billie Jo as soon as you can or you might be left out!

July 12 MONTHLY MEETING Jeffrey Hunter, Coordinator of the South East Foot Trails Coalition, will be our guest speaker. Jeffrey, an avid backpacker and long-distance hiker, segment hiked the Alabama Pinhoti Trail. He will share his experiences and pictures with us.

July 14-15 Walls of Jericho Backpack. The round trip distance is 7 miles with a rating of difficult due to the 1,000' ascent out of the valley. The area has some very interesting geology, caves, and waterfalls. We'll camp near an old cemetery - be prepared to tell ghost stories. Registration required. Phone Gary Frost - 615-355-6712

July 16 Walls of Jericho Day Hike. If you haven't had a chance to visit the famous Walls of Jericho here is your opportunity. It's a 7 mile...3.5 in and out...moderate hike with some ups and downs. There will be a chance to cool off in the creek once we get there. You have to see this place to believe it. It was named by a circuit-riding preacher who got lost and ended up there. He was so impressed with the formations he gave it the first name that popped into his head that he thought was appropriate. Alabama has been working on their side and put in a switchback down the hill to the creek and built a bridge across the creek. The trailhead is in Alabama, but the actual Walls are in Tennessee. It's going to be hot so bring plenty of water. We will have lunch at the Walls so bring food. We will meet at the overflow parking lot at Sam's Club off I-24 at Exit 78 A. It's a fairly long drive so we need to leave no later than 8:00 to give us plenty of time. We want to be able to hike it at a leisurely pace because of the weather. Please pre-register so we can work out car-pooling. Fount Bertram at (615) 765-5657 or fwbertram@heartoftn.net.

July 23 Sunset Hike/Bonfire. Join us at Barfield Crescent Park for a sunset hike to beat the heat! We will meet at Wilderness Station at 6:30 pm and hike an easy 1.5 - 2 mile on Valley View Loop. The cooler evening temperatures might bring out some local wildlife for us. Bring water and a flashlight; it will get dark early under foliage. After our hike, we will convoy to the Jones Farm in Bell Buckle (about a 15 minute drive) for the bonfire. Tony and Millette will provide hot dogs, lemonade, and marshmallows; any other food or drink contributions would be welcomed. To sign up contact Tony or Millette Jones, tonjon2903@aol.com or 615-233-7008.

July 30 Parish Patch Bed and Breakfast Inn, Normandy, TN. Come take a lovely 3-5 mile country stroll on the grounds of the Parish Patch Bed and Breakfast Inn (www.parishpatch.com) We'll explore the mill, the blackberry patches, and creeks-maybe even take a gander at the nearby town of Normandy. Bring sturdy shoes, plenty of water, and \$\$ for lunch after. For more information contact Jeanne' Hoehst-Ronner at 615 890-9084 or hoaxie@comcast.net.

July 30 Virgin Falls Backpack. Bowater Pocket Wilderness, DeRossett, TN. This hike is considered by many to be one of the best hikes in Tennessee. The trek is 8 miles round trip and rated difficult for poor footing around the Big Laurel Falls area. We hope to camp by the river to cool off. Sturdy boots mandatory and registration required. In addition bring a good headlamp if you're interested in exploring Sheep Cave. Call Gary Frost - 615-355-6712

(cont') MURFREESBORO CHAPTER

July 30 Virgin Falls Day Hike. Bowater Pocket Wilderness, DeRossett, TN. This hike is considered by many to be one of the best hikes in Tennessee. The trek is 8 miles round trip and rated difficult for poor footing around the Big Laurel Falls area. Sturdy boots mandatory and registration required. In addition bring a good headlamp if you're interested in exploring Sheep Cave. Call Gary Frost - 615-355-6712

PLANNING AHEAD

Oct 14 - 16 Annual Meeting. Murfreesboro, Highland Rim, and Columbia - Franklin Chapters are moving along with plans for the Annual Meeting 2005 at DuBose Conference Center in Monteagle, TN. (1.) We are pleased to accept the offer from the Murfreesboro "core group" of backpackers to take over planning of day hikes for the meeting! We are, however, looking for volunteer hike leaders from all other Chapters as well. We want a wide variety of hikes available. (2.) The Registration Form is in this issue of the newsletter. It is to your advantage to sign up as soon as possible to assure you get the type of housing you want. It will be on a first come, first serve basis. (3.) The Planning Committee for the Annual Meeting 2005 is requesting that each Chapter contribute 5 quality items for the auction as in past years; also yard sale or "white elephant" items.

NASHVILLE CHAPTER

CHAPTER OFFICER: Jim Johnson
615.356.6246, jimjohnsonjr@gmail.com

OUTINGS COORDINATOR:

(call & volunteer to lead an outing) Nancy Juodenas,
njuodenas@hotmail.com; Sue Waldrop

MEETING: Monthly - 4th Tuesday at 7:00 pm CT
TN Wildlife Resources Association meeting room at Ellington
Agricultural Center, 5105 Edmondson Pike

HIKING HOTLINE - 615-367-7045

July 26 MONTHLY MEETING: Our guest presenter this month is Julie Walski. A member of the Nashville chapter of TTA, Julie spent eight days last summer on Appledore Island, Maine, participating in an Earthwatch Institute project. Her slide presentation will be concerned with the effects of the great black-backed gull and the herring gull in the intertidal zones. Meeting time is 7:00 pm at the Tennessee Wildlife Resources Agency Region II headquarters building, located at Ellington Agricultural Center. For detailed directions, go to the Nashville Chapter page at tennesseetrails.org

July 2 Beaman Park 1st Saturday Hike Joelton, TN. Join Friends of Beaman Park as we explore one of Nashville's newer parks being developed by volunteers. We will walk along the creek. Bring water. Our hike is from 9:00 am until 12:00 noon CT on terrain rated easy to moderate. We will meet at the spring on Little Marrowbone Road. For information and to register, contact Warner Parks Nature Center at 615-352-6299.

July 4 Beat the Heat Sunrise Hike on the Warner Woods and Mossy Ridge Trails in Warner Park. Nashville, TN. Better reach for your coffee as soon as your alarm clock goes off, or you're going to miss this one entirely. These 2 trails total 7 miles and are rated moderate due to several short hills, uneven terrain and speed (~2-2½ miles/hr) at which we will be hiking - gotta beat the heat! Wear sturdy hiking shoes, and bring water and snacks. Afterward, we will regroup for coffee and a snack close by at either Bread & Company or Bruegger's Bagel Bakery (bring \$ to pay for your coffee/snack).

(cont') NASHVILLE CHAPTER

(cont') July 4 We'll meet at park's entrance at 5:45 am CT at the end of Belle Meade Blvd (at the flagpole), hit the trail shortly thereafter and be finished by 9:00 am. For additional information, call Diane Manas at 615-352-7777.

July 9 Old Natchez Trace/Garrison Creek Loop – 6.3 miles through ridge top and creek side forests, up and down, winding in and out of small wooded coves and down the longest section of the Old Trace left in Tennessee. Bring water, snacks, lunch and money for carpooling. Meet at Kroger on Hwy. 100 (across from Chaffin's Barn) at 9:00 am. For more information and to register call Garnett Rush at 352-7217 or e-mail rushga01@yahoo.com.

July 10 Sewanee Perimeter Trail. This is 12 miles and rated moderate due to the distance. We will have bluff views in several directions and waterfalls. Be sure to bring snacks, and appropriate boots and clothing. We will meet 9:00am at Target on Bell Rd. Contact Brian Dion at 615-331-7331 or Brian.Dion@state.tn.us

July 17 Bearwaller Gap Trail in Carthage This Corps of Engineers trail extends from Tater Knob Overlook above Cordell Hull Dam to Defeated Creek Recreation Area on Cordell Hull Lake for a total of 5.7 miles. The trail provides many bluff views and possibly, wild turkeys, turkey vultures, and waterfowl. This is a one-way hike and requires a car shuttle between the Tater Knob Overlook and Defeated Creek Recreation Area. The trail is rated moderate. Bring snacks, lunch, water, and wear hiking boots. Meet at Kinko's parking lot on Donaldson Pike at 9:00 am. Contact Brian Dion at 615-331-7331 or Brian.Dion@state.tn.us.

July 23 "Rails to Trails" in Ashland City. It is an 8-mile hike maximum and is as flat as a pancake. Great view of the Cumberland River. Bring plenty of water and money. We could go to Stratton's or Riverview for lunch afterwards. We meet at Kroger on Charlotte Ave. at 8:00 am. Call Pat Dillon at 646-535 to register.

July 30 Stones River Greenway Hike. Join me for a lovely hike along the Stones River in Doneslon. We will meet at 9:00 o'clock at the Kohls Department Store on Lebanon Rd. and hike to Percy Priest Dam and back. 3 hours for a total of 6 miles. Nice water views as well as sightings of great blue herons. Bring lots of water and wear comfortable shoes. We will eat at a local restaurant afterwards. Contact Libby Francis, 615-889-5718, or libbyslibbys@comcast.net.

PLANNING AHEAD:

Aug 5-7 Deep Creek Backpack, Great Smoky Mountains State Park (Townsend) – 14-mi backpacking adventure starts Fri with 7-mile hike on Deep Creek Trail to campsite on their river. Sat we'll hike last 7-mi to Deep Creek Campsite with showers and electricity. Sunday morning we'll tube the whitewater of lower Deep Creek (also good trout fishing) to cool off from summer heat. Hike rated moderate for distance. Drive back to Nashville Sun afternoon, arrive early evening. We'll meet at Bell Road Target 6:00 am to carpool. Contact: David Furse at dfurse@comcast.net or 308-7988.

NORTHWEST CHAPTER (UT at Martin / Weakley County)

CHAPTER OFFICER: Jim Clark
731-587-2225, jclark@utm.edu

MEETING: 2nd Thursday, call for confirmation or visit our chapter website. Meetings at 7:00 pm CT; UT Martin Campus, Boling University Center, Room 231

WEBSITE: www.utm.edu/~jclark/trails/

No hikes scheduled at this time. In the meantime, check out other TTA chapter hike listings and join a hike!

PLATEAU CHAPTER (Crossville)

CHAPTER OFFICER: Terry Brophy
931-707-7234, tpbrophy@multipro.com

SECRETARY/TREASURER: Myra Holloway

MEETING: Monthly - 2nd Thursday at 6:30 pm CT, Art Circle Public Library's Community Room, 154 East 1st Street in Crossville

No scheduled meeting in July. Next meeting is Sept. 8, 2005.

Leaderless hike (typically 5 - 7 miles) every Wed. morning. For additional info or to get on an e-mail list, contact Bill Haynes at 931-707-7606 or e-mail sue1290@frontiernet.net for details. Rain cancels.

July 9 Colditz Cove State Natural Area, Allardt, TN and Gentlemen's Swimming Hole, Rugby, TN. Colditz Cove features a pristine 1.5 mile loop to the 60 foot high Northrop Falls. Then, Gentlemen's Swimming Hole for an additional 2 mile hike and a swim. These hikes are in Big South Fork area. Meet behind Cracker Barrel at 8:00 CT. For more information and to register, please contact James Hubert at 931/459-4839 or jhubert1@frontiernet.net.

July 30 Annual Chapter Picnic from 4:00 – 9:00 pm CT at Dartmoor Marina in Fairfield Glade. We will swim, take boat rides, paddle canoes, and feast. This is also when we will be planning hikes for Fall. For information on directions, call Terry Brophy at 931-707-7234. Reservations are required for the meat (furnished) and Fairfield Glade guest passes and must be made by July 23. Bring a side dish as well as your drinks and utensils. To make reservations, please contact Sue/Bill Eldridge at 931/456-4459 or billsue@frontiernet.net.

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICER: Richard Savage
931-526-2035, savage_richard@hotmail.com

July 9 Honey Creek Trail, Big South Fork NRRRA, Jamestown, TN. This trail features waterfalls, rock houses, and gorge overlooks. The trail is 5 1/2 miles long and difficult - rock scrambles, stream crossings, and steep slopes. Bring snacks, water, lunch, and wear sturdy hiking boots. Meet at 8:00 am CT at Penney's parking lot in Cookeville. For information and to register contact Cindy Walinski at 931-394-3413 or cwalinski@blomand.net.

July 16 Andrew's Bald/Double Springs Gap, Great Smoky Mountains National Park, Gatlinburg, TN. We will escape the heat of summer by hiking two trails in the Clingman's Dome area of the Smokies. First we will hike the Forney Ridge Trail to Andrew's Bald which has some of the most spectacular views in the park. The hike is about 3.5 miles and is rated easy to moderate. We will then hike a section of the Appalachian Trail to Double Springs Gap. This hike is about 5 miles and is rated moderate. Bring snacks, water, lunch, and wear sturdy hiking boots. We will meet at Cracker Barrel in Cookeville at 6:30am CT for breakfast. For info and to register contact Richard Savage at 931-526-2035 or savage_richard@hotmail.com.

Aug 2 CHAPTER MEETING Cookeville, TN. We will gather at 6:30 pm at Ryan's in Cookeville. We will plan hikes for coming months. For information, contact Richard Savage at 931-526-2035 or savage_richard@hotmail.com.

SODDY DAISY CHAPTER

This chapter is being reorganized. For further information contact the T.T.A. President, Fount Bertram, at 615-765-5357 or fwbertram@heartoftn.net In the interim, you are welcome to attend other chapters (13 to choose from) **outings, events and meetings.**

OFFICERS:

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fwbertram@heartoftn.net

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TN Rails To Trails Advisory Council
 VACANT

CHAPTER REPRESENTATIVES ON THE BOARD
 ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor
 Tina Dean *editor@tennesseetrails.org*

Newsletter Deadlines

Deadlines for Chapter announcements
 and articles of special interest
 are due as follows:

Due For Newsletter Dated

July 5..... August 1
 August 5 September 1
 Sept 5..... October 1

Articles submitted are subject to editing
 and will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

ADOPT-A-TRAIL NEWS

ADOPT-A-TRAIL OFFICER:

Harold Draper 865-689-7757 *h.m.draper@att.net*

Adopt-a-Trail of the Month

Frozen Head State Park trail volunteer days: July 16, August 20, September 17, and October 19. Meet at 9:00 am at the Visitor Center on Flat Fork Road off of State Route 62 east of Wartburg. For more information call 423-346-3318. To publicize your next trail volunteer day, contact Harold Draper at *h.m.draper@att.net*.

Have You Considered ...

Maintaining a particular trail or section of trail?

Through the cooperation of land managers, who periodically inform us of volunteer opportunities, TTA can put you in touch with several Adopt-A-Trail programs, or offer suggestions on how to approach local land managers in your area.

The Adopt-A-Trail program is quite simple and flexible. Volunteers or chapters select the trail they wish to adopt and at the same time determine the level of trail maintenance they wish to undertake. Their only commitment is to hike, inspect, and report on the trail's conditions and maintenance needs twice per year. Light trail maintenance (clipping, pruning, trash and minor blow-down removal) is encouraged during each inspection. Serious trail problems identified will be reported to the local land management agency for resolution.

TENNESSEE RAILS-TRAILS ADVISORY COUNCIL (TRAC)

website: www.TNRailsTrails.org

TRAC is in the process of being reorganized. Stay tuned for further information.

MISSION: *To act as a resource and mentor for planning, development, and management of rail-trails throughout the State of Tennessee for the purposes of appropriate recreation, preservation of rail corridors, and alternate transportation, in order to benefit the general public, communities, commerce and tourism.*

Tennessee Trails Merchandise Order Form

_____ TTA Patch6.00
Round embroidered patch, sew it on anything.

_____ TTA Window Decal3.00
A must for each car.

_____ TTA 35th Anniversary Commemorative T-Shirt ...16.00*
Choose Size: Small / Medium / Large / X-Large
Choose Color: Sand / Yellow / Stone-Gray

_____ TTA 35th Anniversary Commemorative Patch6.00
Round embroidered patch commemorating TTA's 35th Anniversary, sew it on anything.

_____ *Shipping & Handling on T-shirt Orders ONLY!!! 1.50

Name: _____

Address: _____

City: _____ State: ____ Zip: _____

Phone hm: (____) _____ wk:(____) _____

E-mail Address: _____

*Mail your check payable to: Tennessee Trails Association
 c/o Marietta Poteet, 324 Raintree Drive
 Hendersonville, TN 37075*

Please allow 4 weeks for delivery and prices shown include postage.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED

First Class Mail
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Nashville, TN
PERMIT NUMBER 4053



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

A NEW MEMBER

July 05

RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Garnett Rush 615-352-7217 rushga01@yahoo.com

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

___ Individual \$25.00

___ Family \$35.00

___ Student (FULL-TIME) \$15.00

___ Supporting (\$50.00, \$100.00 or more)

___ Life Member (Individual) \$500.00

___ Life Member (Family) \$750.00

Name _____

Address _____

City _____ State _____

Home Phone (___) _____ Zip _____ -- _____

Work Phone (___) _____

e-mail _____

Please do not list my e-mail address in the TTA Annual Membership Directory

Please list me with the following chapter:

- | | | | |
|-----------------------|---|--------------------------------------|--------------------------|
| ___ Big South Fork | ___ Cumberland Gap | ___ Memphis | ___ Plateau (Crossville) |
| ___ Clarksville | ___ East TN (Oak Ridge/Knoxville) | ___ Murfreesboro | ___ Soddy Daisy |
| ___ Columbia/Franklin | ___ Highland Rim (Manchester/Tullahoma) | ___ Nashville | ___ Upper Cumberland |
| ___ Cove Lake | ___ Jackson | ___ Northwest (UT at Martin/Weakley) | (Sparta/Cookeville) |
| | | | ___ At Large |

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.

Purchase Order

Tennessee Trails Association
P. O. Box 41446
Nashville, TN 37204-1446

Tina Dean
865-774-1070

June 20, 2005

Color Plus Printing
4825 Trousdale Dr, #102
Nashville, TN 37220

Leonard Chavaz
615-781-1071
cell ph: 615-207-0947

Newsletter Printing

Cover Date:

July 2005

Number of pages submitted
with this purchase order:

10 pages

Printed Paper size:

two - 11 x 17 sheets, printing on 2 sides
one 8.5 x 11 sheet insert, printing on 1 side
11 x 17 pages to be folded in ½ by Color Plus

Paper Weight:

20 pound paper weight

Paper Color:

white

Ink Color:

black

Print Quantity:

900 pieces

Approximate Cost:

Send **TAX EXEMPT** Invoice to:

Tennessee Trails Association
P. O. Box 41446
Nashville, TN 37204

Leonard,

I INCLUDED A REGISTRATION FORM ATTACHMENT THAT NEEDS TO BE PRINTED FOR AN INSERT TO THE NEWSLETTER. THANK YOU! :D

Mr. Henderson (Big Wagee) will be handling the printed copies – the newsletter will need to be ready by June 24th. Thank you! Tina Dean ***Please call 865-660-2495 if you have any conflicts.**