

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



The BIG DIG III May 22 - June 25

Hold on to your chairs because the BD3 is coming straight at you in 3D. It is Dig number 3 taking place at the "Doghouse Lodge" in Soddy Daisy, TN! By the time you read this we will be going into our second week, but there is still time to join in the excitement!

Remember we work seven days a week for five weeks. Housing and meals are furnished to volunteers. Each evening volunteers will have an opportunity to listen to local speakers or music for our educational programming.

How can you help?

Build Trail
Basic Trail Maintenance
Make a donation food or funds

Kitchen Crew
Camp Help

If interested in helping in the kitchen, camp, or food donation please contact Betty Porter at 901-755-4740 or email tricia_elias@yahoo.com.

For more information or to sign up go to the CT webpage. Feel free to call or email me if you wish. Hope to see you there!

(See Page 3 for Sign-up Form!)

Announcement: CTC Newsletter Is Out!

The NEW CTC Newsletter was mailed out in late April. Since this has been the first one in two years, we may have accidentally excluded you. If you believe that you should have received one please contact the office. Those that have a copy look it over and tell us what you think. We want to make sure we include everyone who has contributed in some way, so your feed back is needed in order for us to improve this valuable resource. The CTC is in the process of putting together an E-Newsletter, so let us know if you would like to be included.

-Mark Stanfill, CTC

Volume 36 ♦ Issue 06

Adopt-A-Trail: We Need Your Help

Due to our thrust to build new trail and the rash of storms over the last couple of years, trail maintenance on the Cumberland Trail has fallen behind in some areas. We need your help by adopting a segment of the Cumberland Trail. You can co-adopt with others if a favorite section is already adopted. Go to the Cumberland Trail webpage and see the Adopt a Trail page for a list of segments.

What do you have to do?

- √ Walk the segment 3 or 4 times a year, especially in the spring.
- √ Do what maintenance you can. If you can run a chainsaw, great!
- √ Report to the office what you did and the condition of the trail.

Adoptees can be individuals, families, scouts, hiking groups, or church groups. For more information and to answer your questions, contact Mark Stanfill at mark.stanfill@frontiernet.net.

Reminder:
TTA's Annual Meeting
Oct. 14-16, 2005
DuBose Conference Center
Monteagle, Tennessee
Watch for Details in Future Issues

Walking with Fount

April has been one of those months that wasn't nearly long enough and the days just didn't have enough hours in them. There have been a lot of TTA activities and I have been kept running. The first weekend was the Annual Spring Fling at Edgar Evins State Park, sponsored by the Friends of Edgar Evins State Park and the Murfreesboro Chapter. We didn't have the best weather for the event, but still managed to have a good time.

Also during this month I met with the people at the Hermitage about possible hiking trails on the plantation that was President Andrew Jackson's home. I am very excited about the prospects and after some discussion at the Quarterly Board Meeting, we are going to proceed with Libby Francis heading up the project for TTA. We will be meeting with them again soon to continue our planning there.

On Earth day I attended the formal dedication of the Walls of Jericho near Hytop, Alabama. It was an impressive ceremony and was well attended. I have been in discussion with the Alabama Hiking Trail Society about proposed hiking trails in the nearly 27,000 acre wilderness area that straddles the state line. I had an opportunity to visit with Governor Bob Riley and Commissioner Barnett Lawley and got an assurance from them that the Alabama Department of Conservation and Natural Resources would be totally supportive of our efforts to put hiking trails in this acquisition. The head of the Alabama Forever Wild Fund also pledged support. Tennessee's Wildlife Resource Agency will be taking charge of the Tennessee portion after the 1st of the year 2006, and have also pledged support in getting hiking trails established. It will be something for us to think about as we allocate trail building time in the future.

Anna and I attended the 3rd Southeast Foot Trails Coalition Conference at Table Rock State Park in "up state" South Carolina the last week of the month and had an outstanding experience. We are now up to 30 organizations in the Coalition and well over 60,000 members. Twenty-six of the member groups were represented and the enthusiasm was palatable as we visited and shared with each other. The conference lasted 4 days and the wealth of knowledge and experience that we were able to participate in was uplifting to say the least. TTA/CTC members Mark Stanfill and Fran Wallas were outstanding in the presentations they made to the assembled members. It is very obvious that we are a part of something vital to the hiking community and I am proud that TTA and CTC has remained on the cutting edge of the organization.

I have mentioned the Yanahli Wildlife Refuge in past columns and I am very proud to share with you that there are actual hiking trails being built on that property. Our own Master Trail Builder, Jim Schroeder is coming back strong after a period of disability and is actively building hiking trails there. There has been a loop trail developed around the Cheek's Bend section and at last report was almost complete. I am proposing a National Public Lands Day project there this September for TTA. I will be providing you with details very soon. I think having additional hiking trails right here in Middle Tennessee is a fantastic prospect. The land is

there...1,890 acres...and the features are just waiting to be developed. Mark your calendars now for this event!

So much is happening in the hiking community that it's hard to keep up with it all...I hope you have set aside some time to participate in the Big Dig III. We'll take as much time and energy as you can give us. Every mile of trail on the ground is another section that eventually will connect all the dots in the Southeast for the Great Western Alternative...hiking trails from Key West to Canada. Help me make this dream come true and have fun doing it!

Fount

2005 TTA Calendar

The following dates in 2005 refer to statewide activities involving TTA as a whole. Please refer to this calendar often to help with planning a volunteer event in support of these major activities (and/or for preventing scheduling conflicts during one).

May 23-Jun 25

Cumberland Trail Conference's BIG DIG

Jun 4

National Trails Day

(Theme: Take the Path to a Healthier You)

Aug 6

Board of Directors' Meeting (Nashville)

Sep 24

National Public Lands Day

Oct 14-16

TTA's Annual Meeting (Monteagle, TN)

Oct 16

Board of Directors' Meeting (Monteagle, TN)

**Calendar will be revised as needed.*

Your Generosity Benefits All

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

In the past, Supporting Member donations in excess of the regular dues were allocated to TTA's general operating fund. At the November 2001 Annual Meeting, TTA's Board of Directors voted to allocate Supporting Member donations to the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

CUMBERLAND TRAIL CONFERENCE

CUMBERLAND TRAIL CONFERENCE STAFF:

Executive Director Paul Freeman *paul.freeman@frontiernet.net*
Trail Development &
Maintenance Coordinator Mark Stanfill *mark.stanfill@frontiernet.net*
Office Manager Nora Beck *nora.beck@frontiernet.net*
Bookkeeper Janet D. Smith *janet.d.smith@frontiernet.net*

Office Location 19 East 4th Street
Crossville, TN 38555
Office Hours 8am-5pm
Phone: 931-456-6259
Fax: 931-456-4934
Email: *cumberlandtrail@rocketmail.com*
Website: *www.cumberlandtrail.org*

Sign Up for BIG DIG III!!

Date: ____/____/____

Name/Organization: _____

Address: _____

City,State,Zip: _____

Work phone: _____ Home phone: _____

E-mail: _____

Yes, I can volunteer on the Following Trail Dates

Week 1 (May 22-28th): Sun____ Mon____ Tues____ Wed____ Thur____ Fri____ Sat____

Week 2 (May 29-June 4th): Sun____ Mon____ Tues____ Wed____ Thur____ Fri____ Sat____

Week 3 (June 6-June 11th): Sun____ Mon____ Tues____ Wed____ Thur____ Fri____ Sat____

Week 4 (June 12-18th): Sun____ Mon____ Tues____ Wed____ Thur____ Fri____ Sat____

Week 5 (June 20-25th): Sun____ Mon____ Tues____ Wed____ Thur____ Fri____ Sat____

***CAMP LODGING: CIRCLE those NIGHTS above where lodging is required (Sunday to Saturday).

Vegetarian meal preferred: Yes No

How can I help? (circle):

Trailbuilder____Cook____Sponsor BIG DIG ____ Donate
Food/Materials____

I want to help sponsor the BIG DIG: ____\$35 ____\$50
____\$100 ____\$500 ____Other

I want to help donate food or materials (please
list): _____

Return Form to:

CTC BIG DIG

19 East 4th Street
Crossville, TN 38555
Fax to 931-456-4934

For more information: 931-456-6259 or
cumberlandtrail@rocketmail.com

Adopt-A-Food

Spring BreakAway saw much of our food inventory used so if you would like to help restock our inventor here is your chance to help out with the BIG DIG III. We were able to cover much of the expense food through your contributions. If you can help with any of the needs below just let me know. If you would like to donate food or funds contact Betty Porter at 901-755-4740 or email *tricia_elias@yahoo.com*.

Lunch Items:

4 oz applesauce Cheese and Crackers
4 or 8 oz canned fruit 4 oz puddings
Peanut Butter and Crackers
Peanut Butter and Jelly

Bulk Items:

Ziplock sandwich bags Brown bags
Napkins Boxes of cereal
Coffee
Drink Mix (lemonade or Kool-Aid)
Snack foods

Don't Miss an Outing ... Plan Ahead, Register Early!

Our hike coordinators are volunteers. Make it easier for them to contact you in the event their hike needs to be cancelled by registering! There are times when a hike leader must limit (due to park regulations, etc.) the number of participants on an outing. Please do not wait until the afternoon or evening before the outing to RSVP. Plan ahead and register early.

BIG SOUTH FORK CHAPTER

CHAPTER OFFICER: Thomas Howell

423-628-5521, tshowell@nxs.net

SECRETARY-TREASURER: Benita Howell

423-628-5521 or 865-974-7797, bhowell@nxs.net

BOARD REPRESENTATIVES: Tim and Lynn Takacs

615-824-7048, lynnTakacs@comcast.net or ttakacs@comcast.net

OUTINGS COORDINATOR:

(call & volunteer to lead an outing)

Eric Wilson 423-628-2817, ericavi@nxs.net

June 11 Blue Heron Loop, Big South Fork NRRRA, Kentucky.

We will hike the Blue Heron Loop in the Kentucky portion of the Big South Fork NRRRA. The loop is about 7 miles, with a 2 1/2 mile alternative for those who want a shorter hike and time to explore the Blue Heron exhibits. We will meet 9:00 am ET and carpool from the Harrow Road Café in Rugby, or you can meet us at the Blue Heron parking area at 10am ET. Bring snacks, lunch, and plenty of water. To register or for additional information, call Tom or Benita Howell: 423-628-5521, or email tshowell@nxs.net.

CLARKSVILLE CHAPTER

CHAPTER OFFICER: Judith Tate

931-920-2692, mamx4@charter.net

OUTINGS COORDINATORS:

(call & volunteer to lead an outing)

J.R. Tate 931-920-2692

Suva Bastin 931-645-2849

Wanda McCluskey 931-906-3338

Sandi Hamilton 931-920-2760

MEETING: Monthly - 3rd Tuesday at 7:00 pm CT, Crow Community Center, 211 Richview Rd

June 4 Nathan Bedford State Forest. Meet 7:00 am @ Big Lots Parking Lot on Riverside Dr., J.R. Tate 931-920-2692, 10 miles, moderate.

June 11 Natchez Trace. Meet Big Lots 8:00 am, Suva or Jack Bastin 931-645-2849, 5 miles, easy to moderate

June 18 Radnor Lake. Meet 8 am @ Exit 11 Park & Ride, Sandi Hamilton 931-920-2760, 4 miles, moderate

June 21 MONTHLY MEETING Crow Center, 7:00 pm; Program TBA; contact Judith Tate 931-920-2692

June 25 Hiker's choice: TBA

Attention: Hike Coordinators

A TTA Release of Claims & Hold Harmless Agreement form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our website:

www.tennesseehike.org/release.php

Carpool Etiquette

Gasoline prices have continued to roller coaster up and down. Please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it'll save time and prevent the inconvenience). Your driver is not a chauffeur. Assist him or her by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing. All passengers must wear seat belts to minimize the risk of injury in case of an accident!!! The drive is generally the most dangerous part of any hiking trip.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER OFFICER: Rick Lausten

615-373-0029, saturncar1@aol.com

OUTINGS COORDINATOR:

(call & volunteer to lead an outing)

Tanya Juday 931-490-0856

MEETING: Monthly - 1st Tuesday at 6:30 pm CT
Grand Buffet (North of Spring Hill)

June 4 Cyndi Shalhoub will lead a hike of the Garrison Creek trail on the Natchez Trace Parkway. This 6.3 mile, balloon loop trail is rated moderate and has a creek crossing, so bring sandals or water shoes as well. We will depart from the A&D Market at 9:00am. Please bring water and lunch. Register with Cyndi at cyndi.shalhoub@willis.com

June 7 MONTHLY MEETING We hope to have a guest speaker from the Tennessee Nature Conservancy discuss recent developments in the TNC and the Duck River Project.

June 10, 11, 12 Russell Smith is coordinating the Columbia-Franklin Chapter participation the Big Dig. We'll leave at noon on Friday, June 10 and return Sunday, June 12. Contact Russell to save a place: 615-790-1833 or carving082334@aol.com

MONTHLY MEETING REPORT

On May 3rd, our guest speaker was Steve Walsh, manager of development and membership for the Tennessee Parks and Greenways Foundation. The TPGF has recently purchased 92 acres off Hwy 43 south of Mount Pleasant that contains a 75 foot tall cascading waterfall know as Stillhouse Hollow Falls. Steve discussed this acquisition as well as others in Tennessee. The Columbia-Franklin Chapter has been invited to construct a trail from the parking area off highway 43 to the falls. While timing and details need to be finalized, the chapter enthusiastically supports this opportunity and will work building a trail when all approvals have been granted.

(cont') COLUMBIA/FRANKLIN CHAPTER

HIKE REPORTS

On April 9th, Keith White led a group to the Franklin State Forest near Monteagle. Reports were that it was terrific hike.

On April 23rd, Rick Lausten led 6 other hikers on a hike of Short Springs near Manchester. This moderate 3 mile hike was prolific with wildflowers and cascading water - a real jewel of Middle TN. The Highland Rim Chapter is to be commended for an excellent job in maintaining and improving this trail. The descent to the Wildflower Trail and to Machine Falls is must improved from last year. Thank you!! After the hike, three people ate at Davy Crockett's Roadhouse for lunch while four others hiked Old Stone Fort.

PLANNING AHEAD

July We need volunteer hike leaders to lead a hike of his/her selection. Please contact Rick Lausten at 615-373-0029 or saturncar1@aol.com if you'd like to volunteer.

COVE LAKE CHAPTER

CHAPTER OFFICER: Richard Helm

423-562-1110, Richard.Helm@ahss.org

CO-CHAIR: Mari Haslam

423-562-3227, pittsteelersfan@earthlink.net

MEETING: Monthly - 2nd Monday at 6:00 pm ET

LaFollette Recreation Center's Craft Room, 201 S. 9th St.

June 4 "Come Hike with Us!" In celebration of National Trail Days, we are sponsoring two hikes on the Cumberland Trail near Cove Lake State Park. One hike will be around Volunteer Loop behind the park. This is a short easy hike, which will take us by a quiet meditation spot next to a beaver pond. The other, longer hike will take us up to the top of the interesting rock formation above I-75 known as the Devil's Racetrack. We will meet at the Bruce Gap Creek Cumberland Trail parking lot behind the State Park at 8:00 am. For information/reservation, call Richard Helm at 423-562-1110.

June 13 MONTHLY MEETING The Cove Lake Hiking Club, Cove Lake Chapter of the TN Trail Assoc., will hold its June meeting at Cove Lake State Park with a potluck dinner. We will meet at the Cove Lake State Park at Shelter #1 at 6:00 pm Monday. Fees are waived. For information, contact Richard Helm at 423-562-1110.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER OFFICER: Rosemary Marshall

rosemary_1@hotmail.com

OUTINGS COORDINATOR:

(call & volunteer to lead an outing)

Bob Uhren, snowcap34@charter.net

TREASURER: Harold Draper, h.m.draper@att.net

June 11 Panther Creek State Park, Cherokee Lake. Hunt Knob and Maple Arch Trails. The trail is comprised of three loops. Hunt Knob follows the perimeter of Cherokee Lake in two loops totaling 5 miles. Maple Arch is an adjoining loop of 3.5 miles. We will plan to finish all three loops.

(cont') EAST TN CHAPTER

(cont') June 11 These trails may be rocky from horse traffic, although they are currently closed to horses. Bring lunch and plenty to drink. Located off Andrew Johnson Hwy, just east of Hwy 160, Morristown. We will meet at the Visitors Center at 10:00 a.m. If you care to carpool from Knoxville, meet at the Food City on Ashville Hwy at 9:15 am. For more information contact Fran Cope, (865) 219-0301 or Fcope48@comcast.net.

June 20 Great Smoky Mountains, Gregory Bald. Need a day away from work? Then join us on Monday, June 20 as we hike up the Gregory Ridge Trail to see the wild azaleas on Gregory Bald. If our timing is right and they're in bloom, it's one of the best displays in all of the Smokies. Be advised that this is a challenging hike of 11.0 miles with a 5.5 mile 3000/ft. ascent from the trailhead to the bald. Sturdy hiking shoes and a good walking stick are a must for this hike. Bring along snacks, lunch and enough water to last all day. We'll meet at 8:30 a.m. in the parking area at the start of the Cades Cove Loop. For more information contact Bob Uhren, (865) 748-9227 or snowcap34@charter.net.

June 25 Bald River Falls Trail, Bald River Gorge Wilderness, Cherokee National Forest, Tellico Plains, TN. 9.5 miles, rated easy to moderate with a 480 foot elevation gain. This hike follows the course of the river, beginning at Bald River Falls and ends at a large cascade where we will eat lunch and then return by the same route. Bring camera (for the scenic cascades), sturdy hiking boots, 2 bottles of water, lunch, walking stick, and money for an optional supper at the Bistro-by-the-River. Meet at 8:00 am. at the Bi-Lo on 411 South in Maryville. Register with Robert and Patty Paul at 865-983-1985 or pdpaul_135@hotmail.com

HIGHLAND RIM CHAPTER (Tullahoma Area)

CHAPTER OFFICER: Doug Ratliff

931-455-0249, dougratliff@hotmail.com

MEETING: 3rd Tuesday, 7:00 pm CT at the D. W. Wilson Community Center, 501 N. Collins St., Tullahoma.

June 4 National Trails Day, Participation in the Big Dig, Soddy Daisy, TN. We will be joining other chapters in celebrating National Trails Day by helping with the Big Dig. Volunteers are needed to help build trail, perform trail maintenance, help around the camp, and help in the kitchen. No previous experience is needed. Contact Doug Ratliff at dougratliff@hotmail.com or 931-455-0249.

June 21 MONTHLY MEETING Join us for our monthly meeting as we talk about past adventures and plan future ones. New hikers and guests are always welcome to attend. See you at 7:00 pm CT at the D. W. Wilson Community Center, 501 N. Collins St., Tullahoma.

JACKSON CHAPTER

CHAPTER OFFICER: Gary Cooper
731-424-5375 gcooper52@yahoo.com

MEETING: Meeting: Monthly: 1st Tuesday at 7:00 pm CT
Lambuth University, 705 Lambuth Blvd, Hyde Hall in basement
on Maple Street. Look for TTA signs.

June 4 Savage Gulf State Natural Area Camping—please register by June 2—call Sara Hakim, 731-424-6692, hakim@lambuth.edu for information and registration.

June 7 Monthly Meeting—Come and meet new friends, hear about past and upcoming hikes. New hikers and guests are always welcome.

June 25 Lady's Bluff, Parsons, TN This is a short hike just to the top of the bluff and back down. If anyone would like we also may do the short hike at Mousetail. Meet at the trail head at Lady Finger Bluff. There's a sign indicating the turn to Hwy 438 (that also goes to Mousetail) and there is a parking area about a mile down the road. Meet at 9:30 in the parking area. To register or for information call Candy Higgs 731-695-1960 or chiggs@armstrongallen.com

MEMPHIS CHAPTER

CHAPTER OFFICER: Carolyn Pierce
901-755-5635, cedpierce2000@yahoo.com

BOARD REPRESENTATIVE: Gloria Lenski
901-213-0604, glorialenski@yahoo.com

MEETING: Monthly (Sept - May) 3rd Thursday at 7:00 pm
Meeting Location: Cordova Library, 8457 Trinity Rd. 901-754-8443 Located off Germantown Parkway east on Trinity Rd. 1 1/8 mile. On the right - shares an entrance with Bert Ferguson Community Ct.

June 22 Mark your calendar to attend the Sierra Club meeting, 6:30 p.m. at the Memphis Public Library, 3030 Poplar Ave. Plans for completion of Tennessee's first linear state park will be outlined by Cumberland Trail Conference executive director Paul Freeman at the Chickasaw Group's June program. The Cumberland Trail had its beginnings in the minds of several dedicated hikers and conservationists in the 1960's and led to the formation of the Tennessee Trails Association in 1967. The TTA lobbied for a bill creating the Tennessee Trails System in 1971 and the Cumberland Trail resulted. Scores of volunteers built 100 miles of the trail through 1995 as one of seven planned walking trails. For more information, contact Carolyn Pierce at 901-755-5635.

It's vacation time! No other chapter meeting and hikes are scheduled for the month of June. Next event will be the Memphis Harbor Kayak Tour. In the meantime, check out other TTA chapter hike listings and join a hike!

MURFREESBORO CHAPTER

CHAPTER OFFICER: Anna Bertram (also Board Rep.)
615-765-5357, abertram@heartoftn.net

OUTINGS COORDINATOR:
(Call & volunteer to lead an outing)

Ron Dunn
615-867-3301, trekkingtn@yahoo.com

MEETING: Monthly - 2nd Tuesday at 7:00 pm CT
Barfield-Crescent Park's Wilderness Station
697 Barfield Rd., Murfreesboro

June 3-5 National Trails Day Celebration at the BIG DIG - Our Chapter will help build the Cumberland Trail in the gorgeous gorges named Rock, Possum, and Soddy! Free lodging at Dogwood Camp or optional "camping on the green"; meals, training, and tools furnished. Get a free tee shirt! Work and have fun together! Beautiful hiking opportunities abound in the area too. Other Chapters and members are welcome to join us. Contact Fount Bertram fwbertram@heartoftn.net or 615-765-5357

June 11 Percy Warner Park, Nashville, TN. Enjoy the wonder of the woods with the convenience of the city on this New Comer/Beginner hike at an old favorite. We will have the option of either the easier 2.5-mile Warner Woods Trail or the moderate 4.5-mile Mossy Ridge Trail. Either way, bring water, snacks, sturdy shoes and \$\$\$ for lunch afterwards. To sign up, contact Jeanne' 615-542-8044 or hoaxie@comcast.net.

June 14 at 6:00 pm Family Cookout Picnic – Rain or Shine – at the Barfield Crescent Park! (Replaces monthly meeting but starts an hour early at 6:00 pm) No business meeting, just food, fun and fellowship! The TTA will furnish hamburgers, hot dogs, and vegetarian substitutes. Just bring a dish or two to share, your family, friends, neighbors, and hiking prospects. We would also welcome another portable grill or two. Please give us an idea of the number to expect by contacting Anna Bertram abertram@heartoftn.net or 615-765-5357.

June 18 Savage Gulf Day Loop Trail – This is one of my favorite short, easy hikes. It starts at the Savage Gulf Ranger Station and winds along the Savage Gulf Rim for almost 3 1/2 miles. Along the way are several outstanding overlooks and for a wee bit more effort there is a side trip down to Savage Falls. There should be a good deal of water going over the falls this time of year. If we are lucky...and it appears that we might be...we should have either mountain laurel or rhododendron blooming...maybe even both. There is a suspension bridge on the way to the trailhead. There are no hazards to speak of on the fairly level easy terrain. You will want to bring a lunch, plenty of water...the weather is warming up...and snacks. Dress appropriately for the forecasted weather and wear sturdy hiking shoes or boots. To sign up contact Fount Bertram fwbertram@heartoftn.net or 615-765-5357

NASHVILLE CHAPTER

CHAPTER OFFICER: Jim Johnson
615.356.6246, jimjohnsonjr@gmail.com

OUTINGS COORDINATOR:

(call & volunteer to lead an outing)
Nancy Juodenas, njuodenas@hotmail.com
Sue Waldrop

MEETING: Monthly - 4th Tuesday at 7:00 pm CT
TN Wildlife Resources Association meeting room at Ellington
Agricultural Center, 5105 Edmondson Pike

HIKING HOTLINE - 615-367-7045

June 4 Beaman Park 1st Saturday Hike Joelton, TN. Join Friends of Beaman Park as we explore one of Nashville's newer parks being developed by volunteers. We will enjoy the park with leaves out and flowers blooming. Our hike is from 9:00 am until 12:00 noon CT on terrain rated easy to moderate. We will meet at the spring on Little Marrowbone Road. For information and to register, contact the Warner Parks Nature Center at 615-352-6299.

June 4 Walls of Jericho. 7-mile hike rated strenuous due to the elevation change of 100 feet and the slippery areas near the bottom of the trail. Creek crossing and rock scrambling involved. The hike is well worth the effort due to the 150-200 foot rock cliffs in the canyon from which the area derives its name. Wear boots; bring hiking stick, water, snacks, lunch and money for carpooling. Meet at the Target on Bell Road at 7:00 a.m. For more information and to register call Garnett Rush at 352-7217 or e-mail rushga01@yahoo.com.

June 5 Fiery Gizzard / Dog Loop Trails - Grundy Forest State Natural Area (Monteagle, TN). This 6.6-mile hike is rated difficult for rocky terrain and elevation changes. Exceptional views and outstanding late spring wildflowers. Hike starts at Grundy picnic shelter and proceeds 1.3 mi to Sycamore Falls, next bolder hopping beside Big Fiery Gizzard Creek for 2.5 mi and up to Raven Point Camp. Return is along ridge on Dog Hole Trail for 2.8 miles back to the picnic shelter. Bring sturdy boots, water, snacks and lunch. We'll leave at 9:00 am CT from the Target parking lot on Bell Rd (I-24, Exit 24). For information, contact Brion Dion 615- 331-7331

June 11 Beginner's Hike Cedar's of Lebanon State Park This is an easy 5-mile flat trail. Bring plenty of water, some money for lunch and wear comfortable shoes. We will meet at Kinko's on Donelson Pike at 7:30. The weather is warm and we may be glad to have an early start. Call Sue Waldrop 615-662-7594 to register.

June 12 Sewanee Perimeter Trail (sections) along with other trails, as well as sidewalks on the University of the South campus. Dogs are welcome. We will start at the Greens View trailhead and do a loop hike of about 9 miles. We will have bluff views in several directions and waterfalls, and the wildflowers will be in bloom. Rated Moderate due to the distance. Be sure to bring snacks, and appropriate boots and clothing. We will be leaving from the Target on Bell Road at 9:00 am, contact Brion Dion 615-331-7331 to register.

(cont') NASHVILLE CHAPTER

June 15 Shelby Bottoms, Nashville TN. Roller blade/bike, hike. This is a flat, paved, Greenway, that is ideal for roller blading and biking. We will meet at 5:45 for the 7.5-mile roundtrip "hike". Call Jerry Hendrixson at 423-7019 for information and to register.

June 16-19 Roan Mountain State Park Car/tent camping and day hiking. Shorter hikes on the driving days (Thursday, Sunday), with longer hikes Friday and Saturday. This is an area with numerous hiking trails: the State Park, Carvers Gap (AT, Rhododendron Garden, etc.), and the Pond Mountain Wilderness Area. Main group will leave Nashville early Thursday morning and arrive at campsite mid to late afternoon. Limited spaces available. Registration fee: \$20. Must be registered to attend. To register, call Doug Burroughs, OGS at 615-292-9307.

June 28 MONTHLY MEETING Our guest this month is the State of Tennessee's newly-appointed Assistant Commissioner for Parks and Conservation, Mike Carlton. Of course, many of us recall Mike from his days as Manager of Radnor Lake State Natural Area, a post he first assumed---are you serious?!---now nearly twenty years ago. We congratulate Mike on his new duties and his long career as a model steward for our state parks. Mike will speak to us on the present and the future of Tennessee's State Parks. Our meeting begins at 7:00 pm and takes place at the TWRA Region II Headquarters Building on the Ellington Ag Center campus. Directions to the TWRA Building: From Franklin Road, between Harding Place and Brentwood: At the traffic signal, turn east on Hogan Road. Go 1.3 miles to the four-way stop at Marchant Drive. The Ag Center is straight before you, but don't go through the gates. Instead turn right on Marchant and follow the pavement through the campus for a quarter-mile. At the stop sign at the bottom of the hill, dogleg left and then right into the TWRA driveway. From I-24 east of Nashville: Take the Harding Place exit 56 west. Go approximately 1.5 miles and turn left at Nolensville Road. At one-tenth of a mile, turn right onto Edmondson Pike. At about 1.5 miles, turn right into the east entrance of the Ag Center. (Look for large meadows bounded by a fence). Just past the stop sign, turn right into the TWRA entrance. From I-65 south of Nashville: Take exit 78 Harding Place east. At one-tenth of a mile, go right on Trousdale Drive. At about 1.5 miles, turn left onto Hogan Road at the four-way stop. At about one-half mile, turn right onto Marchant (another four-way stop), following the pavement through the Ag Center campus to the stop sign at the bottom of the hill. Dogleg left and then right into the TWRA driveway.

NORTHWEST CHAPTER (UT at Martin / Weakley County)

CHAPTER OFFICER: Jim Clark
731-587-2225, jclark@utm.edu

MEETING: usually the 2nd Thursday, call for confirmation or visit our chapter website. Meetings start at 7:00 pm CT
UT Martin Campus, Boling University Center, Room 231
WEBSITE: www.utm.edu/~jclark/trails/

No hikes scheduled at this time. In the meantime, check out other TTA chapter hike listings and join a hike!

PLATEAU CHAPTER (Crossville)

CHAPTER OFFICER: Terry Brophy

931-707-7234, tpbrophy@multipro.com

SECRETARY/TREASURER: Myra Holloway

MEETING: Monthly - 2nd Thursday at 6:30 pm CT, Art Circle Public Library's Community Room, 154 East 1st Street in Crossville

No scheduled meeting in June. Next meeting is Sept. 8, 2005. Picnic is planned in July with more info to follow.

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Haynes at 931/707-7606 or e-mail sue1290@frontiernet.net for details. Rain cancels.

June 11 Cloudland Canyon State Park, Trenton, GA. This hike is located on the western edge of Lookout Mountain to the south of Chattnooga and just across the border in Georgia. This is one of the most scenic parks in GA. The hike is strenuous at first as we visit two waterfalls and then moderate as we hike along the West rim trail. The overall hike is about 6 miles long. Meet at the Cumberland Mountain State Park Boat Launch Center at 7:00 am CT. For more information and to register, please contact Bill & Mitze Anderson at 931/788-6731 or e-mail at wanderso121@yahoo.com. Lunch in Chattnooga after the hike.

June 18 John Litton/Angel Falls Overlook, Big South Fork. The hike is about 9 miles long with a short car shuttle to end point at Leatherwood Ford. The hike is fairly difficult due to the length. Meet behind the Cracker Barrel at 8:00 AM CDT. For information and to register, contact Bill Harris at 931/484-9152. We are planning on (for those wish) to eat at BACARA's east of Jamestown after the hike. Reservations are required. Those that wish to eat must tell Bill by June 8, so we can arrange the carpools with/without those eating and to make the reservations.

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICER: Richard Savage

931-526-2035, savage_richard@hotmail.com

June 25 Spicewood and North Old Mac Trails, Frozen Head State Park, Wartburg, TN. We will hike to the fire tower on Frozen Head Mountain, one of the highest peaks in the Cumberland's. We will ascend the mountain on the Spicewood Trail and descend on the North Old Mac Trail. The hike is about 8 miles and is rated strenuous because of the elevation change. Bring snacks, water, lunch, and wear sturdy hiking boots. You can meet us at 8:00am CT in the Penney's parking lot in Cookeville. For information and to register contact Cindy Walinski at 931-394-3413 or cwalinski@blomand.net.

SODDY DAISY CHAPTER

This chapter is being reorganized. For further information contact the T.T.A. President, Fount Bertram, at 615-765-5357 or fwbertram@heartoftn.net In the interim, you are welcome to attend other chapters (13 to choose from) **outings, events and meetings.**

June

by Mark Anthony Kernan

Dark, damp - downright depressing,
Skies painted in shades of grey on gray,
On this dull, dreary December day.
But Winter nears end,
And Spring will begin,
Oh what a beautiful blessing.

The sun will shine,
The sky turns blue,
Life itself begins anew.
Months roll by,
It's soon July,
The evenings are so fine.

Delightful days - so opportune,
To laugh and play,
Our lives to weigh.
The days, the months, the seasons,
All special times for reason.
My favorite though is June.



OFFICERS:

President
 Fount Bertram 615-765-5357
fwbertram@heartoftn.net

Vice-President
 Anne Wesley 615-851-1052
ttahiker@msn.com

Treasurer
 LouAnn Partington 931-393-4835
louannpartington@bellsouth.net

Secretary
 Carolyn Miller 931-456-4465
cardan@frontiernet.net

Past President
 Leigh Jones 931-484-5298
cejones9@earthlink.net

Previous Past President
 Libby Francis 615-889-5718
libbyslibbys@comcast.net

West TN At-Large Director
 Jerry Lenski 901-255-6574
jlenski@yahoo.com

Middle TN At-Large Director
 Brent Morris 931-454-1718
bmorris@edge.net

East TN At-Large Director
 VACANT

Membership
 Garnett Rush 615-352-7217
rushga01@yahoo.com

**Cumberland Trail Conference
 Representatives**
 Sandra Spearman 931-839-2320
sandbar@multipro.com

TN Rails To Trails Advisory Council
 VACANT

CHAPTER REPRESENTATIVES ON THE BOARD
 ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor
 Tina Dean *editor@tennesseetrails.org*

Newsletter Deadlines

Deadlines for Chapter announcements
 and articles of special interest
 are due as follows:

Due For Newsletter Dated

June 5 July 1

July 5 August 1

August 5 September 1

Articles submitted are subject to editing
 and will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

ADOPT-A-TRAIL NEWS

ADOPT-A-TRAIL OFFICER:

Harold Draper 865-689-7757 *h.m.draper@att.net*

Adopt-a-Trail of the Month

Frozen Head State Park trail volunteer days: May 21, June 4, July 16, August 20, September 17, and October 19. Meet at 9:00 a.m. at the Visitor Center on Flat Fork Road off of State Route 62 east of Wartburg. For more information call 423-346-3318. To publicize your next trail volunteer day, contact Harold Draper at h.m.draper@att.net.

Have You Considered ...

Maintaining a particular trail or section of trail?

Through the cooperation of land managers, who periodically inform us of volunteer opportunities, TTA can put you in touch with several Adopt-A-Trail programs, or offer suggestions on how to approach local land managers in your area.

The Adopt-A-Trail program is quite simple and flexible. Volunteers or chapters select the trail they wish to adopt and at the same time determine the level of trail maintenance they wish to undertake. Their only commitment is to hike, inspect, and report on the trail's conditions and maintenance needs twice per year. Light trail maintenance (clipping, pruning, trash and minor blow-down removal) is encouraged during each inspection. Serious trail problems identified will be reported to the local land management agency for resolution.

TENNESSEE RAILS-TRAILS ADVISORY COUNCIL (TRAC)

website: www.TNRailsTrails.org

TRAC is in the process of being reorganized. Stay tuned for further information.

MISSION: *To act as a resource and mentor for planning, development, and management of rail-trails throughout the State of Tennessee for the purposes of appropriate recreation, preservation of rail corridors, and alternate transportation, in order to benefit the general public, communities, commerce and tourism.*

Tennessee Trails Merchandise Order Form

_____ TTA Patch6.00
Round embroidered patch, sew it on anything.

_____ TTA Window Decal3.00
A must for each car.

_____ TTA 35th Anniversary Commemorative T-Shirt ...16.00*
Choose Size: Small / Medium / Large / X-Large
Choose Color: Sand / Yellow / Stone-Gray

_____ TTA 35th Anniversary Commemorative Patch6.00
Round embroidered patch commemorating TTA's 35th Anniversary, sew it on anything.

_____ *Shipping & Handling on T-shirt Orders ONLY!!! 1.50

Name: _____

Address: _____

City: _____ State: ____ Zip: _____

Phone hm: (____) _____ wk:(____) _____

E-mail Address: _____

*Mail your check payable to: Tennessee Trails Association
 c/o Marietta Poteet, 324 Raintree Drive
 Hendersonville, TN 37075*

Please allow 4 weeks for delivery and prices shown include postage.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED

First Class Mail
U.S. Postage Paid
Nashville, TN
PERMIT NUMBER 4053



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

A NEW MEMBER

May 05

RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Garnett Rush 615-352-7217 rushga01@yahoo.com

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

___ Individual \$25.00

___ Family \$35.00

___ Student (FULL-TIME) \$15.00

___ Supporting (\$50.00, \$100.00 or more)

___ Life Member (Individual) \$500.00

___ Life Member (Family) \$750.00

Name _____

Address _____

City _____ State _____

Home Phone (___) _____ Zip _____ -- _____

Work Phone (___) _____

e-mail _____

Please do not list my e-mail address in the TTA Annual Membership Directory

Please list me with the following chapter:

- | | | | |
|-----------------------|---|--------------------------------------|--------------------------|
| ___ Big South Fork | ___ Cumberland Gap | ___ Memphis | ___ Plateau (Crossville) |
| ___ Clarksville | ___ East TN (Oak Ridge/Knoxville) | ___ Murfreesboro | ___ Soddy Daisy |
| ___ Columbia/Franklin | ___ Highland Rim (Manchester/Tullahoma) | ___ Nashville | ___ Upper Cumberland |
| ___ Cove Lake | ___ Jackson | ___ Northwest (UT at Martin/Weakley) | (Sparta/Cookeville) |
| | | | ___ At Large |

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.

Purchase Order

Tennessee Trails Association
P. O. Box 41446
Nashville, TN 37204-1446

Tina Dean
865-774-1070

May 20, 2005

Color Plus Printing
4825 Trousdale Dr, #102
Nashville, TN 37220

Leonard Chavaz
615-781-1071
cell ph: 615-207-0947

Newsletter Printing

Cover Date:

June 2005

Number of pages submitted
with this purchase order:

10 pages

Printed Paper size:

two - 11 x 17 sheets, one 8.5 x 11 sheet insert
printing on 2 sides
11 x 17 pages to be folded in ½ by Color Plus

Paper Weight:

20 pound paper weight

Paper Color:

white

Ink Color:

black

Print Quantity:

900 pieces

Approximate Cost:

Send **TAX EXEMPT** Invoice to:

Tennessee Trails Association
P. O. Box 41446
Nashville, TN 37204

Leonard,

Mr. Henderson (Chief Wagee) will be handling the printed copies – the newsletter will need to be ready by May 23rd. Thank you! Tina Dean *Please call 865-660-2495 if you have any conflicts.