

# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.*

SPONSOR FOR THE CUMBERLAND TRAIL



## The BIG DIG III May 22 - June 25

The BIG DIG is back ready to take a dive into Soddy Creek Gorge! We will continue the progress made during the Spring BreakAway into the BIG DIG III. If you are not familiar with the BIG DIG, this is a program designed for volunteers of all ages and is flexible to meet your schedule. We will be working seven days a week for five weeks. Housing and meals are furnished to volunteers at the Dogwood Lodge Church Camp. Each evening volunteers will have an opportunity to listen to local speakers or music for our educational programming.

### How can you help?

**Trail builders** – No experience required to come out and build trail. We will teach you!

**Staff Positions** - We hire a staff to lead teams of volunteers on the trail. They will teach and lead each day. If this interests you or if you know someone who might be, contact Mark Stanfill for more information.

**Kitchen Crew** – The people in the kitchen cook and prepare food, do the grocery shopping, and make sure that there is enough food for everyone. Many of the same people that helped last year are back, but I'm sure your help will be needed.

**Camp Help** – There will be food and materials to pick up, tools to be sharpened, & camp to be cleaned. Plenty to do!

**Basic Trail Maintenance** – If you like to be on the trail, but feel that trail construction is too much, then we need people to walk the trails in the area to run chainsaw, paint blazes, clip branches, pick up litter, and tell hikers about the Cumberland Trail!

*(See Page 3 for Sign-up Form!)*

## How Did Fiery Gizzard Trail Get Its Name?

Bob Richards from TDOT, who built most of the trails in the South Cumberland, had just flagged the new trail, and he invited some of TTA to hike with him for a day and see what they thought of this route. There were five of us: Herman Baggenstoss (now deceased), Herman had given the right-of-way for the trail through his land. The three TTA members were Evelyn Tretter, myself, and I don't remember the other person. We started at Foster Falls. At lunch time, we were seated at an overlook, talking about the creek down below us. Its name was Fiery Gizzard Creek. Bob told us the folklore version and the probably true version of how it got its name.

**Folklore Version:** Davy Crockett was hunting with a group and they shot a wild turkey. That night they cooked it over the fire, and being very hungry, they pulled it apart rather quickly and Davy Crockett got the gizzard and bit into it. It was still very hot, and he was wont to yell: "Damn that fiery gizzard!"

**Probably real version:** There was an iron mill on the creek, and when the hot slag was pulled from the mill, it was thrown into the creek causing steam to arise from the creek that already was called Gizzard Creek. When seeing the steam arise, local folks would say. "They are firing up that Gizzard Creek again." Hence Fiery Gizzard Creek.

Shortly after that Bob Richards said: "We need a name for this new trail. And I spoke up and said: "What better name could we have then Fiery Gizzard Trail Everyone agreed that was the right name. So I can honestly say that I named the trail. However, Fiery Gizzard Creek already existed.

- Bertha Chrietzberg,

T.T.A. Life Member - Murfreesboro Chapter

## *Walking with Fount*

Groundhog's Day has come and gone and the prediction, according to tradition, is for 6 more weeks of winter. This time of year tends to try our patience with a few warm days and then back to the ice box. We have been fortunate enough to have a number of good hiking days during the winter...New Years Day was almost perfect! Speaking strictly for me...I'm ready for Spring! It's encouraging to look out in my pasture and see this year's calf crop coming on strong. Nothing is more promising than seeing a dozen or more new calves prancing and running through the lower meadow. There are some daffodils and jonquils poking through the ground too. The promise of spring brings a feeling of joy and expectation for all the flowers and other fantastic scenery soon to be ours for the taking. I know all of you are anxious to be back out there.

There are several events planned to help us get back in the spirit of the outdoors. Don't forget the Cumberland Trail's Spring BreakAway running 4 weeks in March. This is a wonderful opportunity to help build trail and enjoy the outdoors as a premium. Edgar Evins State Park has their Spring Fling planned for the first weekend in April. There will be hikes, wildflower outings, birding opportunities and more. The Murfreesboro Chapter is co-hosting the weekend with the Friends of Edgar Evins State Park. We invite your participation in this fun weekend. I know there are other groups and parks with special spring activities. You may want to contact the TDEC web site for details.

The Cumberland Trail Big Dig III is coming up in June and we need your help there as well. National Trails Day, sponsored by the American Hiking Society, is June 4<sup>th</sup> this year. Stay tuned for events surrounding that nation-wide event. There are so many opportunities out there and we want to take advantage of them. I hope to see a lot of you at these functions.

Happy trails...

Fount

## 2005 TTA Calendar

The following dates in 2005 refer to statewide activities involving TTA as a whole. Please refer to this calendar often to help with planning a volunteer event in support of these major activities (and/or for preventing scheduling conflicts during one).

### **Feb 27–Mar 26**

Cumberland Trail Conference's Spring BreakAway

### **Mar 28-Apr 3**

TN State Natural Areas Week (awaiting confirmation)

### **Apr 22**

Earth Day (activities will probably be on Sat., Apr. 23)

### **Apr 28-May 1**

3<sup>rd</sup> Southeastern Foot Trails Conference (Pickens, SC)

### **May 7**

Board of Directors' Meeting (Nashville)

### **May 23-Jun 25**

Cumberland Trail Conference's BIG DIG

### **Jun 4**

National Trails Day

(Theme: Take the Path to a Healthier You)

### **Aug 6**

Board of Directors' Meeting (Nashville)

### **Sep 24**

National Public Lands Day

### **Oct 14-16**

TTA's Annual Meeting (Monteagle, TN)

### **Oct 16**

Board of Directors' Meeting (Monteagle, TN)

*\*Calendar will be revised as needed.*

## Your Generosity Benefits All

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

In the past, Supporting Member donations in excess of the regular dues were allocated to TTA's general operating fund. At the November 2001 Annual Meeting, TTA's Board of Directors voted to allocate Supporting Member donations to the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

# CUMBERLAND TRAIL CONFERENCE

## CUMBERLAND TRAIL CONFERENCE STAFF:

Executive Director ..... Paul Freeman ..... *paul.freeman@frontiernet.net*  
Trail Development &  
Maintenance Coordinator Mark Stanfill *mark.stanfill@frontiernet.net*  
Office Manager ..... Nora Beck ..... *nora.beck@frontiernet.net*

Office Location 19 East 4<sup>th</sup> Street  
Crossville, TN 38555  
Office Hours 8am-5pm  
Phone: 931-456-6259  
Fax: 931-456-4934  
Email: *cumberlandtrail@rocketmail.com*  
Website: *www.cumberlandtrail.org*

## Breakaway Is Underway, BIG DIG III is Coming Your Way Sign Up for Either One Today!!

We are beginning to dig trail for the 10th Annual BreakAway, but you can still sign up. We will be going for four weeks Feb 28 - March 26 in Soddy Daisy, TN. You have plenty of opportunity to come on down to help out; we will even take last minute reservations. If your plans change during the week and you would like to see what this Cumberland Trail is all about just let us know that you are coming so that we can find a place for you to sleep and Betty can cook some more of that good food!

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Circle One (or both): **Spring BreakAway** or **BIG DIG III**  
Name/Organization: \_\_\_\_\_  
Address: \_\_\_\_\_  
City,State,Zip: \_\_\_\_\_  
Work phone: \_\_\_\_\_ Home phone: \_\_\_\_\_  
E-mail: \_\_\_\_\_

Yes, I can volunteer on the Following Trail Dates (**for Spring BreakAway only**):

Week 1 (Feb 28<sup>th</sup> – Mar 4th): Mon\_\_\_\_ Tues\_\_\_\_ Thur\_\_\_\_ Fri\_\_\_\_  
Week 2 (March 7 -11th): Mon\_\_\_\_ Tues\_\_\_\_ Thur\_\_\_\_ Fri\_\_\_\_  
Week 3 (March 14 -18th): Mon\_\_\_\_ Tues\_\_\_\_ Thur\_\_\_\_ Fri\_\_\_\_  
Week 4 (March 21 - 25th): Mon\_\_\_\_ Tues\_\_\_\_ Thur\_\_\_\_ Fri\_\_\_\_

Yes, I need lodging on the Following Nights (**for Spring BreakAway only**): (If not, what arrangements did you make)?

Week 1 (Feb 27-Mar 4th): Sun\_\_\_\_ Mon\_\_\_\_ Tues\_\_\_\_ Wed\_\_\_\_ Thur\_\_\_\_ Fri\_\_\_\_  
Week 2 (March 6-11th): Sun\_\_\_\_ Mon\_\_\_\_ Tues\_\_\_\_ Wed\_\_\_\_ Thur\_\_\_\_ Fri\_\_\_\_  
Week 3 (March 13-18th): Sun\_\_\_\_ Mon\_\_\_\_ Tues\_\_\_\_ Wed\_\_\_\_ Thur\_\_\_\_ Fri\_\_\_\_  
Week 4 (March 20-25th): Sun\_\_\_\_ Mon\_\_\_\_ Tues\_\_\_\_ Wed\_\_\_\_ Thur\_\_\_\_ Fri\_\_\_\_

\*\*\*CIRCLE those days meals are needed (WED meals are not served)\*\*\*

Yes, I can volunteer on the Following Trail Dates (**for BIG DIG III only, check Sunday to Saturday**):

Week 1 (May 22-28th): Sun\_\_\_\_ Mon\_\_\_\_ Tues\_\_\_\_ Wed\_\_\_\_ Thur\_\_\_\_ Fri\_\_\_\_ Sat\_\_\_\_  
Week 2 (May 29-June 4th): Sun\_\_\_\_ Mon\_\_\_\_ Tues\_\_\_\_ Wed\_\_\_\_ Thur\_\_\_\_ Fri\_\_\_\_ Sat\_\_\_\_  
Week 3 (June 6-June 11th): Sun\_\_\_\_ Mon\_\_\_\_ Tues\_\_\_\_ Wed\_\_\_\_ Thur\_\_\_\_ Fri\_\_\_\_ Sat\_\_\_\_  
Week 4 (June 12-18th): Sun\_\_\_\_ Mon\_\_\_\_ Tues\_\_\_\_ Wed\_\_\_\_ Thur\_\_\_\_ Fri\_\_\_\_ Sat\_\_\_\_  
Week 5 (June 20-25th): Sun\_\_\_\_ Mon\_\_\_\_ Tues\_\_\_\_ Wed\_\_\_\_ Thur\_\_\_\_ Fri\_\_\_\_ Sat\_\_\_\_

\*\*\*CAMP LODGING: CIRCLE those NIGHTS above where lodging is required (Sunday to Saturday).

Vegetarian meal preferred: Yes No

How can I help? (circle): Trailbuilder\_\_\_\_ Cook\_\_\_\_ Sponsor BIG DIG\_\_\_\_ Donate Food/Materials\_\_\_\_

Have you participated in BreakAway before? Yes No (for Spring BreakAway only)

Have you participated in trail work before?: Yes No

I want to help donate food or materials (please list): \_\_\_\_\_

### Return Form to:

**CTC BIG DIG or CTC BreakAway**; 19 East 4th Street; Crossville, TN 38555 or Fax to 931-456-4934  
For more information: 931-456-6259 or *cumberlandtrail@rocketmail.com*

# Evan Means Small Grants Awarded

In February 2005, TTA's Board of Directors awarded Evan Means Small Grants to five volunteer groups across Tennessee for their trail-related projects. Volunteer-based, non-profit organizations, working alone or through public agencies, were eligible to apply for Evan Means Small Grants. These awards support special volunteer projects that are compatible with the chartered objectives of TTA: promoting and developing a system of hiking trails in Tennessee as well as working for the conservation of natural resources.

Congratulations to the following recipients:

**Friends of Big Hill Pond State Park (Pocahontas, TN)** - \$600.00, for providing a non-slip surface to .8 mile of an existing boardwalk.

**Clarksville Chapter (Clarksville, TN)** - \$500.00, to build trail signage and a kiosk, and produce maps/brochures for Rotary Park.

**City of Murfreesboro, Parks and Recreation (Murfreesboro, TN)** - \$1,149.55, for 45 trail and educational signs to be purchased for Barfield Crescent Park.

**Cumberland Trail Conference (Crossville, TN.)** - \$1,200.00, to help defray expenses of trail construction in the Rock/Possum/Soddy segment of the Cumberland Trail.

**WATeR (Loudon, TN.)** - \$600.00, for trail building materials, signage and maps for the project along the eastern shore of Tellico Reservoir.

The small grants program was established in February 1999 to honor Evan Means - journalist, author, conservationist, hiker, trail builder, originator of the Cumberland Trail, and co-founder of Tennessee Trails Association. Mr. Means won countless awards for his work over the years to protect Tennessee's natural resources and beauty, as well as for his dedication to projects that allow hikers to enjoy this natural beauty.

Grant requests for 2006 are currently being accepted and must be submitted by December 31, 2005. All chapters are encouraged to look within their local area, identify a special trail or park project, request and submit a formal grant application. Grant requests in the range of \$300-\$600 are encouraged. However, if a project requires additional grant money, considerations will be made. For additional information and to obtain an application, please write to:

TTA Grants Administrator  
P. O. Box 41446  
Nashville, TN 37204

## Adopt-A-Food

Here is your chance to help out with the BIG DIG III. We were able to cover the expense of food through your contributions. If you can help with any of the needs below just let Mark Stanfill know at [mark.stanfill@frontiernet.net](mailto:mark.stanfill@frontiernet.net).

### Lunch Items:

4 oz applesauce	Cheese and Crackers
4 or 8 oz canned fruit	4 oz puddings
Peanut Butter and Crackers	
Peanut Butter and Jelly	

### Bulk Items:

Rice (plain)	Egg Noodles
Lasagna Noodles	Spaghetti
Macaroni	Pancake Mix
Ziplock sandwich bags	Brown bags
Napkins	Boxes of cereal
Coffee	Potato Chips
Drink Mix	Snack food

## Banff Mountain Film Festival World Tour is on April 2, 2005

### Hey Middle TN Members!

Want to watch some serious Eco-adventure films? Banff Mountain Film Festival's World Tour is coming to Nashville on Saturday, April 2. For twenty-nine years the Banff Mountain Film Festival (BMFF) has been celebrating the spirit of adventure and the mountain environment. Each November, the world's best films on mountain (and outdoors) themes draw an international audience to the town of Banff, Canada, located in the Canadian Rockies.

Eighteen years ago, The BMFF began an outreach program to extend the festival to other communities. Festival organizers wanted to showcase the efforts and talents of the world's finest mountain filmmakers. Today, the best films from each year's festival go on tour immediately following the three-day event in Banff.

The BMFF tour makes its only stop in Tennessee at the Belcourt Theater in Hillsboro Village in Nashville on Saturday, April 2 at 7:00 p.m. CT. Tickets will be available around March 15 at both Nashville Blue Ridge Mountain Sports locations (Page Rd in Belle Meade & Bakers Bridge Road in Cool Springs/Franklin) ahead of the show for \$10 per person. On the night of the show, tickets may be purchased at the Belcourt Theater for \$12 per person. Please note, since seating is limited at the Belcourt Theater and may sell out due to the popularity of this event, it is wise to purchase the tickets ahead of time.

All proceeds from the ticket sales will be used to help fund the preservation of this historic Hillsboro Village movie theater. See the best of mountain and outdoor adventure films on the big screen!

## Don't Miss an Outing ... Plan Ahead, Register Early!

Our hike coordinators are volunteers. Make it easier for them to contact you in the event their hike needs to be cancelled by registering! There are times when a hike leader must limit (due to park regulations, etc.) the number of participants on an outing. Please do not wait until the afternoon or evening before the outing to RSVP. Plan ahead and register early.

### BIG SOUTH FORK CHAPTER

**CHAPTER OFFICER:** Thomas Howell

423-628-5521, [tshowell@nxs.net](mailto:tshowell@nxs.net)

**SECRETARY-TREASURER:** Benita Howell

423-628-5521 or 865-974-7797, [bhowell@nxs.net](mailto:bhowell@nxs.net)

**BOARD REPRESENTATIVES:** Tim and Lynn Takacs

615-824-7048, [lynnTakacs@comcast.net](mailto:lynnTakacs@comcast.net) or

[ttakacs@comcast.net](mailto:ttakacs@comcast.net)

**OUTINGS COORDINATOR:**

(call & volunteer to lead an outing)

Eric Wilson 423-628-2817, [ericavi@nxs.net](mailto:ericavi@nxs.net)

**Mar 12** Rock Creek Loop, Big South Fork National River and Recreation Area, north of Jamestown, TN. We will pick up the Rock Creek Loop trail at the trailhead on the Hattie Blevins Cemetery Road (left off Divide Road, .4 mi. past the Twin Arches Road.) The trail is about 7.5 miles, rated difficult because of the up-and-down terrain. Traces of the Stearns Company logging railroad and the cemetery are points of interest in addition to natural features along the streamside trail. Bring snacks, and lunch, plenty of water for a day-long hike, and wear boots and clothing appropriate for changeable spring weather. Hikers should meet at 9:00 ET at the Harrow Road Café in Rugby to carpool, or meet at the trailhead at 9:00 CT. There is limited parking along Hattie Blevins Cemetery Road. To register and/or to arrange to meet Rugby hikers at the trail head, contact Tom or Benita Howell at 423-628-5521 or [tshowell@nxs.net](mailto:tshowell@nxs.net).

#### Hike Report

Tuesday Outings have proven popular with hikes to Kellogg's Crack in Rugby, to the Clear Fork River via the Old Post Road near Mt. Helen, around the Burnt Mill Bridge Loop in the BSF, and to the 19th century Coke Ovens at Glenmary. Destinations are selected on a week-by-week basis, so contact Eric Wilson at [ericavi@nxs.net](mailto:ericavi@nxs.net) if you would like to be added to a mailing list for these hikes.

#### UPCOMING EVENTS

**Apr 2** Frozen Head State Park. Joint hike with the East Tennessee chapter. Details TBA. For information in advance of the April newsletter, contact Tom Howell at [tshowell@nxs.net](mailto:tshowell@nxs.net).

### Carpool Etiquette

Gasoline prices have continued to roller coaster up and down. Please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it'll save time and prevent the inconvenience). Your driver is not a chauffeur. Assist him or her by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing. All passengers must wear seat belts to minimize the risk of injury in case of an accident!!! The drive is generally the most dangerous part of any hiking trip.

### Attention: Hike Coordinators

A TTA *Release of Claims & Hold Harmless Agreement* form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our website:

[www.tennesseetrails.org/release.php](http://www.tennesseetrails.org/release.php)

### CLARKSVILLE CHAPTER

**CHAPTER OFFICER:** Judith Tate

931-920-2692, [mamx4@charter.net](mailto:mamx4@charter.net)

**OUTINGS COORDINATORS:**

(call & volunteer to lead an outing)

J.R. Tate 931-920-2692

Suva Bastin 931-645-2849

Wanda McCluskey 931-906-3338

Sandi Hamilton 931-920-2760

**MEETING:** Monthly - 3<sup>rd</sup> Tuesday at 7:00 pm CT,

Crow Community Center, 211 Richview Rd

**Mar 5** Cedars of Lebanon. Meet Exit 11 Park & Ride at 8:00 am, J.R. Tate 920-2692, moderate 8 miles

**Mar 12** Work hike at Rotary Park, Clarksville. Meet 8:00 am at Rotary Park, 1<sup>st</sup> Shelter

**Mar 19** Mousetail Landing State Park. Meet 8:00 am at Big Lots on Riverside Dr., Darryl Butts and Jack Bastin 645-2849, 5 miles, moderate. Alternate hike: "Newcomers/Beginners" hike at Rotary Park. Meet at Large Pavilion near Playground, 9:00 am. Wanda McCluskey 906-3338, 2 miles, easy

**Mar 26** Hiker's choice – an opportunity to hike with another TTA chapter.

### COLUMBIA/FRANKLIN CHAPTER

**CHAPTER OFFICER:** Rick Lausten

615-373-0029, [saturncar1@aol.com](mailto:saturncar1@aol.com)

**OUTINGS COORDINATOR:**

(call & volunteer to lead an outing)

Tanya Juday 931-490-0856

**MEETING:** Monthly - 1<sup>st</sup> Tuesday at 6:30 pm CT

Grand Buffet (North of Spring Hill)

**Mar 1** Monthly Meeting 6:30 Grand Chinese Buffet, Spring Hill, TN. Our guest speaker is Toby McCord. Toby is a section hiker on the Appalachian Trail. He will speak to us on the preparation for his hikes such as food supply, clothing, daily routes and post-office drops.

**Mar 5** Marvin Cain will lead a hike of Big Creek and Big Rim Trails at Stone Door. This is an 8-9 mile hike rated strenuous for the steep ascents. We plan to meet at A&D Market on Lewisburg Hwy. at 7:30 am. Register with Marvin on line at [mlcain@aol.com](mailto:mlcain@aol.com) or phone 931-486-1632.

**Mar 12** Our chapter will have an exhibit booth at the Thompson Station Church "Wild Beast Feast". This is an annual event at the church featuring hunting, fishing and other out door activities. There will be out door demonstrations, speakers and music. This year's main speaker is Davis Hale National Turkey Hunter and caller. The highlight of the evening is the Wild Beast Cook Off, featuring different recipes for game and fish. Times are 3:00 to 8:30 and cost is \$5 which includes the wild beast supper.

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## (cont') COLUMBIA/FRANKLIN CHAPTER

**Mar 25-26** Kerry Sumners will lead an over night back-packing trip to Frozen Head State Park. This hike is rated strenuous. Kerry brags that it has been years since he's lost a hiker on this trip. Contact Kerry at [karofishes@aol.com](mailto:karofishes@aol.com) or phone at 615-790-4013.

### HIKE REPORTS

**On January 1**, three hikers from our chapter joined 34 others at the annual New Years Day Hike. Weather could not have been better for this 6 1/2 mile hike. January 8. Keith White led 13 hikers and 2 dogs on a hike at Big South Fork from Twin Arches to Middle Creek.

**On January 9**, Ernie Stewart led 4 hiker on Honey Creek Trail at Big South Fork. January 15. Cindy Kinard led 4 hiker at Boze Hollow near Bethpage. After the hike we enjoyed lunch at her parents cabin.

### PLANNING AHEAD

Bobby Hardeman will lead a hike on the Polly Branch Trail at Bridgestone/Firestone Wilderness area. The date will be announced as not to interfere with the Cumberland Trail Big Dig.

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## COVE LAKE CHAPTER

**CHAPTER OFFICER:** Richard Helm

423-562-1110, [Richard.Helm@ahss.org](mailto:Richard.Helm@ahss.org)

**CO-CHAIR:** Mari Haslam

423-562-3227, [pittsteelersfan@earthlink.net](mailto:pittsteelersfan@earthlink.net)

**MEETING:** Monthly - 2<sup>nd</sup> Monday at 6:00 pm ET

LaFollette Recreation Center's Craft Room, 201 S. 9<sup>th</sup> St.

**Mar 19** Cumberland Trail from Tank Springs to Eagle Bluff. Vance Lawson will lead our hike on this section of the CT that follows the backbone of the Cumberland Mt. and affords several views of beautiful Powell Valley, Norris Lake Watershed, and the city of LaFollette. Interesting rock formations are a sure see, along with a good possibility of early spring wildflowers such as trailing arbutus and bloodroot, and an outside chance of wild goats await your delight. Bring sturdy boots, water, snacks, lunch and a spirit of adventure for this moderate to difficult (for us) 7-mile hike. Meet at 9:00 am at the Tank Springs Cumberland Trailhead Parking Lot in downtown LaFollette. For reservation/information, contact Vance Lawson at 423-562-6856.

### PLANNING AHEAD

**Apr 17** Savage Gardens, wildflower extravaganza in Anderson County

**May 14** Moonbow Trail from Cumberland Falls to Dogslaughter Falls, KY

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## EAST TN CHAPTER (Oak Ridge / Knoxville)

**CHAPTER OFFICER:** Rosemary Marshall

[rosemary\\_1@hotmail.com](mailto:rosemary_1@hotmail.com)

**OUTINGS COORDINATOR:**

(call & volunteer to lead an outing)

Bob Uhren

[snowcap34@charter.net](mailto:snowcap34@charter.net)

**TREASURER:** Harold Draper, [h.m.draper@att.net](mailto:h.m.draper@att.net)

**Mar 2** Great Smoky Mountains, Rainbow Falls. We'll be hiking the first 2.6 miles of the trail out to Rainbow Falls and then hike back to the trailhead for a roundtrip of 5.2 miles. Although the hike is short, it is rated moderate do to a continuous ascent of 1750 ft. from the trailhead to the falls.

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## (cont') EAST TN CHAPTER

**(cont') Mar 2** Along the way we'll pass through mostly hardwood forest with some hemlock, rhododendron and mountain laurel before reaching the falls. Rainbow Falls is about a 75 foot drop framed by a cliff basin surrounding the spillway. It should provide a nice spot to sit and enjoy the mountains and have some lunch. Wear sturdy hiking boots and bring along plenty of water, snacks and lunch. We'll meet at 9:00 a.m. ET at the Gatlinburg Welcome Center or if you prefer, you can meet us at the trailhead at 9:45. For more information contact Lesley Price at 865-523-5312/865-254-1193 or [diti490@esper.com](mailto:diti490@esper.com).

**Mar 19** Cumberland Trail out of Cove Lake State Park. We'll continue our exploration of the CT near Cove Lake. Last fall a sizable group hiked up to Devil's Racetrack, but then we were turned back by blowdowns and instead hiked the connector to the State Park trailhead. We'll do another section of the CT either north or south depending on trail conditions. Approximate 8-mile roundtrip. Meet at 9:00 a.m. ET at Cove Lake State Park at the Caryville exit off I-75 (#134); go right on US25W and soon turn left into the park. Take an immediate left toward the park restaurant and continue past the restaurant to the far parking area where there is a community bldg. and restrooms. From there, we will drive to the trailhead. For more information and to register, contact Russ Manning at 865-494-8121(H) or 865/257-0427 (cell) or preferably [rsmanning@aol.com](mailto:rsmanning@aol.com). Let Russ know if you want to carpool from Knoxville, and he'll put you in touch with others who have registered.

### PLANNING AHEAD

**Apr 2** Frozen Head State Park, Spicewood Branch/North Old Mac Trails @ 9:00 mi. (Joint hike with the Big South Fork Chapter). This loop hike will begin with an easy .5 mi. stroll on a wide jeep road before beginning the 2.5 mi. 1400' ascent on the Spicewood Branch Trail to it's intersection with the Chimney Tops Trail. Another mile or so will bring us to the Tub Springs Campsite where we will make a decision about a lunch spot and /or hiking to Frozen Head Tower. Our descent will be via the North Old Mac Trail back to the parking lot. This hike is rated moderate or strenuous depending on one's hiking experience and fitness for the 1400' ascent and narrowness of Spicewood Branch Trail. Wear sturdy hiking boots, bring food and water, and dress appropriately for the unpredictable Frozen Head weather. Frozen Head S.P. is a fee access area --- \$3/vehicle. E.T. people can meet at Food City, 115 S. Illinois Ave., Oak Ridge, for an 8:30 am ET departure, or at the Frozen Head Visitors Center at 9:00. For further info on this hike contact Keith Mertz at 865-982-7368 or [keithmertz@hotmail.com](mailto:keithmertz@hotmail.com).

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## HIGHLAND RIM CHAPTER (Tullahoma Area)

**CHAPTER OFFICER:** Doug Ratliff

931-455-0249, [dougratliff@hotmail.com](mailto:dougratliff@hotmail.com)

**MEETING:** Saturday, Dec 11, Time and location to be determined.

Please contact Doug Ratliff for details.

**Mar 15 MONTHLY MEETING** Join us for our monthly meeting as Don Davidson will be presenting two programs, "Walking a Mystery Trail" and "Birding Adventures on the Rio Grande." New hikers and guests are always welcome to attend. See you at 7:00 pm CT at the D. W. Wilson Community Center, 501 N. Collins St., Tullahoma.

**Mar 19** Savage Gulf State Natural Area, Gruetli-Laager, TN. We will hike 5 to 7 miles on the North Rim Trail. Contact Brent Morris at [bmorris@edge.net](mailto:bmorris@edge.net) or 931-454-1718 to register.

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## JACKSON CHAPTER

**CHAPTER OFFICER:** Gary Cooper  
731-424-5375 [gcooper52@yahoo.com](mailto:gcooper52@yahoo.com)

**MEETING:** Meeting: Monthly: 1st Tuesday at 7:00 pm CT  
Lambuth University, 705 Lambuth Blvd, Hyde Hall in basement  
on Maple Street. Look for TTA signs.

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**Mar 1 MONTHLY MEETING** Come and discuss hikes and meet new friends. New hikers and guests are always welcome.

**Mar 5** Big Hill Pond State Park, Pocahton, TN- This 8-mile loop trail is a unique area with an abundance of wildlife. A 0.8-mile boardwalk crosses Dismal Swamp. This hike is rated moderate for the uneven terrain and distance hiked. Hiking boots are strongly recommended. Bring lunch and water. We will meet at the boat dock in the park at 9:30 am CT. For information and to register (or arrange carpooling), call Sara Hakin, 731-424-6692, [hakim@lambuth.edu](mailto:hakim@lambuth.edu).

**Mar 19** Land Between the Lakes. For more information, contact Don Dresser at 731-668-4662 or [donald\\_dresser@usit.net](mailto:donald_dresser@usit.net)

### PLANNING AHEAD:

**Apr 15-17** Car Camp at Elkmont in Great Smoky Mountains National Park. This is a join outing with the Nashville chapter (and an opportunity to get to know fellow TTA'ers that we don't get to see often). There's just not enough space to include all of the details about this weekend; however, imagine wildflowers – everywhere. In addition, to a park rich in history and offering exquisite hiking trails of varying lengths and difficulty. We'll depart Jackson early on Fri. so that we will arrive to the Smokies with enough time to get in a short hike. On Sat., we'll have several hiking options – some may want to hike 7-8 miles, while there will be an option to hike 10-11 miles. On Sun., we'll do a short hike so that everyone can arrive home at a reasonable hour. PLEASE SEE PAGE 9 “NASHVILLE CHAPTER” FOR DETAILS

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## MEMPHIS CHAPTER

**CHAPTER OFFICER:** Carolyn Pierce  
901-755-5635, [cedpierce2000@yahoo.com](mailto:cedpierce2000@yahoo.com)

**BOARD REPRESENTATIVE:** Gloria Lenski  
901-213-0604, [glorialenski@yahoo.com](mailto:glorialenski@yahoo.com)

**MEETING:** Monthly (Sept - May) 3rd Thursday at 7:00 pm  
Meeting Location: Cordova Library, 8457 Trinity Rd. 901-754-8443  
Located off Germantown Parkway east on Trinity Rd. 1 1/8 mile. On the right - shares an entrance with Bert Ferguson Community Ct.

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**Mar 12** Meeman-Shelby Forest, Millington, TN. Meet at the Visitor Center at 9:00 a.m. and bring water and lunch. We will hike the Woodland Trail, a 4-mile hike through mature forest along bluff tops and bottomlands. This hike is rated easy to moderate. New hikers welcome! For information, call Jerry Lenski at 213-0604. Directions: From Interstate 40, take exit 2-A, turn right, go 6 traffic lights to Watkins Road (this is Highway 388), turn left and go until the road dead-ends. Turn left, go one mile to a four-way stop, Shelby Forest General Store and turn right, go one mile, turn left into the park.  
<http://www.state.tn.us/environment/parks/parks/MeemanShelby/>

**Mar 17 MONTHLY MEETING** Hear about past and upcoming hiking trips and meet/greet members and friends. Jerry Lenski will cover topics such as hiking opportunities in West TN, hikers responsibilities, and trail etiquette. Guests and new hikers are always welcome! Call Jerry for information 901-213-0604.

**Mar 19** Big Hill Pond State Park, near Pocahton, TN approx 1 1/2 hour from Memphis.

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## (cont') MEMPHIS CHAPTER

**(cont') Mar 19** Carpool will leave Borders Bookstore at Kirby Parkway & Poplar Ave at 7:30 a.m. or meet at the boat dock in the park at 9 a.m. CT. The 7-8 mile loop trail is rated moderate and takes us over wooded hills to a fire tower overlooking the Tuscumbia river valley. We cross a 0.8 mile boardwalk over Dismal Swamp, a unique area with abundant wildlife. Bring lunch and water. Boots strongly recommended. For more information, call Margaret Dixon 662-893-1794.

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## MURFREESBORO CHAPTER

**CHAPTER OFFICER:** Anna Bertram (also Board Rep.)  
615-765-5357, [abertram@heartoftn.net](mailto:abertram@heartoftn.net)

### OUTINGS COORDINATOR:

(Call & volunteer to lead an outing)

Ron Dunn

615-867-3301, [trekkingtn@yahoo.com](mailto:trekkingtn@yahoo.com)

**MEETING:** Monthly - 2<sup>nd</sup> Tuesday at 7:00 pm CT  
Barfield-Crescent Park's Wilderness Station  
697 Barfield Rd., Murfreesboro

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**Mar 8 MONTHLY MEETING** Be prepared to be entertained as Mack Prichard presents his program on the birds of Tennessee and does his realistic duplications of their calls! Once Mack had to have several stitches on his head because he was attacked by a male owl while he was “talking” to a female of the same species. Mack said he didn't know what he had said to the lady to offend her boyfriend but it apparently was not the right thing! Mack, a well known and beloved State Naturalist for many years, has been with the State of TN since age 17. He has written numerous articles for the *Conservationist* magazine, and taken thousands of unique pictures of Tennessee throughout his long career. You won't want to miss this! Bird watching and identification is just one more way to enhance our enjoyment of hiking in the great outdoors.

**Mar 5** Montgomery Bell Trail, Montgomery Bell State Park. Burns, TN. We will be hiking the 7.2-mile west loop through diverse forest rich in Tennessee beauty and history. Along the way we'll visit a chapel and log cabin commemorating the birthplace of the Cumberland Presbyterian Church. In addition, we may be fortunate enough to spot some of the wildlife (deer, hawk, pileated woodpecker) that calls the park home. The hike is rated easy but does involve small creek crossings so proper footwear is suggested as is layered clothing this time of year. Bring water, hearty snacks to hold you over and \$\$ for a late lunch at Carl's Perfect Pig in White Bluff. Montgomery Bell charges a State Park Access Fee so if you don't have an annual pass bring \$3 to feed the machine. Hike will go rain or shine. Contact Ron Dunn at 615-867-3301 or [trekkingtn@yahoo.com](mailto:trekkingtn@yahoo.com).

**Mar 19** Short Springs State Natural Area near Tullahoma, TN. Join us for a short 2 to 3 mile hike through the woods and along the creek to scenic Machine Falls. Bring sturdy shoes, walking stick, water, snack, and \$\$ if you want to join us for lunch after the hike at nearby Crocketts. To register, contact Jeanne' Hoehst-Ronner at [hoaxie@comcast.net](mailto:hoaxie@comcast.net) or 615-890-9084.

**Mar 19-20** Smoky Mountain Segment, Cumberland Trail State Park, Caryville, TN. We will meet at the Cove Lake Trailhead at 10:00 ET and hike 6.6 miles to the Montgomery Fork campsite, which offers several nice level sites located on a bench. The trail begins at the base of Cross Mountain and rises 3000 ft to Big Bruce Ridge (the highest elevation on the Cumberland Trail) and down to Montgomery Fork Creek. This hike will offer many scenic vistas, March trillium fields, and other wildflowers.

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## (cont') MURFREESBORO CHAPTER

**(cont') Mar 19-20** We will return via the same trail on Sunday. Due to the elevation changes, this hike will be rated difficult. For carpooling or more information, contact Tony Hook at 615-849-9636 or [Hook1162A@msn.com](mailto:Hook1162A@msn.com).

**Mar 26** Grundy Forest State Natural Area, Tracy City, TN. The first half-mile of this beautiful hike will be on the Grundy Forest Day Loop. After crossing the bridge over Fiery Gizzard Creek, we will continue on the Fiery Gizzard Trail past Sycamore Falls and hike out of the gorge up to Raven's Point Overlook, a great place to eat a sack lunch and watch the buzzards soar on rising thermals. We will exit Raven's Point on the Dog Hole Trail, which will lead us along the north rim of the ridge and then back down into the gorge to connect with the Fiery Gizzard Trail. Then we'll retrace our way back to the trailhead. Hopefully we'll be treated to some spring wild flowers. The hike is approximately 9 miles with a 500-foot elevation gain and rated strenuous due to the abundance of rocks and boulders. Wear sturdy boots and bring lunch and water. Contact Charlotte Broyles at 615-890-6308 for more information.

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## NASHVILLE CHAPTER

**CHAPTER OFFICER:** Jim Johnson  
615.356.6246, [jimjohnsonjr@gmail.com](mailto:jimjohnsonjr@gmail.com)

**OUTINGS COORDINATOR:**  
(call & volunteer to lead an outing)  
Nancy Juodenas, [njuodenas@hotmail.com](mailto:njuodenas@hotmail.com)  
Sue Waldrop

**MEETING:** Monthly - 4<sup>th</sup> Tuesday at 7:00 pm CT  
TN Wildlife Resources Association meeting room at Ellington  
Agricultural Center, 5105 Edmondson Pike

**HIKING HOTLINE - 615-367-7045**

**MAR 22 MONTHLY MEETING** For many of us, what we know about bear biology can be put in a thimble. And, much of what we "know" may be incorrect. This month's speaker can help. Daryl Ratajczak is TWRA's big-game coordinator and, with his excellent power-point presentation, he'll fill in the blanks on bear biology and bear management in Tennessee. Bring a friend! We meet in the TWRA Region II building on the campus of Ellington Agricultural Center. Directions: From Franklin Road, south of Harding Place and north of Old Hickory Blvd. in Brentwood, take Hogan Road east to the all-way stop at Marchant. Crievewood UMC will be on your right. Turn right on Marchant and follow it through the Ellington campus until you reach the stop sign at the bottom of a long hill. At the stop sign, dogleg left and immediately right into the TWRA driveway. From Edmondson Pike: The east entrance into Ellington is off Edmondson Pike, between Old Hickory Blvd. and Nolensville Road, just north of Amberwood Apartments. Look closely – the entrance is not lit.

**Mar 5** Triple Bagel Hike. Percy & Edwin Warner Parks. Nashville. Last month we worked up to this hike with 4.5 and 7.5-mile hikes in Percy Warner. This time we will be hiking 13 miles in both Percy and Edwin Warner Parks by combining the Warner Woods, Mossy Ridge, Connector and Harpeth Woods trails. The hike is rated difficult due to elevation changes and distance and is recommended only for experienced hikers. Bring water and snacks, and wear sturdy hiking boots or trail running shoes and change of footwear after the hike. We'll hike rain or shine. Optional trip to Brueggers Bagel Bakery nearby for 3-bagel recovery meal and to swap war stories. Meet at 8:00 am at the "Deep Well" parking area (stone arch entrance into the park on Hwy 100, about 1½ miles from the Hwy. 70/100 split). Hike takes about 6 hours. Contact David Furse at 615-308-7988 (cell phone) or [dfurse@comcast.net](mailto:dfurse@comcast.net).

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## (cont') NASHVILLE CHAPTER

**Mar 5** Beaman Park First Saturday Hike 9:00 a.m.-noon Age level: Adults, 8+ Beaman Park is 1500 acres of forested beauty on the Highland Rim. Don't miss this opportunity to explore the trail with a volunteer guide! Leader: Friends of Beaman Park. Call John at 615-352-6299 to sign up.

**Mar 6** Mullens Cove Loop Trail, Prentice Cooper State Forest. N. Chattanooga, TN. Mullens Cove Loop Trail offers views of the Tennessee River Gorge, rock bluffs and cascading streams. The trail is rocky in places and passes over several streams and hills. Even though there are no great changes to the elevation, this hike is rated moderate for the hills, mileage (10.2 miles) and rocky terrain. Sturdy hiking boots or trail shoes are required! Bring snacks, lunch and plenty of water for this all-day outing. For information, meeting time and location, and to register, call Diane Manas at 615-352-7777.

**Mar 4-6** Pickett State Park Backpack. Stormy weather prevented us from backpacking the Hidden Passage Trail in November; so let's try this again! We will stay at the campground Friday night and backpack the Hidden Passage Trail (11 mile moderate loop trail) on Sat./Sun. Supper Friday night at Bacara's German restaurant. This trip is suitable for beginners. For additional information and to register, contact Katherine Pendleton at [Katibug1959@aol.com](mailto:Katibug1959@aol.com) or 615-360-3481 after 8:00 pm or leave a message.

**Mar 11-13** Savage Gulf Backpack. This trip will begin at the Savage Ranger Station. On Friday, we'll hike the South Rim Trail to Stagecoach Campsite and spend the night (6 miles and moderate). Saturday our hike will take us to Hobb's Cabin via the Stagecoach Road and Connector Trails (approx. 5 miles and moderate to strenuous) where we will camp. Sunday, we will end up back at the ranger station via the North Rim Trail (approx. 8 miles, moderate). The trails on this hike offer scenic overlooks and historic stone architecture. The Stagecoach Trail was originally a Stagecoach road built in the 1800s. This is an intermediate rated backpacking trip. For additional information and to register, contact Katherine Pendleton at [Katibug1959@aol.com](mailto:Katibug1959@aol.com) or 615-360-3481 after 8:00 p.m. or leave a message.

**Mar 12** Volunteer Trail, Long Hunter State Park, Hermitage TN. This is a 6 mile (12 mile round trip) trail mostly along the shores of Percy Priest Lake. It is a level trail, rated easy. Leaders: Jim & Marietta Poteet, 615-824-7666 or [jpoteet@genesco.com](mailto:jpoteet@genesco.com).

**Mar 12** Beaman Park Trail building Work Day 9:00 a.m.-noon. Age level: Adults. Come out to Beaman Park for a morning of trail building. No experienced necessary. Wear sturdy shoes and bring your work gloves. Tools will be provided. Leader: Friends of Beaman Park. Call Nancy at 615-299-9586 to sign up.

**Mar 16** Beaman Park Mid-March March 9:00 a.m.-noon Age level: Adults, 8+ Join us in mid-March as we march and meander up the creek and down the trail. Phoebes, hepatica, and other early spring arrivals might be seen! Leaders: Sandy Bivens and Bob Brown Call John at 615-352-6299 to sign up.

**Mar 23** Unscientific Wildflower Inventory & Hike, Warner Park. Nashville, TN. March rolls in like a lion and out like a lamb and depending on where we are in this cycle it will determine the wildflowers that will be blooming. In either case, you can expect to see some! We will start our hike on the Mossy Ridge Trail (4½ miles) and if the group feels inclined, add the Warner Woods Trail (2½ miles) for a total distance of 7 miles. Both trails are rated moderate for the rocky and uneven terrain; however, at a wildflower-viewing pace (slower than the usual 2 miles per hour), the hills won't seem so tough. Please wear sturdy hiking shoes, and bring water, snacks, any wildflower books you may have, and paper/pencil to record what you've seen.



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## (cont') NASHVILLE CHAPTER

**(cont') Mar 23** We will meet at 8:30 am CT in the "Deep Wells" parking area of the park. The road (not signposted) leading into Deep Wells intersects with Hwy 100, about 1½ miles west of the Hwy 70/100 split in Belle Meade. The only visible marker for the road that leads into Deep Wells is the large gray stone arches at the intersection of Hwy 100 (they'll be on the left if you're coming from the 70/100 split). Pass through the arches, through several small picnic areas, and a playground until you reach the t-intersection – this is Deep Wells (with plenty of parking). For information, call Diane Manas at 615-352-7777.

**Mar 25–27** Easter Weekend at Charit Creek Lodge – Register early to participate in this beautiful backpacking trek to a rustic lodge in the Big South Fork. We will backpack 0.8 miles in on Friday and do twin Arches in the afternoon, hike all day Saturday, and backpack out 0.8 miles on Sunday. Additional hikes will be available on Sunday. The cabin has three double bunks for a maximum capacity of 12. The cost is dependant on the number of participants. There are modern bath accommodations up the hill. We will need to pack in bedding and food. Reservations must be made before March 4, 2005. For more information and to register, contact Garnett Rush at 352-7217 or [rushga01@yahoo.com](mailto:rushga01@yahoo.com)

**Mar 30** Unscientific Wildflower Inventory & Hike, Radnor Lake State Natural Area. Nashville, TN. Let's see how many wildflowers we can spot – from the trail. Bring your field guides, paper and pencil and we'll record all that we see – could be as few as 10, or as many as 25, and will be determined by the weather we've had in the previous days/weeks. We will hike 4½ miles by connecting the Lake, Ganier Ridge, and South Cove Trails. There will be two noticeable ascents/descents along the way, but at a wildflower-viewing pace (slower than the usual 2 miles per hour), the hills won't seem so tough. Please wear sturdy hiking shoes, and bring water and snacks. We will meet at 1:00 pm CT at the Visitor's Center. Radnor Lake SNA charges a \$3/carload State Park Access Fee. If you don't already have your Annual State Park Pass, bring \$3 to pay the fee. For information, call Diane Manas at 615-352-7777.

### TRIP REPORT

**On January 15**, we had the occasion of the Third Annual Snow and Ice Hike to the Meeting of the Waters, in the Big South Fork near Rugby. This tradition is a joint outing of the Nashville, Murfreesboro, and Big South Fork chapters (plus, we had hikers from Memphis and East Tennessee this year) which began three years ago when a scheduling coincidence had all three chapters hiking in the area on the same day. On the previous two outings, we were able to hike in fresh snow and freezing temperatures and were treated to spectacular icicle displays along the river bluffs. Unfortunately, the 40 hikers (and two llamas) that turned out this year were met with unseasonably warm weather. There were lots of water on the cliff faces, but just a trace of ice. Never-the-less, all enjoyed the trek from the center of the Rugby village down the historic trail to the Gentlemen's Swimming Hole, and then along the Clear Fork River to the Meeting of the Waters, where the White Oak Creek joins. From this point, we normally would have climbed out of the river gorges and followed the trail through the woods to the Laurel Dale Cemetery. However, we discovered that high water on the White Oak had flooded the trail, rendering it impassable. Instead of continuing as planned, we back tracked to the Gent's and took the Park Service trail out to the Cemetery. Here, we picked up the Laurel Branch Trail and made our way to Rugby's Beacon Hill neighborhood, where all enjoyed socializing over hot chili at Shadowlands, the Poteet's Rugby home.

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## (cont') NASHVILLE CHAPTER

### PLANNING AHEAD

**Apr 15-17** Car Camp at Elkmont in Great Smoky Mountains National Park. This is a join outing with the Jackson chapter (and an opportunity to get to know fellow TTA'ers that we don't get to see often). There's just not enough space to include all of the details about this weekend; however, imagine wildflowers – everywhere. In addition, to a park rich in history and offering exquisite hiking trails of varying lengths and difficulty. We'll depart Nashville early on Fri. so that we will arrive to the Smokies with enough time to get in a short hike. On Sat., we'll have several hiking options – some may want to hike 7-8 miles, while there will be an option to hike 10-11 miles. On Sun., we'll do a short hike so that everyone can arrive home at a reasonable hour. A group campsite in Elkmont Campground has been reserved for us from noon on Fri. until noon on Sun. Please be advised that the campground does not have hot running water, nor showers; however, there is plenty of fresh cold water from a faucet close to our campsite you can use for drinking, cooking and cleaning as well as a clean modern bathroom – not an outhouse – about 20 yards away. Everyone is responsible for his/her camping equipment, food and transportation to the park. Space is limited to 20 at the group campsite. Your cost for the group campsite (2 nights/3 days) will be a flat \$10 per person. REGISTRATION BEGINS IMMEDIATELY and a \$10 non-refundable deposit (rain will not cancel the trip nor refund your \$10 deposit) is required to hold your space and due by April 5. (A confirmation, with driving directions, will be sent upon receipt of your deposit.) After we have recouped the group campsite costs, any excess money will be donated to the Cumberland Trail Conference for a specific trail project. For more information and to register, contact Diane Manas at 615-352-7777.

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## NORTHWEST CHAPTER (UT at Martin / Weakley County)

**CHAPTER OFFICER:** Jim Clark

731-587-2225, [jclark@utm.edu](mailto:jclark@utm.edu)

**MEETING:** usually the 2nd Thursday

Call for confirmation or visit our chapter website.

Meetings start at 7:00 pm CT

UT Martin Campus, Boling University Center, Room 231

**WEBSITE:** [www.utm.edu/~jclark/trails/](http://www.utm.edu/~jclark/trails/)

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**Mar 5** Canal Loop, Land Between the Lakes. A classic hike appealing to all folks as it is possible to put together hikes varying from 5 to 12 miles. Loop trails features moderate ascents over rolling hills with good views of Kentucky Lake and Lake Barkley. Contact Jim Clark at [jclark@utm.edu](mailto:jclark@utm.edu) for more information.

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## SODDY DAISY CHAPTER

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This chapter is being reorganized. For further information contact the T.T.A. President, Fount Bertram, at 615-765-5357 or [fwbertram@heartoftn.net](mailto:fwbertram@heartoftn.net) In the interim, you are welcome to attend other chapters (13 to choose from) **outings, events and meetings.**

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## PLATEAU CHAPTER (Crossville)

**CHAPTER OFFICER:** Terry Brophy  
931-707-7234, [tpbrophy@multipro.com](mailto:tpbrophy@multipro.com)

**SECRETARY/TREASURER:** Myra Holloway

**MEETING:** Monthly - 2<sup>nd</sup> Thursday at 6:30 pm CT, Art Circle Public Library's Community Room, 154 East 1<sup>st</sup> Street in Crossville

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NO meeting scheduled for March. Meet us in May for our next regularly scheduled meeting.

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Haynes at 931/707-7606 or e-mail [sue1290@frontiernet.net](mailto:sue1290@frontiernet.net) for details. Rain cancels.

**Mar 5** Middle Creek/Slave Falls in the Big South Fork. The hike is about 7 miles long with lots of rock formations, overlooks and falls. The hike is moderately difficult due to the length. Meet at the Cracker Barrel at 8:00 am CT. For information and to register, contact Jim McCullough at 931/484-8220 or [sue1290@frontiernet.net](mailto:sue1290@frontiernet.net).

**Mar 19** Rock Creek Gorge in Soddy Daisy. One of the Cumberland Trail's gorgeous gorges! 7.2 miles of hiking includes Connector trail, Rock Creek Loop and Upper Rock Creek Gorge sections of the Cumberland Trail. Destinations include Leggett Point and Rock Creek Overlooks, three natural bridges, numerous smaller bridges and natural features, Rock Creek, and one of the longest elevated rock platforms on the Cumberland Trail. Meet at the Cumberland Mountain State Park Visitor Center at 8:00 am CT. For more information and to register, please contact Joe Matlock or Rita Senko at 865/354-6101 or [rsenko@usit.net](mailto:rsenko@usit.net)

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## UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

**CHAPTER OFFICER:** Richard Savage  
931-526-2035, [savage\\_richard@hotmail.com](mailto:savage_richard@hotmail.com)

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**Mar 5** Panther Branch and South Old Mac Trails, Frozen Head State Park, Wartburg, TN. This hike to Frozen Head Mountain, one of the highest peaks in the Cumberland's, features nice views. We will ascend the mountain on the Panther Branch and North Old Mac Trails and descend along the South Old Mac Trail. The hike is about 7.5 miles and is rated moderate to strenuous because of the elevation change. Bring snacks, lunch, water, and wear sturdy hiking boots. You can meet us at 8:00 am CT in the Penney's parking lot in Cookeville. For information and to register, contact Richard Savage at 931-526-2035 or [savage\\_richard@hotmail.com](mailto:savage_richard@hotmail.com).

**Mar 12** Collins River Nature Trail and Eagle Trails, Rock Island State Park, Walling, TN. We will hike the Collins River Nature Trail that is a 3 mile loop and rated easy. After lunch at the Blue Hole Picnic Area, we will hike the Eagle Trail, which is also 3 miles and rated moderate because of elevation changes. Bring snacks, water, and lunch. You can meet us at 9:00 am CT in the Penney's parking lot in Cookeville or at the US Bank across from McDonald's in Sparta at 9:30. For information and to register, contact Hix Stubblefield at 931-526-2312 or [hixstub1@citlink.net](mailto:hixstub1@citlink.net).

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## (cont') UPPER CUMBERLAND CHAPTER

**Mar 19** Fiery Gizzard, South Cumberland Recreation Area, Tracy City, TN. This hike begins on the top of the plateau within Tracy City. Then, immediately descends into a beautiful old growth hemlock forest at the head of the gorge of Fiery Gizzard Creek. There are lots of impressive rock formations in the area. Later, the trail enters younger forest and ascends further down the creek to an overlook at Raven Point. Those wanting a shorter hike can now return to the beginning via the Dog Hole Trail for a total hike of about 9 miles. The Fiery Gizzard Trail continues mostly on top of the plateau through gently rolling oak forest, reaching Foster Falls at the southern end (at about 12 ½ miles). The trail is rated strenuous for the rocky, uneven terrain and the distance covered. Hiking boots are essential. You can meet us at 7:00 am CT in the Penney's parking lot in Cookeville or at the US Bank across from McDonald's in Sparta at 7:30. For information and to register, contact Marnell Cothran at 931-738-5874 or [leron@blomand.net](mailto:leron@blomand.net), or Cindy Walinski at 931-394-3413 or [cwalinski@blomand.net](mailto:cwalinski@blomand.net).

**Mar 26** Cooper Mountain Loop Trail, Standing Stone State Park, Hilham, TN. This wonderful and varied woods trail documents why our state forests need to be protected as examples of our native mixed mesophytic forest. Early wild flowers should also be out especially on the section along Standing Stone Lake. The hike is about 8 miles and is rated moderate. You can meet us at 9:00am CT in the Penney's parking lot in Cookeville. Bring water, snacks, and lunch. For information and to register, contact John Harwood at 931-528-6395 or [jharwood@tntech.edu](mailto:jharwood@tntech.edu).

### 3rd Annual Spring Fling, April 1-3

The Friends of Edgar Evins State Park and the Murfreesboro Chapter are sponsoring our 3rd annual celebration of spring. We will have hikes, birding walks, wildflower walks and slide presentations. There will be a cookout with live entertainment on Saturday. We need hike leaders, cooks and other helpers to make this another success. The park is furnishing free camping on Friday and Saturday nights for leaders and helpers.

EESP is one of the areas with a vast variety of wildflowers. Come and join us for a wonderful experience in welcoming spring. We may even be treated to observing the elusive Cerulean Warbler. This beautiful, melodic songbird nests at the park...the only location in Tennessee.

Contact Fount Bertram at 615-765-5357 or [fwbertram@heartoftn.net](mailto:fwbertram@heartoftn.net) for details and registration.

### Moved? Have a New Address?

These are a few ways you can notify us of your changes:

**Internet:** ([www.tennessee-trails.org](http://www.tennessee-trails.org)) Visit our website and navigate to "Member Services." Select "Address Change," and fill out the "Address Change Form," then select "submit."

**Mail:** Using the New/Renewal Membership Form (on the last page of this newsletter), fill in your new information, write on the form "address change" and mail to the address shown on the membership form.

**Phone:** TTA's Membership Director, Garnett Rush at 615-352-7217.

## OFFICERS:

**President**  
 Fount Bertram 615-765-5357  
*fwbertram@heartoftn.net*

**Vice-President**  
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*ttahiker@msn.com*

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*jlenski@yahoo.com*

**Middle TN At-Large Director**  
 Brent Morris 931-454-1718  
*bmorris@edge.net*

**East TN At-Large Director**  
 VACANT

**Membership**  
 Garnett Rush 615-352-7217  
*rushga01@yahoo.com*

**Cumberland Trail Conference  
 Representatives**  
 Sandra Spearman 931-839-2320  
*sandbar@multipro.com*

**TN Rails To Trails Advisory Council**  
 VACANT

CHAPTER REPRESENTATIVES ON THE BOARD  
 ARE LISTED WITHIN EACH CHAPTER'S HEADER

**Newsletter Editor**  
 Tina Dean *editor@tennesseetrails.org*

## Newsletter Deadlines

Deadlines for Chapter announcements  
 and articles of special interest  
 are due as follows:

Due                      For Newsletter Dated

March 5 .....April 1  
 April 5 ..... May 1  
 May 5 ..... June 1

Articles submitted are subject to editing  
 and will be included as space permits.

Please send all submissions to:  
*editor@tennesseetrails.org*

## ADOPT-A-TRAIL NEWS

### ADOPT-A-TRAIL OFFICER:

Harold Draper 865-689-7757 *h.m.draper@att.net*

### Have You Considered ...

### Maintaining a particular trail or section of trail?

Through the cooperation of land managers, who periodically inform us of volunteer opportunities, TTA can put you in touch with several Adopt-A-Trail programs, or offer suggestions on how to approach local land managers in your area.

The Adopt-A-Trail program is quite simple and flexible. Volunteers or chapters select the trail they wish to adopt and at the same time determine the level of trail maintenance they wish to undertake. Their only commitment is to hike, inspect, and report on the trail's conditions and maintenance needs twice per year. Light trail maintenance (clipping, pruning, trash and minor blow-down removal) is encouraged during each inspection. Serious trail problems identified will be reported to the local land management agency for resolution.

To obtain an Adopt-A-Trail or Trail Inspection form, contact Harold Draper at 865-689-7757.

## TENNESSEE RAILS-TRAILS ADVISORY COUNCIL (TRAC)

website: [www.TNRailsTrails.org](http://www.TNRailsTrails.org)

**TRAC is in the process of being reorganized. Stay tuned for further information.**

**MISSION:** *To act as a resource and mentor for planning, development, and management of rail-trails throughout the State of Tennessee for the purposes of appropriate recreation, preservation of rail corridors, and alternate transportation, in order to benefit the general public, communities, commerce and tourism.*

### Tennessee Trails Merchandise Order Form

\_\_\_\_\_ TTA Patch .....6.00  
*Round embroidered patch, sew it on anything.*

\_\_\_\_\_ TTA Window Decal .....3.00  
*A must for each car.*

\_\_\_\_\_ TTA 35<sup>th</sup> Anniversary Commemorative T-Shirt ...16.00\*  
*Choose Size: Small / Medium / Large / X-Large*  
*Choose Color: Sand / Yellow / Stone-Gray*

\_\_\_\_\_ TTA 35<sup>th</sup> Anniversary Commemorative Patch .....6.00  
*Round embroidered patch commemorating TTA's 35th Anniversary, sew it on anything.*

\_\_\_\_\_ \*Shipping & Handling on T-shirt Orders ONLY!!! 1.50

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Phone hm: (\_\_\_\_) \_\_\_\_\_ wk:(\_\_\_\_) \_\_\_\_\_

E-mail Address: \_\_\_\_\_

*Mail your check payable to: Tennessee Trails Association  
 c/o Marietta Poteet, 324 Raintree Drive  
 Hendersonville, TN 37075*

*Please allow 4 weeks for delivery and prices shown include postage.*

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED

First Class Mail  
U.S. Postage Paid  
Nashville, TN  
PERMIT NUMBER 4053



**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**  
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.  
**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .**

**A NEW MEMBER**

Mar 05

**RENEWING MY MEMBERSHIP**

Memberships are for one year, unless you have a Lifetime Membership.  
Gift Memberships are also available. Contact our Membership Director,  
Garnett Rush 615-352-7217 [rushga01@yahoo.com](mailto:rushga01@yahoo.com)

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

*PLEASE, PRINT CLEARLY.*

\_\_\_ Individual \$25.00

\_\_\_ Family \$35.00

\_\_\_ Student (FULL-TIME) \$15.00

\_\_\_ Supporting (\$50.00, \$100.00 or more)

\_\_\_ Life Member (Individual) \$500.00

\_\_\_ Life Member (Family) \$750.00

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Home Phone ( \_\_\_ ) \_\_\_\_\_ Zip \_\_\_\_\_ -- \_\_\_\_\_

Work Phone ( \_\_\_ ) \_\_\_\_\_

e-mail \_\_\_\_\_

Please do not list my e-mail address in the TTA Annual Membership Directory

**Please list me with the following chapter:**

- |                       |   |                                      |                          |
|-----------------------|---|--------------------------------------|--------------------------|
| ___ Big South Fork    | ___ Cumberland Gap                      | ___ Memphis                          | ___ Plateau (Crossville) |
| ___ Clarksville       | ___ East TN (Oak Ridge/Knoxville)       | ___ Murfreesboro                     | ___ Soddy Daisy          |
| ___ Columbia/Franklin | ___ Highland Rim (Manchester/Tullahoma) | ___ Nashville                        | ___ Upper Cumberland     |
| ___ Cove Lake         | ___ Jackson                             | ___ Northwest (UT at Martin/Weakley) | (Sparta/Cookeville)      |
|                       |   |                                      | ___ At Large             |

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

**As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.**

## Purchase Order

Tennessee Trails Association  
P. O. Box 41446  
Nashville, TN 37204-1446

Tina Dean  
865-774-1070

February 21, 2005

Color Plus Printing  
4825 Trousdale Dr, #102  
Nashville, TN 37220

Leonard Chavaz  
615-781-1071  
cell ph: 615-207-0947

## Newsletter Printing

Cover Date: **March 2005**

Number of pages submitted  
with this purchase order: 12 pages

Printed Paper size: three - 11 x 17 sheets  
printing on 2 sides  
11 x 17 pages to be folded in ½ by Color Plus

Paper Weight: 20 pound paper weight

Paper Color: white

Ink Color: black

**Print Quantity: 900 pieces**

Approximate Cost:

Send **TAX EXEMPT** Invoice to:  
Tennessee Trails Association  
P. O. Box 41446  
Nashville, TN 37204

Leonard,

Mr. Hendrickson will be handling the printed copies – I believe the newsletter get-together is 23<sup>rd</sup>. They might want to pick up the copies on the 24<sup>th</sup>, but coordinate with Mr. Hendrickson to be sure. Thank you! Tina Dean