

# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.*

SPONSOR FOR THE CUMBERLAND TRAIL



## TTA Awards Nominations

*Just a few days remaining.*

If you haven't yet, there are only a few days left that you can submit nominations for the following 2003 TTA awards:

- **Tennessee Trails Award** - presented for outstanding contributions to the Association or for the furtherance of trails and natural resource programs and opportunities within Tennessee.
- **Bill Stutz Award** - presented to a member for his or her individual contribution to TTA, or one of its chapters.
- **Golden Squirrel Award** - a "tongue-in-cheek" award presented to a hike leader for losing his or her entire group before reaching the trail, or for getting them lost on the trail.



Nominations will be presented at the August 2, 2003 Board of Directors' meeting; therefore, must be received by your chapter officer a few days ahead of August 2<sup>nd</sup>. (If your chapter officer is a candidate, and you wish to keep it a secret, you may submit your nomination directly to TTA's President, Leigh Jones at 931-277-3228 or [cejones@crossville.com](mailto:cejones@crossville.com).)

The 2003 TTA awards will be presented during the Annual Meeting, November 14-16, in Townsend, TN.

## Board of Directors' Meeting Saturday, August 2, 2003, Nashville, TN

TTA's Board of Directors will be meeting on Saturday, August 2, in the Nature Conservancy Conference Room in the St. Bernard Academy Building at 2021 21st Ave. South in Nashville, TN.

The members of the Budget Committee are asked to meet at 12:00pm CT, prior to the start of the general Board of Directors' meeting. The general board meeting begins at 1:00 p.m. CT.

ALL! TTA members are invited and encouraged to attend. If you cannot attend and have an issue you wish presented, forward your concerns prior to August 2 to your local Chapter Officer or Regional At-Large Director.

*The St. Bernard Academy building is 1/2 mile north of the I-440 & 21st Ave. intersection, and less than 1/2 mile south of the Hillsboro Village & Vanderbilt University area (i.e., Wedgewood Ave & 21st Ave South). A map is also available on our website at: [www.tennesseehiking.org/nashmap.php](http://www.tennesseehiking.org/nashmap.php)*

**All !!! TTA Members Are Invited**

## TTA's Annual Meeting Nov 14-16, 2003 Townsend, TN

Hope you've cleared your calendar and have plans to join the rest of Tennessee Trails Association members (and friends) in Townsend, TN, for the upcoming Annual Meeting, Nov 14-16. Townsend, known as "the peaceful side of the Smokies," is on the northwestern edge of the Great Smoky Mountains National Park and within 7 miles of Cades Cove. With the Smokies providing the backdrop to our fun-filled weekend of activities, you can sure bet there will be lots of great hiking choices.

The Big South Fork, Cove Lake and East Tennessee chapters are hosting this year's meeting. Watch for details and a reservation form in upcoming newsletters (and on our website).

**Thank  
You!!!  
Big Dig  
Volunteers**

*Submitted by Sandra Spearman  
The Big Dig Coordinator*

Our heartfelt thanks go out to all TTA members who volunteered for *Big Dig*. You are a part of history - the first *Big Dig*!

June 28 was the official last day of work for the volunteers during this incredible trail building extravaganza. The "Muleskinners" (12 student leaders from 6 states - aka "Dirty Dozen") stayed with us in Soddy Daisy until July 3 - building a bridge, putting in water bars, and tying up loose ends. And, then the final morning dawned ... cars were literally packed to their roofs - packed so tight that even a cricket couldn't have found extra space to ride. (cont. on pg. 2)

# CUMBERLAND TRAIL CONFERENCE

## CUMBERLAND TRAIL CONFERENCE STAFF:

Executive Director ..... Rob Weber ..... robweber@usit.net  
 Resource Manager..... Arleen Scheller ..... scheller@usit.net  
 Program Coordinator..... Mark Stanfill ..... mstanfill@onemain.com  
 Office Manager..... Susan Weber ..... sweber1@usit.net

Office Location 19 East 4<sup>th</sup> Street  
 Crossville, TN 38555  
 Office Hours 8am-5pm  
 Phone: 931-456-6259  
 Fax: 931-456-4934  
 Email: [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com)  
 Website: [www.cumberlandtrail.org](http://www.cumberlandtrail.org)

## Thank You (cont. from pg. 1)

And then the moment came when the goodbyes had to be said ... a sad time indeed. This merry band had spent 8 weeks together – working, learning, and even a little bit of playing. Some have already made plans to visit each other before summer's end. But the morning of July 3 brought more than the time to say goodbye for a while, it brought final realization that the *Big Dig* 2003 is really over. One by one, the students gave hugs all around, tears were shed, and they all drove away. Mark Stanfill and Sandra Spearman looked around one final time to make sure nothing was left to pack (as if there were room to put anything else in their vehicles), looked toward the gorgeous gorges with the soft morning sunshine lighting them in the mist ... and drove away home.

So much planning ... so many good times ... so much accomplishment – and now it's a part of Cumberland Trail Conference's history. We invite you all to come see the results ... trail is built in all 3 of the gorges – Rock, Possum, and Soddy. Hike through this beautiful and special part of Tennessee. Salute the effort that went into building this beautiful trail that's there for generations to come.

And look forward with us to the *Big Dig* 2004 – it's already in the planning stages!

## CTC's 4th Annual Trail Training Workshop September 5-7, 2003

The Cumberland Trail in the Rock, Possum, & Soddy Gorges of northwest Hamilton County will provide the backdrop for two days of education and fun on trail building and leadership skills. The program will focus on "hands on" trail building techniques and include teaching the trail "experience." Participants will learn trail layout and design, switchback design, "treaded" side-hill cutting and erosion techniques (using wood and rock water bars), the creativity process for building rock steps, trail blazing, pole bridges, and much more. In addition to these basic and advanced trail building skills, participants will receive basic first-aid training.

All training provided by Cumberland Trail Conference's experienced "Wagonmasters" in both a limited classroom setting and day and a half of hands-on working sessions on the Rock Creek segment of the Cumberland Trail. The "Wagonmasters" will also provide training in trail leadership, teambuilding, supervisory and work planning skills.

## Cumberland Trail Programs & Outings

**Aug 23** Piney River Trail Work at White Pine Cascades (Front Country Outing). Arleen Scheller will lead a team on a Piney River day outing to repair the tread at White Pine Cascades. The work will include the building of a rock retaining wall in areas where the Piney River is causing extensive erosion. Register by calling Arleen at 931-456-6259.

Programs & Outings cont. on pg. 3

↑ Sign Me Up ↓



Yes! Sign Me Up For The September 5-7, 2003 Trail Training Workshop

Name (and organization): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ --- \_\_\_\_\_

HM Ph: (\_\_\_\_\_) \_\_\_\_\_ WK Ph (\_\_\_\_\_) \_\_\_\_\_

E-mail: \_\_\_\_\_

I am a TTA/CTC volunteer. (I agree to work 2 days during CTC programs within 1 year.)  
 I have enclosed \$ \_\_\_\_\_ (\$40 postmarked before Aug 7; \$50 after Aug 7.)

I am a TN State employee.  
 I have enclosed \$ \_\_\_\_\_ (\$60 if postmarked before Aug 7; \$70 after Aug 7.).  
 I work in (Name of Dept): \_\_\_\_\_  
 and my Job Title is: \_\_\_\_\_

I am not a TTA/CTC volunteer or TN State employee  
 I have enclosed \$ \_\_\_\_\_ (\$80 postmarked before Aug 7; \$90 after Aug 7.)

Enclose your payment  
with this registration  
form & mail to:

Cumberland Trail  
Conference  
19 E. 4<sup>th</sup> Street  
Crossville, TN 38555

Or, call to register at:  
931-456-6259

(Registration fees cover  
the cost of three meals  
on Saturday & Sunday,  
two nights lodging at a  
local church camp, and  
instructional materials.)

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## CUMBERLAND TRAIL CONFERENCE (cont. from pg. 2)

### Programs & Outings (cont. from pg. 2)

**Sep 5-7** (Fri-Sun) Trail Training Workshop. Learn basic and advanced trail construction, and organizational skills used to build the Cumberland Trail. *See announcement on page 2 of this newsletter.*

**Sep 18-21** (Thu-Sun) Soddy Creek Gorge (BackCountry Outing). A BackCountry Outing combines the enjoyment of backpacking with that of trail building. Basically, we backpack and set up a base camp in the area we will be doing trail work. Jim Schroeder will lead this outing into the Soddy Creek Gorge to continue the construction that was started during this past summer's the *Big Dig*. This is a beautiful area with great places to camp. To register, call Jim at 615-896-3023.

**Sep 21-26** (Sun-Fri) American Hiking Society Vacation. Join us as we work with a group from AHS to continue construction on the Rock, Possum, and Soddy Daisy segment. There will be AHS members from across the nation coming to help build the Cumberland Trail. Please join us for as many days as you can to welcome them to this area. We will be camping at Possum Creek Campground in Soddy Daisy. To register, call Mark Stanfill at 931-456-6259.

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### Seen Any Unique Landforms Lately?

Tom Dunigan, Adjunct Associate Professor (Computer Science) of the University of Tennessee, is building a database of interesting landforms in Tennessee: arches, waterfalls, rocks, balds, lakes, etc. Take a look at his website for a current listing of the landforms recorded in the Tennessee Landforms Database ([www.cs.utk.edu/~dunigan/landforms](http://www.cs.utk.edu/~dunigan/landforms)), and if you have any favorite sites you'd like to add, he'd appreciate learning about them and their location – please provide latitude & longitude. Contact Tom at [dunigan@cs.utk.edu](mailto:dunigan@cs.utk.edu).

### State Natural Areas Program Seeks Volunteers in Northeast Tennessee

Various activities are available for volunteers to help Lisa Huff, Stewardship Ecologist with the Tennessee Natural Areas Program in Northeast Tennessee. Lisa's management area includes the upper East TN counties from Rhea County north to Kentucky and from Fentress County east to North Carolina.

The following list of projects need your help. At the time this newsletter was going to the printer, exact dates had not been identified; therefore, volunteers are asked to contact Lisa Huff (865-594-5601 or [lisa.huff@state.tn.us](mailto:lisa.huff@state.tn.us)) to get on the call list to be notified when dates become finalized.

- Piney Falls State Natural Area, Rhea County, Grandview, TN. Volunteers will help put in cable gates and do some trail maintenance, which will entail mostly clearing of dead, fallen pines. This work will need to be done between August and September.
- Colditz Cove State Natural Area, Fentress County, Allardt, TN. Volunteers will help build a new entry trail into the area. Some puncheon boardwalks will need to be constructed as well. New trail will be about ¼-mile long through very nice woodland. This work will be done sometime from October into 2004.
- Hampton Creek Cove State Natural Area, Carter County, TN. Numerous volunteers are helping to build a new loop trail in the cove that will take hikers into a really nice mixed hardwood forest with many (truly) old growth trees. The digging is easy (good dirt) and the trail should be about ¾ mile when finished.

Also, on September 20, which is National Public Lands Day, volunteers are needed at Ozone Falls State Natural Area to help with "sprucing up" Ozone Falls. Activities for the day will include installation of water bars, litter pickup, and privet pulling and spraying.

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### Your Generosity Benefits All

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues. TTA recognizes the following Supporting Member for August 2003:

Harold McLeary, Jr. - Memphis chapter

In the past, Supporting Member donations in excess of the regular dues were allocated to TTA's general operating fund. At the November 2001 Annual Meeting, TTA's Board of Directors voted to allocate Supporting Member donations to the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

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### Tennessee Trails Association Turns 35 in December 2003

To mark this special year, a commemorative patch and t-shirt have been designed. To order yours, see the *Merchandise Order Form* on page 11.

Watch upcoming newsletters for a schedule of events planned.

## THE "10\* ESSENTIALS"

Before you head out on the trail, check your pack to be sure it contains the following items:

- whistle
- water
- hat/sunglasses
- food
- map
- 1<sup>st</sup> aid kit
- compass
- flashlight
- fire starter
- rain gear/extra clothing

Other considerations:

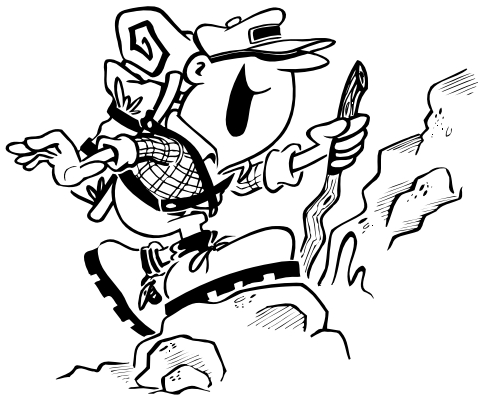
- leave someone a copy of your hiking plans
- hiking poles
- common sense

\* This list is not to be considered cast in concrete – and should be customized to each outdoor enthusiast's needs.

## Shop amazon.com Through TTA's Website

*You can buy your books  
through TTA's website  
and TTA benefits!*

We have an arrangement with amazon.com where TTA receives a commission on all items (books, magazines, music, electronics) purchased when you enter their site through our link. It's very easy! Go to the TTA web site ([www.tennesseehike.org](http://www.tennesseehike.org)), navigate to the "TO BUY!" page, then follow the link to the "VIRTUAL BOOKSTORE." Commissions are earned solely on sales made through the TTA website, therefore always enter amazon.com from the TTA website, and do not sign up for their one-click service.



## Sharing the Trail

Hikers do not have the trails to themselves. Be the first to yield and give a friendly hello. If you meet a horse party on the trail, move off the trail on the downhill side and quietly let the animals pass. It is too difficult (and sometimes dangerous) for the stock animals to yield. Mountain bikers should yield to hikers, but it is often safer for you to just step off the trail and let a mountain biker pass by.

## 2003 Membership Directories Have Been Published and Mailed!!

Many thanks to **Jim Poteet** for formatting the directories; **Diane Manas** for the advertising layout and for being our liaison with the printer; and **Libby Francis** for selling advertising and single-handedly mailing all the directories. The 2003 Directories were mailed to all current TTA members and will be mailed to all new members who join in the coming year. If you did not receive a directory, please contact Anne Wesley (615-851-1052 or [ttahiker@msn.com](mailto:ttahiker@msn.com)). Please remember to support our advertisers and mention you saw their ads in your directory.

## TTA's Calendar

The following dates in 2003 refer to statewide activities involving TTA as a whole. Please refer to this calendar often to prevent scheduling conflicts or to volunteer to get involved with major activities planned (i.e., TTA's Annual Meeting, etc.).

- Aug 2 ..... Board of Directors' Meeting (Nashville)
- Sep 20 ..... National Public Lands Day
- Oct 17-20 ..... Southeast Foot Trails Mtg (Monteagle)
- Nov 14-16 ..... TTA Annual Meeting - Great Smoky Mtns. National Park (Townsend, TN)

*\*Calendar will be revised as needed.*

## BIG SOUTH FORK CHAPTER

**CHAPTER OFFICER:** Julian Bankston

423-628-2845 [jrbankston@nxs.net](mailto:jrbankston@nxs.net)

**BOARD REPRESENTATIVE:** Bob Hemminger

23-628-5145 [hemminr1@math.vanderbilt.edu](mailto:hemminr1@math.vanderbilt.edu)

**OUTINGS COORDINATOR:**

*(call & volunteer to lead an outing)*

Kathy Hicks 865-938-6846 [kudson3@utk.edu](mailto:kudson3@utk.edu)

### CHAPTER NEWS:

No hike is scheduled during August because of vacation and back-to-school preparations, and Rugby's Pilgrimage, which takes place August 2-3. If you already have plans to attend the Pilgrimage event, make time to hike the historic trails to the Gentlemen's Swimming Hole and Meeting of the Waters. For information on the Pilgrimage, visit [www.historicrugby.org](http://www.historicrugby.org).

### PLANNING AHEAD:

**Sep 4-5** (Thu-Fri) Max Patch section of the Appalachian Trail. Hot Springs, NC. Barbara Stagg has reserved a cabin with accommodation for up to ten people for Thursday night, September 4. She'll lead a hike over the Max Patch section of the AT, which traverses an open bald with spectacular panoramic views. For more information and to register, contact Barbara Stagg at 423-628-2449 or [rugbytn@highland.net](mailto:rugbytn@highland.net)

**Nov 14-16** (Fri-Sun) TTA's Annual Meeting is being hosted by the Big South Fork, Cove Lake, and East Tennessee Chapters. Your help is vital. If you have not volunteered for a committee, fear not, it's not too late. Please contact your Chapter Officer to get involved!

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## CLARKSVILLE CHAPTER

**CHAPTER OFFICER:** Bill Hamilton 931-920-2760 [billhamilton@charter.net](mailto:billhamilton@charter.net)

**OUTINGS COORDINATORS:** (*call & volunteer to lead an outing*)

Faye Balbac 931-553-6826

Sandi Hamilton 931-920-2760 [billhamilton@charter.net](mailto:billhamilton@charter.net)

Sandra Koenig 931-645-2048

**MEETS MONTHLY:** 3<sup>rd</sup> Tuesday at 7pm CT Crow Community Center 211 Richview Rd

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**Aug 2** Buggytop Trail, South Cumberland State Park. Sewanee, TN. A creek emerges from Lost Cove Cave's Buggytop entrance, one of the plateau's most impressive cave entrances – an 80-ft mouth carved out of a 150-ft cliff. We will hike 2.2 miles each way to see this spectacular sight. The terrain is rated moderate to difficult for the rough footing, high bluffs and steep descent. For information and to register, call Darryl Butts at 931-645-9177.

**Aug 16** Mammoth Cave Tour, Mammoth Cave National Park. Mammoth Cave, KY. This "hike" will be in the cool environs of the Mammoth Caves. We will see some beautiful stalactites and stalagmites and possibly a bat or cave cricket on the Frozen Niagara tour. Afterwards, we will take a relaxing boat ride on the river. For information and to register, call either Wanda or Roy McClusky at 931-906-3338.

**Aug 19 MONTHLY MEETING.** Learn hiker safety tips; hear about past and upcoming hiking trips and meet/greet members/friends. New hikers are always welcome! Lots in store! See you at 7:00pm CT at the Crow Community Center.

**Aug 23-24** (Sat-Sun) Appalachian Trail, Great Smoky Mountains National Park. We will day hike segments of the Appalachian Trail in the Clingman's Dome area and car camp in a nearby campground. At 6,643 feet, Clingman's Dome is the GSMNP's highest point. It is the highest point in Tennessee, and the second highest point east of the Mississippi. Vistas from Clingman's Dome are spectacular. This outing is rated moderate for uneven and rocky terrain. For information and to register, call Merri Hinton at 270-726-3141.

### **PLANNING AHEAD:**

**Sep 6** Fall Creek Falls State Park. Pikeville, TN. This park boasts its beautiful waterfalls and scenic views. We will hike about 7 miles over terrain rated moderate for several hills we will ascend/descend. For information and to register, call Sandi Hamilton at 931-920-2760.

**Sep 13** Rotary Park. Clarksville, TN. Rotary Park, "the best kept secret in Clarksville" is a 100-acre nature park with over five miles of hiking trails, and very close to home. We will hike only three miles over terrain rated moderate for the uneven and slightly hilly terrain. Bring water and lunch (we'll have a picnic afterwards). For information and to register, call J.R. Tate at 931-920-2692.

**Sep 20** Meriwether Lewis State Park and Devil's Backbone on the Natchez Trace. Suva Bastin 931-645-2849.

**Sep 27-28** (Sat-Sun) Backpacking in Collins Gulf, South Cumberland Recreation Area. Bill Hamilton 931-920-2760.

**Oct 4** Allardt Pumpkin Festival and Car Camping at Picket State Park. Suva Bastin 931-645-2849.

**Oct 11** Garden of the Gods. Sandi Hamilton 931-920-2760.

**Oct 18** Canoe the Red River. John Sneed 931-648-1134.

**Oct 25** Annual Bon Fire & Monthly Meeting at Rotary Park. Bill Hamilton 931-920-2760.

**Nov 1** Signal Mountain, Chattanooga. Suva Bastin 931-645-2849.

**Nov 8-9** Backpacking Trip, Destination TBA. J.R. Tate 931-920-2692.

**Nov 14-16** TTA's Annual Meeting. Townsend, TN.

**Nov 22** Pennyryle Park, Kentucky. Sandy Janus 931-645-9177.

**Nov 29** Rotary Park, Clarksville. Wanda McCluskey 931-906-3338.

**Dec 6** Ft. Donelson National Battlefield, Dover. Joanne Bregel 931-289-4452.

**Dec 13** Basic Compass Reading Hike, Land Between the Lakes. Sandy Janus 931-645-9177.

**Dec 31** New Year's Eve Hike, Downtown Clarksville. Suva Bastin 931-645-2849.

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### **Don't Miss an Outing Plan Ahead, Register Early!**

There are times when a hike leader must limit (due to park regulations, etc.) the number of participants on an outing. Please do not wait until the afternoon or evening before the outing to RSVP.

*Plan ahead and register early.*

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### **Attention: Hike Coordinators (aka Hike Leaders)**

A TTA Release of Claims & Hold Harmless Agreement form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our web site: [www.tennesseetrails.org/release.php](http://www.tennesseetrails.org/release.php)

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## COLUMBIA / FRANKLIN CHAPTER

**CHAPTER OFFICER:** Russell Smith 615-790-1833  
*carving082334@aol.com*

**OUTINGS COORDINATORS:**  
*(call & volunteer to lead an outing)*

Tanya Juday 931-490-0856  
Rick Lausten 615-373-0029  
*saturncar1@aol.com*

**Meetings Will Resume September 2**

*6:30pm CT, Grand China Buffet (North of Spring Hill)*

### **CHAPTER NEWS:**

Due to summer vacations, our regular monthly meeting has been suspended for August. We will resume our monthly meeting on the first Tuesday of each month, beginning September 2<sup>nd</sup> where we will meet at 6:30pm CT at the Grand Buffet, on the north side of Spring Hill.

### **OUTINGS REPORT:**

Fourteen people attended the June cookout and planning meeting at the home of Russell And Joyce Smith. *(Thank you Russell and Joyce for opening your home to us.)*

Over the June 27-29 weekend, five members, plus Martin McCullough of the Murfreesboro chapter, took part in a weekend of backpacking in the Smokies. On Fri., we hiked the Anthony Creek Trail out of Cades Cove up to campsite #9. On Sat., we completed our climb up Bote Mountain Trail to reach the Appalachian Trail, and hiked east to visit "Rocky Top." We spent the night at Russell Field shelter where we met Rick Pinkelton. On Sun., we hiked down Russell Field Trail to the Ranger Station. Along the way, we saw a bear near campsite #10, which had been closed recently due to bear activity. Over the three days, we hiked a total of 16 miles.

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## COVE LAKE CHAPTER

**CHAPTER OFFICER:** Richard Helm 865-426-4472  
*RHelm@ahss.org*

**CO-CHAIR:** Mari Haslam 423-562-3227  
*pittsteelersfan@earthlink.net*

**MEETS MONTHLY:** 2<sup>nd</sup> Monday at 6pm ET  
LaFollette Recreation Center's Craft Room, 201 S. 9<sup>th</sup> St.

*Each Wednesday, during Daylight Savings Time, Richard Helm will lead after-work hikes on different sections of the Cumberland Trail in our area. We will meet at 6pm ET at the Eagle Market parking lot. Please register each week, since hikes are subject to change/cancellation, with Richard Helm at 865-426-4472 or rhelm@ahss.org.*

**Aug 11 MONTHLY MEETING.** Learn hiker safety tips; hear about past and upcoming hiking trips and meet/greet members/friends. New hikers are always welcome! Lots in store! See you at 6:00pm ET at the Craft Room in the LaFollette Recreation Center, 201 South 9th Street. (cont.)

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## COVE LAKE (cont.)

**Aug 17** Wilderness Road Trail, Cumberland Gap National Historical Park. Cumberland Gap, KY. We will be hiking on the old Wilderness Road to the Gap, and if the day is not too hot and humid, we will go on up to the Tri-State Marker. And if we have a real energetic group, we may even hike part of the Cumberland Trail past the Marker. Bring snacks and water. There are two options for joining us. You can meet us to carpool from the Food Lion in LaFollette at 1:30pm ET or, meet at the flagpole at the Park's Visitor's Center parking lot at 2:45pm. Rain date: Aug 23. For more information and to register, call Vance Lawson at 423-562-6856.

### **HIKE REPORT:**

On June 14, twenty came out for our hike to the Chimney Tops in the GSMNP. It was a pretty hard trek, as expected; but everyone had a good time. Some of the group climbed to the top of the rocks, some went up part way, while some shy (or shackled) ones stayed at the base. After the hike, some of the group went out to eat at The Apple Barn.

On June 28, a small group of five, led by Richard Helm, hiked to Van Hook Falls on the Sheltoewe Trace in KY. A newcomer to TTA joined us on this beautiful trail, which boasts several waterfalls. Many of the rhododendron bushes, with their white heads of freckled flowers, were in full bloom. And the ripening huckleberries, with their tart, tempting taste, threatened to tarry these travelers on their trek down the trail. Van Hook Falls had a good spread of water coming off the cliff, providing cool refreshment to those adventurous enough to get under it. After lunch on the edge of beautiful Cove Creek, we retraced our steps, enjoying the good weather, fine fellowship ... and more huckleberries.

### **PLANNING AHEAD:**

**Sep 8** Lecture: "Goldenrods" with Richard Helm (monthly meeting).

**Sep 13** Pickett SP & Lunch at Baccarra's with Vance Lawson, 423-562-6856.

**Oct 18** Fall Creek Falls with Ed & Mari Haslam, 423-562-3227.

**Nov 2** House Mtn. with Vance Lawson, 423-562-6856.

**Nov 10** Planning Session for 2004 hikes (monthly meeting).

**Nov 14-16** (Fri-Sun) TTA's Annual Meeting is being hosted by the Big South Fork, Cove Lake, and East Tennessee Chapters. Your help is vital. If you have not volunteered for a committee, fear not, it's not too late. Please contact your Chapter Officer to get involved!

**Nov 23** Cumberland Trail Smoky Mtn. Segment with Richard Helm 865-426-4472.

**Dec 6** Pine Mtn. SP with Gordon & Doris Early, 423-566-8319.

**Dec 8** Christmas Potluck Dinner (monthly meeting).

**Dec 14** Cumberland Falls with Vance Lawson, 423-562-6856.

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## CUMBERLAND GAP CHAPTER

CHAPTER OFFICER: Rosemary Register  
423-869-2251 [cugatrails@yahoo.com](mailto:cugatrails@yahoo.com)

### CHAPTER NEWS:

Due to busy schedules and prior commitments, we did not plan any meetings/outings for the month of August. Watch upcoming newsletters for future announcements and outings. Until then, you are always welcome to participate in any of our other chapter's (13 to choose from) outings, events and meetings.

### TTA Gift Memberships Available Throughout the Year!

- ◆ Birthdays ◆ Anniversaries ◆ Valentine's Day
- ◆ Boss' Day ◆ Mother's Day ◆ Graduation ◆
- ◆ Father's Day ◆ Halloween ◆ Hanukah ◆
- ◆ Christmas ◆ Just Because ◆

For the price of a regular membership, we will send the gift membership recipient a beautiful TTA logo patch enclosed in a card (customized for the occasion) announcing your gift. Gift memberships can be purchased by contacting Anne Wesley: 615-851-1052 or [ttahiker@msn.com](mailto:ttahiker@msn.com).

### Carpool Etiquette

Gasoline prices have continued to roller coaster up and down. In any event, please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it'll save time and prevent the inconvenience of having to stop to locate change).

Your driver is not a chauffeur. Assist him or her by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing.

All passengers must wear seat belts to minimize the risk of injury in case of an accident !!!  
The drive to and from a trailhead is generally the most dangerous part of any hiking trip.

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## EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER OFFICER: Beverly Neurock 865-220-9679  
[bneurock@bellsouth.net](mailto:bneurock@bellsouth.net)

**Aug 23 SUMMER MEETING AND PICNIC.** Join us during our annual chapter picnic where we gather to socialize, eat and conduct a brief business meeting. The chapter will grill hamburgers. Please bring a potluck salad, casserole or dessert to share. COME RAIN OR SHINE, the shelter area is covered! We will be in Shelter #1 at Melton Hill Dam from 1:00-3:00pm ET. As always, your family members and friends are welcome. (DIRECTIONS: From Exit 364 on I-40 in Loudon County, head north ½ mile on Route 95. Turn right on dam access road at the south end of the Clinch River Bridge. Continue past the dam to end of road and parking lot at the dam overlook, to Shelter #1.) For information, call Harold Draper at 865-689-7757.

### PLANNING AHEAD:

**Nov 14-16** (Fri-Sun) TTA's Annual Meeting is being hosted by the Big South Fork, Cove Lake, and East Tennessee Chapters. Your help is vital. If you have not volunteered for a committee, fear not, it's not too late. Please contact your Chapter Officer to get involved!

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## HIGHLAND RIM CHAPTER (Tullahoma Area)

CHAPTER OFFICER: Doug Ratliff 931-455-0249 [dougratliff@hotmail.com](mailto:dougratliff@hotmail.com)

OUTINGS COORDINATOR: Alan Bryan 931-728-0765

[BryanAlan@BFUSA.com](mailto:BryanAlan@BFUSA.com) & [pbryan5@bellsouth.net](mailto:pbryan5@bellsouth.net)

MEETS MONTHLY: 3<sup>rd</sup> Tuesday at 7pm CT

D.W. Wilson Center, 501 N. Collins St., Tullahoma

**Aug 9** Buggytop Trail and Sewanee Natural Bridge, Carter State Natural Area. Sewanee, TN. The Buggytop entrance to Lost Cove Cave is one of the most impressive cave mouths in the state. We will hike to the Buggytop entrance, an 80-ft mouth carved out of a 150-foot cliff, and retrace our steps back to the trailhead. This 4-mile round trip hike is rated moderate due to the rough footing and steep descent. On the way back home, we will stop at the Sewanee Natural Bridge, which has a span of 50 feet and a height of 27 feet. Bring plenty of water and snacks, and wear sturdy shoes. For information and to register, call Doug Ratliff at 931-455-0249.

**Aug 19 MONTHLY MEETING.** Join us as our own Cathi Close describes her 300-mile section hike on the Appalachian Trail in the New England area this summer. Cathi is set to complete the entire AT next year by hiking the final 300-mile section in Maine. Come learn first hand what it takes to hike the AT. Guests and new hikers are always welcome. See you at 7pm CT at the D. W. Wilson Community Center in Tullahoma.

**Aug 20** (Wed) Old Stone Fort State Archaeological Park, Manchester, TN. Join us for a mid-week evening hike at Old Stone Fort SAP. Wednesday is free hike day at the park! We'll hike the scenic Backbone Loop Trail that follows the Duck River. The hike is approximately 3 miles long and rated moderate (a few short climbs). We'll leave from the park museum at 4:45pm CT. For information and to register, contact Brent Morris at 931-454-1718 or [bmorris@edge.net](mailto:bmorris@edge.net).



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## MEMPHIS CHAPTER

**OFFICER:** Betty Porter 901-755-4740

**CO-CHAIR:** Norma McMinn 901-785-1479

**BOARD REPRESENTATIVE:** Gloria Lenski 901-213-0604

*glorialenski@yahoo.com*

**Meetings Will Resume September 18**

*7pm CT, Germantown Library*

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**Aug 24 ANNUAL CHAPTER PICNIC.** The picnic will be at the lakeside home of John and Regena Martin (canoes and paddle boats available). This is a potluck; bring your favorite summer dish and a lawn chair. Socializing starts around 3pm CT, picnic at 4pm, and business meeting at 5pm. This is also our August meeting, so bring any business items you would like to discuss. John and Regena's address is 3876 S. Lakewood Dr., in the Lake Windermere subdivision near Raleigh. For directions, call John or Regena at 901-386-3722.

### **PLANNING AHEAD:**

**Sep 6** Annual Hummingbird Migration Celebration, Strawberry Plains Audubon Center Hummingbird Garden. Holly Springs, MS. The Strawberry Plains Hummingbird garden is one of the few places where so many hummers can be seen at one time. In past years, as many as 80 birds could be seen swarming the feeders. An air-conditioned viewing area with ample seating is provided. Come see this truly amazing sight, and remember to bring your binoculars and cameras!! Activities include: keynote speaker, Bob Sargent, hummingbird expert and a walk through the vast network of manicured trails to enjoy the sanctuary. Our new Jackson members and friends will be joining us. Bring sandwich or purchase food at the Center for a group picnic. We will meet at the Center Building at 9am CT. There is a parking fee per of \$5/vehicle. (DIRECTIONS to the Center: Located on Hwy 311, and 3.2 miles from the intersection with Hwy 7 and approximately 8 miles from the intersection of Hwy 72 and Hwy 311 (about 35 minutes south of Memphis). To learn more, visit [www.msaudubon.com](http://www.msaudubon.com) and click on calendar. For information and to register, call Betty Porter at 901-755-4740.

### **ATTN. JACKSON AREA HIKERS:**

**Aug 17** Chickasaw State Park Picnic. Henderson, TN. Bring food to share, non-alcoholic beverages, lawn chair and/or blanket, and insect repellent. There are plenty of activities for the entire family to enjoy, such as hiking the trail through the woods or around the lake, paddleboats, and swimming. For meeting time, more details, and to pre-register, call Ellen Volet at 731-427-3666.

**Sep 6** Annual Hummingbird Migration Celebration. This is a joint event with the Memphis chapter of TTA. *See information above.* Please pre-register for this event by calling Ellen Volet at 731-427-3666.



Plants grow  
by the inch  
and die  
by the foot.



Please, keep to the trails.

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## LEAVE NO TRACE PRINCIPLES

- Leave what you find.
- Minimize Campfire Impacts.
- Respect wildlife.
- Be considerate of other visitors.
- Plan ahead and prepare.
- Travel and camp on durable surfaces.
- Dispose of waster properly.



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## BLISTER ADVICE

The best advice for dealing with blisters is to prevent them. Properly fitted hiking boots are absolutely necessary to prevent blisters. Have your boots fitted by a trained professional, then break the new boots in before your first hike. A rule of thumb is to walk 50 miles in them before you consider them trail-ready. Hiking socks made of wool or synthetic fibers also prevent blisters by wicking away moisture from your feet. A pair of synthetic liners worn under your socks will also help the wicking process. Always carry some moleskin, and apply it at the first sign that you may be forming a blister.

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## MURFREESBORO CHAPTER

**CHAPTER OFFICER:** Martin McCulloch 615-896-1043

*mam1932@earthlink.net*

**OUTINGS COORDINATOR:**

*(call & volunteer to lead an outing)*

Ray & Linda Eckerson 615-847-0322 *reckerson@comcast.net*

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7pm CT, Barfield-Crescent Park's Wilderness Station, 697 Barfield Rd., M'boro

**Aug 2** TTA's Quarterly Board of Directors' Meeting. Nashville, TN. All members are invited to attend. *See the announcement on page 1 of this newsletter.*

**Aug 12 MONTHLY MEETING.** Learn hiker safety tips; hear about past and upcoming hiking trips and meet/greet members/friends. New hikers are always welcome! Lots in store! See you at 7:00pm CT at the Wilderness Station in Barfield Crescent Park.

**Aug 23** Hike and Swim, Grundy Lakes State Park. Tracy City, TN. Grundy Lakes is the site of the Lone Rock Coke Ovens where locally mined coal was converted to coke using convict labor until 1896. The coke ovens remain as a historic reminder of these times. We will hike the trail around the lake (2 miles) and afterwards, go for a swim. Bring swim clothes, snacks and lunch. For information and to register, call Bob Hornsby 615-895-4930.



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## NASHVILLE CHAPTER

**CHAPTER OFFICER:** David Furse 615-353-6435 [dfurse@comcast.net](mailto:dfurse@comcast.net)

**OUTINGS COORDINATOR:** (*call & volunteer to lead an outing*)

Elizabeth Gerlock 615-356-6260 [eygerlock@aol.com](mailto:eygerlock@aol.com)

**MEETS MONTHLY** - 4<sup>th</sup> Tuesday at 7pm CT St. Bernard Academy Building, 2021 21<sup>st</sup> Ave South

**HIKING HOTLINE - 615-367-7045**

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*Are you new to Nashville? Hiking? Interested in checking out a hiking club? Or, just want a gentler hike? Consider the following two hikes on August 2:*

**Aug 2** First Saturday Hike in Beaman Park. Joelton, TN. Join us as we explore one of Nashville's newer parks being developed by volunteers. Our hike will be from 9am until 12-noon CT on terrain rated easy to moderate. We will meet at the spring on Little Marrowbone Road. For information and to register, contact the Warner Parks Nature Center at 615-299-9586.

**Aug 2** Mound Bottom Prehistoric Indian Archeological Site and Mace Bluff. Pegram, TN. Billy Bilbrey, Tennessee State Park Ranger will be guiding us into this very historical area. First, we will either wade or canoe across the Harpeth River, depending on the water level. Then, hike around the site, which contains 14 Indian mounds and a palisade wall earthen fortification. A short but steep hill will take us to overlook the mounds and the Harpeth River. Bring water, snacks and extra socks/towel if there we have a wet river crossing. You can meet us at 9am CT to carpool from the Wal-mart on Charlotte Pike, or 9:30 at the Mound Bottom Site, which lies in a horseshoe bend of the Harpeth River about one mile north of Highway 70 on Cedar Hill Road, near Tip-A-Canoe. (DIRECTIONS from Nashville on Hwy 70. Turn right on Cedar Hill Road and go 0.8 mile. Scott Cemetery will be on the left. Cedar Hill Road is also the same road used to reach the Narrows of the Harpeth.) For information and to register, contact Glenn Turner at 615-352-1907 or [glennturner01@comcast.net](mailto:glennturner01@comcast.net).

**Aug 3** Montgomery Bell State Park. Burns, TN. Beat the heat with a creek hike!! We will hike in the creek at Montgomery Bell State Park. Bring water shoes, extra clothes, snacks, and drinking water. A good hiking staff is recommended. Plan to get wet, and there are places to change at the campground after the hike. For information and to register, call Nancy Juodenas at 615-643-0936 or [juodenas@comcast.net](mailto:juodenas@comcast.net).

**Aug 9** Twin Arches Area, Big South Fork National River & Recreation Area. Jamestown, TN. The Twin Arches are the largest natural bridge complex in TN. We will explore both the North and South Arch and continue on the loop trail to Charit Creek Lodge, Jakes Place (an old homestead location), under massive rock walls and overhangs. The trail is 5½ miles and rated moderate for the uneven and hilly terrain. For information and to register, contact either Jim or Marietta Poteet at 615-824-7666.

**Aug 10** Bearwaller Gap Trail. Carthage, TN. This Corps of Engineers' trail extends from Tater Knob Overlook above the Cordell Hull Dam to Defeated Creek Recreation Area on Cordell Hull Lake for a total of 5.7 miles. The trail provides many dramatic overlooks from the bluffs, and often we spot wild turkeys, turkey vultures, and waterfowl. Because this is a one-way hike (not a loop), it is necessary to park cars at each end of the trail. The trail is rated moderate for the several rolling hills we will climb. Bring snacks, lunch, water, and wear hiking boots. We will meet at 8am CT to carpool from the Kinko's in the K-mart parking lot on Donelson Pike. For information and to register, contact Brian Dion at 615-532-5756 or [Brian.Dion@state.tn.us](mailto:Brian.Dion@state.tn.us).

**Aug 24** Honey Creek Trail, Big South Fork National River & Recreation Area. Jamestown, TN. This 5.6-mile trail provides spectacular scenery along its entire length. Along the way, we will pass Indian rock houses, a cave, tumbling streams and small waterfalls, see interesting plants and trees, plus, there is a dramatic overlook of the Cumberland River. The trail is rugged with climbs over and between rocks and streams and rated moderate to difficult. Sturdy hiking shoes/boots are required! Bring snacks, lunch and water (and maybe an extra pair of dry socks). We will meet at 8am CT to carpool from the Kinko's in the K-mart parking lot on Donelson Pike. For information and to register, contact Brian Dion at 615-532-5756 or [Brian.Dion@state.tn.us](mailto:Brian.Dion@state.tn.us).

**Aug 25** Lightweight Backpacking Presentation. Spencer Knoch of the Nashville chapter, will present a program on winter backpacking with a 13½ pound gear load. Spencer thru-hiked the Appalachian Trail in 1992, is a registered Maine hiking guide and formerly ran Little Tree Adventures in which he guided groups through Maine's 100-Mile Wilderness. He will set up and discuss each piece of gear he uses. Included, will be a handout on the correct method of fitting hiking boots and how to keep feet blister free. Spencer will also have a slide show on his 1992 AT thru-hike. This event is open to everyone – beginner as well as experienced backpackers. Presentation starts at 7pm CT at Blue Ridge Mountain Sports, 108 Page Rd., Nashville. For information, contact Herb Kneeland at 615-298-4462 or [hdk3@comcast.net](mailto:hdk3@comcast.net).

**Aug 26 MONTHLY MEETING.** Learn hiker safety tips; hear about past and upcoming hiking trips and meet/greet members/friends. New hikers are always welcome! Lots in store! See you at 7:00pm CT in the Nature Conservancy Conference Room of St. Bernard Academy Building, 2021 21<sup>st</sup> Ave. South.

cont. on pg. 10

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## NASHVILLE (cont. from pg. 9)

**Aug 29-31** (Fri-Sun) Deep Creek Trail, Great Smoky Mountains National Park. We will be combining backpacking, car camping, hiking and inner tubing over this weekend. This outing is rated moderate for the 14-mile hike. For information and to register, contact David Furse at 615-353-6435 or [dfurse@comcast.net](mailto:dfurse@comcast.net).

### **OTHER ACTIVITIES**

**Aug 26** Pre-Monthly Meeting Dinner at Brown's Diner at 2102 Blair Blvd. We will meet at 5:15pm CT, and depart for the meeting at 6:30pm. Questions? Contact Paul Smith at 615-832-9388, or [paolov@bellsouth.net](mailto:paolov@bellsouth.net).

**Aug 31** Mountain biking (or hiking) at Bowie Nature Park, Fairview, TN. If the trail is wet, it is closed to bikes, so we will hike it instead. For information and to register, contact Hugh Tobin at 615-790-9567 or [HTobin@hotmail.com](mailto:HTobin@hotmail.com).

## Hike Registration? Why?

Our hike coordinators are volunteers. Make it easier for them to contact you in the event their hike needs to be cancelled by registering!

*Please, be considerate and register.*

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## NORTHWEST CHAPTER (UT at Martin & Weakley County)

**CHAPTER OFFICER:** Jim Clark 731-587-2225  
[jclark@utm.edu](mailto:jclark@utm.edu)

**Meetings will resume in September**

**WEBSITE - [www.utm.edu/~jclark/trails/](http://www.utm.edu/~jclark/trails/)**

### **CHAPTER NEWS:**

Our student and faculty members are on summer break; therefore, we have not scheduled any meetings or activities for August. Upon our return in late August, we will post hikes and meeting announcements to our website, as well as in this newsletter. Until then, have a great summer, and remember – you are always welcome to participate in any of our other chapter's (13 to choose from) outings, events and meetings.

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## PLATEAU CHAPTER (Crossville)

**CHAPTER OFFICER:**

Charlie Jones 931-277-3228 [cejones@crossville.com](mailto:cejones@crossville.com)

**OUTINGS COORDINATOR:**

*(call & volunteer to lead an outing)*

Carolyn Miller 931-260-6674 [cardan@usit.net](mailto:cardan@usit.net)

**MEETS MONTHLY:** 2<sup>nd</sup> Thursday at 7pm CT

Community Room in Art Circle Public Library,  
154 East 1<sup>st</sup> Street in Crossville

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**Aug 9** Family Night Hike, Cumberland Mountain State Park, Crossville, TN. The Plateau Chapter of Tennessee Trails is sponsoring a "Family Hike" to explore the night woods along the lake, with a state park ranger. Bring water and wear sturdy shoes. A flashlight is highly recommended; however, optional. We will meet at 9pm CT at the Cumberland Mountain State Park's boat dock. For information and to register, contact Charles Jones at 931-484-5298 or [cejones@crossville.com](mailto:cejones@crossville.com).

**Aug 14** **MONTHLY MEETING.** Learn hiker safety tips; hear about past and upcoming hiking trips and meet/greet members/friends. New hikers are always welcome! Lots in store! See you at 7pm CT at the Community Room in the Art Circle Public Library in Crossville.

**Aug 23** Twin Arches Loop, Big South Fork National River & Recreation Area, Jamestown, TN. This is a world-class hike and located close to our homes. We will pass over and under two large sandstone arches. The hike is 5½ miles and rated moderate due to one difficult climb. Bring plenty of water. If it is hot, the pace will be moderate to slow. We will meet to carpool from the back parking area of the Cracker Barrel in Crossville at 8am CT. For information and to register, contact Bill Haynes at 931-707-7606 or [billhaynes@citlink.net](mailto:billhaynes@citlink.net).

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## SODDY DAISY CHAPTER

Leigh Jones 931-277-3228 [cejones@crossville.com](mailto:cejones@crossville.com)

Fount Bertram 615-765-5357 [fwbertram@heartoftn.net](mailto:fwbertram@heartoftn.net)

### **CHAPTER NEWS:**

Susan Turner recently accepted a wonderful opportunity to return to school to learn how to operate a semi-tractor trailer so she can team with her husband, Carl, who is also a driver. (Congrats!) Unfortunately, Susan won't have time to do the Chapter Officer duties; therefore, we are seeking someone to fill this vital position through the remainder of the year (and beyond). We (the Board of Directors) will give our assistance and support to the person(s) who steps forward. In the interim, you are welcome to attend any of our other chapter's (13 to choose from) outings, events and meetings.

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## UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

**CHAPTER OFFICER:** Richard Savage 931-526-2035

[savage\\_richard@hotmail.com](mailto:savage_richard@hotmail.com)

**OUTINGS COORDINATOR:**

*(call & volunteer to lead an outing)*

Sue Bass 931-528-1386 [take-a-hike@charter.net](mailto:take-a-hike@charter.net)

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**Aug 21** (Thu) **Socializing, Dinner, and Meeting.** Cookeville, TN. We will gather at 6:30pm CT at Ryan's Steakhouse in Cookeville for socializing, dinner and a brief meeting. We will plan our hikes for the fall. For information, contact Richard Savage at 931-526-2035 or [savage\\_richard@hotmail.com](mailto:savage_richard@hotmail.com).

## OFFICERS:

President  
Leigh Jones 931-277-3228  
*cejones@crossville.com*

Vice-President  
Fount Bertram 615-765-5357  
*fwbertram@heartoftn.net*

Treasurer  
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*jmparker13@hotmail.com*

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Anna Clark 731-587-2225  
*aclark@utm.edu*

Past President  
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*libbyslibbys@comcast.net*

Past President  
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*jpoteet@genesco.com*

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Jerry Lenski 901-255-6574  
*jlenski@yahoo.com*

Middle TN At-Large Director  
Brent Morris 931-454-1718  
*bmorris@edge.net*

East TN At-Large Director  
VACANT

Membership  
Anne Wesley 615-851-1052  
*ttahiker@msn.com*

Cumberland Trail Conference Representatives  
Barry & Sandra Spearman 931-839-2320  
*sandbar@multipro.com*

TN Rails To Trails Advisory Council  
Jim Deming 615-354-9767  
*jdeming@tals.org*

CHAPTER REPRESENTATIVES ON THE BOARD  
ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor  
Diane Manas 615-352-7777  
*editor@tennesseetrails.org*

### Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

Due For Newsletter Dated

**NOTE: August 1** ..... September 1  
September 10 ..... October 1  
October 10 ..... November 1

Articles submitted are subject to editing and will be included as space permits.

Please send all submissions to:

Diane Manas  
5729 Stoneway Trail  
Nashville, TN 37209  
615-352-7777

*editor@tennesseetrails.org*

## ADOPT-A-TRAIL NEWS

ADOPT-A-TRAIL OFFICER

Harold Draper 865-689-7757

*h.m.draper@att.net*

### Have you considered ...

#### Maintaining a particular trail or section of trail?

Through the cooperation of land managers, who periodically inform us of volunteer opportunities, TTA can put you in touch with several Adopt-A-Trail programs, or offer suggestions on how to approach local land managers in your area.

The Adopt-A-Trail program is quite simple and flexible. Volunteers or chapters select the trail they wish to adopt and at the same time determine the level of trail maintenance they wish to undertake. Their only commitment is to hike, inspect, and report on the trail's conditions and maintenance needs twice per year. Light trail maintenance (clipping, pruning, trash and minor blow-down removal) is encouraged during each inspection. Serious trail problems identified will be reported to the local land management agency for resolution.

To obtain an Adopt-A-Trail or Trail Inspection form, call Harold Draper: 865-689-7757

## TENNESSEE RAILS-TRAILS ADVISORY COUNCIL

(TRAC)

BOARD REPRESENTATIVE

Jim Deming 615-354-9767

*jdeming@tals.org*

WEBSITE [www.TNRailsTrails.org](http://www.TNRailsTrails.org)

**MISSION:** To act as a resource and mentor for the planning, development and management of rail-trails throughout the State of Tennessee for the purposes of appropriate recreation, preservation of rail corridors and alternate transportation, in order to benefit the general public, communities, commerce and tourism.

### New! Tennessee Trails Merchandise Order Form

\_\_\_\_\_ TTA Patch ..... 6.00  
*Round embroidered patch, sew it on anything.*

\_\_\_\_\_ TTA Window Decal ..... 3.00  
*A must for each car.*

### 35th Anniversary TTA turns 35 in December 2003! Celebrate TTA's Birthday, and show your affiliation with pride!

\_\_\_\_\_ TTA 35<sup>th</sup> Anniversary Commemorative T-Shirt... 16.00  
*Choose Size: Small / Medium / Large / X-Large*  
*Choose Color: Sand / Yellow / Stone-Gray*

\_\_\_\_\_ TTA 35<sup>th</sup> Anniversary Commemorative Patch ..... 6.00  
*Round embroidered patch commemorating TTA's  
35th Anniversary, sew it on anything.*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

PHONE hm: (\_\_\_\_) \_\_\_\_\_ wk:(\_\_\_\_) \_\_\_\_\_

*Mail your check payable to: Tennessee Trails Association  
c/o Marietta Poteet  
324 Raintree Drive  
Hendersonville, TN 37075*

*Please allow 4 weeks for delivery and prices shown include postage.*

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446  
  
ADDRESS SERVICE REQUESTED

First Class Mail  
U.S. Postage Paid  
Nashville, TN  
PERMIT NUMBER 4053



**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**  
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.

**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM ...**

- A NEW MEMBER**  
 **RENEWING MY MEMBERSHIP**

Aug 03

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

Memberships are for one year, unless you have a Lifetime Membership.  
Gift Memberships are also available. Contact our Membership Director,  
Anne Wesley, at 615-851-1052 or [ttahiker@msn.com](mailto:ttahiker@msn.com)

*PLEASE, PRINT CLEARLY.*

<input type="checkbox"/> Individual	\$25.00	Name _____
<input type="checkbox"/> Family	\$35.00	Address _____
<input type="checkbox"/> Student (FULL-TIME)	\$15.00	City _____ State _____
<input type="checkbox"/> Supporting (\$50.00, \$100.00 or more)		Home Phone (____) _____ Zip _____ -- _____
<input type="checkbox"/> Life Member (Individual)	\$500.00	Work Phone (____) _____
<input type="checkbox"/> Life Member (Family)	\$750.00	e-mail _____
		<input type="checkbox"/> Please do not list my e-mail address in the TTA Annual Membership Directory

Please list me with the following chapter:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Big South Fork | <input type="checkbox"/> East TN (Oak Ridge/Knoxville)       | <input type="checkbox"/> Northwest (UT at Martin/Weakley)     |
| <input type="checkbox"/> Clarksville    | <input type="checkbox"/> Highland Rim (Manchester/Tullahoma) | <input type="checkbox"/> Plateau (Crossville)                 |
| <input type="checkbox"/> Columbia       | <input type="checkbox"/> Memphis                             | <input type="checkbox"/> Soddy Daisy                          |
| <input type="checkbox"/> Cove Lake      | <input type="checkbox"/> Murfreesboro                        | <input type="checkbox"/> Upper Cumberland (Sparta/Cookeville) |
| <input type="checkbox"/> Cumberland Gap | <input type="checkbox"/> Nashville                           | <input type="checkbox"/> At Large                             |

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

**As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.**