

# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.*

SPONSOR FOR THE CUMBERLAND TRAIL



## THANK YOU!

### TTA's Hike Coordinators - 2002

*Leigh Jones, President*

Since its inception in 1968, TTA has depended on its membership's willingness to volunteer to keep it a viable organization. During 2002, TTA members were able to join one of our fourteen chapters on over 400 organized hikes in Tennessee and surrounding states. These outings would not have been possible without our many hike coordinators. On behalf of the TTA Board of Directors and our 1000 plus members, I wish to thank the following people for giving of their time and talents in leading one of the many hikes offered this past year:

◆ Helen Anglemier ◆ Tony Bagley ◆ Julian Bankston ◆ Sue Bass ◆ Jack Bastin ◆ Suva Bastin ◆ Vi Biehl ◆ Melissa Bell ◆ Sharon Bell ◆ Joan Bentley ◆ Fount Bertram ◆ JoAnne Brengel ◆ Bonnie Broadway ◆ Wayne Broadway ◆ Terry Brophy ◆ Bob Brown ◆ Alan Bryan ◆ William Bryan ◆ Lisa Burgess ◆ Doug Burroughs ◆ Darryl Butts ◆ Brenda Callahan ◆ Ed Campbell ◆ Mary Ruth Campbell ◆ Ross Cardwell ◆ Stuart Carroll ◆ Joette Carter ◆ Phil Cavanaugh ◆ Marie Chitwood ◆ Bertha Chrietaberg ◆ Vera Churcher ◆ Jim Clark ◆ Don Coffman ◆ Marnell Cothran ◆ Dennis Crowley ◆ Gene Curp ◆ Judi Curp ◆ Patt Dillon ◆ Brian Dion ◆ Faith Dippold ◆ Margaret Dixon ◆ Nancy Dorman ◆ Harold Draper ◆ Doris Early ◆ Gordon Early ◆ Ray Eckerson ◆ Peter Erickson ◆ Debbie Estes ◆ Freddi Felt ◆ Chris Fox ◆ Pam Frakes ◆ Libby Francis ◆ David Furse ◆ Janice Garman ◆ Elizabeth Gerlock ◆ Lavinne Gibbs ◆ Alicia Gray ◆ Colleen Grierson ◆ Bill Grieve ◆ Nancy Grieve ◆ Gil Griffin ◆ Carol Haley ◆ Bill Hamilton ◆ Sandi Hamilton ◆ Mike Harvey ◆ John Harwood ◆ Bill Haynes ◆ Richard Helm ◆ John Hicks ◆ Kathy Hicks ◆ Lori Hill ◆ Oliver Hill ◆ Gene Holloway ◆ Myra Holloway ◆ Bob Hornsby ◆ Richard Horvath ◆ Benita Howell ◆ Tom Howell ◆ Eileen Hurt ◆ Jenice Johnson ◆ Jim Johnson ◆ Michael Johnson ◆ Carol Jones ◆ Charlie Jones ◆ Leigh Jones ◆ Rick Jones ◆ Nancy Juodenas ◆ Eph Klots ◆ Herb Kneeland ◆ Sandi Koenig ◆ Jim Kraus ◆ Kathy Kraus ◆ Vance Lawson ◆ Gloria Lenski ◆ Jerry Lenski ◆ Steve Lepley ◆ Jim Lifsey ◆ Ann Lindstron ◆ Diane Manas ◆ Russ Manning ◆ Rosemary Lynch Marshall ◆ Joe Matlock ◆ Siler McCarty ◆ Wanda Cumberland McClusky ◆ Jim McCullough ◆ Theresa McKay ◆ Norma McMinn ◆ Keith Mertz ◆ Carolyn Miller ◆ June Miller ◆ Jessica Moody ◆ Brent Morris ◆ Judith Mynatt ◆ Richard Mynatt ◆ James Neblett ◆ Beverly Neurock ◆ Ken Novak ◆ Amy Overton ◆ Gary Parker ◆ Willa Parrish ◆ Katherine Pendelton ◆ Barbara Phifer ◆ Carolyn Pierce ◆ Rick Pinkelton ◆ Betty Porter ◆ Jim Poteet ◆ Marietta Poteet ◆ Leslie Price ◆ Mack Pritchard ◆ Matthew Pung ◆ Charles Putnum ◆ Jo Putnum ◆ Doug Ratliff ◆ Rosemary Register ◆ Esther Ruffner ◆ Laurie Salvesson ◆ Arleen Scheller ◆ Joe Seago ◆ Rita Senko ◆ Marvin Shanks ◆ Gale Sheehan ◆ Dallas Shewmaker ◆ Heloise Shilstat ◆ Russ Sims ◆ Anita Smith ◆ June Smith ◆ Paul Smith ◆ Russell Smith ◆ John Sneed ◆ Barbara Stagg ◆ Mark Stanfill ◆ J.R. Tate ◆ Hugh Tobin ◆ Dave Walton ◆ Sue Weber ◆ Anne Wesley ◆ Keith White ◆ Eric Wilson ◆ Wade Winters ◆

**Reminder:  
TTA's Board of  
Director's  
Meeting  
Sat. Feb. 1  
St. Bernard Academy  
Building  
Nashville, TN.**

TTA's Board of Directors will be meeting on February 1 in the Nature Conservancy Conference Room in the St. Bernard Academy Building at 2021 21<sup>st</sup> Ave South in Nashville, TN.

The members of the following committees are asked to meet at the times below, prior the start of the general Board of Directors' meeting:

11:00am CST *Evan Means Grant Committee*

12:00pm CST *Budget Committee*

The Board of Directors' meeting **<OPEN TO ALL!>** will begin at 1:00pm CST. All TTA members are invited and encouraged to attend. If you cannot attend and have an issue you wish presented, forward your concerns to your local Chapter Officer or Regional At-Large Director before the February 1 meeting.

The St. Bernard Academy building is ½ mile north of the I-440 & 21st Ave. intersection, and less than ½ mile south of the Hillsboro Village / Vanderbilt University area (Wedgewood Ave & 21st Ave South). A map is also available on our website at: [www.tennesseehikes.org/nashmap.php](http://www.tennesseehikes.org/nashmap.php)

*Anyone wishing to get some hiking in before the meeting begins is welcome to join Diane Manas' hike in Warner Park, which starts at 8:00am CST. See Nashville's column for details.*

**...Your Generosity ...  
... Benefits All ...**

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues. TTA recognizes the following Supporting Members for January 2003:

***Carol and Ray Haley, Memphis Chapter***

In the past, Supporting Member donations in excess of the regular dues were allocated to TTA's general operating fund. At the November 2001 Annual Meeting, TTA's Board of Directors voted to allocate Supporting Member donations to the Evan Means Small Grants Fund. Your Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

**Board of Director's Vacancies**

Tennessee Trails Association is administered by volunteers elected by you - our members. As a member, you have the opportunity to serve on TTA's Board of Directors'.

Currently, the Board is seeking to fill the East TN At-Large Director's position for 2003.

Any member who wishes to obtain a description of responsibilities, to volunteer or to submit names for consideration may contact:

- Jim Poteet ..... 615-824-7666  
.....jpoteet@genesco.com
- Jerry Lenski ..... 901-255-6574  
.....jlenski@yahoo.com
- Diane Manas ..... 615-352-7777  
.....dmanashikes@comcast.net

# Happy New Year !

**TTA's Calendar\***

The following dates (2003) refer to statewide activities that involve TTA as a whole. You may want to refer to this calendar to prevent scheduling conflicts with major activities planned (National Trail Days, etc.).

- Feb 1 Board of Directors' Meeting (Nashville)
- Apr 12 3<sup>rd</sup> Cumberland Trail Auction (Oak Ridge)
- Apr 19 Earth Day Events (Observed Apr 22)
- May 3 Board of Directors' Meeting (Murfreesboro)
- Jun 7 National Trails Day
- Aug 2 Board of Directors' Meeting (Nashville)
- Sep 27 National Public Lands Day
- Oct 17-20 Southeast Foot Trails Mtg (Monteagle)

*\*Calendar will be revised as needed.*

**Our Sincere Apologies**

The following friends of Tennessee Trails Association made contributions to our Annual Meeting Auction in November and were accidentally omitted from the Wrap-Up report featured in the December issue of Tennessee Trails. We truly apologize for this oversight and are very grateful to them for their support of TTA. The Highland Manor Winery, University of Tennessee Press, Wolf River Valley Growers should have been recognized in the column "**A H-U-G-E Thank You!**" and listed under the Big South Fork Chapter header. St. Thomas Hospital, under the Nashville Chapter header. John and Kathy Hicks should have been recognized for their donation of lodging at the Newbury House.

This was a hugely successful event, and we are grateful to all who helped! Just remember, the next time you visit/see the donors above, tell them you are a member of TTA, and let them know how much you have appreciated their support.

**You're Invited to Help  
Tennessee Conservation Voters**

Tennessee Trails Association is a member organization of the Tennessee Conservation Voters (TCV), a collection of like-minded organizations and individuals who believe that conservation and a green Tennessee are important values now and for the future. TTA joins in supporting the educational efforts of TCV to help the Tennessee General Assembly understand the impact of its decisions and actions on the environment in TN.

On January 24, 2003, TCV will hold its annual fundraising event, Nature Votes, at historic Travellers Rest, from 5:30 to 9:00pm. All persons with an interest in environmental conservation are invited to attend for the program and auction. The cost is \$50 per person or \$90 per couple. If you can't come, contributions to the fundraiser can be sent to:

Nature Votes  
Tennessee Conservation Voters  
2021 21<sup>st</sup> Avenue south, Suite 104  
Nashville, TN 37212  
For more information, call 615-269-9090,  
or via e-mail: [tcved@bellsouth.net](mailto:tcved@bellsouth.net)

**Tennessee Trails Merchandise  
Order Form**

- \_\_\_\_\_ Hiking Tennessee Trails, 5<sup>th</sup> Edition ..... \$12.95
- \_\_\_\_\_ TTA Patch ..... 6.00  
*Round embroidered patch, sew it on anything.*
- \_\_\_\_\_ TTA Window Decal ..... 3.00  
*A must for each car.*

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_  
PHONE hm: (\_\_\_\_) \_\_\_\_\_ wk:(\_\_\_\_) \_\_\_\_\_

*Mail your check payable to: Tennessee Trails Association  
c/o Marietta Poteet  
324 Raintree Drive  
Hendersonville, TN 37075  
Please allow 4 weeks for delivery and prices shown include postage.*

# CUMBERLAND TRAIL CONFERENCE

## CUMBERLAND TRAIL CONFERENCE CONTACTS:

Executive Director .....Rob Weber ..... robweber@usit.net  
Resource Manager.....Arleen Scheller ..... scheller@usit.net  
Program Coordinator.....Mark Stanfill..... mstanfill@onemain.com  
Office Manager.....Susan Weber..... sweber1@usit.net

Office Location	19 East 4 <sup>th</sup> Street Crossville, TN 38555
Office Hours	8am-5pm
Phone:	931-456-6259
Fax:	931-456-4934
Email:	<a href="mailto:cumberlandtrail@rocketmail.com">cumberlandtrail@rocketmail.com</a>
Website:	<a href="http://www.cumberlandtrail.org">www.cumberlandtrail.org</a>

## **ATTENTION: Trail Training Workshop Graduates**

To help you maintain the many trail building skills you've learned, be it this past September or any other workshops prior, you are invited back to help on any of the VOLUNTEER OPPORTUNITIES projects listed on this page (Spring BreakAway & The Big Dig).

Feel free to invite members of your chapter to help (*you can show them how fun and easy trail building can be*).

### **... Volunteer Opportunities ... ... No Experience Required! ...**

**Mar 2-29 Spring BreakAway.** Can you believe it! our BreakAway program has become so "hip" with colleges and universities throughout the United States that we have almost every week of BreakAway filled – that's four weeks of student volunteers coming to Tennessee to help us build the Cumberland Trail. We're talking, students who are passing on the parties and sandy beaches of wherever to work with us! Therefore, we really need the help of as many volunteers as possible to work along side of the students during this period. Even if you haven't had formal trail building training, it's easy and you'll pick it up in no time. Tools, lodging and dinner each evening are provided – FREE! You just need to bring your breakfast and lunch, and wear clothes you don't mind getting dirty. We work about 7 hours each day and only on Monday, Tuesday, Thursday and Friday. Wednesday is a free day, no work! Can't come an entire week? Consider coming for two days, like a Mon & Tue, or a Thu & Fri. Trail building will be in the Rock, Possum and Soddy Daisy gorges, just north of Chattanooga. Lodging will be close by at the Dogwood Camp near Soddy Daisy.

## **Need More Information?**

**Visit our website,**

then call / e-mail

**& Volunteer Today!!!**

◆ Mark Stanfill ◆ 931-456-6259 ◆

◆ [mstanfill@onemain.com](mailto:mstanfill@onemain.com) ◆

## **Save the Date April 12, 2003**

Mark your calendars for the 3<sup>rd</sup> Annual Cumberland Trail Auction on Saturday, April 12, 2003. We are returning to the Garden Plaza Hotel in Oak Ridge, and Bear Stephenson has again graciously donated his superb auctioneering talents.

Auction proceeds will benefit The Cumberland Trail's **THE BIG DIG** event scheduled for May-June 2003.

## **What Is . . . The Big Dig!**

A New Year is here ... and a special year for the Cumberland Trail because 2003 will mark the year of Cumberland Trail Conference's first **The Big Dig!** Coming to the beautiful gorges of Hamilton County in May and June. **The Big Dig!** offers a unique opportunity for anyone who loves hiking trails to "give back" by actually building the trail you'll want to walk on! We'll build 30 miles through those gorges. Imagine, ten percent of the Cumberland Trail to be finished and added to the forty percent already completed! We'll be halfway to our goal of completing the 300-mile corridor!

Volunteers at all levels, from trail builders to cooks, shuttlers to photographers will have six full weeks to schedule some time helping to make the Cumberland Trail a **R-E-A-L** dream. Beginning May 18, and continuing through June 28, wonderful people from all over the country will begin gathering at Dogwood Camp Retreat, and making this their base camp, near Soddy Daisy, TN (just north of Chattanooga), to work as many days as they wish.

During the day, trail work will consist of removing intruding limbs from the 4ft by 8ft "box" of the trail corridor, pulling the duff from the trail's path, removing woody plants and roots, shaping the tread, building rock steps, cribbing unstable tread sections and taking breaks to enjoy the beauty of their surroundings while getting to know their fellow volunteers. At the end of the afternoon, workers will return to camp to find so much waiting for them, such as a cool place to relax, a lake to swim in, hot showers, a nice meal (prepared by volunteers who've spent the afternoon cooking!), educational and entertainment programs presented by state and local personalities, and finally a comfortable room in which to sleep.

If you'd like to be one of those wonderful people (there's so much to be done, volunteers are needed at every level and there is a job for everyone - we just need your help), give us a call at 931-456-6259. For more information, visit our website at [www.cumberlandtrail.org](http://www.cumberlandtrail.org)

Imagine being able to brag to your grandchildren that you helped build The Cumberland Trail!

## BIG SOUTH FORK CHAPTER

### CHAPTER OFFICER:

Eric Wilson 423-628-2817 ericavi@nxs.net

### OUTINGS COORDINATOR:

 (call & volunteer to lead an outing)

Kathy Hicks 865-938-6846 khudson3@utk.edu

**Jan 3 ANNUAL CHAPTER MEETING.** Vi Biehl and Eric Wilson will present a program on their fall hiking trip to Wales and Yorkshire. We will also elect officers and plan our outings for 2003. Be thinking about outings you'd like to lead during the year, and feel free to invite guests or prospective members. We will meet at 7:00pm EST at the Rugby Community Building in Rugby, TN.

### HIKE REPORTS:

On the chilly, windy afternoon of Nov. 30, three hikers from Rugby joined Tim and Lynn Takacs for a brisk hike along the Big South Fork from Leatherwood Ford to the railroad bridge. We enjoyed winter views of the river and gorge unobstructed by foliage. The gorge was relatively wind-free, but we appreciated the invitation to visit Tim and Lynn's cabin for hot drinks and snacks afterwards.

On Dec. 7, Julian Bankston led eight hikers on the first official hike along a new two-mile trail that he and helpers from our chapter recently opened in Rugby. It connects a couple of old roadways with a new route that follows the cliffs above White Oak Creek. The cliffs were festooned with ice formations, water was coursing through temporary streams, and we had many scenic views of the White Oak. Thank you to Wil and Carrie Thornthwaite who hosted the group for hot drinks after this event.

## CLARKSVILLE CHAPTER

### CHAPTER OFFICER:

Bill Hamilton 931-920-2760 BHami35801@cs.com

### OUTINGS COORDINATORS:

 (call 'em & volunteer to lead an outing)

Sandra Koenig 931-645-2048

Sandi Hamilton 931-920-2760 BHami35801@cs.com

Faye Balbac 931-553-6826

**MEETS:** 3<sup>rd</sup> Tues, 7pm, The Crow Community Center, 211 Richview Rd

**CHAPTER NEWS:** Chapter elections were held during our November meeting and resulted in the following:

Bill Hamilton, Chapter Officer. James Neblett, Co-Chair. Roy McCluskey, Secretary. Sandy Koenig, Sandi Hamilton and Faye Balbac, Outings Coordinators. Wanda McCluskey, Publicity. Pam Gadsey and Eileen Hurt, Membership. Joan Putnum and Suva Bastin, Refreshments. Feel free to contact any of them to volunteer.

**Jan 11** Indian Town Bluff. Ashland City, TN. This is a moderate hike at the confluence of the Harpeth and Cumberland Rivers. We will meet at 9am CST at the Rotary Park entrance (first shelter on the left). Dress appropriately for the weather. Wear hiking boots and bring water, snacks and lunch. For more information and to register, call Sandi Hamilton at 931-920-2760.

**Jan 18** Ft. Henry Trail, Land Between the Lakes. Dover, TN. Hike one or several of the historic trails in this area designated as National Recreation Trails. The hike will be 7½ miles over terrain that is rated easy to moderate. Dress appropriately for the weather. Wear hiking boots and bring water, snacks and lunch. We will meet at 8:00am CST in the parking area of Kroger on Dover Road. For more information and to register, call J.R. Tate at 931-920-2692. (cont.)

## CLARKSVILLE (cont.)

**Jan 21 MONTHLY MEETING** Everything you ever wanted to know about denatured alcohol stoves for backpacking. To start, in the chilliest of temps it won't freeze up on you, there aren't any moveable parts so it won't break or require field maintenance, fuel is easy to obtain, weighs less than 4 ounces, and it's only as expensive as your last soft drink (provided it came from an aluminum can). Join J.R. Tate as he guides us through the steps of making a very reliable backpacking stove. The evening promises to be fun and entertaining.

**Jan 25** Devil's Backbone Trail, Devil's Backbone State Natural Area (TN milepost 394 of the Natchez Trace Parkway). Hohenwald, TN. This trail is 3 miles over terrain rated as easy. If the weather is nice, we will hike more trails in the area and along the Trace. Dress appropriately for the weather. Wear hiking boots and bring water, snacks and lunch. For more information and to register, call Suva Bastin at 931-645-2849.

## COLUMBIA CHAPTER

### CHAPTER OFFICER:

Russell Smith 615-790-1833 carving082334@aol.com

### OUTINGS COORDINATORS:

 (call & volunteer to lead an outing)

Amy Overton 931-388-6363 estheroverton@aol.com

Rick Pintelton 931-987-2530

**MEETS:** 1<sup>st</sup> Tue, 7-8pm, First Presbyterian Church West 7<sup>th</sup> St. in Columbia

**CHAPTER NEWS:** Eleven members and their guests braved the cold on Tuesday evening, Dec. 3, to enjoy a holiday meal, great fellowship and fun door prizes! We even had top-notch musical entertainment as an added and unexpected bonus. Our meeting was in Thompson Station, and folks traveled from Pulaski, Columbia, Culleoka, Spring Hill, Bethesda, Brentwood and Nashville to hear Brent Morris, our Middle TN At-Large Director, talk and share some awesome slides from his recent trip to the Grand Canyon. Many thanks to Brent for coming over from Manchester.

**Jan 1** (Wed) New Year's Day Hike & Feast, Bridgestone Firestone Wilderness Area. Sparta, TN. Refer to your December issue of the *Tennessee Trails* newsletter for information. (Registration deadline was December 29.)

**Jan 7 MONTHLY MEETING.** Learn hiker safety tips; hear about past and upcoming hiking trips and meet/greet members/friends. New hikers are always welcome! Lots in store! See you at 7:00pm CST at the First Presbyterian Church on West 7<sup>th</sup> St. in downtown Columbia.

**Jan 18** Edwin & Percy Warner Parks. Nashville, TN. We will hike a combination of trails in the Edwin and Percy Warner Parks for a total of either 6 or 8 miles. This is a beautiful park very close to Columbia and offers up to 13 miles of hiking trails. Many are rated as moderate due to rocky and uneven terrain that passes over the many gentle rolling hills. Bring snacks, lunch and water. Wear sturdy hiking shoes and dress appropriately for the weather. We will meet at 8:00am CST and carpool from Stan's Restaurant on HWY 412, east of Columbia, or you can meet us at the park's Nature Center on HWY 100 at 9:00am. For information and to register, call Rick Lausten at 615-373-0029.

(cont. on pg. 5)

## COLUMBIA (cont. from pg 4)

### HIKE REPORT

On that very beautiful Saturday before Thanksgiving, Nov. 17, Brenda Callahan led five hikers on the Honey Creek Trail near Rugby. This trail is about five miles, but climbing ladders and crawling over boulders made for a rather slow go. The weather was quite warm, and some said they might have been over-dressed. The scenery was beautiful. Brenda, who usually hikes this trail every year before Thanksgiving, said that the creek had more water than she ever remembered it having. Thanks Brenda: we look forward to your annual trek next year.

## COVE LAKE CHAPTER

### CHAPTER OFFICER:

Richard Helm 865-426-4472 RHelm@ahss.org

### CO-CHAIR:

Mari Haslam 423-562-3227 pittsteelersfan@earthlink.com

### !!!! NEW MEETING DATE & LOCATION !!!!

2<sup>nd</sup> Mon, 6pm, The Craft Room in the  
LaFollette Recreation Center, 201 S. 9<sup>th</sup> St.

**CHAPTER NEWS:** Chapter elections for 2003 took place during the November 21 meeting, and the results are as follows: Richard Helm, Chapter Office. Mari Haslam, Co-Chair. We also voted to change our monthly meeting date and location. We will now meet at 6:00pm EST on the 2<sup>nd</sup> Monday of every month in the Craft Room in the LaFollette Recreation Center at 201 South 9<sup>th</sup> Street.

**Jan 13 MONTHLY MEETING.** Learn hiker safety tips; hear about past and upcoming hiking trips and meet/greet members/friends. New hikers are always welcome! Lots in store! See you at 6:00pm EST at our new meeting location – The Craft Room in the LaFollette Recreation Center at 201 South 9<sup>th</sup> Street.

**Jan 19** Yahoo Falls, Big South Fork National River and Recreation Area. Oneida, KY. This 1-mile loop hike, rated moderate, leads to one of the tallest waterfalls in Kentucky. One of its unique features is that in the wintertime, it develops an ice cone from the base of the falls. This white cone can grow to a size well over twenty feet after an extended period of sub-freezing weather. (So, hope for COLD weather.) Although the trail is short, there are over a hundred stair-steps to take the hiker down to the base of the falls. Dress warmly and wear sturdy hiking boots. We will meet at 1:00pm EST at Eagle Market parking lot. If the weather is uncooperative, we will reschedule this outing for Jan 26. For information and to register, call Richard Helm 865-426-4472.

### HIKE REPORT:

On Sunday, Dec. 8, eight hikers, led (or should I say, followed) by Siler McCarty, hiked the River Bluff Trail at Norris Dam. The weather cooperated nicely with partly cloudy skies for our hike on this 3.2-mile loop. Among some of the things we saw were cone-shaped, puffball-type mushrooms, signs of recent beaver work along the river, and interesting crystallized formations in the boulders. (Sorry, Doris, holly's one thing, boulders are another.) At the far end of the trail, we stopped at the benches for a break, but the bugs were a bother, so we boogied on. However, when Vance got up to go, humor turned on our humorist when he discovered that the fine walking stick he had collected had been innocently picked up by Ed. The most handicapped of our number somehow got a strong second wind going up the mountain, and we never saw her again until the end of the hike. Hikers number nine and ten (whom we unwittingly had left behind at Eagle Market) finally caught up to us on the last leg of our trek. The hike was a success, and followed up with a trip to Cracker Barrel for supper, after a short detour to see some bison, and even deer.

## CUMBERLAND GAP CHAPTER

### CHAPTER OFFICER & OUTINGS COORDINATOR:

(call & volunteer to lead an outing)

Rosemary Register

423-869-225

cugatrails@yahoo.com

**MEETS:** 2<sup>nd</sup> Thur, 7pm, Lincoln Memorial  
University Library

**Jan 13 MONTHLY MEETING.** Learn hiker safety tips; hear about past and upcoming hiking trips and meet/greet members/friends. New hikers are always welcome! Lots in store! See you at 7:00pm EST at the Lincoln Memorial University Library.

**Jan 18** Cumberland Gap National Historical Park. Cumberland Gap, TN. Join us for a great winter hike, and if you haven't done much winter hiking, please know that the trails are so different in the winter. With the leaves off of the trees, the views are so much greater, plus there is the chance that we may also see some wildlife. We will hike three different trails that will make this an 8-mile loop hike on terrain rated as moderate because the beginning of the trail is a challenge, but don't let this scare you. We will break for lunch on the trail, so bring lunch and plenty of water. Please dress warmly - it is winter. We will meet at 11:00am EST at the flagpole at Cumberland Gap NHP. For information and to register, call Rosemary Register at 423-869-2251.

## EAST TN CHAPTER (Oak Ridge / Knoxville)

### CHAPTER OFFICER:

Beverly Neurock 865-220-9679 bneurock@bellsouth.net

**Jan 11** House Mountain. Northeast Knoxville, TN. This State Natural Area now administered as a Knox County Park, features 5 miles of challenging but well designed foot trails (800 ft. elevation gain in one mile). House Mountain is a sandstone ridge-top and the highest point in Knox County (elevation 2,100+ft.). We get warm on a cold January day by hiking to the top. Bring snacks, lunch and water. Dogs are welcome if they are on a leash. We will meet at 9:00am EST in the outer parking lot of the Home Depot of the East Towne Crossing Shopping Center. (Exit 8 / Washington Pike of I-640.) For information and to register, call Harold Draper at 865-689-7757.

**Jan 25** Little Briar Gap, Little Greenbriar and Laurel Falls Trails, Great Smoky Mtn. NP. Townsend, TN. The hike will begin at the Metcalf Bottoms picnic area and follow the Little Briar Gap, Little Greenbriar and Laurel Falls trails to the Laurel Falls parking area. The trail is moderate to difficult due to the elevation and length, approx. 8 miles. The elevation change is 1,900 ft., topping out at 3,700 ft. Come dressed and prepared for winter hiking, and keep in mind that the weather can change significantly while on the trail. You can expect to be on the trail for 6-6½ hours, so bring plenty of snacks, lunch and water. It is very likely that we will encounter ice and/or snow on the trail from previous precipitation, and the hike is subject to change or cancellation depending on the weather. This is a one-way hike and requires a car shuttle, therefore we will meet at 9:00am EST SHARP at the

(cont. on pg 6)

## EAST TN (cont. from pg 5)

**Jan 25 (cont.)** Metcalf Bottoms picnic area and shuttle some cars to the hike's end (at the Laurel Falls parking lot). For information and to register, call Phil Cavanaugh at 865-376-1511 (cell 865-617-1934), or e-mail him: [pcav@icx.net](mailto:pcav@icx.net)

### PLANNING AHEAD:

**Feb 1** South Old Mac and North Old Mac Trails, Frozen Head State Park, Wartburg, TN. We will do two of our 'standby' trails, going up South Old Mac Trail to the fire tower for lunch and descending via the North Old Mac Trail. The hike is about 8 miles, and it is rated moderate due to the climb of 1,000 ft. up to the fire tower (after this, it's downhill back to our cars). Bring snacks, lunch and water. Wear sturdy hiking boots, and dress appropriately as the weather on top of Frozen Head can be very unpredictable in early February. Frozen Head SP charges a \$3 per vehicle per day access fee. If you haven't already purchased the annual Multi-Visit Pass, you can purchase one when you arrive, or feed the machine \$3 to park. We will meet at 9:00am EST to carpool from the front parking area of the abandoned AmSouth bank building in the Tri-County Mall on Hwy 62 between Oak Ridge and Oliver Springs. For more information and to register, call Keith Mertz at 865-982-7368, or e-mail him: [keithmertz@hotmail.com](mailto:keithmertz@hotmail.com)

### TTA Gift Memberships Available Throughout the Year!

- ◆ Birthdays ◆ Anniversaries ◆
- ◆ Valentine's Day ◆
- ◆ Graduation ◆ Just Because ◆

For the price of a regular membership, we will send the gift membership recipient a beautiful TTA logo patch enclosed in a card (customized for the occasion) announcing your gift. Gift memberships can be purchased by contacting Anne Wesley: [tahiker@msn.com](mailto:tahiker@msn.com), or 615-851-1052.

### Attention: Hike Coordinators

A TTA Release of Claims & Hold Harmless Agreement form (aka Liability Waiver) must be signed by everyone before you start your hike. They can be obtained from your local Chapter Officer or downloaded easily from our web site: [www.tennesseehikes.org](http://www.tennesseehikes.org) From the home page, follow the link to *Member Services*.

## HIGHLAND RIM CHAPTER (Tullahoma Area)

### CHAPTER OFFICER:

Doug Ratliff 931-455-0249 [dougratliff@hotmail.com](mailto:dougratliff@hotmail.com)

### OUTINGS COORDINATOR: (call & volunteer to lead an outing)

Alan Bryan 931-728-0765 [BryanAlan@BFUSA.com](mailto:BryanAlan@BFUSA.com)  
& [pbryan5@bellsouth.net](mailto:pbryan5@bellsouth.net)

**MEETS:** 3<sup>rd</sup> Tue, 7pm, D.W. Wilson Center, 501 N. Collins St. Tullahoma

**Jan 1** (Wed) New Year's Day Hike & Feast, Bridgestone Firestone Wilderness Area, Sparta, TN. Refer to your December issue of the *Tennessee Trails* newsletter for information. (Registration deadline was December 29.)

**Jan 3** Grundy Forest Day Loop / Fiery Gizzard Trail, South Cumberland State Natural Area, Monteagle, TN. We will be hiking the Grundy Forest Day Loop, which is 2 miles and rated moderate for the rocky and uneven terrain. Along the way, we'll take a side trip to Chimney Rock and Sycamore Falls, which will add an additional mile on terrain rated as easy. For those who want to camp overnight, we can camp at the CCC campsite, which is 1/2 mile from the parking lot. We will meet to leave the Tullahoma area at 7:00am CST from the Tractor Supply parking lot near Hardee's. For information and to register, call Steve Lepley at 931-454-9387.

**Jan 21 MONTHLY MEETING.** Learn hiker safety tips; hear about past and upcoming hiking trips and meet/greet members/friends. New hikers are always welcome! Lots in store! See you at 7:00pm CST at DW Wilson Community Center, 501 N. Collins St. in Tullahoma.

## MEMPHIS CHAPTER

### OFFICER:

Betty Porter 901-755-4740

### CO-CHAIR:

Norma McMinn 901-785-1479

### BOARD REPRESENTATIVE:

Gloria Lenski 901-213-0604 [glorialenski@yahoo.com](mailto:glorialenski@yahoo.com)

**MEETS:** 3<sup>rd</sup> Thur, 7pm, Germantown Library (Sept-May)

**Jan 4** Herb Parsons Lake, Fisherville, TN. Start the New Year with a hike! Join us for an easy 6-mile walk around the lake at 9:45am CST. Bring snacks and water. Carpool meets at 9:00am CST at the soccer field on Walnut Grove Road (located on the south side of Walnut Grove, west of the traffic light at Farm Road). For more information, call Freddi Felt at 901-685-9915.

**Jan 16 MONTHLY MEETING** Did you ever think about taking a leisurely jaunt across the top of the world? In the summer of 2001, J.R. "Model-T" Tate did exactly that-tackling the Colorado Trail, which meanders along the crest of the Colorado Rockies for nearly 500 miles, from Denver to Durango. J.R., a member of the Clarksville chapter, will talk about his adventures (and misadventures) on this mind-boggling, heaven-scraping journey. You won't want to miss this! See you at 7:00pm CST at the Germantown Library.

**Jan 18-19** (Sat-Sun) Ouachita Trail, Flatside Pinnacle. We will join the Little Rock Hiking Club for a 9-mile hike from Flatside Pinnacle to Lake Sylvia Campground in the Ouachita National Forest, west of Little Rock. On Sat., our shuttle leaves at 8:00am CST sharp to make our way to the forest. Bring lunch and water for a forest-walk with a spectacular view. On Sun., we will climb the rugged East Summit Trail of Pinnacle Mountain located in Pinnacle Mountain State Park and descend the rocky West Summit Trail. This is a 2 1/2 mile round-trip hike. Hike registration required. Call Betty Porter at 901-755-4740 for lodging information and meeting place.

## 1-866-TN-HIKES

TTA now has a toll free number, which will be used primarily for membership recruiting. By calling 1-866-TN-HIKES (1-866-864-4537), prospective members can request copies of the application brochure as well as sample copies of the *Tennessee Trails* newsletter. Please pass this number along to potential members you meet on the trail, or elsewhere.

## MURFREESBORO CHAPTER

### INTERIM CHAPTER OFFICER:

Martin McCulloch 615-896-1043  
mam1932@earthlink.net

### OUTINGS COORDINATOR:

(call & volunteer to lead an outing)  
Ray & Linda Eckerson 615-847-0322  
reckerson@comcast.net

**MEETS:** 2<sup>nd</sup> Tues, 7pm, Wilderness Station @ Barfield-Crescent Park, 697 Barfield Rd.

**CHAPTER NEWS:** Chapter elections for 2003 took place during the October 8 meeting, and the results are as follows: Martin McCulloch is the Chapter Officer, Ray and Linda Eckerson are Outings Coordinators. Thanks to Mark Stanfill (past Chapter Officer) and Brent Morris (past Outings Coordinator) for your leadership and a job well done!

**Jan 1** (Wed) New Year's Day Hike & Feast, Bridgestone Firestone Wilderness Area. Sparta, TN. Refer to your December issue of the Tennessee Trails newsletter for information. (Registration deadline was December 29.)

**Jan 11** Monteagle Mtn. Perimeter Trail. Monteagle, TN. We'll hike a 3 to 5 mile portion of this scenic trail on terrain that's rated easy. Bring water and a snack. We'll have lunch at a Sewanee restaurant. We'll meet at 8:00am CST at the Murfreesboro Cracker Barrel, located at I-24 and US 231. For more information and to register, call Mike Harvey at 615-893-9594.

**Jan 14** **MONTHLY MEETING.** Join us for an enlightening program on hiking the Pacific Crest Trail. See you at 7:00pm CST at the Wilderness Station in the Barfield-Crescent Park on 697 Barfield Rd.

**Jan 18** Colditz Cove State Natural Area (Allardt, TN.) and Gentlemen's Swimming Hole (Rugby, TN.). Our hikes will be taking place between the two neighboring cities of Allardt and Rugby, TN. Both cities provide short and E-A-S-Y hiking, and combined the hiking totals about 4½ miles. First stop will be Colditz Cove SNA, just east of Allardt, where we will hike a 1½-mile loop and pass a 67-foot waterfall. After Colditz Cove, we will drive to the Gentlemen's Swimming Hole & Meeting of the Waters Trail in Rugby. This trail is about 3 miles in length. Although both hikes are rated easy, it is advised that you wear sturdy footwear because the terrain does have some roots, rocks and ruts along the way. Bring water and a snack, and money because after the hike, we'll have a delicious lunch at the Harrow Road Café in Historic Rugby. We'll meet at 8:00am CST at the Woodbury Hardee's. For more information and to register, call Fount Bertram at 615-765-5357, or e-mail him: [fwbertram@heartoftn.net](mailto:fwbertram@heartoftn.net)

## NASHVILLE CHAPTER

### CHAPTER OFFICER:

David Furse 615-353-6435 dfurse@comcast.net

### OUTINGS COORDINATOR: (call & volunteer to lead an outing)

Elizabeth Gerlock 615-356-6260 eygerlock@aol.com

**MEETS:** 4<sup>th</sup> Tues, 7pm. **St. Bernard Academy**  
2021 21<sup>st</sup> Ave South

**HIKING HOTLINE 615-367-7045**

**CHAPTER NEWS:** Chapter elections for 2003 were held during the November meeting, and the results are as follows: David Furse, Chapter Officer. Dave Walton, Co-Chair and Meeting Programming. Marietta Poteet, Treasurer.

We need hike leaders, both experienced and new, to plan and lead outings in 2003. Without these volunteers, we won't get out and the trails go unused and become overgrown! If you have thought about getting involved and have not led an outing because you weren't sure how to go about getting started, call Elizabeth Gerlock. Elizabeth has been a member of TTA for years, has led numerous outings and can provide you with all you need to know about where to go and how to lead a successful outing. Elizabeth can be reached at 615-356-6260, or by e-mail: [eygerlock@aol.com](mailto:eygerlock@aol.com)

**Jan 1** (Wed) New Year's Day Hike & Feast, Bridgestone Firestone Wilderness Area. Sparta, TN. Refer to your December issue of the Tennessee Trails newsletter for information. (Registration deadline was December 29.)

**Jan 5** Bearwaller Gap Hiking Trail. Carthage, TN. This is Corps of Engineers property where the trail follows the shoreline of the Cumberland River and provides many overlooks from the bluffs that we pass along the way of Cordell Hull Lake and Dam. The views are dramatic, and often wild turkeys and waterfowl can be seen. This is a one-way hike and requires a car shuttle between the Tater Knob Overlook and Defeated Creek Recreation Area. The trail is 5.7 miles and rated moderate for the several rolling hills we will climb. Hiking boots are a must. Bring snacks, lunch and water. For meeting time and location, call Diane Manas 615-352-7777.

**Jan 11** Beaman Park Work Day. Joelton, TN. Every second Saturday, volunteers gather from 9:00am CST until noon to build and maintain the trails in Beaman Park in preparation for the park's opening. A two-mile loop is complete, but in need of some fine-tuning, and work has begun on a second loop of similar length. Trail building experience helps but is not required, and the work is no more difficult than moderate gardening. Please bring work gloves, water and whatever tools that you have. We will meet at 9:00am at the spring on Little Marrowbone Road. Questions? Register with either Dave Walton ([dertooneer@yahoo.com](mailto:dertooneer@yahoo.com)), or Nancy Dorman (615-299-9586 / [nancydorman@yahoo.com](mailto:nancydorman@yahoo.com)).

**Jan 12** Tennessee River Segment of the Cumberland Trail. Signal Mountain, TN. This is one of the most scenic segments of the Cumberland Trail and features scenic overlooks of the Tennessee River, babbling creeks, and swinging bridges - built by volunteers. The hike is 8.1 miles and rated difficult because of the constant elevation loss and gain, rocky terrain and total mileage. Sturdy boots are a must, and be prepared to refuel with plenty of water, snacks, and lunch. It is winter, so dress accordingly. We will start our hike at Signal Point Mountain and finish at the parking lot on Hwy 27. Since this is a one-way hike, it requires setting up a car shuttle. We will meet at 7:00am CST in the parking lot of the Target on Bell Road (exit 59 at I-24). For more information and to register, call or e-mail either Marie Chitwood (615-834-8674 / [mchitwood1@msn.com](mailto:mchitwood1@msn.com)) or Dan Brennan (615-837-4324 / [osrwodan@aol.com](mailto:osrwodan@aol.com)).

(cont. on pg. 8)



Plants grow  
by the inch  
and die  
by the foot.



Please, keep to the trails.

# NASHVILLE (cont. from pg. 7)

**Jan 18** Shelby Bottoms Greenway, Nashville, TN. We will enjoy a winter walk along the Cumberland River beginning at the railroad trestle in Shelby Park. Along the way we may see some of the northern migrating birds that nest here over the winter, in addition to barges that travel the Cumberland River and the OpryMills complex. Total roundtrip distance will be around 8 to 10 miles on terrain that is paved and flatter than a pancake. Therefore, this hike is rated easy for the terrain, and moderate for the distance. Bring water and snacks. We will meet at 9:00am CST at the Shelby Bottoms parking lot. For information and to register, call David Furse at 615 353-6435.

**Jan 18** Rugby Hike and Open House. Rugby, TN. Hike with Jim and Marietta Poteet from Beacon Hill in Rugby to Laurel Dale Cemetery, on to the Gentlemen's Swimming Hole, along the Clear Fork River to the Meeting of the Waters, then return to Beacon Hill. After the hike, we'll stop at *Shadowlands*, Jim and Marietta's new home in Rugby, for socializing and refreshments. For more information, call Jim or Marietta Poteet at 615-824-7666.

*Are you new to Nashville? Hiking? Interested in checking out a hiking club? Or, just want a gentler hike? Then, the following hike is just for you. Meet new, as well as seasoned hikers who also share your desire to be outdoors. You are encouraged to use this time to learn about hiking and TTA while enjoying the great outdoors with friendly people.*

**Jan 25** Newcomer's Hike on the Eastern Segment of the Montgomery Bell Trail in Montgomery Bell State Park. Burns, TN. This is a 6.2-mile hike and rated easy due to little elevation change. We will cross several streams and walk along Creech Hollow Lake. Wear sturdy boots due to mud and stream crossings. After the hike, we will gather for lunch at the Perfect Pig. Montgomery Bell SP charges a \$3 per vehicle per day access fee. If you haven't already purchased the annual Multi-Visit Pass, you can purchase one when you arrive, or feed the machine \$3 to park. We will meet at 8:30am CST at the park's Visitor's Center. The Park is on US-70 between White Bluff and Burns. For more information and to register, call Elizabeth Gerlock at 615-356-6260.

**Jan 26** Virgin Falls Pocket Wilderness Area. Sparta, TN. Winter is the perfect time to view the Caney Fork River and the mountains in the distance on this exceptionally beautiful trail. If we are lucky, we may see frozen waterfalls or at least frozen mist at the base of the falls. This is an 8-mile hike and rated moderate to difficult due to uneven and rocky terrain and elevation changes – we're going downhill to reach the falls, and up to get back to the parking area. Wear sturdy boots, and bring snacks, lunch, and water. We will meet at 8:00am CST in the parking area of the Kinko's in the K-mart parking lot on Donelson Pike (exit 216C of I-40). For information and to register, call Brian Dion at 615-331-7331.

**Jan 28 MONTHLY MEETING.** Learn hiker safety tips; hear about past and upcoming hiking trips and meet/greet members/friends. New hikers are always welcome! Lots in store!

## PLANNING AHEAD:

**Feb 1** Mossy Ridge Trail, Edwin Warner Park. Nashville, TN. If you have plans to attend the Board of Directors' meeting (all TTA members welcome) this afternoon, you will have ample time to hike this trail and have lunch before the 1pm CST start time. This is a 4½-mile hike and rated moderate for the several hills we ascend and descend along the way. Plan on hiking at a 2-2½ mile/hour pace. Hiking boots with ankle support are advisable. Bring water and snacks. This is a popular trail for dogs (many off-leash) and their owners. For our enjoyment and to eliminate confrontations, please leave your dog at home. We'll meet at 8:00am CST at the "Deep Well" trailhead. **(DIRECTIONS:** From Nashville, travel west on Hwy 70. At the split in Belle Meade, go left onto Hwy 100. Go approx. 2 miles and turn left at the gray stone arches. Follow the road approx. 1 mile to the parking area at the t-intersection.) For additional information, call Diane Manas: 615-352-7777.

**Mar 21-23** (Fri-Sun) 3<sup>rd</sup> Annual Leprechaun Leap Backpacking Trip. This is a repeat of last year's backpacking trip on the Tennessee River Gorge segment of the Cumberland Trail, near Chattanooga. This is one of the most beautiful segments of the CT, following bluff tops and ridges - 1,800 ft. to 2,000 ft. above sea level. There are several spectacular overlooks into the "Grand Canyon of Tennessee" and Mullen's Cove. We will also see several natural rock formations such as Mushroom Rock, the Indian Rock House and the Natural Bridge. The trail is reasonably level with no major elevation changes, however the terrain is uneven, quite rocky and NOT FLAT! therefore, this outing is rated moderate. For anyone unable to make the 3 days, there is a 2-day option, and on each day there is a choice of mileage options (see below). For example, the 3-day FULL MOON hike is 10 miles on Fri, 16 on Sat and 8 on Sun. The 3-day ¼ Moon hike is 10 miles on Fri, 8 miles on Sat and 8 miles on Sun. and so on. The group's size is limited to 12 participants. To ensure your space, make your reservation ASAP. For more information and to register, call Herb Kneeland at 615-298-4462.

- FULL MOON = 3 day hike. 10 miles on Fri, 16 on Sat, and 8 on Sun
- ¼ MOON = 3 day hike. 10 miles on Fri, 8 on Sat, and 8 on Sun
- ½ MOON = 2 day hike. 13 miles on Sat and 8 on Sun
- ¾ MOON = 2 day hike. 8 miles on Sat & 8 on Sun

## LEAVE NO TRACE PRINCIPLES

- Leave what you find.
- Minimize Campfire Impacts.
- Respect wildlife.
- Be considerate of other visitors.
- Plan ahead and prepare.
- Travel and camp on durable surfaces.
- Dispose of waster properly.



## Don't Miss an Outing ... Plan Ahead, Register Early!

There are times when a hike leader must limit (due to park regulations, etc.) the number of participants on an outing. Please do not wait until the afternoon or evening before the outing to RSVP. Plan ahead and register early.



## NORTHWEST CHAPTER (UT at Martin / Weakley County)

### CHAPTER OFFICERS:

Jim Clark 731-587-2225 jclark@utm.edu

**MEETS:** 2<sup>nd</sup> Thur, 7pm, UT Martin Campus, Boling University Center, Room 231 **ONLY** when college is in session

**website:** [www.utm.edu/~jclark/trails/](http://www.utm.edu/~jclark/trails/)

**CHAPTER NEWS:** Joe Seago, who has served as chapter chair for the last two years, graduated last month. Knowledgeable about everything from using a compass to being an emergency responder, Joe was always ready to assist members in whatever ways possible. Joe and Andy Wright, whom many of you know from his work with the Cumberland Trail Conference, were founding members of the Northwest Chapter. Both have moved on to other things, but we will always be grateful to them for help in getting us started.

Now is the time for all (or some) good men or women to come forward and accept a leadership role in our chapter -- the rewards are great, they're just not the material ones.

**Jan 9 MONTHLY MEETING.** Sandy Davis will lead us on a multimedia tour of winter hiking and snowshoeing in the Rockies. See you at 7:00pm CST at the UT Martin Campus Boling University Center in Room 231.

**Jan 20** (Mon) Newcomer's (and others) Hike at Land Between the Lakes. Dover, TN. Celebrate the Martin Luther King, Jr. holiday with a hike in one of America's premier recreation areas. We will do a section of the North-South Trail with rolling hills and good views of the Tennessee River. We will hike 5 to 8 miles depending upon the desires of the group. With luck, the weather deities will smile upon us, as they did last year at Fort Donelson, with clear skies and temperatures near 50. Bring snacks, lunch and water. For information and to register, call Jim Clark at 731-587-2225.

### PLANNING AHEAD:

**Feb 22** Big Hill Pond State Park. Pocahtontas, TN. Big Hill Pond State Park encompasses approximately 5,000 acres of magnificent timberland and hardwood bottom land. It features several hiking trails that traverse upland ridges with rock outcroppings and an observation tower with scenic views that also connects to a long boardwalk traversing Dismal Swamp. We will take an overnight trail of length approximately 8 miles. For information and to register, call Jim Clark at 731-587-2225.

### Moved? Have a New Address?

These are a few ways you can notify us of your changes:

- **Internet:** Visit our website ([www.tennesseetrails.org](http://www.tennesseetrails.org)), navigate to "Member Services," select and fill out the "Electronic Address Change Form."
- **Mail:** Using the New/Renewal Membership Form (on pg. 12), fill in your new information, write on the form "address change" and mail to the address shown on the membership form.
- **Phone:** TTA's Membership Director, Anne Wesley: 615-851-1052.

## PLATEAU CHAPTER (Crossville)

### CHAPTER OFFICER:

Charlie Jones 931-277-3228 cejones@Crossville.com

**OUTINGS COORDINATOR:** (call & volunteer to lead an outing)

Carolyn Miller 931-260-6674 cardan@usit.net

### !!!! NEW MEETING LOCATION !!!!

**MEETS:** 3<sup>rd</sup> Thurs, 7pm, The Family Place, 141 Pinewood Dr. (across from the old Avery Dennison Bldg./HWY 70)

*There is a leaderless hike every Wednesday morning at 8:30am CST. We usually meet at the boat launch area of Cumberland Mountain State Park. The hikes are moderately paced and may average five or six miles. For information, call Bill Haynes at 931-707-7606. Rain cancels.*

**Jan 11** Volunteer Loop on the Black Mountain Segment of the Cumberland Trail. Crossville, TN. Come see the views of Grassy Cove as we hike the new Volunteer Loop on top of Black Mtn.! The loop is only 2 miles, but for those who wish to continue on and hike the entire trail, we'll arrange a car shuttle so they can hike to the bottom. With the addition of the trail to the bottom, total distance is 5½ miles over terrain rated moderate. Bring lunch and water. We will meet at 9:00am CST at the Cumberland Mountain State Park Visitor's Center. For information and to register, call Carolyn Miller at 931-260-6674, or e-mail her: [cardan@usit.net](mailto:cardan@usit.net)

**Jan 16 MONTHLY MEETING.** Check out our temporary monthly meeting location: The Family Place at 141 Pinewood Drive, across from the old Avery Dennison Bldg. on Hwy. 70. This is a test run for our Jan & Feb meetings, and if we like it, we'll make it permanent. The January meeting will focus on getting our hiking schedule coordinated for spring. Bring suggestions of new places to explore or favorites you want to return to. Or, if you have a hike you'd like to lead, we'd like to schedule it. See you at 7:00pm CST.

**Jan 25** Lilly Bridge Trail on the Obed Wild & Scenic River. Wartburg, TN. This is an easy loop trail, but the footing on the short side trails to views of the waterfall is more difficult. However, the views from the overlooks are worth it! Total hike distance is 4½ miles over terrain rated easy, most of the time, then moderate on the side trails. Bring lunch and water. We will meet at 8:00am CST at the Dairy Queen on Genesis Road (near I-40). For information and to register, call Jim McCullough at 931-484-8222.

### Got One of These, Yet? TTA's Pictorial Postmark

Pictorial cancellations are postmarks offered by the Postal Service to commemorate special events. To mark the 2002 Annual Meeting, a limited number of envelopes featuring Fall Creek Falls, TTA and meeting were designed. A first-class stamp (from either the American Bats or Famous Photographers series) was affixed to each envelope and then hand-cancelled by the local Post Office in Pikeville, TN. The rubber stamp used by the post office (below) makes this collectable.



Hiking Station  
November 8, 2002  
Pikeville, TN 37367

A few envelopes remain and make great any-occasion-gifts for the person who has everything - chances are they DON'T have one of these!

Envelopes sold (\$4 ea. incl. S&H) benefit the Nashville chapter and area trail projects. To order, call or e-mail Diane Manas at 615-352-7777 / [dmanashikes@comcast.net](mailto:dmanashikes@comcast.net)

## SODDY DAISY CHAPTER

### CHAPTER OFFICER:

Susan Turner 423-209-4224 / 423-867-5677  
sturner@bdbc.com

MEETING: Jan 17 at 6:00pm EST, location TBA

### Welcome!

### TTA's Newest Chapter & Members!

Our first informal meeting took place on November 22, and we decided to hold an election of officers at a later date. Until then, Susan Turner has volunteered to act as Interim Chapter Officer, Treasurer and Outings Coordinator.

Everyone is invited to our next chapter meeting on January 17 at 6pm EST (meeting location TBA, call Susan for info) to plan future outings, etc. If you have suggestions on where you'd like to hike and/or if you want to lead a hike, let us hear from you at our next meeting. Until then, come hike with us . . .

Jan 11 North Chickamauga section of the Cumberland Trail. Soddy Daisy, TN. This 8-mile segment of the Cumberland Trail follows the North Chickamauga Creek Gorge and is rated strenuous for the uneven and rocky terrain. Along the way, we will see beautiful streams, waterfalls, old abandoned mines and rock houses. We will meet for breakfast, before the hike, at 8:00am EST at the Waffle House on Highway 153. (Exit Highway 153 off of Highway 27 and the Waffle House is just off the exit.) For those not wanting breakfast, meet us at the Waffle House at 8:30. We'll be on the trail at 9:00am. Due to the rough terrain, hiking boots are required. You will need to bring a lunch, plenty of snacks and water, warm clothes and rain gear, as the weather is apt to change without notice. For more information and to register, call Susan Turner at 423-867-5677, or e-mail her: [sturner@bdbc.com](mailto:sturner@bdbc.com)

Jan 17 **MONTHLY MEETING** The January meeting will focus on getting our outings scheduled for the next few months. Bring suggestions of places you'd like to explore or favorites you'd like to revisit. At the time this newsletter was going to the printer, a meeting location had not been confirmed. Call Susan Turner for the meeting location, and you can plan to meet at 6:00pm EST.

*Hikes are subject to changes in dates, times and locations depending on the weather and attendance. Please register for hikes so you can be notified when/if there are any last minute changes.*

## UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

### CHAPTER OFFICERS:

Helen Anglemier 931-858-5947 [helena@cookeville.com](mailto:helena@cookeville.com)

### OUTINGS COORDINATOR:

Sue Bass 931-528-1386 [take-a-hike@charter.net](mailto:take-a-hike@charter.net)

*Please register for hikes so you can be notified when/if there are any last minute changes. Hiking boots are recommended for all hikes. Bring plenty of water, snacks and/or lunch, and wear clothing appropriate for the weather.*

Jan 1 New Year's Day Hike in the Bridgestone Firestone Centennial Wilderness Area. Sparta, TN. We will decide on Jan 1<sup>st</sup> which trail to hike depending on the weather. Expect to hike between 5 to 8 miles over terrain rated as moderate to difficult. After the hike, Bonnie and Wayne Broadway have graciously invited us to their new home for black-eyed peas and cornbread. Perhaps some of us can bring dessert, drinks, etc. To register, contact either Wayne and Bonnie Broadway (931-432-8346 / [jwb2@charter.net](mailto:jwb2@charter.net)) or Marnell Cothran (931-738-5874).

Jan 20 Milksick Mountain. Sparta, TN. Bobby Felton will lead us "off-trail" over the property behind his home. We will be bushwhacking through some of this 5-mile hike, and therefore this outing is rated moderate. The geology in this area is very interesting. Expect to see many sinkholes, and we'll have a great view at the end. After the hike, Bobby and his wife Arlene will treat us to light refreshments in their home, and we will do some hike planning for 2003. Perhaps some of us can bring dessert, drinks, etc. For information and to register, call Bobby or Arlene Felton at 931-657-8660, or e-mail them: [ChickenCity@blomand.net](mailto:ChickenCity@blomand.net)

### HIKE REPORTS:

On Nov 11 (Veterans Day), 14 hikers gathered at Bridgestone Firestone Wilderness Area to trek on the Big Springs Trail. This was just after the storms that weekend and several trees had to be removed from the road to get to the trail.

On Nov 23, John Harwood led a great hike, attended by 13, to the Twin Arches in Big South Fork National River & Recreation Area. The weather was great. We lunched at Charit Creek Lodge, and then afterwards on our way back, we climbed on the top of the second arch. While passing through the area of Jake's Place, we could clearly see the tracks of wild boar left in the mud.

The Bearwaller Gap hike was cancelled because of bad weather.

On Dec 7, nine people gathered at Virgin Falls Pocket Wilderness and hiked into Virgin Falls, with two turning back at Laurel Falls. Our newest member, Mary Jane Powell, e-mailed some great pictures she had taken of the falls on that cold morning. Throughout the day, our thoughts turned to Marnell Cothran (our Virgin Falls expert) who was scheduled to lead this outing, however was unable to due to a serious car accident involving her dad. We send our best wishes for a speedy recovery and look forward to having you join us again, soon.

## ADOPT-A-TRAIL NEWS

### ADOPT-A-TRAIL OFFICER:

Harold Draper

865-689-7757

[h.m.draper@att.net](mailto:h.m.draper@att.net)

Have you considered ...  
Maintaining a particular trail or section of trail?

Through the cooperation of land managers, who periodically inform us of volunteer opportunities, TTA can put you in touch with several Adopt-A-Trail programs, or offer suggestions on how to approach local land managers in your area.

The Adopt-A-Trail program is quite simple and flexible. Volunteers or chapters select the trail they wish to adopt and at the same time determine the level of trail maintenance they wish to undertake. Their only commitment is to hike, inspect, and report on the trail's conditions and maintenance needs twice per year. Light trail maintenance (clipping, pruning, trash and minor blow-down removal) is encouraged during each inspection. Serious trail problems identified will be reported to the local land management agency for resolution. To obtain an Adopt-A-Trail or Trail Inspection form, call Harold Draper: 865-689-7757

## OFFICERS:

### President

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cejones@crossville.com

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### East TN At-Large Director

VACANT

### Membership

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CHAPTER REPRESENTATIVES ON THE BOARD  
ARE LISTED WITHIN EACH CHAPTER'S HEADER

### Newsletter Editor

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dmanashikes@yahoo.com

## Newsletter Deadlines:

Announcements and articles  
received on/before January 10<sup>th</sup>  
will appear in our  
February 1<sup>st</sup> newsletter

Articles submitted are subject to editing and  
will be included as space permits.

Please send all submissions to:

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## TENNESSEE RAILS-TRAILS ADVISORY COUNCIL (TRAC)

### BOARD REPRESENTATIVE:

Jim Deming 615-354-9767 jdeming@tals.org

web site: [www.TNRailsTrails.org](http://www.TNRailsTrails.org)

**MISSION:** *To act as a resource and mentor for the planning, development and management of rail-trails throughout the State of Tennessee for the purposes of appropriate recreation, preservation of rail corridors and alternate transportation, in order to benefit the general public, communities, commerce and tourism.*

## Your Transportation Tax Dollars Help Build Trails

Over the past 10 years, over \$120 million has been allocated to Tennessee to help build alternative transportation routes that include railtrails and walking trails and greenways. These dollars come from the gasoline tax that every motorist pays at the pump, and they are lumped into a category called "Enhancements." These enhancements restore and celebrate historic transportation facilities and routes, while at the same time offer new non-motorized ways to get around in our communities.

The majority of "Enhancements" funds in Tennessee is administered through the Department of Transportation (TDOT) and is subdivided into 12 categories. In other states, citizen's advisory groups help make recommendations to the Governor about what projects should be funded based on their merit and their impact. In Tennessee, only TDOT makes recommendations to the Governor. In other states, applicants are given time to raise the matching funds of 20% to go with the 80% federal match. In Tennessee, applicants are required to raise their funds before the enhancement grant is confirmed.

A smaller amount of federal funds come to Tennessee through the Recreational Trails Act. Of the total funding, 30% is designated for on motorized trails, 30% is designated for non-motorized trails, and the remaining 40% can be spent either way. In other states, citizen's advisory groups also make recommendations to the Governor about projects that help local communities.

Why is this important to Tennessee Trails Association? First, because it helps fund such great projects as the Cumberland Trail, the riverfront area in Chattanooga, the Stones River Trail, and many other projects across the state. Second, because these are your tax dollars, and you should have a say in how they are spent to get you moving. Third, because after 12 years of significant community impact, TEA-21 is up for re-authorization in Congress in 2003.

For more information on all the Enhancements projects in Tennessee, go to the TDOT website at [www.tdot.state.tn.us](http://www.tdot.state.tn.us) and click on TEA-21 Enhancements Projects. For more information about transportation policy and the re-authorization of TEA-21, go to the website of the Surface Transportation Policy Project at [www.transact.org](http://www.transact.org). There, you can become a knowledgeable steward of your tax resources.

## THE "10\* ESSENTIALS"

Before you head out on the trail, check your pack to be sure it contains the following items:

- whistle
- water
- hat/sunglasses
- food
- map
- 1<sup>st</sup> aid kit
- compass
- flashlight
- fire starter
- rain gear/extra clothing

Other considerations:

- leave someone a copy of your hiking plans
- hiking poles
- common sense

\* This list is not to be considered cast in concrete – and should be customized to each outdoor enthusiast's needs.

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446

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**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**

To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below. If you fail to re-apply we will send you one newsletter and a reminder notice. If you have not re-applied by this time, your membership will terminate.

**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .**

**A NEW MEMBER**

Jan 03

**RENEWING MY MEMBERSHIP**

Memberships are for one year, unless you have a Lifetime Membership.

Gift Memberships are also available. Contact our Membership Director,

Anne Wesley, at 615-851-1052 or [ttahiker@msn.com](mailto:ttahiker@msn.com)

**Please Mail This Form To:**

**Membership Director**

**P.O. Box 41446**

**Nashville, TN 37204-1446**

*PLEASE, PRINT CLEARLY.*

\_\_\_ Individual \$25.00  
\_\_\_ Family \$35.00  
\_\_\_ Student (FULL-TIME) \$15.00  
\_\_\_ Life Member \$500.00  
\_\_\_ Supporting (\$200.00, \$100.00,  
\$50.00 or other)

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Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
Home Phone (\_\_\_\_) \_\_\_\_\_ Zip \_\_\_\_\_ -- \_\_\_\_\_  
Work Phone (\_\_\_\_) \_\_\_\_\_  
email \_\_\_\_\_

Please do not list my e-mail address in the TTA Annual Membership Directory

Please list me with the following chapter:

\_\_\_ Big South Fork  
\_\_\_ Clarksville  
\_\_\_ Columbia  
\_\_\_ Cove Lake  
\_\_\_ Cumberland Gap

\_\_\_ East TN (Oak Ridge/Knoxville)  
\_\_\_ Highland Rim (Manchester/Tullahoma)  
\_\_\_ Memphis  
\_\_\_ Murfreesboro  
\_\_\_ Nashville

\_\_\_ Northwest (UT at Martin/Weakley)  
\_\_\_ Plateau (Crossville)  
\_\_\_ Soddy Daisy  
\_\_\_ Upper Cumberland (Sparta/Cookeville)  
\_\_\_ At Large

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

**As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.**