

# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



## Cumberland Trail Conference Thanks Y O U!!! Acquisitions Move Forward!

*Submitted by Rob Weber*

Whew! We made it! We are pleased to report that the Cumberland Trail Conference (CTC) has fulfilled our June 30<sup>th</sup> obligation to The Conservation Fund of \$496,000 towards the acquisition of the Rock, Possum, and Soddy Gorges. Thanks to each of you! We could not have accomplished this task without your support for the "Trail of Dreams"!!! To date, the CTC has paid \$981,000 of our \$1,315,000 share for this 5,000-acre cornerstone acquisition in northern Hamilton County. What do we owe? The unpaid balance on this project is \$334,000 and is deferred pending completion of the survey. (*Our expectations are that these funds will be due on or before December 2002.*)

The State of Tennessee and the CTC also closed on 300 acres of the "Western Slope" of Black Mountain on June 15<sup>th</sup>, expanding the Black Mtn. Recreation Area to 850 acres. CTC's \$65,000 contribution was one of three funding sources for this wooded addition to the Grassy Cove Segment, to include Windlass Cave. Plateau Chapter volunteers, led by designer Jim Lifsey, are now hard at work re-routing the existing trail corridor.

And, we're not done yet! We have raised \$1.5 million in cash/pledges to date and are halfway to our \$3 million dollar campaign goal. There are significant land acquisition obligations in front of us ...so we still need to keep those donations rolling in!

While our vision seeks to shape our world, it is with our efforts that we complete our vision.

Thank you for your ongoing leadership, support, and contributions in creating the Cumberland Trail.

## The Economic Benefits of Trails and Greenways

*Submitted by Jim Deming*

Most of us outdoor types extol the virtues of open space, animal habitat, and trails within greenways for recreation and health. But sometimes the economic arguments for trails and greenways are the most persuasive arguments of all when trying to convince public policymakers to invest community resources into new green ventures. The evidence now exists from over 11,000 miles of railtrails in the USA, not even counting other kinds of trails and greenways.

The OKI (Ohio, Kentucky and Indiana) MPO (Metropolitan Planning Organization) conducted a study of the Little Miami Trail about two years ago that demonstrated the economic impact of the 70+mile corridor between the northeastern suburbs of Cincinnati and Springfield, Ohio. In between these areas, the Little Miami goes through rural Warren County for 22 miles and,

(cont. on pg 11)

Annual Meeting in November? Why the registration deadline of August 28?



Okay! I'll send in my registration form today!

Well knucklehead, that's when your registration for lodging during the Annual Meeting is due. After the 28<sup>th</sup>, there are no guarantees that the Inn Rooms, Villas or Cabins will be available, and you may find that your only options will be the Group Lodge or Camping.

## Board of Director's Meeting Saturday, August 17 1pm CDT Barfield Crescent Park Murfreesboro, TN

All TTA members are invited and encouraged to attend. Come learn about TTA's goals and projects and hear reports on our accomplishments. One of the many items on the agenda is to appoint someone to fill the vacancy of the East TN Regional Director. This person will complete the term through 2003, which was recently vacated by Arleen Scheller. → → →

Registration Form is enclosed with this newsletter.

→ → TTA members may submit items to add to the meeting agenda however, they must channel this information through their chapter officer or TN Regional Director before the August 17 meeting. Any Board Officer not able to attend needs to either submit a chapter report in writing to Leigh Jones (TTA President) before August 10, or assign someone to represent their chapter at this meeting. (cont. on pg. 2)

### TTA Calendar\*

The following dates (2002) refer to statewide activities that involve TTA as a whole. To prevent scheduling conflicts with major activities planned (National Trail Days, etc.), you may want to refer to this calendar.

- Aug 17 3<sup>rd</sup> Qtr Bd of Director's Meeting
- Sep 7 Savage Gulf SNA Bridge Project
- Sep 14 Savage Gulf SNA Bridge Project
- Sep 28 National Public Lands Day BSFNRR & EESP Project
- Sep 29 National Public Lands Day EESP Project
- Nov 8-10 Annual Meeting

\*Calendar will be revised as needed.

### Board of Director's (cont. from pg 1)

And before the meeting, there is hiking ... You are invited to join Mark Stanfill (Murfreesboro's Chapter Officer) on an easy 4-mile loop hike. Hikers will meet at 10am CDT at the Wilderness Station in Barfield Crescent Park. Please register with Mark so he can arrange ample help if a lot of hikers RSVP. Don't forget to bring plenty of water and snacks on the hike.

**DIRECTIONS:** From I-24 take Exit 81A (HWY 231 South) toward Shelbyville. Go to the 4th traffic light (Barfield Road) and turn right (W.T.'s convenience store is on the right and there is a nursery on the left, across the road). Go past the Barfield Elementary School (on the right) and the park will be on the left. Turn left into the red brick entrance (it says Barfield Crescent Park). Follow the signs to the Wilderness Station by making your first right, then immediate left; the Wilderness Station is at the end of this road.



### Savage Gulf State Natural Area Bridge Building Project Volunteers Needed Sept 7 & 14 No experience required!

Here's a great opportunity to make a contribution to one of Tennessee's favorite hiking destinations! Join members of the Highland Rim, Murfreesboro and Nashville chapters on September 7 and September 14 to help construct two small bridges in the Savage Gulf SNA. Volunteers will help carry bridge materials and construct the bridges. Building materials and tools, supervision, and lunch will be furnished. Everyone is welcome and encouraged to H-E-L-P, but we ask that you **PLEASE RSVP** so that we'll have an accurate head count for the lunch that is being provided to all participants.

(cont.) → → →

### Annual Meeting Auction

Each year, during TTA's Annual Meeting weekend, we have an Auction (Silent and Live) which allows us the opportunity to raise FUNds (in a FUN way) to be used for subsidizing trail projects throughout the state. In order for the auction to be successful, we rely on the help of our members (and chapters) to gather items. Please, won't you help ... it's that time again - gather treasures for TTA's Annual Auction. The TTA Annual Auction will be held on Saturday, November 9, at the Annual Meeting in Fall Creek Falls State Park (if you haven't registered yet – the Registration Form is in the middle of this newsletter). The Columbia and Nashville chapters are this year's Annual Meeting hosts and are requesting the help of each chapter to obtain White Elephant items and 6-8 top-quality items (merchandise, services, and/or handcrafted-crafted goods) for the silent and live auctions. Check your house for top-quality items, ask local businesses to donate merchandise and/or services, share your talents for woodworking and crafts, or make a cash donation to your local chapter to purchase items for the auction. Outdoor gear and clothing are always popular, as well as handcrafted items. If you have a favorite photograph from a TTA hike, consider having it enlarged and framed to put in the auction. Check with your chapter chairperson for solicitation materials to give to local businesses. And, don't forget the White Elephant sale; look in your closets and basements and start gathering your salable items. Contact Libby Francis (615-889-5718 / [libbyslibbys@comcast.net](mailto:libbyslibbys@comcast.net)) if you have a special item you'd like to donate, or know of a merchant we can contact for a donation.

### Tennessee Trails Merchandise Order Form

- \_\_\_\_\_ Hiking Tennessee Trails, 5<sup>th</sup> Edition ..... \$12.95
- \_\_\_\_\_ TTA Patch ..... 6.00  
*Round embroidered patch, sew it on anything.*
- \_\_\_\_\_ TTA Window Decal ..... 3.00  
*A must for each car.*

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
PHONE hm: (\_\_\_\_) \_\_\_\_\_ wk:(\_\_\_\_) \_\_\_\_\_

*Mail your check payable to: Tennessee Trails Association  
c/o Marietta Poteet  
324 Raintree Drive  
Hendersonville, TN 37075  
Please allow 4 weeks for delivery and prices shown include postage.*



→ → (cont.) We will meet at 8:30am CDT at the Savage Gulf Ranger station on both dates. For those wanting to camp, free camping will be available at the Savage Gulf Ranger Station campground. For additional information and to register, contact either Brent Morris (931-454-1718 / [bmorris@edge.net](mailto:bmorris@edge.net)), or Anne Wesley (615-851-1052 / [ttahiker@msn.com](mailto:ttahiker@msn.com))

**Your help is greatly appreciated!**

## National Public Lands Day Fifth Year TTA Participates Two Projects Need Your Help Sept 28 (& 29)

In years past we have volunteered on National Public Lands Day exclusively in Big South Fork NRRRA, which we will do again this year, however, this year we've added a trail project at Edgar Evins State Park (Silver Point), to allow volunteers choices. Both parks REALLY need our help! Projects planned in each park involve general trail maintenance work, such as clearing debris from the trail, re-cutting trail tread to smooth out the uneven areas and trail blazing.

### Big South Fork NRRRA

Our trail work in the Big South Fork NRRRA is scheduled for Sat., Sep 28 only. Work will take place in the Leatherwood Ford area. Participants will receive a NPLD certificate and poster ("Explore America's Backyard" which contains a photo of wildflowers beside a lake in Wyoming's Bridger Wilderness). Additional information will be available in the September newsletter. Until then, if you need more information, call Harold Draper at 865-689-7757.

### Edgar Evins State Park

At Edgar Evins SP, we have planned for two days of trail work, which provides you the option to work on one or both days, Sep. 28 and/or 29. Free camping (with hot showers!) is available to those working on both days. There are several large trees down over the trail that need to be removed, plus trees that need to be re-blazed. We recently re-routed the trail in one area and need help with the trail re-cuts and blazing. Some weed-eater and sling blade work will be needed. There is also a need for an alternate trail near the lake because when the lake is up, the trail disappears. *All this adds up to ... HEY! ... WE NEED YOUR HELP!*

If you were any part of, or heard about, the National Trails Day event of June 2001, you will remember the pontoon boat shuttles. Well, we will have our navy in operation and work crews will again be ferried to the work locations without having to hike in carrying tools.

Additional information will be available in the September newsletter. Until then, in you need more information, call Fount Bertram at 615-765-5357, or e-mail him: [fwbertram@heartoftn.net](mailto:fwbertram@heartoftn.net)

Wear clothes you don't mind getting dirty, and bring work gloves, water, lunch and snacks. Some tools will be provided. You are welcome to bring your own tools, and it's recommended that you call first to see what tools are needed (fire rakes, loppers, handsaws, etc.).

NPLD is the largest volunteer, hands-on effort of its kind in the country. It is organized by the National Environmental Education & Training Foundation and sponsored by Toyota.

***YOU! can make a difference to our state trails. Give back, by volunteering!***

## BIG SOUTH FORK CHAPTER

### CHAPTER OFFICER:

Eric Wilson 423-628-2817 [ericavi@nxs.net](mailto:ericavi@nxs.net)

### OUTINGS COORDINATOR:

(call & volunteer to lead an outing)  
Kathy Hicks 865-938-6846

Due to the heat, we have not planned any outings for August. If the heat abates, consider organizing an impromptu hike. These can be weekday, as well as weekend events. To volunteer, or to get on the e-mail hike notification list, contact Eric Wilson: [ericavi@nxs.net](mailto:ericavi@nxs.net)

**Aug 17 BOARD OF DIRECTOR'S MEETING** (and HIKE). Murfreesboro, TN. All TTA members are invited (and encouraged!) to attend. The meeting begins at 1pm CDT. Before the meeting, Mark Stanfill, Murfreesboro's Chapter Officer will lead an easy 4-mile loop hike. For additional information, see the announcement on page 1 of this newsletter.

## CLARKSVILLE CHAPTER

### CHAPTER OFFICER:

J.R. Tate 931-920-2692 [modelt@charter.net](mailto:modelt@charter.net)

### OUTINGS COORDINATOR:

(call & volunteer to lead an outing)  
Suva Bastin 931-645-2849

**MEETS:** 3<sup>rd</sup> Tues, 7pm, The Crow Community Center, 211 Richview Rd

**Aug 3** Cumberland River Bicentennial Trail. Ashland City, TN. This hike is 8 miles and rated easy due to the flat terrain. We will meet at 8am CDT at the entrance to Rotary Park. For more information, call either Charlie Putnum (931-362-3669) or Jack Bastin (931-645-2849).

**Aug 10** Backpacking Clinic, Rotary Park. Clarksville, TN. Learn about packing, cooking and eating on the trail from a pro – J.R. Tate (err, maybe Model-T ???). We will meet at the first picnic shelter on the left, closest to the entrance. For meeting time and to obtain additional information, call J.R. Tate: 931-920-2692.

**Aug 17 BOARD OF DIRECTOR'S MEETING** (and HIKE). Murfreesboro, TN. All TTA members are invited (and encouraged!) to attend. The meeting begins at 1pm CDT. Before the meeting, Mark Stanfill, Murfreesboro's Chapter Officer will lead an easy 4-mile loop hike. For additional information, see the announcement on page 1 of this newsletter. (cont. on pg. 4)

## CLARKSVILLE (cont. from pg 3)

**Aug 20 MONTHLY MEETING.** Learn hiker safety tips, hear about past and upcoming hiking trips and meet/greet members/friends. New hikers are always welcome! Lots in store! See you at 7pm, The Crow Community Center, 211 Richview Rd.

**Aug 24** Mammoth Cave National Park, KY. There will be a cave tour and a river boat trip, and you can do one or both activities, however, you must register! The cost to go on both is \$20 per person. We will leave Clarksville at 8am CDT. For more information and to register, call Wanda Cumberland McClusky: 931-906-3338.

### HIKE REPORT:

Here is a brief run down of our outings over the past several weeks ... we hiked the Nature Trail at Pennyriple State Park (it was a bit overgrown and needs maintenance as well as foot traffic). Thanks to Sandi Koenig for organizing this outing. We car-camped and rappelled at Stone Door ... worked on the Cumberland Trail, near Bakewell, TN ... celebrated National Trails Day working on the Hematite Lake Trail at LBL ... hiked in Ft. Donelson ... participated in activities at Dunbar Cave ..., and our backpacking trip to Virgin Falls in June was splendid. The roar of the falls and the cool mist made this a most enjoyable trip. The sleeping was great. On our way out we enjoyed a dip in one of the pools of cool water. Finally ... everyone truly enjoyed our picnic at Rotary Park. Members and guests stuffed themselves on delicious food. We should have hiked after we ate, not before! And, thanks to all who have helped us with these outings and activities.

## COLUMBIA CHAPTER

### CHAPTER OFFICER:

Russell Smith 615-790-1833 carving082334@cs.com

### OUTINGS COORDINATORS:

(call & volunteer to lead an outing)

Amy Overton 931-388-6363 estheroverton@aol.com  
Rick Pinkelton 931-987-2530

**MEETINGS:** Will resume in September.

**Aug 10-11** (Sat-Sun) Backpacking Weekend in Fall Creek Falls State Park. Pikeville, TN. On Sat., we will meet 8am at Stan's Restaurant (east of Columbia on Hwy. 412 just off I-65), drive to FCFSP, and backpack 6 miles to our campsite for the night. On Sun, we'll pack up and hike out to our cars. For more information and to register, call either Russell Smith (615-790-1833) or Rick Pinkelton (931-619-5012).

**Aug 17 BOARD OF DIRECTOR'S MEETING** (and HIKE). Murfreesboro, TN. All TTA members are invited (and encouraged!) to attend. The meeting begins at 1pm CDT. Before the meeting, Mark Stanfill, Murfreesboro's Chapter Officer will lead an easy 4-mile loop hike. For additional information, see the announcement on page 1 of this newsletter.

## COVE LAKE CHAPTER

### CHAPTER OFFICER:

Siler McCarty 423-566-1291 webmaster@tnrlca.org

**MEETS:** 3<sup>rd</sup> Thur, 6pm, First Presbyterian Church, LaFollette

**Aug 10** HIKE (Big South Fork NRR), PICNIC (Pickett State Park) and HIKE (Pickett State Park). Jamestown, TN. We will start our outing with a moderate, 4-mile hike (down, then back up) on the Twin Arches trail in BSFNRR. Afterward, we'll drive over to nearby Pickett State Park for a picnic, and after the picnic we'll take a short hike on one of the many trails in Pickett SP. Bring a covered dish to share. Burgers will be provided. We will meet at 9am EDT and carpool from the Eagle Market parking lot. To get an accurate head count on the burgers needed, you must RSVP to Vance Lawson: 423-562-6856.

**Aug 15 MONTHLY MEETING.** Learn hiker safety tips, hear about past and upcoming hiking trips and meet/greet members/friends. New hikers are always welcome! Lots in store! See you at 6pm, First Presbyterian Church in LaFollette.

**Aug 17 BOARD OF DIRECTOR'S MEETING** (and HIKE). Murfreesboro, TN. All TTA members are invited (and encouraged!) to attend. The meeting begins at 1pm CDT. Before the meeting, Mark Stanfill, Murfreesboro's Chapter Officer will lead an easy 4-mile loop hike. For additional information, see the announcement on page 1 of this newsletter.

### PLANNING AHEAD:

Sep 14 Trail TBA, Great Smoky Mountains National Park.

Sep 28 Slave Falls Trail, Big South Fork NRR.

Oct 12 Trail TBA, Chattanooga area.

Oct 20 CT segment, Cumberland Gap NHP.

Nov 9 Sheltowee Trace to VanHook Falls, KY.

Dec 8 River Bluff Trail, Norris Dam.

## CUMBERLAND GAP CHAPTER

### CHAPTER OFFICERS:

Barbara Smith 423-869-5226

BarbSmith@ZoesMountainSports.com

Rosemary Register 423-869-2251 cugatrails@yahoo.com

We hope everyone has been staying cool and enjoying his or her summer vacations! We are ready to start scheduling outings for our new chapter. If you would like to lead a trip or have ideas for a chapter outing, please contact Barbara or Rosemary. In the interim, you are invited to stop in to visit us at Zoe's Mountain Sports, in the heart of Cumberland Gap, TN. Bring in your TTA newsletter, which displays your membership mailing label and we'll pass along a 10% discount on purchases made.

**Aug 17 BOARD OF DIRECTOR'S MEETING** (and HIKE). Murfreesboro, TN. All TTA members are invited (and encouraged!) to attend. The meeting begins at 1pm CDT. Before the meeting, Mark Stanfill, Murfreesboro's Chapter Officer will lead an easy 4-mile loop hike. For additional information, see the announcement on page 1 of this newsletter.

## EAST TN CHAPTER (Oak Ridge / Knoxville)

### CHAPTER OFFICER:

Beverly Neurock 865-220-9679 bneurock@bellsouth.net

**Aug 10** Evening Hike in Ijams Nature Center. Knoxville, TN. Join us for an evening hike at this 80-acre environmental education center and park, located just three miles from the center of Knoxville. Ijams is an oasis of plants, trees and animals, and offers us easy 2½ to 3-mile hike along well-maintained trails, so water and snacks are optional. There are facilities nearby. Light walking shoes will suffice. We will meet at 7:30pm EDT in the Ijams Nature Center parking lot (loop through the parking lot, and park at the far end). (Directions: Cross the Henley St. Bridge (US 441S), take the first left on to Blount Ave., then bear right on Sevier Ave. and follow the green Ijams signs to the center on the left). For additional information, call Lesley Price: 865-523-5312.

**Aug 17 BOARD OF DIRECTOR'S MEETING** (and HIKE). Murfreesboro, TN. All TTA members are invited (and encouraged!) to attend. The meeting begins at 1pm CDT. Before the meeting, Mark Stanfill, Murfreesboro's Chapter Officer will lead an easy 4-mile loop hike. For additional information, see the announcement on page 1 of this newsletter.

**Aug 24** Little River and Cucumber Gap Trails, Great Smoky Mtns. NP. Our hike will begin in the Elkmont Campground area of the GSMNP. We will walk 2.3 miles of the Little River Trail to its junction with the Cucumber Gap Trail. We will combine the Cucumber Gap and Little River Trails to make this a loop hike of 5.1 miles. Along the way we will see Fraser magnolias, sometimes called "cucumber trees" (the fruit is long and bumpy and resembles cucumbers). If you like wildflowers, we should be able to find pink turtleheads and scarlet bee balm. Deer also frequent this area. We will walk by the old summer homes on our way back to our vehicles. This hike is considered an easy family walk, however there are some moderate climbs, and hiking shoes are recommended. Depending on the amount of rain received in the days prior to our arrival, there may be some opportunities to get your feet wet crossing the creeks/streams/branches. We will meet at 9am EDT at the Townsend "Y." For more information and to register, call Richard or Judith Mynatt at 865-769-5609, or e-mail them: [judithmynatt@aol.com](mailto:judithmynatt@aol.com)

### PLANNING AHEAD:

**Sep 29** National Public Lands Day. See the announcement on page 3 of this newsletter.

## TTA Gift Memberships

### Available Throughout the Year!

◆ Birthdays ◆ Anniversaries ◆ Just Because ◆

For the price of a regular membership, we will send the gift membership recipient a beautiful TTA logo patch enclosed in a card (customized for the occasion) announcing your gift. Gift memberships can be purchased by contacting Anne Wesley: [ttahiker@msn.com](mailto:ttahiker@msn.com), or 615-851-1052.

## HIGHLAND RIM CHAPTER (Tullahoma Area)

### CHAPTER OFFICER:

Doug Ratliff 931-455-0249 dougratliff@hotmail.com

### OUTINGS COORDINATOR:

(call & volunteer to lead an outing)

Alan Bryan 931-728-0765 BryanAlan@BFUSA.com  
& pbryan5@bellsouth.net

**MEETS:** 3<sup>rd</sup> Tue, 7pm, D.W. Wilson Center  
501 N. Collins St. Tullahoma

**Aug 10** Savage Day Loop, Savage Gulf State Natural Area. Gruetli-Laager, TN. This is an easy 4.2-mile hike along the Plateau with great views at Savage Falls and Rattlesnake Point. Bring light lunch and water. We will meet at 8am CDT at the Manchester Cracker Barrel (1-24 at exit 110). For additional information and to register, call either Doug Ratliff (931-455-0249 / [dougratliff@hotmail.com](mailto:dougratliff@hotmail.com)) or Alan Bryan (931-728-0765 / [BryanAlan@bfusa.com](mailto:BryanAlan@bfusa.com))

**Aug 17 BOARD OF DIRECTOR'S MEETING** (and HIKE). Murfreesboro, TN. All TTA members are invited (and encouraged!) to attend. The meeting begins at 1pm CDT. Before the meeting, Mark Stanfill, Murfreesboro's Chapter Officer will lead an easy 4-mile loop hike. For additional information, see the announcement on page 1 of this newsletter.

**Aug 20 MONTHLY MEETING.** Brent Morris, TTA's Middle TN Regional Director, will present "Experiencing the Grand Canyon" and discuss his recent trip to the Grand Canyon (made with other TTA members Jim Schroeder and Martin McCollough). See you at 7pm CDT, D.W. Wilson Center, Tullahoma.

**Aug 24** North Rim/Plateau and Mountain Oak Trails, Savage Gulf SNA. Gruetli-Laager, TN. By combining these three trails we will make a loop hike that is about 10 miles long. The terrain is fairly level, but due to the summer heat and the length of the hike, we will consider it moderate. This is a scenic trail with beautiful overlooks and virgin timber. Bring plenty of water and lunch. We will meet at 8am CDT at the Cracker Barrel in Manchester (I-24 exit 110). For more information and to register, call Alan Bryan 931-728-0765 or e-mail him: [pbryan5@bellsouth.net](mailto:pbryan5@bellsouth.net)

### PLANNING AHEAD:

**Sep 7** Bridge-building at Savage Gulf State Natural Area. Please see page 2 of this newsletter for details about this fun, multi-chapter service project. Everyone is welcome and encouraged to attend, but we ask that you **PLEASE RSVP** so that we'll have an accurate head count for the lunch that is being provided to all participants. For more details and to **RSVP**, contact Brent Morris via e-mail at [bmorris@edge.net](mailto:bmorris@edge.net) or by phone at 931-454-1718.

## TTA's Annual Meeting

Nov. 8-10, 2002

Fall Creek Falls State Park

For information, see the insert in the middle of this newsletter.

## MEMPHIS CHAPTER

### OFFICER:

Betty Porter 901-755-4740

### CO-CHAIR:

Norma McMinn 901-785-1479

### ELECTED BOARD REPRESENTATIVE:

Gloria Lenski 901-213-0604 glorialenski@yahoo.com

**MEETINGS:** Will resume September 19.

Due to summer vacations, we planned our August meeting to take place at our August 18 picnic (details are below). We will resume our monthly meetings and hikes in September. You are welcome to hike with any of our other chapters.

### **Aug 17 BOARD OF DIRECTOR'S MEETING**

(and HIKE). Murfreesboro, TN. All TTA members are invited (and encouraged!) to attend. The meeting begins at 1pm CDT. Before the meeting, Mark Stanfill, Murfreesboro's Chapter Officer will lead an easy 4-mile loop hike. For additional information, see the announcement on page 1 of this newsletter.

**Aug 18 ANNUAL CHAPTER PICNIC.** Join the fun, meet new people, and see old friends. Our picnic will be at the lakeside home of John and Regena Martin (canoes and paddleboats available). This is a potluck; so bring your favorite summer dish and a lawn chair. Socializing starts around 3pm CDT, business meeting at 4pm and picnic at 5pm. This is also our August meeting, so bring any business items you would like to discuss. The address is 3876 S. Lakewood Dr., in the Lake Windermere subdivision near Raleigh. For directions, call John or Regena at 901-386-3722.

## LEAVE NO TRACE

### PRINCIPLES

- Leave what you find.
- Minimize Campfire Impacts.
- Respect wildlife.
- Be considerate of other visitors.
- Plan ahead and prepare.
- Travel and camp on durable surfaces.
- Dispose of waster properly.



## THE "10\* ESSENTIALS"

Before you head out on the trail, check your pack to be sure it contains the following items:

- whistle
- water
- rain gear/extra clothing
- food
- map
- 1<sup>st</sup> aid kit
- compass
- flashlight
- fire starter
- hat/sunglasses

Other considerations:

- leave someone a copy of your hiking plans
- hiking poles
- common sense

\* This list is not to be considered cast in concrete – and should be customized to each outdoor enthusiast's needs.

## MURFREESBORO CHAPTER

### CHAPTER OFFICER:

Mark Stanfill 615-867-0847 athike718@netzero.net

### OUTINGS COORDINATOR:

(call & volunteer to lead an outing)

Brent Morris 931-454-1718 bmorris@edge.net

**MEETS:** 2<sup>nd</sup> Tues, 7pm, Wilderness Station

@ Barfield Crescent Park, 697 Barfield Rd.

**Aug 3-4** (Sat-Sun) Backpacking in Virgin Falls Pocket Wilderness. Sparta, TN. Join us for this 8-mile roundtrip overnight outing to Virgin Falls. This scenic trip is rated moderate. Group size will be limited to 6. For more information and to register, call Ray Eckerson at 615-848-0322, or email him: [reckerson@hotmail.com](mailto:reckerson@hotmail.com)

**Aug 13 MONTHLY MEETING.** Our program is entitled "Experiencing the Grand Canyon." This will be a slide presentation of the very scenic backpacking trip made this year by Jim Schroeder, Martin McCullough, and Brent Morris. See you at 7pm CDT at the Wilderness Station in Barfield Crescent Park.

### **Aug 17 BOARD OF DIRECTOR'S PRE-MTG HIKE.**

Barfield Crescent Park. Murfreesboro, TN. All TTA members have been invited (and encouraged!) to attend the Board Meeting (and this hike). We may have a large gathering and there's no better way to meet other TTA members than on the trail. So come on out! This hike is a 4-mile loop and rated easy for the pretty level terrain. We will meet at 10am CDT at the Barfield Crescent Wilderness Station. To register for the hike, call Mark Stanfill at 615-867-0847, or email him: [athike718@netzero.net](mailto:athike718@netzero.net) (See page 1 for Board Meeting information.)

**Aug 31** Grundy Lakes Hike and Swim, South Cumberland State Recreation Area. Tracy City, TN. Join us for a 2-mile hike and a refreshing swim! We'll meet at the South Cumberland Recreation Area Visitor's Center at 9am CDT. For information and to register, call Bob Hornsby: 615-895-4930.

### **LOOKING AHEAD**

**Sep 7** Bridge-building at Savage Gulf State Natural Area. Please see page 2 of this newsletter for details about this fun, multi-chapter service project. Everyone is welcome and encouraged to attend, but we ask that you **PLEASE RSVP** so that we'll have an accurate head count for the lunch that is being provided to all participants. For more details and to **RSVP**, contact Brent Morris via e-mail at [bmorris@edge.net](mailto:bmorris@edge.net) or by phone at 931-454-1718.

## Carpooling Etiquette

Gas prices made a huge jump at the end of March and have remained high. Analysts believe these high prices will stick around through the summer.

Please, be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of buying gasoline.

Also, each passenger needs to tidy up the area in the car where they sat by gathering and removing debris/trash before reaching the carpool meeting location.

# NASHVILLE CHAPTER

## CHAPTER OFFICER:

Dan Brennan

615-837-4324

osrwodan@aol.com

## OUTINGS COORDINATOR:

(call & volunteer to lead an outing)

Elizabeth Gerlock

615-356-6260

eygerlock@aol.com

**MEETS:** 4<sup>th</sup> Tues, 7pm. St. Bernard Academy @ 2021 21<sup>st</sup> Ave South

**HIKING HOTLINE**

**615-367-7045**

**August AFTER WORK Hikes.** You are invited to join Gary Parker for "After Work" hikes at the Warner Parks on the following dates in August: 1, 6, 8, 13, 15, 20, 22, and 29. He is usually at the Warner Park Nature Center (Hwy 100) at 5:30pm and starts hiking between 5:45 – 6:00pm. Normally, the hikes range between 2½ - 6½ miles, have an easy to aerobic pace and are conducted regardless of the weather. For more information and to register, contact Gary Parker: 615-287-1371(hm), 615-277-2006(wk), [garyparker@mindspring.com](mailto:garyparker@mindspring.com) & [garyp@werthan.com](mailto:garyp@werthan.com)

**Aug 3** "First Saturday Hike" at Beaman Park. Joelton, TN. Escape the summer heat with a creek *hike* led by a special guest. The terrain is rated easy to moderate, however, you will need to wear shoes you won't mind getting wet – this is a creek hike. Bring water and snacks. We will meet at 9am. To register and obtain the meeting location, call Nancy Dorman: 615-299-9586.

**Aug 3** Buggytop Cave to Peter Cave, Carter State Natural Area. Sewanee, TN. Take a hike underground as we enter Buggytop Cave and exit Peter Cave in the Carter State Natural Area. There is also a 2-mile hike to and from the cave entrances (4 miles round-trip). The hike inside the cave is about ¾ of a mile and is rated STRENUOUS because it involves rock scrambling, stream crossings and climbing up and down muddy slopes. (There are no "tourist" trails in these caves.) Plan to eat lunch in the cave and enjoy the cool 54° temperatures. The cave hike requires at a minimum; sturdy hiking boots, a headlamp (helmet recommended), a second light source, gloves, and a change of clothes. For additional information and to register, call Richard Horvath at 270-586-0178, or e-mail him: [ktahiker@hotmail.com](mailto:ktahiker@hotmail.com)

**Aug 4** Twin Arches and Charit Creek Loop, Big South Fork National RRA. Jamestown, TN. The Twin Arches are spectacular natural bridge formations with spans of 135 feet and 93 feet and clearances of 70 feet and 51 feet. In addition, the trail passes by several rock shelters, the site of Jake Blevins, farm of the 1800s, and Charit Creek Lodge (a hostel for both hikers and horseback riders). The loop is 5.9 miles and rated moderate to difficult. Please wear sturdy boots and bring water, snacks, and lunch. To register and obtain meeting time and location, call Jim or Marietta Poteet: 615-824-7666.

**Aug 11** Stone Door to Greeter Falls Hike and Swim, Savage Gulf State Natural Area. Tracy City, TN. We will hike 6.3 miles through the Big Creek Gulf to Greeter Falls for a refreshing swim. The hike is rated moderate for the uneven terrain we will walk over while in the "gulf." Hiking boots are required! Bring water, snacks and lunch, in addition to your swim trunks and rubber ducky. We will meet at 7am CDT at the I-24 (exit 59) Bell Road Target. For more information and to register, call Keith White at 615-833-9770, or e-mail him: [takehike@bellsouth.net](mailto:takehike@bellsouth.net)

**Aug 14** (Wed) Rollerblading in Crockett Park. Brentwood, TN. All skill levels welcomed - some of us are beginners! We will rollerblade for about 1 to 1½ hours. There aren't any hills to climb or go down unless you want to! We will meet at 6pm CDT at Crockett Park, on Concord Rd across from the Brentwood library (I-65 south – you'll see the big antenna on the left). For information, call Paul Smith: 615 832-9388, or e-mail him: [paolov@bellsouth.net](mailto:paolov@bellsouth.net)

**Aug 17 BOARD OF DIRECTOR'S MEETING (and HIKE).** Murfreesboro, TN. All TTA members are invited (and encouraged!) to attend. The meeting begins at 1pm CDT. Before the meeting, Mark Stanfill, Murfreesboro's Chapter Officer will lead an easy 4-mile loop hike. For additional information, see the announcement on page 1 of this newsletter.

**Aug 17** Sellars Farm Archaeological Park Tour, and Cedars of Lebanon State Park Hike. Lebanon, TN. We will start our day at the Sellars Farm Archaeological Park, which is not open to the public, for a private one-hour tour. During the Mississippian Period of Native American habitation of Tennessee, this was a fortified settlement, which developed around a platform mound. This 15-foot platform mound was the base for an important building, which overlooked a plaza and was surrounded by permanent dwellings. After our tour, we'll drive to the Cedars of Lebanon SP and hike the 4.4-mile Hidden Springs Trail. This is a loop trail that passes deep sinks & caves and threads its way through limestone rock gardens, cedar glades and hardwood forests. Afterwards, for those interested, we will head over to the fairgrounds in Lebanon for the Wilson County fair. It's a very nice, small county fair with a pioneer village, Native American performances, and exhibits. To register, and obtain meeting time and location, call Alicia Gray: 615-453-5138, or e-mail her: [aliciagray@earthlink.net](mailto:aliciagray@earthlink.net)

(cont. on pg. 8)

## Don't Miss an Outing ... Plan Ahead, Register Early!

There are times when a hike leader must limit (due to park regulations, etc.) the number of participants on an outing. Please do not wait until the afternoon or evening before the outing to RSVP. Plan ahead and register early.

## NASHVILLE (cont. from pg. 7)

**Aug 23** (Fri) Shortest Hike & Dinner. You just hike from your car into the restaurant. At the time this newsletter was going to press, a restaurant had not been identified. Plan to meet at 7pm CDT. For the restaurant information, call Paul Smith: 615-832-9388, or e-mail him: [paolov@bellsouth.net](mailto:paolov@bellsouth.net)

**Aug 24-25** (Sat-Sun) Overnight backpacking trip in the Great Smoky Mountains National Park along the Abrams Falls, Hannah Mountain and Rabbit Creek trails in the Cades Cove area. We will hike 4.2 miles one day and 7.2 miles on the other day (the weather forecast will dictate our route) giving us plenty of time to see Abrams Falls, Rabbit and Abrams Creeks, a dazzling display of late summer wildflowers, and (hopefully) plenty of wildlife. Our evening's campsite is situated on Rabbit Creek in a shady hemlock grove. This trip is rated Moderate due to several unbridged creek fords, some prolonged ascents and descents, and occasionally rocky/rutted trail conditions. All participants are responsible for providing their own food, gear and transportation to the park (carpooling will be facilitated to the extent possible), and everyone must adhere to all Leave No Trace rules for backcountry outings. This trip is limited to 8 people (a GSMNP regulation). For more information and to pre-register, please call Anne Wesley at 615-851-1052 or email her: [ttahiker@msn.com](mailto:ttahiker@msn.com)

*Are you new to Nashville? Hiking? Interested in checking out a hiking club? Or, just want a gentler hike? Then, the following TWO hikes are just for you. Meet new, as well as seasoned hikers who also share your desire to be outdoors. You are encouraged to use this time to learn about hiking and TTA while enjoying the great outdoors with friendly people.*

**Aug 24 Newcomer's Hike** on the Connector, Mossy Ridge and Warner Woods Trails, Warner Park. Nashville, TN. Rather than hiking each trail entirely (too many miles), or doing a loop hike, we will hike a portion of each trail and still get 5 miles of hiking in. The hike will be rated moderate due to the uneven terrain and the six hills we will ascend (remember, what goes up does come down), therefore hiking boots are recommended. Along the way, we may see wildlife (deer, chipmunks, owls), in addition to some summer wildflowers (goldenrod, spotted jewelweed, ironweed). Bring plenty of water to drink, it will be H-O-T! Because this is a one-way hike and we will need to set up a car shuttle, everyone must arrive at the meeting place on time. We will meet at 9am CDT in front of the stone entrance to the park, located at the end of Belle Meade Blvd. From here, we will arrange cars to drive us to the start of our hike while leaving the others behind for when we reach them at the end of our hike. After the hike is over, we will regroup for lunch (bring \$\$\$ to buy your lunch) at a nearby sandwich shop (City Limits in Bellevue). If you need additional information, call Diane Manas: 615-352-7777.

(cont.)

**Aug 25 Newcomer's Hike** on the Harpeth Woods Trail, Warner Park. Nashville, TN. The Harpeth Woods trail makes for one of the most interesting hikes in the Warner Park's trails system. At only 2½ miles in length, you pass through such a variety of terrain (hills and flat areas), geology (large rutted rocks and a rock quarry) and foliage (from cedar glades to hardwoods). In addition, we may see some wildlife, and you can expect to see the late summer wildflowers. Although, it's only 2½ miles long, this hike is rated moderate, and hiking shoes are recommended. Bring plenty of water to drink because it will be H-O-T! We will meet at 9am CDT at the Nature Center on HWY 100, which is ¼ mile west of the HWY 100 and Old Hickory Blvd junction in Bellevue. If you need additional information, call Diane Manas: 615-352-7777.

**Aug 27 PRE-MONTHLY MTG DINNER at BOSCO'S.** Hillsboro Village, 1805 21<sup>st</sup> Ave South. We're gathering for a pre-meeting dinner (and opportunity to socialize while enjoying a good restaurant!) at Bosco's in Hillsboro Village. Bosco's is about 4 blocks from our monthly meeting location, and with parking very limited in the "Village," you are advised to park at St. Bernard's and walk to Bosco's. We'll meet around 5:15pm CST and DEPART FOR THE MEETING AT 6:35PM. BRING \$\$\$ to pay for your meal. You do not need to register, however, if you have questions, call Paul Smith: 615-832-9388.

**Aug 27 MONTHLY MEETING.** Learn hiker safety tips, hear about past and upcoming hiking trips and meet/greet members/friends. New hikers are always welcome! Lots in store!

**Aug 30-Sep 2** Labor Day Weekend Backpack in the Smokies. We will be backpacking in the Big Creek area of the Smokies. Total mileage for the trip is approximately 16 miles. The trip is rated moderate. Registration is limited. For detailed information and to register, contact Katherine Pendleton at 615-360-3481 or email [Adelicia1@aol.com](mailto:Adelicia1@aol.com)

### **PLANNING AHEAD:**

**Sep 7** Bridge-building at Savage Gulf State Natural Area. Please see page 2 of this newsletter for details about this fun, multi-chapter service project. Nashvillians can meet at 7am CDT at the I-24 (exit 59) Bell Road Target to carpool to Savage Gulf, however, we ask that you **PLEASE RSVP** so that we'll have an accurate head count for the lunch that is being provided to all participants. For more details and to **RSVP**, contact Anne Wesley via e-mail at [ttahiker@msn.com](mailto:ttahiker@msn.com) or by phone at 615-851-1052.

### **Attention: Hike Coordinators**

A TTA Release of Claims & Hold Harmless Agreement form (aka Liability Waiver) must be signed by everyone before you start your hike. They can be obtained from your local Chapter Officer or downloaded easily from our web site: [www.tennesseetrails.org](http://www.tennesseetrails.org) From the home page, follow the link to *Member Services*.



## NORTHWEST CHAPTER

(UT at Martin / Weakley County)

### CHAPTER OFFICERS:

Jim Clark 731-587-7369 / 2225  
jclark@utm.edu  
Joe Seago 731-588-5836  
joeseago@backpacker.com

**MEETINGS:** Will resume September 12

**website:** [www.utm.edu/~jclark/trails/](http://www.utm.edu/~jclark/trails/)

*Our student and faculty members are on summer break until the end of August, therefore we have not scheduled any meetings or activities this month. We will post hikes and meeting announcements to our web site as soon as we have prepared our schedule. Until then, have a great summer, and remember you are welcome to hike with any of our other TTA chapters.*

**Aug 17 BOARD OF DIRECTOR'S MEETING** (and HIKE). Murfreesboro, TN. All TTA members are invited (and encouraged!) to attend. The meeting begins at 1pm CDT. Before the meeting, Mark Stanfill, Murfreesboro's Chapter Officer will lead an easy 4-mile loop hike. For additional information, see the announcement on page 1 of this newsletter.

### PLANNING AHEAD

**Sep 7** Porters Creek Man-way, GSMNP. Chris Fox will be leading a group up the Porters Creek Man-way -- an un-maintained trail that ends at the Appalachian Trail at Dry Sluice Gap. For those who wish to DAYHIKE (in and out on Sat.) this challenging (DIFFICULT & STRENUOUS) hike, it will require a return vehicle at Newfound Gap. For those who wish to BACKPACK (in Fri., out Sun.), this challenging (even more DIFFICULT & STRENUOUS) hike, we will stop at Charlies Bunion, follow the AT past Ice Water Spring shelter, and then use the Boulevard Trail, pass over Mt LeConte, and utilize the Brushy Mountain/Porters Creek Trails to return to Greenbrier. Due to the difficulty of this hike, the necessity for a car shuttle for day-hikers, and the need to make reservations at GSMNP for the backpackers -- ALL PARTICIPANTS MUST PRE-REGISTER with Chris Fox: 731-586-4744.

### Keeping In Touch With TTA

The TTA List Server (e-mail distribution) is operable once again. If you would like to subscribe to receive timely notification of hiking and trail related information, visit the TTA web site ([www.tennesseestrails.org](http://www.tennesseestrails.org)) and follow the link to *Member Services*.

## PLATEAU CHAPTER

(Crossville)

### CHAPTER OFFICER:

Bill Haynes 931-707-7606 billhaynes@citlink.net

**MEETINGS:** Will resume in September

There is a leaderless hike every Wednesday morning at 8:30am CDT. We USUALLY meet at the boat launch area of Cumberland Mountain State Park. The hikes are moderately paced and may average five or six miles. For information, call Bill Haynes: 931-707-7606. Rain cancels.

*Due to summer vacations, we did not plan a monthly meeting for August, but we're still hiking!*

### August Outings:

**Aug 3** Gentlemen's Swimming Hole (Rugby, TN) and Colditz Cove (Allardt, TN). Our hikes will be taking place between the two neighboring cities of Rugby and Allardt, TN. Both cities provide short and E-A-S-Y hiking, and combined the two hiking trails total about 4½ miles. First stop will be Gentlemen's Swimming Hole & Meeting of the Waters Trail in Rugby. This trail is about 3 miles total. Along the way we'll stop to swim in the Gentlemen's Swimming Hole and afterwards, we'll have lunch. If time allows and for those interested, we'll drive over to Colditz Cove SNA, just east of Allardt, where we'll hike a 1½-mile loop and pass a 67-foot waterfall. Bring your swimming clothes, lunch and plenty of water. We will meet at 8:30am CDT at the Cracker Barrel Restaurant in Crossville. For more information, call Bill Haynes: 931-707-7606.

**Aug 17 BOARD OF DIRECTOR'S MEETING** (and HIKE). Murfreesboro, TN. All TTA members are invited (and encouraged!) to attend. The meeting begins at 1pm CDT. Before the meeting, Mark Stanfill, Murfreesboro's Chapter Officer will lead an easy 4-mile loop hike. For additional information, see the announcement on page 1 of this newsletter.

## UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

### CHAPTER OFFICERS:

Helen Anglemier 931-858-5947 helena@cookeville.com

### OUTINGS COORDINATOR:

Sue Bass 931-528-1386 take-a-hike@charter.net

**MEETING:** August 22 (see below for information)

**Aug 17 BOARD OF DIRECTOR'S MEETING** (and HIKE). Murfreesboro, TN. All TTA members are invited (and encouraged!) to attend. The meeting begins at 1pm CDT. Before the meeting, Mark Stanfill, Murfreesboro's Chapter Officer will lead an easy 4-mile loop hike. For additional information, see the announcement on page 1 of this newsletter.

**Aug 22** (Thu) **CHAPTER PICNIC & MEETING**. Cane Creek Park, Cookeville, TN. We will be gathering at 5:30 CDT for the potluck picnic portion of our evening and afterward, we will plan hikes for the next six months, elect a new chapter chairperson, newsletter article writer, and a treasurer. We will provide hot dogs and buns, condiments, drinks, paper goods, and cutlery. Please bring something to share (our potlucks are always great - with so many good cooks in our group) and suggestions on places you'd like to hike. In order to get a head count for food planning purposes, everyone must register with Helen Anglemier: 931-858-5947, or e-mail her: [helena@cookeville.com](mailto:helena@cookeville.com)

# CUMBERLAND TRAIL CONFERENCE

## CUMBERLAND TRAIL CONFERENCE CONTACTS:

Executive Director ..... Rob Weber ..... robweber@usit.net  
 Resource Manager..... Arleen Scheller ..... scheller@usit.net  
 Program Coordinator..... vacant..... tba  
 Office Manager ..... Susan Weber ..... sweber1@usit.net



Office Location 19 East 4<sup>th</sup> Street  
 Crossville, TN 38555  
 Office Hours 8am-5pm  
 Phone: 931-456-6259  
 Fax: 931-456-4934  
 Email: [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com)  
 Website: [www.cumberlandtrail.org](http://www.cumberlandtrail.org)



## CTC's 3<sup>rd</sup> Annual Trail Training Workshop September 13-15, 2002

The Cumberland Trail and Rock Creek Gorge will provide the backdrop for two days of education and fun on trail building and leadership skills. The program will have a focus on "hands on" trail building techniques to include teaching the trail "experience", trail layout & design, switchback design, the "treaded" side-hill cutting techniques, the "creativity" of building rock steps, erosion techniques (wood and rock waterbars), trail blazing, pole bridges, and much more. Additionally, our Wagonmasters will provide trail leadership, teambuilding, supervisory, and work organization skills. In addition to these basic and advanced trail building skills, participants will receive basic first aid training.

All training is provided by CTC's experienced trail "Wagonmasters" in both a limited classroom setting and two day's worth of hands-on work sessions on the Rock Creek Segment of the CT.



## ... Volunteer Opportunities ... No Experience Required!

Due to the heat and humidity, which strikes East Tennessee every year about this time, programs have been placed on "freeze" during the month of August. But that shouldn't stop you from making plans for volunteering on the Cumberland Trail in the fall. The Spring/Summer 2002 issue of The Cumberland Trail, CTC's newsletter, was mailed mid-June and contains the entire schedule of volunteer opportunities for fall, as well as information on an upcoming Trail Training Workshop. If you did not receive a copy, call the CTC office and request one. In the interim, you can start planning:

**Sep 6-8** (Fri-Sun) BackCountry Outing in North Chickamauga Gorge. Carl Turner will be leading a crew into the North Chickamauga Gorge to tackle the much needed trail revitalization project there. Dig your backpacking equipment out of storage, and get in on the first trail building project of the season. You will need your own backpacking equipment, and CTC will provide the tools and training.

**Sep 22-28** (Sun-Sat) American Hiking Society Volunteer Vacation. AHS volunteers make a return trip to get things rolling in the Gorge-ous Gorges. Car camping will be at the Possum Creek Campground, near Bakewell. Come on out and spend a week, or just a day or two with these hard workers.

**Need More Information?  
 Call Today!  
 ♦ 931-456-6259 ♦**

### YES! SIGN ME UP FOR THE SEPTEMBER 13-15, 2002 TRAIL TRAINING WORKSHOP

Name (and/or Organization): \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ --- \_\_\_\_\_  
 HM Ph: ( \_\_\_\_\_ ) \_\_\_\_\_ WK Ph ( \_\_\_\_\_ ) \_\_\_\_\_  
 E-mail: \_\_\_\_\_

- I am a TTA/CTC volunteer. I've enclosed \$45.  
*(I agree to work 2 days during CTC programs within 1 year.)*
- I am a TN State employee. I've enclosed \$65.  
*I work in (Name of Dept): \_\_\_\_\_*  
*and my Title is: \_\_\_\_\_*
- I am not a TTA/CTC volunteer or TN State employee, and have enclosed \$85.

**REGISTRATION DEADLINE IS AUGUST 31, 2002!**

**ENCLOSE YOUR PAYMENT WITH  
 THIS REGISTRATION FORM &  
 MAIL IT TO:  
 Cumberland Trail Conference  
 19 E. 4<sup>th</sup> Street  
 Crossville, TN 38555**

Registrants will receive an information packet after the Aug 31<sup>st</sup> registration deadline.

## OFFICERS :

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cejones@crossville.com

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Jim Deming 615-354-9767  
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CHAPTER REPRESENTATIVES ON THE BOARD  
ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor  
Diane Manas 615-352-7777  
dmanashikes@comcast.net  
dmanashikes@yahoo.com

### Newsletter Deadlines:

Announcements and articles  
received on/before August 10<sup>th</sup>  
will appear in our  
September 1<sup>st</sup> newsletter

Articles submitted are subject to editing and  
will be included as space permits.

#### Please send all submissions to:

Diane Manas  
5729 Stoneway Trail  
Nashville, TN 37209  
615-352-7777

#### When sending by email, use both:

dmanashikes@comcast.net  
dmanashikes@yahoo.com

## TENNESSEE RAILS-TRAILS ADVISORY COUNCIL (TRAC)

### BOARD REPRESENTATIVE:

Jim Deming 615-354-9767 jdeming@tals.org  
web site: <http://members.aol.com/trac2trail/depot.htm>

**MISSION:** *To act as a resource and mentor for the planning, development and management of rail-trails throughout the State of Tennessee for the purposes of appropriate recreation, preservation of rail corridors and alternate transportation, in order to benefit the general public, communities, commerce and tourism.*

### **Economic Benefits** (cont. from pg. 1)

because it is an asphalt trail, attracts bicyclists, runners, walkers, and in-line skaters. OKI estimates that the economic impact from visits and purchases is roughly \$111,000 per mile, bringing in about \$2.1 million to Warren County. In urban areas, the economic impact may be even greater because of more users. Money is spent on motels and camping, restaurants, equipment, and travel. And for Warren County, small towns that once depended on attracting people to spend money on antiques and crafts, now because of the trail attract visitors who discover local shops and businesses and spend even more money.

Trails and greenways also have indirect economic benefits because people want to live where the quality of life is high and that includes opportunities for recreation near their homes. Independent studies have verified the economic impact of trails in neighborhoods. In most cases, property values next to a trail have remained stable, and property values one block or more away have risen. In no studies have property values decreased, and many real estate agencies advertise their listings as "near the greenway" because they know it is a positive selling point. (See [www.trailandgreenways.org](http://www.trailandgreenways.org) for more information.) In addition, many businesses are seeking locations near trails and greenways to enhance their attractiveness to prospective employees.

On the front end, railtrails, community trails, or greenways bring in construction dollars to stimulate a local economy, whether rural or urban. In the long run, these long, skinny parks more than pay back their initial investment through small business development of support services and overall attractiveness as a place to live and grow a community. For those of us in Tennessee, imagine the economic impact of a paved 20-mile trail in Ashland City within easy driving distance of Nashville or a 47-mile rural trail along the Hiwassee River in the Cherokee National Forest just off I-75 where you could also camp and canoe. They would make the local business folks very happy indeed!

## ADOPT - A - TRAIL NEWS

**ADOPT-A-TRAIL OFFICER:** Harold Draper 865-689-7757

Have you considered ...  
Maintaining a particular trail or section of trail?

Through the cooperation of land managers, who periodically inform us of volunteer opportunities, TTA can put you in touch with several Adopt-A-Trail programs, or offer suggestions on how to approach local land managers in your area.

The Adopt-A-Trail program is quite simple and flexible. Volunteers or chapters select the trail they wish to adopt and at the same time determine the level of trail maintenance they wish to undertake. Their only commitment is to hike, inspect, and report on the trail's conditions and maintenance needs twice per year. Light trail maintenance (clipping, pruning, trash and minor blow-down removal) is encouraged during each inspection. Serious trail problems identified will be reported to the local land management agency for resolution.

To obtain an Adopt-A-Trail or Trail Inspection form,  
call Harold Draper: 865-689-7757

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED

First Class Mail  
U.S. Postage Paid  
Nashville, TN  
PERMIT NUMBER 4053



**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**

To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below. If you fail to re-apply we will send you one newsletter and a reminder notice. If you have not re-applied by this time, your membership will terminate.

**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .**

- A NEW MEMBER**
- RENEWING MY MEMBERSHIP**

Aug 02

(Memberships are for one year, unless you have a Lifetime Membership.)

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

PLEASE, PRINT CLEARLY.

- \_\_\_ Individual \$25.00
- \_\_\_ Family \$35.00
- \_\_\_ Student (FULL-TIME) \$15.00
- \_\_\_ Life Member \$500.00
- \_\_\_ Supporting (\$200.00, \$100.00, \$50.00 or other)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_ Zip \_\_\_\_\_ -- \_\_\_\_\_

Work Phone (\_\_\_\_) \_\_\_\_\_

email \_\_\_\_\_

Please do not list my e-mail address in the TTA Annual Membership Directory

Please list me with the following chapter:

- \_\_\_ Big South Fork
- \_\_\_ Clarksville
- \_\_\_ Columbia
- \_\_\_ Cove Lake
- \_\_\_ Cumberland Gap
- \_\_\_ East TN (Oak Ridge/Knoxville)
- \_\_\_ Highland Rim (Manchester/Tullahoma)
- \_\_\_ Memphis
- \_\_\_ Murfreesboro
- \_\_\_ Nashville
- \_\_\_ Northwest (UT at Martin/Weakley)
- \_\_\_ Plateau (Crossville)
- \_\_\_ Upper Cumberland (Sparta/Cookeville)
- \_\_\_ At Large

**Gift Memberships  
Are Available !!!**

Contact our Membership Director  
Anne Wesley (615) 851-1052  
[tahiker@msn.com](mailto:tahiker@msn.com)

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

**As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.**