

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



TENNESSEE RAILS-TRAILS ADVISORY COUNCIL (TRAC) ADVOCATES MEETING OCTOBER 6

We are pleased to proclaim that Tennessee Rails-Trails Advisory Council (TRAC) is now energized to help coordinate new railtrail projects in Tennessee! At a meeting in Oak Ridge on August 12, Dale Robinson, James Ray, Bert Schappel, Bob Rock, and Jim Deming met to develop strategies to help communities across Tennessee build and enjoy railtrails. It was also decided we sponsor an ADVOCATES MEETING to further discuss railtrail projects, priorities, legislative possibilities, and ways to build statewide support. And, you (TTA members/friends) are invited to attend our first ADVOCATES MEETING on Saturday, October 6, from 10am until 2pm CDT, in the Community Meeting Room of REI on Franklin Road, just 10 miles south of Nashville.

Tennessee has a number of current outstanding railtrail possibilities: extension of the Ashland City project along the Cumberland River, the 43-mile Etowah to Ducktown corridor along the Hiwassee River, and the potential Oneida to Devonia railtrail to connect the Cumberland Trail with the Big South Fork. Many smaller corridors are also possible in conjunction with recreational rivers and urban greenways.

Jim Deming recently joined TTA and TRAC after his move back to Tennessee from Ohio. He is working as a volunteer with TTA and with the Tennessee Parks and Greenways Foundation to offer technical assistance with railtrail projects around the state. Jim is the former Director of the Ohio Field Office for Rails-to-Trails Conservancy and has seen first-hand the transformation of communities in Ohio working in cooperation to build trails and greenways for recreation, safety, wildlife habitation, and transportation. If you would like to get involved with this exciting new endeavor here in Tennessee, contact Jim Deming at 615-354-9767, or by email: jdeming49@aol.com

EVAN MEANS SMALL GRANTS PROGRAM REQUEST DEADLINE DECEMBER 31, 2001

In February 2002, TTA's Board of Directors will award small grants honoring Evan Means. The grants support special volunteer projects that are compatible to the chartered objectives of the TTA: *promoting and developing a system of hiking trails in Tennessee as well as working for the conservation of natural resources*. Project proposals are due no later than December 31, 2001.

All chapters are encouraged to look within their local area, identify a special trail or park project, request and submit a formal grants application for consideration against the February 2002 Evan Means Small Grant Program Award.

Grant requests in the range of \$300-\$600 are encouraged. However, if a project requires additional grant money, considerations will be made.

For additional information and an application, please write to: TTA Grants Administrator
P. O. Box 41446
Nashville, TN 37204

The small grants program was established in February 1999 to honor Evan Means - journalist, author, conservationist, hiker, trail builder, originator of the Cumberland Trail, and co-founder of the Tennessee Trails Association. Mr. Means has won countless awards for his work over the years to protect Tennessee's natural resources and beauty, as well as for his dedication to projects that allow hikers to enjoy this natural beauty.

IT'S NEARING THAT TIME . . . TTA'S ANNUAL MEETING, NOV 9-11.

(FUN) REGISTRATION DEADLINE (HIKES) OCTOBER 15 (FRIENDS)

If you've not attended before, you can expect a fun-filled weekend of hiking, socializing, entertainment and TTA business. Our meeting is taking place at Camp Carson in Newport, TN, which is within 20 miles of the eastern edge of the Great Smoky Mountains NP ("Davenport Gap"). DON'T DELAY! To ensure your lodging and meals, you must fill out and mail in (don't forget to enclose your check) the Registration Form, found on page 3, before October 15. If your registration arrives after October 15, we can include you in all of the activities, however on-site lodging and meals can not be guaranteed. The Registration Form also contains directions to Camp Carson, as well as, an itinerary of the weekend's events. (At the time this newsletter was going to press, there were only 7 motel and 3 semi-private rooms available. There are ample bunk spaces available.) (Annual Mtg. cont. on pg. 2)

ANNUAL MEETING (cont. from pg. 1)

Several **FUN** fund-raising* activities occur over the course of the weekend. (Bring your coins, cash and checkbook.)

- Bake Sale – Hikers need calories, there will be yummy baked goods throughout the weekend.
- White Elephant Sale – Better than a flea market. You may find previously loved outdoor gear and household merchandise, like art and books – everything is priced to sell!
- Live Auction – Expect a wide variety of top-quality items; from outdoor gear and clothes, hand made quilts and art, to vacation packages.

*The TTA Board of Directors voted in August to dedicate the fund-raising proceeds to the Cumberland Trail BreakAway programs. Twice per year, college students from all over the nation come to TN to spend 1-3 weeks lovingly building Tennessee's Millennium Legacy Trail and first linear state park - the Cumberland Trail State Park. Funds are used to feed and house our TTA and CTC volunteers, who also give of their time and energy to work along with these students, and to purchase trail materials such as bridge supplies.

The Plateau chapter, our Annual Meeting host, is requesting help from each chapter to obtain White Elephant items and 6-8 top quality goods/services for the live auction. If you have White Elephant items and/or know a local business that would like to donate goods/services for our live auction, please contact your chapter officer and coordinate your efforts through him/her. Local businesses are a good source of support; especially because TTA is a 501(c)(3) non-profit organization and donations received are tax deductible. A THANK YOU column will appear in our December newsletter and will list all of the merchants and people who have helped in making this event successful.

We also need baked goods. Hikers need lots of calories to replace what they've burned on the trails. We welcome cookies, cakes, breads, pies, brownies, candies, etc. Individually wrapped portions are handy for tucking into daypacks.

WE ALSO NEED VOLUNTEERS

As the TTA Annual Meeting has grown, so has the need for more volunteers to help make things happen. Volunteers are needed for Friday and Saturday to prepare for the bake sale and auction. (Volunteer work times will not conflict with the hikes scheduled.) On Friday, we need volunteers, from 4-8pm, to help set up tables, receive and tag bake sale and auction items. On Saturday, we need volunteers, from 7-11pm, to help assist the auctioneers; record bids, and help close out buyers' tabs (totaling bids & collecting money). Volunteers will be asked to commit to at least one hour. You can commit more hours if you wish. Don't wait, call today and volunteer, Carolyn Miller: 931-456-4465 (cardan@usit.net) or, Charles Jones: 931-277-3228 (cejones@webtv.net)

WANT TO GET SOME HIKING IN AHEAD OF THE ANNUAL MEETING?

Diane Manas is planning hikes in the Cades Cove area of the GSMNP for Thu & Fri, Nov 8 & 9.

On Thu the hike requires a shuttle, is 15.3 miles, with a jump-off at 9 miles. The hike is rated strenuous to start because the first 3½ miles is a climb of 3700ft. The remainder of the hike is down, with some flat terrain and rated moderated to easy. Trails we'll hike: Anthony Creek to Bote Mtn. Bote Mtn to its end at Laurel Creek road, which provides the jump-off. Then we cross the street and hike School House Gap trail to Chestnut Top and follow Chestnut Top to the Townsend "Y" road junction.

On Fri the hike planned is Rich Mtn Loop. The hike is 8.7 miles, has a climb, then descent of 1300ft and rated as moderate. There are lots of views along the way. Trails we'll hike to make this loop: Rich Mtn Loop trail, Indian Grave Gap, Crooked Arm trail and finish on the Rich Mtn Loop trail.


It is **STRONGLY** advised that you bring your own map and trail guide of the Smokies. The *Hiking Trails of the Smokies* ("little brown book") takes up very little space in your backpack, yet contains the best description about each trail in the Smokies. (A 2001 edition is now available, see announcement on page 4.) If you do not have these, you can buy the book through TTA's website (see pg 4) and the map at your local outdoor gear store.

(ACCOMMODATIONS?)


Everyone is responsible for making their own lodging arrangements. Camping is available at Cades Cove and Elkmont campgrounds in the GSMNP. Townsend and Gatlinburg are near by and have lots of hotels.

For additional information, call Diane Manas: 615-352-7777.

~~~~~



Plants grow by the inch and die by the foot.



Please, keep to the trails.

**PROPOSED SLATE  
BOARD OF DIRECTORS CANDIDATES  
ELECTION ON NOV 11**

The TTA Board of Directors recommends the following slate of candidates to be elected to the Board by the membership at the Annual Meeting in November:

|                                   |                     |              |
|-----------------------------------|---------------------|--------------|
| President .....                   | Leigh Jones .....   | Plateau      |
| Vice President .....              | Fount Bertram ..... | Murfreesboro |
| Treasurer .....                   | Carol Haley .....   | Memphis      |
| Secretary .....                   | Anna Clark .....    | Northwest    |
| Membership Director .....         | Anne Wesley .....   | Nashville    |
| Middle TN Regional Director ..... | Mark Stanfill ..... | Murfreesboro |

All positions are for one-year terms, except for the regional director position, which is for three years. Nominations will also be accepted from the floor. If you plan to make such a nomination, please contact a member of the nominating committee (Anne Wesley, Dan Brennan, or Jim Poteet) prior to the annual meeting.

Reminder:  
**Annual Meeting  
Nov 9-11  
Registration  
Due Oct 15**

# TTA's Annual Meeting Registration Form

NOV 9-11, 2001  
 CAMP CARSON AT CARSONSPRINGS  
 NEWPORT, TN

**Due on or Before**  
**October 15, 2001**

*Families: please provide the name of each member of your family attending.*

Name: \_\_\_\_\_ Name: \_\_\_\_\_ Name: \_\_\_\_\_ Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ - \_\_\_\_\_  
 Phone: (\_\_\_\_\_) \_\_\_\_\_ email: \_\_\_\_\_ Chapter: \_\_\_\_\_

**LODGING** – The following accommodations are available and will be assigned on a first-come, first-served basis.

⇒ **MOTEL ROOM 12** are available and the rates are based on the number in each room.

Friday night rates:

|                           |   |         |                |
|---------------------------|---|---------|----------------|
| \$60/night (for 2 people) | @ | \$60.00 | Total \$ _____ |
| \$75/night (for 3 people) | @ | \$75.00 | Total \$ _____ |
| \$90/night (for 4 people) | @ | \$90.00 | Total \$ _____ |

Saturday night rates:

|                           |   |         |                |
|---------------------------|---|---------|----------------|
| \$60/night (for 2 people) | @ | \$60.00 | Total \$ _____ |
| \$75/night (for 3 people) | @ | \$75.00 | Total \$ _____ |
| \$90/night (for 4 people) | @ | \$90.00 | Total \$ _____ |

⇒ **SEMI-PRIVATE** (linens provided, no pillows) A mixture of twin, full & queen bed rooms, all have shared bathrooms.

|                |                   |   |         |                |
|----------------|-------------------|---|---------|----------------|
| Friday night   | # of people _____ | x | \$18.00 | Total \$ _____ |
| Saturday night | # of people _____ | x | \$18.00 | Total \$ _____ |

⇒ **BUNKS** (no linens) Twin bunks only. We'll use only the bottom bunks (no climbing). 2-10 bunks/room. Shared bathrooms with bunkmates.

|                |                   |   |         |                |
|----------------|-------------------|---|---------|----------------|
| Friday night   | # of people _____ | x | \$13.00 | Total \$ _____ |
| Saturday night | # of people _____ | x | \$13.00 | Total \$ _____ |

⇒ **CAMPING**

|                |                   |   |        |                |
|----------------|-------------------|---|--------|----------------|
| Friday night   | # of people _____ | x | \$5.00 | Total \$ _____ |
| Saturday night | # of people _____ | x | \$5.00 | Total \$ _____ |

**MEALS**

|                         |               |                   |   |        |                |
|-------------------------|---------------|-------------------|---|--------|----------------|
| FRIDAY                  | Dinner        | # of people _____ | x | \$7.50 | Total \$ _____ |
| SATURDAY                | Breakfast     | # of people _____ | x | \$5.00 | Total \$ _____ |
|                         | Sack Lunch    | # of people _____ | x | \$5.00 | Total \$ _____ |
|                         | Dinner        | # of people _____ | x | \$7.50 | Total \$ _____ |
| SUNDAY                  | Breakfast     | # of people _____ | x | \$5.00 | Total \$ _____ |
| <b>REGISTRATION FEE</b> | is \$5/person | # of people _____ | x | \$5.00 | Total \$ _____ |

Fill out this Registration Form and mail it with a check made payable to: **TOTAL ENCLOSED \$ \_\_\_\_\_**  
 Tennessee Trails Association C/O Charles Jones ♦ P O Box 405 ♦ Pleasant Hill, TN 38578 ♦ 931-277-3228

PLEASE RESPECT CAMP CARSON'S RULES: NO TOBACCO PRODUCTS OR ALCOHOL ALLOWED.

| <b>Schedule of Events</b> |                 |  |                 |                    |  |               |                    |
|---------------------------|-----------------|--|-----------------|--------------------|--|---------------|--------------------|
| (ALL TIMES ARE EASTERN)   |                 |  |                 |                    |  |               |                    |
| <u>FRIDAY</u>             |                 |  | <u>SATURDAY</u> |                    |  | <u>SUNDAY</u> |                    |
| 3:00p                     | Check-in Begins |  | 7:30a-9:00a     | Breakfast (Buffet) |  | 7:30a-9:00a   | Breakfast (Buffet) |
| 5:30p-7:00p               | Dinner (Buffet) |  | 8:00a-9:00a     | Depart for Hikes   |  | 7:30a-11:00a  | Check-out          |
| 7:00p-8:30p               | Entertainment   |  | 5:30p-7:00p     | Dinner (Buffet)    |  | 8:30a         | Board Meeting      |
| 9:00p                     | Bonfire         |  | 6:30p           | Program/Annual Mtg |  | 8:30a         | Depart for Hikes   |
|                           |                 |  | 7:30p           | Auction            |  | 11:00a        | Depart for Hikes   |

A sampling of the hikes that are scheduled:

Albright Grove Trail, Ramsey Cascades Trail, Boogerman Trail, Mt. Cammerer Fire Tower Trail

**DIRECTIONS**

(From Knoxville)  
 Carson Spring Baptist  
 Conference Center

Take I-40 East to Exit 432B (Newport Exit). This exits from the left-hand lane. As you come off the interstate, you will see an Exxon Station on your right. Turn right just past the Exxon Station onto Carson Springs Road. Stay on the main road. The Carson Springs Baptist Conference Center is about 4 miles up the road on the left.

PLEASE RESPECT CAMP CARSON'S RULES: NO TOBACCO PRODUCTS OR ALCOHOL ALLOWED.

## WILDERNESS FIRST AID COURSES

Have you ever been on a hike and witnessed a medical emergency? What did you do? (The *right* thing?) Or, were you the victim, and was proper "medical" care administered?

You could be as close as one mile from the trailhead or as many as ten, when one or several of your group gets hurt and once back at the trailhead, you're still miles from the closest hospital. There are assessments and decisions to make at the onset of an emergency. Surely, you've pondered what you would do in a wilderness medical emergency setting? Right?

Roane State Community College, in Knoxville, offers several wilderness first aid courses, they are:

**Wilderness First Aid** – This course is specially designed for the weekender with no prior medical training. The technical jargon is kept to a minimum, and the accent is on teaching in a casual setting. In this 16-hour course you will learn important aspects of patient assessment, using extremity splints, evaluating spinal injuries, and how to handle some crucial environmental problems. (Next\*\* course offered Oct 27-28.)

**Wilderness Responder** – If you are responsible for the well being of groups in the wilderness, this is the course for you. Leadership training is one of the most important components in this course. Many take this course in preparation for the National Registry First Responder Examination. There are more medical technical terms and scenarios introduced in this 72-hour course. (Next course offered Jan 20-27, 2002.)

**Wilderness First Responder Refresher** – This is a refresher course offered only to those having taken Wilderness Responder and passing the National Registry First Responder exam. It is just that; a refresher course that introduces students to new techniques and protocols that have been changed or added to the Wilderness Responder curriculum. (Next time offered Feb 13-15, 2002.)

To obtain additional information and to register for any of the courses above, call RSCC at 865-539-6904. And, to read more about the courses offered, visit their website: [www.rsc.ccc.tn.us/noncredit/healthsciences/classes.htm](http://www.rsc.ccc.tn.us/noncredit/healthsciences/classes.htm)

\*\*At the time this newsletter went to press, Roane State Community College had spaces available in the two-day Wilderness First Aid course, scheduled October 27-28. Registration is due October 10.

## SHOP AMAZON.COM THROUGH TTA'S WEBSITE

*You can buy your books  
through TTA's website and TTA benefits!*

We have an arrangement with amazon.com where TTA receives a commission on all items (books, music, electronics) purchased when you enter their site through our link. It's very easy! Go to the TTA web site ([www.tennesseetrails.com](http://www.tennesseetrails.com)), navigate to the "Merchandise" page, then follow the link to the "TTA Bookstore." Commissions are earned solely on sales made through the TTA website, therefore always enter Amazon.com from the TTA website, and do not sign up for their one-click service.

## WALKIN' ON THE HAPPY SIDE OF MISERY A SLICE OF LIFE ON THE APPALACHIAN TRAIL J.R. TATE'S FIRST BOOK

If you have ever felt the tug of the mountains or had the urge to don a backpack and experience the raw beauty of nature firsthand, but never seem to find the time or perhaps lack the physical prowess or self-confidence to answer that call, then this is your chance! Come walk alongside J.R. Tate and his irascible alter ego, "Model-T," as these two take on the challenging and grueling 2100-mile journey along the Appalachian Trail, some of the roughest country east of the Mississippi River - a physical and mental trial of endurance that nine in ten will fail.

J.R. is an active member, and past chapter officer, of our Clarksville chapter. J.R. has hiked the A.T. not just once, or twice, but three times. This book is an eclectic collection of tales about interesting places on or near the A.T. and the people who left their indelible mark.

J.R.'s book is available only through XLIBRIS, a web-based publishing house, where printing is on-demand and the book really is "hot off the press." You can order J.R.'s book through [www1.xlibris.com](http://www1.xlibris.com). Navigate by first going through the "Bookstore" button, then "Search" button. From here you can search by title (Walkin' on the Happy Side of Misery) and/or author (Tate).

## HIKING TRAILS OF THE SMOKIES

NEW UPDATED EDITION

On September 8, the Natural History Association of the Great Smoky Mountains National Park released its newest edition of Hiking Trails of the Smokies. To launch the revised hiking book, the N.H.A. gave away free copies to the first 40 hikers who reached the Icewater Springs shelter on the Appalachian Trail and who recited the pass phrase: "I promise to help protect the Great Smoky Mountains."

The 2001 edition includes descriptions of trails that have been re-routed or re-opened since the 1999 edition. Every trail in the Park was remeasured 3 times by a volunteer pushing a measuring wheel with an altimeter. This effort has resulted in the most accurate trail distance and elevation measurements in the Park's history. The trail elevation profiles, printed at the beginning of every trail description, are now plotted in 100-foot increments (instead of 500 feet) making it easier for the reader to comprehend a trail's elevation loss or gain. Significant water crossings are also marked on the profiles.

Hiking Trails of the Smokies retails for \$17.95. You can support TTA by ordering this book or ANY book through Amazon.com. Go to the TTA website ([www.tennesseetrails.org](http://www.tennesseetrails.org)), navigate to the "Merchandise" page, then follow the link to the "TTA Bookstore." Commissions are earned solely on sales made through the TTA website, therefore always enter Amazon.com from the TTA website, and do not sign up for their one-click service.

THE CUMBERLAND TRAIL LAND ACQUISITION CAMPAIGN IS CURRENTLY UNDERWAY.  
DONATIONS MADE WILL HELP TO SECURE THE LAND NEEDED  
TO COMPLETE THIS "TRAIL OF DREAMS."

(Additional information is on pg. 12)

## ATTENTION HIKE LEADERS:

A TTA Release of Claims & Hold Harmless Agreement form (aka Liability Waiver) must be signed by everyone before you start your hike. They can be obtained from your local Chapter Officer or downloaded easily from our website: [www.tennesseetrails.org/release.html](http://www.tennesseetrails.org/release.html)

## HIKE PRE-REGISTRATION? WHY ????????

Our hike leaders are volunteers. Make it easier for them to contact you in the event their hike needs to be cancelled by pre-registering!

BE CONSIDERATE AND PRE-REGISTER

## PITCHING IN

Since spring, we've seen gas prices go sky high, then fall, only to go back up, then down. Regardless of the prices, be considerate and offer your turn as a carpool driver. If you are a rider, always contribute to the cost of buying gasoline.

## YOUR GENEROSITY BENEFITS ALL

When you join or renew your TTA membership, you may become a "Supporting Member" by donating a little (or a lot) above the regular dues. These donations support any number of TTA projects and programs, and we thank JoAnn Gottlieb (Nashville) and John Noel III (Nashville) for renewing their 2001 membership as a Supporting Member.

## MOVED? HAVE A NEW ADDRESS?

THESE ARE A FEW WAYS YOU CAN NOTIFY US OF YOUR CHANGES:

- **INTERNET**, visit our website, fill out the "Address Change Form" ([www.tennesseetrails.org](http://www.tennesseetrails.org))
- **MAIL**, using the New/Renewal Membership Form (on pg. 14), fill in your new information, write on the form "address change" and mail to the address shown on the membership form.
- **PHONE** the Membership Director, Anne Wesley: 615-851-1052.

## BIG SOUTH FORK CHAPTER

### CHAPTER OFFICER:

Eric Wilson

423-628-2817

[ericavi@nxs.net](mailto:ericavi@nxs.net)

**Oct 13** Charles and Lavonne Gibbs have invited us to explore some of their forestland, near Sunnybrook, KY. There are many interesting trails in the area and they will choose from one or several in the area: Jerusalem Cave, Pouring Over Springs, Bear Pen Hollow or Rattlesnake Hollow. There should be an abundance of fall color and mild weather. Those interested in camping can spend Fri night at the Gibbs' "new cabin" area. Carpooling will be available from Rugby on Sat morning, which is a one hour drive away. Tentatively, we'll meet on Sat at the Harrow Rd Café around 9:30am EDT. Call Charles or Lavonne Gibbs to make Fri camping arrangements (423 628 5678) or, Eric or Vi (423 628 2817) to get into the Sat morning carpool.

## CLARKSVILLE CHAPTER

### CHAPTER OFFICER:

J.R. Tate

931-920-2692

[modelt@charter.net](mailto:modelt@charter.net)

**MEETS:** 3<sup>rd</sup> Tues, 7pm, The Crow Community Center, 211 Richview Rd

**Oct 6-7** (Sat-Sun) Backpack trip on the South Rim trail in the Savage Gulf State Natural Area. We will be hiking from Savage Gulf to Sawmill Campground, spend the night, and then on to Collins Gulf. Mileage covered over the 2 days is about 12½ miles. For additional information and to register, call Bill Hamilton: 931-920-2760.

**Oct 13** Cave-In-Rock State Park & Garden of the Gods, Shawnee National Forest. Harrisburg, IL. It's an adventure day. First, we'll take the ferry across the Ohio River, then make a short stop at the Cave-In-Rock. Then, it's on to Garden of the Gods where we'll see a lot of unique sandstone formations. The hiking is easy and only 4 miles. This area is not as far away as you think! For additional information, call Sandi Hamilton: 931-920-2760.

**Oct 16** **MONTHLY MEETING.** Come learn hiker safety tips, hear about past and upcoming hiking trips, meet/greet members/friends and see a fun-filled program presentation from a like-minded outdoor enthusiast. Lots in store!

**Oct 20** Buggytop Trail, Carter State Natural Area. Sewanee, TN. The 2-mile Buggytop trail leads to the entrance to Lost Cove Cave, "the most impressive cave opening in the state." The total hike length is 4 miles and the terrain is rated moderate due to some rocky areas. For additional information, call Jack Bastin: 931-645-2849.

**Oct 27** **ANNUAL BONFIRE & POTLUCK.** It's the perfect time of year for a bonfire, crisp evening temps, socializing and good food. Bring a covered dish, and show off your great cooking skills. We'll meet at the Rotary Park Amphitheater in Clarksville. For meeting time and additional information, call Wanda (Cumberland) McClusky: 931-906-3338.

## COLUMBIA CHAPTER

### CHAPTER OFFICER:

Todd Horton 615-302-3336 [todd1966@aol.com](mailto:todd1966@aol.com)

**MEETING:** Oct 27, see announcement below.

**Oct 27 FALL MEETING, PICNIC and HIKE.** We'll meet 11:30am CDT at the Knob Creek Shelter in the Chickasaw Trace County Park (north of Columbia on Route 7). We'll have a brief business meeting, conducting officer elections and planning for hikes in the coming months. Please bring a covered dish to share (drinks and tableware will be provided by the chapter). Afterward, we'll go on a short hike. If you need additional information or directions, call Todd Horton: 615-302-3336 or, email him: [todd1966@aol.com](mailto:todd1966@aol.com)

**Oct 28** Halloween Hike at Old Stone Fort! We'll join the Murfreesboro and Nashville chapters for an easy to moderate hike at historic Old Stone Fort in Manchester. We'll hike around the perimeter walls and venture into the moat and backbone area for a total of approximately 4 miles. To celebrate Halloween, prizes will be given for the best costumes (seriously!), but please don't come dressed as a deer - it is hunting season. Everyone should be dressed as a hiker from the ankles down. Bring lunch and water. Children are more than welcome, but there are steep bluffs and deep water so parental supervision is a must. To obtain meeting time, location and to register, call Todd Horton: 615-302-3336 or, email him: [todd1966@aol.com](mailto:todd1966@aol.com) Please note - Daylight Savings Time ends at 2am this morning, please set your clocks BACK one hour before retiring on Sat night, or it will be a lonely 1 hour wait at our meeting location.

### HIKE REPORT:

On Aug 26, eight people enjoyed the sunshine on the Duck River float outing.

On Sep 9, nine people enjoyed the views of Sheep Cave, Big Laurel Falls and Virgin Falls while hiking through this Bowater Pocket Wilderness area.

## WHO IS . . . LEAVE NO TRACE?

### What? SACRED SEVEN PRINCIPLES?

- 1 Plan Ahead and Prepare.
- 2 Travel and Camp on Durable Surfaces.
- 3 Dispose of Waste Properly.
- 4 Leave What You Find.
- 5 Minimize Campfire Impacts.
- 6 Respect Wildlife.
- 7 Be Considerate of Other Visitors.

What is LNT'S mission? How can you help?

Get answers to these questions, and more, from the Subaru-Leave No Trace Traveling Trainers when they roll into REI, Brentwood store, on Tuesday, October 2. The LNT Trainers will be in the store throughout the day to answer questions however, a formal presentation of the Seven Sacred Principals is planned for 7pm CDT.

## COVE LAKE CHAPTER

### CHAPTER OFFICER:

Siler McCarty 423-566-1291 [webmaster@tnrlca.org](mailto:webmaster@tnrlca.org)

**Oct 20** Cumberland Trail, Grassy Cove segment (Black Mountain). Crossville, TN. We will be joining the Plateau chapter members on this hike. This is a great opportunity to meet other members that we don't get to see or hike with very often. There are beautiful vistas and rock formations, which should be especially pretty with the fall colors. Bring lunch and water. This is a one-way hike and requires a car shuttle. Our hike is 3.7 miles downhill and rated easy to moderate. Everyone is required to register so we can plan accordingly for the car drop. We will meet 8am EDT behind Eagle Market in Jacksboro. One-way driving time is 2 hours. For directions to the trailhead and to register, call Faith Dippold: 423-566-8026. If you want to camp on Fri night, there is a designated campsite (with a spring for water) at the trailhead. There are also huge, unique rock formations all around. Anyone camping or driving directly to the hike needs to meet us at the trailhead at the top of Black Mtn at 11am.

## EAST TN CHAPTER

(Oak Ridge / Knoxville)

### CHAPTER OFFICER:

Keith Mertz 865-376-4827 [keithmertz@hotmail.com](mailto:keithmertz@hotmail.com)

**Oct 6** Hooper Bald to Huckleberry Knob (Cherochala Skyway). Beginning at the Hooper Bald parking area, this easy section of trail meanders through a second growth forest that has slowly taken over the edges of Hooper Bald before it exits the woods and comes out onto the bald, after walking only ½ mile. This bald was one of the original spots where lodges were built for hunting Russian wild boar, imported bear, and Red deer. We will proceed over the bald and after walking through high grass, with blueberry bushes and thornless blackberries, we will come to the Cherochala Skyway, which we will walk along for ¼ mile before beginning our hike out to Huckleberry Knob. The trail to Huckleberry Knob has gradually become overgrown with thornless blackberries over the past 2 years. At one time the trail was wide enough to drive a car on. In some areas it is only wide enough for a single row of hikers. After about 2 miles we break out onto Huckleberry Knob, with magnificent 360-degree vistas (provided the weather cooperates). We will also pay our last respects to Andy Sherman, whose grave, marked by a 6 ft cross, is situated near the top of the knob. We will meet 9am EDT on the north (Penny's) side of Foothills Mall in Maryville, along the outer perimeter of the parking lot. Bring lunch, water, and wear appropriate clothing as this hike starts at 5204-ft elevation and never gets below 5000 ft. For additional information and to register, call Keith Mertz: 865-376-4827 or, email him: [keithmertz@hotmail.com](mailto:keithmertz@hotmail.com)

**Oct 20** South Fork Citico trail, Cherokee National Forest, just off Cherochala Skyway. This hike will require a car shuttle but should be relatively easy, even at 10 miles, because we'll park at the top and hike down to our cars. Leaves should be at their peak, especially at the upper elevations of this hike. Bring lunch, water, and dress appropriately for the weather as this hike starts at about 4500 ft elevation and ends at 1800 ft. Meet at 8:30am EDT at Bimbo's fireworks at the I-75 South Exit (Lenoir City). For additional information or to register, call Harold Draper: 865-689-7757 or, email him: [h.m.draper@att.net](mailto:h.m.draper@att.net)

## MEMPHIS CHAPTER

### OFFICER:

Frederick Belton 901-327-3674  
fbelton@hotmail.com

### ELECTED BOARD REPRESENTATIVE:

Gloria Lenski 901-213-0604  
glorialenski@yahoo.com

**MEETS:** 3<sup>rd</sup> Thur 7pm, Germantown Library (Sept-May)

**Sep 29** Let's join the maze craze and get lose! The adventure begins with twists and turns in a corn maze about 15 minutes from downtown Memphis. We'll meet at 11am CDT at the Maize. Go west on I-40 towards Little Rock. Take exit 271 and go north on HWY 147. The maze is located 7/10 of a mile from the Interstate on the right. Admission \$6. When we find our way out of the maze, we will wait for all the lost maze-goers and meet for lunch. For more information, call Gloria Lenski: 901-213-0604. Also, check out: [www.cornfieldmaze.com](http://www.cornfieldmaze.com)

**Oct 6** Old Forest Trail, Overton Park. Midtown Memphis, TN. We have a new meeting location. We are now meeting at the parking lot at Rainbow Lake at 10am CDT. Don Richardson is our guide through this unique old growth forest, located in an urban area. Learn about the forest's history, identify big trees and wildflowers and observe firsthand the impact of natural and human forces on forests in an urban setting. The hike is 1½ miles and rated easy. Bring lunch and water. For information, call Carolyn Pierce: 901-755-5635.

**Oct 12-14** (Fri-Sun) Winding Stairs, Albert Pike Recreational Area, Ouachita National Forest. Glenwood, AR. Join us for a weekend hike in the Ouachita National Forest. On Sat, we will hike the Winding Stairs trail, a section of the Little Missouri River known as one of the most scenic hiking trails in Arkansas. This is a 5-mile trail rated moderate and passes cascading waterfalls and fall wildflowers. On Sun, we will do a short hike before returning to Memphis. **Directions:** Take Exit 21 off Interstate 55 onto Highway 42 east. Go 1½ miles to the park. For additional information and lodging concerns, call Norma McMinn: 901-785-1479 or, Kathleen Griffin: 901-767-0529.

**Oct 18** **MONTHLY MEETING:** Memphis native and graduate from the University of Memphis, Glinda Watts, has a Bachelors degree in Psychology and is our guest this evening. Glinda's program focuses on local herbs and their medicinal uses. Glinda first began her herbal musings as a child growing up in a city environment and spending weekends on her grandparent's farm in Germantown. As an adult, Glinda began her herbal education in earnest, in 1988, when she began to work as herbalist at Squash Blossom Market. Glinda studied with Rosemary Gladstar and earned a certificate of completion in the Art and Science of Herbology in 1995, and in 1999, she went to Bisbee AZ to study with Michael Moore at the Southwest School of Botanical Medicine, where she received a degree of Certified Clinical Herbalist. Glinda has been lecturing about botanical medicine in the Memphis area since 1990, and regularly leads plant walks in the surrounding woodland areas.

**Nov 3** Meeman-Shelby Forest State Park Trail Work. Millington, TN. Each year we gather to do light trail work in this local park. Wear gloves and clothes you don't mind getting dirty and bring any trail maintenance tools such as clippers, saws, shovels, fire rakes, etc. Bring lunch and water. We are meeting at 9am CST at the park's visitor center. For information and to volunteer, call Ken Novak: 901-377-9127.

## MURFREESBORO CHAPTER

### CHAPTER OFFICER:

Fount Bertram 615-765-5357  
fwbertram@hotmail.com

### HIKE COORDINATOR: Brent Morris

(Call Brent & volunteer to lead a hike) 931-728-8191

**MEETS:** 2<sup>nd</sup> Tues, 7pm, Wilderness Station @  
Barfield-Crescent Park, 697 Barfield Rd.

**Oct 6** Caney Fork River pastoral float trip. Our plan is to go 7 miles on the Caney Fork, provided the river's generator release times don't conflict. If so, we'll just move our float (also 7 miles) to the Stones River East Fork. (Please consult a state map.) The Caney Fork trip will start at Center Hill dam, which is off I-40 between the Lebanon and Smithville exits. If we need to move to Stones River, it is located 5 miles east of Murfreesboro, on US 96. **YOU MUST REGISTER BY FRI OCT 5.** Call Heloise Shilstat: 615-896-6278(h), 615-254-5461(w) or, email her: [heloisew@bellsouth.net](mailto:heloisew@bellsouth.net)

**Oct 6** The 10<sup>th</sup> Annual Great Pumpkin Festival, Parade and Weigh-off. Allardt, TN. We had so much fun last year, we're doing it again. Several members participated in (and won) contests (you can too!): the Pumpkin Festival Fun Run and Walk, Costume Contest (for the kids!) and Pumpkin Cook-off (a few dollars will buy you a taste of all the entries). In addition, you can shop the locally made arts/crafts booths, food vendors, and witness the World Pumpkin Federation Weigh-off (last year's pumpkin weighed in at 755 pounds). There is a \$100,000 prize for the first pumpkin that weighs 1,000 pounds. (Could happen this year.) A highlight for all; the PARADE (and CANDY, tossed from the "floats") !!! Again, we're going to have a float entered in the parade. We need volunteers, and everyone is welcome to help decorate, walk along side of the float, and toss candy to the kids (small & big). We're planning on making a weekend of this by camping at Pickett State Park on Friday and Saturday nights. For additional information and to volunteer, call Fount Bertram: 615-765-5357 or, email him: [fwbertram@hotmail.com](mailto:fwbertram@hotmail.com)

For a listing of the Festival's events and times, visit their website: <http://members.aol.com/TNpumpkin/events.html>

**Oct 9** **MONTHLY MEETING:** Come learn hiker safety tips, hear about past and upcoming hiking trips, meet/greet members/friends and see a fun-filled program presentation from a like-minded outdoor enthusiast. Lots in store! See you 7pm, Wilderness Station at Barfield-Crescent Park. Come an hour early and hike the 2½-mile trail built by our chapter!

**Oct 13** Cumberland Trail, Tennessee River Gorge segment. Mike Harvey will lead a hike on the Cumberland Trail, starting at Signal Point and ending at Suck Creek. This is one of the most scenic segments of the CT. For additional information, meeting time and location, call Mike Harvey: 615-893-9594. (cont. on pg. 8)

THE CUMBERLAND TRAIL LAND ACQUISITION CAMPAIGN IS CURRENTLY UNDERWAY. DONATIONS MADE WILL HELP TO SECURE THE LAND NEEDED TO COMPLETE THIS "TRAIL OF DREAMS."

(Additional information is on pg. 12)

## MURFREESBORO

(cont from pg. 7)

**Oct 27** Blue Heron Mine Excursion & Stearns Railroad, Big South Fork NRRRA. Stearns, KY. Join us for this very scenic and informative outing. We'll ride the Stearns Railroad Line from Stearns, KY, to the Blue Heron Mine National Park. The ride there and back on the open coach train is a treat by itself. The tour of the restored coal mining town is a look at the way things were "way back then." For more information and to register, call Fount Bertram: 615-765-5357 or, email him: [fwbertram@hotmail.com](mailto:fwbertram@hotmail.com)

**Oct 28** Halloween Hike at Old Stone Fort! We'll join the Columbia and Nashville chapters for an easy to moderate hike at historic Old Stone Fort in Manchester. We'll hike around the perimeter walls and venture into the moat and backbone area for a total of approximately 4 miles. To celebrate Halloween, prizes will be given for the best costumes (seriously!), but please don't come dressed as a deer - it is hunting season. Everyone should be dressed as a hiker from the ankles down. Bring lunch and water. Children are more than welcome, but there are steep bluffs and deep water so parental supervision is a must. To obtain meeting time, location and to register, call Fount Bertram: 615-765-5357 or, email him: [fwbertram@hotmail.com](mailto:fwbertram@hotmail.com) Please note - Daylight Savings Time ends at 2am this morning, please set your clocks BACK one hour before retiring on Sat night, or it will be a lonely 1 hour wait at our meeting location.

### HIKE REPORT:

On Sep 1, Heloise Shilstat led seven people on this great moonlight hike. We started our trip (up) at dusk. After we ate our "supper," the moon appeared! It was gorgeous, especially through binoculars. On the way down, we encountered the Knoxville Sierra club going up. There was a mob of them! They had seen two Copperheads. We probably looked like the seven dwarfs with our headlamps and flashlights.

10TH ANNUAL  
GREAT PUMPKIN FESTIVAL,  
WEIGH-OFF AND PARADE  
ALLARDT, TN  
OCTOBER 6



On Saturday, October 6, all TTA members are invited to attend the 10<sup>th</sup> Annual Great Pumpkin Festival, Weigh-off and Parade in Allardt, TN.

We did this last year, and it was so much fun, we're doing it again. You won't want to miss this either!

Fount Bertram, Murfreesboro's Chapter Officer, is organizing a TTA float for the parade and needs volunteers to help. In addition, there are plans for us to camp as a group, close to Allardt, at Pickett State Park.

Additional information is located in Murfreesboro's announcement column, on page 7.

## NASHVILLE CHAPTER

### CHAPTER OFFICER:

Dan Brennan 615-837-4324 [osrwodan@aol.com](mailto:osrwodan@aol.com)

**HIKE COORDINATOR:** (Call Elizabeth & volunteer to lead a hike)

Elizabeth Gerlock 615-356-6260

**MEETS:** 4<sup>th</sup> Tues, 7pm. **NEW LOCATION !!!**

**St. Bernard Academy, 2021 21<sup>st</sup> Ave South**

### HIKING HOTLINE: 615-367-7045

**Oct 4** (Thu) Hike 'n' Dine. The shortest hike ever! 0-mileage. We'll hike from our car to the front door of Tabouli restaurant, Mediterranean-style cuisine, at 2015 Belmont Blvd (386-0106) at 7pm CDT. Dress in casual attire and bring money to pay for your meal. No registration required. For additional information, call Paul Smith: 615-832-9388 or, email him: [paolov@bellsouth.net](mailto:paolov@bellsouth.net)

**Oct 6** Hidden Lakes Fall Hike, West Nashville/Bellevue, TN. This is 100 beautiful acres of undeveloped state park property just waiting to be explored. Park Ranger Billy Bilbrey, and Folklorist Art Ashbury, will be on hand to lead the way. (Art, by the way, was instrumental in protecting this property from developers.) The two "hidden" lakes, set in bowls of limestone have been quarried and form high bluffs adjacent to the Harpeth River. The area is unique and offers several scenic vistas. This 2-3 mile hike is relatively easy with a little rock scrambling thrown in. Take a peak at what promises to be a stellar park for future generations. Bring water and lunch. We will meet at 9am CDT on McCrory Lane. **DIRECTIONS:** Heading west on I-40 (Memphis), take Exit 192 onto McCrory Lane (it's the next exit past Bellevue Mall), then turn right (north toward Pegram). As soon as you cross over the Harpeth River bridge you will see Asplundh Tree Office on the right and an open gate to a field on your left, pull into the gate and park. The hike is a leisurely 2-3 hour walk. For additional information, call Stephen Fuson: 615-662-3704(h) or 615-747-3956(w).

**Oct 7** Volunteer & Day Loop Trails, Long Hunter State Park. Hermitage, TN. Our goal is to hike to the campsite area at the end of the Volunteer trail, using both the Day Loop and Volunteer trails. The total distance will be 10 miles. There is an option for those wishing a shorter hike (total mileage = 4.1) by turning back at the 2<sup>nd</sup> Day Loop & Volunteer trail junction. The terrain is fairly easy, however it's still 10 miles. Most of the trail follows the Percy Priest Lake shoreline and there will be a lot of opportunities to look out over the lake from the limestone bluffs we pass along the way. Bring water, snacks, lunch and \$3 (per carload, day-use fee) or annual day-use park pass, if you have one. We'll meet 9am CDT at the trailhead, which is ¾ of mile north of the Long Hunter SP entrance on Hobson Pike (TN 171). Hobson Pike can be reached by taking Exit 226 off of I-40 or Exit 62 off of I-24. Registration is requested and if you need additional information, call Jim or Marietta Poteet: 615-824-7666.

**Oct 13** Roan Mountain State Park. Roan Mountain, TN. We've been invited by Charlie and Jennifer Hann to explore the area surrounding their new home in the Roan Mountain area. Charlie and Jennifer recently retired and have made this area in Upper East Tennessee their home. The plan is to hike 5-7 miles on trails rated moderate to strenuous in this beautiful area. It's a long drive to the Roan Mountain area so you may want to make plans, early, to stay in the area either Friday or Saturday evening. To register and obtain information about the hike, get directions and a listing of the area accommodations, call Charlie or Jennifer Hann: 423-913-2781

(cont. on pg. 9)



# NASHVILLE

(cont. from pg. 8)

**Oct 13** Bearwaller Gap Trail. Carthage, TN. Paul Smith, member of TTA and the Nashville Ski club is getting us together for fun, conversation and camaraderie on this 6-mile hike, rated moderate for the several rolling hills we will climb. This is Corps of Engineers property where the trail follows the shoreline of the Cumberland River and provides many overlooks of Cordell Hull Lake. Bring snacks, lunch and water. This is a one-way hike and will require a car shuttle. We're meeting at 8am CDT at Kinko's/K-Mart parking lot on Donelson Pike, exit 216-C off I-40. For additional information and to register, call Paul Smith: 615-832-9388 or, email him: [paolov@bellsouth.net](mailto:paolov@bellsouth.net)

**Oct 14** Harpeth Woods, Connector and Mossy Ridge Trails Aerobic Hike, Warner Park. Nashville, TN. This is one of those fast-paced SUNRISE hikes that'll leave you with plenty of time in your day to plan for other activities. The trail is 9 miles and rated moderate due to the speed (~2½-3 miles/hr.) at which we will walk. (There is a jump-off option, after the first 2½ miles, for those wanting a shorter sunrise hike.) Yes, we will still see the autumn colors, they will not be a blur. Wear boots that provide ankle support, bring snacks and water, and eat a hardy breakfast before arriving. We'll meet 6:30am CDT and be finished by 11am. To register and obtain meeting location, call Diane Manas: 615-352-7777.

**Oct 14** Trees and Architecture of Vanderbilt University, An Insider's View. Nashville, TN. Mary Beth Gardiner is the insider here, and an employee of Vanderbilt University. Come see some great, lesser-known, architectural features while walking through this "official arboretum." (Status designated in 1988.) Set aside at least 2-3 hours so we can stroll slowly through the beautiful architecture of the buildings as well as taking the time to identify the trees in the area. If Mother Nature cooperates, we should see a lot of fall color. Afterward, we will find a place close by to lunch (bring \$\$\$). Meet 9:30am CDT at San Antonio Taco Co. on 21<sup>st</sup> Avenue. For information and to register, call Mary Beth Gardiner: 615-463-2932.

**Oct 19-21** (Fri-Sun) Joyce Kilmer Memorial Forest Dayhike & Carcamp Weekend. Robbinsville, NC. Imagine warm day-time temps, hiking under a canopy of leaves in brilliant shades of red, yellow and orange, then camping under trees filtering out the light of the moon and stars, and waking to crisp autumn temps the next morning. Are you packed yet? Richard Horvath has led us on several outings in the Joyce Kilmer Memorial Forest. Each time the scenery is spectacular. Richard has reserved site #4 at the Rattler Ford Group Campground for tent camping (flush toilets and hot showers!) on both Fri and Sat nights. Everyone is responsible for his/her own camping equipment, food and transportation to the camp/hikes. To reserve your space in the Group Camp, a \$5 deposit is required by Tuesday Oct 16. Call Richard Horvath to reserve your space in the group camp as well as on the hikes, at 270-586-0178.

**On Sat:** Hike the Hangover. This is a 10-mile loop hike along the Haeo Lead to the Hangover, where there is 360-degree view of the Unicoi Mountains, Smokies Crest and the Little Tennessee River Valley. We will loop back via the Deep Creek Trail. This hike is strenuous with an 1800-ft elevation gain. We will meet at the Rattler Ford Campground at 7:30am CDT (8:30 EDT) for a short shuttle to the trailhead.

**On Sun:** Slickrock Creek. We will hike a loop up the Slickrock Creek Trail and Nichols Cove Trail returning via the Yellowhammer Gap and Ike Branch Trails. This will be an 11-mile hike with moderate elevation gains. However, Slickrock Creek will be forded 4 times (that's sans bridges, folks), so be prepared for knee-deep water. We will meet at the Slickrock Creek trailhead in Tapoco (at the US-129 bridge over Calderwood Lake) at 8am CDT (9am EDT).

If these hikes are more than you care to undertake, there are other, shorter hikes in the area:

- The 2-mile Joyce Kilmer Memorial Forest Loop, which runs through one of the few stands of uncut poplars and hemlocks in the eastern U.S.
- There is an easy 1-mile walk to Hooper Bald off the Cherokee Skyway.
- Also off the Skyway is the 2.6-mile hike to and from Falls Branch Falls.
- The Bald River Trail, starting at Bald River Falls near Tellico Plains, TN, offers a pleasant, streamside walk for up to 5 miles.

**Oct 20-21** (Sat-Sun) Backpack on the Lower Loop trail, Fall Creek Falls State Park. Pikeville, TN. The leaves should be turning for us during this overnight backpacking trip in one of Tennessee's most popular state parks. We will cover a total of 13 miles over the 2 days. The majority of the terrain can be rated as easy to moderate. There is one section, about 3½ miles in, that drops 800 feet into a gorge and comes back up in the space of about 1½ miles, and this section is rated moderate to difficult. On the first day we'll backpack approximately 5 miles, while the second day covers 8 miles. To obtain information and register, call Kent Kersten: 615-834-4929(h), 615-742-1490(w), or email Kent: [kent@kblab.net](mailto:kent@kblab.net)

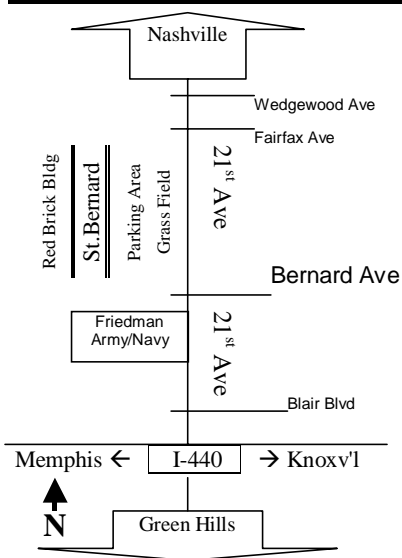
**Oct 23** **MONTHLY MEETING, IN OUR NEW LOCATION !!!** We outgrew the meeting facilities at Radnor Lake State Natural Area many months ago. During our Aug 28 meeting, members voted to move to a larger facility that was to become effective Jan 2002. Due to a recent change, where Radnor Lake SNA is closed on Mon & Tue of each week, it was decided we move to our new facility ASAP. We will meet in the "Nature Conservancy Conference Room" in the St. Bernard Academy building at 2021 21st Ave South. The St. Bernard Academy building is ½ mile north of the I-440 & 21<sup>st</sup> Ave intersection, and less than ½ mile south of the Hillsboro Village / Vanderbilt University area (Wedgewood Ave & 21<sup>st</sup> Ave South). See map on page 10. See you at 7pm. Our guests this evening . . . For your hiking and backpacking pleasure over the winter months, we present Bryan Dodge and Ken Hess of Blue Ridge Mountain Sports. The guys will display and demonstrate the latest in sleeping bags, tents, packs and accessories, with the accent on cool gadgetry! What's the warmest, the driest and the most fun to play with? Find out! Bring a friend and your curiosity!

(More Hikes Scheduled, see pg. 10)

~~~~~  
Don't Forget !!!
Annual Meeting Reservation Forms
Due October 15



(The Reservation Form can be found on pg 3)



**STARTING WITH THE
9/25 MEETING ...**

NEW !!!

**NASHVILLE CHAPTER
MEETING LOCATION**

**ST. BERNARD
ACADEMY
2021 21ST AVE S.**

**½ MILE NORTH OF
I-440 / 21ST AVE
INTERSECTION**

Oct 27 Observe/bemoan the end of Daylight Saving Time with a canoe float on the Harpeth. We'll put in at the HWY 70 bridge at Shacklett and ease on down to pull out behind the Narrows. With enough sign-ups, we'll get a group discount, register by Thur, Oct 25, by calling Dave Walton: 615-646-5355.

Oct 27 Newcomers Hike on Edwin Warner Park hiking trails, Warner Park, Nashville, TN. We will hike the Harpeth Woods, Owl Hollow, Little Acorn, and Hungry Hawk trails for a total of about 3½ miles. We will follow in the footsteps of the pioneers as we hike a part of the original Natchez Trace trail, see giant beech and oak trees in full fall color, and check out a wildlife observation platform. Tennis shoes are OK, but hiking boots are better. The park has rated these trails moderate. Following the hike, we will go to the Corner Market for lunch. We will meet at 9:30am CDT in the parking area of the Warner Park Nature Center. The Nature Center is on HWY 100, between the two Old Hickory Blvd intersections, west of Belle Meade and east of Bellevue. For additional information and to register, call Libby Francis: 615-889-5718.

Oct 28 Big Frog Wilderness, Cherokee National Forest, Ocoee, TN. These will be new trails for the hike leader. Come along on this exploratory hike and bring your adventuresome spirit for this all day outing. The scenery can vary greatly depending on where the leaves are in their life cycle. We could see beautiful fall color or if the leaves have fallen, we will be rewarded with views. Many of the trails, according to the book, are rated moderate to difficult and are mostly determined by the amount of elevation gained/lost. Mileage is yet to be determined. If we hike to/from Big Frog on the Big Frog trail, the round-trip distance is 11 miles and rated moderate. The elevation gain/loss is 2000 ft. For additional information, and to obtain meeting time and location, and to register, call Dan Brennan: 615-837-4324.

Oct 28 Halloween Hike at Old Stone Fort! We'll join the Columbia and Murfreesboro chapters for an easy to moderate hike at historic Old Stone Fort in Manchester. We'll hike around the perimeter walls and venture into the moat and backbone area for a total of approximately 4 miles. To celebrate Halloween, prizes will be given for the best costumes (seriously!), but please don't come dressed as a deer - it is hunting season. Everyone should be dressed as a hiker from the ankles down. Bring lunch and water. Children are more than welcome, but there are steep bluffs and deep water so parental supervision is a must. Meet 8:00 am CDT (SHARP!) at Bell Road Target off I-24. Questions? Call Anne Wesley at 615-851-1052. Please note - Daylight Savings Time ends at 2am in the morning. Please set your clocks BACK one hour before retiring on Sat night, or it will be a lonely 1 hour wait at the parking lot.

CHAPTER OFFICERS:

Jim Clark 731-587-7369 / 2225 jclark@utm.edu
Joe Seago 731-588-5836 joeseago@backpacker.com

MEETS: 2nd Thur, 7pm, UT Martin Campus, Boling University Center, Room 231

website: www.utm.edu/~jclark/trails/

Oct 11 **MONTHLY MEETING.** Starts 7pm.
Oct 18-19 (Thu-Fri) A.T. Backpack. Roan Mountain, TN. Chris Fox is leading this 2-day backpack over the same period UT Martin students get their Fall Break. (Oct 20, below, is also part of this weekend, however just as a day hike.) Chris has also invited the members of the Tennessee Eastman Hiking and Canoeing Club (TEHCC) to join us, so expect to meet some new folks over the weekend. This 2-day backpack will cover a 13.4 mile section of the A.T. from "Carver's Gap" to "19E." This is a spectacular 13-mile section of the A.T. (just north of Roan Mtn.) that traverses over several "balds," at an elevation that makes you feel as if you are on top of the world, 360-degree views of the land and forests below. This backpack's rating should be considered moderate, and in some areas as strenuous. Even with the low mileage days (4.7 miles on Day 1 and 8.7 on Day 2), the first mile on Day 1 is the toughest (strenuous) mile of the day. While the toughest (strenuous) sections on Day 2 occur over the first 3½ miles. You will not need a tent for this backpack because we'll camp at the "Overmountain" shelter, which is a huge old barn converted into a shelter. The view of the Roaring Creek Valley from the picnic table at the shelter makes it well worth the walk. Everyone will be responsible for his/her own gear, food and transportation (we can talk about carpooling). We will meet on Thu Oct 18 at 9am EDT in the parking area of "Carvers Gap" (state line at TN HWY 143/ NC HWY 261) a few miles south of the HWY 143 entrance to Roan Mtn State Park. For additional information and to reserve your spot, call Chris Fox: 731-586-4744, or email him: towndawg@hotmail.com

Oct 20 A.T. Day Hike. Roan Mountain, TN. This is Day 3 of a long weekend planned by Chris Fox (Days 1 & 2 are a backpack and described above). We have invited the TEHCC members to join us, so expect to meet some new folks on this hike. This is an 8.1-mile day-hike on the A. T. from "Iron Mtn Gap" to "Hughes Gap" just slightly west of Roan Mtn State Park. A remote and little used low elevation hike that provides excellent views of two of the highest East Tennessee Mountains (Iron Mtn and Roan Mtn). Wear sturdy hiking boots and bring snacks, lunch and water. We'll break for lunch at the Clyde Smith Shelter. Plan to meet at 9am EDT just west of the NC State line. For exact meeting location, additional information and to reserve your spot, call Chris Fox: 731-586-4744, or email him: towndawg@hotmail.com

Oct 27 River to River Trail, Ferne Clyffe State Park, Goreville, IL. Our tentative plan is to hike an 8-mile segment of the River to River trail through Ferne Clyffe State Park. (This is a one-way hike and will require a shuttle.) This park has rock formations more reminiscent of the Cumberland Plateau, dense woods and babbling streams. Indeed one of the large limestone bluffs here reminds one of the Alum Cave Bluffs in the Great Smoky Mtn NP. This park is also quite close, closer than Montgomery Bell, to us West Tennesseans. For additional information and to register, call Jim Clark: 731) 587-2225 or, email him at: jclark@utm.edu

(cont. on pg. 11)

NORTHWEST / U.T. Martin (cont. from pg. 10)

TRIP REPORT:

I don't know when I first heard of the Ghost River Section of the Wolf River, but when I did, I knew I had to float it! Thus when Joe Seago arranged for Larry Smith, Director of the Wolf River Conservancy, to give a presentation to the local chapter of TTA and to lead us on a float trip down the Wolf from LaGrange to Bateman Bridge, I knew we were in for an adventure.

Our arrangements, on April 28, were to meet Larry at the Bateman Bridge at 9am. We quickly set up a shuttle and put in near LaGrange. Here the river appears like a real river. There is a current, and it is relatively broad, perhaps 20-30 feet wide. This would change quickly.

This was a learning experience for us all. Larry would have us pull the canoes aside and tell us of the history of the river, and the acquiring of the Beasley property to protect it. Sometimes he would jump out of his canoe to move logs and help us over low water points. Mind you, this is not a pristine mountain stream! The water is the color of chocolate milk. When one of us suggested that we would not want to risk clogging a water filter with water from the Wolf, Larry said, "There's nothing in it. I drink from it all the time!" Wisteria draped from many of the trees. (When hiking we're always careful to avoid the poison ivy, here we had to make sure we didn't brush up against the poison ivy clad stumps!) In addition to the numerous herons, there was a snake or two.

We stopped for lunch after having been guided between a row of cypress knees to a sheltered spot away from the main current. At this time, the river was becoming increasingly more difficult to make out, as there were side channels and ways to meander all over the place. Blazes on the trees pointed the way. During lunch, Michelle, Joe Coulombe's friend asked, "So why is this called the Ghost River?" To which Larry replied, "In about 1/2 hour, you'll see why."

True to his word, after we got back on the river, we suddenly came to a dead end and a sharp left turn. At this point the river had no perceptible current as it flowed through an endless number of cypress knees. Those ahead and behind could hear others as they bumped into trees along the canoe trail, making the river possible to follow. Frequently, there were stretches of wide swamp with lily pads and open sky. This is the part of the river where Larry had said some folks had spent the night (not by design) because they neglected to follow his advice "not to get ahead." I suppose the bank was there somewhere, but from where we were, there was no discernible shore.

Then as the current began to pick up, we began to encounter a few boats from people coming up from the put-in at Bateman Bridge. Indeed, just before we got there, there were again noticeable ripples in the water and one did not have to paddle quite so much.

Our time spent on the water was approximately 6 hours. Some of us spent some time in the water also! Clear blue skies, 88-degrees. I think most us slept well that night!

In reflecting on our adventure, I asked one of the experienced paddlers on the trip whether he was ready to lead a trip down the Wolf on his own. "Maybe after one more time down it, I could find my way," he replied. Personally, the way to do this trip is with an expert from the Wolf River Conservancy.

Thanks, Larry.

Participants: Michelle and Joe (Coulombe), Andy Wright, Joe Seago, Laura Brown, Vivian Norwood, Gaven Meadows, Hao Nguyen, Jim and Anna Clark, Debbie and Chris Fox, Gil and Kathleen (Memphis Chapter of TTA) and, of course, Larry Smith. The Wolf River Conservancy has a web site: www.wolfriver.org Pictures from the above trip can be viewed: www.utm.edu/~jclark/trails/wolf.html

PLATEAU CHAPTER (Crossville)

CHAPTER OFFICER:

Vicki Perdue

931-528-9091

MEETS: 3rd Thurs, 7pm, Crossville Housing Authority

There is an informal, leaderless hike every Wednesday morning at 8:30am CDT (CST effective 10/28). Meet at the boat launch area of the Cumberland Mtn State Park. The hikes are moderately paced and may average 5-6 miles. For information, call Bill Haynes: 931-707-7606. Rain cancels.

Oct 13 Cumberland Trail, Obed Wild & Scenic River segment (Nemo Bridge to BreakAway Bluff). Wartburg, TN. Bill Haynes will lead us along this scenic portion of the CT. We'll walk along the bluff tops, then descend into the Obed River gorge. The hike is 9 miles and rated moderate. Bring lunch and water. We will meet at 8am CDT in the back parking area of the Cracker Barrel restaurant at the I-40 exit in Crossville. For additional information, call Bill Haynes 931-707-7606.

Oct 18 **ANNUAL MEETING PLANNING MEETING.** In lieu of our monthly meeting, we will gather to finalize the last of the details to the upcoming TTA Annual Meeting we're hosting. VOLUNTEERS - WE NEED YOU! Your help in making this a memorable and fun-filled weekend is greatly appreciated. See you at 7pm CDT, Crossville Housing Authority.

Oct 20 Cumberland Trail, Grassy Cove segment (Black Mountain). Crossville, TN. We will be joined by members from the Cove Lake chapter. This is a good opportunity to meet and hike with people we don't get to see very often. This is also an excellent hike for "newcomers" to the area and hiking. In addition to the spectacular scenery in the Grassy Cove area, the hike distance is 3 1/2 miles on terrain rated as easy to moderate. This is a one-way hike and requires a car shuttle. We will meet 8am CDT at the Cumberland Mtn State Park visitor center. For additional information, call Arleen Scheller: 931-707-8333.

Oct 27 Cumberland Trail, TN River Gorge segment (Signal Point to Hwy. 27). Signal Mtn, TN. Join us on the Cumberland Trail where you will be rewarded with beautiful fall colors in the Tennessee River Gorge, not to mention spectacular suspension bridges! The hike is 8 miles and the terrain rated moderate. Bring lunch and water. Meet 8am CDT at the Cumberland Mtn State Park visitor center. For additional information, call Terry or Pam Brophy: 931-707-7234.

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICERS:

Helen Angelmier 931-858-5947 helena@cookeville.com

Sue Bass 931-528-1386 take-a-hike@onemain.com

Oct 6 Mystery Hike, location TBA. This "mystery" hike is open to everyone new to hiking (and to those of us who haven't hiked this summer). You can expect the hike length to be short and the terrain to be relatively easy. Wear hiking boots and bring water, lunch or snack. You can meet us to carpool from one of the two following locations: Penney's in Cookeville at 8:30am CDT or, the bank (across from McDonald's) on HWY 111 in Sparta at 9am. For additional information and to register for this fun hike, call Helen Anglemier: 931-858-5947 or, by email: helena@cookeville.com

CUMBERLAND TRAIL CONFERENCE

CUMBERLAND TRAIL CONFERENCE CONTACTS:

Executive Director..... Rob Weber robweber@usit.net
Resource Manager Arleen Scheller scheller@usit.net
Program Coordinator Tanya Pile..... tmeachen@onemain.com
Office Manager Susan Weber..... sweber1@usit.net

Office Location	19 East 4 th Street Crossville, TN 38555
Office Hours	8am-5pm
Phone:	931-456-6259
Fax:	931-456-4934
Email:	cumberlandtrail@rocketmail.com
Website:	www.cumberlandtrail.org

Pathways for People...People for Nature

A LAND ACQUISITION CAMPAIGN

FOR THE CUMBERLAND TRAIL STATE PARK

The *Pathways for People...People for Nature* land acquisition campaign by the Cumberland Trail Conference/Tennessee Trails Association is in full swing.

WE NEED YOUR HELP!

We have a statewide fundraising goal of \$3 million in private donations to match \$3 million in public funding. All funds secured are for purchasing the land needed to complete the Cumberland Trail State Park.

Our goal is 100% participation from ALL TTA members. We will accept donations via cash or credit card, and offer pledges over a 3-year period. Gifts of property (e.g. stocks, bonds, securities, life insurance, real property) are also acceptable. TTA/CTC is a nonprofit organization - 501(c)(3).

CALL THE CTC OFFICE,
PLEDGE YOUR SUPPORT TODAY.

YOUR SUPPORT WILL HELP US COMPLETE THIS
"TRAIL OF DREAMS"!



Volunteer Outings on the Cumberland Trail

No Experience? On-site trail training is available.

Oct 5-7 BackCountry Outing, Frozen Head Segment. Join CTC volunteers as they head up to Coffin Springs (interesting name, huh?) to continue constructing the CT, which connects with Frozen Head's Old Boundary trail. We will meet early Friday morning at Frozen Head State Park's visitor center and will be shuttled to the top of the mountain. Participants are responsible for their own backpacking equipment (tent, camp mat, cook stove, mess kit, etc.), food, and water.

Oct 11-14 Fall BreakAway (Part I), Frozen Head Segment. CTC will be hosting college students, from all over the southeast, on this first of two four-day weekends of trail construction. This particular weekend focuses on the Frozen Head segment of the CT from Coffin Springs to the Old Boundary trail (see Oct 5-7 Outing). We will tent camp at Frozen Head State Park, restroom and shower facilities available. Many of the students attending have never worked on hiking trails before, therefore we need some experienced (non-experienced volunteers are definitely invited) trail builders to train and work along side of those unfamiliar with trail construction. Your help will also go along way toward making the students feel welcome. Show your support! Help build the CT while training future volunteers (college students have *high-energy* levels) about trail construction. Participants are responsible for their own camping equipment, food, and transportation.

Oct 18-21 Fall BreakAway (Part II), I-75 Corridor. This is the final of two four-day BreakAway weekends offered this fall. Again, we will be hosting college students from the southeast, however our focus is the I-75 Corridor Segment near Norris Dam State Park. We will tent camp at Norris Dam State Park, restroom and shower facilities are available. Couldn't make it the previous week? Again, many of the students attending have never worked on hiking trails before, therefore we need some experienced (non-experienced volunteers are definitely invited) trail builders to train and work along side of those unfamiliar with trail construction. Help make the students feel welcome by showing your support. Participants are responsible for their own camping equipment, food, and transportation.

Oct 26-28 BackCountry Outing, Smoky Mountain Segment. We will be putting the finishing touches on the natural pole bridges over Montgomery Creek and Spring Branch. Trail construction will continue to Greens Branch. Participants will be shuttled via 4WD to an area near Spring Branch. From here, we will hike a half-mile to our camp at the Montgomery Creek campsite. Participants are responsible for their own backpacking equipment (tent, camp mat, cook stove, mess kit, etc.), food, and water.

For more information and to volunteer, call Tanya Pile: 931-456-6259
or, email her: tmeachen@onemain.com

OFFICERS :

President
 Libby Francis 615-889-5718
 libbyslibbys@home.com

Vice-President
 Leigh Jones 931-277-3228
 cejones@webtv.net

Treasurer
 Barbara Matheson 615-373-7291
 bmath@mindspring.com

Secretary
 Patti Shaw 615-889-6472
 snappy1@mindspring.com

Past President
 Jim Poteet 615-824-7666
 jpoteet@genesco.com

Past President
 Harold Draper 865-689-7757
 h.m.draper@att.net

West TN Regional Director
 Jerry Lenski 901-255-6574
 jlenski@lurgipsi.com

Middle TN Regional Director
 Barbara Draude 615-895-5546
 bdraude@home.com

East TN Regional Director
 Arleen Scheller 931-707-8333
 scheller@usit.net

Membership
 Anne Wesley 615-851-1052
 tahiker@msn.com

Cumberland Trail Conference Representatives
 Barry & Sandra Spearman 931-839-2320
 sandbar@multipro.com

TN Rails To Trails Advisory Council
 Jim Deming 615-354-9767
 jdeming49@aol.com

CHAPTER REPRESENTATIVES ON THE BOARD
 ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor
 Diane Manas 615-352-7777
 dianemanas@home.com

Newsletter Deadlines:

Announcements and articles
 received on/before October 10th
 will appear in our
 November 1st newsletter

Articles submitted are subject to editing and
 will be included as space permits.

Please send all submissions to:

Diane Manas
 5729 Stoneway Trail
 Nashville, TN 37209
 615-352-7777

e-mail: dianemanas@home.com

ADOPT-A-TRAIL NEWS

ADOPT-A-TRAIL OFFICER:

Harold Draper

865-689-7757
 h.m.draper@att.net

Have you considered ...

Maintaining a particular trail or section of trail?

Through the cooperation of land managers, who periodically inform us of volunteer opportunities, TTA can put you in touch with several Adopt-A-Trail programs, or offer suggestions on how to approach local land managers in your area.

The Adopt-A-Trail program is quite simple and flexible. Volunteers or chapters select the trail they wish to adopt and at the same time determine the level of trail maintenance they wish to undertake. Their only commitment is to hike, inspect, and report on the trail's conditions and maintenance needs twice per year. Light trail maintenance (clipping, pruning, trash and minor blow-down removal) is encouraged during each inspection. Serious trail problems identified will be reported to the local land management agency for resolution.

To obtain an Adopt-A-Trail or Trail Inspection form,
 call Harold Draper: 865-689-7757

TENNESSEE RAILS-TRAILS ADVISORY COUNCIL (TRAC)

BOARD REPRESENTATIVE:

Jim Deming 615-354-9767 jdeming49@aol.com
 website: <http://members.aol.com/trac2trail/depot.htm>

MISSION: *To act as a resource and mentor for the planning, development and management of rail-trails throughout the State of Tennessee for the purposes of appropriate recreation, preservation of rail corridors and alternate transportation, in order to benefit the general public, communities, commerce and tourism.*

Advocates Meeting on Sat, Oct 6

See announcement on pg. 1

Tennessee Trails Merchandise Order Form

_____ Hiking Tennessee Trails, 5th Edition..... \$12.95
 _____ TTA Patch 3.00
 _____ Round embroidered patch, sew it on anything.
 _____ TTA Window Decal 1.00
 A must for each car.

Name _____
 Address _____
 City _____ State _____ Zip _____
 Home Ph (_____) _____ Work Ph (_____) _____

Mail your check payable to:

*Tennessee Trails Association
 c/o Marietta Poteet
 324 Raintree Drive
 Hendersonville, TN 37075*

*Please allow 4 weeks for delivery and prices shown
 include postage.*

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED

First Class Mail
U.S. Postage Paid
Nashville, TN
PERMIT NUMBER 4053



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.

To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below. If you fail to re-apply we will send you one newsletter and a reminder notice. If you have not re-applied by this time, your membership will terminate.

PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

A NEW MEMBER

RENEWING MY MEMBERSHIP

Oct 01

(Memberships are for one year, unless you have a Lifetime Membership.)

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

- ___ Individual \$25.00
- ___ Family \$35.00
- ___ Student \$15.00
- ___ Life Member \$500.00
- ___ Supporting (\$200.00, \$100.00,
 \$50.00 or other)

Name _____

Address _____

City _____ State _____

Home Phone (____) _____ Zip _____ -- _____

Work Phone (____) _____

email _____

Please do not list my e-mail address in the TTA Annual Membership Directory

Please list me with the following chapter:

- | | |
|----------------------------------|-----------------------------------------|
| ___ Big South Fork | ___ Murfreesboro |
| ___ Clarksville | ___ Nashville |
| ___ Columbia | ___ Northwest(UT at Martin/Weakley) |
| ___ Cove Lake | ___ Plateau(Crossville) |
| ___ East TN(Oak Ridge/Knoxville) | ___ Upper Cumberland(Sparta/Cookeville) |
| ___ Memphis | ___ At Large |

...volunteer ?...
endless opportunities available
contact your local Chapter Officer

When you become a TTA member, you will receive a monthly newsletter containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. Each April you will receive the Membership Directory listing members by chapter and how to reach them. Every spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.