

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



TTA ANNUAL AWARD
NOMINATIONS CURRENTLY
BEING ACCEPTED
Tennessee Trails Award
Bill Stutz Award
Golden Squirrel Award

You've heard about them, now it's time to nominate candidates for this year's annual awards - someone you feel best fits the description for any of the awards listed below. Please submit nominations to your local Chapter Officer by August 17. Your Chapter Officer will present nominations received to the Board of Directors during the August 18 Board of Directors Meeting. (If your Chapter Officer is a candidate, and you wish to keep it a secret, you may submit your nomination directly to TTA's President, Libby Francis.) Awards are issued each year during the November Annual Meeting.

The *Tennessee Trails Award* is presented for outstanding contributions to the Association and/or for the furtherance of trails and natural resource programs and opportunities within Tennessee.

The *Bill Stutz Award* is presented in honor of the late Bill Stutz, past TTA member and beloved hiker. The award is presented to an active hiker for his or her individual contribution to the Association or one of its chapters.

The *Golden Squirrel Award* is a "tongue-in-cheek" award and one we most often talk (and hear) about on the trails. Nominations are taken throughout the entire year and judged on a hike leaders' ability to totally lose their entire hike group. (*Please note: It is not the intention of TTA, or its volunteer hike leaders, to lose their group. Sometimes it happens, and for this the Golden Squirrel Award exists.*)

WHAT ABOUT . . .
THE CUMBERLAND TRAIL?

Pathways For People ... People For Nature
CAPITAL CAMPAIGN IS UNDERWAY
The Time is Now!

This path is a part of the earth now, so ingrained is the Cumberland Trail into Tennessee that we will not let it go. A generation of volunteers labored and now another generation will labor - two generations will be enough. All long distance trail systems begin as visions, held hard and fast by folks that carry a deep appreciation for their world and put simply, like to walk. Walking is not lost among us, but can we be sure of that?

It has been five years since the second generation rose and began the task of completing the Cumberland Trail. And, we are now close - a 300-mile State Scenic Foot Trail, The Cumberland Trail traverses the rugged Cumberland Plateau from Cumberland Gap (Kentucky-Tennessee border), south to Chattanooga. The Cumberland Trail passes through *my* town, *your* town, while on the way to *your friend's* town. Currently, there are 110 miles of the Cumberland Trail open and cared for by these folks. Whether you care for, build, or give, it is a remarkable means to renew your spirit.

Then there was the thought of a State Park - a *linear State Scenic Trail sitting at the heart of a 300-mile State Park?* There is no precedent for what we are creating - a carving of rough landscapes to offer recreation for Tennessee.

Then there is the thought of a thousand-mile system stretching, from south to Georgia and north through Kentucky into Virginia - the Western Appalachian Alternative (WAA). Thus, a new vision gives rise and is held hard and fast. The Western Appalachian Alternative may yet require a third generation. (cont. on page 7)

JUST A REMINDER . . . TTA BOARD OF DIRECTORS MEETING
Sat., Aug 18th 1:30pm CDT

The Wilderness Station at Barfield-Crescent Park, Murfreesboro, TN.

Arrive early (12:30pm CDT), and join us for a pre-meeting hike. The trail is 2½ miles and rated easy.

Directions to the Wilderness Station: From I-24: Take exit 81A (Highway 231 South), heading toward Shelbyville. Turn RIGHT at the 4th traffic light onto Barfield-Crescent Rd. (W.T.'s Market/Phillip 66 on the right). Pass the elementary school on the right. Pass the ball fields on the left. Make the very next left after the ball fields into the park. There is a red brick wall that says Barfield-Crescent Park. Follow the road as it passes ball fields on the left. Turn right at the 1st road, then immediately left. Follow the road ½-mile to the Wilderness Station, which is on the right.

LETTERS FROM LIBBY (TTA's President)

Dear friends,

The hot summer is almost over. Soon we will be enjoying the cooler hiking temperatures.

The November Annual Meeting Reservation Form and Itinerary are now available, and in this newsletter on page 8. Fill it out, and send it in ASAP.

The Board of Directors Meeting is scheduled August 18 in Murfreesboro. (See FRONT page.) All TTA members are invited and encouraged to attend. If you cannot attend, and have an issue you wish presented, forward your concerns to your local Chapter Officer or Regional Board Representative before the August 18 meeting.

The 2001 Membership Directory was mailed in mid-July to all "active members" – members with memberships paid through June 30 and all renewing and new memberships received June 1 to mid-July. If you did not receive a 2001 Membership Directory, first look at the mailing label on this newsletter – it tells you when your membership expires. If your membership has expired, you will have to renew in order to receive the monthly newsletter, as well as the 2001 Membership Directory. If you need further assistance, call our Membership Director Anne Wesley: 615-851-1052. Also, thanks to the volunteers who worked together to make this directory possible: Jim Poteet, Jim Johnson, Anne Wesley and Diane Manas.

If you haven't heard by now, you will, the wonderful and exciting future of the Cumberland Trail. The Cumberland Trail Conference is in the middle of a huge capital campaign to raise funding, to be used strictly for land acquisitions, which is vital to the completion of the Cumberland Trail. This is a once-in-a-lifetime opportunity to secure the land required. I encourage each of you to show your support thorough any donation you wish to make toward this project. The Cumberland Trail needs 100% participation - all of us - in order for this campaign to succeed!!

Until next time,

Libby Francis

Know Before You Go Frozen Head State Park Trail Closures

Some trails in Frozen Head SP were closed recently due to the many dead pine trees that fell victim to the Pine Bark Beetle infestation. Park administrators closed the trails because the dead, and still standing, trees pose a major hazard to anyone on the trails, especially to anyone out during a period of high winds. PLEASE NOTE, not all of the trails are closed. The park and its facilities are still open to the public; however hikers must inquire at the Visitors Center about trail closures. Know before you go, call 423-346-3318.

Editor's Comment: On July 6, 2001, The Knoxville News-Sentinel Co. reported, "an Ohio woman has died after she was struck in the head by a falling tree (the dead tree was 6-8 inches in diameter) in the Great Smoky Mountains National Park."

R-U Making Plans ? Nov 9-11, 2001

Hope you've cleared your calendar and have plans to join the rest of TTA at Camp Carson in Newport, TN, for the upcoming Annual Meeting, Nov 9-11. Camp Carson is north of and within 20 miles of the eastern edge of the Great Smoky Mountains NP (Davenport Gap). With the GSMNP providing the backdrop to our fun-filled weekend of activities, you can sure bet there will be lots of GSMNP hiking choices.

The Plateau Chapter is our host for this year's meeting. If you have any questions, feel free to contact:

Carolyn Miller: 931-456-4465 (cardan@usit.net)

Charles Jones: 931-277-3228

RESERVE YOUR SPACE TODAY!

RESERVATION FORM AND ITINERARY ARE ON PAGE 8

Meet Rosemary Lynch

I met Rosemary, May 2001, at the last Board of Directors Meeting at Norris Dam. I found the following speech given by Rosemary to be very inspiring and felt other employers (maybe even yours) just might offer a similar program. (Ask 'em.) It's a fun, productive and creative way to obtain a monetary gift for TTA.

Diane Manas, Newsletter Editor

"I'm going to tell you about a very special grant program that I am involved in – Volunteer Incentive Program (VIP). My employer, Citigroup, and the Citicorp Foundation underwrite VIP. Through the VIP grant program, Citigroup recognizes its employees who have devoted their personal time performing a community service project by gifting the non-profit \$500 after the employee has completed the required service hours.

To qualify for a VIP grant; the employee must complete 50 hours of service with an eligible non-profit organization within a period of 12 months. Upon completing the required 50 hours of community service, the Citigroup Foundation will gift a \$500 cash donation to the same non-profit organization the employee has performed the 50 hours of community service.

I have chosen to participate in this grant program for the last several years. In December 2000, I spoke with Keith Mertz (East TN Chapter Officer) about volunteering my community service hours to benefit our local TTA chapter. He was interested, delighted and verified that TTA met all of the criteria for eligibility. Keith gave me the go-ahead in January 2001, and I have been recording my hours of service since then. My hours of service accrue in the following project categories:

- Trail Maintenance - you will see me carrying a trash bag on hikes.
- Trail Construction - I volunteered for the NTD event at Edgar Evins, June 2.
- Education - I'll be talking with young people about conservation and preservation. So far, they just love it!
- Leadership – I'm scheduled to lead 2 hikes in the coming months.
- Administrative Duties – I'll be helping East TN chapter officers.

You can see from many categories, there are plenty of opportunities to volunteer service hours, and never get bored. I am excited that Keith, and all of my fellow chapter members, have been so supportive and encouraging. (They have offered numerous times to help carry my trash bags, and for this I am very grateful.)"

ATTENTION HIKE LEADERS:

A TTA *Release of Claims & Hold Harmless Agreement* form (aka Liability Waiver) must be signed by everyone before you start your hike. They can be obtained from your local Chapter Officer or downloaded easily from our website: www.tennessee-trails.org/release.html

HIKE PRE-REGISTRATION? WHY ????????

Our hike leaders are volunteers. Make it easier for them to contact you in the event their hike needs to be cancelled by pre-registering!

BE CONSIDERATE AND PRE-REGISTER

PITCHING IN

The high gas prices we experienced this past spring have dropped considerably. It is just as important now, as it was then, to offer your turn as a carpool driver. If you are a rider, always contribute to the cost of buying gasoline.



8TH ANNUAL NATIONAL PUBLIC LANDS DAY SEPTEMBER 29

National Public Lands Day is an event that occurs once a year when volunteers come together to improve the country's largest natural resource - our public lands. The idea is that the millions of Americans who use the public lands could (and should) spend a day giving something back to the land and to their country.

This year, Tennessee Trails Association is teaming up with volunteers from the Big South Fork National River & Recreation Area to maintain the Blue Heron Loop Trail (trail tread repair, trimming vegetation, removing blow-downs, and painting blazes on trees) and install new trail signs.

Volunteers are needed between the hours of 9am until 5pm EDT. Plan to wear grubby clothes that you don't mind getting dirty; and bring snacks, lunch and lots of water.

Support this event! Join in and give back, even if only for a few hours, by phoning Harold Draper: 865-689-7757, or e-mailing him at: h.m.draper@att.net

BIG SOUTH FORK CHAPTER

CHAPTER OFFICER:

Eric Wilson 423-628-2817 ericavi@nxs.net

Aug 11 We will follow the Gasline trail from Rugby to the Clear Fork and ford the river (hopefully, low this time of the summer) near the site of the historic Buck's Mill. Then follow Joe's Branch up to the sites of several historic pioneer homes. This will be an easy, short hike with a chance to cool off at the river - bring swimwear! Meet 10am EDT at the Harrow Road Cafe in Rugby. For additional information and to pre-register, call Eric Wilson or Vi Biehl: 423 628 2817, or email them: ericavi@nxs.net

CLARKSVILLE CHAPTER

CHAPTER OFFICER:

J.R. Tate 931-920-2692
modelt@charter.net

MEETS: 3rd Tues, 7pm, The Crow Community Center, 211 Richview Rd

At the time our newsletter was in production, our chapter officer, J.R. Tate, "Model T", was hiking the Colorado Trail - Denver to Durango. "Model T" and friends will be hiking about 472 miles, tackling many 13,500-foot peaks along the way, and should be home in the middle of August. "Model T" has been sending correspondence of his adventures to our local newspaper, Leaf Chronicle. His first story appeared July 3rd. Our best wishes go out to "Model T" for his continued success. (Hope the altitude isn't too much for you.)

Aug 11 We will be going to Mammoth Cave in Kentucky. This is a guided tour, and pre-registration is a must! Plan and dress for cave-cool temperatures - 54 degrees Fahrenheit. We need to reserve our spots with the Mammoth Cave folks, so don't delay, pre-register early with our group leader, Wanda Cumberland 931-906-3338.

Aug 25 Little Swan Trail at the Meriwether Lewis Monument along the Natchez Trace Parkway. The trail is about 6 miles and rated moderate. For additional information, to pre-register and obtain carpool meeting time and place, call Suva Bastin: 931-645-2849.

COLUMBIA CHAPTER

CHAPTER OFFICER:

Todd Horton 615-302-3336
todd1966@aol.com

Aug 26 Duck River Paddle & Float. We did this in July, the response was great and it certainly made for a cool day. The plan is to meet at River Rats Canoe Rental, then start the float at 1pm CDT. However, water levels will determine exactly where & when we go. PLEASE, reconfirm the meeting and start times when pre-registering with Pam Frakes: 931-388-2197.

HIKE REPORT:

On June 23, Pam Frakes led 15 paddlers along the Duck River, east of Columbia. The number of participants was incredible, and almost expected due to the temperatures we've had recently. We had a "splashing" good time and have plans to do this again in August.

COVE LAKE CHAPTER

CHAPTER OFFICER:

Siler McCarty 423-566-1291
webmaster@tnrlca.org

Aug 18 Norris City Watershed. This is a loop hike, approximately 4½ miles and rated moderate, utilizing the Clear Creek, Reservoir Hill and Grist Mill trails. We will get some nice views of Norris Dam and the Clinch River from Reservoir Hill and from Observation Point. Bring comfortable shoes, plenty of water, bug spray and a snack, if you want one. Long trousers are recommended. We will meet and carpool from the Eagle Mart parking lot in Jacksboro at 1pm EDT. Or, you can meet at the trailhead (call for directions). We should be finished hiking around 4:15pm. For additional information and to pre-register, call Gordon Early: 423-566-8319, or email him: ganddearly@aol.com

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER OFFICER:

Keith Mertz 865-376-4827
keithmertz@hotmail.com

Aug 4 Ijams Nature Center, Knoxville, TN. Come hike this 80-acre environmental education center and park located just 3 miles from the center of Knoxville. If you haven't hiked here, you are in for a pleasant surprise. Located in southeast Knoxville, this center is an oasis of plants, trees and animals. The terrain is varied, from river bluffs with a boardwalk overhanging the Tennessee River to creeks and marshy ponds, and mature hardwood-forest hills. Light walking shoes will suffice. The hike will be an easy 2½-3 miles along well-maintained trails, so water and snacks are optional, there are facilities nearby. We will meet 10am EDT in the Ijams Nature Center parking lot (loop through the parking lot, and park at the far end). Directions: Cross the Henley Street Bridge (U.S. 441S), take the first left (Blount Ave), then bear right on Sevier Ave and follow the green Ijams signs to the center on the left. For additional information, call Phil Cavenaugh: 865-376-1511, or email him: pcav@icx.net

Aug 18 Big Frog Trail, Big Frog Wilderness in Cherokee National Forest. Polk Co, TN. We will hike the Big Frog Trail from F.S. Road #221 up to the summit of Big Frog Mtn, a round-trip distance of 10 miles and an elevation gain of 2000 feet. Who knows what kind of creatures we may see on this trail! Bring lots of water, lunch, and wear sturdy hiking boots. Meet 7am EDT in the Wal-Mart parking lot (outer perimeter) on U.S. 321 in Lenoir City. For additional information and to pre-register, call Gerry Middleton: 865-483-2592, or email her: hikernutt@excite.com

HIKE REPORT:

On June 16, six hikers, led by Marvin Shanks, hiked the Burnt Mill Bridge Trail at BSFNRRRA. Most of the wildflowers were gone although we saw a couple of Round-leafed Catchflies. One of the highlights of the day was stopping at Dicky's Stop'n'Go, home of the \$1.10 triple-decker ice cream cone!

MEMPHIS CHAPTER

OFFICER:

Frederick Belton 901-327-3674
fbelton@hotmail.com

ELECTED BOARD REPRESENTATIVE:

Gloria Lenski 901-382-4227
gnorrid@yahoo.com

MEETING: Aug 19, see information below.

Aug 19 **ANNUAL PICNIC & BUSINESS MEETING.** The picnic will be at the lakeside home of John and Regina Martin (kayaks, canoes and paddleboats available). This is a potluck. Bring your favorite summer dish and a lawn chair. Socializing starts around 3pm CDT, business meeting at 4pm and picnic around 5pm. We combine our August meeting with the picnic each year, so bring any business items you would like to discuss. Plus, we will elect officers for the upcoming year. John & Regina's address is: 3876 S. Lakewood Dr., in the Lake Windermere subdivision, near Raleigh. For additional information or directions, call Regina or John: 901-386-3722.

MURFREESBORO CHAPTER

CHAPTER OFFICER:

Fount Bertram 615-765-5357
fwbertram@hotmail.com

HIKE COORDINATOR: (Call Brent & volunteer to lead a hike)

Brent Morris 931-728-8191

MEETS: 2nd Tues, 7pm, Wilderness Station @ Barfield-Crescent Park, 697 Barfield Rd.

Aug 6 South Cumberland SRA summer wildflower hike. Monteagle, TN. They're out there and our hike leader knows where to locate 'em. We hope to see Yellow Fringe and Monkey Face Orchids. Meet 10:30am CDT at the South Cumberland SRA Visitors Center (on US 41 between Tracy City & Monteagle). Pre-registration is required! Call Bertha Chrietzberg: 615-896-1146, or email her: bertha@hotmail.com

Aug 11 Caney Fork River Paddle & Float. Hey, we're at it again, trying to get on the pastoral Caney Fork River. This paddle/float/boat-drag will be from the base of the Center Hill Dam to Betty's Island, approximately eight miles away. Canoes and kayaks can be rented at Big Rock Market (931-858-0967) which is very close to the dam. They will shuttle you and the boat. Other places to rent a variety of boats are REI in Brentwood and River Sports in West Nashville. Bring lunch and water to drink, and be prepared to wear a life jacket (float pillows don't count). Center Hill Dam has its own exit off I-40 just west of Smithville. Please reconfirm meeting time (~9am CDT), location (~base of the dam) and pre-register with Heloise Shilstat: 615-896-6278(h), 615-254-5461(w), or by email: heloisew@bellsouth.net

Aug 18 **BOARD OF DIRECTORS MEETING & PRE-MEETING HIKE.** Barfield-Crescent Park, Murfreesboro, TN. Yep, we're the hosting location for this meeting. We are leading the 2½ mile pre-meeting hike for those showing up at the Wilderness Station at 12:30p CDT. You are welcome to attend the pre-meeting hike and/or the Board Meeting. For additional information, call Fount Bertram 615-765-5357, or email him: fwbertram@hotmail.com (cont. on pg. 5)

MURFREESBORO

(cont from pg 4)

Aug 25 Fiery Gizzard trail, Grundy Forest State Natural Area. Tracy City, TN. The initial plan is to hike the 5-6 miles from and back to the Grundy Forest trailhead. (Depending on the weather and interest, we may drop a vehicle at the Foster Falls trailhead and hike the entire 13-mile trail.) This hike, once featured in Backpacker magazine, is well known for its spectacular scenery, including waterfalls and bluffs. The terrain is rated difficult because of the rocks and moderate ascents. Wear sturdy hiking boots, bring lunch and plenty of water. Pre-registration is required, so we can work out the logistics. We will meet 7am CDT to carpool from the Cracker Barrel in Murfreesboro (I-24/Hwy 231). To pre-register and obtain additional information, call Brent Morris: 931-728-8191, or email him: bmorris@edge.net

PLANNING AHEAD:

Sep 1 Angel Falls Overlook Full Moon Hike, Big South Fork NRRRA. Jamestown, TN. (Leatherwood Ford, at the time-zone line on Hwy 297 between Hwy 154, just outside of Jamestown and Oneida.) This hike is approximately 6 miles and will be challenging - in the dark. A flashlight with extra batteries is required!!! Bring water, snacks and wear sturdy hiking boots. It is also recommended to bring gloves to cover your hands during the periods we will have climbing around the area - hey, the snakes should be asleep, anyway. We will meet at the Leatherwood Ford trail kiosk/platform in late afternoon. To obtain additional information, exact meeting time and to pre-register, call: Heloise Shilstat: 615-896-6278(h), 615-254-5461(w), or by email: heloisew@bellsouth.net

HIKE REPORT:

On June 16 Heloise Shilstat led 7 hikers (all women) on a hike into Bowater's North Chickamauga Creek area. We were in the shade and it was overcast most of the day. No one complained of being hot! At the top we soon were stopped by a section of sandstone wall that had collapsed! It was sobering to think how precarious many of the overhangs we have sat beneath probably are. The creek was a refreshing way to end our hike. After the hike, we headed to Chattanooga for the Riverbend Festival. It was great, even if there was NO JAZZ! The wrap-up fireworks were fantastic.

HEY COLUMBIA, MURFREESBORO AND NASHVILLE

TRAIL TALK IN AUGUST

Trail Talk is a free informative weekly program offered to the public by Blue Ridge Mountain Sports, Cool Springs location. Everyone is invited to hear invited guests and store personnel share their knowledge and experience about the outdoors. Weekly topics include but are not limited to hiking. No RSVP required, just show up at 6:00pm CDT.

Aug 7 Rainwear How dry do you want to be? Learn the difference between Gore-Tex and polyurethane coatings and which will suit your needs.

Aug 14 Where to go around Nashville Day-hikes within 10 miles? Paddling and/or camping within 20 miles? Backpacking within 50 miles? You won't want to miss these spectacular areas we've discovered as we introduce them to you.

Aug 22 Weather Want to learn how to predict weather systems by reading the clouds? Want to know what to do if you're caught in a storm? Join us as we explore this ever-present element.

NASHVILLE CHAPTER

CHAPTER OFFICER:

Dan Brennan

615-599-4713

osrwodan@aol.com

HIKE COORDINATOR: (Call Elizabeth & volunteer to lead a hike)

Elizabeth Gerlock

615-356-6260

MEETS: 4th Tues, 7pm, Radnor Lake Visitor's Center,

Granny White Pike

HIKING HOTLINE

615-367-7045

Aug 4 Un-named Trail, Edgar Evans SP. Silver Point, TN. Come and hike the new trail created by TTA and other volunteers. This is an 8-mile hike, rated moderate, with views of Center Hill Lake. Bring bug spray and wear clothes to protect you from poison ivy. You will also need lunch and water. We will meet 7:45am CDT at Kinko's in the K-Mart parking lot on Donelson Pike (I-40 Exit 216C). For additional information and to pre-register, call: Dan Brennan: 615-599-4713.

Aug 11 Canoe Float at the Narrows of the Harpeth! This is a gentle Class I water, made for the dog days, so let's kick back, it's just too hot to hike! We'll do the familiar-but-always-fun run from the Highway 70 bridge at Shacklett to the pullout below the Narrows. Plan on bringing lunch, plenty of water to drink and change of dry clothes. The plan, as the newsletter was going to press, is to contact a local outfitter to acquire a group discount rate on rental equipment. Therefore, you must pre-register on or before Thur Aug 9. Though meeting place and time are yet to be set, we plan on being on the river by 9am CDT, so count on an early start. To get more information, call Dave Walton: 615-646-5355.

Aug 18 Board of Directors Meeting with a pre-meeting hike. Barfield-Crescent Park. Murfreesboro, TN. If you've never been to one, consider joining us, the meeting is so close to home. Plus, this is a great opportunity to meet many of our members who come from all areas of the state. Additional information is on pg 1 of this newsletter.

Aug 19 Stone Door/Big Creek Rim/Greeter Falls Hike, Savage Gulf SNA. This hike in the SGSNA is approximately 6½ miles long and rated moderate. Along the trail, we will have beautiful views of the Big Creek Gulf as we wind along the top of the plateau. At the end of our hike, we will stop for a well-deserved swim at either the Greeter Falls plunge pool or the Blue Hole. Please bring: sturdy boots, lunch, plenty of water and your swimming gear (swim shoes recommended so the bluegill don't bite your toes). This route requires a car shuttle, so we will need extra drivers. For meeting time and place, call Anne Wesley: 615-851-1052.

Aug 25 Twin Arches and Charit Creek Loop hike, Big South Fork NRRRA. Jamestown, TN. PRE-REGISTRATION IS REQUIRED ON OR BEFORE THUR AUG 23. The magnificent twin arches, the largest natural bridge complex in Tennessee, never fail to inspire and awe hikers. We will pass by and take a quick look into the Charit Creek hostel, which provides accommodations for both hikers and horseback riders. The loop is about 5½ miles and is rated moderate to difficult. Bring lunch, snacks, and water. We will meet 8am CDT at Kinko's in the K-Mart parking lot on Donelson Pike (I-40 Exit 216C). For additional information and to pre-register (please, by Thur Aug 23), call Jim or Marietta Poteet: 615 824-7666.

(cont. on pg. 6)

NASHVILLE (cont from pg 5)

Aug 25 Newcomers Hike on the Natchez Trace Parkway. The Garrison Creek Trail is a 3.7-mile loop that in part goes along the old Natchez Trace. The trail crosses Garrison Creek several times. Please wear shoes for wading across the creek if the water is high, and extra shoes for after the hike. We'll regroup after and go for lunch at McCabe's Pub on Murphy Road in West Nashville. Bring \$\$\$\$. We'll meet at 9am CDT to carpool from Elmington Park (parking area in front of West End Middle School) on West End Ave, or you can meet us at the trailhead at 9:45. For additional information and to pre-register, call Elizabeth Gerlock: 615 356-6260.

Aug 26 Colditz Cove & Gentleman's Swimming Hole trails near Rugby, TN. We'll hike Colditz Cove (about 3 miles), then have lunch in town before heading out on the GSH trail (another short one) to cool off in the Clear Fork River. In addition to the usual hiking gear (boots, water, etc.), bring or wear suitable attire for swimming. Ability to swim is a prerequisite! We will meet and carpool from the Kinko's on Donelson Pike (I-40 exit 216C) at 8am CDT. For additional information and to pre-register, call Doug Burroughs: 615-587-0085.

Aug 28 **MONTHLY MEETING.**

♦ A. ♦ Should we stay (and totally outgrow every inch of Radnor Lake's Nature Center) or shall we go (move to a larger meeting space)? Our chapter continues to grow and we need to make a decision. We need to hear your thoughts and get a vote on this issue.

♦ B. ♦ Rob Weber and Arleen Scheller will present a wonderful, but brief, slide presentation of the Cumberland Trail and update us on its growth.

♦ C. ♦ Did you like to dig in the sandbox as a child? Some of those who don't outgrow the fascination become archeologists! They dig in search of the ancients to puzzle out the past and suggest a future. John Froschauer, interpretive specialist at Long Hunter State Park, is one of the "scratchers," and will tell us what Tennessee's archeological sites have revealed and what it may mean. Bring a friend, but check your trowel at the door as we sift our hidden history.

♦ D. ♦ Don't be late, we'll start at 7pm. Radnor Lake Visitors Center.

Aug 31-Sep 3 (Fri-Mon) Labor Day Weekend Car Camp, Frozen Head State Park, Wartburg, TN. A group site has been reserved for Friday-Sunday nights. Plan for day hikes at Frozen Head SP (on the trails that are open – see announcement on page 2) and the Obed section of the Cumberland Trail. Space is limited, and pre-registration is required! For additional information and to pre-register, call Doug Burroughs: 615-587-0085.

NORTHWEST CHAPTER (UT at Martin / Weakley County)

CHAPTER OFFICERS:

Jim Clark 731-587-7369 jclark@utm.edu
Joe Seago 731-587-8405 joeseago@backpacker.com

MEETING: Watch our website for an August Meeting Announcement

website: <http://mug.utm.edu/trails>

Our student and faculty members will be returning in late August. Please visit our website for any announcements we may make in August. Until then, you are welcome to hike with any of our other chapters.

PLATEAU CHAPTER (Crossville)

CHAPTER OFFICER:

Vicki Perdue

931-528-9091

NO MEETING SCHEDULED IN AUGUST

There is an informal, leaderless hike every Wednesday morning at 8:30am CDT. Meet at the boat launch area of the Cumberland Mountain SP. The hikes are moderately paced and may average 5-6 miles. For additional information, call Bill Haynes: 931-707-7606. Rain cancels.

Aug 11 Stinging Fork Segment of the Cumberland Trail. Spring City, TN. Arleen Scheller will lead a newcomers hike in this Bowater Pocket Wilderness Area. The hike is 3 miles long and rated moderate. There is a swimming hole at the end, bring your swimsuits. We'll have lunch there also, bring your lunch! Meet 9am CDT at the Cumberland Mtn. State Park Visitor's Center. For more information and to pre-register, call Arleen Scheller: 931-707-8333.

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICERS:

Helen Angelmier

931-858-5947

helena@cookeville.com

Sue Bass

931-528-1386

take-a-hike@onemain.com

It's summer and that spells H – E – A – T. And, not a favored hiking condition. Therefore, we have not planned any hikes for August. If we hit a cool spell, we will have a spontaneous hike. Feel free to call either chapter officer, listed above, to get on the call list for the next spontaneous hike we have.

PLANNING AHEAD:

Sep 13 POTLUCK DINNER AND MEETING. We will have a barbecue & potluck dinner at Cane Creek Park in Cookeville and plan our hikes through the remainder of the year. We'll meet at 6pm CDT. Think of places that you would like to hike this fall and bring these ideas with you to the meeting. For additional information, call Helen Anglemier: 931-858-5947.

EVENT REPORT:

On July 4, we had a booth to represent TTA at the Blackberry Festival in Sparta. We handed out brochures and met other friendly hikers. It was quite successful. Our booth was the first one in view as people entered the festival site. The violent rainstorm around two o'clock prematurely ended our stay at the event, which was okay because the majority of the public came and showed interest during the earlier hours (cooler temps) of the day. Thanks to Anne Wesley, from Nashville, for coming and helping us and sharing her enthusiasm. Also, thanks to the following helpers: Barbara Phifer, Willa Parrish, and Marnell Cothran.

CUMBERLAND TRAIL CONFERENCE

CUMBERLAND TRAIL CONFERENCE CONTACTS:

Executive Director..... Rob Weber robweber@usit.net
Resource Manager Arleen Scheller scheller@usit.net
Program Coordinator Tanya Meachen tmeachen@onemain.com
Office Manager Susan Weber..... sweber1@usit.net

Office Location	19 East 4 th Street Crossville, TN 38555
Office Hours	8am-5pm
Phone:	931-456-6259
Fax:	931-456-4934
Email:	cumberlandtrail@rocketmail.com
Website:	www.cumberlandtrail.org

It's a busy time for the Cumberland Trail Conference (CTC), we've got music concerts, hikes, and a *Pathways for People ... People For Nature* campaign kickoff party scheduled. You are welcome to attend any of these events. If you're new to TTA, and not familiar with the CTC and the Cumberland Trail (CT), these events present the perfect opportunity to learn all about the CTC and CT, while having some fun! Call the CTC Office (931-456-6259) to obtain additional information and to RSVP for any of the following events:

- Aug 11 Hike the Stinging Fork segment of the CT. This hike is 3 miles and rated moderate. There will be a swimming hole at the waterfall! (Bring your swim suit.)
- Aug 12 Music of the Cumberland Trail Concert. Cove Lake State Park, Caryville, TN.
- Aug 18 Music of the Cumberland Trail Concert. Cumberland Gap, KY.
- Aug 25 Music of the Cumberland Trail Concert. Frozen Head State Park, Wartburg, TN.
- Aug 30 LaFollette/Scott Co/Cumberland Gap *Pathways for People ... People For Nature* Kickoff Reception

WHAT ABOUT THE CUMBERLAND TRAIL?

(cont. from pg. 1)

Now the second generation, aided by the first, needs to finish the Cumberland Trail. The Cumberland Trail Conference, that focused arm of Tennessee Trails Association charged with this task, has created the *Pathways for People ... People For Nature* Land Acquisition Campaign. A \$3 million capital campaign that will raise and match those funds provided by the State of Tennessee. These funds will be utilized to purchase both linear corridors and critical landscapes that form the "park" of the Cumberland Trail State Park. Soon, the work of the volunteers will be validated with the addition of over 50 miles of new corridor to build, a difficult and totally separate task in of itself. Yet, we need to raise the \$3 million dollars in order to secure these miles.

We need your help!

The "*Pathways*" campaign is critical to provide both corridor and landscape funds for the Cumberland Trail. Additionally, the "*Pathways*" dollars will provide much needed funds to assist in matching the federal grants provided to this program. Our work in your town is in front of us!

We have work to do!

Our leadership (listed on the right) is diverse and strong. They are working with a goal of **100% participation** from each TTA chapter and its members. The Cumberland Trail Conference and Tennessee Trails Association Board of Directors, alone, have made personal commitments, through a three year pledging program, which now exceeds \$125,000.00 - an amazing feat trail builders and walkers! Your Tennessee Trails Association chapter is now organizing to duplicate that **100% participation** goal.

Please make the commitment to help them to achieve what two generations hold hard and fast - The Cumberland Trail.

*Rob Weber, Executive Director
Cumberland Trail Conference*

Feel free to contact the staff of the CTC, your local chapter officer or any of the campaign leaders (listed on the right), to pledge your support. Your pledge can be in the form of cash, stocks, bonds, securities, real estate, insurance policies or estate/planned gifts, and set up on a periodic gifting schedule over a three-year period.

The time is now!

Pathways for People ... People For Nature

Community Leadership Committees

Chattanooga

Z. Cartter Patten III, Honorary Chair
Dr. David H. McCallie, Co-General Chair
Stephen Jett, Co-General Chair
Allen McCallie, Kincaid Mills, Sam Powell

Crossville

Scot Shanks, Honorary Chair
David Simcox, Co-General Chair
Gene Holloway, Co-General Chair
Bob Bowman, Dr. Howie Peebles, Deanna Magdich, Diane Parvin, Sara Senft

Knoxville

Pete Claussen, Honorary Chair
Ellen Oblow, Tom Cronan, Pam Peters, Al Bedinger, John Kennerly, Sandi Burdick

LaFollette/Scott Co./Cumberland Gap

Hack Ayers, Honorary Chair
Jay Miller, Roger Whitfield, Al Morton, Roger White, Adrion Baird, Ann Ayers

Nashville

John Noel, Honorary Chair
Bob Brandt, Honorary Chair
Bob Brown, Honorary Chair
Jane Whitson, Honorary Chair
Susannah Brown, Co-General Chair
Herb Kneeland, Katie Sloan, Diane Manas, Jim Poteet, Dan Brennan, Al Churcher

Oak Ridge/Clinton/Wartburg

Bear Stephenson, Honorary Chair
David Reister, Co-General Chair
Ray Garrett, Co-General Chair
Gary and Carol Grametbauer, Carol Jones, Joni Lovegrove, Warren and Carol Devine and Tom Thomas

TTA's Annual Meeting

NOV 9-11, 2001

CAMP CARSON AT CARSONSPRINGS
NEWPORT, TN

Registration Form

DUE ON OR BEFORE
OCTOBER 15, 2001

Families: please provide the name of each member of your family attending.

Name: _____ Name: _____ Name: _____ Name: _____
 Address: _____ City: _____ State: _____ Zip: _____ - _____
 Phone: (_____) _____ email: _____ Chapter: _____

LODGING – The following accommodations are available and will be assigned on a first-come, first-served basis.

⇒ **MOTEL ROOM** (12 are available and the rates are based on the number in each room.)

Friday night rates:

\$60/night (for 2 people)	@	\$60.00	Total \$	_____
\$75/night (for 3 people)	@	\$75.00	Total \$	_____
\$90/night (for 4 people)	@	\$90.00	Total \$	_____

Saturday night rates:

\$60/night (for 2 people)	@	\$60.00	Total \$	_____
\$75/night (for 3 people)	@	\$75.00	Total \$	_____
\$90/night (for 4 people)	@	\$90.00	Total \$	_____

⇒ **SEMI-PRIVATE** (linens provided, no pillows)

Friday night	# of people _____	x	\$18.00	Total \$	_____
Saturday night	# of people _____	x	\$18.00	Total \$	_____

⇒ **BUNKS** (no linens)

Friday night	# of people _____	x	\$13.00	Total \$	_____
Saturday night	# of people _____	x	\$13.00	Total \$	_____

⇒ **CAMPING**

Friday night	# of people _____	x	\$5.00	Total \$	_____
Saturday night	# of people _____	x	\$5.00	Total \$	_____

MEALS

FRIDAY	Dinner	# of people _____	x	\$7.50	Total \$	_____
SATURDAY	Breakfast	# of people _____	x	\$5.00	Total \$	_____
	Sack Lunch	# of people _____	x	\$5.00	Total \$	_____
	Dinner	# of people _____	x	\$7.50	Total \$	_____
SUNDAY	Breakfast	# of people _____	x	\$5.00	Total \$	_____
REGISTRATION FEE	is \$5/person	# of people _____	x	\$5.00	Total \$	_____

Fill out this Registration Form and mail it with a check made payable to: **TOTAL ENCLOSED \$** _____
 Tennessee Trails Association C/O Charles Jones ♦ P O Box 405 ♦ Pleasant Hill, TN 38578 ♦ 931-277-3228

PLEASE RESPECT CAMP CARSON'S RULES: NO TOBACCO PRODUCTS OR ALCOHOL ALLOWED.

Schedule of Events					
(ALL TIMES ARE EASTERN)					
	<u>FRIDAY</u>	<u>SATURDAY</u>		<u>SUNDAY</u>	
3:00p	Check-in Begins	7:30a-9:00a	Breakfast (Buffet)	7:30a-9:00a	Breakfast (Buffet)
5:30p-7:00p	Dinner (Buffet)	8:00a-9:00a	Depart for Hikes	7:30a-11:00a	Check-out
7:00p-8:30p	Entertainment	5:30p-7:00p	Dinner (Buffet)	8:30a	Board Meeting
9:00p	Bonfire	6:30p	Program/Annual Mtg	8:30a	Depart for Hikes
		7:30p	Auction	11:00a	Depart for Hikes

A sampling of the hikes that are scheduled:

Albright Grove Trail, Ramsey Cascades Trail, Boogerman Trail, Mt. Cammerer Fire Tower Trail

DIRECTIONS

(From Knoxville)
Carson Spring Baptist
Conference Center

Take I-40 East to Exit 432B (Newport Exit). This exits from the left-hand lane. As you come off the interstate, you will see an Exxon Station on your right. Turn right just past the Exxon Station onto Carson Springs Road. Stay on the main road. The Carson Springs Baptist Conference Center is about 4 miles up the road on the left.

PLEASE RESPECT CAMP CARSON'S RULES: NO TOBACCO PRODUCTS OR ALCOHOL ALLOWED.

Retain this portion of the Registration Form.

Retain this portion of the Registration Form.

OFFICERS :

President
 Libby Francis 615-889-5718
 libbyslibbys@home.com

Vice-President
 Leigh Jones 931-277-3228
 cejones@webtv.net

Treasurer
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 bmath@mindspring.com

Secretary
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 snappy1@mindspring.com

Past President
 Jim Poteet 615-824-7666
 jpoteet@genesco.com

Past President
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 h.m.draper@att.net

West TN Regional Director
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 jlenski@lurgipsi.com

Middle TN Regional Director
 Barbara Draude 615-895-5546
 bdraude@mtsu.edu

East TN Regional Director
 Arleen Scheller 931-707-8333
 scheller@usit.net

Membership
 Anne Wesley 615-851-1052
 ttahiker@msn.com

Cumberland Trail Conference Representatives
 Barry & Sandra Spearman 931-839-2320
 sandbar@multipro.com

TN Rails To Trails Advisory Council
 Jim Deming 615-354-9767
 jdeming49@aol.com

CHAPTER REPRESENTATIVES ON THE BOARD
 ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor
 Diane Manas 615-352-7777
 dianemanas@home.com

Newsletter Deadlines:

Announcements and articles
 received on/before August 10th
 will appear in our
 September 1st newsletter

Articles submitted are subject to editing and
 will be included as space permits.

Please send all submissions to:

Diane Manas
 5729 Stoneway Trail
 Nashville, TN 37209
 615-352-7777
 e-mail: dianemanas@home.com

ADOPT-A-TRAIL NEWS

ADOPT-A-TRAIL OFFICER:

Harold Draper 865-689-7757 h.m.draper@att.net

Have you considered ...
 Maintaining a particular trail or section of trail?

Through the cooperation of land managers, who periodically inform us of volunteer opportunities, TTA can put you in touch with several Adopt-A-Trail programs, or offer suggestions on how to approach local land managers in your area.

The Adopt-A-Trail program is quite simple and flexible. Volunteers or chapters select the trail they wish to adopt and at the same time determine the level of trail maintenance they wish to undertake. Their only commitment is to hike, inspect, and report on the trail's conditions and maintenance needs twice per year. Light trail maintenance (clipping, pruning, trash and minor blow-down removal) is encouraged during each inspection. Serious trail problems identified will be reported to the local land management agency for resolution.

To obtain an Adopt-A-Trail or Trail Inspection form,
 call Harold Draper: 865-689-7757

TENNESSEE RAILS-TRAILS ADVISORY COUNCIL (TRAC)

BOARD REPRESENTATIVE:

Jim Deming 615-354-9767 jdeming49@aol.com
 website: <http://members.aol.com/trac2trail/depot.htm>

MISSION: *To act as a resource and mentor for the planning, development and management of rail-trails throughout the State of Tennessee for the purposes of appropriate recreation, preservation of rail corridors and alternate transportation, in order to benefit the general public, communities, commerce and tourism.*

Tennessee Trails Merchandise Order Form

_____ Hiking Tennessee Trails, 5th Edition..... \$12.95
 _____ TTA Patch 3.00
 Round embroidered patch, sew it on anything.
 _____ TTA Window Decal 1.00
 A must for each car.

Name _____
 Address _____
 City _____ State _____ Zip _____
 Home Ph (_____) _____ Work Ph (_____) _____

Mail your check payable to:

*Tennessee Trails Association
 c/o Marietta Poteet
 324 Raintree Drive
 Hendersonville, TN 37075*

*Please allow 4 weeks for delivery and prices shown
 include postage.*

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED

First Class Mail
U.S. Postage Paid
Nashville, TN
PERMIT NUMBER 4053



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.

To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below. If you fail to re-apply we will send you one newsletter and a reminder notice. If you have not re-applied by this time, your membership will terminate.

PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

A NEW MEMBER

RENEWING MY MEMBERSHIP

(Memberships are for one year, unless you have a Lifetime Membership.)

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

- ___ Individual \$25.00
- ___ Family \$35.00
- ___ Student \$15.00
- ___ Life Member \$500.00
- ___ Supporting (\$200.00, \$100.00, \$50.00 or other)

Name _____

Address _____

City _____ State _____

Home Phone (___) _____ Zip _____ -- _____

Work Phone (___) _____

email _____

Please do not list my e-mail address in the TTA Annual Membership Directory

Please list me with the following chapter:

- | | |
|----------------------------------|---|
| ___ Big South Fork | ___ Murfreesboro |
| ___ Clarksville | ___ Nashville |
| ___ Columbia | ___ Northwest(UT at Martin/Weakley) |
| ___ Cove Lake | ___ Plateau(Crossville) |
| ___ East TN(Oak Ridge/Knoxville) | ___ Upper Cumberland(Sparta/Cookeville) |
| ___ Memphis | ___ At Large |

...volunteer ?...
endless opportunities
available
contact your local
Chapter Chairperson

When you become a TTA member, you will receive a monthly newsletter containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. Each April you will receive the Membership Directory listing members by chapter and how to reach them. Every spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.