

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SUPPORTING THE CUMBERLAND TRAIL



2020 TTA Annual Meeting Cancelled - Postponed to October 2021

Due to COVID-19 concerns and expectation of a low turnout, the TTA Board Executive Committee approved the cancellation of the October 23-25, 2020 TTA Annual Meeting at Montgomery Bell State Park.

The Nashville and Sumner Trails Chapters are now scheduled to host the annual conference **October 22 - 24, 2021** at the same location (Montgomery Bell State Park).

Further information about the 2021 TTA Meeting will be provided as we get closer to the meeting date.

For TTA members who already registered for lodging at the park inn, your reservation will be rebooked, at the same price, for the planned 2021 meeting dates. But you can phone the Inn & Conference Center directly to cancel your reservation and get a refund if you wish (615-797-3101 or 800-250-8613). Our 2021 GROUP CODE is still 9880.

New: In addition to the Inn rooms, a very few cabins have been made available for our Group. The nightly rate is not discounted, but these cabins are usually booked well in advance, which is why we were not able to get any when we were planning the 2020 meeting.

For CAMPGROUND reservations or cancellations, contact the Park Office at 615-797-9052 or <https://tnstateparks.com/parks/campground/montgomery-bell>. All sites come with a grill, fire ring, picnic table, and access to the bath house (showers with hot water). Campground sites are \$15-35*/night, before taxes.

Please note: Any October is a good time to hike in Montgomery Bell State Park and the surrounding area. We will schedule some hikes in the Montgomery Bell and Nashville areas for the weekend of October 23-25, 2020 (this year). If you have made a camping reservation, you may be interested in keeping your spot for that weekend. We already have a hike commitment from Randy Hedgepath.



**Cumberland
Trails
Conference**

Office Location: 409 Thurman Avenue, Ste 102
Crossville, TN 38555
Office Hours: Tuesday – Friday
10 am – 3 pm CT
Phone: 931-456-6259
Office Staff: Teresa Kemmer
Email: ctcoffice2014@gmail.com
Website: www.cumberlandtrail.org

Great news!! The CTC Central crew has completed the trail construction through the Catoosa Wildlife Management Area. The trail will officially be open soon. To determine if the section is open to hiking, please check with the Cumberland Trail State Park office at 423-566-2229.



One of the last staircases built through the Catoosa section. Photo courtesy of Pete Berntsen.

We Are Hiring for Trail Crew Members

CTC needs Trail Builders. We currently have 2 crews working to complete sections of the Cumberland Trail near Crossville.

Part-time: Part-time, flexible; average 2 to 4 days per week, including some weekends. Workdays vary with season and scheduled construction projects.

Qualifications: Community members who love to build trail. Previous trail building preferred but not necessary.

Individual Considerations: Leadership skills; Communication skills; Coordination skills; Trail building related experience (helpful but we do train); Good physical condition; Able to lift 40 pounds easily; Able to hike six miles with 20-pound pack and tools; Comfortable in a backcountry setting

Transportation: Required

Salary: As per the current CTC policy.

Please contact the CTC office at: ctcoffice2014@gmail.com or (931) 456-6259.

CLARKSVILLE CHAPTER

CHAPTER CHAIR: Philip Anderson 931-561-0925
clarksville@tennesseetrails.org
VICE-CHAIR and CHAPTER REPRESENTATIVE:
Paul Schwab 931-801-9484
clarksville@tennesseetrails.org
TREASURER: Mary Schwab 931-645-9068
clarksvilletteas@tennesseetrails.org
SECRETARY: Mary Ann Harris 931-647-9321
clarksvilletecy@tennesseetrails.org
OUTINGS COORDINATOR: Paul Schwab 931-801-9484
clarksvillehikes@tennesseetrails.org
(call Paul & volunteer to lead an outing)
MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT,
Crow Community Center, 211 Richview Rd.

Aug 1 - Virgin Falls SNA, Virgin Falls trail. 8.5 miles. Difficult. Meet 6:30 am CT, I 24 Exit 11 commuter parking lot near McDonalds. 140 miles to trailhead.

Aug 8 - Dunbar Cave SNA, Discovery Trail. 2.5 miles. Moderate. Mike Covey 608-206-9850. Meet 8:00 am CT at the trailhead near the picnic table.

Aug 15 - Clarksville Greenway from Marys Oak Drive access, out and back, to Pollard Road access. 4 miles. Easy. Carol Segura 931-249-1347. Meet 8:00 am CT at the Marys Oak Drive access. Note: In previous years we have met at Pollard Road access.

Aug 18 - Monthly Chapter Meeting. This is assuming the Crow Center will be open for our meeting.

Aug 22 - Garden of the Gods trip: 3 stops and a free ferry ride across the Ohio River; 1) Cave in Rock, 0.25 mile, moderate; 2) Rim Rock Trail, 0.5 mile, moderate; 3) Garden of the Gods, 0.5 mile, easy to difficult. Paul Schwab 931-801-9484. Meet 7:00 am Dover Crossing Kroger Parking Lot. 14 miles to Garden of the Gods.

Aug 29 - Rotary Park, Clarksville. 3.5 or 5.25 miles, you have the opportunity to exit after 3.5 Miles. Moderate. Ed Oliver 931-561-9946. Meet 8:00 am CT, first shelter on left after entering park.

2020 TTA Board of Directors Meetings

Saturday, Aug 8: 11 AM	Hermitage Library 3700 James Kay Lane Hermitage
Sunday, Oct 25	Time and Location to be announced.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CO-CHAIR: Jane Coffey 615-516-6551
columbia@tennesseetrails.org
CHAPTER CO-CHAIR AND BOARD REPRESENTATIVE:
Marvin Caine 931-486-1632
HIKE COORDINATOR: Jane Coffey 615-516-6551
columbiahikes@tennesseetrails.org
MEETS QUARTERLY: Meets quarterly at the Barnabas Center at
506 Fair Street, Franklin, TN 37064. The Barnabas
Center is located behind St. Paul's Episcopal Church.
Social hour from 6:00 - 7:00 pm. Meeting at 7:00 pm.

Please check the TTA website for updates on our hikes.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-985-9144
easttennessee@tennesseetrails.org
WEBMASTER: Sherry Barber 865-209-6189
sbarber6189@comcast.net

Aug 1 - Eagle Trail, Norris, TN. 3+ miles. Easy. We'll begin our hike at 10:00 am and follow the Eagle Trail to a very nice scenic ridge with a lovely covered gazebo. We'll ponder the beauty before returning to our cars. Please preregister and direct any questions to Lesley 865-254-1193 or *lesley.p616@gmail.com*.

Aug 22 - Obed River. The Obed Wild and Scenic River Park consists of four streams that have cut into the sandstone of the Cumberland Plateau creating rugged landscape wild and water. There are spectacular gorges with 400 ft cliffs above the streams and huge sandstone boulders dotting the streams creating large whitewater rapids in the rushing water. We will hike approximately 5 miles in and out at Ally Ford. The trailhead begins at Rock Creek Campground adjacent to Nemo. Preregistration is required due to the weather conditions. We will tailgate at 9 am from the Ingles parking lot at Merchants Rd off 1-75 exit North. We will also tailgate from Books A Million parking lot in Oak Ridge at 9:30 am. Please preregister with Sherry at 865-209-6189 or *sbarber6189@comcast*. If conditions are favorable, swimming is an option.

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CHAIR: Tom Bentley 931-455-5849
highlandrim@tennesseetrails.org
TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666
highlandrimtreas@tennesseetrails.org
OUTINGS & PROGRAM COORDINATOR & NEWSLETTER CONTACT: Tom Hartvigsen 931-962-0811
highlandrimhikes@tennesseetrails.org
(contact Joan & volunteer to lead an outing)
MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W.
Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Aug 4 – Ritchie Hollow to Snoopers Rock and Back. 8 miles. Moderate. 1,200 foot elevation change. Joint outing with the Soddy-Daisy Chapter. This hike features beautiful 30 ft. Blowing Wind Falls, many awesome views of the Tennessee River Gorge and a mature hardwood forest. Ritchie Hollow Trail connects the Tennessee River to Pot Point Loop Trail in Prentice Cooper State Forest. Our turn around point is Snoopers Rock, a bare rock promontory offering a wide view of the Tennessee River Gorge. Hikers have the option of just hiking the Ritchie Hollow Trail, 5.4 miles round trip. We will meet at 8:00 am CT in the parking lot 17805 River Canyon Road, Chattanooga, TN. Please register with Joan Hartvigsen, *jhartvigs@comcast.net* or 931-962-0811. Cell: 931-636-2914. Bring water, snacks and lunch and hiking sticks. Wear sturdy hiking boots.

Aug 8 – TTA Board Meeting.

Aug 15 – Elk River below Tims Ford Dam to Farris Creek Ramp. 8.5 miles, approx. 4.5 miles. Masks required during vehicle shuttle. Joint float with Murfreesboro Chapter, Tony Jones. Meet at 9 am CT at Elk River put in off Hwy 50 below Tims Ford Dam. Bring kayaking gear, a lot of water, snack, lunch and sunscreen. Please register with Joan Hartvigsen, *jhartvigs@comcast.net*. Boiling Fork Adventures. LLC rent kayaks for \$25 per day, 200 Hill Dale Drive, Winchester, TN. 931-636-7127. Reserve in advance and pick up the kayak morning of our float and transport it to the put-in yourself. You will need a full-size pick-up truck or roof kayak carrier or kayak trailer to safely transport the rental kayak.

Aug 22 – Buggy Top Cave Hike. 4 miles round trip. South Cumberland State Park, near Sewanee, TN. Hwy 56 South. Moderately difficult due to steep descent and rough footing. Buggy Top Cave is one of the largest cave entrances in Tennessee. Bring water shoes and flashlight and head lamp to explore the cave. You will need water, lunch and hiking sticks. Wear sturdy hiking boots. Please register with our hike leader, Marietta Poteet, *nannietta@blomand.net* or 931-924-7666.

Con't on next page

Highland Rim Chapter – con't.

Aug 24 – Chapter Meeting. Picnic at 4:30 pm CT at Old Stone Fort State Archaeological Park. Program by Jason Miller, Director of State Natural Areas. Jason will lead a walk at May Prairie State Natural Area beginning at 6:30 pm. The main parking area is on Asbury Road in Manchester. Jason's main focus will be the May Prairie but he will speak some on state scenic rivers. Late summer flowers will be blooming and we will also see prairie grasses. Please register with Joan Hartvigsen at jhartvigs@comcast.net or 931-962-0811

Aug 29 – Short Springs Work Day. Meet at 8 am in the parking lot, 2250 Short Springs Road, Tullahoma. Bring work gloves, water and a snack. Wear sturdy hiking boots. Tasks will include clearing trails from blown down trees and pruning back foliage from the trails. Bring pruners and loppers. Specific tasks will be announced closer to the date. Please let Joan Hartvigsen know that you can help, jhartvigs@comcast.net or 931-962-0811.

Aug 31-Sep 3 - Devils Fork State Park on Lake Jocassee, Salem SC near Cashiers NC. Camping at Devils Fork State Park, kayaking Lake Jocassee and hiking in nearby state parks. We have reserved a private four hour pontoon boat tour guided by a Naturalist for September 1. We will see the entire lake and its waterfalls and contributing rivers, the northwest section and the northeast section. The park has a separate boat ramp reserved only for kayaks and canoes. Eclectic Sun LLC rents kayaks inside the park. We can also kayak nearby Keowee-Toxaway Lake. Nearby state parks with great hiking trails are Gorges State Park, Keowee-Toxaway State Park, Table Rock State Park and Caesars Head State Park, Raven Cliff Falls. Also, the hike to the Lower Whitewater Falls on the Bad Creek Foothills Trail is a spectacular hike as well as the Chau Ram County Park hike along the Chauga River featuring several waterfalls. Three reserved lakeside tent campsites have spectacular views of the lake and Blue Ridge Mountains. We have also reserved one RV campsite with 30 amp electricity and water. Contact Joan Hartvigsen to reserve a spot in one of these campsites, jhartvigs@comcast.net or 931-962-0811. Bring kayaking and swimming gear, camping gear, hiking gear. Bring binoculars for the boat ride.

Highland Rim Chapter – con't.

Planning Ahead:

Sep 18-20 – Camping on Big Island and Little Island on Tims Ford Lake. Kayaking on Tims Ford Lake and hiking on Ray Branch Peninsula. Joint outing with the Murfreesboro Chapter. Contact Joan Hartvigsen to reserve a spot on Big Island or Little Island, jhartvigs@comcast.net or 931-962-0811. Saturday we will kayak to Ray Branch Peninsula and hike Evans Loop Trail and a section of the Ray Branch Shoreline Trail. Total hiking distance four miles. You will need hiking boots and hiking socks in addition to camping gear and kayaking gear and food. Saturday evening we will drive to Winchester and eat outdoors at Twin Creeks Marina.

Oct 2-4 – Nathan Bedford Forrest State Park, Camden, TN. Joint outing with Murfreesboro and Jackson Chapters. Camping, hiking and kayaking Kentucky Lake, aka Tennessee River. Reserved five Lake Front campsites. Water Trail: Boat Ramp #1 to Eva Beach. 5 miles out and back. Park is home to Tennessee River Folklife Interpretive Center and Museum. Nearby Johnsonville State Park also has hiking trails with lake views and an area to launch kayaks at lakeside parking area. Both parks feature Civil War history. More hiking at nearby Natchez Trace State Park. Susan Woods will lead our hikes in Nathan Bedford Forrest State Park. Susan is a lifetime member of the Jackson Chapter of TTA and Treasurer of the Friends of Nathan Bedford Forrest State Park. Please register early with Joan Hartvigsen if interested in staying in one of the five campsites, jhartvigs@comcast.net or 931-962-0811.

JACKSON CHAPTER

CHAPTER CHAIR: Melinda Pearson 731-225-4293
jackson@tennesseetrails.org
TREASURER: Anne Goodson 731-664-1556
jacksontreas@tennesseetrails.org
SECRETARY: Terry McCoy 731-535-0625
jacksonsecy@tennesseetrails.org
HIKE & FACEBOOK COORDINATOR: Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org

(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1st Monday at Panera Bread, Vann Dr.,
Jackson. Dinner 6:00 pm CT; Meeting 6:45 pm

Hike information unavailable at press time.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
memphis@tennesseetrails.org
VICE-CHAIR: Francis Ruffin 662-701-6284
memphisvice@tennesseetrails.org

No hikes scheduled. See you in September.

MURFREESBORO CHAPTER

CHAPTER CO-CHAIRS: Jeanne Conatser 615-971-8894
Sara Kennedy 615-692-9057
murfreesboro@tennesseetrails.org

TREASURER/HIKE COORDINATOR/BOARD REP:
Sara Pollard 615-714-3610
murfreesborotreas@tennesseetrails.org

MEMBERSHIP COORDINATOR: Jennifer Zahn 615-943-8853
murfreesborohikes@tennesseetrails.org

BLOGMASTER
Craig McBride 615-394-6121
murfreesboroblog@tennesseetrails.org

MEETS MONTHLY (except Jan, Feb, Jul, Aug): 2nd Tuesday at
7:00 pm CT, Barfield-Crescent Park's Wilderness Station,
697 Veterans Parkway, Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Aug 11 – Chapter Meeting. Speaker to be determined later.

Aug 15 – Elk River Kayaking, Float from Tims Ford Dam to Farris Bridge. The float is approximately 8.5 miles and will take roughly 5 hours with lunch and rest breaks. We will meet at Tims Ford Dam at 9:00 am to arrange a shuttle. Face masks are optional on the water but **MUST BE WORN** during the shuttle. Tony will provide a disposable mask if needed. Bring water, lunch, water toys, and PFD is required in boat. For more information or to register call Tony Jones at 615-397-4463 or tonjon1968@gmail.com.

Aug 22 – “Pick a Park” series. Dunbar Cave State Park and Port Royal State Historic Park. Jeanne Conatser's Pick- A- Park is a two-for-one. We'll meet at Port Royal in Adams at the River Bottom Trail parking lot at 10:00 am for an easy half-mile loop by the Red River. Then we'll drive 20-30 minutes over to Dunbar Cave in Clarksville for another easy half-mile loop around the lake and down to the cave entrance. Here's a chance to choose your own adventure: The regular path takes you to the entrance of the cave only. If you would like to go down into the cave to see the art and formations, the park ranger will lead us at 1:00 pm, but you **MUST PRE-REGISTER AND PRE-PAY \$18**. Here's the link to register for the cave tour:
<https://reserve.tnstateparks.com/dunbar-cave/tours>.

Maximum of 10 per tour and be careful that you select the 1:00 pm slot (unless you choose to stay and go at 3:00 pm). Adds about an hour and is completely optional, but please plan transportation accordingly. Bring your State Parks Passport book, your own snacks and drinks, Dunbar Cave State Park has a picnic area. This is a chance to visit two state parks in one day. Please register by email to Jeanne Conatser at djconatser@comcast.net in case trip is cancelled for weather.

Murfreesboro Chapter – con't.

Aug 29 – Foster Falls and Denny Cove. Located between Tracy City and Jasper. Foster Falls Climbers Loop is 3.0 miles rated moderate. From the Foster Falls observation deck this trail descends to the base of the 60 ft. Foster Falls. Then we'll ascend to the top of the bluff to the trailhead. After this hike we'll travel 1.4 miles to the trailhead at Denny Cove. The Denny Cove trail is 2.9 miles rated moderate. The trail is rocky in some places and we'll pass a beautiful overlook on our way to the Denny Cove waterfall. Hiking boots are highly recommended and bring food and plenty of water. For more information or to register, contact Sara Pollard at 615-714- 3610 or sarabpollard@gmail.com.

OFFICERS:

President
Mary Etta Ward 931-581-9906
president@tennesseetrails.org

Vice-President
Linda Latter 615-419-4845
vicepresident@tennesseetrails.org

Treasurer
David Bowling 931-273-4202
treasurer@tennesseetrails.org

Secretary
Melinda Pearson 731-225-4293
secretary@tennesseetrails.org

At-large Directors (terms expiring listed after name)
Mary Etta Ward (2021) 931-581-9906
president@tennesseetrails.org

Libby Francis (2021) 615-889-5718
board@tennesseetrails.org

David Bowling (2021) 931-273-4202
treasurer@tennesseetrails.org

Mark Hubbard (2022) 615-715-1517
board@tennesseetrails.org

Melinda Pearson (2022) 731-225-4293
secretary@tennesseetrails.org

Vacancy (2019)
board@tennesseetrails.org

Cheryl Heckler (2020) 931-200-7436
membership@tennesseetrails.org

Linda Latter (2020) 615-419-4845
vicepresident@tennesseetrails.org

Jane Coffey (2020) 615-614-1083
board@tennesseetrails.org

Regional Directors

West TN: Terry Warren (2020) 731-535-0625
westregional@tennesseetrails.org

Middle TN: Joan Hartvigsen (2022) 931-962-0811
middleregional@tennesseetrails.org

East TN: Garnett Rush (2021) 865-268-5181
eastregional@tennesseetrails.org

CHAPTER REPRESENTATIVES ON THE BOARD
ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor
LouAnn Partington 931-393-4835
editor@tennesseetrails.org

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs 615-283-0507
nashville@tennesseetrails.org
OUTINGS COORDINATOR: Nancy Juodenas 615-319-8811
nashvillehikes@tennesseetrails.org
(email Nancy & volunteer to lead an outing)
MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI
Community Room, 261 Franklin Road, Brentwood. For
directions, visit: www.tennesseetrails.org/nashville.php
BLOG: www.tennesseetrails.org/blog/nashville

Aug 4 - Timberland Park. Natchez Trace Parkway. This park is maintained by Williamson County and is on the Natchez Trace Parkway just south of the Highway 96 bridge. It has a number of short trails that you can combine to create a longer hike including a trail that goes on to private property, the Big East Fork Reserve Loop. The planned hike is about 4.5 mi. but can be shortened if you prefer a shorter hike. Rated moderate for hilly terrain. Meet at the parking lot at 9 am. To register, contact Kathy Woods at kwoodz@comcast.net or 615-473-6824.

Aug 6 - 8-930 am, Burch Reserve, Warner Parks, Nashville, TN. A moderate 3-mile hike that has a bit of everything. Wide paved road to rocky single track with both level and hilly portions. This is the newest trail in the Warner parks and is less peopled than the other trails (and parking should be easier as well!). August is a great time for spotting butterflies in the warm meadows. There's about 400' in elevation gain and descent. A majority of the hike is shady but the meadow portions are bright and sunny so don't forget your water and hats. Limited to 10 so rsvp early. Please provide cell phone in case of weather cancellation. rsvp to Niola Cusati: niolac@gmail.com or text 408-455-2472.

Aug 15 - Hidden Lake Double Loop Hike, Harpeth River State Park, Pegram, TN. Some trail descriptions call this Nashville's "hidden jewel". "It travels through transitioning fields before entering woodland to reach bluffs above the Harpeth River. The trail then straddles the bluffs with the Harpeth on one side and Hidden Lakes on the other, before looping around a wooded knob past an old tourist resort." - Johnny Molloy. The double loop is 1.6 miles but I like to walk it in reverse (it's a whole new trail!), the second time, to add mileage for 3.2. miles. We will meet in the parking lot at 6:45 and start hiking at 7 am, practicing social distancing as per TTA guidelines. Call or email Nancy Juodenas at 615-319-8811, njlj1011@gmail.com.

Aug 20 - 8-930am, Burch Reserve, Warner Parks, Nashville TN. A Moderate 3-mile hike that has a bit of everything. Wide paved road to rocky single track with both level and hilly portions. This is the newest trail in the Warner parks and is less peopled than the other trails (and parking should be easier as well!). August is a great time for spotting butterflies in the warm meadows. There's about 400' in elevation gain and descent. A majority of the hike is shady but the meadow portions are bright and sunny so don't forget your water and hats. Limited to 10 so rsvp early. Please provide cell phone in case of weather cancellation. rsvp to Niola Cusati: niolac@gmail.com or text 408-455-2472.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Norm Brinsley 931-202-2338
plateau@tennesseetrails.org
TREASURER: Clark Zedric 217-520-9889
plateautreas@tennesseetrails.org
BOARD REPRESENTATIVE: Bob Obohoski 931-456-4282
boardplateau@tennesseetrails.org
MEETS MONTHLY: 2nd Thursday at 6:00 pm CT
BLOG: www.tennesseetrails.org/blog/plateau

Come take a GUIDED hike with us. We offer a short 5 miles or less and a long 8+/- mile hike every Wednesday and two Saturdays a month. For additional information contact the hike coordinator plateauhikes@tennesseetrails.org or text/call 931-267-2243. For a list of monthly hikes, visit the Plateau Chapter blog. Check the blog one hour prior to hike time for cancellation or for any other updates/changes to our schedule before hiking. Instead of carpooling to trailheads our hikers may opt to drive themselves.

Aug 1 - Pickett State Park, Jamestown, TN. Hazard, Natural Bridge & Indian Rockhouse Trails. We'll wind our way around the 3 trails for about 5 easy miles starting from the Hazard Cave Trailhead. Gas cost is \$5. Bring water, snacks and lunch. Don't forget tick/bug spray and sunscreen. Depart 7:30 am CT from Cracker Barrel's rear lot in Crossville.

Aug 5 - New uncompleted Section of CT from Stinging Fork Trailhead toward Head of Sequachie, Spring City, TN. We'll see how far the trail has been completed in/out then if we want, hike to Stinging Fork Falls for an added 3 miles. **Short Hike:** 3 mi in/out. **Long Hike:** 6 mi in/out. Depart 7:30 am CT from Trinity Tabernacle parking lot off Hwy 127S, one mile south of downtown Crossville. Gas cost is \$3. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch.

Aug 12 - Whites Creek Natural Area, Rockwood, TN. The Whites Creek 3.5 mi trail begins along the shoreline and continues as a woodland walk along the ridge tops overlooking the Watts Bar reservoir of the Tennessee River. The hike is rated moderate due several hill climbs to get your heart pumping. Then we will visit Fort Southwest Point in Kingston for a short walk and some exploring. This is the only federal era 18th Century Fort in Tennessee reconstructed on the original foundation. Pack water and snacks. We'll eat lunch at Courtney's Diner in Harriman on our way to the Fort. Don't forget tick/bug spray and sunscreen. Depart 7:30 am CT from Trinity Tabernacle parking lot off Hwy 127S, one mile South of downtown Crossville. Gas cost \$5.

Con't on next page

Plateau Chapter – con't.

Aug 19 - University of TN Arboretum Loop Trail. Oak Ridge, TN. We will hike the 5 mile loop which is off Hwy 62 (See All Trails App). Don't forget tick/bug spray and sunscreen. Pack water, lunch and snacks. Depart at 7:30 am CT from Dorton United Methodist Church 1 mile East of Peavine Rd on Hwy 70E. Gas cost \$5.

Aug 26 - Rock Island State Park, Moonshine .6 mi, Twin Falls 1.6 mi, Upstream. 5 mi, Eagle Trail 1.5 mi - Rock Island, TN. We will cobble several short trails together and eat lunch at the local cafe. There are multiple waterfalls to see. **Short Hike:** 4 mi easy. **Long Hike:** 5.2 mi easy. Depart 7:30 am CT from Tractor Supply parking lot in Crossville. Don't forget tick/bug spray and sunscreen. Pack water and snacks. Gas cost \$5.

Aug 29 - Big South Fork, Rock Creek, John Muir and Tunnel Trails, Jamestown, TN. We will hike 5 in/out moderate miles on a new route to the Tunnel which is near the Hidden Passage Trail. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch. Depart 7:30 am CT from Cracker Barrel's rear lot in Crossville. Gas cost is \$6.

Looking ahead:

Jan 9, 2021 - Joint hike with Soddy Daisy Chapter. Flats Mountain Trail in Cherokee National Forest.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: Jean Smith 423- 596-7681

soddydaisy@tennesseetrails.org

TREASURER: Robertson (Bob) McGavock 423-667-2960

soddydaisytreas@tennesseetrails.org

HIKE COORDINATOR: Patricia Appleton 423-332-6517

soddydaisyhikes@tennesseetrails.org

MEETS QUARTERLY: Tuesday of the week following the TTA Board Meetings in Feb, May, Aug and Oct at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson

Additional information may be seen at our web site:

<http://www.tennesseetrails.org/blog/soddydaisy>

Hike information unavailable at press time.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Marcia Powell 217-855-3013
Jenny Fitzgerald 615-517-8185
sumner@tennesseetrails.org

TREASURER: John Jones 615-533-0127
sumnertreas@tennesseetrails.org

BOARD REPRESENTATIVE: Duane Frichtl 309-830-9720
boardsumner@tennesseetrails.org

Aug 6 - White House Greenway. 3 miles. Easy. Join us at 9 am at White House High School parking lot, 508 Tyree Springs Road (New Shackle Island Road) for an easy out and back on the paved and mostly level White House Greenway to the Veterans Memorial trailhead. Information contact is Marcia Powell 217-855-3013 *mpow1221@gmail.com* or Rich Lake 217-649-3361 *laker1027@gmail.com*.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR: Cynthia Karrington 931-303-3409
uppercumberland@tennesseetrails.org

HIKE COORDINATOR: Cathy Moran 931-544-2764
uppercumberlandhikes@tennesseetrails.org

Please see online calendar for any updates on hikes.

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on the 10th of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster for inclusion on the TTA website.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

Aug 20

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Cheryl Heckler 931-200-7436 membership@tennesseetrails.org

PLEASE, PRINT CLEARLY.

___ Individual \$25.00
___ Family \$35.00
___ Student (FULL TIME) \$15.00
___ Supporting (\$50.00, \$100.00 or more)
___ Life Member (Individual) \$500.00
___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Primary Phone (___) _____ Zip _____ -- _____
Alternate Phone (___) _____
Primary e-mail _____
Alternate e-mail _____

For privacy, please do not list the following in the TTA Annual Membership Directory

- E-mail addresses
 Mailing address
 Telephone numbers

I would like to receive my newsletter by mail.

Please list me with the following chapter:

___ Clarksville
___ Columbia/Franklin
___ East TN (Oak Ridge/Knoxville)
___ Highland Rim (Manchester/Tullahoma)
___ Jackson
___ Memphis
___ Murfreesboro
___ Nashville
___ Plateau (Crossville)
___ Soddy Daisy
___ Sumner Trails (Sumner County)
___ Upper Cumberland (Sparta/Cookeville)
___ At Large

When you become a TTA member, you will receive: (1) TTA's Annual Membership Directory and Hiking Handbook, listing members by chapter and how to reach them and including a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA hikes or functions.
Not a member yet? Please check out one of our hikes or meetings soon!