

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SUPPORTING THE CUMBERLAND TRAIL



2020 TTA Annual Conference Save the Date

The Nashville and Sumner Trails Chapters will host the conference October 23 - 25, 2020 at Montgomery Bell State Park in Burns TN, about an hour west of Nashville.

Attendees will have the option of newly renovated rooms at the Park's Inn or the campground inside the State Park. There is also commercial lodging in Dickson and other nearby towns.

In addition to Montgomery Bell, our hikes will include other nearby State and Municipal Parks and urban hikes in Nashville.

Members of the Nashville and Sumner Trails Chapters are looking forward to hosting hikers from across Tennessee!

Registration information for INN ROOMS: Phone the Inn & Conference Center directly to make your reservation (615-797-3101 or 800-250-8613). Provide our GROUP CODE 9880 to receive special discount pricing on the Inn Rooms. Inn Rooms (some have 1K; some have 2Q) do not require a 2-night minimum but a deposit of one full night's stay is required (\$143.44/night; includes the tax). Any remaining group rate rooms will be released for general reservation on 9/8/20, so don't wait until the last minute! Discounts for Seniors, Veterans, and Tennessee State Employees are available only when booking separately from our group rate.

For the CAMPGROUND, contact the Park Office at 615-797-9052

or
<https://tnstateparks.com/parks/campground/montgomery-bell>. All sites come with a grill, fire ring, picnic table, and access to the bath house (showers with hot water). Campground sites are \$15-35*/night, before taxes.



EVAN MEANS GRANT AWARDED TO THE FRIENDS OF TIMS FORD STATE PARK

The Friends of Tims Ford State Park were awarded an Evan Means Grant for \$1,136.26 on February 16, 2020 to develop a Storybook Trail in Tims Ford State Park. The funds will cover the cost for the Storybook panels to be made as well as the lumber to frame and hold the panels along the trail. TTA President Mary Etta Ward presents the check to Kevin Wiseman, President of the Friends of Tims Ford State Park.

TTA is now accepting requests for Evan Means Grants. Grants will be considered at each board meeting throughout the year dependent on the availability of funds.

If your TTA Chapter or local non-profit organization require funding for a trail project, the application for the Evan Means Grant Program is on the TTA website in the left hand column tab: Grants. Please email the completed application to Joan Hartvigsen, Chair of the Evan Means Grant Committee, jhartvigs@comcast.net.



Cumberland Trails Conference

Office Location: 409 Thurman Avenue, Ste 102
Crossville, TN 38555

Office Hours: Tuesday – Friday
10 am – 3 pm CT

Phone: 931-456-6259

Office Staff: Teresa Kemmer

Email: ctcoffice2014@gmail.com

Website: www.cumberlandtrail.org

The first week of the CTC Alternative Spring Break (ASB) program hosted three schools, Ball State, Nova Southeastern and Michigan State. Trail was built on the new section from Stinging Fork to Hinch Mountain. The Spring Breakaway is based at the Head of the Sequatchie area of the Justin P. Wilson Cumberland Trail State Park in Pikeville, TN.

BreakAway is an Alternative Spring Break (ASB) program hosted by the Cumberland Trails Conference (CTC). College students from across the country pay their own way to come to Tennessee to work on the Cumberland Trail along with CTC volunteers. Students and volunteers participate in trail building/maintenance for a week. BreakAway also provides for educational opportunities about the environment, history, geology, flora and fauna along the Cumberland Trail.

- Trail will be built between Stinging Fork State Natural Area and Hinch Mountain.
- Volunteers are needed to host the students and to build trail with the students.
- Camp Moms and Camp Dads are needed to help with Sunday registration and meal prep.
- Food and lodging are provided.

WE NEED YOUR HELP to support the ASB program. Please contact the CTC office to volunteer or offer financial assistance for the ASB program.

If you are interested, there is still time to volunteer for the last weeks of ASB March 23 – April 3.

If you are not available for the Spring Break program, we have other opportunities for you:

Join the trail crew for a day or more. This is your chance to walk on the trail before it is open to the public.

- The CTC Trail Crew is working on a new section of the Cumberland Trail, Stinging Fork to Hinch Mountain. This section is south of Crossville.
- Members of the crew are also working on sections of the trail northeast of Crossville.
- If you want to join the trail crew and build trail, please contact the CTC office to register and receive information about where to meet the CTC trail crew.
- The e-mail address for volunteer questions and registration for programs: VolunteeratCTC@gmail.com.

We are hiring!! We are hiring Trail Crew members. No experience is necessary as we will train you. Contact the CTC office to apply and for more information.

CLARKSVILLE CHAPTER

CHAPTER CHAIR: Philip Anderson 931-561-0925
clarksville@tennesseetrails.org

VICE-CHAIR and CHAPTER REPRESENTATIVE:
Paul Schwab 931-801-9484
clarksville@tennesseetrails.org

TREASURER: Mary Schwab 931-645-9068
clarksvilletreas@tennesseetrails.org

SECRETARY: Mary Ann Harris 931-647-9321
clarksvilleasec@tennesseetrails.org

OUTINGS COORDINATOR: Paul Schwab 931-801-9484
clarksvillehikes@tennesseetrails.org

(call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT,
Crow Community Center, 211 Richview Rd.

Apr 4 - Clarksville Greenway from Marys Oak Drive access, out and back, to Pollard Road access. 4 miles. Easy. Carol Segura 931-249-1347. Meet 8:30 am CT at the Marys Oak Drive access. Note: In previous years we have met at Pollard Road access.

Apr 11 - Sewanee Domain. 5.5 miles. Moderate. Hike from Green's View along the Perimeter Trail to Piney Point Trail; hike out and back to Piney Point; return to Green's View via Beckwith's Point. Paul Schwab 931-645-9068. Meet 7:00 am CT, I24 exit 11 Park & Ride, near Subway. 129 miles to trailhead

Apr 18 - Hike to the Dedication Ceremony of the Red River East portion of the Clarksville Greenway, out and back. 2 miles. Easy. Philip Anderson 931-561-0925. The dedication Ceremony is between 10:00 am and 1:00 pm CT. TTA will have a booth at the Dedication. Meet 9:30 am CT, McGregor Park Cumberland Riverwalk Pavilion. This is where the flags are.

Apr 21 - Monthly Chapter Meeting.

Apr 25 - Savage Gulf SNA, following trails which form a loop: Stone Door, Big Creek Gulf, & Laurel. 7.8 miles. Difficult. Mike Covey 608-206-9850. Meet 7:00 am CT, I24 exit 11 Park & Ride, near Subway. 134 miles to trailhead.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CO-CHAIR: Jane Coffey 615-516-6551
columbia@tennesseetrails.org

CHAPTER CO-CHAIR AND BOARD REPRESENTATIVE:
Marvin Caine 931-486-1632
columbia@tennesseetrails.org

HIKE COORDINATOR: Jane Coffey 615-516-6551
columbiahikes@tennesseetrails.org

MEETS QUARTERLY: Meets quarterly at the Barnabas Center at
506 Fair Street, Franklin, TN 37064. The Barnabas
Center is located behind St. Paul's Episcopal Church.
Social hour from 6:00 - 7:00 pm. Meeting at 7:00 pm.

Please check the TTA website for updates on our hikes.

Apr 11 – Beaman Park, Joelton. Beaman Park has added a new 6 to 10 mile trail loop. We will be taking the 6-mile loop. The announcement will be presented by the "Friends of Beaman Park" at the end of March 2020. More news as it becomes available. We will meet at Tollgate Medical Center in Thompson's Station, TN at 8:00 am. Anyone wishing to meet us at the trail head will be welcome. We should plan on meeting at 9:00 am there. Leader Jane Coffey - *jecoffey0644@gmail.com* or 615-516-6551.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-985-9144
easttennessee@tennesseetrails.org

WEBMASTER: Sherry Barber 865-209-6189
sbarber6189@comcast.net

Apr 4 – Seven Islands State Birding Park. 5 miles. Easy. This park is a premier birding destination for more than 190 species of bird sightings. We'll hike along the French Broad River and then enjoy lush beautiful grassland. The many views may include our own Smokies. Seven Islands became Tennessee 's 56th State Park in 2013. We'll also cross the newly built pedestrian bridge. Don't miss out on this great hike. We'll meet at 10 am at the parking area of the Cracker Barrel (Strawplains exit). It's a short drive to Seven Islands. If you have any questions, call Lesley at 865-254-1193 or email *lesley.p616@gmail.com*.

Apr 11 - Porter Creek and Plemmons Cemetery, GSMNP. 5 miles. Easy. Porter's Creek is known for its spring wildflower displays, the varieties of wildflowers and native plants number between 30 and 40. The foundation of the Cantwell house is on the right at mile 0.4. At mile 0.7 the trail crosses Long Branch. Up the hill from the bridge and to the right look for cement block steps leading up the bank to the Ownby Cemetery. There's a skeleton of an old car to the right of the trail just beyond the cemetery. Once you leave the gravel road the trail becomes narrow and winds through deeply shaded forest dominated by hemlocks, magnolia and a heavy undergrowth of rhododendron.

East Tennessee Chapter – con't.

The wildflowers thrive in the deep shade. At about 1.4 miles a crooked bridge of two split tree trunks forming an angle at a boulder about midway crosses Porter's Creek. On the other side are lots of boulders, a great place for a break next to the creek. The variety of wildflowers picks up again after the footbridge, with wild ginger, white- and purple-fringed phacelia and many others carpeting the ground here and there among massive buckeye trees and soaring tulip poplars. If time permits we will visit Plemmons Cemetery near the intersection of Middle Fork and Porters Creek, where you turn to go toward Ramsay Cascade. Plemmons Cemetery is one of the largest cemeteries in the Park. This additional hike adds about one mile and is relatively flat. We recommend shoes to wear to and from the hike plus sturdy hiking shoes, other weather appropriate clothing, a snack, a drink and a camera. We will meet in the Baptist Church of Bearden of Bearden parking lot for car-pooling and leave at 8:30 am and stop at the Cracker Barrel (Strawplains exit) and leave there at 9:00 am. Be sure to bring \$\$\$ for carpooling. After the hike plan on stopping on the way back for a meal and refreshments. For specific information about the hike please contact Tom before April 10 at 588-5622 and leave a message or send an email to *cressler@utk.edu*.

Apr 12 - Emory Gap, Panther Creek, Judge Branch, FHSP. 4.5 to 7.8 miles. Moderate. Join us on a flower hike in the Cumberland Mountains. We will park at the end of Flat Fork Road hike a portion of the Panther Creek trail and the entire Emory Gap trail to the falls. We will go about 1.75 miles on the Panther Creek trail gain about 250 feet, turn around and go back to the Emory Gap trail, losing about 200 feet. The Emory Gap trail to the falls is about 1.0 mile and gains about 300 feet. At the falls we will turn around and go back to the parking area, losing about 350 feet. If time and energy allow, we will relocate and take a second hike on the Old Mack and Judge Branch trails. This second hike is about 3.3 miles and gains about 300 feet by the turn around point. All of the distances and elevation changes are estimates based on a topo map. If we take both hikes the total distance is about 7.8 miles which is about average of most of our hikes. We recommend shoes to wear to and from the hike plus sturdy hiking shoes, other weather appropriate clothing, a snack, a drink and a camera. We will meet in the Food City parking lot near the corner of Northshore Drive and Kingston Pike for carpooling and leave at 8:30 am stopping in Oak Ridge at Books-A-Million, 310 South Illinois Ave, and meeting in the parking lot nearest Illinois Ave. We will leave there at 9:00 am for those who would prefer to meet there. Be sure to bring \$\$\$ for carpooling. After the hike plan on stopping on the way back for a meal and refreshments. For specific information about the hike please contact Tom before April 11 at 588-5622 and leave a message or send an email to *cressler@utk.edu*.

HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

CHAPTER CHAIR: Tom Bentley 931-455-5849

highlandrim@tennesseetrails.org

TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666

highlandrimtreas@tennesseetrails.org

OUTINGS & PROGRAM COORDINATOR & NEWSLETTER

CONTACT: Joan Hartvigsen 931-962-0811

highlandrimhikes@tennesseetrails.org

(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W.

Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Apr 2 - Denny Cove Overlooks & Waterfall, South Cumberland State Park, Sequatchie, TN. 2.9 miles, moderate due to rocks, with the option to add 1.7 strenuous miles. We'll start off with an easy hike to two overlooks of Denny Cove to the left and the lower Fiery Gizzard Cove to the right, then continue on to the double-drop cascade of Denny Falls. On the way to the falls, we'll pass another nice overlook into the heart of Denny Cove and we'll navigate through rocks and boulders, which can be a bit strenuous at times, but it's worth it to view the splendor of Denny Falls. After a short break, we'll retrace our steps to complete the hike. If we wish, we can add another 1.7 miles out & back on the Denny East trail. While the Denny East trail is primarily used as climber access, it is a beautiful hike with dramatic, close-up views of the cliff-line that has made this area such an attraction for climbers. This trail includes significant rock scrambles, a short tunnel, loose rock and some narrow trail sections directly adjacent to significant drop-offs. Meet at 9 am at the Denny Cove trailhead at 5949 Highway 150, Sequatchie, TN. Please call or text Dawn Quarles at 423-443-7602 to register. Directions to trailhead: Drive south on US 41 pass Tracy City and the turn off to Foster Falls on your right. The Denny Cove turn off is on your right about 1.6 miles south of Foster Falls. If you reach Jasper, TN you have gone too far. TN Hwy 150 and US Hwy 41 are the same road.

Apr 4 - Short Springs Natural Area Spring Wildflower Hike, Tullahoma. About 3 miles. Moderate because of rough terrain. Sewanee Herbarium Botanist Yolande Gottfried is our hike leader. Meet at 10 am in Short Springs State Natural Area parking lot, 2250 Short Springs Road, Tullahoma. Bring water, a snack, hiking sticks. Wear sturdy hiking boots. Register with Yolande Gottfried, 931-598-5327 or email ygottfri@sewanee.edu.

Apr 5 - Short Springs State Natural Area, Tullahoma. 2 miles. Moderate due to rough terrain. Celebrate Natural Areas Week at Short Springs. Short Springs has some of the most diverse native wildflowers remaining on the Highland Rim. Join Ranger Leigh Gardner of Old Stone Fort State Park on a hike exploring and identifying the stunning spring floral bouquet that attracts visitors to this site each year. This hike will cover a little over two miles and last about two hours. Sturdy hiking boots, hiking sticks and water are recommended. Meet at 10 am at the Short Springs parking lot, 2250 Short Springs Road, Tullahoma. The hike is free, but please register by going to the State Natural Area website and click on events. Contact Joan Hartvigsen, jhartvigs@comcast.net or 931-962-0811 if there are questions.

Highland Rim Chapter - con't.

Apr 9-11 - Frozen Head State Park, Wartburg, TN. Camping and Hiking. We have reserved a group campsite in Flat Creek Group Campground for Thursday and Friday nights. We will hike Thursday, Friday and Saturday. Contact Joan Hartvigsen to reserve a spot in the campground, jhartvigs@comcast.net or 931-962-0811. Thursday's hike: Emory Gap Trail to Falls and Judge Branch Trail, 3 miles. Flat. Friday's hike: See below for hike description. Saturday's hike: West Lookout Tower Trail and Bird Mountain Trail Loop, 7 miles. Steep. The spring wildflowers will be awesome.

Apr 10 - Good Friday Hike. Frozen Head State Park. Wartburg, TN. North Old Mac Trail and South Old Mac Trail Loop with a visit to the Lookout Tower. 8 miles, total. 1,800 feet elevation change. Joint hike with the Murfreesboro Chapter, Sara Pollard. This hike features spring wildflowers, hemlocks, creeks and awesome mountain views. There is the option of camping at Flat Creek Group Campground Thursday and Friday nights. Contact Joan Hartvigsen, jhartvigs@comcast.net or 931-962-0811, to reserve a spot in Flat Creek Campground and information on meeting time and place for the hike.

Apr 17-19 - Trails & Trilliums sponsored by Friends of South Cumberland State Park. DuBose Conference Center, Monteagle, TN. Three days of hiking in South Cumberland State Park. Proceeds from this festival go to support the park. Highland Rim Chapter Hike leaders include Marietta Poteet, Yolande Gottfried, Nathaniel Mann and Jim Poteet. Tennessee State Naturalist Randy Hedgepath will lead hikes and present a wildflower program. Hikes include Foster Falls Climbers Loop, Sherwood Forest, Denny Cove, Collins Gulf, Shakerag Hollow, Saint Mary's, Sewanee, Fiery Gizzard Trail, Kings Farm. Go to Trails and Trilliums for complete schedule and to register for the hikes and programs. Camping at DuBose Saturday night with star gazing. Contact Joan Hartvigsen at jhartvigs@comcast.net or 931-962-0811 if there are questions.

Apr 24-26 - Great Smoky Mountains National Park, Cades Cove. Camping and Hiking Weekend. Joint activity with the Murfreesboro Chapter, Sara Pollard. We have reserved a gorgeous group campsite in Cades Cove Campground. Room for 10 small tents on the tent pads with more space on the gravel. Covered picnic pavilion with picnic tables. Flush toilets and drinking water nearby. We will hike Friday, Saturday and Sunday. Friday we will hike a section of the Anthony Creek Trail to Anthony Creek Campsite and back, 5.6 miles, moderate. Saturday we will hike the Gregory Ridge Trail to Gregory Bald, 11.4 miles round trip, 2,700 foot elevation change. Sunday we will hike to Abrams Falls and back, 5 miles, easy. Azaleas and spring wildflowers will be blooming. Reserve your spot soon. Contact Joan Hartvigsen, jhartvigs@comcast.net or 931-962-0811. Friday we will share a dinner at our campsite. Saturday we have the option of having dinner in Townsend.

Apr 27- Chapter Meeting. Dinner is 5:00 pm at Las Trojas Mexican Restaurant, 1905 N. Jackson Street, Tullahoma. The restaurant is near Kroger. The meeting is 7:00 pm at D. W. Wilson Community Center. Nancy Juodenas, Linda Latter and friends will present a program about a month-long adventure through Alaska and British Columbia taken by them and four other TTA members. Part of the adventure was to hike the thirty mile infamous Chilkoot Trail from Skagway, Alaska to Bennett, British Columbia. This trail has been designated a National Historic Trail because of its rich history associated with the Klondike Gold Stampede of 1898. Come follow the group's trek in the footsteps of the gold seekers, along with photos of bear sightings, glaciers and pristine wilderness. You will not be disappointed and you might even be inspired.

JACKSON CHAPTER

CHAPTER CHAIR: Melinda Pearson 731-225-4293
jackson@tennesseetrails.org

TREASURER: Anne Goodson 664-1556
jacksontreas@tennesseetrails.org

SECRETARY: Terry McCoy 731-535-0625
jacksonsecy@tennesseetrails.org

HIKE & FACEBOOK COORDINATOR:
Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org
(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1st Monday at Panera Bread, Vann Dr.,
Jackson. Dinner 6:00 pm CT; Meeting 6:45 pm

Apr 18 - Sipsy Wilderness near Russellville, AL. 6-8 mile loop. Moderate. Sipsy Wilderness is in the heart of Bankhead National Forest. Its varied terrain will be a pleasure to hikers. Creeks and tributaries snake thru the wilderness. One of the defining features is the Sipsy River, which cuts thru layers of sandstone that make up the Brindley Mountain Plateau. Waterfalls cascade down the cliffs of the river canyons. The wilderness has well earned the nickname "Land of 1000 Waterfalls". The Bee Branch section is one of the most scenic portions of the entire hike. Sipsy Wilderness is home of some of the last virgin timber in the state. Another defining feature is "The Big Tree", the largest tree in the southeast. It is a yellow poplar approximately 150 feet tall and takes 4 grown men to encircle its circumference. There is a waterfall located near the tree that has a great view (from top) allowing you to see the entire Big Tree Holler. There is plenty to explore from thick forests, small caves, sinkholes and breathtaking overlooks. The hike will begin at the Thomson Creek Trailhead at 9 am. Please contact Glen Rognstad if you plan to hike at 731-217-5966 or *glenrognstad@gmail.com*. Some are planning to drive there on Friday and camp at the trailhead while others are staying at motels in Russellville. If you are driving Saturday morning, it is about a 3 hour drive from Jackson.

Apr 25 - Nathan Bedford Forest. 7-8 miles. Moderate. This hike takes advantage of riverfront views, looping thru a pretty forest and to the top of Pilot Knob. Trail surface is dirt and paved. There is a museum at the top of Pilot Knob. Please contact Susan if you plan to hike at 731-441-8066 or *woodsbob@bellsouth.net*. Will meet at Panera Bread in Jackson at 8:00 for carpooling or be at trailhead at 9:30 am.

Planning ahead:

Jun 7 - Charlie's Bunyon in the Smokies. Jeff Chambers will lead this hike.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
memphis@tennesseetrails.org

VICE-CHAIR: Francis Ruffin 662-701-6284
memphisvice@tennesseetrails.org

Apr 4 - Lucius Burch National Area, North of Walnut Grove. We will meet at 9:00 am for sign-in and announcements in the unpaved parking area on the south side of Walnut Grove immediately east of the Wolf River. Please note that it is very difficult to reach the parking lot if you are traveling west on Walnut Grove. The hike will depart promptly at 9:15, so don't be late. The hike will be approximately 5.75 miles and take between 2 1/2 and 3 hours. The terrain is relatively flat with a few steep ravine crossings. Bring water and a snack if desired. Hiking boots are recommended especially if we have had recent rain. Rain or snow will cancel hike. For additional information, contact Marion at 901-482-8640 or at *mquinlen@gmail.com*.

Apr 11 - Chewalla Lake Recreational Area near Holly Springs, MS. This is a 7-mile moderate hike through woods, along the Chewalla Road Trail to the Pine Mountain Road. Meet at 9:30 am. We start at the trail head from the MSL-Chewalla Lake Road. Park along the road, near the trailhead. Wear boots, bring water and snack. Rain cancels the hike. For more information call Janet at 901-761-0705. Directions: From US HWY 78 take the Lake Center exit, turn west onto HWY 178, turn north onto Higdon Road and drive 3 miles to the entrance.

Apr 18 - For hike information check tennesseetrails.org website.

Apr 24-26 - Hiking the Cumberland Trail Near Soddy-Daisy. REGISTRATION REQUIRED. This trip will leave Friday morning and return Sunday afternoon with hikes all three days. The only hotel option in Soddy-Daisy is the Hometown Inn (<http://www.hometowninnssoddydaisy.com/>, 423-332-7755). This is a brief description of each trail. If you'd like more information on each hike, check out the web pages shown. Friday: The Soddy Creek Gorge Section (South). This is a 4.9-mile hike rated moderate. <https://www.cumberlandtrail.org/trail-segments/three-gorges-segment/soddy-creek-gorge-section-south/>. Saturday: Rock Creek Gorge Section. For this hike there are two options, 5.4 miles and 7.5 miles rated moderate to strenuous. We will all begin at the Retro-Hughes trailhead. At the 4.9 mark, there is a choice to go another 0.5 miles up a steep hill to the Upper Leggett Road Trailhead or go another 2.6 miles, mostly downhill to the lower Leggett Road Trailhead. <https://www.cumberlandtrail.org/trail-segments/three-gorges-segment/rock-creek-gorge-section/>. Sunday: Possum Gorge Section. This is an out and back hike from the Heiss Mountain trailhead to the Perkins Point Overlook. It is about 5 miles roundtrip and is rated moderately strenuous. <https://www.cumberlandtrail.org/trail-segments/three-gorges-segment/possum-creek-gorge-section/>. Registration by April 17 is required. Contact Wayne Simpson, *w.simpson1@comcast.net* or 901-385-1988 (no texts).

MURFREESBORO CHAPTER

CHAPTER CO-CHAIRS: Jeanne Conatser 615-971-8894
Sara Kennedy 615-692-9057
murfreesboro@tennesseetrails.org

TREASURER/HIKE COORDINATOR/BOARD REP:
Sara Pollard 615-714-3610
murfreesborotreas@tennesseetrails.org

MEMBERSHIP COORDINATOR: Jennifer Zahn 615-943-8853
murfreesborohikes@tennesseetrails.org

BLOGMASTER Craig McBride 615-394-6121
murfreesboroblog@tennesseetrails.org

MEETS MONTHLY (except Jan, Feb, Jul, Aug): 2nd Tuesday at
7:00 pm CT, Barfield-Crescent Park's Wilderness Station,
697 Veterans Parkway, Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Apr 4 – “Pick a Park” series. Park History Day. Sgt. Alvin C. York State Park and Pickett State Park near Jamestown. We'll meet at Alvin C. York State Park, where the rangers and reenactors will be doing WWI living history demos all day. There is a \$5 fee if you'd like to tour the Sergeant's house and then about a half mile walk across the field to the gravesite. We can also walk across the road a little bit to the creek and old mill. Then we'll drive over to the Pickett State Park Visitors Center. We can see the CCC Museum, then walk the Natural Bridge Trail (1 mile easy). Bring snacks, lunch, water, and your Tennessee State Park Passport book! Please RSVP by email to Jeanne Conatser at djconatser@comcast.net in case we cancel for weather.

Apr 10 - Good Friday. Frozen Head State Park. Wartburg. 8 miles. Moderate. Joint hike with the Highland Rim Chapter. We'll take the North Old Mac Trail and South Old Mac Trail Loop with a visit to the Lookout Tower. There is an 1,800 feet elevation change. The Lookout Tower rises just above the tree line and allows for a 360-degree view of the surrounding area. This hike features spring wildflowers, hemlocks, creeks and an abandoned CCC dynamite shack. To register or for information on the carpool from Murfreesboro, contact Sara Pollard at 615-714-3610 or sarapollard@gmail.com.

Apr 11 – Savage Gulf Waterfalls. Savage Gulf State Natural Area. Gruetli-Laager, TN. About 14 miles. Strenuous. Joint hike with Upper Cumberland chapter. Highlights of this hike include eight of the major waterfalls of Savage Gulf and spectacular spring wildflower displays. We will descend into the gulf along the Collins Gulf Trail past Suter and Horsepound Falls. We will then join the Connector Trail which will take us to the Big Creek Gulf Trail. After a side trip to Ranger Falls, we will visit Upper Boardtree Falls and Upper and Lower Greeter Falls before exiting the park. Water conditions could force an alteration in the route. Bring water shoes in addition to snacks, water and lunch. Contact Wayne Yancey at 615-887-0212 or wayne.yancey@gmail.com for registration and ride sharing.

Apr 14 – Chapter Meeting. Kyle Hurt will be our speaker. He is a hiker who has worked as a park ranger and will be speaking about hiking with pets.

Murfreesboro Chapter – con't.

Apr 19 -Taylor Hollow State Natural Area. Sumner County. 1 mile. Easy. Join us for a Sunday afternoon stroll through Taylor Hollow to enjoy the wildflowers. This is an easy trail so we'll head out around noon from Murfreesboro. If the Blue-Eyed Marys are at their peak, we'll be in for something really special. Contact Jan Safavi at 615-390-9146 or safavi.jan@gmail.com for carpool information and meet up location.

Apr 24-26 - Great Smoky Mountains National Park, Cades Cove. Camping and Hiking Weekend. Joint activity with the Highland Rim Chapter. The Cades Cove Campground group campsite has been reserved. There is room for 10 small tents on the tent pads with more space on the gravel. There is a picnic pavilion with tables, flush toilets and drinking water nearby. We will hike Friday, Saturday and Sunday. Friday's hike will be a section of the Anthony Creek Trail. Saturday we will hike the Gregory Ridge Trail and Sunday we'll hike to Abrams Falls and back. Azaleas and spring wildflowers will be blooming. Friday evening we will share dinner at our campsite and Saturday we have the option of having dinner in Townsend. Reserve your spot soon because this camping trip will fill up. For information and to register contact Sara Pollard at 615-714-3610 or sarapollard@gmail.com.

2020 TTA Board of Directors Meetings

Saturday, May 2: 11 AM	Hermitage Library 3700 James Kay Lane Hermitage
Saturday, Aug 1: 11 AM	Hermitage Library 3700 James Kay Lane Hermitage
Sunday, Oct 25	Time and Location to be announced.

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs 615-283-0507
nashville@tennesseetrails.org
OUTINGS COORDINATOR: Nancy Juodenas 615-319-8811
nashvillehikes@tennesseetrails.org

(email Nancy & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI
Community Room, 261 Franklin Road, Brentwood. For
directions, visit: www.tennesseetrails.org/nashville.php
BLOG: www.tennesseetrails.org/blog/nashville

Apr 4 - Jack Clayborn Millennium and the Merritt Ridge Loops, Edgar Evins State Park. 7.5 miles. Not "that strenuous." Laid out by the Tennessee Trails Association, it offers a rugged, challenging hike on land managed by Tennessee State Parks and the Army Corps of Engineers. Set on the peninsula of Center Hill Lake, the Millennium Trail traverses formerly settled land, rocky ridges, lakeside bluffs, and lush wooded hollows. This is a challenging hike, no doubt about it. When the Tennessee Trails Association laid out this path, they wanted to take hikers to all of the highlights found on this hilly shoreline of Center Hill Lake. They met their goal. But to visit all these points and stay on public land, the Millennium Trail had to make some serious twists and turns and ups and downs. But every step is worth it. Be well rested and adventurous in spirit when tackling this trail, then you will have a good time. From: "60 Hikes Within 60 Miles- Nashville" by Johnny Molloy. For information or to register, please contact: Karl Dupre, 615-207-2250 or karld@comcast.net.

Apr 11 - Washmorgan Hollow & Beyond Wildflower Day Trip. 3 or 6 miles. Moderate. A profusion of wildflowers will provide the setting for this day trip both on the drive and on the trails. Washmorgan Hollow State Natural Area in Jackson County is owned by the Nature Conservancy of Tennessee and its relatively undisturbed forest supports a rarely matched spring wildflower population - we're likely to see several dozen varieties blooming. The hike will not be interpreted but we will move at a pace that allows us to appreciate what we're seeing as we approach the waterfall feeding the hollow's stream. Next, we'll visit and have a potluck lunch with a true friend of nature and community elder, Hector Black, who donated the land for Washmorgan. Hector has invited us to hike on his land afterwards. This second hike features 4 waterfalls of varying sizes and a hoodoo, Hardscrabble Pinnacle, carved by two streams that meet and tumble into the creek of our approach. For much of the time we'll be on mostly dry rocky creek beds; they aren't strenuous in terms of length or elevation change but include some rugged footing and at the end of the second segment there is a bit of rock hopping. An optional climb to the pinnacle is challenging. There could be a significant number of shallow creek crossings so hiking sandals may come in handy. Please let us know what you plan to bring to share during lunch - healthier choices are appreciated but not required. We'll meet up in Nashville at 7:00 am and expect to be on the road home by dinner time. Contact Mark Hubbard to coordinate: mark.hubbard@mhub.us or 615-715-1517.

Nashville Chapter - con't.

Apr 18 - Stones River Greenway Hike, Donelson/Hermitage, TN. 4 to 5 miles. This moderate hike includes rolling hills, a close-up walk at a historic mansion, and some time walking alongside Stones River. It takes place on a paved greenway. 8:30 am start time. We will start at the greenway trailhead. Our hike will first head north along the greenway with a slight detour to the Stone Hall mansion, and then up into metro owned parkland, the former Ravenwood country club golf course to the scenic crest of the hill and then back- about 2 miles. Next we follow the greenway along Stones River, including some boardwalks and some interesting sights. After a mile or so, retrace back to parking lot. Trailhead at the parking lot of Kohl's Hermitage, which is in Jackson Downs shopping plaza, just past Target. From Briley Parkway exit 8, the driving distance along Lebanon Pike is 3.5 miles east. For more information and to register contact: Tom Vickstrom: 615-405-6713 or tomzinger55@gmail.com.

Apr 25 - Collins Gulf Loop Trail, South Cumberland State Park, Gruetli-Laager, TN. 12 plus miles. Difficult due to distance, rocky terrain and elevation changes. We will hike past West Collins campground to the loop on the east side, passing Suter Falls and Horsepound Falls. Or, we may hike it in the other direction! In addition to spectacular waterfalls this trail has awesome spring wildflowers. Bring water, snacks and lunch. Bring hiking sticks, sturdy hiking boots, and clothing appropriate for the weather. Bring water shoes for creek crossings and a head lamp. Contact Doug Burroughs at dougburroughs@tennessee.usa.com or 615-587-0085 (leave a message) for more information and to register. Meeting Place: I-24 exit 59, Floor & Decor (former Target) Parking lot - 5420 Target Dr, Antioch, TN 37013. Meeting Time: 7:00 am. Should be at trailhead around 9:00 am. Collins Gulf West Trailhead is searchable on navigation devices.

Apr 28 - Monthly Chapter Meeting. Program: Big Bend National Park Adventure. In late January of this year 9 Nashville Chapter members traveled together to Big Bend National Park. On the way, some stopped in Austin and others spent time in San Antonio. Big Bend is long way from anywhere! It was the perfect time of year to visit this extreme southern Texas, desert environment. Come and hear about their visit, and view photos of Chihuahuan desert life, historical pioneer settlements and ranches, the canyons and mountains of the Rio Grande Valley, and even a sojourn into Mexico. Bring a friend.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Norm Brinsley 931-202-2338
plateau@tennesseetrails.org
TREASURER: Clark Zedric 217-520-9889
plateautreas@tennesseetrails.org
BOARD REPRESENTATIVE: Bob Obohoski 931-456-4282
boardplateau@tennesseetrails.org
MEETS MONTHLY: 2nd Thursday at 6:00 pm CT
BLOG: *www.tennesseetrails.org/blog/plateau*

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to register for any of our hikes (unless otherwise noted), contact the hike coordinator, Deb Westervelt, via email *plateauhikes@tennesseetrails.org* or text/call 931-267-2243. For a list of monthly hikes, visit the Plateau Chapter blog. **Check the blog one hour prior to hike time for cancellation or for any other updates/changes to our schedule before hiking.**

Apr 1 - Piney Falls, Grandview, TN and Twin Rocks Nature Trail, Spring City, TN. Piney Falls is a 3 mile round trip hike that features the 80 foot tall Upper Piney Falls. The climb down and back to Lower Piney Falls is steep on a side trail. The trail also features a rock climb with the assist of a rope and a water crossing. Twin Rocks trail is 2-3 miles depending if you do the loop or in/out. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch. Depart at 7:30 am CT from Trinity Tabernacle on Hwy 127 South. Carpool cost is \$3.

Apr 8 - Virgin Falls Natural Area, Sparta, TN. SHORT HIKE: 5 mi in/out with a stream crossing to Big Laurel Falls (30-foot waterfall). LONG HIKE: 9-mile strenuous hike to the 110 foot tall Virgin Falls. Along the way, we will pass Big Branch Falls, Big Laurel Falls and Sheep Cave Falls. There is a stream crossing and some difficult footing on this hike with much up and down hiking. There is a possibility the water at the stream crossing may be a little high so bring water shoes. Depart 7:30 am CT from Tractor Supply on West Ave. Carpool cost is \$4. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch.

Apr 9 - Chapter Monthly Meeting. 6 pm in the First Methodist Church Annex on Neecham St. Meet for dinner at 4:30 pm Las Margaritas Mexican Restaurant, 72 Woodmere Mall, Crossville, TN. Speaker Bobby Fulcher. Please let Norm know you are coming to dinner, 772-529-9243.

Apr 11 - South Cumberland State Park, Fiery Gizzard, Tracy City, TN. LONG HIKE: In/out 7-8 miles to Yellow Pines Falls on the Dog Hole Trail passing 3 other falls along the way. SHORT HIKE: In/out 4-5 mi. We begin at the Fiery Gizzard parking lot and take a rugged climb, for the first couple miles. Gas reimbursement is \$8. Bring water, lunch and snacks. Depart 7:30 am CT Trinity Tabernacle Church on Hwy 127 South, Crossville.

Plateau Chapter – con't.

Apr 15 - Cumberland Trail North Chickamauga Section, Soddy Daisy, TN. LONG HIKE: Starting from the Barker Camp Rd trailhead we'll hike 8.3 miles along and across Cooper Creek, bring water shoes. There is a nice overlook near Panther Branch. After descending several switchbacks we will cross Cooper Creek to Stephen's Campground then past old mines to Montlake Rd Trailhead. **SHORT HIKE:** After dropping off the long hikers, drivers will travel to the Montlake Rd Trailhead hiking in to meet the long hikers. Depart from Trinity Tabernacle Church at 7:30 am CT. Carpool cost is \$6. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch.

Apr 18 - Standing Stone State Forest, Lake Trail, Hilham, TN. Join us on a 5 mile wildflower hike around the Lake. The park takes its name from a 12 foot tall rock standing upright on a sandstone ledge, which was supposedly used as a boundary line between two Indian nations. When the rock fell, the Indians placed a portion of it upon an improvised monument to preserve it. The stone is still preserved in Monterey. Depart 7:30 am CT from Cracker Barrel. Pack water, snacks and lunch (option: eat late lunch in Cookeville). Carpool cost is \$6. For additional information contact the hike coordinator, John or Deb Martin, text/call 443-545-9135.

Apr 22 - Cumberland Mountain State Park, Crossville, TN. LONG HIKE: 8 mile loop on Cumberland Plateau Trail & Overnight Trail, Moderate. This hike will begin on the Cumberland Plateau Trail which loops through a diverse forest downstream from the dam along Byrd Creek. It continues on Byrd Creek trail crossing over the Boy Scout bridge before intersecting with the Overnight trail. The Overnight Trail winds through the hills flanking Three-mile Creek and a diverse forest before returning back on the Cumberland Plateau Trail. **SHORT TRAIL: In/out 4-5 miles.** Depart from Trinity Tabernacle Church Hwy 127 South 7:30 am CT. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch.

Apr 29 - Frozen Head State Park, Wartburg, TN. Short Hike: 4 mile moderate loop on the South Old Mac and Judge Branch trails. Long Hike: 6.5 mile moderate to strenuous loop on South Old Mac and North Old Mac. Lots of wildflowers. Depart 7:30 am CT from Outlet Mall, Interstate Drive, west parking lot. Carpool cost is \$6. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: Jean Smith 423-596-7681
soddydaisy@tennesseetrails.org

TREASURER: Robertson (Bob) McGavock 423-667-2960
soddydaisytreas@tennesseetrails.org

HIKE COORDINATOR: Patricia Appleton 423-332-6517
soddydaisyhikes@tennesseetrails.org

MEETS QUARTERLY: Tuesday of the week following the TTA Board Meetings in Feb, May, Aug and Oct at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/soddydaisy>

Apr 4 - Beach Bottom Trail, near Dalton, Ga. 9.1 miles. Strenuous because of length. Meet at the Ooltewah Food City at 8:30 am. If you have not done this hike you are in for a real treat. It is the one trail that goes to Jacks River Falls without multiple stream crossings. Hike Leader: Betsy Darken, 423-718-2060.

Apr 7 - Trip to Little River Canyon National Preserve in Alabama near Desoto State Park. We will hike several short trails to view the spring wildflowers and the exceptional falls. The hike will be led by a ranger from the park. Meet at the Brown's Ferry Rd exit parking lot at 8:30 am. Trish Appleton, 423-240-3443.

Apr 11 - Frog Mountain Trail, Ocoee area. 11.2 miles in and out. Strenuous due to length. Meet at the Ooltewah Food City at 8:30 am. Hike Leader is Tom McElhone, 805-208-3400.

Apr 14 - 16- Spring hiking trip to the Smokies.

Apr 18 - Laurel/Snow Falls Trail. 9.6 miles, with optional 1.4 miles to add on to Laurel Falls if desired by the hikers. Strenuous. Meet at the parking lot by the ball fields on Durham St. in Soddy Daisy at 8:30 am. Hike Leader: John Politte, 423-304-8327.

Apr 21 - West half of Gahuti Loop at Fort Mountain State Park. 4 miles. Moderate because of some rocks. Mostly downhill. Meet at East Ridge Exit off I-75 behind the closed Wendy's at 8:30 am. Will stage cars. Hike Leader is Joan Hartvigson, 931-636-2914.

Apr 25 - Virgin Falls Trail & Martha's Pretty Point. 9.5 miles. Strenuous. Meet at Durham St, Soddy Daisy 8:30. Tammy Hendrick, 315-949-8187.

Apr 28 - Pioneer Short Loop and Pioneer Trail, Cumberland State Park. 5 miles. Lunch at the lodge afterward. Meet at the Durham St. parking lot in Soddy Daisy at 8:30 am. Hike leaders are Marti and Roy Owensby, 423-309-0579.

Attention: Hike Coordinators (aka Hike Leaders)

A TTA Release of Claims & Hold Harmless Agreement form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our website: www.tennesseetrails.org/release.php.

Don't Miss an Outing Plan Ahead Register Early!

Our hike coordinators are volunteers. Make it easier for them to contact you if a hike needs to be cancelled by registering!

There are times when a hike leader must limit the number of participants (due to park regulations, etc.) on an outing. Please do not wait until the afternoon or evening before the outing to RSVP.

Plan ahead and register early.

Joining TTA as a New Member? Membership Up For Renewal? Your Generosity Benefits All !

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

Supporting Member donations support the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Marcia Powell 217-855-3013
Jenny Fitzgerald 615-517-8185
sumner@tennesseetrails.org

TREASURER: John Jones 615-533-0127
summertreas@tennesseetrails.org

BOARD REPRESENTATIVE: Duane Frichtl 309-830-9720
boardsumner@tennesseetrails.org

Apr 3 - Bells Bend Park, Nashville. 3.8 miles. Easy. Join us for a stroll along the banks of the Cumberland River bluffs and the rural preserve of this park that takes its name from a peaceful arc in the Cumberland River known as Bells Bend. We will start from Bells Bend Outdoor Center and take the Loop Trail and the Buchanan House Loop. Upon completing our hike, we will visit the Outdoor Center which opens at Noon to visit the natural history displays inside. Those who wish to carpool, please meet at the Kroger in Glenbrook Shopping Center at 9:30 am (1010 Glenbrook Way, Hendersonville) or meet at the Bells Bend Outdoor Center parking lot at 4187 Old Hickory Blvd., Nashville at 10 am. Lunch afterwards is an option! Contact Jenny Fitzgerald at *mrzfitz@gmail.com* or 615-517-8185 with questions. We hope you will join us!

Apr 15 – High Ridge and Shoreline Trails Loop, Bledsoe Creek State Park. 2.4 miles. Easy to moderate. The hike will start at 10 am from the Visitor Center/Park Office, 400 Ziegler Fort, Gallatin, TN. Trail surface includes gravel, dirt, rocks and steep stairs. Recommend water, hiking shoes and poles. For questions contact Bob Dudley at 615-415-7115 or *rsdudney@comcast.net*.

Apr 20 - Beaman Park, Nashville. 3.9 miles. Easy to moderate with a couple of hills. Join us on an out and back that leaves from the Beaman Park Highlands Trailhead. We will follow the Ridgetop Trail. Should be less strenuous than our hikes from the Nature Center. Hiking poles recommended. Those who wish to carpool, please meet us at the Kroger in the Glenbrook Shopping Center at 9:00 am (1010 Glenbrook Way, Hendersonville) or meet at the park at the Highland Trailhead at 9:30. Take a right on Eaton's Creek Road off of Old Hickory before the turn into the Nature Center. Then take a left on Little Marrowbone Road and a left into the park. Continue up the hill to the Highlands Trailhead. For more information please contact Duane Frichtl at *duane5505@icloud.com* or 309-830-9720. We hope you will join us!

Sumner Trails Chapter – con't.

Apr 27 - Winding Stairs Trail, Lafayette, TN. 3 mile. Moderate with difficult footing in places. Several small waterfalls and beautiful rock formations. Trail consists of some board and concrete trail, but most of the trail is rocks, dirt, and gravel. We will be hiking a recently added 1 mile loop first and then the upper waterfall if there has been rain. Bring hiking shoes, water, insect repellent and hiking pole due to the uneven footing and sometimes loose dirt or gravel. Meet at 9:00 am at the Glenbrook Kroger or at the trailhead in Lafayette. On 52W going east, turn right at the Winding Stairs sign, just past the Hearthstone Inn. If going west on 52W, turn left at the Winding Stairs sign past Tractor Supply and the Verizon Store. If using a GPS, enter Nature Trailway, Lafayette. We will go to lunch after the hike. For more information, contact Judy Jenkins 615-403-0002, or *judy_jenkins@comcast.net*.

Carpool Etiquette

Gasoline prices have continued to roller coaster up and down. Please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it'll save time and prevent the inconvenience of having to stop to locate change).

Your driver is not a chauffeur. Assist him or her by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing.

All passengers must wear seat belts to minimize the risk of injury in case of an accident!!! The drive to and from a trailhead is generally the most dangerous part of any hiking trip.

OFFICERS:

President

Mary Etta Ward 931-581-9906
president@tennesseetrails.org

Vice-President

Linda Latter 615-419-4845
vicepresident@tennesseetrails.org

Treasurer

David Bowling 931-273-4202
treasurer@tennesseetrails.org

Secretary

Melinda Pearson 731-225-4293
secretary@tennesseetrails.org

At-large Directors (terms expiring listed after name)

Mary Etta Ward (2021) 931-581-9906
president@tennesseetrails.org

Libby Francis (2021) 615-889-5718
board@tennesseetrails.org

David Bowling (2021) 931-273-4202
treasurer@tennesseetrails.org

Mark Hubbard (2022) 615-715-1517
board@tennesseetrails.org

Melinda Pearson (2022) 731-225-4293
secretary@tennesseetrails.org

Vacancy (2022)
board@tennesseetrails.org

Cheryl Heckler (2020) 931-200-7436
membership@tennesseetrails.org

Linda Latter (2020) 615-419-4845
vicepresident@tennesseetrails.org

Jane Coffey (2020) 615-614-1083
board@tennesseetrails.org

Regional Directors

West TN

Terry Warren (2020) 731-535-0625
westregional@tennesseetrails.org

Middle TN

Joan Hartvigsen (2022) 931-962-0811
middleregional@tennesseetrails.org

East TN

Garnett Rush (2021) 865-268-5181
eastregional@tennesseetrails.org

CHAPTER REPRESENTATIVES ON THE BOARD
ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

LouAnn Partington 931-393-4835
editor@tennesseetrails.org

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR: Cynthia Karrington 931-303-3409
uppercumberland@tennesseetrails.org

HIKE COORDINATOR: Cathy Moran 931-544-2764
uppercumberlandhikes@tennesseetrails.org

Apr 11 - Savage Gulf Waterfalls, Savage Gulf State Natural Area, Gruetli-Laager, TN. 14 miles. Strenuous. Highlights of this hike include eight of the major waterfalls of Savage Gulf and spectacular spring wildflower displays. We will descend into the gulf along the Collins Gulf Trail past Suter and Horsepound Falls. We will then join the Connector Trail which will take us to the Big Creek Gulf Trail. After a side trip to Ranger Falls we will visit Upper Boardtree Falls and Upper and Lower Greeter Falls before exiting the park. Water conditions could force an alteration in the route. You can meet us in the Penney's parking lot in Cookeville at 7:00 am CT, at the US Bank in Sparta across from McDonald's about 7:20, or at the Greeter Falls parking lot about 8:30. For information and to register contact Richard Savage at 931-526-2035 or *savage_richard@hotmail.com*.

Apr 25 - Soak Creek-Sting Fork Falls State Natural Area, Spring City, TN. 6.5 miles, Moderate++, requires shuttle. Sting Falls Trailhead. We will descend to Sting Fork Falls and then follow Soak Creek to where it joins the Piney River. 3 good climbs along the way, with a lot of rock stair and switch backs. (Google "Soak Creek" and you should be able to find a short video of the trail). There are 6 or more streams to rock hop on the trail. Wear sturdy hiking boots and bring snacks, lunch and water. Meet at U.S. Bank, Hwy 111, across from McDonalds at 8 am or at Sting Fork Falls Trailhead at 9:45 am CT. For Information and to register text Judy 615-925-2382.

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on the 10th of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster for inclusion on the TTA website.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

Apr 20

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Cheryl Heckler 931-200-7436 membership@tennesseetrails.org

PLEASE, PRINT CLEARLY.

___ Individual	\$25.00	Name _____
___ Family	\$35.00	Address _____
___ Student (FULL TIME)	\$15.00	City _____ State _____
___ Supporting (\$50.00, \$100.00 or more)		Primary Phone (___) _____ Zip _____ -- _____
___ Life Member (Individual)	\$500.00	Alternate Phone (___) _____
___ Life Member (Family)	\$750.00	Primary e-mail _____
		Alternate e-mail _____

For privacy, please do not list the following in the TTA Annual Membership Directory

- E-mail addresses
 Mailing address
 Telephone numbers

I would like to receive my newsletter by mail.

Please list me with the following chapter:

___ Clarksville	___ Murfreesboro
___ Columbia/Franklin	___ Nashville
___ East TN (Oak Ridge/Knoxville)	___ Plateau (Crossville)
___ Highland Rim (Manchester/Tullahoma)	___ Soddy Daisy
___ Jackson	___ Sumner Trails (Sumner County)
___ Memphis	___ Upper Cumberland (Sparta/Cookeville)
___	___ At Large

When you become a TTA member, you will receive: (1) TTA's Annual Membership Directory and Hiking Handbook, listing members by chapter and how to reach them and including a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA hikes or functions.

Not a member yet? Please check out one of our hikes or meetings soon!